And I said, oh that I had wings like a dove! for then would I fly away, and be at rest. I would hasten my escape from the stormy wind and tempest.

✢ ✢ ✢ ✢

I hear thee in the song of birds,
Thee, in the gladdening flowers, I see,
And earth has music for the words
That came to us from heaven through thee.

✢ ✢ ✢ ✢

To those who knew and loved her.

MARJORIE MALTBY,

Died December 5th, 1917,

AGED 34 YEARS.

Her body lies in the Burial Ground of the Friends' Meeting House, Sidcot, Winscombe, Somerset.

NAT. TEL. No. 2. WINSCOMBE.
TELEGRAPHIC ADDRESS: "MENDIP, WINSCOMBE."

Head Master:
BEVAN LEAN, D.Sc., B.A.

Sidcot School,
Winscombe,
Somerset,
Dec 23 1917

Dear Percie.

I'm sorry to have been so long before replying to yours of the 6th: the end of term does seem rear finishing overwhelmed with matters claiming attention.

Mother's end came with less of a shock than many would suppose: our minds had been prepared for it. It was a worry to all when she returned home that she was far from well. We really think it best as it is: it will be the strain to Marjory should be removed. She has borne herself wonderfully. The funeral happened to come when the Scair Camp was here & all attended. The meeting house was crowded:

the coffin was covered with flowers many sent by people in the village. Cr W. L. A. etc.

No - that an entire delusion of poor Miss Farrand: there's no basis of fact.

Esther Clark was not a great success. At two occasions she could not get up (at home) to come here for her work. Then looked her in our house for a week & later she came for 2 weeks into the school. Then she did housework: when with us too she could sew - a thing she won't do at home. She is very fractious sometimes at home. I think she ought to take a half time residential post somewhere in a new environment. (She does not continue with us after Xmas).

Greetings to you all. How is Marjorie, Raymond? I wish you could join us for a few days golf at Burnham.

Sincerely yours
Beauchamp.

SIDCOT,
WINSCOMBE, R.S.O.
SOMERSET.

Dec 9. 17

Dear Dr. Pierce,

Thank you for your very kind note. I fear that something in my letter of Wed. may have sounded like blame or reproach. But indeed that is not so. I know you did all that anyone could, & I shall always be grateful for

it, and for the personal kindnesses you & Mrs Pierce showed us both on every possible occasion.

Yours very sincerely

L. E. Maltby

6th December, 1917.

Sir,

I regret to inform you that Mrs. Marjorie Maltby committed suicide yesterday at her own home at Sidcot, Winscombe, where she had been on leave of absence since the 1st December.

Her husband informs me that she jumped out of bed at night and threw herself from a window upstairs, and died from a fractured base of the skull in two hours.

I am,

Yours faithfully,

The Secretary,
The Board of Control,
66 Victoria Street,
Westminster, S.W.1.

Sidcot
Winscombe R.S.O.
Somt.
Dec 5/17

Dear Dr. Pierce,

Unfortunately your letter is too late. Mrs Mallett stayed in bed the whole of Mon. & Tuesday, & seemed rather better & at times bright yesterday. But a bad night followed. From 3 to 4 am I was with her, but as she quietened down I got back to bed. Once or twice later I heard or felt her moving, but not much. Then I heard her spring out of bed. I followed, but could not tell by which door she left the bedroom: then I

thought she ran down stairs & into the garden; but the attic door also has a drop latch, & when I heard the window fastening rattle I guessed. But before I got there she had gone through the window & I found her with a fractured base of skull. She died 2 hrs later.

I see now I ought to have sat up till daylight: but I was not more alarmed than often before, & she had not hesited at anything but poison for long enough. I had decided she must be moved somewhere today anyhow.

She did not suffer, say the D. and never regained consciousness.

Yours sincerely
S. E. Maltby

4th December, 1917.

Dear Mr. Maltby,

I am very much converned at your letter. I am afraid Mrs. Lean's forefodings in respect to Mrs. Maltby are very much justified. I suppose the sight of the children excites a feeling of incapacity which she feels to be intolerable.

I should hardly recommend you to persevere with her at home in the state you describe, and we will send a nurse to help in the return journey any time you wire. I cannot think you ought to be running risks.

I remain,

Yours very truly,

..... 19 .....

Lucy Linney

Dr. to THE RETREAT, YORK.

The Rules of the Institution require that each quarter be paid IN ADVANCE.

Overdue Accounts will be charged with interest at the rate of 5 per cent. per annum.

It is particularly requested that a printed receipt, on the Official receipt form of the Institution, be obtained for each remittance.

	£	s.	d.
To One Quarter's Board to			
,, Disbursements (as below) to			

Lidcot
Winscombe
Somt.
3 Dec 17

Dear Dr. Pierce,

Mrs Maltby got here all right on Sat. night & seemed pretty well. But she hardly slept at all, & during the night began talking in the old way about the hopelessness of everything. However at breakfast she was apparently better & I left her doing things in the house when I went to school at 9.30 having arranged to take

her & a walk after Scripture lesson. When I came back I heard she had gone to see Mrs Lean immediately after I had left. As I expected this was untrue, & we could find no trace of Mrs Nightly till 4 o'c when she was found returning home after wandering about on a neighbouring hill — think of killing herself but find no means. I really thought her better after her return & she was nice with the children. But this morning she is pretty bad. Unless there is a change soon it will be quite impossible for her to stay here.

Yours sincerely
S. E. Maltby

Sideot (211)
Winscombe
Somt
Nov 24/17

Dear Dr Pierce,

Thank you for your letter to hand this afternoon. I have several times known the imminence of a change cause a set back in Wm Malthy's condition, & am therefore more sorry than surprised by your news.

By same post I got a letter from her mother making it clear for first time that in any case she Mrs Cooper doesn't wish to come for a fortnight. Therefore

on all grounds I think it will be much the best if you can let a nurse come with Mrs Maltby to Birmingham when you think fit, only giving us notice the day before for certain — letters sometimes take two days, though not always. My housekeeper, Mrs Boulton can then meet her at B'ham. The 9.10 from Bristol is due about 11.30 or 11.40. If you think it well, I hope Mrs Maltby will be home during the next few days: but I don't wish to press against your judgement.

Yours very truly
S. E. Maltby

Sidcot
Winscombe R.S.O.
Somerset
Nov 22/17.

Dear Dr Haslam,

Many thanks for your letter today about Mrs Maltby. I am very glad you & Dr Pierce are satisfied that she may return.

I assume that you would not approve of her travelling alone, and that you do not know of anyone coming in this direction. The difficulty is that the return railway fare from here to

York is nearly £3 now, & while Mrs Cooper is willing to come to York for Mrs Maltby, or to meet her en route, Mrs Maltby said a while ago that she would prefer to be at home alone for a time. Expense apart, I cannot well get away; but could arrange for someone to meet my wife at Birmingham.

Will you be so kind as to talk with her. If she is willing to meet her mother at say Derby on Tuesday or Wed. next week, that can easily be arranged if you can spare nurse (or perhaps Sheffield would be equally good). If she is not willing & Mrs Maltby can get away on Saty, I can arrange for my House Keeper to meet her at Birmingham (arriving about 11·30 from Bristol 9.10). In last named case should want wire Friday. Similar arrangement possible any day.

Yours very truly
S.E. Maltby.

Ans'd

Sidcot
Winscombe
Somt.
Nov 18/07

Dear Dr Pierce,

I was very sorry to hear from Mrs Maetby's last letter that she was in bed with another boil, but I hope that has not affected her mental condition which seems from her letters to be be improving. If you can now say anything further as to date of her return I shall be very glad, because apart from general reasons, there is the question of her

mother coming down from the north very shortly and she has suggested going round by York so as to bring Mrs Maltby. Or do you know of anyone coming in this direction soon with whom Mrs Maltby could travel as you suggested

Yours sincerely
S. E. Maltby

Sidcot
Winscombe
Som.t
Oct 28/17

Dear Dr Pierce,

I gather from Mrs Maltby's letters that she has been promoted to a small room, & her letters & interests show some improvement. Will you please let me know whether you think there is any chance of her being able to come back with me next week end. If so I shall ask for Monday off to bring her. If you say there is no reasonable prospect I shall stay in York Sunday returning at night. (Ludbetter of Bootham has offered hospitality).

Mrs Maltby of course longs to return, & talks of it in all her letters. But I have told her I am not going to bring her till it is right for her to come. At the same time as I said, there will be two responsible companionable women in the house, and if it is only a question of a week or two before her return in any case the saving of additional railway fares is a great consideration.

Yours sincerely

S. E. Maltby

866

Sideot
Winscombe
Aug 27/17

Dear Dr Pierce.

I enclose cheque £16 - 7 - 10 in payment of account.

I think it was last Thursday I wrote to Dr Mac-Kenzie in your absence asking for news of my wife, but I have had no reply, and thus far only one short note from her. My general question was as to her conditions; my special question whether it would be

well for me to come on Sept. 3rd & see her on my way to an Educational Conference at Sedbergh — possible for me thanks to the Founders' Trust.

If I come, as proposed, I very much want to know what you think as to the possibility & advisability of her coming home as soon as the depression is past. If prolonged absence from home is the right thing, as I had supposed, it must be done. But if these alternations are going on much the same anywhere, I think it would be better for all concerned that she should be at home when possible.

Yours very truly
S. E. Maltby

859

Sidcot
Winscombe
Somt
Aug 23/17

Dear Dr Mackenzie.

I have not heard anything of or from Mrs Maltby since I left York & should be glad of news.

Will you please let me know if you think it advisable for me to try & see Mrs Maltby on Sep 1 or 3, as I may be able to?

Yours very truly
S. E. Maltby

30th October, 1917.

Dear Mr. Maltby,

I quite realise the difficulty about the expense, and yet I can hardly recommend your taking Mrs.Maltby home at present. She is still having waves of depression, and though they are not as bad as they were, we hardly think she is fit to live at home whilst she is having these attacks. It is quite possible that in the course of two or three weeks she may be much better.

I remain,

Yours very truly,

15th October, 1917.

Dear Mr. Maltby,

Just a line to say it is quite true that Mrs. Maltby has improved, but I do not yet feel able to say that she will be fit to return home on the 3rd of November. Although it seems not unlikely, I think it will be better not to make any promise.

I remain,

Yours very truly,

Lideot
Winscombe RSO
Oct 13/17

Dear Dr. Pierce,

I enclose cheque for account.

Thank you for the report on Mrs Maltby; I gathered from her letters she was improving despite the illness & boils. Now I am wondering if you think there is any chance of it being right for her to return at the end of this month. For then I shall have two capable women, over 30, resident in the house, a new but permanent state of things. And I am coming to York for F.G.T. business on Nov 3 & could bring Mrs Maltby back.

Yours sincerely
S. E. Maltby

Ans'd 29.9.14.

TELE: No. 363
ALTRINCHAM.

977.

~~EDGEDALE,~~
HALE,
CHESHIRE.

Glenside
Bankhall Lane
Hale

Dear Dr Pierce
I am feeling very bad & anxious about my daughter & should be so glad of a line to say what you think of her, I hear from her usually once a week,

Very fresh & cheerful, but this morning I put one a little less so. She speaks of Stile being in bed, & that she is troubled with a rash, which is very irritable & keeps her from sleeping.

I should be so grateful if you could teach me a little how to say how she really is.

With kind regards

Yours faithfully

L. Cooper

27th August, 1917.

Dear Mrs. Maltby,

I am sorry that I cannot report much progress in Mrs. Maltby's condition. She is very depressed; she says she is no good in the world and never will be, and she takes little interest in anything. We are resting her in bed at present chiefly in the open air. She reads a little and does some needlework. She has been quiet at night and had a fair amount of sleep.

I think it would be quite suitable for you to come to see her as you suggest on September 1st or 3rd if you are in the neighbourhood.

I remain,

Yours very truly,

£		

	£	s.	d.
Washing and Mending			
Stimulants			
Tobacconist			
Stationery and Stamps			
Tailor			
Hosier			
Shoemaker			
Millinery and Dressmaking ...			
Sundries per Head Attendant ...			
Sundries per the Matron			
Extra Carriage Drives			
Extra Nursing...			
Dentistry			
.....			
.....			

Cheques should be made payable to "BEDFORD PIERCE, M.D., or order," and crossed "London Joint Stock Bank, F.R. Account."

symptoms soon pass, I feel sure she is under a good deal of strain mentally, & she does not seem to me physically as well as usual - I mean she is thin, chiefly.

On the whole I am inclined to suggest that if we can manage she should remain here for a fortnight or so, then return to Mse with her mother & be fetched from there: or possibly I might bring her to York.

I should have said that Mrs Cooper was astonished at the change on Thursday - she says she noticed it as we walked up the fields from the station. There is no cause whatever that we are aware of.

Yours very truly
S. E. Maltby.

829

Sidcot
Winscombe R.S.O
Somt.
14 Aug '17

Dear Dr. Mackenzie,

Mrs Maltby (and her mother) came home last Thursday evening. For the first hour or two she was as I expected from her letters, but very soon I detected other symptoms which surprised me. That night she slept very little, and on Friday was quite clearly in a depressed state. Since then she has slept extraordinarily little (2-3 hours each night & not at all during the day). In the early hours of Saty. morning I was very anxious, for she was throwing

herself about, striking her head with her clenched fists & so on, but I am glad to say there has been nothing more of that. Most of Sunday she lay in bed, dozing, but seemed better afterwards. Yesterday I was away all day, but her mother says they had a good day, & Mrs Maltby did things in the house, went shopping &c in a rational way. So that I do not now fear any serious developments. But her mind again runs on failure & death a good deal, though at the same time she sees her case very clearly in some ways. She says, for instance, "Why can't I go on: everything is all right really isn't it? This is our house, & I love it." & such like things. And she seems very much alive to the beauty of the country.

I am not yet clear whether this is the beginning of a long depression period – it is just six months since the last signs of depression disappeared – or if she will pick up again in a few days. If the former, I really do not see any way of managing as we have before, by the help of relations and friends; & yet I expect if she comes back to York you would feel there was little reason for her to stay.

