[Report 1933] / School Medical Officer of Health, Exeter.

Contributors

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1933

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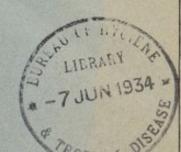
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City and County of the City of Exeter.





ANNUAL REPORT

For 1933.

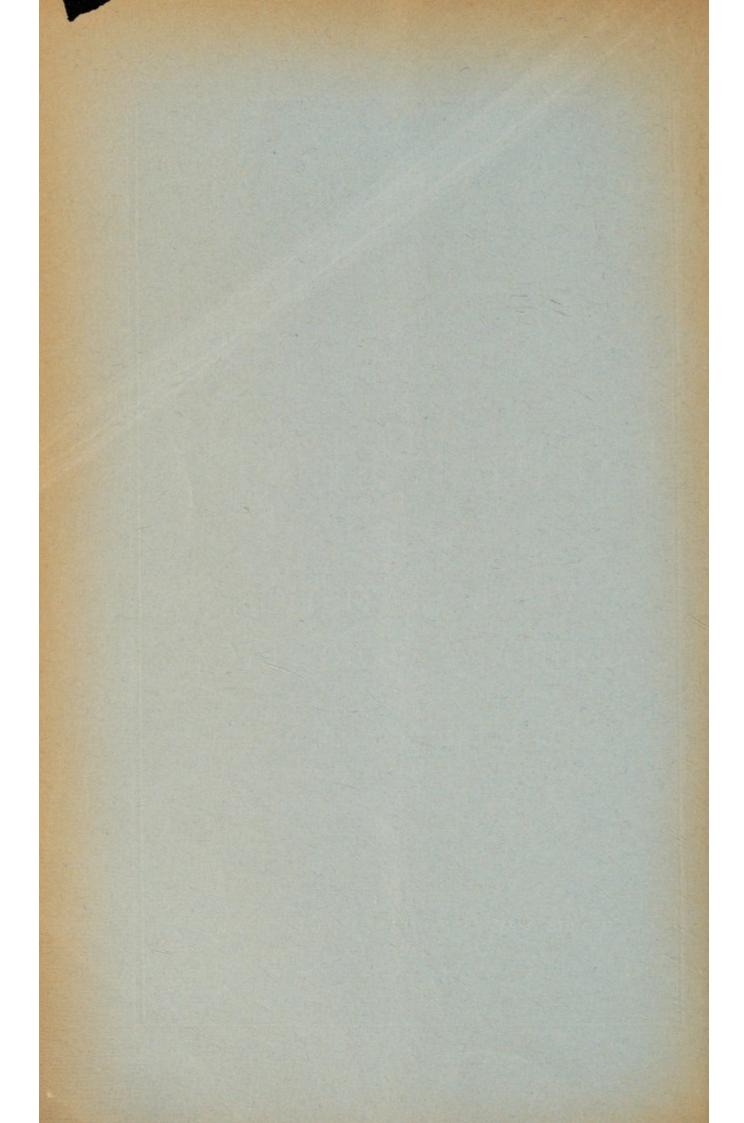
VITAL STATISTICS, SANITARY WORK, ETC.,

BY

G. B. PAGE, M.D., D.P.H., Medical Officer of Health.

EXETER:

BEARNE & EVANS, PRINTERS, 4, PARIS STREET, 1934.



City and County of the City of Exeter.



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For 1933.

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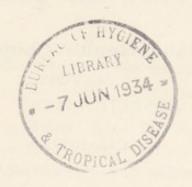
BY

G. B. PAGE, M.D., D.P.H.,
Medical Officer of Health.

EXETER:

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I have the honour to present to the Right Worshipful the Mayor, Aldermen, and Councillors of the City of Exeter my Annual Report for the year 1933.

The bulk of the report refers to work for which Dr. P. H. STIRK was responsible up to the date of his retirement on 1st November.

G. B. PAGE.

CITY AND COUNTY OF THE CITY OF EXETER.

Public Health Committee.

MAYOR-

KENNETH GATEY, ESQ.

CHAIRMAN-

Councillor J. S. S. STEELE-PERKINS.

DEPUTY CHAIRMAN-

Alderman R. M. CHALLICE.

Alderman J. R. NETHERCOTT

Councillor W. T. BAKER

Councillor W. W. BEER

Councillor S. CHILCOTT

Councillor F. COLLINSON

Councillor G. G. DAW

Councillor H. GATER.

Councillor F. J. HANCOCK

Councillor W. HEALE

Councillor G. C. HEYWOOD

Councillor J. PASSMORE

Councillor Mrs. E. W. REED

Town Clerk-C. J. NEWMAN, Esq.

Maternity and Infant Welfare Committee.

CHAIRMAN-

Councillor R. G. SAUNDERS.

DEPUTY CHAIRMAN-

Councillor F. H. TARR.

Councillor W. H. APLIN

Coun. Mrs. F. G. BROWNE

Councillor G. G. DAW

Councillor H. GATER

Councillor F. J. HANCOCK

Councillor Miss E. SPLATT

Councillor C. J. S. HILL

Coun.J.S.S.STEELE-PERKINS

Non-Members of the

Council:

Lady DAVY

Mrs. DEPREE

Mrs. MILLER

Mrs. PICKARD

Mrs. SMITH

STAFF.

Public Health Officers of the Authority.

(a) Medical.

Medical Officer of Health, School Medical Officer,
Chief Tuberculosis Officer, Medical Officer to the Mental Deficiency
Committee, and Medical Superintendent of the Isolation
Hospital and Honeylands Children's Sanatorium.

P. H. STIRK, M.R.C.S., L.R.C.P., D.P.H. Eng. (to 1-11-33)
 G. B. PAGE, M.D., D.P.H., (from 1-11-33)

Deputy Medical Officer of Health and Clinical Tuberculosis
Officer.

G. B. Page, M.D., D.P.H., (to 1-11-33)
 B. W. Anderson, M.A., M.D., D.P.H., (from 1-11-33)

Assistant Medical Officer of Health and Assistant School Medical Officer.

MISS J. SMITH, M.B., Ch.B., D.P.H.

Medical Officer, City Hospital.

JOSEPH A. W. PEREIRA GRAY, M.D., M.R.C.S.

Venereal Disease Medical Officer.

†P. D. WARBURTON, M.R.C.S., L.R.C.P., D.P.H.

Dental Surgeon.

†G. V. SMALLWOOD, L.D.S. Eng.

District Medical Officers under the Public Assistance Committee

†W. Bromilow, M.B., C.M. No. 1 District.

†F. H. Hudson, M.R.C.S., L.R.C.P. No. 2 District.

†J. R. BRADSHAW, M.A., M.B., B.Ch., B.A.O. (Temporary)
No. 3 District.

†J. FAYLE SEALE, M.R.C.P., F.R.F.P.S., D.P.H. (Temporary). No. 4 District.

Public Vaccinator. †Dr. S. J. P. Gray, M.A., M.B., F.R.C.S.

(b) Others.

Chief Sanitary Inspector and Officer under the Food and Drugs Adulteration Act, etc.

ARTHUR E. BONHAM,

Médaille d'Honneur en Vermeil, F.S.I.A., M.R.S.I., Cert. London Sanitary Inspectors' Exam. Board, Cert. Royal Sanitary Institute, Cer'. Royal Sanitary Institute, Meat and Foods, etc.

Inspectors.

R. B. Pearse,

A. E. TROUNSON, C. H. WATTS,

T. COATES.

Cert. R. San, Inst.

Cert. R. San. Inst. Meat and Foods.

Veterinary Surgeon.
†W. ROACH, F.R.C.V.S.

Public Analyst.
†T. Tickle, B.Sc.

Vaccination Officer.
E. S. HOWELLS.

Health Visitors.

MISS C. A. KNUCKEY, C.M.B. and Cert. R. San. Inst. for Health Visitors.

MISS B. M. KNUCKEY, C.M.B. and Cert. R. San. Inst. for Health Visitors.

MISS R. M. BRADY.

General Training, C.M.B., Cert. R. San. Inst. for Health Visitors, issued by Ministry of Health.

Health Visitors-continued.

MISS M. M. Foy,

General Training, C.M.B., Cert. R. San. Inst. for Health Visitors, issued by Ministry of Health.

MISS D. HICKSON, General Training, C.M.B.

Tuberculosis Dispensary Nurse.
MISS L. KEEN.

Matron of Isolation Hospital.

MISS R. E. A. HUTTY, A.R.R.C.

Matron of Tuberculosis Children's Sanatorium.

MRS. A. SUTTERS.

Clerks.

E. S. HOWELLS (Chief Clerk).

H. TUCKER (Tuberculosis Clerk).

MISS G. ROOKE (Shorthand Typist).

C. STUART.

R. W. STILES.

A. H. LOVELL.

H. R. AMBROSE.

†Denotes part-time Officers.

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General Statistics.

1.	Area (acres)				4,702
2.	Population(as given by	the	Registrar-Ge	neral)	67,300
3.	Number of Inhabited H	ouses	s (1931)		15,686
4.	Number of Inhabited according to Rate Bo		ouses (end o	of 1933)	16,645
5.	Number of Families (1931 Census)	or 	Separate 0	ccupiers 	17,025
6.	Rateable Value				£586,697
7.	Sum represented by a F	enny	Rate		£2,260

Vital Statistics.

Live Births—Legitimate Illegitimate	Total 885 55	M. 454 36	F. 431 19		Birth Rate 13'9
Still Births—36 Rate p	er 1,000	total birth	ns—38°2	2.	
Deaths—885. Death ra	te-10 [.] 7.				
Number of Women dying Sepsis, 2.				childbir	th—
Maternal death rate, 3.07 p	er 1,000	live and	still birt	hs.	
Death-rate of Infants unde Legitimate, 44'06					
Deaths from Measles (all a	ges)				2
" " Whooping Cou	agh (all a	iges)			4
,, ,, Diarrhœa (uno	der 2 yea	rs of age)			Nil

BIRTH RATE.

The population for the Birth Rate is 67,300.

The total number of births registered in Exeter in the year 1933 was 1,050 divided as follows:—538 males and 572 females.

Of this number, 55 male and 46 female births were certified as illegitimate, being 9.6 per cent. of the total births. To the 1,050 births must be added 19 male and 15 female (6 of whom were illegitimate) and deducted 67 male and 77 female (52 of whom were illegitimate) transferable births, giving a net number of 940 (490 males and 450 females).

The Birth Rate is the number of births per 1,000 of the population. The Birth Rate for 1933 was, therefore, 13'9, being 0'4 below that of last year, 0'5 below that of England and Wales, and 0'5 below that of the 118 Great Towns in which Exeter is classed.

The following table gives the Birth Rate and percentage of illegitimate births to total births for the past 10 years:—

Year.	1924	1925	1926	1927	1928	1929	1930	1931	1932	1933
England and Wales	18.8	18:3	17:8	16.7	16.7	16.3	16.3	15.8	15:3	14.4
Exeter	16.79	16.29	16:49	15.5	15.4	15.7	15.2	14.2	14.3	13.9
Percentage of Illegitimate Births to total births	9.1	7.9	8.6	8.4	5.8	6.6	5.6	5.03	4.6	5.8

DEATH RATE.

The population for Death Rate is 67,300.

The total number of deaths registered as occurring during the year 1933 was 885, divided as follows:—424 males and 461 females.

The Death Rate is the number of deaths per 1,000 of the population. The crude Death Rate for 1933 was 13'1 and the corrected Death Rate 10'7.

CORRECTED DEATH RATE.

In order that the Death Rate of various places may be fairly compared, it is essential to correct the Death Rate for age and sex distribution. To correct a Death Rate for age and sex distribution, the Registrar General has published tables giving factors by which the Death Rate has to be multiplied. The factor for Exeter is 0'817, and the corrected Death Rate is, therefore, 10'7. Below is a table giving the corrected Death Rate for the past 10 years:—

Year.	1924	1925	1926	1927	1928 1929	1930	1931	1932	1933
England and Wales	 12-2	12-2	11.6	12:3	11:7:13:4	11:4	12.3	12.0	12:3
Exeter	 11.8	11.29	10.71	10.1	10.2 11.5	10.04	10.8	9.8	10-7

Following is an analysis of the deaths for the various ages together with the cause of death.

