

**Trotter, Miss**

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Dear Madam,

In response to your  
enquiry I have pleasure in sending  
a copy of the last Retreat report  
whfch will give you information  
respecting the Institution.

Yours very truly,

Miss Trotter.

*The Medical Superintendent is glad at any time to answer enquiries as to the health of patients; but unless there is special reason interim reports are not sent.*

## **The Retreat, York.**

### **REPORT**

*on the health of*

*Mrs H. E. Morgan*

*Mental condition*

*is unchanged*

*Bodily condition*

*is also unchanged*

**BEDFORD PIERCE, M.D.**

*M.W.*



5 Queen Parade.  
Harrowgate.  
Oct 15. 1916.

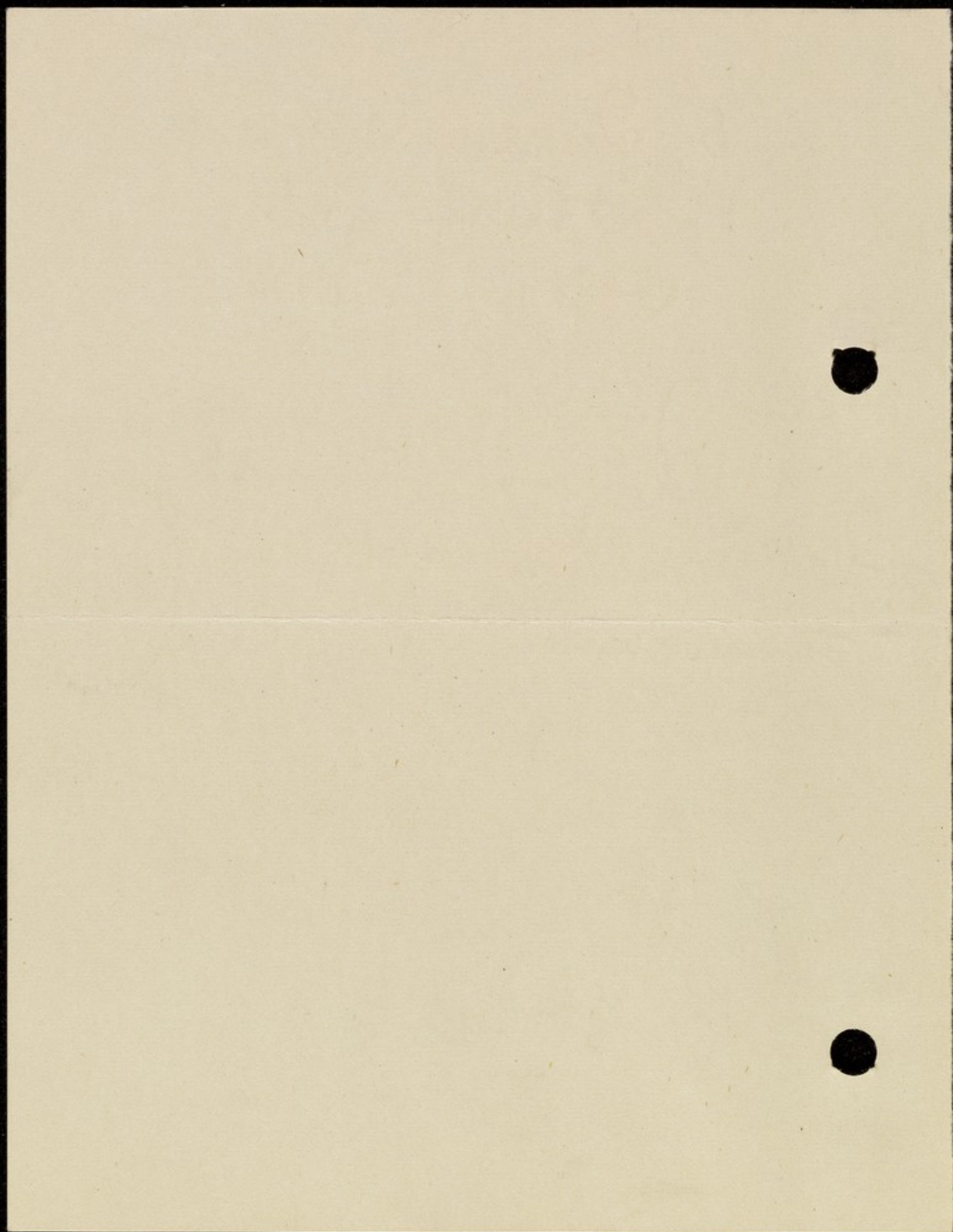
Dear Sir.

