# Contributors

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## ILMINSTER URBAN DISTRICT COUNCIL.

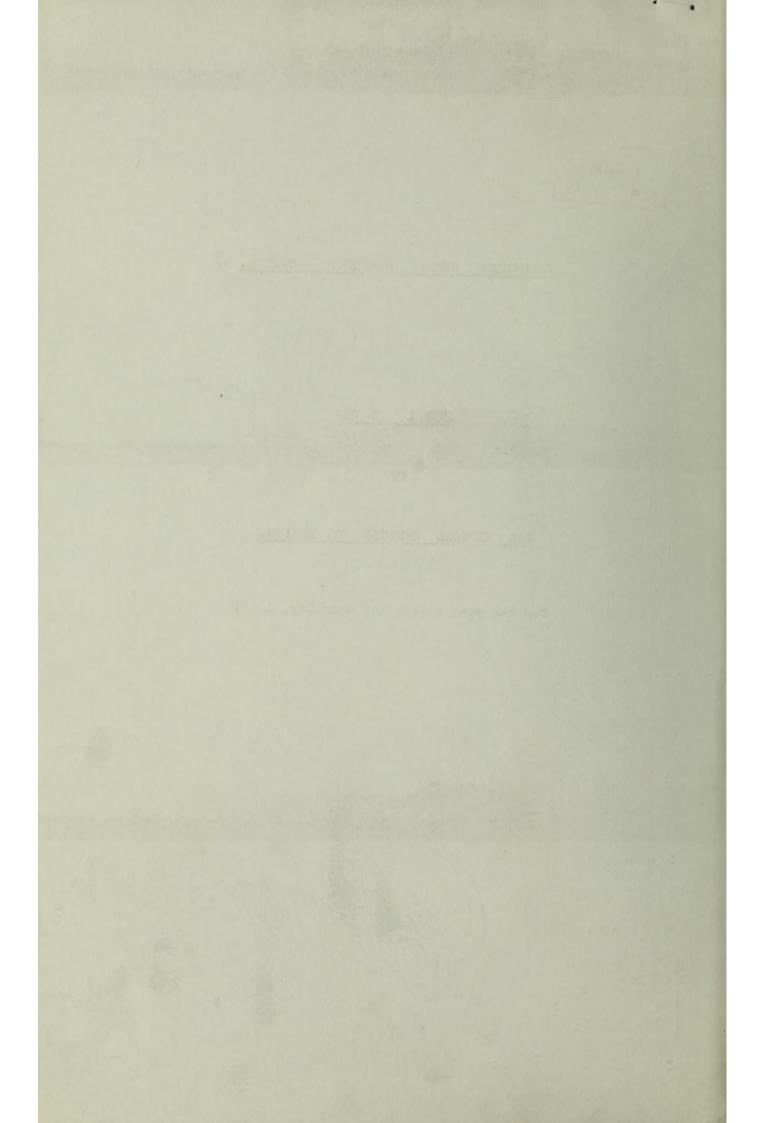
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ANNUAL REPORT

OF

THE MEDICAL OFFICER OF HEALTH.

For the year ended 31st December, 1955.



PUBLIC HEALTH OFFICERS.

Medical Officer of Health

A.M.McCall

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M.R.C.S., L.R.C.P., D.P.H.

Deputy Medical Officer of Health:

P.P.Fox

## M.B., D.P.H.

Sanitary Inspector.

A.J.Gould

A.M.I.S.E., M.S.I.

## PUBLIC HEALTH CONMITTEE

L.C.Cornelius (Chairman) F.S.Carpenter. J.Chapman. R.J.J.Denning. A.W.G.Copperthwaite. C.W.Scriven. R.E.Marks.

## HOUSING COMMITTEE.

F.S.Carpenter (Chairman). P.S.Bowden. A.W.G.Copperthwaite. L.C.Cornelius G.Davey. R.J.J.Denning. R.E.Marks. K.G.Whaites. J.Chapman. A.W.C.Gooch. D.J.Morgan. C.W.Scriven.

-M.S., D.P.H. .1.2.0 ,.2.2.1.8.4 .ndyaM.Z.S artuisto onizion P.S.Corpenter (Chairean). P.S.S.reden. .selewettee.p. 0.8.4 -Dellimiod. 0.4 9.Davez. 1.J.Doming. 3.E.Marka.

To the Chairman and Councillors of the Ilminster Urban District Council,

Mr. Chairman and Gentlemen,

I beg to submit my Annual Report for the year 1955.

It was a healthy year in Ilminster and a small outbreak of measles was the only epidemic of infectious disease.

The Birth Rate was abnormally low but the Death Rate was about the average.

I have drawn particular attention to the school dental service and the present position regarding routine dental inspection in Ilminster schools. I doubt if there is any town in Somerset with such an unsatisfactory record.

I have referred to various services which are the responsibility of the Local Health Authority, that is the County Council. I think these would be greater if the County Council possessed a clinic building in the town. I realise that this is a time of economic stress but unless we plan now for the future it may be many years before Ilminster is able to enjoy the same facilities as are afforded by the County in neighbouring centres. The provision of a clinic building does not necessarily entail a large increase in staff as it usually means the re-deployment of existing staff. I therefore hope that Ilminster will be included among those towns in which it is planned to provide a clinic in the near future.

Mr. Gould, the new Sanitary Inspector, has now been with us a year and I have noted with pleasure the high standard of his work and have been impressed with his ability to assist me at any time despite his already heavy commitments.

I would like to thank the Chairman and Members of the Public Health Committee for the courtesy they have shown me during the year.

I am,

Mr. Chairman and Gentlemen, Your obedient Servant, A.M.McCALL. Modical Officer of Health. To the Chairman and Councillors of the Himinater Urban District Council,

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Mr. Chairson and Geneleson, Your obsident Inront, A.M.McGILL.

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## SECTION A.

## Statistics and Social Conditions of the Area

## Population

The Registrar General gives the estimated mid-year population for 1955 as 2,750, a very slight increase on the previous year. Appendix A, table 1 gives the general statistical details of the town.

## Birth Rate

The Birth Rate for the town was 9.8 per 1,000, a very considerable decrease on the 1954 figure of 21.5 which, of course, was abnormally high. When the Comparability Factor is taken into account (this figure allows for the age and sex differences between the population of Ilminster and that of the United Kingdom as a whole) the figure is still 9.8 and well below the national figure of 15 per 1,000.

I note that this year there were no illegitimate births in the town.

Details are shown in Appendix A, table 2.

### Death Rate

The Death Rate for the year was 11.3 per 1,000, a slight increase on last year. Once again, allowing for the Comparability Factor, the figure becomes 9.8 which is below the national figure of 11.7 per 1,000. The causes of death are shown in Appendix A, table 3.

Diseases of the heart and circulation were again at the top of the list, having caused 19 out of a total of 31 deaths. The need for research into these two main causes of death is obvious. Cancer was responsible for 7 deaths, two of these occurring in males were due to cancer of the lung.

## Infant Mortality

There was one case of infantile death recorded in 1955. This was due to broncho-pneumonia and the child only survived two days.

## Maternal Mortality

I am pleased to be able to report that yet another year has passed without a maternal death.

## Social Conditions

The social condition of the people of the town remains at a very satisfactory standard. The social services continued in a satisfactory way and the Old People's Club is flourishing. The organisers are now hoping that the Council will provide more special housing for the old people of the town and I will comment further under the appropriate section.

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#### SECTION B

#### General Provision of Health Services in the Area

There was no change in the Health Services in 1955. As I pointed out last year, until a special building is available in Ilainster it is difficult to see how the County Council can increase the clinic facilities for our residents. The provision of orthopaedic, speech therapy, breathing exercise and dental clinics in the town would cut down the travelling which is at present necessary to get to either Taunton or Chard where the nearest existing clinics are held. With the existing economic conditions it is unlikely that the County Council will be able to authorize the capital expenditure necessary for such a building; nevertheless, our Council should ask the County Council to bear the problem in mind.

