[Report 1963] / Medical Officer of Health, Elstree R.D.C.

Contributors

Elstree (England). Rural District Council.

Publication/Creation

1963

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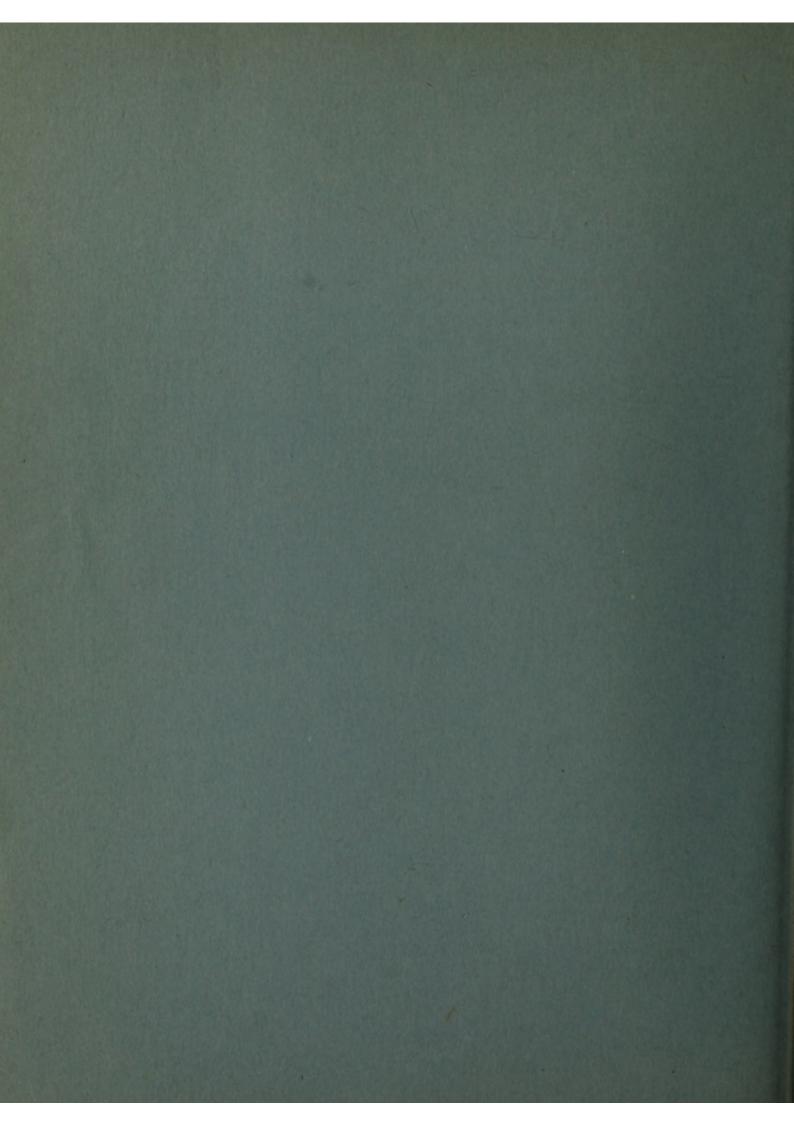


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ELSTREE RURAL DISTRICT



HEALTH REPORT
1963



ELSTREE RURAL DISTRICT COUNCIL

ANNUAL REPORT

of the

MEDICAL OFFICER OF HEALTH G. WINN EVERETT, M.B., B.S., D.R.C.O.G.

together with the

ANNUAL REPORT

of the

CHIEF PUBLIC HEALTH INSPECTOR
G. E. MALE, A.R.S.H., M.A.P.H.I,

1963

ELSTREE RURAL DISTRICT COTINCIL

ANNUAL REPORT

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1963

ELSTREE RURAL DISTRICT COUNCIL

Members of the Council (1963 - 1964)

Chairman

A.J.JAFFE, J.P.

Vice-Chairman

A.FARR

Members

A.ARMSTRONG, J.P. W.J.B.BERTRAND E.J.BROADLEY L.G.COMBES W.A.E.CRICK R.B.DAVIES J.DAWSON (Resigned Sept. 1963) A.FARR J. GOLDBERG (Resigned Jan. 1964) W.J.JOHNSON J.B. LANCASTER Mrs.F.M.MURRAY N.C.WARD (From Oct. 1963) (From Feb. 1964) W. P.COLE D.I.MARKS

PUBLIC HEALTH DEPARTMENT

Council Offices, Shenley Road, Borehamwood

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SCHOOL SERVICE DESIGNATION

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To the Chairman and Members of the Elstree Rural District Council.