Will you kindly  
let me have a  
prospectus of the  
Retreat

Yrs. Truly

(Miss) Mary Trotter







5 Queen Parade.

Flanogate.

May 19<sup>th</sup> 1916.

Dear Sir.

I wonder if you would kindly let me have particulars of your convalescent home - which I am told is somewhere in the country.

Do you admit patients who have been in other asylums? Could you give me some notion as to the kind of life led by the patients - and if they must be certified before you will take them. I prefer to female patients.

Yours truly

May Foster.

Since writing this - I am told that you sometimes recommend nurse companions - with whom one could send a patient into rooms for a holiday. This patient is just about to be discharged from an asylum where she has been for 4 months.







Belmont School  
Flanogate -  
May 6 '1917

Dear Sir

Many thanks for your letter -  
I was very sorry that my  
sister was too much  
confused to stay at Shrewsbury -  
I shall be glad to forward a  
cheque as soon as your secretary  
has time to send the a/c.

With thanks

Yrs. truly  
Mary Foster







AND

6, PARK SQUARE,  
LEEDS.

BY APPOINTMENT.

TUESDAY, } 1.30 TO 4 P.M.  
FRIDAY }

TELEPHONE { YORK N<sup>o</sup> 112.  
LEEDS N<sup>o</sup> 3877.

THE RETREAT,

YORK.

26th April, 1917.

Dear Madam,

Dr. Gilmour sent a nurse for your sister, as she was quite confused and not able to appreciate the change of surroundings.

In a little while we will send you in an account for her short visit.

It was disappointing that it was not successful.

I remain,

Yours very truly,

Miss Trotter.



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N.B.—This Form must accompany any inquiry respecting this Telegram.



HEAR & SPOTSWOOD, L.A., Lond.

## POST OFFICE TELEGRAMS.

If the Receiver of an Inland Telegram doubts its accuracy, he may have it repeated on payment of half the amount originally paid for its transmission, any fraction of 1d. less than  $\frac{1}{2}$ d. being reckoned as  $\frac{1}{2}$ d.; and if it be found that there was any inaccuracy, the amount paid for repetition will be refunded. Special conditions are applicable to the repetition of Foreign Telegrams.

Office of Origin and Service Instructions.

Office Stamp.



oxford Place  
Malvern

Charges  
to pay

s. d.

Handed  
in at

**CONFIRMATION**

Received  
here at

10 17<sup>th</sup>

TO {

Bedford Pierce Retreat York

If sister possible please keep my  
written few you days longer have  
also Gilmour  
Tröthen



OFFICE TELEGRAMS



TO



c/o Miss Ford,  
 Bedford House.  
 Malvern -  
 April 23<sup>rd</sup> 1917.

- Dear Sir -

Your letter reached here this  
 afternoon but I have been out  
 all day & have just received it -  
 so that I have missed to-night's  
 post.

I am very sorry to hear of my  
 sister's relapse - especially as she  
 was so pleased at the idea of  
 going to Thuxbury Hall.

I thought that she was rather  
 vague once or twice on the  
 way to Scarbo' on Tuesday -  
 but put it down to the fact  
 that she was tired & excited  
 about leaving Scarborough Park -  
 If it can be satisfactorily  
 arranged, will it be possible for







2  
her to remain at the Retreat -  
at any rate for a time?

I am very anxious for this, as  
my sister has more than once  
expressed a wish that she might  
be sent there - & I should have  
tried to get her admitted last  
year had the state of her income  
made it possible - but now I  
think that I could overcome that  
difficulty.

I am not very clear as to the  
medical etiquette etc. connected  
with such a proposal. but I have  
written to Dr Gilman by the same  
post. he has always been  
most kind & if it can be  
managed at his end. I feel sure  
that he will do what he can.

Of course I realize that my sister  
will never be very happy  
wherever she may find herself -  
but I believe that it would upset







3  
her very much to return to  
Scaleboro Park, & if a prolonged  
stay at the Retreat could be made  
possible I feel very strongly  
that we ought to give it  
a trial -

I return to Belmont School.

Harrogate

on Friday or Saturday - but  
if I can help things by  
coming north earlier perhaps  
you will be so kind as to  
send me a wire -

I am very sorry that you have  
had any trouble - my sister  
seemed so much better when I  
saw her at Scaleboro - she was  
able to write me such sensible  
letters that I never thought of  
her slipping back again.

