# [Report 1945] / School Medical Officer of Health, Eastbourne County Borough.

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## COUNTY BOROUGH OF EASTBOURNE.

LOCAL EDUCATION AUTHORITY.

## ANNUAL REPORT.

of the

SCHOOL MEDICAL OFFICER .

for the year 1945.

JOHN FENTON, M.B., B.Ch., B.A.O., D.P.H.
School Medical Officer.

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#### STAFF.

### (a) FULL TIME OFFICERS.

#### School Medical Officer.

John Fenton, M.B., B.Ch., B.A.O., D.P.H.

#### Deputy School Medical Officer.

Theodore H. Parkman, M.B., B.S., D.P.H. (On War Service)

#### School Nurses.

Miss E.K.N. Cumming (Senior) S.R.N., S.C.M., S.R.F.N., H.V. Cert.

Miss B. Brewer, S.R.N., H.V.Cert. (to 22nd. August)

Mrs. L. Foster, S.R.N., S.C.M., H.V. Cert.

Miss R.A. Hayman, S.R.N., H.V. Cert. (Temporary from 24th. July)

Miss M.J. Refferty, S.R.N., S.C.M., Q.I.D.N., H.V. Cert.

Miss M.F. Wheeler, S.R.N., S.C.M., Q.I.D.N., H.V.Cert. (from 1st. october)

Miss A. Wilcock, S.R.N., S.C.M., S.R.F.N., H.V. Cert.

Miss I, Rainey, R.S.C.N., S.C.M., H.V.Cert. (part-time from 24th. September. Full-time from 1st.December)

(The School Nurses are also Health Visitors)

## Physiotherapist.

Miss H.J. Murphy, C.S.P., M.E., S.R.E. (from July)
Miss E. Dives, C.S.P., M.E., L.E.T., Diploma of Physical Training.

(Part-time to end of June)

#### Clerks.

Miss M. J. Stevens (Senior) (to 30th. November) Miss B. Douch (Junior)

#### Dental Attendant.

Miss J.B. Baldock (to 20th. October)
Mrs. M.I. Trowbridge (Temporary from 12th. November)

### (b) PART TIME OFFICERS.

#### Ophthalmic Surgeon.

A. L. Young, M.A., B.M., B.Ch., M.R.C.S., L.R.C.P., D.O.M.S. (to 30th. August.)

E. V. Oulton, B.A., M.B., B.Ch., D.O.M.S., (from 12th. September)

#### Orthoptist.

Miss P. Montague-Smith.

#### Orthopaedic Consultant.

John A. Cholmeley, M.B., B.S., F.R.C.S., L.R.C.P. Royal National Orthopaedic Hospital, Stanmore.

#### Orthopaedic Surgeon.

A. H. Crook, M.Ch., F.R.C.S.

#### Radiologist.

E. O. Fox, M.R.C.S., L.R.C.P., D.M.R.E.

## Ear, Nose and Throat Surgeon.

D. O'Connor Cuffey, M.A., M.B., B.Ch., F.R.C.S(Ed)., M.R.C.S., L.R.C.P. (from October)

#### Anaesthetists for Tonsil and Adenoid Operations.

S.S.B. Gilder, B.Sc., M.R.C.S., L.R.C.P. H.J.Pollard, B.A., M.R.C.S., L.R.C.P.

#### Child Guidance Service.

## Speech Therapist.

Mrs. M. Mossman, L.R.A.M., L.C.S.T.

School Health Department, Avenue House, Eastbourne.

July, 1946.

To The Chairman and Members of the Education Committee.

Gentlemen.

I have the honour to submit herewith my Annual Report, the thirty-eighth in the Series, on the Health of the School Child in Eastbourne, and on the work of the School Health Department during the year 1945. Since the fateful year of 1939 all sections and all ages of the community have been subjected to many stresses and strains, but none more than children of school age. Our own Eastbourne school children underwent their full share of the difficulties and trials of those memorable years. My Annual Reports covering the years 1939 to 1944 indicated that there was no obvious indication that the health of the children had been seriously affected. One is happy to report that the results of the many inspections of our children in the year under review again lead one to believe health and vitality has been maintained.

To cope with the greater numbers of children on the school registers increased facilities for school meals were, despite many difficulties, most efficiently provided. It is satisfactory to note that the percentage of children taking advantage of this excellent service continues to increase. The increasing consumption of school meals, and the fairly constent high proportion of children taking milk at school, are unquestionably factors of paramount importance in the maintenance of the health of the school child. In this connection also, the mental and physical relief to many parents in these days of rationing and other difficulties, is a factor of no little importance to the health and well-being of the housewife, and indeed, the whole family.

In connection with our Ophthalmic Service, it was felt for some time past that there was a real need for Orthoptic facilities. By arrangement with the Princess Alice Hospital a scheme was evolved and the first weekly Clinic Session was held at the Hospital in August.

There were no deaths of children of school age from natural causes but it is most regrettable to have to report that two children died as the result of accidents. It is to be hoped that the vigorous campaign now being waged by the Royal Society for the Prevention of Accidents will result in preventing this tragic wastage of young lives.

One case of Diphtheria and thirty-one cases of Scerlet-Fever were notified in children of school age and there was an epidemic of measles in the early months. The year was, however, again one of low incidence of serious infectious disease.

