[Report 1925] / Medical Officer of Health, Melton Mowbray U.D.C.

Contributors

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MELTON NOWBRAY URBAN DISTRICT COUNCIL.

ANNUAL REPORT

of the

MEDICAL OFFICER OF HEALTH,

For the Year 1925.

ANNUAL REPORT

of the

MEDICAL OFFICER OF HEALTH.

For the Year 1925.

Mr. Chairman, Lady and Gentlemen,

In accordance with the requirements of the Ministry of Health this Report is in some respects more comprehensive than has heretofore been customary, for it includes a retrospect of the past five years.

As this is but one of fifteen Reports which I am submitting to as many Authorities its size and scope are necessarily more curtailed than would be the case were I merely acting for a single District.

The subjects dealt with are systematized under the following six headings:-

Natural and Social Conditions of the Area.

General Provision of Health Services in the Area.

Sanitary Circumstances of the Area.

Housing.

Inspection and Supervision of Food.

Prevalence of, and Control over, Infectious Diseases.

I. NATURAL AND SOCIAL CONDITIONS OF THE AREA.

Area (in a	cres	2,686
Population	Census, 1921	9,187
n	Estimated, 1925	9.862

Physical Features and General Character of the Area.

The town, which is situated in the North-Past Section of Leicestershire, is built on undulating country with a fall towards the little river Eye an affluent of the Soar. The geological formation is Lower Lias, but part of the town near

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the river is built on Alluvium and is liable to flooding, the last heavy flood, which occurred three years ago, involving great distress and heavy loss.

Social Conditions.

Melton Mowbray, being the premier hunting centre in England, has a large influx of population during the hunting season, a fact which should be borne in mind in the interpretation of the last, as compared with previous, census statistics. This ordinarily gives employment to a large number of stablemen and others, but the past few seasons have been greatly curtailed through Foot & Mouth Disease.

The town is widely known for its manufacture of pork-pics, an industry whose hygiene, which is for the most part excellent, has claimed our attention for many years. The other principal industries are a large hosiery factory and the manufacture of boots & shoes. A number of employees at the Asfordby Iron Works, which are over a mile from the town, also reside in Melton Mowbray.

of houses (1921)	,155
Rateable Value £43	,292
Sum represented by a penny rate	£173
Vital Statistics.	
Births, legitimate - M. 85. F. 95. Total -	180
" illegitimate - " 6 " 6 " -	12
Total:- " 91 " 101 " -	192
Birth Rate	19.4
" " (1921 - 1925)	21.4
" for England & Wales (1925)	18.3
Deaths M. 55. F. 41. Total -	96
Death Rate	9.7
" " (1921 - 1925)	10.8
" for England & Wales (1925)	12.2

Number of families or separate occupiers)

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Deaths	of Infanta	under one yr. of age 7 (1 being illegitimate)
Infant	Mortality	Rate per 1000 births36
"	"	" (1921 - 1925) 55
"		" for Eng. & Wales (1925) 75

Six per cent of the births during the past five years were illegitimate. It is satisfactory to record that the Death Rate and the Infant Mortality Rate for the five years are considerably below those of the country as a whole.

Causes of Death in 1925. Civilians only.

Causes of Death.	Males.	Females.
All Causes	55	41
Measles	1	1
Influenza	1	2
Encephalitis Lethargica	-	1
Tuberculosis of respiratory system	5	2
Other tuberculous diseases	1	-
Cancer, malignant disease	8	11
Cerebral haemorrhage etc	2	5
Heart disease	6	3
Arterio-sclerosis	8	5
Bronchitis	4	1
Pneumonia (all forms)	1	1
Other respiratory diseases	3	-
Diarrhoea &c(under 2 yrs.)	-	1
Appendicitis & Typhlitis	1	-
Acute and chronic nephritis	1	-
Puerperal sepsis	-	-
Other accidents & diseases of preg- nancy and parturition.	-	1
Congenital debility & malformation, premature birth.	2	3
Suicide	2	-
Other deaths from violence	1	1
Other defined diseases	8	3
Causes ill-defined or unknown	-	-

Total I Total Taxe per 1000 territorial income

(1921 - 1925)........ 55

" for mag. & Males (1925) .. 75

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II. GENERAL PROVISION OF HEALTH SERVICES IN THE AREA.

