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# **CORNWALL COUNTY COUNCIL**

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# ANNUAL REPORT

# OF THE

# COUNTY MEDICAL OFFICER OF HEALTH

1951

R N. CURNOW, M.B., B.S. D.P.H.

OSCAR BLACKFORD LIMITED, PRINCES STREET, TRURO.

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#### HEALTH COMMITTEE

(as constituted at 31st December, 1951).

#### Chairman:

Mrs. M. F. WILLIAMS

#### Vice-Chairman:

W. S. RASHLEIGH

#### Members:

Mrs. M. T. ANDREWS Mrs. H. C. C. ASHER Mrs. A. M. BLACKWOOD Major C. A. E. CHUDLEIGH J. DANIEL C. M. DENNIS T. B. EDDY J. H. HAWKEN W. J. JOHNS H. B. LAITY Mrs. P. LANYON E. G. LILLEY N. S. LYNE W. E. MILLER A. T. OPIE J. C. PENBERTHY W. J. T. PETERS J. READ A. J. ROBERTS C. L. ROSEWARNE P. M. WILLIAMS Mrs. D. M. WILLS

#### Representatives of Area Sub-Committees:

Area IMrs. K. POOLEArea IV Hon. H. L. GOODHARTArea IIW. HARTArea V A. J. CHAPMANArea III Dr. E. H. EASTCOTTArea VI J. SETCHELLArea VII D. B. PEACOCK

#### **Co-Opted Members:**

Miss MARGARET E. SMITH	 Cornwall County Nursing Association
Mrs. M. E. COCHRANE-DYET	 British Red Cross Society
Dr. W. L. STEWART	 St. John Ambulance Brigade
Dr. W. LESLIE	 Local Medical Committee
The VISCOUNT CLIFDEN Miss J. A. FOSTER	 Mental Health

#### Ex Officio:

The Chairman of the County Council. The Vice-Chairman of the County Council. The Chairman of the Finance Committee. To the Chairman and Members of the Cornwall County Council.

Ladies and Gentlemen,

I have the honour to present the Annual Report on the Health of the County of Cornwall during the year 1951.

The vital statistics show that the health of the County continues to be satisfactory. The Infant and Maternal Mortality rates continue low. The fall in the Infant Mortality rate during the last 50 years represents an annual saving of 400 lives. The next problem to be tackled is the continuing number of deaths of infants which are due to prematurity—a very large proportion of the total number of these deaths is attributed to that cause and emphasises the need for a Paediatric Service and a fully equipped Premature Baby Department in Cornwall. It is certain that a large number of neo-natal deaths could be prevented if such an organisation were created. This is a matter for the South Western Regional Hospital Board.

The rapid fall in the annual number of deaths from Tuberculosis is a cause for satisfaction and a stimulus to continuing effort. It is futile to try to allot the credit for this to one or other branch of the Health Services There is no doubt that the fall in the death rate is largely due to recent advances in the treatment of the disease, but we must avoid any temptation to rely on the treatment of a disease and neglect the essential preventive measures which are now being pressed so strongly in this County. The efforts of preventive medicine usually take longer to bear fruit than those of curative medicine, but we are convinced that given sufficient support we should gain control of Tuberculosis within the next ten years in the same way as we can now claim to be in control of Diphtheria.

I draw attention again to the need for continued support of the Diphtheria Immunisation scheme. The number of children being immunised continues to fall and some way must be found to bring home to parents their personal responsibilities in this matter.

The pressure on the District Nursing Service continued to be heavy, and credit must be given to the way in which the District Nurses have carried out their duties in spite of the shortage of staff which continued throughout the year. Every effort is being made to improve the housing conditions of the District Nurses, and it is hoped that as time goes on, this will aid recruitment to the Service. Two new developments which took place during the year emphasised the close association between the County Health Department and other Departments and Voluntary Organisations. Meetings have been held in each of the Health Areas to try to co-ordinate the activities of all parties interested in the care of children and in the prevention of neglect and illtreatment of children in their own homes. A Standing Committee has been set up in each Health Area, and in spite of the inherent difficulties of many of these problems, it can be reported that progress has already been made. Similarly, meetings of those interested in the care of the aged and infirm have been held in each Health Area, in order to promote the welfare of aged and infirm persons in their own homes. Here again, the assistance of voluntary bodies has been forthcoming to a most gratifying extent, and much useful work has already been done. Further details about these two developments may be found in the body of the Report.

I repeat my acknowledgment of the help and consideration I have received from the Chairman and members of my Committee, both collectively and individually, and the loyal assistance I have received from my staff.

I am,

Your obedient Servant,

R. N. CURNOW County Medical Officer.

July, 1952.

# CORNWALL COUNTY COUNCIL

REPORT OF THE COUNTY MEDICAL OFFICER OF HEALTH FOR THE YEAR 1951.

#### **PUBLIC HEALTH OFFICERS:**

County Medical Officer of Health and School Medical Officer: R. N. CURNOW, M.B., B.S., D.P.H.

Deputy County Medical Officer and Deputy School Medical Officer: E. R. HARGREAVES, M.A., M.D., B.Ch., D.P.H.

Assistant County Medical Officer and Supervisor of Midwives: ANNIE MATHER, M.B., Ch.B., D.P.H.

#### Assistant County Medical Officers:

Area 1 (Penzance)—
W. K. DUNSCOMBE, M.D., B.S., M.R.C.S., L.R.C.P., D.P.H., D.T.M. & H.

Area 2 (Redruth)— G. W. KNIGHT, M.B., Ch.B., D.P.H.

Area 3 (Truro)-V. E. WHITMAN, B.Sc., M.R.C.S., L.R.C.P., D.P.H., D.T.M. & H.

Area 4 (St. Austell)— J. G. S. TURNER, C.M.G., M.B., Ch.B., B.Sc., D.P.H., D.T.M.

Area 5 (Wadebridge)— \*J REED, M.B., Ch.B., B.Sc., D.P.H.

Area 6 (Launceston)— \*L. RICH, M.B., Ch.B., D.P.H., M.R.C.O.G.

Area 7 (Liskeard)— P. J. FOX, M.B., B.Ch., D.P.H.

\*Also Assistant School Medical Officer.

County Psychiatrist: D. JACKSON, M.A., M.B., Ch.B., D.P.M.

Senior Assistant School Medical Officer: C. C. ELLIOTT, D.S.C., V.R.D., M.D.

#### Assistant School Medical Officers:

DOROTHY A. CHOWN, M.R.C.S., L.R.C.P. MURIEL V. JOSCELYNE, M.B., Ch.B., D.P.H. JEAN D. McKELLAR, M.B., B.S. JEAN D. McMILLAN, B.Sc., M.B., Ch.B. G. D. K. NEEDHAM, M.R.C.S., L.R.C.P., D.P.H. §J. REED, M.B., Ch.B., B.Sc., D.P.H. §L. RICH, M.B., Ch.B., D.P.H., M.R.C.O.G. B. ROBERTS, M.R.C.S., L.R.C.P. WINIFRED M. RYAN, M.R.C.S., L.R.C.P.

§Also Assistant County Medical Officer.

#### Chief Dental Officer:

K. BATTEN, L.D.S.

#### Assistant Dental Officers:

W. K. BATTEN, L.D.S. (Left 28.2.51).

H. J. EAGLESON, L.D.S.

P. W. EDDY, L.D.S.

W. H. ELLAM, B.D.S.

D. A. PATTERSON, L.D.S.

F. H. STRANGER, L.D.S.

F. R. TAYLOR, L.D.S.

#### **County Sanitary Officer:**

W. SHAW, Cert. R.S.I.

#### Assistant County Sanitary Officer:

W. G. SAUNDERS, Cert. R.S.I.

#### County Nursing Officer, Non-Medical Supervisor of Midwives, and Superintendent Health Visitor:

Miss ANN WHITE, S.R.N., S.C.M., Q.N.S., H.V.Cert.

#### Deputy County Nursing Officer, etc.:

Mrs. S. MEE, S.R.N., S.C.M., Q.N.S., H.V.Cert.

#### Assistant County Nursing Officers:

Area 1—Miss M. A. PRICE, S.R.N., S.C.M., Q.N.S., H.V.Cert. (Com. 1.1.51).

Area 2—Miss N. E. RUSSELL, S.R.N., S.C.M., Q.N.S., H.V.Cert. (Com. 4.7.51). Area 3—Miss E. MORAIN, S.R.N., S.C.M., Q.N.S., H.V.Cert. (Left 14.4.51).

> Miss M. GRAY, S.R.N., S.C.M., Q.N.S., H.V.Cert. (Com. 25.6.51).

Area 4-Miss S. KEELER, S.R.N., S.C.M., Q.N.S., H.V.Cert.

- Area 5—Miss G. C. HATCH, S.R.N., S.C.M., Q.N.S., H.V.Cert. (Com. 15.11.51).
- Area 6-Miss L. A. CULVERHOUSE, S.R.N., S.C.M., Q.N.S., H.V.Cert.

Area 7—Miss M. G. AUSTIN, S.R.N., S.C.M., Q.N.S., H.V.Cert. (Left. 21.9.51).

#### County Ambulance Officer:

T. C. TRESIDDER.

#### **Divisional Ambulance Officers:**

Area 1—W. H. MAYCOCK Area 2—F. POLKINGHORNE Area 3—K. TREVENA Area 4—D. C. B. PECKETT Areas 5 and 6—S. G. MATTHEWS Area 7—J. J. PEARCE

#### Senior Mental Health Worker:

Miss M. H. COURSE (Left 6.5.51) F. E. PASCOE (Com. 1.8.51)

#### Mental Health Workers:

Miss B. M. SYRETT
Miss F. M. JONES, Social Science Diploma (Appointed Psychiatric Social Worker 1.8.51)
R. A. M. REEVE (Com. 1.11.51, Left 27.12.51)

#### **Psychiatric Social Worker:**

Miss F. M. JONES, Social Science Diploma (Com. 1.8.51)

#### **Duly Authorised Officers:**

Area 1—P. A. CLIFTON Area 2—F. A. MARKS Area 3—S. R. MOYSE Area 4—W. St. A. SWEET Area 5—A. J. ARMSTRONG Area 6—H. DAVEY Area 7—W. V. COUCH

#### County Home Help Organiser:

Mrs. E. L. CROTHERS

#### Speech Therapist:

Miss J. ROWLEY-LEWIS, L.C.S.T. (Left 28.2.51) Mrs. A. L. WILKS, L.C.S.T. (Com. 21.5.51)

#### Chief Clerk:

J. R. SANDERS

#### PART-TIME OFFICERS:

#### Chief Inspector under Food and Drugs Acts:

K. R. C. MARTIN, M.I.W.M.A. (also Chief Inspector of Weights & Measures)

#### **Public Analyst:**

H. E. COX, D.Sc., Ph.D., F.I.C. (Died Nov. 51) The Laboratory, 11 Billiter Square, London, E.C.3.

ERIC VOELCKER, A.R.C.S., F.R.I.C. (Temp. Deputy)

#### **County Pathologist:**

F. D. M. HOCKING, M.Sc., M.B., B.S., F.I.C., F.C.S., Royal Cornwall Infirmary, Truro.

#### Chest Physicians: (under the Regional Hospital Board)

L. W. HALE, M.D., F.R.C.P.

- B. A. G. JENKINS, M.D., M.R.C.P.
- G. A. M. HALL, M.D., M.R.C.S.

#### STATISTICS AND SOCIAL CONDITIONS

Area of the County	 864,126 acres
Population, 1951 (Registrar General's estimate)	 339,800
Population 1951 census	 343,447
Population, 1931 census	 316,228
Censal increase	 27,219
Pencentage increase	 8.6
Number of inhabited houses (1931 census)	 83,544
Rateable Value	 £1,836,327
Sum represented by a penny rate	 £7,400

The Registrar General's mid-year estimate of the population for the Urban and Rural areas during each of the five years 1947—51 is shown in the following table:—

1	1947	1948	1949	1950	1951
Urban Districts	178,990	182,165	187,292	187,657	186,500
Rural Districts	142,615	147,663	147,955	152,342	153,300
Administrative County	321,605	329,828	330,247	339,999*	339,800*
Increase or decrease over previous year	+ 3,466	+ 8,223	+ 419	+ 9,752*	- 199*

\* includes non-civilians stationed in the County.

Table I at the end of the Report shows the estimated population and number of births and deaths for 1951 in each of the Sanitary Districts of the County, whilst Table II gives a summary of these statistics for the County for recent years.

#### General

The statistics which follow show that the health of the County continued good during the year under review, and that the trend followed was that experienced, generally speaking, throughout the country. The birth rate remained at about the same level, and at a slightly lower level than that for England and Wales; the death rate showed no significant variation and was, as usual, slightly above the average for England and Wales. Both these slight variations from the rate for the country as a whole are probably due to this County having a rather higher than average number of old people living in it. The low still-birth rate, maternal mortality and infant mortality rates continue to be satisfactory. The ageing of the population is reflected also in the increase of 80 in the numbers of deaths from disease of the heart and blood vessels, 48 in the deaths from cancer, and the slight increase in deaths due to vascular lesions of the nervous system. It will be noticed that some 85% of the deaths from heart disease occurred in persons over 65 years of age, and indeed that approximately 70% of all the deaths in the County occurred in persons more than 65 years of age. It is interesting to compare the age distribution of deaths in the years 1901—1951. The small table towards the end of this section shows that 50 years ago 1/6th of the deaths occurred before the baby's first birthday, whereas now the proportion is 1/30th; and whereas in 1901 only 39 out of every 100 were dying over the age of 65, now the proportion has risen to 71. This shift from deaths among the very young to survival until old age is the cause of many of the problems facing the Education Committee, the Hospital Services, and the Welfare Authorities for the Aged.

#### Births and Birth Rate

Line Di di

Live Births						
			Male	Female	Total	
Legitimate	200		2,310	2,319	4,639	
Illegitimate			132	108	240	
Total		'	2,442	2,427	4,869	
Birth rate per	1,000 of t	he pop	ulation		14.33	
Still Births	New John				10.00	
				Female	Total	
Legitimate			57	47	104	
Illegitimate	the mi born		7	5	12	
Total			64	52	116	
Still birth Rat	e per 1,000	of the	population	ı	0.34	

The Birth Rate of 14.33 in Cornwall compares with a rate of 13.99 in 1950 and 15.5 for England and Wales. The following are the rates in recent years:—

				Cornwall	England & Wales	
1942	1794. OR			14.34	15.8	
1943	1000.01	0.100		15.19	16.5	
1944	101.2 L			17.59	17.6	
1945				16.08	16.1	
1946	hillehr			18.09	19.1	
1947				19.00	20.5	
1948				16.33	. 17.9	
1949		·		15.41	16.7	
1950			· · · · ·	13.99	15.8	
1951				14.33	15.5	

#### Deaths and Death Rate

Deaths registered in or belonging to the County during the year were as follows:--

Males	 		2,370
Females	 		2,493
Total	 	···· -	4,863

This gives a death rate of 14.31 as compared with 13.69 in 1950 and 12.5 for England and Wales.

The following are the rates for recent years:-

			Cornwall	England & Wales
1	1942	 	 12.84	11.6
1	1943	 	 14.02	12.1
1	1944	 	 14.13	11.6
1	1945	 	 14.61	11.4
1	1946	 	 14.32	11.5
1	1947	 	 14.72	12.0
1	1948	 	 12.93	10.8
]	1949	 	 14.10	11.7
]	1950		 13.69	11.6
1	1951	 	 14.31	12.5

#### Maternal Mortality

Maternal deaths are no longer distinguished between those due to Puerperal Sepsis and Other Puerperal Causes. There were 6 deaths classified to Pregnancy, Childbirth and Abortion, which gives a maternal mortality rate of 1.20 per 1,000 total births. This compares with a rate 1.64 for 1950 and 0.79 for England and Wales. The small numbers involved result in wide variations in the rate from year to year, and a more accurate impression is derived from a comparison of the rate for 1951 with the average rate for the previous five-year period (1946—50), which was 1.37.

#### Infant Mortality

There were 163 infant deaths, representing a rate of 33.48 per 1,000 live births, compared with 29.6 for England and Wales. The rate of infant mortality is generally considered to be the most sensitive index of the condition of the population from the hygienic point of view.

#### Chief causes of death at all ages:-

	1950	1951
Disease of Heart and Blood Vessels	 1,865	1,945
Cancer	 678	726
Vascular Lesions of nervous system	 606	621
Respiratory disease	 396	501
Suicide and deaths from violence	 145	166
Tuberculosis	 126	101

#### Deaths from Heart Disease

Age Group	Urban M.	Districts F.	Rural M.	Districts F.	Total
0-1	 _		_	_	-
1 5	 _	the second second	_	Section 2 - Constant	
5-15	 -	1	_		1
15-45	 2	6	4	3	15
45-65	 108	59	69	43	279
Over 65	 345	460	330	381	1516
	455	526	403	427	1811*

\*including 9 deaths in Scilly Isles.

#### Number of Deaths at Different Periods of Life

Age Group		Male	Female	Total
0-1	 	 98	65	163
1- 5	 	 22	13	35
5-15	 	 16	8	24
15-45	 199-11	 105	102	207
45-65	 91-14	 542	415	957
Over 65	 	 1604	1905	3509
	Total	 2387	2508	4895*

#### \*Including 32 deaths in the Scilly Isles:

The following table shows the number of deaths which occurred in the various age-groups out of every 1,000 deaths which occurred in the County in the years 1901 and 1951:—

1901		1951
185	Under 1 year of age	34
73	Ages 1 year to 5 years	7
33	,, 5 years to 15 years	5
45	,, 15 ,, ,, 25 ,,	42
276	,, 25 ,, ,, 65 ,,	196
387	,, 65 ,, and over	716

A complete list of deaths from all causes, in age groups, is shown in Table V at the end of this Report.

England

#### **Comparative Rates**

	Cor	nwall	and Wales
	1950	1951	1951
Live births, rate per 1,000 of the pop- ulation Stillbirths, rate per 1,000 of the popula-	13.99	14.33	15.5
tion Deaths from all causes, rate per 1,000 of	0.37	0.34	0.36
the population	13.69	14.31	12.5

			England and
	Corn	wall	Wales
	1950	1951	1951
Deaths under 1 year of age:			
All infants per 1,000 live births	30.26	33.48	29.6
Legitimate infants per 1,000 legiti- mate live births	29.27	33.48	_
Illegitimate infants per 1,000 legiti- mate live births	48.18	33.33	_
Deaths from enteritis and diarrhoea under 2 years of age per 1,000 live births	1.47	1.85	1.4
Deaths from Whooping Cough per 1,000 population	0.003	0.012	0.01
Deaths from Diphtheria per 1,000 popu- lation	0.003	0.003	0.00
Deaths from Influenza per 1,000 popu- lation	0.127	0.350	0.38
Deaths from Tuberculosis per 1,000 population	0.38	0.297	0.31
Maternal Mortality per 1,000 total births	1.64	1.20	0.79

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# NATIONAL HEALTH SERVICE ACT, 1946.

#### ADMINISTRATION.

The administrative structure described in some detail in my Annual Report for the year 1948 has continued to function smoothly. The areas into which the County has been divided remain as follows:—

Area	Area Office		Area in	Estimated
No.	address.	Sanitary Districts	Acres.	Population
				1951.
1	1, North Parade,	Penzance M.B.	3,155	20,030
	Penzance.	St. Ives M.B.	4,287	8,598
		St. Just U.D.	7,634	4,060
		West Penwith R.D.	59,792	17,990
			74,868	50,678
			The second second	all and
2	Station Hill,	Helston M.B.	4,014	5,601
	Redruth.	Camborne-Redruth U.D.	22,062	35,230
		Kerrier R.D.	90,839	21,760
			116,915	62,591
3	14/15 Boscawen	Falmouth M.B.	1,880	16,620
	Street, Truro	Penryn M.B.	829	4,104
		Truro City	2,634	13,120
		Truro R.D.	108,316	26,810
			113,659	60,654
4	34a Fore Street,	Fowey M.B.	2,979	2,234
	St. Austell.	Lostwithiel M.B.	3,156	2,124
		Newquay U.D.	4,599	9,773
		St. Austell U.D.	18,379	23,460
		St. Austell R.D.	82,389	20,470
			111,502	58,061
5	Hill Road,	Bodmin M.B.	3,312	5,886
	Wadebridge.	Padstow U.D.	3,343	2,713
		Wadebridge R.D.	88,230	16,010
			94,885	24,609
			1	

Area No.	Area Office Address.	Sanitary Districts	Area in Acres.	Estimated Population 1951.
6	Castle Green,	Launceston M.B.	2,182	4,516
	Launceston	Bude-Stratton U.D.	4,294	5,254
		Camelford R.D.	52,544	7,347
		Launceston R.D.	73,051	6,438
		Stratton R.D.	56,285	5,635
			188,356	29,190
7	Westbourne,	Liskeard M.B.	2,704	4,388
	Liskeard.	Saltash M.B.	5,335	7,936
		Looe U.D.	1,691	3,617
		Torpoint U.D.	975	7,236
		St. Germans R.D.	48,433	16,740
		Liskeard R.D.	104,803	14,100
			163,941	54,017

The day to day administration of all the Services administered by the Health Committee under the National Health Service Act, 1946, with the exception of the Mental Health Service, has been passed to each of the seven Area Health Sub-Committees for consideration and report. The experience of a further year has shown how valuable it is to secure the local knowledge of members of Borough and District Councils and Voluntary Associations in the detailed administration of these Services which now form so intimate a part of the life of the people in this County.