Scabies continued to be prevalent, despite determined efforts to control the disease by prompt treatment, not only of patients, but also of all contacts in the affected family. With modern treatment, however, loss of school time was reduced to a minimum.

The Open Air School which, at the commencement of the year had only some thirty-two children on its register, began to function more fully as some of the classrooms were vacated by normal children temporarily housed there. At the end of the year there were close on fifty children in attendence. This day school now provides excellent facilities for handicapped children, mainly of the delicate type. Eight children from the Hampden Park area were taken to and from the school daily by a hire car service at a weekly cost of twenty-six shillings.

St. Aidan's School for the child handicapped as a result of being educationally sub-normal, re-opened in Whitley Road in February, efter an absence of three and a half years in Bedford. Fifteen boys and nine girls were on the register at the end of the year. The numbers of children in the educationally sub-normal and retarded categories of handicapped children are fairly considerable, and provision for their education in circumstances likely to give them a fair chance of competing favourably in after life with their more fortunate brothers and sisters is a matter of very great importance, to which, one is pleased to note, the Authority is fully alive and anxious to provide for at the earliest possible opportunity.

In dealing with some sixteen instances of neglect or suspected neglect involving thirty-six children, the Staff of the Department had, as in former years, the ready co-operation and most valuable help of Mr. A. A. Banyard, local Inspector of the National Society for the Prevention of Cruelty to Children. His investigations, involving more than 100 visits to the homes of the children, showed that in nine homes varying degrees of neglect were present: in four instances improper guardianship was being exercised: in three cases children were being brought up in immoral surroundings and one child was considered to be beyond control.

In comparison with recent years, there was a considerable increase in the number of juveniles dealt with for criminal offences. Apparently no particular reason can be given for this increase but the Police tell us that there was a general increase in crime up and down the Country. Of the eighty-two (seventy-five youths and seven girls) juvenile offenders, forty-two were cautioned by the Police and forty were dealt with by the Magistrates. Three (two males and one female) were sent to Approved Schools; six (five males and one female) were fined; seventeen (fourteen males and three females) were placed on Probation; ten males were dismissed under the Probation of Offenders Act, and the cases of four youths were dismissed. Of the thirty-five male juvenile delinquents sixteen had already made one or more appearances before the Magistrates.

Three children, boys aged 4 and 8, and a girl aged 14 years, involving two families, were brought before the Courts as being "In Need of Care and Protection". Orders were made for the removal of all three children from the care of their parents.

Some eight children (6 boys and 2 girls) are now in the care of the Local Authority under the Act of 1933. Very great difficulty is still being experienced in finding suitable private homes in which to place these children, and at the time of writing only three are boarded-out, leaving five in the Local Authority's Children's Homes.

You will remember that the Joint Child Guidance Service began to function in September 1944. One hundred Eastbourne cases have been referred to the Clinic since the inception of the Service. One Session was held weekly at Avenue House Clinic up to October, 1945, when a whole day (two sessions) was given over to the Eastbourne and surrounding county district cases. Much progress has been made, and though the cases fully investigated and treated may appear relatively few in number, much valuable help and advice has been given by one or more members of the team to many other cases. The metter of extending the Service further, by the employment of more staff when the necessary personnel is available, will be kept under review by the Joint Child Guidence Committee. Inother matter for fairly urgent consideration by this Committee is, I suggest, the establishment of a Hostel for the maladjusted child: in some instances no progress can be made unless the child is removed, at least temporarily, from unsuitable surroundings. Hostel accommodation of this type will not be available unless provided, preferably jointly, by Authorities for their own cases.

The Lord Mayor's Air Raid Distress Scheme again helped twenty-two of our Eastbourne children by receiving them for two or more weeks rest and change at Tangley Place Convalescent Home, near Guildford, where the children thoroughly enjoyed their stay. The Authority is greatly indebted to the five local dental practitioners who worked on a sessional basis to help keep our Dental Service functioning. The amount of time they could spare, one session each per week, was not, of course, sufficient to provide anything approaching a full Dental Service and Routine Inspections of children's teeth in the schools had to be almost entirely neglected. It was with great pleasure I was recently able to report that our own whole-time Dental Surgeon has now returned from War Service, and to help catch up with arrears of work you have authorised me to employ a local dental practitioner for four sessions weekly. Mr. Norman Gray will continue to attend one Session weekly to deal with the orthodontic side of the Service.

The thanks of the Local Education Authority are also due to the local medical practitioners who, in the absence of the Deputy School Medical Officer, gave such valuable help in connection with Routine School Medical Inspection and Clinic work.

These Annual Reports give me personally the opportunity to express to all connected with the well being of our children my thanks for the unstinted help and advice I always receive from them. The Chief Education Officer and his Staff at all times fully co-operated with the personnel of my Department and the Head Teachers and their Staffs have done all in their power to help in all our efforts towards the health and well being of the children.

My own Staff had yet another year of hard work and many difficulties to cope with, but as before they cheerfully and loyally carried on.

You, Mr. Chairman, the Members of your Committee, and indeed, every Member of the Local Authority, were most helpful, and considerate in the difficulties encountered in the year under review, and I welcome this opportunity of expressing my thanks.