## Care of Mothers and Young Children

Infant Welfare Clinic The Infant Welfare Clinic continued to be held weekly although there was some falling off in attendance and if we are able to persuade the County Council of the need for extra clinic facilities then those that are already provided should be well supported.

The correct function of a clinic of this type is to keep a child in perfect health from the date of its birth until it has reached school age and with this aim in mind the clinic functions as follows:-

On the first attendance of the mother and child full details of the child's birth are recorded, the child is then stripped and weighed and taken in to see the doctor who thoroughly examines the baby. The mother is advised on any abnormality which may be detected, and a course of action outlined. Subsequently the child is stripped and weighed at each visit, and the mother is able to receive advice from the nurse. If she is unhappy about the condition of any infant, it is immediately seen by the doctor. If treatment or hospital appointments are needed these are made through the child's private practitioner. Vaccination and immunisation against diptheria and whooping cough are also offered, and the value of these procedures is explained.

This routine work has proved to be of very great value. An abnormality is detected at the very earliest moment when the chance of correction is very much better than when it is an established disease. The misapprehension of some parents that the clinic is a ready method of checking the diagnosis of their own doctor, is very strongly discouraged, and no advice or treatment is suggested whilst a child is actively attending its own general practitioner. It is also

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Care of Nothers and Young Children

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<u>Ante-natal Clinic.</u> No ante-natal clinics are held in Ilminster but antenatal examinations are carried out by the general practitioners and the district nurse in the patient's own home. All home confinements are attended by the district nurse under the direction of the private practitioner concerned. Since the closure of the Crewkerne Maternity Unit cases for hospitalization are sent to Taunton.

## Home Nursing

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In addition to her many other duties, the District Nurse visits people's homes to carry out a very large number of duties. These may include dressing wounds, giving injections, bathing patients and many other similar medical duties too numerous to list. A great deal of this work is concerned with the older members of the community, and we have every reason to be thankful for the kindly manner in which our Nurse carried out her duties during the past year. Health Visiting

Mrs. Pitt is the Health Visitor for the area.

The primary function of a Health Visitor is to visit the home of the people and I am quite confident that at present this work is being done in a very efficient manner. This is particularly true in respect of the following up of children with defects discovered at school medical inspections. None are overlooked, and if parents co-operate they will derive a maximum benefit from this part of the health service.

In addition Mrs. Pitt is the Tuberculosis Health Visitor and in that capacity attends all outpatient sessions at the Chard Chest Hospital. She regularly visits all cases on the T.B. Register and reports on their condition to the Area Chest Physician. Where the home conditions are having an adverse effect on the patient's health, she immediately reports the facts to me and, if necessary, the details are brought to the notice of the Council who have always recognised the importance of good housing in this particular disease.

#### Immunisation

During the year the County Council as local health authority, in co-operation with the local district Council took the opportunity to stress the need for immunisation against diphtheria

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straned to the parent that any organitul tractions on only be commoned with the full memoral of the private dector, and in this way the Halth Department extensions to foster a Strong Hak with the grantic practitioners' service. <u>Ante-ant 1 Clinic.</u> He ante-antal elinics are beld in Himster but antenated examinations are corried out by the general practitioners and the destrict during in the pathent's we have: All bone confinements are attended by the district surse under the direction of the private practitioner concerned. Since the element of the Granteric heterstic with cases for instituted on the second the clinic of the Granteric heterstic with cases for a statistication are con-

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During the rest the County Council as loosi health sutherity, is an operation with the loosi listrict Council took the opportunity to stress the need for terms extion restort dishtforin Immunisations were carried out by the general practitioners, by the doctor at the infant welfare clinic and the booster doses were done by myself in the schools.

There is a growing demand for combined immunisation against whooping cough and diphtheria. This is given in three injections at monthly intervals starting at the fourth month, so that the course is completed before teething commences in earnest. If, however, parents request immunisation against diphtheria only, then this is given at a slightly later age and necessitates two injections. All children require a further booster dose against diphtheria at the age of five years, so this is given when they commence school.

Twenty-seven primary immunisations and forty-nine booster doses were given during the year.

## Vaccinations.

Eleven primary vaccinations were done in 1955. This is far too few. There is a real need to protect the population against smallpox which has ravaged this country in the past and as Macaulay has described it 'is the most terrible of all ministers of death'. I cannot stress too often that in these days of rapid air travel from the East and the increasing number of unvaccinated persons in the population, the danger of an outbreak increases. The reaction to vaccination in infancy is very mild indeed and all boys who later do National Service must be vaccinated and a re-vaccination at that age is a very mild procedure compared with a primary vaccination in adult life.

## Home Help Service.

The Home Help Service organised by the County Council was available in the town throughout the year. Although they are in short supply, I am impressed by the high standard of the work of those who are employed in this capacity. Where the financial circumstances of the household permit, a charge is made for the work done but this by no means covers the cost. In Somerset as a whole, each year the cost is about £100,000 and only about £10,000 is recovered by payment. School Medical Service.

All the schools with the exception of the Girls' Grammar School have been inspected by myself during the year and the details can be found in Appendix B, Table 2.

I continued to give a full examination to all children on entry to school life, on transfer from primary to secondary education, and in the last six months before leaving school. In addition, I examined all children with defects and all cases specially referred to me by the teachers or at the request of parents. -4Immutantions were carried out by the general prestitionsity, by the deter et the infant welfare clinic and the beenter const ware tell by upself in the schools, There is a dramine formed for collined immutantial estants accoping cough and dightheria. This is given in three injectrons at annihit intervals starting at the fourth math, so that the course is emploted before torthing compress in this is given at a slightly later age and account and the is before to the barthing antidicar require a further boates tone and accounts as an another the barthing antidicar require a further boates tone and account as the is before to the barthing antidicar require a further boates tone and account and the set of the entidicar require a further boates tone and account at the large time.

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# Colour Vision.

During the routine medical inspection of school children, I carried out an investigation into the proportion of children who are Colour Blind. There seems to be a good deal of confusion in parents' minds about the subject, so I feel it will be useful to discuss some aspects of the condition.

To start with, the tera Colour Blindness is a misnomer and a far better term is "defective colour vision", and it is the one which I propose to use.

We have as yet no definite information about the cause of defective colour vision. The outstanding characteristic of all persons with the condition is that the total number of colours which they can recognise as distinct from one another is significantly smaller than the number which the normal observer can distinguish under the same conditions.

A person with defective colour vision is a person with a deficiency and not merely a different form of vision. The most striking deficiency is usually revealed when the attempt to distinguish red from yellow or yellow from green is made, with the absence of any brightness difference. Other colours which tend to be confused are blue green, grey and purple. On the other hand, the defect does not normally lead to much difficulty in distinguishing green from blue green, blue green from blue, yellow from grey or grey from blue.

One point which is extremely important should now be noted. A child in the nursery begins to recognise differences between colours and is taught that a brick is red, a banana yellow, an organge is orange, grass is green, etc. until eventually he has a great many objects which help him by association to link up each colour sensation with its appropriate name. Because he has been taught that green is the colour which grass possesses the person with defective colour vision when asked the colour of grass, will naturally reverse the process and reply "green" whatever the quality of his visual sensation. Greens and yellows are lighter than browns and reds and this may help him to differentiate one from the other. It is as well that he has the subsidiary aids to help him. He may, it is true lose something of the beauties of nature through his reduced range of colours, but since he will be quite unaware of the nature of his loss, it is unlikely to trouble him overmuch.