As far as the other two Authorities responsible for the administration of sister Services under the Act are concerned, it is encouraging to be able to report a continuing cordial relationship maintained with the Regional Hospital Board and the Executive Council for Cornwall. On the Hospital side, we are more largely concerned with the West Cornwall Hospital Management Committee and its Officers, with whom there has been ample opportunity for friction but none taken. A sense of unity of purpose seems to pervade the whole of the Health Services in spite of the various pieces into which it has been split for the operation of this Act.

#### CARE OF MOTHERS AND YOUNG CHILDREN.

#### General

It is impossible in considering the arrangements for the care of mothers and young children, to avoid some reference to the severe shortage of maternity beds in Hospitals in Cornwall. Many of us can remember the time 14 years ago when there were only 7 Hospital maternity beds for the whole County, and now there are over 60 and that is not enough. There must surely be some limit to the proportion of mothers who have their babies in hospital, as compared with those who remain at home, and it is now generally agreed that something in the region of 50% of the total births should take place in Hospitals or Maternity Homes. In Cornwall, some 35% took place in Hospitals and Maternity Homes in the year 1951, and a further 7% in private Nursing Homes. The pressure on Hospital maternity beds was accentuated by the closing of several Nursing Homes, and this process is likely to continue.. It is interesting to notice from the Annual Report of the South Western Regional Hospital Board that in the year 1951/2, 3,028 births took place in Hospitals in the Plymouth, South Devon and East Cornwall Hospital area, compared with 1,455 in the West Cornwall Hospital Management Committee area. It is true that the population of the Plymouth Hospital area is greater than that of West Cornwall, but when allowance is made for this, it shows that the Plymouth Hospital area is favoured to the tune of approximately 1,000 births a year in Hospitals, as compared with the West Cornwall area. There is no doubt that where there is some prospect of difficulty at the confinement, the patient is usually far better in hospital than at home, but where the home is suitable and there is adequate domestic help available, either privately or through the County Home Help Service, where there is a well qualified District Nurse fully equipped and trained to give analgesia, and where the family Doctor is interested in midwifery work, the best place for a normal confinement is at home.

The detailed report which follows shows the excellent work being done by the Council's Medical and Nursing staff. The Health Visiting and District Nursing Service has suffered severely from staff shortage, and this has thrown a very great strain on the Nurses who have been working in the County. Every effort is made by providing Training Courses, to increase the recruitment of Nurses to our Health Visiting and District Nursing staffs.

It is satisfactory to be able to report for the first year on record that there were no cases of Ophthalmia Neonatorum among new-born babies during the year.

The rapid fall in the death rate amongst mothers was largely due to the discovery and use of such well known drugs as the M & B series and penicillin, as a result of which there have been no deaths in this County from puerperal sepsis for 4 years. It is, however, encouraging to notice that there has also been a fall in the death rate from other causes which were not amenable to treatment by these new drugs. Presumably this reduction must be due to improved ante-natal and obstetric care.

The fall in the Infant Mortality rate is less influenced by new medical discoveries, and has been continuing for a much longer period of time than the fall in the Maternal Mortality rate. Here, I think, the Health Visiting and District Nursing Services can claim a large share of the credit, for their continuous process of health education throughout these years has had a considerable influence on the health and wellbeing of the infants in the County. It is interesting to notice that had the death rate among infants in the year 1900 continued unchecked, not 163 but more likely 613 infants under the age of one year would have died in 1951. The effect of this over the years is that the school population at the present time is about 5,000 more than it would have been had the Infant Mortality rate continued unchecked.

The part of this section on the care of mothers and young children which deals with the causes of stillbirth and neonatal deaths shows the high proportion of neonatal deaths as well as stillbirths which are due to prematurity. Many of these neonatal deaths, which are deaths occurring in the first month of life, would be preventable if only we had a Paediatric Service with a fully established premature baby unit in the Hospital Service of Cornwall. That, therefore, is one of our most pressing needs.

The Child Welfare Centres continued their good work throughout the year in towns and villages, but it must always be remembered that in rural areas the method of choice for educating and helping the mothers is the visit by a fully qualified Health Visitor in the baby's own home, where all the home circumstances can be taken into account in advising the mother about the individual problems presented by her own baby. There is no justification for running an extensive transport service to bring mothers and babies from remote rural localities into a town to attend an Infant Welfare Centre.

#### Ante-Natal Clinics

Consulting ante-natal clinics are provided by the Regional Hospital Board. These clinics are attended by patients who are to be admitted to hospitals for their confinements.

It has not been  $\cdot$  possible to establish routine ante-natal clinics as anticipated in the Proposals. All pregnant Women are entitled to ante-natal care and supervision by their own doctors. In some areas mothercraft classes and midwives ante-natal clinics have been set up. These clinics are essentially educational. Suitable exercises for preparation for the confinement are practised by the mothers and talks and discussions are held. Each Health Area has been provided with a birth atlas which is used at these classes.

#### Maternity Accommodation

Maternity accommodation is provided by the Regional Hospital Board. Patients needing hospital accommodation on social grounds are recommended by the County Medical Officer. During the year 58 social cases were referred to the West Cornwall Hospital, Penzance, 62 to Redruth Hospital, 129 to Trebarras Maternity Home, Liskeard, and 124 to the Alexandra Maternity Home, Plymouth. The following table shows the percentage of births which took place in the patient's home or elsewhere, and also the number of practising midwives:—

	the station it		tage of total ccurring in		Mid	wives
Year	Total No. of births	Patient's home	Redruth Maternity Unit and other Hospitals	Nursing Homes	Total No. Practising	No. employed by C.C.N.A or C.C.
1935	4376		3.3		214	163
1940	4431	•	6.5	•	251	184
1941	5281	65.2	19.1	15.7	231	137
1942	5126	63.4	20.1	16.5	238	157
1943	5134	58.5	19.8	21.7	186	152
1944	5853	54.0	25.0	21.0	250	154
1945	5222	54.0	23.0	23.0	223	152
1946	5910	56.4	21.2	22.4	181	137
1947	6288	58.3	19.7	22.0	195	145
1948	5521	57.3	23.8	18.9	193	140
1949	5214	56.7	33.2	10.1	215	128
1950	4883	58.2	29.5	12.3	187	123
1951	4869	58.3	34.8	6.9	151	120

\* Figures not available.

#### **Maternity Outfits**

Sterilised Maternity Outfits are provided free for all domiciliary confinements. These outfits are distributed by the midwives or by the Health Area Offices.

#### Rosemundy Home, St. Agnes

This Home is maintained by the Cornwall Social and Moral Welfare Association subsidised by a grant from the County Council. There is accommodation for 24 unmarried mothers and their babies. Each patient stays in the Home for about 6 months (2 months before confinement and 4 months after). During the year 35 girls were admitted and 35 babies were born in the Home.

#### County Day Nursery

The Day Nursery at Newquay has accommodation for 45 children aged 2—5 years. During the year 91 children were admitted. The average daily attendance was 28, the maximum being 44. Owing to the poor attendance at the Nursery during the winter months, when the average daily attendance fell to 9, it was decided early in 1952 to close the Nursery.

#### **Puerperal Pyrexia**

The Puerperal Pyrexia Regulations 1951 came into operation in August, revoking the previous regulations of 1926 and 1928. Under the new regulations puerperal pyrexia means "any febrile condition occurring in a woman in whom a temperature of 100.4° Fahrenheit (38° Centigrade) or more has occurred within fourteen days of childbirth or miscarriage." As expected, there was an increase of notifications, 66 cases being notified during the year. Of these, 30 were confined at home and 36 in institutions.

#### **Ophthalmia** Neonatorum

No cases of Ophthalmia Neonatorum were notified during 1951.

The number of cases per 1,000 live births in recent years is as follows:----

Year		Total cases	No. per 1,000 live births
1945	 	12	2.7
1946	 	7	1.4
1947	 	7	1.3
1948	 	6	1.1
1949	 	6	1.2
1950	 	2	0.4
1951	 	0	-

#### Maternal Mortality

There were 6 deaths associated with childbearing. Two of these were due to toxaemia, both dying before delivery. Of the others, 3 were due to pulmonary embolism, and 1 to fatty degeneration of the heart. These four all had healthy babies.

The maternal mortality calculated per 1,000 total births is 1.20 compared with 1.64 in 1950.

	Puerpera	1 Sepsis	Other	Causes	Total		England & Wales
Year						Maternal	Maternal
bits · fire	No. of		No. of		Maternal	Mortality	Mortality
	deaths	Rate	deaths	Rate	deaths	Rate	Rate
1940	1	0.22	10	2.18	11	2.40	2.16
1941	6	1.13	17	3.20	23	4.33	2.23
1942	2	0.39	8	1.56	10	1.95	2.01
1943	7	1.36	6	1.17	13	2.53	2.29
1944	6	1.03	14	2.39	20	3.42	1.93
1945	3	0.57	13	2.49	16	3.06	1.79
1946	1	0.17	5	0.85	6	1.02	1.43
1947	2	0.32	14	2.22	16	2.54	1.17
1948	-	0.00	7	1.27	7	1.27	1.02
1949	_	0.00	2	0.38	2	0.38	0.98
1950		0.00	8	1.64	8	1.64	0.86
1951	-	0.00	6	1.20	6	1.20	0.79

The following are the rates for recent years:-

The rates for particular years vary considerably, as owing to the comparatively small number of births each maternal death makes an alteration of about 0.2. An average for a five yearly period gives a fairer comparison with the rate for England and Wales.

The following are the quinquennial rates for recent years:-

		Cornwall	England & Wales
1932-1936		4.52	4.05
1937-1941	100	3.68	2.66
1942-1946		2.59	1.89
1947-1951		1.40	0.96

Although the maternal mortality rate in Cornwall shows a steady decrease, it remains higher than that for England & Wales. The falling rate can be attributed to several factors including better training of midwives; better hospital accommodation; better ante-natal care and education of patients; improved methods of treatment such as blood and plasma transfusions, and the use of antibiotics (penicillin and sulphanilamide drugs). It is interesting to note that there have been no deaths from puerperal sepsis in the county since 1947.

Arrangments have been made with the Hospital Management Committee to have the blood of every expectant mother typed into A.B.O. and rhesus groups. If it should be necessary to give a blood transfusion this can be done without delay. It also economises in the use of the rare rhesus negative blood which can be saved for rhesus negative women. If the type of the patient's blood is unknown it is essential that she be given this rare blood, whereas 85% could have been given rhesus positive blood which is more plentiful. This typing of blood also indicates which women should be kept under observation, lest they later develop antibodies which might affect the baby and necessitate a replacement transfusion after it is born.

A flying squad to give immediate blood transfusions to patients in their own homes is available when called by a doctor, or by a midwife if a doctor is not available.

#### Infant Mortality

The number of babies who died in 1951 during their first year of life was 163 giving a rate of 33.48 per 1,000 live births, as compared with 30.26 in 1950.

The following are the Infant Mortality rates per 1,000 live births for a number of years:---

-		Cornwall	England & Wales
1898	 	156.24	160
1900	 	126.19	154
1910	 	85.44	105
1920	 	59.50	80
1930	 	51.27	60
1940	 	48.26	55
1941	 	52.46	59
1942	 	46.09	49
1943	 	35.81	49
1944	 	40.72	46
1945	 	36.67	46
1946	 	38.75	43
1947	 	34.85	41
1948	 	34.54	34
1949	 	32.24	32
1950	 	30.26	30
1951	 	33.48	29.6

To give an accurate comparison with the rate of the country as a whole, the following are quinquennial rates for recent years:—

	Cornwall	England & Wales
1932-36	 52.00	60.80
1937-41	 51.74	55.00
1942-46	 39.61	46.60
1947-51	 33.07	33.32

Investigations were made into these 163 infant deaths. It was found that 107 were neonatal deaths, that is babies who died during the first 4 weeks of life, giving a neonatal death rate of 21.98 as compared with 22.06 last year. The causes of the neonatal deaths were as follows:—

Prematurity only	35	
Congenital malformation	16	(including 4 premature)
Asphyxia and Atelectasis	9	(including 5 premature)
Difficult labour and birth injury	28	(including 7 premature)

Broncho pneumonia	10	(including 5 premature)
Rhesus incompatibility	5	
Gastro enteritis	1	
Other illnesses	1	
Accidental suffocation	2	

Closely linked with the causes of neonatal deaths are the stillbirths. In 1951 there were 116 stillbirths. A child is stillborn when it has issued forth from its mother after the 28th week of pregnancy, and has not at any time after being completely expelled from its mother, breathed or shown any other signs of life.

The causes of still births were:-

Prematurity only	8	
Congenital malformation	14	(including 6 premature)
Difficult labour and birth injury	25	(including 2 premature)
Asphyxia and atelectasis	2	- B. Park
Rhesus incompatibility	4	(including 1 premature)
Maternal toxaemia	17	(including 11 premature)
Ante partum haemorrhage	10	(including 8 premature)
Other maternal illness	2	(Both premature)
Born before arrival	8	(including 6 premature)
Cord round neck & abnormalities		
of cord	13	(including 1 premature)
Macerated	8	(including 5 premature)
Unknown	• 5	

It will be seen that 56 of the neonatal deaths and 50 of the stillbirths occurred in premature infants. Prematurity, congenital malformations, difficult confinements and maternal illness account for the majority of these deaths, and can all be ascribed to influences acting before birth. This shows the need for adequate and continuous antenatal care from the early months of pregnancy. In 10 cases of infant deaths, and in 12 stillbirths the mothers had no antenatal care.

It is considered that inadequate diet has an adverse effect on the developing foetus and on the mother's health. Because of this, expectant mothers are granted extra rations and vitamins. While the majority of women buy the extra rations, we do not know whether they take them themselves or divide them among the family fare. The take-up of vitamin tablets is only 37% of the expectant mothers entitled to them. This is an instance where further education is needed, and the reasons for taking her vitamins and extra rations should be explained to every expectant mother by her midwife.

There were 56 deaths of infants between the ages of 1 month and 1 year. After the neonatal period when the infant has survived the hazards of prematurity and birth trauma most deaths are due to infection—particularly infection of the respiratory tract. The following table gives the cause of death between 1 and 12 months, in 3 monthly age periods.

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Cause of death		Age at death in months					
		1-3	4-6	79	10-12	Total	
Congenital malformation		6	-	2		8	
Gastro-enteritis		6	1	2	-	9	
Other infections		2	-	-	3	5	
Broncho pneumonia		11	7	2	1	21	
Suffocation through inhalation of vomit		3	2	-		5	
Other accidental cause		-	1	-	-	1	
Others		3	-	3	1	7	
		31	11	9	5	56	

It is distressing to note the 5 deaths which were caused by suffocation through inhalation of vomit. There was also one neonatal death from this cause. All six babies were bottle fed. The danger of leaving a child with its bottle cannot be over emphasised.

#### Child Welfare Centres

There are 40 Child Welfare Centres maintained by the County Council. The centre at St. Columb was closed owing to poor attendance. New centres were opened at St. Breward, Roche and Lostwithiel.

98 sessions a month are held at these centres; 4,070 children attended during the year making a total number of 23,469 attendances.

No. of children under 1 year who attended for first time	в	1,704
No. of children 1-5 years who attended for first time		543
Total attendances under 1 year		14,845
Total attendances 1-5 years		8,624

These centres are staffed by Assistant School Medical Officers, Health Visitors and District Nurses. In many centres valuable help is given by voluntary workers. This continued interest and assistance is much appreciated.

Centres are set up in towns and populous areas. In rural districts a service is provided by qualified Health Visitors, who visit homes where there are children under school age.

The aims of a Child Welfare Centre are threefold:-

1. Teaching parentcraft to instruct mothers in the care and feeding of infants and young children.

2. To supervise the progress of young children and prevent, as far as possible, unnecessary illness due to ignorance of their mothers.

3. To assist in restoring the mother to health, and in establishing natural breast feeding.

Treatment is not given at these Centres, and they do not take the place of a hospital or private doctor's consultation. A busy practitioner cannot always spare time for the supervision of the development and nutrition of a healthy child, and the education of its mother. The value of the mother's attendance at a Centre is increased by the follow-up visits to her home by a Health Visitor, who makes sure the doctor's advice has been understood, and that the directions given are followed correctly. Further explanation is given in the home when necessary.

Centres are used to further Health Education. Attractive posters are displayed and pamphlets distributed. Talks and demonstrations are given at each session.

Centres provided by voluntary associations are held monthly at St. Mawes and Portscatho.

#### THE NURSING SERVICES

The re-organisation of the Nursing Services made under the National Health Service Act has effected an economy in District Nurse-Midwives. This service has proved satisfactory. By providing Nurses with a telephone and car it is unnecessary to establish a Nurse in every village, and with a larger district she has sufficient work to keep in practice and maintain her efficiency.

The County Nursing Association still retains responsibility for housing and transporting nurses, and befriending them when they take up duty in a new community. The administrative machinery set up by the County Nursing Association is parallel to that of the Health Committee consisting as it does of a central organisation with seven Area Committees. The arrangement has proved as effective as had been hoped and the value of voluntary service has once again been demonstrated in this most important ancillary to the more formal arrangements provided by the Local Health Authority.

#### REPORT OF THE COUNTY NURSING OFFICER

The Public Health Nursing Service continues to function satisfactorily, despite the shortage of staff which at times has been most acute. During the year the work of all members of the staff has increased, especially that of the health visitor who (in carrying out her duties in accordance with Section 24 of Part 3 of the National Health Service Act) now takes the whole family under her wing. A certain amount of extra work is being carried out in relation to problem families, but more health visitors will be needed if satisfactory progress in this work is to be made and maintained.

#### Visits to Maternity Units

It is interesting to note that district midwives made 1,423 ambulance journeys in escorting patients to Maternity Units. Nearly half these journeys were made between the hours of 10 p.m. and 8 a.m., and the total time spent was 3,361 hours or the equivalent of the time of 1.2/5ths. full time midwives. Of the maternity patients delivered in hospital, 313 returned home before the fourteenth day and were attended by district midwives.

#### Post-certificate Training

One hundred and ten of our district nurses spend approximately one third of their time on health visiting. In order to carry out this branch of their work it is necessary that they should possess the Health Visitor's Certificate. Training for this takes 9 months and is costly; therefore each year the County Council award a number of Bursaries to suitable candidates to enable them to take the training. During the year 8 members of the staff completed training and satisfied the examiners.

Health Visiting	 4	Home Nursing	 3
Midwifery	 15	Administration	 2

#### Gas and Air Analegsia

All midwives on the permanent staff are now qualified to administer Gas and Air Analgesia. Approximately 70% of the domiciliary midwifery cases attended by our midwives in 1951 had Gas and Air Analgesia.

#### Housing

There is still a great deal to be done before the housing of our staff can be considered entirely satisfactory, but we are making some progress and during 1951 we have acquired seven more houses. We have in all 39 houses or flats giving permanent accommodation to 61 members of the staff; of these 16 are owned by the County Council or County Nursing Association; 17 are rented from local Housing Authorities; and 6 are rented from private individuals. Of the 39 houses, 29 are furnished by the County Nursing Association and 10 are let to the staff unfurnished.

#### Transport

It is satisfactory to report that of the staff of 120 district nurse-midwives 113 have cars; 95 of these are provided by the Employing Authority. It would be impossible in such a rural county, and with the present shortage of staff, to maintain the service at a satisfactory level if there was not adequate transport provided.

#### Nurses Employed on 31st December, 1951:-

Administrative Staff					
County Nursing Officer					1
Deputy County Nursing Officer					1
Assistant County Nursing Officers					6
District Nurse-Midwives					
" Queen's " Nursing Sisters, S.R.N.	, S.C.	M., He	ealth		
Visitors Certificate					15
"Queen's "Nursing Sisters, S.R.N.	, S.C.	.M.,			35
State Registered Nurse, S.C.M., Hea	alth V	lisitor's	Certif	icate	4
State Registered Nurses, S.C.M.					23
State Certified Midwives, S.E.A.N.					43

# Health Visitors

	State Re	egistered	Nurses,	S.C.M.,	Health	Visitor's	Certificate	27
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# Patients Attended by Nurse-Midwives

New Patients	 	 	 	15,858
Surgical Cases	 	 	 3,431	
Medical Cases		 	 9,663	
Midwifery Cases	 	 :	 1,974	
Maternity Cases	 	 	 657	
Miscarriages	 	 	 183	

# Work done by Nurse-Midwives

General Nursing Visits			 	 176,543
Midwifery and Maternity Cas	ses Vis	its	 	 51,599
Casual Visits			 	 14,015
Ante-natal Visits			 	 25,387
Attendances at Operations			 	 71
Nights on duty			 	 1,964

# Maternity and Child Welfare Work

	Full	Part	Admini-	
	Time	Time	strative	
	H.V's.	H.V's.	staff	Totals
Visits-New Births	2,140	2,660	the states	4,800
Visits to children under 1 yr	20,798	23,787	A Designation	44,585
Visits to children aged 1-5 yrs	34,735	32,587	A	67,322
Child Welfare Centres attended	1,161	1,014	106	2,281
Visits to Expectant Mothers	378		317	695
Ante-natal Clinics attended	_	di non	46	46
Immunisation Clinics attended	253		2	255
Child Life Protection visits	63	40	42	145
Lectures given	230	_	41	271
Demonstrations	228	_		228
2 chionotrations		The state of the		
School Work				Colorest State
Attendances at Minor Ailment				
Clinics	906	_		906
Attendances at School Medical				
Inspections	352	366	-	718
Attendances at School Cleanliness				
Inspections	1,007	2,113	-	3,120
Follow-up visits	4,100	1,453	-	5,553
1				Sec. 1
Tuberculosis				
First visits to Patients' Homes	334		_	334
Re-visits to Patients' Homes	8,046		100	8,146
Clinics attended	521		39	560

# REPORT OF THE COUNTY NURSING OFFICER AS STATUTORY NON MEDICAL SUPERVISOR OF MIDWIVES

#### Midwives practising on 31st December, 1951:-

Domiciliary Cornwall County Count	cil:—				
" Queen's " Nursing Sisters, S.R	.N., S.C	.M., H	.V.Cer	t	 15
" Queen's " Nursing Sisters, S.R	.N., S.C	C.M.			 35
State Registered Nurses, S.C.M.,	H.V.C	ert.			 4
State Registered Nurses, S.C.M.					 23
State Certified Midwives					 43
					120
Domiciliary in Private Practice					 19
In Nursing Homes					 22
					161

## Cases attended by above midwives:-

	As Mid.Nurse	As Mat.Nurse	Totals
Cornwall County Council Independent Midwives and in	 1,974	657	2,631
Nursing Homes	 232	199	431
	2,206	856	3,062

#### Notifications received of:-

Stillbirths			 	 	 131
Deaths of Mothers			 	 	 2
Infants deaths			 	 	 123
Artificial feeding			 	 	 379
Liability to be Source of	Infe	ction	 	 	 54
Sending for Medical Aid	1		 	 	 601

# Medical Aid forms sent in respect of:-

Mother during Ante-natal	 		 76	
Mother during Labour	 ·		 393	
Mother during Puerperium	 		 64	
Infants	 	·	 68	

## Work of Supervisor and Assistants:-

Regular Inspections of Midwive	s and N	lurses	 	 405
Other visits to Nurses		"	 	 583
Special visits of Enquiry			 	 479
Inspections of Nursing Homes			 	 39
Inspections of Old Persons He	omes		 	 40

#### FAMILY PLANNING CLINIC

With a grant from the County Council the Family Planning Association opened a branch in Falmouth in January. The Clinic started by holding 2 sessions a month, but in July opened an extra monthly session to cope with the demand.

