

**[Report 1963] / Medical Officer of Health, East Suffolk County Council.**

**Contributors**

East Suffolk (England). County Council.

**Publication/Creation**

1963

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EAST SUFFOLK COUNTY COUNCIL



ANNUAL REPORT  
OF THE  
County Medical Officer



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1963

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HEALTH DEPARTMENT  
COUNTY HALL  
IPSWICH



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EAST SUFFOLK COUNTY COUNCIL



ANNUAL REPORT  
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HEALTH DEPARTMENT  
COUNTY HALL  
IPSWICH



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To the Chairman and Members of the County Council.

MY LORDS, LADIES AND GENTLEMEN,

I have the honour to present the Annual Report on the Health of the County of East Suffolk for the year 1963. This is in accordance with the requirements of the Ministry of Health and, therefore, follows the pattern of reports of previous years.

#### Vital Statistics

The population of the County increased from 234,880 in 1962 to 237,970 according to the figures supplied by the Registrar General. The vital statistics for the County do not yield any startling changes and the birth rate has fallen by 0.2. The infant mortality, neonatal and perinatal figures all show a slight rise on the County figures of last year although they are still below the national average. It is unfortunate that I have to report there was one maternal death during the year to give a rate of 0.22 per thousand live and stillbirths.

The death return figures show a very similar pattern to previous years with motor and other accident deaths at about 100. Cancer and cardiovascular diseases also form as usual a very large proportion of the deaths.

#### Fluoridation of Water Supply

During the year this subject was discussed at some length by the Health Committee of the Council and all aspects of the benefits and disadvantages came forward for consideration, but the Council eventually decided not to approve of the fluoridation of the water supplies in this County. The amount of natural fluoride in the water supplies of this County is very small.

#### Midwifery

As in previous years approximately half of the total births in the County were supervised by the domiciliary midwifery staff, and in addition a large number of mothers who had their babies in hospital were discharged home within a few days and attended by the Council's staff. The national shortage of nursing staff is apparent in this County and the midwives often have to work long hours to attend to all their patients.

Mention was made last year of the trial arrangement which was put into operation in the Lowestoft area where one of the Council's midwives was attached to a small group of general practitioners. After the trial period of one year the matter was fully discussed with the general practitioners in Lowestoft and also the domiciliary midwives, and it was decided to operate the full scheme in Lowestoft and each midwife was attached to one or more general practitioner's practices. By this method it is felt that the mothers will get better antenatal care if the general practitioner and midwife are working as a team.



### Home Nursing

In previous years it has been the policy to send home nursing staff to training centres in other parts of the country where they can undertake their Queen's District training. With Committee approval an approach was made to the Queen's Institute of District Nursing for training of suitable candidates to be undertaken in the administrative area under the direct supervision of the Deputy County Nursing Officer. The Scheme came into operation in the second half of 1963 and the first six trainees had been successful in obtaining their Queen's Certificates by early 1964.

### Congenital Malformation Register

The public concern at the possibility of risk to babies through the taking by the mothers of drugs during pregnancy following a number of children born with congenital abnormalities both in England and abroad, led to the Ministry of Health issuing a circular at the beginning of the year suggesting that local health authorities should set up a register of all children who were born with development defects.

Although in this county we were fortunate in that no children had been born with the gross handicapping defects reported in other areas we have established a register on the lines indicated by the Ministry.

### Prevention of Illness, Care and After-Care

The year 1963 saw the completion of the Community X-ray Survey which has been mentioned in previous reports.

The idea of the survey was conceived in 1954 by Dr. C. J. Stewart, the Consultant Chest Physician, and was to be a joint effort by the Hospital Authorities and the County Council with a Steering Committee comprising members of the Ipswich Hospital Management Committee, the County Council and the local Tuberculosis Care Committee.

The object of the survey was simply to X-ray all the adult population of the county of East Suffolk to discover persons suffering from tuberculosis. The mobile X-ray unit was provided by the East Anglian Regional Hospital Board and the Ipswich Hospital Management Committee and the County Council met the running costs. After a number of pilot surveys in widely scattered rural and small urban areas, the survey proper commenced in 1957. It may be of interest to describe briefly the working arrangements of the survey unit.

Before the mobile X-ray van was set up in any parish the unit team visited and organised voluntary helpers to see that every adult got notice of the forthcoming visit and was given a convenient appointment time to attend. Without the help of these voluntary workers, who numbered over 6,000 during the period of the survey and came from all walks of life and all types of organisations, the difficulties of the survey would have been almost insurmountable.



The success of the effort can best be expressed by quoting some of the statistics presented in a report submitted to a public meeting in Ipswich in November called to acknowledge the help given by the community and to publicise some of the findings of the survey. Of the estimated 160,000 adult population in the county 67.5% accepted an X-ray examination and from these 77 new active cases of tuberculosis were discovered and 1,527 were kept under observation. Of the latter 17 were subsequently found to have active disease. In addition to the tuberculosis cases the following other defects were disclosed:-

Lung Cancers:	40
Congenital Heart Diseases:	38
Acquired Heart Diseases:	78
Other Significant Chest and Heart Diseases:	290

During the course of the survey special arrangements were made for the X-ray examination of some 22,000 schoolchildren and 40 of these were found to have significant heart disease.

The survey is I believe the first complete X-ray examination of a county population of Gt. Britain and it was achieved by the co-operation of the Regional Hospital Board, the Ipswich Hospital Management Committee, the County Council, ably supported by the Tuberculosis Care Committee, and the public who voluntarily did much of the hard work in persuading their friends and neighbours to attend. All this enabled the unit to achieve such a high percentage of examinations in the community and also showed that such a community survey could be run at a much lower cost than mass miniature radiography units.

The incidence of respiratory tuberculosis in East Suffolk has been one of the lowest in Britain and the discovery that the prevalence rates for active tuberculosis were nearly one in a thousand and for potentially active cases ten per thousand, demonstrated that the efficiency of community survey is as great or greater than miniature radiography.

The control of patients with tuberculosis discovered in the survey should greatly reduce the risk of tuberculous disease and infection in the future.

The increasing amount of clinical work required of the department's medical staff necessitated the appointment of a Senior Medical Officer, and Dr. Joyce O. M. Board, M. B., B. S., D. C. H., took up her appointment on 16th September, 1963.

This strengthening of the medical staff is proving a great asset but I should like to record my thanks for the support given by all members of the staff of the department, whether in the field or in the office.

I should like also to specially record my thanks to Mr. L. J. Bowling, County Welfare Officer and my Administrative Deputy.

May I take this opportunity of thanking the Chairman of the Health Committee and the members of the Committee and Sub-Committees for their support and help during the year.

I have the honour to be,

Your obedient servant,

S. T. G. GRAY,

County Medical Officer.

Health Department,  
County Hall,  
Ipswich.

November, 1964.



I  
GENERAL STATISTICS

Area: 547,397 acres (Census, 1961).

Population 1963: 237,970 (As estimated by the Registrar-General).

Population, Census 1961: 225,371.

