#### [Report 1961] / Medical Officer of Health, Newhaven U.D.C.

#### **Contributors**

Newhaven (England). Urban District Council.

#### **Publication/Creation**

1961

#### **Persistent URL**

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# NEWHAVEN URBAN DISTRICT COUNCIL

ANNUAL REPORT

of the

MEDICAL OFFICER OF HEALTH

for the

YEAR ENDED - 31st DECEMBER, 1961.





#### NEWHAVEN URBAN DISTRICT COUNCIL

# HEALTH AND HOUSING COMMITTEE CONSTITUTION AT 31st DECEMBER, 1961

Chairman

Mrs. 4. Metcalfe

Vice-Chairman

Mr. V. Hedges

Mr. S.W. Bennett, J.P.

Mrs. N.4.Bennett

Mr. H.A. Lee

H.T. Amy

Mr. P.J. Amy

Mr. J.L. Everest

Mr. S.G. Garnet

Mr. 4.R.J. Tucker

### PUBLIC HEALTH DEPARTMENT

## Medical Officer of Health

J.L.Cotton, M.B., Ch.B., M.R.C.S., L.R.C.P., D.P.H.

The Grange, Southover, Lewes. Telephone No:- Lewes 4282.

# Public Health Inspector.

W.P. Harrison, M.R.S.H.

# Office Staff.

Mrs. R.K. Osborne

# HEWHAVEN UPPER DISTRICE COUNCIL

# HEALTH WID HOUSING COMMITTEES

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Mrs. L. Metcalfa

Mr. V. Hedges

Mr. S.W. Bennett, J.P.

Mr. M.C. Lec

Mr. P.J. Ing

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H.T. Koy

Mr. J.L. Byerest

Mr. A.R.J. Tucker

## PURLIC HEALTH DEPARTMENT

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The County, Southover, Lares.

Public Health Inspector.

W.P. Harrison, M.R.S.H.

. Tross sellio

Mrs. E.K. Oshorn's

# To the Chairman and Members of the Newhaven Public Health and Housing Committee:

Madam Chairman, Ladies and Gentlemen,

I have the honour to submit the Annual Report on the state of public health and on the sanitary circumstances of Newhaven for 1961.

The Vital Statistics of the area compare very favourably with those for England and Wales and do not call for any special comment.

1961 was a measles year. Some 276 cases were notified and in my opinion, all to no purpose. The County Councils' Association and the Rural District Councils' Association tried unsuccessfully during the year to persuade the Ministry of Health to discontinue the practice of making measles a notifiable disease. For reasons which I and many medical officers of health do not accept, the Ministry intend to retain this childhood illness on the list of notifiable diseases. When money is in short supply for many essential purposes such as housing, hospitals and roads, it seems strange that the community should be prepared to spend well over £160,000 for information which apart from statistical use serves no useful purpose. Only thirteen other cases of infectious disease were notified during the year and none of these were serious.

During the year, 66 unfit houses were included in clearance areas and it is hoped to rehouse most of the people concerned during the coming year. Although only 28 unfit houses remain to be dealt with out of the original figure of 138 which was submitted to the Ministry in 1955, I must stress that this figure only included the worst houses. A new survey of Newhaven's housing would reveal a considerable number of houses which fall short of modern standards of fitness.

1961 was an important year for Newhaven because not only did the East side severage and sevage disposal scheme come into operation but also the complementary West side severage and sewage disposal scheme was started. 4 much cleaner river and harbour will result when the whole scheme is completed and should set the standard for improving other sewage disposal systems on the Sussex coast.

Slowly and steadily the improvement in the standards of food hygiene continues. Some of this improvement is due to the increasing use of modern equipment and some of it to better awareness on the part of food handlers of the problems involved. Reiterating a comment I made last year, I still believe that the general public can do a tremendous amount to raise the existing standards by refusing to tolerate any insanitary methods of food handling.

In conclusion, I should like to express my appreciation to the Members of the Council for the help and support I have received from them during the year. My thanks are also due to Mr. Harrison for his valuable assistance and to other officials of the Council for their courtesy and co-operation.