But even if these very obvious

Tuesday evening

Since writing this morning, we have had a wire for Mrs Cooper to return to Hale tomorrow, — her son on leave from France. We see nothing for it but for my wife to go with her. She may be better there, but I doubt it, and I shall therefore rely on their discretion as to how long she stays there; but I really don't think it will be long before she comes back to you at York. However that must remain to be seen: but you will understand if you hear from them.

S. E. Maltby

1

Sidcot
Winscombe
Aug 8/17

Dear Dr. Mackenzie,

Many thanks for your letter this morning. I am in full agreement with your view, but without her mother's support, and with my own resources I could see nothing for it but for Mrs Maltby to return, and she is coming tomorrow. She has refrained from telling me what reply she got from Dr. Pierce, after having refused to believe my report of his judgment.

Now I anticipate she will

probably be pretty well all right for
some time – she must I think be
much better than you saw her
at York – and then I shall try to
get her away with some friend
or other quite soon.

I am inclined to think that
to anyone who does not know my
wife's family some of her sayings
& doings must appear worse than
they probably are. What is often
an amusing & very method of
speech, an extravagant way of putting
things, rapid decision – often right but
often regardless of things & people needing
consideration, changeability for sake of
change, spending money for pleasure
regardless of serious purpose – I see
all these things so clearly in nearly
all the members of her family, &

Mrs Maltby has never been quite free from
them though much more so than the others; but just
exaggerate any or all these things a little and they
seem far more serious than they are. It is tame
rather like a river which is always rather near
the top of the bank: a few inches rise & the result is
a flood, & very alarming & difficult to cope with: but
the actual abnormality may be small.

I venture to say all this to a specialist only because
I have found myself puzzled repeatedly to place Mrs Maltby's
actions & words – and her family's.

Yours truly
S. E. Maltby

805

Sidcot
Winscombe
3 Aug'17

Dear Dr. Pierce

Since Mrs Malley went to Hale I have had three letters from her & two from her mother. It is quite clear to me from Mrs Malley's letters that she is not all right – she continues to see things from her own point of view entirely, and thinks I am very unkind to her because I don't give in to every proposal she makes. But that

is about all.

Mrs Cooper on the other hand writes (31 July) "In her present condition it wd. be utterly impossible to dream of sending her back to York. To me she is just her old self & we are very happy together. But for reasons of the family at Hale, Mrs Maltby can hardly stay there & her mother proposes to bring her here next Thursday. I should like to know if you think it can be done. Mrs Maltby is very keen on it, and tells me she has written to you herself, and seems to have the greatest confidence that you said she could come home & refuses to believe you can have told me anything different.

For my own part I don't see what else to do. I think she will worry herself & other people & be very intractable if she is not allowed to do so at any rate for awhile.

Yours very truly

S. E. T. Maltby

at Glenside
Bank Hall Lane
Hale - Cheshire
31: VII: 17.

Dear Dr Pierce -

I am so much enjoying being in my native place with my Mother & two sisters. It is many years since we were all under one roof.

I am going into Manchester this afternoon to have tea with my old History Professor (whose secretary I once was) & his wife & family. I hope very much that he will be able to let me have some work - indexing or something - that I should be able to do in my own home.

One of the things that I have disliked since my marriage has been the fact of being dependent on my husband for my money - after years of earning my own! If that were altered I should feel more free. I hate my husband having to pay for things for us! it has never seemed right.

I am joining my children at Sidcot next week. Mother will come with us, as my young sister's husband comes home on leave then, & they will like to be alone. I shall have a lovely time with my babies - days at the Sea, or picnics on Blackdown. Sam, I

family, will go on the land somewhere. It is all he can do for his country.

I hope you will all have a very nice holiday. Perhaps you are already away.

I am so sorry not to have said good bye to the Rev Mr Clarkes. He was very kind to me, & I liked him so much. He has promised to look up my brother at Scarboro' if he returns there before Ronis leaves. I feel rather a fraud to enter the Retreat at a low charge as a friend - for I was for so long a Churchwoman & joined the Quakers chiefly because I thought it was a Peace Society. I'm still a member - but I never stopped belonging to the Church too.

Everyone at York was good to me - & I liked some of the patients extremely. Since last year I often dreamed about going there again & being herded into the dormitory - just as it happened in May. I shall try this time not to dream about York, or people there any more - since my duty is so clearly to bring up my own children, & not worry about people whose affairs are no concern of mine. I'm sorry if I have been a trouble to any one. Kind regards & thanks from yours sincerely Marjorie Rathby.

791.

Lidcot
Winscombe
29 July 1917

Dear Dr. Pierce,

Many thanks for your letters in the last three days. I am very sorry you have so poor an opinion of Mrs Maltby's condition but it is quite borne out by her letters to me.

Unless I have quite exceptionally good reports from Hale I shall have to come north myself & make fresh arrangements to meet the case.

Yours very truly
S. E. Maltby

27th July, 1917.

Dear Mr. Maltby,

Mrs. Maltby has gone on leave of absence, and I send you a copy of the letter I have sent to Mrs. Cooper on the subject.

I have told Mrs. Maltby that she should not return home unless she is thoroughly able to attend to her affairs.

I remain,

Yours very truly,

AND
6, PARK SQUARE,
LEEDS.
BY APPOINTMENT.
TUESDAY, FRIDAY } 1.30 TO 4 P.M
TELEPHONE { YORK Nº 112. LEEDS Nº 3877.

THE RETREAT,
YORK.

27th July, 1917.

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I remain,

Yours very truly,

AND
6, PARK SQUARE,
LEEDS.
BY APPOINTMENT.
TUESDAY, FRIDAY } 1.30 TO 4 P.M.
TELEPHONE { YORK Nº 112. LEEDS ~~Nº 391X~~. 3877.

THE RETREAT,
YORK.

26. July 1917.

Dear Madam,

We are not satisfied with the progress that Mrs Maltby has made since she began to improve from the delirious excitement. She has not been depressed but there has been a lack of stability and a kind of ~~[illegible]~~ casual irresponsible conversation & behaviour quite unlike her normal self.

Whilst I think she is quite well enough to pay a visit with relatives she is certainly not at present fit for the responsibilities of home.

We are consequently ~~[illegible]~~ only giving her leave of absence

I cannot but consider the outlook serious as the varies or breaks in her mental state with no apparent reason & it seems ~~useless~~ ~~her~~ undesirable that she should be returning to her home unless she is fit to take charge of the ~~the~~ household ~~for the proper charge of the home~~ & family.

I remain

Yours very truly

Rufus Pierce

Mr. Cooper.

28th July, 1917.

Dear Madam,

We are not satisfied with the progress that Mrs. Maltby has made since she began to improve from the delirious excitement. She has not been depressed but there has been a lack of stability and a kind of casual irresponsible conversation and behaviour quite unlike her normal self.

Whilst I think she is quite well enough to pay a visit with relatives, she is certainly not at present fit for the responsibilities of home. We are consequently only giving her leave of absence.

I cannot but consider the outlook serious as she varies greatly in her mental state with no apparent reason, and it seems undesirable that she should return to her home unless she is fit to take charge of the household and family.

I remain,

Yours very truly,

Mrs. Cooper.

26th July, 1917.

Dear Mr. Maltby,

Dr. Pierce has had to go away to-day, but he wishes me to say in reply to your letter that if Mrs. Cooper writes to him inviting Mrs. Maltby to go to stay with her, he will allow her to go, but it is only to be for a visit. She is at present quite unfit to return home and could not undertake the charge of the household.

Yours truly,

This Form must accompany any inquiry respecting this Telegram.

POST OFFICE TELEGRAPHS.

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Winscombe

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TO

York

Cooper wires from Hale can
take wife suggests friday malbry

Lidcot
Winscombe
26 July 1917

Dear Dr Pierce,

I have just sent you a wire transmitting substance of one from Mrs Maltby's mother, to the effect that they can do with her until Aug 9. That seems to be very satisfactory as it will give a few days to see how Mrs Maltby gets on.

As far as I can see she might then come on home if all goes well. The worst of it is that once she is here, it is difficult to stop her doing things all the time - not by

any means too much work, but making herself & others feel as if there was no time to do anything because she wants to do so many things. And also I feel it very hard to encourage friends to ask her to stay with them after this last experience.

If you do not approve of my plan, or have anything better to suggest, please let me know

With many thanks again for all your care of my wife & your personal kindness.

Yours very truly
S. E. Maltby.

Sidrat
Winscombe
24 July 1917

Dear Dr. Pierce,

This afternoon I have heard from Mrs Maltby that she had a long talk with you on Sunday & that you entirely approve of her plans for going to Hale at once, & then coming here on Tuesday. That is of course entirely contrary to the purport of the letter I received from you on Saturday, & I have written to her saying that until I hear from you further I can do nothing. (Nor have I yet had a reply from Mrs Cooper).

I am in any case letting the two older children go away on Tuesday for a few days, so while Mrs Maltby will no doubt

be very indignant when she knows I am doing so (I have told her) there is less to hurry her home if she does come, there will be more quiet for her.

I am chiefly afraid lest Mrs Cooper should suddenly find Mrs Maltby arriving in an excited condition — her letter savours very strongly of her condition last August — feeling she cannot manage with Mrs Maltby & then bringing her here at the week end. That will not do at all, partly in view of getting the children away, partly because it is end of term.

Perhaps you have already written

Yours sincerely
S. E. Maltby

24th July, 1917.

Dear Mr. Maltby,

The impression on my mind is that Mrs. Maltby is not well enough to return to ordinary life, though she is quite capable of going to see her friends. It is possible that she may improve when away, and in that case perhaps she could return home, but there is a general lack of a sense of responsibility and a sort of superficial, frivolous, talkative state of mind that does not seem to me to promise well.

I am sorry that I cannot give any definite opinion, but I should almost expect it would be better for her to return to the Retreat after she has been away for a time.

I remain,

Yours very truly,

Sidcot.
Winscombe
July 22/17

Dear Dr. Pierce,

I was on the point of writing to you when your letter came. I am sorry you ~~are~~ only give the report which I expected. I do not see how I can leave home – at least not without making arrangements which will take some time. I am writing to Mrs Maltby's mother to see how they are fixed at Hale.

I do not understand your phrase "a temporary holiday", & should be glad to know if you mean you think she should return to you; or that she would then be able to return home?

Yours sincerely
S. E. Maltby.

4

~~670~~
725

Sideot.
Winscombe.
9 July 1917

Dear Dr. Pierce,

Thank you for your letter today: though I am sorry to find what your report is I am not surprised. I have had a good deal of experience of the kind of thing you describe, but it seemed to go along with considerable executive power.

I take it I am not to expect Mrs Maltby back for several weeks anyhow, but that you are not able to answer my question, what am I to look forward to for August?

Yours very truly
S. E. Maltby

I

- A Swan Song. - [To John from Mother - written at York. July 1st 1917]

Seven white swans on York River are sailing -
Catch them, & harness them safely for me.
Wreathe them with roses, to stop their bewailing,
And ask them to carry me westwards to thee!

Daisy chain reins are the best for a fairy.
You can think still that the fairies are true.
You know the stories to tell to wee Mary.
Tell them to her, just as I told them you!

Make a strong boat out of fir cones & fancies:
Make a white sail out of some worn-out sheet:
Whisper one word to the swans of romances.
And I follow homeward - a Saturday treat.

Monday is Moon day - that's Mother, & washing!
Tuesday was Cathie born, nineteen thirteen.
Wednesday is cricket or football or smashing!
Thursday is you & Di, six years between!

Friday was free day for Daddy - till lately
Now he must work, for his family grows
Saturday, picnics & games, valued greatly.
Sunday for tea-parties - meeting who knows?

II

Mother makes songs on wet Mondays in Winter.
Mother sings long songs on Saturday night.
Mother has mournful tales fit for midwinter
Or midsummer magic for babies' delight.

Send me your swan boat – like Lohengrin's maiden.
Weave me its anchor – with cable so strong.
Banish the harp of the heart heavy laden,
You make me the music – I've told you the song!

Marjorie Maltby.

N.B.—This Form must accompany any inquiry respecting this Telegram.

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TO Pierce Rehead York

Wife holidaying telegram reports excitement am now going c/o Forbes Linstead Magna Laxfield wire if can receive York if serious

Maltby

661

Sidcot. Winscombe
7 July 1917.

Dear Dr. Pierce,

I have not heard anything of Mrs Maltby for sometime except her own letters which are much the same – the greater part quite rational & then a few words that show something wrong. She still talks of coming away quite soon, but is planning to visit friends & relations in Manchester & Liverpool. I have heard from her mother, that her elder brother who came home on leave & has been ill all the time, has now gone to Scarboro' as a convalescent. I wonder if it would be good for Mrs Maltby to go to Throxenby? Possibly you have already had a visit from Lieut Cooper, or Mrs Maltby may have spoken to you. I am not suggesting anything to her.

If you can let me know what you think likely to be best for Mrs Maltby in August-September I shall be very glad. I do not think I shall go away anyhow, but I have an offer for the children at the seaside; of course if she is coming back I shan't accept it.

Yours sincerely
S. E. Maltby.

1

20th June, 1917.

Dear Mr. Maltby,

The complaint about Miss Williamson was thoroughly justified, but as soon as the matter was reported to me I arranged that she should be moved from the dormitory, so that particular source of trouble no longer exists.

Mrs. Maltby is particularly nicely at present. She really seems quite at herbest, and she is helping with some of the other patients. As soon as we possibly can we shall give her a bed-room to herself, and we shall try the effect of considerably more liberty. If only we could arrange things so that she is happy and useful, we may be able to help her a good deal and so defer future attacks.

I am glad to hear that you are well again.

I remain,

Yours very truly,

Sidcot
Winscombe.
June 17/17

Dear Dr. Pierce

Many thanks for your letter to hand this morning. I am glad you consider Mrs Maltby doing well.

I see the difficulty about letters & perhaps I need not consider myself responsible in respect of those to Mrs Cooper, though she is very easily upset, & easily misled.

