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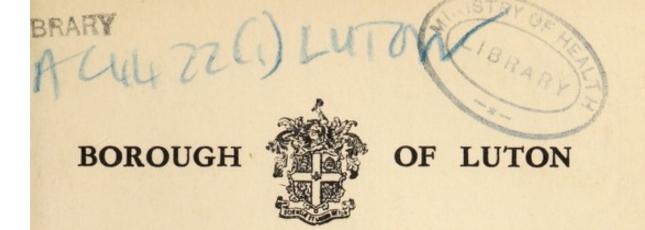
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ANNUAL REPORT

of the

Medical Officer of Health

and the

Chief Sanitary Inspector

FOR THE YEAR 1946

FRED GRUNDY, M.D., M.R.C.S., D.P.H., Medical Officer of Health.

ARTHUR J. NICHOLS, M.R.S.I., M.S.I.A., Chief Sanitary Inspector.

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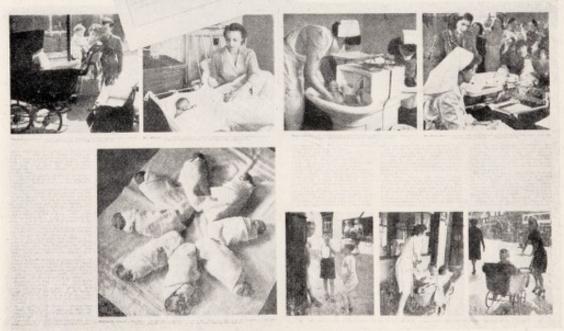
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BOROUGH OF LUTON

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Public Health Department, Town Hall, LUTON.

10th January, 1947.

His Worship the Mayor, Aldermen and Councillors of the Borough of Luton.

Ladies and Gentlemen,

The year 1946, the first full year of peace, will probably be remembered by the nation as a year of rehabilitation admixed with a sense of frustration. The experience of the Health Department has been not dissimilar.

A normal peace-time staff are once more at work, the lengthy task of fixing establishments and grading individual posts is nearing completion, and it can fairly be said that at the end of the year the departmental machine was once more ticking over smoothly.

None-the-less, 1946 has been a year of relative inaction, a year of uncertainty for planning purposes, a year of demarcation between established practices and half-determined future policy. In June, the status of the Borough was under review by the Local Government Boundary Commission, and it is not yet known what their recommendations will be. In October, 1946, the Health Service Act, 1946, became law, and its full implementation will affect in many ways the future functions of the Health Department, whatever the status of Luton may ultimately be.

As recently as December, negotiations were completed for the establishment of a Public Health laboratory in the Town Hall under the direct control of the Medical Research Council. This, the first fruits of the new administrative policy, means that laboratory work, which has been encouraged and fostered by the Borough Council since 1935, will pass out of their hands in the New Year. The transition has been effected smoothly and with the greatest possible courtesy. And if there is a natural regret at losing a child that has matured under the parental roof, there is the satisfaction of knowing that the infant we begat is passing into a well-connected family.

With the exception of the transfer of laboratory services, there has been no development of moment during the year. Statistical work has been expanded in many directions and valuable results are already coming to hand. The pioneer period of health education through the teaching of biology in schools is drawing to a close, and in some respects, the future

functions of the health department are beginning to take shape.

Some aspects of statistical research which has been undertaken are referred to in appendices to this report. Appendix I is a table of vital statistics relating to the twelve year period 1934-45; Appendix II contains a survey of stillbirths and infant mortality; and Appendix III is a note by your statistical consultant on "Some Statistical Aspects of Reproduction." They will, I hope, indicate to colleagues in general practice that good use is being made of the material which they provided for the use of the Health Department during 1945. They are examples of the kind of contribution a local health department can make to the re-stated concept

of social medicine. Their immediate application is not unexceptionally apparent. They are essentially part of a long-term policy for providing the kind of information upon which technically sound plans must be based.

The "Report on Luton," published in March; "Families in Trouble," published in September; and "Childlessness and the Small Family," published in the Lancet in November, have reached a public far beyond the confines of the borough. And it is gratifying to record that the Health Department has been visited by Medical Officers and others coming from as far afield as the Scandinavian countries, the U.S.A., New Zealand and Mexico, as well as by officers from Health Departments in this country.

The future of Health Education in schools is at present under discussion, and it may be that the time is opportune for the appointment of a biologist to the Education Committee and the transfer of biological teaching from the Public Health Department to the Education Department where it rightly belongs. This matter is referred to at greater length in Appendix IV.

It may be recalled that in 1944 I referred, in "A Note on the Vital Statistics of Luton," to emergent functions of Health Departments. In this note, the Medical Officer of Health is described as "less of a sanitarian and more of a teacher"; and the importance of developing a statistical section within the Health Department is stressed. It has since become apparent that the Health Department of the future will be concerned increasingly with what might be called the social adjuncts of medicine. The development of nurseries for the reception of cases according to social need, the expansion of home help services, the control of home nursing services and greater attention to social problems are clearly envisaged by the outline of health services contained in the new enabling act of 1946.

The Borough Council has already gone some distance in the development of certain socio-medical services in anticipation of what is to be. The limited amount of progress which has been possible reflects rather the general shortage of man-power than a lack of drive and foresight.

The population increased from 100,000 or thereabouts at the beginning of the year to over 107,000 at the end of 1946. The Registrar-General estimated the civilian population at the 30th June, 1946, to be 105,230.

The birth rate for 1946 was higher than for 1945 (i.e., 20.6 as against 18.9) though considerably lower than the peak reached in 1944 (22.7).

Until the last quarter of the year there was no unusual incidence of notifiable infectious disease. Twenty-three cases of diphtheria were notified, one of which (in an unimmunised child) ended fatally. Up to the end of September 32 cases of measles were notified, and during the last quarter 518 cases were notified.

Two points of special interest are worth mentioning here: the first, that the five notified cases of anterior poliomyelitis were apparently unconnected with each other; the second, that the form assumed by scarlet fever, though not more severe than we have become accustomed to, resembled more than for some years the classical picture of the text book.

The stillbirth rate was considerably higher than for the previous year (31.8 as against 26.6), but the infantile mortality rate again fell slightly

(31 for 1946 as against 33 for 1945) reaching, therefore, a new low level for the borough.

It should not be forgotten, however, that mortality statistics, though valuable as indices of the healthiness of a community, are relatively crude. They measure indirectly the incidence of serious diseases, but they tell us nothing about health in a positive sense. They are not, in other words, a measure of the vigour of the individuals who make up a community. Of this there is no statistical index, and reliance has to be placed on general impressions.

My own impression—and that of many of my colleagues—is that vigour and the will to work, which derive mainly from a sense of abounding energy, have waned during the last year. This impression may be fallacious, for general impressions often are. But if there is anything in it, then it is worth while speculating about possible causes.

It is natural to think of the reaction following upon a long period of war-time strain, and equally natural to take into account the undoubted sense of frustration which is probably unavoidable during a transition period. As a Health Officer, however, I prefer first to examine material causes, and I cannot help thinking that the relative deficiency of animal fats and first-class protein and the lack of variety in our diet have something to do with the existing situation.

A story is told in the West Riding of Yorkshire of a certain Dick Delaney, a hawker who kept a donkey. With profit in mind, he progressively reduced the donkey's fodder, and for a time all seemed to go well. His astuteness was acclaimed by his acquaintances until at last he had to confess the failure of his scheme through a fault in the donkey. For, as he said, "Just as the darn thing got used to it, it died."

It is true that even a well fed donkey may have to be coaxed to work by a carrot, or be goaded into work by a whip; but in the long run, neither the carrot nor the whip can be effective if the donkey is not well fed—well fed, in the sense that it gets, without undue foraging, more than food enough for its immediate requirements.

Judged by the maternal mortality rate and the infantile death rate all seemed to be well during 1946, but a scrutiny of certain maternity statistics reveals unpalatable facts.

The records of municipal midwives show that the percentage of cases where medical aid was summoned increased substantially; and hospital records show a startling increase in the proportion of cases in which a doctor intervened and also which terminated as forceps deliveries.

The rise in medical aid cases began in August, and for the period 1st August to 31st December the percentage of cases where medical aid was summoned was 42 as compared with an average of 27 per cent. for the period 1941-45.

The adverse change in hospital practice began in July, and for the six months' period 1st July to 31st December doctors' cases were 16 per cent. of all hospital deliveries and there was a recorded forceps rate of 10 per cent.

These figures compare respectively with averages of 8.5 per cent. and 6 per cent. for the period 1942-45.

The statistics confirm many independent opinions that during the second half of 1946 women fared worse during labour both in district practice and in hospital than at any time during the war years—although the war figures were substantially worse than those recorded in 1938 or 1939.

I am advised that women attending ante-natal clinics have complained more of fatigue during the latter half of 1946 than they did during periods of most severe war strain, and it appears that when they go into labour a greater proportion lack either the muscular staying power or the will to deliver themselves.

It is not possible on the facts available to explain the unexpectedly abrupt deterioration; it may be that we have in these maternity statistics a sensitive index of the effects of cumulative fatigue and sub-optimal diet.

If the deterioration is general—and there is no particular reason why it should have occurred only in Luton—then it is a warning that something is seriously wrong and a pointer to a situation that calls for urgent and searching investigation on a national scale.

There have been many important staff changes during the year. Mrs. D. M. MacLeod, Superintendent Health Visitor since 1923, has sought a well-earned retirement. Dr. Thomas Ross, Deputy Medical Officer since 1942, was appointed in December to the post of Medical Officer of Health to the Borough of Swindon. Dr. Geoffrey Ludgater, who had charge of the Council's laboratory service from September, 1939, to November, 1946, left to take up an appointment as Pathologist to the Burton-on-Trent General Infirmary.

For these officers, as for the entire staff of the Health Department, I have nothing but praise. They have, without exception, given a good account of themselves and enabled the work of the department to be carried out with efficiency and with great consideration for the public we serve. Your Public Health Committee, individual members of the Council, and colleagues in other departments have supported the work of the Health Department so completely, so unselfishly, and with such friendliness that my own task has been both light and pleasurable.

Finally, I must refer to the support I have had from Councillor W. G. Roberts, Chairman of the Public Health Committee. It is not too much to say that a great deal of the research and pioneer work of the department is directly traceable to his foresight, enthusiasm and unfailing warm encouragement.

I have the honour to be,

Your obedient servant,

F. GRUNDY,

Medical Officer of Health.

STATISTICS AND SOCIAL CONDITIONS OF THE AREA.

GENERAL STATISTIC	
LERNERAL STATISTIC	.3.

	GENERAL	STATIS	STICS.				
Area (from 1st April, 19	39)				8,73	6 acres	
Population (Census, 193					68,52	23	
Registrar-General's Esti		1-1946 (P	rovision	nal)	105,23	30	
Number of inhabited ho					28,59)4	
Rateable value (1st Apri					£,878	,911	
Rateable value (1st Apri					£,772	,670	
Sum represented by Pen)		£3	3,150	
EXTRACTS FROM	VITAL ST	ATISTIC	CS FOI	R TH			
				tal	Males	Females	
Notified live births	Legitimate			80	1,177	1,191 106	
	Illegitimate	• •••	1		, , , ,		
	All		2,5	48	1,251	1,297	
Notified stillbirths	Legitimate			83	48	35	
	Illegitimate			3	2	1	
	All			86	50	36	
Total Live and Stillbirt			2,0	634			
Stillbirth Rate per 1,000			ths .			31.	8
Registered live births*				165			
Live Birth Rate per 1,00	0 of estimat	ed resider	nt popu	lation	(provis	ional) 20.	6
Lave Division I					Males	Females	
Registered Deaths*			-	004		507	
Death rate per 1,000 est	imated resid	lent popu	lation				
Deaths from Puerperal	Cances (He	dings 29	and 30	of R	eoistrar-	-General'	
short list):—	Causes (Tree	actings 27	uniti D		8		
onore many .					per 1,000		
		De	aths.		ered tota	14	
No. 29 Puerpe	ral Sepsis		2		0.9		
No. 30 Other I	uerperal cau	ises	2 2 4		0.9		
Total		•	4		1.0		
Death Rates of Infants	under 1 yea	r of age:					
All Infants per	1,000 regis	tered live	births	(prov	isional)	3	19
Legitimate per Illegitimate pe	r 1.000 legiti	itimate live	ve birth	s (pro	visional) 7	0
	rected for inw						
* Cor	rected for inw	ard and ou	cward th	LISTUIS.			

TABLE 1.

BIRTH RATES, DEATH RATES, ANALYSIS OF MORTALITY, MATERNAL DEATH RATES AND CASE RATES FOR CERTAIN INFECTIOUS DISEASES IN THE YEAR 1946.

(England and Wales, London, 126 Great Towns and 148 Smaller Towns)
(Provisional figures based on Weekly and Quarterly Returns).

(Gummed slip to follow)

TABLE 2. COMPARATIVE STATISTICS FOR 1936-1946.

THS	Rate per 1000 total births		4.06	3.77	3.71	2.51	1.21	1.29	0.52	3.56	1.3	1.5	1.8
MATERNAL DEATHS		Total	9	9	9	4	2	2	1	7	3	3	4
FERNA	Number		4	9	4	3	2	2	1	2	3	2	2
MA	4-	Sepsis Other	2	1	2	1	1	1	1	2	1	1	2
Rate	per 1000	births	34	37	44	37	53	49	44	42	36	33	31
THS	TOTAL	1019	49	57	02	57	82	74	81	80	83	62	89
INFANT DEATHS	Under weeks 4 weeks —12 months		21	24	25	23	42	36	39	39	43	28	17
INFA			28	33	45	34	40	38	42	41	40	34	51
DEATHS	Rate per 1000 estimated popula- tion		10.0	10.5	9.6	10.0	11.3	10.0	8.6	10.0	10.3	9.5	9.5
DEA	Number		852	935	872	945	1,128	1,036	866	994	1,040	096	1004
IRTHS	Rate per 1000 total births		46.3	38.3	30.3	38.4	21.3	31.6	36.5	30.6	24.8	26.6	31.8
STILLBIRTHS	Number		65	61	49	61	35	47	69	09	58	52	11
LIVE BIRTHS	Number per 1000 Number per 1000	estimated popula- tion	16.4	17.1	17.3	16.5	15.0	13.9	18.0	19.2	22.7	18.9	20.6
LIVE 1	Number		1,406	1,530	1,567	1,528	1,543	1,440	1,820	1,902	2,282	1,905	2,165
	Esti- mated	Popula- tion	85,600	89,360	90,840	94,110	99,440	103,990	101,600	98,950	100,640	100,600	105,230
		Year	1936	1937	1938	1939	1940	1941	1942	1943	1944	1945	1946

TABLE 3. DEATHS OF LUTON RESIDENTS DURING THE YEAR 1946.