Hospitals provided or subsidized by the Local Authority or County Council:-

Tuberculosis, Maternity and Children's hospital accommodation are controlled by the County Council and the matter is dealt with comprehensively in the County Report.

Fever: There are eight Isolation Hospitals with a total of 85 beds, controlled by the Leicestershire Isolation Hospitals' Committee. Patients are sent to such hospitals as have beds available for the disease from which they are suffering, the large majority from this District going to the Melton Mowbray Isolation Hospital.

Small Pox: - There are two hospitals provided for the County as a whole.

Ambulance Facilities:-

- (a) For Infectious Cases Motor ambulances are provided in connection with the Isolation Hospitals.
- (b) For Non-infectious Cases and Accident. None under the District Council. The Leicester Royal Infirmary and other voluntary Organizations provide the necessary facilities.

·Clinics and Treatment Centres; - All under the County Council.

Public Health Officers of the Local Authority:-

The Medical Officer of Health acts for this and fourteen other Districts in four counties. The Combined Districts cover 500 square miles and have a population of about 120,000.

No office or clerical staff or provision for travelling is provided. The Sanitary Inspector is also District Surveyor. Both officers devote the whole of their time to their official duties.

Professional Nursing in the Home:-

The County Council's Health Visitors and School Hurses

visit cases in this District. There is also a District Nursing Association but this is entirely supported voluntarily.

<u>Midwives</u>:- The supervision of Midwives and the administrative control of Maternity and Child Welfare are vested in the County Council.

The Melton Memorial Hospital is a voluntary Institution with 26 beds, 18 of which are in the Free Wards.

Chemical Work: - Analyses of foods and drugs are conducted by the County Analyst. Sewage effluents are analysed at the County Laboratory.

Legislation in Force: - There are no Local Acts or special Local Orders. The general Adoptive Acts in force in the District are as follows:-

Infectious Disease (Prevention) Act, 1890.

Public Health Acts (Amendment Act) 1890, Parts II & III

Private Street Works Act, 1892.

Public Health Acts (Amendment Act) 1907, Parts II, & III (except Sects. 39 to 42) IV and V.

New Building Bye-Laws have also been adopted.

III. SANITARY CIRCUMSTANCES OF THE AREA.

Water.

The public water supply, which is laid on throughout the town, only outlying properties being supplied by wells, is derived from sources at Scalford, some 32 miles distant. The later analytical and bacteriological reports have been very satisfactory pointing to a high degree of organic purity. The water is of some 240 of hardness, most of which is removable by boiling, and would readily lend itself to artificial softening. Owing chiefly to the shortness and low pressure after periods of dry weather I had occasion in former Reports to direct attention to the desirability of your having recourse to the Derwent supply, more especially as the main would have passed through, or near to, several villages in the Barrow-on-Soar

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the county analyst. Severe officers are engined at the

interpolation in receipt Adoptive Acre in force in the literalicates are not force in the literalicates.

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the rest time type-it m have also been adopted.

TIL SARITARY CIRCUMSTANCE OF THE SELECTION

The parties of the control of the co

and Melton Howbray Rural Districts which are themselves in need of a public supply.

The cost of obtaining the Derwent supply was, however, considered prohibitive and improvements in pumping were carried out in 1921. In 1925 a comprehensive scheme, including the provision of a million gallon service reservoir, the installation of additional pumping plant with storage tanks and the erection of a high level tank was completed. These additional provisions should go far towards solving shortage difficulties for many years to come.

I would direct attention to the advantages of acquiring complete control over the catchment area. The possibilities of contamination, however remote, cannot be too carefully guarded against.

Rivers and Streams :-

Within the past five years the construction of new sewers and the completion of extensive improvements at the outfall works have resulted in the obtaining of an excellent sewage effluent.

Drainage and Sewerage.