The number of new patients attending during the year was 270 with 45 returning for a second time. Five of those attending came because they had no children and wished to start a family.

Analysis of Patients shows the following reasons for attendance:-

T.B. Cases	15	Spacing of Family	152
Sub-fertility Cases	5	Limitation of Family	10
Other Medical Cases		Housing	33
including Mental	76	Economic	24

#### NURSERIES AND CHILD MINDERS REGULATION ACT, 1948

This Act provides for the registration and inspection of private day nurseries where children are cared for by the day for a period not exceeding 6 days, and also for persons who for reward receive into their homes children under the age of 5 to be looked after by the day for a period not exceeding 6 days.

The Council has approved of one Daily Minder who had 6 children under 5 in her care during the year. There were no new applications for registration under this Act.

#### NURSING HOMES

During the year 56 routine visits of inspection were paid to Nursing Homes in the County. These Homes are registered and administered under sections 187-195 of the Public Health Act 1936. Three new applications were received, and after inspection and due consideration all were approved and licences issued by the County Council. One Home was closed by the owner.

At the end of the year there were 18 Nursing Homes on the register, with 58 maternity beds, (including 24 at Rosemundy) and 122 beds for other cases. 318 babies (including 35 at Rosemundy) were born in Nursing Homes as compared with 576 the previous year.

#### DISABLED AND OLD PERSONS' HOMES

These Homes are administered under sections 37-40 of the National Assistance Act 1948. This Act provides for the registration and inspection of Homes which accommodate the aged, or persons who are blind, deaf and dumb, or other persons who are substantially or permanently handicapped by illness, injury or congenital deformity. During 1951, 5 new applications were received. After inspection and consideration 4 of these applications were approved, and one was refused as the Home did not come within the provisions of the Act. One owner cancelled her registration and registered premises in another part of the County.

At the end of the year there were 13 Homes for the Aged and one Home for the Blind on the register, with total accommodation for 197 aged and 21 blind persons. During the year 50 routine visits of inspection were paid to these Homes.

#### CHILDREN NEGLECTED OR ILL-TREATED IN THEIR OWN HOMES

In July I was appointed by the County Council as the designated officer under a joint circular of the Ministry of Health, the Ministry of Education and the Home Office, to co-ordinate the services of all the Voluntary and Statutory bodies interested in the care of children.

A meeting was held in each of the 7 Health Areas to which were invited:—The Children's Officer and Boarding-Out Visitors; Inspectors of the National Society for the Prevention of Cruelty to Children; Area Officers of the National Assistance Board; Organising Secretary and Outside Workers of the Social and Moral Welfare Association; District Education Clerks and School Attendance Officers; Probation Officers; District Welfare Officers; Representatives of the St. John Ambulance Brigade and the British Red Cross Society; the Children's Officer of the Ministry of Pensions; and a representative of the Women's Voluntary Service, together with the Assistant County Medical Officers and Assistant County Nursing Officers.

At these inaugural meetings, over which I presided, I was accompanied by the Maternity and Child Welfare Medical Officer, the Senior Assistant School Medical Officer, the County Psychiatrist, and the County Nursing Officer, I explained the intentions of the circular, and showed that there was indeed a need for co-ordinating the services already working in this field. I emphasised that there was no intention of interfering with the work or the existing liaison between the organisations present, but that the idea was to co-ordinate the services of all the interested bodies so that the best possible use could be made of the facilities available. The delegates in turn were then asked to tell of their work and in which way they might assist in dealing with the problem.

At the end of each meeting it was agreed to set up an Area Co-ordinating Committee, under the chairmanship of the Assistant County Medical Officer, to consist of the local representatives of the bodies mentioned in order to discuss the best ways and means of assisting (as recommended in Paragraph 7c of the circular) all cases of cruelty and significant cases of child neglect which were to be referred to the chairman.

These inaugural meetings have been followed in each area by regular meetings of local representatives of statutory and voluntary bodies having responsibility for, or interest in, the welfare of children. It has generally been reported there is very little criminal neglect or wilful cruelty. In nearly all cases the children are healthy, but the main complaints are in respect of personal cleanliness, clothing, housing, or of children being in moral danger. The principal causes of this neglect are poor intelligence and bad management. Many of these families do not make use of Welfare Services available, and tend to move frequently.

Each problem family is discussed and careful consideration is given to decide which worker is the most suitable to supervise each particular family, and also the most appropriate action to be taken in each case. It is appreciated that progress in this work will necessarily be slow, and not spectacular.

These families will need constant and perpetual supervision and encouragement. It is well known that children deprived of maternal care in early life tend to become "problem parents" themselves. Our aim is to maintain the family as a unit and endeavour to improve their social status, and so prevent a perpetuation of this problem in the next generation.

The following case gives some impression of the work being done under the arrangements, and the usefulness of the medical approach in such problems:—

#### Case "D"

A pupil at a Boys' School had been causing the Head Teacher and School Attendance Officer much anxiety due to his being extremely ill-clad and undernourished almost to starvation point. The father is a farm labourer, the mother died in February, 1951 (Puerperal Anaemia), after refusing medical treatment and admission to hospital. At home is an elder brother, aged sixteen and one aged 7, whilst another aged 9 and a baby sister are in the care of their grandmother. The District Education Clerk brought the plight of this family to the attention of an N.S.P.C.C. Inspector, who visited the father in company with the School Attendance Officer, hoping that the Inspector's influence would cause the father to make better provision for his children.

The boy's condition during the summer months appeared to be less distressing, but in November the Headmaster again spoke to the School Attendance Officer, who in calling on the father was assured that the boy was properly fed and that he would return to school the following week with a complete new outfit of clothes. The clothing did not materialize.

The District Clerk stated that a door key had been stolen by this boy, and it was felt that the lad in his uncared-for condition might fall into bad company unless immediate steps were taken to help him, especially as an older brother had already been committed to an Approved School after a series of thefts. On receipt of this information, the Assistant County Medical Officer checked the boy's history with the Headmaster and medical records of the family with the Assistant School Medical Officer. He was found to be Grade "C" nutritionally but with no organic defects. He visited the home and interviewed father who was sitting by a fire whilst the children played happily with toys bought at Christmas. Examination of the boy confirmed his low physical rating and as a cousin was a notified case of Pulmonary Tuberculosis, an X-ray was advised. This suggestion was accepted by the father and the children have been tested with satisfactory results. It was felt that diet deficiency was responsible for the low physical rating of these children, and it was found that their meals taken at home in the morning and at their grandmother's in the day (except for the boy in question, who had school dinners) consisted mainly of bread and jam). The father was co-operative and agreed that all the children of school age should stay at school for dinner. He has also provided sufficient clothing for the boy. The District Nurse has frequently made visits to the grandmother to advise on feeding and has reported an improvement. As a result the children are well fed and well clothed and have settled down comfortably.

#### HOME HELP SERVICE

The Home Help Service established under Section 29 of the National Health Service is meeting an ever growing demand, which has necessitated an increase in the establishment in several centres. The W.V.S. continue to operate the Scheme, each district having a local organiser who is responsible to the Area Health Sub-Committee and its Medical Officer in her district.

The gratitude of those living in over 1,000 households who were helped by our Home Helps during 1951, is sufficient justification for this scheme. The aged and infirm, the chronic sick, the maternity patient, the tuberculous patient, and many other sorts of patients who lie ill at home, or who have to go to hospital, can sometimes make no arrangements for the domestic care of the other members of their family unless the County Council provides a Home Help. The present shortage of hospital beds, and the strain thrown on Domiciliary Services as a result, has made the provision of a strong Home Help Service all the more necessary. In those parts of the County in which the Service has been longest established, the value of the Service is most appreciated, and the demand on it is the heaviest. It is impossible to contemplate anything but a rapid increase in the size and cost of this Service.

The service now covers practically the whole County and where the home is remote, or there are exceptional circumstances, the need is met by a Resident Home Help. Each application is judged by medical need only and Home Helps are only available on the written recommendation of a doctor, nurse or responsible officer.

During 1951, Home Helps were employed in 1078 households as compared with 772 in 1950 and 718 in 1949. Of this total 299 have been maternity cases, representing 11% of the domiciliary confinements; priority is given to this work and then to those of temporary illness in active women, especially where there are children. When the mother is removed to hospital, every effort is made to keep the children at home, though sometimes this necessitates the services of a Resident Home Help for several weeks.

Included under other cases are illness and infirmity in old people, these being 751 as compared with 469 in the previous year. This increase is largely due to the demands on the service by the ageing population, who in many instances receive only a few hours' help each week, but are thus enabled to remain in their own homes until such time as they require constant nursing attention.

There is some increase in the number of patients suffering from tuberculosis who have the services of a Home Help. Of these, a number of women who have had to remain in bed for several months are now permitted gradually to resume the care of their own households. Home Helps who undertake to work in tuberculosis households are X-rayed every six months, and receive instruction in precautionary methods by a nurse or health visitor.

The Home Help carries out the ordinary domestic work of the housewife such a cleaning, cooking, mending, shopping and caring for children, but is not required to do arrears of washing and housework. Her duties should never infringe upon nor interfere with those of the midwife or nurse when one is in attendance. Home Helps are not sent into homes where infectious disease is present without their consent, and that of the Medical Officer of Health.

Payment for the Home Help is recovered from the applicant wholly or in part according to the family income. Where there are exceptional circumstances the details are submitted to the Hardship Committee for special consideration.

The following table shows the number of Home Helps employed and the number of cases served. Without this service many more people would need hospital beds, accommodation in Old People's Homes, and children in Children's Homes.

	Number of Home Helps employed:			Number of cases served:				
	Whole	Part	Spare	Matern-	Tubercu-			
	time	time	time	ity	losis	Other	Total	
Area No. 1	8	2	12	34	4	182	220	
Area No. 2	19	12	2	39	3	112	154	
Area No. 3	16	2	9	49	11	193	253	
Area No. 4	7	1	14	74	4	139	217	
Area No. 5	-		6	10	2	17	29	
Area No. 6	2	6	3	9	1	44	54	
Area No. 7	100000000000000000000000000000000000000	3	14	12	3	53	68	
County Panel	5		2	72	<u> </u>	11	83	
Total 1951	57	26	62	299	28	751	1078	
Total 1950	50	27	37	284	19	469	772	

I should again like to express my thanks to Lady Carew Pole (W.V.S. County Organiser), and the Women's Voluntary Service for their excellent work undertaken on behalf of the County Council, and also to those District Councils who continue to co-operate in the scheme.

#### DENTAL SERVICE

#### General

The Dental Service struggled with the problem of shortage of staff throughout the year. Relief was very kindly afforded to us by the Local Dental Committee, who have persuaded some of the private Dental Surgeons in the County to set aside definite sessions during which they will undertake the treatment of children referred to them by the School Dental Service. This is already proving a most useful arrangement, but it is generally recognised that it can only be a temporary arrangement until our own staff reaches full establishment. It would be impossible to contemplate a permanent arrangement where Local Authority Dental Officers inspected the children, and private Dental Surgeons treated them. We should certainly not be able to obtain satisfactory Dental Surgeons of a high standard to do inspection work only. Moreover, if the children were handed over entirely to private Dental Surgeons and the inspection arrangements abolished, there is no doubt that large numbers of those who accept dental treatment as a result of inspection, would no longer seek routine dental treatment if the inspection arrangements were discontinued. Nevertheless, we have every reason to be grateful to those private Dental Surgeons who have come to our aid in this emergency.

#### REPORT OF CHIEF DENTAL OFFICER

As previously, this report on the Dental Service provided by the County Council for the priority classes, is presented under two headings.

1. School Dental Service (Education Act, 1944)

2. Mothers and Young Children's Dental Service (National Health Service Act, 1946).

#### Staffing

The staff is common to both parts of the Service and has consisted of 1 Chief Dental Officer, and an equivalent of  $5\frac{1}{3}$  Assistant Dental Officers and 6 Dental Attendants for most of the year, together with 1 Dental Technician and 2 Apprentices, it being desirous that too long a break should not occur between the completion of the apprentices courses.

Mr. W. K. Batten resigned his appointment on the 28th February and Mr. H. J. Eagleson rejoined the staff at the end of last year.

Mr. F. H. Stranger reported sick during March, and has not yet returned to duty. It is probable that he will cease to be a member of the staff early in the new year.

Miss K. D. P. Hosking was appointed Dental Attendant at the Truro Centre and commenced duties on the 19th March. Two Dental Attendants resigned during the year, Miss M. Raymond on the 28th February and Miss B. Whitford on the 24th September. Miss Raymond has not yet been replaced.

Advertisements during the year have not resulted in any staff increase, and much leeway has yet to be made up to bring the staff up to its establishment of 1 Chief Dental Officer and 12 Assistant Dental Officers.
### **Dental Centres**

In addition to the existing 11 fully equipped and 3 temporary dental centres, a new fully equipped centre at Westbourne, Liskeard and a partially equipped one at Torpoint were brought into use during the year. A new centre of the most modern type is being built at St. Austell and will be completed and brought into use early in the new year.

With the exception of the St. Austell Dental District where owing to the lack of a convenient centre, treatment has been given either on school premises or in adapted or hired halls, all treatment in the remaining active districts has been carried out in the County's dental centres on regular days weekly and according to annual reports received from Assistant Dental Officers, with much benefit to patients and operators alike.

The Assistant Dental Officer in charge of the Redruth-Camborne, Helston and St. Ives Dental Districts holds clinics at Redruth on Monday and Thursday, at Camborne on Wednesday and Friday and at Helston and Hayle on alternate Tuesdays.

The Assistant Dental Officer at Falmouth holds clinics there daily except on Wednesday when he visits the Penryn Dental Centre.

The Assistant Dental Officer in charge of the Newquay and Wadebridge Dental Districts holds clinics at Newquay on Monday, at Wadebridge on Tuesday and Friday and at Bodmin on Wednesday and Thursday.

The Assistant Dental Officer in charge of the Liskeard and Saltash Dental Districts holds clinics at Callington on Monday, Torpoint on Tuesday, Saltash on Thursday and Liskeard on Wednesday and Friday.

I allocate Monday, Wednesday and Saturday mornings to treatment at Truro, Thursday to treatment at Penzance and the remaining 2 days administering general anaesthetics, consulting on orthodontic cases with my colleagues, treating in Truro, Launceston or Bude or doing administrative work at Truro.

Because there has been no dental officer at Penzance since March, it has been very necessary for me to visit there once a week in order to deal with urgent cases among school children and mothers and pre-school children, and occasionally to hold general anaesthetic sessions to clear up accumulated cases. Even if I'd had the time it became almost impossible for me to carry on at Launceston and Bude after the Dental attendant resigned as there was no one to arrange or help at the clinics. For a period, quite lengthy lists were submitted by the Area School Medical Officer, but when it was found on investigation that most of the cases named had persistently refused treatment and failed to keep appointments when called, they were discontinued.

The private practitioners in this area have helped considerably in dealing with cases of an urgent nature, and since the Bodmin, Wadebridge and Callington Centres have been opened and visited regularly, many cases in the Launceston area have been sent to clinics at these Centres.

#### **Routine Inspection and Treament**

Of a school population of 42,196, dental inspections have been carried out for 13,288, of these 10,733 have been found to require treatment and 10,233 were offered treatment, 155 sessions being devoted to inspections. This means that 81% of the children inspected required treatment, as compared with 75% in the previous year.

The treatment provided included the filling of 8,470 permanent and 1,097 temporary teeth, the extraction of 1,170 permanent and 4,884 temporary teeth. 174 of the temporary teeth being extracted for orthodontic reasons and not because of caries. The amount of treatment performed per 100 children was:—

Fillings		Extra	actions	Other Operations		
Perm.	Temp.	Perm.	Temp.	Perm.	Temp.	
Teeth	Teeth	Teeth	Teeth	Teeth	Teeth	
124	16	17	71	106	48	

This represents an increased amount of work necessary per 100 on last year proving that the dental condition of children is generally deteriorating. During this year there has been an all-round increase in the total amount of work done, and the acceptance rate has increased from 61% last year to 66.7% this year.

Complaints are still received from some dental officers concerning the number of broken appointments but I feel that if only more care was given to see that head teachers were in possession of alternative lists of names, very often substitutes could be made and much of this non-attendance avoided.

A scheme has been prepared between this Authority and the Local Dental Committee whereby a proportion of those children whose treatment is impossible by the School Dental Service, because of the present staff shortage, will be inspected by the County's Dental Officers and the names and addresses of those needing and accepting treatment by private practitioners will be sent to the County Dental Centre, Truro, from where suitable numbers will be allocated to these practitioners who have offered to set aside part of their available time for the treatment of children. This treatment will be carried out under the National Health Service Act and as more cases are required, notice will be sent to the Chief Dental Officer. The only sorting of names found necessary will be so as not to send orthodontic cases to practitioners not wishing to undertake this class of work. All those needing denture work will be kept under the County's Dental Scheme in order to avoid any charge being put upon the children or parents.

Children needing urgent treatment have been successfully treated during the year, such cases having either been referred to and dealt with by the district Dental Officers direct or through the Central Dental Office, or by private practitioners who in many parts of the County have proved most helpful. Procedure to obtain treatment for urgent cases has also been brought to the notice of head teachers and others in an excellent brochure issued by the School Health Section.

During this year a nominee of the Local Dental Committee has been co-opted as a member of the Dental Sub-Committee and the presence of such a member of meetings should prove most helpful to the Dental Service.

All the dental officers have paid special attention to the treatment of carious temporary teeth by rendering them self cleansing and have expressed satisfaction at the previous results obtained by this and the application of ammoniacal silver nitrate and have continued this treatment. It is an unfortunate fact however, that all the Dental Officers in their annual reports for this year express the view that since the war the teeth of the school entrants are yearly becoming progressively worse, and losing that advance made during the war years.

# Orthodontia

Not only bearing in mind the advice given in the Health of the School Child for 1946/7 that much time which ought to be devoted to more fundamentally important treatment should not be absorbed in too great a degree in carrying out treatment of a specialised and lengthy nature, but also bearing in mind the present grave staff shortage—it has been found not only impossible but inadvisable to attempt to treat all the cases needing orthodontic treatment who have either themselves applied for it, or have been referred from other sources, such as private practitioners, Assistant School Medical Officers, Speech Therapists or have been found in need of it at routine inspections.

Treatment has been continued for 164 orthodontic cases whose treatment was commenced in previous years and 115 new cases have been taken on during the year. Treatment has been satisfactorily completed for 61 children. In all cases treatment has been by appliances of a removable type.

In addition 102 irregularities of the teeth have been treated by extractions only and this has involved the extraction of 153 permanent teeth.

During the year I have continued to act in the capacity of consultant to my colleagues on this specialised type of treatment.

### **Dental Laboratory**

The dental laboratory has continued to be fully occupied, the work done for school children being shown in the following table:—

Orthodontic Appliances (Removable)									
Record and Study	Mode	ls				401			
Partial Dentures						54			
Dentures Repaired						16			
Crowns and Inlays						3			

As previously stated, another apprentice commenced duty during the year, the senior apprentice having now entered his 4th year and has passed the Intermediate Examination in Dental Technology held by the City and Guilds of London.

### **General Anaesthetics**

General anaesthetic facilities are now available at the Penzance, Falmouth, Redruth, Truro and Launceston Centres besides which there is a portable apparatus kept at Truro. Administrations have been carried out at the Truro, Penzance and Redruth Centres during 29 sessions (or part sessions) for 254 patients. This service is one that will increase quickly as staff becomes available to man all the Dental Centres.

#### X-Ray

This service continues to expand and is being found more necessary as an aid to diagnosis year by year and as staff becomes available other installations will become essential. A total of 239 X-Rays were taken for 80 children at Truro and Falmouth.

### **Apprentices** Course

The practical course in dental mechanics for dental apprentices run by the Dolcoath Technical College continues to be run in the County's Laboratory on Monday afternoons; it has become so popular however that an extra session has been allocated on Thursday evenings. At both courses instruction is given by this Authority's Dental Technician; lectures have been given by Mr. N. Black and myself and I have been asked to supervise the whole course.