The type and number of mistakes a colour defective makes will of course depend on the type and degree of the defect. It will also depend on the conditions under which he is working. Persons with normal colour vision often have difficulty in recognizing colours when the lighting is bad or the objects are

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The type and putter of definition a calcer defective price will of course interest on the type and decrise of the felent. It will blan branch on the confictions under which he is writing. Is our will normal colour vision often ' dirty or small in size. Similarly the number of mistakes made by a colour defective increases under these more difficult conditions. Thus while a person with defective colour vision may succeed in distinguishing between red and green signal lights when close at hand, yet when they are seen as pin points of light in the distance, or through fog or rain, they will be far more liable to error.

In the great majority of cases, defective colour vision is congenital, but some loss of colour sense can be acquired, for example, by excessive smoking. When a Father is congenitally colour blind his Daughters will be carriers of the defect without themselves being defective, but none of his Sons will be either a colour defective or a carrier. When a Mother is a carrier, half her Sons will, on the average, be colour defectives and half her daughters will be carriers. The defect will, however, become evident in half the Daughters of a carrier Mother and a defective Father. When bother parents are affected all Daughters will have defective colour vision. It follows that the number of women who have defective colour vision is very much smaller than the number of men. Statistics show that the percentage of colour defectives in the male population is approximately 8%. In my small survey of Ilminster it was 6.3% for boys and 2.39% for girls. Of 95 boys examined 6 were defective and of 84 girls, 11 were defective.

Information about the age at which defective colour vision becomes evident is conflicting. It seems quite certain that those who posses the defect do so from their earliest years. However, some children may fail to describe colours correctly because they are mentally backward or through lack of education and not through any defect in their visual apparatus. The earlier it is possible to find out whether children are suffering from colour vision defects the better it is from the point of view of deciding upon their future careers. There are a number of careers which are completely closed to them if they are suffering from colour vision defects.

The desirability of carrying out school testing of colour vision is generally admitted by all who have investigated the condition. Many industrial firms have also stressed its importance so as to avoid disappointment when seeking future employment.

There are many methods of testing colour vision, but one suitable for use by a School Medical Officer has to be quick, not too complicated and capable of being carried out in an ordinary roon. I think that confusion charts such as the Ishihara Charts I used in this survey are probably the most suitable. Testing has usually been done on all children due for a routine medical examination at the age of 10<sup>+</sup>. -6-

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No difficulty was experienced in dealing with children of that age. Once what was required of them was explained they immediately have full co-operation. The time taken to test each child was generally about one minute. All children found to have a defect were informed of their defect and retested. In each case a letter was sent to the parent informing them of the presence of the defect and reminding them of its bearing on a future career.

I consider that testing by the method suggested above should become standard throughout the Somerset County school medical service. All those with seriously defective colour vision would be known and the parents informed. I also advocate more stringent pre-vocational tests for all who propose to enter trade or profession in which normal colour vision is important. This latter test is of course outside the scope of the school medical service.

## School Dental Service.

Once again I have to report on the unsatisfactory situation in the town of Ilminster. We are still an 'uncovered area' and I list below the names of the schools and the date on which they last received a dental inspection:-

Ilminstor	C.E. Infants	July 1948
Ilminstor	Junior Boys	February 1949
Ilminster	Junior Girls	November 1948
Ilminster	County Secondary	October 1.948
Ilminster	Boys' Granmar	December 1955
Ilminster	Girls' Gramar	January 1956

With the exception of those fortunate Ilminster children who were lucky enough to qualify for the Grammar Schools, none of the children have had a dental inspection in school for the last eight years. I doubt if there is any other town in the County with such an unsatisfactory record.

There is a nation-wide shortage of dental surgeons but the shortage in the school dental service is even more acute. At the beginning of 1955 the Somerset County Council with a permitted establishment of 24 dentists had 20. By the end of the year this had dwindled to 10. Somerset, apart from being a most attractive county in which to work, have offered inducements such as housing facilities and and permission to do a certain amount of private practice in order to attract dental officers. They advertise regularly in the professional and local press but they have so far been unable to obtain the needed dental surgeons. This must give rise to surprise and anxiety. One important cause for poor recruitment is the lower remuneration offered in local authority employment compared with that which can be expected in the Health Service. The salaries of dental officers are settled through the Whitley Council for the Health Services and the present scales are the result of an Industrial Court Award, therefore there must have been a

-7-

considerable discrepancy between what the employers were offering and that for which their staff were asking or there would have been no necessity for the Court to sit. There has been no significant change since the award was made and what is required now is some positive action by the Government to end what is fast becoming a very serious social problem. If there is no significant change, the Senior Dental Officer in his 1955 Report has stated, 'the children's teeth will deteriorate to such an extent that it is quite conceivable that a very large percentage of children will require dentures when they attain the adolescent ages'.

### Ophthalmic Servic .

At each school medical inspection I examine every child who has any eye defect whatsoever. I check the correction of their glasses and also check up on whether or not they are carrying out the directions issued by the ophthalmic specialist at the last appointment. If glasses are in need of repair or the correction does not satisfy me, I refer the child back to the person who made the glasses, and in some instances to the County Occulist who holds a weekly clinic especially for school children, at Taunton.

#### Epileptics and Spastics.

Any cases of epilepsy occurring in the area are referred to a specialist at Taunton who is able to carry out electro-encephalogram and other necessary investigations and then advise on the correct course of treatment. A copy of his report is always available to the School Medical Officer if the patient is of school age. Where it is considered necessary for a school child to attend a special school on account of the disease, it is possible to have them admitted to the Chalfont Colony where the Somerset County Council maintain a certain number of students.

## Blind Persons.

There are 19 blind and 2 partially sighted persons registered in the Ilminster Urban District. No cases of ophthalmia neonatorum were notified during the year.

#### National Assistance Act.

No statutory action was necessary during the year under this Section.

## Ambulance Service

The Somerset County Council ambulance service covered this area during week days. During the year they have been equipped with radio telephone. This has undoubtedly increased efficiency. During non-working hours and week-ends the Ilminster Ambulance, under the direction of Mr. Seaward was available to deal with any emergency calls. and intervial interviency is basis what his exployers were offering and the Grant which obers shall were unhing or there scall hive been as accessify for the Grant is required now in sole on significant change shaen the samed was and and and reside to very serious social problem. If there is no significant change, the issuer bestel offreet in his 1977 Report has dtated, 'the child'so's tooth will interview to such an extent that is a quite concelvable that how a very intro istant to state an while require is a such that the sole bild on's a tooth will interview to such an extent that is a such a concelvable that have been and istant of children will require lentered and they attain the sole boot a very intro accessed and the shill be wall be and the sole of the sole of the sole of the sole will be reacted the shill be will require lentered and they attain the shill and the state of children will require lentered and they attain the shill and the state of children will require lentered and they attain the shill and the shill a short the shill and the shill and the shill a shill a shill and the shill and the shill a shil

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#### SECTION C

## Prevalence of and Control over Infectious and Other Diseases.

There was an outbreak of measles in the early part of the year. It was general in the area and fortunately there were no serious complications. Apart from measles only seven other cases of infectious diseases were notified. Two of these were acute poliomyelitis but I am please to be able to say that following admission to hospital they made a satisfactory recovery and no paralysis resulted.

<u>Mass Radiography</u> The Mass Radiography Unit visited Ilminster in November, 1954 and was due again at the end of 1955 but owing to the increasing commitments offthe Unit, the visit was postponed until the beginning of the following year. The maximum benefit can only be derived from this service if the Unit visits regularly. For some years now the visits have been regular and our residents have been able to avail themselves of the service. In addition general practitioners who have among their patients cases of chronic chest conditions like to send these cases for a regular periodic check-up without a special visit to hospital for a full sized film. I regret the increasing interval between visits and hope that they will tend to lessen in the future.