> I am Madam Chairman, Ladies and Gentlemen, Your obedient Servant,

> > J. L. COTTON.

Medical Officer of Health.

To the Chairman, incides and the Hardneyen Public Health and Housing Committees.

Nature Chairman, incides and Castleman,
I have the honour to substitute American on the state of public health and on the santuary electroces of Enterwholy with those for Enterwhole with the wind the base of the angles of the incidence of Enterwholy with those for Enterwhole and belief and do not call for any special common those for Enterwhole and belief and the first that of purpose. The Councils Lancedarion of the first the Councils Lancedarion of the practice of the first the Councils to medicesses. For resease the practice of medical of incidence and the last of account which the councils of health of once account the practice of the property in this or the councils of the property of the property of the property of the property of the sease of the state of the councils and the property of the sease of the seases of the sease of

During the coming year. Of unit incuses were included in clearance areas are been at it be people concerned buring the coming year. Ithough only 28 unit houses remain to be during the coming year. Ithough only 84 unit houses remain to be been the with out of the only are the coming in 1955. I must stress that this figure only included the worst bouses. I say survey of Feshevan's houseled would rever a considered a manber of houses which fell short of motors of included at it theses.

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d. D. COTTON.

## SECTION I

# STATISTICS FOR THE AREA

# (a) GENERAL STATISTICS

Area (acres)		1,772
Population (Registrar General's estimate for m Population (1931 Census) Population (1951 Census) Population (1961 Census)1st estimate Net increase of population during the year	id year 196	
Number of occupied houses 1951 Number of occupied houses 1952		2,196 2,638
Rateable Value (1st April, 1962) Product of penny rate		106,132 £420
(b) VITAL STATISTICS		
1. Births & Birth Rates.	NEWHAVEN U.D.	ENGLAND.
Live Births Live birth rate per 1,000 population (crude Corrected birth rate Illegitimate live births per cent of	14.4	17.4
Still-births Still-birth rate per 1,000 live and still-births Total live and still-births	7.7 1 8.5	18.7
Live Births Legitimate Illegitimate  53 55 108 3 6 9 56 61 117		
2. Deaths & Death Rates.		
Deaths Death rate per 1,000 population (crude)  ** Corrected death rate Infant deaths (deaths under 1 year) Total infant deaths per 1,000 total live births	109 13.4 10.7 3 25.6	12.0
Maternal mortality (including abortion)	. a Lao Europa	

In order to compare death rates and birth rates in different parts of the country, the Registrar General supplies comparability factors for every district, so as to adjust for irregularities regarding age and sex in the local population. Applying a comparability factor of 1.03 to the crude birth rate of 14.0 the adjusted rate becomes 14.4 which is lower than the figure of 17.4 for England and Wales. Similarly a comparability factor of 0.80 applied to the crude death rate makes the adjusted rate 10.7. This is lower than the rate for England and Wales at 12.0.

Rate per 1,000 live and still births

0

Number of deaths

#### POPULATION

The population of Newhaven for the last ten years is given below:-

Year	Population	Births	Deaths	Birth Rate	Adjusted Birth Rate	Death Rate	Adjusted Death Rate
1952 1953 1954 1955 1956 1957 1958 1959 1960	7,815 7,832 7,940 7,980 7,960 8,030 8,010 8,160 8,160 8,360	140 126 124 118 135 99 121 103 136 117	82 148 113 123 94 105 107 98 103 109	17.91 16.47 15.62 14.79 16.96 12.33 15.09 12.86 16.66 14.00	15.54 13,24 17.16 14.42	10.49 18.89 14.23 15.41 11.81 13.07 13.34 12,23 12.62 13.38	11.47 10,03 10.22 10.70

The increase in population during 1961 was the biggest for many years and it seems likely that the population will continue to rise at a steady rate over the forsecable future.