For myself, I have been in continual difficulties to know how much importance to attach to Mrs Maltby's talk & views, for the past two or three years. This was particularly so in regard to her experiences at York. When her mind is so clear & normal in many ways much is naturally repellent & irksome. I sympathise very much with nurses & others whom she tries to put right. She has often told me how incompetent she thought many of them last year, & I have

discounted it all very heavily: she also writes to me as though I were a most incompetent fool - which may be true, but I mean her remarks are often patently absurd. But in this morning's letter from her I was struck by this passage

"It is difficult to sleep in a room with a light and seven other people in it. There's a Miss Williamson in the bed next to me who curses like hell most of the time - not a very pleasant companion - she hit me once, but I don't mind that so much as her language".

I see the first part is doubtless necessary but the part I have underlined seems very painful if true. I should not have gathered she was ill enough for such company.

I am glad to hear Mrs Mallty is "on your books". She again says she is going to leave when she likes, & you & I have nothing to do with it!

Yours very truly
S. Ewalley

I am quite fit again.

Sidcot
Winscombe RSO
Som.
June 14/17.

Dear Dr Pierce.

I was glad to have so good an account of Mrs Maltby from you + surprised to find her own letter by same post practically normal. I was a little doubtful about a later letter, and today I have received one which reminds me of her talk on Whitsunday. Any sentence is coherent and in a way reasonable and yet really a great deal of it is absurd. But my particular reason for writing is that she has more than once spoken of only having to give 24 hrs. notice to leave the Retreat, so I suppose you didnot have to get her certified. That in itself was gratifying, but I feel very anxious at the thought of having her back in the state of mind she reveals in her letter — not that theres anything, as I said, very bad in it, but it is not herself: perhaps what you meant when you used the word "silly" a week ago.

I would not trouble you with a letter but that I shall not be able to come to York on the 20th as I told you I was due to – I have not yet been allowed downstairs, so I shall be very glad if you will let me know how things now seem to you, and also give me any light you can on the future. It has looked to me for sometime as if the best we could hope for was patches of approximately normal life when she is best at home, – although if I could see how to do it, I should be inclined to acquiesce in certain friends' advice + not let her be at home for a year or two. For awhile she is so happy, and so are the children: and I doubt very much if her breakdown would be avoided or postponed elsewhere, though it is impossible to get her to take things quietly. It is not that she is overburdened with work: she is simply too active every way – except in the times of depression.

Your last remark at York was whether there was any sign of Mrs Malty's brain power weaking. I should say not so far as I understand the question. She has been

keenly interested in the last few months in everything in her home + children, setting everything right very efficiently indeed, + only a day or two ago our excellent + experienced woman who comes daily said to me what a difference there was when Mrs Maltby was at home - how well everything went. Besides, she read a good deal, including Browning's Ring + the Book - or parts. No, I don't think there was any weakening of brain power. But it was extraordinary to me how incessantly she talked of her school + college days + of the Retreat at times. And how often she said things which as a joke would have been funny but seriously as she meant them, were utterly ridiculous.

I gather she has been writing to her friends freely again. She resents any interference with this freedom, but I think it is desirable to take precautions.

Just at this point Mrs Lean came across to tell me she had had a letter from Mrs Maltby, and that she thought

she had better to write to you. However, I told her what I was just in the middle of saying and after a talk over our letters it seemed unnecessary for her to write. It seems Mrs Maltby has said also to Mrs Lean several of the same things as to me – quite untrue accounts of what ~~it~~ happened at Halesworth in the last day or two there. So far there is no harm done, but if she writes to her mother + her friends, who have no means of checking false and true – and much of it sounds sensible enough – a good deal of pain may be caused, not to speak of gross misunderstanding. I think for the present all letters should be sent to me.

I am rather afraid these letters point to a relapse and shall be glad if you can let me know briefly from time to time what is happening.

Yours very truly

S. E. Maltby.

7th June, 1917.

Dear Mr. Maltby,

For a time Mrs. Maltby was restless and excited and was quite bad, but she has picked up a good deal since then. She is now in a cheerful, silly state, has no proper sense of responsibility, but gives no trouble. She has made no complaint about coming back to the Retreat, but on the contrary seems very contented with everybody. We are keeping her in bed in the open air in the day time.

I am very sorry to hear that you have been ill yourself. I can well understand that the anxiety you have had must have been a strain upon you.

The letter you mention was not enclosed.

I remain,

Yours very truly,

Lidcot
Winscombe
June 6/17

Dear Dr. Pierce.

I have not yet heard anything of Mrs Maltby since I left her on Tuesday week, and am very anxious to know how she is getting on –

You asked me to let you have a line about Mrs Maltby's recent condition, but I do not think I have anything useful to say of the preceding months except that I was never happy about her. & I was often clear that she was very unstable. I enclose a letter which her friend sent to meet me at the station when I arrived at Halesworth on the Saturday evening.

I would have written early but have been laid up myself for some days.

Yours sincerely
S. E. Maltby.

. . MEMO. FROM . .
M. P. GORDON-FORBES.
FRUIT GROWER AND MERCHANT.

POST AND RAIL: HALESWORTH.
TELEGRAMS: FORBES. LAXFIELD.

THE ORCHARDS.
LINSTEAD MAGNA.
HALESWORTH.

Dear Mr Mallby,

I have done all I can to calm her, with quiet sweet literature, music etc: but she becomes I think more & more excited & quite strange &, worst of all talking on end as one in delirium, her mind darting quite erratically from one subject & one person to another. Also so much of death & guns & water, & so much laughing wildly at nothing at all, though I think with sheer force of will I've put an end to the hysterics. Now I fear the beginning of reaction & I am quite ignorant how to cope with it, & I feel sure you are the only one to be here. I dare not take the responsibility. She won't believe you are coming. believes her brother, her mother, anyone is dead. I have jumped at her suggestion that you have been sent up by Dr Kean to Yearly Meeting & so thought you'd drop over here. I am explaining your coming thus - you

must do as you think best. As I write this Marjorie is talking, talking, talking on end, no rest, no connection just rambling + I do my best to guide it back to calm channels now + then, but its rather hopeless. I do hope you're not feeling too worried. I think you are the one who will be able to calm her down. Do you know she got such a crowd of letters on Friday morning + its since then she seems so badly excited. Is it because Miss Evans is leaving earlier than arranged? I wonder! She has certainly not overworked here - only sat in the garden sewing + reading - + twice this last week milked the cow. She seemed so very well until a day or two ago, + she is so very sweet when well, we have enjoyed having her. Percy will tell you anything more you need know. I also tell her you must be coming to see our farm + arrange about coming to us for a month ~~last~~ next summer. "Dorothy"? seems awfully on her mind - she calls out her name again + again.

Yours sincerely,

E. G. F.

She also keeps imagining ~~Cathie is ill~~ - + ~~she herself~~ says she does not sleep.

Sideot
Winscombe
Mar 8/17

Dear Madam,

I am sorry that it was not till tonight on rereading your letter of Feb 28 that I noted the cheque in my favour will be drawn "at the next Meeting of the Committee." Thinking it would be coming in a day or two I was going to acknowledge it & the letter together. As I now see the mistake, I hasten to thank you for the statement of accounts & for the kind & very gratifying way in which you have acted on receipt of my previous letter. Perhaps you will be so good as to convey my thanks to Dr. Pierce

Yours very truly
S. E. Maltby

Sidcot.

Winscombe

Feb 22/17

Dear Madam,

I am much obliged by your letter of 19th & statement of account enclosed, which surprised me. Dr. Pierce is right in thinking that I was not informed about the fee of 2/6 a week: your letter is the first hint I had of it. My letters to Dr. Pierce in November stated clearly that I did not know until then that Mrs Maltby was only on "leave of absence". I asked at that time or earlier for the account, and am sorry it was not forthcoming. I do not know what the "sundries

of £2 - 12 - 4 is made up of, nor the 7/11. Doubtless it is all quite correct, but it is not exactly pleasing to find what I supposed was a balance due to me of £4 turned into a balance due to you. I am pleased to find you do not ask for this to be paid.

On looking this through I fear it may read rather ungraciously considering the care Mrs Maltby has received at the hands of Dr. Pierce and others. If so it is not what I mean: but I do feel as though I had put my hand in my pocket, & found that the money I felt sure was there had gone through an unsuspected hole!

Yours faithfully
S. E. Maltby

Sidcot
Winscombe R.S.O.
Somt.
Feb 15/17

Dear Dr Pierce

Many thanks for your letter this afternoon.

Mrs Maltby has gone through some extraordinary phases, which I think you might like to know of as part of the case.

On Friday she came home, & seemed very fairly well, & ran a very small birthday part for our 7 year old John. On Sunday morning she woke with old feelings of hopelessness, & at times seemed overcome by miserable thoughts of failure, especially when with the baby. In the evening I did not feel I could leave her alone while I went to meeting. Monday morning she seemed to be going to pieces, but picked up during

the day. Tuesday was a little better after another bad start. She did a good deal, mending, cleaning, cooking, planning for children, but often came to me & said — "I can't do it. I cant go on." &c. Still she looked to going to the dentist at Cheddar on Wednesday for John & herself, & I wondered if I was mad to let her go alone. I told her anyhow she was not to have anything done to her own teeth but I would take her to Bristol soon. However she came back in the evening after a successful time, & had actually had two teeth out without gas, & was her old cheerful & smiling self. Early in the evening she said "I feel much more like myself since this afternoon's fit" (she put it down to the effort summoning courage for the operation) & she says) she did was true. not get to sleep till 4 o'c last night but lay awake saying poetry to herself — lots of Hiawatha, & something I forgot, & finally fell asleep in the midst of the

Revenge. This morning she was a little tired, but not a dismal word has there been all day.

This is very good so far though I do not know that it simplifies things very much for long. It will be all the harder to get her away, for she is very keen to show she can do something to make up for past failure. And I should not be surprised at an upward rush. But at present I am most inclined to press her to go away as soon as possible to have a month or more – say to Easter vacation, with friends or relations. If she is like this henceforth it would seem almost preposterous to suggest the Retreat I think.

Again thanking you

Yours very truly

S. E. Maltby

14th February, 1917.

Dear Mr. Maltby,

The question you raise is a difficult one. It is always a painful thing for an intelligent patient such as Mrs. Maltby to consent to place herself under care here or in any similar institution.

For the greater part of her last visit here Mrs. Maltby saw the worst side of things for she was under rigid supervision, and I did not feel justified in relaxing this for quite a long time.

If she is not able to do her household duties, look after the family, and take her proper place in the home, I really think she is better away altogether. It is perhaps not easy for me to put myself in the place of a person who is situated as she is, and yet I cannot but think that if I were incapacitated in this way I should prefer to be in a good sized place where there are many resources, rather than in lodgings or boarding with friends. I only the other day, in talking to a patient, who was depressed, said that I hoped that if I got bad my friends would not put up with me at home but would send me away somewhere. Consequently I incline to think that Mrs. Maltby might wisely come back here as a voluntary patient, for I really do not see where else she can go that would be at all suitable

and within your means. We have had some excellent results with persons who were determined ebough to see it through and patiently wait until they were well, but I am just a little doubtful whether Mrs, Maltby is built that way.

By all means show her this letter if you think it suitable, and let her know that we will do our best to make her comfortable should she come back .

I remain,

Yours very truly,

Sidcot
Winscombe
Feb 12/17

Dear Dr. Pierce.

I have unfortunately mislaid your last letter, but the real cause of my not writing sooner is the extreme difficulty of knowing what to do, largely for reasons independent of Mrs Maltby's condition, through domestic & other difficulties. At the same time Mrs Maltby picked up very considerably under rather adverse conditions & finally on Friday last, I brought her home as the least of various evils, and was very hopeful she might be able to manage. That hope has not quite vanished, but it is very small. This morning she was distinctly bad, and except when she forgets herself, – as at this moment, with a visitor to whom she is chatting most cheerfully – she is in a restless, strained, & nervous depressed condition.

Two or three times today she has asked me about the Retreat, if I am going to send her. I have told her I really wish she would go of her own accord & promise to stay under your care for at least a month, – hoping you would soon feel able to send her to Throxenby. I believe in some ways she would like to come: first for the real clean cut from home & its call of duties; second

because it would be less expensive than most things that seem possible, & money matters worry her a great deal. But she is obsessed with a fear of a similar experience to that violent attack of lust May; & also she remembers many of the unpleasant experiences with other inmates.

I have tried everything I can think of to get somewhere for her to go for a long period of weeks or months: but quite unsuccessfully. She wishes to try at home for a few days & see how she can get on: but as I have said I think the chances are very small. I wondered if you could write me a letter which I could show her of a reassuring or encouraging nature if you think that under the circumstances I have explained she would find the best chances of the rest she needs at the Retreat — or Throxenby.

May I in closing remind you that I think there is a balance due to me from the Retreat. In July last I paid for a Quarter in Advance: I have not received any repayment nor any account since that time. I should be glad to know just how matters really stand.

Yours sincerely
S. E. Maltby.

92 St George's Square
London S.W.

OLD SPOUT FARM,
ROTHERFIELD,
SUSSEX.

Jan 22. 1917.

Dear Dr Pierce

Very many thanks for your kind letter about the health. The problem is indeed not an easy one.

I have just been seeing your Cousin Mrs Harwood Robinson who has been sent to your care. She has been

also a great problem of later years. He is most pathetic when one thinks of her as we older members of the committee have known her, a most interesting companion, & enthusiastic artist.

Her mother was the Miss Lizzie who wrote the "Pans & Peniphras", & the "Tales of Swaithwaite Hall". Doubtless lovers, you know all this.

With thanks & kind regards.

Yours

Helen Webb.

Sideot

Jan 20/17

Many thanks for your letter. I will write again in a day or two as soon as I can see which is the thing to do. Am much inclined to follow your suggestion.

S. E. Malby

POST CARD

Dr Bedford Pierce

The Retreat

York

19th January, 1917.

Dear Mrs. Maltby,

I am very sorry indeed to hear of your renewed trouble with Mrs. Maltby.

