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COUNTY BOROUGH OF GRIMSBY

# ANNUAL REPORT

OF THE

Medical Officer of Health

FOR THE YEAR

1953

INCLUDING REPORT ON THE

SCHOOL HEALTH SERVICE

RICHARDSONS & COPPIN, Ltd., Printers, GRIMSBY.





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#### GRIMSBY COUNTY BOROUGH HEALTH COMMITTEE

(as constituted on 31st December, 1953)

His Worship the Mayor

COUNCILLOR G. H. ATKINSON, J.P.

Chairman

COUNCILLOR W. J. MOLSON

Deputy Chairman

COUNCILLOR T. DAWSON

#### Aldermen

. H. FRANKLIN F. G. GARDNER W. HARRIS C. W. HEWSON, J.P. MRS. M. LARMOUR J. C. B. OLSEN

C. H. WILKINSON, M.B.E., J.P.

W. H. WINDLEY

#### Councillors

F. H. BARKER A. BRADLEY W. R. BRUMBY R. BRYANT MRS. D. E. HUXFORD C. W. JAKES, J.P. A. E. KELHAM

M. LARMOUR MISS J. B. B. McLaren E. W. Marshall J. P. MURPHY T. A. PARKER T. W. SLEEMAN T. F. SMITH and the following Co-opted Members:-

Dr. T. Barrowman Dr. J. Cottrell, J.P. MR. R. C. BELLAMY

MR. C. W. SPENDELOW MRS. E. M. THOMPSON

Mr. R. Wood

#### SUB-COMMITTEES OF THE HEALTH COMMITTEE

FINANCE AND BUILDINGS:-

COUNCILLOR DAWSON (Chairman); COUNCILLOR SLEEMAN (Deputy-Chairman); ALDERMEN FRANKLIN, HARRIS AND OLSEN; COUN-CILLORS BRADLEY, JAKES, MARSHALL, MOLSON AND PARKER. Co-opted Members: - Messrs. W. Bacon, R. C. Bellamy, A. Cuckson, F. C. Northcote and C. W. Spendelow.

MATERNITY AND CHILD WELFARE:-

ALDERMAN MRS. LARMOUR (Chairman); COUNCILLOR DAWSON (Deputy-Chairman); ALDERMEN HARRIS, OLSEN AND WINDLEY; COUNCILLORS BARKER, BRYANT, MISS McLAREN, MOLSON AND SLEEMAN.

Co-opted Members: - Mesdames A. Bloom, M. Cresswell, F. W. MORRIS AND L. NICHOLLS; DR. E. J. THOMSON.

MENTAL HEALTH:-

Councillor Molson (Chairman); Alderman Mrs. Larmour (Deputy-Chairman); ALDERMEN GARDNER AND WINDLEY; COUN-CILLORS BRYANT, DAWSON, KELHAM, MURPHY, PARKER AND

Co-opted Members: -- MESDAMES A. BLOOM, L. NICHOLLS, E. M. THOMPSON AND A. B. TURNER; DR. J. D. HORSBURGH.

PERSONAL HEALTH:-

ALDERMAN WILKINSON (Chairman); COUNCILLOR DAWSON (Deputy-Chairman); Alderman Harris; Councillors Bryant, Jakes, Larmour, Kelham, Marshall, Miss McLaren and Molson. Co-opted Members:—Mesdames A. B. Turner and J. A. Wood; Messrs. T. Mumby, P. R. Robinson and Dr. T. Barrowman.

SANITARY:-

ALDERMAN GARDNER (Chairman); COUNCILLOR SLEEMAN (Deputy-Chairman); Aldermen Hewson and Olsen; Councillors Brumby, Dawson, Marshall, Molson, Parker and Smith. Co-opted Members:—Messrs. A. Cuckson, N. Hopper, T. Hunt, AND MR. AND MRS. A. C. PARKER.

# LOCAL ACTS, ADOPTIVE ACTS, BYELAWS AND LOCAL REGULATIONS IN FORCE IN THE BOROUGH.

#### LOCAL ACTS.

The Great Grimsby Improvement Act, 1853.

The Grimsby Improvement Act, 1869.

The Grimsby Extension and Improvement Act, 1889.

The Grimsby Corporation Act, 1921. The Grimsby Corporation Act, 1927.

The Grimsby Corporation (Dock &c.) Act, 1929.

The Grimsby, Cleethorpes and District (Water etc.) Act, 1937.

The Grimsby Corporation Act, 1949.

#### ADOPTIVE ACTS.

The Public Acts Amendment Act, 1890.

The Private Street Works Act, 1892.

The Public Libraries Acts.

The Public Health Acts Amendment Act, 1907. (Part II, IV, VI, & X).

The Public Health Act, 1925, (Sections 13 to 33 and 35 of Part II).

#### BYE LAWS.

Provision of means of escape in case of fire in factories in the Borough, 1921.

Nuisances ,1923.

Premises where food is prepared or cooked, 1926. Tents, Vans, Sheds and Similar structures, 1926.

Conduct of persons waiting in streets to enter public vehicles, 1930.

Smoke Abatement, 1936.

New Streets, 1937. Nursing Homes, 1937.

Seamen's Lodging Houses, 1938.

Slaughter Houses, 1939.

Common Lodging Houses, 1940.

Fouling of footpaths by Dogs, 1942.

Pleasure Grounds, 1946.

Scartho Road Cemetery, 1948.

Handling and Wrapping of Food, 1948.

Employment of Children and Street Trading, 1948.

Parking Places, 1950, 1952 and 1953. Cemetery Charges, 1952.

Nuisances, 1952.

Power Driven Model Aircraft, 1952.

Hackney Carriages, 1952.

Brighowgate Bus Station, 1953.

Building Byelaws, 1953.

#### LOCAL REGULATIONS.

Grimsby Port Health Authority Regulations.

Projections in Public Streets, 1922.

Street Collections, 1923.

Scartho Road Cemetery, 1951.

Grimsby Public Library, 1953.

#### STAFF OF THE HEALTH DEPARTMENT, 1953.

MEDICAL OFFICER OF HEALTH AND PRINCIPAL SCHOOL MEDICAL OFFICER. R. GLENN, M.B., B.Ch., B.A.O., D.P.H. (Also Certifying Officer under the Mental Deficiency Acts, and Medical Inspector of Aliens). From 1st August, 1953.

SENIOR ASSISTANT MEDICAL OFFICER OF HEALTH FOR MATERNAL AND CHILD WELFARE-

JANET W. HEPBURN, M.B., Ch.B., D.P.H. (Also Certifying Officer under the Mental Deficiency Acts, and Medical Inspector of Aliens).

#### Assistant Medical Officers of Health and School Medical Officers—

J. G. J. Coghill, M.B., Ch.B., (Also Certifying Officer under the Mental Deficiency Acts, and Medical Inspector of Aliens).

EILEEN M. PRIOR, L.R.C.P., M.R.C.S.
DR. P. I. ATKINSON, M.B. (Calcutta).—Resigned 28.2.1953.

#### SANITARY INSPECTORS.

H. Parkinson, 1, 2. Chief Sanitary Inspector.

A. Manson, 1, 2. Deputy Chief Sanitary Inspector. W. W. REED, 1, 2. Senior District Inspector.

R. GROAT, 1, 2. (Resigned 31.1.1953). S. F. BURKITT, 1, 2.

G. A. Boanas, 1, 2. J. R. Fisher, 1, 2.

F. HOLMES, 1, 2.

A. F. C. KENT, 1, 2.

G. H. COOPER, 1, 2.S. A. BARKER, 1, 2. (Resigned 11.1.1953).

also 1 disinfector, 1 assistant disinfector and 3 rat catchers.

#### HEALTH VISITORS.

MISS M. KELLY, 3, 4, 5. Superintendent.

MISS H. BRAGG, 3, 4, 5. (Resigned 5.8.1953).

MISS M. J. MUMBY, 3, 4, 5. (Resigned 3.10.1953).

MISS E. M. HENLY, 3, 4, 5. (Resigned 3.10.1953).

MISS E. M. TIPPLER, 3, 4, 5.

MISS M. C. BUGG, 3, 4, 5.

MRS. I. HALDANE, 3, 4, 5.

MRS. M. B. WHEATLEY, 3, 4, 5.

MISS J. D. M. VARRIE, 3, 4, 5. MISS J. STEEL, 3, 4, 5. MISS B. M. WATSON, 3, 5. (Resigned 25.3.1953).

MISS K. CORR, 3, 5.

MISS J. BELL, 3, 4, 5. (from 1.7.1953). MISS K. L. SPENCER, 3, 4, 5. (from 1.7.1953).

Mrs. M. Redston, 3, 4, 5. (from 7.8.1953).

#### STUDENT HEALTH VISITOR.

Miss M. Cooling, 3.

#### TUBERCULOSIS VISITORS.

MISS D. ATKIN, 3, 4, 5.

Mrs. R. Donson, 3, 4. (part-time).

#### HOME NURSING SERVICE.

Miss F. Engledow, 3, 4, 5. Superintendent and Non-Medical Supervisor of Midwives.

MISS N. PLANT, 3, 4. Assistant Superintendent and Assistant Non-Medical Supervisor of Midwives. (from 8.4.1953).

Mrs. F. B. Steele, 3, 4.

Miss S. Leedham, 3. (Resigned 8.7.1953).

MRS. B. BILLINGHAM, 3.
MR. V. TOWRISS, 3.
MR. J. W. WEST, 3. (Resigned 16.9.1953).
MRS. J. HARPER, 3.
MRS. S. M. HIGSON, 3, 4.

MISS B. E. Bell, 3. (Resigned 8.11.1953). MRS. I. PULFORD, 6. (from 1.3.1953). MISS R. DOVE, 3, 4. (from 21.7.1953).

Mrs. C. J. F. Foulger, 3, 4, (from 1.11.1953), and five part-time nurses.

#### MUNICIPAL MIDWIVES.

MISS D. G. INKPEN, 3, 4.

MISS C. TIERNEY, 3, 4.

MISS R. SMITH, 3, 4.

MISS E. BAXTER, 3, 4.

MISS G. A. BAXTER, 3, 4.

Miss F. E. Johnson, 3, 4. (Resigned 26.4.1953). Miss D. M. Dawson, 3, 4.

Mrs. K. M. Birkett, 3, 4.

Mrs. C. Westacott, 3, 4. Mrs. M. Quinn, 3, 4.

Miss C. E. Cartwright, 3, 4. (from 31.1.1953).

#### AMBULANCE SERVICE.

E. Brown, Ambulance Officer; and staff of 26.

#### MENTAL HEALTH SERVICE.

MISS E. M. WOULD, Senior Mental Health Worker.

Miss R. M. Morrison, Mental Health Worker. (Resigned 31.8.1953).

MISS P. M. BOWMER, Mental Health Worker.

L. C. RACKHAM, Duly Authorised Officer. G. W. A. MACKENZIE, Duly Authorised Officer.

MISS M. E. TROTTER, Clerk. (from 20.7.1953).

MISS J. E. ALLEY, Clerk. (from 26.10.1953).

#### OCCUPATION CENTRE STAFF.

MISS E. PATERSON, Supervisor.

MRS. A. E. COOK, Assistant Supervisor.

MRS. L. A. WILLERTON,

MISS M. H. BARKER,

Mrs. E. D. Preissner, (Temporary).

DOMESTIC HELP SUPERVISOR:-MISS L. BLACKBURN.

ALMONER: -- MISS A. GREENSTOCK.

SOCIAL WORKER: -- MISS M. COMYNS. (from 14.9.1953).

#### CLERKS.

T. E. DAVIDSON, Chief Clerk.

W. R. GALE.

D. AMERY.

Mrs. J. R. Gomersall (Resigned 19.9.1953).

MISS E. JONES (Resigned 31.7.1953).

MISS D. H. MOLTON.

MISS P. D. GRAY (from 1.8.1953).

Miss F. M. Brown (from 1.9.1953).

S. Nash, (Sanitary Sub-Department).

T. H. R. JOHNSON, (Sanitary Sub-Department).

MRS. J. ISITT, (Sanitary Sub-Department).

MRS. J. A. POTTER, (Maternal and Child Welfare Sub-Department).

Mrs. M. Cleveland, (Maternal and Child Welfare Sub-Department—Reisgned 31.1.1953).

MISS A. M. TRUMBLE, (Maternal and Child Welfare Sub-Department—Resigned 14.3.1953).

MISS M. E. MOORE, (Maternal and Child Welfare Sub-Department).

MISS S. WILLING, (Maternal and Child Welfare Sub-Department).

MISS R. HANNAH, (Maternal and Child Welfare Sub-Department-from 7.4.1953)

MISS I. HOLDEN, (Almoner's Service).

MISS B. N. DOUGHTY, (Domestic Help Service-from 22.5.1953).

- 1. Sanitary Inspector's Certificate.
- 2. Meat Inspector's Certificate.
- 3. State Registered Nurse.
- 4. State Certified Midwife.
- 5. Health Visitor's Certificate.
- 6. State Enrolled Assistant Nurse.

#### INTRODUCTION.

To the Mayor, Aldermen and Councillors of Grimsby County Borough.

I have the honour to present the Annual Health Report for the year 1953. Although I only commenced duties as Medical Officer of Health on 1st August, 1953, I have had sufficient time to form some estimate of the health of the citizens of Grimsby County Borough.

My first impressions are that on the whole the health services are working reasonably well in this area. The administrative organisation for co-operation among the three branches of the National Health Service Act, 1946, is good, and I find the friendly spirit most encouraging. Of course, the practical application of such schemes depends on personalities, and I will strive for a greater understanding of each others difficulties.

There being no heavy industries in the borough the atmosphere is clear, but due to the concentrated residential areas household chimneys markedly increase the deposit during the cold winter months. I would like to see more trolley buses and fewer diesel engines.

The vital statistics show a steady birth rate, a death rate below the average for county boroughs, no maternal deaths, and the second lowest number of notifications of tuberculosis yet recorded; but the infant mortality is still too high. The latter is the keenest index of the living conditions of any community. Analysis of the mortality table clearly indicates that prematurity is the greatest single contributory factor. It is satisfying to note that there were few infant deaths from theoretically preventable causes such as diarrhoea, icterus and respiratory disease (excepting pneumonia which is still very fatal in infants despite antibiotic treatment). Much research remains to be done before all is known about the causes of premature births, but there is ample evidence to prove that diet and the mode of living are important factors. Each expectant mother should avail herself of the extras obtainable from the welfare foods scheme.

Another disturbing report is the high percentage of deaths from tuberculosis that were not previously notified under the Public Health (Tuberculosis) Regulations, 1952. This is looked upon as an indication of the efficiency of the detection of the disease, but in Grimsby I feel certain that it is no reflection on the doctors or the Chest Clinic because I know that most cases are referred on the slightest suspicion for full investigation. It is mostly caused by two classes: those who do not go to their doctor until it is too late, and those who refuse to attend the clinic although advised to do so because often they suspect that they are suffering from tuberculosis and foolishly will not face the fact. More health education is required to overcome this last vestige of the stigma attached to tuberculosis.

The commoner infectious diseases assumed epidemic proportions in respect of scarlet fever, measles and chicken pox. Fortunately the majority were mild in form. There was one case of diphtheria in a boy aged 13 years who had never been immunised. This should act as a stern

reminder to those parents who have neglected to avail themselves of the ample opportunities offered free for the protection of their children. There were only eight cases of poliomyelitis during the year, but unfortunately two died. All these epidemics have placed a great strain on the depleted staffs of sanitary inspectors and health visitors.

The present day policy of only admitting serious cases and those whose parents are food handlers to the isolation hospital is now generally accepted. However, in many houses good isolation of the patient is difficult due to lack of a spare room. More often the instructions given are half heartedly applied, particularly with regard to scarlet fever which is at present a mild disease. Indeed, many escape detection because medical advice is not even sought and the faint rash quickly fades.

I am most grateful for the help I have received from all departments and for the loyal service of the staff of the Health Department.

To the Chairman and members of the Health Committee I extend my sincere thanks for the consideration and help which has invariably been shown to me.

R. GLENN,

Medical Officer of Health.

HEALTH DEPARTMENT, 1, Bargate, Grimsby. September, 1954.

# PART I.

# STATISTICS AND SOCIAL CONDITIONS.

Summary of Statistics

Population

Births

Deaths

State of Employment

# SUMMARY OF STATISTICS. COUNTY BOROUGH OF GRIMSBY.

Area (in acres)—excluding foreshore 5,468											
Registrar-General's estimate of population, mid-1953 93,300											
Number of inhabited houses (end of 1953) according to											
Rate Books											
Rateable value											
Sum represented by a penny rate											
EXTRACTS FROM VITAL STATISTICS OF THE YEAR.											
Live births:— Males Females Total.											
Legitimate . 792 771 1563   Birth Rate 17.6											
834 813 1647											
Adjusted birth rate (Area comparability factor 1.03) 18.1											
Still births:—											
Legitimate 22 17 39 1 2											
Illegitimate 1 1 2 Rate 0.43*											
23 18 41											
20 10 41											
Deaths 555 467 1022 Death Rate 10.9											
Adjusted death rate (Area comparability factor 1.05)											
Number of women dying in, or in consequence of childbirth 0											
Death rate of infants under one year of age per 1,000 live births:—											
Legitimate 33.8; Illegitimate 23.8; Total 33.3											
(53 deaths) (2 deaths) (55 deaths)											
Number Rate											
Deaths from measles											
" whooping cough 0 0.00											
" diphtheria 0 0.00											
" respiratory tuberculosis 24 0.25											
other tuberculous diseases 2 0.02											
Total tuberculosis deaths											
Deaths from cancer											
Deaths from influenza 9 0.09											

<sup>\* 24.2</sup> per 1,000 total (live and still) births.

#### STATISTICS AND SOCIAL CONDITIONS.

**Population.**—The Registrar General's estimate of the home population of Grimsby at mid-year 1953 was 93,300, an increase of one hundred on his estimate for the previous year. The natural increase of the population, i.e., the excess of live births over deaths, was 625.

Births.—There were 1,647 live births (834 males and 813 females), giving a birth rate of 17.6 per thousand of the home population.

The adjusted birth rate for Grimsby County Borough (calculated by multiplying the crude rate by the Registrar General's area comparability factor of 1.03) was 18.1, compared with 15.5 for England and Wales and 17.0 for the 160 county boroughs and great towns. Table 2 at the end of this report gives the rates over a period of years compared with those for England and Wales.

Eighty-four (5.1 per cent) of the births were illegitimate. The illegitimacy rate was 51 per thousand live births; for England and Wales it was 46.

Still Births.—Forty-one still births were registered, giving a rate of 0.43 per thousand of the population, compared with 0.35 for England and Wales. The rate expressed per thousand total (live and still) births was 24.2, while for England and Wales it was 22.4.

**Deaths.**—There were 1,022 deaths (555 males and 467 females), equal to a death rate of 10.9—the lowest for four years. Table 3 gives the local and national rates over a period of years.

The adjusted death rate for Grimsby (calculated by multiplying the crude death rate by the Registrar General's comparability factor of 1.05) was 11.4, compared with the same for England and Wales and 12.2 for the great towns.

Five hundred and forty-eight persons, comprising residents and nonresidents, died in institutions in the borough, equivalent to 53 per cent of the total deaths.

Five hundred and eighty-six persons died at seventy years of age and upwards, the numbers at age periods being:—

		MALES	FEMALES	TOTAL
Between	70 and under 75 years	96	92	188
,,	75 and under 80 years	93	84	177
,,	80 and under 85 years	57	66	123
,,	85 and under 90 years	23	56	79
,,	90 years and over	4 .	15	19

This is equal to 57 per cent of the total deaths.

Table 5 at the end of this report, giving the causes of death in age periods was prepared in the Health Department from information supplied weekly by the local registrar. The classification does not differ materially from that received from the Registrar General on 15th April, 1954.

Infant Mortality.—There were 55 deaths of infants under one year of age, giving an infant mortality rate of 33.3 per thousand live births compared with 26.8 for England and Wales.

State of Employment.—The Manager of the Employment Exchange has kindly furnished particulars regarding the number of registered unemployed persons 18 years of age and over in the Grimsby Exchange area, which covers Grimsby, Cleethorpes and the Grimsby Rural District. Separate figures are not available.

Total live register in January, 1953 (males 1,406; females 343)	 1,749
Total live register in July, 1953 (males 742; females 166)	 908
Total live register in December, 1953 (males 865; females 375)	 1,240

These figures include temporarily stopped claimants.

The number of people known to have left Grimsby permanently to take up employment in other areas (excluding daily travel) was 50—males 39 and females 11.

Rainfall.—The total rainfall recorded during the year was 19.29 inches (20.02 in 1952), and the heaviest fall was 1.18 inches on 13th October, 1953.

## PART II.

# PREVALENCE OF, AND CONTROL OVER, INFECTIOUS AND OTHER DISEASES

Notifiable infectious diseases.

Cancer.

Tuberculosis.

Venereal diseases.

Paratyphoid Fever.—Two cases were notified, a woman aged 33 years and a male child of 16 months. The latter was an inmate of Springfield for 17 days. He was originally notified as suffering from dysentery but the diagnosis was later revised to paratyphoid B.

Pneumonia.—Forty-five notifications were received—30 of primary pneumonia and 15 of influenzal pneumonia. The local attack rate was 0.48 compared with 0.84 for England and Wales. Nine cases were treated in hospital. Sixty four deaths were ascribed to all forms of pneumonia, giving a local death rate of 0.68 (England and Wales 0.55).

Meningococcal Infection.—Six cases were notified relating to 3 male and 3 female children, equal to an attack rate of 0.06 (England and Wales 0.03). All were treated in hospital. Two of the cases died, one being a non-Grimsby resident.

**Ophthalmia Neonatorum.**—Five cases of this disease were reported. The services of a nurse are offered by the local authority in all cases nursed at home.

Puerperal Pyrexia.—Ten notifications of puerperal pyrexia were received. The attack rate per thousand total (live and still) births was 5.90, compared with 18.23 for England and Wales. When a case is nursed at home the services of a district nurse are offered by the local authority. Three of the cases notified were removed to hospital for treatment.

Erysipelas.—Fourteen cases of erysipelas were notified—5 males and 9 females. The local attack rate was 0.15 (England and Wales 0.14). Three of these cases were treated in hospital.

Chicken Pox.—This disease was again prevalent, there being 1,008 cases (491 males and 517 females) notified, compared with 1,253 in 1952. Fifteen cases were admitted to hospital for treatment.

Acute Poliomyelitis.—Eight cases (2 males and 6 females) of the paralytic form of this disease were notified. The .local attack rate was 0.08; for England and Wales it was 0.07 (paralytic) and 0.04 (non-paralytic). Six of the cases notified were admitted to hospital, and two died. The local death rate was 0.02 (England and Wales 0.01).

Acute Rheumatism.—The Acute Rheumatism Regulations of 1950 require the notification of cases of rheumatism under 16 years of age occurring in specified parts of England.

Eight such notifications were received relating to 2 boys and 6 girls in Grimsby. Each case is finally reported on by the consultant physician for assessment and placing in the appropriate category under a scheme devised by the Royal College of Physicians. One girl was thus proved to be non-rheumatic. See Table 8 at the end of this report.

**Food Poisoning.**—Eight notifications were received, and two cases were treated in hospital. The local attack rate was 0.08, and the corresponding rate for England and Wales was 0.24.

Acute Encephalitis.—One intimation was received relating to an infant of 6 months, classed as infective. The case died the same day she was admitted to hospital.

Malaria.—Two cases of malaria were notified. Both related to Servicemen infected abroad.

Influenza.—This is not a notifiable disease unless complicated by pneumonia. Nine deaths were certified as due to influenza, giving a death rate of 0.09 compared with 0.16 for England and Wales.