Number of dwellings (occupied and vacant); Census 1961: 77,151.

Number of private households; Census 1961: 73,211.

Rateable Value: £6,442,992 (year beginning 1st April, 1963).

Estimated product of a penny rate: £26,190 (year beginning 1st April, 1963).

TABLE I  
Extracts from Vital Statistics for the Year

	EAST SUFFOLK			England and Wales rates
	Number	Crude rate	Adjusted rate	
Live births - legitimate ...	3,537	-	-	-
- illegitimate ...	219	-	-	-
- total ...	3,756	-	-	-
Live birth rate per 1,000 population	-	15.8	17.2	18.2
Still-births - legitimate ...	62	-	-	-
- illegitimate ...	5	-	-	-
- total ...	67	-	-	-
Still-birth rate per 1,000 live and still-births ...	-	17.5	19.0	17.2
Total live and still-births ...	3,823	-	-	-
Infant deaths (under one year) ...	73	-	-	-
Infant mortality rate per 1,000 live births ...	-	19.4	16.5	21.1
Infant mortality rate per 1,000 live births (legitimate infant deaths per 1,000 legitimate live births)	-	19.8	16.8	-
Infant mortality rate per 1,000 live births (illegitimate infant deaths per 1,000 illegitimate live births)	-	13.7	11.6	-
Neo-natal (first four weeks) deaths	58	-	-	-
Neo-natal (first four weeks) mortality rate per 1,000 live births	-	15.4	13.1	14.2
Early Neo-natal deaths (deaths under 1 week) ...	51	-	-	-
Early Neo-natal mortality rate (deaths under 1 week per 1,000 total live births) ...	-	13.6	11.5	-
Perinatal mortality rate (still-births and deaths under 1 week combined per 1,000 total live and still-births) ...	-	30.9	26.3	29.3
Maternal deaths ...	1	-	-	-
Maternal mortality rate per 1,000 live and still-births ...	-	.26	.22	.28
Deaths from all causes ...	3115	-	-	-
Death rate per 1,000 population	-	13.1	11.1	12.2



TABLE II  
POPULATION, BIRTHS, DEATHS

	POPULATION		LIVEBIRTHS			STILLBIRTHS			INFANT DEATHS			ALL DEATHS		
	Census 1961	Esti- mated mid-1963	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total
Aldeburgh M. B.	2,972	2,970	25	16	41	-	-	-	-	-	-	21	24	45
Beccles M. B.	7,330	7,440	56	48	104	-	3	3	-	2	2	60	65	125
Bungay U. D.	3,581	3,650	27	27	54	-	1	1	-	2	2	24	48	72
Eye M. B.	1,580	1,550	10	14	24	-	1	1	-	1	1	19	22	41
Felixstowe U. D.	17,254	17,860	168	167	335	1	5	6	5	4	9	136	137	273
Halesworth U. D.	2,252	2,340	14	16	30	1	-	1	-	2	2	20	14	34
Leiston U. D.	4,119	4,920	56	51	107	-	2	2	1	-	1	32	40	72
Lowestoft M. B.	45,687	47,070	367	370	737	10	3	13	10	4	14	289	282	571
Saxmundham U. D.	1,538	1,500	6	10	16	-	1	1	-	-	-	14	16	30
Southwold M. B.	2,228	2,200	14	5	19	-	-	-	-	-	-	22	19	41
Stowmarket U. D.	7,790	7,940	54	72	126	-	1	1	2	-	2	40	52	92
Woodbridge U. D.	5,927	6,100	44	35	79	4	-	4	-	3	3	38	57	95
Total (M. B., U. D.)	102,258	105,540	841	831	1,672	16	17	33	18	18	36	715	776	1,491
Blyth R. D.	18,566	19,000	169	146	315	-	-	-	4	1	5	143	134	277
Deben R. D.	32,288	34,730	298	271	569	8	1	9	9	6	15	231	216	447
Gipping R. D.	19,306	20,540	171	157	328	3	3	6	4	3	7	133	98	231
Hartismere R. D.	16,170	16,210	134	120	254	3	2	5	2	-	2	93	81	179
Lothingland R. D.	16,015	17,110	146	122	268	5	2	7	1	3	4	111	93	204
Samford R. D.	14,503	18,500	111	142	253	3	1	4	1	2	3	107	105	212
Wainford R. D.	6,265	6,340	46	51	97	2	1	3	-	1	1	42	32	74
Total (R. D.)	123,113	132,430	1,975	1,009	2,084	24	10	34	21	16	37	865	759	1,624
Total (County)	225,371	237,970	1,916	1,840	3,756	40	27	67	39	34	73	1,580	1,535	3,115

TABLE III

## CAUSES OF DEATH IN EACH DISTRICT

CAUSE OF DEATH	URBAN DISTRICTS										RURAL DISTRICTS							Grand Total				
	Aldeburgh	Beccles	Bungay	Eye	Felixstowe	Halesworth	Leiston	Lowestoft	Saxmundham	Southold	Stowmarket	Woodbridge	Total	Blyth	Deben	Gipping	Hartismere		Lothlingland	Samford	Wainford	Total
ALL CAUSES	45	125	72	41	273	34	72	571	30	41	92	95	1,491	277	447	231	179	204	212	74	1,624	3,115
1. Tuberculosis, respiratory			1					4			1		6	2	2	3						13
2. Tuberculosis, other																1						1
3. Syphilitic disease			1		1			1			1		4	1								5
4. Diphtheria																						
5. Whooping cough																						
6. Meningococcal infections																						
7. Acute poliomyelitis																						
8. Measles																						
9. Other infective and parasitic diseases		1			1			1					3	1		1						3
10. Malignant neoplasm, stomach	1	4			5		5	12	2	2	2	1	32	3	7	2	7	2	2	2	26	58
11. Malignant neoplasm, lung, bronchus	1	2			9		2	22	2	1		7	46	6	8	4	10	7	6	2	43	89
12. Malignant neoplasm, breast	2	2	2	1	5		3	10	1	1	1	2	30	5	7	2	4			1	19	49
13. Malignant neoplasm, uterus	1	1	1		1	1	1	4				1	11	4	2	1	1	1	1		10	21
14. Other malignant and lymphatic neoplasms	4	6	6	3	26	4	6	42	1	2	6	11	117	28	38	19	16	25	14	5	145	262