75+	1
65-75	1111 0 14 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
55-65	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
45-55	1111 11 11 11 11 11 11 11 11 11 11 11 1
35-45	11111 4 1118 1 1 1 1 1 1 1 1 1 1 1 1 2 1 1 2 2
25-35	11111 11 11 11 11 12 20
15-25	11.111 8 1111 1111 8 1111 91
10-15	11111 1-1-1 11 11111111 12
5-10	11111 -1111 11 1111111 1 -
1-5	11144 40111 11 11 11 11 1 1 20
Total under 1 year	
1 month to 1 year	
Under 4 weeks	
Ali	1
CAUSE OF DEATH	1. Typhoid and Paratyphoid Fever 2. Cerebro-spinal Fever 3. Scarlet Fever 4. Whooping Cough 5. Diphtheria 6. Tuberculosis of Respiratory 7. Other forms of Tuberculosis 8. Syphilitic Disease 9. Influenza 10. Measles 11. Acute Poliomyelitis and Polionencephalitis 12. Acute Infectious Encephalitis 13M. Cancer of Buccal Cavity and Oesophagus 14. Cancer of Stomach and Duodenum 15. Cancer of Stomach and Duodenum 16. Cancer of Stomach and Duodenum 16. Cancer of all other sites 17. Diabetes 18. Intra-cranial Vascular Lesions 19. Heart Disease

DEATHS OF LUTON RESIDENTS DURING THE YEAR 1946 (continued)

75+	229	9 1	0 64	111	1 10 55	334
65-75	182	w4w	6 100	111	181	226
55-65	137	107	-12	111	85-12	164
45-55	57	mm 01	- 6.0	111	1-1	78
35-45	32	000	- %	111	-1118	54
25-35	20	1-1	2 1	100	1-00-	36
15-25	16	11-	11111	111	2	22
10-15	2	111	11111	111	11111	2
5-10	1		1 2 1	111	1 - 1 - 2	11
1-5	20	1-1	11111	111	1 2	6
Total under 1 year	4	- e 2	14/01	118	17	89
month to 1 year	4	171	12121	112	11181	17
Under 4 weeks	1		16111	1 88	11111	51
All	989	31	045031	3022	852 × 80	1004
	:	: : : 5	: : : : : : : : : : : : : : : : : : :	Birth:::	11111	:
CAUSE OF DEATH		. Bronchitis Pneumonia Other Respiratory Diseases . Ulceration of the Stomach	10	Sepsis Other Maternal Causes Premature Birth Congenital Malformations.	Injury, Infantile Disease Suicide Road Traffic Accidents Other Violent Causes All Other Causes	Totals
		2,2,2,2,2	2,2,2,2,2	30.	3,3,3,3	

TABLE 4.

NOTIFIED INFECTIOUS DISEASES, 1946 Civilian (Corrected in cases of revised diagnosis).

Over 65 TOTAL	172 23 23 118 10 10 70 10 70 5 18 80 	30 1,093
45-65	1	29
35-45	91 18 8 7 4 2	36
25-35	92112519 411242	46
20-25	14 14 1 18 11 1 1 1	19
15-20	0-1001101	11
10-15	8 8 1115	94
5-10	229 249 3 3 10 10 10 9	383
4-5	11-125 0 1-11111	104
3.4	r-128824r 1	140
2-3	4 118	104
1-2	352 2 352 2 1 1 1 1 1 1 1 1	70
Under 1 year		27
	111111111111111	:
	Scarlet Fever Diphtheria Whooping Cough Measles Pneumonia Anterior Poliomyelitis Dysentery Ophthalmia Neonatorum Puerperal Pyrexia Cerebro Spinal Fever Erysipelas Jaundice Malaria	Totals

DIPHTHERIA IMMUNISATION

Number of children immunised under the Council's scheme, 1942-46.

		Under	Over	
		5 years	5 years	Total
1942	 	 1,836	1,038	2,874
1943	 	 1,659	1,938	3,597
1944	 	 1,037	97	1,134
1945	 	 1,225	189	1,414
1946	 	 1,191	105	1,296

TABLE 5.

Number of Children who had completed a full course of Immunisation at any time up to 31st December, 1946.

(According to Health Department Records)

Age at 31.12.46	Under 1 year		2 years	3 years	4 years	5 to 9 years	10 to 14 years	Total under 15
Number Immunised	. 0	1,056	1,188	911	585	5,291	5,991	15,022
Estimated mid-year population, 1946			8,630)		17,	232	25,862

l,				
	Under 5 years		Between nd 15 ye	
Estimated percentage of the child population immunised at 31st December, 1946	43%		65%	
(a) Number of cases of diphtheria in children under 15 years of age notified during the				
(b) Number of cases included in (a) in which		15		
the child is known to have completed the				
course of immunisation not less than 12 weeks before the onset of the disease		5		
(c) Number of deaths from diphtheria registered in the Authority's area during the				
year, of children under 15 years of age		1		
d) Number of deaths included in (c) in which the child is known to have completed the course of immunisation not less than				
12 weeks before the onset of the disease		0		
OPHTHALMIA NEONA'	TORUM			
(a) Number of cases notified during the year .				4
(b) Number of cases visited by officers of the C	ouncil			4
(c) Number of cases removed to hospital		: 1 . 1 1		3
(d) Number of cases for whom home nursing	g was prov	ided b	y the	1
(e) Number of cases in which vision was impai	red			Nil
y realist of cases in which vision was impai				141

DIPHTHERIA IMMUNISATION.

DEATHS FROM DIPHTHERIA ARE SHOWN IN BRACKETS ON GRAPH.

PERCENTAGE OF IMMUNISED POPULATION 0-15 YEARS IN BRACKETS

AT FOOT OF GRAPH.

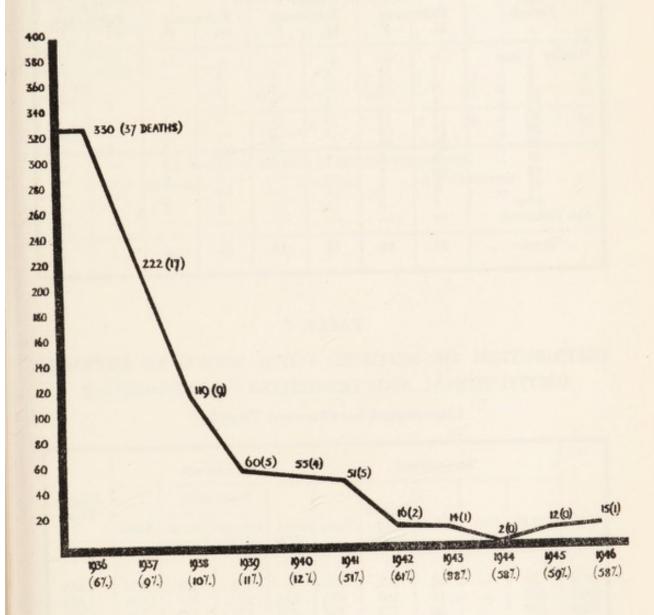


TABLE 6.

PARTICULARS OF NEW CASES OF TUBERCULOSIS AND ALL
DEATHS FROM THE DISEASE DURING 1946.

		New	Cases	Deaths				
Age Periods	Pulme M.	onary F.	Nor Pulmo M.		Pulmo M.	onary F.	Pulme M.	on- onary F.
Under 1 year 1 ,, 5 ,, 10 ,, 15 ,, 20 ,, 25 ,, 35 ,, 45 ,, 55 ,, 65+ Age Unknown	7 8 4 7 15 20 9 10 6 4	1 2 2 2 2 8 18 7 7 7 1 3	1 3 1 2 2 - 1 - 1	1 4 2 2 2 2 3 1 —	1 1 2 - 4 1 4 14 4	1 5 9 3 6 2 2		
Totals	90	51	12	15	31	28	3	2

TABLE 7.

DISTRIBUTION OF NOTIFIED TOTAL BIRTHS AS BETWEEN INSTITUTIONAL AND DOMICILIARY CONFINEMENT.

Uncorrected for Outward Transfers.

		In	stitutio	nal			Domic	iliary			
				Private			Notifi	ed by		Grand	
Year	В.М.Н.	Em. Unit	P.A.I.	Nsg. Home	Total	Mun. M/W	Private M/W	Dr. & Parents	Total	Total	
1936 1937	28 445	_	42 19	202 169	272 633	124	770 527	423 390	1,193 1,041	1,465 1,674	
1938	540		26	172	738	477	271	210	958	1,696	
1939 1940	568 588	84 175	38 21	166 194	856 978	583 674	131	109 106	823 780	1,679 1,758	
1941	583	504	46	216	1,349	463		162	625	1,974	
1942 1943	576 533	681 535	58 115	329 467	1,644	508 451	3	196 224	707 676	2,351 2,326	
1944	631	699	190	508	2,028	534	39	156	729	2,757	
1945 1946	610	621 678	114 215	476 582	1,821 2,142	407 397	50	62 95	519 492	2,340 2,634	

TABLE 8. STILLBIRTHS.‡

Cause	в.м.н.	Em. Unit	L. & D.H.	St. Mary's Hosp.	Doctor	Midwife	Nursing Home	Total
Maternal Toxæmia	3	4	_	-	-	1	1	9
Chronic Maternal Disease	-		1	-	-	-	-	1
Foetal malforma- tion Prematurity	1 1	2	1	1 -	1	3	1 1	10
Complications of labour Other	17 9*	7 5†	=	2 40	1	3 2	5 4	35 24
Total	31	19	2	7	2	9	12	82

‡ Excluding outcome of multiple pregnancies.

^{* 5} Macerated.

^{† 2} Macerated.

ø 4 Macerated.

GENERAL PROVISION OF HEALTH SERVICES FOR THE AREA.

1 (A). BACTERIOLOGICAL AND PATHOLOGICAL WORK.

(Municipal laboratory)

Total number of examinations	carri	ed out				7,868
Public Health Department						5,307
Other Local Authorities						969
Beds. County Council						289
Dunstable Borough						91
Leighton Buzzard U.D.C.						132
T DDC						139
Isolation Hospital, Dunst	able					205
Other Authorities						113
						792
Luton Children's Hospital	C					255
Beds. National Health Insurance	Com	mittee				545
Pathologist's private practice		•••			•••	343
Bacteriological examinations						6,085
Diphtheria						2,258
Biological						33
Complement fixation tests		performe	ed in th	is labor	ratory)	206
Other examinations				1		3,588
Other Children in the Control of the						
Biochemistry						253
Blood examinations						78
Urine examinations						102
Miscellaneous examination						73
Miscellaneous examination	113					
Sanitary Investigations						514
Water investigations						257
XC11.						171
Miscellaneous , ,						86
Miscellaneous ,,						00
Haematology						886
Histology						69
Post mortem examinations						61

1 (B). PROFESSIONAL NURSING IN THE HOME. No change.

1 (C). CLINICS AND TREATMENT CENTRES. No change.

TABLE 9.

NUMBER OF ATTENDANCES AT ANTE-NATAL CLINICS
DURING THE YEAR 1946.

1946		Mate Hos		Beech Health		Total Att'ces	Post- Natal Clinic	School for Mother
1946		First Attends	Subs. Attends	First Attends	Subs. Attends	Attices	Total Attends	Total Attends
January		7	288	213	706	1,214	39	48
February		9	272	174	690	1,145	33	55
March		12	295	161	755	1,223	34	86
April		4	250	126	816	1,196	36	17
May		8	319	175	877	1,379	104	50
June		8	277	112	746	1,143	48	58
July		6	289	150	997	1,442	67	32
August		9	347	172	729	1,257	54	62
September		7	299	170	736	1,212	61	53
October		50	337	181	971	1,539	81	39
November		6	322	173	795	1,296	52	38
December		3	254	123	794	1,174	10	_
Totals		129	3,549	1,930	9,612	15,220	619	538

TABLE 10.

ATTENDANCES AT ANTE-NATAL CLINICS, 1936—1946.

			First Attendances	Subsequent Attendances	Total Attendances
1936	 	 	384	1,035	1,419
1937	 	 	927	3,264	4,191
1938	 	 	1,018	3,686	4,704
1939	 	 	1,616	3,967	4,960
1940			1,630*	6,782*	8,412*
1710	 	 	695	2,025	2,720
1941			2,022*	8,416*	10,438*
1741	 	 	587	1,788	2,375
1942			2,136*	12,729*	14,865*
1744	 	 	652	3,022	3,674
1943			2,038*	13,470*	15,508*
1943	 ***	 	611	2,855	3,466
1044		1	2,170*	15,092*	17,362*
1944	 ***	 		2,020	2,555
4045			535		14,848*
1945	 	 	1,918*	12,930*	
			420	1,485	1,905
1946	 	 	2,585*	14,638*	17,223*
			526	1,477	2,003

^{*} Includes Municipal Midwives' figures shown immediately below

TABLE 11.

NUMBER OF CONSULTATIONS, WEIGHINGS, ETC., AT INFANT WELFARE CENTRES, DURING THE YEARS 1941—1946.

		First Attendances		No. on	Committee	Y C .	
		Under 1 year	1-5 years	Register at end of year	Consulta- tions	Infants weighed	
1941		1,427	525	4,085	4,952	32,990	
1942		1,449	209	3,865	*****	21,124	
1943		1,508	132	3,829	-	28,262	
1944		2,199	262	3,996	_	33,223	
1945		1,645	128	3,585	_	30,364	
1946		1,789	248	3,695		30,427	

Infants requiring supervised treatment who attended at the above centres were referred to the Dallow Road Minor Ailments Clinic; 2041 attendances were made for treatment purposes.

INSTITUTE OF RAY THERAPY.

136 Cases were treated at the Institute on behalf of the Local Authority. Lump sum payment £50.

DENTAL CLINIC

	DENIA	L CL	TIMIC			
Adults	-					
	No. of sessions				 	49
	No. of patients referred .				 	136
	No. of patients who attended				 	93
	No. of attendances made .				 	362
	No. of cases in which denture	s were	sup	plied	 	19
	Cost of dentures				 £104 14s	. 0d.
	Amount recoverable from pati	ients			 £69 2s	. 8d.
Childre	n—					
	No. of patients referred .				 	66
	No. of patients who attended				 	98
	No. of attendances made .				 	162

NATIONAL SOCIETY FOR THE PREVENTION OF CRUELTY TO CHILDREN.

During the year 1946 the Inspectors were responsible for dealing with 41 cases on behalf of the Department.

TABLE 12.
HOME VISITS BY HEALTH VISITORS.