MR. CHAIRMAN, MADAM AND GENTLEMEN,

I have pleasure in presenting my 23rd Annual Report on the health of the district for the year 1963.

The general health of the district continues to be good. There have been no epidemics. The number of new cases of Tuberculosis notified was 6 compared with 12, 14, 17, 22 and 18 respectively in the years 1962 to 1957 inclusive. These figures do not include cases reported from Shenley Hospital.

It is unfortunate that the Council's Smoke Control proposals have been set back because of uncertainty of future supplies of solid smokeless fuel for domestic purposes. It is known that the majority of households already burn smokeless fuel and the support for Clean Air is encouraging.

I am pleased to record my thanks to the Council for their support during the year and to the staff of the Health Department and officials generally for their willing help and co-operation.

I am,

Your obedient servant,

G.WINN EVERETT,

Medical Officer of Health.

HOLDER OF THE PARTY AND CONTRACT,

Section A

STATISTICS AND SOCIAL CONDITIONS OF THE AREA

Area Population (mid 1963 - Registrar General' Number of inhabitated houses Elstree 6979 Shenley 481 Ridge 77 Rateable Value (1st April 1964) Estimate product of a penny rate (1st Apr	£1,847,100
VITAL STATISTICS	
Births	Total M F
Live Births Live birth rate per 1,000 population Illegitimate live births per cent of	468 227 241 15.8
total live births Still-births Still-birth rate per 1,000 live	5•3 9 4 5
and still-births Total live and still-births	18.9 477 231 246
Infant deaths (Deaths under 1 year)	3 1 2
Infant mortality rate per 1,000 live birt Infant mortality rate per 1,000 live birt	
(Legitimate) Infant mortality rate per 1,000 live birt	6.8
(Illegitimate) Neo-natal mortality rate (deaths under	Nil
4 weeks) per 1,000 total live births Early neo-natal mortality rate (deaths un	6.4
l week) per 1,000 total live births Perinatal mortality rate (still-births and deaths under 1 week combined per 1,000	6.4
live and still-births	25.2
Maternal deaths (including abortion)	
Maternal mortality rate per 1,000	Nil
Maternal mortality rate per 1,000 live and still-births	Nil

DEATHS - Causes	Male	Female	Total
Tuberculosis, respiratory	2	-	2
Tuberculosis, other	-	1	1
Acute Poliomyelitis	1	_	1
Malignant Neoplasm, stomach	3	4	7
Malignant Neoplasm, lung, bronchus	8	2	10
Malignant Neoplasm, breast	Manager 2	4	4
Other Malignant & Lymphatic Neoplasms	15	19	34
Leukaemia, Aleukaemia	í	2	
Diabetes	- 0	3	3
Vascular Lesions of Nervous System	14	22	3 36
Coronary Disease, Angina	26	18	44
Hypertension with Heart Disease	-	8	8
Other Heart Disease	7	26	33
Other Circulatory Disease	12	13	25
Influenza	1	-3405	
Pneumonia	12	31	43
Bronchitis	9 2	4	13
Other Diseases of Respiratory System		1	43 13 3 2 2
Ulcer of Stomach and Duodenum	2	The Control of the Co	2
Gastritis, Enteritis & Diarrhoea	1	1	2
Nephritis & Nephrosis	1	1	2
Congenital Malformations	1	Ser Lines	1
Other Defined & Ill-defined Diseases	8	18	26
Motor Vehicle Accidents	-	1	1
All Other Accidents	3	3	6
Suicide	4	A CONTRACTOR OF THE PARTY OF TH	4
Homicide & Operations of War			
When I was from I can the	133	183	316
			-

Note: In considering the Death Rate, it should be observed that 187 deaths occurred of patients in Shenley Hospital and that they would not normally have resided in the District. The Death Rate excluding the hospital patients was 4.1

	Els	England & Wales	
	Actual	Standardised	arrent -
Birth Rate	15.8.	17.0	18.2
Death Rate	10.7	10.1	12.2

^{*} Actual rate x Comparability Factor to give Standardised Rate

Section B

GENERAL PROVISION OF HEALTH SERVICES FOR THE AREA

1. PUBLIC HEALTH OFFICERS

One part-time Medical Officer of Health
One Chief and two District Public Health Inspectors
(All whole-time, qualified Public Health Inspectors
and Meat and Food Inspectors).