		1						1			1		1
Causes of Death.	Sex	All Ages.	0-	1-	2—	5—	15—	25—	35-	45—	55-	65—	75-
ALL CAUSES	M F	424 461	31 14	7 6		6 9	18 15	19 12	25 20	44 34	63 51	100 119	111
1. Typhoid and Para-	M												
typhoid fevers	F M	1				1							
2. Measles	F	1			1								
0.0.1.11	M												
3. Scarlet Fever	F	1		1								***	
4. Whooping Cough	F	3	1	2									
	M												
5. Diphtheria	F	10											
6. Influenza	M	10		1			1	2 2			1 3	1 2	2 8
or annualist	1											-	
7. Encephalitis	M	3						1		1		1	
Lethargica	F	2	1				1			1		***	***
8. Cerebro-spinal Fever	F	î	1		1								
0 70 1 1		00							C	0			
9. Tuberculosis of Respiratory System	M F	28 20				1	9	4	6	9	4	1	1
recognition, byteem	r	20				•							-
10. Other Tuberculous	M	4	2	1			1						
Diseases	F	3				3	•••						
11. Syphilis	M	2	1									1	
	F					•••							
 General Paralysis of of the Insane, Tabes 	M	10						2	3	3		1	1
Dorsalis	F	1										1	
13. Cancer, Malignant	M	47					1		3	3	14	18	8
Disease	F	61							4	8	14	23	12
14. Diabetes	M F	3 10								1	2	3	2 4
	M	27								2	2	10	13
15. Cerebral Hæmorrhage, etc.	F	35								3	4	11	17
	M	58						1	2	5	10	21	19
16. Heart Disease	F	96				1	2	1	5	3	13	29	42
17. Aneurysm	M F	1 2							1	***	1		1
17. Aneurysm	1	-									1		

Causes of Death.	Sex	All Ages	0—	1—	2—	5—	15—	25—	-35	45—	55—	65—	75—
18. Other Circulatory diseases	M F	21 31								1	3 4	6	11 16
diseases	M	29	2								1	7	19
19. Bronchitis	F	41	2							1		8	30
20. Pneumonia (all forms)	M	28	5				1	3	1	2	3	5	7
21. Other Respiratory	F	28 10	2		1000	1	1		3	2 2	1	8	12
Diseases	F	5			1000					2		3	
22. Peptic Ulcer	M	7							1	2	4		
an Di 1	F	2						***				2	
23. Diarrhœa, etc	M F	1								**		1	
24. Appendicitis	M	3									1	1	1
	F	4						1	1	1		1	
25. Cirrhosis of Liver	M	1									1		
26. Other diseases of	F	4										4	
Liver, etc	F	3									1	2	
27. Other digestive	М	4						1			1		2
Diseases	F	7							1	2	1	3	
28. Acute and chronic	M	14								3	6	4	1
Nephritis	F	10				1 3			1		2	3	4
29. Puerperal Sepsis	F	2						2					
30. Other Puerperal									100				
Causes	F	1							1				
31. Congenital Debility Premature Birth,	M	17	17										
Malformations, etc.	F	9	8	1									
32. Senility	M	6											6
33. Suicide	F	24					1						24
aa. Suicide	F	9						1	1	1	3	2	
34. Other Violence	M	30	1	1				2	2	5	3	5	2
95 Other D.C. 1	F	10								3	2		3
35. Other Defined Diseases	M F	42 33	3			23		2 2	2 3	3	4 3	10	13
Diactages III	1	00		,		-	4	2	0	0	0	10	3
36. Causes ill-defined or	-	2									1		1
unknown	F					•••							

INFANTILE MORTALITY.

The Infantile Mortality Rate is the number of deaths under one year per 1,000 births. There were 45 deaths under one year, and this gives an Infantile Mortality Rate for the year 1933 of 47'8 (legitimate 44'06, illegitimate 109'09), as compared with 53'6 for the previous year.

The Infantile Mortality Rates for the year 1933 were as follows:—

England a	nd Wales				64
		including ceeding 50	London (census	67
	aller To)—50,000		isus popu	lations	56
London					59
Exeter					47

The following table shows the Infantile Mortality Rate in Exeter for the past ten years, the rate for 1933 being the lowest so far recorded.

Year.	1924	1925	1926	1927	1928	1929	1930	1931	1932	1933
England and Wales	75	75	70	69	65	74	60	66	65	64
Exeter	59.405	74.1	68.5	60.0	69.04	53.2	49.7	56.7	53.6	47.8

DEATHS UNDER ONE YEAR.

Cause.	Under 1 month	1 to 3 months.	3 to 6 months.		9 to 12 months.	Total
Tuberculosis	 		1		1	2
Encephalitis Lethargica	 		1			1
Whooping Cough	 				1	1
Syphilis	 	1				1
Bronchitis	 1			1	2	4
Pneumonia	 1	4		2		7
Congenital Debility an Malformation, Pr						
mature Birth	 20	3	2			25
Accidental Death	 1					1
Other Defined Diseases	 		2	1		3
Total	 23	8	6	4	4	45

Excluding those who died during the first month, the deaths of whom were almost entirely due to prematurity, or accidents at birth, of the remaining 22 only 6 occurred amongst breast fed babies, and if evidence were needed this proves emphatically the greater value of breast feeding over artificial feeding, and it is noteworthy that of the total of 45 deaths only 8 occurred in infants who regularly attended the Infant Welfare Centres.

MATERNAL MORTALITY.

Three deaths were recorded during the year giving a Maternal Mortality Rate for the City of 3'07 per thousand live and still births. Enquiries were made as directed by the Ministry of Health. In two cases the deaths appeared to be unavoidable; in the remaining case some lack of cooperation on the part of the patient and her relations with the Midwife they had booked, may have been a contributory recause.

HOSPITALS.

Name.	Situation.	Purpose.	Beds available.	Proportion used by residents outside area.	Management.
Tuberculosis Sanatorium (Closed	Pinhoe 31/10/33)	Early Tuber- culous cases	7 male and 7 female	_	Public Health Cte. Staff— Medical: M. O. H. Nursing: Matron 1 Nurse
Tuberculosis Wards, Isolation Hospital	Whipton	Advanced Tuberculous cases	19 male and 7 female		See Isolation Hospital
Honeylands Tuberculosis Children's Sanatorium	Whipton	Tuberculosis in Children	10 male and 10 female	- \	Public Health Cte. Staff— Medical: M.O.H. Nursing: Matron 2 Nurses
Isolation Hospital	Whipton	Infectious Disease cases	24 for Scarlet fever 14 Diphtheria 10 for Enteric Fever, & used at present for 14Tuberculous cases 20 interchange- able as reqrd. 8 observation cases	County of Devon, their cases are admitted to the Isolation	Committee. Staff—
Municipal Maternity Home, City Hospital	Heavitree Road	Maternity cases	6		Maternity and Child Welfare Committee Staff: See City Hospital,

HOSPITALS-CONTINUED.

Name.	Situation.	Purpose.	Beds available.	Proportion used by residents outside area.	Management.
Royal Devon & Exeter Hospital		General	Total beds 225. Children's beds 37	City cases 1634 From out- side areas 1785	Voluntary
West of England Eye Infirmary	Magdalen Street	Eye cases	55, including 20 for children	‡ths.	Voluntary
City Hospital	Heavitree Road	General— largely senility	100		Public Assist- ance Committee Staff— Medical: 1 (non-resident) Nursing: Matron 15 Nurses 8 Nurse Attns.
The Princess Elizabeth Devonian Orthopædic Hospital	Buckerell Bore	Orthopædic cases	66, including 54 for children		Voluntary
Gladstone Rd. Nursing Home.	Gladstone Road	Medical cases only	20		Public Assist- ance Committee Staff— Medical: Own Doctor Nursing (see City pital)

NUMBER OF BEDS AVAILABLE FOR :-

		Male.	Female.	Institution.
General Medical		5	0	Royal Devon & Exeter Hospital
General Surgical		11	3	do. do.
Children		10	10	Honeylands Children's Sana- torium
		4	0	Royal Devon & Exeter Hospital
		1	2	City Hospital
Maternity			3	Royal Devon & Exeter Hospital
			6	Municipal Maternity Home
Venereal Diseases			4	Royal Devon & Exeter Hospital jointly with Devon C.C.
			6	St. Mary's Home
Tuberculosis		7	1 7	Tuberculosis Sanatorium, Pinhoe*
		19	7	Tuberculosis Wards, Exeter Isolation Hospital
Chronic Sick		5	24	Ernsborough House—Home for Incurables
Mental		38	84	Exeter Mental Hospital
Mental Deficiency	***		12	City Hospital, also varying num- ber of beds at Royal Western Counties Institution, Starcross
Orthopædie				As required at Orthopædic Hos- pital (deformities and surgical tuberculous children)
Ear, Nose and Thr	oat		18	Royal Devon & Exeter Hospital
Puerperal Fever as Pyrexia	nd			As required at Royal Devon & Exeter Hospital
Ophthalmia Neonatorum		_		Treated, by arrangement, at Eye Infirmary

^{*}Closed. Suitable cases sent to Royal National Sanatorium, Bournemouth.

INSTITUTIONAL PROVISION FOR UNMARRIED MOTHERS, ILLEGITIMATE INFANTS AND HOMELESS CHILDREN.

Name.	Address.	Accommodation.
St. Olave's Maternity Home	Street, East	
St Mary's Home	25 Mary Arches Street	6 Beds for female V.D.
St. Elizabeth's Home (Home of Refuge)	Melbourne House Holloway Street	6 Beds for girls in tempor- ary difficulties, or from Police Court
Dr. Barnardo's Home for Girls		55 Beds
St. Lawrence's Home for Waifs and Strays	Polsloe Road	30 Beds

AMBULANCE FACILITIES.

- (a) For infectious cases:—
 - One Motor Ambulance provided by the Council.
 One Horse Ambulance for tuberculosis cases.
- (b) For non-infectious and accidental cases:— 2 Motor Ambulances provided by St. John Ambulance Association. Council contributes £300 per annum.

CLINICS AND TREATMENT CENTRES.

Name.	Address.	When Held.	Arrangements for Medical Supervision.	Whether pro- vided by the Council or not
Central Infant Welfare Centre	Alice Vlieland Infant Welfare Centre		Dr. J. Smith, Asst. M.O.H.	Yes
Western Infant Welfare Centre	Exe Island Mission Hall	Weekly on Fridays at 2.30	Dr. J. Smith Asst. M.O.H.	Yes
Eastern Infant Welfare Centre	Alice Vlieland Infant Welfare Centre		Dr. P. H. Stirk M.O.H.*	Yes
Northern Infant Welfare Centre	Alice Vlieland Infant Welfare Centre	Fortnightly on Thursdays at 2.30	Do.	Yes
Impetigo School Clinic	5 West Southernhay	Daily at 4.30	S.M.O.	Yes
Ringworm School Clinic	Do.	Do.	Do.	Yes
Scabies School Clinic	Baths & Wash- houses,King St.	When required	Do.	Yes
Diseases of Ears and Eyes School Clinic		Daily at 9.30 a.m.	Do.	Yes
Treatment Centre for Ton- sils & Adenoids Operations	City Hospital	When required	Private Practitioner.	By agreement with the Public Assistance Committee
Treatment Cen- tre for Errors of Refraction (in- cluding Squint) and other defects or disease of the eyes, not treated at Daily Clinic, 5W.Southernhay		Mondays and Tuesdays at 10 a.m.	Eye Infirmary Staff	By agreement with the Eye Infirmary Commitee
Tuberculosis Dispensary	1 West Southernhay	Daily from 9 to 5.30 (except Sats. 9 to 12.30)	Dr. G. B. Page, T.O.†	Y es
Venereal Disease Clinic	Royal Devon and Exeter Hospital	Men. Mondays, 3 to 5 Fridays, 6 to 8 Women. Fridays, 3 to 5	Dr. P. D. Warburton	Yes jointly with the Devon County Council
Cleansing Station	Baths & Wash- houses,King St.	When required	M.O.H.	Yes
Orthopædie Clinie	Bishop's Palace Cathedral Close	Twice a month	Orthopædic Surgeon	In conjunction with Devon County Council
Ante-Natal Clinic	Alice Vlieland Infant Welfare Centre	Fortnightly on Mondays at 2-30 p.m.	Dr. J. Smith, Asst. M.O.H.	Yes

*Dr. G. B. Page since 1/11/33. †Dr. B. W. Anderson since 1/11/33

£577 0 0

43

POOR LAW MEDICAL OUT-RELIEF.

I am indebted to the Public Assistance Officer for the following information:—

1.	Amount of	Out-door	Relief:—		
	Chargeable	to City Co	uncil	£8261	-

2. Number of persons in receipt of out relief:—

161 men

273 women 289 children

723

Number in Home 31.3.34

Chargeable to other areas

3.	Inmates of the City Hospital:—	
	Number of admissions during the year	707
	Number in Hospital 1.4.33	233
	Number in Hospital 31.3.34	232
	Children's Home:—	
	Number of admissions during the year	59
	Number in Home 1.4.33	52

The above figures are in respect of the year ended 31st March, 1934.