	Child			dren years	Expe		Special Visits Infect-	Infant Life	Total
	First Visits	Re- Visits	First Visits	Re- Visits	First Visits	Re- Visits	ious Disease, etc.	Pro- tection	Visits
1939	1,656	5,590	863	10,762 8,099	_	503 325	4,530 6,376	352 205	23,156 20,196
1940 1941	1,679 1,963	3,993 5,008	239 112	8,583	-	219	5,422	131	21,438 24,725
1942 1943	2,203 1,986	5,698 8,594	273 45	7,765 8,603	_	56 238	8,665 4,997	65 203	24,666
1944 1945	2,760 2,608	7,981 6,233	173 183	7,451 8,399	=	171	3,980	288 489	22,804 21,395
1946	2,394	4,948	181	7,744	60	19	4,352	250	19,948
	-								
	В	URY I	PARK	CLEA	NSINC	3 STA	TION.		
Total atte	ndances	at clea	nsing s	tation					3,852
Number of									2,488 1,068
Number of	of indiv	idual ca	ises of	scabies	treated	during			1,518
Number o	of follow	w-up vi	sits pai	d to ho	mes				
	DIT	DI IC		TIT A	TT 10	26 DA	DT W	TT.	
	PU	CH BLIC	HEAL ILD I	IFE F	PROTE	CTIO	RT V	11.	
Number (of perso							at the	
end o	of the y	ear							8
Number									22
	t the en								
(6) 0	n whon	n inque	sts wer	e held	during	the yea	r		_
Number of	of child	protect	ion vis	itors at	the end	of the	year w	ho were	::
(a) H	emale.	other th	an heal	th visit	tors				_
(c) M	ale								2
Number (of other	author	rised vi	sitors			***		Nil Nil
Proceeding	igs take	n durin	ig the y	ear					1411
	ADMIN	NISTRA	ATION	OF '	THE N	MIDW	IVES'	ACTS.	
Distribut						15.50			
(a) Pri	vate Pr	actice (Indeper	ndent)			2	
(b) Mu	nicipal	Midwi	ves				8	
	() (0	Frivate	INUITSID	or riom	C5			0	
	d) In l	olic Ass	istance	Institu	tion			9	

TABLE 13.
NOTIFICATIONS RECEIVED FROM MIDWIVES.

	Nursing Homes	Muni- cipal Mdwves.	P.A.I.	Mat. Hosp. & Ext.	Inde- pendent Practice	Total
(a) Intention to practise (b) Intention to cease prac-	6	8	9	23	2	48
tise				6		**************************************
(e) Change of address	-	- 1	-			
(d) Change of name	-	-	-	-		
(e) Sending for medical help (f) Stillbirths occurring in	1	89		1	-	91
practice (g) Deaths occurring in practice—	-	9	-	_	-	9
(i) Mothers		-	-	-	_	-
(ii) Infants	-	1		- 1		1
(b) Laying out the dead(i) Liability to be a source	-	6	-	-	-	6
of infection (j) Substitution of artificial		-	-	-	-	
feeding	1	5	-	-	-	6

Supervisor of Midwives.

Routine	inspection visits						
	,, ,,	(Midwi	fe out)				
Special e	nquiry visits in	respect	of noti	fication			
	1 1 1 1						68
	2.111 1 .1						18
	Deaths occurring						_
(d)	Ophthalmia Neo	natorun)				1
	Laying out the d			277			1
(1)	To supervise dis	intection	1			•••	_
Other vis	sits:						
Puer	peral Pyrexia						5
	ne helps						107
							92
	our visits			***			2
	sing Homes	0.00			27.5		46
Adm	injetration of C		·	1			40
Adii	inistration of G	as and I	ur Ana	ugesia			
	-Natal and Post	-Natal					124
Adm	inistration						765
	To	otal					1,228
Ante	-Natal Clinics at	tended					152

Medical Aid.

During the year medical aid was sought in 89 of the midwives' cases.

During this period 77 accounts amounting to £124 12s. 0d. were received from medical practitioners for services rendered in response to requests for medical help from midwives, and the sum of £99 3s. 0d. is recoverable from patients.

TABLE 14.

NUMBER OF CASES ATTENDED BY MIDWIVES.

District Number	Acting as Midwife	Acting as Maternity Nurse	Total
1	54	25	79
2 .	36	8	44
4	46	21	67
5	46	26	72
6	46 21 28	26 19 28	67 72 40 56
8	17	20	37
Total	248	147	395

TABLE 15.

NUMBER OF VISITS PAID BY MIDWIVES.

District Number	Expectant Mothers	Nursing Mothers	Post-Natal	Total
1	1,111	2,389	301	3,801
2	200	700	104	1,301
3	398 570	799 1,280	170	2,020
5	450	1,394	107	1,951
6	137	682	54	873 2,041
7	608	1,280	153	2,041
8	93	551	45	689
Total	3,367	8,375	934	12,676

TABLE 16. NUMBER OF PATIENTS ATTENDING MIDWIVES' ANTE-NATAL CLINICS.

District Number	No. of Clinics	No. of First Attendances	Subsequent Attendances	Total
1 2 3 4 5 6 7 8	27 15 22 23 23 22 22 22	143 52 80 53 35 111 52	386 162 277 158 125 216 153	529 214 357 211 160 327 205
Total	154	526	1,477	2,003

TABLE 17.

NUMBER OF PATIENTS ATTENDING CONSULTANT CLINICS.

District Number	No. of Clinics	Attendances	of Patients	
	Attended	Ante-natal	Post-natal	Total
1	44	252	29	281
3	10	75		
4	18	133	6	80 139
5	21	52 28	6	58
7	11 34	28 114	1	29
8	12	27	4	122 31
Total	150	681	59	740

TABLE 18.

LEGITIMATE LIVE BIRTHS OCCURRING IN THE MUNICIPAL MIDWIFERY SERVICE DURING 1946.

(excluding multiple births)

The number of previous pregnancies (irrespective of outcome) being:

Age of		Pregna	ncy O	rder (in	cluding	preser	it pregi	nancy)		Total
Mother at Maternity	1	2	3	4	5	6	7	8	9+	
Years 15-20 20-25 25-30 30-35 35-40 40-45 45+	3 34 21 4 5	1 20 26 47 6 1	1 5 19 38 18 6	12 20 17 2	5 6 5 3		_ _ 2 4 1	5		5 59 85 124 71 13
All Ages	67	101	87	51	19	17	7	5	3	357

Multiple births ... 6

Illegitimate births 19

Stillbirths

... 9

TABLE 19.

NURSING HOMES REGISTRATION, Public Health Act, 1936.

	Date of Registra-	DIVISION OF BEDS					
Name of Nursing Home	tion with Luton Borough Council	Maternity	Surgical	Medical	Total		
Westdale	1.7.36 formerly with Beds. C.C.	5	_	_	5		
The Haven	1.7.36 formerly with Beds. C.C.	4	-	-	4		
The Mount	5.6.45	12	_	-	12		
The Chase	3.4.46	10	_	-	10		
TOTALS		31		_	31		

During the year 56 women were delivered in the Westdale Nursing Home, 98 in the Haven Nursing Home, 226 in the Mount Nursing Home, and 120 in the Chase Nursing Home.

Mrs. Valerie Bowerman, S.R.N., 53, Heywood Drive, was granted a certificate in respect of the Chase Nursing Home on 3rd April, 1946.

BOROUGH MATERNITY HOSPITAL. Clinical and Administrative Statistics.

		Borough Maternity	Extension	Total.
No. of patients in hospital-1.1.46		Hospital.	15	27
No. of patients admitted during the year	44	752	15 755	37
No. of patients discharged during the y	il one	747		1,507
No. of patients in hospital—31.12.46			744	1,491
No. of patients died during the year	• • • •	23	26	49
Admissions:	• • • •	4	_	4
No. of patients admitted for confinement	nt			
Borough		508	640	1,148
Other		156	29	185
No. of patients admitted for ante-natal post-natal treatment—	or			
Borough		60	81	141
Others		28	5	33
	-	752	755	1,507
	_			-,001
No. of patient days*:				
(a) Ante-natal or post-natal treatment		496	668	1,164
(b) Confinements		9,691	9,786	19,477
(c) Total		10,187	10,454	20,641
Average duration of stay of women of	10			
Itropod to boomital		14 50 1	14 (0.1	
1 latter arrespond for the week		14.59 days	14.62 days	
Maximum number of patients an annum	• • •	23	22	45
Maximum number of patients on any or	ne	20		
		29	32	61
Number of patients delivered by:				
(a) Midwives		555	591	1,146
(b) Doctors		99	78	177
Operations performed:			10000	37.77.5
Forceps delivery		55	52	107
Caesarean Section		7	32	107
Caesarean Saction and atailiant		2		7
Hysterotomy and Starilization		2		. 4
Ruptured membranes for induction				-
labour		14	,	20
Manual removal of placenta			6	20
Perineal systems	••	109	7	13
	••		98	207
Other operations		8	6	14
P	••	11	10	21
No of deliveries		8.2%	7.6%	4 2 4 -
The state of the s		667	678	1,345
*Includes patient-days at Chaul E	and 1	Nursery Buildi	ing.	

No. of viable children born 634 657 1,291 No. of stillbirths 33 21 54 No. of infantile deaths 18 14 32 Miscarriages 5 4 9 Causes of infantile death : Birth injury with shock or asphyxia 2 1 3 Congenital heart disease, Spina Bifida, Anencephalus, etc 2 3 5 Hydrocephalus
No. of infantile deaths 18 14 32 Miscarriages 5 4 9 Causes of infantile death: 2 1 3 Birth injury with shock or asphyxia 2 1 3 Congenital heart disease, Spina Bifida, 2 3 5 Hydrocephalus, etc. 2 3 5 Hydrocephalus — — — Cleft palate: debility — — — White asphyxia — 1 1 Enteritis 1 — 1 Icterus Neonatorum — — — Broncho-pneumonia — — — Prematurity 13 8 21
No. of infantile deaths 18 14 32 Miscarriages 5 4 9 Causes of infantile death: 2 1 3 Birth injury with shock or asphyxia 2 1 3 Congenital heart disease, Spina Bifida, 2 3 5 Hydrocephalus
Miscarriages 5 4 9 Causes of infantile death: 2 1 3 Birth injury with shock or asphyxia 2 1 3 Congenital heart disease, Spina Bifida, 2 3 5 Hydrocephalus, etc. 2 3 5 Hydrocephalus
Birth injury with shock or asphyxia 2 1 3 Congenital heart disease, Spina Bifida, 2 3 5 Anencephalus, etc. 2 3 5 Hydrocephalus - - - Cleft palate: debility - 1 1 White asphyxia 1 1 1 Enteritis 1 - 1 Icterus Neonatorum - - - Broncho-pneumonia - - - Prematurity 13 8 21
Congenital heart disease, Spina Bifida, Anencephalus, etc
Congenital heart disease, Spina Bifida, Anencephalus, etc
Anencephalus, etc. 2 3 5 Hydrocephalus — — — Cleft palate: debility — — — White asphyxia — 1 1 Enteritis — 1 — 1 Icterus Neonatorum — — — — Broncho-pneumonia — — — — Prematurity — 13 8 21
Cleft palate: debility — </td
White asphyxia - 1 1 Enteritis 1 - 1 Icterus Neonatorum - - - - Broncho-pneumonia - - - - Prematurity 13 8 21
Enteritis
Enteritis 1 — 1 Icterus Neonatorum —
Broncho-pneumonia
Prematurity 13 8 21
Prematurity 13 8 21
Erythroblastosis — 1
Feeding:
No. of infants wholly breast fed on
leaving institution 507 527 1034
No. of infants who at any time received
a supplementary or complementary
feed 109 118 227

TABLE 20. LEGITIMATE LIVE BIRTHS OCCURRING IN THE COUNCIL'S MATERNITY INSTITUTIONS DURING 1946 (excluding multiple births).

The number of previous pregnancies (irrespective of outcome) being:

Age of		Pregn	ancy O	rder (in	cluding	preser	nt preg	nancy)		Total
Mother at Maternity	1	2	3	4	5	6	7	8	9+	Tota
Years 15-20 20-25 25-30 30-35 35-40 40-45 45+	31 213 145 86 25 3	1 80 116 111 48 5	15 53 56 27 4	4 16 34 24 6 1	8 8 9 3	1 5 6 5 3	- 4 4 2 -		1 	32 313 344 305 148 31
All ages	503	361	155	85	28	20	10	3	9	1,174

Multiple Births 22 (In one case one set of twins Stillborn, and in 3 cases one of a twin pair Stillborn). Stillbirths 54. Illegitimate Births 79. Information not available: 4.

Training School: Midwifery-Part II.

No. of pupil midwives who passed the examination of the Central Midwives Board during the year

THE CHAUL END MATERNITY UNIT.

The Chaul End Nursery building was opened as a temporary maternity unit on the 7th June, 1945. Women delivered at the Borough Maternity Hospital and Extension were transferred to the unit during the late puerperium, and in addition, one women was admitted there for ante-natal treatment. Patient days spent by women in this unit have been taken into account in the figures relating to the average duration of stay of women delivered in the Maternity Hospital and the Extension (p.24).

					Patient	days Chaul 1	End Unit
(a) Ante-natal an	nd Pos	st-natal	treatm	ent	Hospital Patients. 4	Extension Patients.	Total.
(b) Fuerperium					2,354	2,718	5,072
Total .					2,358	2,718	5,076

SPITTLESEA ISOLATION HOSPITAL. TABLE 21.

SPITTLESEA HOSPITAL ADMISSIONS

(According to diagnosis at admission).

	Scarlet Fever	Diphtheria	Cerebro- spinal Fever	Puerperal Pyrexia	Other*	No. of Patient days
January	3	6	_		10	434
February		6	_		5	321
March	2 5	3	_	1	8	346
April	5	6		1	5	302
May	9	1	_	_	9	294
June	8		-		11	193
July	10	_	-		7	236
August	5	1	-	5	7	228
September	4	3 2		1	4	234
October	2 8	2	_	1	7	267
November	8	- 1		1	5	228
December	6	2	-	-	7	302
Total	62	30	-	10	85	3,385

^{*}Other cases total for year include: Measles 7, Whooping Cough 7, Meningitis 13, Pemphigus 3, Poliomyelitis 6.

SPITTLESEA ISOLATION HOSPITAL

Available bed days	 20,748	
Actual bed days of patients	3,385	
Percentage of bed occupation	16.31%	
Maximum number of patients on any one day	16	
Minimum number of patients on any one day	2	
No. of patients in hospital 31.12.45	15	
No. of patients admitted during the year	187	
		202
No. of patients discharged well	 182	
No. of patients who died	 8	
No. of patients remaining in hospital 31.12.1946	 12	202
		202
SICK BAY		
Available bed days	 3,984	
Actual bed days of patients	1,614	
Percentage of bed occupation	40.51%	
Maximum number of patients on any one day	10	
Minimum number of patients on any one day	. 1	
NT C 1 1 1 1 24 40 4045	10	
	54	
No. of patients admitted during the year	 	64
No. of patients discharged well	 59	
No. of patients who died	 _	
No. of patients remaining in hospital 31.12.1946	 5	
		64

NURSERIES.

	Manor Road	Alder Crescent	Stopsley	Total
No. of Children on Register 1.1.46	65	75	63	203
No of Children added to Register	89	86	33	208
No. of Children removed from Register	76	80	50	206
No. of Children remaining on Register 31.12.46	78	81	46	205
No. of Children on waiting list 31.12.46	32	19	Nil	51

REPORT

OF THE

Chief Sanitary Inspector

Public Health Department, Town Hall,

LUTON.

1st January, 1947.

The Worshipful the Mayor, Aldermen and Councillors of the Borough of Luton.

Ladies and Gentlemen,

The inability to secure prompt repair to dwelling-houses, mainly caused by the shortage of materials and labour, the rapid deterioration of many houses because of neglect, and the increase in overcrowding which has accentuated disrepair, have contributed to a big increase in the number of nuisance complaints received, and an increase of over 50% above 1945 of the Statutory Notices served.