15. Leukaemia, aleukaemia ...	1																			1	1	6	9	
16. Diabetes ...	1	1																		3	3	1	18	23
17. Vascular lesions of nervous system	7	24	12	7	44	13	75	2																453
18. Coronary disease, angina ...	13	27	10	7	53	7	120	5	13	17	17	298	54	78	31	26	47	35	15	286	584			
19. Hypertension with heart disease ...		2	2	1	1		7	2	1	2		17	3	7	2	1	3	2	2	20	37			
20. Other heart disease ...		20	8	4	36	7	74	3	1	15	10	185	46	72	36	20	31	17	17	239	424			
21. Other circulatory disease ...	4	7	12	1	5	2	38	3	3	8	7	98	20	13	9	3	5	17	4	71	169			
22. Influenza ...					9		10	1	1	2	2	25	5	6	2	2		1	1	17	42			
23. Pneumonia ...	2	9	3	8	32	2	39	1	2	7	7	115	19	53	26	12	15	34	4	163	278			
24. Bronchitis ...	1	1	3	1	8	2	31	1		3	3	56	4	17	8	5	9	6	2	51	107			
25. Other diseases of respiratory system		2	1	1	1		5		1	2		13	3	3	1	1	1	5	13	26				
26. Ulcer of stomach and duodenum ...	1	2					5	1	5	1	2	12	1	4	5	4	2	2	16	28				
27. Gastritis, enteritis and diarrhoea ...				1								1	2	2	2	1	1	1	1	10	11			
28. Nephritis, nephrosis ...				1			2	1	1		1	5	1	3	1			1	6	11				
29. Hyperplasia of prostate ...	1	1		2			6		1			11	1	1	2	2		6	17					
30. Pregnancy, childbirth, abortion ...							1					1								1				
31. Congenital malformations ...	1	1		3	1	1	5				1	13	2	4	2			3	1	12	25			
32. Other defined and ill-defined diseases	5	6	8	3	20	2	4	27	2	1	7	11	18	49	18	16	12	27	5	145	243			
33. Motor vehicle accidents ...	1	1		1	3	1	2	1	2	1	2	1	13	4	4	4	3	1	1	17	30			
34. All other accidents ...	1	1		2	4	2	4	9	1	3	2	29	4	9	4	6	2	6	3	34	63			
35. Suicide ...	1			2			11					14	4	2	1	3	1	1	12	26				
36. Homicide and operations of war ...				1			1					2								2				



TABLE IV  
CAUSES OF DEATH AT DIFFERENT PERIODS OF LIFE

CAUSES OF DEATH	SEX	AGGREGATE OF URBAN DISTRICTS										AGGREGATE OF RURAL DISTRICTS							
		All Ages	0-	1-	5-	15-	25-	45-	65-	75-	All Ages	0-	1-	5-	15-	25-	45-	65-	75-
ALL CAUSES	M	715	18	4	1	10	17	150	204	311	865	21	5	4	9	31	167	223	405
	F	776	18	3	3	3	16	105	171	457	759	16	3	2	2	9	107	164	456
1. Tuberculosis, respiratory	M	6	-	-	-	-	-	4	1	1	6	-	-	-	-	3	1	2	
	F	-	-	-	-	-	-	-	-	-	1	-	-	-	-	-	-	1	
2. Tuberculosis, other	M	-	-	-	-	-	-	-	-	-	1	-	-	-	-	-	-	1	
	F	-	-	-	-	-	-	-	-	-	1	-	-	-	-	-	-	-	
3. Syphilitic disease	M	2	-	-	-	-	-	-	2	-	1	-	-	-	-	-	-	-	1
	F	2	-	-	-	-	-	-	1	-	-	-	-	-	-	-	-	-	-
4. Diphtheria	M	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	F	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
5. Whooping Cough	M	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	F	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
6. Meningococcal infections	M	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	F	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
7. Acute poliomyelitis	M	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	F	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
8. Measles	M	1	-	1	-	-	-	-	-	-	1	-	-	-	-	1	-	-	-
	F	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
9. Other infective and parasitic diseases	M	2	-	-	-	1	-	1	-	1	-	-	-	-	-	-	-	-	-
	F	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
10. Malignant neoplasm, stomach	M	19	-	-	-	1	9	4	5	19	-	-	-	-	-	6	6	7	
	F	13	-	-	-	-	1	6	6	7	-	-	-	-	2	3	2	2	
11. Malignant neoplasm, lung, bronchus	M	36	-	-	-	1	17	16	3	35	-	-	-	-	-	16	16	3	
	F	10	-	-	-	-	2	4	3	8	-	-	-	-	-	4	3	1	
12. Malignant neoplasm, breast	M	-	-	-	-	-	-	-	-	1	-	-	-	-	-	-	-	1	-
	F	30	-	-	-	3	12	3	12	18	-	-	-	-	3	6	2	7	
13. Malignant neoplasm, uterus	F	11	-	-	-	-	4	4	3	10	-	-	-	-	2	5	1	2	
14. Other malignant and lymphatic neoplasms	M	60	-	1	-	1	2	17	20	19	71	-	-	1	5	19	15	31	
	F	57	-	-	-	1	4	12	13	27	74	-	1	1	2	20	17	32	
15. Leukaemia, aleukaemia	M	1	-	-	-	-	1	-	-	-	5	-	-	-	-	2	-	2	





II

STAFF

County Medical Officer: S. T. G. Gray, M. B. , Ch. B. , D. P. H.

Administrative Deputy to County Medical Officer and County Welfare Officer: L. J. Bowling.

Senior Medical Officer: Joyce O. M. Board, M. B. , B. S. , D. C. H.

Assistant County Medical Officers:

Margaret E. Bradley, M. R. C. S. , L. R. C. P. , D. A.

A. C. Gee, M. R. C. S. , L. R. C. P. , D. P. H.

Kathleen M. Harding, M. D. , D. P. H.

C. H. Imrie, T. D. , Q. H. S. , M. B. , Ch. B. , D. P. H.

A. S. Lindsay, M. B. , Ch. B. , D. P. H.

H. E. Nutten, M. B. , Ch. B. , D. P. H.

Isabella Sim, M. B. , Ch. B. , D. P. H. (part-time)

Edith A. Parkinson, M. B. , Ch. B. , D. P. H. (part-time)

Margaret A. Riddell, M. B. , B. S. (part-time from 13. 11. 63.)

Consultant Chest Physicians:

C. J. Stewart, M. D. , B. S. , D. Obst. R. C. O. G.

I. M. Young, M. B. , Ch. B.

County Nursing Officer:

Miss M. Vaughan Jones, S. R. N. , S. C. M. , H. V. Cert.

Area Nursing Officer:

Miss H. Place, S. R. N. , S. C. M. , H. V. Cert.

Deputy County Nursing Officer:

Miss M. Jarrett, S. R. N. , S. C. M. , H. V. Cert.

Health Visitors:

At the end of the year, the staff of Health Visitors was 23 whole-time (7 of whom were holding combined appointments as district nurse/midwife-health visitors) and 2 part-time; and 2 part-time Tuberculosis Health Visitors.

District Nurse/Midwives:

At the end of the year, 56 district nurse/midwives (including 7 who were also district nurse/midwives-health visitors), 9 district midwives (including 1 part-time) and 18 district nurses were being employed (including 7 part-time).

County Health Inspector:

R. E. Law, M. A. P. H. I. , M. I. P. H. E.

Senior Dental Officer: C. D. Macpherson, L. D. S.