Small Pox.—There were no cases of small pox or suspected small pox in Grimsby during 1953.

Dysentery.—A total of 339 cases (149 males and 190 females) were notified, equal to an attack rate of 3.63 per thousand of the population. The majority were in the first quarter of the year and were a continuation of the outbreak of Sonne dysentery which occurred in the last quarter of 1952, when 246 cases were reported.

Eight of the cases occurred in residential institutions in the borough,—four cases each in a children's nursery and a residential home for boys. Multiple cases in 63 families accounted for 180 of the total, the balance being single cases in families.

The number of symptomless carriers discovered was 14. These were picked up in routine stool investigation among contacts of notified cases, and it is reasonable to assume that they were the possible cause in some of the families concerned.

There was no outbreak large enough in any of the residential institutions or schools to justify the use of prophylactic antibiotics. Good personal and environmental hygiene was emphasised, and isolation of cases was possible.

It would appear that the cause in most cases was personal contact, and the fact that there were no explosive outbreaks in any school or institution points against food as being the vehicle of infection. Twenty-six of the cases were removed to hospital for treatment.

Public Health (Infectious Diseases) Regulations, 1953.—These Regulations which came into operation on 1st April, 1953, permitted the local authority to authorise the medical officer of health to require persons engaged in occupations connected with the preparation and handling of food or drink for human consumption, to discontinue or refrain from the work if suffering from, or shown to be carriers of, typhoid fever, paratyphoid fever, or other salmonella infection, or dysentery, or staphylococcal infection likely to cause food poisoning.

The local authority authorised the medical officer of health to issue notices and to take action when necessary for him to do so for the purpose of preventing the spread of infection.

It was not necessary to take any action under these Regulations during the year,

#### CANCER.

The number of deaths in Grimsby due to cancer was 182, giving a local death rate from this cause of 1.95 compared with 1.99 for England and Wales. The rates for the previous year were 2.15 and 1.99 respectively.

There was no organised cancer education during 1953. The medical profession is very doubtful about the value of it. Many doctors are not sure, a few are enthusiastic, and tewer still openly opposed to any such scheme. Despite enormous research the real cause is still unknown, but methods of diagnosis and treatment have improved greatly. Much knowledge has been accumulated about factors which predispose to the onset of cancer, and the public is entitled to know more about this, e.g., the relationship of smoking to lung cancer.

#### TUBERCULOSIS.

Notifications.—During the year 106 persons were notified as suffering from tuberculosis as compared with 148 during the previous year. In addition, 20 pulmonary cases already notified in other areas came into the borough. The age groups and ward distribution are shown in Tables 9 and 10 in the appendix.

**Deaths.** (Table 9).—The number of deaths and the death rates from tuberculosis per thousand of the population in 1953 were as follows:—

		N	o. of deaths	Death rates
Respiratory	tuberculosis	 	24	0.25
Other forms		 	2	0.02
	T-+-L-			0.07
	Totals	 	26	0.27

The deaths for the previous year numbered 32.

The death rate for all forms of tuberculosis for England and Wales was 0.19 (respiratory 0.17, other forms 0.02).

Table 11 in the Appendix shows the number of primary notifications received per thousand of the population, and the ratio of non-notified deaths in each year of the decennium.

Included in the deaths were 5 cases that had not been previously notified as suffering from tuberculosis, and the proportion of non-notified deaths is therefore 19.2 per cent.

Revision of Register.—The names of 151 notified persons were removed from the register in 1953, these consisting of:—

Diagnosis 1	not es	tablishe	ed			 2
Recovered						 74
Died						 26
Not desirin		blic med	lical ti	reatmen	ıt	 8
Left distric		;				 33
Not found	atter	adequa	te sear	rch		 5
Others						 3

On 31st December, 1953, there were 760 names on the register of the Medical Officer of Health, 673 relating to pulmonary and 87 to non-pulmonary patients.

Tuberculosis Regulations, 1925.—No action was taken during 1953 relating to persons suffering from pulmonary tuberculosis employed in the milk trade.

Public Health Act, 1936.—No action was taken under Section 172 of this Act relating to the compulsory removal to hospital of persons suffering from tuberculosis.

B.C.G. Vaccination.—Work in this field continued in the same manner as in the previous year, and 196 cases were vaccinated through the Authority's approved scheme. This compares with the previous year's figure of 207 and makes, in all, 477 cases that have been vaccinated since 1949. In each case the appropriate Mantoux re-check was carried out at the end of 8-weeks. These figures do not take into account any nursing staff attached to the local hospitals who may have received this vaccination.

Towards the end of the year the arrival of Ministry of Health Circular No. 22/53 opened up the way for an extension in B.C.G. vaccination of school children. This Circular enables the local health authority to submit a scheme for approval by the Minister of Health to offer B.C.G. vaccination to children who are thirteen years old so that a child may be followed up for at least a further year after vaccination. Parental consent must be obtained in writing prior to tuberculin testing and subsequent vaccination when indicated. It is also to be clearly understood that this will in no way interfere with the existing vaccination of contacts. By the end of December the Education and Health Committees had considered the proposals for a workable scheme to be presented to the Minister, but these arrangements can only be implemented as and when adequate trained staff is available.

Patch Testing of school children.—The unduly high incidence of positive tuberculin reactors in the infants' departments of two of the modern schools, coupled with the fact that a child was notified as a primary case of tuberculosis and was admitted for treatment to the Children's Hospital, Sheffield, necessitated this field of investigation to be enlarged. In this direction 23 teachers were invited to submit themselves for medical examination by the chest physician, and while there was not full cooperation each person examined was found to be normal.

Where a schoolchild was notified as suffering from primary lung tuberculosis, parental consent was obtained to the patch testing of class contacts, and all suspicious positive reactors were referred to the chest physician for further investigation. In certain instances this work will be continued as a routine during the coming year in order to exclude the possibility of infection among school children.

Mass Radiography.—At the beginning of March the Lincolnshire Mass Radiography Unit visited Grimsby so that children who would be leaving school during 1953 could be examined before they entered industry or other occupations. This service was also extended to nursing staffs and school teachers, and the following shows the numbers X-rayed on 35 mm film.

		Males	Females
School leavers	 	607	649
Other staff and teachers	 	35	44
Recalled for large films	 	15	17

The Unit is expected to return to Grimsby in 1954 to offer chest X-ray to the adult population as well as school children of 13-years of age and upwards. The previous full scale survey was carried out by the M.M.R. Unit in 1952.

CHEST CLINIC.—The following table (by courtesy of Dr. J. Glen, consultant chest physician) is a general analysis of the work carried out in regard to Grimsby patients at the Chest Clinic during 1953:—

in regard to G			ONARY			-Pui			TOTAL				GRAND	
DIAGNOSIS.	Adı	ılts	Child	i ren	Adı	uits	Chi	ldren	Ad	ults	Chil	ldren	TOTAL	
	M	F	M	F	M	F	M	F	M	F	M	F		
A.—New Cases examined during the year (exclud- ing contacts):														
(a) Definitely tuberculous	36	32	5	5	2	5	4	3	38	37	9	8		
(b) Diagnosis not com- pleted	_	-	-	_	-	-	_	_	6	9	4	2	3,161	
(c) Non-tuber- culous	-	-	-	_	-	_	_	-	714	1800	266	268		
B.—Contacts examined during the year:														
(a) Definitely tuberculous	4	1	2	3	-	-	-	-	4	1	2	3		
(b) Diagnosis not com- pleted	_	-	1	_	-	_	_	_	_	_	_	1	820	
(c) Non-tuber- culous	-	-	-	-	1-	-	-	_	122	240	243	204		
C.—OTHER CASES:														
(a) Inward Transfers	11	10	1	2	-	_	_	-	11	10	1	2	27	
(b) Lost sight of cases who returned	1.	2	-	_	_	_	_	_	1	2	_	_		

Wall college	]	PULM	ULMONARY			Non-Pulmonary				TOTAL			
Diagnosis.	Ad	ults	Chil	dren	Adı	ults	Chile	dren	Ad	ults	Chil	dren	GRAND
	M	F	M	F	M	F	М	F	М	F	M	F	TOTAL
D:—Number of Cases writ- ten off Clinic Register:— (a) Recovered	12	16	19	10	1	4	6	7	13	20	25	17	
(b) Died—all causes (c) Outward	15	7	-	1	1	2	1	_	16	9	1	1	
Transfers (d) Not desiring further assist-	11	18	-	1	1	2	2	1	12	20	2	2	4,045
ance (e) Lost sight of	4 2	2	1	_	3	_		-	7 2	2	3	1	BH S
(J) Non- tuberculous	-	-	-	-	-	-	-	-	847	2056	513	476	L.
E.—Number of cases on Clinic Register as on 31st December 1952:—													
(a) Definitely Tuberculous	308	250	57	59	26	22	16	12	334	272	73	71	780
(b) Diagnosis not completed	-	-	-	-	-	-	-	-	9	13	5	3	164

1. Number of cases on Clinic Register	on 1st Jan	uary, 195	817
2. Total number of attendances a contacts			9,973
3. Number of consultations with m (otherwise)			7,164
4. Number of attendances for artification	cial sunlig	ht treatmen	nt 514
5. Number of artificial pneumothora	x refills c	arried out	699
6. Number of visits paid to the home	es of patier	its by the	
Tuberculosis Health Visitors			2,043
X-Ray Department.			100000
Males.	Females.	Children	Total.
No. of X-Ray (a) 15x12" 367 films taken (b) 4x5" 945	311 939	18 27	696 1,911
No. of X-ray screening examinations carried out 1,039	2,393	1,494	4,926

Source of other special examinations referred to the Chest Clinic during 1953:—

4					
Grimsby Corporation:  Maternity & Child Welfare	Adult males	Adult females	Male children	Female children	Total
Department, including Ante-Natal cases referred by general					
practitioners	_	1,037	_	-	1,037
Police Candidates	15	-	-	_	15
District Nursing Staff Education Department, including School Medical Nursing staff, teaching appointments, entrants to	_	3		-	3
Training Colleges, Nursery School Helpers and contact examinations	3	45		_	48
Children's Department	8	48			56
Cleansing Department	3	1	_	_	4
Welfare Services Department	5	3	_	_	8
population Thomas Judging Lead					
Grimsby Hospitals Management	Com	mittee:	_		
Hospital Staff	-	15	-	-	15
National Service Medical Board	17	1			18
National Assistance Board	3	_			3
Migrant Examinations:—					U
Australia	3	2	-	-	5
Canada	16	18	2	2	38
Southern Rhodesia	_	3	_	2	5
U.S.A	4	5	-	-	9
Other Examinations:—					
Appointments with outside local					
authorities	2	6			8
Private work's employees	29	-	-	-	29
Totals	108	1,187	2	4	1,301

Non tuberculous conditions requiring special investigation referred to the Chest Clinic during the year ended 31st December, 1953.

C			Adult males	Adult females	Children
Cancer			 14	2	-
Bronchiectasis			 6	15	3
Asthma			 _	_	_
Atypical Pneumo	onia		 _	1	_
Unresolved Pneu	monia		 4	7	_
Lung abscess			 _	_	-
Non-tuberculous	Effusi	ons	 1	-	1
Cardiac Conditio	ns		 4	10	1
Spontaneous Pne	eumoth	orax	 3	_	-
Foreign Bodies			 -	-	1
Empyema			 -	_	
Simple Tumours	of Lur	ng	 -	_	_
Cystic Disease			 _	_	
Other Conditions			 1	4	_
	TO	TALS	 33	39	6

Number of New Cases referred to the Chest Clinic by General Practitioners, Institutions, Clinics, etc., in recent years.

Year	Men	Women	Children	Total
1949	516	1,430	380	2,326
1950	635	1,509	395	2,539
1951	700	1,695	427	2,822
1952	721	1,742	493	2,956
1953	758	1,846	557	3,161

Preventive Care.—This branch of the work embraces many sections but perhaps one outstanding example is on the institutional side of treatment for tuberculosis. With the easing of the sanatorium bed accommodation it is now possible to frequently hospitalise advanced chronic cases which are a potent source of infection to other members of the family. Often this class of case can be kept in hospital for a spell until the other susceptible members in the household have been checked and given B.C.G. if necessary.

There has also been a gratifying reduction in the length of waiting time of admission of cases to the sanatorium.

The disinfection of the room and bedding used by the case prior to admission to hospital is carried out as a routine.

So far the B.C.G. campaign has been restricted to the younger members of the family, say up to the age of 15 years, but it is proposed in the future, with the increasing number of negative reactors in the young adult population that vaccination should be offered and extended to the 15-25 age group. Such a step will involve considerable difficulty as it is anticipated that the great majority of persons in such a group will be in employment so that it may be necessary to arrange for special facilities to be provided.

Another important point in preventive care work is good and adequate housing accommodation for the patient and family. In this respect there is complete co-operation between the local authority and the Chest Clinic for necessitous cases, mostly of the infectious type, to receive alternative accommodation, while those living in overcrowded conditions or where a separate bedroom cannot be set aside for the case are also assisted.

In addition to the above, sunlight and physiotherapy clinics are held for persons considered to be in need of such treatment.

After-care.—The Grimsby Tuberculosis Care Committee was established in 1925 and has continued to function since. It is a very active body with members who are keenly interested in the work and problems that arise. The Committee consists of members of the Grimsby Town Council and other co-opted persons representing various organisations etc. The Grimsby Town Council subscribes the sum of £1,000 per annum for the provision of extra nourishment to patients, plus administrative expenses, through the Grimsby Central Care Council.

In addition to this figure the Committee has always maintained a separate fund out of which other necessities to cases can be provided, in addition to paying excess of expenditure over the official grant. This separate fund is kept in a solvent condition by donations, street collections, dances etc.

During the year under review the Committee extended their many and varied forms of assistance to patients by introducing a scheme whereby selected cases under Chest Clinic supervision were sent to convalescent homes for periods of two to three weeks. Each case is granted a return rail ticket, £1 per week as additional pocket money, while full maintenance charges are met by the Care Committee.

The Committee also continued grants to patients under domiciliary supervision at Christmas, while adult patients in the local sanatorium were similarly assisted. A further grant was made to the Matron of the local sanatorium for the purchase of extra gifts, particularly for the children.

From the voluntary fund various assistance was rendered—payment of gas, electricity, water rates, clothing and bedding provided, while the Committee also continued to be financially responsible for the handicraft scheme of occupational therapy carried out by adult cases in the sanatorium.

During 1953 a total of 38,273 pints of milk ,at a cost of £1,097, was provided to an average of 70 cases monthly.

Contact Examinations.—This important branch of the work is on a perfectly satisfactory basis as will be seen from the following table:—

	No. of notified cases of	Number of
Year	tuberculosis	contacts examined
1949	130	591
1950	98	625
1951	149	808
1952	148	865
1953	106	820

That there is a fairly stable rise in the number of contacts being examined through each notified case of tuberculosis is encouraging and much of the credit for this is due to the zealousness of the Tuberculosis Health Visitors.

Employment Conditions.—Facilities for the sheltered employment of tuberculosis cases in this area do not exist.

With the reduction in the number of new cases notified under the Regulations now becoming evident and the fact that modern methods of treatment enable us to render a much higher percentage of cases quiescent and stable, makes the provision of sheltered employment less acute than in the past. A great number of patients can now return to normal living and working conditions.

The old difficulties of returning treated tuberculosis cases to the food industries, which play such an important part in this town, remain. With the introduction of new forms of employment available in recent years, however, this question is becoming less urgent than formerly.

Non-notified Deaths.—It is to be regretted that non-notified deaths from tuberculosis are recorded almost annually even in a town such as Grimsby where co-operation between the medical profession and the chest clinic service is at an exceedingly high standard.

It is interesting to find that of the five deaths so recorded during 1953, two occurred in general hospitals, one was certified by the Coroner following post-mortem examination, leaving two deaths occurring in the home.

The home of the deceased is at once visited by the tuberculosis nurse and contacts requested to attend the clinic for examination.

Follow-up of Cases.—As the one full-time and one part-time Tuberculosis Health Visitors also carry out duties as clinic nurses and radiographers there is a complete follow-up of patients. This is a satisfactory arrangement as any case showing retrogression, on waiting list for institutional treatment, under chemotherapy etc., is immediately revisited at home. In this way the nurses are fully aware of what is happening and this tends to a more intimate touch between patient and the clinic staff.

Special Case-Finding Surveys.—During 1953 the tuberculin testing of selected age groups of children at the Nunsthorpe School was carried out.

This gave us an indication of the tuberculin state of these particular groups.

The Mass Radiography Unit did not operate in Grimsby during 1953 except for the purpose of examining the school leaving population, and as the unit carried out its last survey in 1952, it is felt that the time would be opportune for a re-visit next year.

#### VENEREAL DISEASES.

The special out-patient clinic for venereal diseases at 38 Queen Street, Grimsby, is under the administrative control of the Grimsby Hospital Management Committee. The times at which sessions are held with the venereologist in attendance are:—

Males:—Mondays, 10 a.m. and 4.30 p.m; Wednesdays 2 p.m. Females:—Mondays, 2 p.m.; Thursdays 10 a.m. and 4.30 p.m.

The Centre is open for intermediate attendance from Monday to Friday from 10 a.m. to 12 noon and 2 to 7 p.m., also on Saturday from 10 a.m. to 12.30 p.m.

During the year 218 Grimsby residents attended this clinic for the first time, the classification of these new cases being:—

Condition		Males	Females	Total
Syphilis	12.	 6	8	14
Gonorrhoea		 12	9	21
Other than venereal		 141	42	183
		159	59	218

Information about the location and times of sessions of the clinic are circulated to shipping by the port health inspectors.

#### PART III

## LOCAL HEALTH SERVICES

Care of Mothers and Young Children

Midwifery

Health Visiting

Home Nursing

Vaccination and Immunisation

Ambulance Service

Prevention of Illness, Care and After-Care

Domestic Help

Mental Health

#### NOTIFIABLE INFECTIOUS DISEASES.

The incidence of notifiable diseases (other than tuberculosis) was as follows:—

Diseases.		Total Cases notified.		
Scarlet fever Diphtheria		162	27	_
Paratyphoid fever Acute pneumonia Meningococcal infec	tion		9 6	64 3
Acute poliomyelitis Ophthalmia neonate Puerperal pyrexia	orum	8 5 10	6 - 3	2 -
Erysipelas Chicken pox Measles		14 1,008 1,746	3 15 21	- - 1
Whooping Cough Acute rheumatism Food poisoning		629	15 3 2	
Dysentery Acute encephalitis, i	nfective	339 1	26- 1	1
Malaria (contracted  Totals	abroad)	3,994	139	71

No notifications were received of other notifiable diseases not specified in the table above (e.g., small-pox).

Table 4 on page 83 gives an analysis of the total notified cases under various age groups and in Wards.

Table 7 on page 86 gives a comparison of the death rates and case rates of certain infectious diseases.

Measles.—The total number of notifications of measles was 1,746 (males 886 and females 860), the heaviest incidence occurring in the second and third quarters of the year. Twenty one cases were admitted to hospital for treatment. The attack rate for Grimsby was 18.71 while for England and Wales it was 12.36. One death occurred locally.

Whooping Cough.—629 notifications of whooping cough (males 292 and females 337) were received. The attack rate was 6.74; for England and Wales it was 3.58. Fifteen cases were treated in hospital There were no deaths.

Scarlet Fever.—162 notifications of scarlet fever (males 72 and females 90) were received. The local attack rate was 1.73, while for England and Wales it was 1.39. Twenty seven of these cases were removed to hospital for treatment.

The following table shows the comparative prevalence of scarlet fever over a period of ten years:—

## INCIDENCE OF SCARLET FEVER IN VARIOUS YEARS.

1 Year	2 Estimated Population	3 Total No. of Cases Notified	4 Attack Rate per 1,000 Population	No. of Deaths Regd.	6 Mortality per 100 Cases Notified	7 Mortality per 1,000 Population	No. of Cases treated in Hospital	9 Percentage removed to Hospital
1944	76,150	153	2.00	1	0.65	0.01	121	79.0
1945	78,030	76	0.97	_	_	_	50	65.7
1946	86,340	55	0.63	_	-	_	41	74.5
1947	89,190	119	1.33	-	_	-	80	67-2
1948	91,060	263	2.88	1	0.38	0.01	96	36.5
1949	91,250	213	2.33	1	0.46	0.01	77	36-1
1950	93,240	126	1.35	_	_	-	38	30.1
1951	93,250	65	1.69	1	1.53	0.01	20	30.7
1952	93,200	74	0.79	_	-	_	26	35.1
1953	93,300	162	1.73	-	-	-	27	16-6

**Diphtheria.**—One case of diphtheria was notified in January. It occurred in an unimmunised boy of 13 years of age and he was admitted to hospital for treatment. The attack rate was 0.01, the same as for England and Wales.

The table appended shows the prevalence of Diphtheria over a period of ten years:—

#### INCIDENCE OF DIPHTHERIA IN VARIOUS YEARS.

1	2 Estimated	3 Total No. of Cases	4 Attack Rate per 1,000	No. of Deaths	6 Mortality per 100 Cases	7 Mortality per 1,000	No. of Cases	9 Percentage
Year	Population	Notified	Population	Regd.	Notified	Population	treated in Hospital	Hospital
1944	76,150	150	1.96	2	1.33	0.02	150	100-0
1945	78,030	53	0.67	1	1.88	0.01	52	98-1
1946	86,340	31	0.35	1	3.22	0.01	31	100.0
1947	89,190	21	0.23	1	4.75	0.01	21	100.0
1948	91,060	23	0.25	1	4.34	0.01	23	100.0
1949	91,250	8	0.08	1	12.50	0.01	7	87.5
1950	93,240	0	_	-	_	_	_	_
1951	93,250	10	0.10	1	10.00	0.01	10	100.0
1952	93,200	5	0.05	_	-	_	5	100.0
1953	93,300	1	0.01	-	-	-	1	100.0
						100000	1119112	

#### CARE OF MOTHERS AND YOUNG CHILDREN.

Notification of births.—1,630 live births and 38 still births were notified as compared with 1,639 and 43 in 1952.

**Prematurity.**—132 infants were notified as having been born prematurely, a much higher number than in 1952 when only 98 were notified but not quite so high as in 1951.

Of this number 84 were born in hospital, 3 in nursing homes and 45 in their own homes. From the statistical table below it will be seen that 8 died within 24-hours of birth and that 113 were still surviving at the end of 28-days.

The survival rate of those born in maternity hospital is 86.7 per cent., in nursing homes 100 per cent., and at home 82.2 per cent. Of the eight infants born at home and transferred to hospital only five survived 28 days. As usual the survival rate was in proportion to the birth weight, the less the weight at birth the higher the mortaility.

		Born in Hospital			Born at			Born at Home and			Born in		
Weight at birth	Total (1)	Died in 24 hrs. (2)	Survived 28 dys. (3)	Home and nursed enitrely at home			admitted to hospital before 28th day		Nursing Home and nursed entirely there  (1) (2) (3)				
3-lb. 4-ozs. or less Over 3-lb. 4-ozs. up to and including	12	5	4	3	-	1	1	_	1	-	_	-	
4-lb. 6-ozs Over 4-lb. 6-ozs. up to and including	18	1	16	6	-	6	5	-	3	1	-	1	
4-lb. 15 ozs Over 4-lb. 15-ozs. up to and including	21	-	21	6	-	6	1	-	1	1	-	1	
5-lb. 8-ozs	33	1	32	22	1	19	1	_	_	1	_	1	
Totals	84	7	73	37	1	32	8	-	5	3	-	3	

Stillbirths.—The usual routine enquiries were made into cases of stillbirth and in only 7 cases was the cause unknown. The following causative conditions were found:—

Hydrops foetalis						4
Toxaemia of pregnancy and	ante-j	partum	haemo	rrhage		2
Toxaemia of pregnancy						5
Accidental haemorrhage						7
Anoxia—due to strangulation						4
Anoxia—due to placental in				::		1
Congenital defects (anencepl	haly, I	nydroce;	phaly a	nd mer	nın-	
gocele)				-1	l bond 1	4
Dystocia (prolapsed cord 1,						,
and craniotomy 1)					* *	4

Seventeen of the babies were first babies. 32 of the births occurred in hospital (seven of the mothers being admitted as emergencies), and the remaining 6 mothers were confined in their own homes.