#### MATERNAL MORTALITY

No case of maternal mortality occurred in Newhaven during 1961. Only one maternal death has occurred in the area during the last twenty five years.

#### INFANTILE MORTALITY

Three infant deaths occurred in 1961 in Newhaven. Prematurity was a factor in two of these deaths.

#### BIRTH RATE

The corrected birth rate is somewhat lower than that for England and Wales.

#### DEATH RATE

The corrected death rate of 10.7 per 1,000 population was slightly below the national figure of 12.0.

Highest age at death was 93 years Lowest age at death was 7 hours 'verage age at death was 68.3 years

#### CAUSES OF DEATH IN THE NEWHAVEN URBAN DISTRICT

				Male	Female	Total	
Tube	rculosis,	respiratory other ease		1,000 1	-	1 -	
Whoo Meni 4cut	ping Cough ngococcal e poliomye	infections .		ord Tyrid	mos-oria	To add	
Othe Mali Mali	r infectiv gnant neop gnant neop	e and parasit lasm, stomach lasm, lung, h	ronchus	. 2	2	- 25	
Mali Othe Leuk	gnant neopi r malignan emia, aleu	lasm, breast lasm, uterus t & lymphatic kaemia	neoplasms	. 5	4	13	
DIap	etes	• • • • • • • • • • • • • • • • • • • •	c/f	15	6	21	

# Causes of death in Newhaven Urban District (Continued)

B/f	Male 15	Female 6	Total 21
Vascular lesions of nervous system Coronary disease, angina Hypertension with heart disease Other heart disease Other circulatory disease Influenza	11 2 12	6 2 9 7 -	13 13 2 21 9
Bronchitis Other diseases of respiratory system Ulcer of stomach and duodenum Gastritis enteritis and diarrhoes Nephritis and nephrosis	1	3	4 7 1 1
Hyperplasia of prostate Pregnancy, childbirth, abortion Congenital malformations Other defined and ill-defined diseases Motor vehicle accidents All other accidents Suicide	4 3 1	8 1	12 4 1
Homicide and operations of war	66	43	109

# MAIN CAUSES OF DEATH

(1)	Diseases of the heart and circulatory system (Coronary disease accounted for)	45 13	% of deaths 41.3 11.9
(2)	Cancer (all sites) (Cancer of the lung or bronchus accounted for	20	18.3 4.6

# NATIONAL ASSISTANCE ACT 1948

It was not necessary to take action under Section 47 of the above let which gives the Council power to remove to suitable premises persons who are not able to devote to themselves and are not receiving from other persons adequate care and attention.

#### SECTION II

## GENERAL PROVISION OF HEALTH SERVICES IN THE AREA

#### 1. PUBLIC HEALTH FACILITIES OF THE LOCAL AUTHORITY

During the period under review the Medical Officer of Health for Newhaven also acted as Medical Officer of Health for the Borough of Lewes, the Urban District of Seaford and the Rural District of Chailey.

One Public Health Inspector carried out duties in the Urban District of Newhaven.

#### 2. LABORATORY FACILITIES

These are provided by the Public Health Laboratory, at the Royal Sussex County Hospital, Brighton.

#### 3. AMBULANCE FACILITIES

The provision of the ambulance service is the responsibility of the East Sussex County Council, which has made arrangements for the ambulance to be housed, serviced and maintained by a local commercial garage and for the vehicle to be driven by members of the garage staff.

The area served by the ambulance includes the districts of Newhaven, Peacehaven, Telscombe, Piddinghoe, Tarring Neville and South Heighton. In the event of a further call or calls being received before the ambulance has returned from a previous journey, arrangements are in being for the call to be dealt with by other authorities in the area.

The Newhaven ambulance is not available for the transport of infectious disease cases but under the provisions of the Ambulance Scheme vehicles from adjacent ambulance stations can be called upon, if required, for the conveyance of such cases. Arrangements are in being for the disinfection of ambulances so used, together with the disinfection of bedding, clothing etc.

The East Sussex County Council provide facilities for the transport of tuberculosis patients.

