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Contributors

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LOTHINGLAND RURAL DISTRICT

COUNCIL

ANNUAL REPORT OF THE
MEDICAL OFFICER OF HEALTH
AND THE
PUBLIC HEALTH INSPECTOR
FOR THE YEAR
1966

COUNCIL OFFICES
RECTORY ROAD
LOWESTOFT

1. Dr. Didsbury	C.407
2. Mr. Morley Perry	A.429
3. Mr. Perry	A.405
	A 104

MEDICAL OFFICER OF HEALTH:

A.C. GEE, M.R.C.S., L.R.C.P., D.P.H.

PUBLIC HEALTH INSPECTOR,
PUBLIC CLEANSING OFFICER,
and PETROLEUM OFFICER:

R. GROAT, M.A.P.H.I.

ADDITIONAL PUBLIC HEALTH
INSPECTOR:

G.J.L. HORNE, M.A.P.H.I., A.I.P.H.E.

MEAT INSPECTOR:

S.C. BAKER, A.R.S.H., M.A.M.I.

CLERICAL ASSISTANT:

MISS P. WALTON.

Council Offices,
Rectory Road,
Lowestoft.

Mr. Chairman, Ladies and Gentlemen,

I have the honour to present the Annual Report on the health of the Lothingland Rural District Council for the year 1966.

The Registrar General's mid year estimated population of 19,200 showed an increase of 680 over 1965, due mainly to the movement of people to the growing villages outside Gt. Yarmouth, Lowestoft and Southwold, but only small variations occurred among the statistics relating to births and deaths.

Of the 106 notifications of infectious diseases received, 90 related to measles and all but 12 of these were in the first quarter of the year. In the summer holiday season, there was an explosive outbreak of sickness and diarrhoea at a local holiday camp, but happily this proved not to be due to food poisoning and the symptoms disappeared overnight. Other infectious diseases were small in number and mild in character.

At the time of writing this Report in mid-1967, Mr. Groat, who had been Public Health Inspector in Lothingland for 14 years, had resigned and had been succeeded by Mr. Horne, and the section of the Report on the work of the Council as a local sanitary authority has been prepared by Mr. Horne. He has commented on improved housing conditions in the District, and on such other matters as hygiene at holiday camps, the change in emphasis on meat inspection at slaughterhouses, and the problems which remain with regard to sewerage and sewage disposal in some parts of the District. While there remain some "pockets" of unpleasantness, in general the public health features of the District are improving and the community services are satisfactory. I am grateful to the Public Health Department staff at all levels for their help during the year.

I express my thanks to you, Mr. Chairman, and to the Members of the Council, for the attention given to and interest taken in the work of the Health Department.

I have the honour to be,

Your obedient Servant,

ARTHUR C. GEE,

Medical Officer of Health.

August, 1967

GENERAL STATISTICS

Area: 44,675 acres (Census 1961).

Population, 1966: 19,200 (as estimated by the Registrar-General).

Population, Census, 1961: 16,034.

Number of inhabited houses at 31st December, 1966: 7,589

Rateable Value as at 31st December, 1966: £546,237

EXTRACTS FROM VITAL STATISTICS

	LOTHINGLAND					England and Wales rates
	Total	Male	Female	Crude rate	Adjusted rate	
Live births -						
legitimate	333	166	167	-	-	-
illegitimate	19	11	8	-	-	-
total	352	177	175	-	-	-
Live birth rate per 1,000 population	-	-	-	18.3	19.0	17.7
Still births -						
legitimate	3	2	1	-	-	-
illegitimate	2	2	-	-	-	-
total	5	4	1	-	-	-
Still birth rate per 1,000 live and still births	-	-	-	14.0	14.5	15.4
Total live and still births	357	181	176	-	-	-
Infant deaths -						
under 1 year						
under 4 weeks						
under 1 week						
legitimate	5	3	2	-	-	-
illegitimate	1	1	-	-	-	-
total	6	4	2	-	-	-
Infant mortality rate per 1,000 live births	-	-	-	17.0	16.8	19.0
Neonatal (under 4 weeks) mortality rate per 1,000 live births	-	-	-	17.0	16.8	19.0
Perinatal mortality rate (stillbirths and deaths under 1 week per 1,000 total live and still births)	-	-	-	16.8	16.6	26.3
Deaths from all causes	214	116	98	-	-	-
Death rate per 1,000 population	-	-	-	11.1	11.0	11.7