We live in changing times - the Education Act of 1944 provides for an extended School Health Service, and in a very few years we may expect further changes when the Health Service Bill becomes an Act of Parliament. Meanwhile there is much to be done: the return of Members of the Staff from War Service, and the relief from work of Civil Defence and other Emergency duties, will now enable us to devote all our energies to the task.

I am, Mr. Chairman and Gentlemen,

Your obedient Servant,

School Medical Officer.

#### 1. STATISTICS.

In January, the names of some 3,150 children were on the registers of the twenty-one Schools. At the end of the year there were 4,261 children on the registers of twenty-nine Schools. The average attendance throughout the year was 3,892 being a percentage attendance of 89.

The increase in the number of Schools was brought about by the re-organisation of former Elementary Schools into Primary and Secondary Schools.

St. Aidan's School, which had returned from Bedford at the end of 1944 re-opened here in their pre-war premises in Whitley Road in February, 1945.

Christ Church Junior School moved on July 2nd. from Moira House School, Meeds, to Stafford House.

#### 2. STAFF.

Miss A. Wilcock who had held the combined appointment of Health Visitor and School Nurse for six years resigned in December to take up a more senior appointment with the Harrogate Corporation. Miss Irana Rainey, who had previously been employed in the Department as Health Visitor and School Nurse returned to take up part-time duty in September and was transferred to the full-time permanent staff on December 1st. Miss Helen J. Murphy, Physiotherapist, resumed duty in July after serving three and a helf years with H.M.Forces. Miss M. J. Stevens, Senior Clerk in the Department, left the service of the Authority at the end of November.

## 3. SCHOOL HYGIENE.

Periodic inspections of the sanitary arrangements in the schools were made by the Sanitary Inspectors. The minor defects found at these inspections were reported to the Chief Education Officer who arranged for them to be dealt with by the appropriate Authority.

#### 4. MEDICAL INSPECTION.

Some 2,088 children were inspected in the routine age groups. Special inspections to the number of 1,010 were carried out in the case of children sent up for exemination by parents, school nurses or teachers. In addition, 1,367 children were re-exemined in connection with defects found at previous exeminations.

Five hundred and fifty-seven, a percentage of 26.67 of the children inspected in the routine age groups were found to be suffering from some defect or defects requiring treatment.

- (a) Nutrition. Of the children examined in the routine age groups 250 (11.97%) were found to be in excellent nutritional condition; 1,713 (82.04%) were reported normal; 125 (5.99%) were noted as slightly sub-normal, and in no case was the nutritional state reported to be "bad"
- (b) Uncleanliness. Inspections for uncleanliness to the number of 10,188 were made by the School Nurses. In 48 instances vermin were found in the heads of children, and in 336 cases nits were present.
- (c) Ear Diseases. Of the children inspected in the routine age groups, one was found to be suffering from defective hearing and two from middle ear disease.
- (d) Heart Disease. Of the 22 cases of cardiac abnormality noted, only two were regarded as organic in origin.
- (e) <u>Diabetes</u>. Two children of school age were known to be suffering from Diabetes. In these cases the necessary supply of insulin was provided by the Department at no cost to the parents.

#### 5. SCHOOL MEALS AND MILK.

Mid-day meals were prepared and served at and from the following School Centeens:

Girls' High School,

Eldon Roed. - Centeen on premises for pupils attending that School.

Grammar School, Eversley Court.

- Canteen on premises for pupils attending that School.

East Street No. 1. - Meals prepared at this Centre were despatched by container service to the following schools:

Bourne Junior
Bourne Infants
Christ Church Infants )
Bedewell ) From January
St. Joseph's ) to April.
St. Philip's Infants )

Meads from April onwards,

East Street No. 2. - Catered for children attending:

Bourne County Secondary School. Christ Church Junior ) By Container Meads (up to April) ) Service.

Hampden Perk County Secondary School. Centeen on premises provided for the Senior pupils: a container service catered for children attending the Junior School, and also during the months of January and February for children attending the Infants' School.

Open Air School.

- A canteen on the premises, which up to Easter continued to be run by members of the Women's Voluntary Services, catered for pupils attending the Open Air School, as well as St. Mary's Boys', Girls' and Infants' Schools.

St. Anthony's.

The British Restaurant organised by members of the Women's Voluntary Services provided facilities for pupils attending St. Andrew's Infant School up to April and St. Andrew's Junior School up to July. In September it was taken over by the Authority as a School Canteen to serve St. Andrew's Junior School and also, by container service, Hampden Park Infants' School.

St. Aidan's.

From March, a Centeen on the premises functioned for the children attending this School.

Motor 'Bus Depot.

- The kitchen at this Depot prepared meals which were, from April onwards, sent by container service to:

Bedewell. St. Joseph's. St. Andrew's Infants. Christ Church Infants. St. Philip's Infants.

Junior Technical - School.

A canteen on the premises provided facilities for the children ettending this School.

British Restaurants.
The Glen (until August)Victory (from August)

The Glen (until August) - Provided for pupils attending the Commercial School.