In the past I, as Medical Officer of Health, have had direct access to the Unit which is a Regional Hospital Board Service. Now I am referred to the County Council and an official there, without reference to the local Medical Officer of Health, plans for the programme for the year. If a co-ordinating committee is desirable then surely local areas should be represented on the committee and in addition the Council's Health Department should have access to the Regional Hospital Board Services where necessary.

<u>B.C.G. Vaccination</u> In my recent Annual Reports, I have referred to B.C.G. vaccination of schoolchildren against tuberculosis. In 1949 official permission was given for its use for nurses and medical staff in hospitals and home contacts of active tuberculosis cases. Permission was extended to include school leavers at the end of 1953. Since then some 130 of the local health authoritics have prepared and operated schemes for children.

In Somerset the categories of persons at risk are offered B.C.G. but we still await a scheme for school children of leaving age, that is 14+ years. The notification rate and mortality from tuberculosis in Great Britain begin to rise at about the age of 15 years from their low levels in childhood.

The first progress report of the Tuberculosis Vaccines Trials Committee of the Medical Research Council has now been published. The report is of an investigation into the prophylactic of B.C.G. and of a similar British vole bacillus

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planetsony The Mane Rafformsphy Unit visited Historics in November, been and to evil the malyes of the sorvies. Is addition general stationers who have a most their patients cames of chicate chost oughtions testis weets the states and states

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vaccine on children agedd 14 to 15% years attending secondary modern schools in selected areas. The investigation which involved 56,700 children was well planned carefully executed and clearly reported. The results are unequivocal. It is estimated that a general vaccination scheme of children of this age should reduce T.B. Morbidity between the ages of 14 - 17 by about half.

The most striking fact in the report is that no case of miliary tuberculosis or tuberculosis meningitis occurred in the vaccinated groups whereas in the unvaccinated group there were three cases of pulmonary T.B. of a miliary type. In the group vaccinated with B.C.G. the annual incidence of clinical T.B. was 0.37 per 1,000 as opposed to 1.94 per 1,000 of unvaccinated and 0.44 per 1,000 given vole bacillus vaccine.

Each vaccine therefore conferred a substantial and similar degree of protection against T.B. over a period of two and a half years in adolescence. The protection conferred by each vaccine was evident soon after it had been given and was still substantial between two and two and a half years after entry into the trial. Supplementary incomplete information up to four years suggests that the protection is maintained for this period. It also appeared that the vaccinated children fared considerably better than those who had been naturally infected, but were without evidence of clinical disease at the time of entry to the trial.

In view of the very favourable results obtained in this trial among adolescents it is unjustifiable and probably impossible to conduct similar trials in other population groups. This means that policy will have to be based on information at present available, and to be made available in future reports on this trial.

It will be thought by many that the time has arrived for vaccination to be made available in this area to all children whose parents request it.

However, although vaccines can make a substantial contribution to prevention, it should not be assumed that efforts to control the disease by other means can be relaxed.

## SECTION D.

#### Environment Health Services

### A. Sanitary Circumstances

<u>Climatic Conditions</u> A total of 31.06 inches of rainfall was recorded during 1955, the average rainfall being 33.6. It was/reasonably dry year with prolonged periods of sunny weather during the summer. However, in the early months there was some severe cold which included heavy falls of snow as late as Nay.

-10-

encolants! arount there area three cames of polostary 7.3. or a sillary type. . In fur of without in the annual the the line of antiry to the track Widged by

<u>Water Supply</u> Despite the dry weather referred to above, the supply was satisfactory in quantity except for three days while the reservoir was being cleaned and this entailed a decreased supply. The only extension was about 100 yards of 3" asbestos main at Listers Hill and no further extensions are at present anticipated except when required for new buildings.

Drainage and Sewage Disposal There was no change in the methods of disposal during the year and work has not commenced on the £12,500 scheme which is awaiting Ministry approval. A length of sewer was relaid at Townsend at the approximate cost of £100.

Public Cleansing and Refuse Collection Refuse collection is carried out weekly by direct labour and disposal is by controlled tipping. However, the difficulties mentioned in last year's Report with fly nuisance in West Crescent, which is adjacent to the present tip, continued and the Council at the end of the year were actively engaged in trying to obtain the use of a tip in the Chard Rural District. Previously the Hinistry had been approached with a view to obtaining an incinerator but they would not agree.

The roads have been kept in very good condition by the Council's staff and the clean appearance of the town is frequently remarked upon.

Rodent Destruction The rodent operator continued to carry out routine inspections and treatment when necessary, in the town and no heavy infestations were detected.

Swimming Baths There is only one privately owned swimming bath in the town and that is at the Ilminster Boys' Grammar School. It is chlorinated by hand and the residual readings are taken 30 minutes after treatment. It is supplied by the town's main water.

B. Factory Acts.

Appendix D, table 2 gives details of inspections.

C. Housing.

A very detailed report on the present housing position can be found in Appendix D, table 3. It will be seen that only nine new houses were erected during the year, five by the Council and in addition the Council had six in the course of erection. The Government's new slum clearance policy will occupy the Housing Committee for some years to come and in order to get an accurate idea of the size of the problem a survey of the town was commenced towards the end of the year and already the Council have initiated action for the clearance of one site.

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a little for deale rears to come and it will for the it and any and the set of the set

Housing of the Aged Probably half of the time of general practitioners, the district nurse and the home help and possibly the hospitals is taken up with details of the care and treatment of old people and these medical and socialogical problems of old age take time. The position has now been reached that owing to the great advances in the treatment of acute illness we are being left with a greater and greater problem of infirmity, and we are facing an increasing mass of chronic illhealth and chronic disease.

Undoubtedly the home is the right and proper place for the old person to spend his life and therefore the general practitioner will be the main person concerned, but he is beginning to find that the purely clinical treatment of acute illness is not sufficient. Local Authorities are becoming increasingly aware that prevention or anyhow the control of degenerative disease is more important than the treatment of the advanced case. It might well be that Advisory Health Clinics for cld people, somewhat analogous to Infant Welfare Clinics, could do much in this direction. Possibly there is a need for routine health examination for the ageing and the aged.

Everyone must agree that it is more important to keep an old person healthy and active and leading a normal satisfying life, than to place him in institutional accommodation. It is also more economical. There are not enough beds now in hospitals and it is doubtful whether there ever will be sufficient to meet the demand, so that is why we must turn our thoughts away from institutional care to domiciliary care. The first requirement is more housing suitable to meet the needs of our ageing population.

I mentioned in an earlier paragraph that the Old Folks Club were asking the Council for this type of housing and I hope that we will be able to meet their request in the near future.

### D. Inspection and Supervision of Food

Milk There are three registered distributors and one registered dairy premise in the town. The routine sampling was carried out by the County Council and the details are shown in Appendix D, table 4. Only one sample was unsatisfactory.

Ice Cream No ice cream is manufactured in Ilminster but eleven premises are registered for the sale of the pre-packed product and of twenty-three samples taken all proved to be satisfactory.

Meat There are three privately owned licensed slaughter houses in the Urban District and Appendix D, table 5, gives a very detailed account of the inspections carried out.

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Mountar of the And Frederic and reaching and reaching the harpitale is total providuate, the district annes and the boos help and reaching the herpitale is total up with details of the sure and tractions of all models int it or motion and model and problems of all are taken time. The restingence has not been reached that eving to the great advances is the tractions of all south illness we are being left with a greater and areater problem of infirmity, and we included an increased of a breaker illbority and obreaky decays.

