[Report 1955] / Medical Officer of Health, East Suffolk County Council.

Contributors

East Suffolk (England). County Council.

Publication/Creation

1955

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EAST SUFFOLK COUNTY COUNCIL



ANNUAL REPORT

OF THE

County Medical Officer

1955

HEALTH DEPARTMENT
COUNTY HALL
IPSWICH





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IPSWICH

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To the Chairman and Members of the County Council.

My Lords, Ladies and Gentlemen,

I have the honour to present to you the Annual Report on the health of the County of East Suffolk for the year 1955.

The report is prepared to conform generally with the requirements of the Minister of Health, and in this preamble I have confined myself to brief comments on particular aspects of the report.

Staff.

During the year under review there were vacancies for assistant county medical officers, dentists, health visitors and nurse-midwives. It was a matter of satisfaction that a suitable person was obtained for the post of Deputy County Nursing Officer after considerable delay, but although differing factors enter into the matter, it was one of serious concern that the local authority health service does not seem able to attract sufficient and suitable recruits.

Vital Statistics.

There were no significant changes. The birth rate fell by 1.1 to 14 per thousand population. The death rate rose by .1 per thousand, the main causes again being heart disease and cancer.

Care of Mothers and Young Children.

There was a slight increase in the number of clinic attendances, but the demand for clinic facilities varies very much throughout the County. For the first time it is possible to record some progress in the provision of dental care for expectant mothers and young children, but this has been confined to clinics based on Ipswich, Stowmarket, Leiston and Lowestoft.

During the year premises at Stowmarket were opened as a combined clinic and ambulance station. This was a great improvement on the facilities previously available. The accommodation is also being used by the staff of the Regional Hospital Board and it is also particularly pleasing to report that the local general practitioners, in conjunction with County staff, are using the premises for clinic purposes.

Midwifery and Home Nursing.

Miss Henson retired after over 30 years' service as Matron of the Lowestoft Nurses' Home and it was a matter of profound regret that she died so soon without being able to enjoy a well deserved retirement. The Deputy County Nursing Officer, upon taking up duty, was based on Lowestoft and directly responsible for the Home Nursing, Midwifery and Health Visiting Services in the northern area.

Progress was made with accommodation for nurse-midwives, three sets of double flats being completed and occupied at Hollesley, Mendlesham and Kesgrave. It is hoped to report equally good progress in next year's report, because in some instances it is otherwise impossible to recruit staff. On the other hand, at Felixstowe good accommodation is available but it was not possible to bring the staff there up to strength.

The nurse-midwives can look back with satisfaction on another year of unspectacular but invaluable work to the community, as it was only through goodwill and really hard work that all the calls made upon them were answered adequately.

The bulk of the home nursing work still applied to those over 65 years of age, but there was an increase in demand for the services of the nurses for giving injections following hospital treatment.

Health Visiting.

It has been the practice to emphasise the importance of health visiting in the development of the local authority, and particularly the preventive health services, and the early emphasis was on a separate Health Visiting Service. It now seems clear that not only because of the shortage of staff but through other reasons, it has been necessary to have second thoughts and the development of the Health Visiting Service and the role of the health visitor seems to be very much in the melting pot. I am more than ever convinced that in a county such as East Suffolk it would be wise in the foreseeable future to continue to extend the employment of the district nurse-midwife/health visitor and it is satisfactory to record that during the year three of our own staff were given health visiting scholarships.

The service continued to take a special interest in problem families, playing an important part in the work of the Co-ordinating Committees. It may be that too much publicity has been given to the "problem family", but they cannot be ignored and it is good to know that the concerted efforts of all concerned with the problem have had some beneficial results.

Vaccination and Immunisation.

No comment is needed regarding diphtheria immunisation, but I am pleased to report that although the total number vaccinated remains almost the same, there was an increase of 14% in the vaccination of children under one year. The popularity of the combined diphtheria/whooping cough immunisation continued and it may be necessary to watch the position because of the growing demand for the use of the triple antigen which includes tetanus.

Ambulance Service.

Almost every year it is necessary to make the same comment. The work, particularly in relation to the Hospital Car Service, continues to expand. It is satisfying to know that the whole service continues to operate so efficiently and tribute must once again be paid to the voluntary car drivers and the St. John Ambulance Brigade and the British Red Cross Society.

Many factors account for the increase in the work—the only assurance that can be given is that from the County side every step possible is taken to ensure that the service is used only when essential.

Home Help Service.

There was an increase of 16% in the number of cases helped and this is wholly attributable to the chronic sick and aged. This, plus the rising rate of pay, put up the cost considerably. This is a necessary service and one in which the beneficial results are very obvious. It can be shown that the need to provide residential accommodation by the County Council is reduced and, equally, the service is of direct value in obviating or delaying admissions to chronic sick hospitals and enabling earlier hospital discharges.

Co-operation within the Health Service.

One health visitor was appointed during the year for specialist duty in the north of the County for tuberculosis work, in close co-operation with the Consultant Chest Physician. Unfortunately, it was not possible to make a similar appointment in the south of the County. Another health visitor was appointed for specialist duties in the mental health work, and again, she works in the closest contact with the staff of the hospitals. It can be said that the liaison with the other partners of the National Health Service was not only maintained but strengthened, and I feel sure that the general medical practitioners now are satisfied that it is the desire of the Local Health Authority to co-operate with and help them in their work.

National Assistance Act, 1948-Welfare Services.

The Welfare Service does not form part of the Annual Report of a County Medical Officer, but as it represents such an important part of the work of the Health Committee and the department, I would formally record the continued good progress in the development of the work, particularly in relation to the welfare of the handicapped in their own homes. The employment of "all purpose" welfare officers has more than justified itself and enabled the staff concerned to absorb a marked increase in the work.