Hot mid-day meals to the number of 333,322 were served and of that total 92,019 were provided free. In the previous year, of the 210,599 meals served, 72,019 were provided free.

|       |                         | MEALS |                             |              | MILK.    |         |       |       |                 |  |
|-------|-------------------------|-------|-----------------------------|--------------|----------|---------|-------|-------|-----------------|--|
|       | Number of               |       |                             | Percentage   | 1/3 1    | Pint    | 2/3 I | Pint. | Percentage      |  |
| Date. | Children<br>in Schools. | Free. | ree. Paid, taking<br>meals. |              | Free.    | Paid.   | Free. | Paid. | teking<br>milk. |  |
|       |                         |       | 1                           | Elementary   | Schools  | Only.   | 7     |       | 1               |  |
| Feb.  | 2,747                   | 382   | 622                         | 36,4%        | 159      | 548     | 510   | 1,091 | 84%             |  |
|       |                         |       | Prime                       | ry and Secon | adary Do | partmen | its.  |       |                 |  |
| June  | 4,175                   | 473   | 1257                        | 41.4%        | 227      | 1,198   | 282   | 1,647 | 80.3%           |  |
| Oct.  | 4,115                   | 426   | 1411                        | 44.6%        | 192      | 1,297   | 367   | 1,476 | 80.9%           |  |

The income scale for Free Milk and Meals was as follows:

Number in femily. Children were granted free milk and meals where the income per head of the family after deducting rent, rates and insurances was the following or less.

2 persons 3 or 4 persons 5 or more persons 12s. per head. 11s. per head. 10s. 6d. per head.

When the income was in excess of this scale a charge of 5d. was made for a mid-day meal, and a 1d for 1/3 of a pint of milk.

#### INSTITUTIONAL TREATMENT.

The Education Authority was responsible for the cost of maintenance of children in Institutions as follows:-

Royal National Orthopaedic Hospital, 1 case: Perthes Disease. Stanmore. Infantile Paralysis. Heritage Craft Schools, Chailey. 1 case: 3 cases: Epilepsy. St. Elizabeth's School and Home for Epileptics, Much Hadham. Rhoumatic cerditis. Lancing Children's Heart Home. 1 case: Deafness. Brighton School for the Deaf. 1 case: 2 cases: Bronchiectasis Elfinsward Auxiliary Hospital Eozema. Haywards Heath. 1 case: Hairy naevus of face. Queen Victoria Hospital, East Grinstead. Bronchiectasis. 2 cases: Hospital for Sick Children, Orchidopexy. Tadworth and London

Birmingham Royal Institution for 1 case: Partially Blind.

Catholic School for the Blind, l case: Partially Blind.
Liverpool.

## 7. CLINICS.

(a) EXAMINATION CLINICS. Examination Clinics were held at Avenue House, Torfield Court (up to Merch), Acadia Villa, 357 Seaside, and St. Elisabeth's Victoria Drive. Three hundred and ninety-six children made 1,010 attendances for 523 defects. The conditions for which the children were examined were as follows:

| Anaemia 4                            | Diseases of the skin 45  |
|--------------------------------------|--------------------------|
| Debility 41                          | Diseases of the teeth 1  |
| Deformities 63                       | Enlarged glands 10       |
| Diseases of the chest 37             | Errors of refraction 22  |
| Diseases of the digestive system. 16 | Impetigo 8               |
| Diseases of the ear                  | Infectious Diseases 7    |
| Diseases of the eye 8                | Injuries 15              |
| Diseases of the heart and            | Nutritional Disorders 10 |
| circulatory system 10                | Other bilments 34        |
| Diseases of the nervous system 28    | Scabies 25               |
| Diseases of the nose and throat 110  | Tuberculosis contacts 6  |
|                                      | Ringworm 4               |
|                                      | Ringworm 4 523           |
|                                      |                          |

(b) CHEST CLINIC. Two new cases of Pulmonery Tuberculosis in children of school age were notified.

Summary of attendances of children of school age at the Children's Chest Clinic:

|                    |     | Cases | Attendance | es. |
|--------------------|-----|-------|------------|-----|
| Pulmonary:         | New | 2     | 8          |     |
|                    | Old | 2     | 6          |     |
| Non-Pulmonery:     | New | 4     | 9          |     |
|                    | Old | 21    | 44         |     |
| Contacts:          |     | 65    | 83         |     |
| Observation cases: |     | 10    | 15         |     |

Of the 11 non-pulmonary cases notified, 4 were new cases and 7 were cases transferred from the areas of other Authorities:

| Abdomen        | 4 (aged 6,8,8,10 years) |
|----------------|-------------------------|
| Glands of neck | 3 (aged 5,7,9 years)    |
| Knee           | 1 (aged 10 years)       |
| Lupus Vulgaris |                         |
| Right ankle    |                         |
| Shoulder       | 1 (aged 5 years)        |

During the year, 4 pulmonary, and 4 non-pulmonary cases received Institutional treatment under arrangements made by the local Tuberculosis Authority.

(c) <u>DENTAL CLINIC</u>. Whilst unfortunately, it was only possible to devote two sessions to inspection of children in Schools, 137 sessions were devoted to treatment. Of the 968 children inspected, 483 in routine age groups and 485 as specials, some 745 children were found to require treatment. Of that number 309 children were actually treated. In addition, 644 children who had been inspected in the previous year were treated. In all, 953 children made 1,516 attendances for dental treatment.

