

Ellis, H. M.

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I wrote to tell Dr de Segundo
that you had suggested the
Hydro, and he said he thought
it a very good idea.

With kind regards and again
thanking you very much,

I remain

Yours very sincerely

Helen M. Ellis

The manager of the Hydro at
Cliff did say something
about reducing his charges
if we went for a good
long visit.

69
SOUTH CLIFF,
ROKER.

Sunderland

Jan. 24th 1907.

Dear Dr Pierce,

Thank you very much for
your kind letter. I was so
glad to get it, and you told
me exactly what I wanted
to know.

I think it is better to give
up the idea of trying the course
of medical gymnastics, as you
do not think it would really
meet the difficulty, and

it is a relief to have the question settled. ^{terms at the "Good Health Sanatorium" are rather high (from 2 to 3 quincies a week)} but not more in Summer

Since I wrote to you I have been feeling a good deal better, so I think it will be best to try to settle down at home, at any rate for a time. But I am so glad that you suggested trying the change of diet because it makes such a difference to feel that there is something to fall back upon. I find that the ^{terms at the "Good Health Sanatorium" are rather high (from 2 to 3 quincies a week)} but not more in Summer than in winter, so it would really be pleasanter to go later & not more expensive. I believe that Dr Morgan wrote to you a little while ago. He is my father's & mother's doctor, but I have not seen or consulted him since I have been at home and I did not know that he was writing.

inclined to cry very much,
or very angry. Then I gen-
erally feel better for some
days & then it all begins
again. I have been getting
up very late & pretty often go
into a dream for about an
hour before I dress. I hope
you won't think it a bother
my writing. Please tear up
the letter when you have read
it, if you don't mind. My mother
is anxious to hear what you
say.

Ans

(40)
SOUTH CLIFF,
ROKER.

Sunderland.

Jan. 12th.

Dear Dr. Price,

I have not felt well
since I saw you in October,
& I am writing to ask for
your advice. I feel much
the same sort of thing as
before, excepting that about
a month ago I thought I heard
the voice calling me again,

and I often feel as if I
wanted to break up things
only I have never done it.

Do you think it is better I should be very glad. I
go on like this at home father and mother know
or do you suggest my do-
ing anything else? I still
wish I could try Dr Höllen's
treatment at Wiesbaden, but
my father & mother are not
inclined to believe in it.

If you ^{could} write and say
what you think it would
really be best to do, I

that I am writing.

I remain

Yours very sincerely

H. L. Ellis.

I have been rather miser-
able because I so often
feel stupid & dreamy, or

of her own home would be
beneficial? And if so
whether you would receive
on the same reduced scale
as before?

I am faithfully yours

G. B. Morgan

2 Jan. 1907

Dear Sir

Miss Helen Ellis, who
was under your care some
months ago, is still a sufferer
from nervous unrest.

She is now at her father's home,
but she cannot settle to any
occupation. She hears voices,
& is constantly anxious about
her own health. She will not
rise at proper hours, but comes
down at midday saying that
her weakness is so great that
she cannot get up further. She
leaves the dinner table, & retires
to sit alone.

At the same time her appetite is

Good; & apparently all
her functions are normal.

Since you saw her she
has been to Wiesbaden with
her sister; & while there became
impressed with what some
German Doctor told her
that her nervous system
had become deranged, &
that she needed a prolonged
course of Massage to put
it right.

Specs she is not getting
any better in the society
of General Sisters who are

all, more or less, Neurotic.
And she cannot be
persuaded to take up any
occupation which would
be helpful to her. She always
answers "Yes I will with
pleasure when my health is
restored".

I write to ask if in your
opinion it would be well
to take her back to your care
(of course without certificates)
& if you think that your
treatment, & the separation
from the nervous atmosphere

myself that it would give
me the power that I want,
& I should be doing some-
thing all the time towards
getting well.

Wiesbaden is looking very
pretty just now, as all the
horse chestnuts are changing
colour. There are some Russians
staying here - it is rather inter-
esting watching them.

I remain

Yours very sincerely

H. M. Ellis.

Dr Möller is head of the Russian
military hospital here.

796
Pension Angstadt
37 Sonnenburger Str.
Wiesbaden -

Dear Dr Peice,

I am writing to you with reference
to a matter about which I am
extremely anxious to have your
opinion.