Infant Welfare Centres.—Again there was a slight drop in the total attendances, particularly in the age group one to five yea, rs: in this group attendances dropped from 2,713 to 2,204. There was, moreover, a drop in the actual number of children who attended in 1953, na mely, 2,669 as compared with 3,339 the previous year.

The routine examination of toddlers was not maintained during 1953 owing to changes in and shortage of medical staff. It is hoped that this gap will be filled during 1954 and that more interest will be taken by parents in the health of the toddler. Both health visitors and assistant medical officers are bound to feel frustrated when a child suffering from extreme malnutrition and weighing less than an average healthy baby of 6 months, or a child whose teeth are carious, or a child in need of orthopaedic treatment, is brought to the toddlers clinic for the first time.

A recent survey of nutrition of children aged one to four years is appended, and the falling off in nutrition as the child gets older is appreciable. It is to remedy this defect that efforts are being made.

	$B\epsilon$	elow average	Average	Above average
1 year of age	 	17.2	36.4	46.4
2 years of age	 	17.9	24.9	57.2
3 years of age	 	34.8	19.5	45.7
4 years of age	 	40.0	16.8	43.2

Test feeding clinics.—A total of 160 test feeds were carried out at clinics, but the use of scales which are lent to breast feeding mothers to use in their own homes has been found a great help. Health visitors have to concentrate on these cases, but they feel that the extra visits made by them to the homes are very helpful in encouraging the mother to breast feed and in maintaining lactation after the initial difficulties have been overcome.

On the whole there does not seem to be any improvement in the extent of breast feeding, and weaning in the majority of cases takes place in the third week of an infant's life.

Mothercraft.—During the year there was a noticeable expansion in the amount of mothercraft teaching done at clinics. The teaching has chiefly been given to primiparous women but it is hoped that in time there will be sufficient expansion to include multiparous women also. The attitude of the nervous primipara is soon changed as a result of the instruction given to her, and also mixing with other young pregnant women, but nothing improves morale more than the visit of a former member of the class complete with her new baby. The gossip which develops may hold up the class work in one sense, but the loss is more than made up by the gain in confidence of those still waiting confinement.

It is a curious thing that attendances vary greatly according to districts and extra efforts will have to be made to increase mothercraft teaching at one clinic. The mothercraft class run at the Maternity Hospital ante-natal clinic by the sister-tutor and one of the health visitors is proof of the successful liaison between hospital and local health authority. The members attending vary between 25 and 30 each session. Fortunately these expectant mothers come from all areas of the town and it is felt that by teaching them, we are more likely to spread our health education idea throughout the town. 1,231 attendances were made to the local health authority mothercraft classes. It is encouraging to be asked by an expectant mother, "When do you hold your mothercraft class?... My doctor has told me about it and I am anxious to attend."

Distribution of Milk.—Distribution of dried milk at a cost approved by the Minister of Health has continued. Many mothers take advantage of the Government milk scheme and the work of the distribution of National dried milk, cod liver oil and orange juice is undertaken by the food office clerks. Full use, unfortunately, is not taken of the priority vitamins supplied by the Ministry of Food despite the teaching of midwives and health visitors.

Ante-natal clinics.—617 new cases attended and made a total of 1,781 attendances. There was a slight drop in the number of new cases from 649 in 1950 to 617 in 1953, but the figure still remains high as compared with 470 in 1951. A great number of these cases are referred by general practitioners for blood tests and x-ray examination, and their ante-natal supervision is carried out by the general practitioner, no attempt being made to interfere in any way by the staff of the ante-natal clinic, but every opportunity is taken to encourage doctors' booked cases to attend the mothercraft classes for instruction, and the relaxation and remedial exercise classes are well patronised.

Post-natal clinics.—Only 146 new cases attended for post-natal examination, a total of 175 attendances being made. It would seem that all cases confined by midwives (no general practitioner having been booked) receive a routine post-natal examination, as midwives booked only 138 cases and in seven of these medical aid was called and the post-natal examination subsequently done by the general practitioner. A few cases attended for advice on family planning or gynaecological troubles.

Orthopaedic cases.—31 cases were referred from maternal and child welfare centres to the orthopaedic department at the General Hospital as compared with 20 in 1952.

Infant Mortality.—This rate (33.3) was disappointingly high despite all the infant welfare work done. The chief causes of death were prematurity 16, respiratory diseases 11, congenital defects 6, injury at birth 3, atelectasis 3, and congenital debility 3. Only two deaths were attributed

to gastro-enteritis; in one case home conditions were poor, whereas in the other home conditions were good but the infant had other defects. Measles, encephalitis and meningitis accounted for four. It is distressing to note that four infants died from suffocation despite the fact that in no case was asphyxia due to the type of bedding used. The ages of these babies ranged from 4 weeks to 3 months and home conditions were good in all cases.

It is significant that out of 11 deaths from respiratory diseases in three instances onset was so sudden and disease so virulent as to cause sudden death, the actual cause being ascertained by post-mortem examination. In four cases broncho-pneumonia was associated with muscular atrophy (2) and prematurity (2).

Neo-natal deaths accounted for 60 per cent. of the total infant deaths, and half of these were due to prematurity. Of the 33 neo-natal deaths only two occurred outside hospitals although six of the babies concerned were born at home. The causes of death were:—atelectasis 2, congenital debility 2, injury at birth 3, congential defects 5, broncho pneumonia 4, Rhesus incompatibility 1 and prematurity 16.

In only six cases where death was attributed to prematurity was the cause of premature labour known, viz:—ante-partum haemorrhage 2, twin pregnancy 2, toxaemia of pregnancy 1 and repeated miscarriage 1.

It is quite possible that premature labour was due to a toxaemia of pregnancy in some of the other cases, although ante-natal records fail to reveal this.

It is realised that deaths from congenital defects, at lectasis and Rhesus incompatibility are almost inevitable but the toll from prematurity is much too high and much research work will have to be done to find out the causes of premature labour and steps taken to avoid this wastage of infant life. The weight of infants dying from prematurity ranged between 2 lb. 2 ozs. and 5 lbs. 14 ozs. but in 12 cases weight was 3 lbs. and under.

Maternal mortality.—There were no maternal deaths during 1953.

Ophthalmia Neonatorum.—Only five cases were notified during the year and in no case was there any impairment of vision.

Pemphigus Neonatorum.—There was no case during 1953.

Ophthalmic treatment.—15 cases were referred from maternal and child welfare clinics and received treatment.

### DENTAL TREATMENT.

### Numbers provided with dental care :-

Rosens and	Examined.	Needing treatment.	Treated.	Made dentally fit.
Expectant and Nursing Mothers	200	200	200	135
Children under five	295	270	270	266

### Forms of dental treatment provided:-

	Extrac-	Extrac-		Anaes	thetics	Fillings	Scalings or Scaling	Silver Nitrate	Silver Nitrate Dressings	Radio-	Dentures provided	
	tions	Local	General	and Gu	and Gum treatment treatment		graphs	Complete	Partial			
Expectant and nursing mothers	935	136	135	90	91		48	2	11	31		
Children under five	467		227	12	17	13	2					

Clinics and Treatment Centres.—The Clinics and treatment centres provided by the local authority in the Borough are as follows:—

### MATERNITY AND CHILD WELFARE.

#### Infant Welfare Centres. Second Avenue, Nunsthorpe Monday 2 p.m. do. do. Thursday 9-30 a.m. Tues. and Thurs. Hope Street (Tel. 4012) 2 p.m. do. do. Wednesday .. 9-30 a.m. Watkin Street (Tel. 4564) Tues. and Thurs. 2 p.m. Old Clee Friday ... 2 p.m. . .

Ante Natal Clinics.			
Second Avenue, Nunsthorpe	Monday	 	9-30 a.m.
Hope Street	Monday	 	2 p.m.
do.	Friday	 	2 p.m.
Watkin Street	Monday	 	9-30 a.m.
do.	Wednesday	 	2 p.m.

Post Natal Clinics.				
Second Avenue, Nunsthorpe	Monday			9-30 a.m.
Watkin Street	Tuesday			9-30 a.m.
Hope Street	Thursday			9-30 a.m.
Toddlers' Clinics.				
Hope Street	Tuesday			9-30 a.m.
Second Avenue, Nunsthorpe	Wednesday			2 p.m.
Watkin Street	Friday			9-30 a.m.
Artificial Sunlight Treatment Clini	cs.		Shill:	
Hope Street	Mond Wedn Frida	esday	}	2 p.m.
Vaccination and Diphtheria Immi	unisation Clinic	s.		
Second Avenue, Nunsthorpe Watkin Street Centre Hope Street Centre	Second Monda First Monday Wednesday	in each	n mo	onth 2 p.m.
Dental Clinic.				
Hope Street Centre	Every aftern	oon (ex	ксер	Saturday)

#### MIDWIFERY.

Ten midwives were employed on the district and two of them who are approved as district teacher midwives undertook district teaching of pupil midwives.

There were 635 district deliveries. In 138 cases no doctor was booked, and 131 of these were delivered by midwives. In 497 cases a doctor was booked and 347 of these cases were delivered by midwives, no doctor being present at the delivery. The midwives acted as midwives in 75.3% of the total cases. There were 57 fewer district deliveries than in 1952 owing to (a) fall in birth rate, and (b) popularity of hospital confinement. 89% of the infants born on the district were wholly breast fed on the 14th day. In 91 cases medical aid was summoned, the various reasons for calling in medical aid being:—

For Mother		For baby
Phlebitis	2	Jaundice
Frontal headache	1	Prematurity
Premature labour	1	Asphyxia
Raised blood pressure	4	Collapse
Rise in temperature	9	Sticky eyes
Uterine inertia	2	Septic rash
Delay in 2nd stage	3	Convulsions

For Mother		For baby
Obstetric shock	1	Inability to pass urine
Retained placenta	3	The second section of the second seco
Retained membranes	1	
Post-partum haemorrhage	2	
Ruptured perineum	20	
Ante-partum haemorrhage	5	
Extended breech	1	
Offensive lochia	2	
Irregular pulse rate	1	
Syncope	1	
Suppression of lactation	1	

All the district midwives employed by the local health authority are qualified to give gas and air analgesia and 70.4% of the total district deliveries had gas and air analgesia administered, and 46.8% of the total cases had Pethidine given for relief of pain.

On the whole, most of the district cases are given relief from pain by one or other method, but there still remains a definite hard core of women who send for the midwife too late for any relief to be given: in addition, despite constant teaching by midwives and medical officers at ante-natal clinics, some expectant mothers are still resistant to the idea of there being any need for medication of any sort for relief of pain in childbirth.

Six pupil midwives were given district training during the year and four succeeded in obtaining the Central Midwives Board Certificate. It is a pity that more pupil midwives do not come to Grimsby for Part II training as there are excellent opportunities available, both in the Nunsthorpe Maternity Hospital and on the district.

The liaison between midwives, general practitioners and health department is excellent, and the part taken by midwives in the parents' club and mothercraft classes shows that their interest in their patients is not a narrow one, confined only to the midwifery side: this is the ideal which was aimed at over many years.

#### HEALTH VISITING.

During the year three health visitors resigned—Miss B. Watson in March, Miss H. Bragg in August and Miss J. Mumby in October. Miss M. Henly was granted six months leave of absence to enable her to go to Canada. Two trainee health visitors, Miss J. Bell and Miss K. Spencer, completed their training at Oxford and commenced duty in Grimsby in April, and Mrs. M. Redston joined the staff in a temporary capacity in August. Arrangements were made for the training of a further student health visitor at Battersea Polytechnic in 1954.

• The health visitors made a total of 32,022 visits as compared with 31,915 in 1952.

A second Parents' Club was started in September in conjunction with the Nunsthorpe Community Centre and the original club continues to flourish. Attendances at these clubs during the year was 537. Mothercraft classes, staffed by health visitors and supported by the midwives have been very successful, and the Stork Club organised jointly by the local health authority and Maternity Hospital is an outstanding success.

### HOME NURSING.

During the year the district nurses' home at 34 Dudley Street was adapted to accommodate the midwifery pupils. Since this has been done few pupils have taken their training; only six pupils have been resident in the home and none are available for district training until September, 1954.

At the end of 1953 the staff consisted of:—

Full-time Part-time 1 Superintendent 1 Queen's nurse

1 Assistant Superintendent

3 State Registered nurses

2 Queen's nurses

1 State Enrolled assistant nurse.

1 Queen's male nurse

4 State Registered nurses

1 State Enrolled assistant nurse

Of these, only two-the Superintendent and her Assistant-were resident in the home. The general nurses are married and living in their own homes.

Seven new nurses were appointed during the year, including the assistant superintendent and one Queen's nurse who completed her training sponsored by Grimsby Corporation. The newly appointed nurses were local applicants and with so many married nurses employed the home nursing service is not as stable as is desirable. another male nurse is urgently required it has not been possible to obtain one owing to lack of suitable accommodation being available.

One State Registered nurse was sent to a residential course arranged by the Queen's Institute of District Nursing. It is hoped to send one or two nurses each year if suitable courses are arranged.

Co-operation with general practitioners remains good and liaison with the hospitals regarding discharged patients is also good.

An agreement has been made with the British Red Cross Society for large articles of equipment such as wheel chairs, commodes and crutches to be stored in the depot in Victoria Street, and the transfer of these articles will be arranged in due course.

The following table shows the work done during the year:— Cases being nursed on 1st January, 1953 ... New cases nursed during the year: Adults 1.091 44 Children under 5 years ... 1,135 1,263 Total cases nursed during the year

# Summary of New Cases Nursed.

ADUL	TS				
				$N_1$	umber of
Patients suffering from infection	ous dise	ases:-			patients
Tuberculosis					42
Pneumonia					75
Influenza					8
Ophthalmic					2
Erysipelas					3
Maternal Complications					39
Cumdical Numeina					286
					5
Orthopaedic					0
Medical Nursing:—  Bronchitis					46
Pleurisy					13
Rheumatism					9
Cerebral haemorrhage—under	60		• • •		8
Cerebral haemorrhage—over 6					64
					54
Anaemia					4
Ear, nose and throat					10
X-ray preparation					1
Gynaecological					50
Cardiovascular disease					91
Diabetes					26
Disseminated sclerosis					3
Skin diseases					3
Senility					72
Other medical conditions					177
		То	tal adu	lts	1,091
CHILDREN U	UNDER	5 YEA	RS.		
Bronchitis					2
Pneumonia					2 5 8
Threadworms					8
Constipation					3
Otitis media					3 1 2 2 5
Tonsillectomy, after-care	-				. 2
Scalds					2
Surgical dressings					5
Others					16
	**	**			
		Total c	hildren		44

### VACCINATION AND IMMUNISATION.

DIPHTHERIA IMMUNISATION.—During the year a total of 1,190 children completed the series of inoculations, 413 of these being carried out by general medical practitioners. This shows a decrease on last year's high figure of 1,451. The number of children fully protected in the age group 0-15 years represents 66 per cent, of the total child population.

Reinforcing injections were given to 871 children, of which 213 were carried out by general medical practitioners, and while this figure is lower than the preceding year it is above average. The actual number of children immunised during the last six years is as follows:—

YEAR	Prima	RY IMMUNISA	TION	REINFORCING INJECTIONS
.5.0	Under 5 yrs.	5-15 yrs.	Total.	5-15 years
1948	1357	204	1561	633
1949	1151	157	1308	365
1950	722	65	787	219
1951	1181	92	1273	754
1952	1147	304	1451	1224
1953	1038	152	1190	871

An extract of the new form of annual return for diphtheria immunisation is given below. In the main this return was introduced by the Ministry of Health to show whether the numbers of individuals already injected with diphtheria antigen and the degree of immunity thus conferred on them was sufficient to safeguard against outbreaks of diphtheria. The distinction previously made between primary and booster inoculations is ignored, and it must be remembered that for children born in 1953 the immunity index figure cannot exceed 33 per cent. since immunisation in young children is not commenced until a child is 8-months old.

Immunisation in relation to child population.

Age at 31.12.53 i.e. Born in Year	Under 1 1953	1—4 1952-1949	5—9 1948-1944	10—14 1943-1939	Under 15 Total
Last complete course of injections A. 1949-1953	53	3,805	3,659	1,422	8,939
B. 1948 or earlier	-		2,707	3,509	6,216
C. Estimated mid- year child population	1,630	6,670	1-	4,700	23,000
Immunity Index 100 A/C	3	57	35		39

Table 14 in the appendix indicates the number of children completing the series of inoculations since the inauguration of the scheme.

Vaccination.—During the year 536 primary vaccinations and 90 re-vaccinations were performed, and of this combined total 385 were carried out by general practitioners. The following shows the number of persons vaccinated during the past six years.

YEAR.		Prin	Age 1	i.	RE-VACCINATIONS.	
	Under 1.	1-4.	5-14.	Adults	Total.	All Ages.
1948	144	30	8	11	193	6
1949	181	187	32	32	432	104
1950	73	233	51	56	413	50
1951	113	277	53	92	535	148
1952	129	221	23	60	433	80
1953	329	114	40	53	536	90

The number of vaccination sessions per month was increased in October from three to six to coincide with the sessions held for immunisation against diphtheria at the infant welfare centres. It is hoped that this will achieve an increase in the number of vaccinations in the near future, but it appears difficult to secure the full co-operation of parents in having their young children vaccinated and it generally takes a smallpox "scare" close by to produce the desired result. Publicity material and advertisements in the local press have been continued to reinforce the systematic drive of personal persuasion made by the medical and nursing staffs.

#### AMBULANCE SERVICE.

The returns for the year ended the 31st December, 1953 show a still further increase in the work of the service as compared with previous years, the rate of increase being most marked by the number of patients carried.

During the year 17,386 calls were received; 136 of these came from areas outside the borough and were transmitted to the appropriate authority. 25,548 patients were transported and 146,765 miles were covered by the vehicles. Of the number of patients carried 1,755 were accidents or other type of emergency cases.

The difficulty experienced in the past in meeting the demands of the service with the staff available has intensified, and only be separating crews and doubling up on vehicles has the service been able to maintain its efficiency. Some improvement has taken place in the timing of admissions and discharges from specialists hospitals but still more could be done if hospitals within close proximity of each other had some method of co-ordination. The better understanding reached with neighbouring authorities has proved helpful in reducing the number of journeys in long distance work; whilst relations with general practitioners continues to be satisfactory.

There has been no change in the number of vehicles, but some of the older machines are becoming mechanically unsound. Although their continued use is not desired, they are needed as reserves when the better vehicles are withdrawn from the road for service and repairs. The mileage covered by these vehicles increases year by year and maintenance difficulties are beginning to arise as the machines age and more repairs are needed.

The high standard of proficiency acquired by the staff is to be commended and has been a big factor in meeting the increased calls on the service.

Statistical tables for the year 1953 are given below:—

CALLS.	TIME ANALYSIS OF JOURNEYS.
Accidents 1,171 Sudden illness 262 Removals 15,418 Miscellaneous 399 For other authorities 136	2300—0700 hours 558 0700—0900 hours 1,015 0900—1500 hours 4,819 1500—1700 hours 1,197 1700—2300 hours 1,582
17,386	

### OPERATIONAL.

Type of Case.		PATIENTS	JOURNEYS.
Accidents	 	1,237	1,171
Sudden illness	 	273	262
Removals (local)	 	22,330	6,815
Removals (others)		1,504	524
Miscellaneous	 	204	399
		25,548	9,171

#### PREVENTION OF ILLNESS, CARE AND AFTER-CARE

The almoner service has continued to provide medico-social care to sick people in their homes and on the hospital wards. Satisfactory coordination with workers in other departments of the local authority health and other services has been achieved with resultant benefit to the patient.

The liaison between the general medical practitioners and the almoner service has been maintained.

Early in 1953 it was agreed between the Sheffield Regional Hospital Board and the local authority that the cost of an establishment of three almoners could be shared but unfortunately there has been no response to advertisements for two more almoners. Owing to the growing need for the almoner to have assistance in the increasing work of the service it was eventually decided to advertise for a social worker holding a social studies or similar diploma and on the 14th September, 1953, Miss Mary Comyns commenced duties in the department.

In the course of the year, after discussion it was decided that at their discretion, hospital consultants should request home reports where necessary from health visitors in respect of children admitted to the wards.

Central Care Council.—During 1953 thirty-nine patients and their families have been assisted through the General Care Committee of the Central Care Council. Grants have been made either through the funds administered by representative members, e.g. by the Royal Naval Benevolent Trust, the Royal Air Force Association, etc., or directly from the monies made over to the Council by the local authority. The majority of the grants, however, have been made by Committee members through their respective associations.

The co-ordination and co-operation of these associations and the statutory bodies in helping sick people and their families has been excellent. The work of the General Care Committee is becoming more widely known to the community and is growing apace.

The main help given by the General Care Committee has been in the form of recuperative holidays, the supply of extra nourishment, coal, clothing and bedding. Fares have been paid to enable relatives to visit their sick in distant hospitals. In some instances patients have received help over a period of time whilst in others the grant has been for an immediate need, e.g. wireless licence, warm boots for an adolescent suffering from poor circulation, etc.

The nature of the work varies so much that it is difficult to tabulate it under clear cut headings, but it can be divided into two broad classes:—

- (a) Work done at the Health Department premises;
- (b) Work done at the Hospitals.

"Old patients" represent case-work continued throughout the year, the patients being first interviewed in previous years and returning for help or advice as a result of chronic or renewed illness.

	HEALTH DEPARTMENT	Hospitals	TOTAL
New patients	 207	255	562
Old patients	 946	440	1,386
Interviews	 670	691	1,361

In addition to the above, 845 home visits were also made.

#### DOMESTIC HELP.

This service has again shown an increase in the number of cases assisted, an average of 155 being dealt with weekly compared with 145 in 1952. These include elderly, infirm, chronic sick, tuberculosis, blind, maternity and emergency cases occurring in the home. Although there has been a decrease in the number of maternity cases there has been an increase of 101 in other types of cases, and 85 per cent. of these have been aged persons and chronic sick. The latter are becoming a real problem to the service as more and more help is needed, mainly due to the difficulty experienced in the preparation of food. Even so many old people are able to stay in their own homes through having help provided for a few hours weekly.

The number of cases (11) dealt with by the "sitters-up" service is still small but shows a slight increase on the number served in the previous year.

The following information relates to the working of the domestic

help scheme:-

Administrative sta	iff on 3	1st De	cember	, 1953:			
Organiser	**					1)	9
Clerk						1)	-
Home helps emplo	yed on	31st I	Decemb	er, 195	3;		
Whole time						97	70
Part time						61	10
Cases helped durin	g 1953	:					
Maternity (inc	cluding	expect	ant me	others)		122)	
Tuberculosis						228	476
Chronic sick,	aged ar	nd infir	m			228	470
Others						117	

Amount of Service Given.—The undermention figures are taken from a representative week.

	patients	were	in	receipt	of	2	hours	but	less	than	3	hours	per	day,
67				"							-			
39				21							5	"	33	**
3		200				0	hours	Der	day.					

and one patient was in receipt of more than 5 hours per day. The remaining 40 cases were in receipt of two or more half days per week. Four confinement cases were in receipt of full time help during the week.