Dental Officers: J. E. Benfield, L. D. S.  
F. J. Goldsworthy, L. D. S.  
F. W. Walmsley, L. D. S.  
Mrs. H. A. Bell, L. D. S.  
D. L. Rivett, L. D. S.  
A. L. Whitaker, L. D. S. (part-time)

District Medical Officers of Health:

Boroughs and Urban Districts:

Aldeburgh	...	...	Dr. C. H. Imrie.
Beccles	...	...	Dr. H. E. Nutten.
Bungay	...	...	Dr. H. E. Nutten.
Eye	...	...	Dr. K. M. Harding.
Felixstowe	...	...	Dr. C. H. Imrie.
Halesworth	...	...	Dr. H. E. Nutten.
Leiston	...	...	Dr. H. E. Nutten.
Lowestoft	...	...	Dr. A. C. Gee.
Saxmundham	...	...	Dr. D. W. Ryder Richardson.
Southwold	...	...	Dr. A. C. Gee.
Stowmarket	...	...	Dr. K. M. Harding.
Woodbridge	...	...	Dr. C. H. Imrie.

Rural Districts:

Blyth	...	...	Dr. H. E. Nutten.
Deben	...	...	Dr. C. H. Imrie.
Gipping	...	...	Dr. K. M. Harding.
Hartismere	...	...	Dr. K. M. Harding.
Lothingland	...	...	Dr. A. C. Gee.
Samford	...	...	Dr. K. M. Harding.
Wainford	...	...	Dr. H. E. Nutten.

III

NATIONAL HEALTH SERVICE ACT, 1946

Section 21 — Health Centres.

There is nothing further to report under this section.

Section 22 — Care of Mothers and Young Children.

TABLE V

Infant Welfare Centres

Twice Weekly	Weekly	Twice Monthly
Lowestoft (i) Lowestoft (ii)	Aldeburgh Beccles Bungay Felixstowe (i) do (ii) Stowmarket Woodbridge Leiston Lowestoft (iii) Lowestoft (iv) Kesgrave	Bradwell Brantham Claydon Eye Halesworth Reydon Saxmundham Shotley Southwold Wattisham R. A. F. Camp Wrentham Yoxford Carlton Colville

Monthly	
Belton	Hulver
Bentley	Kessingland
Blundeston	Kirton
Bramford	Laxfield
Chelmondiston	Lt. Bealings
Corton	Levington
Debenham	Martlesham
Earl Soham	Newbourne
East Bergholt	Otley
Framlingham	Peasenhall
Grundisburgh	Somerleyton
Haughley	Somersham
Holbrook	Tunstall
Hollesley	Wenhaston
Hopton	Yaxley



Summary of Attendances for 1963

INFANT WELFARE CENTRES:

Centres provided	Sessions per month	No. of Children attending during year.	Total number of attendances made.
56	116	5,863	35,021

ANTE-NATAL CLINICS:

Only one ante-natal clinic directly operated by the Council was in operation during the year and the clinic was held monthly and was attended by 31 mothers.

In ten other areas of the county general practitioners held ante-natal sessions for their own patients either in clinic premises or in their own surgeries and the Council's midwife was also in attendance.

MOTHCRAFT AND RELAXATION CLASSES:

Regular mothercraft and relaxation classes were held at eight main urban centres and they proved popular with a number of the mothers. Altogether 405 expectant mothers, of whom 157 were booked for hospital confinement, attended the sessions and made a total of 1790 attendances.

Care of Unmarried Mothers and their Children:

28 expectant mothers were found accommodation in Mother and Baby Homes under the agreed arrangements between the County Council and the St. Edmundsbury and Ipswich and the Norwich Diocesan Moral Welfare Associations.

Care of Premature Infants:

258 premature live births were notified in the year. 182 were born in hospital. Of these, 147 survived beyond 28 days. 76 were born at home, and of these 9 were transferred to hospital where 3 died. The remaining 67 were nursed at home and 65 survived beyond 28 days.

Dental Care:

TABLE VI

Numbers provided with dental care

	Examined	Number commenced treatment during year	Made dentally fit
Expectant/Nursing Mothers	23	23	24
Children under 5	255	199	114

Forms of dental treatment provided

	Extractions	General Anaesthetics	Fillings	Scalings or gum treatment	Silver Nitrate treatment	X-rays	Dentures provided	
							Complete	Partial
Expectant/ Nursing Mothers	19	-	27	43	-	-	3	6
Children under 5	85	56	367	-	62	1	-	-

Welfare Foods:

There were at the end of the year 115 places throughout the county where welfare foods could be obtained.

In nearly all of these, voluntary helpers were responsible for the distribution of the foods, and acknowledgment is made of the valuable assistance given to the County Council in this respect and for the willing co-operation of the people concerned.

The quantity of the various items issued was as follows (with 1962 figures given in brackets for comparison):-

National Dried Milk (tins)	...	29,727	(34,605)
Orange Juice (bottles)	...	46,191	(41,817)
Cod Liver Oil (bottles)	...	4,453	(4,669)
Vitamin A & D (packets)	...	4,491	(5,304)

Section 23 - Midwifery:

During the year the Council's midwives attended 1,793 mothers at their confinement.

Of the total confinements attended, in 14 instances only was a doctor not booked.

Medical aid under the Midwives' Act was summoned in 178 cases.

Gas/air and Trilene analgesia was administered at 1,669 domiciliary confinements and Pethidine was given to 1,157 patients by midwives.



Section 24 — Health Visiting:

TABLE VII

Summary of visits made

(excluding School Health Service visits)

	1st Visit	Total Visits
Expectant mothers ... ..	726	1,278
Children born in 1963 ... ..	3,485	13,360
Children born in 1962 ... ..	-	10,150
Children born in 1958 - 61 ... ..	-	16,287
Tuberculosis households ... ..	-	1,731
Other visits ... ..	-	3,153

Section 25 — Home Nursing:

TABLE VIII

Summary of visits made

	Patients attended	Total Visits
Medical ... ..	2,821	84,266
Surgical ... ..	702	19,303
Other ... ..	262	3,142
TOTAL	3,785	106,711
Of these - No. under 5	110	634
No. aged 65 or over	2,585	76,244

Section 26 — Vaccination and Immunisation

Vaccination against Smallpox:

TABLE IX

Number of Persons Vaccinated (or Re-vaccinated) during year

Age at date of vaccination	Under 1	1	2-4	5-14	15 or over	Total
Primary	720	244	48	48	167	1,227
Re-vaccination	-	6	45	177	547	775

Vaccination against Whooping Cough:

TABLE X

Number of children who have completed a primary course of pertussis vaccine during year

Age at date of final injection	0-4	5-14	Total
	2,987	36	3,023

Vaccination against Tetanus:

TABLE XI

Number of children who have completed a primary course of tetanus vaccine during year

Age at date of final injection	0-4	5-14	Total
	2,124	636	2,720

Diphtheria Immunisation:

TABLE XII

Number of children who completed a primary course of diphtheria immunisation, and children who received "booster" injections during 1962.