Yours v. truly  
Mary Trotter



Dear Mr. [Name]  
[Faint, illegible text]

[Faint, illegible text]



TELEPHONE 282.

THROXENBY HALL,  
SCARBOROUGH.

D. Let Mrs. Lett.  
 Yr. very truly  
 Faith A. Elkins

April 19 1917  
 Dear D. Lett.

Thank You so much for  
 sending Mrs. Brown. I  
 feel quite sorry to be  
 troubling you so just now.  
 But Mrs. Weston is certainly  
 too upsetting to the  
 others. She mutters a  
 lot to herself. I want



to pace up & down the  
drawing room - to not  
able to walk in the  
Country with the others  
& has to be told & made  
to do most things - She  
is evidently not an  
Austrian Case but more  
suitable to be at Thornbury  
with the Museum Visitors -

Miss Trotter's Sister's Address  
is " " c/o Mr. Ford.

Bedford Place.

Gt. Malvern -

She is visiting there & hoped  
to come to Sp. next week  
to see her Sister & stay in  
the High Barn Wood - She  
hoped if Miss Trotter could  
not stay at Thornbury  
that she could go to  
The Retreat - J. E. L. C.



TELEPHONE No. 18, BURLEY.

SCALEBOR PARK,

BURLEY-IN-WHARFEDALE.

April 19 1917

Dear Miss Elkins

I was trusting  
to Miss Trotter's sister giving  
you all the necessary  
information about her.

Miss Trotter had an operation  
about 10 years ago - removal  
of the womb & appendages -  
for what was stated to be  
cancer. On this account  
she was afterwards allowed to  
drift into a state of invalidism  
which gradually got the  
upper hand.



She came here about a year ago & improved & was able to be out all summer. Returning in the autumn. She is markedly wanting in driving power but will do any thing "if you make her" as she puts it. She has slept well out of observation & has not given any anxiety.

If at any time you are uneasy about her let me know & I shall send some for her. She is affected, lazy, wants too much sympathy.



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Any change affects her & I  
am hoping she may settle  
down. About a week before  
she left, she said to me  
"Am I going to Scarborough  
next week?" & on my telling  
her her sister was arranging it  
said "This is so sudden"

It is largely a prose -

However I did not expect  
her to be all alone at Thropwhay  
as she is "not worth the trouble"  
she may give you in little  
ways.



A telegram arrived probably  
reaching quicker than  
the telephone.

Excuse hurried note.

With best regards

Yours faithfully  
A. R. Gilman



Throsenby Hall

April 16.