I wrote yesterday at considerable length to Dr. Helen Webb, but if Mrs. Maltby is greatly depressed I hardly think she could help unless she knows of someone who would take her as a Paying Guest. Of course the cost of this would be very considerable to you. If Mrs. Maltby would be prepared to come to the Retreat as a Voluntary Boarder we should be prepared to receive her at any time. Of course in that capacity she could leave at any moment. I should prefer that she should not go to Throxenby Hall in the first placeas we should like to see how she is before she goes to a branch house.

It is all very perplexing, and I wish I could help you more.

I remain,

Yours very truly,

My idea was to find some congenial home for Mrs Maltby, in some centre where there would be scope for her to be usefully employed in social work as her strength returns. I still feel that is a hopeful line, but to put it in practice presents various difficulties I have not been able to overcome.

Besides Mrs Maltby has such ups & downs that I cannot guarantee how she may be if she gets in new

SIDCOT,
WINSCOMBE, R.S.O.
SOMERSET.

Jan 17/17

Dear Dr Pierce.

I am again in great perplexity about Mrs Maltby. Several times in the last few weeks I have thought there was some improvement: and then she seems as bad as ever again. All my efforts to find some kind of satisfactory place

for her to stay for any length of time have been unavailing, and I had to bring Mrs Maltby back on Monday evening. Even with nothing to cause anxiety or work, & only our oldest child with us, she has been very distraught, & difficult to deal with. Today our other children return, & school reopens tomorrow. So I have had to make arrangements for Mrs Maltby to go to a neighbouring Friend (& friend) for a few days.

Perhaps by this time you have heard from Dr Helen Webb, (whom I did not know & had no intention of consulting professionally, but merely in connexion with what at one time seemed a hopeful possibility of locating my wife with Miss Lucy Gardner). I should in any case have written to you before fixing up any definite arrangement.

I have not consulted the local doctor because I do not think he could do much more than get from me the information I have given you, & the rest which you know, & judge on that. A few minutes interview with Mrs Maltby would only show her at her worst. As she was this morning no one would hesitate about certifying her: as she was last week, it would be quite different.

If you can give me any guidance I shall be grateful

Yours sincerely
S. E. Maltby

SIDCOT,
WINSCOMBE, R.S.O.
SOMERSET.

surroundings. Any change seems to upset her greatly in prospect: but once made, she is pretty well for some days, but suggestion of fresh change at once upsets her as badly as ever. Last week she was with a friend at Bristol & pretty well all right: back here as I said, she was pitiable.

I should say that I cannot find that the supposed treat-

of Christian Science has had the slightest effect on her one way or another. The practitioner has never seen Mrs Maltby: & I don't propose to do anything more on that line.

Is Throxenby Hall available or useful for such a case as this? If not would you take Mrs Maltby as a voluntary patient at the Retreat. The expense of travelling would be very great, but if she is not coming back here for some months — though she might be in Manchester district in any case part of the time — that would not be prohibitive.

Alternatively I am writing to a friend of my wife's to see if she can do with her, but I do not expect so for a moment nor do I know that it would be wise.

Jan 16. 1917.

TELEPHONE & TELEGRAMS } VICTORIA 7082.

92, ST GEORGE'S SQUARE,
S.W.

Dear Dr Pierce,

Mrs Medlicott, a teacher at Lidcot School, was the other day sent to our friend Lucy Faithfull, a most experienced social worker, to see if she could suggest any place in which his wife could stay & find interesting occupation. Lucy

home.

I expect you will not remember me. I had the pleasure of spending an evening at your house when in York a few years back, & you kindly showed me over the Retreat.

Hoping you will excuse my troubling you about this, believe me

Yours

Helen Webb.

Gardner, in whose house (the above address) I have my consulting rooms referred him to me. Yesterday I had a long talk with him quite unprofessionally. Mr Mallory told me of his wife having been under your care at the Retreat, & I felt that you did not consider the case a typical one to say common form, & gave a good prognosis. I asked might I write & ask you to give me your views on these two points. As well as I can gather from the husband's description Mrs Mallory seems to suffer from alternating moods of depression & excitement of a varying duration, & does not do well at

18th January, 1917.

Dear Dr. Helen Webb,

I certainly have not forgotten you and I remember when we met at a dinner of the Medico-Psychological Association, now some years ago.

Mrs. Maltby is a difficult patient. She is an unusually clever woman, is, I believe, an M.A. of Manchester, and in many directions she is very pleasant to do with, and generally is competent and efficient. Unfortunately she is subject to serious attacks of depression and at other times is morbidly excited. Before coming to the Retreat she had a short attack of mania, lasting only a few weeks. Previously she had an attack of melancholia and made a serious suicidal attempt, the marks of which are still prominent on her neck.

I fear there is no doubt that she is subject to manic-depressive insanity, and so far as I know she has never been really well for years. She would deny this, but periods of improvement are accompanied by undue elation and exaggerated high spirits, not far removed from a simple maniacal state.

I have heard privately that there are causes of irritation at home, not due to any lack of affection or consideration, but due to some measure of incompatibility, though no doubt the primary cause of these troubles has

been connected with child-birth.

The outlook seems to be to be singularly unfavourable as I could not elicit any underlying cause. Mrs. Maltby was in excellent health and there seemed to be nothing to work upon. She used to tell me that her mother was excitable, and it is possible that it is a constitutional disability.

I felt quite clear that there was no advantage in her remaining longer at the Retreat, but I was quite at a loss to know what to suggest. Her first duty was at home, looking after her children, but this she seemed hardly able to discharge. It is, however, quite possible that if she was put to some work requiring intelligence she would do it very well, but it seems hardly possible for her to keep at it seeing that the domestic ties are so strong.

I remain,

Yours very truly,

Sidcot
Winscombe
Dec 6/16

Dear Dr. Pierce,

I am much obliged by your explanatory letter to hand on Monday.

I do not see any point at this juncture in calling in the local doctor, and my friends here who know most about Mrs Maltby agree. So I see nothing for it but for you to discharge Mrs Maltby as you suggest, and we must grope our way along & trust to time & circumstances. I only hope she will not go to any extreme which will make it necessary to trouble you again, and I am very glad to note that you

still think we may reasonably hope for her permanent recovery.

I believe there is a balance of some pounds due to me now Mrs Maltby is discharged, which no doubt you will send.

With renewed thanks for your care of my wife, and your many kindnesses.

Yours very truly
S. E. Maltby

1st December, 1916.

Dear Mr. Maltby,

I ought to have replied to your previous letter, but I have been exceptionally busy and out off doing so.

With regard to the possibility of Mrs. Maltby's returning to the Retreat, I should not think it is well for her to do so unless there is grave anxiety in respect to suicidal tendencies, and I must admit that I do not think a prolonged stay here is likely to contribute to permanent recovery in a case of this kind. It is not as if we were able to give a specific course of treatment directed towards removing the cause of the malady.

With regard to my being able to advise what to do for her, I must regretfully admit that I see no very promising line of treatment. The malady appears to me to be in part constitutional and to a much less extent due to domestic troubles which cannot be avoided. If the latter were of no consequence I should hardly expect that she would so quickly relapse on attempting to look after her home.

It seems to me that there is a reasonable hope of better things after a time, and that it is a case of vis medicatris naturae. As I previously explained I have no confidence in Christian Science in a case of this kind.

I do not think that she ought to remain on our books if she is at all depressed, and, therefore, I propose that she

should be discharged as "relieved" on the 7th December. This will give you time just to think over the situation before the [illegible] taken.

The whole position is exceedingly perplexing, and I am very sorry that I cannot give you a more definite opinion, but I still feel strongly that Mrs. Maltby is not fit to be at large when she is depressed, and, therefore, I must take no responsibility in this direction. It is really a question of degree which I cannot help you about. Cannot your doctor help to decide this point, because we will, of course, gladly take Mrs. Maltby back if it is in her own interests to come.

I remain,

Yours very truly,

Sidiot
Winscombe R.S.O.
Nov 29/16

Dear Dr. Pierce,

I do not know whether you consider Mrs Maltby discharged. My own letter the other day was perhaps not explicit in one point I really meant it to imply that I should be only too glad if you felt that you could suggest anything further. I have, since writing before, looked up your letter of Sept. as well as that of a few days ago, & both seem to indicate plainly that you do not see what to suggest. If you thought that Mrs Maltby pretty certainly ought

to come back to York, it would not be a pleasing prospect for any of us, but it would be simpler & more within my means. But I do not gather that to be what is wanted.

I am very shaky in the Christian Science treatment & nothing has transpired yet: but it seems as though we must try something.

Yours sincerely
S. E. Maltby

1

Sidcot
Winscombe R.S.O
Somt.
Nov 23/16

Dear Dr. Pierce,

Thank you for your letter to hand this afternoon.

May I say first, that until Mrs Dean spoke to me a few days ago I had no idea that you considered Mrs Maltby merely on leave of absence. And I see now that I should have done better to have written you at once when she became depressed again. But as I say I did not know how you regarded her absence: I thought she was discharged; & further I was for sometime hopeful that she was not really going to develop a lengthy depression; & lastly I thought you did not feel that anything more could be done for her than previously in similar state - rest, change & freedom from responsibility. Dr. McKenzie did indeed write just as Mrs Maltby was about to come home in August that she ought not to come; but as you had sanctioned it, & I could not then make any other arrangements, I did as you said.

I am sorry, but not at all surprised to hear you don't think any permanent good can come of Christian Science Treatment. I would very much have preferred to be on what I naturally incline to think safer ground: but I gathered that you gave up the case. I hope I am not blunt or indescreet to put it so. But I certainly gathered you thought nothing could be done positively, only trust that time & good conditions will bring a cure; with a fear all the time that she will settle down into state of permanent melancholia, or some intermittent insanity. That being so I have yielded to the frequent and urgent representations of many friends to try Christian Science: and I don't

No doubt it would be easy to get Mrs Maltby certified: but I feel sure if you got her back at the Retreat you would feel she needn't be there. And I really don't know what to do unless some change soon takes place.

Yours sincerely
S. E Maltby

22nd November, 1916.

Dear Mr. Maltby,

I am exceedingly sorry to hear of your renewed anxiety on account of Mrs. Maltby.

She was, as you know, depressed here for a very short time, and for the greater part of the time was in a state of excitement, which at one period was exceedingly severe.

The position is extremely difficult. With regard to Christian Science, although I have little confidence in this as a method of treatment, I can well believe that in a great many hysterical and neurotic cases the stimulus which Christian Science gives is of great value and enables persons not to think of themselves and so recognise their duties to others. In the present case I do not think that there is any doubt that the disease is of a totally different nature, and though it is quite possible that a visit to the "Scientist" might result in a swinging of the pendulum in somewhat the same way as a visit to the Retreat, I cannot but fear that there will be nothing curative about it, and also there is the danger that the cocksureness of these people will result in their running risks which are not justifiable in a person suffering from depression of this kind.

I do not think I can sanction the leave of absence being continued longer now that Mrs. Maltby is again depressed, and I, therefore, propose that she should be discharged from

our books as "relieved". You will understand that I am to some extent responsible for persons who are on leave of absence and it implies that they are away with my approval, and seeing that Mrs. Maltby is now depressed again it is not fair to the institution that the leave of absence should be extended.

The whole situation is exceedingly difficult, and I look upon it as a reproach to medicine that we cannot do more to help you.

I remain,

Yours very truly,

SIDCOT,
WINSCOMBE, R.S.O.
SOMERSET.

Nov 16/16

Dear Dr Pierce,

It was only this morning that I had any talk with Mrs Lean since her visit to York — of which I should say I was quite ignorant till she was away, or I would have asked her to see you! Explain fully.

Christian Scientists can do with her, & I have just been corresponding with a Bristol lady. I still cling to the idea that it ought to be possible to do something positive for her: I am perhaps rather like a drowning man clutching at a straw: but apart from something of this sort I see nothing for it but a return to York: though I gather from Mrs Lean you do not think that the right thing. As far as I can judge Miss Malby is just about as when she came to you in the spring.

With kind regards to yourself & Mrs Pierce

Yours sincerely
S. E. Maltby.

I assume you know from her that Mrs Maltby has now been depressed for more than a month, and she has stuck very much at the same point ever since. (She caught a chill, & for a few hours had a temperature, but it was some days before I knew that depression was coming on, & that the tiredness was not only the failure to shake off the chill)

I hoped for some time that I had got her away soon enough for nothing serious to develop: but there is no change: a few days ago I got away with her for three days & she was a little better. A week later I brought her home for one night & she was very much down next morning. So far she has been with a friend at Shipham, but I do not think that will do much longer.

You may think me foolish or quite mistaken, but I am very much inclined to see what

September 9th, 1916.

Dear Mr. Maltby,

Many thanks for your writing. I am afraid that the account you give is no better than what I expected. During the attack of delirium Mrs. Maltby was quite unable to distinguish the real from the delusional. All kinds of strange ideas surged into her mind and she accepted them as being real experiences, being quite unable to disentangl the subjective from the objective. It is therefore not surprising that she still has strange ideas about what has gone on here. Then no doubt she will have felt that the close supervision here was unnecessary and needlessly irritating, possibly some of it was unnecessary, but you will understand that we cannot rightly take risks in such a case.

I really do not see what more can be done in this case. There is so little evidence of any physical disorde and consequently one does not know what to advise excepting ordinary hygienic measures.

In my experience I find that external circumstances do not really make very much difference, with this exception that I have reason to think that when circumstances are unfavourable the condition of excitement may be kept up almost indefinitely, which subsides when the cause of the irritation is removed. I agree with you that ordinary

domestic duties and the simple daily routine is thoroughly wholesome in Mrs. Maltby's case, provided of course she can discharge these duties satisfactorily.

With kind regards,

I remain,

Yours very truly,

39

Lidcot
Winscombe
Sept 7. 16.

Dear Dr. Pierce,

I have been wondering what to write for some time, but certainly, it is high time I did write for it will be a month tomorrow since Mrs Maltby came home.