(d) OPHTHALMIC CLINIC. Twenty-one Ophthalmic Clinic Sessions were held, 12 at the Princess Alice Hospital and 9 at Avenue House Clinic. Of the 284 cases who made 333 attendances, 107 were children attending this clinic for the first time, and 177 were children for re-examination.

#### Orthoptic Clinic.

| Number | of | children referred to Clinic       | 12 |
|--------|----|-----------------------------------|----|
| Number | of | attendances of children           | 33 |
| Number | of | individual children attending for |    |
|        |    | regular treatment                 | 2  |

Of the cases seen:

One was unsuitable for Orthoptic treatment.

One was discontinued owing to mental inability of child to co-operate. One was discharged as cured with single binocular vision.

(e) ORTHOPAEDIC CLINIC. A monthly Clinic was held throughout the year with Mr. A.H. Crook in charge. Seventy-two children made 126 attendences for examination by the Surgeon.

The prescribed treatments were carried out under the direction of the Physiotherapist at Avenue House and Hampden Park Hall at which centres 933 children made 2,562 attendances. In addition, 2 children made 9 attendances at Avenue House for Ultra Violet Light treatment and 7 children made 91 attendances at St. Mary's Hospital for special forms of treatment.

(f) EAR, NOSE AND THROAT CLINIC. The monthly Ear, Nose and Throat Clinic was resumed in October under the direction of Mr. E. O'Connor Cuffey. Thirty-three children made 39 attendances.

Under approved arrangements 51 children were admitted to St. Mary's Hospital, 78 to the Leaf Hospital, 35 to the Princess Alice Hospital and 10 to All Saints Hospital for operative treatment of tonsils and adenoids. At the end of the year there were 18 children on the waiting list.

(g) MINOR AILMENTS CLINIC. Minor Ailments Clinics were held deily, or as required, during term time, at Avenue House Clinic, Hampden Park School, Open Air School, Acacia Villa and Swallows Nest School.

| Number of days Clinics were | open | <br>248  |
|-----------------------------|------|----------|
| Total number of attendances |      | <br>4247 |
| Daily average attendance .  |      | <br>17.1 |
| Number of defects treated   |      | <br>2427 |

#### Bilments.

| Skint  | Ringworm,   | scalp  |      |     |    |       | <br> |     |     |     |    |     |    |     |    |   |    |    | 3    |
|--------|-------------|--------|------|-----|----|-------|------|-----|-----|-----|----|-----|----|-----|----|---|----|----|------|
|        | Ringworm,   | body   |      |     |    |       | <br> |     |     |     |    |     |    |     |    |   |    |    | 12   |
|        | Scabies .   |        |      |     |    |       | <br> |     |     |     |    |     |    |     |    |   |    | ٠. | 34   |
|        | Impetigo    |        |      |     |    |       | <br> |     |     |     |    |     |    |     |    |   |    |    | 135  |
|        | Other Skir  | Disea  | ses  |     |    |       | <br> |     |     |     |    |     |    |     |    |   |    |    | 74   |
| Minor  | Eye Defect  | 8      |      |     |    |       | <br> |     |     |     |    |     |    |     |    |   |    |    | 150  |
| Minor  | Ear Defect  | S      |      |     |    | . , . | <br> |     |     |     |    |     |    |     |    |   |    | ٠. | 152  |
| Misce: | llaneous e. | g. Min | or i | ini | ur | ies   | Br   | uis | ses | , 5 | or | es, | Ch | nil | b1 | 8 | in | 8. | L867 |
|        |             |        |      |     |    |       |      |     |     |     |    |     |    |     |    |   |    |    |      |

Total... 2427

Total in 1944 .....870.

#### (h) SPEECH THERAPY CLINIC.

| Cases referred during year                      | 29  |
|---|-----|
| Number of Clinic Sessions                       | 114 |
| Number of Children attending                    | 52  |
| Number of attendances                           |     |
| Number of visiting sessions by Speech Therapist |     |
| to Schools and Homes of children                | 17  |