* * * *

The year under review has been one of steady although perhaps limited progress. Much of the work of the Health Authority, although essential, is unspectacular. There has been no extravagance and sometimes it has been difficult to keep the services going and "making both ends meet". Such progress as has been achieved had depended very much on the loyal co-operation of all the staff of the department and their readiness to put in something extra. Difficulties in maintaining or expanding the services have sometimes been attributable solely to the inability to recruit staff, but in other directions one has been mindful of the need to keep expenditure within the approved annual estimates. The size of the County purse is limited and the calls on it very great: it is not for an officer or even one Committee to say what share shall be made available for one particular service. I can only assure the members that the whole of the staff through their enthusiasm and loyalty have ensured that the money made available to the Health Service has been spent to the best advantage.

The year's work has been made easier by the knowledge that we have always had the kindly interest and support of the Chairman and members of the Health Committee and its Sub-Committees. Ready co-operation has always been shown by our colleagues in the Local Government Service in the County. I cannot end this report without again recording the very great help which has been given by the Administrative Deputy and County Welfare Officer, Mr. L. J. Bowling, and, indeed, all the staff of the Health Department whether engaged in the central office or in the field.

I have the honour to be,
Your obedient Servant,
S. T. G. GRAY,
County Medical Officer.

HEALTH DEPARTMENT, COUNTY HALL, IPSWICH. August, 1956,

I.

GENERAL STATISTICS.

Area: 548,608 acres (Census, 1951). 547,397 acres.

Population 1955: 220,700 (As estimated by the Registrar-General).

Population, Census 1951: 217,124.

Number of dwellings (occupied and vacant); Census 1951: 67,609.

Number of private households: Census 1951: 65,651

Rateable Value: £1,229,803 (year beginning 1st April, 1955).

Estimated product of a penny rate: £4,887 (year beginning 1st April, 1955).

TABLE I.

Extracts from Vital Statistics for the Year.

Live Births:	M.	F.	Total.	
Legitimate Illegitimate	1,528 74	1,422 73	2,950 147	Birth rate per 1,000 of
Total live births	1,602	1,495	3,097	estimated population:— 14.0.
Stillbirths: Legitimate Illegitimate	33	31 1	64	Rate per 1,000 total births (live and still-births):—21.5.
Total stillbirths	36	32	68	
Deaths:	1,399	1,344	2,743	Crude death rate per 1,000 of estimated population:—12.4.

	No. of Deaths.	Rate per 1,000 total births.
Deaths from Puerperal Causes:	2	0.6

Deaths of infants under one year of age:

		M.	F.	Total.	1
Legitimate Illegitimate		48 2	30	78 3	
termina to mile	Total	50	31	81	

Deaths from	Measles (all ages)				
,,	Whooping Cough (all ages)				_
,,	Diarrhoea, Gastritis and Enter	ritis (un	der 2 y	ears	
	of age)				6
,,	Cancer (all ages)				436
Cancer Deat	h Rate per 1,000 population				1.97
Tuberculosis	Death Rate per 1,000 popula	ation			0.1

TABLE II.

BIRTHS. (Still Births are excluded).

		Bir	th Rate per	1,000 Populati	on.
Year.	Total.	Urban.	Rural.	Administra- tive County.	
1953	3221	14.9	14.5	14.7	15.5
1954 1955	3328 3097	14.6 14.0	15.6 14.0	15.1 14.0	15.2 15.0

TABLE III.

ILLEGITIMATE BIRTHS.

(Still Births are excluded).

		Birth Rate	e per 1,000	Population.
Year.	Total.	Urban.	Rural.	Administra- tive County
1953	180	0.8	0.8	0.8
1954	174	0.8	0.8	0.8
1955	147	0.7	0.6	0.7

TABLE IV.

DEATHS.

		Death Rate per 1,000 Population.				
Year.	Total.	Urban.	Rural.	Administra- tive County.	England and Wales	
1953	2649	12.5	11.8	12.1	11.4	
1954	2715	11.7	12.8	12.3	11.3	
1955	2743	125	12.3	12.4	11.7	

TABLE V.

MATERNAL MORTALITY.

DEATHS FROM PUERPERAL CAUSES.

Year.	Total	Death Rate per 1,000 total births
1953	2	0.61
1954	1	0.29
1955	2	0.63

TABLE VI.

INFANT MORTALITY RATE.

DEATHS OF CHILDREN UNDER ONE YEAR.

		000 Live Births			
Year.	Total.	Urban.	Rural.	Administra- tive County.	England and Wales
1953	60	24	14	18.6	26.8
1954	77	25	21	23.1	25.5
1955	81	32	21	26.1	24.9

TABLE VII.

INFANT MORTALITY OVER FIVE-YEARLY PERIODS.

Quinquennium.	Number of Live Births.	Number of Deaths.	Infant Mortality Rate per 1,000 Live Births.
1946 1947 1948 1949 1950	3,919 4,295 3,762 3,497 3,292 18,765	131 140 74 95 78 518	27.6
1951 1952 1953 1954 1955	3,326 3,139 3,221 3,328 3,097 16,111	95 81 60 77 81	24.4

12

CAUSES OF DEATH IN EACH DISTRICT.

1	Grand Total	2743	21	-	m.	1	1	-	7	1	00	200	62	38	20	258
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	Blyth	274	2								1	00	4	4	-	21
	Total	1228	6	1	m	1	I	-	-	1	ru.	26	28	22	13	114
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		All causes	iber	Tuberculosis, other	Syphilitic disease	Diphtheria	Whooping cough	enin	7. Acute poliomyelitis	8. Measles	ther	Talig	Talig	Ialig	Ialig	Other
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TABLE IX.

CAUSES OF DEATH AT DIFFERENT PERIODS OF LIFE.

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THE SAME OF SHORTER	CAUSES OF DEATH.	ALL CAUSES	1. Tuberculosis, respiratory	2. Tuberculosis, other	3. Syphilitic disease	4. Diphtheria	5. Whooping Cough	6. Meningococcal infections	7. Acute poliomyelitis	8. Measles	9. Other infective and parasitic diseases	10. Malignant neoplasm, stomach	11. Malignant neoplasm, lung, bronchus	12. Malignant neoplasm, breast	13. Malignant neoplasm, uterus	15. Leukaemia aleukaemia
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II.

STAFF.

Medical Staff.

County Medical Officer: S. T. G. Gray, M.B., Ch.B., D.P.H.