Briefly, I am glad to say that she has improved steadily since then, and I think everybody imagines she is quite all right. In fact I should think so myself did I not know what she used to be, and what she thinks about now but mentions to no one else. I will try to put down some exact data as you may care to file for

future reference. I shall not be at all surprised to find she is passing through the same stages as before, though she went to a far greater extreme in May & June, & I hope very much that my fears are groundless, or rather will not be fulfilled.

When Mrs Maltby came back she was (besides being naturally excited at being back) very dictatorial & very talkative. Much of her activity was perfectly well ordered & rational; but she tried to ignore anybody else, even to the extent of refusing to believe the children had had whooping cough, or that any precautions were still necessary. Her talk was still largely by quotation: she frequently sang. These manifestations were simply exaggerations of her normal self.

Then there is something queer

in her repeated talk of things being indecent. She still recalls vividly — but decreasingly so — her nightmares in May, ~~and~~ apparently she still thinks she had some weird & wonderful trance or theosophic (?) experience. She says she can understand any language, and what everybody is thinking & what they are like (This is not continually obvious, but very frequently it crops up). She says she has no need to read, she <u>knows</u>.

Also, I am quite sure she romances a good deal, and it is impossible to sift the true from the false about York, & her doings — of which she talks quite freely. But in many instances of which I know the facts she insists that quite the contrary is the truth.

Unfortunately the nurse whom I had got & who was very satisfactory left us on account of her family affairs to be at home & Mrs Maltby has what I specially tried to avoid, the worry of a new nurse & a new maid. A day before she came home I had a letter from Dr. McKenzie saying she aught not to come home, but needed rest & quiet. It was then quite impossible to stop her coming home, & I feel quite sure she is far better with plenty of occupation – which she thoroughly enjoys. She gets out a good deal, rests sensibly, & is altogether quite happy nineteenths of the time. She has dropped all her mad literary schemes, & only occasionally speaks of many other ideas of which she was full.

So for the present I see nothing else to do. As soon as I can I shall get her to go & stay with friends.

With kind regards to yourself & your household.

Yours sincerely
S. E. Maltby

2nd August, 1916.

Dear Mrs. Maltby,

I have had a talk to Mrs. Maltby to-day and she is certainly much better. She is rather emotional, but I could not detect any serious lack of self-control, and for some time now Mrs. Maltby has been going about much as she likes. I am proposing that she should have full liberty in York for the next few days, and then if all goes well I see no reason why she should not go to Mrs. Cooper one day next week. I am myself going away for a holiday on Friday, but I will arrange that Mrs. Maltby can go on hearing from you as to the most convenient time and whether you approve of her travelling alone or whether anyone should come over for her.

I cannot but think that Mrs. Maltby is not really herself yet, though not knowing her very well it is a little difficult to judge. I should imagine that she is rather more calm and collected and not quite so flighty in mind. By flighty I do not mean that she has any silly ideas, but her mind is easily distracted from one thing to another.

I remain,

Yours very truly,

2nd August, 1916.

Dear Madam,

I am writing just to tell you about Mrs. Maltby.

Very shortly after she came to the Retreat the depression went away, and she appeared for a fortnight or three weeks to be quite normal. Then suddenly she became sleepless, highly emotional, and in a state of mental excitement. This rapidly increased and for four or five days she was quite delirious. She refused food and had to be tube fed, and generally she was in a state of acute mania. This happily subsided, and for some weeks she has been somewhat talkative and rather flighty, but otherwise rational.

She has steadily improved and we are now thinking of her going away to join her mother in the course of a week or two.

There is, however, no doubt about the diagnosis of manic depressive insanity, and I am afraid I am unable to say whether she is going to have a long interval or whether the pendulum is going to swing backwards and forwards every few months. It is possible that child-birth is a fundamental factor and she may do better than one is inclined to fear at the moment.

I must say that if she were to get depressed again I should send her away again quickly. It does not seem to me

to be the sort of case for private care, to say nothing of the expense and anxiety.

I remain,

Yours very truly,

Dr. Baker,

3 Whiteladies Road,

Clifton,

Bristol.

Sidcot 12.

July 31/16

Dear Dr Pierce.

Today I have had a letter from Mrs Cooper at Hale saying she is very much better, and wanting Mrs Matthy to go there as soon as possible for a few days, and then to come on here with her.

that might modify your advice. But if you are still very uncertain of Mrs Maltby's stability in the near future, it need not count. If they could be together however it would help both immensely I believe.

Yours very truly
S. E. Maltby

October. Which plan would you consider best.

I should expect great resistance from Mrs Maltby to unnecessary delay in returning: and I don't want either to incur unnecessary expense or put any burden on relations.

I enclose cheque for account, glad to see the charge is so low, & hoping Sept 30 is far ahead of the time required.

Yours very truly
S. E. Maltby

SIDCOT,
WINSCOMBE, R.S.O.
SOMERSET.

July 30/16

Dear Dr. Pierce.

I was very glad to get your letter a week ago, but thought no harm would be done by delaying my reply until term was over; and we could see a little more of possibilities if all goes well. What you say in your letter

There is only a very slight [illegible]dication of anything abnormal in latest letters

accords with all indications I can gather direct. The ups & downs are noticeable, but after each few days I seem to be sure of a clear advance. I know she is very homesick.

You mentioned three weeks as a possible termination to her stay at the Retreat. If you are still of that opinion & will let me know I will be only too glad to make arrangements. My own idea would have been for her [illegible] to go to Hale for a few days unless she would be trying to her relations, — her mother is in poor health, & must not be further tried; then to bring her home for a while, so that she can see the children, and then take her away for the last fortnight of my holidays.

On the other hand Wm Dean is urgent that I should take her off for a good holiday before she goes to Hale, and that perhaps her return can be delayed till

SIDCOT,
WINSCOMBE, R.S.O.
SOMERSET.

July 19/16

Dear Dr. Pierce,

Could you let me have word of Mrs Maltby now? She writes of promotion to another part, and her letters have – in little jumps at a few days interval – become much quieter & more sensible.

I don't know that you will be able to say anything very definite: but I find it hard to see quite what to do in the next few weeks, with what seems a possibility of her return.

With kind regards

Yours very truly

S. E. Maltby

SIDCOT,
WINSCOMBE, R.S.O.
SOMERSET.

Feb 22/16

Dear Dr. Pierce.

I am very much obliged by your prompt telegram & following letter which I communicated to Dr. Baker at once. Of course there is some slight depression and I think Dr. Baker has

allowed Mrs Maltby to feed the baby once or twice a day, but is at the same time hoping to reduce the milk so that it will soon be impossible. I have not been able to see Mrs Maltby again yet, but from both the Dr. and herself I have good reports.

I enclose 9d. for telegram

With renewed thanks.

Yours very truly

S. E. Maltby

28th June, 1916.

Dear Mr. Maltby,

We shall be very pleased to see you on Saturday, and if you could spend Sunday with us my wife and I will be very pleased.

There is no doubt that there has been a decided improvement in Mrs. Maltby the last few days.

I remain,

Yours very truly,

1046.

SIDCOT,
WINSCOMBE, R.S.O.
SOMERSET.

June 26/16

Dear Dr. Pierce.

Many thanks for your letter this morning. I am arranging to come on to York from Manchester on Saty. I could arrive 5-53 pm but presume

it would be too late to see Mrs Maltby then. I can stay all Sunday however. I shall be glad to know as soon as possible if that will be a satisfactory arrangement.

I quite appreciate your remarks as to her general condition: & my letter this morning bears out the improvement you mention.

Yours sincerely
S. E. Maltby

AND
6, PARK SQUARE,
LEEDS.
BY APPOINTMENT.
TUESDAY, FRIDAY } 1.30 TO 4 P.M.
TELEPHONE { YORK Nº 112. LEEDS Nº 3877.

THE RETREAT,
YORK.

24th June, 1916.

Dear Mr. Maltby,

Just a line to say that if you are going to Manchester I think it would be well for you to run over to see Mrs. Maltby, though I cannot report a very satisfactory state of mind. The acute disturbance, as you know, has entirely passed off but there is a general elation and feeling of self-confidence which is distinctly abnormal. It is a difficult condition to deal with as what is lacking is proper judgment and a sense of the fitness of things. In almost every single respect Mrs. Maltby is perfectly sensible, yet taken as a whole, as you have realised, there is considerable defect. However, after this long interval I think she ought to see you.

I remain,

Yours very truly,

1032.

SIDCOT,
WINSCOMBE, R.S.O.
SOMERSET.

June 22/16

Dear Dr. Pierce,

I take it that as I have not heard from you again you do not wish to see me on Saturday, so I am not arranging to come to York.

The following Saty. July 1 I shall be in

Manchester, & Mrs Maltby writes of her determination to be there too. But she is obviously still full of rather wild ideas & endless schemes & plans, & certain that she knows everything, & can plan a scheme of life & conduct for all. Is there any point in my trying to come on to York to see her?

Yours very truly
S. E. Maltby

Will you please let me know in the course of the week – say by Monday 19th – if you still think it will be useful for me to come on 24th.

Yours sincerely
S. E. Maltby

996.

SIDCOT,
WINSCOMBE, R.S.O.
SOMERSET.

June 10/16

Dear Dr. Pierce.

Thank you very much for your long letter yesterday. I also had a long one from Mrs Maltby, and I have read nearly all the numerous letters she has been writing, and which have passed through me.

They are all singularly free from anything alarming, but she speaks of "influenza" a fortnight ago to her friends, she tells me that the gardening was too much for her and that she was simply over tired + food made her sick &c, and that only Nurse Hone (?) understood her; and that she <u>knows</u> she has helped Miss Dunford quite a lot just so on.

I have written telling her I am sure she is not yet well enough to go to Hale, and that she must accept your judgement, that her own views aside for the present. I am not giving her any encouragement in striving to get away and go to Hale or come back here in a hurry, much as I want it.

I expect I could get off & combine the two pieces of business.

Yours very truly
J. E. Maltby

996.

SIDCOT,
WINSCOMBE, R.S.O.
SOMERSET.

June 5/16

Dear Dr. Pierce,

This morning I got the letters Mrs Maltby had written to her friends, which you thought I should see – as also one a few days ago. I am glad to say that these, like those she is now writing to me

[The first letter sent for my inspection was a sort of half way house – or three quarters.]

are perfectly sane, & if I did not know anything was wrong, I should say they were perfectly normal but full of enthusiasm & optimism.

I gather that the recovery has been as rapid as the collapse. She seems to be hoping to go to her relatives at Hale, near Manchester, in a few days. But I assume there is no possibility of that.

I have been summoned to an F.G.T. Executive Com. Meeting in York on June 24th. I doubt whether I can get off purely for that, but should you have any reason to think it would be well for me to come in connection with Mr Maltby

NAT. TEL. No. 2. WINSCOMBE.
TELEGRAPHIC ADDRESS: "MENDIP, WINSCOMBE."

Head Master:
BEVAN LEAN, D.Sc., B.A.

Sidcot School,
Winscombe,
Somerset,

946.

May 18 1916.

Dear Bedford –

You asked me to write another letter with regard to Mrs. Maltby so that you could show it to Mr. Maltby if necessary in discussing any future move – I find it difficult to say much of any use, but have done so – Mr. Maltby knows I have written to you & told you my opinion of things, as one who only looks on. He & I talk very freely to each other & he knows pretty well how I think of things, tho' of course I cannot speak quite as openly to him of some home difficulties as I did to you.

He showed me your letter of yesterday & I fear that means some months – he had been expecting her to come home quite soon, tho' we had tried to show him it was most improbable & this news is a great blow to him – I'm afraid too, that he feels that these further development

are due somewhat to her being at the Retreat - I hope you can make it clear to him that it is not so or I'm afraid it will make him very depressed.

He & I are trying to get his household fixed up, as his hopes of an immediate relief are over & both his helpers are leaving. I wrote to her & asked her to write to me but so far have had no letter.

I hope to come to York this summer as it is Oscar's last term & shall be glad to see you all once more - Owen has got the entrance scholarship we heard yest: so he comes in Sept - I am so glad he is going to Bootham & not Leighton Park.

How are you all - how does Edmund get on with his flying - Oscar is 18 in Aug. & so he has to begin to think about his near future now - this conscripting of boys of 18 is absolutely <u>wicked</u>.

Greetings to you all -

Mabel Lean.

NAT. TEL. No. 2. WINSCOMBE.
TELEGRAPHIC ADDRESS: "MENDIP, WINSCOMBE."

Head Master:
BEVAN LEAN, D.Sc., B.A.

Sidcot School,
Winscombe,
Somerset,

May 18 1916.

Dear Dr. Pierce -

I wonder how Mrs. Maltby really is now & whether you have hopes of a near recovery & a permanent one, if that is possible for you to affect.
I think her relapses are due to overbrain & the difficulty of coping with her household & children. When she is able to return, I do hope you will recommend to her the advisability of having a really good nurse for the children. She needs this help, so that she may be relieved of looking after them herself & also she will be able to get away more easily & have more change & variety — that, I feel, is really essential for her. The difficulty is, that when she feels thoroughly well, she will wish to dispense with this efficient help & take on the children herself — I do hope you will advise Mrs. Maltby not to give into her

wishes, however urgent they are - everything will begin again, for she is not equal to the constant strain of children with her always.

Some of us, who know her fairly well, wonder whether she would be better, if she lived in a town, where she could get more variety - theatres - social work etc. She is a keen social worker, but here there is not a very great scope & it takes so much time going regularly up & down to Bristol.

I sometimes wonder whether she has a sufficiently liberal diet, when at home, & also I think that she is inclined to clothe herself too lightly during cold weather.

Yours sincerely -

Mabel Lean.

16th May, 1916.

Dear Mr. Maltby,

I am sorry to say that Mrs. Maltby has not been so well mentally the last three or four days. After a period of cheerfulness which was almost more marked than reasonable, she began to sleep badly, saying that she stayed awake at night in order to get time to think. Since then she has become talkative and quite foolish in her behaviour. She took off all her rings saying that she had no more use for them, and she had a number of delusions, thus, she thought she was speaking on the telephone to her children and to other persons who were not present. To-day she is quiet and in a sort of ecstatic condition, evidently dominated by morbid ideas. This mental excitement is certainly more marked than I expected, though I was quite prepared for a period of restless excitement after so much depression.