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are retire and leading a rear that it is and isportent to keep an old parene heatted and settire and leading a rear al satisfying life, then to place bis is institutional second adding. It is also pare economical. There are not econgly bede bar is heating and it is also pare economical. There are not econgly bede bar is heating as that is any us made turn our thoughts muy toos isolated to and the deal siling ware. The first requirement is care bounded extended one to deal siling ware. The first requirement is care bounded estimated to and the

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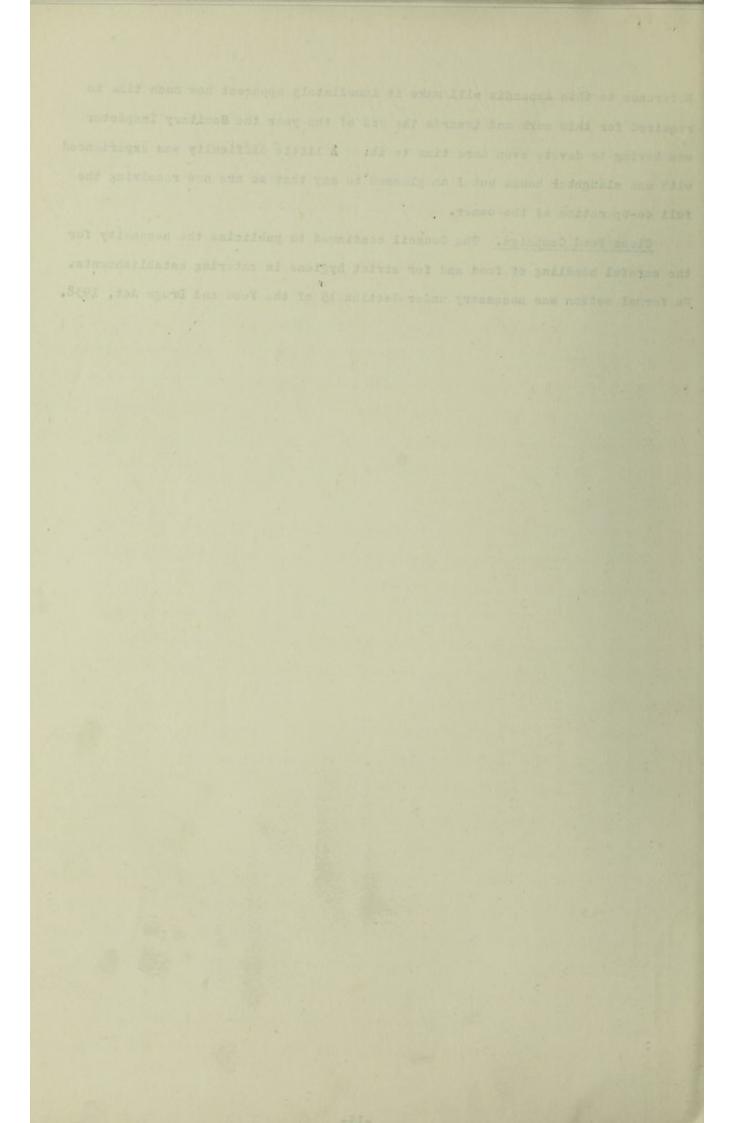
D. Thangerthen and Exportantly of Food

inthe term. The routine registers introduce on by the fourty families in the details are grown in hypersta or the families will an adapte on want interfere. Here from 10 tes areas is unattered in finitetter but shown preside on the registered for the sale of the pro-maked or duck antig tearty-there angles

Mail There we abreater telig owned Manused Blanghter bouned in the Urban

Reference to this Appendix will make it immediately apparent how much time is required for this work and towards the end of the year the Sanitary Inspector was having to devote even more time to it. A little difficulty was experienced with one slaughter house but I am pleased to say that we are now receiving the full co-operation of the owner.

<u>Clean Food Campaign.</u> The Council continued to publicize the necessity for the careful handling of food and for strict hygiene in catering establishments. No formal action was necessary under Section 15 of the Food and Drugs Act, 1938.



## APPENDIX A TABLE 1.

Registrar Gene	ral's esti	mate of p	opulatio	n mid 1	.955		 	2,750
Area							 	531 acres
Number of inha the Rate B							 	963
Rateable Value							 	©16,559
Sum represente	d by a per	iny rate			••••	••••	 	£64

APPENDIX A TABLE 2.

BIRTH RATE 9.8 per 1,000

.

F. Live Births м. Total. Legitimate 9 18 27 Illegitimate ---27 18 9 Total Still Births Legitimate 1 1 -Illegitimate ---1 1 -Total Deaths of Infants under 1 year Legitimate. 1 1 -Illegitimate --ī 1 -Total Deaths of Infants under 4 weeks Legitimate 1 -1 Illegitimate \_ ---1 Total 1

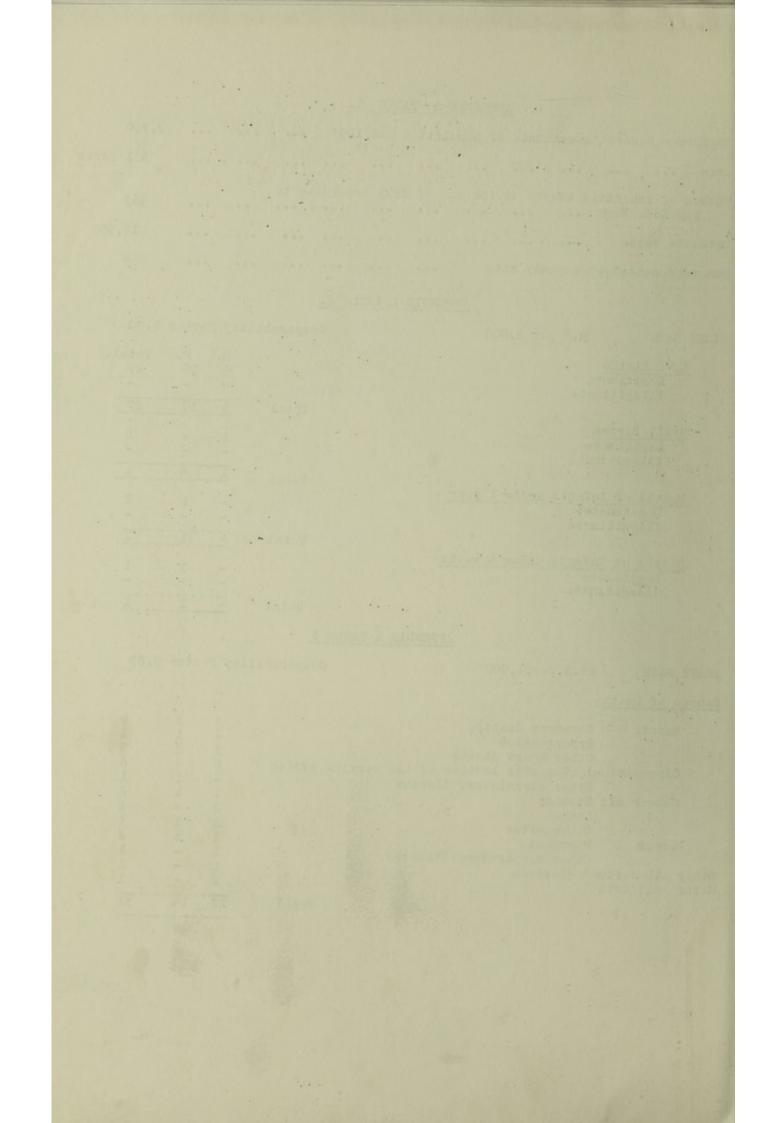
## APPENDIX A TABLE 3

DEATH RATE 11.3 per 1,000 Comparability Factor 0.87

Comparability Factor 1.00

## Causes of Death

Heart: Coronary disease	3	3	6
Hypertension	-	1	1
Other heart diseas	3	2	5
Circulation: Vascular lesions of the nervous system	2	4	6
Other circulatory disease	-	1	1
Cancer of: Stomach	1	1	2
Lung	2	-	2
Other sites	2	1	3
Lungs Pneumonia	1	1	2
Other respiratory diseases	1	-	1
Other ill-defined diseases	1	-	1
Motor accidents	1	-	1
Total	17	14	31