PAYMENT FOR SERVICE.—Of the 476 cases assisted the charges were distributed in the following way:—

	1	Free of cost	Part cost	Full cost
Tuberculous cases		4	4	1
Chronic sick, aged and infirm		174	46	8
Maternity		4	87	31
Others		19	56	42
Total		201	193	82

RECRUITMENT.—The method adopted in employing home helps is to recruit from persons recommended by existing home helps or from personal applications. References are obtained in all cases.

Home helps are employed under the National Joint Council scale of pay and conditions of service. Bus fares or cycle allowances are paid to part-time home helps.

UNIFORMS.—Two overalls and a badge are provided to each home help after a probationary period of one month, and those attending tuberculous or other infectious cases are provided with extra overalls. In addition, the whole time home helps are provided with an outside uniform consisting of one green gabardine coat and beret.

Periodical chest X-ray examinations are offered to all home helps undertaking any long term case, and only volunteers such as ex-tuber-culous patients or women over 40 years of age with no children are considered for this type of work.

PRIORITY OF SERVICE.—Bookings for maternity cases are received two or three months prior to the confinement, and priority is always given to this type of case. In all other cases help can be provided at very short notice, and even on the same day if necessary.

Supervision.—Each new case is visited by the organiser who assesses the need for the service and also obtains the necessary information to enable an assessment to be made for the payment of such service. Charges for the service of a home help are on a graduated scale according to income. The standard charge is 3s. 0d. per hour.

### MENTAL HEALTH.

- (i) Administration.
- (a) The Mental Health Sub-Committee consists of 16 members, 5 of whom are co-opted. The senior mental health worker is responsible to the medical officer of health for the activities of the section.
- (b) The senior mental health worker and two women mental health workers have social science diplomas, the former being responsible for much of the psychiatric social work of the clinic held at the local general hospital. The supervisor of the Occupation Centre holds the diploma granted by the National Association for Mental Health and a junior officer is at present attending the course for this diploma. The two male duly authorised officers originally worked as relieving officers and have taken courses arranged for such staff at the Sheffield University.
- (c) A psychiatric clinic is held each Wednesday morning at the Grimsby General Hospital staffed by psychiatrists from the mental hospital who advise the staff of the mental health service on any difficulties which may arise. In addition, a fortnightly case conference is held on Wednesday afternoon in the mental health office by the psychiatrist attending the morning clinic and a number of patients are seen at this office with the social worker in attendance. The psychiatrists are also available for domiciliary visits in cases of special difficulty on these days. Supervisory visits are paid by the local authority staff to all patients leaving the mental hospital, carrying out the directions of the psychiatrist. Likewise the mental health workers assist when requested with any patients coming home on licence or holiday leave from mental deficiency institutions. Reports on home conditions are furnished as required. Some patients on licence attend the girls' club held in the town by the junior mental health workers.
- (d) There is no voluntary association for mental health in the borough but a very active group of the National Association of the Parents of Backward Children co-operate fully with the local authority. Members of the staff have given assistance at many of the activities organized by the group.

(e) Officers are sent to appropriate courses as opportunity arises and visits are arranged to all other sections of the health service including maternal and child welfare, sanitary inspection, port health and school medical service, together with child guidance, children's homes and hospitals.

Assistant staff at the Occupation Centre consists mainly of women who have taught in schools, but opportunities are offered to each member to take further courses if they wish and at present our senior nursery assistant is taking the diploma course arranged by the National Association for Mental Health. A teacher with special experience of sub-normal children is acting as assistant during the temporary absence of our nursery supervisor on the course. One of our chief difficulties in this respect is the distance from Grimsby of most of the training facilities.

### (ii) ACCOUNT OF WORK UNDERTAKEN IN THE COMMUNITY.

(a) Under Section 28 of the National Health Service Act, 1946, visits are paid to patients referred by other organisations. Sources of referal include the welfare services, police, probation officers, the N.S.P.C.C. officers, employers, and Members of Council, but the majority are referred by the family doctor. Such referals are followed up and where any need for this is indicated, attempts are made to secure psychiatric treatment at the earliest possible moment. There is not usually any delay in securing psychiatric advice, and regular visits are paid to mentally ill patients in the same way but usually at more frequent intervals than the supervisory visits paid to mental defectives. Co-operation between the officers of the National Assistance Board and the local authority staff has been very close and is much appreciated by the mental health workers. Similar acknowledgment is also made to officers of the Ministry of Labour with whom close co-operation is maintained, particularly with regard to the re-settlement of patients in the community after a stay in hospital.

### (b) Lunacy and Mental Treatment Acts, 1890-1930.

The senior mental health worker and the two male duly authorised officers are responsible for immediate action under the Lunacy Acts at any hour these cases are referred. The workers visit and if necessary arrange immediate admission to hospital for observation or treatment. The two junior mental health workers share with the duly authorised officers the visitation of the patients in their homes, accompanying patients to hospital, visiting them on their return, and consistent efforts are made to continue the contact with each patient by the officer originally dealing with the case.

The restriction in the admission of voluntary patients, particularly women, has been a very serious handicap during the past year, especially so in respect of patients who have been previously helped by hospital treatment and seek similar help again. Many patients who could be helped in the early stages of their illness must later be admitted for a much longer period.

The following cases have been admitted to Bracebridge Heath Hospital during the year:—

					MALES	FEMALES	TOTAL
Voluntary					18	12	30
Temporary					. 2	6	8
Certified					7	29	36
Section 20 (S	Scartho R	load In	firmary	7)	15	20	35
Section 20 (1	Bracebrid	ge)			10	14	24
Section 21					5	1	6
					57	82	139
						-	

These figures include a certain number of patients who were admitted to Bracebridge under a short term order and then re-graded, usually to voluntary status. In addition to the above figures, 7 patients were admitted to Bracebridge Heath Hospital by sources other than the local authority staff.

Cases have been dealt with by the duly authorised officers as follows:—

Senior Mental Health Worker—48 plus 94 calls with no action taken under Lunacy Acts.

Mr. Rackham 26 plus 123 calls with no action taken under Lunacy Acts.Mr. Mackenzie 44 plus 104 calls with no action taken under Lunacy Acts.

The services of the borough ambulance were required on 101 occasions.

### (c) Mental Deficiency Acts, 1913-1938:-

- (i) The majority of our defectives are referred by the Education Department and School Health Service, the Maternal and Child Welfare Medical Officers, and medical practitioners. Some few cases are also referred by parents, police, probation officers, and employers. The mental health staff arrange for the medical section of the ascertainment form to be completed and in this way any additional knowledge of mental instability or defectiveness in the family can be added. The staff are frequently in contact with such homes as they are responsible for statutory supervision visits. The mental health workers also pay after care visits to sub-normal children not reported for statutory supervision after they leave school.
- (ii) The guardianship scheme in the borough is working well, and it was only necessary to place one new case under guardianship during the year. One child became unsuitable and was admitted to an institution. All cases are visited by the officers of the department at the statutory interval. The National Assistance Board is financially responsible for the greater number of guardianship cases. Some of these continue to attend the Occupation Centre.

During the year 6 males and 3 females were admitted to institutions. After a special survey of the waiting list it was found that there were 9 urgent cases and 8 others considered suitable, but for various reasons (mostly home conditions) not classified as urgently in need of admission.

Three patients were found suitable employment during 1953.

Licence was granted to 6 patients during the year and extended on behalf of others already on licence.

- I. Particulars of mental defectives as on 1st January, 1954.
- N.B. No case is entered under more than one heading of (1) or (2) and only "live" cases should be included.

(1)	Number of Ascertained Mental Defectives found to be
, ,	"Subject to be dealt with":-

			M.	F.	T.
(a)	In Institutions	(Under 16 years of age)	14	7	21
	(including cases on licence).	(Aged 16 years & over)	94	93	187

(b)	Under Guardianship(Under 16 years of age)		-	-
	(including cases (Aged 16 years & over)	15	24	39
	on licence)			

(c)	In "places of safety"	 	 1	2	3

(d)	Under Statutory Supervision				
	(excluding cases	(Under 16 years of age)	34	43	77
	on licence)	(Aged 16 years & over)	120	122	242

(e)	Action not yet taken under any one of the above headings	6	7	13
	to be dealt with"	284	298	582

No.	of	cases	awai	ting	removal	M.	F.	T.	
to a	n I	nstitut	ion			10	7	17	

(2)	Number of mental defectives not at present
	"Subject to be dealt with" but over whom
	some form of voluntary supervision is main-
	tained

Total number of mental defectives (1) plus (2) 299 324	

15

26

41

623

(3)	Number of mental defectives receiving training:—	М.	F.	T.
	In day training (Under 16 years of age) centres (Aged 16 years & over)	18 11	11 8	29 19
	Total	29	19	48
II. P	articulars of cases reported during the year 1953.			
(1)	Ascertainment.			
(a)	Cases reported by Local Education Authorities (Sec. 57, Ed. Act, 1944):—	300		
	(i) Under Sec. 57(3) (ii) Under Sec. 57(5)	7	11	18
	On leaving special schools	1 8	<del>-</del> 13	1 21
(b)	Other ascertained defectives reported			
	during 1953 and found "subject to be dealt with"	3	1	4
(c)	Total ascertained defectives found to be "subject to be dealt with" during year Other reported cases ascertained during	19	25	44
	1953 who are not at present "subject to be dealt with"	6	7	13
	Total number of cases reported during the year	25	32	57
(2) Di	sposal of cases reported during the year.			
(;	a) Ascertained defectives found to be "subject to be dealt with":—  (i) Admitted to institutions	М.	F.	T.
	(Under 16 years of age)	_		
	(ii) Placed under guardianship	_	_	_
	(iii) Taken to "places of safety" (iv) Placed under statutory supervision	19	24	43
	(v) Action unnecessary	6	7	13
Т	otal ascertained defectives found to be "subject to be dealt with"	25	32	57

III.	Number of mental defectives in institutions under community care including voluntary supervision or in "Places of Safety" on 1st January, 1953, who have ceased to be under any of these forms of care in 1953.	M.	F.	T.
	(a) Ceased to be under care	8	3	11
	(b) Died, removed from area, or lost sight of	4	10	14
	Total	12	13	25
IV.	Of the total number of mental defectives known to thε local authority			
	(a) Number who have given birth to children during 1953:—			
	While unmarried	1		
	(b) Number who have married during 1953	3	12	

GIRLS' CLUB.—The Girls' Club is run by the two younger social workers and caters mainly for patients under guardianship, on licence or under statutory supervision. The club is conducted one evening a week and several of the girls come to the club on leaving their work. Tea is followed by such activities as country dancing, handwork, singing or table tennis. Old time and square dances are a popular feature on the programme and occasionaly cookery demonstrations are given by the occupation centre cook. The summer outing and Christmas Party continue to be very popular and the outing was discussed at great length, the girls deciding what form they would prefer this to take. The club is very regularly attended and serves as the only outside activity in the case of several of the patients.

Occupation Centre.—There are 48 patients in attendance at the occupation centre, including 3 part-time attenders and 7 patients from Cleethorpes. The woodwork class supervised by one of the duly authorised officers has increased its membership, and the junior class, under supervision of one of the permanent staff at the centre, has made satisfactory progress. Training given in the class has resulted in another boy being placed in employment.

Owing to a temporary delay in the proposed new occupation centre it was decided to re-decorate the old one for Christmas. As there was only a small sum of money available in the estimates for this purpose it was necessary to recruit voluntary labour. The excellent response from members of the N.A.P.B.C., members of the staff, and all others concerned has resulted in a much brighter centre to the great benefit of the pupils and staff. A sincere "thank you" is extended to all those who took part in this worthwhile job.

### PART IV.

### SANITARY CIRCUMSTANCES

Water supply
Rivers and streams
Sewerage and drainage
Public cleansing
Sanitary inspection
Pest control
Atmospheric pollution

#### IV.—SANITARY CIRCUMSTANCES.

Mr. Harold Parkinson, Chief Sanitary Inspector, has compiled this section of the report.

**Staff.**—Throughout the year the staff of Sanitary Inspectors was well below establishment which had a decided effect on the work which could be attempted and accomplished.

Priorities had to be settled as the urgency of circumstances demanded, with the result that routine inspections and other normal activities were much restricted.

Water Supply.—The public supply was provided throughout the town by the Grimsby, Cleethorpes and District Water Board and the results of the regular examinations were satisfactory. The saline content was found to be similar to that of 1952.

Specimen reports are as follows:-

Report by pathologist of bacteriological examination of town's water taken on 27.11.1953.

Central Pathological Laboratory, Grimsby General Hospital, Grimsby.

Sample C.A. Laboratory Ref. No. 38378

Plate count. 3 days at 22°C. aerobically .. Nil per m.l. Plate count. 2 days at 37°C aerobically .. Nil per m.l.

Coliform bacilli absent from 100 m.l.

Cl. welchii absent from 50 m.l.

30.11.1953.

(signed) F. HAMPSON, Pathologist.

Report by Public Analyst.

67, Surrey Street, SHEFFIELD, 1.

### Physical characters.

Suspend	ded ma	tter			 	 None
Appeara	ance of	f a colu	mn 2 f	t. long	 	 Clear; colourless
Taste					 	 Normal
Odour						None

#### Chemical examination.

			Po	arts per million	t.
Total solids (dried at 180 C.)			 	320.0	
Chlorides in terms of chlorine			 	21.5	
Equivalent to sodium chlorid	le		 	35.4	
Nitrites			 	none	
Nitrates as nitrogen			 	3.00	
Poisonous metals (lead etc.)			 	none	
Total hardness			 	258.0	
Temporary hardness			 	214.0	
Permanent hardness			 	44.0	
Oxygen absorbed in 4 hours	at 80	F.	 	0.16	
Ammoniacal nitrogen			 	0.010	
Albuminoid nitrogen			 	0.016	
Free chlorine			 	none	
pH value			 	7.6	
Remarks:—satisfactory.					

(Signed) For John Evans (A. H. Allen & Partners.)

22.12.1953.

HUGH CHILDS.

Bores and Wells.—A survey was undertaken, early in the year, to ascertain the number of water bearing bores in use in the county borough. 31 were found at industrial and commercial undertakings, and 3 at houses on the town's outskirts.

After the severe flooding of adjacent districts in January and February samples were taken from all the Grimsby bores and examined. At one factory infiltration and contamination was indicated and the requisite precautions against drinking the affected water were taken by the firm concerned.

Rivers and Streams.—The main stream (the Freshney) which flows through the Coates and Alexandra Wards of the town is under the control of the Lincolnshire River Board, on which the Grimsby Corporation has representatives.

Complaints were received from nearby residents about the overgrown and neglected state of the Freshney. When the level of the water was low it showed that certain portions had been used as rubbish dumps.

As far as this town is concerned the Freshney at present is anything but attractive or useful and the original purpose years ago of diverting its course in attempting to keep the sand from accumulating near the entrance to the docks has long since proved ineffective.

Sewerage and drainage.—Progress continued in the extension of the Riby Street Pumping station and the construction of the new pumping station at Pyewipe. These are the town's two sewage outfalls into the River Humber. As new housing sites were developed new public sewers were constructed.

A few outlying and sparsely populated areas of the town still required to be sewered. Pail closets were in use and the Corporation paid a contractor to empty and collect the contents which were used on agricultural land.

Closet accommodation.—Most houses in the county borough have separate water closets connected to the public sewers.

**Public Cleansing.**—The Corporation has not an incinerating plant, consequently all refuse after salvaging certain materials is tipped.

During the summer complaints were received from residents in the Spring Bank district about fly nuisances emanating from the nearby Corporation tip. It was very disturbing to find that the requirements for efficient "controlled" tipping were not being applied. Representations were made to the Cleansing Superintendent and certain palliative measures were tried at the time to abate the nuisance. After further pressure the Cleansing Committee decided to purchase new mechanical equipment to undertake "controlled" tipping in a proper manner.

As suggested in a previous annual report the emptying of ashbins into skeps, usually near house doors is most insanitary permitting dust and refuse to blow about and also to spill on to yard surfaces. The bins should be emptied direct into well designed vehicles and properly used to prevent nuisances from smell and dust.

Mr. W. A. Turner, the Cleansing Superintendent (appointed September, 1953) reports the collection of 28,696 tons of house and trade refuse. The sale of salvaged materials including 1,247 tons of waste paper and 728 tons of kitchen waste realised £12,928 17s. 1d. (1952—£14,300 17s. 6d.)

Two new Shelvoke and Drewry fore and aft loaders and two new Karrier mechanical sweeper collectors were put into service during the year. Two obsolete electric vehicles were scrapped.

#### Sanitary Inspections.

Accumulations	276	Animals	27
Ashbins	14	Caravans	18
Complaints received and		Dirty houses and persons	122
investigated	2528	Drainage	4018
Drain tests	86	Factories and outworkers	130
Infectious disease enquiries	859	Lodging houses	34
Offensive smells	133	Miscellaneous matters	4054
Offensive trades	26	Passages and yards	477
Piggeries and stables	322	Rats and mice	287
Rooms disinfected after		Smoke observations	
infectious disease	125	Verminous premises	84
Water supply	67	·	

Housing.			
Houses, defects and nuisances	(Public	Health Act) 27	19
Houses (Housing Act)			24
Overcrowding (Housing Act)			52
Notices.			
Informal notices served		14	86
Statutory notices served		5	41
(538 Public Health Act,	2 Food	and Drugs Act, 1 Shops Act.)	
		by the Corporation at the cost	of
the owners in respect of 280 n			
Defects remedied and nuisa	nces aba	ated included:—	
Accumulations cleared	29	Animals etc. (nuisances abated)	1
Ashbins provided	7	Chimney repairs	55
Doors and frames renewed		Drains cleared 9	07
or repaired	116	(involving 4082 houses)	
Drain repairs	129	Drain and inspection cham-	
Eavesgutters new and re-			3
paired	277		24
Handrails provided and re-		0 1	85
fixed	23		54
Passages paved and repaired	16		19
Rainwater pipe repairs and			46
renewals	80		90
Stairway repairs	9	I I	18
Washboiler repairs and re-			61
newals	34		52
Window repairs	236	Water pipes and taps re-	
Yards repaired and repaved	79	F 177	36
		Yard walls and gates re-	
		paired	3

Paving of passages.—Although progress was made in the programme for the re-paving and drainage of back passages under the provisions of Section 56 of the Public Health Act the work completed did not reach the proportions achieved in 1952.

Persons needing care and attention.—National Assistance Act—Section 47.

It was necessary to institute court proceedings in respect of three of the nine persons found by the sanitary inspectors. Two of the persons concerned decided to enter Scarthoe Road Institution before the day of hearing in court, consequently proceedings were withdrawn. The magistrates granted an order in the third case.

Late in 1953 the second old people's hostel under the control of the Corporation's Welfare Committee was opened at "Farnhurst," Eleanor Street.

During 1953 "Fryston," the largest house in Grimsby was purchased by the Council for adaptation into an old people's hostel.

When "Claremont" and "Fryston" are in use the difficulties in finding suitable accommodation for unfortunate old people during the last few years should become less acute.

Keeping of animals.—On 1.10.1953 it was an offence against the corporation byelaws to keep pigs within 50 ft. of a house. With a few notable exceptions most of the pig keepers complied with the byelaws-the others were warned that court proceedings were intended if they continued to offend. It was not necessary to take any prosecutions.

Even when pigs had been removed from certain premises complaints were received that swill continued to be boiled as formerly—in one instance for devilment.

Offensive trades.—	Tripe dressers	 4
	Fish meal makers	 1
	Fat melters	 4
		 33
	Hide & skin dealers	1
	Gut scraper	 1
	Rag & bone dealers	4

(a) Fish curing—It is of interest to report that at last the Reconstruction Committee of the Town Council made a start in clearing and letting a site on the Orwell Street area for the building of a modern fish curing house, so that the business of at least one fish curer could be removed from a residential area.

Following this move the Sanitary Sub-Committee when renewing permission to continue certain fish curing business in residential parts of the town indicated to the applicants that during 1954 they should endeavour to find sites or premises in approved districts in the hope that all fish curing will within a reasonable period be on or adjacent to the fish docks.

(b) Fish meal making—For a fortnight during the early summer considerable nuisances from offensive smells were caused by the fish meal makers, both at the factories in the county borough and the factories in the rural district. Truck loads of decomposing herrings had been sent by rail from Scotland for making into fish meal at Pyewipe on the instructions of the Herring Board. Pyewipe at its best is far from being a health resort with its fish meal factories and cod liver oil works, but the whole district of Pyewipe and beyond reeked more abominably than ever for days whilst the stinking herrings awaited processing. Foul oily slime seeped from the wagons in the railway sidings adjoining the road. Unfortunately during treatment the prevailing wind changed and the stinks were wafted over certain residential areas of the town.

Strong protests were made by the Town Council to the Herring Board, the fish meal makers and the British Railways. It is noteworthy to report that the two chairmen of the county borough and rural district health committees acted jointly in this matter. Fortunately there was not a recurrence of this nauseating experiment on the part of the Herring Board.

(c) Collection of rags, old clothes etc.—Section 154—Public Health Act, 1936. Itinerant rag and old clothes collectors from other counties paid fleeting visits to Grimsby to exchange gold fish, toys etc. for rags outside schools and were away out of the town the same day.

The decision of the West Ham magistrate about gold fish not being an article appears to have given a new impetus to the activities of the rag man.

Summones were issued against collectors from Newcastle for exchanging toys for rags, but at the end of the year the police had not been able to find the defendants to serve the summonses.

**Pest control.**—The three corporation rat catchers continued to use "Warfarin" with success. The public sewers were treated as usual—with definite indications of fewer and smaller infestations.

A few large firms engaged private contractors to keep their premises free from rats and mice.

**Eradication of Vermin.**—D.D.T. sprays still proved effective in clearing bug and flea infestations. Disinfestations carried out included:—

33 for bugs (including 1 council house).

12 for woodworm (including 11 council houses).

18 for fleas (including 4 council houses).

10 for cockroaches and steamflies.

3 for flies (including refuse tip).

2 for lice.

Atmospheric pollution.—The two deposit gauges in Bargate and at the back of Freeman Street were in use throughout the year with the exception of November, when the gauge at the back of Freeman Street was broken by mischievous children.

Extracts from the analytical records are as follows:-

Lowest weight of deposit in any month (tons per sq. mile).

Bargate 5.94 Back Freeman Street 8.73

Heaviest weight of deposit in any month (tons per sq. mile).

Bargate 30.67
Back Freeman Street 22.57
Average monthly deposit (tons per sq. mile)

Bargate 12.25 Back Freeman Street 16.08 Grimsby is not a heavily industrialised district and the factory chimneys are chiefly in three wards of the town. There is little doubt that the smoke pollution in the atmosphere comes in the main from the chimneys of the 26,000 houses.

This domestic smoke problem does not appear to be capable of immediate solution without radical changes in our present methods in the heating of houses.

Most of the complaints received about atmospheric pollution did not concern smoke—but smells. (See section on Offensive Trades).

Our town is windswept and the prevalent winds ensure a fresh and stimulating atmosphere often to the surprise of those visiting Grimsby for the first time.

Factories Act.—Building plans for new factories, extensions and alterations to existing premises were submitted by the Borough Engineer for observations; thus ensuring at the outset that the requirements of the Act were known to the firms concerned and arrangements made for compliance.

The main improvements carried out were the provision of additional sanitary conveniences and intervening ventilated spaces. The statistical report is in the appendix.

Places of entertainment.—All the places controlled under the provisions of the licences issued by the Town Council were generally well maintained.

Fairgrounds.—A piece of private land near a new housing estate in the Carr Lane district was let by the owners for a fair. The usual complaints from the residents were received—one of the matters which required legal action by the sanitary inspectors was the sale of unsound coconuts, when a siezure was made on the Saturday evening of the fair.