Assistant County Medical Officers:

P. G. Cannon, M.B., Ch.B., D.P.H. (from 14.3.55).

A. C. Gee, M.R.C.S., L.R.C.P., D.P.H.

K. M. Harding, M.D., D.P.H.

C. H. Imrie, T.D., M.B., Ch.B., D.P.H.

I. Sim, M.B., Ch.B., D.P.H.

E. A. Parkinson, M.B., Ch.B., D.P.H. (part-time).

G. E. Pryce, M.B., ch.B., B.A.O. (part-time).

J. F. Morrison, M.D., D.C.H. (part-time).

Consultant Chest Physicians:

C. J. Stewart, M.D., B.S., D.obst.R.C.o.G.

I. M. Young, M.B., Ch.B.

Administrative Deputy to County Medical Officer and County Welfare Officer:

L. J. Bowling.

Nursing Staff.

County Nursing Officer:

Miss M. Vaughan Jones., S.R.N., S.C.M., H.V. Cert.

Deputy County Nursing Officer:

Miss H. Place, S.R.N., S.C.M., H.V. Cert., (from 4.8.55).

Health Visitors:

At the end of the year, the staff of Health Visitors was 21 whole-time (7 of whom were holding combined appointments as district nurse/midwife-health visitor), and 3 part-time, and 1 whole-time Tuberculosis Health Visitor.

District Nurse|Midwives:

At the end of the year, 58 district nurse/midwives (including 7 who were also district nurse/midwives-health visitors), 7 district midwives, and 10 district nurses were being employed.

County Sanitary Staff.

County Sanitary Officer (seconded to Clerk of Council's Department as Officer in charge of Water Supplies and Sewerage Section):

A. E. Chapman, F.S.I.A.

Assistant County Sanitary Officer: R. E. Law, M.S.I.A.

Dental Staff.

Senior Dental Officer: C. D. Macpherson, L.D.S.

Dental Officers; J. E. Benfield, L.D.S.

Miss J. Hepburn, L.D.S.

Mrs. H. A. Bell, L.D.S.

District Medical Officers of Health.

Boroughs and Urban Districts:

Aldeburgh ... Dr. C. H. Imrie.

Beccles ... Dr. P. G. Cannon (from 14.3.55). Bungay ... Dr. P. G. Cannon (from 14.3.55).

Eye ... Dr. K. M. Harding. Felixstowe ... Dr. C. H. Imrie.

Halesworth ... Dr. P. G. Cannon (from 14.3.55). Leiston ... Dr. P. G. Cannon (from 14.3.55).

Lowestoft ... Dr. A. C. Gee.

Saxmundham ... Dr. D. W. Ryder Richardson.

Southwold ... Dr. A. C. Gee. Stowmarket ... Dr. K. M. Harding.

Woodbridge ... Dr. C. H. Imrie.

Rural Districts:

Blyth ... Dr. P. G. Cannon (from 14.3.55).

Deben ... Dr. C. H. Imrie.

Gipping ... Dr. K. M. Harding.

Hartismere ... Dr. K. M. Harding.

Lothingland ... Dr. A. C. Gee.

Samford ... Dr. K. M. Harding.

Wainford ... Dr. P. G. Cannon (from 14.3.55).

III.

NATIONAL HEALT | SERVICE ACT, 1946.

Section 21—Health Centres.

Action under this Section remains in a state of suspended animation, and there is nothing further to report at present, except that the possibility of expansion on these lines in a rural area has become even more remote by the declared policy of the central government that health centres were likely to be justified only in new towns, large housing estates or development areas.

Section 22—Care of Mothers and Young Children.

Infant Welfare Centres.

New Centres were started at Felixstowe (Landguard)—weekly, at Shotley—fortnightly, and at Yaxley—monthly, and two monthly clinics at Needham Market and Otley were closed,

TABLE X.

Infant Welfare Centres.

Twice weekly.	Weekly.	Twice monthly.
Lowestoft (i) (a)	Aldeburgh Beccles Bungay Felixstowe (i) (a) do. (ii) do. (iii) Stowmarket (a) Woodbridge (a) Lowestoft (ii) (a) do. (iii)	Bramford Brantham Carlton Colville Claydon Eye Halesworth Kesgrave Leiston Shotley Southwold Wattisham R.A.F. Camp Wrentham Yoxford

(a) Centre also functions as ante-natal and post-natal clinic.

	Monthly.
Belton	Laxfield
Blundeston	Lt. Bealings
Charsfield	Lound
Chelmondiston	Metfield
Copdock	Nacton
Corton	Newbourne
Debenham	Orford
Earl Soham	Peasenhall
Farnham	Saxmundham
Framlingham	Somerleyton
Friston	Somersham
Grundisburgh	Waldringfield
Hollesley	Wenhaston
Kessingland	Wickham Market
Kirton	Yaxley

Summary of Attendances for 1955.

INFANT WELFARE CENTRES.

		No. of Children	
Centres	Sessions	attending during	Total number of
provided.	per month.	year.	attendances made.
54	104	4,491	27,555

ANTE-NATAL AND POST-NATAL CLINICS.

Clinics provided.	Sessions per month.	No. of Women attending during year.	Total number of attendances made.
5	12	256—A	732—A
		14—P	14—P

A=ante-natal. P=post-natal.

The valuable help of the voluntary workers who support these Infant Welfare and Weighing Centres is again gratefully acknowledged.

Care of Unmarried Mothers and their Children.

Under arrangements made with the Moral Welfare Associations responsibility was accepted for the maintenance in Mother and Baby Homes of 24 unmarried mothers and they were admitted as under:—

	7
	4
	2
	2
	2
	2
	1
	1
V.2.	1
	1
ton	1

Care of Premature Infants.

As recommended in Circular 20/44, any infant weighing 5½ lbs. or less at birth is regarded as premature. Fully equipped cots are located in various parts of the county for use if the baby remains at home, or if transfer to hospital is necessary. Special follow-up visits are made to each infant to ensure that progress is maintained.

210 premature live-births were notified during the year, of whom 102 were born at home. Nine of these babies were transferred to hospital for treatment, and 3 of them survived beyond 28 days. The remaining 93 were nursed at home, and 85 of them survived.