## APPENDIX B TABLE 1

## Ilminster Infant Welfare Centre

## Statistics for the twelve months ended 31st December, 1955

- Number of children who first attended during the year and who on their first attendance were:-
  - (a) Under 1 year of age 65
- 2. Number of children in attendance during the year who were born in :-

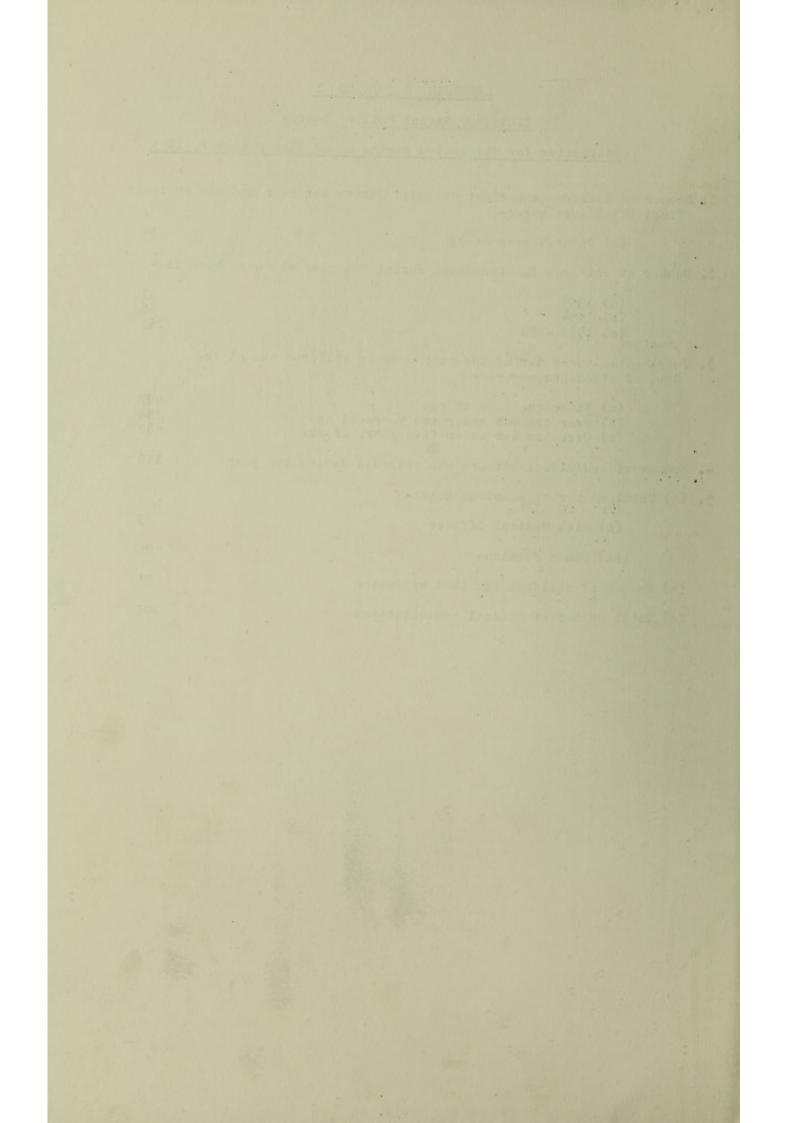
(a)	1955		31
(b)	1954		66
	1953	- 50	261

 Total attendances during the year made by children who at the date of attendances were:-

4.

5.

<ul> <li>(a) Under one year of age</li> <li>(b) Over one but under two years of age</li> <li>(c) Over two but under five years of age</li> </ul>	427 334 482
Number of individual mothers who attended during the year	116
(a) Total number of sessions held:-	
(i) With Medical Officer	23
(ii) Other sessions	29
(b) Number of children examined by doctor	94
(c) Total number of medical consultations	202

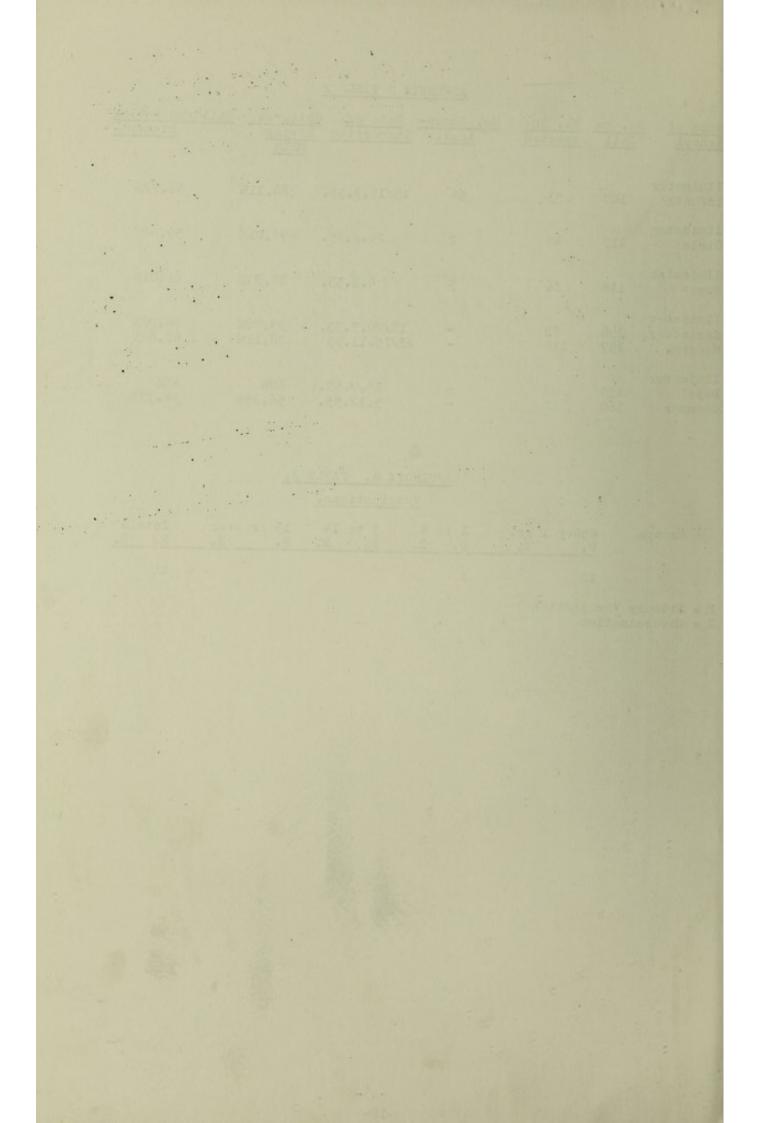


APPENDIX B TABLE 2

Name of School	No. on Roll	No. In- spected	No. Immun- ised.	- Date of Inspection	Childron having Milk	Children having Dinners.
Ilminster Infants'	107	53	54	15/16.3.55.	. 84.11%	46.72%
Ilminster Girls'	117	47	2 '	24.2.55	. 94.01%	59.82%
Ilminster Boys'	118	36	3	4.2.55.	. 84.74%	61.01%
Ilminster Secondary Modern.		82 110		18/20.5.55. 23/25.11.55	33.78% 28.11%	66.28% 68.62%
Ilminster Boys' Grammar	150 160	28 20	Ξ	15.7.55. 5.12.55.		48% 54•37%

		APPENDIX B. TABLE 3.		
		Vaccinations.		
Age Groups	Under 1 yr. P. R.	1 to 4 5 to 14 15 or over P. R. P. R. P. R.	Totals P. R.	
	10	1	11	