The General Purposes Committee deals with all matters relating to Public Health. They meet at six-weekly intervals and receive the reports of the Medical Officer of Health and the Chief Public Health Inspector.

2. (a) LABORATORY FACILITIES

Samples of water, milk and ice-cream are examined at the Public Health Laboratory, Peace Memorial Hospital, Watford.

(b) AMBULANCE FACILITIES

Cases of infectious disease are conveyed to the Coppetts
Wood Isolation Hospital, Muswell Hill and the West Hendon
Hospital. The ambulance for non-infectious cases, provided
by the Herts County Council, is stationed at the Fire Station,
Elstree Way and is manned by the Herts Ambulance Brigade staff.
If this service is not available, ambulances are on call from
a pool controlled by the West Herts Divisional Control, St. Albans.

(c) NURSING IN THE HOME

The area has six whole-time Health Visitors, three District Nurses employed on general nursing, three midwives and one nurse employed part-time on general nursing.

- (d) TREATMENT CENTRES AND MATERNITY AND CHILD WELFARE CLINICS
- (i) Elstree Way, Borehamwood

Ante-Natal: 2nd and 4th Mondays of the month at 2 p.m. Wednesdays at 2 p.m.

Infant Welfare: Thursdays 2 to 4 p.m.

Family Planning: Fridays 2.15 to 3.15 p.m.

Speech Thorapy: Fridays 9.30 a.m. to 12 noon

2 to 4.30 p.m.

Ophthalmic: Wednesdays 1.30 to 4 p.m.

Orthoptic: Mondays 9.30 a.m. to 12 noon

2 to 4 p.m.

Diphtheria & Whooping Cough Immunisation: Fridays 10 to 11 a.m.

*School Dental Clinic:

*Orthodontic: Tuesdays 1.30 p.m. to 4 p.m.
Alternate Saturday mornings

(ii) Health Annexe, Greenacres School, Borehamwood

Ante-Natal: Thursdays 2 to 4 p.m.

Infant Welfare: Tuesdays 2 to 4 p.m.

*Speech Therapy:

*School Dental Clinic:

(iii) Health Annexe, Saffron Green School, Borehamwood

Infant Welfare: Tuesdays 2 to 4 p.m.

*School Dental Clinic:

*Speech Therapy:

(iv) Church Hall, Shenley

Infant Welfare & Immunisation: 1st & 3rd Wednesdays of the month 2 to 4 p.m.

* Treatment by appointment only

(e) HOSPITALS

The Rural District of Elstree is covered by the North West Metropolitan Regional Hospital Board. Individual hospitals are managed by Hospital Management Committee Groups.

Barnet General Hospital

General Hospital with complement of 490 beds with the usual medical and surgical facilities. Regular consultative clinics are as follows:-

Ante-Natal Dental Dermatological Chiropody Ear, nose & throat Geriatric

Gynaec ol ogical Medical Neurology Ophthalmic Orthopaedic Paediatric Tuberculosis

Physical medicine Post-Natal Psychiatric Radiotherapy Sub-Fertility (Males) Surgical

St. Stephens Hospital

Small general hospital with complement of 88 beds

Victoria Hospital, Wood Street, Barnet

Maternity Hospital with complement of 48 maternity beds and 48 cots.

Clare Hospital, South Mimms

Chest Hospital with complement of 334 beds

Child Guidance Clinic, Orchard Gate, Hill End, St. Albans. Child Guidance service: Monday to Friday 9 a.m. to 5 p.m. (Patients seen by appointment only)

St. Albans City Hospital, Normandy Road, St. Albans

Tuesdays 5 to 6.30 p.m. Venereal Diseases: Thursdays 1 to 2 p.m.

Shrodells Hospital, Watford

Mondays 4 to 6 p.m. Venereal Diseases: Wednesdays 4 to 6 p.m.

Saturdays 10 a.m. to 12 noon

Bushey & District Hospital, Bushey

General Hospital with complement of 37 beds

Coppetts Wood Hospital, London, N.20 (Telephone TUDor 9792)

Cases of Infectious Diseases (excluding Smallpox) are taken to this hospital. Bed complement 144

Section C

SANITARY CIRCUMSTANCES OF THE AREA

WATER SUPPLY

The Rural District has 3 parishes, Elstree, Shenley and Ridge.

The parish of Ridge and a small part of Elstree parish is supplied with water by the Lee Valley Water Company.