I heard from a friend of my
sister's that there was a Swedish
doctor here, a Dr Möller, who prac-
tised a special system of massage,
and that he had treated several
people whom she knew well for
depression with great success. I
went to see him, and to ask
if he thought that his treatment
would do anything for me. I

told him as well as I could, whether it would be possible
shortly, the kind of thing I had for me to try this treatment,
been suffering from, and he at any rate for a time. But
made an examination. He said it seemed to me that if you
that he believed that he could thought favorably of it I could
cure me, but that it would at least take my father about
take a long time - the whole of it, either now, or when I go
winter, having treatment every day. I asked him to give me a
written opinion of which I send you a copy.

I am very anxious to know what in my head for some time
you think about it. Not only do after I last wrote to you ^{some time ago} but
you think it could really reach it has gone off now. "I felt
my trouble, and be an effective miserably all the time until
cure, or materially hasten my I thought of the possibility of
cure?" having this treatment - I should
like to do it, because I feel

I do not in the least know

Copy.

after examination of Miss Ellis
I counsel her to have a manual
treatment during this winter.
The following prescription is
only a general specification.

- 1) Short sharp friction on the head.
- 2) Frictions on the nerves of the neck.
- 3) Stationary vibrations & frictions
on motor and sensory nerves.
- 4) Running nerve frictions
from head to foot.
- 5) Passive flexions, extensions,
rotations of the extremities.
- 6) Active movements with &
without resistance.

Shaking of the pharynx,
fronto-nasal nerve vibration.

x x x

Pétrissage of the abdomen.

The object of the treatment
would be :

- 1) To stimulate the nervous system
- 2) to give [cause?] the patient to regain the voluntary power over weakened nerves and muscles.
- 3) To better the circulation

and the activity of the
digestive and assimilative
organs.

) to better the spinal curva-
ture.

Wiesbaden Oct. 10th 1906.

(Signed) Theodor Möller M.D.



Proctor - Sunderland

12th July 1906

Dear Sir

As I hope that my
daughter Miss H. M.
Ellis will be able to
return home by the 20th
Augt - (I would be
the date of her return) -
I beg to enclose cheque

for £11. 7/- made up
as follows -

19.10
17

12 months Board £14 - 10 - 0 May 22 - Aug. 20
Rentals - as per bill - 17. 0
£ 20. 7. 0
less cash remitted 9 - 0. 0
£ 11 - 7. 0 -

Yours faithfully
Robt. A. Ellis

The Secretary
The Retreat
York

4.
be thoroughly made of the
elements of a man's mind
(eg. his memory, attention &c.)
and let it be shown why
such and such a course of
action was the only possible
one - re. re.

I am so glad to have had
Miss E. under your notice -
it has been an excellent
clinical study.

I have asked them to send you
a voluntary boarder from
the Newnham Sanatorium -

Tell me sometime about
"Sauslofen" - Is it really
good - ? and in

TELEGRAPHIC ADDRESS,
HEALY, SIDMOUTH.
TELEPHONE - 039.

607
FORTFIELD HOTEL,
SIDMOUTH,
S. DEVON.

30 Starkey St.
10.

Aug 12. 1936.

Dear Dr Bedford Pierce.

I am very grateful
for your reprint letter about
Miss Ellis - It is difficult
to think that she has organic
disease - I am inclined to
the opinion that she
suffers from want of
resistance in her upper
centres i.e. that they become
rapidly exhausted and
are soon fatigued - This
seems to be due to organic

2.
inexpedient - for full
development. and unless
she has very long rest
and judicious treatment
she will - as you say -
probably get worse.
Your analysis of her mental
condition is admirable.
The state of Abasia is
dependent on her excess of
self-consciousness.
Perhaps "mental inertia"
describes her condition
best - but really our
psychology is very im-
perfect. We seem to know
something of the elements
of a mental content, but

3.

When it comes to her assimilation
we are all at sea - nothing shows
less better than the recent ^{question} evidence in
the Boonehead case which was, in my
opinion, simply rotten. I often wish
for the opinions of Stally, Stead and Fre
as psychologists in some of
these cases. I write struggles of
thought (as expressed by language) and
conduct ought to be discussed more
than they are - e.g. the analysis of the analysis

5.