The Town Council offered the vacant site adjoining the cattle market in Cromwell Road to the Showmen's Guild for future fairs. Permanent sanitary conveniences are close to this site—which is a definite improvement on the Carr Lane site where temporary conveniences of a poor type are usually erected.

Swimming Baths.—The filtration plants at the Orwell Street and Eleanor Street baths continued to be efficient. All the samples of bath water taken during active sessions proved to be satisfactory.

The Town Council continued to press for Government sanction (unfortunately without success) for the erection of a new swimming bath worthy of a seaport of Grimsby's standing.

Unrestricted bathing by the general public takes place in the Alexandra Dock and the River Head.

Two private open-air swimming baths were used by members of a scout troop in Springfield Road and by members of the R.A.F. Association Club in the grounds of the Abbey.

Advice was given from time to time for the effective treatment of the water.

Rag Flock and other Filling Materials Act and Regulations.— One of the firms with registered premises went out of business during the year.

Licenced for storage of rag flock for sale ... 1
Registered for use of filling materials ... 5

Samples were not submitted for analysis.

Shops Acts.—Routine inspections continued and some improvements completed by informal action.

The Borough Engineer helped by sending building plans for new shops and proposed alterations for comment, so that the provisions of the Act relating to the health and comfort of shop workers were met.

Schools.—At St. John's School, Cleethorpe Road the inadequate and insanitary closet accommodation was abolished and adequate and modern conveniences erected. The play ground was repaired and resurfaced. The completion of these works—for which the Health Department had been pressing for years—in 1953 removed one of the "black spots" at the school.

Disposal of the dead.—At the end of the year the building of the new Corporation crematorium was nearing completion. The Medical Officer of Health was appointed medical referee and Dr. Hepburn as assistant medical referee.

PART V.

HOUSING

New houses

Demolitions

Unfit houses

Housing Inspections

#### V.-HOUSING.

This section of the report has been prepared by the Chief Sanitary Inspector.

New Houses.—516 were built in the county borough.

**Demolitions.**—103 houses were demolished, chiefly in the districts included in the Victoria Street No. 1 and No. 2. Unfitness Orders made under the Town and Country Planning Acts.

Unfit Houses.

Housing Acts 1936-1949

Town and Country Planning Act 1947.

20 houses (3-25 and 1-4 Bk. 15 Fotherby Street and 129-141 King Edward Street) were included in an Unfitness Order after consideration of reports and visits by members of the Town Council.

### Section 11—Housing Act 1936.

6 houses—13 Cavendish Street, 118 and 120 Garibaldi Street and 1, 2, 3 Great Northern Wharf Cottages, Pasture Street, were reported to the Town Council as unfit for human habitation and could not be made fit at reasonable expense and the appropriate Closing Orders and Demolition Orders were made by the Council.

Overcrowding.—Since the survey was undertaken before World War II it has not been possible for several reasons to make another survey to ascertain the degree of overcrowding existing in the town in 1953.

When serious cases of overcrowding were found reports were submitted to the Housing Manager for consideration by the House-Letting Sub-Committee. After verification some applications for municipal houses were supported on medical grounds.

The Chairman and Members of the House Letting Sub-Committee were confronted weekly with a most difficult task in the allocation of houses, when only a limited number of new council houses were available to meet the varying demands of applicants. Overcrowded families, medical cases, tenants in the Victoria Street Reconstruction Area and the individual unfit houses, all had claims for priority during the year.

Caravans.—Fortunately there is no caravan problem. The Town Council exercised its powers under the Grimsby Corporation Act when court proceedings were taken against an owner/occupier for using a caravan as a dwelling without prior consent. An undertaking was given in court and accepted that this overcrowded caravan would not continue to be so used.

Apart from a boy scout's recreation ground on the outskirts there is

no camping or caravan site within the Borough boundaries.

Basements.—There are very few basements in the town and less than a dozen are used as dwellings. Unfortunately it has not been possible to deal with these under Section 12 of the Housing Act 1936 as the local authority has not made specific regulations under the Act. An approach to the Ministry of Housing and Local Government to enable the Town Council to make the necessary regulations received little encouragement.

Common Lodging houses.—After considerable procrastination the Grimsby Town Council refused to permit 249 King Edward Street to continue as a common lodging house. The ill equipped structure had become very dilpapidated and beyond repair at reasonable expense. Demolition will prove to be its most desirable end.

The site, which is in the Corporation Reconstruction Plan, will be used for a factory.

Housing repairs.—Inspections were restricted to secure the remedy of defects like leaky roofs, dangerous floors, damp walls etc., under the provisions of the Public Health Acts to make premises at least weather-tight.

Court proceedings were taken in 4 cases and the magistrates granted the necessary abatement orders.

Housing Act, 1949, Improvement Grants.—Very gradually the advantages of the Corporations' arrangements for the working of these provisions became better known, chiefly amongst owner/occupiers when 39 applications were dealt with by the Chief Sanitary Inspector.

Most of the schemes were for the provision of bath rooms, hot water supplies and ventilated food stores.

Only two applications were received from property owners who intended letting the premises—these two were for the conversion of terrace houses into flats.

House Purchase.—46 properties were surveyed by the Chief Sanitary Inspector in response to applications for loans from would-be owner/occupiers under the provisions of Section 4 of the Housing Act.

## PART VI

## INSPECTION AND SUPERVISION OF FOOD.

Meat inspection

Milk supply

Food hygiene

Food premises

Food and drugs sampling

### VI.—INSPECTION AND SUPERVISION OF FOOD.

Mr. Harold Parkinson, Chief Sanitary Inspector is responsible for this section of the work:—

### Inspections.

Bakehouses			106	Dairies and milk vend	ors	509
Fish curers			300	Fish shops		59
Food preparers			132	Fried fish shops		160
Greengrocers			72	Grocers		522
Ice cream makers	s and v	vendo	rs	Markets		371
premises			309	Meat shops and stores		380
Restaurants and	cafes		123	Slaughterhouses		1,213
Other matters			237			

Meat inspection.—With the opening of the Government abattoir in Cromwell Road on 6.1.1953 the remaining former private slaughter-houses under the control of the Ministry of Food were de-requisitioned and closed.

The number of animals slaughtered in 1953 increased to 36,309 compared with 24,907 in 1952.

Not only did Grimsby and the adjoining district receive meat from the abattoir, but supplies were sent weekly to the Spalding area (after closure of the slaughterhouses there) and at times of surplus, London traders received carcases of beef.

This additional work and the new method of "line dressing" increased the responsibilities and duties of the Grimsby inspectors. These were particularly exacting and trying at times of "peak" periods of slaughter when the staff was under establishment. Only by working considerable periods of overtime (570 hours) was 100% inspection achieved.

At one time, the situation became so acute, that members of the Town Council were compelled to make very strong representations to the Ministry of Food about the necessity of improving the slaughtering arrangements to ensure that the abattoir was used to capacity during normal daily hours.

The Council adopted Memo 3 Foods as a standard for meat inspection in Grimsby.

The abattoir and its workings is described fully in a paper given by the Chief Sanitary Inspector at a Sessional Meeting of the Royal Sanitary Institute held in Grimsby on 24.9.1953 (See Royal Sanitary Institute Journal Vol. LXXIV No. 1 January 1954).

Carcases inspected and condemned.

	Cattle excluding Cows	Cows	Calves	Sheep and Lambs	Pigs
Number killed	5,070	2,217	1,169	20,709	7,144
Number inspected	5,070	2,217	1,169	20,709	7,144
All diseases except tuber- culosis. Whole carcases condemned	13	20	21	95	63
Carcases of which some part or organ was condemned	2,954	1,713	33	3,535	2,603
Percentage of the number in- spected affected with dis- eases other than tuber- culosis		78.17%	4.62%	17.53%	37.32%
Tuberculosis only. Whole carcases condemned	46	56	6	1	23
Carcases of which some part or organ was condemned		813	-	_	.921
Percentage of the number inspected affected with tuberculosis	16.66%	39.2%	.51%	.005%	13.21%

Diseases and other conditions found included:-

Abscesses, actinomycosis, angioma, arthritis, atrophy, bruising, carcinoma, cysticercus bovis, cirrhosis, cysts (various types), decomposition, distomatosis, dropsy, emaciation, emphysema, endocarditis, enteritis, fibrosis, gangrene, immaturity, infarcts, jaundice, Johnes disease, mastitis, melanosis, metritis, necrosis, nephritis, pyaemia, parasites, peritonitis, pericarditis, pentastomes, pleurisy, pneumonia, septicaemia, swine fever, tumour, tuberculosis.

Weight of meat condemned-135 tons, 10 cwts. 3 qrs. 1 st. 10 lbs.

Tuberculous calves.—The meat inspectors at the abattoir found that six calves had congenital tuberculosis. Two of the calves came from farms in Lindsey and four from the Bakewell district. The senders of the two calves from the Lindsey area could be traced and the divisional veterinary officer of the Ministry of Agriculture and Fisheries was informed, but after examination of the herds no infected animal could be found.

The senders of the calves from Derbyshire could not be traced as the identification labels put on the animals before despatch had disappeared by the time of arrival at the abattoir. This has occurred in previous years and the co-operation of the Ministry of Food was again sought to ensure that a more effective method of marking calves was used.

Cysticercus bovis and ovis.—Carcases and offals of bovines continued to be examined for this parasite as a matter of routine; 82 were found to be infested.

Two sheep were found to be infested with C. Ovis.

The Wholesale Meat Supply Association arranged for all the carcases to be transported to a cold store in Lincoln for storage for 21 days at a temperature below 20°F. The Chief Sanitary Inspector at Lincoln was notified when each carcase was despatched from Grimsby.

Horse Flesh.—All supplies brought in from the Grimsby Rural District were examined before sale at the only horse flesh shop in Grimsby.

Horses were not slaughtered in the Borough.

Dog and cat meat shops.—As in previous reports it is necessary once again to refer to the sale of uncooked flesh in retail shops. This flesh may be from diseased animals, a fact in most instances unknown to the purchasers and retailers who handle the meat; with the attendant dangers.

The order made by the Ministry of Food at the end of the year requiring heat treatment of condemned meat only applies to unsound flesh from slaughterhouses. This is a step in the right direction, but several of these shops receive supplies of raw flesh from knackers yards to which the order does not apply and there is the distinct danger that diseased meat will still find its way into these pet shops. In the interests of public health all diseased and unsound meat for animal feeding from all sources should be adequately treated by heat before being distributed for sale and use.

Allocation and distribution of meat supplies.—The Ministry of Food's central meat depot in Robinson Street West was closed in January after the opening of the new abattoir where the distributing bay was used for the allocation and consigning of freshly dressed and imported meat.

This bay was designed to deal with the output from the abattoir only and not imported meat too, consequently at busy times there was congestion on the loading platform.

The storage of meat of all types awaiting allocation and distribution in the adjoining cold rooms proved to be most satisfactory and provided a service not previously available at any of Grimsby's slaughterhouses or meat depots.

### Milk Supply.

Registrations and licences	-10 101				
Wholesalers of milk				 	4
Retail purveyors of milk				 	444
(including 18 with prem	ises in G	rimsby			
from outside the distric	t and 41	7 bottl	ed		
milk vendors)			70		-
Licensed pasteurisers of mill				 	3
(3 high temperature sho	ort time)				

### Milk Supply continued

Licences to use designation Tuberculin Tested (Pasteurised)	
milk	3
Supplementary and dealers licences for sale of Pasteurised	10
milk	16
Supplementary and dealers licences for sale of Tuberculin Tested (Pasteurised) milk	5
Supplementary licences for sale of Tuberculin Tested milk	2
Licences to produce Sterilised Milk	3
Licences to sell Sterilised milk	417

The results of the samples taken from every separate source of supply are summarised as follows:—

Tuberculin Tested Milk.—7 samples passed the bacteriological and biological tests.

**Tuberculin Tested (Pasteurised) Milk.**—39 samples passed the prescribed tests and of the 35 submitted to biological examinations all were satisfactory.

Pasteurised milk.—55 samples (including school milk) satisfied the methylene blue and phosphatase tests and 46 were submitted for biological examinations with satisfactory results.

Sterilised milk.—47 samples were all satisfactory and biological tests on 42 submitted were negative.

Raw Milk.—Every separate source of supply was sampled regularly for bacteriological and biological examinations.

Of the 53 samples examined 42 reached the bacteriological standard prescribed for Tuberculin Tested milk. These are indications of cleanliness but not of "safe" milk. 3 contained faecal B. Coli.

A sample of milk sold in Grimsby in November (after a guinea pig test) was found to contain living tubercle. The milk was from the herd of a producer/retailer at Immingham, in the Grimsby Rural District Council's area.

A few years previously a similar result was obtained from a sample of milk sold by the same producer/retailer.

The divisional veterinary inspector of the Ministry of Agriculture and Fisheries and the County Medical Officer of Health were informed immediately the result became known (i.e. six weeks after the sample had been taken).

**Brucella abortus.**—Samples from all supplies of raw milk sold In Grimsby were, as a routine measure, submitted for examination for the presence of this infection. The Ring and Whey tests were employed and guinea pig inoculations and tests followed when necessary.

In April, a sample of raw milk taken in the course of delivery from the churn of a producer/retailer in the town on examination was found to give positive results.

After the farmer had been interviewed by the Chief Sanitary inspector it was arranged that all milk produced on the farm should be pasteurised by a local firm before sale to the public. The producer also agreed to samples of milk being taken from each cow in the herd to discover the infected animals. Out of 20 cows, four were found to be giving infected milk.

In addition to public health reasons, the farmer was advised to eliminate these four cows from the herd.

#### Ice Cream .-

Most of the ice cream sold in Grimsby came from makers with premises in other parts of the country. The sale of pre-packed ice cream increased. One local maker went out of business.

Of the 73 samples, after bacteriological examination 56 were placed in Grade 1, 16 in Grade II and 1 in Grade III.

Faecal b. coli were found in 3 Grade I samples, 1 Grade II sample and I Grade III sample.

All except one of these samples came from a manufacuturer in an adjoining Borough and the authority was notified. The odd one came from a Grimsby maker. The causes of these unsatisfactory samples were investigated and the necessary action taken—later samples were satisfactory.

At the end of the year interesting research work was in progress at the Pathological Department, Grimsby and District Hospital, in connection with the methylene blue test as an indicator of contamination of ice cream.

Six samples of iced lollies were submitted for bacteriological examination with satisfactory results.

Food Hygiene.—Early in the year arrangements were made for men training as cooks in the merchant navy and fishing fleet at the Grimsby Nautical School to be instructed in the practice of food hygiene.

During each training course the Chief Sanitary Inspector visited the school and gave a talk and demonstration. Later the cooks visited the abattoir and received guidance in the quality and jointing of the various carcases of meat.

The district inspectors gave instruction in personal talks to small

groups of workers " on the job " in food factories, stores, shops, etc.

During investigations in the outbreaks of dysentery and scarlet fever this method of stressing the need for hygienic practices proved profitable, if not very spectacular. No doubt exhibitions and public lectures create an interest at the time, but it is the repeated reminders and instruction to new workers during routine inspections which appear to be worthwhile

The provision of wash basins and hot water supplies in food shops continued to receive the attention of the sanitary inspectors. Often there were certain structural difficulties to overcome, particularly in connection with small lock-up shops.

Action taken after the scrutiny of plans submitted to the Borough Engineer for new food shops and factories enabled the tradesmen to start business with premises complying with the Food and Drugs Act.

**Food premises.**—This summary includes food preparing premises (Section 14—Food and Drugs Act).

Bakehouses 68, butchers shops 124, cafes, restaurants and snack bars 67, bread and cake shops 62, dairies 18, fried fish shops 89, fish cake factories 8, fish curing houses 33, greengrocers shops 139, grocers and general shops 386, horse flesh shop 1, ice cream factories 9, ice cream shops 381, jam and preserve factories 1, mineral water works 6, pickle works 2, potato crisp factories 2, poultry dressing places 3, sausage making premises 70, shell fish preparation premises 4, sweet factories 5, tripe dressing premises 3, wet fish shops 21, wholesale grocery depots 17.

Open market stalls.—biscuits and cakes 7, fruit and vegetables 64, butchers and poulterers 19, sweet stalls 8, tinned goods 6.

Bakehouses.—Many are too small for the business now undertaken, some of these are ill-designed and extremely difficult to keep clean; often through the addition of piece meal extensions improvised in the past to meet the needs at the time. Others through age and lack of adequate attention to the structure fail to reach the standards of hygiene required in modern bakehouses.

Now that the licensing of building materials has become easier, bakers should be endeavouring to extend and improve their premises to meet the needs of business and improved standards of hygiene.

A Grimsby firm of wholesale and retail bakers and confectioners completed the first year's working in a modern bakehouse erected on the Corporation's trading estate in Ladysmith Road.

After complaints had been received from members of the general public it was necessary to warn certain bakers about taking adequate precautions against "foreign" bodies entering their products.

One Grimsby firm was prosecuted by the Cleethorpes Corporation for selling a loaf of bread containing a "foreign" body alleged to be an immature mouse. The magistrates imposed a fine of £10.

Another case is mentioned in the paragraph on "Prosecutions."

**Fish inspection.**—Following special inspections export certificates were issued for 87 consignments of dried salted fish at the premises of the only firm in the county borough producing this type of fish.

14,765 bales were sent overseas under these certificates to Alexandria, Bissau, Copenhagen, Corfu, Funchal, Havana, Lisbon, Madeira, Naples, Nicosia, Piraeus, Terceira, Trinidad, Tripoli and Volo.

A considerable number of fish curing and processing premises in Grimsby are in the town area.

Regular inspections were made both of the premises and the fish by the town inspectors.

Whalemeat.—Fourteen tons of loose whale meat landed from a Norwegian whaler were processed and packed at a cold store in Grimsby. The purchaser of the whalemeat was prohibited from offering and selling the flesh for human consumption. He gave a written undertaking that it would be packed, described, marked and sold for animal feeding purposes only. The terms of the undertaking were enforced.

Unsound	toods	inclu	ded:—

Chound roots menaca.	tons	cwts.	qrs.	sts.	lbs.
Meat condemned at abattoir	135	10	3	1	10
12,083 tins of various foods	1				
357 jars ,, ,, ,,	1				
421 packets ,, ,,	1				
52 bottles ,, ,,	5	18			9
flavourings and medicines etc					
45 pies and puddings	1				
Meat, bacon and ham	1	8	-	_	9
Cheese		2	_	-	-
Fruit and nuts	1	6	2	_	-
Confectionery	1	4	2	-	_
Other foods			3	-	-
Total weight	145	10	3	1	-

Disposal of unsound meat etc.—During the year two contractors to the Ministry of Food removed diseased meat from the abattoir. Both firms had premises outside Grimsby, one at Killingholme and the other in Lincoln.

Unsound tinned goods were buried in the Corporation tips.

Food poisoning.—There were two outbreaks involving 14 persons. One family outbreak occurred during the first quarter of the year. Investigations in this case were complicated by the fact that there had been cases of Sonne dysentery in the house a short time before the results of the bacteriological examinations of faeces were known.

A carrier of salmonella typhi murium was found in the family.

The second outbreak followed a visit of a party of children and parents to Skegness. All the infected persons had tea at a cafe, diarrhoea occurred some hours later. After investigations in Grimsby salmonella were isolated from the faeces of the sick persons.

Skegness health officials were notified immediately by telephone.

In both outbreaks all the persons had recovered within a fortnight of notification.

#### Prosecutions.—

(a) After repeated warnings by the Sanitary Committee and inspectors it was necessary to take court proceedings against a meat carrier for failing to take reasonable precautions to prevent unwrapped meat being contaminated in a motor van. The meat had been placed on the dirty floor of the van.

The magistrates fined the defendant 30/-. An appeal was lodged against this decision and after a full hearing at the Quarter sessions the Recorder dismissed the appeal with costs for the Corporation.

- (b) A local butcher was fined £25 for being in possession of a tuberculous pigs head, which the Chief Sanitary Inspector found in the butchers' motor van. On other charges taken by the Ministry of Food the same butcher was fined £150 and costs.
- (c) A trader from Islington visited a fair ground in Grimsby and was found selling unsound coconuts one Saturday evening in May by two sanitary inspectors. Twenty five sacks of coconuts were seized and later destroyed on a Magistrates Order. At the Grimsby court the vendor was fined £10 and costs.
- (d) A bakery firm was fined £26 for various offences of Section 13 of the Food and Drugs Act, 1936, including dirty and defective walls, floors and ceilings. The Sanitary Committee had warned the proprietor of this firm previously about the necessity of observing the law.
- (e) A local fishmonger was fined £1 with £1 1s. 0d. costs for selling an article described as "Pure Crab" which contained 25% of wet cereal filler.
- (f) A stall holder in the open market in Freeman Street was fined £3 for failing to comply with the Corporation Byelaws relating to the protection of food.

Samples of food and drugs.—187 samples were obtained during the year (20 formal, 167 informal). 16 (8.56%) were reported to be unsatisfactory by the Public Analyst. The satisfactory samples included:—

Ammoniated tincture of quinine 2, aspirins 2, baking powder 3, butter 3, calcium lactate tablets 1, castor oil 2, Christmas pudding 1, chocolate ginger 1, chocolate liqueurs 1, cod liver oil, 2 coffee 2, condensed milk 3, corned mutton 2, cough mixture 3, curd 1, custard pie 1, double cream 2, dressed crab 1, dried milk 4, dripping 1, Epsom salts 2, Ferric food 1, fish cakes 4, Friars balsam 2, glycerine 2, golden eye ointment 1, grapes (tinned) 2, ground almonds 1, ground white pepper 2, halibut liver oil capsules 2, honey 1, hydrogen peroxide 1, ice cream 5, iced lollies 8, ice lolly cordial 3, jam 2, jelly 1, lemon curd 1, malt vinegar 1, margarine 1,

marmalade 2, milk 52, mincemeat 2, neo-ferrum tablets 1, olive oil 2, orange squash 1, Parrish's chemical food 1, pork pie 1, pork sausages 2, potato crisps 2, potted beef 1, potted meat paste 1, powdered gelatine 2, salad dressing 1, salami sausage 1, salmon (tinned) 3, salted fish 1, sausages 3, savoury rolls 1, savoury square 1, self raising flour 2, sodium citrate tablets 1, table jellies 2, thick sauce 1, tincture of iodine 2, tinned pineapple slices 1.

Information about 16 unsatisfactory samples is set out below:-

Mincemeat. One sample only contained 57.7% of total soluble solids. Attempts were made to take a formal sample but the firm only made small amounts at Christmas time which had all been sold before the Analyst's report was received.

Golden eye ointment. 16% excess of boric acid content—4.85% present instead of 4.17% as stated on label. "Follow up" sample to be taken in 1954.

Powdered gelatine. A 3% solution failed to set. A sample taken later proved genuine.

Non-brewed condiment. The first sample contained only 3.29% acetic acid and the "follow-up" sample proved deficient in acetic acid 13.5% The facts were discussed with legal advisor who decided court proceedings should not be taken.

Pure crab. Contained 75% crab meat and 25% cereal filler. Magistrates fined vendor £1 and £1 1s. 0d. costs.

Potted meat. Four samples should have been described as potted meat paste not as potted meat. The four samples contained 75.5%, 64.0% 54.1% and 49.4% of meat, therefore, two complied with the standard for potted meat paste. Vendors were warned about correct labelling etc.

Milk. Six samples were deficient as follows:-

- (a) 20% milk fat deficiency. This sample was submitted because of alleged unpleasant taste. Some of the milk had been used by the complainant so an unsatisfactory report was expected.
- (b) Four samples were slightly deficient in milk solids not fat and in two of them small amounts of added water were found.
- (c) One sample was slightly deficient in both milk fat and solids. "Follow up" samples taken later proved satisfactory.