#### 4. HOSPITALS

Under the provisions of the National Health Service Act, 1946, the Ministry of Health is responsible for the provision of hospital accommod ation which, in this area, was materially the same as in previous years.

#### 5. NURSING IN THE HOME

As in previous years, the East Sussex County Council, as empowered by Section 25 of the Nation Health Service Act, 1946, has arranged for this service to be provided by the East Sussex County Nursing Association through the Lewes and District Nursing Association.

#### 6. CLINICS

The Minor Ailments Clinics have been held at the Schools as previously and immunisation clinics have also been held monthly in the town.

# 7. PROVISION FOR DEALING WITH THE NEEDS OF THE MENTALLY DISORDERED

Under the provisions of the Mental Health Act, 1959, the East Sussex County Council makes provision for dealing with the needs of the mentally disordered. The provision of care in psychiatric hospitals is the responsibility of the Regional Hospital Board.

on the Council's refuse tip on Demton Island. Increasing quantities of household and trade refuse of a greater bulk then in the past

#### SECTION III

#### SANITARY CIRCUMSTANCES OF THE AREA

#### 1. WATER SUPPLY

The District has two sources of water supply. All supplies are from the mains, direct to houses.

- (a) From the Mid Sussex Water Company which obtains water from a well sunk into the chalk at Poverty Bottom.
- (b) From the British Railways' Well at Denton. This supply is only provided for four houses and two hotels, viz. 1-4 Denton Terrace. The Railway and Harbour Hotels.

#### 2. HOUSING

Slum Clearance procedure in seven areas involving a total of 66 houses was concluded during the year and five families have been rehoused. Six Council houses were completed during 1961 and ninety-three private houses were built during the year.

The Council at 31st December 1961 owned 572 houses and flats.

#### 3. CLOSET ACCOMMODATION

All the premises in the district are provided with closets connected with the sewer with the following exceptions:-

#### Premises with cesspools

West :	Pier .			2
Court	Farm	Road		20
Harbo	ur Hei	ghts	Estate	46

#### Premises with earth closets

Denton Village ..... 2

The sewerage system serving the Railway Road, New Road, Mount Pleasant and Denton areas as well as adjoining areas of the Chailey Rural District was completed during the year and in addition to the fifty premises served during 1960 a further 232 houses were connected. 133 cesspools remained at the end of the year and these are being discontinued at a satisfactory rate as branch sewers are constructed.

#### 4. SCAVENGING

Aweekly collection of refuse was made from all premises in the area which were within fifty yards of a reasonably accessible road. House refuse was disposed of by controlled tipping, buried daily on the Council's refuse tip on Denton Island. Increasing quantities of household and trade refuse of a greater bulk than in the past are rapidly filling the available space and the Council are concerned in finding an alternative area for controlled tipping either alone or in conjunction with neighbouring authorities.

5. The following is a list of the number and nature of inspections carried out during the year by your Public Health Inspector:-

## Housing:

Inspections under the Public Health acts .... 66
Visits under the Public Health Acts .... 54
Inspections under the Housing Acts .... 88

# Infectious Diseases:

There were no cases of infectious disease requiring action during the year.

#### General Sanitation:

Ditches	22
Drainage	
Stable and piggeries	
Fried fish shops	40
Factories and workshops	37
Bakehouses	26
Public conveniences	63
Refuse collection	
Accumulation of refuse	
Refuse disposal	
Rats and mice	
Shops	
Tents, vans and camping sites	
Miscellaneous visits	101

#### Meat and Food Inspections:

Butchers	54
Fishmongers	18
Grocers	
Ice cresm premises	13
Restaurants	55
Food Hygiene Regulations	10

#### 6. INSPECTIONS OF SHOPS AND OFFICES

Shops and offices were regularly inspected and, with the exception of minor items, were found to be satisfactory.