Dental Care.

It is pleasing to be able to report a real advance in the numbers of patients other than school children treated by the authority's dental officers.

TABLE XI.

Numbers provided with dental care.

	Examined	Needing treatment	Treated	Made dentally fit
Expectant/Nursing Mothers	50	48	49	15
Children under 5	116	97	128	78

Forms of dental treatment provided.

	Extrac- tions	Enters	Cananal	Ellen	Scalings		V	Dentures provided		
		Anaes- thetics	rinings	or gum treat- ment	treat- ment	A-lays	Com- plete	Partia		
Expectant/ Nursing Mothers	55		27	1			3	1		
Children under 5	83	40	73	3	39		holled	_		

Nurseries and Child Minder's Regulations Act, 1948.

Two further applications for registration were approved during the year, one being in respect of Lorley Cottage, Aldeburgh, and the other in respect of High Banks, Creeting St. Mary, both for the reception of not more than eight children.

The Marian Nursery School, Combs, registered in 1954, continued, and visits of inspection have been made to this and the newly registered nurseries.

Women's Welfare Clinic.

Attendances at the Ipswich and Lowestoft clinics were approximately as in previous years. Appointments are only made for women to attend these clinics at the request of the family doctor or of one of the authority's Medical Officers.

At Ipswich, patients attend the Allington House Clinic by arrangement with the County Borough of Ipswich, and 68 women visited for the first time during the year, making between them a total of 176 attendances.

At Lowestoft, where the two clinics at Connaught House and Southwell Road are conducted by Dr. Sim, 121 patients (of whom 33 were making their first attendance) made 192 visits to the clinics.

Welfare Foods.

The early difficulties were not easily overcome, and it was well into 1955 before the work—especially that of making the necessary returns—could be brought and kept up-to-date. By the end of the year, however, the service was running smoothly, the voluntary distributors continuing readily to co-operate.

The number of distribution centres remained unchanged at 182, and a precis of the returns for 1955 showed that during the year issues had been made as follows:—

National Dried Milk (tins)		 85,173
Orange Juice (bottles)	***	 142,585
Cod Liver Oil (bottles)		 27,599
Vitamin A & D (packets)		 8,956

Section 23—Midwitery.

During the year the Council's midwives attended 1,016 patients as midwives, and 655 patients as maternity nurses.

Of the total of 1,671 confinements attended, in 81 instances only was a doctor not booked.

Medical aid under the Midwives' Act was summoned in 60 cases.

Gas/air analgesia was administered at 1,457 domiciliary confinements; in 862 cases by midwives acting in that capacity, and in 595 cases by midwives acting as maternity nurses.

Pethidine was given to 562 patients by midwives acting as such, and to 441 patients by midwives acting as maternity nurses.

Refresher Courses.

Four midwives attended refresher courses and one completed a district training course during the year.

Registration of Nursing Homes.

At 31st December, the following premises remained registered:—

	Number of beds availed				
Name.	Maternity		Total		
St. Monica's, Felixstowe	 1	_	1		
Lyncote, Felixstowe	 2	_	2		
Orme House, Lowestoft	 2	7	9		
Field Stile, Southwold	 -	8	8		
	5	15	20		
	-		_		

Ownership of Otley Hall, Otley, changed again and the premises ceased to be used as a nursing home.

Section 24.—Health Visiting.

TABLE XII.

Summary of visits made

(excluding School Health Service visits).

	1st Visit.	Total Visits.
Expectant mothers	 411	489
Children under 1	 3,424	18,624
Children over 1 but under 2	 _	10,172
Children over 2 but under 5	 	17,697
Tuberculosis households	 	1,722
Other visits	 _	2,022

Student Health Visitors.

Three nurse-midwives on the Council's staff were awarded scholarships during the year to train as health visitors. At the successful conclusion of their studies, two of these candidates will return to take up combined health visitor/district nurse-midwife appointments, and the third to undertake whole-time health visiting in Lowestoft.

Refresher Courses.

Two health visitors attended refresher courses during the year.

Tuberculosis Health Visitor.

The whole-time Tuberculosis Health Visitor made altogether 1,259 visits to households during the year and continued the valuable liaison between the Lowestoft Chest Clinic and the local authority.

It had not been possible to select a suitable candidate for a similar appointment in the south of the county.

Section 25.—Home Nursing.

Except in Lowestoft where 10 nurses were employed whole-time in this service, home nursing was provided by the district nurse/midwives.

TABLE XIII. Summary of visits made.

	Patie	nts attended.	Total visits.	
Medical	 	3,227	85,638	
Surgical	 	1,309	24,446	
Infectious Diseases	 	3	83	
Tuberculosis	 	40	1,332	
Maternal complications	 	59	538	
Other	 	150	1,160	

Section 26-Vaccination and Immunisation.

Vaccination.

TABLE XIV.

Number of Persons Vaccinated (or Re-vaccinated) during year.

Age at date of					15 or	
vaccination.	Under 1	1	2-4	5-14	over	Total.
Primary	1,736	100	53	53	110	2,052
Re-vaccination		_	18	77	365	460

Diphtheria Immunisation.

TABLE XV.

Number of children at 31st December 1955 who had completed a course of immunisation at any time before that date (i.e. at any time since 1st January, 1941).

Age at 31.12.55 i.e., born in year	Under 1 1955	1—4 1954-51	5—9 1950-46	10—14 1945-41	Under 15 Total
Last complete course of injections (primary or booster) A. 1951-1955	454	8,924	10,671	2,157	22,206
B. 1950 or earlier	-	_	3,815	6,923	10,738
Estimated mid-year child population	3,100	13,000	35,500		51,600
Immunity Index	14.6	68.6	36	1	430

The immunity index included in the statistics is designed to show a percentage of children considered to be in a state of immunity, i.e., those who have completed a course of immunisation during the past five years.

In arriving at the index figures in the columns 5 to 9—10 to 14, and total, the index is obtained by expressing the figures in line A as a percentage of the estimated mid-year child population.

Section 27-Ambulance Service.

TABLE XVI.

Ambulances.