Many houses have been patched again and again until not only is it uneconomical, but impossible, to maintain them at a reasonable standard of fitness, and although every effort is being made to retain them during the housing shortage, the time is not far distant when the worst must be weeded out.

The importance of adequate inspection of food has received full consideration. 17,370 animals have been inspected in the slaughterhouses, and over 90 tons of food have been condemned as unfit for food during the year.

The sale of ice-cream during the season has been a matter of some concern, as methods of manufacture, handling and premises left much to be desired. However, appreciable improvements had been made before the season was over, and it is confidently expected that next season the premises and manufacture will be maintained at the higher standard.

During the year all premises where food is prepared or stored have received one or more visits by an Inspector and, although alterations or reconstructions are desirable in many instances, they cannot be proceeded with at the present time. Every effort has been made, however, to maintain cleanliness, and attention has been given to all necessary repairs.

It was found possible towards the latter part of the year to give some time to the observation of Factory Chimneys and to investigate the causes of smoke pollution. Several contacts were made with the Ministry of Fuel and Power for help in allocating more suitable fuel to prevent excess smoke; and in some instances an improvement was made. Factory owners have been co-operative, but, for many reasons a great improvement in the abatement of industrial smoke cannot be expected immediately.

The adoption of a scheme which includes the free treatment for the extermination of rats in private dwellings, and complete inspection of selected areas in the town by the rodent operatives, is proving to be successful, because not only have many more infestations been found, but block treatment has, for the first time, become practicable. It is hoped that, very shortly, labour will be available for disinfesting the sewers, and when this is done the major problem of rat extermination should be at an end.

Changes in staff have occurred throughout the year. Two Inspectors have left for other appointments, and three appointments have been made. This has resulted in staff depletion over a long period, as some months elapsed before the vacancies could be filled. For the first time in several years, however, I am pleased to be able to report having a full staff of Sanitary Inspectors.

In conclusion, I would like to thank members of the Staff and other Officers of the Council for the assistance they have given me throughout the year.

I have the honour to be,

Your obedient Servant,

ARTHUR J. NICHOLS,

Chief Sanitary Inspector.

SANITARY CIRCUMSTANCES OF THE AREA.

GENERAL.

Luton, which has an area of 8,736 acres, is situated in a valley between the Chiltern Hills at 200 to 400 feet above sea level in the town, rising to 400 to 600 feet above sea level on the surrounding hills. It is mainly built upon the upper chalk, with loam and clay deposits.

Meteorology.—The Luton Meteorological Station, which is under the control of the Borough Engineer, is situated in Wardown Park, New Bedford Road, from which the following observations were taken:—

Sunshine.—1,414.3 hours of sunshine were recorded during the year. The sunniest day being the 7th July, 1946, when 13.8 hours were recorded.

Rainfall.—The total rainfall recorded during the year was 28.07 inches, the wettest day being the 9th August, 1946, when 0.95 inch of rain was recorded.

Temperatures.—The maximum temperature during the year was 82° F., recorded on the 12th July, 1946, and the minimum temperature was 11° F., on the 21st December, 1946, the mean temperature being 47.83° F.

Wind.—The prevailing wind during year was south-west.

WATER SUPPLY.

Luton has an abundant supply of excellent water which is distributed throughout the Borough by the Luton Water Company, and is derived from deep wells in the chalk situated in Crescent Road and Runley Wood. Chlorination of the supply is carried out, the average amount of chlorine pumped into the supply being .21 parts per million.

From information received from the Luton Water Company, the total amount of water supplied during the year ended 31st December, 1946, was 1,600,000,000 gallons. Assuming a population of 100,000 the total number of gallons used per head per day was approximately 45, an average of 20 gallons per head per day for industrial purposes, and 25 gallons per head per day for domestic use.

Extensions of mains have been carried out in the following districts and roads during the year 1946:—

Leagrave Housing Estate Hart Lane Housing Estate Holly Bush Road Fairford Avenue Stapleford Road

Ashcroft Road Estate Westmorland Avenue Sowerby Avenue Eaton Valley Road Farringdon Road

In the new portion of the Borough, which was incorporated in April, 1933, there are still thirty nouses which obtain their supply from driven tube wells.

Samples of water are taken regularly from the town mains at various points within the Borough and from other sources of supply for chemical and bacteriological examination.

The following is a summary of the samples of water taken during the year from all sources. Details of samples which were adversely reported upon are given below.

upon are given below.	
Number of samples of water examined by the Public Analyst .	3
Number of samples of water examined by the Local Authority .	205
Total	208
Number of samples of water obtained from :-	
Crescent Road Pumping Station 10	02
Runley Wood Pumping Station 10	01
Domestic Supplies (Town Mains)	2
Shallow and Deep Wells, etc	3
AND	208
Number of samples found upon examination	
to be satisfactory 2	.08
Number of samples found upon examination	
to be unsatisfactory—	
Presence of Bacillus Coli	200
	208

SEWERAGE AND SEWAGE DISPOSAL

The drainage of the Borough is on the separate system, except in the old part of the Borough which is semi-separate.

The soil water sewage is dealt with at the New Mill End Sewage Purification Works by sedimentation, burning and filtration, the effluent being discharged into the River Lea at New Mill End.

CLOSET ACCOMMODATION.

The following table shows the number of pail closets, earth closets and cesspools in the Borough at the end of December, 1946:—

Pail closets	 	 	34
Earth closets	 	 	0
Cesspools	 	 	161

During the year no cesspools were abolished.

All pail closets are emptied either once or twice weekly between the hours of 10 p.m. and 6 a.m.

Cesspools are emptied by means of mechanical plant as and when required. 123 cesspools were emptied during the twelve months ended 31st December, 1946.

PUBLIC CLEANSING—REFUSE DISPOSAL

The following information is supplied by the Director of Public Cleansing.

The system of refuse disposal is wholly controlled tipping. The weight of house and trade refuse disposed of during the year was 23,005 tons, 1 cwt., 3 qrs.

The frequency of refuse collection was maintained at approximately once in two weeks, in spite of continued shortages of labour.

SANITARY INSPECTION OF THE AREA.

NUMBER AND NATURE OF INSPECTIONS MADE.

Complaints reported to Public H	lealth De	partm	ent			1,613
Primary Inspection :-						
Where nuisances were found						1,620
Where complaint was received	and no	nuisan	ce four	nd		115
Under Housing Acts						86
Where Infectious Disease has	occurred					301
Bakehouses						85
Caravans, Tents, etc						16
Common Lodging Houses						2
Cowsheds						11
Dairies and Milkshops						261
Factories						176
Fish Frying Premises			•••			20
Fish Curing Premises						20
Food Preparing Premises						100
Food Preparing Premises (Ice	Cream)					199
Food Storage Premises						74
Markets and Shope				•••	•••	220
Marine Stores				• • • •		768
Offensive Trades					• • • •	1
Offices						6
Outworkers' Promines						11
01!						32
Restaurant Kitchens	•••	• • • •				70
						111
Slaughterhouses (for meat inspe	ection)		***			1,690
Schools						18
Stables and Piggeries						12
Theatres and Amusement Halls						9
Urinals—Public and Private						20
Work Places (other than those	in list ab	ove)				10

OTHER VISITS OR INSPECTIONS.

OTALDA TABLE		
Drainage. Number of drains tested or exposed		. 52
Interviews		929
Investigations of Infestations of Insect pests (excluding buy	gs)	65
Investigations of Bug Infestations		150
Smoke Observations		169
Visits to obtain Water Samples for Analysis		208
" Rats and Mice Destruction		422
1 The Food and Dayer Act for Samples etc		500
", to property under notice or work in progress		3,419
Miscellaneous visits		1,327
Wiscenations visits	_	
		14,798
	_	
ABATEMENT OF NUISANCES.		
Drainage reconstructed		29
" repaired, trapped, etc		37
,, unstopped		179
Chambers constructed		8
Repairs to chambers or new covers		19
Cesspools emptied because of overflow		2 3
Soil or vent pipes—new fixed		3
repaired		9
11 11		255
Water Closers Teparied of supplied was		54
ii iicw paris of pedestate and		4
" additional constructed		-
" abolished		64
Waste Pipes—repaired or trapped		4
,, or R.W.P.'s disconnected from drains		130
" R.W.P.'s and eaves gutters repaired		11
Sinks provided or replaced		21
Accumulations of refuse removed		5
Animals, fowls, etc	•••	90
Brickwork or pointings repaired		29
Coppers repaired or renewed		60
Dampness remedied		
Damp Proof courses inserted	•••	5
Dustbins supplied		209
Fireplaces, stoves and flues repaired		96
Flooring and other woodwork repaired or renewed		198
Floors—concrete or quarried repaired or renewed		16
Food-cupboards provided or ventilated		2
Gas fittings or services repaired		22
Gullies in street unstopped		3
Overcrowding abated		15
Plaster repaired		263
Rat infestations abated		393
Rent Books made to comply with Regulations of Housing	Act	230
Roofs made watertight		204
Roots made wateringste		

Stagnant water removed						 1
Walls and ceilings cleansed						 34
Water supplies reinstated or	mad	e sufficie	ent			 12
Windows—Cords, fasteners	and ;	glass rep	aired o	or renev	wed	 154
Verminous rooms fumigated						 359
						 2
Ventilation—sub-floor provide						 2
Yards and passages paved Miscellaneous	***					 18
Miscellaneous						 79
		To	otal			 3,330

STATUTORY NOTICES.

NUMBER OF LEGAL NOTICES ISSUED FOR ABATEMENT OF NUISANCES.

Number of Outstanding Notices, 31st Dec., 1945 Public Health Act, 1936. Section 39 18 Public Health Act, 1936. Section 45 17 Public Health Act, 1936. Section 93 55 Luton Corporation Act, 1911. Section 36 25	Complied with 16 8 7 28 22
131	81
INFECTIOUS DISEASES.	
Premises inspected where notifiable diseases have occurred Cases removed to Isolation Hospital	301 100 326
disease	48
Visits paid to ascertain if notices to repair or redecorate have been	
Rooms disinfected by occupiers	11 137
Premises visited tracing infectious diseases	121
Articles disinfected by steam at request of owners	1,101
Articles destroyed by burning at request of owners	112
Total visits paid to infected premises	688

DISINFECTANT.

During the year 40 gallons of disinfecting fluid were supplied to the public, free of charge, for use in premises where cases of infectious disease, etc., had occurred.

LIBRARY BOOKS.

During the year 470 library books were withdrawn from circulation and were disinfected before they were returned.

PUBLIC SWIMMING BATHS.

There are two Public Swimming Baths in the Borough, both owned by the Corporation.

The Public Baths are situate in Waller Street, Luton, and consist of a covered Swimming Bath, 46 Slipper Baths and 1 Vapour Bath, whilst the Open Air Swimming Pool, situate off New Bedford Road, Luton, caters for Swimming and Bathing only.

During the season of 1946 the following number of bathers were dealt with:—

		Waller Street Baths	Open Air Swimming Pool
Civilians	 	 125,673	55,547
Members of H.M. Forces	 	 12,109	Nil
Total	 ٠	 137,782	55,547

Chloroscope examinations of the water are carried out by the Attendants approximately three times per day, and in addition, samples of water are sent to the Public Analyst for examination every two months.

THEATRES.

Inspection of Sanitary Accommodation in the Cinemas and the Theatre has been made during the year.

Only minor Sanitary defects were found and attended to.

ERADICATION OF BED BUGS.

During the year ended 31st December, 1946, 88 complaints of verminous premises were received, and in all instances where bugs were found, disinfestation was carried out. Prior to disinfestation, notices were served upon the owners of the premises to remove all paper hangings, skirtings, architraves, mouldings, etc., and the premises were re-inspected before these articles were reinstated.

TABLE 22.

The following table shows the number of premises and rooms dealt with during 1946:—

	Number of	Premises	Number of Room		
	Found to be infested	Disin- fested	Found to be infested	Disin- fested	
Number of Council Houses Number of other Houses Number of cases where disinfestation has been carried out prior to re- moval from Clearance Areas, etc.	10 126	10 126	26 294	26 294	
into new Council Houses Number of cases where disinfestation has been carried out by Corpora-	-		-	-	
Number of cases where disinfestation has been carried out by Occupants	136	136	320	320	
or Contractors Number of complaints of infestation	-	-	-	-	
received (88) Number of cases found by Sanitary	74	74	190	190	
Inspectors	62	62	130	130	

RATS AND MICE DESTRUCTION.

From the 1st of July, 1946, the scheme for the free treatment of dwelling houses has been in operation. Pre-determined areas in the town have been surveyed in the form of house to house visits and as a result many infestations have been found.

The Corporation Controlled Refuse Tip has again been thoroughly treated, resulting in a marked diminution in the infestation.

Infestations reported at business premises were considerably less than in the previous year.

TABLE 23.

The following table shows the amount of work carried out during 1946:—

	Com- plaints received	Infesta- tions dealt with	Treatment com- pleted	Premises requiring re-treat- ment	Bodies found	Number destroyed according to Ministry formula
Private Rats Dwellings Mice	212 6	326 6	325 6	1	829 49	10,445
Business Rats Premises Mice	67 23	67 23	56 22	11	470 488	16,606 488
Totals Rats Mice	279 29	393 29	381 28	12	1,299 537	27,051 537

THE FACTORIES ACT, 1937.

Since the Factories Act became operative, inspection of factories within the Borough has been maintained and unsatisfactory conditions have been

recorded and appropriate action taken by the Local Authority.

As a result of the inspection of Basement Bakehouses, the Local Authority resolved that they were not satisfied that the Bakehouses were suitable for use as such, and gave the owners a period of eighteen months in which to cease using these premises.

Owing to present conditions, the period of eighteen months has been

extended. The position will again be reviewed in January, 1947.

INSPECTION OF FACTORIES FACTORIES, FACTORIES NO MECHANICAL POWER, AND WORKPLACES.

Premises inspected	2,231
Premises inspected and found satisfactory	2,137
Premises inspected and found unsatisfactory	94
Factories where defects were found and referred by H.M. Inspector	24
Reports on action taken sent to H.M. Inspector	21
Number of defects remedied as a result of H.M. Inspector's notifi-	
cations	41

LIST OF DEFECTS FOUND IN FACTORIES, FACTORIES (NO MECHANICAL POWER), AND WORKPLACES.

Abstract	not posted		 	 	 2
	ess, want of		 	 	 38
	tions, General		 	 	 10
	s required		 	 	 12
	hoked or defe		 	 	 5
	e inadequate		 	 	 1
Floors d	efective		 		4
	e accumulation		 	 	 4
	fice infestation		 		 90
	Vuisances		 	 •••	 3
	on, want of		 	 	 4
	loset, not sepa			 	 1
		ilated Lobb	•••	 •••	 5
,,	not ligh			 	 4
,,		ndition	 	 	 7
,,		repair	 	 	 16
"	not core		 	 	 5
"		indication	 	 	 8
"	insvifficia		 	 	 11
Washing	facilities abser		 	 	 11
- worning	inditities absci		 	 	 -

SMOKE ABATEMENT.

234

169 smoke observations were made during the year, and although investigations were made and verbal advice given on many occasions it was necessary in three instances to serve written warnings.