Eight students were selected because of their advanced age and length of apprenticeship, in each case over 2 years, and were entered for the Intermediate Examination of the London City and Guilds. Although their course should have extended over a period of 2 years, the City and Guilds allowed them to sit after a two term course of approximately 6 months in order to give them an opportunity of taking their finals before finishing their apprenticeship.

Of the 8 entrants, Mr. W. F. Best, our senior apprentice, was the only one to pass all parts of the Examination and obtain a 2nd Class Award. Three other students passed in Dental Mechanics but failed in the theory paper and in Chemistry and Physics, which means that they will have to take the Examination again. The others failed the Examination.

Application has also been received this year to run a similar course for dental technicians, but it was felt that it would be impossible to give the necessary time without increasing the Authority's laboratory staff which was inadvisable in view of the shortage of dental officers, so this course has been deferred.

# Mothers and Young Children's Dental Service

In order that the School Dental Service shall not unduly suffer, that portion of the Service for Mothers has again been confined to Truro, Falmouth, Penryn and Penzance Dental Districts and  $136\frac{1}{2}$  sessions have been devoted to the treatment of mothers and young children.

The following table shows the work done under this heading:-

### (a) Numbers provided with dental care

		Expectant and Nursing Mothers	Children under Five
Examined	 	73	221
Needing Treatment	 	71	167
Treated	 	59	154
Made Dentally Fit	 	48	73
Attendances	 	268	340

## (b) Forms of dental treatment provided

			Expectant and	Children under
			Nursing Mothers	Five
Entractions			 175	104
Anaesthetics:	-			
Local			 44	55
General			 18	19
Fillings			 104	105
Scalings			 12	T the A
Silver Nitrate	treat	ment	 - Marine Varia	263
Dressings			 70	-
X-Rays			 6	1
Dentures Pro	vided			
Full			 29	
Partial			 21	

It is of interest to note that the proportion of post-natal cases applying for treatment is much greater than the ante-natal ones—inspections 53 to 20 and the number treated 45 to 14.

There has been a falling off in the number of ante and post-natal, mothers being sent to the centres for inspection during the year. During the first few months of this year, there was almost a total lapse of mothers coming for dental treatment in the Penzance dental district.

I should like to express my thanks to the staff and to the Dental Sub-Committee for the support they have given me during the year, and would also like to thank the Ambulance Officers who have continued to be a great help to the Service on each occasion they have been approached for transport.

# AMBULANCE SERVICE

The call-out arrangements operated by the Health Area Offices on weekdays and by the County Fire Brigade at night and weekends have worked splendidly throughout the year. It has indeed been astonishing how little the efficiency of this Service has been criticised when it is remembered that it carries on an average 250 patients 4,000 miles every day of the year, including weekends. The cost of the Service is certainly subject to criticism. The cost of the Ambulance Service in this County per thousand population is the highest in the country, and the reason for it is not far to seek. The number of patients that we are asked to carry per thousand population is also the highest of any County in the country, and far away higher than the next highest County. It is therefore because of this enormous load thrown on the Service that the cost is so heavy, and not because of inefficient administration. Indeed, the cost per mile in Cornwall is no higher than the average for all the Counties, and thanks to the careful measures taken to co-ordinate the ambulance journeys, the cost per patient carried is far below the average for the other Counties.

A very large proportion of the journeys we are asked to undertake are those involved in conveying patients regularly and frequently for physiotherapy treatment at the Hospitals, and it is therefore relevant to see whether the number of patients attending for this form of treatment in Cornwall exceeds that considered necessary in the next adjoining Hospital Management Committee area. In the Plymouth Hospital area, which includes South-East Cornwall and South Devon, the number of out-patients attendances for physiotherapy during the year ended 31st December 1951 was 200,403. In the West Cornwall Hospital area, the corresponding number was 97,424. Even allowing for the fact that the Plymouth Hospital area serves a population 2/5ths greater than the West Cornwall area, the discrepancy in these figures is significant. There is no reason to believe that patients in West Cornwall need physiotherapy more or less frequently than those in the Plymouth Hospital area. Therefore it would seem that far from the attendance in the West Cornwall Hospital area being excessive, they have not yet provided as extensive a Service as that in the Plymouth Hospital area.

Every time we come to examine this problem of the load on the Ambulance Services, we come back to the difficulties of geography. It is just as important for the Cornish patient to get to and from Hospital as it is for the Plymouth patient. We are in effect ensuring this by providing a costly and extensive Ambulance Service. In this one direction, in fact, we are trying to provide urban facilities for rural areas, and we are finding it an expensive business, but who is to say that it is so costly that patients in outlying districts must be penalised for living in rural areas by being deprived of the treatement they require?

# REPORT OF COUNTY AMBULANCE OFFICER.

The accompanying graph shows the total number of patients transported and miles travelled by the three branches of the Service (Ambulance, Utilecon and Hospital Car Service) for the year 1951. The graph shows a considerable levelling out of demands made on the Service, due largely to a better control of the Service. The arrangements concerning medical certification for the need for ambulance or sitting case transport, to which reference was made in my last Report, has contributed largely to the fall in the number of cases for whom we have been asked to provide transport; the West Cornwall Hospital Management Committee has arranged for one person at each of the Hospitals under its control, to be responsible for co-ordinating





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asked in the financial year 1951-52 was some 8,000 fewer than in the previous year.

The closest co-operation is being maintained with Hospital Management Committees, and I should like to thank them for the way in which they have considered our problems, and endeavoured to lighten the calls being made on the Service.

### Vehicle Strength and Replacement

The County Fire Brigade Engineer, in co-operation with the County Ambulance Officer, made a survey of all County-owned ambulance cars and Utilecon ambulances, resulting in a decision to replace 3 ambulances and 3 Utilecon ambulance cars.

#### Maintenance and Servicing

Responsibility for the servicing and maintenance of all County-owned ambulance vehicles rests primarily on the County Fire Service, whose mechanics have continued to visit all Main Centres at regular intervals.

### **Disciplinary Sub-Committees**

To enforce care when driving County-owned vehicles, and discipline in the employed staff, it was decided to set up in each Area Disciplinary Sub-Committees to deal with accidents involving, or sustained by Countyowned cars, in cases where the County Medical Officer decided that an enquiry was justified. Serious cases of insubordination or misconduct are also reported to this Committee.

Committee findings to date have resulted in one Driver being discharged from the Service and one Driver being found guilty of negligence.

### Inter-Hospital Transport

From the Appointed Day, the County Ambulance Service transported all cases between the County Maternity Ward and the two Annexes. This entailed keeping a night staff on duty at the Redruth Ambulance Depot. Investigations made with the Illogan Division of the St. John Ambulance Brigade resulted in this Division agreeing to undertake all these interhospital transfers between the hours of 7 p.m. and 7 a.m., Saturday afternoons and Sundays. This new arrangement commenced on 26th November and is working satisfactorily.

#### **Ambulance Stations**

No new Stations have been completed during the year, but a new Station for Truro is at present under construction, and it is hoped will be ready for occupation at Midsummer 1952.

# Radio Call-out

Demonstrations and trials have been given by various manufacturers of Telecommunication apparatus, and orders have been placed with Messrs.

Marconi for a limited number of sets to cover the western area of the County. This new Service should be functioning early next year.

# Long Distance Transport

	1920	1951
No. of patients carried in ambulances and Utilecons	348	304
No. of patients carried by rail (omitting patients for whom		
the County Council did not pay fares)	83	100

### Volunteer Manning

During the year the Voluntary personnel at Country Centres transported 2,309 patients, travelling 91,225 miles, and have again justified the confidence placed by the County Council in the keenness of the St. John Ambulance Brigade and the British Red Cross Society.

### Service Statistics

During 1950 the Service transported 93,688 patients and travelled 1,557,892 miles, whereas during 1951 the total number of patients carried was 91,543, and miles travelled was 1,424,985, showing a decrease of 2,145 patients and 132,907 miles.

# Ambulance Service

		1950	1951
Number of patients carried		 39,152	34,329
Number of miles travelled		 554,159	546,860
Utilecon Service			
Number of patients carried		 31,192	46,190
Number of miles travelled		 390,601	590,680
Hospital Car Service			
Number of patients carried		 23,344	11,024
Number of miles travelled	THE SHORE	613,132	287.445

At the end of the year the strength of the Utilecon Service had been increased to 25 vehicles as compared with a total of 17 in the previous year, and this has resulted in the increased number of patients carried and mileage run by this service, with a corresponding reduction of that done by the Hospital Car Service.

It is, however, important to stress that, especially in remote country districts, the Voluntary Service of the Hospital Car Service drivers continues to form an integral part of the transport arrangements of the County.

The following tables set out in more detail the amount of work undertaken by the three branches of the County Ambulance Service in each of the Health Areas of the County:—

# Ambulance Service

		Nur	nber of Patie	ents Carr	ried	No. of	
Area	A	ccidents	Emergency	Others	Total	Journeys	Mileage
No. 1 Penzance		179	247	5,919	6,345	3,671	66,784
No. 2 Redruth		184	525	8,942	9,651	4,610	93,930
No. 3 Truro		170	363	7,177	7,710	4,899	98,140
No. 4 St. Austell		248	1,045	2,440	3,733	2,347	89,702
No. 5 Wadebridge		78	263	1,799	2,140	1,186	60,272
No. 6 Launceston		81	614	771	1,466	1,004	66,024
No. 7 Liskeard		165	703	2,416	3,284	2,027	72,008
Total		1,105	3,760	29,464	34,329	19,744	546,860

# Utilecon Service

		Nur	nber of Pati	ents Carr	ied	No. of	
Area	Ac	cidents	Emergency	Others	Total	Journeys	Mileage
No. 1 Penzance		8	17	6,367	6,392	2,969	56,226
No. 2 Redruth		25		10,833	10,858	4,973	105,615
No. 3 Truro		20	10	13,990	14,020	7,083	124,731
No. 4 St. Austell		22	62	5,658	5,742	1,724	94,073
No. 5 Wadebridge		_	6	2,583	2,589	730	61,518
No. 6 Launceston		2	29	3,378	3,409	746	99,489
No. 7 Liskeard		6	13	3,161	3,180	1,009	49,028
Totals		83	137	45,970	46,190	19,234	590,680

# Hospital Car Service

Area		Number of Patients	Number of Journeys	Mileage
No. 1 Penzance	 	1,166	808	19,628
No. 2 Redruth	 	771	691	23,928
No. 3 Truro	 	2,496	2,029	64,193
No. 4 St. Austell	 	2,289	1,399	35,299
No. 5 Wadebridge	 	914	670	27,928
No. 6 Launceston	 	1,371	900	52,309
No. 7 Liskeard	 	2,017	1,577	64,160
Totals	 	11,024	8,074	287,445

# EPIDEMIOLOGY AND PREVENTIVE MEDICINE

A survey of the work of this department is given below. In Table III at the end of the report will be found the number of cases of infectious disease notified in each Sanitary District in the County during the year, and Table IV gives the total number of cases notified in recent years. It will be noted that the County was comparatively free of poliomyelitis, the incidence being only one-third of that in each of the two preceding years. Measles and whooping cough were both wide-spread; in all, there were 1,485 cases of whooping cough of which four died. Although the death rate from whooping cough is light, the morbidity rate is high, many of the children being left with chronic bronchitis or bronchiectasis for the remainder of their lives.

A vaccine is available for use against whooping cough, but its value has never been satisfactorily assessed. The Medical Research Council are at present engaged in clinical trials to ascertain the value of this vaccine. Should these trials prove satisfactory, it will be a valuable weapon against this common disease.

I have continued to act, on behalf of the Regional Hospital Board, as Medical Superintendent of the County Isolation Hospital, for the purpose of correlating and expediting admissions. Clinical duties at the hospital are shared between my Deputy and a Consultant of the Regional Hospital Board, and in this way I am kept in the closest touch with the prevalence and severity of infectious diseases in the County.

### Diphtheria

There were ten confirmed cases notified during the year and there was one death. Of these ten cases, six (including the fatal case) had not been immunised.

I have referred in previous Reports to the virtual disappearance of diphtheria as a cause of death during this last ten years—the fall in the annual number of cases from 523 ten years ago to 10 this year, and the annual number of deaths from 42 ten years ago to 1 this year. This satisfactory result which, among other things, has enabled us to give away for other purposes the major part of the County Isolation Hospital, has been achieved only as a result of a successful immunisation campaign. Memories are short and the fear of diphtheria has passed; the proportion of children now being immunised against diphtheria shows a sad decline as compared with the numbers a few years ago. It is my duty to issue a solemn warning that unless the proportion of children immunised is maintained at something in the region of at least 75% diphtheria will return and will again be responsible for much unnecessary suffering and death.

It is far too easy to be complacent about this problem. It is difficult not to be satisfied with the fact that during the last 3 years 13,898 children in Cornwall have been immunised, and 18,268 have received boosting doses. We must face the fact that as far as we can make out only 59.2% of the children under the age of 15 have now been immunised, and the following table will show how the immunisation rate has sagged this last few years:—

Age at 31.12.51	Under 1	1	2	3	4
i.e. Born in Year	1951	1950	1949	1948	1947
Number Immunised	271	2,455	3,157	3,564	3,984
Percentage Immunise	d 5.6	48.2	58.6	58.3	69.2

Many years ago Sir George Newman said that smallpox was then 'a disease of those who elect to have it.' Broadly speaking, this is also true of diphtheria, and is certainly true of serious and dangerous attacks of that disease. Parents assume a heavy responsibility in not giving their children the advantage of immunisation, but allowing them to run the unnecessary risk of contracting and dying from diphtheria. Immunisation against Diphtheria is being carried out by the general medical practitioners taking part in the County Council's vaccination and immunisation arrangements, who are supplied with antigens from the Public Health Laboratory Service, and by the Assistant School Medical Officers who carry out the work in the Child Welfare Centres and Schools.

#### **Disseminated** Sclerosis

Dr. N. S. Alcock, Consulting Neurologist, has continued to notify all cases of disseminated sclerosis which he sees in the county. At the end of 1951, the number of confirmed cases living in Cornwall whose names are on our register was 55.

#### **Enteric Fever**

No cases of typhoid fever were reported during the year. There was one case of paratyphoid fever, but in this instance the infection was contracted outside the County.

#### Food Poisoning

36 cases were notified, compared with 87 in the previous year. 26 of these were notified from the three Sanitary Districts comprising one Health Area, in which the Assistant County Medical Officer has campaigned for a high standard of notification. The small numbers notified from the other Districts are a measure of the standard of notification rather than of the incidence of the disease.

#### Measles and Whooping Cough

A heavy incidence of both these diseases was recorded. There were 5,813 cases of measles with three deaths, compared with 668 cases and no deaths in 1950. The cases of whooping cough totalled 1,485 with four deaths, compared with 729 cases and one death during the previous year.

### Meningococcal Infections

Five cases of meningococcal meningitis were notified during the year and three of these cases proved fatal.

# Poliomyelitis

There were 36 confirmed cases notified during the year, as compared with 98 in 1950. Of these thirty-six cases, 35 were paralytic and one nonparalytic. Five of the paralytic cases died.

For the most part the cases were sporadic, but a minor outbreak involving six cases occurred in the St. Mawgan—St. Columb area during March and April. The initial cases were associated with St. Mawgan School. The exact origin is uncertain, but it seems probable that the disease was imported by children of Royal Air Force personnel, who had recently returned from abroad and were attending the school.

### Acute Rheumatism

Acute rheumatism in persons under 16 years of age, was made a notifiable disease in the County of Cornwall on the 1st October, 1950.

During 1951, twelve cases were notified. This figure represents only half of the actual number of cases which occurred in the County, a further 13 cases coming to my notice through the School Health Department, which receives information regarding the discharge of school-children from the hospitals.

No matter how the information is obtained, all cases (with the permission of the general practitioners concerned), are referred to a consultant physician, as early treatment is essential if permanent damage to the heart is to be avoided. The following table based upon that required by the Rheumatic Fever Committee of the Medical Research Council, shows the classification of the cases reported during the year.

Clinical Classification		1.00			Years		Total	Total
of Case Notified	0- M	-4 F	5- M	-9 F	10-14 M F	15 over M F	all ages M F	both Sexes
1. Rheumatic Pains and/or Arthritis without heart disease	_	-	_	_	3 5	1 -	4 5	9
<ol> <li>Rheumatic Heart Disease (active)         <ol> <li>(a) Alone</li> <li>(b) with polyarthritis</li> </ol> </li> </ol>				111	<u> </u>	ΞΞ	-1 4 9	1 13
(c) with chorea		-		-	1 _		1 -	1
3. Rheumatic Hcart Disease (Quiescent)	-	-	1	-	10 - 10 - 10		1 -	1
4. Rheumatic Chorea (alone)	_	_	_	_		`		-
Total Rheumatic Cases	-	-	4	2	5 13	1 -	10 15	25
5. Congenital Heart Discase	-	-	-	-	- 1		- 1	1
6. Other non-rheumatic Heart Disease or disorder	_			_	- 1		- 1	1
7. Not Rheumatic or Cardiac Disease	_	_	_	1	1 1		1 2	3
Total Non-Rheumatic Cases	-	-	-	1	1 3		14	5

24 New Cases, 1 recurrent case who subsequently died.

# Scarlet Fever

311 cases were notified as compared with 263 during the previous year.

Scarlet fever is at present a mild disease and apart from instances where infection occurs on a farm or in an hotel, is seldom treated in hospital. Only ten cases were admitted to the County Isolation Hospital during 1951.

#### Smallpox

As in the previous year, no cases of smallpox occurred.

Vaccination against smallpox is carried out almost entirely by the 148 family doctors who are taking part in the County Council's Vaccination Scheme, under which they are supplied with free lymph through the Public Health Laboratory Service. Arrangements have been made for vaccination to be carried out by members of the County Council's Medical Staff as required.

During the year 2,366 persons were vaccinated and 1,309 re-vaccinated, as compared with 1,714 persons vaccinated and 647 re-vaccinated during the previous year.

### Tuberculosis

In my Annual Report for last year, I expressed considerable doubt about the significance of notification rates for tuberculosis. Further study of this problem, has convinced me that no reliance whatever can be placed upon the notification rates of tuberculosis as indications of the incidence of the disease. For the last 5 years the number of cases definitely diagnosed as tuberculosis in the Tuberculosis Dispensaries, has exceeded the number of notifications. This led us to institute an informal interchange of information between the Tuberculosis Dispensaries and the Health Department, and by this means we heard of as many as 100 cases in a single year which had not been notified, although diagnosed definitely as tuberculosis. It has been the custom for the Tuberculosis Officers to rely on the family doctors to notify the cases, and often this has not been done. The complete unreliability of notification figures as an index of the incidence of tuberculosis does not, however, mean that the notification procedure itself is useless, for it is the foundation on which the Public Health Services for tuberculous patients are based. For complete knowledge of the incidence of tuberculosis. reliance must be placed upon that form of close co-operation between the Public Health Services and the Chest Services, now operated by the Hospital Management Committees, which fortunately for us is in full swing in Cornwall.

It follows from what I have said that it is impossible on the information derived from notification figures to say whether tuberculosis is becoming more or less widespread as the years go by. The mortality figures which used to be a fairly reliable index of the incidence of the disease can no longer be used for that purpose on account of modern discoveries which have preserved the lives of many who would in the old days have died from their infection. The only safe statement that can be made is that as a result of the combined efforts of the Health Services and the Chest Services, the number of deaths from tuberculosis in Cornwall has fallen to one-half the figure of 10 years ago, and that one-half of that considerable fall has taken place in the last 2 years.

The secret of success in dealing with tuberculosis lies in the complete combination of all the resources which may be directed against it. The Regional Hospital Board and the West Cornwall Hospital Management Committee made available during the year, additional beds for the accommodation of cases of tuberculosis, and this has proved of great value in the campaign against the disease, which was waged together by the County Health Department, the Regional Hospital Board and the District Councils. It cannot be too often emphasised that the glamour of new methods of attack must not be allowed to blind us to the success of the well-tried methods which reduced the death rate from tuberculosis so considerably long before these new discoveries were made. It would be dangerous to ignore the importance of good housing, the abatement of over-crowding, and good environmental hygiene, and to disregard their importance, relying entirely on the new drugs for treatment and the new vaccine for the prevention of the disease.

The new development during the year under review was the testing and vaccination of susceptible home contacts of known cases of tuberculosis, and it is pleasing to be able to report that by the end of the year, 371 susceptible home contacts had received the new B.C.G. vaccination. As one by one the Health Areas of the County are completed in that all the susceptible home contacts of known cases are protected by B.C.G. vaccination, we hope to persuade the Ministry of Health to overcome their strange reluctance to allow us to offer similar protection to all school leavers. Only 25% or so of new cases of tuberculosis can be traced to infection derived in the patient's own home, and we shall not make much improvement on the incidence of the disease until we are allowed to offer this form of protection to all adolescents. It seems to many of us that the example of the Scandinavian countries, where B.C.G. vaccination has been adopted on a large scale and the incidence of the disease has fallen so markedly that these countries are now able to offer us beds in their empty Sanatoria, should stimulate the Ministry of Health to be equally enterprising for the benefit of the people in this country.

At the end of the year there were 2,078 cases of tuberculosis on the notification register, an increase of 63 over the previous year. This figure includes 306 cases notified during the year, as compared with 271 cases notified in 1950.