Summary of Mileage, Journeys and Patients Carried.

Month.	Total Miles.	No. of Journeys.	No. of Patients Carried.
January	 20,295	674	1,450
February	 18,240	592	1,195
March	 19,216	640	1,267
April	 18,404	646	1,196
May	 20,412	681	1,297
June	 19,756	692	1,331
July	 20,380	681	1,390
August	 19,110	672	1,380
September	 19,475	656	1,393
October	 17,839	623	1,218
November	 17,785	639	1,291
December	 18,876	625	1,278
	229,788	7,821	15,686

TABLE XVII.

Hospital Car Service.

Summary of Mileage, Journeys and Patients Carried.

	Vol	UNTARY CAR	Pool.	C.C. 8	SITTING CA	ASE CARS.
			No. of			No. of
	Total	No. of	Patients	Total	No. of	Patients
Month.	Miles.	Journeys.	Carried.	Miles.	Journeys.	Carried.
January	37,503	960	2,278	1,934	73	135
February	33,504	902	2,242	1,973	103	153
March	41,473	1,107	2,652	2,662	122	193
April	38,792	984	2,346	2,944	111	199
May	39,301	1,030	2,533	2,212	111	158
June	45,461	1,199	2,832	2,433	130	208
July	41,414	1,126	2,691	2,689	138	231
August	44,097	1,171	2,896	2,062	112	241
September	41,980	1,075	2,704	2,387	116	225
October	41,734	1,106	2,892	2,900	118	186
November	45,259	1,223	3,073	1,724	133	235
December	39,565	1,056	2,704	1,889	118	222
	490,083	12,939	31,843	27,809	1,385	2,386
	Total Mileage				517,892	
		ourneys			14,324	
		Monthly M	ileage		43,157	
" Miles per Journey					36.1	

Section 28-Prevention of Illness, Care and After-care.

TABLE XVIII.

Tuberculosis Register, 1955.

Cases on Register at 1.1.55	4200	inderA		951	Non- pulmonary 360
New (Primary) Notifications	during	1955		86	29
Inward transfers and cases rest	tored to	register i	n 1955	47	2
	Tot	al		1684	391

Cases written off register in 1955:

cuses written o	y register in 19		Non- pulmonary		
Non-tubercule	ous	1	1		
Died .		25	7		
Recovered .		43	32		
Removed or lo	ost sight of	67	18		
	Total	136	58		
			3	136	58
Cases remainin	ng on register a	at 31.12.55		948	333

B.C.G. Vaccination.

Reports were received from the Consultant Chest Physicians on 198 persons successfully vaccinated during the year.

Provision of Milk.

At 31st December, 95 patients (47 in Lowestoft) were being helped under the scheme for the provision of one pint of milk daily free to tuberculosis patients on recommendations made by the Consultant Chest Physicians or the Council's health visitors.

Provision of Nursing Equipment.

The medical loans depots organised under the auspices of the St. John Ambulance Brigade and the British Red Cross Society—and manned by their voluntary personnel, whose help is gratefully acknowledged—have continued to work satisfactorily.

Section 29-Home Help Service.

At 31st December, 231 part-time workers (20 more than in 1954) were being employed, and the types of cases to which help has been given during the year were as follows:—

(i)	Maternity (including expectant mothers)	 209
(ii)	Tuberculosis	 14
(iii)	Chronic sick, including aged and infirm	 460
(iv)	Other	 87

Sections 28 and 51-Mental Health.

Administration.

No special Sub-Committee has been appointed to deal with the work relating to Mental Health and the work has been delegated to the Health Services Sub-Committee of the Health Committee.

Staff.

The County Medical Officer and his Assistant Medical Officers are all approved for the purpose of giving certificates under Section 5 of the Mental Deficiency Acts, 1913. They also carry out other medical examinations as in the ascertainment of cases. The County Medical Officer is approved by the Minister to give recommendations under Section 5 of the Mental Treatment Act, 1930.

The supervision of boys up to the age of 16 years and girls up to the age of 20 years under Statutory Supervision is carried out by the County Council's health visitors.

The supervision of the remainder of the patients under Statutory Supervision and of those under Friendly Supervision is given by the welfare officers of the County Council.

A specially qualified health visitor has been appointed to carry out specialist work under the Mental Deficiency Acts and to give after-care in the case of patients discharged from mental hospitals.

The male welfare officers of the County Council are appointed as duly authorised officers under the Lunacy and Mental Treatment Acts. Members of the staff of the Health Department are also authorised to act and do so

when a welfare officer is not available. Home teaching under the Mental Deficiency Acts is given by those welfare officers who are qualified home teachers.

Co-ordination with Regional Hospital Boards and Hospital Management Committees.

The following arrangements obtain:-

- With the Management Committee of the Royal Eastern Counties Hospital, Colchester, which is in the area of the North-East Metropolitan Regional Hospital Board, for the supervision by the officers of the Council of patients on licence from the hospital, and for the provision of the necessary reports upon the home circumstances of patients.
- 2. With the East Anglian Regional Hospital Board for the supervision of patients on licence from hospitals in the Hospital Board's area, and for the provision of reports on home circumstances.

Admissions to Mental Hospitals.

During the year the duly authorised officers attended on the admission of 55 male and 117 female patients to mental hospitals, as follows:—

Under the Lunacy Acts:	Males	Females	Total
On certification On "Three day" Orders under	29	68	97
Section 20	-	3	3
Under the Mental Treatment Act:			
As voluntary patients	24	44	68
As voluntary patients under 16	1	_	1
As temporary patients	1	2	3
	55	117	172

The duly authorised officers have given help in the cases of a number of patients discharged from mental hospitals where it was felt that after-care and assistance in coping with the problems involved in returning to normal community life were necessary.

Mental Deficiency Acts.

Admissions to Hospitals.

During the year arrangements were made for the admission of 8 male and 13 female patients. The numbers remaining on the waiting list on 31st December, 1955 were 21 males and 18 females.

During the year 13 males and 8 females were admitted for periods of temporary care.

Supervision.

The numbers under supervision on 31st December, 1955 were:-

Talance and Jedna Lutino	Males	Females	
Statutory Supervision	 146	125	
Friendly Supervision	 50	38	

Occupation Centres.