Dear D. Prince,

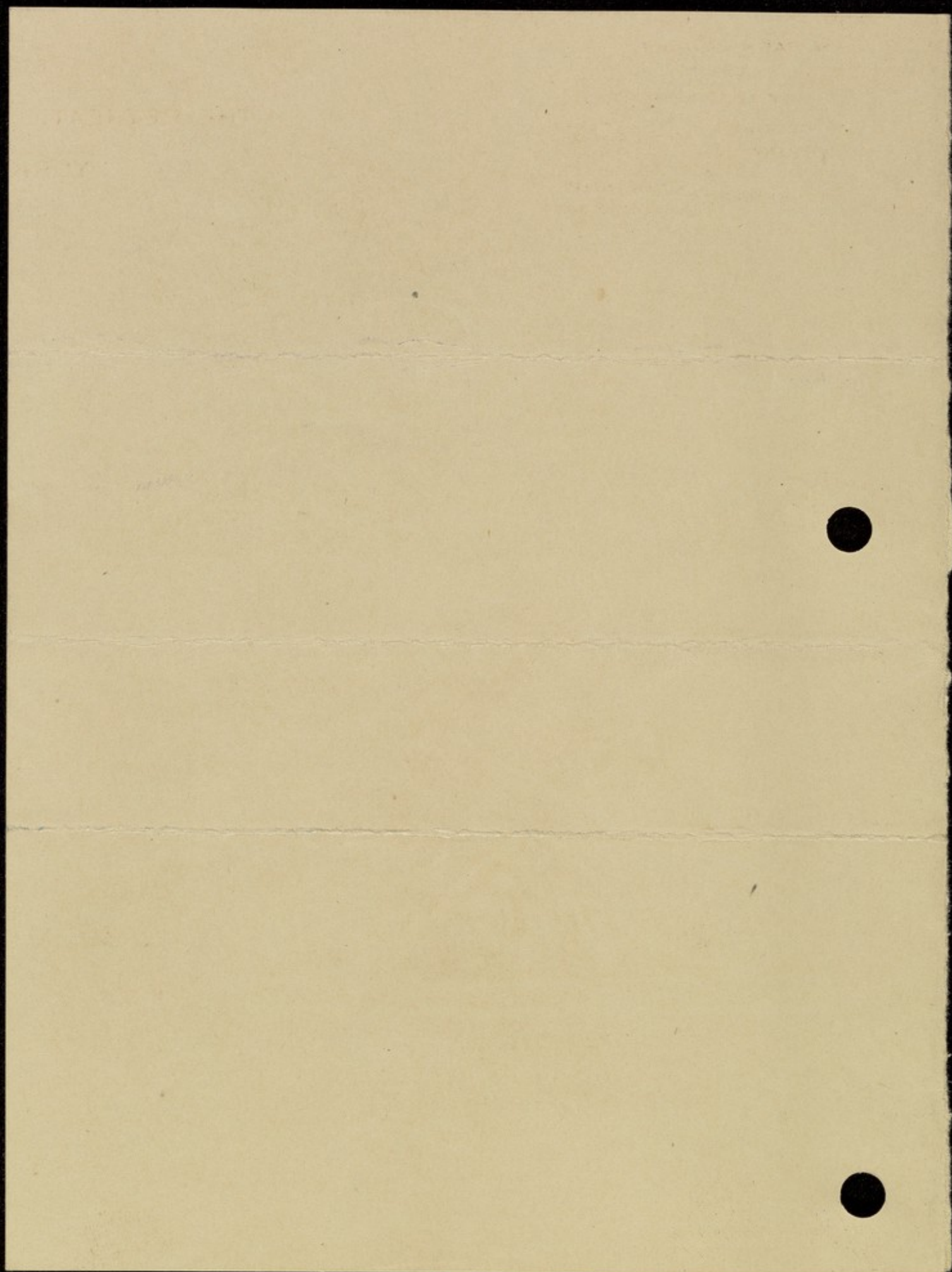
I got your letter this  
morning, & will expect  
Miss Trotter to morrow  
morning -

I have a cook & a scut  
coming this afternoon.

Yrs. Int. Servant

Edith. A. Perkins







AND

6, PARK SQUARE,

LEEDS.

BY APPOINTMENT.

TUESDAY, } 1.30 TO 4 P.M.  
FRIDAY }

TELEPHONE { YORK N<sup>o</sup> 112.  
LEEDS N<sup>o</sup> 3877.

THE RETREAT,

YORK.

14th April, 1917.

Dear Madam,

I t will be quite all right for your sister to go to Throxenby on Tuesday next. It will, however, be impossisble for me to be there to meet her, but I expect I shall be over there in a day or two.

I will inform Miss Elkins, the matron, that she will be coming by the train you mention.

I hope the change will be a striking success.

I femain,

Yours very truly,

*Trotter*



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April 11th, 1917.

Dear Madam,

I have heard from Dr. Gilmour, and am writing to him to-day saying that we can receive your sister at Throxenby Hall next week, and asking him if he can arrange for a nurse to go over with her.

The proposal is that she shall go on leave of absence from Scaleber Park, and should she relapse or anything go wrong she can return there without further formalities. I much hope that the change will be beneficial.