Age at 31.12.63 i.e. born in year	Under 1 1963	1 1962	2 1959	3 1958	4 1957	5-9 1952-56	10-14 1947-51	Under 15 Total
Completed full primary course ...	1,148	1,697	105	32	13	74	28	3,097
Received "booster" injection ...	2	116	147	33	42	2,232	153	2,675



TABLE XIII

Immunity Index:

Percentages of children born in 1962 in the area at 31.12.63. who had been vaccinated against certain diseases (with comparative figures for England and Wales).

	<u>East Suffolk</u>	<u>England &amp; Wales</u>
Whooping Cough	74	64
Poliomyelitis	59	53
Diphtheria	74	65

Section 27 - Ambulance Service:

TABLE XIV

	Total Miles	No. of Journeys	No. of Patients Carried
Whole-time ambulances	290,481	9,937	20,064
Hospital Car Service:			
Voluntary ...	655,789	16,554	46,740
Sitting case cars:			
Whole-time	20,064	1,516	2,615

Section 28 - Prevention of Illness, Care and After-care:

TABLE XV

Tuberculosis Register, 1963

	Pulmonary	Non-pulmonary
Patients on Register at 1. 1. 63.	1,012	288
New (Primary) Notifications during 1963	46	15
Inward transfers and restored to register in 1963	31	4
	<hr/>	<hr/>
Total	1,089	307

Taken off register in 1963

	Pulmonary	Non-pulmonary		
Non-tuberculosis	-	-		
Died	28	2		
Recovered	61	10		
Removed or lost sight of	22	3		
	<hr/>	<hr/>		
Total	111	15	111	15
			<hr/>	<hr/>
Patients remaining on register at 31. 12. 63.	978	292		

This table is a summary of the registers held by the District Medical Officers of Health.

Section 29 - Home Help Service:

At 31st December, 562 part-time workers were being employed, and the types of cases to which help has been given during the year were as follows:

(i) Elderly Persons (aged 65 or over)	1,210
(ii) Maternity (including expectant mothers)	257
(iii) Mentally Disordered	10
(iv) Chronic sick and Tuberculous	45
(v) Others	69
	<hr/>
Total	1,591



Sections 28 and 51 - Mental Health:

Mental Health Act, 1959

During the year the County Council's mental welfare officers assisted in the admission of 211 patients to hospital as follows:-

		<u>Male</u>	<u>Female</u>	<u>Total</u>
For observation (Section 25)	...	16	30	46
For treatment (Section 26)	...	1	6	7
In emergency (Section 29)	...	33	83	116
By order of Court (Section 60)	...	2	0	2
		<hr/>	<hr/>	<hr/>
		52	119	171

In addition, the mental welfare officers assisted in the informal admission of 40 patients (22 male and 18 female).

Referral of Mentally Subnormal Patients

The following new cases were reported during the year:-

<u>Referred by:-</u>	<u>Mentally Ill</u>	<u>Psycho-path</u>	<u>Subnormal</u>	<u>Severely Subnormal</u>	<u>Total</u>
General Practitioners	214	-	-	-	214
Hospitals, on discharge from in-patient treatment	66	-	18	-	84
Hospitals, after outpatient or day treatment	10	-	-	-	10
Local Education Authority	1	-	4	21	26
Police and Courts	10	1	4	-	15
Other sources	6	-	12	3	21
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	307	1	38	24	370

The breakdown of the above total of patients referred shows the age category as follows:-

			<u>Male</u>	<u>Female</u>	<u>Total</u>
Under 16	...	...	13	11	24
Over 16	...	...	130	216	346
			<hr/>	<hr/>	<hr/>
			143	227	370

The total number of cases on the Authority's Register at the end of the year was:-

	<u>Mentally Ill</u>		<u>Subnormal and Severely subnormal</u>		<u>Sub-Total</u>		<u>Total</u>	
	<u>M</u>	<u>F</u>	<u>M</u>	<u>F</u>	<u>M</u>	<u>F</u>	<u>1963</u>	<u>1962</u>
Attending day training centre	-	-	57	41	57	41	98	90
Receiving home & group training	-	-	13	26	13	26	39	57
Resident at L.A. expense by boarding out in private household	-	-	-	2	-	2	2	2
Receiving Home Visits	19	33	150	115	169	148	317	323
Total patients under community care	19	33	220	184	239	217	456	472

The age category of patients under community care consists of:-

			<u>M</u>	<u>F</u>	<u>Total</u>	
					<u>1963</u>	<u>1962</u>
Under age 16	...	...	54	32	86	94
16 and over	...	...	193	193	386	378
			247	225	472	472

Short term care has continued to play its part in enabling patients to remain in the community and in helping to ease the burden imposed on the families of patients on the waiting list for permanent care. During the year 19 patients were admitted to hospital and 18 patients to residential homes.

The waiting list for long-term hospital care as at 31st December, 1963, was:-

	<u>Under age 16</u>		<u>Aged 16 and over</u>		<u>Total</u>	
	<u>M</u>	<u>F</u>	<u>M</u>	<u>F</u>	<u>1963</u>	<u>1962</u>
In urgent need of hospital care	5	2	3	-	10	12
Non-urgent cases	6	2	7	10	25	27
	11	4	10	10	35	39



During the year 11 mentally subnormal and severely subnormal patients entered hospital as informal patients and 2 patients were admitted on Hospital Orders made by the Courts.

Arrangements for Occupation and Training

The following table shows the numbers under training at the various training centres and classes:

	<u>Under 16</u>		<u>Over 16</u>		<u>Total</u>	
	<u>M</u>	<u>F</u>	<u>M</u>	<u>F</u>	<u>1963</u>	<u>1962</u>
Lowestoft (full-time)	14	8	7	5	34	31
Leiston (full-time)	9	5	4	3	21	22
Stowmarket (one day a week)	7	3	-	4	14	15
Felixstowe (3-half days a week)	8	7	4	3	22	14
Attending other Centres (full-time)	2	0	2	3	7	8
(a)	40	23	17	18	98	90

	<u>Under 16</u>		<u>Over 16</u>		<u>Total</u>	
	<u>M</u>	<u>F</u>	<u>M</u>	<u>F</u>	<u>1963</u>	<u>1962</u>
Lowestoft adult handi- craft class ...	-	-	8	12	20	13
Ipswich adult group	-	-	1	11	12	11
Woodbridge handi- craft class ...	1	1	2	1	5	5
Home Training ...	1	-	-	1	2	28
(b)	2	1	11	25	39	57
Total (a) and (b)	42	24	28	43	137	147

IV

SANITARY CIRCUMSTANCES OF THE AREA

Water Supplies and Sewerage

This section of the report has been prepared by the County Surveyor, the Roads and Bridges Department now being responsible for the examination of schemes of water supply and sewerage submitted to the County Council for financial assistance.

Water Supplies

Regrouping

Regrouping of the various water authorities and companies in the northern part of the county is well advanced, although negotiations are still taking place with three of the smaller undertakings.

Discussions are taking place with regard to similar action in the remainder of the county, but it is now thought that amalgamation will not take place until 1965.

Regrouping will bring more reliable supplies and constant water pressure to some consumers, and it is considered that plans for bulk water softening are more likely to materialize.