		Ne	ew Ca	ases Notifi	ed		D	eaths		
Age Period		Respir	atory	Non-Res	piratory	y Respi	Respiratory Non-Respiratory			
		M	-	M		Ŵ	F		F	
0-1		-	-		-	-	-		-	
1- 5		-	2	7	8	-	2	2	3	
5-15		8	8	9	9	1	-	-	-	
15-45		74	80	5	14	17	16	3	3	
45-65		47	14	3	2	22	11	3	1	
65 and ov	rer	10	4	1	1	10	6	1	and and	
		139	108	25	34	50	35	9	7	
		2	247		59	8	85		6	
			1. IN	306	dalare		0.00	101	Chen was	

The following table shows the new cases notified and the mortality from tuberculosis during 1951.

	1947	1948	1949	1950	1951
Bones and Joints	13	. 21	11	5	12
Glands	7	4	21	16	36
Meninges	3	5	5	4	6
Abdomen and Peritoneum	1	2	4	2	2
Kidneys and Bladder	-	2	2	2	2
Others	4	1	4		1
	-	_	-	-	
	28	35	47	29	59
		-	-	-	-

The notifications of non-respiratory tuberculosis were as follows:---

The following Table shows the changes which have taken place in the mortality from respiratory tuberculosis and other forms of tuberculosis, during recent years:—

		CORNWA	LL		CORNWA	LL	ENGL	AND & V	VALES
	Num	ber of	Deaths	I	eath Ra	tes	D	eath Rat	es
	Respira-	Other	All	Respira-	Other	All	Respira	- Other	All
Year	tory	Forms	Forms	tory	Forms	Forms	tory	Forms	Forms
1931	203	61	264	0.65	0.20	0.85	0.72	0.16	0.88
1932	205	39	244	0.65	0.12	0.77	0.67	0.15	0.82
1933	205	46	251	0.65	0.15	0.80	0.67	0.13	0.80
1934	214	43	257	0.68	0.14	0.82	0.61	0.13	0.74
1935	154	49	203	0.49	0.15	0.64	0.59	0.11	0.70
1936	159	45	204	0.51	0.14	0.65	0.56	0.11	0.67
1937	168	28	196	0.55	0.09	0.64	0.56	0.11	0.67
1938	150	44	194	0.49	0.14	0.63	0.52	0.10	0.62
1939	147	33	180	0.48	0.10	0.58	0.52	0.10	0.62
1940	169	41	210	0.51	0.12	0.63	0.56	0.11	0.67
1941	156	44	200	0.42	0.12	0.54	0.57	0.13	0.70
1942	142	35	177	0.41	0.10	0.51	0.50	0.11	0.61
1943	155	46	201	0.47	0.14	0.61	0.51	0.10	0.61
1944	132	29	161	0.41	0.09	0.50	0.47	0.10	0.57
1945	136	42	178	0.43	0.13	0.56	0.47	0.09	0.56
1946	132	39	171	0.41	0.12	0.53	0.45	0.08	0.53
1947	138	28	166	0.43	0.09	0.52	0.46	0.08	0.54
1948	112	32	144	0.34	0.10	0.44	0.44	0.07	0.88
1949	127	23	150	0.38	0.07	0.45			0.45
1950	108	18	126	0.32	0.05	0.37			0.36
1951	85	16	101	0.25	0.047	0.297			0.31

The dispensary register is the responsibility of the Regional Hospital Board, but the essential liaison between the dispensaries and the Health Area Offices is secured by the attendance of Health Visitors at the dispensaries. The Table below shows the cases diagnosed at the dispensaries for the past 20 years.

Year			Res	piratory		Non-Respiratory					
-			Men Women Child- ren		Total	Men	Women	Child- ren	Total	Total	
1932		102	92	6	200	8	15	15	38	238	
1933		103	73	7	183	13	7	4	24	207	
1934		91	74	5	170	12	18	15	45	215	
1935		87	51	2	140	8	10	8	26	166	
1936		77	66	5	148	7	5	6	. 18	166	
1937		79	60	9	148	12	4	6	22	170	
1938		92	56	3	151	17	11	14	42	193	
1939		74	64	6	144	10	13	18	41	185	
1940		93	68	7	168	10	5	15	30	198	
1941		97	68	6	171	9	6	21	36	207	
1942		126	58	5	189	7	5	14	26	215	
1943		104	67	5	176	10	13	19	42	218	
1944		93	64	-	157	4	17	21	42	199	
1945		135	82	1	218	11	4	9	24	242	
1946		94	85	3	182	7	7	11	25	207	
1947		154	89	28	271	18	20	27	65	336	
1948		184	133	43	360	14	19	38	71	431	
1949		151	128	32	311	10	14	25	49	360	
1950		167	115	20	302	9	7	12	28	330	
1951		(No	t avail	able)		0.82					

NEW (DEFINITE) CASES.

It will be remembered that in my last year's report, I discussed in some detail the general problems of prevention of tuberculosis. I stressed that in view of the shortage of beds and the limited medical and nursing staff available for field work, it was impossible to make a vigorous attack against tuberculosis on a County-wide scale; in consequence, whilst in no way reducing the preventive measures at present being taken in all areas of the County, i.e. protection of contacts; re-housing of tuberculous families etc., we decided to concentrate our ancillary methods and technique, in particular mass radiography, on local authority areas, starting in areas where the incidence was excessively high. I gave some account of the preliminary survey carried out at St. Just, and below is an account of the visit of the Mass Radiography Unit to St. Just and a summary of the results achieved.

	St.	Just			Т	otal
	Churc	chtown	Pen	deen	(St. Just	U.D.C.)
Age	No.	Positive	No.	Positive	No.	Positive
(years)	tested	%	tested	%	tested	%
5-6	 23	26	31	26	54	25
7— 8	 47	38	34	58	81	47
9—10	 61	33	38	58	99	42
11—12	 59	49	20	55	79	50
13—14	 72	50	9	66	81	56
15 and over	 39	51	12	58	51	54

### Table I-Result of Tuberculin Tests

#### TUBERCULIN TESTING

A tuberculin test was offered to all children attending schools in the area. The parents were approached by means of a circular letter for permission to carry out tuberculin testing, and the response was excellent, 92% accepted.

Tuberculin jelly was used, the method being that advocated by Pointon Dick. To ensure uniformity, the application and reading of the tests was done by a team of one health visitor and two doctors. Positive reactors were graded according to sensitivity into + (slight), + + (moderate), and + + + (severe).

The results are shown in Table I above. No correlation was found between the degree of sensitivity and subsequent X-ray findings. It is interesting to note the consistently higher spontaneous conversion-rate in children of the Pendeen ward than in those of St. Just Churchtown.

### MASS RADIOGRAPHY

We were fortunate in obtaining the services of a mass-radiography unit for six weeks, and the director with his team worked very hard to make the project a success. The aim was to radiograph the largest possible proportion of the whole population, except children under 5. The survey was undertaken between January 29th and March 15th— admittedly too early in the year, but the unit was committed elsewhere for the summer. The usual nethods of advertising the presence of the unit were employed namely, posters, letters, talks with local organisations such as the British Legion and Women's Institutes, and a house-to-house canvass. I am indebted to Dr. Geoffrey Sheers for permission to publish his figures. Table II shows the response and Table III the significant results. Among the inactive groups are included many small calcified foci of no clinical significance.

	lable J	II—Respo	nse to Mass R	adiography	
				No.	%
Group		Totals	No.	radio-	radio-
			available <sup>†</sup>	graphed	graphed
School-children		524	365	294	80.54
Geevor Mine		310	310	216	69.67
St. Just U.D.C. (1	totals)	4,093	3,615	1,611*	44.5

\* 105 were X-rayed at hospital.

† 319 children under 5, and 159 tuberculin-negative school-children aged 5-11, were excluded.

# Table III-Cases Found

Pulmonary tuber	culosis	:	No. of cases	1,000 examined
Active			 12	 7.9
Observation			 13	 8.6
Inactive			 171	 113.0
Silicosis			 31	 20.6

### B.C.G. VACCINATION

It is now generally believed that B.C.G. gives some degree of protection to the susceptible and can rightly be given to contacts and those exposed to special risk.

The parents of tuberculin-negative children in the St. Just area were asked whether they would like their children to receive B.C.G. vaccine should it be considered necessary. The response was good: 82% accepted, 6% refused, and 12% did not reply to my letter. Vaccination has so far been limited to contacts of known cases; all of those willing have now been vaccinated.

#### DISCUSSION

Certain aspects of this survey have been disappointing, particularly the response to the offer of mass radiography. Early in the investigations St. Just became labelled by the press as a "black spot," a description much resented by the local council; and, though the small better-informed section reacted in a rational manner, many stayed away for fear that "something might be there. Better to live in ignorance than to know."

Much has been achieved. We now know the location of most of the dangerous sources of infection; we have an X-ray record of the school population, together with the record of their tuberculin reactions; and we have the co-operation of parents to carry out B.C.G. vaccination where necessary. We have the promise of mass radiography in St. Just for three or four days yearly—a time long enough to allow annual examination of all children aged 11+. This has all been achieved by the use of the resources on the spot-the general practitioners, the health visitors, the district nurses, and the school medical officers. We have therefore, I feel, evolved a practical method which can be used in other parts of the county.

There are, I believe, strong grounds for extending B.C.G. protection.

Anderson emphasises that when vaccination is confined to contacts, many children are missed who subsequently develop tuberculosis; and that natural tuberculin conversion occurs mainly in the age-group 15—25. He therefore advocates the use of B.C.G. for all school-leavers. In an area such as St. Just, where the incidence of tuberculosis is high, conversion apparently occurs soon after entry to school, and, should this finding be confirmed, it would be reasonable to use B.C.G. early in school life.

### CARE AND AFTER-CARE

# Tuberculosis.

The environmental circumstances of each newly notified case of tuberculosis are reported upon by a Health Visitor unless the medical practitioner indicates that he does not wish the patient to be visited. The Health Visitor arranges for the patient and contacts to attend at the nearest dispensary, where the report is available to the Tuberculosis Officer.

If a domiciliary visit is necessary, this is arranged by the Health Visitor. The Tuberculosis Officer refers appropriate cases to the National Assistance Board, issues any certificates required, (e.g. for the exclusion of a child from school), and advises the Health Area Office of any such action taken by completing a report form which is forwarded with the report on home conditions and also contains any recommendation the Tuberculosis Officer may wish to make regarding re-housing, the loan of a shelter, bed or bedding, or the the grant of extra nourishment, etc.

Recommendations for after-care are made on purely clinical grounds and the decision whether it should be provided by the County Council is made by the Assistant County Medical Officer after investigation of the financial circumstances of the patient.

117 patients received after-care grants during the year, and 73 were in receipt of grants at the end of the year.

The closest co-operation between the Health Area Office and the National Assistance Board ensures that everything possible is done to secure the social and physical welfare of patients and their families through the financial assistance of the Board and the after-care service of the County Council.

The Tuberculosis Officers, who are responsible for the treatment of tuberculosis, are concerned also with preventive and care work, and are accordingly appointed jointly by the Regional Hospital Board and the County Council.

The nursing of patients in their own homes is undertaken by the County Council's District Nurses and nursing requisites are available from the nurses' loan cupboards.

In addition to the liaison with the National Assistance Board referred to above, close co-operation is maintained with Welfare Officers and with the Children's Officer, who has done invaluable work in arranging for the care of children of tuberculous parents who would be exposed to considerable risk of infection if allowed to remain in their own homes; for the temporary care of children to facilitate the institutional confinement of the mother where this has been necessary for medical or environmental reasons; and in many other directions where the duties of the Children's Department are related to the work of the Health Department.

Workshops and Settlements — The County Council has undertaken financial responsibility for the training of two patients in Papworth Village Settlement.

Care and After-Care of Other Types of Illness — Illness generally — During the year under review much has been done to co-ordinate the health visiting, home nursing and home help schemes and to establish close co-operation between these services and the almoners of local hospitals. Co-operation has also been established with the Welfare Officers and the Children's Officer, the Area Officers of the National Assistance Board and other official and voluntary agencies.

#### HEALTH EDUCATION

The aim of Health Education is to ensure that every person should live a normal life without unnecessary sickness or discomfort. Much illness could and should be avoided, and this preventive aspect of Public Health is carried out by doctors, health visitors and nurses. By telling the public those factors which favour or prevent disease we hope to reduce the incidence of sickness. From a financial point of view it is more economical to prevent illness than to treat established disease. The chief obstacle is to arouse sufficient public interest in positive health.

The County Council continue to take advantage of the services of the Central Council for Health Education by contributing to its funds 10/- per 1,000 of the population. These services include residential courses for health visitors and teachers, touring lecturers, and propaganda material and literature — posters and leaflets, the latter being free to the value of one-sixth of the contribution. There is also a central library from which books on health education can be borrowed free of charge.

In the Spring the Central Council for Health Education held a two day course on the "Principles, Methods and Media of Health Education," at St. Austell. This course was well attended by district Medical Officers of Health, School Medical Officers, Health Visitors and Nurses, who found the lectures and discussions most stimulating. At the same time there was a one day course for Head Teachers or their deputies on Health Education in Schools, and another one day course for staffs of Children's Homes and Nurseries, Probation Officers and others, on "Looking after Children."

The Central Council also held an open evening meeting on the "Problems of Child Care," and an evening meeting for food handlers on "Food Hygiene."

The work of educating the public in healthy living is mostly done by Health Visitors and District Nurses in the homes they visit. In this way special reference can be given to individual problems. Talks and demonstrations with poster display and distribution of leaflets were also given at Welfare Centres and in schools as follows:—

# Area I

Vaccination and Diphtheria Immunisation. Food Protection. Improvising a Cot. Family Budgeting. The way to dress a Baby. Prevention of Accidents. Prevention of Accidental Suffocation. Development of Teeth. Nursing of Measles. Cleaning of feeding bottles. How to Prepare Baby's Feeds. Growth and Development at different age periods. Prevention of Colds. Keeping Milk fresh and clean.

# Area II

Feeding Infants. Clothing Infants. Bottle Hygiene. Dangers of Flies. Bedding. Teeth.

# Area III

Bathing baby. Feeding children. Gas and air analgesia. Prenatal and post natal exercises and relaxation.

# Area IV

Prevention of Disease.
Nail Biting.
Importance of Bathing.
Summer Diarrhoea.
Prevention of Infection.
Food and Flies.
Nails and Teeth.
Prevention of Accidents in the Home.

# Weaning. Breast feeding. Artificial feeding. Diets. Vitamins. Toddlers' Meals. The Difficult Toddler. Value of Sleep. Posture. Care of Hair. Food Hygiene. Dangers of House Flies. Layette. Feet. Infectious Diseases. Care of Napkins.

Food. Feeding Habits. Prevention of Infection. Prevention of Accidents. Vaccination and Immunisation.

Discussion and demonstration of needlework. Infant feeding. Precautions against current infections. Informal discussions on mothercraft.

Deportment. Home Nursing. Relaxation and Exercises. Gas and Air Analgesia. Diphtheria Immunisation. Diet during Pregnancy. Cleanliness and Care of Skin. Vitamins. Food Priorities.

### Area V

A Health Education stand was displayed in the Traders' Exhibition in Wadebridge, and was most successful. Over 3,000 people saw the exhibition material which covered food poisoning, tuberculosis, diphtheria immunisation and general subjects. Great interest was taken by the public in these topics and the Nurses and Health Visitors on duty answered many questions and gave further information.

# Area VI

Dental Caries. Food Handling. Prevention of Infection. Rules of Health. Infant Feeding. Relaxation Exercises. Mothercraft. Infant Management.

### Area VII

Breast Feeding. Toddlers' Diet. Toddlers' Clothing. Home Nursing. Cleanliness. Development of Child. Measles. Fireguards. Coughing and Sneezing and Handkerchief Hygiene. Rashes in Babies. Food Hygiene. Fly abatement and Refuse Disposal. Poliomyelitis. Personal Cleanliness.

Value of Priority rations and Vitamins. Individual Problems. Dentition. Minor ailments of Children. Vaccination and Immunisation. First Aid. Infantile Paralysis.

Sleep. Immunisation and Vaccination. Vitamins. Safety first in the Home. Conduct of Labour. Rules of Health. Care of bottles and teats. Ear, Nose and Throat. Dentition. Personal Hygiene. Fresh air and Exercise. Care of Teeth. Hand Washing. Minor Ailments. Whooping Cough.

The Cine-projector has been used throughout the County and proves very popular. Films have been shown following a lecture on such subjects as Food Poisoning, Accidents in the Home, Parentcraft, to audiences including Women's Institutes, Food Handlers, Parent-Teachers' Associations, Schools, Mothers at clinics, Old People's Clubs, nurses, midwives and others. Film shows have been given 68 times during the year.

Two film strip projectors have also been provided by the Council. These are used by doctors and nurses to illustrate health talks.

# MENTAL HEALTH

# General

In spite of the helpful co-operation of the Regional Hospital Board, and particularly of the Royal Western Counties Institution at Starcross, one of the most pressing problems during the year was caused by the shortage of accommodation in Certified Institutions for low-grade cases. A glance at the Tables in this section of the Report will show that there were very few higher grade defectives on the waiting list, but imbeciles and idiots accounted for 27 of the 34 cases still awaiting admission. It is understood that the difficulty in providing accommodation for cases of this kind depends upon the difficulty of getting staff rather than finding sufficient beds.

Another problem in connection with accommodation which was brought to the fore during the year was that connected with senile dementia. Owing to the lack of suitable accommodation in this County for elderly patients of this kind, they had of necessity to be certified and admitted to St. Lawrence's Hospital at Bodmin. These patients are, of course, not able to exercise the necessary volition to be admitted as voluntary patients, and therefore certification is necessary. This is not good from the point of view of the patient and his family, nor is it good from the point of view of St. Lawrence's Hospital which should be concentrating on treatable cases rather than on providing nursing care and attention for these elderly hopeless patients. It is noticed in the Annual Report of the South Western Regional Hospital Board that 3 long-stay Annexes have been equipped for senile patients in other parts of the Region, and such an Annexe is certainly much to be desired in this part of the Region.

It has been impossible, owing to lack of staff, to give the care and help to the 526 mentally defective persons residing in Cornwall to the extent that we undoubtedly should do. The establishment provides for a Senior Mental Health Worker and 2 others for this very large number of patients. Even though we had been able to maintain the staff at that strength, it is obvious that the task would be more than they could undertake. It is hoped that the merging of the Health and Welfare Departments will give an opportunity to allocate more staff time to this work which is so urgently required.

We had hoped that it would have been possible to establish in some suitable place, an Occupation Centre which could be attended by a number of the defectives living at home. It is unfortunate that the financial stringency of the times has made it necessary to postpone this very desirable addition to our Service.

# REPORT OF COUNTY PSYCHIATRIST

#### 1. Administration

#### (a) Constitution and Meetings of Mental Health Sub-Committee

The constitution of the Mental Sub-Committee remains unchanged, and the Committee continues to hold quarterly meetings.

# (b) Number and Qualifications of Staff Employed in the Mental Health Service

The County Psychiatrist is in charge of the Mental Health Section of the Health Department, and although he also conducts the Council's Child Guidance Service, on behalf of the Education Committee, he is always available for consultation and advice on all matters relating to Mental Deficiency and Mental Illness. The administrative work of the Mental Health Section is carried out by the Senior Mental Worker and an assistant, and the Senior Officer also conducts duties in the "Field." He is supported by two Mental Health Workers, and a Social Worker, who is employed on a part-time basis between the Mental Health and the Child Guidance Services.

Seven Duly Authorised Officers, who are also Senior Clerks in Health Area Offices, are responsible for the initial steps for ensuring care and treatment of persons suffering from mental illness, and these Officers have had long experience of their duties under the Lunacy and Mental Treatment Acts. Details of the staff engaged in the Mental Health Service is given at the beginning of this report.

# (c) Co-ordination with Regional Hospital Boards and Hospital Management Committees

No arrangements have been found necessary for the joint use of staff, but a very close liaison has been maintained throughout the year with the South Western Regional Hospital Board and the local Hospital Management Committees. The utmost assistance has been given by the Board in allocating vacancies for Mental Defectives requiring Institutional care, and during the year 34 cases have been admitted The supervision and guidance of patients on Licence from Institutions for Mental Defectives and resident in the County has been carried out on behalf of the various Hospital Management Committees.

## (d) Duties Delegated to Voluntary Associations

No Mental Health duties have been delegated to Voluntary Associations, other than the continuance of existing arrangements whereby two mental defectives are supervised by the Brighton Guardianship Society. The National Association for Mental Health has been approached on occasions for information concerning accommodation for specified cases of Mental Deficiency.

### (e) Training of Mental Health Workers

Owing to shortage of Mental Health staff, it has not been possible to arrange for Officers to attend courses of training requiring a long absence from duty. It has been decided, however, to carry out a scheme of "In Service" training, and a locally arranged training course for Mental Health Workers and Duly Authorised Officers will commence early in 1952. Local conferences of Officers have been held, with a free exchange of views and ideas.

#### 2. Work Undertaken in the Community

### (a) Under Section 28, National Health Service Act, 1946

The number of cases dealt with under this Section during 1951 has been disappointingly small, owing to lack of trained staff to undertake this work. The Mental Health Workers, owing to duties under the Mental Deficiency Acts, have been unable to undertake the after-care of more than a few special cases. It is hoped, however, following the training course referred to in the preceding paragraph, to arrange for duties under Section 28 to be undertaken by the Duly Authorised Officers during 1952.

# (b) Under the Lunacy and Mental Treatment Acts, 1890-1930 by Duly Authorised Officers

Whilst the Duly Authorised Officers in Cornwall are also Senior Clerks in the Health Area Offices, and are thus concerned with the Mental Health Service in a part-time capacity, they are encouraged to assist local practitioners and the general public in all aspects of mental health. In addition to their Statutory duties, the Duly Authorised Officers assist where necessary with the admission of voluntary and temporary patients, including the provision of transport where required. Close liaison is also maintained with the medical staff of the Mental Hospital.