I remain,

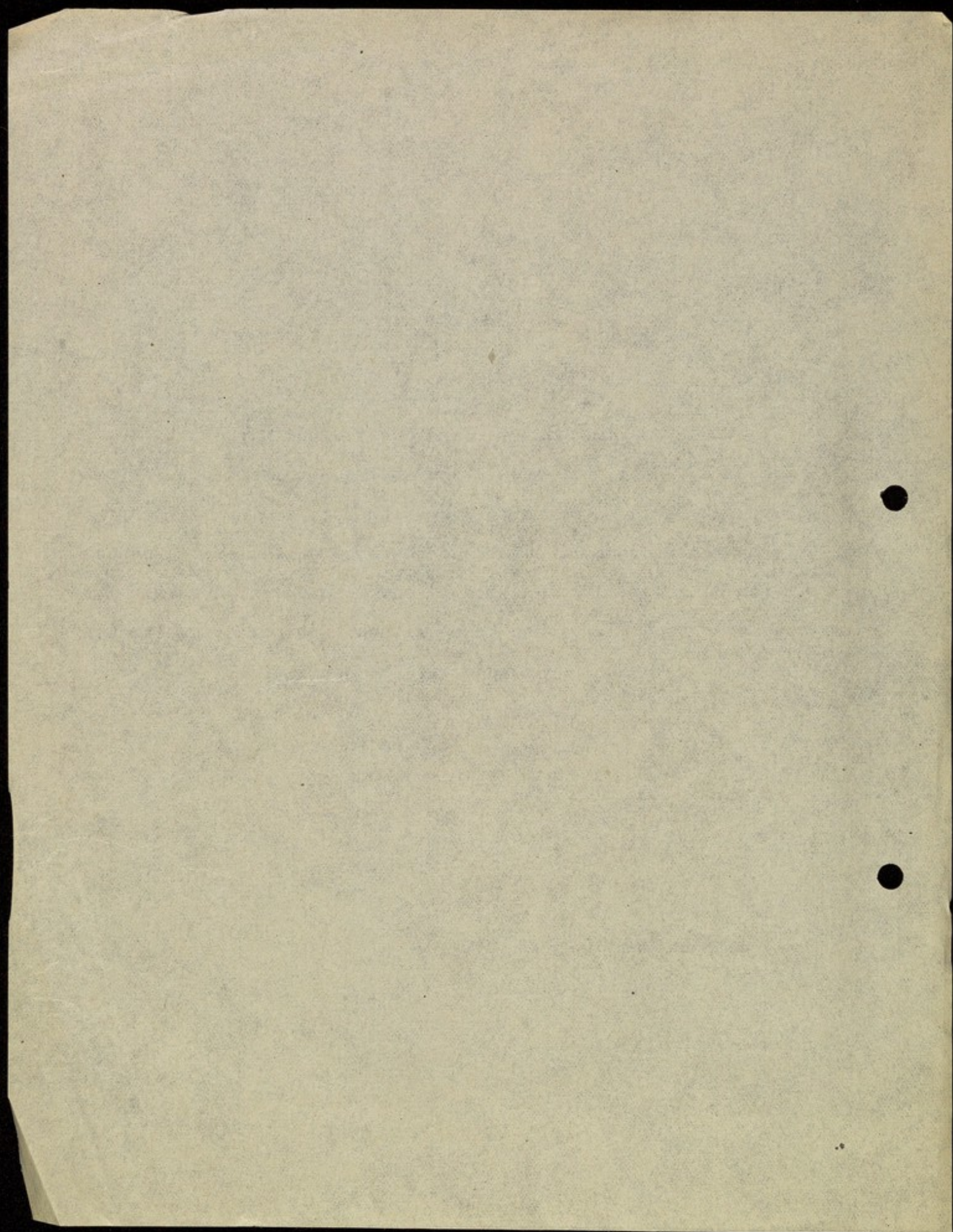
Yours very truly,

Miss Trotter,

Belmont School,

Harrogate.







April 11th, 1917.

Dear Gilmour,

I am glad to hear that Mrs. Baker is home again. One could not but think that there were some adverse circumstances at home which caused these repeated relapses. I gather her husband is rather a worrying type of man.

With regard to Miss Trotter I conclude from your letter, though you do not exactly say so, that the proposal for her to go to Throxenby has your full approval. If this be so we can receive her now at any time as I have arranged a vacancy there. How would next week do? I gather that all that is necessary is that you should give her so many weeks leave of absence, such as you think suitable, and we can then see how she gets on. If by any chance she relapses, or there is any trouble at Throxenby, she would then return to you.

Would it be possible for you to send a nurse to come over with her? I fancy the trains are not very convenient, but if they make an early start there ought to be no difficulty in going there and back in a day.

We have been very busy: we have had Sir Berkeley Moynihan doing a radical cure for hernia on an old man of eighty-three; and it looks like being a striking success. This was two days ago and the old gentleman appears to be very fit.

Yours very truly,



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TELEPHONE No. 18, BURLEY.

SCALEBOR PARK,

BURLEY-IN-WHARFEDALE.

April 9<sup>th</sup> 1917

Dear Pierce

Miss Trotter was admitted in June 1916. The history was then rather vague, a breakdown about 24, then invalidism, an hysterectomy stated to be for cancer at 25 years further invalidism - then the death of near relatives left her without help or care & she became more peculiar. The sister at Harrogate is acting as assistant at a large private school there she is rather a nervous person & easily upset & worried.