REGISTERED FACTORIES AND FACTORIES (NO MECHANICAL POWER).

FACTORIES ACT, 1937.

The following is a classified list of the Factories and Factories (No Mechanical Power) on the Register at the 31st December, 1946.

FACTORIES.

Hat Manufacturers								221
Upholsterers								23
Motor Vehicle Engin	eers. R	epairs	and Cv	cle Rer	naire			2
			cy					30
Corn Merchants						***		27
Joiners, Woodworker			ters					20
Builders								29
0								20
Undertakers								36
Hat Blockers and Blo		ers						17
Bleachers, Dyers and								17
Breeze Block Manufa	cturers	ray Ivia	INCLS					14
Cardboard Box Make	rs						•••	2
Chocolate, Cocoa and		Manuf	facture	re				15
Printers and Letterpre	ess Prin	ters	accurci					2
Hat Lining Manufactu	iters							21
Sheet Metal Workers						***		11
Electrical Engineers						***		6
Cellulose Spraying								11
Jigs and Tools Maker								2
Sausage Makers, Pie M	Makere	otc.						2
Electro-platers								11
Iron Founders	•••					•••		1
Stone Masons								9
Tailors and Clothiers			***					3
Machine Makers								25
Hat Materials Merchan	nte.							1
C 3 6'11								1
					***			2
					• • •			6
Sewing Machine Engi Pattern Makers								2
		1 D						3
Mineral Water Manufa	acturers	and B	rewers					6
Photographic Printers	and Do	evelope	ers					3
Feather Dyeing and M								5 2 5
Chemical Makers								2
								5
Garment Makers and		s and (Corset .	Makers				11
Dairies								4
Knitted Hood Makers	and Pr	oofers						3
								5
								1
Plastic Ornaments								1

Fireplace Manufactur	rers					
Electric Appliances						
Cigarette Manufactus						
Ice-Cream Manufactu	irers					
Brass and Aluminiun	n Founder	s				
Beer Bottling, Coffee	Roasting	and Gri	nding			
Coach and Motor Bo						
Miscellaneous						 4
						_
						643
FACTO	DRIES (N	O MEC	CHANIC	CAL PC	WER)	
	,				,	
Joiners						
Weighing Machine R	epairers as	nd Scale	Makers			 2
						 3
Tailors						
Blacksmiths and Who						 (
Coach Builders and R						3
Sheet Metal Workers						 2
Watch, Clock, Jewell				irs		 - 1
Hat and Millinery Ma			 9			 10
Dress and Coat Make						 4
Builders' Yards and I						3
Boot Repairers						 1
General Engineers						 . 2
Sweet Manufacturers						 2
French Polishers						 1
T .1 1977 1						 1
3.6: 11			•••			 9
Typewriter Repairs						 1
Radio Repairs						 1
Electrical Engineers						 1
Basket Makers						 1
						-
						63

RETIRNS
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OUTWORKERS
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TABLE
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15				Contr	1 1 1 2 2 1		4		
oth			kmer		1 1 21 1		2		
l a s			1 30 1	Numbe	1 11 21		9		
Lists received from other Authorities		Authorities from whom lists have	been received		Chelsea M.B Stepney M.B City of West- minster Ware U.D.C Corporation of London				
Lists r		Autho	been		Chelsea M.E. Stepney M.E. City of West M.E. Ware U.D.C. Corporation of Lo				
er		LS	cior	Cont	111 11 1		1		
to oth		U	, кшс	юW	100 HOS		18		
ded		stsil	10 1:	Numbe	ww- 0w -		13		
Lists forwarded to other Authorities		Local Authorities to whom lists of outworkers have			Luton R.D.C Ampthill R.D.C. Willesden B.C Harpenden U.D.C. Dunstable U.D.C. Hemel Hempsted				
Outwork in in- fected premises, Sec. 153. P.H.A. 1936.		ec. 153. 136 153.	S abi	Orders ma	Where cases have arisen work has been withheld by verbal arrangement	Kecords kept			
O 5 4		S	tance	suI	Would will No.	Kec			
outwork in un- wholesome premises, Sec. 111.				9001q	1	1	1		
wholesome premises, Sec. 111.		рэл	se ser	Notice	1	1	1		
5		S	tance	suI	1	1	1		
	Prosecutions	.sts.	il ba	Failing to se	1	1	1		
-:	Prosec	simit s:	l bna isil le	Failing to keep inspection of	1	1	1		
17. Act, 190	se s	occupier sil gnibn	d on	Notices serve	1	1	1		
Act, 193	yers	yers ice in r ers		yers rice in u work-		Work- men	35	ı	35
Wor	mplc	ding twic	Outworkers	Con- tractors	7	1	2		
Section 107, Factories Act, 1937. Section 107, Factory and Workshop Act, 1901.	Lists received from Employers and other Authorities	Sending twice in the year	Out	Lists	9	1	86 6 2 35		
tion 110, Factories	d other	Sending once in the year	cers	Work- men	85	1	98		
Sec on 10	sts re an	ding onc the year	Outworkers	Con- tractors	7	1	2		
Sectio	Li	Sendi	Ont	Lists	41	1	15		
		Nature	Work		Making, &c.(1) Wearing Apparel (2) Stationers and Paper	Mer- chants	Totals		

HOUSING.

	I.—Inspection of Dwelling-houses during the year :-	
(1)	(a) Total number of dwelling-houses inspected for housing defects (under Public Health or Housing Acts)	2,002
	(b) Number of inspections made for the purpose	5,281
(2)	(a) Number of dwelling-houses (included under sub-head (1) above) which were inspected and recorded under the Housing Acts	1
	(b) Number of inspections made for the purpose. Visits to properties already recorded in (2) (a)	81
(3)	Number of dwelling-houses found to be in a state so dangerous or injurious to health as to be unfit for human habitation	1
(4)	Number of dwelling-houses (exclusive of those referred to under the preceding sub-head) found not to be in all respects reasonably fit for human habitation	1,316
	II.—Remedy of defects during the year without service of formal Notices:—	
	Number of defective dwelling-houses rendered fit in consequence of informal action by the Local Authority or their Officers	1,122
	III.—Action under Statutory Powers during the year :-	
A	Proceedings under Sections 9, 10 and 16 of the Housing Act, 1936:—	
	(1) Number of dwelling-houses in respect of which notices were served requiring repairs	0
	(2) Number of dwelling-houses which were rendered fit after service of formal notices:—	
	(a) By Owners	0
	(b) By Local Authority in default of owners	0
В.—	-Proceedings under Public Health Acts :	
	(1) Number of dwelling-houses in respect of which formal notices were served requiring defects to be remedied	115
	(2) Number of dwelling-houses in which defects were remedied after service of formal notices:—	
	(a) By Owners	81
	(b) By Local Authority in default of owners	0

C.—Proceedings under Sections 11 and 13 of the Housing Act, 1936:—	
(1) Number of dwelling-houses in respect of which Demo- lition Orders were made	*1
(2) Number of dwelling-houses demolished in pursuance of Demolition Orders	4
D.—Proceedings under Section 12 of the Housing Act, 1936 :	
(1) Number of separate tenements or underground rooms in respect of which Closing Orders were made	0
(2) Number of separate tenements or underground rooms in respect of which Closing Orders were determined, the tenement or room having been rendered fit	0
Housing Act, 1936:—	
(a) (i) Number of dwellings overcrowded at end of year	83
(ii) Number of families dwelling therein	137
(iii) Number of persons dwelling therein	779
(b) Number of new cases of overcrowding reported during the year	21
(c) (i) Number of cases of overcrowding relieved during the year. (25 families in 15 houses)	15
(ii) Number of persons concerned in such cases	133
(d) Cases in which dwelling-houses have again become over- crowded after the Local Authority have taken steps for the abatement of overcrowding	1
(e) (i) Number of Council houses found to be overcrowded at end of year	10
(ii) Number of families dwelling therein	19
(iii) Number of persons dwelling therein	84
(f) Number of cases of overcrowding in Council houses relieved during the year	3

INSPECTION AND SUPERVISION OF FOOD.

MILK SUPPLY: MILK AND DAIRIES ACTS AND ORDERS, ETC.

Registered :-				On Register Dec. 31st, 1945	On Register Dec. 31st, 1946
Cowkeepers	• • • •			11	11
Wholesalers				9	9
Registered Purveyors for	Sale o	f :	-5		
Tuberculin Tested N	Milk			5	5
Tuberculin Tested N	Milk (C	ertified)		1	1
Pasteurised Milk				4	5
Ungraded Loose Mi	lk			67	69
Prepacked Milk only	· · · ·			157	159

MILK (SPECIAL DESIGNATIONS) ORDER

The following licences w Tuberculin Tested Milk (Cert	ere gra	inted d	uring 1	946 :	,	
Supplementary					1	
Tuberculin Tested Milk-					-	1
Establishment at which the Establishment where Milk				sup-	1	
plied by wholesaler					4	-
Pasteurised (Holder)					3	5
Pasteurised (H.T.S.T.)					1	4
						_ 10
Number of Milk Vendors resident	dent in	Borou	igh			208

BACTERIOLOGICAL EXAMINATION OF MILK.

During the year 143 samples of milk were submitted for bacteriological examination and Table 25 shows the results of these examinations.

TABLE 25. BACTERIOLOGICAL EXAMINATION OF MILK.

					Sample	Samples reported to contain:-	to cont	ain:					
	Total number	B. C	B. Coli in tubes	abes								Acid	
	submitted	1	2	3	%	tococci	%	Pus	%	Dirt	%	fast Organ- isms	%
Ordinary Milk	25	2	5	2	00.09	1	1	20	80.00	1	1	1	1
Pasteurised (Holder)	80	**	-	1	2.5	1	1	99	82.5	1	1	1	1
Pasteurised (H.T., S.T.)	21	1	1	1	9.52	1	1	16	76.19	1	1	1	1
Tuberculin Tested	14	2	7	2	43.00	1	1	11	78.00	1	1	1	1
Tuberculin Tested (Certified)	3	1	1	1	1	1	1	9	100.00	1	1	1	1
Sterilised	1	1	1	1	1	1	1	1	i	1	1	1	1
Total	143	6	6	7	17.48	1	1	116	81.12	1	1	1	1

TABLE 26.

SUMMARY OF CHEMICAL ANALYSES OF MILK SAMPLES.

		AV	ERAGES
Period	No. of Samples Examined	Fat %	Solids not Fat
January February	26 11	3.59	9.05
March	18	3.70 3.44	8.92 8.79
Quarter ended 31.3.46	55	3.57	8.94
April	19	3.54	8.88
May June	29 26	3.35 3.84	8.59 8.93
Quarter ended 30.6.46	74	3.58	8.78
July	26	3.39	8.77
August September	17 15	3.75 3.42	8.72 8.63
Quarter ended 30.9.46	58	3.50	8.72
October	35	3.59	8.76
November December	29 23	3.57 4.00	9.26 8.78
Quarter ended 31.12.46	87	3.70	8.92
Year ended 31.12.46	274	3.62	8.91

A number of unsatisfactory samples was taken from large bulk supplies and it was impossible to trace the Milk to its source of production, but in 13 cases, the matter was taken up with the County Councils, Producers and Retailers concerned.

EXAMINATION OF MILK SECTION 25, FOOD AND DRUGS ACT, 1938

Twenty samples of milk were taken and tested by Guinea Pig inoculation, and all samples were found to be free from Tubercle Bacilli.

In four samples the presence of Brucella Abortus was disclosed, and in three instances the matter was referred to the Veterinary Inspector of the Ministry of Agriculture and Fisheries, who inspected the herds but was unable to trace the infected animals.

The other sample was from a bulk supply and it was impossible to trace the milk to its source of production.

TABLE 27.

BACTERIOLOGICAL EXAMINATION of WASHED MILK BOTTLES

1-pint bottles rinsed with 20 c.c. Saline

Sample No.	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Bottle Count	60	400	440	3,200	600	700	20	28,000	6,000	4,000	10,400	8,400	8,000	7,200
Coli in 3 tubes	_	_	_	_		1	_	_	_		_		_	_

REGISTRATION OF PREMISES USED FOR THE MANUFACTURE, STORAGE OR SALE OF FOOD.

	Premises on Register, 1945	Added on Register, 1946	Totals
Sale and Storage of Ice-cream	60	23	83
Manufacture of Ice-cream	18	4	22
Manufacture of Preserved Foods	66	1	67
Fish Frying and Curing	28	-	28
Butter, Margarine, Wholesale dealers or Factories	17		17

ICE-CREAM.

Fourteen samples of ice cream and materials used in connection therewith have been examined in the Council's laboratory.

Five samples had a count of over 100,000 bacteria per c.c. and B. Coli in $\frac{1}{100}$ c.c. was present.

Five other samples contained B. Coli in $\frac{1}{100}$ c.c.

INSPECTION OF MEAT AND OTHER FOODS.

The amount of unsound food condemned and destroyed during the year comprised :—

No. of Parcels	Article					Weight in lbs.
3,669	Beef					169,623
206	Pork					6,472
196	Mutton					7,680
	Bacon and Ham					36
	Vegetables—Fresh	and Ca	nned	and So	ups	2,644
	Fish-Fresh and Ca	anned				6,790
	Fish Cakes					134
	Sausage and Sausag	ge Meat				26
	Butter and Cheese					2
	Canned Milk					962
	Canned and Cooke	d Meat				3,503
	Flour and Bread					3,776
	Preserves					86
570	Tea					6
	Cocoa					19
	Coffee					1
	Cake and Pudding	Mixture	:			64
	Fruit-Fresh and C	anned				419
	Cereals					133
	Sweets					87
	Biscuits					1
	Rhubarb					590
	Egg Powder					35
	Sugar					10
	Suet					1
	Cornish Pasties					8
	Pickles and Sauces					4
	Paste					9
	Macaroni					60
 41	Paste					9

The above statement includes the weight of the entire carcases and organs of 26 cattle, excluding cows, 75 cows, 21 calves, 12 sheep and lambs and 19 pigs.

In addition, the following articles which were not weighed were condemned:—

No. of Parcels	Article	Number
	Fish Cakes	 1,809
	Crumpets	 2,180
	Swiss Rolls, Cakes and Buns	 693
40	Milk	 243 pints
	Cake and Pudding Mixture	 36 packets
	Sundries	 97

TABLE 28

MEAT INSPECTION IN SLAUGHTERHOUSES.

	Cattle exclud- ing Cows	Cows	Calves	Sheep and Lambs	Pigs	Total
Number killed	3,355	2,064	2,963	8,191	797	17,370
Number Inspected	3,355	2,064	2,963	8,191	797	17,370
Percentage of number killed which were inspected	100%	100%	100%	100%	100%	100%
All diseases except Tuberculosis : Whole carcases condemned	6	12	11	12	12	53
Carcases of which some part or organ was condemned	1,058	771	26	692	76	2,623
Percentage of the number inspected affected with disease other than tuber-culosis	31.71%	37.94%	1.21%	8.59%	11.04%	15.41%
Tuberculosis only: Whole carcases condemned	20	63	10	_	7	100
Carcases of which some part or organ was condemned	642	829	2	1	84	1,558
Percentage of the number inspected affected with Tuberculosis	19.73%	43.21%	0.40%	0.01%	11.42%	9.55%

TUBERCULOSIS IN CALVES.