PROFESSIONAL NURSING IN THE HOME.

(a) GENERAL.

The Exeter and District Nursing Association provides Nurses who visit patients daily for nursing, dressings, etc., for which payment is required according to the means of the patient.

Trained Nurses from the Royal Devon and Exeter Hospital and private Institutions.

(b) FOR INFECTIOUS DISEASES.

The Royal Devon and Exeter Hospital provides Nurses for fever cases, as also do the private Institutions.

The Local Authority makes a grant of £150 per annum to the Exeter District Nursing Association to cover nursing services on behalf of the Public Health and Public Assistance Departments.

MIDWIVES.

43 Midwives notified their intention of practising in the City, but it is rather misleading as many of them were connected with various Institutions who seem to change their staff very frequently, and therefore it must not be taken that there were 43 Midwives actually practising during the whole year; of these, 14 belonged either to the Exeter and District Nursing Association or St. Olave's Home; all were trained Midwives and certificated by the Central Midwives' Board, no Midwife practising by virtue of being in practice before the Act.

The conduct and work of the Midwives has on the whole been good.

No Midwives are employed or subsidised by the Local Authority.

LABORATORY WORK.

In suspected cases of Diphtheria no charge is made. All V.D. work is done without charge. The examination of swabs from Diphtheria contacts is only undertaken free if it is done after consultation with the Medical Officer of

Health. Local Authorities are charged the actual cost of Laboratory work done for their patients whilst in the Exeter Isolation Hospital.

Up to the end of the year arrangements for pathological and bacteriological work were those described in previous reports. In future the whole of this work will be centralised at the Laboratory of the Royal Devon and Exeter Hospital with the exception of those examinations which are made at the Tuberculosis Dispensary.

EXAMINATIONS AT V.D. DEPARTMENT.

For detection of Spirochetes	 	 12
For detection of Gonococci	 	 143
For Wassermann re-action	 	 246
Other examinations	 	 1

BACTERIOLOGICAL EXAMINATIONS.

For Tuberculosis-				
Sputum—Positi	ve	 	١	141
Nega	tive	 		369
Urine-Negativ	e	 		1
Positive	9	 		1
		То	tal	512
For Enteric Feve	r—			
Blood—Positive Negative		 		3 5
		To	tal	8
Faeces—				
Positive		 		1
Negative		 		9
		То	tal	10

Urine—					4
Negative					4
For Cerebro-spi	nal Fever-				
Negative					Nil
For Diphtheria,	for primary	investi	gation—		WIT
Positive					66
Negative					619
			Tota	ıl	685
For Diphtheria, isolation of	investigation cases treated			from	
Positive					6
Negative					27
			Tota	1	33
For Diphtheria, Hospital—	investigation	before	discharge	from	
Positive					49
Negative					209
			Tota	al	258
			200		

Diphtheria Anti-toxin and Anti-Meningococcic Serum are issued from the Public Health Department, free in necessitous cases, Doctors being charged in others.

LOCAL ACTS, ORDERS, ETC.

Adopted-

Infectious Diseases (Prevention) Act, 1890.

P.H.A. (Amend.) Act, 1890. Museum and Gymnasium Act, 1891.

Cleansing of Persons Act, 1897.

Public Library Acts.

Baths and Washhouses Acts.

P.H.A. (Amend.) Act, 1907 (all adopted 1909).

P.H.A. 1925, Part II. (except Sections 20 and 34), and Parts III., IV., and V.

Exeter Corporation Act, 1928.

BYE-LAWS AND REGULATIONS.

Houses let in Lodgings, 1924.

Public Abattoir, 1933.

Private Slaughterhouses, 1933.

Removal of Snow and Keeping of Animals, 1892.

Common Lodging Houses, 1902.

Prohibiting the Admission into the Cattle Market of Animals Unfit for Food, 1911.

Building Bye-laws, 1926.

Offensive Trades, 1926.

Nursing Homes, 1929.

LOCAL GOVERNMENT ACT, 1929.

The question of appropriation of the Hospital in connection with the Public Assistance Institution has been deferred.

SANITARY CIRCUMSTANCES of the AREA.

WATER.

Although 1933 was a dry season—the rainfall being much below the average—the supply was amply maintained. One advertisement was issued by the City Surveyor asking the public to avoid waste, but at no time was the supply curtailed.

The volume of water in the River Exe was much below that of normal years, and because of this especial care was taken in the chlorination. A few complaints of taste in the water were received, but such should be obviated when the proposed new activated carbon plant is installed, as excess chlorine will be discharged while the purification should be maintained.

To meet the ever-increasing demand for water, three new batteries of eight pressure filters are to be installed, and when these are in use the existing sand filters will be discontinued as such, and remain as reservoirs, thereby about doubling the present storage capacity at the works.

None of the ordinary water-borne diseases were attributable to the water supply.

DRAINAGE AND SEWERAGE.

As foreshadowed in the last Annual Report, the new outfall sewage scheme at the Sewage Works at Countess Weir was in operation at midsummer, and officially opened on September 30th.

The old Sewage Works at Belle Isle, Ducks Marsh, and in St. Thomas, have been abandoned, and now all the sewage gravitates to the new works. It is significant that complaints of offensive smells from the old works which recurred year by year in the Autumn, were absent.

The City Council is to be congratulated upon the progress they have made in taking this important step in the promotion of public health and general welfare of its citizens.

Several relief sewers have been laid in those areas of the City where flooding was probable in storm times, and steps are being taken to connect certain areas on the fringe of the City—which now drain to cesspools—to the new sewage system.

HOUSE REFUSE.

The scavenging of the City is under the City Surveyor.

All the refuse collecting is by controlled tipping, and this work is being done without nuisance, and generally in a very satisfactory manner.

SANITARY INSPECTION of the AREA.

STATEMENT OF CHIEF SANITARY INSPECTOR.

HOUSES AND PREMISES.		
Number Inspected upon Complaint		571
Number of Defective Yards Paved		23
Number of Defective Eaves and Gutters Recti	fied	13
Number of Walls, Floors and Ceilings Repa	ired	26
Number of Roofs Repaired		23
Number of Rooms Cleansed and Limewashed		17
Number of Premises Visited re Application	for	
Council Houses		887
BATHS, LAVATORIES AND SINKS.		
Number of Glazed Sanitary Sinks Provided		22
Number of Waste Pipes Trapped		33
Work in Progress.		
Number of Visits made thereto		3346
OVERCROWDING.		
Number of Cases Abated		59
Drains.		
Number of Smoke Tests Made		68
Number of Water Tests Made		138
Number Laid or Re-laid or Repaired		89
Number Cleansed, Trapped and Ventilated		87
Number of Defective Bell and D Traps rep	laced	1
by Stoneware Gullies		12
Number of Rainwater Pipes Disconnected		10
Number of Single Private Drains Reconstru	cted	1
COURTS AND PASSAGES.		
Number of Visits made thereto		361
Number Repaved		4
Number Limewashed	1	2

WATER CLOSETS.	
Number of Additional W.C.'s Provided or	
. Reconstructed	6
Number Repaired, Ventilated, etc	37
Number of Soil Pipes Repaired, Ventilated or	
Reconstructed	19
Number of Flushing Apparatus Improved	31
Number Limewashed	55
DUST RECEPTACLES (PORTABLE).	
Number of Visits	54
Number of New Dust Receptacles Provided	29
SLAUGHTER HOUSES.	
Number of Visits to Public Abattoir	413
Number of Visits to Private Slaughterhouses	
Number on Contraventions Found and Remedied	
Bakehouses.	
Number Inspected	39
Number of Contraventions Found and Remedied	7
OUTWORKERS.	
Number of Premises	136
Dairies, Cowsheds and Milkshops.	
Number of Inspections Made	328
Number of Contraventions of Acts, Orders and	
Byelaws dealt with	22
OFFENSIVE TRADES.	
Number of Inspections Made	156
Number of Contraventions Found and Remedied	3
FOOD.	
Number of Preparation and Storage Premises	
Visited	585

Vital Statistics, Sanitary Work, etc.	29
Animals Kept so as to be a Nuisance.	
Number of Cases Abated	2
ACCUMULATION OF OFFENSIVE REFUSE.	
Number of Removals	30
Number of Dung-Pits Provided or Re-modelled	1
MEETINGS OF OWNERS.	
Number of Interviews and Appointments Kept	216
MENTAL DEFECTIVES.	
Enquiries and Visits Made to Male Defectives	135
RATS AND PESTS.	
Enquiries and Visits	214
MERCHANDISE MARKS ACTS.	
Inspections are Made during Visits to Food Shops and Stores	

FACTORIES, WORKSHOPS AND WORKPLACES.

Inspection of Factories, Workshops and Workplaces, including Inspection made by Sanitary Inspectors or Inspectors
 of Nuisances.

	Number of			
Premises. (1)	Inspections.	Written Notices. (3)	Occupiers Prosecuted. (4)	
Factories (Including Factory Laundries) Workshops (Including Workshop Laundries) Workplaces	85 171 8	7.	1 -	
(Other than Outworkers' premises)		-		
Total	264	11	1	

2.--Defects found in Factories, Workshops and Workplaces.

	Num	Number		
Particulars.	Found.	Rem- edied.	Referred to H.M. Inspector (4)	of Prosecu- tions. (5)
Nuisances under the Public Health Acts—* Want of cleanliness	10	10	1	1
Want of ventilation	-		-	-
Overcrowding				-
Want of drainage of floors		_		
Other nuisances		_	-	
Sanitary accommodation—				
Insufficient	2	2	_	-
Unsuitable or defective	7	2 7	_	_
Not separate for sexes	1	1		
Offences under the Factory and Workshop Acts—				
Illegal occupation of underground bakehouse (s. 101) Other offences (Excluding offences relating to	1	1	-	-
outwork and offences under the Sections mentioned in the				
Schedule to the Ministry of Health (Factories & Workshops Transfer of Powers) Order, 1921)				
Abstracts not affixed				
Total	21	21	1	1

Including those specified in sections 2, 3, 7 and 8 of the Factory and Workshop Act, 1901, as remediable under the Public Health Acts.

OUTWORK IN UNWHOLESOME PREMISES SECTION 108.

NATURE OF WORK			Instan- ces.	Notices served.	
(1)				(3)	(4)
Wearing Apparel—					
Making, &c					
Cleaning and washing					
Household linen					
Lace, lace curtains and nets					1
Curtains and furniture hang					
Furniture and Upholstery					
Electro-plate					
File making					
Brass and brass articles					
Fur pulling					
Cables and chains					
Anchors and grapuels					
Cart gear					
Locks, latches and keys					
Umbrellas, &c					
Artificial flowers					
Nets, other than wire nets					
Tents					
Sacks	2				
Racquet and tennis balls					
Paper, etc., boxes, paper bag	(S				
Brush making					
Pea picking					
Feather sorting					
Carding, &c., of buttons, &c					
Stuffed toys					
	*				
Chocolates and sweetmeats		· /···			
Cosaques, Christmas cracke	rs, Christ	mas			
stockings, etc.					
l'extile weaving					
Leather bag making	***				
Total			Nil	Nil	Nil

HOUSING ACTS.

Houses inspected—(a) under (b) on (Regulation			98
Tenements cleansed, whitew				54
Houses closed				10
Houses voluntarily converted	into Stor			'3
Floors relaid or repaired				125
Walls, ceilings, etc., repaire				593
Roofs repaired or reconstru				73
Stairs and doors repaired				75
Windows provided to rooms				30
Windows of rooms made to				12
Windows of rooms repaired	, etc., an	d sash co	ords	
renewed				106
Yards repayed or repaired				48
Drains reconstructed				81
				14
Defective or insufficient eave	es gutters	or rainwa	ater	
pipes				75
Bell or D traps replaced with				23
Scullery troughs and baths	provided			31
Waste pipes trapped				25
Water closets provided				15
Water closets, repaired, etc.				39
Water closets reconstructed				9
Defective water closet pans wash-down pattern and				27
Flushing of water closets in				18
Water closets provided with				5
Water closets limewashed				17
Coppers, stoves and grates				91
Water taps provided on pipe		m main		7
Rooms closed for use as be				-
W.C. soil and vent pipes rece	onstructed			
Smoke tests				66
Water tests			*****	85
Food cupboards provided				11
Dampness remedied				1
Sculleries provided to old and	d congeste	d houses		2
Additional bedroom provided				_
Lavatory basins provided				_
Bathroom provided				3

SMOKE ABATEMENT.

Only one complaint of nuisance from smoke was received during the year, and when investigated it was found to be due to grit from a laundry chimney where a different class of coal had been taken into use.