#### 7. ERADICATION OF BED BUGS

Number of houses infested -

Council houses ..... Mil Other houses ..... Nil

#### 8. PREMISES CONTROLLED BY BYELAUS AND REGULATIONS

- (a) Clean Food Byelaws are in force, made under Section 15 of the Food and Drugs Act, 1938.
- (b) Slaughter of Animals. There are no slaughterhouses in the district. Fresh meat is obtained principally from slaughterhouses and markets in Brighton and Chailey. There are two licensed slaughtermen in the District.

## 8. PREMISES CONTROLLED BY BYELAWS AND REGULATIONS (Continued)

- (c) Milk Supply. The premises from which milk is supplied to the District retail received special attention.
- (d) Other Foods. 411 premises where food is prepared for sale were inspected regularly. The requirements of the Food Hygiene Regulations and the Clean Food Byelaws were observed.

### 9. UNSOUND FOOD

The following foodstuffs were found to be unsound and were condemned and suitably disposed of:-

Fruit (tinned-various) Meat (Homekilled & Imported) Meat (Tinned - various) Fish (Wet)	3 2 1	6 24 26 14
Vegetables (fresh) 1 Fruit (dried) Biscuits Various	2 1 1	0 8 8 19
Vegetables (tinned)	1	9
4	3	2

### 10. FACTORIES ACT, 1937/1959

In the Urban District of Newhaven there are five factories on the Register in which Sections 1, 2, 3, 4, 6 and 7 of the above Acts are enforced and forty-four in which Section 7 only is enforced.

# PART I OF THE ACT

# 1. Inspections for purposes of provision as to health (including inspections made by the Public Health Inspector).

PREMISES	NUMBER ON REGISTER	INSPECTIONS	WRITTEN NOTICE	OCCUPIERS PROSECUTED
(1) Factories in which Sections 1 2,3,4%6 are to be enforced by the Local Authority.	3 to .off	2 20.08	Nil	Nil
(2) Factories not included in (1) in which Section 7 is enforced by the Local Authority.		24	Section Section (1)(1)	Nil
(3) Other premises in which Section 7 is enforced byL.4. (excluding out- workers premises)	5	5	Nil	Nil
TOTAL	57	31	1	Nil

# 2. Cases in which defects were found

PARTICULARS	FOUND	REMEDIED	TO H.M.	BY H.M.	NO.OF CASES IN WHICH PRO- SECUTIONS WERE IN- STITUTED
Sanitary Conveniences (S.7) Insufficient	1	1	-	1	-
Unsuitable or defective	-	-	-	-	
Not separate for sexes	-	-	-	-	-
TOTALS	1	1	-	1	-

# PART VIII OF THE ACT

# Outworkers

734	Sect	ion 110	the to go	Section	n 111	
Nature of Work	out-workers in August list	No. of cases of default in sending lists to the Council	prosecu- tions for failure to supply	in unwhole-	Notices served	
(1)	(2)	(3)	(4)	(5)	(6)	(7)
Wearing)Cleaning apparel) and )Washing	1	7	- 3	or presince o Section 7 cood by L. C.	(3) Oth	-

#### SECTION IV

# PREVALENCE OF, AND CONTROL OVER, INFECTIOUS AND OTHER DISEASES INFECTIOUS DISEASES

289 cases of infectious disease were notified in Newhaven during 1961. The details were as follows:-

DISEASE		ADMITTED TO HOSPITAL	DEATHS
Dysentery	1	in -t od bild	- L2 1
Measles	276	- 12/2/27	1972 1 (21)
Pneumonia	2	1	-
Scarlet Fever	1-07	]-	-
Puerperal pyrexia	olanet me	-	-
Whooping Cough	8	-semico v	-

The following figures relating to Vaccination and Immunisation were supplied by the East Sussex County Council:-