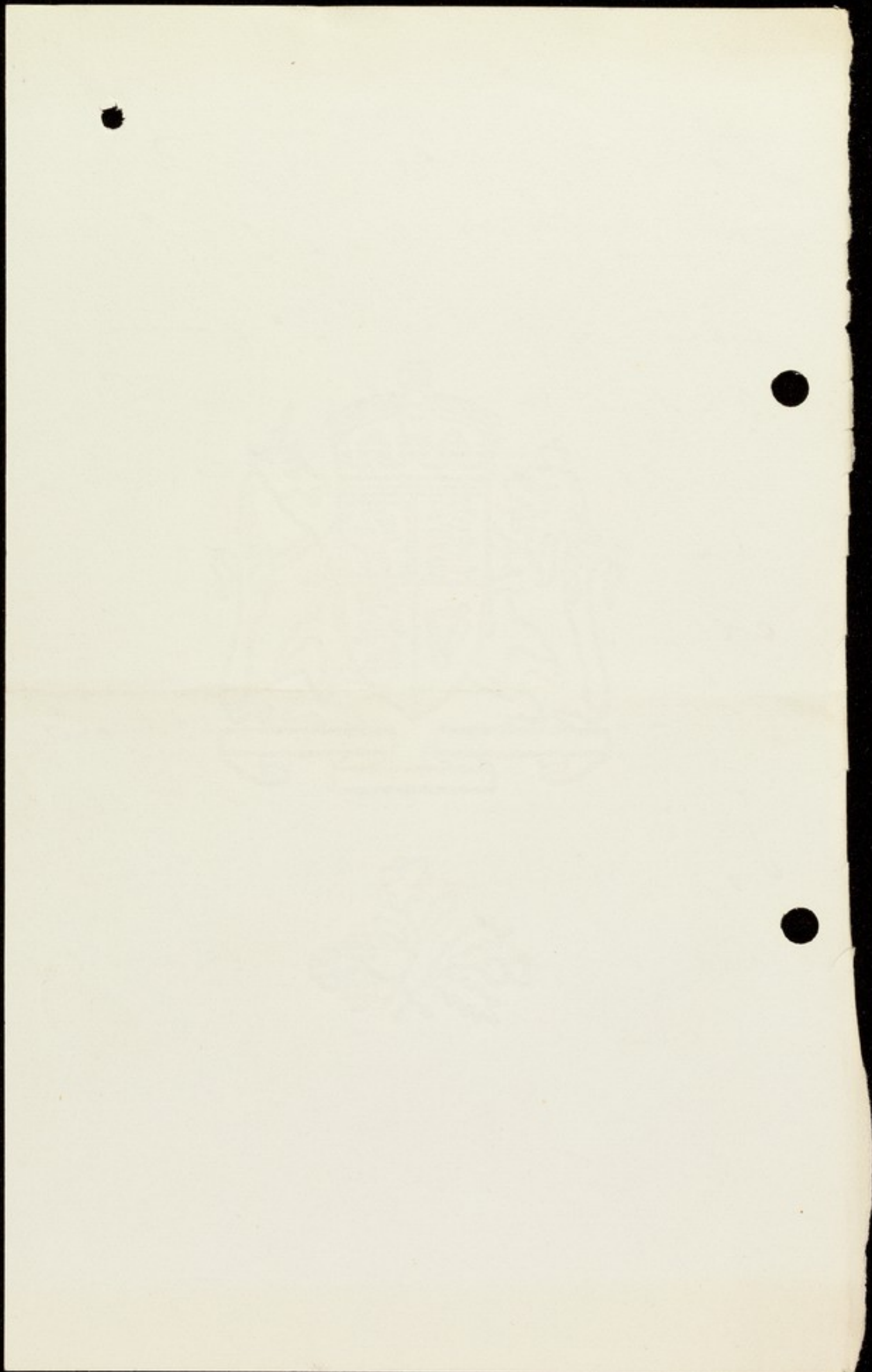
What direction?

Perhaps I shall be
seeing Miss E. again.

I hope so for then I
shall be able to compare
her with her former
self.

Please read an article
of mine "On the Will
of a nation" in this
week's B. M. J. - it will
interest you.

Yrs. sincerely
Thayer Shaver



6, BROOK STREET,
HANOVER SQUARE,
W.