Representations were made to the occupier, who discontinued the use of this coal, and reverted to the use of anthracite, since when the nuisance has stopped.

No complaints were made of smoke from the brickworks which have been mentioned in previous Reports, and from observations made it was evident that more care was being taken at the works.

HOUSES LET IN LODGINGS.

These premises were regularly inspected, and informal action under the Byelaws resulted in the abatement of a few nuisances that were found to exist.

The general cleansing was regularly carried out.

As the work of slum clearance proceeds, these houses are becoming fewer.

Families with young children in these houses are brought to the notice of the Housing (Letting) Sub-Committee for consideration for re-housing, and much good work has been done in this connection, although, of course, not all have yet been dealt with.

OFFENSIVE TRADES.

The number of Offensive Trades upon the register remains the same. They comprise:—

Tanner					1
Fat Boiler,	Soap Mak	er, Cattle	Feeding	Stuffs,	
and Ar	tificial Ma	nure Wor	ks,		1
Bone and Fa	at Boiler				1
Gut Scraper					1
Fish Friers					29

One fish-frying premises was closed, and another registered, while there were several changes of occupiers.

Numerous complaints were received during the hot months from residents in the vicinity of the Artificial Manure Works, and everything possible was done by the Department and by the management at the Works to prevent a nuisance. Daily visits were made by the Inspectorate, and on one occasion a breakdown in the condensers was the cause of trouble; on another occasion some lime got into the fat boiling plant, and caused a severe overflow of fat into the condensers and thence to the river.

In an endeavour to avoid nuisance, all fish offal that used to be received from Brixham has now been diverted elsewhere, and the Butchers' Association has been asked to circularise all members of the meat trade to send their waste to these works while in a reasonably fresh condition, and not to wait for accumulations over considerable periods, for it is the badly decomposed material that is more difficult of treatment without nuisance than when the material is merely stale.

At the large works, all fumes from the digesters and boilers are, during cooking, conveyed to water condensers, and it is only when the digesters are emptied that the odour is acute, so the trapping of the vapours thus released has been suggested to the firm, and it is hoped that progress will be made in this experiment.

All of the offensive trades premises have been maintained in excellent condition.

SCHOOLS.

The sanitary condition of the Council Schools has been well maintained. No complaints were received.

HOUSING.

	(a) Statistics.	
1.	Inspection of Dwellinghouses during the year:-	
	(1) Total number of dwellinghouses inspected for housing defects (under Public Health or Housing Acts) and the number of inspec- tions made	78:
	(2) Number of dwellinghouses (included under sub-head (1) above) which were inspected and recorded under the Housing Consoli-	
	dated Regulations, 1925, and the number of inspections made	21:
	(3) Number of dwellinghouses found to be in a state so dangerous or injurious to health as to be unfit for human habitation	17
	(4) Number of dwellinghouses (exclusive of those referred to under the preceding sub-head) found not to be in all respects reasonably fit for human habitation	765
2.	Remedy of Defects during the year without Service of Formal Notices:—	
	Number of defective dwellinghouses rendered fit in consequence of informal action by the Local Authority or their officers	747
3.	Action under Statutory Powers during the year: A. Proceedings under sections 17, 18 and 23 of Housing Act, 1930. (1) Number of dwellinghouses in respect of which notices were served requiring repairs	the
	which hotices were served regaring repairs	0

(2) Number of dwellinghouses which were ren- dered fit after service of formal notices:—	
(a) By Owners (b) By Local Authority in default of	4
Owners	1
B. Proceedings under Public Health Acts.	
(1) Number of dwellinghouses in respect of which notices were served requiring defects	
to be remedied	15
(2) Number of dwellinghouses in which defects were remedied after service of formal notices:—	
(a) By Owners (b) By Local Authority in default of	15
Owners	4
C. Proceedings under Sections 19 and 21 of Housing Act, 1930.	the
(1) Number of dwellinghouses in respect of which Demolition Orders were made	17
(2) Number of dwellinghouses demolished in pursuance of Demolition Orders	42
D. Proceedings under Section 20 of the Housing 1930.	Act,
(1) Number of separate tenements or underground rooms in respect of which Closing Orders were made	5
ground rooms in respect of which Closing Orders were determined, the tenement or room having been rendered fit	
E. Proceedings under Section 3 of the Housing 1925.	Act,
(1) Number of dwellinghouses in respect of which notices were served requiring repairs	

(2) Number of dwellinghouses which were rendered fit after service of formal notices:—	
(a) By Owners	_
(b) By Local Authority in default of	
Owners	. –
(3) Number of dwellinghouses in respect of	
which Closing Orders became operative in	
pursuance of declarations by Owners of	
intention to close	-
F. Proceedings under Sections 11, 14 and 15 of the Housing Act, 1925.	
(1) Number of dwellinghouses in respect of which Closing Orders were made	
(2) Number of dwellinghouses in respect of which Closing Orders were determined, the	
dwellinghouses having been rendered fit	_
(3) Number of dwellinghouses in respect of which Demolition Orders were made	
(4) Number of dwellinghouses demolished in	
pursuance of Demolition Orders	- 1

SLUM CLEARANCE.

In the last Annual Report, reference was made to an Inquiry held by the Ministry of Health in 1932. The decision of the Ministry was that the Orders applied for be confirmed.

The Areas Represented were known as Sections D (1) to D (5), and were in No. 4 Area, and from them the number of tenants removed and re-housed was 97, the population being 454.

An owner appealed to the High Court in respect of No. 34, West Street (in D (3)), but the appeal was disallowed.

Demolitions of these houses were commenced shortly after the tenants were evacuated, and were nearing completion by the end of 1933.

Seven areas, two being in No. 4 Area and the other five in its immediate vicinity—were Represented for clearance, and an Inquiry was held thereon by the Ministry of Health in October. At the end of the year the decision of the Ministry was still awaited.

INSPECTION AND SUPERVISION OF FOOD.

MILK SUPPLY.

The percentage of adulterated samples—4.8%, is lower than that of the previous year, when it was 12.1%.

Particulars of same are to be seen in the table "Food Adulteration Act."

At the end of 1933 there were on the Register:

Cowkeepers 24

Wholesale Purveyors 179

Retail Purveyors 173

The cowkeepers' premises within the City were visited quarterly by the Veterinary Inspector, and at irregular times by the Sanitary Inspectors, and, generally, the premises were found to be kept in a reasonable state of cleanliness.

Such contraventions of the Milk and Dairies Order as were discovered were promptly dealt with by Informal Notices, which were immediately complied with.

Under the Tuberculosis (Cattle) Order, 1925, 7 cases showing clinical signs of Tuberculosis were dealt with, and all of them, upon post mortem examination, were found to be affected with advanced Tuberculosis.

The number of milk samples sent to the Clinical Research Association for examination for the presence of tubercle was 20, and all were reported upon as free from infection. The examinations were conducted by animal experiment.

THE MILK (SPECIAL DESIGNATIONS) ORDER, 1923.

The number of samples of Certified Milk obtained under the above Order was 36, particulars of which are here set out:—

:		
Date.	Count in 1 c.c.	Presence of B. Coli.
22-3-33	360	Not found.
,,	990	,,
,,	430	,,
25-4-33	330	**
,,	240	,,
,,	2,870	,,
25-5-33	184	,,
,,	380	,,
,,	100	,,
23-6-33	3,140	,,
,,	170	**
"	560	**
12-7-33	1,040	,,
,,	2,370	**
,,	470	,,
27-7-33	13,600	,,
,,	67,000	",
",	16,700	,,
16-8-33	110	",
*,	4,600	,,
,,	1,280	.,
25-8-33	63	,,
,,	1,680	",
"	410	,,
15-9-33	790	,,
,,	4,000	"
28-9-33	310	. ,,
28-9-33	2,430	**
,,	2,760	"
20 72 00	1,140	,,
20-10-33	5,400	**
" ****	1,350	**
94 manager	970	,,
16-11-33	670	"
11	520	**
,,	920	**

As the maximum count for Certified Milk is 30,000 it will be seen from the above figures that the supply of Certified Milk has been maintained in a high state of purity.

Grade "A" (Tuberculin Tested) Milk.

No samples were examined, none being on sale in the City during the year.

Of Grade "A" Milk-Date. Total colonies per c.c. B. Coli. 12-7-33 Under 200 Not found 15-9-33 3,500 Present 1 c.c. Absent 0.1 c.c. Under 1000 20-10-33 Present 1 c.c. Absent 1/10 c.c. 16-11-33

The maximum count for Grade "A" Milk is total colonies per c.c. 200,000, and B. Coli absent in 1/100th.

Al! the foregoing samples were very satisfactory, and the producers are to be congratulated upon such excellent results.

Of Pasteurized Milk-

Date.	Total colonies per c.c.	B. Coli.
25-4-33	Under 100	Not found
29-6-33	230,000 410,000	Present in 1 c.c.
12-7-33	Under 200	Not found
27-7-33	1,125	,,
.,	1,640	,,
15-9-33	350	,,
28-9-33	Under 100	,,
"	"	**
20-10-33	4360	,,
16-11-33	Under 1000	Present in 1/10th c.c
		Absent in 1/100th c.c.

All of the above samples complied with the requirements, although B. Coli was found in two of them. The two largest dealers and retailers of milk in the City now pasteurise all of their milk before sale.

ICE CREAM.

At the end of 1933, the number of persons on the Register who dealt in Ice Cream was 141, as against 118 for 1932.

This increase was due to the long, warm summer, when the demand for Ice Cream became much greater than ever known before. In no case was registration accepted until the premises had been inspected and approved.

At one factory where Ice Cream is made on a large scale, insanitary conditions were reported by the Chief Inspector, and the case was referred to H.M. Inspector of Factories, who, upon instructions of the Home Office, instituted proceedings and the occupier was fined £10-0-0 and costs.

No standard as to the constitution of Ice Cream has yet been made, and in view of the enormous amount of this article of food that is consumed during the hot months, the making of such a standard would be of great assistance to Health Authorities in the control of this trade from the health standpoint.

PUBLIC ABATTOIR AND MEAT INSPECTION.

The number of animals slaughtered at the Public Abattoir during the year was 26,909, as against 33,719 the previous year, the total amount of fees being earned as tolls being £1,197-14-3. There was, however, the usual congestion during the busy hours of slaughtering, especially in the pig-killing department.

Much time was given by the Public Health Committee and the Market and General Purposes Committee to consideration of the question of the provision of a new Public Abattoir and the removal of the Cattle Market.

The Committees could not reach a conjoint decision, so the provision of a new Abattoir is now being put forward to the City Council by the Public Health Committee.

Previous Reports have explained the unsuitability and worn-out condition of the existing premises, and nothing short of entirely new premises will meet the position.

Elever private slaughterhouses in the City (8 registered and 3 licensed) were regularly visited on killing days. These premises are very well conducted, and in no case was it necessary to make seizures, all unsound or unsatisfactory conditions being immediately reported by the occupiers.

The surrenders of diseased meat were: -

At the Abattoirs 1,418 Private Slaughterhouses, Shops, etc. 233 Magisterial Orders obtained 2

and the following tables show the number of animals dealt with, and gives particulars of the diseased conditions found:—

DURING	Total fees earned.	£ s. d. 480 17 3	82 17 4	194 10 6	435 9 2	4 0 0	£1,197 14 3	
ES EARNEI	Fees earned for storage.	3. £ 4. £ 3. £	18 6	-	00	1	£4 3 6	
D THE FEI	Storage. No. of days.	267	Ш	-	4	1	373	11s. 7d.
TTOIR AND	Fees earned for lairage.	£ s. d. 59 17 0	9 4	1 19 1	15 6	1	£62 15 9	Cartridges, £34
JBLIC ABA	Lairage No. of days.	3591	25	697	93	1	4,778	rom the sale of (
ANIMALS SLAUGHTERED AT THE PUBLIC ABATTOIR AND THE FEES EARNED DURING THE FINANCIAL YEAR, 1-4-33 to 31-3-34.	Fees earned for slaughter.	£ s. d.	81 14 8	192 11 4	434 13 0	4 0 0	£1,130 15 0	Amount received from the sale of Cartridges, £34 11s. 7d.
UGHTERED	Number slaughtered.	4178	2452	11554	8693	32	26,909	
SLA		:	:	-	;	:	i	
ANIMALS	ANIMALS.	Cattle	Calves	Sheep	Pigs @ 1/-	,, @ 2/6	Total	

	Storage tolls per day, after expiration of second day.	.3d.	2d.	2d.	2d.	1d.
TABLE OF CHARGES.	Lairage tolls per day, after expiration of second day.	4d.	2d.	2d.	2d.	1d.
TA	Slaughtering tolls, including lairage for two days.	For every Bull, Bullock, Cow or Heifer 2 0	For every Calf 8	For every Pig 1 0	For every Sow or Boar over 14 score 2 6	For every Sheep or Lamb 4

CLASSIFICATION OF DISEASES. 1933.