The town is for the most part well drained. Extensive improvements involving the relaying of large sections of some of the principal sewers have been completed within the five years. Running sand, which had formerly gained access to some of the replaced sewers, has as a consequence been effectually excluded from the outfall works and extensive pollution of subsoil has been rectified. In 1924 the Surveyor reported that the expenditure to date on this work had exceeded £18,000. I should like, however, to be able to record a comparable degree of improvement in the general drainage of house properties. The Inspector reports twenty inspections during the year and the abatement of twelve nuisances.

and Helton Houbray Rural Districts which are thouselves In

The cost of obtaining the Derivant supply was, however, countdoved prohibitive and improvements in purple; were counted out in 1925 a compromently school including the provision of a mailten whiles screening the control of a mailten whiles school out the including the latter of a mailten plant with storage their the including and the approvement of a high first many was accorded. These additional for the secretary short in the country of the country of

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Closet accommodation:-

The vast majority of the houses are provided with cistern-flushed water-closets, the numbers of each type of accommodation at the end of 1925 being as follows:-

During the year two privies and two pails were converted to water-closets. In 1920 there were nine of the former and eleven of the latter the headway in conversions having been made prior to that year.

Scavenging: -

Most of the houses are provided with movable ashbins. During the year ten ashpits or fixed bins were replaced by movable receptacles, the number converted during the five years being 140.

Refuse is collected by direct labour and is removed in motor lorries. A charge of five shillings a load is made for collecting trade refuse, but no charge is made for removing refuse from bins placed outside shops.

The Refuse destructor is situated about half a mile from the centre of the town. Various improvements in connection with it have been completed during the past five years.

Sanitary Inspection of the Area:-

The Sanitary Inspector submits the following classified statement:-

Total No. of complaints received during the year..... 38

" " inspections made for all purposes...... 544

" " notices served - 25. Informal - 25. Statutory - 0

" " summonses issued - nil.

Insanitary houses (Public Health Act 1875) No. inspected - 30. No. cleaned -30

Overcrowding: ..

No. of houses inspected - 12. Nuisances abated - nil

Offensive accumulations:-

No. inspected - 2. Nuisances abated - 2.

-: no Linear report tonal

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During the year two privies and two pails made commenced to restrict the former and alarms of the latter ten headway in converging haring bean made order to that wear.

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Further details of Sanitary Inspections are included under their relevant headings.

Smoke Abatement:-

The town is remarkably free from smoke nuisance and no complaints under this heading have come to our knowledge.

Premises and Occupations which can be controlled by Eye-laws or Regulations:-

There are two Common Lodging Houses in the District both of which are now tolerably well kept.

No Offensive Trade is established and there is no Canal within the area.

Schools:-

The public water supply is laid on to all the schools.

The Junior Schools are modern and well maintained. The Senior Elementary Schools are, however, old buildings and although as sanitary as is compatible with their age they are far from reaching our present-day standards of hygiene. Some of the class-rooms are moreover far too crowded and I am of opinion that the present proposals for building a new Council School for boys should be sanctioned without further procrastination. The necessity for this school and for the accommodation which its completion would release in the existing schools grows more accentuated every year.

IV. HOUSING.

I. General Housing Conditions:-

For the most part satisfactory. There is, however, a quotum of old, dilapidated or insanitary property which is far too slowly being dealt with, including about 20 houses which can be correctly classified as unfit and approximately 50 which are not in all respects reasonably fit for habitation.

In 1921 20 "A" type (non-parlour) houses, 20 "B" type (parlour) houses and 4 "B4" type (parlour and 4 bedrooms) houses were erected and in 1925 the Council decided to build

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a further 20 houses and 10 bungalows. These, together with 16 subsidy houses on the Council's land, are nearing completion and 30 other subsidy houses are being built at the East end of the town. There is still space on the Council's land for eight houses.

The total number of houses completed during the past five years is 172, made up as follows: - Council houses 64, Subsidy houses 48, other houses 60.

II. Overcrowding: -

Although building during the past five years has gained on the estimated increase in the population there are probably some sixty houses in the town which should be classified as overcrowded. Instances of accentuated overcrowding are, however, relatively few.

III. Fitness of Houses.

The general standard in the newer parts of the town is quite satisfactory. Among the older properties there are, however, the accumulated arrears in routine improvements which lead to a by no means inconsiderable percentage of defective and insanitary premises. The latter must be dealt with comprehensively if their general fitness and habitability are to be raised to the accepted standards of modern hygiene and comfort. Although there is nothing which I would schedule as an Unhealthy Area, that is an area demanding demolition and rebuilding, there are groups of houses sadly in need of re-conditioning. In coping with such conditions any amendment of the law which would sanction a subsidy in aid of development and re-modelling or internal modernization would be of incalculable advantage. The average owner cannot afford the necessary capital outlay for work of this nature.

