

Stoddart, Helen May

Publication/Creation

1915-1916

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Wellcome Collection
183 Euston Road
London NW1 2BE UK
T +44 (0)20 7611 8722
E library@wellcomecollection.org
<https://wellcomecollection.org>

Name. Helen May Stoddart - Ward.

Date of Exam.

General Bodily Condition.

Height 5 ft. 4 1/2 in

Weight (without clothes) 14 St. 13 lbs.

Nutrition not very good

Injuries (if any) —

Deformities —

Head & Neck

Teeth

Trunk

Arms & Legs

Skin

Hair fairly abundant, healthy
+ grey color.

Complexion very pale

Tongue Clean

Pulse 92

Colour

Respiration 14

Temperature 94.

Mental Condition.

General Appearance Very fine

Conversation Good

Clearness "

Orientation "

Memory "

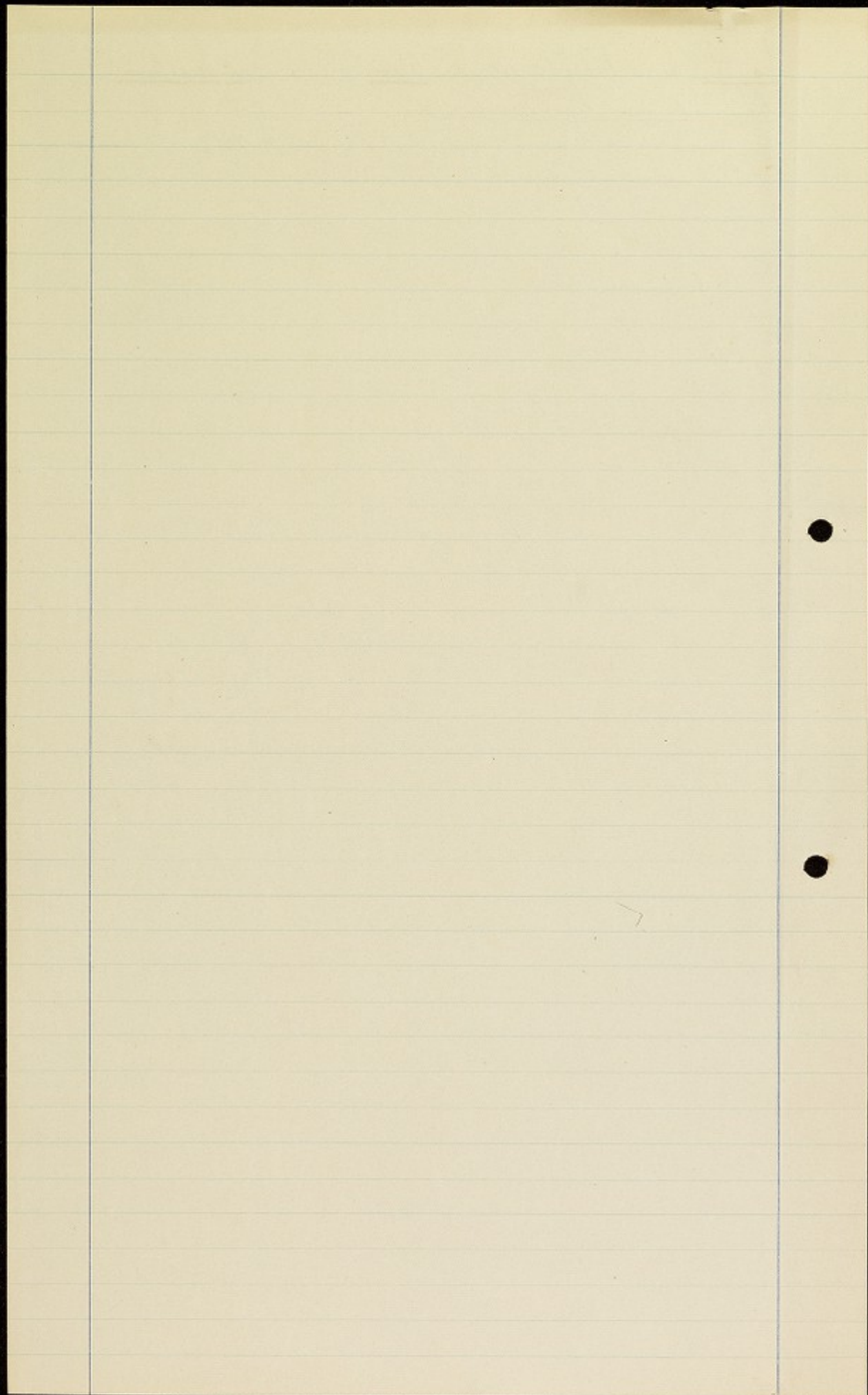
Coherence "

Delusions & Halls. —

Emotional State

Complaints

Conduct & Behaviour. Good.