WHOLE CARCASES SEIZED OR SURRENDERED ON ACCOUNT OF GENERALIZED TUBERCULOSIS.

	Number	WEIGHTS.											
Descrip- tion.	of	Carcases.			Organs & Offal.				TOTALS.				
	Animals.	Т	С	Q	Lbs.	Т	C	Q	Lbs.	Т	C	Q	Lbs
Cows Heifers Steers Calves Pigs	27 16 2 3 27	6 3	5 2 8 1 4	3 3 2 3	10 8 - 4 2	2 1	_ 3 3	2 - 2 -	4 16 6 11 24	8 4	5 2 11 2 7	2 3 3 0 3	14 24 6 15 26
Totals	75	11	2	3	24	3	7	2	5	14	10	2	1

PARTS OF CARCASES, OFFAL, ETC., SEIZED OR SUR-RENDERED ON ACCOUNT OF LOCALIZED TUBERCULOSIS

Description.	Number	WEIGHTS.											
	of Animals.	MEAT.			Organs & Offal.				TOTALS.				
	ZEITIMEISI	Т	C	Q	Lbs.	Т	С	Q	Lbs.	Т	С	Q	Lbs
*Bovines †Calves	113 3 355		9	2	12	1	18	0 2 0	13	2	7	2 2	25 0
Pigs	355		13	0	16	2	1	0	21	2	14	1	9
Totals	471	1	2	3	0	3	19	3	6	5	2	2	6

^{*}Includes 37 bullocks' heads. †Includes 1 calf's head.

SURRENDERED ON ACCOUNT OF DISEASES OR CONDITIONS OTHER THAN TUBERCULOSIS. WHOLE CARCASES SEIZED OR

-	Weight, including Offal, etc.		Lbs.	10	17	œ	12	16	56	21	17
	inclu , etc.		.819	0	0	01	21	-	-	01	00
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	fo	ein	Septicen			-	-	+		-	10
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	p 1		Physicke	-		_					-
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		8	Сапсетои		-						-
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		.noidqirəsə	D	Steers	Cows	Heifers	Calves	Sheep	Lambs	Pigs	Total

WEIGHT OF MEAT AND OTHER FOODS SEIZED OR SURRENDERED.

	Tons.	Cwts.	Qrs.	Lbs.
Whole carcases including offals on account of Generalised Tuberculosis	14	10	2	1
Parts of carcases and offals, etc., on account of Localised Tuberculosis	5	2	- 2	6
Whole carcases including offals on account of diseases or conditions other than Tuberculosis	7	13	3	17
Parts of carcases and offals, etc., on account of Local affections	7	6	0	8
Imported Meat		7	0	25
Other Foods	8	5	2	3
Total weight of Meat and other Foods seized or surrendered	43	5	3	4

PARTS OF CARCASES, OFFAL, ETC., SEIZED OR SURRENDERED ON ACCOUNT OF MINOR DISEASES AND CONDITIONS (OTHER THAN TUBERCULOSIS), SUCH AS RHEUMATISM, DAMAGED, PLEURISY, PARASITES, ETC.

		Weight.											
		Meat.				Offal and Organs.				Total.			
		Т.	C.	Q.	L.	T.	C.	Q.	L.	T.	C.	Q.	L.
Beef			4	1	27	4	5	0	7	4	9	2	6
Mutton and La	mb		4	1	5	0	16	2	6	1	0	3	11
Pork				3	14	1	13	0	24	1	14	0	10
Veal				1	13		1	0	24		1	2	9
Total			10	0	3	6	16	0	5	7	6	0	8

PARTICULARS OF IMPORTED MEAT SEIZED OR SURRENDERED, INCLUDING ORGANS, OFFAL, ETC.

Desc	cription.	Weight.						
			Tons.	Cwts.	Qrs.	Lbs.		
Beef				4	0	23		
Mutton				2	2	21		
Veal	'				1	9		
	Total			7	0	25		

PARTICULARS OF OTHER FOODS SEIZED OR SURRENDERED.

1	Particula	rs.		Wei	ght.	
			Tons.	Cwts.	Qrs.	Lbs.
Tinned Mea	its			3	3	12
Ducks					2	7
Fowls						9
Fish			 7	8	1	10
Pheasants				1	1	21
Rabbits				4	3	2
Turkeys					1	2
Bacon						27
Cream						4
Crabs				3	1	18
Eggs					2	0
Milk				1	0	13
Prawns					3	18
Totals	***		 8	5	1	3

MEAT AND OTHER FOOD SEIZED OR SURRENDERED, SHOWING WEIGHT MONTHLY.

	M. d			Wei	ght.	
	Month.		Tons.	Cwts.	Qrs.	Lbs
		-	4			
January			 3	19	0	9
February			 2	15	3 .	11
March			 3	19	2	12
April			 3	2	1	0
May			 6	2	1	15
June		***	 2	15	2	12
July			 4	12	1	23
August			 3	11	3	13
September			 3	6	0	5
October		**	 2	9	0	22
November			 3	9	2	10
December			 3	1	3	12
76						
	Total		 43	5	3	14

LEGAL PROCEEDINGS.

PUBLIC HEALTH ACTS.

The Trustees of one of the Churches in the City were prosecuted for failing to repair the surface of a private road in order to procure the abatement of nuisance arising therefrom.

The application was strongly resisted, but the Bench upheld the Council's contention that the bad surface of the road, in which foul water accumulated and from which pedestrians were splashed by vehicles passing over the road, did constitute a nuisance, and made the Order applied for.

Two persons, members of a self-styled "Meat Company," were prosecuted for exposing for sale two carcases of pork which were unwholesome, and were each fined £3-0-0 or one month's imprisonment.

After the hearing it transpired that these pigs were slaughtered outside the City, and their carcases were brought into the vendors' premises, and after remaining there some hours were scalded in the fixed bath, a most unusual procedure.

FOOD ADULTERATION ACT, 1928.

A vendor was prosecuted for selling milk which was 24% deficient in fat, and was fined £2-0-0 and costs.

A defendant was prosecuted for selling milk containing 15% of added water, and for using a churn in which skimmed milk was offered for sale without same being properly labelled.

The adulteration case was dismissed, but he was fined £1-1-0 for not properly labelling the skimmed milk.

Another defendant was prosecuted for selling new milk which contained 9% of added water, and this case, in common with the foregoing, was dismissed, the High Court case of Hunt v. Richardson being cited as defence,

MERCHANDISE MARKS ACT, 1926, AND ORDERS MADE THEREUNDER.

For exposing tomatoes for sale, the same not being properly labelled, a firm was fined £1-0-0 and costs, and for two small offences a hawker was fined—in the first case 10/- and costs, and in the subsequent case 15/- and costs.

BAKEHOUSES.

These premises were regularly inspected and were found generally in a satisfactory condition, and it was not found necessary to service Notices.

One bakehouse in a slum area was closed and demolished, while one new one was opened.

It was discovered that an underground kitchen in the centre of the City had been taken into use by a restaurant keeper as a bakehouse, and the matter was reported, when the premises were discontinued as such.

FOOD ADULTERATION ACT, 1928.

		Exan	nined.	Adulte	erated.
Article.		Formal.	Informal	Formal.	Informa
New Milk	,	82		4	
Scald Milk		1			
Butter			47		1
Cream		6	1		
Jam			10		
Baking Powder			6		
Camphorated Oil			11		
Ice Cream			20		
Seidlitz Powder		·	6		4
Baking Powder					
Lemon Cheese			9		
Lemon Curd			8		
Lemon Cream			1		
Granulated Sugar			1		
Sausages			15		
Total		89	135	4	5

THE PUBLIC HEALTH (PRESERVATIVES, ETC., IN FOOD) REGULATIONS, 1925.

All of the articles in the foregoing list were examined for preservatives and in no case was any found.

PREVALENCE OF, AND CONTROL OVER, INFECTIOUS DISEASE.

The figures for Scarlet Fever and Diphtheria closely resemble those of the previous year which was a year of low incidence. Scarlet Fever has been epidemic in other parts of the country but the anticipated rise in notifications did not materialise in Exeter. When the usual seasonal increase began in the Autumn, a very close watch was kept on the schools affected.

During January and February there was a moderate epidemic of influenza, 19 deaths being registered as due to influenza and 32 as due to pneumonia (all forms). Since the disease is not notifiable and affects all ages, it is difficult to ascertain the extent of an outbreak. The public has still to learn that even a mild attack of influenza is liable to be followed by complications, and that persons attacked should go to bed and stay there until better. To attempt to carry on while suffering from influenza is to incur grave risk and to endanger others. During the outbreak posters giving useful information were issued by the Public Health Department.

In the first week of November a group of measles cases was reported from St. Thomas Infants' School, whence the disease spread rapidly in that district and ultimately to the whole City. By the end of the year 249 cases were known to the School Medical Department (which does not include cases outside school age), and the epidemic had not reached its zenith. Up to that date two deaths from measlespneumonia were reported. In the individual measles may be prevented or postponed by the injection of convalescent serum or even normal adult serum, but this is not practic-

able as a public preventive measure at present and measles remains uncontrollable in an urban community. Complicated cases are admitted to the Isolation Hospital when desirable and nursing services are supplied on application to the Medical Officer of Health.

Cases of Chicken Pox have been notified throughout the year, the total being half that of 1932.

The arrangements for isolation and disinfection are the same as in former years and have proved adequate.

SMALLPOX.

No cases occurred in the City.

Two notifications of ship contacts were received from ports. These were duly visited and kept under observation for the necessary period.

No primary vaccinations were performed by the Medical Officer of Health under the Smallpox Regulations, 1917, all cases being referred to the Public Vaccinator.

(For Smallpox Hospital accommodation see page 84).

VACCINATION.

This work was taken over by the Public Health Department on 1.4.30 and Mr. E. S. Howells appointed Vaccination Officer for the whole City.

The latest statistics are for the year 1932 and are as follows:—

Births registered	 1091
Vaccinated	 488
Insusceptible	 5
Statutory Declarations received	 526
Died unvaccinated	 39
Postponed	 2
Removed to other districts	 16
Removed to places unknown	 8
Unaccounted for	 7

It will be noted that 44.7% of the Infants were vaccinated, which is 1.9% below that of the previous year.

The partially protected condition of the population cannot be considered as satisfactory. One case of post-vaccinal encephalitis occurred and was treated in the Royal Devon and Exeter Hospital with convalescent serum with satisfactory results.

SCARLET FEVER.

52 cases were notified against 51 in 1932, 49 being removed to Hospital. The type remains mild and there were no deaths.

DIPHTHERIA.

21 cases were notified against 28 in 1932, 11 being removed to Hospital. There were no deaths. The importance of giving a sufficient dose of antitoxin at once in clinical diphtheria without waiting for a laboratory report is emphasised.

ENTERIC FEVER.

7 cases were notified against 3 in 1932. Of these four were due to bacillus typhosis and 3 to bacillus para-typhosis B. There were no deaths. Three cases of typhoid and one of para-typhoid were treated at the Isolation Hospital, one case of typhoid and one of para-typhoid was treated at the Royal Devon and Exeter Hospital, and one case of para-typhoid was nursed at home.

One case of typhoid was contracted outside the City, and one case of para-typhoid appeared to be due to infected cockles, the remaining cases could not be traced with certainty.

PUERPERAL FEVER.

9 cases were notified and all treated at the Royal Devon and Exeter Hospital, 4 coming from the administrative County of Devon. There were two deaths (see Maternal Mortality, page 57).

PUERPERAL PYREXIA.

15 cases were notified, 11 being treated at the Royal Devon and Exeter Hospital, 5 being from the administrative County of Devon. The County cases were notified after admission to Hospital.

PNEUMONIA.

59 cases were notified against 61 in 1932, and there were 19 deaths against 12 in 1932. Of these cases 11 were treated at the Royal Devon and Exeter Hospital.

It is very doubtful if the notification of pneumonia is worth while. Medical Practitioners are aware that nursing assistance can be obtained in appropriate cases from the Public Health Department and the desirability of requisitioning this might well be left to their discretion without the formality of notification. Many enquiries are superfluous and many cases escape notification.

ERYSIPELAS.

9 cases were notified against 18 in 1932. 1 was removed to Hospital. There were no deaths.

CEREBRO-SPINAL FEVER.

3 cases were notified against 2 in 1932. All were treated at the Royal Devon and Exeter Hospital. Two were military cases, one of which ended fatally.