CAUSES OF DEATH

	<u>Total</u>	<u>Male</u>	<u>Female</u>
Tuberculosis, respiratory	1	-	1
Syphilitic disease	1	-	1
Malignant neoplasm, lung, bronchus	8	7	1
Malignant neoplasm, stomach	2	2	-
Malignant neoplasm, breast	4	-	4
Malignant neoplasm, uterus	4	-	4
Other malignant and lymphatic neoplasms	17	8	9
Leukaemia, aleukaemia	1	1	-
Diabetes	4	2	2
Vascular lesions of nervous system	27	17	10
Coronary disease, angina	47	30	17
Hypertension	2	1	1
Other heart disease	24	10	14
Other circulatory disease	17	7	10
Pneumonia	9	4	5
Bronchitis	7	4	3
Other disease of respiratory system	2	1	1
Ulcer of stomach and duodenum	5	2	3
Nephritis and nephrosis	1	1	-
Hyperplasia of prostate	2	2	-
Congenital malformations	1	-	1
Other defined and ill-defined diseases	14	10	4
Motor vehicle accidents	3	2	1
All other accidents	5	2	3
Suicide	6	3	3
	214	116	98

NOTIFICATIONS OF INFECTIOUS DISEASES

Measles	90
Whooping cough	1
Scarlet fever	3
Pneumonia	1
Tuberculosis	6
Infective hepatitis	2
Infective encephalitis	1
Food poisoning	2
	106

DIPHTHERIA IMMUNISATION

Age group born in:-

	1966	1965	1964	1963	1959-62	Others under 16	Total
Primary	122	105	3	5	3	1	239
Booster	-	15	29	5	50	-	99

SMALLPOX VACCINATION

	0-3 mths.	3-6 mths.	6-9 mths.	9-12 mths.	One year	2-4	5-15	Others over 15	Total
Primary vaccination	5	6	7	3	104	15	8	3	151
Re-vaccination	-	-	-	-	-	-	15	2	17

TETANUS IMMUNISATION

	<u>1-15 yrs.</u>	<u>Over 15 yrs.</u>
Primary	261	9
Boosters (all ages)	129	

HOME HELP SERVICE

	<u>No: of cases dealt with</u>	<u>Hours worked</u>
Maternity ...	11	554
Chronic sick, aged and infirm ..	86	22,738
Number of Home Helps working at 31st December, 1966 ... 42		

TUBERCULOSIS

	<u>Males</u>		<u>Females</u>		<u>TOTAL</u>
	<u>Pul.</u>	<u>Non-pul.</u>	<u>Pul.</u>	<u>Non-pul.</u>	
Number of cases on register at 1.1.66	58	8	33	8	107
Number of cases added during the year	3	1	-	3	7
Number of cases removed during the year	3	-	1	-	4
Number of cases on register at 31.12.66	58	9	32	11	110

Cases added to register

New notifications	6
Inward transfers	1
	<u>7</u>

Cases removed from register

Recovered	2
Died	1
Removed to other areas	1
	<u>4</u>

REPORT OF THE PUBLIC HEALTH INSPECTOR
FOR THE YEAR 1966

Mr. Chairman, Ladies and Gentlemen,

I have the honour to present the Annual Report for 1966 on behalf of Mr. Groat who has recently resigned.

HOUSING

390 dwellings were inspected during the year, which resulted in the following action:

Number of houses demolished and unfit houses closed:	40
Number of families re-housed:	38
Number of houses rendered fit as a result of informal action:	12
Number of houses rendered fit after service of formal notices under the Housing Act, 1957:	1

The Engineer and Surveyor has supplied the following information:

Provision of New Housing Accommodation

Houses erected by private enterprise:	268
Houses erected by the Local Authority:	35

Improvements to houses

Number of dwellings in respect of which improvements were carried out with grants:

Discretionary Grants:	49
Standard Grants:	47

It is pleasing to note that there has been a considerable increase in the number of unfit dwellings demolished during the year, the majority of the families from these properties being re-habilitated in Council houses and bungalows.