Public Health (Condensed) Milk Regulations and (Dried) Milk Regulations.—The Public Analyst reported 3 samples of condensed milk and 4 samples of dried milk to be genuine.

Bacteriological tests of dried milk were also satisfactory.

Public Health Preservatives etc. in Food Regulations.—Again as in previous years there was no breach of the regulations reported by the Public Analyst.

**Chemical Analyses.**—The Public Analyst, Mr. Hugh Childs, B.Sc. F.R.I.C. undertook the chemical analysis of water samples and samples submitted under the Food and Drugs Act and Fertilisers and Feeding Stuffs Act.

Bacteriological, histological and biological examinations continued to be undertaken in the Department of Pathology, Grimsby and District Hospital.

Fertilisers and Feeding Stuffs Acts.—11 inspectors' and 4 official samples were submitted for analysis. The samples were taken at farms, an allotment association's depot, manufacturers, works and retail shops.

Three samples of fertilisers were satisfactory, 8 samples of feeding stuffs conformed to guarantees.

The unsatisfactory samples were:-

Unrationed poultry meal sampled in a retail shop was sold without a declaration.

A sample of meat and bone meal contained 7.96% of oil instead of 4%.

A sample of flaked maize contained only 8.43% albuminoids against 10% set out in statutory statement.

One sample of National Poultry Mash had a slight excess of oil.

Court proceedings were not taken but the vendors were warned.

## PART VII.

## ADDITIONAL INFORMATION.

Incidence of blindness

Epileptics and spastics

Health education

Medical examinations

Blood donors

Laboratory facilities

#### NATIONAL ASSISTANCE ACTS: INCIDENCE OF BLINDNESS

Twenty Forms B.D.8 were received during the year. As a result of examinations carried out by the ophthalmic surgeons 15 persons were certified as blind and 3 as partially sighted; the remaining two were neither blind nor partially sighted.

There were no cases of retrolental fibroplasia. The two cases of glaucoma were not considered likely to benefit by treatment due to other eye defects being present. All the cases of cataract not recommended for operation were done so as being inadvisable on general grounds.

At the end of the year the total number of blind persons in the borough was 176 (males 90 and females 86).

Follow-up of Registered Blind and Partially Sighted persons.

(i)	Number of cases registered		Cause of	disability	
	during the year in respect of which para. 7 (c) of Forms B.D.8 recommends:—  (a) No treatment (b) Treatment (medical	Cataract	Glaucoma	Retrolental fibroplasia	Others
	1	7	2	-	2
1111	surgical or optical)	3	_	_	4
(ii)	Number of cases at (i) (b) above which on follow-up action have received treatment	_		_	4

### Ophthalmia neonatorum.

(i)	Total number of the year		iea au	ring 	5
(**)	Number of cases i	n subjet			
(ii)					1
(a)	Vision lost		 		=
(a)			 		=

#### EPILEPTICS AND SPASTICS.

No register of the number of such cases has been compiled, and it is consequently difficult to assess the true incidence. The figures given below have been obtained from the Director of Welfare Services, the Superintendents of the Health Visitors and District Nursing Services, the Mental Health Service, the Almoner Service and the Employment Exchange.

All cases of epilepsy are referred to the medical specialist at the Grimsby General Hospital by the infant welfare and school health services where they are thoroughly investigated, including an E.E.G. when necessary. The latter test can only be done at Sheffield Royal Infirmary as the necessary instrument is not available locally.

The majority attend ordinary school and unless found to be ineducable no further action has been taken. Since it has not been the practice in the past to ascertain the educable epileptic under the Handicapped Pupils Regulations, the school health service statistics show a nil return for this category, but a Y.10 form is completed when the child is leaving school. They then pass over to the care of the Welfare Department especially those whose employment becomes a probelm. It should be emphasised that the majority of epileptics can and do hold down responsible jobs, and only a few dangerous occupations should be barred to them. The prejudice of some employers must be overcome by more public enlightenment.

The incidence of cases of cerebral palsy is better known because sooner or later most are referred to the orthopaedic out patient department of the Grimsby General Hospital for the necessary physiotherapy and other physical treatment. There is no special day school in this area and the milder cases attend the ordinary schools, and for suitable cases every effort is made by the Education Department to obtain vacancies in residential special schools; at present there are three such being maintained by this authority. There are 4 who attend the Occupation Centre. The remainder who are educable are visited by a peripatetic teacher.

From such information as is available the incidence of epilepsy and cerebral palsy in Grimsby is as follows:—

Epileptics

			Under 5	5-15	16 and over	Total Number
A4 andinom sahaal		Males	-	1	-	1
At ordinary school		Females	-	3	-	3
At special school		Males	-	1	-	1
At special school	***	Females	-	1	-	1
At occupation centre		Males	-	5	1	6
At occupation centre		Females	-	3	2	5
*In employment		Males	-	-	23	23
In employment		Females	_	-	6	6
In Institution		Males	-	-	-	-
in institution		Females	_	-	1	1
At home		Males	-	-	2	2
At home		Females	1	1	7	9
T	OTA	L	1	15	42	58

#### Spastics

Total Control of the last			Under 5	5-15	16 and over	Total number
At andinom school		Males	-	2	-	2
At ordinary school		Females	-	-	-	-
At appoint school		Males	-	3	1	4
At special school	***	Females	-	1	-	1
At occupation centre		Males	-	3	_	3
At occupation centre	•••	Females		1	-	1
*In ampleument		Males		_	8	8
*In employment	***	Females	_	_	2	2
At home		Males	1	1	2	4
At nome		Females	2	1	-	3
ТО	TAL		3	12	13	28

<sup>\*</sup> Per Disablement Resettlement Officer, local office of Ministry of Labour.

#### HEALTH EDUCATION.

The local health authority subscribes to the Central Council for Health Education, and full use is made of the posters, pamphlets, leaflets and other publicity material available from them.

Sets of posters are displayed regularly on five ex-E.M.B. frames sited in different parts of the town. The frames afford a favourable means of attracting the attention of the public to pronouncements of public health importance.

A transportable stand introduced by the Central Council for indoor display is shown at a number of pre-selected premises in the borough as a permanent feature of health education, and the topics are changed at regular intervals.

Through the good offices of the editor a panel in the local evening newspaper has been placed at the disposal of the health department in which contributions of general interest appear every three weeks under the title of Your Health Service.

The journal Better Health is distributed each month through the authority's welfare centres and clinics.

Every effort is made by health visitors to teach mothers how to prevent accidents in the home, and posters received monthly from the Royal Society for the Prevention of Accidents are displayed in clinics. In addition, class teaching is done at clinics with the aid of demonstrations and film strips, and booklets on the prevention of accidents are distributed.

Lectures and talks have been given on request by officers of the health staff to a number of local organisations, viz:—

		 roximate ndance
5.5.53.	St. Stephen's Young Wives Group	 9
1.4.53.	Waltham Church Open Group	 15
28.4.53.	British Red Cross Society	 15
8,10.53.	Weelsby Ward Labour Association	 30
3.12.53.	King Edward VI Boys Grammar School	 50
10.12.53.	St. Stephen's Church Group	 10

The Medical Officer of Health also gave a talk on food inspection to 120 part-time canteen assistants employed in the school meals service of the local education authority at a Schools Meals Training Course held at Old Clee Primary School.

#### MEDICAL EXAMINATIONS.

Medical examinations for superannuation purposes were carried out on 213 employees during the year, 139 by medical officers of the department, 52 by the medical referee of the Corporation and 22 by requests to other local authorities. Of these, five were referred for x-ray examination of the chest, 22 were found unfit for entry into the superannuation scheme, and two were deferred for re-examination after serving a probationary period in the post occupied.

Two employees for retirement on medical grounds were referred to the medical referee of the Corporation, and the Medical Officer of Health investigated and made special reports on 13 employees who had been absent from duty for a period of three months and over.

Forty-one candidates for admission to training colleges were examined, 40 by medical officers of the department and one by request to another local authority. X-ray examination of the chest was performed on 27 such entrants. Examinations for entry into the teaching profession numbered nine, two of these by requests to other local authorities and the and the remainder by medical officers of the department, and one candidate was found to be unfit for entry into the profession. Seven persons received x-ray examination of the chest before appointment.

The above represents a total of 265 medical examinations during the year, 186 of which were performed by medical officers of the Health Department. In accordance with the provisions of Ministry of Health Circular 64/50—Protection of Children from Tuberculosis—68 employees of the local authority whose work brings them into contact with young children were referred for x-ray examination of the chest.

#### BLOOD DONORS.

Facilities are offered to the Sheffield Regional Transfusion Team to hold taking sessions at the local authority's clinics. Nine such sessions were held at Watkin Street clinic, and 129 new donors were enrolled.

#### LABORATORY FACILITIES.

The examination of specimens is carried out in the laboratory at the Grimsby General Hospital. A total of 1,433 specimens were sent by the health department for examination.

PART VIII.

STATISTICAL TABLES.

11.9 8.01 Rate 11.4 13.7 14.0 14.9 13.2 13.0 12.0 12.1 13.1 13.1 13.1 At all Ages 13 Nett Deaths belonging to the District Number 11158 1158 1160 1039 1114 1078 1067 1054 1108 11108 1114 1114 1001 1001 1028 1028 1175 991 1125 1052 1127 1040 1022 12 Rate per 1,000 Nett Births Under 1 Year of Age 29.9 34.2 34.2 33.3 Table 1.-Vital Statistics of the whole Borough during 1953 and previous Years Number 53 56 510 56 51 56 51 56 51 56 51 56 51 56 51 56 51 56 51 56 51 56 51 56 10 registered of Resid District ents not in the 6 Transferable Deaths registered residents of Non-District in the 8888888 118 203 195 113 224 00 Total Deaths
Registered in the
District 12.3 14.0 13.9 11.7 12.5 12.9 12.4 12.1 12.8 1.9 6.5 14.2 12.9 13.8 14.0 13.1 9.81 Rate 10 10 1 Number 1250 9201 1246 1062 1111 1120 1235 1282 960 1165 1153 1123 1161 073 1222 1141 9 8.71.7.9 17.9 17.9 18.8 19.9 19.9 20.1 23.0 24.5 24.5 26.4 20.9 20.5 18.2 Rate 10 Nett Number 1621 1677 1516 1518 1563 1558 1403 1506 1506 1539 2118 989 872 702 738 911 693 647 Births 4 corrected Number 1398 1500 1529 (745 892 517 809 753 1656 1514 628 1576 1501 714 2121 2154 830 889 1655 1677 3 estimated to middle Total Popula-78,680 76,800 76,460 92,760 92,230 76,150 78,030 86,340 of each 93,690 92,320 82,560 89,190 91,060 91,250 93,240 93,200 93,090 93,700 93,900 93,250 93,300 92,280 92,250 tion vear 01 YEAR 1942 1943 945 1946 1948 1938 1939 1940 1947 1949 1936 1937 1941 1944 1950 1935 934 951 1952 953

Area of District in acres
(land and inland
water)

5,468

94,527

\*

Total population at all ages at census of 1951

Table 2.—England and Wales and Grimsby, 1938-1953.

Birth Rates.

V	Number	Bi	irth Rate
Year	of Births	Grimsby	England & Wales
1938	1613	17.4	15.1
1939	1563	16.9	15.0
1940	1558	18.8	14.6
1941	1403	17.8	14.2
1942	1506	19.6	15.8
1943	1539	20.1	16.5
1944	1752	23.0	17.7
1945	1686	21.6	16.1
1946	2118	24.5	19.1
1947	2183	24.4	20.5
1948	1911	20.9	17.9
1949	1872	20.5	16.7
1950	1702	18.2	15.8
1951	1751	18.7	15.5
1952	1693	18.1	15.3
1953	1647	17.6	15.5

Table 3. England and Wales and Grimsby, 1938-1953.

Death Rates.

	Nett	Grir	nsby	England and
Year	Deaths	Crude Death Rate	Adjusted Death Rate	Wales Death Rate
1938	1054	11.4	12.2	11.6
1939	1104	12.1	13.0	12.1
1940	1137	13.7	14.4	14.3
1941	1108	14.0	*	12.9
1942	1010	13.1	*	11.6
1943	1144	14.9	*	12.1
1944	1001	13.1	*	11.6
1945	1036	13.2	*	11.4
1946	1028	11.9	*	11.5
1947	1175	13.1	*	12.0
1948	991	10.8	*	10.8
1949	1125	12.3	13.0	11.7
1950	1052	11.2	11.9	11.6
1951	1127	12.0	12.6	12.5
1952	1040	11.1	11.7	11.3
1953	1022	10.9	11.4	11.4

<sup>\*</sup> Area comparability factor suspended by Registrar General

Table 4.—Cases of Infectious Diseases notified during the year 1953

_	_				_									_	_
ital	dsc	H ni bə	Cases treat	27	6	9	6 26	- 5	1	000	15	33	1		139
			Wellow	e	27	1	17	1 1	1		47	18	1		146
			<i>M</i> eelsby	1   23	1	1	17	1 1	-	1-	40	1 25	1		384
ugb.			Wellington	113	1	63	12	1 1		7	90	23.2	1		220
Borough			Victoria	-11	-	61	1 9	1 1		1-	29	20	1		123
the		3	South-Wes	∞	9	1	30	1 1		10	89	15	1		
Ward of			South	64	5	-	98	9 -		4 4	227	1 95	1		1059 212
			Scartho	20	9	1	1 20	1 1	1	7	74 2		1		391
eacl		3	North-East	6	67	1	- 8	1 1	-	-	121	•	1		164 3
Cases notified in each			Humber	1 2	9	1	18	1 1		1		1	01		247 1
notifi		1	Hainton	6   1	7	1	101	1 1		1	65	•	1		194 2
ases 1			Coates	9 1 1	2	1	19	1		10	919		1		
	-		Clee	4	57	1	12 1	1		1			-		5 112
Total	-		Central	2 1	3		1-	_		1	8 142	Almana	1	_	0 355
	-				5					-		1 20 1	-		7 140
			Alexandra	-		1	38		0	1,	24	35	- 1		24.
			.qu 69		6		10			1		1			21
		- 7	45 to 65.		10		103				000				848
			35 to 45.		. 80		24				000		-		38
			20 to 35.		13		খ			00.0	91				36
ied			15 to 20.		2		9				-	-	2		27
notified	ears)		10 to 15	9	1	-	28	1		. 1		000	1		112
	n yea		5 to 10.	106	8	-	100			1-	603	190	-		1660
f Ca	Ages (in y		\$ of \$	17	1	1	1 23	-		1	99	91	1		492
Number of Cases	Ag		3 to 4.	14	-	1	19			1	56 209 255 299 259	69 105 115	1		525
qui			2 to 3	=	2	1	21	-		1	61	105	-		457
Nu			1 to 2	4  -	1	-	20	- 1		T	57	69			362
			Under I.	111	-	4	101		1 10	1	23	52			153
			At all ages	162	45	9	339	00 -	- 10	01	1008	629	12		3994 153 362 457 525 492 1660 112 27 99 38 48 21 247
				11	: :	:	11	:	: :		: :		(p)		:
		NOTIFIABLE DISEASE.		Scarlet fever Diphtheria	Acute pneumonia	Meningococcal Infection	Acute poliomyelitis (paralytic) Dysentery	Acute encephalitis	Ophthalmia	Puerperal pyrexia	Chicken pox	Whooping Cough Acute Rheumatism	Malaria (contracted abroad)		Totals
-	-									-		-		_	-

Table 5.—Causes of and Ages at Death during the Year 1953

	T	83-1	Net	t Deaths	at the S	Subjoine	d ages o	f " Resident the I	dents" v	whether	11/11/1		Total Deaths
		All Age	s.	1						1	1	1	whether 'Residen
	Tota	d Males	Females	Under	1 and	2 and	5 and	15 and	25 and	45 and	65 and	75 and	or "Non Resident
Causes of Death.				1 year	under 2.	under 5.	under 15.	gunder 25.	under 45.	under 65.	under 75.	upw'ds	in
											-		y in the Distric
	-			Couls.								-	-
All Causes (Certified Uncertified	10.00		467	55	6	3	6	7	50	221	317	357	548
Oncertmed			***	****				***	***				***
Tuberculosis, respiratory			9					3	6	9	6		13
Tuberculosis, other forms Syphilis and its sequelae					1		***	•••	***	1 2	3		2 2
Typhoid fever		N.S.											
Scarlet fever				***									
Diphtheria	-							***	***				
Meningococcal infections			1	2	1	***							3
Acute poliomyelitis		2	2			1	1						3
Measles		1		1		***						***	1
All other diseases classified a infective and parasitic		2	2	1		V.,	1						3
Malignant neoplasms, includin			-		***	****		***	***	***	13.34		1980
neoplasms of lymphatic an	1		1				13			-	20	00	101
haematopoietic tissues	100		67	***	***		***	2	17	68	63	32	104
Anaemias			4		***					1	2	2	4
Vascular lesions affecting centra						0000	-		10000				
nervous system			77	***		***	100	***	2	22	47	68	55
Chronic rheumatic heart diseas Arteriosclerotic and degenerativ		5	6		***	***	***	***	5	. 4	1	1	1
heart disease		140	115						3	43	97	112	100
Other diseases of heart			15			***	***		***	2	6	14	5
Hypertension with heart disease Hypertension without mention of	47	25	22			***		***	***	6	21	20	30
heart		1	3						1	3			2
Influenza		4	5				144			3	3	3	2
Pneumonia			29	6	3				1	6	17	31	53
Bronchitis Ulcer of stomach and duodenum	13		17	3			***			14	4	4	9
Appendicitis		2	2						1			i	3
Intestinal obstruction and hernia		3	6		***		1			1	3	4	13
Gastritis, duodenitis, enteritis an collitis, except diarrhoea of th			1			-		1000				1111	
newborn		5 3	2	2		***			1	1	1		6
Cirrhosis of liver		3 3	***			***				3			1
Nephritis and nephrosis		7	6				1		4	1 3	3 4	5 7	9
Hyperplasia of prostate Complications of pregnancy, chil		14		***		***		***	***	3	4	1	10
birth and the puerperium .						***	***	***			***	***	***
Congenital malformations .	.   5	5	4	7	1					1			8
Birth injuries, post-natal asphyxi and atelectasis		5 2	3	5	1		-	11025	-	100	-		2
Infections of the new born		1	1	1			7						1.
Other diseases peculiar to early in	-		1							446	133	1/3	199
fancy, and immaturity unqual	. 2	1 10	11	21	HE	4 7 1	4 11	Hill		1	The second	1300	25
Senility, ill-defined and unknow		10	111	41	***	***	***	***	***	***	***	***	
causes	. 3		28				***	***			3	35	3
All other diseases			14	2		2		1	3	9	7	- 1	21 7
Motor vehicle accidents	0.1	7 17	10	4	***	***	1	1	5	7	4	5	25
Suicide and self-inflicted injury .			3			***				5			1
	-		405	-			-	-	- 50	001	317	357	548
TOTALS	. 102	2   555	467	55	6	3	6	7	50	221	317	337	340

Table 6.—Infantile Mortality during the year 1953.

Nett Deaths from stated Causes at various Ages under 1 Year of Age.

	-				THE REAL PROPERTY.						
CAUSES OF DEATH		Under 1 week	1—2 weeks.	2—3 weeks.	3-4 weeks.	Total under 4 weeks.	1-3 months.	3-6 months.	6-9 months	9-12 months	Total Deaths under I Year.
All Causes Certified Uncertified		26	5	1	1	33	9	10	2	1	55 —
Measles Whooping Cough Diphtheria Influenza Tuberculosis of Nervous Sy Tuberculosis of Intestines Peritoneum Other Tuberculous Disease Syphilis Meningitis Convulsions Bronchitis Pneumonia Other Respiratory Disease Inflammation of the Stoma Diarrhoea and Enteritis Hernia, Intestinal Obstruct Congenital Malformations Congenital Debility and Sclerema Icterus Premature Birth Injury at Birth	ands	-   -   -   -   -   -   -   -   -   -								1	1 — — — — — — — — — — — — — — — — — — —
Other Causes		26	5	1	1	33	9	10	2	1	55
Live Births in the year—  Males Legitimate 792 Illegitimate 42		nales 771 42	Tot: 1,56	al	ett D	eaths	s in t		ear—nales		tal 53 2
Totals 834	8	313	1,6	47			24		31	5	55

Table 7.

## Birth Rates, Death Rates, Analysis of Mortality, Maternal Mortality and Case Rates for certain Infectious Diseases in the year 1953.

(Provisional figures based on Quarterly Returns).

	ENGLAND and WALES.	Boroughs and Great Towns (including London).	160 Smaller Towns(Resident population 25,000 to 50,000 1951 Census).	London Administra- tive County	GRIMSBY C.B.
		Rates per	1,000 Home I	opulation.	1
Births— Live births	15.5	17:0	15.7	17:5	17.6*
Still births	( 0.35	0.43	0.34	0.38	0.43
	(22.4(a)	24.8(a)	21·4(a)	21 · 0(a)	24·2(a)
Deaths-			(-)	(4)	-1 -(a)
All causes	11.4	12.2	11.3	12.5	10.9+
Typhoid and paratyphoid	0.00	0.00	_		
Whooping cough	0.01	0.01	0.00	0.00	
Diphtheria	0.00	0.00	0.00	_	
Tuberculosis	0.50	0.24	0.19	0.24	0.27
Influenza	0.16	0.12	0.17	0.12	0.09
Small Pox	0.00	0.00	0.00	-	-
Acute poliomyelitis (in-	David Co				
cluding polioencephalitis)	0.01	0.01	0.01	0.01	0.02
Pneumonia	0.22	0.59	0.52	0.64	0.68
Notifications (corrected)—					
T-1 116	0.00	0.00	0.00	0.01	
D - 1 - 1 - 1 - 1 - 1	0.01	0.01	0.01	0.01	0.02
Meningococcal infection	0.03	0.04	0.03	0.03	0.06
Caralat farms	1.39	1.50	1.44	1.02	1.73
1177	3.58	3.72	3.38	3.30	6.74
Diehthania	0.01	0.01	0.01	0.00	0.01
Demoinolog	0.14	0.14	0.13	0.12	0.12
Caralla a	0.00	0.00	0.00	0 12	0 10
Manulan	12.36	11.27	12.32	8.09	18.71
D	0.84	0.92	0.76	0.73	0.48
Acute poliomyelitis (in-	0 01	0 52	0.70	0 70	0 40
cluding polioencephalitis)		-			
Paralytic	0.07	0.06	0.06	0.07	0.08
Non-paralytic	0.04	0.03	0.04	0.03	- 00
Food poisoning	0.24	0.25	0.24	0.38	0.08
Puerperal pyrexia	18·23(a)	24.33(a)	12.46(a)	28.61(a)	5.90(a)
		Rates per 1	,000 live births		-
P 11		-			
Deaths—					
All causes under 1 year	00.0	00-0	01.0	04.0	00.0
of age	26.8	30.8	24.3	24.8	33.3
Enteritis and diarrhoea under 2 years of age	1.1	1.3	0.9	1.1	1.2
under 2 years or age	1 1	1 3	0 3		1 2
No. of the late of		Rate per 1,00	0 (live and still	l) births.	
Maternal mortality	0.76				

<sup>\*</sup> Adjusted birth rate 18.1

<sup>†</sup> Adjusted death rate 11.4

<sup>(</sup>a) Per 1,000 total (live and still) births.