P = Primary Vaccination R = Revaccination



#### APPENDIX C. TABLE 1

## Infectious and Other Notifiable Diseases.

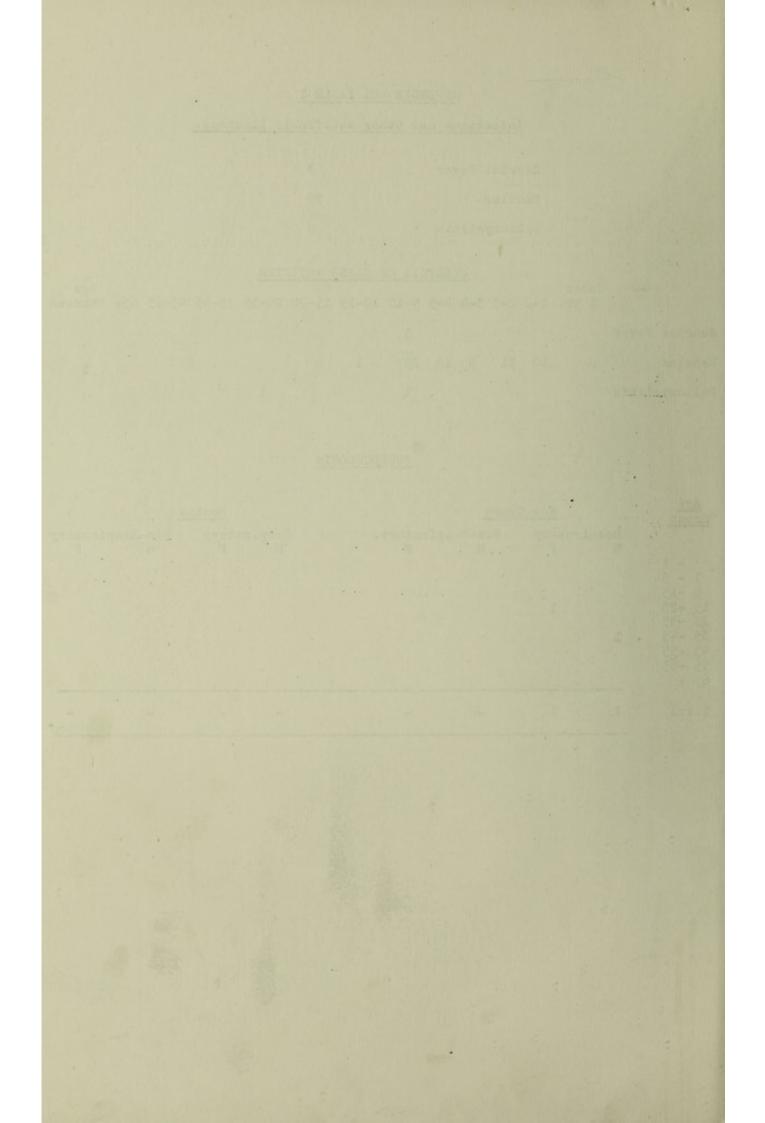
Scarlet Fever	3
Measles	75
Poliomyelitis	2

### ANALYSIS OF CASES NOTIFIED

	Under 1 yr.	1-2	2-3	3-4	4-5	5-10	10-15	15-20	20-35	35-45	45-65	65+	Age Unknown
Scarlet Fever						3							
Measles	2	10	11	9	12	29	l						1
Poliomyelitis						l			l				

#### TUBERCULOSIS

Group		New C	ases		Deaths				
	Respi	ratory	Non-Res	piratory.	Respi	ratory	Non-Respiratory		
- 1 1 - 5 5 -15	М	F	М	F	М	F	М	F	
15 -25 25 -35 35 -45 45 -55 55 -65 65 +	1	1							
Total	1	l	-	-	-	-	-		

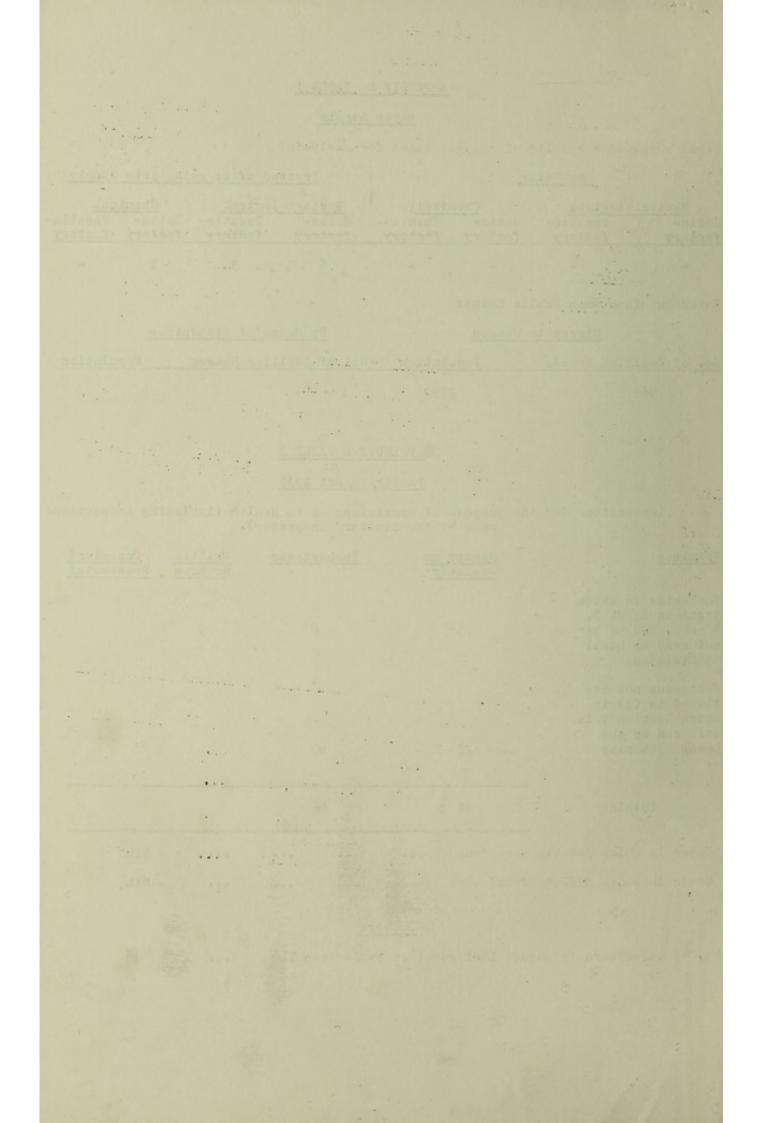


### APPENDIX D TABLE 1

## Water Supply

Piped supplies - results of samples taken for analysis:										
	Raw Wate	er		Tre	Treated after going into Supply					
Bacterio	Logical	Chem	ical	Bacter	iological	Cheni	cal			
Satis- factory	Unsatis- factory	Satis- factory	Unsatis- factory	Satis-	Unsatis- factory		Unsatis- factory			
			1000019				1000019			
-	-	-	-	6	3	l	-			
Water Supplie	s from Publ	lic Mains:								
	Direct to	Houses		By M	leans of Stand	pipes				
No. of Dwelli	ing Houses	Popu	lation	No. of Dw	elling Houses	Pop	ulation			
963		2	750	-			-			
			DDENDI	X D TABLE	2					
			100000							
			Factori	es Act 19	37					
Inspec	tions for t		of provis y the Sani		o Health (inc ector).	luding in	spections			
Premises		Number Regist		Inspecti	ons Writt Notic		upiers ecuted			
Factories in Sections 1, 2 4 and6, are t enforced by I Authorities:	2, 3, co be	3		6						
Factories not cluded in (i) which Section enforced by t	in 7 is									
Local Authori		23		40						
Total	.8	26		46						
Cases in whi	ch defects	were found				NIL				
Cases in whi	ch defects	found were	remedied			NIL				
			Outwor	k						
No. of outwork	leans in the	and Tink		a		20				