During the year Veterinary Inspectors of the Ministry of Agriculture and Fisheries were notified of nine calves examined in the slaughterhouses and found to be affected with Tuberculosis.

Reports from the Veterinary Inspectors concerned show that five dams were traced and dealt with.

SLAUGHTER OF ANIMALS ACT, 1933

Number of Slaughtermen on Register at 31st December, 1945	 32
Applications for Licenses considered during 1946	 35
Number of Slaughtermen on Register at 31st December, 1946	 35

SALE OF FOOD AND DRUGS ACTS.

During the year 296 samples were taken, 147 being formal and 149 informal samples.

Form	al Infant	
1 orme	al Informal	Nature of Sample
_	4	Butter
-	2	Cheese
-	10	Cooked Meats
-	12	Confectionery, sweets, etc.
-	2	Fish—canned and fish and meat paste
-	12	Fruit—fresh and preserved
-	42	Groceries-miscellaneous
-	10	Jam, honey, marmalade, etc.
-	3	Lard
-	3	Margarine
-	3	Milk and Milk Foods (canned)
140	_	Milk
_	22	Patent medicines and chemical substances
-	1	Suet
	9	Sausages and sausage meat
-	12	Temperance drinks & non-alcoholic wines
7	2	Wines, spirits and beers
147	149	

TABLE 29.

Of the samples analysed 20 were reported to be not genuine, details of which, and the action taken in regard thereto, are as follows:—

-				
Sample No.	Formal	Article	Adulteration or other irregularity	Action taken
7283	1	Milk	Fat deficient 2.0%	In all these cases the matter was investigated and the milk found to be as given
7284	1	,,	Fat deficient 19.0%	by the cow, the defi-
7383	1	,,,	Fat deficient 12.0%	
7387	1	"	Fat deficient 11.0%	The producer was advised as to proper methods of handling.
7358	1	,,	Extraneous water 2.9%	Matter investigated. De- fective cooler discovered. Producer warned and ad- vice given.
7296	Informal	Mustard	Allyl isothiocyanate defi- cient 62.8%	Informal sample. Formal sample not obtainable.
7323	1	Milk	Fat deficient 3.6%	Matter investigated. Aver-
7441	1	>>	Fat deficient 3.0%	age result of 24-hour yield above average. No
7324	1	,,	Extraneous water 4.8%	further action taken.
7325	1	. »	Extraneous water 8.2% Fat deficient 5.8%	Vendor prosecuted under Sale of Food and Drugs
7326	1	,,	Extraneous water 8.4%	Acts. Case heard on 17th July, 1946, and dismissed on the grounds that the
7327	1	,,	Extraneous water 5.7%	wrong person had been summoned. Impractic-
7329	1	,,	Extraneous water 5.5%	able to take further action.
7330	1	,,	Fat deficient 4.0% Extraneous water 5.6% Fat deficient 3.8%	
7475	1	33	Fat deficient 18.0%	Matter investigated. Milk found to be as given by cow. Advice given on method of handling, etc.
7509	1	Vinegar	Acetic Acid 5.40% Total solid matter 0.45% Phosphates nil	Improperly labelled. Ven- dor warned.
7527	1	Milk	Fat deficient 8.0%	In these cases the matter
7555	1	>>	Fat deficient 4.0%	was investigated and the milk found to be as given by the cow. Advice given.
7537	1	"	Extraneous water 8.3%	Milk in frozen state when
7538	1	,,	Extraneous water 15.5%	sampled, and therefore considered not to be a fair sample.

APPENDIX I.

POPULATION, BIRTHS, INFANTILE DEATHS AND STILLBIRTHS, 1934-45

APPENDIX II.

REPRODUCTIVE WASTAGE AND INFANTILE MORTALITY

A Statistical Note by

THE MEDICAL OFFICER OF HEALTH

and

RICHARD M. TITMUSS (Statistical Consultant)

For a period of two years the Public Health and Social Statistics of Luton have been collected and collated in an ordered fashion and with definite ends in view.

Some of this work was undertaken for particular purposes, such as the surveys presented in "Report on Luton," "Childlessness and the Small Family,"* and "Families in Trouble"; the rest fall into place as part of the general routine of the Department. A substantial proportion of the latter relates to various aspects of stillbirths and deaths in infancy, and a study of this material yields a number of interesting points.

The present purpose is to place on record some of the more important of these results and to examine them against the background of what is already known. This note is, in effect, an example of practical statistical research undertaken in the Health Department, and it is also an illustration of how departmental records can be used for elucidating new facts and relationships.

Sir John Anderson, speaking at the Annual Conference of the Institute of Municipal Treasurers and Accountants in June, 1945, made the following statement:—

"I should like to throw out the suggestion that it is worth examining whether a good many Local Government statistics generally, quite apart from their relation to full employment, could not be made to give a more speedy and up-to-date picture of the way things are going than they do now."

In the field of health, the Luton Department is endeavouring to do what Sir John Anderson suggested should be done—to provide a picture of the way things are going.

In what follows, the connection between disclosed facts and immediate practical policy is not always apparent, and final conclusions are not always possible. So it is with all research work in any field. The tables should be regarded as small contributions to existing knowledge, as pieces in a jigsaw puzzle which is far from complete. They are rather an indication of the direction we are following than a description of goals already reached. It is in that light that they should be studied, and for that reason that they should be regarded as interim statements, pending their fuller interpretation as new facts accumulate.

^{*} A summary was published as a paper in the Lancet, November 9th, 1946, and Appendix III to this report contains certain tables for record purposes with annotations of general interest.

REPRODUCTIVE WASTAGE AND INFANTILE MORTALITY

A great deal has been written about infant health during the recent World War, and attention has rightly been drawn to the unexpected diminution in the national loss from stillbirths and infant deaths—for a decline was not foretold in 1939. The extent of recent changes in the stillbirth rate and the infantile mortality rate for Luton is shown in Appendix I, and in Table I changes in these indices for Luton and England and Wales are compared.*

STILLBIRTHS AND INFANT MORTALITY, ENGLAND AND WALES AND LUTON, 1934-45.

		STILLB	IRTHS		INFANT MORTALITY				
	(Numb	er of stillb	irths pe ve and s	r 1,000 till)	(Number of deaths under one year per 1,000 live births)				
	England	& Wales	Luton		England & Wales		Luton		
Col.	Rate 2	% of 1934-6 3	Rate 4	% of 1934-6 5	Rate 6	% of 1934-6 7	Rate 8	% of 1934-6 9	
1934-6 1937	40 39	100	44	100	58 58	100	41	100	
1938 1939 1940	38 38 37	95 95 93	36	82	53 50	91 86	40	98	
1941 1942 1943	34 33 30	85 83 75	30	68	56 59 51	97 101 88	48	117	
1944 1945	28 28	70 70	29	66	49 46 46	84 79 79	37	90	

Between 1928-36 the stillbirth rate for England and Wales remained stationary at a level around 40 per thousand births, and then began to fall a little in the years immediately before the war. In Luton the pre-war fall was clearly marked. Indeed, while the largest fall for England and Wales came at the end of the war—between 1942 and 1945—in Luton it showed itself before the war began. By 1945 the national reduction over the 1934-6 average amounted to 30 per cent, and in Luton 34 per cent—

^{*} Up to the year 1940 inclusive the annual number of births are those registered during the period. From 1st January, 1941, the figures relate to births which occurred during the year. The difference in the rates which result is important in some respects but may be disregarded in this paper. In the calculation of the 1944-5 infant mortality rates for England and Wales an allowance has been made by the Registrar-General for the fact that the children dying at ages under one in any one year are not all drawn from the children born during that year, so that the I.M.R. (infant mortality rate) as usually calculated does not precisely state the chances of dying between birth and the first birthday. A correction is applied to obtain a more correct estimate of the number "exposed to risk," and the rates are called "rates per 1,000 related births." To this extent, therefore, the Luton and national rates are not strictly comparable.

representing a quite remarkable change when seen against a background of six years of war and a period seemingly impervious to improvement lasting from 1928 to 1936.

It has been claimed in many places that the explanation of the war-time decline of the stillbirth rate and the infantile mortality rate is, in a phrase, better nutrition and improved maternal care. Both war-time changes have been attributed to the same self-congratulatory causes. But, is this so? Is the answer as simple and gratifying as is commonly supposed?

There is no doubt that some of the social and economic consequences of the war—full employment, a general equalisation of wage levels, a cutting-off in the grosser inequalities of life (except housing) and a systematic sharing out of food according to need—all these things have improved the health of a section of the people who before the war went short of the necessities of healthy life. There is no doubt whatever that one consequence of the war has been to ensure more food of the right kind for pregnant women and children in the lower income groups. But we have to ask if improved nutrition in a section of the community can explain the war-time changes in both the stillbirth rate and the infant mortality rate, or if it explains one and not the other. These questions need answering.

Even at first sight it does not seem justifiable to couple the trends of infantile mortality and stillbirths as reflections of the same causes, for they differ significantly. While the latter rate fell steadily, the former rose in 1940 and again in 1941. Moreover, the percentage decline by 1945 was less for infant mortality. In Luton, where the initial rate was considerably below that for the country as a whole, the gain over the 10-year period only amounted to 10 per cent.

From a study of Table I four conclusions emerge: (1) the war-time trends of the stillbirth and infant mortality rates differ, (2) the largest decline has been registered by the stillbirth rate, (3) this decline set in before the war began, (4) the decline for Luton preceded that for the country as a whole—over half of it being registered before the war began. The evidence is examined more closely in the following pages, first in relation to the incidence of stillbirths.

STILLBIRTHS

Biological considerations

It is known that the stillbirth rate varies according to the age of the mother and the order of pregnancy. The question, therefore, arises: is the decline in the rate wholly or partly due to changes, since 1938, in the age at which women have been bearing children and the proportion of births of different orders?

National statistics throw some light on the matter, for the age and parity rates have been calculated by the Registrar-General for the second half of 1938:—

TABLE II

SINGLE STILLBIRTHS PER 1,000 ALL SINGLE BIRTHS (LEGITIMATE MATERNITIES: ENGLAND AND WALES, 1938)

Age of Mother	Order of Birth								
Age of Mother —	1	2	3	4 and 5	6 and later				
Under 20	27	20	-	_					
20-25	31	18	20	21					
25-30	40	22	23	30	39				
30-35	40 55 82	25	30	29	39 42 49 67				
35-40	82	39 51	45	46	49				
40-45	116	51	60	67	67				
45 plus	128	91	101	125	94				
All	41	24	30	37	52				

As the age of the mother increases so does the risk of stillbirths. This is true of all parities except for second births to mothers aged under 20. A second conclusion from Table II is that the stillbirth rate is highest for first parities and lowest for second. After the second it rises gradually, but the rates do not reach the level recorded for first parities until about the eighth or ninth pregnancy.

If it is assumed that the pattern of risk has remained proportionately the same throughout the period 1938-45* a reduction in the total rate might well have been brought about by a decided shift in the age at which mothers have had babies. A change in age distribution down the scale would make a bigger contribution than any transference from 4th plus to 2nd and 3rd parities.

Although no comprehensive statistics have been published there is every indication that the extraordinary high marriage rates during the early years of the war were largely due to marriages among young people. Also, it is believed that the movement towards earlier marriage, noticeable before the war, continued during 1941-5.

To what extent this factor of earlier marriage—and presumably earlier child-bearing—has influenced the reduction in the stillbirth rate is a matter for conjecture on the limited facts that are known.

In Luton a total of 375 stillbirths have been analysed for the six years 1940-5. The number is too small to be broken down into age brackets but the rates for different parities are given in Table III.

^{*} In addition to the rates shown in Table II, the Registrar-General has also published corresponding rates for the years 1939-41. Some changes are revealed, mostly in a downward direction, but the pattern of risk remained substantially as shown in Table II. In any event, it is impossible to base any conclusions about the war-time trend of stillbirths on the figures for only 1939-41, particularly as the Government's food and nutrition policies were not fully developed until after these years.

TABLE III

SINGLE STILLBIRTHS PER 1,000 ALL SINGLE BIRTHS (ALL MATERNITIES: LUTON, 1940-5)

	Order of Pregnancy							
	1	2	3	4 and 5	6 and later			
All maternal ages	30	20	27	32	41			

These results are not strictly comparable with the national data as the Luton figures are calculated on pregnancy instead of birth orders. Nevertheless, the pattern resembles that for the country as a whole, although the rates for each order of pregnancy are lower in Luton. The lower rates reflect, of course, the lower stillbirth rate in Luton during 1940-5.

It is, perhaps, significant that in 1939 the proportion of Luton women at ages 15-34 who were married was considerably higher than that for England and Wales.¹ Luton's population structure was—and still is—somewhat more youthful, and the rate of marriage—especially youthful marriage—appears to be higher than the average.

It was noticed earlier that the fall in the stillbirth rate was clearly marked in Luton before the war, while in England and Wales a significant annual reduction did not take place until 1941—the very year when the infant mortality rate rose above the pre-war average. These trends are consistent with the earlier age of marriage in Luton as compared with the country as a whole.

To sum up on this factor of maternal age, it is probable that the decline in stillbirths in Luton preceded the general decline partly because of earlier marriages and a higher marriage rate before the war.

It is difficult even to guess at the influence of changing birth (or pregnancy) orders for no comprehensive data for England and Wales during the war have yet been published. An analysis of the changing distribution in Luton reveals some interesting features:—

¹ See Table III (page 48), Report on Luton.

TABLE IV

LUTON: ALL NOTIFIED BIRTHS, 1940-5

	Order of Pregnancy							
	1	2	3	4 and 5	6 and later			
1940	%	% 27	% 12	%	%	100		
1941	49	27	11	8	5	100		
1942	50	27	11	8	4	100		
1943	51	27	11	7	4	100		
1944	43	31	14	8	4	100		
1945	37	32	16	11	4	100		

Up to 1943 inclusive the proportion of first pregnancies increased, while that for fourth and later pregnancies diminished. If the age at which pregnancies occurred had remained the same, then, other things being equal, there should have been a rise in the stillbirth rate. But, as has already been said, there is reason to suppose that a considerable drop in the age at marriage and childbearing more than outbalanced the parity trend. If it is assumed, as it seems reasonable to assume, that after 1943 there was no further lowering of the age at marriage then Table IV suggests that a second factor, but one of less influence, came into play. This was the factor of parity with its differential stillbirth rate. The higher proportion of 2nd-5th pregnancies during 1944-5, following on the high proportion of first pregnancies of earlier years, led to a small decline in stillbirths.

What all this means is that the fall in the stillbirth rate since 1937-9 could be explained on biological grounds. Nutritional factors are not thereby ruled out, but it seems doubtful whether the whole of the stillbirth reduction can be explained as a consequence of improved maternal diet and ante-natal care. Nutritional factors certainly cannot explain the fall up to 1941 for it was not until then that the Government's food policies began to get under way.