## Table 8-Grimsby.

## Tabulation by Age, Sex and Clinical Classification of Cases Notified as Acute Rheumatism during the Year, 1953.

Clinical Classification of Case Notified.	0-	4	-	Age in	10-	urs -14	15-	-16		otal ages	Total both sexes
	-	F.	-	F.	M.		-	F.	M.	F.	
1. Rheumatic Pains and/or Arthritis without heart disease	-	-	1	1		1	-		1	2	3
2. Rheumatic Heart Disease (Active) (a) with polyarthritis —	1 1	1 1	1 1	1 1	1	1 —	1 1		1 -	1	2
(b) with chorea	-	-	-	-	-	-	-	-	-	-	-
3. Rheumatic Heart Disease (Quiescent)			_	_	_	1				1	1
4. Rheumatic Chorea (alone)	-	-	_	1	-	-	-	-	-	1	1
TOTAL Rheumatic cases	1	_	1	2	1	3	_	-	2	5	7
5. Congenital Heart Disease	-	_	-	-	-	-	-	1.	_	-	-
6. Other non-rheumatic Heart disease or disorder	_	_	_	_	_	_			_	_	_
7. Not rheumatic or Cardiac disease	-	_	_	_		1		_		1	1
TOTAL Non-Rheumatic cases	-	_	_	-		1	-	_	-	1	1

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## TABLE 9—GRIMSBY, 1953.

## TUBERCULOSIS—Age Groups of New Cases and Deaths.

		New Ca	ises		Deaths						
Age Periods.	Pulmo	onary	Noi Pulme		Pulmo	onary	Non- Pulme				
	M.	F.	M.	F.	M.	F.	M.	F.			
Under 1 year	_	-	1	-	-	_	-	-			
1—2 years	-		-	-	-	-	1	-			
2-5 years	1	1	-	1	-	-	-	-			
5—10 years	4	3	2	2	-	-	-	-			
10—15 years	2	4	1	-	-	-	-	-			
15—20 years	4	9	1	2	-	1	-	-			
20—25 years	4 6 5	11	-	-	1	1	-	-			
25—35 years	5	4	-	3	-	2	-	-			
35—45 years	8	7	_	-	1	3	-	-			
45—55 years	9	-	-	-	4	1	-	-			
55—65 years	8	3	-	-	4	-	1	-			
65—75 years	2	1	-	1	5	1	-	-			
75 and upwards	-	-	-	-	-	-	-	-			
Totals	49	43	5	9	15	9	2	-			

TABLE 10—GRIMSBY, 1953.

TUBERCULOSIS—Ward Distribution of New Cases and inward Transfers.

							W.	ARD	S.						
Primary notifications.	Alexandra	Central	Clee	Coates	Hainton	Humber	North-East	Scartho	South	South-West	Victoria	Weelsby	Wellow	Wellington	Totals
Pulmonary:— Males Females	1 1	3 -	7 3	2 -	1 8	5 6	2	3 4	9 6	6 4	5 4		3 2	2 3	49 43
Non-Pulmonary— Males Females	- 1	1 -	1.1	1 1	-		3 2	-	- 1	-3	1 1		1 1	1 1	5 9
Total	3	4	10	2	9	11	8	8	16	13	9	1	7	5	106
Inward Transfers.  Pulmonary—  Males  Females	1 -	2 -	- 1		-	3 2	- 1	- 1	2 1	1-1	1	1 2	- 1	1 -	11 9
Non-Pulmonary— Males Females	1.1		1.1		-			1-1		1.1	11	1.1		1.1	11
Total	1	2	1	-	-	5	1	1	3	-	1	3	1	1	20
Grand Total	4	6	11	2	9	16	9	9	19	13	10	4	8	6	126

Table 11-Grimsby 1953.

# Tuberculosis.—Notifications and Ratio of Non-Notified Deaths in each year of the Decennium

Year	Total primary	Notifications per thousand of	Ratio of non-notified	Ratio of non	notified Deaths.
rear	notifications.	population.	Deaths.	Pulmonary.	Non-Pulmonary
1944	153	2.00	1.8%	1.8%	_
1945	176	2.25	15.8%	14.3%	1.5%
1946	179	2.07	8.9%	8.9%	_
1947	146	1.63	13.8%	7.7%	6.1%
1948	128	1.40	_	_	-
1949	130	1.42	8.3%	8.3%	-
1950	98	1.05	25.8%	25.8%	-
1951	149	1.60	16.3%	12.7%	3.6%
1952	148	1.59	6.2%	3.1%	3.1%
1953	106	1.13	19.2%	19.2%	_

Table 12-England and Wales and Grimsby, 1944-1953

Total Tuberculosis death rates in each year of the Decennium.

	1944	1945	1946	1947	1948	1949	1950	1951	1952	1953
England and Wales	0.62	0.62	0.55	0.54	0.50	0.45	0.36	0.31	0.23	0.19
Grimsby	0.73	0.80	0.64	0.72	0.74	0.52	0.33	0.59	0.34	0.27

#### Table 13-Factories Acts, 1937 and 1948.

Annual Report of the Medical Officer of Health in respect of the Year 1953 for the County Borough and Port of Grimsby in the County of Lincolnshire.

Prescribed particulars on the administration of the Factories Act, 1937.

#### PART I OF THE ACT.

1—INSPECTIONS for purposes of provisions as to health (including inspections made by Sanitary Inspectors)

D. I	Number		Number of	
Premises	on Register	Inspections	Written notice.	Occupiers prosecuted
(i) Factories in which Sections 1, 2, 3, 4 and 6 are to be enforced by Local Authorities	478	551	7	-
(ii) Factories not included in (i) in which Section 7 is enforced by the Local Authority	464	527	2	981
(iii) Other Premises in which Section 7 is enforced by the Local Authority (ex- cluding out-workers premises)	22	16	3	_
TOTAL	964	1094	12	-

#### 2.- CASES IN WHICH DEFECTS WERE FOUND.

(If defects are discovered at the premises on two, three or more separate occasions they should be reckoned as two, three or more "cases.")

D. C. L.	Number of	of cases in wh	ich defects w	ere found	Number of cases in
Particulars	Found	Remedied	To H.M. Inspector	erred By H.M Inspector	which prosecutions were instituted
Want of cleanliness (S.1.)	85	74	-	2	-
Overcrowding (S.2)	-	-	-	-	-
Unreasonable temperature (S.3)	_	-	-	-	-
Inadequate ventilation (S.4)	1	1	-	-	-
Ineffective drainage of floors (S.6.)	13	9	-	-	-
Sanitary Conveniences (S.7.)— (a) Insufficient	7	4		1	-
(b) Unsuitable or defective	24	10	-	3	-
(c) Not separate for sexes	1	-	-	-	-
Other offences against the Act (not including offences relating to Outwork)	52	48	_	_	-
TOTAL	183	146	_	6	

### PART VIII OF THE ACT.

### OUTWORK

(Sections 110 and 111)

		Section 110			Section 111	
Nature of Work	No. of out-workers in August list required by Section 110 (1) (c)	No. of cases of default in sending lists to the Council	No. of prosecutions for failure to supply lists	No. of instances of work in unwholesome premises	Notices served	Prosecutions
Wearing apparel Making, etc.	 17	_	_	_	_	_
Nets, other than wire nets	 83	_	_	_	_	
TOTAL	 100	-	-	-	-	-

## TABLE 14. DIPHTHERIA IMMUNISATION.

Age at date of completed primary injection	Total immunised to 31.12.46	1947	1948	1949	1950	1951	1952	1953	7	Cotal .
Under 1 year 1—2 years 2—3 years 3—4 years 4—5 years	16 546 729 647 668	112 802 158 53 42	88 905 250 67 47	846 142 65 24	2 580 93 29 18	45 830 230 41 35	101 699 178 109	53 731 166 47 41	Under 5 years.	3,886
5—6 years 6—7 years 7—8 years 8—9 years 9—10 years	612 863 977 1154 1144	34 41 20 22 10	49 50 25 16 27	36 28 17 10	19 10 6 3	33 23 11 7 8 2	83 92 37 13	56 45 10 6 8	5-10 years.	5,608
10—11 years 11—12 years 12—13 years 13—14 years 14—15 years	1324 1179 1105 1207 1020	2 9 1 3 3	10 14 5 1 7	11 - 2	6 8 4 —	2 2 1 3 2	9 36 3 13	5 3 5 8	10-15 years.	4,346
Children now aged 15-years and over and immunised prior to 31.12.46	4,951	-	-	_	_	_	_	_	15 years and over.	13,184
Totals	18,142	1,312	1,561	1,308	787	1,273	1,451	1,190		27,024

PART IX

SCHOOL HEALTH SERVICE.

#### IX—SCHOOL HEALTH SERVICE.

## Report of the Principal School Medical Officer. FOR THE YEAR 1953.

To the Chairman and Members of the Education Committee.

Although I commenced duty on the 1st August, 1953, I have had sufficient time to be able to say that the health of the school children in Grimsby is very satisfactory.

Despite epidemics of measles, chicken-pox and scarlet fever (the cases were evenly distributed), in only a few schools

did the attendance drop below 80 per cent.

Scarlet fever has become a comparatively mild illness and there is a tendency to be careless about isolation which makes the duties of the sanitary inspectors most difficult. The history of this disease has shown similar trends in the past and after varying periods has resumed its former severity. Many cases are so mild that they escape detection and this fact accounts for the spread among the susceptible children.

It will be observed that there has been a considerable decrease in the number of children examined at school, and likewise in the special and follow-up cases. This was caused by the fact that for the greater part of the year there was only one school medical officer, there being difficulty in

recruiting suitable staff.

The arrangement whereby a consultant ophthalmologist attends weekly at the School Clinic is most satisfactory and

the children receive expert attention without delay.

Ear, nose and throat cases are seen at the out-patients department of the Grimsby General Hospital and although the most urgent ones are operated on promptly there is a large waiting list for children who would benefit by the removal of their tonsils and adenoids. The Grimsby Hospital Management Committee is fully alive to this problem and more beds were allocated for this purpose towards the end of the year.

The school audiometric survey is carried on by a school nurse trained as an audiometrician. This is a most useful service and detects cases of partial deafness that would not otherwise come to light until perhaps years later. The treatment of deafness and other ear conditions is closely

associated with the other ear, nose and throat work.

Grimsby has been chosen as a special area for the investigation of rheumatism in school children. The general practitioner notifies each case and, when able to attend, it is examined by a cardiologist at a special clinic. Apart from the information gained for research purposes, it is most useful in deciding the appropriate education and subsequent employment of these handicapped children. Happily the number of such cases is on the decline. This has coincided with the decrease in the virulence of scarlet fever and time

alone will prove if they are related.

The Child Guidance Service lost the services of Dr. C. H. Jackson during the year and Mr. M. J. Tyerman is carrying on the good work. It will be observed that there is a steady increase in the attendance; this should not be interpreted as an increase in the number of emotionally disturbed children but rather as a greater awareness on the part of all concerned of the benefits of such a centre. Dr. J. F. R. Goodlad, consultant psychiatrist, visits on a sessional basis to deal with the more serious cases.

Mass radiography was again made available for school leavers. This service completes the final school medical inspection and ensures that no child can go into any employment unless physically fit to do so. Six hundred and seven

boys and 649 girls were examined in this way.

In August the Ministry of Education issued the School Health Service and Handicapped Pupils Regulations, 1953, which slightly altered the classification of the Handicapped Pupils and School Health Service Regulations, 1945. This in effect meant the omission of the diabetic child as a category, incorporating it with the "delicate child." The need for more medical and dental inspections and the greater ascertain-

ment of handicapped pupils was also stressed.

The school health service should be looked upon as an integral part of the National Health Service and to be effective must have the close co-operation of the Education and Health Departments, and there should be good liaison among consultants, general practitioners, school medical officers, nurses, sanitary inspectors, head and class teachers, psychologists, mental health workers, speech therapist, school attendance officers, physical training instructors, school meals service, and last but not least the parents.

My grateful thanks go out to each member of the above team for their friendly co-operative spirit, and to the Youth Employment Service, the police, the probation officers, the N.S.P.C.C. Inspector and the Children's Department for their

helpful assistance.

I wish to thank the Chairman and Members of the Education Welfare Sub-Committee for their sympathetic approach to all the problems placed before them.

#### R. GLENN,

Principal School Medical Officer.

Health Department, 1, Bargate, Grimsby. May, 1954.

#### GRIMSBY EDUCATION COMMITTEE.

Chairman-Alderman J. H. FRANKLIN. Vice-Chairman-Councillor M. LARMOUR.

> Director of Education Dr. R. E. RICHARDSON, M.Sc.

#### EDUCATION WELFARE SUB-COMMITTEE.

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J. P. MURPHY Mrs. M. LARMOUR J. B. C. OLSEN G. H. PEARSON B. WHITE Councillor R. BATESON R. BRYANT

.. C. W. CHAPPLE Mr. S. NEAL

\*\* A. CORRINGHAM Mr. K. R. SMITH, B.Sc. \*\* Mrs. N. TROUGHT Miss P. MILLER C. W. JAKES, J.P. A. W. KENNINGTON \*\*

#### STAFF OF SCHOOL HEALTH SERVICE.

Medical Officer of Health and Principal School Medical Officer-

JAMES A. KERR, V.R.D., B.Sc., M.D., D.P.H., 10-2-53.

ROBERT GLENN, M.B., B.Ch., B.A.O., D.P.H., -- (from 1-8-53).

School Medical Officers-J. G. J. COGHILL, M.B., Ch.B. EILEEN M. PRIOR, L.R.C.P., M.R.C.S. P. I. ATKINSON, M.B. (resigned 28-2-53).

Principal School Dental Officer-D. W. HUNT, L.D.S., R.C.S., (Eng.).

School Dental Officer-G. S. WATSON, B.D.S., L.D.S.

School Nurses-Miss M. KELLY ((Superintendent)

H. M. SCARLETT, A. C. NICHOLSON, F. J. WYATT, J. MARSH,
E. HEWSON, M. WALMSLEY, B. JENKINSON (resigned 28-5-53),
M. MAULTBY (part-time).

Dental Staff-Miss P. HART (Oral Hygienist)—appointed 14-9-53.

Miss R. HENFREY, Mrs. O. BABINGTON (resigned 3-6-53).

Miss M. CASWELL (from 6-7-53), Miss M. ADLETT (from 16-11-53). Mrs. M. HARGADON (resigned 7-11 53).

Clerical Staff-Miss A. ROBERTS, Mrs. J. PIPER, Miss S. BRIGGS. **School Hygiene.** It is now possible to report improvements at St. John's school. The former insanitary trough closets have been replaced by modern sanitary conveniences and the playground completely re-surfaced.

#### FINDINGS OF MEDICAL INSPECTIONS.

The number of children on the register at 1st April, 1953, was 15,095 compared with 14,710 the previous year.

**Nutrition.**—The average nutrition of school children was maintained at a satisfactory level throughout the year.

Classification of those medically inspected was made under the designation "general condition." From the examining medical officer's point of view this seems to have the advantage of emphasising that the assessment is not of the physique of the child but of it's actual well-being at the time of examination.

"General condition" is assessed under the headings A. (good), B. (fair) and C. (poor). Of the 3,377 children who were medically inspected 2,632, or 77.9 per cent. were classified A; 724 or 21.4 per cent. were classified B; and 21, or 0.06 were classified C.

At the end of the year 3,209 children were paying for school dinners, and 376 were receiving them free. The total number of children drinking school milk was 12,913 daily.

Uncleanliness.—Total inspections numbered 30,193, and the number of children found to be unclean was 1,085.

At routine school medical inspections 43 children out of 3,377 examined showed evidence of louse infestation.

Ninety-eight necessitous children were supplied with clothing to the total value of £349.

**Diseases of the Skin.**—The incidence of scabies and all skin diseases found at routine medical inspections during the last three years is found in the accompanying table.

Routine Medical Inspections. Incidence per 1,000 inspections.							
1948	1949	1950	1951	1952	1953		
 12.3	20.5	5.4	13.3	11.5	5.9		
	12.3	12.3 20.5	12.3 20.5 5.4	12.3 20.5 5.4 13.3	12.3 20.5 5.4 13.3 11.5		

A further table shows the number of cases of the chief infectious skin diseases seen by the medical officer and treated at the school clinic during the same six years.

Disease.	19	48 19	49 195	0 1951	1952	1953
Ringworm (scalp)		4	2 _	-	-	-
Ringworm (body)		5	1 -	-	2	-
Scabies	6	1 4	1 3	-	-	7
Impetigo	2	0 3	8 24	34	29	20

School Clinic.—The school clinic is situated in Burgess Street, corner of Upper Spring Street, and is open daily from 9 a.m. to 5-15 p.m., Saturdays 9 a.m. to 12 noon. Minor ailments clinics are held every morning. Refraction clinics are held on Tuesday afternoons weekly throughout the year by Dr. E. Hainsworth, visiting ophthalmologist to the authority. Cardiac clinics are held at intervals during the year by Dr. J. W. Brown, the consultant physician.

The figures for attendance at the school clinic were as follows :—

Total attendances-6,909,

Special inspections—434 (cases seen by medical officer.)

Re-inspections-311 (cases seen at the clinic).

1,060 were dealt with by one or other of the nurses in attendance and not seen by the medical officer.

Defects of vision and Diseases of the Eye.—Out of a total of 536 attendances 322 children (of which 124 were new cases) had refraction carried out; 312 had glasses prescribed and 298 obtained glasses. In addition 15 cases of eye diseases were referred from the school clinic during the year.

Diseases of the Ear, Nose and Throat.—Mr. Spencer Harrison held a special clinic every fourth Wednesday in order to see all cases referred by the local authority at the Grimsby General Hospital. The most urgent cases were not kept waiting but were referred separately.

Nose and Throat Defects.—The number of cases found at routine and special inspections to require treatment was 81. These were classified as follows:—

Chronic tonsillitis			 	6
Adenoids only			 	1
Chronic tonsillitis	and ad	enoids	 	54
Other conditions			 	20

Nasal hygiene was advised on when required under the supervision of the senior clinic nurse. Successful results were obtained in all types of cases showing catarrhal conditions of the nose and throat.

The number of children treated was 26, and total attendances were 346. 14 new cases (258 attendances) have had diastolisation treatment. In addition a further 12 cases were treated for otorrhoea and chronic otitis media, making a total attendance of 88.

Group Audiometry.—There is a considerable reduction in the number of children audiometrically examined in the schools. This is due to two main factors (a) Nunsthorpe Primary Junior school had to be abandoned completely due to lack of room, the result of severe overcrowding. This has now been slightly alleviated by the opening of new schools and arrangements have been made for tests in 1954, and (b) sickness amongst the school staff.

Mr. Spencer Harrison continues to show his appreciation of the work done by the school staff and has started a reciprocal service between the hospital and school clinic, where after-care is required. This is working very satisfactorily

Routine group audiometry continues, and where necessary school children are referred for the E.N.T. specialist's opinion. The figures for all these cases are tabulated below:—

Total nu	mber of c	hildren tested	972
",	,,	,, retested	
Number	of childre	n (Group A.)	924
,,	,,	(Group B.)	- 32
,,	,,	referred to the school	
		clinic	28
,,	,,	referred to E.N.T.	
	specialist	13	
,,	,,	treated at school clinic	7
,,	,,	refused or failed to	
		attend	6

Heart Diseases and Rheumatism. 7 cardiac clinics were held during the year. 61 cases (of which 13 were new) made a total of 92 attendances.

## School Health Service and Handicapped Pupils Regulations, 1953.

(As on December 1st, 1953).

Categories of Handicapped pupils	Number at ordinary school.	Number at special school.	Number not at school.
Blind	-	2	1*
Partially sighted	1	3	_
Deaf	-	8	2*
Partially deaf	2	3	_
Educationally sub-normal	53	21	_
Epileptic	-	-	_
Maladjusted	-	2	-
Physically handicapped	1	3	-
Speech defect	-	-	-
Delicate	2	1	2**

<sup>\*</sup> Under compulsory school age.

Infectious Diseases.—No school or department was closed on account of communicable disease during the year.

The incidence of notifiable diseases in children aged 5 to 15 years was as follows, the numbers in brackets indicating the number notified in 1952:—

Scarlet fever 115 (58); measles 657 (610); whooping cough 192 (123); chicken pox 661 (765); diphtheria 1 (3); dysentery 128 (88); acute rheumatism 8 (5); poliomyelitis 3 (2); meningococcal infection 2 (nil); acute pneumonia 3 (4).

In addition 18 children of school age were notified under the Public Health (Tuberculosis) Regulations. Of these 13 were classified as pulmonary and 5 as non-pulmonary cases. The previous year accounted for 21 new cases.

Protection against Diphtheria.—During the year 1,038 children under five years of age and 152 children of school age completed the series of inoculations for diphtheria immunisation. Reinforcing injections were given to 871 children.

Employment Certificates.—Certificates were issued to 218 school children who were engaged in particular employment after school hours.

<sup>\*\*</sup> Receiving home tuition.

#### DENTAL SERVICE.

Mr. Donald W. Hunt, L.D.S., R.C.S. (Eng.), principal dental officer, presents the following report:—

I have pleasure in submitting my fifth annual report on the dental services provided for the priority classes by the

County Borough of Grimsby.

There is no striking progress to report in the development of these services in 1953, as the availablity of professional staff is the key stone of progress and it has not been possible to recruit additional dental surgeons during the year under review.

Efforts have been made therefore to consolidate and improve existing facilities. Towards the end of the year the measures taken to this end reached completion, and began to show material results in the amount of treatment undertaken and the greater convenience of the public.

The dental clinic at Watkin Street has been furnished with modern dental equipment, and opened as a dental clinic for the first time since 1949. This will be of great advantage to a densely populated area of the town, the residents of which have previously had to travel to the Hope Street clinic in order to secure dental treatment.

The transfer of one dental officer to Watkin Street has also eased the difficult matter of surgery accommodation at Hope Street, and an increase in the volume of work undertaken is already becoming evident now that both operators have adequate accommodation and equipment. There is however one disadvantage to this arrangement, in so far as neither dental surgeon has the services of a colleague readily available on the premises to administer a general anaesthetic when it is urgently required for the prompt relief of pain.

General anaesthetic sessions are held frequently at each clinic, with either a second dental officer or a medical practitioner to act as anaesthetist; but it is unavoidable in present circumstances that great difficulty is experienced in treating all cases of pain immediately they seek the assistance

of the clinics.

Both dental clinics in the borough are designed to provide professional accommodation for one dental surgeon only. This is perhaps rather unfortunate as a compact, densely populated town such as Grimsby lends itself well to the provision of dual surgery clinics; of which the ready availability of general anaesthetic facilities is but one attendant advantage. However, further surgeries will need to be provided when an adequate number of dental surgeons can be recruited to the service, and it is suggested that these be made by the extension of existing premises rather than by the provision of new buildings.

In September, 1953, an oral hygienist was appointed to the dental staff and accommodation and equipment for her work has now been provided at the Hope Street clinic.

Considerable difficulty was experienced in securing delivery of new equipment, and for some time both dental officers and the oral hygienist had but one really adequate surgery between them. However all equipment ordered was installed before the end of the year and these difficulties are now at an end.

It is pleasing to record that the standard of equipment adopted has been very high. There is no doubt that many a skilled operator has been lost to the school dental service in the past by the primitive conditions under which some local authorities have expected him to work; and rightly or wrongly a poor opinion of the scope and conditions of service in local authority clinics is still prevalent within the dental profession as a whole.

The percentage of children examined at school and found to require treatment remains between 70% and 80% according to the type of school inspected and the age of the children. The average percentage for all schools inspected during the year is 76.5%, compared with 82.3% in 1952: a slight decrease to which no significance is attached at the present time. The acceptance rate for treatment continues at over 90% of those needing treatment, and although some initial acceptances do fall by the wayside and fail to attend either on their first or some subsequent appointment, 80% of those needing treatment were completed at the end of the year.