|          | Cleft Palate  | 3    |     |
|----------|---|------|-----|
|          | Deafness (Nerve)  | 1    |     |
|          | Dyslalia (disordered articulation)                        | 100  |     |
|          | Stammering  |      |     |
|          |   |      |     |
|          |   |      |     |
| (1) CHIL | D GUIDANCE CLINIC.  |      |     |
|          |   |      |     |
|          | Number of Clinic Sessions                                 | 50   |     |
|          | Number of cases: (a) Investigated fully                   | -    |     |
|          | (b) Treated   |      |     |
|          | Number of attendances at Clinics:                         |      |     |
|          | (a) For Psychiatric treatment                             | 161  |     |
|          | (b) For Educational Coaching                              | 50   |     |
|          | Number of visits to schools:                              |      |     |
|          | (a) By Psychiatric Social Worker                          | 4    |     |
|          | (b) By Educational Psychologist                           | 8    |     |
|          | Number of visits to homes by Psychiatric Social Worker .  | 85   |     |
|          | Conditions for which children received treatment:         |      |     |
|          | Conditions for which children received viedsment.         |      |     |
|          | Nervous Disorders   | 1    |     |
|          | (depression)  |      |     |
|          | Habit Disorders   | 4    |     |
|          | (sleep feeding, excretory)                                |      |     |
|          | Behaviour Difficulties                                    | 7    |     |
|          | (unmanageable, aggressiveness, stealing,                  |      |     |
|          | truancy, lying) Educational Difficulties                  | 1    |     |
|          | (beckwardness)  | +    |     |
|          | (000), 102 (1000)   |      |     |
|          | Total number of cases referred January 1st. to December 3 | 1st. | 194 |
|          |   |      |     |
|          | By Teachers   | 16   |     |
|          | Parents   | 1    |     |
|          | Doctors   | 6    |     |
|          | Social Agencies   | 2    |     |
|          | Cases referred but not investigated October 1944          |      |     |
|          | to December 31st. 1945                                    | 26   |     |
|          | Cases referred and only partially investigated            |      |     |
|          |   | -    |     |
|          |   |      |     |
|          | Details of Rastbourne Cases for Period                    |      |     |
|          | October 1944 to December 31st 1945                        |      |     |
|          |   |      |     |
|          |   |      |     |
|          | Cases referred during 1945                                | 25   |     |
|          | COOR TOTALLOR GRITING TASO                                | 20   |     |
|          | Cases referred during 1944 75                             |      |     |
|          |   |      |     |
|          | Less: - (1) Parents unco-operative 5                      |      |     |
|          | (2) Children found to need                                |      |     |
|          | special education 6 11                                    | 64   |     |
|          | Marks 1   | 00   |     |
|          | Total   | 89   |     |

## Seen at Clinic - 13 new cases 6 old cases from 1944.

| Diagnos                                  | is and advice only is and treatment but its unwilling                             | 1                                |   |
|--|---|----------------------------------|---|
| Under t                                  | nt given and case close reatment  | 3d 8                             | 19  |
| Waiting List.                            |   |                                  |   |
| Not inv<br>Investi                       | ly investigated<br>estigated<br>gated and awaiting diag<br>g educational coaching | 26<br>gnosis 1                   | 43  |
| 271102111                                | C oddaniana occurre   |                                  | 20  |
| Cases removed f                          | rom Register.   |                                  |   |
| Left di<br>Left sc<br>Parents<br>Found t | cleared   | 1<br>ld 3<br>and                 |   |
|  | ble cases for child gui   |                                  | 27  |
|  | Tot   | el                               | 89  |
|  | en seen at the Clinic to<br>chologist and Psychiatr<br>31st. December, 194        | ist from October                 |   |
|  | Problem.  | Progr                            | coss.   |
| Girl aged 13<br>years                    | Truenting from school, also frequent absences.                                    | Placed on prob                   | very unco-operative<br>etion and treat-<br>ued on leaving<br>rregular |
| Boy aged 9<br>years                      | Retarded.<br>Day-dreaming.  | No improvement<br>to co-operate. | : Mother failed   |
| Girl aged 13                             | Quarrelling   | Slight improve                   |   |

Boy aged 8

years

Boy aged 14

years

Boy aged 11

years

Boy aged 5

Greatly improved. Educational

spiteful at school. coaching discontinued.

Recovered.

Case closed.

Osse closed.

Aggressive and

Truenting from

tempered at home.

Minor delinquencies.

Wandering. Poor Recovered.

school. Bad

concentration.

Backward in reading.

|                        | Problem.  | Progress.   |
|------------------------|---|---|
| Boy aged 41/2 years    | Defient, checky, eggressive and destructive.              | Relapsed after improvement.  Poor health and poverty make it difficult for mother to co-operate. Case closed. |
| Boy aged 13<br>years   | Attention seeking.<br>Delinquent.                         | Mother unwilling for treatment.   |
| Girl aged 14<br>years  | Depressed, tearful.<br>Poor mixer.                        | Improved, but mother has no insight and will not change. Case closed.   |
| Boy aged 8<br>years    | Backward.<br>Poor mixer.                                  | Diagnosis only and advice re school   |
| Girl aged 8<br>years   | Vicious towards<br>other children.<br>Fidgets, Nail biter | Improved but progress slow and uneven.  |
| Boy aged 12<br>years   | Insomnia<br>Pilfering.                                    | Diagnosis only, Educationally subnormal. Special Education advised.   |
| Boy aged 7<br>years    | Day-dreaming.<br>Pilfering.                               | Improving. To have educational coaching.  |
| Boy aged 7<br>years    | Bed-wetting.<br>Masturbation.                             | Some general improvement but<br>bed-wetting persists. Has been<br>transferred to Children's Homes.            |
| Boy aged 7<br>years    | Aggression<br>Bed-wetting.<br>Backward.                   | Parents unco-operative. Placement away from home suggested and failing that transfer to St. Aidan's School.   |
| Girl aged 7<br>years   | Bed-wetting.<br>Tempers.                                  | Attendance poor.  |
| Girl aged 11<br>years  | Steeling.<br>Housebreaking.                               | Has not attended since<br>diagnostic interview.<br>Probation Officer's co-operation<br>being sought.          |
| Girl aged 12<br>years. | Aggressive.<br>Quarrelsome                                | Diagnostic interview 20/12/45. Placement will probably be   |

## 8. INFECTIOUS DISEASES. .

necessary.