### (c) Under the Mental Deficiency Acts, 1913-1938

### (i) Ascertainment

The majority of cases reported to the Local Health Authority during 1951, have been referred by the Education Committee under Section 57(3) and 57(5) of the Education Act, 1944, and these cases have been dealt with either by placing under Statutory Supervision or by admission to an appropriate Institution. Cases reported from various sources, at a later date, not having been notified whilst at school, are personally visited by the County Psychiatrist, and reported to the Mental Health Sub-Committee with a view to ascertainment. It is worth noting that during the year two cases previously notified by the Education Committee under Section 57(3) of the Education Act, 1944, have been re-admitted to the education framework under the Education (Miscellaneous Provisions) Act, 1948.

Vacancies in Institutions have increased during the year, and although the position in respect of low grade defectives is still inadequate, it has been possible, through the co-operation of the Regional Hospital Board, to obtain an encouraging number of vacancies for low grade cases, urgently needing accommodation. The list of cases awaiting admission to Institutions has been carefully revised and amended. It has been possible to reduce the number of patients on this list from the figure of 84 at 31st December, 1950, to the present one of 34.

A detailed analysis of ascertainment, admissions to Institutions, and cases awaiting admission is shown in the tables at the end of this section.

### (ii) Guardianship and Supervision

There are 11 cases under Guardianship in the County and these patients receive regular visitation by the Mental Health Staff, and an annual visit by the County Psychiatrist. Two Cornish cases resident in the County of Devon are supervised by that Authority, and two further cases in Brighton are supervised by the Brighton Guardianship Society. All Guardianship cases receive maintenance allowances from the National Assistance Board, and the County Council assists two cases only, by way of clothing allowances.

There are 491 cases under supervision in the County, and a detailed analysis of these appears in the tables. Visits are paid to all defectives by the Mental Health Workers and help and advice given. Assistance in obtaining employment is rendered in suitable cases. Staffing problems have again curtailed both the quantity and the detail of the work undertaken but it is hoped that this position will be more than remedied in 1952. The necessary arrangements have been made for the periodical medical examination of all defectives of school age, in order that they shall be afforded the same routine medical inspection as the normal school child. This scheme will commence in January, 1952, and will be operating for the first time in Cornwall.

# (iii) Occupation and Training

During the year, a survey of defectives of school age in the community has been conducted, with a view to ascertaining the number of possible cases for attendance at an Occupation Centre. It has been established that such a Centre could be organised, but that the cost of transport of patients would be high. In view of the present financial situation, it is unlikely that approval will be given for such expenditure during the coming year, but the need for this type of training is fully realised, and it is hoped that an Occupation Centre will be provided as soon as conditions permit. There is no scheme for the home teaching of defectives, as it is felt that a day Occupation Centre is far preferable, and its possibility should not be diverted by a Home Teaching scheme.

#### Mental Health Statistics at 31st December, 1951

#### 1. Mental Patients

(a) Adn	nission	ns du	ring th	ne yea	r by	Duly	Aut	horis	ed Of	fficers		
Name of							Sec	tion	Sect	ion		
Hospital.	Cer	tified	Volu	ntary	Temp	orary	2	0.	21	1.	Tot	tal
	Μ	F	М	F	M	F	М	F	М	F	м	F
St. Lawrence	e's											
Hospital,	67	117	36	61	1	3	3	1	5	6	112	188
Bodmin.												
Moorhaven												
Hospital,	1		-	-		-	-		1		2	-
Devon.												
Total	68	117	36	61	1	3	3	1	6	6	114	188

Total admissions during 1951 by Duly Authorised Officers ... 302

(b) Admissions of Cornish Patients during the year from all sources.

Name of Hospital	Cer	tified	Volu	ntary	Temporary	Tot	tal
and provide the second s	M.		M.		M. F.	M.	F.
St. Lawrence's							
Hospital,	67	117	159	216	1 5	227	338
Bodmin.							
Moorhaven							
Hospital,	1	-	8	19		9	19
Devon.				Children and			
Totals	68	117	167	235	1 5	236	357
And the second s							

Total admissions during 1951, of Cornish patients ... 593

(c) Number	rs of Cornish Pat	ients in	Hospital	s at the 31st Dec	ember, 1951
Name of					
Hospital	Certified	Volu	ntary	Temporary	Total
	M. F.	М.		M. F.	M. F.
St. Lawrence's					
Hospital,	421 547	81	135	- 1	502 683
Bodmin.					
Moorhaven					
Hospital,	3 4	2	3	10 10	5 7
Devon.					
Totals	424 551	83	138	- 1	507 690
Total o	f Cornish Patien	ts in H	ospitals	on 31.12.1951	1197
2. Mental Defi					
	r of New Cases r	eported	during t	he vear.	
How Rep		ported	M.	F.	Total
	the Education			r.	Total
Committee:-					
	Act, 1944.				
(a) Section			20	15	35
			20	and the second sec	
(b) Section			10	1 8	1
(c) Section		and	13	0	21
	om other Sources		-		11
ascertained	as mental defe	ctives	7	4	11
Total	s		40	28	68
(b) Cases r	esiding in the C	ommuni	ty.		
Type of	Case		Μ.	F.	Total
(1) Under Statu	tory Supervision		250	219	469
(2) Under Frier	ndly Supervision		9	13	22
(3) Under Guar	dianship		5	6	11
(4) On Licence	from Institutions	, but			
supervised	by County Co	uncil	9	15	24
(these figure	es also included in	n			
Table (e)).					
Total			273	253	526
(c) Cases a	waiting admissio	n to Inc	titutions	- the section of the	
(c) Cases a Classificat	waiting admissio	n to ms		F.	Total
	Contraction and the second second second		М.	F.	Total
	e of 16 years.		0	0	and the second second
(a) Idiots			2	2	4
(b) Imbecil			3	1	4
ICI Meeble	Minded Persons		5	1	6
	ge of 15 years			and dog hand here	A SA SA
(2) Under the a	ge of to years.		0	0	
(2) Under the a (a) Idiots			2	2	4
<ul><li>(2) Under the a</li><li>(a) Idiots</li><li>(b) Imbecil</li></ul>	es	 	10	2 5	15
<ul><li>(2) Under the a</li><li>(a) Idiots</li><li>(b) Imbecil</li></ul>		 			

Name of Institution	M	and the second second	ficiency Section , or 9	Mental I Acts, S			Total
		М.	F.	М.	F.	М	. F.
Royal Western Counti	es						
Hospital Group		10	6	2	2	12	. 8
Other Institutions		5	5	2	2	7	7
Totals	?	15	11	4	4	19	15
Total	admis	sions du	ring 195	1			34

(d) Cases admitted to Institutions during the year.

### (e) Cases in Institutions (Including Licence Cases)

Name of Institution	М.	F.	Total
Royal Western Counties Hospital Group	148	130	278
Other Institutions Cases in other Institutions in "Place	64	43	107
of Safety'' Accommodation	1	1	2
Totals	213	174	387

### CARE OF THE AGED AND INFIRM

In September a meeting was held of the leaders of the Women's Voluntary Service, Women's Institutes, British Legion (Women's Branch), St. John Ambulance Brigade and British Red Cross Society. It was felt that many Aged and Infirm living alone needed more help in carrying out everyday activities than could be given by the Home Nursing and Home Help Services. This need could best be supplied by voluntary help. The leaders of all five organisations agreed to ask their members to volunteer for this work in their own localities.

Further meetings were held in each of the seven Health Areas, of area representatives under the Chairmanship of the Assistant County Medical Officer for each area. Representatives were willing to co-operate and schemes were planned.

Arrangements vary in each area. Whichever organisation is best represented in a particular village appoints a member to co-ordinate the work, by compiling a list of members who offered help.

It is hoped that the help of what we might call 'poppers in,' would cover such things as help with shopping, changing library books, occasionally cooking a meal, assistance in helping the aged and infirm to go to a place of worship or entertainment, help with writing letters and generally relieve the feeling of isolation which might easily arise. It is also hoped that this help would to some extent relieve hospital beds of long-stay patients who are not in need of continuous medical care as provided in a Geriatric Unit.

# **BLIND PERSONS**

### General

The increase in the number of blind persons in the last ten years from 815 to 859 is at first sight alarming, but an analysis of the figures provides solid grounds for satisfaction.

During this period of ten years, the number of young blind persons under the age of 21 has fallen from 30 to 21, and it is found that the increase in total is entirely due to the rise in the number of blind persons over the age of 70 from 422 to 477. Increasing length of life brings with it of course, one of the greatest risks of old age, namely, blindness, and as long as we are able to postpone the onset of blindness from youth to old age, we have some cause for satisfaction.

It is interesting also, that during the same period of ten years, the number of blind persons who first became blind before their first birthday fell from 72 to 59 and it is indeed a rare event nowadays for a child to be born blind, or to acquire blindness before its first birthday.

One of the commonest causes of early blindness used to be an inflammation of the eyes occurring shortly after birth; this has been eliminated by modern midwifery practice to such an extent that in another part of this report, I am able to say that for the first year on record, no child in the County was notified as suffering from ophthalmia neonatorum during the year.

Sections 29 and 30 of the National Assistance Act 1948, which came into operation on 5th July 1948, superseded much previous legislation for blind persons and gave Local Health Authorities the power (subsequently made a duty by direction of the Minister of Health), to promote the welfare of blind and partially-sighted persons.

The Act permits the Local Health Authority to carry out its duties through duly registered voluntary bodies, and advantage was taken of this permissive clause to arrange for the work to be continued by the Cornwall County Association for the Blind.

There are 6 Home Teachers, five sighted and one blind. The Home Teaching service of the County Blind Association includes regular visits to the blind and observation cases, instruction in Moon and Braille reading, assistance in obtaining pensions, Social and Industrial Rehabilitation etc., and advice on the prevention of blindness. There are 16 blind Home Workers in the County.

There were 859 registered blind persons on 31st March, 1952 (320 males and 539 females), an increase during the 12 months of 30.

				11. 1000		Occurred	
		Males	Females	Total	Age a	t which Blin	ndness
Age Peri	iod	Age Gro	oups of Blind	Persons	Males	Females	Tota
0		-	1	1	26	33	59
1		-	-2408	1824310	18		-
2		-	-	-	2		2
3		1	-	1	2	1	3
4		-		-			-
5-10		4	1	5	11	13	24
1-15		4	4	8	4	8	12
6-20		4	2	6	12	5	17
21-30		7	16	23	17	27	44
31-39		14	14	28	24	21	45
0-49		27	27	54	40	57	97
0-59		50	48	98	49	78	127
60-64		32	35	67	31	58	89
65-69		39	52	91	21	56	77
70 and c	over	138	339	477	81	182	263
Totals		320	539	859	320	539	859

New cases registered during the year:-

	FILLO	A	ge Groups	tub stool	A	ge at Onset	
Age Peri	iod	Males	Females	Total	Males	Females	Total
0-1		11 1000	1	1	thatter ou	1	1
2-4		_	-	_	-		
5-10				10-01			-
11-15		BARE FRE	1	1	ada St	1	1
16-20		dire-olitat	Biola - Doles		MAR - Tra	there are st	-
21-30		1	1	2	1	1	2
31-39		2	2	4	2	2	4
40-49		5	3	8	7	5	12
50-59		7	5	12	6	7	13
60-64		5	5	10	5	8	13
65-69		3	9	12	3	11	14
70 and 0	over	21	58	79	20	49	69
Totals		44	85	129	44	85	129

It will be seen from these tables that the incidence of blindness becomes more frequent with advancing age. The majority of blindness in people over 70 is due to cataracts.

There is only one case of blindness in a baby under 1 year. This is due to a congenital defect of the eyes.

66

Blind Children under 16 years: 1. Age under 2	Males	Females 1	Total 1
2. Age 2— 4 + Educable Ineducable	1	-	1
	1	1	2
3. Age 5—15 + Educable			
Attending Special School for the Blind (i) Blind with NO other defects (ii) Blind WITH other defects	5	3	8
Not at School (i) Blind with NO other defects (ii) Blind WITH other defects	1	1	2
	6	4	10
Ineducable In M. D. Institutions (i) Blind (ii) Blind with multiple defects	-2	natow Stan	
At home or elsewhere (i) Blind (ii) Blind with multiple defects	-		
	2	1	3
Total Children	9	6	15
Education, Training and Employment (Age p	eriods 16	years and u	pwards)
1. At School	Males	Females	Total

1. At School				
Age Group 16—20 1		-	1	1
2. Undergoing Training		5	100-00	5
3. Employed				and ones
<ul><li>(a) In Workshops for the Blind</li><li>(b) As approved Home Workers</li></ul>		9	7	16
All others not included in (a) or (b)		23	7	30
Total employed	•••	32	15	47

			Males	Females	Total
4. Unemployed					
Not training but trainable			5	-	5
Not available for Employmen	t:				
Age group 16-59			22	49	71
Age group 60-64			12	18	30
Not capable of work:					
Age group 16-59			46	46	92
Age group 60—64		·	18	14	32
Not employed over 65			171	390	561
Tetal					
Total unemployed			274	517	791
Grand total			311	533	844
				100000000000000000000000000000000000000	

Occupations of Employed Blind Persons:

	Within Work shops for	In approved Home Workers	Others not Pastime	
	the Blind	Schemes	workers	Total
Agricultural Workers .	—		4	4
Basket Workers	—	5	by both an	5
Boot Repairers	–	-	2	2
Carpenters and Woodworke	rs —	-	2	2
Chair Seaters	1	and the the state	W 1-0	1
Clerks and Typists .	–	_	2	2
Dealers, Tea Agents, News	3-			
agents, Shopkeepers .		Children (	2	2
Domestic Workers	—	_	2	2
Home Teachers	–	-	1	1
Machine Knitters		7	and the same	7
Masseurs and Physiotherapi	ists —	-	1	1
Mat Makers	—	-	1 foods	1
Ministers of Religion .	—	- 1 02	3	3
Musicians and Music Teach	ers —	1	1	2
Newsvendors and Hawken	rs —		1	1
Piano Tuners	—	3	- borot	3
Poultry Keepers	—	IIII ant - radita	2	2
Telephone Operators .		STORY NILLE BAYS	2	2
Miscellaneous	(0)	io (A) <u>al</u> babailor	4	4
	Tommer an	a do the lose a		
	1	16	30	47

# Physically and Mentally Defective and Mentally Disordered Blind

Persons	(All	ages)	
---------	------	-------	--

		Males	Females	Total
(a) Mentally Disordered	 	6	11	17
(b) Mentally Defective	 	6	4	10
(c) Physically Defective	 	42	68	110
(d) Deaf without Speech	 	-	-	-
(e) Deaf with Speech	 	4	2	6
(f) Hard of Hearing	 	15	21	36
Combination of (b) and (c)	 	2	1	3
Combination of (c) and (d)	 	_	1	1
Combination of (c) and (e)	 	1	2	3
Combination of (c) and (f)	 	3	3	6
		-		
		79	113	192

Blind Persons age 16 and upwards resident in:-

		Males	Females	Total
Residential accommodation provi	ided			
under Part III of the 1948 Ac	t			
(viz. Sect. 21)				
(a) Homes for the Blind		 11	18	29
(b) Other Homes		 2	7	9
Other Residential Homes		 -	5	5
Mental Hospitals		 6	11	17
Mental Deficiency Institutions		 3	2	5
Other Hospitals		 8	16	24
		A Long State	de la compañía de la comp	
		30	59	89

# **Partially Sighted Persons**

A partially sighted person is one who is not blind within the meaning of the National Assistance Act, 1948, but who is, nevertheless, substantially and permanently handicapped by congenitally defective vision, or in whose case illness or injury has caused defective vision of a substantial and permanently handicapping character. "Partial Sight" has a corresponding meaning.

A register of partially sighted persons is being compiled. These people are entitled to the services and facilities provided for blind persons.

# LABORATORY FACILITIES

The Royal Cornwall Infirmary, Truro, Pathological Department, under the charge of Dr. F. D. M. Hocking, continues to carry out the chemical analysis of water, sewage effluent samples, etc., which is beyond the scope of the free service provided by the Public Health Laboratory Service. Specimens of water and food, etc., are sent to the Laboratory of the Public Analyst.

#### INSPECTION AND SUPERVISION OF FOOD

#### REPORT OF CHIEF INSPECTOR OF FOOD AND DRUGS

During the year 1,694 samples of food and/or drugs were taken embracing a variety of foodstuffs in everyday use. With regard to samples other than milk many of these are of local manufacture and it speaks well of the County that of a total of 538 samples, only 2 out of 6 samples reported as incorrect or irregular, have their origin in Cornwall, These two samples, namely ice cream, were found to be deficient in fat and verbal warnings were issued. This is in accordance with the policy endorsed by the County Council where, in view of the new Standards Order, it was thought desirable to take informal samples in the first instance; any irregularities being dealt with by means of a caution and formal samples taken after a reasonable time. These samples if falling below the standards will result in legal action.

One instance was reported of a quantity of cornflour containing rodent excreta. Owing to a lacuna in the period of transmission of the item to the sampling officer, it was considered unwise to institute proceedings and a caution was sent to the wholesaler.

The irregularities in connection with these kinds of foodstuffs represents 1.1%.

1,156 samples of milk were also taken. 39 were adversely reported on by the Public Analyst. One vendor considered it necessary to augment his milk supply by the addition of water dipped from a roadside ditch. Unfortunately for him, a sampling officer, who witnessed the performance from a concealed position, was able to take samples and the offender had to appear in the police court. Fines totalling  $\pounds 45.0$ s.0d. and  $\pounds 8.5$ s.0d. costs were inflicted.

Another instance involving obstruction of the sampling officer was disclosed when the vendor of the milk, in order to prevent a sample being taken, upset twelve gallons of milk on the floor of his dairy. In spite of this the sampling officer managed to obtain a sample and also purchased two other samples from the same source from a distributor and proceedings were instituted under the Food and Drugs Act, 1938, section 83(3) and the Food and Drugs (Milk, Dairies and Artificial Cream) Act, 1950, section 9. Convictions resulted on all charges. A further charge was preferred by the Ministry of Food under the Wastage of Food Order, 1940. Total fines were  $\pounds 12.7s.0d$ .

It is indeed unusual to find a defendant who eventually admits putting water in milk and among sampling officers generally, the question, "Who did in fact water the milk?" is one which remains unanswered. However, in one prosecution during the year, a farmer was charged with selling adulterated milk and he in turn used section 83(1) of the Food and Drugs Act, 1938 to charge his son-in-law as the actual offender. This offender admitted adding the water and was convicted and fined £20.0s.0d. and £5.2s.0d. costs.

Action ta	ken in	respect	of Ac	dul	terated	Milk.
-----------	--------	---------	-------	-----	---------	-------

		i taken in respect	or maniferated in	in.
sar	o. of mples olved	Nature of adulteration	Action	Result
Distributor	1	3.4% deficient in fat	Reported to M.O.F.	
Producer-retailer	4	Deficient in S.N.F.	Cautioned	
Producer-retailer	3	8% and 6% added water	Proceedings	Fined £15.0.0 Costs £ 6.8.0
Producer-retailer	1	24% added water	Proceedings	Fined £15.0.0 Costs £ 5.0.0
Distributors	2	3% and 8% deficient in fat	Reported to M.R.O.	
Farmer	1	11% deficient in fat	Reported to M.R.O. and M.M.B.	
Farmer	2	19% and 8% deficient in fat	Reported to M.R.O. and M.M.B.	
Farmer	1	10% added water	Proceedings	Fined £ 5.0.0 Costs £ 4.1.0
Producer-retailer	3	15% added water	Proceedings	Fined £45.0.0 Costs £ 8.5.0
Producer-retailer	3	10%, 5% and 23% deficient in fat	Cautioned— Further samples to follow	
Producer-retailer	1	3% added water	Cautioned	
Producer-retailer	2	8% and 9% added water	Proceedings	Case dismissed
Producer-retailer	1	25% deficient in fat	Proceedings	Fined £ 4.0.0 Costs £ 3.2.0
Farmer	3	33%, 17% and 16% added water (Obstructing sampling officer)	Proceedings	Fined £ 5.5 0 incl. costs
		Wastage of Food	Proceedings by M.O.F.	Fined £ 5.0.0
Producer-retailer	4	32%, 19%, 10% and 31% deficient in fat	Proceedings	Fined £10.0.0 Costs £8.13.0
Producer-retailer	1	30% deficient in fat	Proceedings	Fined £20.0.0 Costs £ 5.2.0
Farmer	2	30% and 16% added water	Proceedings	Fined £40.0.0 Costs £7.17.0
Producer-retailer	2	16% added water	Proceedings	Employee charged—pleaded guilty. Fined £20.0.0 Costs £ 5.2.0
Farmer	1	19% added water	Proceedings	Fined £ 5.0.0 Costs £ 4.1.0
Producer-retailer	1	Slightly deficient in fat	No action— Further samples to follow	in all the state
In considering the 39 irregular samples it is pointed out that these were not all in respect of added water. No less than 16 involved deficiencies in fat, some of which were traced to the cows. These were reported to the Milk Regulations Officer. In one instance proceedings were instituted and convictions obtained in the court.

An overall picture shows that 2.6% of the samples taken were irregular or adulterated.

It is estimated that there are some 8,600 farmers producing milk and 1,000 registered distributors. These latter naturally receive more attention from the sampling officers than do the farmers, who in the main, send their milk to the Milk Factories. Farmers, of course, are not exempt from the attention of the sampling officers and four offenders were prosecuted. In one case the maximum penalty was imposed.