Name. Helen May Stoddart. Age 45 or 46 Date of admission. Oct. 7. 1915.
Address. To Miss White, Wilton House School, Reading, Berks.
Description. Single. nurse.
Religious Persuasion. Church of England.

H. P. C.

Has been in the London County Asylum, Hamwell and afterwards in the Birmingham City Asylum. Has been suffering from mental disorder since January, 1915.

P. H.

Inclined to be anemic.

F. H.

One sister at the Retreat, York.

Abstract of certificates.

Patient is in a very melancholic state and says she cannot trust herself and that she feels she must kill herself. Says she has taken something to destroy herself, she refuses food, and will stay in bed.

Oct. 24th 1915

Miss Stoddart was very depressed the first few days: had a private talk with Dr. Pierce + seemed to be much better since. Helpful with the fall work. Inclined to ask for medicine on the slightest provocation but is agreeable when it is refused.

Oct. 31st

Miss Stoddart not so well mentally: rather inclined to sarcasm regarding her treatment: Complained of severe headache which Aspirin did not relieve: Calomel 8^{gr} given but we think the patient did not swallow same as there was little or no result from it. Feeling better the next day but asking to be taken off her iron tonic, which Dr. Wilson did not grant. Does less fallg. work.

Nov. 14th Patient much free from headaches + has had a very noticeable one for the last three Fridays. Reported to have had about two hours sleep each night.

Nov. 31st

Patient has not complained of headache all week, + is sleeping better. At times very nervous + irritable.

Dec. 3rd

Patient has been promised some clerical work to do in the building as she seems anxious to earn some money. Has had to go to bed today with severe headache, which cannot be relieved with Aspirin, mustard at the nape of neck, or cloths ^{wet} and with Spirit on them.