DYSENTERY.

No cases were notified.

MALARIA.

1 case (military) was notified, contracted abroad.

ENCEPHALITIS LETHARGICA.

1 case was notified which proved fatal.

ACUTE POLIO-ENCEPHALITIS.

No cases were notified.

ACUTE POLIOMYELITIS.

No cases were notified.

CHICKEN POX.

239 cases were notified against 498 in 1932.

MEASLES.

Is not notifiable in the City. During the year 258 cases were known through the School Medical Department, 249 of these being part of an epidemic which began in the first week of December and was increasing at the end of the year.

DIARRHOEA.

One death was certified as due to this cause. The public is warned by posters and announcements in "Better Health" of the necessity of keeping milk and other foods free from contamination by flies. In spite of a hot summer this disease was not prevalent, and none but trivial cases were observed at the Infant Welfare Centres.

NON-NOTIFIABLE INFECTIOUS DISEASES.

In the absence of notification, it is impossible to give even an approximate number of cases of these diseases, but it may be said that Mumps and Whooping Cough were below the average.

CANCER.

Table of deaths from Cancer for the past ten years.

Year.	1924	1925	1926	1927	1928	1929	1930	1931	1932	1933
Deaths	 91	99	96	85	84	110	82	96	116	108

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SE	Cases Notified.			1	3				10			0		
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ä		0.1	60	-	-				-					17.11
		-	0,1	-					60			5 12		
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				ner	t I	ic.	era	ers	100	lec	ha	en	10	ia.
				pt	rle	eri	T.	rp	una	.13	dec	ck	eb	ar
				Diphtheria (including Membraneous Croup)	Scarlet Fever	Enteric Fever (including Paratyphoid)	†Puerperal Fever	†Puerperal Pyrexia	Pneumonia	Erysipelas	Encephalitis Lethargica	Chicken Pox	Cerebro-spinal Fever	Malaria
				-	01	-	+	干	-	-	-	0	0	-

* Deaths from cases notified and not total number of deaths.

† Some of these cases were admitted to the Local General Hospital from the County Area for diagnosis and notified by the Hospital authorities.

TUBERCULOSIS.

During the past three years a determined effort has been made to improve and consolidate the arrangements in Exeter for the diagnosis and treatment of tuberculosis. Early in 1931 the Dispensary was moved from No. 4 to No. 1 Southernhay West to premises more compact and convenient. At the same time an agreement was made with the Devon County Council which provided adequate x-ray facilities and permitted the Clinical Tuberculosis Officer to carry out his own screening and examinations. The public should know that twenty years ago radiography of the chest was in its infancy; ten years ago it was so imperfect even in large centres that many physicians preferred to do without it; to-day it is essential in the diagnosis of the early, case, it is frequently essential in helping to differentiate tuberculosis from other morbid conditions, and it is invaluable in aiding the physician to prescribe and control modern treatment. Good X-ray work in conjunction with intelligent physical examination often enables us to clinch the diagnosis or to rule out tuberculosis altogether, thus saving time and anxiety to the patient and the expense of observation beds. In my view the diagnosis of tuberculosis should always be on conservative lines, because it is wellknown that in the past many persons have been harmed by the too-ready label of "T.B." when the symptoms have been due to other conditions. Good radiography is the greatest help the physician can receive: its value in surgical conditions is, of course, self-evident.

Our views on the treatment on pulmonary tuberculosis have recently undergone some modification, because there have been added to the fundamental principles of sanatorium treatment a number of valuable adjuncts in selected cases. The basis of treatment still remains rest, fresh air and good feeding, the most important of these being rest. Many of the public and not a few doctors still imagine that early cases are likely to require less treatment and therefore less rest than more advanced patients: hence the erection in the past of institutions inadequately staffed and meagrely.

provided with facilities. Hence the often fatal prescription of a holiday or voyage, and hence some of our most depressing failures. The fact is that the young adult with early tuberculous infiltration of a lung should be at rest in bed, nursed by trained attendants and watched by a physician who is both able and ready to intervene with modern measures if required. This can rarely be carried out in the patient's own home; it is best accomplished in an open-air hospital or sanatorium so staffed that every patient who needs bed rest can have it. Such measures often cure. Far advanced cases may have to be admitted to public institutions because they cannot be properly isolated or tended at home; where home nursing is possible and unlikely to endanger children and young persons it should be permitted with thorough terminal disinfection. Between the extremes of early and far advanced the Tuberculosis Officer has to deal with an endless variety of cases not at all easy to classify. Among others, the acute and sub-acute progressive types need all the help the open-air hospital can give them; on the other hand what American doctors call "the good chronics" may work for years under Dispensary supervision with occasional admissions to hospital to combat incidents in the disease. Such re-admissions are commonly for short periods, for it is wrong policy to tie up hospital and sanatorium beds with this class of case. Among these cases the Dispensary does valuable work in supervision and the continuous teaching of personal hygiene which is the beginning of prevention.

The gospel of fresh air has probably been overdone in an effort to counteract the excessive seclusion of a century ago. By all means let people both sick and well have plenty of fresh pure air, but the consumptive must not be allowed to imagine that undue exercise and exposure are desirable means to this end. In cases complicated by bronchitis and in elderly consumptives a strict fresh air regime is definitely harmful besides being cruel. No climate of itself is curative. As with other chronic diseases, tuberculosis has been the happy playground of the diet faddists—diets with excessive meat, of raw meat and without meat, diets with added fat,

diets with diminished carbohydrate, diets without salt and diets with added mineral salts. Nor is there any scientific basis for attempting to flood the body with so-called vitamines. Experience shows that the best results are obtained by a generous diet modified as circumstances may direct in particular cases and usually with a slight excess of fats. It is true that tuberculosis is a disease of poverty, poverty of the body rather than poverty of the purse.

To this basic treatment of rest, fresh air and right feeding, modern progress has added certain methods which can be placed in two groups:—

- Collapse therapy which aims in various ways at local rest for the diseased lung, just as we immobilise a damaged limb in a splint; and
- (2) Chemotherapy which aims at attacking and checking the disease by the injection of chemical substances known to have a specific action upon it.

Collapse therapy is best exemplified by the minor surgical procedure of artificial pneumothorax whereby a diseased lung may be put out of action and allowed to heal. Nature has been generous in the provision of lung tissue so that there is little or no disability. There are other methods whereby temporary or permanent rest can be secured for the damaged lung with obliteration of dangerous cavities and increased hope of arrest and cure in selected cases.

Chemotherapy has progressed chiefly along the line of injecting certain preparations of gold which appears to have a specific action on tuberculous tissues. In favourable cases tubercle bacilli disappear from the sputum, the sputum diminishes and disappears, and a healing fibrosis is initiated in the diseased areas leading to quiescence and arrest.

Although many cases coming under notice are unsuitable for special methods of treatment, these additional lines of attack have made the outlook in pulmonary tuberculosis far more favourable than it was with unaided sanatorium treatment. Modern methods of diagnosis and treatment cannot be carried out conveniently and economically in small institutions, hence it was desirable that Pinhoe Sanatorium should be closed and effort concentrated on the tuberculosis wards at Whipton Isolation Hospital. Arrangements have been made to send additional patients to the Royal National Sanatorium at Bournemouth, an institution available to those likely to benefit by sanatorium regime rather than that of an open-air hospital. In actual practice many patients will have their initial treatment at Whipton and pass on to Bournemouth as they improve—in others a shorter period of treatment in one of these two institutions may suffice.

The construction of the wards at Whipton supplemented by shelters is such as to make considerable elasticity possible in the accommodation and classification of patients.

At Honeylands Sanatorium there are twenty beds for children of school age suffering from tuberculosis or suspected tuberculosis other than:—

- (1) Orthopaedic conditions, and
- (2) Phthisis of adult type which is infectious but very rare in childhood.

Turning to non-pulmonary tuberculosis the continued progress of the Devonian Association for Cripples' Aid has enabled us to place the majority of bone and joint cases under their care with very satisfactory results. During the year the Association opened much-needed adult beds at the Princess Elizabeth Hospital, Buckerell Bore, Exeter, and adult beds are also available at Mount Gold Hospital, Plymouth.

Other forms of non-pulmonary tuberculosis requiring institutional treatment are sent to the Royal Devon and Exeter Hospital under an agreement with the City Council.

The Tuberculosis Dispensary is the centre of the scheme—the place where all arrangements are initiated for prevention, diagnosis, advice and special treatment. Among methods of prevention the examination of contacts is important. Particular attention should be paid to the home contacts of sputum positive cases and to young adult

contacts in whom serious disease is liable to occur. While examination is offered to all contacts there is frequently a good deal of disinclination to attend, especially among young adults who are no longer under strict parental control. The examination of contacts offers one of the best means of discovering early and remedial cases.

There is complete co-operation between the Tuberculosis Department, the School Medical Department and the Maternity and Child Welfare Department.

The following figures show at a glance the main facts of the Tuberculosis statistics for the City during 1933.

				-0	
Total cases on Register 1	st Janu	ary			518
Pulmonary			409		
Non-Pulmonary			109		
Total notifications receiv	ed afte	er deductie	on of	6	
duplicates, but include	ing 10	inward	transf	ers	116
Pulmonary			94		
Non-Pulmonary			22		
Deaths during the year					55
Pulmonary			48		
Non-Pulmonary			7		
Outward Transfers					12
Pulmonary			11		
Non-Pulmonary			1		
Total cases on Register	31st	December			468
Pulmonary			379		
Non-Pulmonary			89		

Table 1 shows notifications and deaths during the year arranged according to ages.

Table I.

	1	NEW (CASES.			DEA	THS.	HS.		
Age-Periods.	Pulmo	nary.	No Pulmo	n- nary.	Pulmo	onary.	nary. N			
	M.	F.	M.	F.	M.	F.	М.	F.		
0	_	_	1	_		_	2			
1	-	-	3	1	-	_	1	_		
5	3 2 3	3	1 1 2 3 1	2	-	-	-	2		
10	2	-	1	-		1		1		
15	3	4	2	1		5		-		
20	10	4	3	1	4	4	1	-		
25	17	11 8	1	1 2	4 6	4				
35 45	5	9	_	2	9	4				
55	6 5 3	2 3			4	-	-			
65 and upwards	1	1	_	_	1	1	_	_		
						-				
Totals	50	36	12	8	28	20	4	3		
						5	5			

Included in the deaths are 6 of which no notification was received prior to the Death Certificate. One of these cases was a transferable death; in three cases the diagnosis was made very shortly before death; and two cases were "Inward Transfers." There was also one posthumous notification.

The following is the classification of new cases seen at the Dispensary during the year.

Table II.

	PULI	MONARY		NON-PULMONARY.						
т.в	T.B.+1	T. B. +2	T.B.+3	Total		Abdom- inal		Glands	Total	
26	Nil	11	39	76	8	2	2	7	19	

The number of cases referred to the Tuberculosis Dispensary either before or at the time of notification was 105 being 85.4 per cent. of total notifications.

Table III.

gives an analysis of the principal statistics for the past 10 years.

		1924	1925	1926	1927	1928	1929	1930	1931	1932	1933
Marie at	Pulmonary	117	101	104	109	99	85	74	87	90	86
 Notifications 	N-Puimona'y	16	23	24	18	35	16	22	28	24	20
D. at	Pulmonary	59	58	55	53	39	45	48	48	43	48
Deaths	N-Pulmona'y	14	14	10	12	11	12	9	10	10	7
Deaths per	(Pulmonary	-98	.96	.91	.87	.63	.73	.78	.74	.69	.71
	(N-Pulmona'y	.23	.23	.16	.19	.17	.19	.14	.15	.15	.10

Twenty years ago the death-rate for tuberculosis (all forms) was 1.32. To-day it is .81. It must be remembered, however, that the City has expanded during that time and there have been changes in the age and sex distribution of the population.

INSTITUTIONAL TREATMENT.

As already stated Pinhoe Sanatorium was closed on 31st October and arrangements made for sending suitable cases to the Royal National Sanatorium, Bournemouth; also the accommodation at Whipton Hospital is being improved.

Modern treatment is available at Whipton Hospital including artificial pneumothorax, phrenic avulsion and sanocrysin. The Red Cross Pavilion was originally erected for ex-service men by the Ministry of Pensions and the Red Cross Society. It has become the property of the Council, but ex-service men will, as heretofore, receive preference of accommodation in it. The number of these patients is so small that a separate statistical table is no longer of interest, the number of ex-service men being shown in a footnote.

Table IV.
Tuberculosis Wards, Whipton Hospital.

