

Smith, Bertha Helena

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Name, Bertha Helena Smith Age. 45. Date of adm. Dec. 17. 1914.
Address. The Friary, Middleton St. George, Co. Durham.
Description Single
Religious Federation. None - has attended Friends' Meeting, Chapel etc.

Abstract of Certificate.

Patient in a great state of excitement, her hair loose. Took no notice of any questions put to her. Talked in a loud imperious tone, and ordered the Matron of the Retreat to come and kneel at her feet because she was the Czarina of all the Russians.

Special Features.

Fit

Habits

Horrid

Suicidal.

Feb 3rd 1915. Good day, went on the Terrace for the first time. wrote letters in the evening.

Feb 7th 1915 Chattering & talking to herself all day. went to meeting for the first time & was very good & quiet.

Feb 11th 1915 Very noisy & excited & inclined to be violent, throwing things about the gallery & very nasty & rude when spoken. Accused Sister of causing the death of two of her relatives.

Feb 18th 1915 Very badtempered & abusive, complained in the afternoon of pains in the head & back. Temp 101st refused medicine. Evening Temp 103rd.

Feb 19th 1915. Morning Temp 99st. Had a fairly good day & more amiable, cough troublesome at times. Even Temp 96st, wet 4 times.

Feb 21st 1915. Very irritable & complaining

March 1st 1915 Got up & dressed, violent in Courtyard. very sullen afterwards.

" 2nd 1915 Very sullen & rude & fighting with M^{rs} Lij.

" 9th 1915 Fairly good on the whole, but very abusive to her brother when he came to see her

" 15th 1915. Much better on front gallery for meals & goes out on the Terrace.

" 20th 1915 Has been very good the last five days on front gallery & going out on the Terrace

" 21st 1915 Rather touchy. wanted to go to service in the Minister, said she had as much right as the other patients, went to meeting here in the evening & interrupted D. Prince.

" 22nd 1915 Good day.

" 23rd 1915 Fairly good day. abusive at times.

" 24th 1915. Very uncertain all day.

- March 25th 1915. Very abusive towards the nurses. went to Entertainment in the afternoon, threw flowers about. but was quiet.
- " 26 " Wakeful & very noisy until 2. a.m. slept later. Demanded cocoa for lunch said she never drank coffee, which she has drunk many times since she came. at dinner time she refused fish. said she never ate fish & she has had it once a week at least since she came & always enjoyed it.
- April 8th Miss Smith has not improved since last report. Sleeps well & noisy during the night at times. Chatters & talks to herself a great deal & plays the piano at times but never plays a tune.
- April 22nd Has been very much better & more sensible the last week, has gone to prayers & concerts & meeting.
- April 26th Not quite so well. Talking to herself most of the day.
- May 1st Much the same.
- " 6 Very rude to her brother today when he called to see her. wearing feathers for a button-hole & wool for a bracket.
- May 15th Very noisy Talking continually & complaining of everything & every body.
- May 21st Very uncertain. still complaining.
- May 28th Fairly good. walks round the grounds.
- June 5th Very uncertain & grumbling. Has marks on front.
- June 13th Very noisy the last few nights, talking incessantly & interfering during the day.

June 14th 1915. Very noisy, excited & interfering, pulling the patients hats off & throwing them over the railings when in the court. Banging on the piano & throwing things out of the window when indoors.

June 25th 1915 Sleeping a little better & is a little quieter at night, but still very noisy & interfering.

July 2nd 1915. Very noisy & excitable & interfering.

" 9th 1915. " Talkative & complaining told Miss Swighton that she can't get anything she asks for. Says she never gets milk & can only get hot water by asking time & again. Miss Smith gets milk every morning for lunch. At breakfast she has 2 cups of tea & one of hot water, the same at tea time & at supper a cup of cocoa & a cup of hot water.

July 14th 1915. Much quieter & on the front gallery.