Fluoridation

The question of fluoridation was topical during the year and the County Water Engineer at that time produced a report showing the fluorine content occurring naturally in the various sources in the area.

Water Mains

Approval was given to the laying of a number of new water mains during the year.

In the Gipping Rural District some 15,000 yards of new main are to be provided. This work is largely to link together the existing trunk mains, but a number of scattered properties will receive a supply of piped water for the first time.

In the Deben Rural District the provision of a further 14,000 yards of water main was approved, to supply properties in Iken, Sudbourne, Burgh and Hasketon.



### Sewerage and Sewage Disposal

Progress in this sphere of operations has been accelerated. There were fifteen schemes under construction at the end of the year and a further twenty-five were being designed in detail or awaiting Ministry Inquiries. The Rural District Councils are showing great interest in the provision of sewerage facilities in their villages: for example, the Blyth Rural District Council have submitted outline proposals for no less than thirty-three parishes. In several cases sewerage systems which have only recently been constructed will tend to become overloaded, due to the construction of large numbers of houses, since development of this magnitude was not anticipated at the time of the preparation of the schemes.

### Offices, Shops and Railway Premises Act 1963

Probably the most important addition to Public Health legislation in 1963 was the Offices, Shops and Railway Premises Act. The act lays down health, safety and welfare provisions for workers not previously protected by legislation.

It is difficult to envisage the effect of such legislation upon the county districts in a rural county like East Suffolk but the Act will undoubtedly create a considerable increase in duties for the Public Health Staff.

### Housing

The County Council has certain responsibilities in connection with housing conditions in rural districts laid down in the Housing Act 1957. To assist the County Council in that respect and to enable me to carry out other duties in connection with sanitary circumstances the District Councils have provided information used in their part of the report. I would like to express my thanks to the Councils and their Officers for their co-operation in this respect.

Tables XVI and XVII summarise the action taken by the various County Districts in the housing field during 1963.

The figures indicate another year of steady progress with considerable use made of the Improvement Grant provisions.

TABLE XVI

## SUMMARY OF HOUSING ACTIVITIES IN BOROUGH AND URBAN DISTRICTS

	Aldeburgh M. B.	Beccles M. B.	Bungay U. D.	Eye M. B.	Felixstowe U. D.	Halesworth U. D.	Leiston U. D.	Lowestoft M. B.	Saxmundham U. D.	Southwold M. B.	Stowmarket U. D.	Woodbridge U. D.
1. No. of houses inspected ...	-	624	35	28	485	49	267	340	25	45	119	76
2. No. found to be unsatisfactory ...	-	179	22	6	78	19	7	340	12	26	60	37
3. No. rendered fit by:-												
(a) Informal action ...	-	143	21	6	31	19	7	48	11	25	18	3
(b) Action under Public Health Act ...	-	-	-	-	6	-	-	9	-	-	2	1
(c) Action under Housing Act ...	-	-	-	-	-	-	-	6	-	-	-	-
4. No. of Demolition Orders secured ...	-	5	1	-	4	-	-	-	-	-	-	-
5. No. of dwellings included in Clearance Orders secured ...	-	-	-	-	-	-	-	-	-	-	-	5
6. No. of dwellings demolished under Demolition Orders ...	-	4	6	-	-	-	-	16	-	-	-	4
7. No. of dwellings demolished under Clearance Orders ...	-	-	-	-	-	-	-	-	-	-	-	38
8. No. of dwellings demolished by informal action ...	-	2	4	-	-	2	2	-	-	1	-	-
9. No. of dwellings in respect of which Closing Orders were made ...	-	-	2	-	2	-	-	47	-	1	1	-
10. No. of dwellings improved by Improvement Grants:-												
(a) Discretionary ...	6	17	4	-	1	1	17	79	6	4	6	10
(b) Standard ...	3	13	6	4	24	1	9	113	2	7	21	14
11. No. of new houses erected:-												
(a) By Local Authority ...	-	14	-	4	10	10	15	162	-	1	18	16
(b) By Private Enterprise ...	13	32	1	2	76	10	7	312	2	8	17	31



TABLE XVII

## SUMMARY OF HOUSING ACTIVITIES IN RURAL DISTRICTS

	Blyth	Deben	Gipping	Hartismere	Lothingland	Samford	Wainford
1. No. of houses inspected	281	139	135	326	100	15	224
2. No. found to be unsatisfactory	271	7	63	50	23	7	204
3. No. rendered fit by:-							
(a) Informal Action	116	7	38	43	29	5	217
(b) Action under Public Health Act	-	-	-	-	-	-	-
(c) Action under Housing Act	1	-	-	-	2	-	-
4. No. of Demolition Orders secured	-	3	20	6	19	4	12
5. No. of dwellings included in Clearance Orders secured	-	-	-	-	-	-	-
6. No. of dwellings demolished under Demolition Orders	5	1	22	12	6	2	9
7. No. of dwellings demolished under Clearance Orders	-	-	-	-	-	-	-
8. No. of dwellings demolished by Informal Action	-	21	2	15	6	-	1
9. No. of dwellings in respect of which Closing Orders were made	-	1	3	1	4	1	-
10. No. of dwellings improved by Improvement Grants:-							
(a) Discretionary	48	2	28	11	45	17	9
(b) Standard	50	86	49	77	29	65	35
11. No. of new houses erected:-							
(a) By Local Authority	8	10	44	-	-	8	12
(b) By Private Enterprise	45	220	186	-	177	117	43
12. Total number of permanent houses and flats owned by the Council, 31.12.63.	991	1,397	1,213	943	694	679	428

INSPECTION AND SUPERVISION OF FOOD

Inspection of Meat for Human Consumption

Table XVIII gives details of the meat inspection duties carried out by the County District Council Officers during the year.



TABLE XVIII

## SLAUGHTERHOUSES AND MEAT INSPECTION

DISTRICT	No. of Licensed Slaughterhouses	CATTLE (including calves)						SHEEP						PIGS					
		Inspected		Whole carcasses condemned		Carcasses, of which some part or organ was condemned		Inspected		Whole carcasses condemned		Carcasses, of which some part or organ was condemned		Inspected		Whole carcasses condemned		Carcasses, of which some part or organ was condemned	
		No.	Causes	Tuber- culosis	Other Causes	Tuber- culosis	Other Causes	No.	Causes	Tuber- culosis	Other Causes	Tuber- culosis	Other Causes	No.	Causes	Tuber- culosis	Other Causes	Tuber- culosis	Other Causes
Aldeburgh M. B.	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Beccles M. B.	3	11,965	7	106	63	2,933	1,876	23	87	10,386	3	77	114	549	3	77	114	549	
Bungay U. D.	1	361	-	-	19	663	663	-	14	611	-	2	5	28	-	2	5	28	
Eye M. B.	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Felixstowe U. D.	1	144	-	1	5	298	298	-	-	114	-	-	4	4	-	-	4	4	
Halesworth U. D.	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Leiston U. D.	1	157	-	-	6	163	163	-	-	103	-	2	1	1	-	2	1	1	
Lowestoft M. B.	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Saxmundham U. D.	2	400	-	-	3	343	343	-	-	486	-	-	7	1	-	-	7	1	
Southwold M. B.	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Stowmarket U. D.	2	389	-	-	30	422	422	-	-	3,279	-	6	18	561	-	6	18	561	
Woodbridge U. D.	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Blyth R. D.	3	846	-	2	46	165	165	5	1	996	-	8	32	53	-	8	32	53	
Deben R. D.	2	5,746	-	22	1,417	6,764	6,764	65	-	7,749	-	11	188	2,683	-	11	188	2,683	
Gipping R. D.	4	2,382	-	19	510	1,915	1,915	40	-	77,050	1	259	2,256	23,214	1	259	2,256	23,214	
Hartismere R. D.	1	190	-	-	3	615	615	-	-	3,265	-	-	-	-	-	-	-	-	
Lothingland R. D.	2	1,623	-	1	391	-	-	-	-	-	-	-	5	75	-	5	75	299	
Samford R. D.	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Wainford R. D.	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Totals	22	24,203	7	151	69	5,363	13,244	133	-	1,791	4	370	2,700	27,393	4	370	2,700	27,393	