The parish of Shenley and the rest of Elstree parish is supplied with water by the Colne Valley Water Company.

I am indebted to the above-mentioned companies for the following information regarding the water supplied to the district.

- The water supply has been satisfactory in quality and quantity.
- 2. 938 samples of raw water were submitted to bacteriological examination. The results were variable.

2,946 samples of supply water were submitted to bacteriological examination. The results were very satisfactory.

475 samples of raw water were examined chemically. The results were variable.

592 samples of supply water were examined chemically. The results were very satisfactory.

- 3. Before distribution the supply water is chlorinated and partially dechlorinated. Part of the supply water is also filtered and most of it is submitted to softening.
- 4. The water is not likely to be plumbo-solvent.
- 5. All the houses in the district are supplied from public water mains direct to the houses with the exception of one isolated house in the parish of Ridge which has a water supply from a private well. The water from the well was submitted to bacteriological examination. The result was satisfactory.
- 6. The fluoride content of the water supply is less than 0.1 part per million. The Council has asked the Minister of Health to require the addition of fluoride to drinking water throughout the country where the naturally occurring amount is insufficient.

SEWAGE DISPOSAL

The main centres of population in the district are served by drains connected to the trunk sewer of the South-west Herts Main Drainage Authority, the sewage being treated at Rickmansworth. There are small treatment works within the district at Catherine Bourne and Bell Lane, Shenley and at Watford Road, Elstree.

75 private septic tank disposal units at farms and isolated dwellings were desludged twice during the year. The work is carried out by arrangement with the St. Albans Rural District Council.

The number of houses in the district without waterclosets has now been reduced to 9. Some of these dwellings are unfit but efforts are continuing to persuade the owners of the other properties to provide improved sanitary facilities.

PUBLIC CLEANSING

House refuse is collected weekly from the whole of the District by the Council's own staff (under the control of the Engineer and Surveyor), and disposed of by controlled tipping on the site of the disused sewage works at Medburn Farm, Elstree and at Moor Mills, Park Street, Nr. St. Albans.

The use of paper sacks instead of dustbins is now the policy of the Council and steady progress is being made in the extension of this improved hygienic method to the whole of the district.

SHOPS AND OFFICES

Routine inspections were carried out at these premises during the year. No statutory action was necessary.

SWIMMING POOLS

There are no public swimming pools in the Elstree Rural District, but the Council have plans for the provision of an indoor pool at Borehamwood.

CLEAN AIR

On the 1st July 1963, the Council's second Smoke Control Order became operative. The area between the Barnet By-Pass and Furzehill Road, from Shenley Road and Elstree Way southwards to the district boundary is now subject to Smoke Control.

Unfortunately this work must temporarily be slowed down because of the uncertainty of smokeless solid fuel supplies to domestic users.

- 13 -

RODENT CONTROL

During the year investigation and treatment for rats and mice was carried out at 378 premises. 97 buildings were treated for various insect infestations.

HOUSING IMPROVEMENT GRANTS

During the year, 4 applications were received for Discretionary Improvement Grants. 2 applications were granted and the works completed during the year.

7 applications for Standard Grants were received and approved during the year.

It is disappointing that owners are not taking advantage of the financial help available for the improvement of structurally sound houses. The applications for grants are mainly from owner/occupiers or the purchasers of houses which have previously been rented but have become vacant and been sold to persons who intend to occupy the premises themselves.

RENT ACT 1957 - CERTIFICATES OF DISREPAIR

No applications for Certificates of Disrepair were received during 1963.

HOME SAFETY ACT, 1961

The "Home Safety Panel" under the Chairmanship of County Councillor A.Farr, visited 9 organisations during the year and addressed a total of 450 persons on accidents in the home and how the accidents may be avoided.

The panel comprises a Health Visitor, representatives of the Gas and Electricity Services, the Station Officer of the Fire and Ambulance Service, and the Chief Public Health Inspector.

The audiences varied from schoolchildren to Women's Organisations and Old Folk's Clubs.