It is estimated that about two-thirds of the reduction in Luton is probably attributable to biological factors. This conclusion, based on an application of the national stillbirth rates for 1938 to Luton births in 1945 analysed by age of mother and pregnancy order, depends for its validity on certain unverifiable assumptions. None-the-less, it indicates that it would be wise to make corrections for biological factors before attributing the improved stillbirth rate to effects of policies over which the nation has exercised deliberate control.

Obstetric considerations.

The Luton records can be taken a step further by an analysis of stillbirths by cause and pregnancy order. This is done in Table V (page 58).

TABLE V

NUMBER OF SINGLE STILLBIRTHS: LUTON, 1940-5 (ALL MATERNITIES)

Causes	Pregnancy Order								
Causes	1	2	3	4 & 5	6 & later	All	%		
1. Toxaemias in mother	30	15	9	3	2	59	16		
2. Difficult labour (including A.P.H.)	82	25	16	17	13	153	41		
3. Foetal malformations	28	8 8	8	3	2	49	13		
4. Prematurity 5. Other defined and	3	8	8 3	1	1	16	4		
undefined causes	45	24	9	12	8	98	26		
All causes	188	80	45	36	26	375	100		
Related births	6,186	3,870	1,690	1,131	629	13,506			

In England and Wales the cause of stillbirth is not recorded when the stillbirth is registered. In Scotland, however, causes are recorded, and the data are published in the Registrar-General's reports for 1939-43. In 1943, when the total stillbirth rate was 35.6 per 1,000 total births (as compared with one of 28 for Luton during 1940-5) 10 per cent. were registered toxaemias (16 per cent. Luton), 26 per cent. difficult labour (41 per cent. Luton), 17 per cent. foetal malformations (13 per cent. Luton), while 47 per cent. were tabulated to other defined and undefined causes (30 per cent. Luton).

It is unwise to read too much into a comparison of figures as they are not all broken down by parity as well as maternal age. The high proportion accorded to difficult labour in Luton, for instance, may well be due to a relatively larger proportion of first births in the town.

It is important, moreover, to bear in mind that whereas the Scottish data are compiled from certifications without further investigation, the Luton stillbirths were all made the subject of a departmental enquiry. The low proportion of stillbirths attributable to prematurity in Luton is probably in part a reflection of this procedure—for many stillbirths attributed to this cause in the first instance prove on investigation to be reclassifiable under another heading.

The Luton and Scottish proportionate causes are not, however, widely at variance taking into account the differences in methods of collection.

The Luton series affords a useful pointer to the causes of stillbirth

and it is significant that when the proportionate causes for successive years are compared there is no evidence of a differential improvement such as might be expected if the improved rate was attributable to causes likely to be most affected by maternal nutrition.

The contribution made to the Luton rate by obstetric causes (1 and 2), suggests that any real improvement in the future (i.e., improvement which is not merely a reflection of biological factors) is likely, in the main, to result from improved obstetric practice. A substantial improvement cannot, however, be expected in this direction in the near future because a scrutiny of individual cases shows beyond doubt that a proportion of stillbirths are unpreventable in the present state of knowledge, some being due to wholly unavoidable causes.

INFANTILE MORTALITY

Infantile mortality has fallen steadily in Luton, as it has in England and Wales, since the beginning of the century. Since 1920 the Luton rate has been lower than the national rate; and for the last three years it has approached a level as low as that recorded for any town in the country. For the year 1945, for instance, a Luton rate of 32 compares with a national rate of 46; a rate, for 126 large towns, of 54; and a rate, for 148 smaller towns, of 43.

It is intended here to examine the causes of Infantile Mortality in Luton and to review changes in the Infantile Mortality rate during the period 1934-45. Table VI shows the proportionate importance of the main causes of Infantile Death, and it will be noticed that infections account for 36 per cent., and conditions present at birth or associated with birth, for 51 per cent.

TABLE VI INFANTILE DEATHS, BY CAUSE, LUTON, 1934-45

							Number	% of all Cases
(1)	Enteritis						110	12)
(2)	Bronchitis, pne	umor	nia and	other	respir	atory		200
-	infections						162	18 >36%
(3)	Other infections						51	6
(4)	Developmental					7757		
(.)	prematurity)						60	7)
(5)	Prematurity						206	23 510/
(6)	Birth trauma						50	. > 31 %.
(7)	Congenital malf						135	15
(8)	Miscellaneous						122	13
(0)	Miscenaneous						100	13
(9)	All causes						896	100%

In Table VII grouped causes are analysed according to whether death occurred before the age of 4 weeks (neo-natal) or from 4-52 weeks.

TABLE VII

INFANTILE DEATHS, LUTON, 1934-45 (ACCORDING TO AGE AT DEATH)

Grouped Causes	Under 1 year		0-4 weeks		4-52 weeks	
Stouped Gauses	No.	%	No.	%	No.	%
All Infections Conditions present at birth or associated with	323	36	38	4	285	32
birth (4+5+6+7) 3. Miscellaneous	451 122	51 13	372 72	42 8	79 50	9 5
All causes	896	100	482	54	414	46

The table shows clearly that almost three-quarters of all infantile deaths are accounted for in two groups :—

- (1) Infections at 4-52 weeks.
- (2) Conditions present at birth or associated with birth at 0-4 weeks.

It is, therefore, illuminating to examine how the rates for these two groups have changed during the four three yearly periods (1934-45). This is done in Table VIII below:—

TABLE VIII
INFANT DEATH AND STILLBIRTH RATES

	All Infections 4-52 weeks (per 1,000 live births)	Conditions present at birth, etc., 0-4 weeks (per 1,000 live births)	Total Infantile Mortality (per 1,000 live births)	Stillbirth rate (per 1,000 total births)	
	1	2	3	4	
1934-36 1937-39 1940-42 1943-45	10.2 10.6 15.9 12.5	17.0 18.1 18.8 13.3	40 40 48 37	46 37 30 29	

Two outstanding facts are disclosed by the time trend. First, the interruption of the downward trend in the infant mortality rate during the period 1940-42 was mainly attributable to an increase in the number of deaths from infections at 4-52 weeks. This, however, was not due to measles and whooping cough because 1940-42 was a period during which deaths from both diseases were only 8 in number (i.e., an average of less than

3 per year) as against 5 deaths during 1945, when the total infantile mortality reached the new low level of 32.

The second outstanding feature is that the fall in infantile mortality from 1940-42 to 1943-45 is attributable in a large measure to a reduction in the number of deaths at 0-4 weeks due to conditions present at birth.

It has often been stated that an improvement in the stillbirth rate is reflected in a higher neo-natal mortality rate because of the greater number of weakly infants who are liveborn, only to die within the first few weeks of life. The juxtaposition of the stillbirth rate and neo-natal mortality rate in Table VIII gives the lie to any supposition that there is a necessary reciprocal relationship of this kind.

In Table IX grouped causes (Column II, Table VIII) for the periods 1940-42 and 1943-45 are broken down.

TABLE IX

MORTALITY 0-4 WEEKS PER 1,000 LIVE BIRTHS

	1940-42	1943-45
. All developmental and wasting diseases	10.6	6.6
2. Congenital malformations	5.3 2.8	4.8 1.9

It is apparent that a reduction occurred in all three sub-groups, but the

greatest reductions occurred in groups (1) and (3).

It is hardly conceivable that improved maternal nutrition during 1943-5 can account for the decline in deaths from prematurity and wasting diseases, though it is possible that improved care of premature infants may account for it partly. It is most likely, however, that the biological factors of parity order and maternal age at childbirth are mainly responsible for the decline. At the moment we cannot say with finality, but the question is being pursued and will be the subject of a later report.

With regard to deaths from birth trauma, it is inconceivable that the decline is accounted for by any improvement in obstetric care, for there has been no change in the character and standard of the maternity services. The fall in this group, too, is almost certainly a reflection of a smaller proportion of first and sixth and later births referred to earlier in Table IV.

Lastly, the small reduction in the neo-natal death rate from congenital malformations is clearly due to circumstances outside our control, and this, too, it must be supposed, is a reflection of changes in parity order.

GENERAL CONCLUSIONS

I. (1) There were probably many causes at work to produce a peak of infantile mortality during 1940-2 from infections at 4-52 weeks. Climatic factors (in comparison with other years) and the incidence and type of respiratory infections are obviously implicated. Of wider importance, too, is the fact that 1940-1 were years during which changes in real earnings

were barely keeping pace with the yearly, and substantial, rise in the cost of living. Not until after 1941 did the government assume greater control of these economic matters, nor were food and nutrition policies fully developed until 1942 or thereabouts. The changes in the infant death rate during 1943-5, and the decline in deaths from infections (notwithstanding a greater incidence of measles and whooping cough) are consistent with the known development of social and economic factors during this period. One further point that can be made is that a higher proportion of first and second babies during the later years of the war may well have meant, on the average, a somewhat higher standard of maternal attention.

- (2) Assuming freedom from epidemics, deaths from infection can be expected to fall at least to the pre-war level in the next few years, and improved care of the child could probably halve the present rate.
- (3) A study of individual cases suggests, however, that even the higher standard of infant care and the best possible medical services would not entirely abolish deaths from these causes. In a number of cases, for instance, deaths from enteritis occurred in children who were mongols or otherwise defective and it is unlikely that they could have been saved.
- (4) Looking at the problem practically, the infantile mortality rate may well continue to fall by one or two points a year during the next few years without any special effort or technical advance. This is said on the assumption that general economic stability and purchasing power are maintained. The reduction will be a natural consequence of improved education in the broadest sense—a factor which operates slowly.
- (5) In the field of public health, education of the right kind is, therefore, probably the most effective long-term policy for safeguarding infants against infection, but alongside education two measures suggest themselves as being of special importance.

(a) A publicity campaign to inform the public about the dangers of gastro-intestinal and respiratory infections in infancy, backed by

adequate hospital and other medical resources.

(b) Special provisions for the care of premature babies as the means of reducing the controllable element in neo-natal mortality.

- II. (1) A conclusion of less practical significance is that the use of crude infantile mortality rates for measuring general progress, or as indices of the efficiency of one medical service as compared with another is subject to grave objections.
- (2) Mortality from infectious causes at 4-52 weeks is a far more accurate measure of child care and hygiene than a total infantile death rate.
- (3) The neo-natal rate is a useful index of the efficiency of maternity services and maternal health provided that it is standardised for biological factors. Failing this, it contains the germ of fallacies comparable with those referred to in the case of the stillbirth rate.
- (4) In the same connection, comparison between neo-natal rates in different maternity institutions or as between institutional maternity and home maternity is obviously fallacious unless the rates are broken down for maternal age and parity order. Unless this is done, misleading conclusions may be drawn.

CONGENITAL MALFORMATIONS

Congenital malformations constitute an unreduced section of infantile mortality and deficiency. Their causes are, for the most part, unknown. A few, such as extra fingers and toes and certain limb deformities, are clearly genetic in origin, but most malformations arise out of unknown, ante-natal, environmental causes. There is some evidence that uterine infections play a part, and it is fairly certain that in some instances interference with the hormone balance of the mother or the embryo is the cause. But, by and large, we are woefully ignorant of their causes. This is understandable because the inherent difficulties of the problem are great; but it is less excusable that we are also ignorant of the incidence of these conditions at birth, and that we know little of their frequency at different pregnancy orders and as between different social classes. The following analysis, consequently, discloses points of general interest.

TABLE X

INCIDENCE OF CONGENITAL MALFORMATIONS: MUNICIPAL MIDWIVES AND BOROUGH MATERNITY HOSPITALS. LUTON, 1939-45

Main Condition						Number	Percentage
Spina Bifida						27	20
Anencephaly						30	23
Hydrocephaly						18	13
Meningocele						1	1
Talipes						21	16
Cleft palate and						15	11
Imperforate an						7	5
Supernumerary	digits	, web	finger	s and	other		
limb deformi	ties					7	5
Congenital hear	t disea	ise				3	3
Atelectasis						1	1
Malformed kids						1	1
Growth on jaw						1	1
All	-					132	100

Note.—Multiple malformations are classified according to the principle malformation.

It is noteworthy that 57 per cent. of all malformations recognised at birth were defects of the central nervous system. Since, however, 48 were stillborn and 9 died before the midwife ceased to attend or before the mother was discharged from hospital, there were only 19 survivors with these deformities at 14 days or thereabouts. One infant with congenital limb deformities was also stillborn, and one infant with cleft palate and hare lip died within a few hours. The incidence of malformations among infants aged 14 days was, therefore, as follows:—

Central nervous syster	n						19	26%
Talipes							21	29%
Cleft palate							14	29% 20%
Supernumerary digits	and	webbed	angers	and	other	limb		
deformities							6)
Imperforate anus, etc.							7	
Congenital heart disea	se						3	25%
Atelectasis							1	
Growth on jaw	•••	***					1)
							-	
							72	100%
							-	

Even at 14 days it is seen that deformities of the central nervous system constitute a much smaller proportion of congenital deformities than at birth. This proportion was doubtless further reduced by deaths during the first year of life.

The incidence of congenital malformations per thousand live and stillbirths for each year during the period under review is as follows:—

1939	1940	1941	1942	1943	1944	1945
7	5	13	10	9	10	9

The increased incidence during the war years was accompanied by a rise in the infant death rate from this cause:—

L	uton	
1934-36		5
1937-39		5
1940-42		9
1943-45		8

In the present state of knowledge it is not possible to offer any adequate explanation. An analysis, for the year 1945, of incidence according to social class and order of pregnancy in Luton showed (a) no class differentiation (b) a somewhat greater incidence among first born than among second to fifth pregnancies (i.e., 2.4 per cent., and 2.1 per cent. respectively). The numbers are too small to permit of any final conclusions, but at first sight it would seem that we must look for influences not yet defined to account for the war-time experience.

APPENDIX III.

SOME STATISTICAL ASPECTS OF REPRODUCTION RICHARD M. TITMUSS (Statistical Consultant)

The material on which the appended tables are based is mainly derived from two sources: (1) the central birth card containing some 40 coded facts of medical and social importance in relation to each birth; and (2) the 1945 population and fertility survey in Luton.

What is contained in one table is not necessarily related to any of the others. The facts are put on record mainly for future use, but a note is added to each table drawing attention to what seem to be the most important conclusions.

TABLE I

THE DISTRIBUTION OF LEGITIMATE LIVE BIRTHS BY AGE
OF MOTHER AND TYPE OF CONFINEMENT*

Maternal Age	Borough Maternity Hospital, 1944-5 (2,370 cases)	Domiciliary midwives, 1944-5 (912 cases)	Private practice- domiciliary and private nursing homes, 1945 (452 cases)	Public Assistance Institution, 1943-5 (153 cases)
15-20	% 4.3	% 1.1	%	% 2.0
20-25	28.8	16.7	16.8	33.3
25-30	26.1	27.7	27.9	24.8
30-35	24.1	29.6	29.9	20.3
35-40	13.9	18.2	20.1	11.1
40-45	2.7	6.5	4.4	8.5
45 plus	.1	2	.0	.0
	100.0	100.0	100.0	100.0

There are considerable differences between the four types of confinement care. The Borough Maternity Hospital takes a high proportion of young mothers; so does the public assistance institution. The former is due, no doubt, to a selection of difficult cases and to priority being given to first confinements; poverty, however, would seem to be the factor among the mothers delivered in the public assistance institution. Again, with mothers aged over 40, the institution heads the list. These are known to be mothers who already have large families; and poverty—not medical needs—sends them to public assistance. To some extent similar factors operate among the midwives' cases—economic problems and the existence of numbers of other children who cannot be left while the mother goes into hospital. This accounts in part for the higher proportion of older mothers delivered by midwives as compared with the experience of the maternity hospital. Psychological factors may also be present here; more of those

^{*} Excluding multiple births.

mothers who approach their confinement with equanimity may prefer to have their babies at home. These women may often be found among those who have already borne at least one child. It would be interesting to know whether there is some selective process of this kind at work, and we hope to study this question more closely in 1947.