# DIPHTHERIA IN UNISATION

	-						. Sections	
-fiers deniege bedeniesev	Children born in years:-							
A S - 14 2 54 POPAL	1961	1960	1959	1958	1957	1952- 1956	1947 <b>-</b> 1951	Total
A.NUMBER OF CHILDREN WHO COMPLETED A FULL COURSE OF PRIMARY IMMUNISATION IN THE AUTHORITY'S AREA (Including temporary residents) DURING 1961.	53	83	6	2	1	15	7	167
B.NUMBER OF CHILDREN WHO RECEIVED A SECONDARY (REINFORCING) INJECTION (i.e. subsequently to primary immunisation at an earlier age) DURING 1961.	Toll	1	to t	fod s palls tor s seal tob L	8	180	144	333

## DIPHTHERIA IMMISATION (Continued)

Since immunisation was first introduced there has been a persistent and dramatic fall in the number of cases of diphtheria and also in the number of deaths from diphtheria. This fall continued until a year or two ago but since that time several locally severe outbreaks of diphtheria have occurred. I cannot urge parents too strongly to ensure that their children are protected against this disease since almost all the cases and deaths occur amongst non-immunised children. It has become all too common to regard diphtheria as a dying disease and to think that because it is no longer prevalent, there is no need to have children immunised. This is a very dangerous practice and every child should be immunised during infancy and again at the start of school life.

#### WHOOPING COUGH IMMUNISATION

		-			112710	10003		
		Year	of I	Birth	et Fe	Serra		
	1961	1960	1959	1958	1957.	1952-	1947-	Total
NUMBER OF CHILDREN WHO HAVE COMPLETED A PRIMARY COURSE (normally three injections) OF PERTUSSIS VACCINE	53	83	6	1	1	13	6	163
(singly or in combination) IN THE AUTHORITY'S AREA DURING THE YEAR 1961.	ney o va	3 25	Jales Dans	de 12	ari s	nivol vd ba	tol en	

#### VACCINATION AGAINST SMALLPOX

The following persons were vaccinated or revaccinated against small-pox in 1961:-

AGE AT DATE OF VACCINATION	UNDER 1 YR.	1	2 - 4	5 - 14	15+	TOTAL
Number vaccinated	118	3	4	3	5	133
Number revaccinated	-	-	- 3	9	67	76

The vaccination rate for babies under one year was approximately 90%. The recent experience of smallpox outbreaks in different parts of the country should be sufficient warning to parents to see that their children are vaccinated against smallpox during infancy. Complications from vaccination are unusual during the first year or so of life whereas they are not uncommon in people vaccinated for the first time in adult life.

#### SECTION V

#### TUBERCULOSIS

In 1961, no new case of tuberculosis was notified amongst Newhaven residents. Five cases were notified amongst people coming to live in the area, one of which died shortly after entering the district.

#### NEW CASES AND MORTALITY DURING 1961

AGE GROUPS		NEW C	ASES		DEATHS				
	Pulm	ona ry	Non-	Pulmonary	Pul	monary	Non-	Non-Pulmonary	
	M	F	M	F	М	F	M	F	
Under 1 year	÷	-	-	-	-	-	-	-	
1 - 4	-	-	-	-	-	-	-	-	
5 - 14	-	-	-	-	-	-	-	-	
15 - 24	-	-	-	-	-	-	-	-	
25 - 34	-	-	-	-	-	-	-	-	
35 - 44	-	-	-	-	-	-	-	-	
45 - 54	-	-	-	-	-	-	-	-	
55 - 64	-	-	-	-	1	-	-	-	
65 +	-	-	-	-	-	-	-	-	
TOTALS	-	-	-	-	1	-	-	-	

## NUMBER OF CASES ON REGISTER AT 31st DECEMBER, 1961.

	ALES Non-Pulmonary	FE Pulmonery	TOTAL	
53	1	42	6	102
Whereas at 31 register was:	st December, 196	0, the number of	cases on the	100

#### SECTION Y

#### TUBERROLLOSIS

In 1961, no new case of two costs was new from another and analyst of the costs of

### MAN CARRE AND MORTALITY DIRECT 1961

						11				
					-	-				
					-			15-24		
					-					
		-								
			-	-				18 - 36		
						-				
								BISTOT		

STATE OF CASES OF NAMES AF

A TOY						
		lst December, 1960,				