1925.

No. of new houses erected during the year:-

(a) Total..... 40

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The total number of newest countries there are past in the start of th

- instrument. .II

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.... of the bound orested during the years-

	(1) By the Local Authority	
	(2) By other bodies or persons 26	
Unfi	t Dwelling-houses:-	
1.	Inspection. (1) Total No. of dwelling-houses inspected for housing defects (under Public Health or Housing Acts).	30
	(2) No. of dwelling-houses which were inspected and recorded under the Housing (Inspection of District) Regulations, 1910, or the Housing Consolidated Regulations 1925.	il
	(3) No. of dwelling-houses found to be in a state so dangerous or injurious to health as to be unfit for human habitation.	20
	(4) No. of dwelling-houses (exclusive of those referred to under the preceding sub-heading) found not to be in all respects reasonably fit for human habitation.	50
2.	Remedy of Defects without Service of Formal Notices.	
	No. of defective dwelling-houses rendered fit in consequence of informal action by the Local Authority or their officers.	30
3.	Action under Statutory Powers.	
	(A) Proceedings under Section 3 of the Housing Act 1925	
	1. No. of dwelling-houses in respect of which notices were served requiring repairs.	20
	2. No. of dwelling-houses which were rendered fit after service of formal notices:- (a) by owners. (b) by Local Authority in deft. of owners	20
	3. No. of dwelling-houses in respect of which closing orders became operative in pursuance of declarations by owners of intention to close.	il
	(B) Proceedings under Public Health Acts.	il
	(C) Proceedings under Sections 11, 14 & 15 of the Housing Act 1925.	il
	It will be observed that no records of inspections have	

It will be observed that no records of inspections have been entered in the Housing Register. The keeping of the Register has been too long in abeyance. I am, therefore, glad to be able to report that it has been resumed during the current year, that some 200 houses have already been inspected and recorded and that steps are being taken to secure such neces-

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sary improvements as are at present practicable. There is a great deal of lee-way to be made up. There is enough outstanding to keep a housing inspector fully occupied for a long time to come. Frankly I am not satisfied with the manner in which a number of the houses are kept and maintained. A dirty tenant in an ill-conditioned house which an owner is reluctant to renovate creates a vicious circle. Such conditions call for frequent inspection with insistence on such measure of cleanliness as can be secured. I am of opinion, myself, that the law should be amended so as to ear-mark a proportion of the rent for periodic lime-washing, distempering, painting and papering. In the event of an owner's default there should be some simple machinery enabling a Sanitary Authority to do the work and charge him with it. In the event of a tenant's default in keeping the premises clean there should be analogous powers and also penalties. The latter should be exemplary in respect of those incorrigibles who appear to be congenitally incapable of keeping either their premises or their families in anything but a filthy condition. The wast majority of such cases are due to drink.

V. INSPECTION AND SUPERVISION OF FOOD.

Milk Supply.

Throughout most of the Leicestershire Districts for which

I am Health Officer the supervision of milk supplies has been
greatly simplified by the bacteriological examination of samples.

These examinations, which are conducted at the County Laboratory,
have contributed more than any other factor to raising the standard of cleanliness in milk production, for they reveal with
unerring accuracy the precise degree of contamination, whether
by manure or otherwise, to which samples are subjected.

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samples from this District has now commenced. Bearing in mind the very small charge to the Council for these examinations, only half-a-crown per sample, I trust that frequent samples will be submitted, more especially from those supplies which are found at the outset to be unsatisfactory. As an example of what may be achieved by systematic and helpful inspection combined with the loyal co-operation of Producers, I would cite the case of the Lutterworth Rural District where 37 out of 48 samples taken last year reached or greatly exceeded Grade "A" standard, notwithstanding the fact that none of these samples was so designated. Such results show that it is not unreasonable to ask that all milk sold to the public should reach Grade "A" standard of purity, though not necessarily certified as such.