MOVEABLE DWELLINGS

Number of licensed sites:	57
Number of caravans used for holiday accommodation:	2,521
Number of caravans used as permanent dwellings:	108
Number of visits to caravan and camping sites:	107

FOOD PREMISES

Total number of premises: 152
Number of visits to food premises: 43

Registered Premises

Ice Cream manufacturers: 1
Ice Cream retailers: 82
Sausage and preserved food manufacturers: 9

Catering establishments, and in particular Holiday Camps, have been visited during the year. In general the standard of hygiene is good but continued vigilance is required to maintain a high standard of personal hygiene amongst kitchen and dining room staffs. As more hygienic fittings and utensils become available, recommendations are made for these to be installed and thus it is hoped that food borne complaints will diminish.

WATER SUPPLIES

The results of samples taken from domestic supplies and submitted to the Public Health Laboratory, Norwich, were as follows:-

	<u>Mains Supply</u>	<u>Private Wells</u>
Unsatisfactory:	Nil	7
Satisfactory:	9	8

12 samples were submitted to the Public Analyst for examination for nitrate content. 2 of these were unsafe and advice was given on alternative supplies.

The following is a list of the dwellings supplied with mains water.

<u>Parish</u>	<u>Direct Connection</u>	<u>Standpipe</u>
Ashby	-	-
Barnby	70	12
Belton	241	-
Benacre	16	9
Blundeston	300	-
Bradwell	1,160	12
Burgh Castle	100	18
Browston	29	-
Carlton Colville	812	-
Corton	330	-
Covehithe	-	9
Flixton	13	-
Fritton	54	-
Frostenden	55	21
Gisleham	110	13
Henham	6	-
Herringfleet	22	-
Hopton-on-Sea	249	-
Hulver Street with Henstead	83	14
Kessingland	773	15
Mutford	86	3
Oulton	80	-
Reydon	645	-
Rushmere	15	-
St. Olaves	46	-
Somerleyton	100	-
South Cove	2	10
Uggeshall	25	11
Wangford	144	13
Wrentham	222	47
Easton Bavents	-	-
Lound	90	-
	5,878	207

SWIMMING POOLS

Tests on samples from the 10 swimming pools for free and combined chlorine and for pH value were made during the summer season. Assistance and advice were given where necessary to pool attendants on the maintenance and control of the chlorinating and filtration plants.

RODENT CONTROL

The two rodent operators continued to deal expeditiously with all notifications received in addition to routine visits and inspections

£484. 3s. 4d. was received in payment for treatment carried out on business premises.

		Non-Agricultural	Agricultural
Total number of properties inspected following notification:		260	62
Number infested by:	rats:	251	62
	mice:	20	2
Total number of properties inspected for rats and/or mice for reasons other than notification:		1,372	62
Number infested by:	rats:	623	-
	mice:	12	-

SLAUGHTERHOUSES

	<u>Cattle:</u>	<u>Cows:</u>	<u>Calves:</u>	<u>Sheep:</u>	<u>Pigs:</u>
Number of animals killed and inspected:	1,566	13	13	455	3,970

Diseases other than T.B. and Cysticercosis:

Number of whole carcasses condemned:	-	-	-	1	13
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Number of carcasses of which some part or organ was condemned:	355	2	-	3	484
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Tuberculosis only:

Number of whole carcasses condemned:	-	-	-	-	-
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Number of carcasses of which some part or organ was condemned:	-	-	-	-	69
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Cysticercosis:

Number of carcasses submitted for treatment by refrigeration:	-	-	-	-	-
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Number of whole carcasses condemned:	-	-	-	-	-
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The total weight of meat and offals condemned amounted to 3 tons 11 cwt. 31 lbs. This diseased and unsound meat was collected by the Suffolk Fat and Bone Company and processed immediately on arrival at the factory at Oulton.