No. of outworkers in August List required by Section 110 ... 28



## APPENDIX D TABLE 3

## Housing.

Total nu	uber of pe	ermanent dwell	ings in Dist	rict .	.,		963
Total nu	mber of pe	ormanent dwell	ingsowned by	Local Au	thority .		197
Part 1.	The total	l problem (As	per Ministry	Circular	55/54):-		
(1)	within th and Rents	l number of ho he meaning of s Act, 1954, a Ll or Section	Section 9 of nd suitable	the Hous for actio	ing Repai n under	rs	80
(11)		years which the demolitio				r • •••	12
Part 2.	Orders al	tready made, e	tc:-				
(111)	covered b	houses in (1 by operative c owned by the	learance or (	compulsor	y purchas	0	-
(IV)	and for w have been	houses which which clearanc submitted to berative	e or compulse the Minister	ory purch	ase order e not yet	S	4
Part 3.	Action in	the first fi	ve years:-				
(V)	and for ware to be	houses which which clearanc made or whic within the f	e or compulse h are to be p	ory purch	ase order by		-
(VI)	areas sti years wil have been	houses which Il to be decl be owned by included in order submitt	ared and which the Local Au a clearance of	ch within uthority order or	the five or will a compuls		16
(VII)	patched ( years und	houses under if necessary) er Section 2 , for tempora	and retained of the Housin	l within ng Ropair	the five		-
(VIII)	Number of demolishe	houses under d in the five	(111), (IV), years	(V) and		be • •••	31
	operative five year the Housin		rders) to be of action un  Houses in course of	demolish nder Sect:  <u>Gaine</u> conver large	ed in the ion 11 of ed from rsion of houses o	Lost from conversion r two or more	
	G	uring year	ercetion		ngs into dwelling		one
Local Au	thority	5	6		-	-	
Private 1	Enterprise	4	l		-	-	
5	- Fotals	9	7		-	-	



	f Post-War Houses erecte 1 1945 to 31st December	and the second sec	Programme for 1956
	By Private Enterprise		By Private
148	41	12 houses	Unknown
(a) No. of temporary	housing units occupied ( (	i) Prefabs ii) Huts etc.	50
(b) No. of houses fou	nd overcrowded		Unknown
	sed as a result of an un following the issue of C		1
(d) No. of houses dem	olished during year		
(e) No. of houses mad	e fit during year		
Houses required :-			
(i) To abate overcrow	ding		)
	tisfactory conditions, e ouse but not included in		) for all) conditions
Total number of appli	cants for Council Houses	at the end of the	year: 84

### Improvement Grants made under the Housing Act, 1949-54

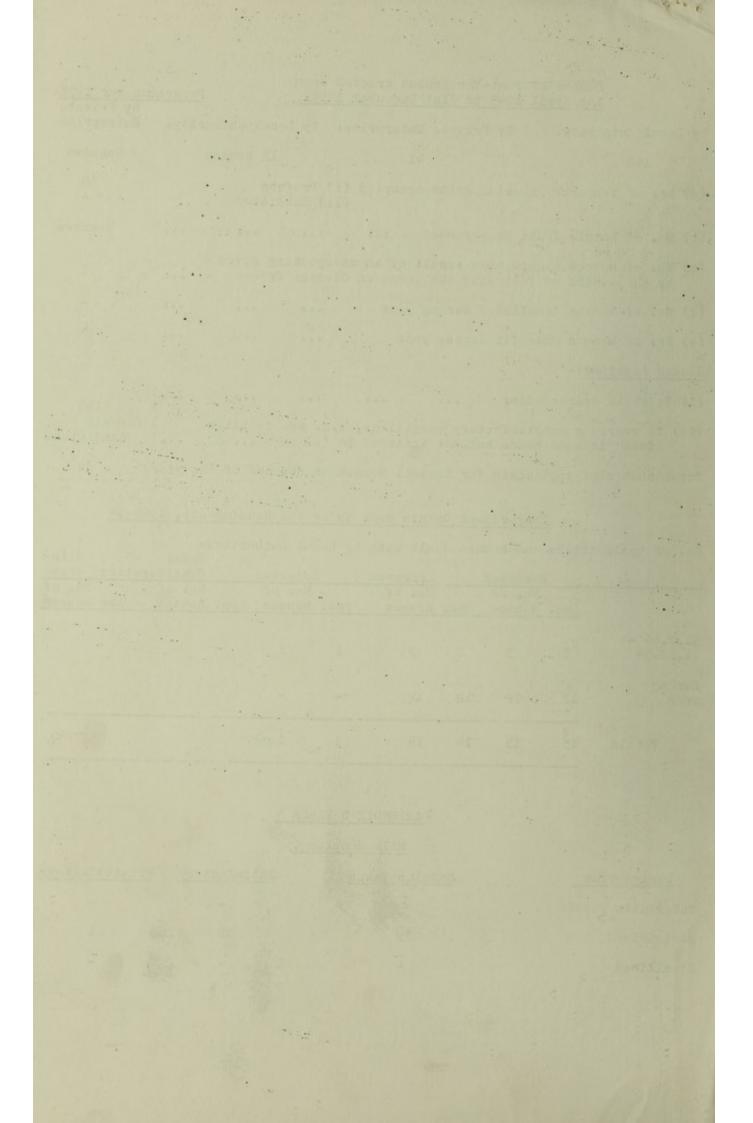
No. of applications and houses dealt with by Local Authority :-

	Received			Approved Rejected			Under Considera			
	Aps.	No. of Houses	Aps.	No. of houses	Aps.	No. of houses	Aps.	No. of houses	Ара	No. of houses
31.7.49 - 31.12.54	3	3	2	2	1	1				
During year	12	12	12	12	-	-				
Totals	15	15	14	14	1	l				

#### APPENDIX D TABLE 4

#### Milk Sampling.

Designation	Samples Taken	Satisfactory	Unsatisfactory
Tuberculin Tested	-	-	-
Pastourised	39	38	1
Sterilised	-	-	-



## APPENDIX D TABLE 5

30 42 300

### MEAT

	Slaughter-Houses and Bacon Factories									
(a)	Private Slaughter-Houses			Licensed 3		Operating 3				
(b)	Bacon Factories	•••		nil		nil				
(d)	No. of Slaughter-Houses in use where horses are <b>s</b> laughtered for human consumption			nil		nil				

# Carcases and Offel inspected and condemned in whole or in part during year:

	Cattle Excluding Cows	Cows	Calves	Sheep & Lambs	Pigs	Horses
Number killed (if known)	80	120	10	90	140	-
Number inspected	80	120	10	90	140	-
All diseases except Tuberculosis and Cysticerci Whole carcases condemned	•					
Carcases of which some part or						
organ was condenned.	2	3	-	1	-	-
Percentage of the number in- spected affected with disease	2.5	2.5	-	1.1	-	-
other than tuberculosis and cyst:	iceri.					
Tuberculosis only Whole Carcases condemned	-	l	-	-	-	-
Carcases of which some part or organ was condemned	l	2	-	-	-	-
Percentage of the number inspected affected with tuberculosis	1.25	2.5	-	-	-	-
Cysticercosis						
Carcases of which some part or organ was condemned	-	-	• -	-	-	-
Carcases submitted to treatment by refigeration	-	-	-	-	-	-
Generalised and totally condemned	-	-	-	-	-	-
Weight of meat condemned (in lbs.) for:-						
(a) Tuberculosis	16	550	-	-	-	-
(b) Cysticercosis	-	-	-	-	-	-
(c) Other	31	29	-	4	-	-
Total (in 1bs.) condemned	47	579	-	4	-	-