Of the cases handled by private practice, 54 per cent. were mothers aged over 30. They were not the mothers of large families for, as has been shown elsewhere, 1 84 per cent. of all such cases were first and second pregnancies. The obstetrical work of general practitioners is, therefore, not at all typical so far as order of pregnancy and maternal age is concerned. It would seem that they have committed to their care an undue proportion of difficult cases—first confinements among older women.

One conclusion which emerges from this table is the need for caution in interpreting medical data drawn from only one field of experience—whether it be hospital, domiciliary or private practice.

TABLE II

CHILDREN BORN PER 100 WIVES CLASSIFIED BY DURATION OF, AND AGE OF WIFE AT, MARRIAGE

THE CONTRAST BETWEEN LUTON IN 1945 (WIVES AGED UNDER 45) AND ENGLAND AND WALES IN 1911

		DURATION OF MARRIAGE IN YEARS								
age at Lut	No. of Luton	0-5		5-10		10-15		15-20		
	wives	Luton	E. & W.	Luton	E. & W.	Luton	E. & W.	Luton	E. & W	
15-20	345	64	128	174	292	266	438	277	569	
20-25	1,259	51	103	124	244	194	361	209	461	
25-30	497	52	80	104	198	144	285	195	347	
30-35	142	31	69	93	170	93	222		248	

The speed of the revolution in attitudes to child-bearing during the past few decades is clearly brought out by this contrast between 1911 and 1945. It has affected all age groups and marriage durations. It has, for instance, reduced the average number of children per wife married at age 20-25 (with an average marriage duration of $17\frac{1}{2}$ years) from over $4\frac{1}{2}$ to 2.

The change can be represented in another way. Whereas it took, for women married at 15-20 years, only 5-10 years for wives in 1911 to produce an average of 3 children, the same group in Luton in 1945 had only recorded an average of 2\frac{3}{4} children after 15-20 years of marriage.

The principal feature of this table is the remarkable similarity in the downward movement of fertility among wives regardless of the age at marriage or the number of years of married life.

¹ The Lancet, 9th November, 1946.

TABLE III

SIZE OF FAMILIES. RELATIVE FREQUENCY OF FAMILIES OF DIFFERENT SIZES BORN TO WIVES MARRIED AT AGE 20-25

Children born	Luton: Wives aged under 45 in 1945 whose marriages had lasted 15-20 years 2	Luton: Wives aged 45-60 in 1945	Luton: Wives aged 60 plus in 1945	England and Wales (1911 census) : Wives aged 50-65 in 1911 5	
0	10	11	22	6	
1	33	26	22	4	
2	28	26	13	6	
3	13	13	13	8	
4	9	9	7	9	
5 plus	7	15	23	67	
-	100	100	100	100	

This table expresses in more specific form the effects of a falling birth rate on the size of families. Thus, in the nineteenth century 67 per cent. of all families contained five or more children, while among the latest group of Luton wives (column 2) the proportion was only 7 per cent. The steady reduction in the proportion of families of this size—from 23 to 15 and then to 7 per cent.—among different age groups of Luton mothers shows the continuing nature of the trend.

Perhaps the most striking feature of the table is that in column 2 the commonest family size is shown to be one child, while in columns 4 and 5 it is five or more.

TABLE IV
FERTILITY RATES FOR LUTON, 1944-5

				Age				Tatal
	15-20	20-25	25-30	30-35	35-40	40-45	45-50	Total 15-50
Number of legiti- mate live births to resident mar- ried women. Luton, 1944-5	104	916	1,059	1,038	618	146	6	3,887
Rate per 1,000 resident married women	189	260	154	119	67	18	1	88
England and Wales. Rate for 1938	521	270	172	110	59	20	2	92
Number of illegitimate live births to resident women. Luton, 1944-5	38	130	54	46	16	5	3	292
Total number of live births. Luton, 1944-5	142	1,046	1,113	1,084	634	151	9	4,179
Rate per 1,000 women	19	142	127	106	61	17	1	68
Wales. Rate for 1938	15	92	113	83	47	16	2	54

The above table sets out the specific age fertility rates for Luton in 1944-5. It is based on the Luton population survey and on the recorded data for births registered in the town. As corresponding national statistics have not yet been published for 1944-5 the figures for 1938 have been added to allow of some comparisons to be drawn.

The bottom half of this table shows that when all births are related to all women the Luton rates are higher than the national ones (with the negligible exception of age group 45-50). This reflects the higher birth rates of 1944-5 as compared with 1938.

But the top half of the table (legitimate births and married women) shows lower Luton rates—except for groups 30-35 and 35-40. The total for all ages 15-50 is lower—88 per 1,000 for Luton as against 92 for England

and Wales. In other words, despite the increased number of births in the town during 1944-5, there has been no rise in fertility within marriage. The significant increase in the rates in the bottom half of the table appears, then, to have been brought about by the high level of marriages during 1939-44.

According to the Luton mid-1945 survey the proportions married at each age were :—

Resident	Women-	-Proport	ion Ma	rried-Mid	-1945
				per cent.	
	15-20			7.2	
	20-25			48	
	25-30			78	
	30-35			85	
	35-40		·	89	
	40-45			88	

There is not much scope here for increasing the proportion married or for lowering the age at marriage.

The situation created by a switch-over to a higher proportion of married women, with an abnormally heavy number of new marriages of less than five years' duration, shows up the limitations of the reproduction rate as a measure of contemporary fertility. In 1944-5, the gross reproduction rate (G.R.R.) for Luton was 1.14—net reproduction rate (N.R.R.) approximately 1.03. The net rate for the country as a whole in 1944 was about .98. Thus, reproduction in Luton was slightly above the national average. But, as the foregoing table demonstrates, such rates approximating to unity* do not necessarily mean that fertility within marriage is increasing.

Reproduction rates do not, therefore, afford much guidance to the pattern of fertility in the future, nor do they make allowance—so far as the present is concerned—for abnormal movements in marriage and birth rates.

Only when we learn that the size of families born to married couples is increasing shall we be able to say with confidence that a fundamental change in attitudes to child-bearing has taken place.

^{* &}quot;Unity" may be taken to mean the replacement of every mother by another mother and no more; in other words, a community exactly replacing itself.

TABLE V
BIRTH WASTAGE IN LUTON, 1944-51

Maternal age	No. of mothers	No. of preg- nancies	No. of children born alive ² and still	No. of children sur- viving ²	No. of preg- nancies per 100 mothers	No. of mis- carriages per 100 preg- nancies	No. of children surviving in every 100 preg- nancies
15-20 20-25 25-30	116 929 1,010	134 1,364 2,056	129 1,304 1,966	126 1,273 1,894	116 147 204	3.7 4.4 4.4	94 93 92
30-35 35-40 40-45	991 592 149	2,508 1,979 613	2,338 1,851 568	2,236 1,742 538	253 334 411	6.8 6.5 7.3	88 88 88
45-50	5	44	41	40	880	6.8	91
All	3,792	8,698	8,197	7,849	229	5.8	90

For obvious reasons very little is known about the incidence of miscarriages among mothers of different ages. The foregoing table sums up an attempt to estimate the *minimum* incidence. The actual experience of any large group of women will always be extremely difficult—if not impossible—to determine. For one thing, it is hard to define what is a miscarriage, while there are other factors, such as memory, which contribute to the difficulty of reaching even an approximate estimate of the actual incidence.

From the table one point, however, seems reasonably clear: the number of miscarriages to every 100 pregnancies rises with the age of the mother. It is unlikely that understatement would substantially alter this relationship to maternal age. That there has been a serious amount of understatement is shown by the following facts.

The Registrar-General, in his report for 1938 (Text) provides data on the proportions of non-surviving previous children recorded by mothers of different ages. At age 30-5, for instance, it was found that for every 1,000 survivors there were 155 recorded non-survivors. There should have been, however, according to the Registrar-General, 166 non-survivors. This understatement of dead or stillborn children was much higher at older ages, rising to 264 (as against 180 recorded) for age 40 plus. In Luton, according to the above table, there were only 46 non-survivors to every 1,000 surviving children at age 30-5. The amount of understatement appears therefore to be serious. If this is so with dead or stillborn children it must be assumed that as much—or more—understatement occurs in relation to miscarriages. Thus the miscarriage ratios shown represent the minima at each age and may be three or four times as high.

¹ Notified legitimate births. By present husband. Excluding stillbirths and multiple births (for present deliveries). All 9 plus births or pregnancies counted as 10.

² Including present delivery.

APPENDIX IV.

REPORT ON HEALTH EDUCATION IN THE BOROUGH By MARTIN W. HARDISTY, M.Sc.

An Appendix to the Annual Report of the Medical Officer of Health for the year 1945 described in some detail the progress that had then been made in carrying out a comprehensive scheme of Health Education based upon the development of human biology as a normal part of the curriculum of the Secondary Modern Schools. An account was given of the inception of the scheme, of the formulation of policy and the preparation of syllabuses, and the testing of these syllabuses in the schools.

The presentation of the present review marks the end of the experimental stage. Further progress will be made along the general lines already laid down and with the advantages of the experience gained in the past two years. A wide measure of agreement now exists as to aims and methods, and there has been ample demonstration that courses of the kind envisaged in the syllabus are both desirable and practicable. Well over 1,500 children in the Secondary Modern Schools of the Borough are now receiving some instruction along the lines of the suggested syllabus, and in many cases this syllabus has been accepted in its entirety as the basis for courses in general and human biology. Further extension is now, generally speaking, limited only by difficulties of staffing and organisation. This is reflected by the greater progress which has been made in the girls' schools where there are more teachers qualified to teach biology than has been the case in boys' departments. But with more settled staffing conditions and the return of men teachers from the Services, the organisation of courses in boys' schools should be easier than has been the case in recent years.

The inclusion of sex education as a part of the syllabus of human biology has met with almost universal approval on the part of both parents and teachers. The great majority of the girls attending Secondary Modern Schools are now given some instruction in sex before leaving school and it is hoped that with the improving conditions it will soon be possible to record equal progress in the boys' departments.

The provision of courses for teachers, designed to assist them in their work, was continued in the present year. A series of twelve lectures, given by the Medical Officer of Health, the Biologist and other specialist Officers of the Health Department, was conducted in the Napier Road Lecture Theatre, and was attended by teachers from both Primary and Secondary Schools.

An important feature of the services offered by the Health Department has been the provision of specimens and demonstration materials which can be used to illustrate lessons in the classroom. These materials, which have been collected and prepared in the Department, are of a type that teachers would find difficulty in providing from their own resources. The accompanying Plate conveys some idea of the scope of this collection.

Emphasis has been laid on the use of visual aids in the teaching of biology and especially on the use of the film. Both sound and silent films have occupied a prominent place in the school courses and the responsibility for organising and showing such films has been assumed almost entirely by the Health Department. In conjunction with the Borough Police, a sound projector has been purchased and placed at the disposal of the schools. During the year about 40 film shows have been given, some in the Lecture Theatre at Napier Road and others in the classroom. Although films will still continue to play an important part in Health Education, there is little doubt that film strips will become an equally important teaching and illustrative medium. They are inexpensive to produce to the requirements of individual teachers, compact and simple in use, and consequently the film strip has many advantages over epidiascope pictures and lantern slides. Should the schools of the borough be equipped with film strip projectors it would, therefore, be possible to build up in the Health Department a library of film strips, specially produced to accompany school lessons and readily available to local teachers.

A reference to future developments may not be inappropriate in concluding this brief report. With the completion of what might be called the pioneering stage, the programme outlined in this and previous reports would seem to become increasingly a purely educational function. The initial co-operation of Health and Education Departments was an essential first step and must continue. But with the recognition of Luton as an Excepted District for Education it would seem that the main responsibility for the administration of this programme should properly rest with the Education Department, and it may be this could best be met by the appointment of a specialist officer to the staff of the Education Department. Such a step need not impair the intimate contact between the two departments which has promised so well, and there is no reason to suppose that such an arrangement would diminish either the interest of the Health Department in the progress of work in the schools, or the benefit to the Biologist of frequent access to, and contact with, the Specialist Officers of the Health Department.

APPENDIX V.

THE SITUATION OF ILLEGITIMATE INFANTS

As some time elapses between the birth of an illegitimate infant and the making of reasonably stable arrangements for its care, the following note relates to infants born between 1st July, 1945, and the 30th June, 1946.

The situation of surviving infants on attaining the age of 6 months is examined for the purpose of affording a guide to the size and nature of the problem.

The outstanding fact disclosed is the high proportion of illegitimate infants who, at the age of 6 months, are still either in the care of the natural mother or who have been adopted.

Situation at the age of 6 months of illegitimate infants born between 1st July, 1945, and 30th June, 1946.

Still in care of nat	tural m	other				 123
Adopted						 9
In Institutions						 3
Lost Trace of						 8
Under supervision	n of Be	dfordsh	nire Co	unty Co	ouncil	 25
						168

(9 of those known to be in the care of the natural mother had moved out of Luton before reaching the age of six months. 12 illegitimate infants died before reaching the age of 6 months).

APPENDIX VI.

PREMATURE INFANTS.

A premature infant is defined as one weighing less than $5\frac{1}{2}$ lbs. at birth. The term includes, therefore, somewhat small, but healthy babies who require little more than ordinary care and management, and, on the other hand, infants who are so small that they have little chance of surviving however much care they are given.

Between these extremes are infants who, with expert attention, have a good chance of becoming healthy, vigorous babies, but who would probably not survive the ordinary rigours of early life which the normal baby meets without harm.

Special arrangements for the care of premature infants in their homes are made within the Council's municipal midwifery service, and infants who cannot be cared for at home are admitted to hospital.

Premature births which occurred during the year are analysed below according to place of birth, and birthweight.

PREMATURE INFANTS CLASSIFIED ACCORDING TO BIRTH WEIGHT

	Under 2 lbs.	2-3 lbs.	3-4 lbs.	4-5 lbs.	5-5½ lbs.	Weight not Re- corded	All
Number	1	11	11	41	74	-	138
No. surviving after 24 hours	-	6	9	39	72		126
No. surviving at 4 weeks*	_	1	5	32	67	_	105

^{*} Compiled 28th January, 1947

Premature Infants according to Place of Birth

Born in Maternity Institutions :-

(a)	Under co	 83				
(b)	Other		 		 38	
Ross of	home				-	121
Dom at	home	•••	 			17
				Total		138