The Lowestoft Occupation Centre continues most successfully as a full-time one with meals provided by arrangement with the Local Education Authority. At the end of the year there were 10 boys and 8 girls in attendance.

Three girls and 1 boy were attending the Ipswich Occupation Centre by arrangement with the Ipswich Mental Welfare Association.

Home Training.

On 31st December, 1955, 12 males and 39 females were receiving home training.

The training class at Ipswich continues to be held on alternate Thursday afternoons and at the end of the year it was attended by 1 boy and 14 girls.

Three male and 4 female patients attend a weekly handicraft class at Lowestoft.

Ascertainment.

During the year 26 new cases (16 males and 10 females) were ascertained.

Guardianship.

There are 4 males and 5 females of East Suffolk origin under Guardianship.

IV.

SANITARY CIRCUMSTANCES OF THE AREA.

Water Supplies and Sewerage.

This section of the report has been prepared by the County Sanitary Officer, who is responsible for examining and reporting upon schemes of water supply and sewerage submitted for the approval of the County Council for financial assistance.

Water Supplies.

Good progress has been maintained during 1955 in the construction of the regional water schemes in all the Rural Districts. Those of Blyth and Deben Rural District Councils are now virtually complete, and four others, those of Hartismere, Lothingland, Samford and Wainford Rural District Councils, will soon be in a similar position. Completion of the Gipping Rural District Council's full scheme will be delayed, because as many of the proposed mains are in the north-eastern part of the District where there is already a local network, the Minister has deferred further development.

During the year 129 miles of water mains were laid, which means that 79 per cent. of the ultimate network of mains has now been completed. The following table shows the position with regard to development in each Rural District.

TABLE XIX.

	Le	ngth of Wate	er Mains in M	liles.	Proportion
District	Pre 1945	1946 to 1955	Approved Proposals	Ultimate Network	of Ultimate Network completed
Blyth	12	145	4	161	98%
Deben (incl. Stat. areas)	85	87	4	176	98%
Gipping	35	45	101	182	44%
Hartismere	65	113	29	207	86%
Lothingland (incl. Stat. areas)	23	37	16	76	79%
Samford	13	59	24	96	75%
Wainford	5	56	29	90	68%
Totals	238	543	207	988	79%

The Barsham Pumping Station, built for the Barsham Bores Joint Water Committee, was completed during the year and officially opened in October. In addition, water towers have been completed or brought near to completion at Saxmundham, for Blyth Rural District; Bedingfield in Hartismere Rural District; Freston, Erwarton and Raydon in Samford Rural District; and Ilketshall St. Andrew and South Elmham St. Michael in Wainford Rural District. Work is due to start on water towers at Barking Tye in Gipping Rural District and Fressingfield and Cotton in Hartismere Rural District. In Deben Rural District an iron removal plant at Pettistree Pumping Station has been completed and is in operation, and the modernisation of equipment at Tuddenham Pumping Station was also carried out during the year. Work was started on the Pumping Station, Treatment Plant and Reservoir at Redgrave in Hartismere Rural District and good progress has been made. At Raydon in Samford Rural District the main building of the Headworks was completed and the installation of machinery is about to proceed.

Sewerage.

During the year there was rather more sewerage work done than previously, with 7 schemes under construction. Of these, 4 have been completed.

The end of 1955 brings to a close the first five-year period of the 20-year Programme of Sewerage Development for the County as agreed between the District Councils and the County Council in May, 1951. The following summary shows the present position with regard to those schemes which were scheduled in the Programme for the period 1951-55.

Scheme.	State of Progress.			
Alderton—Deben Debenham—Gipping Mendlesham—Hartismere Bradwell Kessingland Shotley—Samford	Completed.			
Fressingfield & Weybread—Hartismere Brantham (Stage I)—Samford	Virtually completed but not yet in use.			
Haughley (S.D. Works) Stowupland Gipping Hopton—Lothingland	Works under construction.			
Kelsale—Blyth Needham Market—Gipping Palgrave—Hartismere Carlton Colville Wrentham Brantham (Stage II)—Samford	Schemes anticipated to start in 1956.			
Framlingham (S.D. Works)—Blyth Melton—Deben Bramford—Gipping East Bergholt Holbrook Sproughton Samford.	Approved but not yet allowed to proceed.			
Worlingham (Stage I)—Wainford	Ministry Inquiry held, result awaited.			
Botesdale & Rickinghall } Hartismere	Awaiting Ministry Inquiry.			
Yaxley—Hartismere	Not approved for grant purposes.			
Thorpeness—Blyth Kesgrave & Martlesham Kesgrave & Rushmere Grundisburgh Orford Chelmondiston—Samford Worlingham (Stage II), North Cove & Barnby— Wainford	Schemes not yet submitted in detail.			

Housing.

I am pleased to be able to report that there has been a further increase in the number of unfit dwellings demolished under the Housing Acts. During the year details were submitted by Local Authorities to the Minister of Housing and Local Government of unfit houses in their areas and proposals for dealing with them.

The following tables show work carried out by the various authorities during 1955 and a summary of their proposals for the next five years.

TABLE XX (a).

Summary of Housing Activities in Boroughs and Urban Districts.

				30							
Wood- bridge U.D.	11	1	1				1	1	1	1	. 42
Stow- market U.D.	103	48	1	1.1		I	1	1	1	1	32
South- wold M.B.	52 10	6	1.	- 1		ı	1	1	1	1	9 8
Sax- mund- ham U.D.	35	9	1	1 1		1	1	1	-1	1	2 8
Lowes- toft M.B.	1,018	126	27	01 +		1	4	1	7	4	128
Leiston U.D.	272	32	1	-		+	1	1	1	1	16
Hales- worth U.D.	54	15	1	1 1		1	1	1	1	1.	∞
Felix- stowe U.D.	38	29	1	0 (,	1	1	1	15	17	79
Eye M.B.	58	00	1	4		1	1	1	1	1	18
Bungay U.D.	300	33	1			ı	1	1	1	1	26 4
Beccles M.B.	354	32	21	1		1	1	1	1	1	17
Alde- burgh M.B.	136	12	1	1 1		1	1	1	3	1	14 20
		(a) By informal action		(c) By action under Housing Act	5. No. of dwellings included in Clear-	ance Orders secured 6. No. of dwellings demolished	7. No. of dwellings demolished		8. No. of cases of Overcrowding relieved during 1955		10. No. of new houses erected:(a) by Local Authority(b) by Private Enterprise

Summary of Housing Activities in Rural Districts.