Food and Drugs Acts: Sampling for Chemical Analysis

The County Council are the Food and Drugs Authority for the whole of the Administrative County, with the exception of the Borough of Lowestoft. Details are given below of the samples of milk, other foods, and drugs, taken under the Food and Drugs Acts.

During 1963, 947 samples were taken for analysis representing 4.96 samples per 1,000 population. 55.75% of samples were milk and 44.25% other food and drugs. 131 samples, i. e. 13.8% proved unsatisfactory.

Milk

	<u>1963</u>	<u>1958</u>
Total number of samples taken	528	536
Number submitted to the Public Analyst	32	61
Number unsatisfactory by reason of:		
(1) Fat content below standard	2	10
(2) Solids-not-fat below standard	38	63
(3) Fat and solids below standard	2	15
(4) Containing added water	3	13
Percentage unsatisfactory	7.9	16.4

Action taken in respect of unsatisfactory samples

Samples reported as unsatisfactory are those where the fat or non-fatty solids content were below the 'presumptive' standard of the "Sale of Milk Regulations" or the fat content standard of the "Milk and Dairies (Channel Islands and South Devon Milk) Regulations. Whether or not the deficiencies are due to natural causes is established either by samples taken at supervised milkings or by the Hortvet (Freezing Point) Test.

During 1963, 3 samples were found to contain added water.

Details of these samples are as follows:

Sample No. C. 60 — 1.9% deficient in solids-not-fat at least 5.9% added water.

Sample No. C. 61 — 4.8% deficient in solids-not-fat at least 8.5% added water.

Sample No. C. 62 — 4.9% deficient in solids-not-fat at least 8.6% added water.

These 3 samples were of Channel Islands milk taken in possession of the producer. Proceedings were instituted and at the hearing the defendant pleaded guilty. The explanation given was that a public foot-path crossed the farm and that some unknown person had interfered with the milk. Result — Fine of £3 on each of 3 charges.

Total Costs — £7. 13. 0.



General Comment on Milk Composition

As a matter of interest figures are also given for the year 1958 to show the general improvement in milk quality which has occurred over the last 5 years. This improvement is undoubtedly largely due to the introduction of the quality payment schemes by the Milk Marketing Board.

Other Food and Drugs

Total number of samples taken	395
Number submitted to Public Analyst	188
Number unsatisfactory	82
Percentage unsatisfactory	20.8

The following list gives details of foods reported as unsatisfactory.

Nature of Sample	Defect
Pork Sausages (5) Prawns	Contained undeclared preservative. Contained traces of Hexanine, a preservative not permitted in this country.
Diabisc Biscuits (2) Steak Casserole Boston Cream Pie	Excess carbohydrate content. Misleading description. Words "Just add Egg" and list of ingredients not sufficiently conspicuous.
Sliced Peaches in syrup	No name and address of packer or labeller.
Creamy Bar Toffee Fruit Pies	Contained no milk fat. Contaminated with traces of a volatile substance.
Lemon Curd Tarts	Contaminated with traces of a volatile substance.
Mustard and Cress (2) Fruit Salad in Syrup (4)	Misleading description. Incorrect order of ingredients. Colouring matter not declared.
Tobler-O-Rum (2) New Zealand Butter	Misleading claim for rum content. Contained 17% water. (Standard maximum 16%)
Beef Patties (2) Apricots in Syrup	Deficient in meat content. Words "Registered Trade Mark" omitted from label.
Cod fillets in Parsley Sauce (2) Hot Dog Pickle	Deficient in fish content. Permitted colouring matter not included in list of ingredients.

Nature of Sample	Defect
Fruit Salad in Heavy Syrup Flavoured Drink	No list of ingredients. One of the listed ingredients incorrectly described.
Strawberry Creams (Sweets)	Incorrectly described.
Pork Sausage Meat	Contained excess preservative.
Meat Pudding	Deficient in Meat content.
Chocolate Confections	Contained fat other than cocoa butter.
Grapefruit segments in Syrup	No name of Packer on label.
Victoria Plums	Should be described as Victoria Plums in syrup.
Strawberries	Should be described as Strawberries in syrup.
Vodka (3)	Should be described as British Vodka.
Shrimp Salad (2)	Deficient in fish.
Lollipops	Contained non-permitted colouring matter.
Red Salmon	Words "Registered Trade Mark" on the label abbreviated.
Lemon Glucose Drink	Words "Registered Trade Mark" on the label abbreviated.
Extra Creamy Fruits	Description of article not satisfactory.
Home Made Chutney	Ingredients contained list of generic expressions not permitted in the labelling of Food Order 1953.
Chocolate Cake Covering	Article wrongly described.
Danish Pork (2)	Deficient in meat. Undeclared ingredient.
Fruit Cocktail in Heavy Syrup	No list of ingredients given.
Crab Salad	Deficient in fish.
Self-Raising Flour	Deficient in available carbon dioxide and aneurine.
Fruit Salad in Syrup	Cherries contained permitted added colouring matter not stated on label.
Beef and 4 vegetables with gravy (2)	Deficient in Meat.
Lambchop and 4 vegetables with gravy (2)	Deficient in Meat.
Minced Meat Loaf	Deficient in Meat.
Processed Peas (2)	Ingredients not listed correctly.
London Grill	Ingredients not in correct order.
Melon and Ginger Jam	Deficient in soluble solids.
Cydrax (2)	Description of article as "non-alcoholic" is misleading.
Pork 'n' ham (2)	Deficient in meat.
Savoury minced steak (2)	Deficient in meat and cereal should be absent.
Rum and Butter Toffees	Contains no alcohol. 6.3% fat which includes not more than 0.6% milk fat.