Aug. 10: 1906

Dear Bedford Pierce
Many thanks
for your letter re
Miss Ellis. I am
very sorry for her.
She is so conscious
of her own shortcomings.
The family history, as
you know, is a bad one.
I can only hope that
she may continue to
improve. Judging by
what she wrote to me,
she seems to have been
very happy at the Retreat.
With kind regards
very truly yours
C. S. de Ségundo



SOUTH CLIFF,
ROKER.

July 28th

Dear Dr. Pierce

I feel that I
should like to write &
thank you for your
kind care of Helen.
She seems wonderfully
better & we hope to see
her at home, soon
before setting out for
Wiesbaden; I trust that

her recovery may be
complete; it has been
a sad break down &
a great disappointment
to her. With many
thanks for all you
have done for her.

Believe me Yours Sincerely

Charlotte E. Ellis

SOUTH CLIFF,
ROKER.

Sunderland

expense as we
● should stay in a quiet
Pension costing thirty
shillings a week. We
might go up the Rhine
by steamer. Wiesbaden
is surrounded by
beautiful woods we
● could be out of
doors all day, and

Dear Dr Purce

I am going
back to Germany to
consult Dr Meurer of
Wiesbaden about my
eyes, and shall
probably stay there

for about two months
Would it be possible
for my sister Helen
to go to Germany
with me? I have
written to her to
propose it and
she would like

to go very much
but will not suggest
it to you. as
she is quite nervously
anxious not to be
the cause of further
expense. There would
be none except a
small travelling

SOUTH CLIFF,
ROKER.

have a season
ticket for the band
and gardens.

Helen is quite
familiar with Germany
having been at school
in Karlsruhe and
can speak German

Dr Meurer would
help us in any
difficulty.

I hope that I am
not giving you
unnecessary trouble
of course if you
disapprove of this

plan I will pay
no more. I have
not even mentioned
it to my father
yet, but I think
that he would consent.

I remain
yours truly
Mathew Ellis



35 Harley St. ³⁴⁴ W. X

GARRICK CLUB.

W.C.

May 16. 1906.

Dear Mr Mackenzie.

Many thanks for
your kind letter. I have
forwarded the "Form" to
Miss Ellis asking her to
sign it and to let you know
when she is coming.

I hope that her friends will
appreciate the kindness
of the Committee in
reducing the terms -

I have no doubt that

2.

You will find her an
interesting and
acceptable Patient.

Believe me

Yours very truly

Thos Shaw

Her London address

is

Miss H.M. Ellis

111 Shirland Road

Paddington. W.

4.

Most of this girl, knowing
the force of the family
trend and striving her best to
do it down.

Hoping you are all well
and with kindest regards

Yours sincerely

May Shaw

30/-

30 Harley St. 342
10.

May 13. '06 •

Dear B. Bedford Pierce -

I want to place
under your care as a
"boarder" at the Putnam
a young lady. at 25, 156.0
is willing to sign the necessary
form.

She is just in the condition
for deriving the greatest
advantage, and she would
not give you the least
trouble.

Miss Ellis is the d. of a
Solicitor (who has already had
a nerve breakdown) and she

^{2.}
has 7 sisters; 2 of whom are
unlike, one in Morningide
& the other some where else.
She has been a typist and
book indexer and she has for
some time felt herself
going down - loss of power
of attention - introspective
seems thinking that she has a
sort of double self -
memory weakened -
inability to do her work &c.
So I have advised her six
months rest - at the
Retreat if you will take her.
Of course she is not well
off. Can you take her as a

3.

boarder at a quinner's week? If not please
let me know what is the way forward you
will take her for - She is a tall, nice looking
woman - quite a lady, and is very anxious to
get well. You might find her helpful in
doing some typewriting for you as a
little occupation -

If you agree to take her please send me
the form for in to copy and sign -
I have hardly met with a better candidate than