				Rural	Rural District.			
4	Frieting Honese	Blyth.	Deben.	Gipping.	Hartismere	Lothingland	Samford.	Wainford.
€E	Houses in which canitary defects were	425	450	156	168	389	41	106
© €	found No. rendered fit—by informal action No. of dwellings in respect of which	201	405 180	30	86	190	17	106
(5)	Statutory notice served under Public Health Act No. of dwellings in respect of which	1	1	1	1	10	4	1
(9)	Housing Acts No. of dwellings in respect of which Demolition Orders were made either	1	1	1	1	1	1	1
6	(a) Individually unfit (b) In Clearance areas No. of houses demolished in pursuance	21	m	4	9	7	13	11
(8)		1	ю	1	1	ĸ	10	1
6)	of which Demolition or Clearance Orders have been made	17	13	7	Ŋ	12	14	Not known
	No. of houses overcrowded at end of year No. of cases of overcrowding relieved	00	Not known	22	I	Not known	1	Not known
	during year	2	4	2	1	1	1	1
(E) (E)	New Houses. No. of new houses completed by Local Authorities during 1955	4	89	31	69	30	45	4
9 8	flats owned by Councils on 31.12.55	988	1139	266	817	631	586	377
3	No. of applications for grants	91	112	30	69	43	37	13
	year	72	69	30	69	,40	27	7

TABLE XX (c). Summary of Housing Proposals for succeeding 5 years.

			ACII	ACTION IN FIRST 5 YEARS.	EARS.	
			Number	Number of Houses to be demolished.	lemolished.	Number
Housing Authority	Total number of permanent houses in area	Estimated number of unfit houses	Individual	Houses in clearance areas	Total number- of houses to be demolished	of houses to be retained for temporary accommodation
Boroughs: Lowestoft	1	478	71	407	478	11
Beccles Eye		23	64	6	73	П
Southwold	1,213	, 12	12	1	12.	ı
Urban Districts: Bungay		124	124		124	
Felixstowe Halesworth	4,892	9. 8	9 9		9	1
n-Sizewell		80	4.	99	80	11
Stowmarket		90	10	80	90	
Woodbridge	1,982	300	1	90	50	1
Rural Districts:	7,327	300	114	1	114	
Deben		273	123	150	273	1
Gipping		579	214	15	229	1
Hartismere		006	006	1	006	1
Lotningland Samford	2,230	122	122	1	122	1
q		236	120	20	140	1 %

Inspection and Supervision of Food.

The following table shows the amount of meat inspection carried out by County District Sanitary Inspectors during the year. In all areas 100% inspection is being carried out of meat from animals slaughtered in the County.

Inspection of Meat for Human Consumption.

	Cattle (including Calves)	Sheep	Pigs
Number of animals inspected	10,237	6,286	58,351
Whole carcases condemned: Tuberculosis	131	_	12
Other causes	54	27	111
Carcases of which some part or organ was condemned: Tuberculosis	1,136		1,967
Other causes	2,748	256	7,954

Food and Drugs.

During 1955, 872 samples were taken for analytical examination; of these 79 or 9.06% proved unsatisfactory. 55.5% of samples taken were milk and 44.5% other food and drugs.

Milk.

Total number of samples taken	 484
Number submitted to Public Analyst	 36
Number unsatisfactory by reason of:-	
(1) Fat content below standard	 31
(2) Solids not fat content below standard	 10
(3) Fat and solids below standard	 17
Number found to contain added water	 3
Adulteration figure	 12.6%

Samples reported as unsatisfactory are all those which did not comply with the presumptive standard laid down in the Sale of Milk Regulations; or in the case of Channel Island milk, where the fat content was less than 4% specified in the Milk (Great Britain) Order, 1953.

In almost every case it was shown by samples taken at a supervised milking or by the results of the Hortvet (Freezing Point) test that the deficiencies were due to natural causes. Action taken in such cases was to inform the producer of the results of analyses and to advise him to contact the National Agricultural Advisory Services of the Ministry of Agriculture, Fisheries and Food.

One sample was found to contain at least 7.7% of added water, the Hortvet test confirmed the presence of extraneous water and samples taken at a supervised milking showed that the normal milk from the herd was satisfactory. Legal proceedings were instituted and as a result the producer was convicted and granted absolute discharge on payment of £1 1s. 0d. costs.

In one sample 2% added water was found and in another a trace of added water. The natural milk from both herds was found to be of poor quality and strong warning letters were sent. Subsequent samples taken from these producers proved satisfactory.

Other Foods.

Total number of samples tal	ken		348
Number submitted to Public		***	332
Number unsatisfactory			17
Adulteration figure			4.9%

Details of Unsatisfactory Samples.