I will write to you again as to how she goes on. I fear there is no doubt that the suicidal tendencies remain.

I remain,

Yours very truly,

16th Nov, 1918.

Dear Dr. Kelly,

I am sorry to say that Mrs. Kelly has not been as well generally the last three or four days. After a period of cheerfulness which was almost more marked than reasonable she began to sink badly, saying that she stayed awake at night in order to get time to think. Then then she has become talkative and quite foolish in her behaviour. She took off all her rings saying that she had no more use for them, and she had a number of delusions, thus, she thought she was speaking on the telephone to her children and to other persons who were not present. Today she is quiet and in a sort of apathetic condition, evidently dominated by morbid ideas. This mental excitement is certainly accompanied by dilatation, though I was quite prepared for a period of tranquillity and satisfaction after so much depression.

I will write to you again as to how she goes on. I fear there is no doubt that the malignant condition remains.

Yours,

Yours very truly,

943.

SIDCOT,
WINSCOMBE, R.S.O.
SOMERSET.

May 17/16

Dear Dr. Pierce.

I have only a moment to reply to your letter to hand this evening.

I knew what was happening to a great extent, and almost sent some letters to you a few

days ago. Mrs Maltby has been writing most wildly & ecstatically. But your account of delusions to is very disturbing. That is quite new. I shall be very glad if you will let me have word from time to time how things are going. Up to 10 days ago, her letters had been progressively good.

Yours sincerely

S. E. Maltby

NAT. TEL. No. 2. WINSCOMBE.
TELEGRAPHIC ADDRESS: "MENDIP, WINSCOMBE."

Head Master:
BEVAN LEAN, D.Sc., B.A.

Sidcot School,
Winscombe,
Somerset,
5 May 1916

Dear Bedford.

I enclose the form required by the Clerk of the Peace. Surely the case need not go through Wilfred M. Brown: he knows nothing of it.

We have heard from Oscar about the raid & are very sorry for your anxieties.

Sincerely,

Bevan Lean.

NAT. TEL. No. 2. WINSCOMBE.
TELEGRAPHIC ADDRESS: "MENDIP, WINSCOMBE."

Head Master:
BEVAN LEAN, D.Sc., B.A.

Sidcot School,
Winscombe,
Somerset,

May 4 1916.

Dear Bedford -

I've wanted badly to write to you about Mrs Maltby but felt it a great responsibility saying anything but now you ask for any suggestions that may account for these recurring attacks I am going to write fully to you.

Mrs Maltby is to my mind too optimistic at these times - when there has been the least sign of relief of normal conditions she has come home & then after a short period, things have become too much for her & most of us etc clearly see that she was rapidly going back.

She is an obstinate woman but at the same time weak as shown in her failure to control her children & in her lack of control in buying clothes of a foolish style for herself & in selling her furniture, silver etc in order to raise money for these clothes.

Mr Maltby is an obstinate man, but gives in weakly to her & then at times puts his foot down, but in such a manner that it will be enough to aggravate any woman - he poor man

does his best but he is of a tactless nature & has very little sensitiveness & So others, who know her, feel that he aggravates her often when he least intends it. He spoils the children too & consequently the home life is difficult often & often. I dont want you to think that there is constant unhappiness & friction - they themselves feel, I believe, that they are a thoroughly united family - certainly Mr. Maltby does - but I see these continual difficulties coming up.

She adores her eldest boy John but her little daughter Kitty, after whose birth the big breakdown came, she continually owns she has no affection for - of course she has when normal but certainly not when this depression comes & she has always said she has no affection for the last baby & does'nt care who has it.

She has always been bent on having children particularly daughters - would talk in her exaggerated fashion about having at least thirteen & she, without doubt, is at her happiest size or seven months before the babies are born.

When they are born however, she feels she is ~~cannot~~ of very little use to them & has constantly said how she is no good with children & they evidently do quickly tire & exasperate her - her nervous states very quickly react on the children especially on John & there are then painful scenes - no matter where or when

NAT. TEL. No. 2. WINSCOMBE.
TELEGRAPHIC ADDRESS: "MENDIP, WINSCOMBE."

Head Master:
BEVAN LEAN, D.Sc., B.A.

Sidcot School,
Winscombe,
Somerset,

191

We all feel that she has never had really long ~~befor~~ enough away after these attacks to really recover & I do hope she will not be allowed home before being proved to be well – I dont mean necessarily with you but perhaps with her married sister, but do advise Mr. Maltby with regard to that.
Also I want to ask you what you think about her continuing to live here – Mr. Maltby has a little feared that people might look askance at her after her relapse – I think I have reassured him about that but I often wonder & so do others whether a country life really suits her & whether life in a town with its greater variety & interests would not help her more. I suggested this to Mr. Maltby but he does'nt see it so & thinks she has plenty of variety & friends here – well I dont think so. Also after what has happened in her home she has frequently said to me how unfortunate that house has been, how she dislikes it & how she wishes they had not built it – these statements are made

only when there is depression. She is keen about cooking but hates household work.

I hope I've not written too much, but it is all so tragic & it all gets so much on our minds that it is a huge relief to feel she is at last under expert advice & treatment.

Mr. Maltby has been marvellous through it all & tho' some think he cant feel it very much, I know how at times, he has nearly been desperate & broken down, but I'm certain he does'nt understand her when in these states & very often just does the wrong thing.

Do just send me one short line telling me what you think of her & what you think of her chance of entire recovery.

I'm afraid she'll long to have another babe in a year or two after recovering from all this.

Greetings –

Mabel Lean.

Dear Beatrice.

I've asked Mabel to write to you fully: ~~to~~ she has been wishing to do so. B.L. She seems to me a woman with a very sweet soul – unsuited for married life.

May 1st, 1916.

Dear Bevan,

From what you say it is quite clear that Mrs. Maltby must be given every consideration in the question of terms. The immediate point, however, is whether or not she should be a recommended patient, this would mean that an application must be made to the Monthly Meeting, and I enclose a form for this purpose. If this form is filled up and the Committee are satisfied that the case is suitable, she can then pay at the reduced rate of 13/- per week.

I notice that Wilfrid M. Brown of Weston is our agent, the Committee would probably want to hear from him on this matter. It so happens that we have quite a number of recommended patients from your meeting, a voluntary arrangement has been made and Bristol and North Somerset Friends have agreed to send us rather more than the accustomed rate for the patients they have recommended.

Mrs. Maltby the day after admission became clear and cheerful, and has remained so ever since. She naturally much resents the close supervision which we have exercised. So far I have not felt justified in giving her any liberty, and this is undoubtedly trying

for her. I have been trying to find out if possible some underlying cause for these repeated attacks of melancholia, but so far I have not got beyond possible constitutional predisposition. If you can offer any suggestion it will be welcome.

Your suggestion of the Cornwall coast in August is indeed attractive. It is long since we have been there and it draws; at present we feel unable to make any plans, and the expense of such a long journey is to be considered in these hard times.

896.

SIDCOT,
WINSCOMBE,
SOMERSET.

28 April 1916

Dear Beaford.

We returned yesterday after a splendid week at Morthoe (Castle Rock): Mabel rather knocked a bit of fire & Morthoe herself in. We reopen today so am busy enough.

Mabel has been very good to the Macbrides. She had their two children twice in our home for 9 weeks last term & they helped Mrs. M. in many ways.

Re the financial position - we think every possible consideration should be given them. Mrs. Mrs father has died very recently & little or no help can now come from her family. In Mrs. Mrs absence S.E.M. has had to engage a lady to live in his home & take charge of his children: he pays her, I think, £30 a year. Further he has had very heavy expenses during the past year or two, for, more than once, Mrs. M. has been sent away to recuperate if possible - to Minehead, the Quantocks etc.

Then, there's the new baby to arrange for. Mrs Wm's family won't or can't help with it — so poor chap, he's had a bad time & has much before him.

He must have and up everything he has, & current expenses can barely meet all ~~ordinary~~ charges now.

I hope you have had a good time in a Bullinger of blessed memory — Kind remembrances to Della & Marjorie & Edmund.

Now Oscar enters on his last term, I suppose. Which London Hospital comes you recommend for a lad to-day? Is there any advantage in Tyson & so in Manchester first — (after the war of course)?

Come along to Trebetherick, St. Minver, N. Cornwall — in August. We hope to go.

Love there,

Devon Leon

18th April, 1916.

My dear Bevan,

At the meeting of the Committee to-day the question of the terms for Mrs. Waltby was raised. As she is a member of the Society of Friends she is, of course, a patient whom we can receive at reduced rates, but the Committee were in difficulty as to the amount of the reduction. Could you write to me confidentially letting me know how much you think can rightly be paid in this case?

I was also asked to enquire whether you thought the School Committee would be able to assist in meeting the expense.

We have rather a large number of patients at reduced rates from your district, but I hardly suppose it will be necessary inthe present case to make an application to the Monthly Meeting for a "Recommendation" at the lowest rate (13/- per week) as I expect more than this can rightly be paid.

You will be pleased to hear that Mrs. Waltby is doing very well here on the whole, and is giving no trouble; she is settling down quite as happily as could be expected. She came over to tea with us on Sunday and seemed a perfectly normal person. I may say that in talking to her she speaks in the strongest terms of the kindness which Mabel has extended to her and her children.

I am going away to-morrow for a week's holiday, so please do not hurry in replying. I am taking the children to the Lake District. Edmund has not yet been called up for his air training, and I am by no means sorry for the delay. We happily are all quite well.

I hope that you are all in like condition and in good spirits.

I remain,

Yours very truly,

she is apparently quite better. It is very difficult to arrange with three young children. One or two people are trying to impress on me that I must not let her come back for six months at least; but my impression is that last year you thought she could not be anywhere better than at home when well. If you can give me any guidance at all it would be a great help in making arrangements.

I have filled up the form with the help of Mrs Maltby's mother as fully & accurately as possible

Yours sincerely
S. E. Maltby

831

831

SIDCOT,
WINSCOMBE, R.S.O.
SOMERSET.

Apl 9/16

Dear Dr. Pierce.

Many thanks for your letter of 7th inst. I am very glad you are satisfied Mrs Maltby is going on well. She has written long and interesting letters to her mother and myself, in which there is very little trace of anything wrong: but

that is as I expected. In one she says she is quite as well as last May when she returned home. I think I told you of that I had just had her away in the Quantocks for a fortnight: she was most anxious to start again at home, and seemed practically well. But the first day back she distressed me almost more than ever: and when on the third day I let her go home (to her mother at Hale) alone, I was not happy till I heard she had arrived safely, & yet they thought I was mad to have any doubt as to her perfectly satisfactory condition & from then till November she was practically normal, (though I never felt quite sure).

I mention this partly because I wonder whether you will think it necessary to keep her at the Retreat over a period long enough to cover the likelihood of a return of depression, even if

7th April, 1916.

Dear Mr. Maltby,

On the whole Mrs. Maltby has done very well here. There was at first a little sullenness and dissatisfaction with things in general, but this has passed off, and beyond what may be called a reasonable depression Mrs. Maltby has done very well. She takes an interest in what goes on and seems fairly cheerful. She herself says that the cloud has lifted, but that she must be very wicked not to be looking after her family.

I had a long talk to her yesterday, but failed to get any reason for the attacks.

I send you a form to enable you to give us particulars of her case. In particular I would like to know something of her family history.

I remain,

Yours very truly,

28th March, 1916.

Dear Mr. Maltby,

I do not think a person who is seriously depressed and talks about self-injury or injuring others ought to be at large. I hesitated last time to suggest Mrs. Maltby's coming to the Retreat, as I thought there was a fair chance of her recovering without it and the risks were not very great that time, but from what you and Dr. Baker tell me it would seems undesirable for you to continue much longer.

I very much doubt whether it would be worth while for Mrs. Maltby to come as a Voluntary Boarder. In that capacity she could leave when she liked on giving twenty-four hours notice, and the knowledge that she could leave would tend to prevent her settling down comfortably here. I am, therefore, sending you a set of forms and a Voluntary Boarder paper. The latter should not be used in the present case, I think, unless your medical adviser says distinctly that Mrs. Maltby cannot be certified.

I am writing to Dr. Baker by this post.

I remain,

Yours very truly,

28th March, 1916.

Dear Dr. Baker,

I send you a copy of a letter I am writing to Mr. Maltby about his unfortunate wife.

My own feeling is that if she talks about killing herself or her children she ought not to be at large, and you are quite right in suggesting Institution care. You will see that I recommend certificates. Experience shows that melancholic patients rarely do well as Voluntary Boarders, and the fact that a patient is detained under certificates frequently promotes greater restfullness and prevents constant worry through questioning whether she ought or ought not to stay. I myself have little hesitation in certifying a patient who has made threats such as in the present case.

I fear Mrs. Maltby will not be a very easy case; still one has known cases which have lasted three or four years and eventually done quite well.

I remain,

Yours very truly,

The Secretary is instructed to obtain the signature of the Clerks of privileged Monthly and Quarterly Meetings to the annexed form, before the reception of a patient recommended for admission to the Retreat, at the lowest rate of payment. (A privileged Monthly or Quarterly Meeting is a Meeting having the right to recommend patients at the lowest rate).

THE RETREAT, YORK.

(date) 7 *of* 5 *month,* 1926

To the Treasurer of the Friends' Retreat, York.

I, the undersigned

Clerk of North Somerset and Wiltshire *Meeting,*

hereby recommend Marjorie Malby

for admission to the Retreat, York, at the lowest or "recommended" rate of payment [which is at present twelve shillings per week, but is subject to alteration]; and I hereby undertake on behalf of North Somerset & Wiltshire *Meeting,* ~~*and by its direction,*~~ *to guarantee that the quarterly payments shall be made as they become due, in accordance with the rules of the Institution.*

Raymond Ashby

Clerk to North Somerset & Wilt. *Meeting.*

N.B.—The rate includes the charge for Board, Lodging, and Medical care, and is payable quarterly in advance. Disbursements by the Institution on behalf of patients, and other exceptional expenses are charged in the following quarter's account.