341
111 Shirland Rd.
Paddington, W.
May 18th

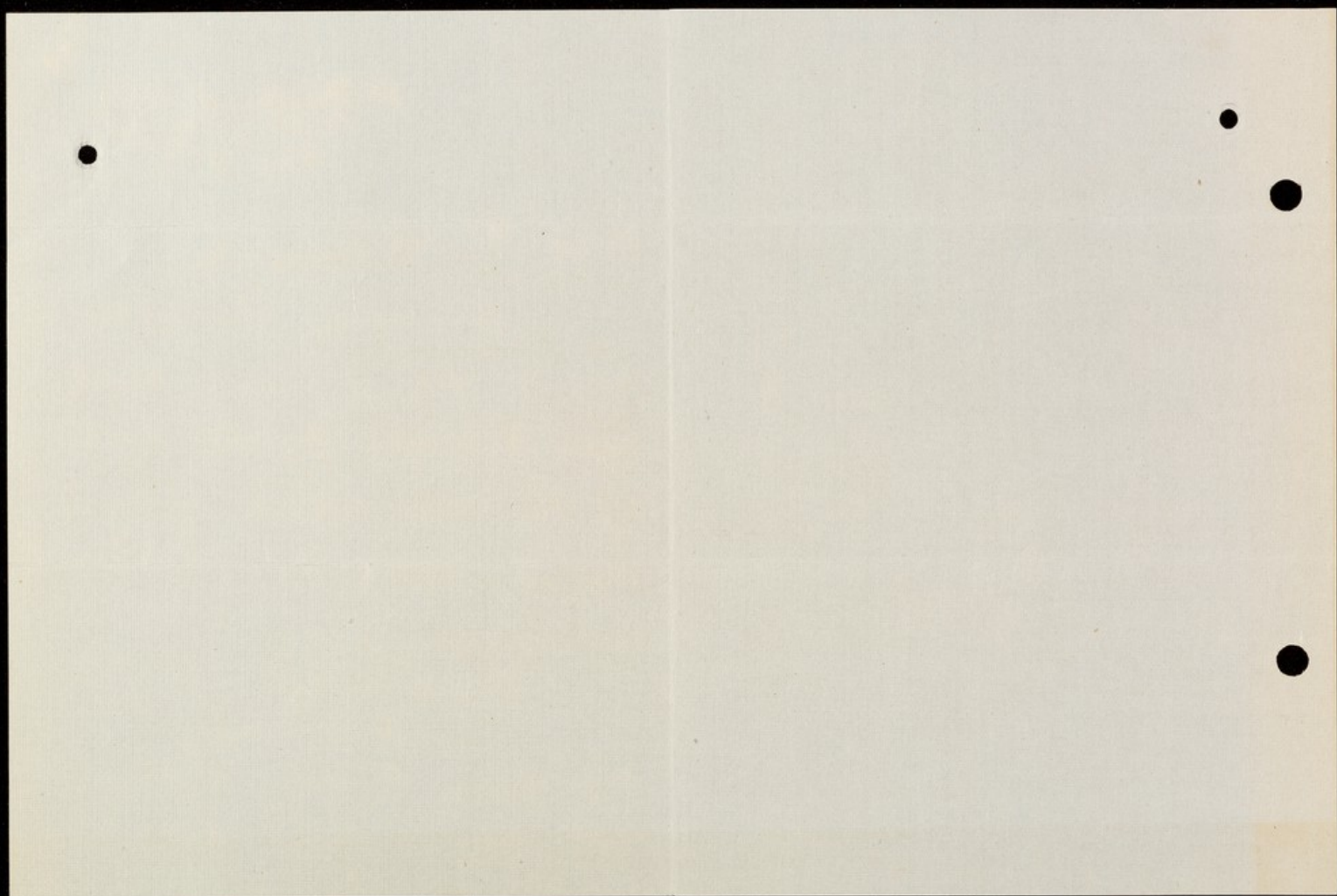
Dear Dr Mackenzie,

I enclose the agreement, filled up, and hope to leave for the north by the train which leaves Kings' Cross at 10 o'clock on Tuesday -

Yours truly

H. M. Ellis -

I propose to bring a bicycle with me, if there is no objection.



111 Stirling Rd. ³⁴⁰

Paddington W.

May 17th.

Dear Dr Mackenzie,

I heard from Dr Claye
Shaw yesterday, of the kind
offer of your Committee
to take me as a volun-
tary boarder at 30/- a

week, which I understand
is a considerable reduction
of your usual terms. I am
anxious to accept the offer,
but cannot do so formally
until I have heard from
my parents, who live in
the north of England. I
have written to them, and
will fill up the form and

send it to you as soon as
I receive an answer. I shall
be ready to come to the
"Retreat" on Tuesday next,
if it is quite convenient
to you -

I remain,

Yours truly

J. M. Ellis.