Owing to the prevalence of Foot & Mouth Disease the systematic Veterinary Inspection of milch cows was temporarily suspended. The importance of these examinations, more especially in respect of Tuberculosis of the udder, will best be realized when it is borne in mind that many of the cases of surgical tuberculosis in young children are of bovine origin, the bacillus being ingested with the cow's milk to which it most commonly gains access from a tuberculous udder.

The Sanitary Inspector submits the following particulars of inspections during the year:-

Retail Purveyors. (No. found to require	16 64 il il
Wholesale Traders & Producers.	Register - No. on Premises - No. of inspections	
No. of samples of milk Total No. of milch con Legal proceedings	taken for Bostonica.	.1

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Legal proceedings - nil.

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If clean milk is to be assured it is necessary that frequent inspections should be made during milking time. The provisions of the Milk and Dairies Order, which is now in operation make this essential.

Meat.

There is a Public Slaughter House in the Market Place where inspections are made regularly at time of slaughter. This is of course well maintained. The private slaughter houses are also kept satisfactorily. There are eight of the latter on the Register the same number as in 1920. Some of them are rather near to dwelling-houses and on sanitary grounds as well as for simplifying supervision it is to be hoped that they will be gradually eliminated. Forty-eight inspections were made during the year, but no contraventions are reported. One tuberculous carcase was condemned.

Sixty inspections of meat shops, stores etc. were completed during the year. None but minor contraventions were observed, attention being directed where necessary to the requirements as to transport and handling.

A most-stall at the weekly market has been frequently inspected and is kept properly screened.

Other Foods.

Bakehouses, of which there are 17, have been regularly inspected and are on the whole very well kept. Only two contraventions as to cleanliness are recorded.

The manufacture of pork-pies for which the town is so well known is conducted under strictly hygienic conditions. Experience has taught those engaged in it that an integral part of the excellent technique which has been evolved must be strict cleanliness. The public appreciation of these pies is, moreover, in large measure due to the first-class quality of the young pigs which are slaughtered for their manufacture. At one factory I have, however, had repeated occasion to direct attention to untidiness & accumulation of bones at the rear of the premises.

Stilton cheeses, which are really Leicestershire cheeses, are made in large quantities, chiefly at one factory, strictly hygienic conditions being observed.

In previous years I have had to certify a number of consignments of potted meat for export to the Argentine and Canada. This trade appears, however, to have ceased.

VI. PREVALENCE OF, AND CONTROL OVER, INFECTIOUS DISEASE.

During 1925, 184 inspections were made of 108 houses in which infectious disease had been reported. One hundred and eight houses and four school-rooms were disinfected, bedding where necessary being removed to the Isolation Hospital for steam disinfection. In dealing with the more common infectious diseases - notably Scarlet Fever and Diphtheria - the value of steam-disinfection is, however, greatly over-rated and is now abandoned in all save special circumstances in most of the Districts with which I have to deal.

The notified cases of Infectious Disease were as follows:-

	Cases.	Removed to Hospital	Deaths.
Scarlet Fever	39	32	-
Diphtheria	16	16	-
Erysipelas	7	-	-
Cerebro-spinal Meningitis	1	-	-
Encephalitis Lethargica	2	1	1
Chicken Pox	22	-	-
Pneumonia	53	-	2
Puerperal Fever	2	-	-
Respiratory Tuberculosis	13	-	7
Other forms of "	3	-	1
Ophthalmia Neonatorum	2	-	-

Chicken Pox had been made notifiable in 1924 when Small Pox prevailed. It ceased to be compulsorily notifiable in 1925.

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One fatal case of Respiratory Tuberculosis had not been duly notified.

The cases of Ophthalmia Meonatorum were not severe, both patients recovering with vision unimpaired.