" 23rd 1915. Very good & gives no trouble goes to prayers, walks round the garden & has meals on the front gallery.

Aug 1st Not so well inclined to be troublesome

" 5th Very talkative this A.M. had a walk round the grounds, very miserable this afternoon was crying for a while, brightened up again dreadfully noisy in the evening

Aug 19th Very noisy & interfering on lower gallery.

Aug 25th Has been better this last week

26th " " on the front gallery all the day out on the Terrace this A.M.

Aug 28th Very good, gives no trouble goes to prayers, walks round the grounds & has his meals on the front gallery

- Sept 3rd Has been very good. Sleeps very well visited by her brother
- Sept 9th Very good & sensible. beginning to think about new clothes.
 " 14th Very Patient has been very noisy, excited, troublesome & violent towards the patients, kicking & banging them when she thought the nurses did not see her.
 Very little sleep & noisy during the night.
- Sept 23rd Has been very noisy, excited & violent at times, knocked N. Phelan down in the afternoon & then got her by the neck in the evening, destructive - tore a blanket, mattress cover & the binding off the mattress. in bed to-day on the balcony & is fairly quiet & keeps in her bed.
3. X. 15.
 Very little sleep & very noisy at times ^{during the night} & in bed through the day on the balcony. keeps her bed but very abusive & grumbling about her food.
 Was very noisy & abusive to her brother when he came to see her.
10. X. 15.
 Miss Smith has been in bed on the balcony each day from 10 a.m. to 4 p.m. a little noisy & complaining at times but on the whole a little more rational.
- 14th X. 15.
 In bed all the week on the balcony from 10 a.m. to 4 p.m. Fairly good week on the whole, sometimes more sensible than at other times, but no permanent change.
- 24th X. 15.
 In bed on the balcony all the week, very bad tempered at times & grumbling & finding fault with everybody. very rude to Dr Wilson last evening.
- 31st X. 15.
 Very noisy & excitable at times. had to be brought in from the balcony one day because she was so noisy & interfering. Sleeps part of the night & is generally noisy the other part of it. Takes food well.
7. XI. 15.
 Rather quieter week on the whole, & talks more sensible.

Miss Martha Smith

- Nov 14th Miss Smith has been much quieter & more sensible, up & dressed & sitting on front gallery & walking on the Terrace.
- Nov 21st Miss Smith has been very good & quiet & sensible all the week, sometimes only spoken when spoken to.
- Nov 22nd Good day but rather depressed.
- " 23rd " " " " " "
- " 24th Very depressed all day.
- " 25th Very depressed ~~all day~~ early night, noisy, singing this a.m. & no sleep. Very talkative all day.
- " 26th Very depressed again today.
- " 27th Slept about 2 hours - restless & singing.
Very noisy all day until after tea, when she became a little more like herself.
- " 28th Slept well all night, but very sulky during the day.
- Dec 5th Very noisy, badtempered & grumbling about every thing & everybody connected with the Retreat.
- Dec 12th Very noisy, badtempered, & destructive, broke the castor off her bedstead & she padded door of her room.
- Dec 19th Sprained her ^{left} ankle on the 12th but did not tell any one until the evening. Would not let the doctor see it, said it wasn't much. Had it managed & it is alright again now. Is a little better on the whole less noisy & not so badtempered & grumbling as she has been lately. Says she is leaving the place & going to Scotland at the end of the year.
- Dec 26th Very noisy & restless at night & very badtempered & cross during the day.
- Jan 2nd 1916 Sleeping much better & is a little more sensible.
- " 9th 1916 Very good & fairly sensible all the week until last night when she began singing in the night, rather talkative this morning.
- " 16th 1916 Very noisy & abusive, all the week & wants to go to another Asylum, says it is too expensive for her here.
- " 23rd 1916 Fairly good & quiet week on the whole.
- " 28th 1916 Transferred to Craig House, Morningside, Edinburgh.