Remaining under treat- ment on 1st January, 1933.		Admitted during the year.					arged he year.			during ear.	Remaining under treat- ment 31st Dec. 1933.			
М	F	TOTAL	* _M	F	TOTAL	М	F	TOTAL	М	F	TOTAL	М	F	TOTAL
11	9	20	37	22	59	23	21	44	12	3	15	13	7	20

*Included in this figure are 3 ex-service men. 2 were discharged and 1 remaining at the end of the year.

Table V.

Honeylands Children's Sanatorium, Whipton.

Remaining under treat- ment 1/1/33.		Admitted during the Year.			D	ischa	rged du						Remaining under treat- ment 31/12/33		
м	F	TOTAL	М	F	TOTAL	Males.		Females.					F	тотаі	
						Quiescent	Not Tuberculous	Transferred to R.D. & E. Hospital	Quiescent	Not Tuberculous	Benefitted	Total.			
9	9	18	8	6	14	4	3	1	4	1	1	14	9	9	18

Table VI. (a).
Tuberculosis Sanatorium, Pinhoe.

une	der	naining Admitted during tt 1/1/33. the Year.			Discharged during the Year.							r.	Remainin under trea ment 31/12/								
M	F	TOTAL	М	F	TOTAL			Ma	le	s.				F	em	ale	es.		M	F	TOTAL
						Quiescent.	Much Improved.	Improved.	Own Request.	To Whipton.	To R.D. & E.	Quiescent.	Improved.	Own Request.		To R.D. & E.	To Orth. Hosp.	Total.			
3	2	5	8	12	20	2	2	4	1	1	1	1	5	1	5	1	1	25		_	

Table VI. (b).

Royal National Sanatorium, Bournemouth.

Admitted during the year			Discharg	ed during	Remaining on 31-12-33				
М.	F,	Total	М,	F.	Total	М,	F.	Total	
1	_	1				1		1	

The total cost of the treatment of this patient was £27-6-5.

Table VII.

Other Institutions.

Institution.	Condition for which treated.		Remaining under treatment on 1-1-33.			Admitted during Year.			Discharged during Year.			Remaining under treatment on 31-12-33.		
		М	F	Total	M	F	To'al	M	F	Total	M	F	Total.	
Princess Elizabeth Orthopædic Hospital Exeter	Spine Hip Ankle Multiple Bone	1	1	1	2 1 1	1	2 2 1	2 1		2 1	1	2	1 2 1	
Mount Gold Orthopædic Hospital, Plymouth	Spine				2	1	3				2	1	3	
Royal Devon and Exeter Hospital, Exeter	Phrenic Evulsion Spine Abdominal Hip Multiple Bone	1	1	1 1	2	1	2 1 2	2 1 1	*1 1	2 1 2 1	1		1	
	Neck Glands Mastoid Epididym- itis				2	3	5 1 1	2	2	4 1		1	1	
Total		2	2	4	13	9	22	10	6	16	5	5	10	

*Died.

The total cost of the treatment of these patients was £995-15-6. Princess Elizabeth Orthopaedic Hospital, £484-2-4, Mount Gold Orthopaedic Hospital £229-5-5, Royal Devon and Exeter Hospital £282-7-9.

TUBERCULOSIS DISPENSARY.

The following particulars are given of cases under supervision at the Dispensary by the Clinical Tuberculosis Officer, Dr. B. W. Anderson.

	P	UL,M	ONAR	Υ.	Non	-PUI	MON.	ARY.		То	TAL.	
DIAGNOSIS.	Adu	ılts.	Chile	iren.	Adı	ılts.	Children.		Adults.		Chile	dren
	М.	F.	M.	F.	М.	F.	M.	F.	М.	F.	М.	F.
A.—New Cases examined during the year (excluding contacts:) (a) Definitely Tuberculous		28	3	2	5	6	5	2	45	34	8	4
(b) Doubtfully Tuberculous (c) Non-tuberculous									1 14	1 22	1 3	4
B.—Contacts examined during the year: (a) Definitely												
Tuberculous (b) Doubtfully Tuberculous (c) Non-tuberculous			1						1 3 11	1 21	1 1 42	1 4 30
C—Cases written off the Dispensary Reg- ister as: (a) Recovered	6	6	6	5	2	1	4	7	8	7	10	12
(b) Non-tuberculous (including any such cases previously di- agnosed and entered on the Dispensary Register as Tuber-									30	49	48	35
DNumber of Persons on Dispensary Reg- ister on Dec. 31st: (a) Definitely												
Tuberculous (b) Diagnosis not completed		73	24	23	11	18	16	16	133	91	9	39 6

TUBERCULOSIS DISPENSARY (continued).

1.	Number of persons on Dispensary Register on January 1st, 1933	324	sonal consultations)	251 285
2.	Number of cases transferred from other areas and cases returned after discharged under Head 3 in previous years	31	9. Number of visits by Nurses or Health Visitors to Homes for Dispensary purposes	392
3.	Number of cases transferred to other areas, cases not desiring further assistance under the Scheme, and cases "lost sight of"	55	10. Number of (a) Specimens of sputum, &c., examined (b) X-ray examinations made in connection with Dispensary work	181 (Total 512)
4.	Cases written off during the year as dead (all causes)	30	11. Number of "Recovered"	No. 10
5.	Number of attendances at the Dispensary (including Contacts)	1939	cases restored to Dis- pensary Register and in- cluded in A (a) and A (b)	1
6.	Number of Insured Persons under Domiciliary Treatment on 31st. Dec.	11	12. Number of T.B. plus cases on Dispensary Register on the 31st Dec	101
7.	Number of consultations with Medical Practitioners (a) Personal (b) Other	16 95		

X-RAY EXAMINATIONS.

Up to end of the year, 182 X-Ray examinations had been made (24 for screen only).

EXTRA NOURISHMENT.

Extra nourishment has been granted to various patients and the total cost of same for the financial year 1933/34 was £58-12-9

VENEREAL DISEASES.

Arrangements have been made with the Royal Devon and Exeter Hospital (with the approval of the Ministry of Health) jointly by the Devon County Council and the Council of the City of Exeter, for the treatment of these diseases at a special department of the Hospital.

The hours of attendance are as follows:-

Mer. Mondays, 3 to 5 p.m., and Fridays, 6 to 8 p.m.

Women Fridays, 3 to 5 p.m.

If in-patient treatment is necessary, special beds are available in the Hospital.

Unmarried female patients are admitted to St. Mary's Home, by arrangement with the authorities of the Home, for in-patient treatment by the Surgeon in charge of the Clinic.

The following figures relate to the City only. Number of cases dealt with during the year at, or in connection with, the out-patient clinic for the first time and found to be suffering from:—

(a) Syphilis	1	6
(b) Soft Chancre		-
(c) Gonorrhoea	8	1
(d) Conditions other than Venereal	1	7
	11-	4
Total attendances of cases during the year	ar at the	
out-patient clinic		2462
Aggregate number of "in-patient days" o	f treat-	
ment during the year		131
Examination of pathological material—		
For detection of Spirochetes		12
For detection of Gonococci		143
For Wassermann Re-action		246
Other examinations		1

The City's share of the expenses for the year amounted to £748-9-4.

The following figures apply to the entire department are not given separately for the City and County:—	and
Number of cases who ceased to attend the out- patient clinic—	
Before completing a course of treatment	55
Number of cases transferred to other Treatment Centres after treatment or to care of private	
practitioners	49
Number of cases discharged from out-patient Clinic after completion of treatment and observation	81
Number of cases which ceased to attend after com-	
pletion of treatment but before final tests of cure	45
Number of cases who, on 31-12-33, were under	
treatment or observation	135
	365

The total number of cases under treatment at the end of the year showed an increase of 1.

Attendances are not limited to Clinic hours but patients attend on other days and hours for interim treatment.

Notices are exhibited in all the Public Conveniences, setting out the facilities available for the diagnosis and treatment of these diseases. Judging from the number of enquiries one has had originating from these notices, they are undoubtedly doing a good and valuable work.

On the commencement of work at the Clinic all the Medical Practitioners were informed of the arrangements for diagnosis, treatment and consultation by the Medical Officer of the Treatment Centre. Every new Medical Practitioner is also informed. Six Medical Practitioners in the City were supplied with free supplies of arsenobenzol compounds, and the number of doses of these compounds supplied to Medical Practitioners by the Council was 66,

The number of pathological specimens examined for Medical Practitioners is as follows:—

For	detection of	Spirochetes	 	-
For	detection of	Gonococci	 	27
For	Wassermann	Re-action	 	173
Othe	er examination	ns	 	_

While it is regrettable that so many patients cease to attend before completing treatment or final tests for cure, the number who actually failed to complete treatment fell from 74 in 1932 to 55 in 1933.

INFANT LIFE PROTECTION.

On the 31st December, 1933, there were 124 foster children in the City, and the number of foster mothers registered is 97. The Health Visitors paid 738 visits to these foster-mothers during the year. It was found in some cases that the home surroundings were unsuitable, and improved home conditions were obtained for these; in others the foster-mothers had too many children and this overcrowding has also been dealt with. In some cases the foster-mother was unsatisfactory and in these cases they were made to give up the children. In three cases legal proceedings had to be taken. In one case the child was removed out of the care of the foster-mother and in the other two cases the foster-mother was fined for not giving the required notice.

MATERNITY AND CHILD WELFARE.

ANTE-NATAL SUPERVISION.

Report on Ante-Natal and Post-Natal Clinic for the Year 1933.

Report by Dr. J. SMITH, Medical Officer in Charge.

This is the report on the second full year's working of the Clinic, which was opened in June, 1931, and which has been held fortnightly at the Alice Vlieland Welfare Centre, the work being done by the Assistant Medical Officer of Health with the help of the Health Visitors, who take duty in rotation. As the appended statistics show, the work has increased considerably during the last year, this being due to the increasing popularity of the City Maternity Home, which is a great boon to mothers who are unable to pay the full fees of a private maternity home and to those whose home conditions are unsuitable for a confinement. All cases awaiting admission to the City Maternity Home attend the Clinic as often as is required by the Medical Officer, since no Ante-Natal work is done at the Home.

All mothers attending the Clinic, after a careful history of social conditions and of previous health and pregnancies has been taken, are fully examined regarding their general health and pregnancy, are given detailed advice and, if anything abnormal is discovered, are referred for specialised treatment. In certain cases, treatment for minor disorders is ordered by the doctor at the Clinic. In this way much ill-health during pregnancy is prevented or remedied, and difficulties at confinement lessened.

Reports are sent by the Medical Officer to the Matron of the Maternity Home and to midwives and others referring cases to the Clinics and the Matron of the Maternity Home is now giving reports to the Medical Officer on the cases dealt with in the Home.

				1932	1933
No. of sessions held				22	22
No. of mothers on bo	ooks at	end of p	revious		
year				7	11
No. of new names ac	dded			69	96
Total No. of mothers	sattend	ling		76	107
Total attendances				139	226
Of new cases:-					
Ante-Natal					91
For diagnosis					4
Post Natal					1
Ante-Natal and	Post-N	atal			3

Referred by:—		
Doctors at Welfare Centres	22	20
Health Visitors	27	16
Midwives	7	6
Private Practitioners	2	1
Miscellaneously (e.g., be office staff in		
cases already sanctioned by the Com-		
mittee for the Maternity Home, by		
other mothers attending the Clinic)	11	53
Referred for treatment:—		
Dental Treatment	40	35
R.D. & E. Hospital for advice	2	2
Eye Infirmary	3	0
V.D. Clinic	2	1
Birth Control Clinic (post-natal cases)	1	2
Applications for admission to Maternity		
Home	31	73

The Ante-Natal Clinic, formerly carried on by the Exeter District Nursing Association, is still continued for the mothers whom they attend, and 325 mothers attended during the year.

BIRTH CONTROL.

A Birth Control Clinic is carried on by the Exeter and District Women's Welfare Association. Cases suitable in the sense of the Ministry of Health's memorandum 153/MCW are referred by the Local Authority.

Since 1930 a total of 27 cases have been so referred; of these four failed to attend, 2 have left the City, 6 are known to have become pregnant and 15 have remained satisfactory. It should be remembered that the avoidance of pregnancy for a time rather than altogether may meet the medical requirements.

BIRTHS.

1,062 notifications of live births were received during the year. 77.5 of the notifications were made by Midwives and 22.5 by Medical Practitioners or relatives.

In 250 instances the Midwives summoned medical help, which indicates the thorough manner in which the Midwives are doing their work, while 46 other notifications in connection with still-births, artificial feeding, etc., were received from Midwives.

The amount paid by the Local Authority to Doctors under the Midwives' Act was £282-8-6, of which £94-13-3 was received back in part payment.