The following notifications were received relating to children of school age:

|           | Diphtheria. | Scarlet Fever. | Dysentery. | Wh. Cough. | Measles. |
|-----------|-------------|----------------|------------|------------|----------|
| Jenuary   | 1           | 2              | _          | -          | 16       |
| February  | -           | 1              | 1          | -          | 117      |
| March     | - 1         | 1              | -          | 3          | 211      |
| April     | -           | 2              | -          | 1          |          |
| May       | -           | . 2            | -          | -          | 23<br>25 |
| June      | -           | 1              | -          | -          | 1        |
| July      | -           | 2              | -          | -          | 8        |
| August    | -           | -              | -          | -          | 2        |
| September | -           | . 3            | -          | -          | -        |
| October   | -           | 7              | -          | 1          | -        |
| November  | -           | 4              | -          | 2          | -        |
| December  | -           | 6              | -          | 1          | -        |
| Total     | 1           | 31             | 1          | 8          | 403      |

SCABIES. One hundred and seventy-two children of school age were found to be suffering from this complaint (107 in 1944). One hundred and sixty-six of these cases were treated in the special Scabies Out-Petient Clinic at the Sanatorium and 6 were treated as In-Patients at St. Mary's Hospitel.

DIPHTHERIA IMMUNISATION. Sixty-four children were immunised in the Authority's Clinics. It was estimated at the end of the year that 3,361 children, a percentage of 67.62 in the age groups 5 - 15 years had been protected. A third immunising dose of prophylactic reagent was given to 103 children on entering school at about the age of 5 years.

#### 9. DEATHS OF SCHOOL CHILDREN.

Two children of school age died, both as the result of accidents, during the year:-

Crushing of Skull, due to being run over by a

Military Motor Tractor ...... Girl aged 5.

Electrocution, due to falling on reilway line .. Boy aged 8.

#### 10. FOLLOWING UP.

The following is a brief summary of the work done by the School Nurses, in connection with visits to the schools and the homes of the children:

#### 11. BACKWARDNESS.

Children in attendance at St. Aidan's Day School for the Educationally Sub-Normal:

|                      | Boys. | Girls. |
|----------------------|-------|--------|
| February 19th. 1945. | 5     | 8      |
| Admitted during year | 10    | 1      |
| December, 1945.      | 15    | 9      |

Twenty-four children were referred to the department by the Head Teachers for advice as to their suitability for transfer to St. Aidan's. On examination

12 were recommended for transfer to St. Aidans.

4 were referred to the Child Guidance Clinic

3 were recommended for transfer to the Open Air School.

In 5 cases no change was recommended.

On the 12 recommended for St. Aidan's, only eight were transferred.

Two children were notified by the Local Education Authority to the Local Mental Deficiency Authority.

#### 12. OPEN AIR EDUCATION.

The Statistics for the Open Air School were as follows:

|  | Boys. | Girls. |
|--|-------|--------|
| On the register at the commencement    |       |        |
| of the year                            | 21    | _11    |
| Admitted during the year.              | 27    | 8      |
| Transferred during the year.           | 10    | 8      |
| On the register at the end of the year | 38    | 11     |
|  |       |        |

Of the 49 children on the register at the close of the year, 4 were recommended for transfer to other schools in January, 1946.

The conditions for which the children were admitted were as follows:-

| Asthma                  | 6 | Nervous Debility               | Ŀ |
|-------------------------|---|--------------------------------|---|
| Chorea                  | 1 | .Petit Mal 1                   |   |
| Debility                | 6 | Rheumatic Carditis !           | 8 |
| Endocarditis            | 3 | T.B. Abdominal (observation) 3 | 5 |
| Epilepsy                | 1 | T.B. Contact                   |   |
| Hemi-atrophy left side  | 1 | T.B. Hip Joint 1               |   |
| Infantile Glaucome      | 1 | T.B. Neck Glands 2             | 3 |
| Nephritis (observation) | 1 | T.B. Right Ankle 1             |   |

## 13. CHILDREN AND YOUNG PERSONS LCT, 1933.

## Position at 31st. December 1945, as to Children Committed to the Care of the Local Education Authority.

| Date Committed. | Sex.    | Age. | How Dealt With.      |
|-----------------|---------|------|----------------------|
| 31. 5. 40.      | Female. | 13   | Boarded Out.         |
| 20,12, 43,      | Male    | 10   | In Children's Homes. |
| 20.12. 43.      | Male    | 8    | In Children's Homes, |
| 20.12. 43.      | Female  | 6    | Boarded Out.         |
| 20,12, 43,      | Male    | 5    | In Children's Homes. |
| 20.12. 43.      | Mele    | 3    | In Children's Homes. |
| 10. 7. 44.      | Female  | 10   | In Children's Homes. |
| 10. 7. 44.      | Female  | 7    | In Children's Homes. |

#### MUNISTRY OF EDUCATION.

## MEDICAL INSPECTION AND TREATMENT RETURNS.

Year ended 31st, December, 1945.