The question of more severe penalties has cropped up from time to time and it certainly seems that a provision for the cancellation of registrations of a licence to sell would be a real deterrent.

### Heat Treated Milk

During the year 433 samples of heat treated milk were taken, the average analysis showing 4.12% fat and 8.90% solids not fat.

#### School Milk

The Milk supplied to schools has also received attention and 184 samples were taken resulting in the following averages, 3.8% fat and 8.87% solids not fat.

# SANITARY CIRCUMSTANCES

# REPORT OF THE COUNTY SANITARY OFFICER

The following is a summary of the work carried out during	g the	year:-
Pasteurising plants and other dairy premises inspected		225
Visits in relation to works of sewage disposal		23
Visits in relation to works of water supply		37
Visits to school premises		366
Ministry Inquiries attended		11
		195
Samples of Pasteurised Milk submitted for examination		228
Samples of School Milk submitted for examination		343
Samples of Milk submitted for biological examination		34

## MILK-SPECIAL DESIGNATIONS

#### **Pasteurised Milk**

The Food and Drugs (Milk, Dairies and Artificial Cream) Act, 1950, came into operation on the 1st January, 1951, and re-enacts, with the necessary amendments the Milk (Special Designations) Act, 1949 and certain sections of the Food and Drugs Act, 1938, and the Food and Drugs (Milk and Dairies) Act, 1944. The County Council, as the Food and Drugs authority, are now the licensing authority for the granting of Dealers' (Pasteurisers') licences authorising the use of the special designation "Pasteurised" in relation to milk pasteurised on the premises of the applicant, and the responsibility for the taking of samples and the inspection of premises has been placed upon the licensing authority in order to ascertain if the conditions of the licence are being and will be complied with.

Licences have been granted in respect of nine premises through-out the County for the pasteurisation of milk. These deal with upwards of 120,000 gallons of milk per day, of which approximately 70,000 gallons per day are pasteurised. The bulk of the remainder is brine cooled and sent to the London market.

Of these plants, the methods adopted for pasteurising the milk are, six by the High Temperature Short Time (H.T.S.T.) process in which the milk is retained at a temperature of not less than  $161^{\circ}$  Fah. for at least 15 seconds and immediately cooled to a temperature of not more than  $50^{\circ}$  Fah. and three by the Positive Holder process in which the milk is retained at a temperature of not less than  $145^{\circ}$  Fah. and not more than  $150^{\circ}$  Fah. for at least 30 minutes and immediately cooled to a temperature of not more than  $50^{\circ}$  Fah.

During the year 225 inspections of these dairies were made and 228 samples of Pasteurised Milk taken and submitted for Phosphatase and Methlyene Blue examination with the following results:—

No. of	Phospha	tase Test	Methylene Blue Test			
Samples	Satisfactory	Unsatisfactory	Satisfactory	Unsatisfactory		
228	207	13	216	2		

Of these samples 10 were submitted for the Phosphatase Test only and in respect of the 8 samples the test was rendered void at the laboratory, but of the 13 samples which failed to pass the Phosphatase Test, 9 were taken from one creamery following trouble with the pasteurising plant. Since this was rectified samples have been generally satisfactory.

Unsatisfactory samples are followed up, and further samples taken after advice has been given on the possible cause of failure of the sample to comply with the standard laid down. A report is made to the Area Milk Officer of the Ministry of Food of any sample failing to comply with the test and a monthly report on all samples is made to the Ministry.

The results of the examination of samples are furnished to the Managers of creameries and to the Medical Officers and Sanitary Inspectors of the district in which the creameries are situated.

Samples of pasteurised milk have been taken regularly by the Food and Drugs Department and of 433 samples taken during the year the average fat content was 3.87% and non-fatty solids 8.90%.

## MILK IN SCHOOLS SCHEME

The supervision of the Milk in Schools Scheme has been continued throughout the year, and 343 samples of milk delivered to the schools have been taken and submitted for examination with the following results:—

Grade of	Milk	Satisfactory	Unsatisfactory	Total
Pasteurised		 255	18	273
Tuberculin	Tested	 33	11	44
Accredited		 3	1	4
Ordinary		 18	4	22
All grades		 309	34	343

In the case of unsatisfactory samples of milk delivered to the school direct from the farm and in cases of T.T. and Accredited Milk, the County Milk Production Officer of the Ministry of Agriculture and Fisheries is notified and asked to investigate conditions at the farm and methods of production. Other cases are investigated by your Sanitary Officer.

Most of the milk is supplied in one-third pint bottles and straws are provided. Where the milk is supplied in bulk and beakers used for drinking, the methods of cleaning the beakers and other utensils are investigated.

Great improvement in the conditions under which the milk is received, stored and distributed has been observed where instructions have been given that canteen staffs are to be held responsible for receiving and distributing the milk, and the cleansing and return of the bottles, as these bottles are now rinsed and turned upside down in the crates provided, ready for return. This has been much appreciated by the dairymen concerned.

The following table shows the grade of milk supplied to the schools at the end of 1951:---

Grade of Milk	Bottled	Bulk	Total
Pasteurised	322	8	330
Tuberculin Tested	26	5	31
Accredited	1	denter - Chrone	1
Ungraded	e addaeca alaydyi	10	10
No. of Schools	349	23	372
	and the second state of the second	1000	

The number of children taking milk during the Winter Term was 30,301. Samples of milk from all sources supplying ungraded or accredited milk to schools have been taken and submitted for biological examination. All samples proved to be free of tubercle bacilli.

Four samples of milk were also taken from the Bodmin Mental Hospital Farm and these also proved to be negative for both tubercle bacilli and brucella abortus.

The school milks are also regularly sampled by the Food and Drugs Department and the average analysis of 184 samples taken during the year showed fat content 3.80% and solids not fat 8.87%. No samples were adulterated.

### WATER SUPPLIES IN SCHOOLS

During the year 188 samples of water have been taken from schools and canteens of which 133 were satisfactory and 55 unsatisfactory or doubtful.

A number of the unsatisfactory samples were taken from alternative sources of supply with a view to their being used in lieu of the existing unsatisfactory sources of supply.

The Secretary for Education is notified of all unsatisfactory samples and if the source is also a public supply the Medical Officer of Health and the Sanitary Inspector of the district in which the school is situated are notified and asked to cause an investigation to be carried out.

Schemes of water supply submitted to the County Council in accordance with The Rural Water Supplies and Sewage Act 1944 for their observations are brought to the notice of the Education and Architect's Department, with a view to schools being connected up to the proposed mains where public mains supplies are brought to within reasonable distance of the school.

At many schools water for drinking is still carried from a distant source of supply and stored in containers at the school.

As a result of representations made, the following works or precautions have been or are being carried out:—

Schools connected to mains supplies				11
Schools proposed to be connected to mains a	supplies			15
Alternative sources of supply being sought				2
Wells repaired structurally				2
Pumps repaired				13
Collecting chambers cleaned				3
Defective drainage being repaired				9
Lead pipes being replaced by more suitable pi	ipes (lead	d in wa	ater)	5
Sinking of new wells under consideration				1

### ICE CREAM (HEAT TREATMENT) REGULATIONS, 1947

The responsibility for the registration and supervision of premises where ice cream is manufactured and sold and the duty of taking samples was placed upon the district councils and borough councils by the above Regulations which came into operation on the 1st May, 1947.

Under the Regulations there has been prescribed no legal standard of cleanliness for ice cream, but a form of Methylene Blue Test has been recommended by the Ministry of Health and this examination has, in fact, been adopted as the unofficial test. According to the quality of the ice cream four grades have been set up, numbered one to four, and the Ministry suggests that if, out of the four grades recommended, ice cream consistently fails to reach grades one and two it would be reasonable to regard this as indicating defects of manufacture or handling which call for further investigation.

The Food Standards (Ice Cream) Order 1951, came into operation on the 1st March 1951 and under this Order a legal standard has now been prescribed, that the ice cream shall contain not less than 5% of fat; 10% sugar and  $7\frac{1}{2}\%$  of milk solids other than fat. This Order is being administered by the Food and Drugs Department of the County Council and 58 samples have been taken during the year.

The fat content varied between 2.10% and 14.10%.

The new standard appeared to affect the small manufacturers much more than the larger ones. In cases where samples proved, on examination, to be below the standard set out, a visit was paid to the small manufacturers and an explanation given respecting their obligations. This resulted in an improvement in the quality of the ice cream.

The results of the samples examined for Methylene Blue are shown in the following table:—

Local Authority	11-	1 Kan		Mi ade	x		Cold		x		Unki Gr	nowr ade	1	Total
a distance of the		1	2	3	4	1	2	3	4	1	2	3	4	Samples
Falmouth B.		70	17	12	3	2	1	-	-	-	-	-	-	105
Helston B.		8	4	14	2	-			-	1	2	-	-	31
Launceston B.		6	2	1	1			1	-	15	1	1	1	29
Liskeard B.		4	-	1	-		-	-	-	58	15	9	3	90
Penzance B.		46	16	13	2	1	2	1	-		-	-	-	81
Truro City		35	2	8	2	2	-	-	-	-	-	-	-	49
Bude Stratton U.D.		7	2	-	-	-	-	-	-	31	4	5	5	54
Camborne-Redruth														
U.D.		18	6	4	2	1	-	-	-	11	13	4	-	59
Looe U.D.		27	13	4	-	-	-	-	-	5	5	2	-	56
Newquay U.D.		11	7	7	1	4	3	1	-	15	11	1	1	62
St. Austell U.D.		46	10	9	-	2	2	-	-	-	-	-	-	69
Camelford R.D.		-	-	-	-		-		-	8		-	-	8
Kerrier R.D.		12	3	2		10	1	2	-	27	19	7	1	84
Launceston R.D.		32	-	1	-		-		-	7	2	1	1	44
Liskeard R.D.		34	1	-	-		-		-		-	1	-	37
Truro R.D.		75	26	17	1	3	3	3	-	-	-	-	-	128
Totals		431	109	93	14	25	13	8	-	178	72	31	12	986

# INQUIRIES BY THE MINISTRY OF HOUSING AND LOCAL GOVERNMENT

The following Inquiries held by the Ministry of Housing and Local Government within the County were attended during the year.

Launceston R.D.—31st January, 1951, at the Rural District Council Offices, Launceston, to consider the proposed sewerage and sewage disposal schemes for:—

(a) South Petherwin and Daw's House, estimated to cost  $f_{13,550}$ .

(b) Altarnun and Five Lanes, estimated to cost £9,800.

West Penwith R.D.—20th February, 1951, at the Rural District Council Offices, Penzance, in respect of the Council's proposals to carry out works of water supply in the village of Nancledra, estimated to cost  $\pm 3,756$ .

St. Ives Borough.—21st February, 1951, at the Guildhall, St. Ives, in respect of an application by the Borough Council for consent to borrow

the sum of  $\pounds 14,003$  for the construction of water works including augmentation of the supply to the Borough of St. Ives by means of the development of a new source at Amalveor Downs in the parish of Landewednack in the West Penwith Rural District.

Truro R.D.—22nd February, 1951, at the Rural District Council Offices, River Street, Truro, in respect of works of water supply being carried out in the parishes of Perranzabuloe and Cubert..

The original scheme estimated to cost  $\pounds 23,600$  had been completed, but it had been decided to install a Filtration Plant at an estimated cost of  $\pounds 5,080$ , as it was found that when pumping commenced at the source of supply, the water was seriously affected by iron oxide and the filtration plant was being provided to clear the water of this suspended matter.

South East Cornwall Water Board.—8th May, 1951, in connection with an application by the South East Cornwall Water Board, for an Order under Section 33 of the Water Act 1945, relaxing the obligations imposed by Section 38 of the South East Cornwall Water Board Act, 1936.

Kerrier R.D.—4th July, 1951, at the Kerrier Rural District Council Offices, Helston, in respect of the Manaccan and District Water Scheme, estimated to cost  $\pounds$ 121,880.

Kerrier R.D.—5th July, 1951, at the Kerrier Rural District Council Offices, Helston, in respect of the Lizard (Landewednack and Grade-Ruan) water scheme, at an estimated cost of  $\pounds 51,496$ .

**Truro R.D.**—16th August, 1951, at the Rural District Council Offices, River Street, Truro, in respect of the Chacewater and South Western District water supply scheme, on the application by the Rural District Council to borrow the sum of  $\pounds$ 141,300 for carrying out these works.

St. Austell R.D.—10th October, 1951, at Polgooth in respect of an application by the Rural District Council for consent to borrow the sum of  $\pounds 26,470$ , for works of sewerage and sewage disposal at Polgooth and Trewoon.

West Penwith R.D.—12th December, 1951, at the offices of the Rural District Council, Chapel Street, Penzance, respecting the proposals of the Rural District Council, to establish a scheme of water supply for the village of Canonstown, estimated to cost  $\pounds 4,068$ .

St. Austell Rural District.—13th December, 1951, to inquire into the progress that had been made with the St. Mawgan and Trenance Water Supply Scheme.

The scheme was originally estimated to cost  $\pounds 35,000$  and although the scheme had been let out under contract at a tender of  $\pounds 34,429$ . it was anticipated that the final cost of the scheme would be in the region of  $\pounds 39,000$ .

# **RIVERS POLLUTION PREVENTION**

Th responsibility of the County Council for the administration of the above Acts was passed to the Cornwall River Board under the River Boards Act, 1948, but following an application by the Cornwall River Board, the County Council approved the formal seconding of the County Sanitary Officer and the Assistant County Sanitary Officer to the River Board for such proportion of their time as may, in practice, be found to be necessary to carry out the obligations of the Board in respect of the prevention of pollution under the Rivers (Prevention of Pollution) Act, 1951.

This work was commenced by your Sanitary Officers on the 1st August, 1951, and the following is a summary of the works carried out for the period ending 31st December, 1951:—

Visits to works of sewage dis	posal					126
Visits to industrial plants						12
Inspections of outfalls to rivers						17
Samples of river water and tra	de waste	s subm	nitted f	or		
examination						14
Samples of sewage effluent su	bmitted i	for exa	aminati	ion		87
Plans of proposed works report	rted upon	n				12
Ministry of Housing and Local	l Govern	ment ]	Inquirie	es atte	nded	3

#### WATER SUPPLIES

The County at the present time is being served by 32 statutory and 2 non-statutory water undertakers as follows:—

## Statutory Undertakers

(a) Three Boroughs and Urban Districts with limits of supply greater than the Local Government area:—

Falmouth (Borough); Liskeard (Borough; and Bude-Stratton (U.D).

- (b) Two Joint Water Boards with statutory powers:— South East Cornwall Water Board, and North Cornwall Joint Water Board.
- (c) Five Companies with statutory powers:— Bodmin Water Works Company; Camborne Water Company; Helston and Porthleven Water Company; Newquay and District Water Company; Truro Water Company.
- (d) Six Boroughs operating under Public Health Acts:— Fowey; Launceston; Lostwithiel; Penzance; St. Ives and Saltash.
- (e) Six Urban Districts operating under Public Health Acts:— Camborne-Redruth (Redruth and St. Day and Lanner Wards only); Looe; Padstow; St. Austell; St. Just and Torpoint.

(f) Ten Rural Districts:-

Camelford; Kerrier; Launceston; Liskeard; St. Austell; St. Germans, Stratton; Truro; Wadebridge and West Penwith.

### Non-Statutory Undertakers

Two Companies:-

Kelly Bray and District Water Company; Widemouth Water Supply Company.

At the present time, in the twelve Boroughs, about 96% of the population are on piped supplies. In the eight Urban Districts about 84% and in the ten Rural Districts about 40% are on piped supplies.

For the purpose of future supplies the County has been divided into five supply areas, namely, South East, South West, North East, North West and Mid-Cornwall, and schemes are in progress or are being prepared for practically the whole of these areas.

Since the coming into operation of the Rural Water Supplies and Sewerage Act, 1944, there have been 79 schemes of water supplies submitted by local authorities and other water undertakings for the County Council's observations, the total estimated cost of these being  $\pounds 2,564,972$  and 41 schemes estimated to cost  $\pounds 1,313,310$  had been completed or the works were in progress at the end of December, 1951.

In the case of 22 schemes estimated to cost  $\pounds 967,044$ , the Ministry of Housing and Local Government have approved lump sum grants totalling  $\pounds 202,820$ , and in one case a grant of  $\pounds 137.10$ s.0d. per annum for the period of the guarantee.

The County Council have approved grants in respect of 19 schemes amounting to  $\pm 3,271$  per annum for 30 years and in respect of two schemes, grants amounting to  $\pm 863.168.0d$ . per annum for twelve years, and in one case a grant of  $\pm 814$  per annum for thirty-five years.

District Council or Water Undertaking		Est. Cost £	Remarks
Penzance Borough	Penzance Borough St. Just U.D. West Penwith R.D.	742,500	_
	Gulval	2,000(a)	Works completed
	Boscathnoe-filters and pumping plant	8,900(a)	Tenders accepted for filters
St. Ives Borough	Halsetown and Rural areas from Amalveor	15,539	
Saltash Borough	*Extension of mains at Carkeel	580	_
Camborne-Redruth U.D.	St. Day and Carharrack	15,524	Works completed
	Lanner and Scorrier	9,367	Works completed
	Troon; Pencoys; Carnkie; Bolenowe; Knave-go-by; Treskillard; Four Lanes; Piece and Bosleake	43,565(a)	Works in progress

Details of the schemes which have been submitted to the County Council since the coming into operation of the above-mentioned Act, are given in the following Table:—

District Council or Water Undertaking		Est. Cost £	Remarks
Newquay U.D.	Crantock	5,635(a)	Works completed
	Tregurrian	2,908	Works completed
Forpoint U.D.	*Poole—Supplementary Supply	300	
Camelford R.D.	Helstone; Newhall Green; Trewalda and Polstraul	7,633	Works completed Ministry Grant £3,900 C.C.Grant £198.1s.4d p.a. for 30 years
	St. Breward	461(a)	Works completed
	Boscastle	270(a)	Works completed
	Boscastle (new road)	1,183	Works in progress Ministry Grant £280 C.C. Grant £14.4s.6d p.a. for 30 years
	Mount Camel Trefrew Road; Dark	365(a)	Works completed
	Lane Camelford and St. Breward	675(a)	Works completed
	Trevia	1,861	Ministry Grant £450 C.C. Grant £22.7s.0d
			p.a. for 30 years
	Michaelstow and Treveigham	8,800	Approved by Ministry
Kerrier R.D.	Trewennack	3,789	Works completed
	Grade Ruan and Landewednack	51,496	Orders placed for materials
	Godolphin Cross and Breage	8,032	Works completed Ministry Grant £1,500. C.C. Grant £76.3s.8d. p.a. for 30 years.
	Budock Water, Mawnan, Mawnan Smith, Trebarworthal, Porth Navas	38,291	Ministry Grant £8,500 Works in progress. C.C.Grant £431.13s.8
	Manaccan, St. Anthony,		p.a. for 30 years. Orders placed for materials
	St. Martins-in-Meneage, St. Keverne, Coverack, Cury, Gunwalloe	121,880	materials
	Boskenwyn and Manhay	10,802	Ministry to make Gran of £4,000 to this an Trewennack combined schemes
	Breage and District	76,341	-
	Leedstown, Townshend and Horsedowns	13,250	Susses Louise
Sector States 1	Stithians (Impounding		
	Scheme)	306,000	R - ways
	*Mullion	8,332	Works in progress

District Council or Water Undertaking		Est. Cost £	Remarks
Launceston R.D.	South Petherwin	5,000	
and all the same	Egloskerry and Langore	6,500	Approved by Ministry
belasson a	*Holmbush	1,200	
Liskeard R.D.	Regional Scheme for parts of S.E. Cornwall	656,380	Ministry Grant £120,000. C.C. Grand £276.0s.6d. p.a. for 30
			years and £814.0s.11d p.a. for 35 years. Works in progress
St. Austell R.D.	Golant	1,050	Works completed
	Hewas Water	637	Works completed
	Roche	488	Works completed
	De Lank extensions from Wadebridge	112,000	_
	Lower Sticker and Polgooth	2,400	Works completed
	St. Mawgan and Trenance	35,000	Works in progress grds. completed Min istry Grant £11,000
			C.C.Grant £40.12s.8d. p.a. for 30 years.
	Treviscoe and Trerice	5,600(a)	Works completed
	Indian Queens, Fraddon and Summercourt	35,000	Ministry Grant £24,000. C.C. Gran £592.10s.8d. p.a. fo 30 years. Works in
			progress.
	Curyan Vale	1,152(a)	Works completed
	*Grampound Village (Borehole)	1,485	Ministry Grant £300 C.C. Grant £15.4s.8d p.a. for 30 years.
	*Lower Sticker	1,670	-
St. Germans R.D.	Gunnislake and Hatches		
	Green	621(a)	Works completed
	Narkurs	1,057(a)	Works completed
	St. John and Millbrook	2,340(a)	Works completed
	Tredis	1,200	Tender accepted
	Horsepool	300	-
	Fursdon	500	Works completed
	Hessenford	3,175(a)	Tender accepted
	Quethiock and Treweese	450	Works completed
	Cross	450 614	Works completed Works completed
Stratton R.D.	Lower Kelly, Calstock St. Gennys and		Borehole sunk and
	Crackington Haven *Kilkhampton	20,000 5,140	Pump installed Scheme completed
			Ministry Grant £800 C.C.Grant £40.12s.8d. p.a. for 30 years.