The Tuberculosis cases and deaths are classified as follows:-

	A	- 71-				New Cases.				Deaths.			
Age-Periods.					Resp:	iratory	fo	ner rms.	Respiratory		Ot y fo	Other forms.	
					M.	F.	n.	F.	M.	F.	н.	F.	
1	and	und	er 5	yrs.	-	1	1	-	-	-	-	-	
5	"	"	10	"	1	-	-	-	-	-	-	-	
10	"	11	15		2	-	-	-	-	-	-	-	
15	"	"	20	"	1	2	- 1	-	-	1	1	-	
20	"	"	25	"	-	-	1	-	-	-	-	_	
25	"	11	35	"	1	2	1	-	2	1	-	_	
5	11	"	45		-	-	-	-	1	-	_		
5	"	"	55	"	1	1	-	-	2	-	_		
5	"	"	65	"		1	-	-	-	-	-	-	
	T	otal	s:-		6	7	3	-	5	2	1		

The following examinations were made at the County Council's bacteriological laboratory:-

Throat swabs for Diphtheria Sputa for Tubercle Bacilli Blood for Wassermann Tests. Hairs for Ringworm (collected by School Murses) Throat swabs for Meningococci. Cerebro Spinal Fluid for Meningococci. Sewage & Water Analyses.	No. 93 62 28 22 94 2
Widal's Test for Typhoid Fever. Films for Gonococci. Urine (General & Bacteriological). Blood Culture. Total:-	2 2 2 1

In addition the following were received from Helton Isolation Hospital:-

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in addition the following were received from Melton of

Throat swabs for Diphtheria Widal's Test for Typhoid Fever. Faeces for Bacillus Typhosus Throat swabs for Meningococci.	44 2 2 2
Total:-	50

I now submit a synopsis of cases of Infectious diseases notified during each of the past five years:-

Disease.	1921	/22	/23	/24	/25	Total	Removed to Hos.	Deaths.
Small Pox	-	-	-	54	-	54	52	-
Chicken Pox	-	-	-	5	22	27	-	-
Scarlet Fever	11	8	5	3	39	66	59	1
Diphtheria	8	14	2	8	16	48	48	1
Enteric Fever	2	-	-	-	-	2	2	-
Puerperal Fever	1	-	-	-	2	3	-	-
Pneumonia	16	47	45	69	53	230	-	39
Erysipelas	5	1	3	4	7	20	-	-
Cerebro-spinal Fever.	1	-	1	-	1	3	2	2
Encephalitis Lethargica	2	1	-	9	2	14	10	9
Respiratory Tuberculosis	14	30	25	19	13	101	82 x	45
Other forms of Tuberculosis	5	6	2	3	3	19	1	10
Ophthalmia Neonatorum	-	6	6	6	2	20	3	-

x Approximate & including re-admissions.

In the absence of facilities for hospital treatment there is in my opinion nothing whatever to be gained from the compulsory notification of Pneumonia. Its notification has already cost the town over £30 and has necessitated the keeping of a register and accounts.

No less than nine out of fourteen cases of <u>Encephalitis</u>
<u>Lethargica</u> notified during the five years proved fatal, five
of the deaths occurring in 1924.

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of the deaths occurrent in 1924.

No

All the <u>Diphtheria</u> cases and about ninety per cent of the Scarlet Fever cases were removed to hospital.

The Attack-rates (i.e. the mean annual number of cases per 1000 of the population) for the quinquennium are as follows:Diphtheria - 1.04: Scarlet Fever - 1.44: The corresponding rates for England & Wales are 1.29 and 2.65:

With regard to <u>Tuberculosis</u> the death-rate forms a more satisfactory criterion for comparison than does the attack-rate. The death-rate from Respiratory Tuberculosis for the five years averages 0.98. The rate for England & Wales in 1925 is not yet available, but the rate for the five years 1920 - 1924 is 0.87.

Factories, Workshops & Workplaces:-

Inspection: -

Factories (including Factory Laundries)	No. of inspections Written Notices	40 4
Workshops (including Workshop ")	No. of inspections No. of Written Notices	98 nil
Workplaces (other than Outworkers' premises	No. of inspections)No. of Written Hotices	16 nil.

Defects Found

Nuisances under the Public Health Acts:-

Want	of	cleanliness.	No.	found	4
			No.	remedied	1

No instance of out-work in unwholesome premises came under observation.

There are 98 workshops including 17 bake-houses on the Register.

I have the honour to be
Your obedient Servant,

J. E. O'CONNOR,

Medical Officer of Health.

Kirby Muxloe, Leicester. July 14th, 1926. theets onces and about water Etents