Name *Miss Shodart*

Age

Ward *Centre*

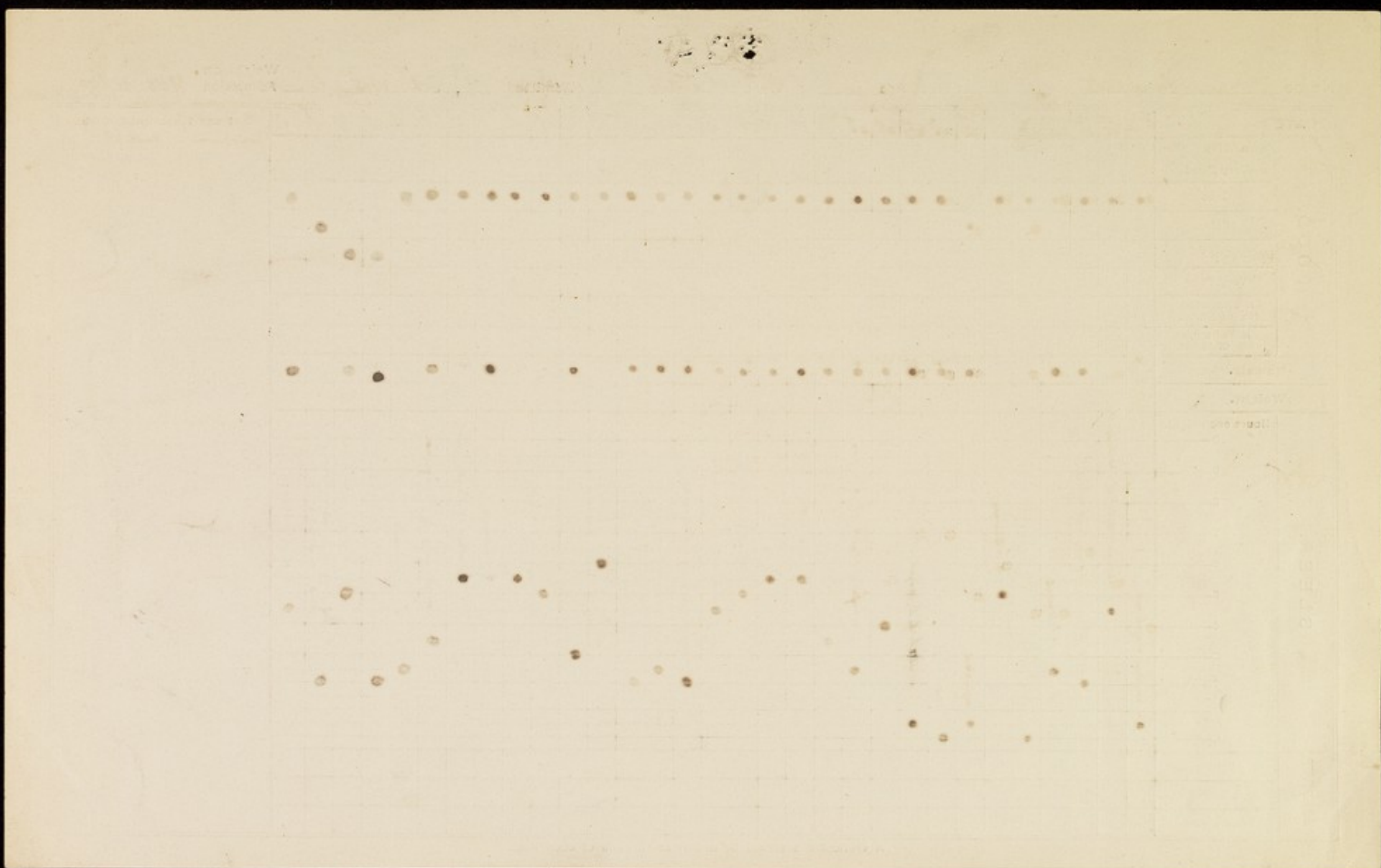
Admitted

*4th Oct. 1915.*Weight on Admission *45 1/2 12 1/2*
without clothes

DATE		19 th	20 th	21 st	22 nd	23 rd	24 th	25 th	26 th	27 th	28 th	29 th	30 th	31 st	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th	11 th	12 th	13 th	14 th	15 th	16 th	17 th	18 th	19 th	20 th		
FOOD.	Quantity Taken																																			
	Very Good																																			
	Good	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
	Fair																																			
	Poor																																			
	Very Poor																																			
SEDATIVES.	If Spoon fed No. of times.																																			
	If Tube fed No. of times.																																			
Bowels.		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
Weight.																																				
SLEEP.	Hours each night.	10	9	8	7	6	5	4	3	2	1	0																								
		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
Drug																																				
Quantity																																				
Time given																																				