TUBERCULOSIS - New cases and mortality during 1963

	New cases				Deaths			
Age Group	Pulmonary		Non Pulmonary		Pulmonary		Non Pulmonary	
	M	F	М	F	М	F	М	F
Under 5 5 to 14 15 to 24 25 to 44 45 to 64	1 2	1	1	1	1			20 C
Age unknown								-1
*Totals	3	, 1	1	1	1	-	1	

^{*}Not including patients resident in Shenley Mental Hospital

Section D

INFECTIOUS DISEASES

The following table gives the incidence of notifiable diseases during the year:

Disease	Total Notified				Total cases admitted to Hospital			Total deaths			
Scarlet Fever Whooping Cough Poliomyelitis Measles Diphtheria Dysentery Mening ococcal infection Pneumonia Erysipelas Food Poisoning Puerperal Pyrexia	776 - 1 3 1 - 4			2 3 1				1			
Age Group	Under 1	1 to 2	2 to 3	3 to 4	4 to 5	5 to 9	10 to 14	15 to 24	25 & over	Age Unknown	Totals
Scarlet Fever Whooping Cough Poliomyelitis Measles Diphtheria Dysentery Meningococcal infection Pneumonia Erysipelas Food Poisoning Puerperal Pyrexia	1 20	2 60	2 92	2 106	3 95	6 10 384 1	1 8	8	3 1 2		11 21 776 - 1 3 1

ANNUAL REPORT OF THE CHIEF PUBLIC HEALTH INSPECTOR

MR. CHAIRMAN, MADAM AND GENTLEMEN,

I have much pleasure in presenting my Annual Report for the year 1963.

Routine investigation of complaints and inspections of premises were carried out as shown in the report and in addition a considerable amount of time was taken up in the necessary work involved in the preparation and supervision of the Council's Smoke Control Order No. 2 which came into operation on the 1st July 1963.

The operation of a free service for the removal of sludge from septic tanks and cesspools which was started during the year has proceeded satisfactorily. It is of benefit not only to those who live in isolated houses which cannot be connected to main drainage, but to the community generally in improving the general hygiene of our environment.

For your support and encouragement during the year I am most grateful, and to the staff of the Health Department, I am pleased to record my thanks for their loyal and efficient service.

I am,

Your obedient servant,

G.E.MALE

Chief Public Health Inspector.

INSPECTIONS DURING THE YEAR

A total of 2,684 visits and inspections to all types of premises was made during the year. 405 inspections of food handling premises were carried out.

78 Informal Notices requiring the remedy of defects in dwelling houses were served during the year. In only one instance was it necessary to obtain authority for the service of an Abatement Notice under the Public Health Act, and in this instance the work was carried out before the serving of the notice.

REGISTERED COMMON LODGING HOUSES

There are no registered common lodging houses in the area.

AGRICULTURE (SAFETY, HEALTH & WELFARE PROVISIONS) ACT, 1956

23 visits were made to agricultural holdings during the year for the purposes of the Act. No statutory action was required.

NOISE

Several complaints of noise were received during the year mainly regarding noise from industrial undertakings and in one instance a considerable amount of time was spent in visiting the premises concerned and the houses in the vicinity of the factory at various times of the day and night. Improvement has been achieved with the co-operation of those concerned.

MUNICIPAL CARAVAN SITE

A site for ten caravans at Radnor Hall, Allum Lane, was completed and occupied during the year. Families who had previously been living on roadside verges or other unlicensed sites in the district have now been moved onto the Municipal Site and one has only to visit this site and see the clean and tidy state in which it is kept, to realise the benefit of its provision.

Each caravan has its own garden, store shed and supply of electricity. There is a communal building in which there are water closets, washbasins, bathrooms and a laundry room. Constant hot water is available.

FOOD PREMISES

There are 172 premises in the district where food is prepared for sale, or sold, or offered or exposed for sale to the public.

The following table gives a summary of the type of food premises in the area.

General provision shops	30	Butchers shops	14
Confectioners (Sweets etc.)	14	Greengrocers	14
Confectioners (Bakers)	8	Fishmongers	5
Ice Cream manufacturers	5	Bakehouses	4
Cafes and Restaurants	8	Factory Canteens	19
Licensed premises	20	School Canteens	17
Chemists	6	Stalls	2
Off Licenc	es	7	n. Pres

All the above-mentioned premises were inspected during the year.

9 notices were served requiring necessary works to be carried out in food premises.

FOOD AND DRUGS ADMENISTRATION

The Hertfordshire County Council are responsible for sampling food and drugs in this district and I am indebted to Mr.E.H.Griffiths, Divisional Inspector, Weights & Measures Department for the following information regarding samples taken in the Elstree Rural District during 1963.