Number of licensed slaughterhouses:	3
Number of visits to slaughterhouses:	664
Number of knackers yards:	1
Number of licensed slaughtermen:	15

The Meat Inspection (Amendment) Regulations came into effect from the 30th September, 1966. These enabled Local Authorities to restrict the hours during which any animal may be slaughtered in any private slaughterhouse. It had not been found necessary to fix hours of slaughter at the three slaughterhouses in the District. £358. 2s. 3d. was received for meat inspection fees.

The inspection of meat at slaughterhouses is gradually changing from the rejection of diseased and unsound meat discovered by incision, palpation or by visual means to the more critical aspect of contamination by pathogenic organisms present in the environs of the slaughterhouse and intestines of the animals before slaughter. Hygienic conditions and practices are essential if contamination is to be reduced.

FACTORIES ACT, 1961

<u>Premises</u>	<u>Number on Register</u>	<u>Inspections</u>
Factories in which Sections 1, 2, 3, 4 & 6 are to be enforced by the Local Authority:	7	1
Factories not included above in which Section 7 is enforced by the Local Authority:	45	10

In one case there was found to be a lack of proper sanitary accommodation and this was remedied.

PETROLEUM (REGULATION) ACTS, 1928 & 1936

70 annual licences were issued for the storage of petroleum spirit. Pressure tests were carried out on all new tanks and pipe lines.

REFUSE COLLECTION

During the year one 18 cubic yard and two 25 cubic yard Shelvoke and Drewry vehicles and one 50 cubic yard Bedford/Eagle continuous loading vehicle were used to give a weekly collection of refuse from the whole of the District. In addition to this a second collection was made from the holiday camps during the summer season. The vehicles covered 38,642 miles during the year. Fuel consumption was at the following rate:

	<u>Capacity:</u>	<u>Mileage:</u>	<u>Diesel Fuel used:</u>	<u>Miles per gallon:</u>
UBJ 590 1956	18 cubic yds.	9,323	886 galls.	10.5
YBJ 296 1958	25 cubic yds.	10,714	998 galls.	10.7
401 LBJ 1962	25 cubic yds.	10,435	1,010 galls.	10.3
DBJ 509C 1965	50 cubic yds.	8,170	1,281 galls.	6.4

The total number of loads collected was 1,463 making an estimated weight of 5,692 tons. This was disposed of by controlled tipping at Camps Heath and Kessingland.

CESSPOOL EMPTYING

Two vehicles were used to operate this service which in the main is free to ratepayers. 4,357,000 gallons were removed by these vehicles and disposed of on the land and to Ness Point, Lowestoft. 25,670 miles were covered with fuel consumption as follows:

	<u>Capacity:</u>	<u>Mileage:</u>	<u>Diesel Fuel used:</u>	<u>Miles per gallon:</u>
335 CRT 1959	1,100 galls.	11,495	1,045 galls.	11.0
308 URT 1964	1,000 galls.	14,175	1,183 galls.	12.0

£357. 11s. Od. was received in payment for this service from business and other premises.

SEWERAGE

There are five sewage disposal works operating in the District and sewage is also pumped by agreement to disposal points in Gt. Yarmouth, Lowestoft, Southwold and Ellough. There are 23 pumping stations and 6 ejector stations which are used to pump sewage in connection with the thirteen village schemes.

The extension to the works at Kessingland was completed during the early part of the year. The fact that the majority of the flow is now gravitational and direct to the works has greatly reduced the strain on the old pumps. The resultant effluent has been considerably improved by the additional plant.

The disposal of sludge from the works continues to be a problem but experiments are being carried out, with partial success, by its disposal with household refuse on the tip. The use of sludge beds has been reduced as far as possible in order to alleviate the smell nuisance which is inevitable with this method of drying. Considerable use has been made of the cesspool emptying vehicles to transport the sludge to farm land.

OFFICES, SHOPS AND RAILWAY PREMISES ACT, 1963

The following premises were registered under this Act:

Offices:	18
Retail Shops:	22
Catering	
Establishments:	5
Fuel Storage Depots:	Nil

The number of inspections made in the year was 19.

I am, Mr. Chairman, Ladies and Gentlemen,

Your obedient Servant,

G.J.L. HORNE,

Public Health Inspector.