Diet and Treatment Ordered.
Colic! given March 2nd

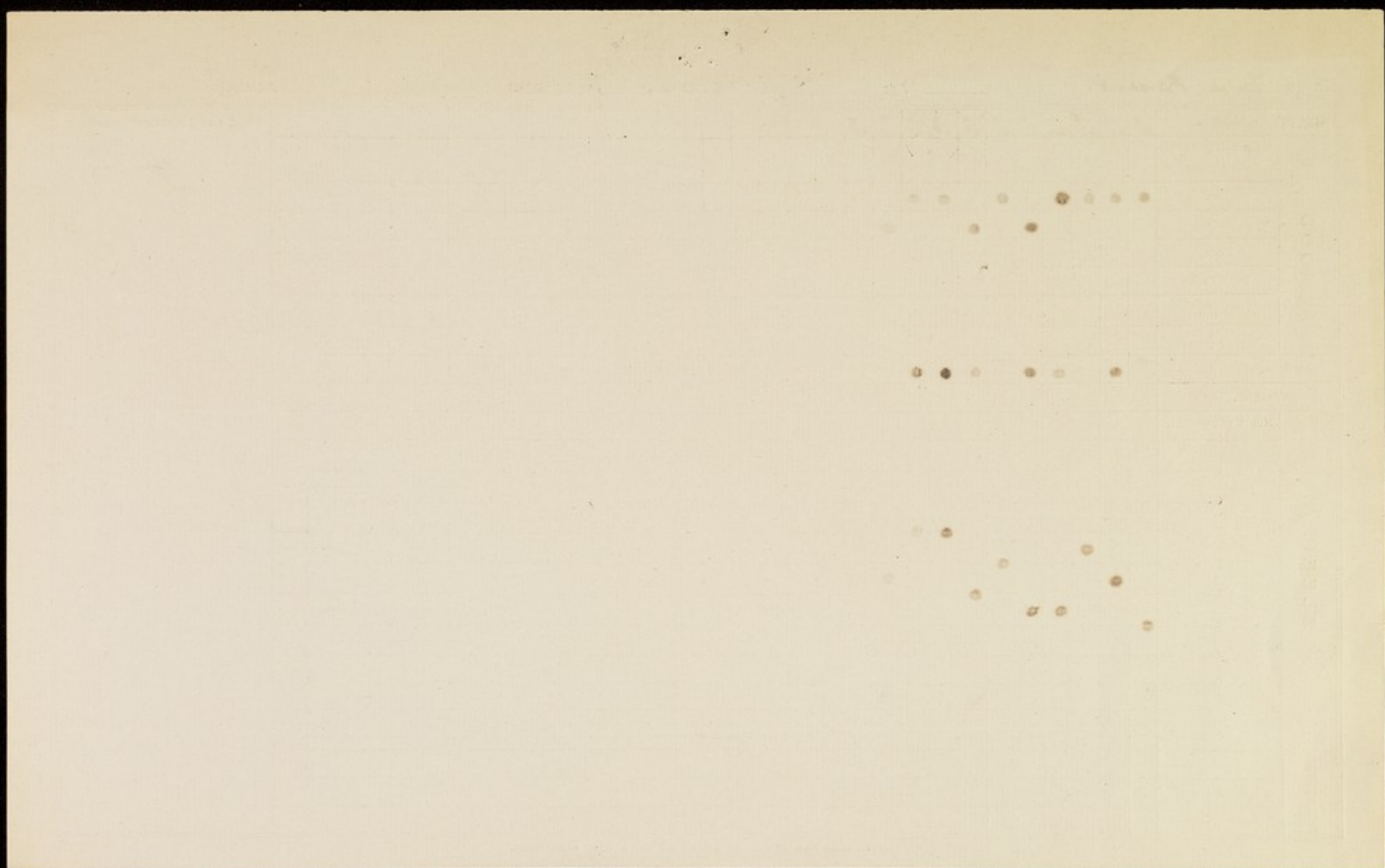
A vertical line should be drawn at the end of each week.



Weight on Admission

DATE March.					
	21	22	23	24	25
FOOD.	Quantity Taken				
	Very Good				
	Good
	Fair			.	.
	Poor				.
	Very Poor				
	If Spoon fed No. of times.				
If Tube fed No. of times.					
Bowels.	abs.
Weight.					
SLEEP.	Hours each night.				
	10				
	9				
	8				
	7				
	6				
	5				
	4				
MEDICINES.					
Drug					
Quantity					
Time given					

A vertical line should be drawn at the end of each week.



Dec. 11th

Miss Stoddart has felt her head aching most of the week, but has not gone to bed. Patient has not started the promised work for The Retreat.

1916

Jan.

23rd

T. has improved of late: has not been laid up with headache altho she says she is not entirely free from them.

Has been working in office & laundry.

Jan 30th

Miss S. had had headache during the week and had to be in bed for three days. Empirin given & no relief.

Better to-day: up & attending meals down stairs

Feb 6th Miss S. rather inclined to sarcasm in her conversations in the workroom. Headache still troubles some at times.

Feb. 13th

Miss S. has been in bed for three days with one of her severe headaches. Aspirin gr. X given and no relief, also Antipirin ^{gr. V} with no relief.

Feb. 20th

Miss S. has been very suspicious all week, especially with the staff on the gallery. She thinks we are all against her, and that the Sister teaches the nurses to disregard ^{her} & be disrespectful to her. Miss S. also gone off her food, and has been transferred to the Centre gallery.

S. Martin

Miss Stoddart.

- Feb: 21st Patient having bed-treatment - very agitated and worried.
- 22nd Brighter but still very agitated.
- 23rd A good day cheerful.
- 24th Complains of indigestion - seems brighter.
- March 5th Patient continues to improve - looks very much better - takes her meals better. Complains of headache. For sleep see chart. Weight 8 st 4 $\frac{3}{4}$ lbs.
- " 12th Patient still in bed - complains of indigestion & does not wish to take her meals. At times she has been most rude to the nurses.
- " 19th Patient has not been so well for the past weeks - she complains of sick headache - is full of accusations & complaints of her treatment. She says that the nurses are taught to disregard her - that they are kind to all the other patients & make an exception of her.
- " 26th Patient has been up for a short time each day but is very agitated & troublesome over meals.
- " 31st Patient left The Retreat today.