Milk Samples	30 - All genuine
Samples other than milk	Total 12
	Genuine 10
office senior as segrer obta	Not genuine 2

The 2 "not genuine" samples were both orange juice from the same canner, who was prosecuted, convicted and fined in respect of the samples which showed an addition of 40% of water to the juice.

FOOD AND DRUGS ACT 1955 Milk and Dairies Regulations

The following table gives particulars of milk samples taken during the year from purveyors within the district.

13 samples satisfied the prescribed tests as required by the Milk and Dairies Regulations. Repeat samples were taken following the one unsatisfactory result. The repeat samples satisfied the prescribed tests.

Total No. of Samples	Tuberculin Tested Pasteurised	Pasteurised		
14	12	And a 2 state of		

ICE CREAM (HEAT TREATMENT) REGULATIONS 1959

Under Section 16 of the Food and Drugs Act 1955, there are five registrations in the district of premises used for the manufacture and sale of ice-cream, and 51 premises registered for the sale of ice cream.

51 samples were taken during the year. The results of the bacteriological examinations are as follows:-

-	Grade I	Grade II	Grade III	Grade IV
-	33	2	3	13

Provisional Grades 1 and 2 are regarded as satisfactory. Grades 3 and 4 are unsatisfactory.

The high proportion of unsatisfactory samples was due to the use of Soft Ice Cream machines which require daily cleansing and sterilization. As a result of several visits and instruction in the care and operation of these machines, improved results were obtained.

ANIMALS SLAUGHTERED AND INSPECTED AND PARTICULARS OF CONDEMNATIONS

					-	
nefyrne dileta iku	Cattle ex Cows	Cows	Calves	Sheep and Lambs	Pigs	Horses
Number killed	Stormers.	me Si	Tarios a	33	219	
Number inspected		Jan S	034000	33	219	
ALL DISEASES EXCEPT TUBERCULOSIS AND CYSTICERCI: Whole carcases condemned	55.7907 5982			30 .011	11	
Carcases of which some part or organ was condemned		5.4	i	. 9	37	
Percentage of the number inspected affected with disease other than Tuberculosis and Cysticerci	7533 -11 Suo 274513 beta ben	CAO SO		27.3	16.9	
TUBERCULOSIS ONLY: Whole carcases condemned	(Indiana)	013 00 0 72 0 0 8 73	na Trus Zan ari	religion religion no be	100 0 100 0 100 0	3
Carcases of which some part or organ was condemned	a eva en evil evil	OB DOT	10 0 100 100 100	de forces en la Jego	1	i d
Percentage of the number inspected affected with Tuberculosis	T. etask		and the same	T sha	0.5	
CYSTICERCOSIS:	ē		3	Q.		1
Carcases of which some part or organ was condemned		Big I	steri		48	
Carcases submitted to treat- ment by refrigeration			A Page 20	o is M	1.3500	
Generalised and totally condemned	n de Aire n de Aire	port or si to bros	ran our	121 mm 2 1 mm 2 mm		

ANNUAL REPORT OF THE MEDICAL OFFICER OF HEALTH FOR THE YEAR 1963 FACT CRIES ACT, 1937

Inspections for purposes of provisions as to health

Part 1 of the Act

+ 0 0 0 0 1	Total	Other premises in which Section 7 is enforced by the Local Authority (excluding outworkers' premises)	Factories not included in (1) in which Section 7 is enforced by the	Factories in which Sections 1,2,5,4 and 6 are to be enforced by Local Authorities	Premises	
1-01	101		97	7	Register	Minmber on
13	70	The state of the s	74	5	Inspections	Number of
The state of the s					Written Notices	of
					Occupiers Prosecuted	

CASES IN WHICH DEFECTS WERE FOUND

Total	Sanitary Conveniences (S.7) (a) Insufficient (b) Unsuitable or defective (c) Not separate for sexes Other offences against the Act (not including offences relating to Outwork)	Want of cleanliness (S.1) Overcrowding (S.2) Uhreasonable temperature (S.3) Inadequate ventilation (S.4) Ineffective drainage of floors (S.6)	of Math. 14 suplants and 15	The Company of the Co	
Lin		ALCASAL D. C. C.	Found		Number :
Ni I			кетеатеа		Number of cases in which defects were found
Nil			To H.M. Inspector	Referred	oh defects
Nil			By H.M. Inspector	rred.	
Nil	Section of the second s		instituted	Prosecutions	Number of cases

Outworkers: Number of Outworkers in the district during the year was Nature of Work: Making of wearing apparel.

28