The conditions for which the Midwives summoned medical aid were as follows:—

Ruptured Perineum		 57
Prolonged Labour		 37
Abnormal Presentation		 31
Ante-Partum Haemorrhage		 14
Post-Partum Haemorrhage		 3
Premature Labour		 2
Adherent Placenta		 4
Stillbirth		 2
Albuminuria		 6
Miscarriage		 9
Rise of Temperature		 18
Unsatisfactory condition of n	nother	 47
Unsatisfactory condition of	baby	 20

STILL-BIRTHS.

The number of stillbirths registered during the year was 51, 15 of which came from the County. Of the remaining 36 stillbirths, 24 were attended by doctors and 12 by midwives. Of the 36 stillbirths, 14 were macerated, i.e., had died at some period previous to birth. Of these 3 were due to bad general health of the mother, 2 were due to toxaemia of pregnancy (albuminuria), 2 were stated to be due to a fall sustained by the mother, 1 was considered to be due to fright, 1 was associated with twin pregnancy

and 1 was attributed to the mother lifting weights. There were 4 cases in which no cause could be assigned.

22 were non-macerated, i.e., died at or during birth. Of these 5 were due to difficulty at confinement, 4 were due to abnormal presentation, 2 were due to bad general health of mother, 2 were due to prolonged labour, 2 were due to shock to mother, 1 was due to malformation of infant, and 1 was due to a fall sustained by mother. There were 5 cases in which no cause could be assigned.

HOME VISITS UNDER THE NOTIFICATION OF BIRTHS ACTS.

During the year the Health Visitors paid 871 first visits and 3,400 subsequent visits to children under the age of 12 months, and 3,194 visits to children between the ages of 12 months and five years.

INFANT WELFARE CENTRES.

During the year the average number on books and the average number of attendances at the Centres were as tollows:—

Centre.	Average No. of Infants on Books.	Average No. of Attendances of Children.	Average No. of Attendances of Expectant Mothers.
Central District	. 217	97	6
Western District	. 203	73	3
Northern District	. 172	86	2
Eastern District	. 152	56	2

Expectant Mothers are now referred, so far as possible, to the Ante-Natal Clinic.

PROVISION OF MILK AND FOODSTUFFS.

Fresh and dried milks are supplied by the Council in those cases where the condition of the infants show that extra nourishment is required and the parents are unable to provide it. It is supplied either at half-price or free, according to circumstances. During the financial year 1933-34 the cost of milk supplied was £887-10-9. In respect of this sum, £93-18-5 was received from the mothers in part payment. Net cost £793-12-4 being a decrease of £79-13-2 over the previous year.

The scale approved by the City Council for the issue of milk is as follows:—

No. in Family.	Free of cost. Income not exceeding per head, less rent.	At half-cost price. Income not exceeding per head, less rent.
1 or 2 3 4 5 or more.	8/- 7/- 6/-	9/- 8/- 7/-

MATERNITY HOME.

The arrangements made with the Public Assistance Committee for the use of the maternity accommodation at the City Hospital as a Municipal Maternity Home has worked satisfactorily throughout the year. The number of cases admitted has been 73 which is an increase of 34 over the previous year. I have had many expressions of appreciation on the part of the mothers who have been patients in the Municipal Maternity Home and the number of applications for admission is increasing.

There is evidence that something larger in the way of a Maternity Hospital with beds for ailing infants and nutrition cases will soon be required. It has become necessary to take stock of the position in the City and to explore ways and means.

NURSING HOMES REGISTRATION ACT, 1927.

During the year 2 Homes have been voluntarily closed. 11 Homes are now registered under the Act and two Institutions.

Nursing and Maternity Homes.

St. Olave's Home. (17 beds).
St. Mary's Home. (6 beds).
Southcroft, Heavitree Road. (4 beds).
Stokeleigh, Old Tiverton Road. (5 beds).
Belmont, Southernhay West. (12 beds).
1, Baring Crescent. (8 beds).
Mowbray, Fore Street, Heavitree. (12 beds).
St. David's, 31, St. David's Hill. (11 beds).
Ernsborough House, Colleton Crescent. (24 beds for incurable invalids).
Storks Nest, Topsham Road. (3 beds).
Franklyn Rise, Parkway, St. Thomas. (2 beds).

Exempted.

Royal Devon & Exeter Hospital. Eye Infirmary.

DENTAL TREATMENT.

Arrangements have been made, with the approval of the Ministry and with the consent of the Education Committee, for dental treatment and supply of dentures for expectant and nursing mothers by the School Dentist.

The provision of a continuous gas-oxygen apparatus is proving valuable and enables the dental surgeon to carry out multiple extractions more satisfactorily.

Summary of work done during the year 1933.

 69
 280
 65
 340
 10
 53
 459
20

Total cost of dental treatment for 1933-34 was £125 13-0, of which £3-4-0 was received back from patients.

OPHTHALMIA NEONATORUM.

		Cases.		Vision	Vision	Total	Re- moved		
Year			ated.	Unim-	Im-	Blind-	from dis-	Dths.	Total
	Notified	At Home	In Hospital	paired	paired	ness	trict		
1924	15	2	13	13	1		1		15
1925	17		17	17			111		17
1926	12		12	12					12
1927	6	5	4	6	***			***	6
1928	13	5	8	13			***		13
1929	8	4	4	7	***		1		8
1930	4	1	3	4					4
1931	6	2	4	6	***				6
1932	11	2 8 5	4 3 2	11					11
1933	7	5	2	7			-	***	7

Under the Midwives' Rules a Midwife has to notify any discharge from the eye however slight. 14 notifications of discharge from the eye were received, 7 of which were subsequently notified by Medical Practitioners as cases of Ophthalmia Neonatorum. In the course of time the attention now being directed to this disease and its treatment should lead to a considerable reduction in the number of blind persons in the future.

Orthopaedic Treatment.

During the year 29 children from the Infant Welfare Centres received treatment for the following conditions:—

Congenital deformitie	es	 	. 8
Injuries at birth		 	3
Rickets and sequelae		 	15
Poliomyelitis		 	1
Miscellaneous		 	2

and dealt with as follows:-

11 recommended for in-patient treatment (9 have been admitted and 2 are waiting admission) and 18 received out-patient treatment at the Clinic.

The case waiting admission at the end of 1932 has been admitted, and has been discharged and recommended to attend at the Clinic for observation. Of the 9 cases admitted during 1933 four are still in Hospital, one died and the other 4 have been discharged and recommended to attend at the Clinic for observation.

Of the 18 cases treated at the Clinic, together with the 22 cases on the books at the Clinic at the end of 1932 and 4 four cases re-admitted to the Clinic, 6 were discharged as cured, 1 was discharged much improved, and 6 were transferred to the School Medical Department on reaching the age of five, leaving 31 cases on the register at the end of 1933.

Cost of in-patient treatment, £496-15-4, and of this sum £26-11-5 was received back in part payment by patients.

Cost of out-patient treatment, £62-14-3, of which £8-5-0 was contributed by patients.

EXETER ISOLATION HOSPITAL.

The accommodation consists of 88 adult beds, arranged in blocks as follows:—

One block of 24 beds for Scarlet Fever.

One block of 14 beds for Diphtheria.

One block of 20 beds, interchangeable as required.

One block of 8 beds for observation cases.

One block of 14 beds for Pulmonary Tuberculosis; originally designed to accommodate 10 Enteric Fever cases and convertible should necessity arise.

One block of 12 beds for Pulmonary Tuberculosis provided by the Ministry of Pensions and Red Cross Society for ex-servicemen and now the property of the City Council.

In addition five single bed shelters are provided, the total accommodation for tuberculosis cases 31 beds.

The Hospital has a good administrative block, and it is recognised that in case of necessity the number of patient beds can be increased, without detriment to the efficient working of the wards and the well-being of the patients.

At present contracts for the admission of patients exist with the following Local Authorities and other Public Bodies:—

Borough Council.

Okehampton.

Urban District Councils.

Holsworthy.

Ottery St. Mary.

Budleigh Salterton.

Dawlish.

Seaton.

Exmouth.

Crediton.

Axminster.

Sidmouth.

Teignmouth.

Rural District Councils.

Newton Abbot.

Honiton.

Axminster.

Crediton.

St. Thomas.

Okehampton.

South Molton.

Holsworthy.

Barnstaple.

Town Councils.

Honiton.

South Molton.

Exeter Port Sanitary Authority.

Kelly College, Tavistock.

Secretary of State for War.

Prison Authorities, Princetown.

Excluding tuberculosis cases which are dealt with under a separate heading, at the beginning of the year 18 cases remained under treatment, 13 of whom were from the County. 146 cases were admitted during the year, 60 of these coming from the County and 86 from the City; and at the end of the year 1933, 20 cases were under treatment, of whom 5 were from the County and 15 from the City.

The following table shows the number of cases treated at the Exeter Isolation Hospital during the past ten years:—

Year			(County	City	Total
1924	Treated at	Isolation	Hospital	108	99	207
1925	,,	,,		112	95	207
1926	,,	"		89	231	320
1927	"	,,		82	186	268
1928	,,	,,		97	125	222
1929	,,	,,		167	151	318
1930	,,	,,		279	361	640
1931	,,	"		108	161	269
1932	,,	,,		84	107	191
1933	"	"		60	86	146
Ave	rage numbe	r of cases	admitted			
	or the ten y			118	160	278

The number of cases admitted is considerably below the average for the last ten years.

The following was the mortality amongst the 146 cases: -

County. City. 3

This gives a death percentage of 2.7.

The average duration of each patient's stay in the Isolation Hospital was 36 days.

				Days
Against	in 1924			42
"	1925			43
,,	1926			45
"	1927			38
,,	1928			38
"	1929			40
"	1930			52
,,	1931			31
,,	1932			35
,,	1933			36
Average	stay for t	he 10 ye	ears	40

The average number of fever patients per day was 14.4.

Remarks.	The three deaths from	heria were from the C	area: the death from pneumonia was a case of measles complicated by	pneumonia.									
Cases remaining under treatment at the end of the year.	4	12	62	:	:	:	:	1	:	1	:		
Deaths.	60	:	:	:	:	:	:	:	:	1	:	:	:
Cases admitted Cases discharged during the year.	42	78	62			60		7	∞		:		:
	44	62	7	:	:	ಣ	:	9	8	8		:	:
Cases remaining under treatment from previous year.	5	11	:	:	:		:	63			:		:
DISEASE.	Diphtheria	Scarlet Fever	Measles	German Measles	Encephalitis Lethargica	Mumps	Empyema	Enteric Fever	Erysipelas	Measles and Pneumonia	Whooping Cough	Acute Poliomyelitis	Chicken Pox

During the financial year 1933-34, a total of £1,001-5-6 was received for the treatment of infectious disease, being £732-15-2 from outside authorities and £268-10-4 from City patients.

SMALL POX HOSPITAL.

By agreement with the County Council it has been arranged that any Smallpox cases arising shall be treated at the County Council's Smallpox Hospital at Upton Pyne.

MENTAL DEFECTIVES.

The educable mentally defective children under the age of 16 are under the supervision of the Education Committee; the other mental defectives are supervised by a Statutory Committee appointed by the City Council, composed partly of members of the Council and partly of co-opted Members. The number placed on the Register since the passing of the Mental Deficiency Act, 1913, is 258. Of these, 42 have died, 35 left the City, 13 have been transferred to the Mental Hospital, and 1 certified under the Lunacy Acts, leaving 167 at present on the Register. These are placed as follows:—

In	Certified Institutions	 	74
In	Non-Certified Institutions	 	5

Five are under Statutory Guardianship and the remaining 83 are well cared for in their own homes and visited from time to time by my staff in order to ascertain if these satisfactory conditions are maintained.

The total expenditure for the financial year 1933-34 was £4,697 7s. 2d., the bulk of which is for maintenance of patients in institutions, the amount being £3,563 9s. 7d.

There is, at present, an insuperable difficulty in obtaining suitable accommodation for multiple defectives and certain other classes of defectives. Negotiations are proceeding between the County Council, Local Authorities and the Starcross Institution with a view to obtaining additional accommodation for all classes of mental defectives.

An increasing amount of correspondence, visits and examinations occupies the time of the Medical Officer of Health and his staff, and it is doubtful if the time thus diverted from other duties has an equivalent value to the community in general. There are too many bodies interested in and partly responsible for the control and welfare of defectives. The result is overlapping. Future legislation should aim at simplification of procedure and the provision of institutional accommodation upon a much more generous scale.

SUPERANNUATION.

During the year 109 persons were medically examined under the Superannuation Scheme, 61 as to fitness for inclusion in the Scheme, and 48 as to fitness for returning to work after sickness or injury. In some cases several examinations of an individual were necessary before an opinion could be given.

The state of the s