#### TABLE 1.

# MEDICAL INSPECTIONS OF PUPILS ATTENDING MAINTAINED PRIMARY AND SECONDARY SCHOOLS

## A. - ROUTINE MEDICAL INSPECTIONS.

| (1) | No. | of | Inspections | in | the | prescribed | Groups: |
|-----|-----|----|-------------|----|-----|------------|---------|
|-----|-----|----|-------------|----|-----|------------|---------|

| Entrants         |  |   |  |  |  |  |  |      | . , |  |  |  | 464 |
|------------------|--|---|--|--|--|--|--|------|-----|--|--|--|-----|
| Second age Group |  |   |  |  |  |  |  | <br> |     |  |  |  | 727 |
| Third Age Group  |  | ÷ |  |  |  |  |  |      |     |  |  |  | 772 |

(2) No. of other Routine Inspections ..... 125

Grand Total ..... 2,088

### B. - OTHER INSPECTIONS.

No. of Special Inspections and Re-Inspections - 2,644.

#### TABLE 11.

## CLASSIFICATION OF THE NUTRITION OF PUPILS INSPECTED DURING THE YEAR IN THE ROUTINE AGE GROUPS.

| (Exce |       | (Non  | B,<br>rmel)      |                                   |                                 |   | D.<br>ad)   |
|-------|-------|-------|------------------|-----------------------------------|---------------------------------|---|---|
| No.   | %     | No.   | %                | No.                               | %                               | No.   | 75  |
| 250   | 11.97 | 1,713 | 84,04            | 125                               | 5.99                            |   | -   |
|       | No.   |       | (Excellent) (Non | (Excellent) (Normal)  No. % No. % | (Excellent) (Normal) (Slig sub- | (Excellent) (Normal) (Slightly sub-normal)  No. % No. % No. % | (Excellent) (Normal) (Slightly (B sub-normal) No. % No. % No. % No. |

#### TABLE 111.

## GROUP 1. TREATMENT OF MINOR AILMENTS (EXCLUDING UNCLEANLINESS) Total number of defects treated or under treatment during the year under the Authority's Scheme ...... 2,427 GROUP 2. TREATMENT OF DEFECTIVE VISION AND SQUINT UNDER THE AUTHORITY'S SCHEME. Mrrors of refraction (including Squint) ..... Other defects or disease of the eyes (excluding those recorded in Group 1) ..... 275 Total ..... Number of Pupils for whom spectacles were; (e) Prescribed ..... (b) Obtained ..... 94 GROUP 3. TREATMENT OF DEFECTS OF THE NOSE AND THROAT UNDER THE AUTHORITY'S SCHEME. 174 Reseived Operative Treatment ..... Received other forms of Treatment ...... 174 Total .....

#### TABLE IV.

#### DENTAL INSPECTION AND TREATMENT.

(1) Number of Pupils inspected by the Dentist.
(a) Routine Age Groups.

|                      | 4     | 5     | 6                      | 7     | 8            | 9             | 10    | 11 | 12          | 13 | 14         | 15                      | Total.           |
|----------------------|-------|-------|------------------------|-------|--------------|---------------|-------|----|-------------|----|------------|-------------------------|------------------|
| Number               | -     | 44    | 64                     | 57    | 81           | 51            | 61    | 50 | 36          | 35 | 4          | -                       | 483              |
|                      | (b) s |       |                        |       |              |               | pecia |    |             |    | 485<br>968 |                         |                  |
| (3) Numb<br>(4) Atte | er a  | ctual | lly made               | treat | ted<br>pupil |               |       |    | nt .        |    |            | (plus                   |                  |
|                      |       |       |                        |       |              | stion<br>ment |       |    | • • • • • • |    | 137<br>139 |                         |                  |
| (6) F111             | ings  |       | empor                  |       |              |               |       |    | • • • • • • |    | 38         | (plus<br>(plus<br>(plus | 78               |
| (7) Extr             | actio | Pe    | ermar<br>empor         |       |              |               |       |    |             |    | 172        | (plus<br>(plus<br>(plus | 433)             |
| (8) Admi             | nist  |       |                        |       |              |               | esthe |    | for         |    | 28         |                         |                  |
| (9) Othe             | r Ope | Pe    | ons:<br>ermar<br>empor | nent  |              |               |       |    |             |    |            | (plus<br>(plus<br>(plus | 72)<br>8)<br>80) |

Note: The dental figures shown in brackets refer to pupils found to require treatment in 1944, but treated in 1945.

### TABLE V.

## VERMINOUS CONDITIONS.

| 1. | Average number of visits per school made during the year |        |
|----|--|--------|
|    | by the School Nurses                                     | 8.2    |
| 2. | Total number of examinations of pupils in the schools by |        |
|    | the School Nurses or other authorised persons            | 10,188 |
| 3, | Number of individual pupils found unclean                | 384    |

## TABLE V1.

### BLIND AND DEAT PUPILS.

Number of totally or almost totally blind and deaf pupils who are not at the present time being educated in a Special School. The return should relate to all such pupils including evacuees resident in the Authority's area.

|              | 1,<br>At a Maintained<br>Primary or Secondary<br>School.   | 2,<br>At an Institution<br>other than a<br>Special School. | 3.<br>At no School or<br>Institution. |
|--------------|--|--|---------------------------------------|
| Blind Pupils | -  |  |                                       |
| Deaf Pupils  | A Principal Control of the Control o |  |                                       |