In the event of the death, removal, or discharge of a patient before the expiry of the quarter covered by the last payment, the surplus amount is returned by the Retreat.

from Nurse King you were very good to her too). I am very glad to think Mrs Maltby is under your care.

Yours sincerely

S. E. Maltby

SIDCOT,
WINSCOMBE, R.S.O.
SOMERSET.

Apl 3/16

Dear Dr Pierce,

I was very glad indeed to have your note of Saturday this morning, as nothing had reached me, and we had rumours of all trains stopped on Friday evening. However, I felt sure I should have heard had

there been anything wrong.

As to a reduction of terms. I am very glad to know you think it will be possible, for I have had very heavy expenses now for three years with Mrs Maltby's repeated breakdowns, and no economies can meet the situation: nor have we any relatives who can help. In fact in that respect we are far worse off than before. If a formal application to the Committee is necessary, as I suppose, I need not say more now. Will you kindly let me know the procedure. (Mrs Maltby has been a member of the Society for nearly six years).

I am very grateful indeed for all your kindness in all so far, (and I hear

April 2nd 1916.

Dear Dr Pierce.

Press of work has prevented me acknowledging your letter about Mrs Mattby. I am sure the best move in the interests of both Mrs Mattby & her family was to certify her and I hope you found her papers in order.

Faithfully yours

Lily A. Baker.

SIDCOT,
WINSCOMBE, R.S.O.
SOMERSET.

March 31/16

Dear Dr Pierce.

Many thanks for your letter which did not reach me till Thursday. Nurse King who is bringing Mrs Maltby has been with her for the past eight ~~nine~~ weeks or more, and may be able to

tell you anything further if necessary.

I hope the papers are all in order.

It has been so difficult to get anything done that I have not been able to write you more fully in time to send by nurse; but will do so tonight.

My own impression is that Mrs Maltby will seem very different indeed very quickly. I do not think she is worse really than on previous occasions, perhaps not so bad: but the situation has rendered this step necessary while before there were other means of dealing with her.

Yours very truly

S. E. Maltby

shortly go to the Retreat and I feel that perhaps a statement of the case might be of some help.

Yours faithfully

Lily A Baker.

26. 3. 16.

Dear Dr Pierce.

You will remember a lady you saw some time ago, Mrs Mallby of Sidcot, Somerset. Her baby is now four weeks old and her mental condition has improved up to one week ago. She has not been allowed to nurse her baby which has been a great trouble to her.

After an interval of a fortnight I went down to

see her today at her husband's request and found her condition far from satisfactory both mentally & physically.
She had practically no sleep last night, she is wringing her hands and looks anxious and worried – She has lost flesh, has delusions of unworthiness, and talks of doing away with herself & her children.
In view of her present condition, and with the knowledge I have of her case in the past I have strongly advised her husband to send her to an institution, preferably a mental asylum as a voluntary patient, for treatment. I feel that in no other way will she get adequate treatment & that it will be the best that can be done in the interests of her husband & children.
I don't know if you will take the same view of the case that I do, but Mr Maltby is writing to you tonight I believe, suggesting that she

Sidcot.
Winscombe. R.S.O.
Somt.
Mar 26/16

Dear Dr. Pierce.

It unfortunately has become necessary to trouble you again about Mrs Maltby. Until a few days ago I thought everything was going on as well as could be. And I had arranged that after a fortnight in rooms near at hand, where she could see the other children & me without the worries of housekeeping, she should come home yesterday. It was not until the middle of the week that I began to have fears that the continued improvement of the previous eight or nine weeks had given way to retrogression. And even then I was not prepared for the state in which I found Mrs Maltby yesterday before she came home, & after the had got settled in. She was so distraught in the evening, and throughout the night when she got very little sleep, and talked so wildly and frequently about doing away with herself & the children

that I did not feel the baby was safe for a minute in her care. So I 'phoned to Dr. Baker, who came out from Bristol this afternoon. She is emphatic that Mrs Maltby ought to go into some institution, either voluntarily or certified. If that must be so, I should prefer her to go to the Retreat, from what little knowledge I have of any places that might be suitable. I believe that a year ago you deprecated such a step: and perhaps you will still think it inadvisable. My Easter vacation begins a week hence, and for three weeks I could go away with Mrs Maltby: but there seems not much ground for supposing she could come back here even then.

My wife's father died three weeks ago: and her mother was coming to stay with us next week. That is now impossible, of course, but I should have been very glad if we could have spared her another blow, as my wife's being sent away must be.

We have thought of her going into rooms again somewhere in the neighbourhood, but without a nurse it is not safe or fair, I feel sure; and with a nurse it would be too expensive. As far as that goes, anything is, as you may suppose seeing it is nearly three years now since these attacks started. I do not now

remember what are the charges at the Retreat: nor how they are determined: but I shall be glad if you will let me know whether you can take my wife, and on what terms; & when.

With kind regards.

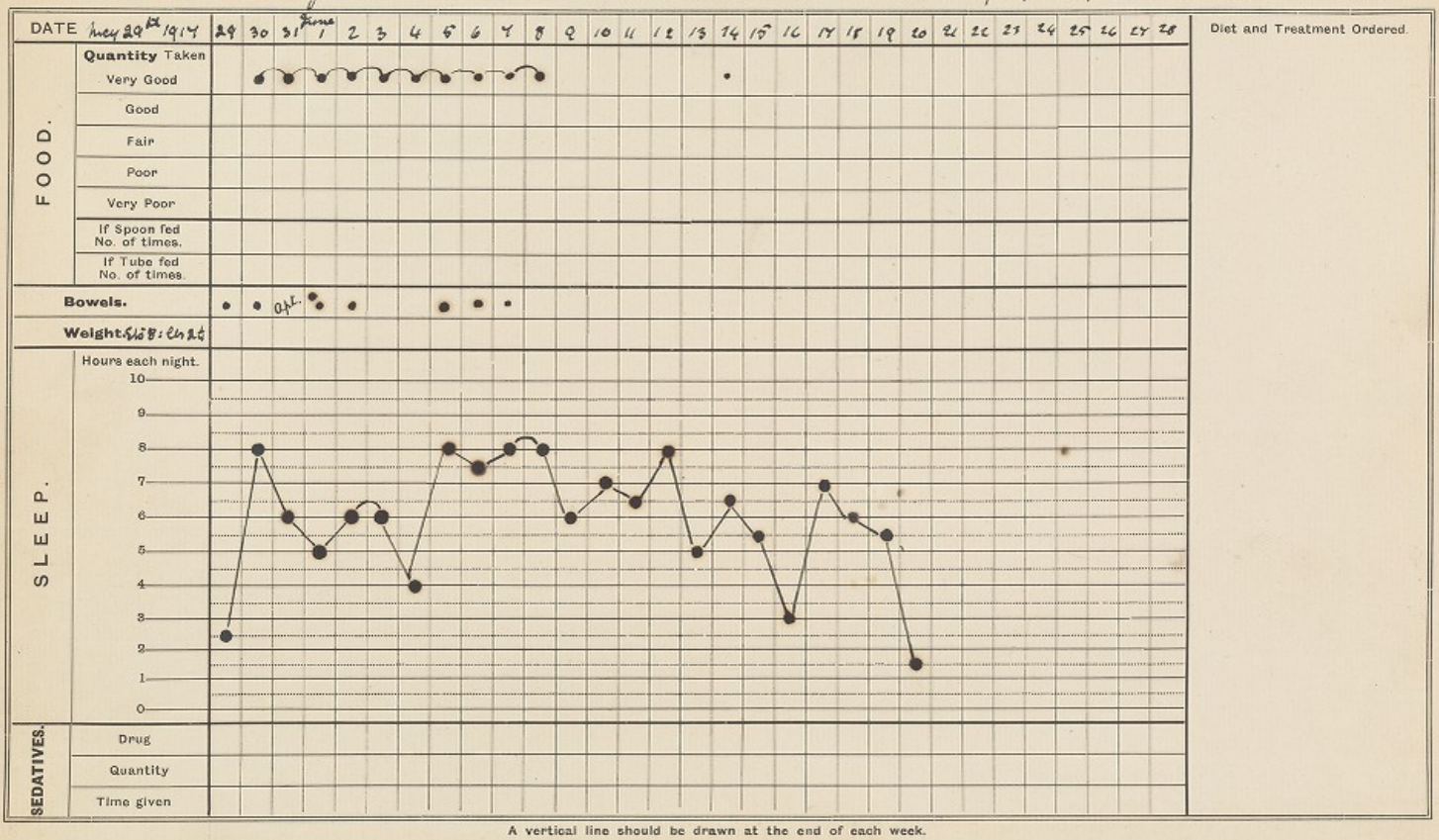
I am

Yours sincerely

S. E. Maltby.

Height 5 ft. 2 ins

Name Mrs Markley Age Ward Centre Admitted May 29th 1917 Weight on Admission 8st 8. lbs 2½



A vertical line should be drawn at the end of each week.

Mrs Malley admitted to Centre. May 29th. 1914.

May 29th. Patient admitted at 6 p.m. confused & very talkative. sleeping in dormitory.
Talkative early night, noisy between 1 & 3 a.m.
Slept 3½ hrs.

" 30 Confused & talking incessantly all day, complained of slight headache this afternoon, rather quieter to night. In bed all day in Q's Garden.
Quiet night - slept 4 hrs.

" 31 In bed all day in Q's Garden. confused & very excitable, throwing her pillows about. food taken well.
Talkative early night, slept 6 hrs.

June 1st In bed in Q's Garden until 6 p.m. very confused & excitable, crying for a time this afternoon. quieter to night.
Very noisy & using bad language early night, slept 5 hrs.

" 2 In bed until 6 p.m. confused, talkative & excitable.
Quiet night, slept 6 hrs.

" 3 Quieter day. in bed until 1 p.m. in Q's Garden.
Quiet night, slept 6 hrs.

" 4 Fairly quiet day, restless & excitable at times.
In bed in Q's Garden until 6 p.m.
Talkative early night, slept later 4½ hrs.

" 5 In bed until 6 p.m. talkative, excited, laughing & crying afraid of other patients being hurt, very rude & interfering at times.
A quiet night, slept 8 hrs.

" 6 Very talkative & excitable at times, fairly sensible to night. in bed in Q's Garden until 6 p.m.
Comfortable night, slept 4½ hrs.

" 7 Quieter day, less excited, talked sensible all day. sewing & reading in Q's Garden, in bed until 6 p.m.
Comfortable night, slept 8 hrs.

" 8 A good day. reading & sewing, in bed in Q's Garden until 6 p.m.
Slept comfortable 8 hrs.

1914

June 9th A good day in bed until 6 p.m. in Q's Garden.
Slept 6 hrs. disturbed by Miss Flood.

" 10 Bright day. In bed until 2 p.m.
Quiet night, slept 4 hrs.

" 11 A good day, in bed in Q's Garden until 2 p.m.
dressed since & walking in grounds.
Quiet night, slept 6 ½ hrs.

" 12 A bright day. in bed in Q's Garden until 2 p.m.
up & dressed & walking in grounds.
Slept well 8 hrs.

" 13 Rather confused & worrying at times. In bed until 2 p.m.
Quiet but wakeful night, slept 5 hrs.

" 14 Bright day. In bed until 2 p.m.
Quiet night, slept 6 ½ hrs.

" 15 Bright day, rather interfering & rude at times.
Slept 5 ½ hrs, disturbed by Miss Williamson.

" 16 A good day. In bed until 2 p.m.
Slept 3 hrs. quiet, but rather restless.

" 14 A good day. In bed until 2 p.m. to meeting to night.
Slept well 4 hrs.

" 18 Quiet comfortable day. sewing & reading.
Quiet night, slept 6 hrs.

" 19 Comfortable day. occupied.
Quiet night, slept 5 ½ hrs.

" 20 Comfortable day.
Slept 1 ½ hrs. disturbed by Miss Flood. very talkative.

" 21 Comfortable day, rather talkative. sleeping in single room.
Slept well.

" 22 Talkative, silly at times & giggling.
A good night.

" 23 Talkative, less silly to day.
A good night.

" 24 Talkative, inclined to be rude when spoken to.
A fairly good night.

" 25 Rude & disobedient, says she is not going to take any orders but from Dr. Pierce.
A fairly good night.

1914

June 26th In bed in 2's Garden until 1 p.m. patient has had a quieter day, & less talkative.
A fairly good night.

" 24 In bed until 2 p.m. quieter day.
A good night.

" 28 In bed until 2 p.m. quiet day.
A good night.

" 29 In bed until 10.30 a.m. quiet day.
A good night.

" 30 Comfortable day playing croquet this afternoon.
A good night.

July 1st Interfering & resent's going in grounds with other ladies & nurses. talkative.
A good night

" 2 Talkative, less interfering.
A good night.

" 3 Talkative, inclined to be irritable, very interfering.
A fairly good night.

" 4 Excitable & talkative. playing croquet with Mrs Roberts.
A fairly good night.

" 5 Excitable & talkative. " " " " "
A good night.

" 6 Talkative. playing croquet with Dr. Haslam.
A good night.

" 7 Very silly, talkative & confused. patient was up to breakfast. behaved very foolishly & giggling.
went to bed at 11 a.m. quieter towards evening.
A fairly good night.

" 8 Confused & silly, giggling, quieter than yesterday.
Slept well.

" 9 In bed until 10 a.m. quieter day.
Slept fairly well.

" 10 In bed until 10 a.m. talkative. patient out on terrace.
Slept well, restless early night.

" 11 In bed until 10 a.m. talkative, playing croquet with Mrs Roberts this evening. A good night.

July 12th In bed until 10 a.m. quiter day.
Slept well.
" 13 Better day, playing croquet with mrs Roberts.
Restless & screaming in her sleep. slept well otherwise.
" 14 Visited by her brother. excitable morning, better
afternoon & evening. to town with her brother.
A good night.
" 15 up to breakfast. visited by her brother, out all day
with him.
A good night.
" 16 Excitable & giggling this a.m. went to the station
with her brother. returned with nurse Willie.
depressed on returning for short time.
" 22 Patient has had a good week. some days more
talkative than others.
Up to breakfast.
playing croquet each day.
helped with the children's tea & games yesterday.
food taken well, also sleeping well at nights.
" 27. comfortable week. left The Retreat to-day on a
visit to her mother.