Miss Winifred Trotter the patient improved greatly after coming & she was out with a nurse



formed for her by her sister  
from June last year to Oct 9  
Zeppelins are said to have  
caused a return of the more  
restless symptoms.

She is now a quiet energetic  
ladylike person. As was  
+ convulses in a convulsional  
way. Complains of headaches  
+ has a restless day occasionally  
states that she can work if  
anyone keeps her at it +  
does so well. Helps in house  
work. Has the vague dissatisfaction  
with her surroundings that a  
mild dementia praecox so  
frequently has.

Her sister is anxious to do  
all she can for her and a  
friend at Harrogate suggested



TELEPHONE No. 18, BURLEY.

SCALEBOR PARK,

BURLEY-IN-WHARFEDALE.

(2)

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Therapy to her sister. She sleeps  
quietly in single private Room  
gives no trouble. Sooner or  
later she will drift into a  
more listless apathetic state  
again, in which she will  
whisper to herself in a lost  
dreamy fashion.

If you can take her I  
can arrange anything  
you please about the  
nursing.



Yes. Things are difficult & promise  
to become so. My male staff  
is reduced to about 6 & my own  
men & 6 crocks "brought in";  
I have also been busy on the  
nub side recently 18 fresh cases  
this year already which is  
quite exceptional!

Our female staff runs about  
66 hours per week on an average.  
We had hoped to reduce this  
but —. I have at present  
no assistance so am quite  
tied.

With best regards

Yours faithfully

M<sup>rs</sup> Barker is again  
under probation  
for the 3<sup>rd</sup> or 4<sup>th</sup> time  
but is doing better on

this occasion. Has gained  
greatly in weight & will ultimately do well if no  
"accident" occurs meanwhile!

J. B. Gilman



Belmont School.

Flanrogate.

Ap. 9. 1917

Dear Sir.

Many thanks for yr. helpful letter of yesterday -  
I am glad to hear that you will be able to  
take my sister at Thosensby Hall - provided that  
Dr Gilmore's reply is favourable -

I forgot to ask you about Medical Attendance - if  
it is included in the weekly fee - also laundry.  
Note what you say about the 10% increase -  
it is rather a serious item - but I am willing  
to risk it for a time at any rate - Possibly  
my sister might be able to earn a little - she  
ought to be kept occupied & that might prove  
an incentive - however one can see about that  
later.

I suppose I shall hear from you or Dr Gilmore in  
a day or two - I have had a slight attack  
of mumps & am not out of quarantine until  
Thursday so that I cannot go over to see  
him.

Yrs. truly  
Mary Fether







3/3 x 100%  
 3/3 x 100%  
 3/3 x 100%

cp Miss Corlett.

Belmont School.

Flanogate.

April 5' 1917

- Dear Sir -

I have been advised by my Uncle Dr Hedley of Middlesbrough and Dr Gilmore of Scaleby Park, Bowley-in. Wharfedale to write and ask if it would be possible to get my sister admitted to Throscenby Hall.

The case - briefly - is this. - She is 36 yrs. old - is at present in the Scaleby Asylum - She was sent there for the first time in Jan. 1916. & by April was so much better that she able to spend the whole summer out on probation - with a nurse companion - in rooms. My parents are dead & I - who am her nearest relative - teach in a School - & our house is let. it not being advisable for us to live alone together - moreover my sister finds Hexham too relaxing. In Oct. she became ill again & was sent back to Scaleby & now she is so much better again that I feel very strongly that it is not fair to her that she should be kept there any longer for the present - She when well. She is



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quite able to take a moderate part in everyday life - is quiet & nice mannered - likes refined society, good books & music etc. although she is not clever herself. But she feels that she would be happier & have a better chance in such a place as I imagine Throxbury to be. where there wd be a certain amount of control combined with a feeling that she can exercise her own will to some extent. I have three weeks' holiday now and am anxious to get something settled in that time. I understand that the fees at Throxbury are 3gs. per wk. I fear that her income will not run to more than that - indeed she has only about £150 per year - ~~sometimes~~ but more <sup>when</sup> I succeed in letting the house. but I should be able to help her out as I am very anxious to find a comfortable happy home for her where I could see her sometimes.

● I have not given you any medical details as Dr Gilman wd do that better than I - but if you wish it I will ask him to write to you.

I hope that I have not taken up too much of your time, ~~to~~ but it seemed more sensible to give a few details.

Yrs. truly

May Foster.