Nature of Sample	Defect
Chipples	Listed ingredients contain expression "Edible Veg. Oil with Antioxidant". The word "Antioxidant" must be replaced by specific name.
Boneless Chicken in Jelly Corned Mutton	Label reads "Regd. Trade Mark". Statements of weights and ingredients marked on tin lid and label do not agree.
Minced Beef Loaf	Label reads "Regd. Brand". Words "Registered Trade Mark" or name and address of packer should appear.
Muscatels and Almonds	The words "Regd. Trade Mark" appear on label.
Creamy Super Slab (Toffee) Yoghourt	Contains not more than 0.5% milk fat. The word "creamy" should be replaced. Stated particulars on cap not clearly legible.
Braised Kidneys in Gravy Danish Pork Fruit Cocktail Sponge Pudding	Deficient in meat. List of ingredients in wrong order. Ingredients listed in wrong order. Listed ingredients not in correct order.

### Legal Proceedings

Legal proceedings were instituted in 2 cases as follows:

Fruit pies — contaminated with traces of volatile substance.

Result — Fined £5 with £2. 2. 0. costs

Lemon Curd Tarts — contaminated with traces of a volatile substance.

Result — Fined £10. 0. 0.

### Foreign Bodies in Food

During the year 2 complaints of foreign bodies found in food were investigated. In neither case was it felt necessary to institute legal proceedings but letters of caution were sent to the Manufacturers concerned.

### Drugs

Total number of samples taken	24
Number submitted to Public Analyst	24
Number unsatisfactory	3
Percentage unsatisfactory	12.5

The following list gives details of drugs reported as unsatisfactory:

Nature of Sample	Defect
Cough Candy Drops	No list of active ingredients given.
Phosferine Tablets	Phosphoric Acid content 4.0% — Declaration of 8.54%.
Throaties	Deficient in chloroform.

In the majority of cases deficiencies in food and drugs were reported to the manufacturers who co-operated readily in amending labels and adjusting recipes to meet legal requirements.

The Milk (Special Designation) Regulations, 1960

Licences

During the year 1 Dealer's (Tuberculin Tested) Licence was surrendered and an additional 14 Dealer's (Pre-packed milk) Licences were issued. The total number of licences in force on 31st December, 1963 was as follows:

TABLE XIX

Type of Licence	Number in force 31.12.63.
Dealer's (Pasteuriser's)	7
Dealer's (Tuberculin Tested)	16
Dealer's (Pre-packed Milk)	157
Total	180

Samples

A total of 914 samples of specially designated milk were taken during 1963 and submitted to the Statutory Tests. Details of samples are given in the following table:



TABLE XX

Designation	Test	Number of Samples	
		Passed	Failed
Pasteurised	Phosphatase	397	2
	Methylene Blue	375	24
Tuberculin Tested (Pasteurised)	Phosphatase	427	2
	Methylene Blue	419	10
Tuberculin Tested	Methylene Blue	30	1
Sterilised	Turbidity	54	1

#### General Supervision of Dairies

All sample failures have been investigated and improvements to plant and premises secured where needed to prevent a recurrence. In appropriate cases information has been forwarded to adjoining Food and Drug Authorities.

In addition to regular sampling, dairy inspections, plant checks and churn and bottle rinsings have been carried out. Improvement in techniques and operation of dairy plant have been obtained on several occasions.

During the year one low temperature plant which had been proving unsatisfactory was replaced by a plate exchange H. T. S. T. pasteuriser of modern design.

#### Biological Examination of Milk

During 1963, 323 samples were examined by the Public Health Laboratory Service taken from 41 herds. 3 herds were found to be excreting brucella organisms.

#### Antibiotics in Milk

During 1963, the Report of the Milk and Milk Products Technical Advisory Committee of the Ministry of Agriculture, Fisheries and Food was published. The report gave details of a survey carried out on farm milks and pointed out the damages involved in the consumption of milk catering authorities.

Several recommendations were made in the report and one of them was that Food and Drugs Authorities should be encouraged to sample and test milk for this purpose. Unfortunately there were some initial testing difficulties and it was not possible to commence routine sampling by the end of the year.

## SCHOOLS

### Milk Supply

230 schools in the county, including 34 non-maintained schools receive a supply of pasteurised milk; the remaining 2 schools receive a raw Tuberculin Tested Supply.

A total of 130 samples were taken during the year; of these 1 proved unsatisfactory for keeping quality. This failure occurred in milk pasteurised and bottled outside the county and the officers of the Food and Drugs Authority concerned were notified.

### Swimming Pools

During 1963 there was a further increase in the number of swimming pools in use at the county schools. 33 pools were in use at the following schools:-

Permanent Pools - Debenham, Beccles (Peddars Lane), Stowmarket Grammar, Woodbridge (Farlingaye), Bungay Grammar, Bungay Primary, Lothingland Modern, Reydon Modern, Holbrook Modern, Kesgrave Modern, and Yoxford.

Portable Pools - Witnesham, Southwold, Carlton Colville, Burgh Castle, Raydon, Redgrave, Aldeburgh, Leiston, Bramfield, Kelsale, Saxmundham, Snape, Kesgrave (Heath), Halesworth, Ilketshall St. Lawrence, Benhall, Sibton, Stutton, Gt. Finborough, Little Bealings and Stowmarket Primary.

In addition the 2 County owned pools were loaned for short periods to the following schools - Waldringfield, Brampton, Ringsfield, Worlingham, Brantham Cattawade, Bawdsey, Walberswick, Bungay Modern and Stonham Aspal. One of them was also in use during the summer holiday at Marlesford.

The County Health Inspectors Section was very active during the summer term advising on water treatment and hygiene practices in connection with the pools. Numerous samples were taken and tests carried out. It must be acknowledged that due to the enthusiasm and co-operation of the teaching staff a very good standard was maintained.



GENERAL

TABLE XXI

Notification of Infectious Diseases

Infectious Disease	Number of cases notified
Scarlet Fever ... ..	127
Whooping Cough ... ..	59
Poliomyelitis - paralytic ... ..	3
do. - non-paralytic ... ..	2
Measles ... ..	2,673
Diphtheria ... ..	-
Pneumonia ... ..	100
Dysentery ... ..	190
Smallpox ... ..	-
Encephalitis - infective and post infective	2
Enteric or typhoid fever ... ..	2
Paratyphoid fever ... ..	-
Erysipelas ... ..	11
Meningococcal infection ... ..	1
Food poisoning ... ..	21
Puerperal pyrexia ... ..	13
Ophthalmia neonatorum ... ..	-
Infective hepatitis ... ..	6

Nurseries and Child Minders' Regulations Act, 1948

There were a number of changes in registration under the above Act during the year and at the 31st December there were five premises registered as day nurseries catering for a total number of 117 children.

In addition seven persons were registered as child minders, with authority for the care of 47 children.

Registration of Nursing Homes

During the year one Nursing Home closed down and one new home was registered. There remained three registered Nursing Homes at the 31st December, 1963.

Name	Number of beds available Medical/Surgical
Orme House, Lowestoft ...	12
Sproughton Manor, Sproughton	14
The Old Rectory, Barham ...	15
	—
	41
	—







Printed by  
East Suffolk County Council  
County Hall, Ipswich