Aug. 18th Mrs Mattby returned to the Retreat this afternoon.
Patient very depressed, wishes she could die, has nothing
to live for. sleeping in Observation dormitory.
Slept 5 hrs during the night, restless at times.
" 19 In bed all day, patient very dull & depressed, says she
wishes she could die, as she is so useless.
Slept 5 hrs during night, restless.
" 20 Patient in bed all day, dull & depressed, food taken well.
Slept 5 hrs during the night.
" 21 Patient in bed in Dr Garden all day. sewing & reading
Slept 5 hrs, restless during night.
" 22 In bed all day in Queen's Garden, very depressed crying
& worrying about her children, says there is no hope for
her, she will never see them again.
Slept 6 hrs, restless.

1917

Aug 23rd Patient in bed all day in Queens Garden. very depressed & agitated picking skin of her fingers.
food taken well.
Slept 6 hrs. depressed.

" 24 In bed until 4 p.m in Q's Garden. patient very depressed & agitated.
Slept at intervals 5 hrs.

" 25 In bed all day in Q's Garden. patient depressed, says there is no hope for her, she will never get better.
Slept 6 hrs, restless & miserable.

" 26 In bed all day in Queens Garden; very depressed.
a good night, slept 8 hrs.

" 27 In bed all day in Q's Garden. depressed, sewing & reading.
Slept 7 hrs, restless.

" 28 In bed all day in dormitory. (wet day) patient depressed, slight improvement noticed. less agitated, smiling at times.
Slept well 8 hrs.

" 29 In bed all day in Q's Garden. more depressed to day, says there is no hope for her. food taken well.
Slept well all night 8 hrs.

30 In bed all day in Queens Garden, less depressed.
Slept 6 hrs. restless at times.

" 31 In bed all day in Q's Garden, patient very depressed & agitated, picked skin arounds finger nails of both hands.
food taken well
Very restless during night. slept 4 hrs. Weight 9 sts. 13 lbs. O.G.

Sept. 1st. In bed all day in dormitory. (wet day) patient depressed, but less than yesterday. Visited on the 3rd by Mr. Knatchby, patient went to town & had lunch with him.
Slept well during the night.

" 9th. Patient very depressed during the week, says she will never recover. wishes she were dead, has nothing to live for.
In bed each day when weather permits in Queens Garden.
food taken well. Sept 6th "Suicidal notice"
Sleeping fairly well. 4.5 hrs nightly, restless & depressed when awake, wishing she could die.

1914

Sept 16th. No improvement during the week. patient very agitated & depressed. repeats continually, "if only she could die" skin around finger nails looking painful, patient takes out her artificial teeth & picks the skin with them. food taken well.
Sleeping at nights fairly well. 4, 5 & 6 hrs nightly. restless some nights.
In bed in Queens Garden all day when weather permits.

Oct 1st. Patient appears less depressed & agitated. repeats less that she wishes to die. at times says she is of no use to anyone. Weight. 8 sts. 1 lb.
has the last week little rash all over body. severe rash & a boil on left side of face. both improving. rash fading away. patient doing knitting also reads a good deal.
In bed all day in Queens Garden when fine.
Not had very good night's, rash irritating, causing a good deal of restlessness. Weight. 8 sts 1 lb.

" 14. Patient up to breakfast this a.m. improving, brighter in every way. agitated at times & picking the skin around her nails.
Out each day in grounds when fine.
food taken well. sleeping well at nights.
country walk on Friday & Saturday with nurse.

" 21st. Patient brighter. at times depressed & agitated, worrying about her children.
country walk with a nurse each day when fine.
food taken well. & sleeping fairly well. 5 & 6 hrs nightly, but restless.

Nov 4th. Patient improving. slowly. at times very agitated & worrying to get home. Weight 8 sts 5 ¼ lbs.
sleeping well at night. Visited by Mr Knaggs, out all day with him.

" 18th. Improving. less agitated. has a boil on back, very painful & inflamed. Bor: fomts applied. patient remaining in bed.

1914

Nov: 22nd Dry dressing applied to back. patient up since breakfast.

" 30. Patient now up each day to breakfast. Daughter to occupied - out each day - country walks in the mornings.
Occasionally patient picks skin of fingers around nails. worries also about her children. appears very anxious to get back to them. yet nervous about returning to them, for fear she has another breakdown.

Dec: 1st Returned home to day, Nurse Kelly journeying as far as Birmingham with her, where they were met by a friend -

G. Lindsay.

Name mrs mallby. Ward Centre. Date of Exam.

General Bodily Condition

Height 5 ft 2 inches. Weight (without clothes) 8 st's 2 1/4 lbs.

Nutrition Good.

Injuries (if any) none.

Deformities

Head & Neck. Scar on neck.

Teeth Hair Dark brown, tinged with grey. thin.

Trunk

Arms & Legs

Skin

Complexion Fair. Colour

Tongue Clean. Respiration 24.

Pulse 80 Temperature 99.

Mental Condition

General Appearance Neat.

Conversation Sensible.

Clearness Good.

Orientation -

Memory .

Coherence -

Delusions & Halls. no widence

Emotional State. Excitable.

Complaints .

Conduct & Behaviour. Talkative.

Name Marjorie Maltby. Age 33. Date of Adm. 4th June, 1917.
Address "Kirkland", Sidcot, Winscombe, Somerset.
Description Married woman
Religious Persuasion Member of Society of Friends.

H.P.C.

P.H.

Health good. Very methodical, determined, clear-headed & managing. Fond of all household duties.

F.H.

No history of insanity.

Abstract of Certificates

Patient was excited & talking nonsense in rapid chatter. Said she wanted to know that people round her were not ghosts; said she could read people's thoughts or rather "see" them. Stated she was not afraid of anyone, but when she was put in a room with a big fire she thought she was in Hell.

22nd May. Very noisy, excitable, crying, singing etc all day, with the exception of one hour this afternoon, when she was fairly quiet, refused food, Tube fed three times. Perspired freely all day. Aperient given A.M & P.M. No result as yet. 22nd May.

Very excited noisy during the night, talking & singing incessantly, violent for ½ hr at 2 A.M. Quiet since 4 A.M. slept 1½ hrs.

Noisy excited, singing & shouting until 10·30 A.M. slept then ¾ hr. very quiet afterwards until 4 P.M. noisy rest of evening. Tube fed & was very resistive, taken other meals fairly well. 23rd

Quiet until 11·30 P.M, very noisy for 3 hrs shouting & singing - resistive, slept this morning 3¼ hrs.

Very noisy & excited all day, violent this afternoon - taken nourishment fairly well - fed by spoon. Awake until 11·45 P.M - quiet, slept since 6 hrs talking this A.M - excitable. 24th.

Excitable & answering voices this morning, quiet this afternoon & evening. 25th.

Slept 6½ hrs at intervals, quiet when awake.

A quieter day, confused this morning but talking sensibly tonight. A quiet night - slept well 4 hrs. 26th.

A quiet day, talking quite sensibly at times, taken food well, sleeping in Centre dorm: A good night, slept 4½ hrs. 27th.

During the past week patient has been talking a great deal interfering with the other patients, at times she is very restless & excitable. 3rd June

Patient continues very excitable & talkative 11th.

Talkative, silly & excitable at times. 14th.

Patient has been much quieter during the past week & has gone out country walks accompanied by a nurse. 26th.

Patient is improving, inclined to be silly at times but quieter on the whole. 3rd July.

Patient continues to improve. 10th.

14th July.	Patient continues to improve but is inclined to be talkative still & rather excitable, granted parole in garden.
24th "	Patient is improving, went to Coxwold accompanied by a nurse and two other ladies 22nd, has been granted parole in city
31st "	Patient much the same, has gone to Castle Howard today with a nurse & two other ladies.
6th Aug.	Patient continues to improve, went to church alone today.
9th Aug.	Patient left The Retreat.

Name Mrs Maltby Ward Centre Date of Examn: 1st April 16

General Bodily Condition

Height 5 feet 1 inch. Weight (without clothes)

Nutrition Well nourished. 8 s/s 3 lbs.

Injuries (if any) None.

Deformities None.

Head & neck

Four Teeth artificial. Hair Fairly good condition.

Trunk

Arms & Legs

Skin

Complexion Fair Colour

Tongue Clean. Respiration 18.

Pulse 72 Temperature 97

Mental Condition

General Appearance Neat tidy.

Conversation Sensible.

Clearness
Orientation
Memory
Coherence
} Good.

Delusions & Halls. Unable to judge at present.

Emotional State Rather nervous.

Complaints None.

Conduct & Behaviour Quiet well behaved.

Name Marjorie Maltby. Age. 32. Date of Adm. Mar. 31st 1916
Address. "Kirkland", Sidcot. Winscombe, Somerset.
Description. Married woman.
Religious Persuasion. Member of Society of Friends.

H. P. C.

Depressed at birth of 2nd child - then developed into a wild uncontrolled state: managed to cut her throat. recovered normal condition in autumn. 2nd att. Easter 1914 - July. 3rd att. Dec. 1914 to end Apl. 1915. Worse at home than elsewhere. Thought and practice of housekeeping can be collapse. In each attack talks continually of ending her own, her husband's and her children's lives.

P. H.

Health good. Very methodical, determined, clear headed and managing. Fond of all household duties.

F. H.

No history of insanity.

Abstract of Certificates.

Restless, emotional, unable to control herself. Delusions of unworthiness - says she is not fit to live because she is so wicked - says all are so cruel to her. Swallowed some ammonia to kill herself. threatens to kill her children.

Mrs Malthy admitted on the 31st March at night, under continuous supervision, slept in Centre dorm: had 1 hr: very quiet when awake.

1st April Patient in bed all day – quiet. Had a good night.

2nd " " " " " " " Slept 4 hrs " "

3rd " " up & in the garden – quiet & agreeable.

10th " " has been very good during the past week, very willing to anything she is asked.

14th. Patient rather depressed this evening

15th " not very bright. Sleeps well at night.

16th " had a good day, went to tea at Dr. Pierce's.

18th " " " " " went driving this morning.

1st May " continues the same, takes an interest in all that is going on, is agreeable & willing to help in any way. Went into town

4th - Patient much as usual, goes gardening during the morning & generally has a walk in the country in the afternoon with a nurse, attended church today.

10th - Patient does not appear quite so well – talks more than usual. Wakeful during the night – slept 4 hrs

11 12th " Hysterical this morning for about an hour, talked almost incessantly, says that she has never told the truth in her life & that she must confess everything now, – very confused & incoherent, talks a lot about science – says that she would not think of taking her life. Wakeful early night, slept 5½ hrs later.

12 13th Patient talking incessantly, rather excitable & Hysterical at times. Very quiet until 1.a.m. Said she felt nervous Talked rather excitedly, slept 3 hrs at intervals

13 14th Very talkative, Excitable and inclined to be quarrelsome No sleep, nervous and deluded at 12 o'clock, said Doctor Pierce was making her kill people, that she had

killed her Friends Husband

14th 16th Excitable, talkative and quarrelsome. Hearing & answering voices most of the afternoon & holding long conversations with her friends, for a time wrote down what they told her, became very agitated when talking to them. Too excited to go to service the most anxious to go. Quieter for a time but became very excited after going to bed. laughing & crying alternately

Wakeful early in the night talkative, slept soundly for 3½ hrs, deluded, noisy & answering voices, very excited at 4 A.M., removed to 4th Dorm.

15th 16th A quieter day but deluded irritable at times, hearing & answering voices. In bed all day. Slept 4¾ hours, answering voices when awake says she must die

16th 17th this morning very deluded, excited at times, troublesome with food; quite suddenly at dinner going off into a dream, answering voices, tried to tighten her night dress ribbon round her throat and to pull her teeth out, and put her hand down her throat, crying, laughing, shouting, very agitated; on suddenly coming round, she asked for dinner, quieter this evening until asked to wash when she positively refused, she struggled a good deal and had to be washed afterwards sat quite quietly until wanted to go to bed when she refused again.

Very restless during the night, excited for a time, hearing voices, slept 4 hrs 10 minutes at intervals.

17th 18th Patient had much quieter day, still very deluded and answering voices, fancying different nurses were her relations in different forms; taken food fairly well, slept for ½ hour this A.M. complained of feeling sleepy several times during the day, a little excitable after tea, seemed in a dream when asked

17 18th May. to wash this evening and not appearing to understand what was being said to her, but after being helped out of bed, washed herself, still appearing not to understand when spoken too.

Slept 5½ hrs, quiet, answering voices when awake.

18 19th May. Answering voices all day + holding conversations with her friends, still very deluded, crying and laughing alternately very troublesome at dinner time with food, fancying she was having chloroform, struggling + resistive, very excitable at times, and not appearing to understand what was being said to her, she has said several times she cannot understand things or where she really is.

Slept 4 hrs, excited singing early night, quiet this morning.

19 20th May. Very excitable, + silly. laughing, singing, + talking all day, very troublesome with food, very deluded, perspiring freely, throwing things about, hearing voices and answering them, crying at times.

No sleep, noisy restless and very excited. Disturbed all patients, and exceedingly troublesome

20th May. Very noisy + excitable during the morning, refused food & was tube fed. Quiet in the afternoon & sensible for a time though very distressed & crying. Dazed & stupid often dis & resistive at night.

Restless and excited early night, slept 3½ hours, but noisy and singing early morning.

Restless excited early night, slept 3½ hrs, singing this morning.

21st May Singing all the morning about everybody and everything, very excitable, crying, laughing, refused to take food, was tube fed, has been very silly all day and not realized what was being said to her, slept this afternoon ~~for~~ about 10 minutes, very noisy again this evening, ~~poor~~ perspiring freely all day.

Slept 5½ hrs. singing for short time early night - quiet this A.M.