A stastistical table giving details of the treatment given during the year may be found on page 115. This table is in the form required by the Ministry of Education, but is felt by many to give an incomplete picture of the work undertaken by the school dental service.

Many public dental officers pride themselves on the comprehensive nature of the treatment they provide, and some elaboration of the "other treatments" column at the end of this table would be of advantage.

The relatively large number of 'other treatments' given at the clinics in Grimsby includes a fair proportion of crowns, dentures, inlays, bridges, orthodontic treatment, and oral surgery; but for the most part probably consists of treatment given to the gums for early (and in some children even advanced) paradontal disease.

Civilised man loses his teeth from two main diseases; decay or caries, of the teeth themselves, and disease and loss of the supporting tissues of the teeth—a complaint known usually to the public as pyorrhoea.

Without doubt 'pyorrhoea' is as potent a cause of loss of teeth as actual caries, and the writer feels that in general too little attention is paid to this disease in the sphere of preventive dentistry.

The treatment of early caries is relatively easy and certain. The treatment of early pyorrhoea is often time consuming and less certain in its eventual results.

In an effort to assess the extent of this problem, to gain information regarding the importance of various known predisposing factors, and to devise a relatively clear cut and effective system of treatment, an experimental scheme of classification and treatment has been introduced towards the end of the year under review; and it is hoped to be able to report further on this in due course.

There is considerable scope for 'field research' of this type in the school dental service, but the shortage of dental officers is an ever present hindrance to the initiation of such

schemes.

The recent appointment of an oral hygienist however will be of great help in the tabulation and collection of relevant data, and indeed much of the treatment required can be effectively carried out by this officer.

On a national level there has been an improvement in the staffing position of the school dental service during the year, but in Grimsby we can appoint no more professional staff

until more surgeries are provided.

At least two additional dental officers are required in order to obtain an adequate ratio of staff to children on the school rolls, and future development of the service now depends upon the provision of accommodation as much as the recruitment of staff.

No steps have been taken during the past twelve months to make the school dental service a more attractive career to

young graduates in the profession.

Remuneration, prospects, and status all require great improvement to be in any way comparable with other spheres of practice, and there is no doubt that the school dental service continues to deserve its title of the "Cinderella of Dental Services" in this country.

A hard struggle lies ahead for those who have the development of the service at heart, and who know that the foundation of a dentally fit nation rests upon the systematic

treatment of the school child.

In conclusion I would like to thank the Chairman and Members of the Education Committee for their unfailing interest in the service; the Director of Education and the Principal School Medical Officer and their staffs for their co-operation, and my own staff, both old and new, for their loyal assistance in a year presenting many problems.

#### CHILD GUIDANCE SERVICE.

Mr. M. J. Tyerman, Educational Psychologist, presents the following report on the work of the Service during the year ending 31st December, 1953:—

Staff.—In August, 1953 the Centre lost the services of Dr. C. H. Jackson, the educational psychologist, Mrs. K. Jackson, the psychological tester and remedial teacher, and Miss J. Riggall, secretary-receptionist. In the following month the resignation of Miss G. Jennison, the social worker, took effect and there has, therefore, been a complete change of full-time staff.

Appointed to fill the vacancies created were: Mr. M. J. Tyerman, educational psychologist, Miss M. E. D. Pearson, social worker, Mrs. C. E. Wilkinson, secretary-receptionist, and Mrs. D. M. H. Whiteley, part-time remedial teacher.

Dr. J. Goodlad, consultant psychiatrist of Lincoln, has

continued to attend two sessions weekly.

Statistical Summary.—The figures in this statistical summary refer only to the clinical aspect of the service's work. No reference is made to the work in schools with retarded children of average intelligence or assistance with the statutory examinations of pupils requiring special educational treatment.

Nui	mber of children referred since		000 /-	
	Service inaugurated	**	660 (a	pprox.)
Nur	mber of children referred by year			
	1948 46 1951		127	
	1949 116 1952		105	
	1950 124 1953		142	
A.	Cases closed, current and awaiting int	ervie	w :—	
	Number of children examined during	1953	3	117
	Number of cases closed during the ye			90
	Number of cases current on 31st Dec		3	103
	Number of children awaiting initial in			13
B.	Particulars of children referred durin	g 19	53 :	
	1-Number (excluding those require	ing re	medial	
	teaching in schools)	_		142
	2-Age at time of referral :-			
	Below 5 years Pre-school			7
	5 but not 6 \ Primary (Infant)			6
	6 but not 7 \ School			5

#### 2-Age at time of referral (continued): 7 but not 8 Primary 20 (Junior) 8 but not 9 12 9 but not 10 School 15 10 but not 11 21 11 but not 12) Secondary 15 12 but not 13 School 16 13 but not 14 10 14 but not 15 | 10 15 and above 5 3-Sex.

Boys 97 Girls 45
Boys referred during the year outnumber girls by 2 to 1.
This ratio is usual and has been commented upon in previous reports. It is generally believed that the difference does not indicate that girls are less liable to emotional disturbance but that the forms their disturbance take are less noticeable and more socially acceptable.

4—Reasons given for referral :—					
Marine Contract Contr	Boys	Girls	Total	%	
Mental or personality	-				
assessment	22	10	32	23	
Difficult behaviour	21	15	36	25	
Emotional problems	11	3	14	10	
Educational guidance	14	11	25	18	
Habit disorders	4	_	4	3	
Failure to make pro-					
gress at school	17	5	22	15	
Various unclassified		-	5	3	
Organic	3	1	4	3	
5-Source of referrals :-					
Parents direct or throug	h school		15	11	
School through head tead			63	45	
Medical or child welfar	e service				
through M.O.H.			5	3	
L.E.A. officers			20	14	
General practitioners or o			12	8	
Children's Department of	or Magistra	ates			
through Children's	Officer or			100	
M.O.H.			2	2	
Various unclassified			20	14	
Probation office			5	3	
6-Cases from previous ye			953 :		
Number of children refe					
but not interviewed			11		
Number of children interv					
and still current of	n 1st Jan	uary,			
1953			53		

## C .- Details of referral interviews held :

D-

1—Number				117
2—Intellectual level of the Ineducable/educations	ally	who v	vere tes	sted:
subnormal (I.	Q. below 70)			10
Dull (,	,, 70— 84)			18
Low average (,	, 85— 94)			15
Average (,	, 95—104)			18
TT'-1	, 105—114)			23
	,, 115—129)			12
Vanna annonian /	,, 130+			5
Not tested				16
3—Recommendation mad (a) Regular treatmen		with—		
Psychologist				21
Psychiatrist				13
Remedial Tea				9
(b) Occasional interv		ve		20
(c) Report/Advice, e		2.2		43
(d) Special education		requir		5
				111
4-Problem cleared by tir	ne of annointr	nent		6
-Analysis of interviews held	d—			
1-Interviews with chi	ldren:			863
for i remedial to	eaching/play			
therapy			320	
ii psychologi			422	
iii psychiatric			107	
iv by social v			14	
2—Interviews with par	rents:			450
i psychologi		***	170	100
ii social work		***	177	
iii psychiatric			103	
in psychiatric			100	
3-School visits or oth	er contacts :			211
i psychologi	st		185	
ii social worl			26	
4—Home visits :				203
i psychologi	st		21	
ii social worl		11110	95	
Tr oodiar work		- 87 fo	r 2 HP	)
		00		1

E-	-Closures during 1953-	
	1—Total number of cases closed	90
	2—Reasons for closure—	
	(a) No treatment. Diagnosis followed by report, recommendation or advice	40
	(b) Child transferred to another depart- ment or out of area	4
	(c) Parents did not wish for treatment	11
	(d) Problem cleared by time of initial interview	6
	(e) Treatment, supervision or advice cases	
	followed up and then closed	29
	Total	90
F-	-Composition of Case Load on 31st December, 1953-	
	1—Total number of children	116
	2—(a) Number of children awaiting initial interview	13
	(b) Number of children whose treatment has been discontinued or who do not require treatment but whose	37
	progress requires following up (c) Number of children (excluding follow	37
	ups) receiving intensive treatment or supervision from—	
	psychologist	25
	psychiatrist remedial teacher	18
	social worker	6
	(d) Number of children concerning whom information is awaited before action	
	is taken	8
		(116)
	3-Number of children referred before 1st January, 1953, but still current on	
	31st December, 1953	43
	Number referred in 1953 and still current	
	(excluding follow ups and children awaiting appointment)	-73
	awaiting appointment,	(116)

#### PHYSICAL EDUCATION

(Report by Mr. L. R. G. Welham, Organiser of Physical Education).

The present year has been one of steady progress. The more informal approach, characteristic of post war educational thought, is now firmly established in most schools and the previous conception of physical education as 'merely exercise' has given way to a wider appreciation of 'the movement of the child'.

Primary Schools.—Children in the primary schools have been encouraged to make use of physical training apparatus and to use it in a variety of ways, working individually and moving freely. The aim has been to present to the child as many physical experiences as possible, while endeavouring to obtain a high standard of performance through individual effort.

The booklets—Physical Education in the Primary School, Parts I and II—published by the Ministry of Education have been welcomed by all teachers of physical education. One prominent feature of these booklets is the greatly extended use of Climbing and Agility apparatus in the primary school.

A number of head teachers in the borough have already introduced this into their schemes, and there is no doubt that 1954 will see a great increase in its use.

Almost every primary school has indoor accommodation suitable for physical education so that lessons may be taken regularly. Continuity in lessons throughout the year is necessary if progress is to be satisfactory.

Training in movement through music, with the assistance of the B.B.C. lessons, has been widely used by most primary infants' schools, while National Folk Dancing has been included in the general scheme of most primary junior schools.

Games training in the primary school provides the foundation for the major games. A general all round training has therefore been the aim, the work centering largely on individual practices and skills. Ability to handle a small ball results in a great improvement in ball sense and skill, which should prove of value later on in secondary school games.

Almost every school has been able to make weekly visits to the playing fields. The main aim is to give the opportunity for all children to take part in group games rather than to use the games period to train a team at the expense of those children not capable of reaching this standard. Football, cricket and rounders were generally played by the boys, netball and rounders by the girls. Whereas almost every boy has played football before leaving the junior school, few girls have held a hockey stick and it is doubtful whether any have played in an actual game of hockey. It is hoped to interest the top junior girls in this game so that, on transfer to the secondary schools, they will have had some initial training which should prove of value there.

Secondary Schools—Most of the secondary schools have indoor facilities which can be devoted to physical education. The two gymnasia at the Chelmsford Schools when brought into use will be a great asset in the development of the physical education of the children attending these schools.

The enthusiasm for games and other outdoor activities has probably never been greater than at present. Football, cricket, cross-country running, athletics, swimming and boxing form the major part of the games training for the boys, and netball, tennis, athletics, swimming, rounders and dancing for the girls. Hockey is gradually becoming more popular with the girls and it is hoped to develop this further in subsequent years.

Swimming—Swimming has continued to hold a prominent place in the physical education scheme of most schools. Twelve secondary schools had an allocation of 39 swimming periods and 14 junior schools shared 33 periods.

The approximate number of children on the swimming registers for this year was 2,500 (1,295 girls, 1,194 boys), of which approximately 2,200 attended weekly during the summer months. Swimming has been well supported during the winter months but naturally the attendances have not been so great.

505 boys and 666 girls learnt to swim during the academic year September 1952—July 1953. The total number of swimmers was approximately 800 girls and 1,000 boys, i.e.72% of those attending. This is very satisfactory and may give some indication of what could be achieved if more or larger baths were available.

Requests from head teachers for more swimming periods are still frequently made so that the demands on the two baths cannot be met under existing arrangements. It is, however, hoped to re-organise the arrangements at present in being at the Eleanor Street bath so that 300 more children will be able to participate in this very valuable and vital branch of physical education.

The Youth Organisations continue to make use of the Eleanor Street baths in the evenings, during which time more advanced swimming and Life Saving instruction can be given.

Swimming Galas were again organised by the Schools' Sports Association, the Youth Sports Federation, by some schools and by separate Youth Organisations.

Playing Fields—Clee Fields continue to form the central playing area for many schools. No fewer than 14 schools used them weekly and during good weather approximately 3,000 children per week attended during school hours. In addition many schools held their Annual Sports' Days there and as usual these playing fields were the venue for the Inter Schools' Athletic Competition. The School Football and Cricket Leagues, organised by the Schools Sports' Association and held after school and on Saturday mornings during the greater part of the year, played most of their matches there. Youth Sports Federation had the use of the fields on most evenings during the summer. The Open Games' Evenings were again held on Tuesday and Wednesday evenings and as usual were well attended. The fields were also used on occasion by individual Youth Organisations for their annual sports.

In spite of this heavy usage, the fields remained in excellent condition, due to the care and maintenance given to them

by the Committee's groundsmen.

The Chelmsford Avenue playing fields also contributed in providing facilities for games, both for the schools in the

vicinity, and for the Schools' Sports Association.

The playing field adjoining the Yarborough Schools was sown and is now in use by these schools. The playing field adjoining the Old Clee Primary Schools has been prepared for sowing and will come into use during 1954. The area of Clee Fields previously used for gardening by Harold Boys as a wartime project, has been re-sown and now forms a valuable addition to this area.

Teaching Demonstrations and Courses—The modern Physical Education lesson is no longer based on any standard type, from which a 'blue-print' could be made as was the case previously, but demonstration lessons in the school hall can form a valuable means of help to the teacher taking the class. It has been the aim to show each teacher the best way of making use of the facilities available, however varied or limited they may be.

Two games course/demonstrations on the teaching of netball and hockey in junior schools were held and a Day Course organised in co-operation with the Lincs. Physical Education Association was well attended by our teachers.

#### TABLE I.

Medical Inspection of pupils attending Maintained Primary and Secondary Schools (including Special Schools).

## A-PERIODIC MEDICAL INSPECTIONS.

Number of Inspections in	the pres	scribed	Group	os.		
Entrants				***		1,645
Second Age Group						370
Third Age Group	***				***	1,206
	Total					3,221
Number of other Periodic	Inspect	ions				156
	Grand To					3,377
B.—OT	HER I	NSPE	CTIO	NS.		HIE
Number of Special	Inspecti	ions				434
Number of Re-insp	ections		***	***		311
T	otal					745

## C .- PUPILS FOUND TO REQUIRE TREATMENT.

Number of Individual Pupils found at Periodic Medical Inspection to Require Treatment (excluding Dental Diseases and Infestation with Vermin).

- NOTES.—(1) Pupils found at Periodic Medical Inspection to require treatment for a defect should not be excluded from this return by reason of the fact that they are already under treatment for that defect.
  - treatment for that defect.

    (2) No individual pupil should be recorded more than once in any column of this Table, and therefore the total in column (4) will not necessarily be the same as the sum of columns (2) and (3).

Group (1)	For defective vision (excluding squint)	For any of the other conditions recorded in Table IIa (3)	Total individual pupils (4)
Entrants	2	219	148
Second Age Group	31	35	56
Third age	95	74	169
Total (prescribed groups)	128	328	373
Other Periodic Inspections	3	10	9
Grand Total	131	338	382

## TABLE II.

## A-Return of Defects found by Medical Inspection in the Year ended 31st December, 1953.

NOTE.—All defects noted at medical inspection as requiring treatment should be included in this return, whether or not this treatment was begun before the date of the inspection.

		PERIODIC I	NSPECTIONS	SPECIAL II	NSPECTIONS	
	0 197	No. of	Defects	No. of defects		
Defect Code No.	Defect or Disease	Requiring treatment	Requiring to be kept under observation, but not requiring treatment	Requiring treatment	Requiring to be kept under observation, but not requiring treatment	
	(1)	(2)	(3)	(4)	(5)	
4	Skin	19	99	99		
5	Eyes—a Vision	*131	208	6		
	b Squint	18	59	10-	- 110	
	c Other	7	22	6		
6	Ears—a Hearing	5	14	_		
955	b Otitis		77.0			
	Media	1	41	2	-	
	c Other	1	11	26		
7	Nose or Throat	74	451	7		
8	Speech	3	42	-		
9	Cervical Glands	45	274	-		
10	Heart and					
1993	Circulation	6	33	-	-	
11	Lungs	5	62	2		
12	Development—					
	a Hernia	1	12			
	b Other	1	50	-		
13	Orthopaedic-					
	a Posture	19	24	-		
	b Flat Foot	108	56	-		
	c Other	14	76	-	-	
14	Nervous System	1				
1/1/8/	a Epilepsy	7	2	_		
15	b Other	4	22	2		
15	Psychological—	0	10		1000	
	a Development	2	18	_	_	
10	b Stability Other	1 4	16	204		
16	Other	4	9	284		

NOTE:—\* This figure should normally be equal to that shown as the grand total of Column (2) ("For defective vision (excluding squint)") of Table I.C.

B.—Classification of the general condition of pupils inspected during the year in the age groups (See Note on Table 1).

Age Groups	Number of Pupils	A. (Good)		B. (Fair)		C. (Poor)	
	Inspected	No.	of col. 2	No.	of col. 2	No.	of col.
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
Entrants	1,645	1,304	79.3	334	20.3	7	0.4
Second Age Group	370	300	81.1	68	18.4	2	0.5
Third Age Group Other Periodic	1,206	909	75.4	287	23.8	10	0.8
Inspections	156	119	76.3	35	22.4	2	1.3
Total	3,377	2,632	77.9	724	21.4	21	0.7

NOTE:—The figures in Column (2) should normally equal those detailed under Table I.A.

## TABLE III.

## Infestation with Vermin.

(i)	Total number of examinations in the schools by the school nurses or other authorized persons	777
(ii)	Total number of individuals pupils examined	-
(iii)	Total number of individual pupils found to be infested	1,085
(iv)	Number of individual pupils in respect of whom cleansing notices were issued (Section 54 (2), Education Act, 1944)	-
(v)	Number of individual pupils in respect of whom cleansing orders were issued (Section 54(3), Education Act, 1944)	-

#### TABLE IV.

Treatment of pupils attending maintained primary and secondary schools (including special schools).

Notes:—(a) Treatment provided by the Authority includes all defects treated or under treatment during the year by the Authority's own staff, however brought to the Authority's notice, i.e. whether by periodic inspection, special inspection, or otherwise, during the year in question or previously.

previously.

(b) Treatment provided otherwise than by the Authority includes all treatment known by the Authority to have been so provided, including treatment undertaken in school clinics by the Regional Hospital Board.

(N.B.—The information asked for in this table falls into these two Divisions (a) and (b), except in Group 5 (Child Guidance Treatment)).

GROUP 1.—DISEASES OF THE SKIN (excluding uncleanliness, for which see Table III).

					Number of cases treated or under treatment during the yea			
					by the Authority	otherwise		
Ringworm-	—(i) Sca	dp				_		
	(ii) Boo	dy	***	***	-	-		
Scabies	***		***		7	_		
Impetigo	***	***	***	***	20	2		
Other skin	diseases				72	8		
			Total		99	10		

#### GROUP 2 .- EYE DISEASES, DEFECTIVE VISION AND SQUINT.

	Number of cases	dealt with
Indian de la constitución de la	by the Authority	otherwise
External and other, excluding errors of refraction and squint Errors of refraction (including squint)	15 322*	10 1,495
Total	337	1,505
Number of pupils for whom spec- tacles were— (a) Prescribed (b) Obtained	312* 298*	1,190 1,150

## GROUP 3.—DISEASES AND DEFECTS OF EAR, NOSE AND THROAT.

	Number of cases treated.		
	by the Authority	otherwise	
Received operative treatment—  (a) for diseases of the ear  (b) for adenoids and chronic ton-	3	23	
sillitis (c) for other nose and throat	56	304	
conditions	8	20	
Received other forms of treatment	96	-	
Total	163	347	

Including cases dealt with under arrangements with the Supplementary Ophthalmic Services.

## GROUP 4.-ORTHOPAEDIC AND POSTURAL DEFECTS.

(a) Number treated as in-patients in hospitals	41	
(I) X -1 -1 -1 -1 -1 -1 -1 -1 -1 -1 -1 -1 -1	by the authority	otherwise
(b) Number treated otherwise, e.g., in clinics or out-patient depts.	120	5

## GROUP 5.-CHILD GUIDANCE TREATMENT.

	Number of cases treated			
	in the Authority's Child Guidance Clinics	elsewhere		
Number of pupils treated at Child Guidance Clinics	117	_		

## GROUP 6 .- SPEECH THERAPY.

	Number of cases treat			
	by the Authority	otherwise		
Number of pupils treated by Speech Therapists		3		

## GROUP 7 .- OTHER TREATMENT GIVEN.

	Number of cas	es treated	
	by the Authority	otherwise	
(a) Miscellaneous minor ailments (b) Other than (a) above (specif	284	134	
1—Respiratory System	 2	13	
2-Cardio-Vascular System	 _	9	
3—Alimentary System	 _	98	
4—Central Nervous System	 2	2	
5—Genito-Urinary System	 -	16	
Total	 288	272	

# TABLE V.—Dental Inspection and Treatment carried out by the Authority.

1.				
	(a) Periodic		***	3,324
	***			1,733
	Total (1)	•••	***	5,057
2.	Number found to require treatment			3,872
3.	Number referred for treatment			3,847
4.	Number actually treated			3,097
5.	Attendances made by pupils for treatmen	t		5,333
6.	Half-days devoted to : Inspection			25
	Treatment			878
	Total (6)			903
				-
7.	Fillings : Permanent Teeth			2,474
	Temporary Teeth			74
	Total (7)			2,548
8.	Number of teeth filled : Permanent Teeth			2,432
	Temporary Teeth			74
	Total (8)			2,506
9.	Extractions: Permanent Teeth			1,408
	Temporary Teeth			4,703
	Total (9)			6,111
10.	Administration of general anaesthetics for	extraction		2,284
11.	Other operations: Permanent Teeth			2,183
	Temporary Teeth			1,091
	Total (11)			3,274

## KING EDWARD VI GRAMMAR SCHOOL & TECHNICAL SCHOOL.

Returns of Defects found in the course of Medical Inspection.

CE NO.	Ki Gr	King Edward VI Grammar School.				Technical School			
Defect or Disease		Routine Inspection.							
	fe	Referred for Treatment.		Referred for Observation.		Referred for Treatment.		Referred for Observation.	
	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
Skin	_		1 700	1	22330	1 123	1	1	
Eyes-									
a Vision		1	_	15	5	2	6	6	
b Squint		-	-		_	_	1	1	
c Other				200	_	-	2	_	
Ears-			lane.						
a Hearing	-	-	-	_	_	-	-	-	
b Otitis Media	-		_		-	_	_		
c Other	-	-	-	-	-	-	-	-	
Nose or Throat	-	-	-	3	-	-	1	-	
Speech		100	1000	-	577 CV	-	1000	-	
Cervical Glands		-	-	-	-	-		-	
Heart and Circulation		1	-			1	-	-	
Lungs	-	0-	-	-	-	-	1	-	
Developmental-									
a Hernia	-	_			-	-		-	
b Other	-	-		-	-	-	-	-	
Orthopaedic-			1000		CHEV?		0.00		
a Posture	-	-	-	-	-	-	-	-	
b Flat foot	-	-	-	-	-	-		-	
c Other	-	-		-	-	-	1	2	
Nervous System-									
a Epilepsy		-		-	-	-	-	-	
b Other	-				-	1000		1	
Psychological—	1						1000		
a Development	100	UES HITE		0	3775 4	0.0008	13000	18 13	
b Stability Other	13 O L 9	( Colors		2		-		-	
Other				-					

At the King Edward VI Grammar School 113 girls (82 aged 14 years, 2 aged 15 and 29 aged 16) were examined at routine medical inspections. Only two girls were found to require treatment.

At the Technical School 62 boys and 52 girls (age groups 14 to 16 years) were examined at routine medical inspection. Of these 5 boys and 3 girls were found to require treatment.