Sample No.	Food	Nature of Adulteration	Action Taken
L.125	Gelatine	Excess of copper present	Legal proceedings insti- tuted. Case dismissed.
L.172	Beef Sausages	Preservative not de- clared.	Verbal warning to vendor.
L.177	Cheese Spread	Deficient in fat	Formal sample taken and proved satisfactory.
L.188	Beef and Vegetable Weaning Food	Inaccurate label in that product con- tained more Veget- able than Beef.	Manufacturers agreed to amend label.
L.229	Pork Sausages	19% deficient in meat content	Formal sample taken and proved satisfactory.
L.258	Pommel Demi-Sel	Deficient in fat	Importers contacted and our views sent to Manufacturers in France. As a result a new composition has been agreed for the product; the analysis of which has been submitted.
L.260	Puff Pastry	Fat rancid	Ascertained that none of the stock concerned was still for sale. Retailers warned and advised not to keep the product in stock longer than absolutely necessary.
L.287	Rum & Butter sweets	Contained no butter.	All other stocks of these sweets labelled correctly. Retailer and Wholesaler informed of importance of labelling.
L.288	Tomato Ketchup	Excessive copper	Formal sample taken proved satisfactory.
L.319	Dairy Butters	16% deficient in butter-fat	Warning letter sent to Manufacturers.
L.322	Milk Chocolate Roasted Peanuts	Chocolate coating made with separated milk.	Manufacturers informed—stocks withdrawn.
L.326	Lemonade	79.5% deficient in sugar content	Warning letters sent to Re- tailer and Manufacturers of Mix, who agreed to amend formula.
L.338	Rum and Butter Toffee	17.5% deficient in butter-fat.	Warning letter sent.
L.451	Butter Drops	Slight butter-fat de- ficiency.	Warning letter sent.
L.454	Leaf Gelatine	Contained 15 parts per million of lead.	Formal sample taken and proved satisfactory.
L.488	Dripping	Slightly high acid value	Manufacturer informed and advised to take more care in refining.
C.493	Butter Drops	20% butter-fat de- ficiency	Formal sample taken and proved satisfactory.

At the end of 1955 there was still no standard laying down clearly the required composition of sausages although the Minister had stated that the matter was under consideration. Only one sample of pork sausage taken during the year proved unsatisfactory, based on the standard repealed in 1953, and in this case the price was below average for pork sausages sold in this area.

The standard used in respect of butter confectionery is that agreed by the Minister of Food and the Chocolate and Sugar Confectionery Trade in 1951, and published in a Code of Practice. This states that butter confectionery should contain at least 4% butterfat unless the word 'butter' is qualified by the word 'flavoured'.

Drugs.

Total number of sample	es taken			40
Number submitted to P	ublic A	nalyst		40
Number unsatisfactory			***	1.
Adulteration figures				2.5%

The only drug sample which proved unsatisfactory was of indigestion tablets, and these were found to be deficient in neutralising value. After considerable correspondence with the Manufacturers of the product, in America, and their agents in this country, the Manufacturers agreed to adjust their formula. Samples of the new product were received and proved satisfactory.

Milk (Special Designation) (Pasteurised and Sterilised Milk) Regulations, 1949.

Eight Dealers' (Pasteurisers') Licences were in force at the beginning of the year.

During March a licence was issued in respect of Mount Pleasant Dairy, Framlingham. In June, two dairies merged to form a new Company and a new licence was subsequently issued to Felixstowe Dairies, Ltd. in respect of premises in Victoria Street, Felixstowe.

During the year 334 samples of Pasteurised and 166 samples of Tuberculin Tested (Pasteurised) milk were taken and a summary of results of statutory tests carried out is given in the following table.

D-11	There	No. of	Samples
Designation.	Test.	Passed	Failed.
70	Phosphatase	 324	10
Pasteurised	Methylene Blue .	 312	3
Tuberculin Tested	Phosphatase	 160	6
(Pasteurised)	Methylene Blue .	 154	1

The failures to pass the prescribed tests were distributed between 6 of the dairies as follows:—

Dairy.		T 6 DI		No. of	samples failed.
Dairy		Type of Pl	ant.	Phosphatase.	Methylene Blue.
C.F.D.		H.T.S.T.		2	
Mt. P.D.		Holder		2	2
A.H.D.		Holder		2	1
H.F.D.		Holder		4	_
A.D		Holder		3	-
D.D		Holder		3	1

Cleaning and Sterilisation.

Swabs of the plant surfaces and specimens of washed bottles were taken regularly during the year and proved invaluable in ascertaining the efficiency of methods used. Generally conditions in this respect were satisfactory, although occasionally practices were improved and in all cases full cooperation was received.

Biological Examination of Milk.

During the year 477 samples of milk were taken for biological examination.

Eight were found to contain tubercle bacilli and as a result of subsequent action 8 cows were slaughtered.

Fifteen were found to contain brucella organisms. In these cases action by District Medical Officers resulted in diversion of milk for heat treatment.

Milk Production-General.

There was a reduction in the number of Registered Producers during the year, there being 1,420 at the end of 1955 compared with 1,463 at the end of 1954. There was, however, a further increase in the number of Licensed Tuberculin Tested producers, the number licensed at the end of 1955 being 1,067 as compared with 1,004 at the end of 1954.

The number of cattle in attested herds in the County at the end of the year was 60,100 compared with 45,280 at the end of 1954.

Tuberculosis Order, 1938.

The following figures relate to the number of cows slaughtered under the Order during the year and are supplied by the Divisional Veterinary Officer of the Ministry of Agriculture, Fisheries and Food.

Chronic coug			signs	_
Tuberculosis				_
Tuberculosis	of the udder	or excretir	ng tubercle	
bacilli				5

Specified Areas.

The Borough of Beccles and Urban District of Bungay were included in a Specified Area, declared by the Minister of Food with effect from 21st March, 1955. The implication of this Order is that from the date mentioned only Specially Designated milk (i.e., Pasteurised, Sterilised or Tuberculin Tested) may be sold by retail.

Provision of Milk for School Children.

A full report is contained in my report as School Medical Officer for the year.

V

PREVALENCE OF, AND CONTROL OVER INFECTIOUS AND OTHER DISEASES.

TABLE XXI.

Notifications of Infectious Diseases.

Infectious I	Number of cases notified	Number of deaths.		
Scarlet Fever			81	_
Whooping Cough			447	
Poliomyelitis—paralytic			17	2
do. —non-paralytic			11	
Measles			2,295	
Diphtheria				
Pneumonia			104	104
Dysentery			278	
Smallpox			_	
Encephalitis-infective and	post infectiv	e	2	
Enteric or typhoid fever				
Paratyphoid fever			_	
Erysipelas			10	
Meningococcal infection			2	_
Food poisoning	***		57	_
Puerperal pyrexia			25	_
Ophthalmia neonatorum			1	
Infective hepatitis		***	61	_
Malaria			1	-





ANNUAL REPORT

OF THE

County Medical Officer

1955

HEALTH DEPARTMENT
COUNTY HALL
IPSWICH