District Council or Water Undertaking		Est. Cost £	Remarks
Truro R.D.	Ladock and South Eastern District	160,000	Works nearing completion
	Perranzabuloe	2,385	Works completed Ministry Grant £800. C.C.Grant £40.12s.8d p.a. for 30 years.
	Mitchell	2,200	Works completed Ministry Grant £340 C.C. Grant £17.5s.40 p.a. for 30 years.
	Shortlanesend	2,500(a)	Works completed
	Newlyn East	15,050	Works completed Ministry Grant £4,000. C.C. Grant £203.3s.0d. p.a. for 30 years.
	Perranporth (Augmentation Scheme)	28,050	Works completed Ministry Grant £5,250. C.C. Gran £266.12s.8d. p.a. fo 30 years.
	Tresillian	5,500	Works completed Ministry Grant £13 10s.0d. p.a. for perio of guarantee. C.0 Grant £137.10s.0d. p.a. for 12 years.
	Probus	1,150	Works completed Ministry Grant £65 C.C. Grant £33.0s.2 p.a. for 30 years
	Mylor	27,841	Ministry Grant £4,250. C.C. Gran £215.16s.10d. p.a. f 30 years
	Tretham Mill and St. Mawes	11,300	Works completed Ministry Grant £90 C.C. Grant £45.14 2d. p.a. for 30 yea
	Do. Relaying of	4,186(a)	Works completed
	existing mains St. Agnes (Wheal Kitty)	1,774(a)	Works completed
	*Chacewater	141,300	Approved by Ministry
Wadebridge R.D.	De Lank Scheme	308,833	
West Penwith R.D.	Gwinear-Gwithian	32,000	Works completed Ministry Grant £7,500. C.C. Gran £726.6s.0d. p.a. f 12 years.
	Goldsithney	1,936	Works completed
	St. Buryan	3,375	Tender with Ministry
	*Nancledra	3,756	-
	*Canonstown	4,067	Then Internet

District Council or Water Undertaking		Est. Cost £	Remarks
South East Cornwall Water Board	River Tiddy Scheme	37,750	- edgewood
	Provision of Boosters and Booster Houses	3,090(a)	Works completed
North Cornwall Joint Water Board	Duplication of mains	32,650	Works completed Ministry Grant £3,400, C.C. Grant £172.13s.6d. p.a. for 30 years
	St. Endellion Reservoir	8,111	Works completed Ministry Grant £1,000. C.C. Grant £50.15s.9d. p.a. for 30 years
	Extension of Filtration Plant	38,400	Works in progress
	*Penmayne	1,530	a shirt for the second second

(a) Ministry decided not to make a Grant

\* Schemes submitted during 1951.

# SEWERAGE AND SEWAGE DISPOSAL

The County of Cornwall, with its extensive coast line and natural waterways, offers a ready means of disposal of sewage without the establishment of elaborate treatment works and the subsequent expensive maintenance.

Although the discharge of untreated sewage into the sea or into tidal waters is a very economical means of disposal, in certain cases some treatment of the sewage is desirable before discharge, particularly into tidal rivers where shell-fish layings have been established or where the point of discharge is in close proximity to bathing beaches.

Where there is an aggregation of population, local authorities are being encouraged to establish systems of sewerage together with suitable and satisfactory means of treatment and disposal of the sewage, particularly having regard to the fact that water supplies are rapidly being made available to these areas and the standard of rural housing raised by the provision of water closets, bath and wash-house accommodation.

The methods of disposal of sewage vary widely in different districts, particularly having regard to their geographical situation. Those districts near the sea or abutting on to tidal rivers favouring sea outfalls or outfalls into tidal waters, in many instances without any preliminary treatment. The methods adopted throughout the County may be summarised as follows:

		No. of	Outfalls to	Sedimentation
	No. of	Tidal	Non-tidal	and/or
	Sea	River	Rivers or	Filtration
Districts, &c.	Outfalls	Outfalls	Streams	Works
Boroughs	9	31	8	8
Urban Districts	8	15	-	13
Rural Districts	36	18	18	26
Service Camps, &c			to part -	15
	The Party of the P	and the second second	the second second	
Totals	53	64	26	62

In addition to the above many villages and hamlets have no system of sewerage and the soil water is thrown on to gardens or allowed to pass into streams, no doubt causing a certain amount of pollution to these natural waterways.

Of the sedimentation and filtration plants some are of obsolete design and require to be replaced by modern plants and local authorities are being urged to do this and to give more attention to the care and maintenance of such works with a view to the production of a satisfactory effluent.

A number of service camps in the County are provided with modern sewage disposal plants and with adequate water supplies. Generally speaking, these works are well maintained.

The methods of disposal in the order of those most favoured may be said to be:—

- 1. Sea and river outfalls.
- 2. Sedimentation and filtration, the effluent passing to rivers or streams.
- 3. Outfalls to non-tidal rivers or streams.
- 4. Septic tanks or soak-aways for small populations, the effluent usually passing to rivers or streams.

During the period of the late war, many of the works suffered through lack of proper maintenance and difficulty in obtaining spare parts of the plant and it is only recently that local authorities have been able to bring these works to a state of efficiency owing to the rigid economy that has had to be exercised by them during the past few years.

Regular samples of the effluent from works have been taken and local authorities are notified of the results of the examination of these effluents and suggestions made for improvements in the care and maintenance of the plants.

The Cornwall River Board has now been established and is responsible for the prevention of pollution of the natural water-ways throughout its area and the schemes of local authorities are subject to periodical visits by the Board's officers and regular samples of the effluents are taken.

Since the coming into operation of the Rural Water Supplies and Sewerage Act, 1944, there have been 75 schemes of sewerage and sewage disposal submitted by the local authorities for the County Council's observations, the total estimated cost of these being £781,562, of which 7 schemes were submitted during the year 1951 and were estimated to cost  $\pounds$ 78,646.

Nineteen schemes, estimated to cost  $\pm 180,372$ , had been completed or the works were in progress at the end of the year.

In the case of 10 schemes, estimated to cost  $\pounds 66,087$ , the Ministry decided not to make a grant but in respect of 10 other schemes, estimated to cost  $\pounds 142,044$ , lump sum grants totalling  $\pounds 52,600$  were approved.

The County Council approved grants amounting to  $\pounds 1,894$  per annum for 30 years, in respect of 7 schemes estimated to cost  $\pounds 105,956$ .

Details of the schemes which have been submitted to the County Council since the coming into operation of the above-mentioned Act are set out in the following Table:—

District Council	Particulars of Scheme	Estimated Cost	Remarks
Falmouth Borough	Swanvale Valley Dracaena Avenue	$66,250 \\ 10,354$	{ Approved in principle by Ministry
Helston ,,	Extension of Disposal Works	15,042	Works nearing completion
Liskeard ,,	Borough Scheme	75,000	sint -
Lostwithiel "	Borough Scheme	33,000	
Penzance "	Gulval	17,000(a)	Works completed
	Alverton	9,800(a)	
	Sheffield	2,636(a)	
Fruro City	Bodmin Road and Tregurra Lane	3,454	
	Tresawls Road and Highertown	4,380(a)	
Bude-Stratton Urban District	Poughill	5,970(a)	<ul> <li>Works two-thirds completed</li> </ul>
	Stratton	7,700	Ministry of Health approval received
Newquay Urban District	Crantock	12,136(a)	Works completed
Camelford Rural District	Bossinney	6,492	Works completed Ministry Grant £2,000. C.C. Gran £101.11s.6d. p.a. for 30 years
	Boscastle	17,077	Works completed Ministry Grant £5,500. C.C. Gran £279.6s.6d. p.a. for 30 years.
	Trevenna	19,994	Works completed Ministry Grant £6,500. C.C. Gran £330.2s.2d. p.a. for 30 years
	St. Breward	11,100	Approved by Ministry

District Council	Particulars of Scheme	Estimated Cost	Remarks
oda za kotokonoa Sela dili Sila wa	St. Teath	9,186	Works completed Ministry Grant £4,000. C.C. Grant £203.3s.0d. p.a. for 30 years
	Trewassa and Tremail	2,000	e stan <u>er</u> ige teotre
	Delabole	25,097	Works completed Ministry Grant £9,000. C.C. Gran £457.1s.8d. p.a. fo 30 years
	Trevia	3,700	Printing of the states
	Tregoodwell	1,000	color the commence fails
	Trewarmett	2,500	in fallowing-Tables
	Treknow	3,600	Ministry Inquiry 18.10.50.
	Trevalga	2,100	5-10
	Camelford	2,900	- 100 - 100
	Helstone	2,800	
	Penpont and Lower Lank	4,400	and the second
	Tintagel and Bosinney (Extension)	304	Approved by Ministry
Kerrier Rural District	Praze and Beeble	10,000	Awaiting tenders
District	Ruan Minor and St. Ruan	13,800	THURSDAY CONCEPT
	St. Keverne and Porthoustock	14,000	These Schemes are
	Constantine and	16,800	awaiting the provision of water supplies
	Brillwater	9,600	
	Mabe	8,000	
	Leedstown	4,560	
	Manaccan Manaccan	11,600	
	Mawnan Smith	11,000 /	
Launceston Rural District	Altarnun and Five Lanes	9,800	Approved by Ministry
District	North Hill	6,100	Tender accepted
the second second	South Petherwin and Daws House	13,550	Approved by Ministry
	Venterdon and Stoke	10 000	a summericant su
	Climsland	13,600 9,420	Boogs
	Lawannick	9,420 500	Works completed
	Lawhitton	7,100	works completed
	Egloskerry and Hole	5,000	to perfectively when the
	Tregadillet	4,500	and the second
	Coads Green Warbstow	3,000	Total Carl
	Canworthy Water	5,900	
Tilesla	Canworthy water	0,000	
Liskeard Rural District	Dobwalls	11,516	-

District Council	Particulars of Scheme	Estimated Cost	Remarks
	Crows Nest	1,561	Manualpropage
	St. Cleer	17,400	Works in progress
	Seaton Bridge	8,890	Works completed
	Upton Cross	4,895	ten have <u>am</u> eans the
	Menheniot	8,636	of this diffy is mainly in
	Cheesewring	6,784	- 1 1 1 4
	St. Neot	7,726	and here and
	*Polperro	560	Constants a dia 1 an
St. Austell	danit in chinich dans		
Rural District	Grampound	1,320	Sewerage completed. Treatment works not yet commenced
	Gorran	2,840	No. and - Changle all
	*Golant Outfall	1,360	Showing To days
	Trewoon and Polgooth	25,470	Ministry Inquiry 10.10.51.
St. Germans Rural District	Seaton	4,783(a)	Works nearing completion
	Quethiock	1,800(a)	Ministry of Health Inquiry 18.3.49
	St. Germans	6,550(a)	Approved by Ministry
	Callington and Kelly		
	Bray	16,500	
Stratton Rural District	Widemouth Bay	13,600	Deferred
District	Bangors Poundstock	2,115(a)	Works completed
	Kilkhampton	15,000	Ministry Inquiry 27.4.50. Ministry Grant £6,500. C.C. Grant £330.2s.4d.
			p.a. for 30 years
	Grimscott Launcells	2,545	and a superior his superior
Truro Rural			
District	*Blackwater	17,500	num en an original and
	*St. Mawes	16,000	—
	*Flushing		—
Wadebridge Rural District	*St. Merryn	6,101	SURVEY
West Penwith Rural District	St. Buryan	13,110	Ministry Inquiry
	looq eff estates i i i i i i i i i i i i i i i i i i i		24.10.50. Ministry Grant £3,800. C.C. Grant £192.19s.10d. p.a. for 30 years. Tender with Ministry
	Sennen Cove	9,798	Ministry Inquiry 25.10.50. Ministry Grant £2,800. Tender with Ministry
	Goldsithney	10,400	-

(a) Ministry decided not to make grant.\* Scheme submitted during 1951.

### RURAL HOUSING

County Councils are not housing authorities for the purpose of the principal Housing Act of 1936, but by Section 88 of that Act, it is the duty of every County Council as respects each Rural District within the County "to have constant regard to the housing conditions of the working classes." This duty is mainly that of co-operating with and assisting local authorities.

The Rural Housing Sub-Committee of the Central Housing Advisory Committee in the Third Report issued in 1944 recommended the setting up of a Joint Advisory Committee for each County in England and Wales representative of all Rural District Councils in the County, the County Council and any other persons representative of bodies interested in housing within the County, whom the Committee thought fit to co-opt.

Such a Committee has been established in the County, and is known as the Cornwall Rural Joint Advisory Housing Committee. The first meeting was held on the 23rd March, 1945.

A Technical Standards Sub-Committee was also set up, and it was resolved to recommend:----

"That two standards of housing conditions be adopted:-

- (i) as the standards ultimately expected to be aimed at, and
- (ii) the standard with which all existing houses shall be made to comply, where practicable, when such houses are dealt with in connexion with the survey to be carried out in all Rural Districts."

These standards were adopted by the Cornwall Rural Joint Advisory Housing Committee at a meeting held at the County Hall, Truro, on the 18th May, 1945, after which copies of the standard were sent to all Rural District Councils and other bodies represented on the Committee.

# SURVEY

Of the ten rural districts in the County, one has not yet commenced to carry out the survey as recommended by the Cornwall Joint Advisory Committee. Three local authorities have completed the survey, viz., Launceston, Camelford and Truro Rural Districts. The position throughout the County at the end of December 1951 is shown in the following table:—

		ä	completed	survey	spected		Cla	assifica	tion			1 ho	o. of new ouses ected
Rural District		No. of parishes Rural Districts	No. of parishes completed	Parishes under sur but not completed	No. of houses inspected	1	2	Categor 3	ry 4	5	No. of houses overcrowded	By local Authority	By private
Camelford		13	13	-	1769	221	651 By c	517 onvers	225 ion of	155 other	74 buil	106 dings	21 22
Kerrier		21	_	10	169	4	17	49	12	87		166	56
Launceston		17	17	_	1376	164	398	661	59	94	4	24	12
Liskeard		21	_	17	595	23	125	274	165	8	-	116	33
St. Austell		17	1	11	1303	305	140 (1	594 Гетро	2 rary c	262 onvers	4 sions)	$264 \\ 37$	37
St. Germans		16	_	_	-	-	-	-	11-	-	-	316	43
Stratton		10	-	10	112	12	18	32	25	25	-	109	21
Truro		24	24	-	5799	202	424	893	3142	1138	-	255	67
Wadebridge		19	16	2	2575	308	540	541	783	403	-	236	20
West Penwit	h	17	2	10	1779	537	596	426	88	132	39	118	55
Totals	5	175	73	60	15477	1776	2909	3987	4501	2304	121	1747	387
				-		%	%	%	%	%			
						13.4	21.9	23.0	26.0	15.7			

1. Satisfactory in all respects.

2. Minor defects.

3. Requiring repair, structural alteration or improvement.

4. Appropriate for re-conditioning.

5. Unfit for habitation and beyond repair at a reasonable expense.

# HOUSING ACTS

The following grants have been approved in accordance with the Housing (Financial Provisions) Acts:—

District	Annual Grant	No. of years	Grants previously authorised No. of houses	Grants authorised during 1951 No. of houses	Total No. of houses
Helston Borough	1 10 0	60	16	-	16
Penzance ,,	1 10 0	60	23	17	40
Saltash ,,	1 10 0	60	640	3	3
Bude-Stratton Urban	1 10 0	60	3	-	3
St. Austell ,,	1 10 0	60	15	1	16
Camelford Rural	1 10 0	60	- 4	30 )	10
., .,	1 5 0	60	8	- 1	42
Kerrier ,,	1 10 0	60	45	4)	
198 80° - 188 881	1 0 0	40	47	- }	96
Launceston ,,	1 10 0	60	9	9)	
	1 0 0	40	2	-)	20
Liskeard ,,	1 10 0	60	68	_	68
St. Austell ,,	1 10 0	60	34	_	34
St. Germans ,,	1 10 0	60	58	22)	
	1 0 0	40	9	-)	89
Stratton ,,	1 10 0	60	66	4	70
Truro ,,	1 10 0	60	52	-1	
., .,	1 0 0	40	14	-)	66
Wadebridge ,,	1 10 0	. 60	8	34 )	
	1 0 0	40	18	_}	60
West Penwith				1	
Rural	1 10 0	60	8	51	86
	1 0 0	40	27	-)	
TOTALS			534	175	709

584 houses @  $\pounds$ 1.10.0. per annum for 60 years =  $\pounds$ 87.0.0. per annum 8 houses @  $\pounds$ 1. 5.0. per annum for 60 years = 10.0.0. ,, ,, 117 houses @  $\pounds$ 1. 0.0. per annum for 40 years = 117.0.0. ,, ,,

Total ... £1,003.0.0. ,,

..

# TABLE I.

Estimated Population and Total Number of Births and Deaths in each Sanitary District during the Year 1951.

						I	IVE BI	RTHS.				1					BATHS	e Iear	1991	•	
AREA		Esti		Legit	i-	Illegi	tia		- 1	_		-					BATHS	•			
IN	SANITARY	Popu	D	mate		mate			1	fun	rthe		Un	der 1 Ye	ear.			At	all A	zes	
Acres.	DISTRICT	LATIO 1951	NT	males .	Females	Males	remales Total	Rate.	District	Factor	Stillbirths.	Males	Females	Total.	Rate per	births	Males	Females	Total	Rate.	District Compara- bility Factor
	2	3	4	1	5	6	7 8	9		10	п	12			H -	4	2	- E	Ă	B	Lity C
3,312 4,294		- 5,88			8 3	1		3 14·1 3 13·8	10 1.	56	1 3	32	13		48	·19	33	40		19 2·40	1
22,062	Redruth	- 35,23	0 04	7 01			-				°	2	1	3	41	.10	39	57	96 1	8.27	0.73
1,880 2,979 4,014	Falmouth Fowey Helston -	- 16,62	0 11 4 1		8 1 5 .	1	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	1 14.5	0 1.	04	19 9	9 5 1	10 3	19	33	20 1	01 1	08 2	09 1	4·90 2·58	0.87 0.86
2,182	Launceston	- 5,60 - 4,51					2 8	5 15.1		07		1	··i		35· 23·					3.43	0.76
2,704	Liskeard -	- 4,38					2 3			11 .	.	1		ī	27.			100 H 100		7·32	0.74
1,691	Looe -	- 3,61								3660	2	2	3	5	72		10.5 C			5.41	0.77 0.68
3,156	Lostwithiel	- 2,12	4 18				1 1			0.000	1	1	1	2	48		28 1	30200 B		5.76	0 74
4,599 3,343	Newquay	- 9,77									5	1 2	• •	1	24.					8.83	0.69
829	Padstow -	- 2,71			ŧ	1				0		2	• •	$\frac{2}{2}$	16.			2-12		.20	0.77
3,155	Penryn - Penzance	- 4,10					72				2	2	i	2 3	36.	and the second	2200			.69	0.72
18,379	St. Austell	- 20,030					Contraction of the second	1000				6	5	11	40.4					.70	0 96
4,287	St. Ives -	8,598							-		1	8	3	11	33.8					·58 ·00	0.82
7,634	St. Just	4,060								100 C		4		4	33.0		Control of the second		-	00	0·78 0·71
5,335	Saltash	7,936					50				1	3	1	4	80.0					.76	0.85
975	Torpoint	7,236					64	13·99 8·84	20 000000000000000000000000000000000000		•	1	2	3	27.0		3 5			62	0.76
2,634	Truro City -	13,120	82			5	198	15.09		100		1	.:	1	15.6				2 5	80	1.49
99,444									1.0	1 6	5	5	1	6	30.3	0 80	0 8	2 16	2 12	35	1.01
	TOTALS -	186,500	124	4 121	3 80	69	2,606	13.97	1.06	6 69	) (	50	33	93	35.6	9128	86 1 30	94 2,68	0 14	27	0.83
62,544	RURAL. Camelford	7 0 45			1	1		1		1	Ť	1	1			1.,		2,00	11	011	0.99
90,839	Kerrier	7,347		43	3	4	97	13.20	1.11	1 1	2	1	1	2	20.6	2 58	5	1 11	5 15.	65	0.80
73,051	Launceston -	6,438		143	7	5	327	15.03	1.03		5	1	6	7	21.4			1			0.88
104,803	Liskeard	14,100		44	2 4	6	89 219	13.82	1.12			3	2	ò	56.18						0.83
82,389	St. Austell -	20,470	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	176	9	9	344	15.55	1.16	2010		3	1	4	18.20		70		(a) (2000)		0.77
48,433 56,285	St. Germans -	16,740		117	4	1	236	14.10	1.03	100000	1 -	0	6	16	46.51			307		191	0.87
100 010	Stratton	5,635	41	43	3	1	88	15.62	1.11			4	4	8	33.90		141	265			0.78
	Truro	26,810	185	183	7	8	\$93	14.66	1.10			5	5	1	11.36		38	92	1 5.1600s	2	0.88
	Wadebridge - West Penwith -	16,010	83	113	5	2	203	12.68	1.13			4	4	8	39.41	189	223	412	15.3		76
		17,990	124	132	8	3	267	14.84	1.04	3		6	3	9	33.71	113	111	224	12.4	E1 10	89 82
764,682	TOTALS -	153,300		1106		39	2,263	14.76	1.09	47	3	8 3	2	70	30.93		1,099			-	-82
864,126	Whole County	339,800	2310	2319	132	108	4.869	14.33		116	98	3 6	5	163	33.48	2,370	2,493	4,863	14.3	1	
4,041	Scilly Isles	1,900	13	20	1	1	35	18.42	1:00	1		-				17	15	32	16.8	4 0	·90

Birth and Death rates calculated per 1,000 of the population.

Comparability factors are given for the purpose of securing comparability between local birth and death rates and those for England and Wales.

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Estimated Population and Total Number of Births and Deaths in Cornwall (Excluding Scilly Isles) Durinb, Recent Years. TABLE II.

	Legi		LIVE	Live Births								DEATHS			
$\mathbf{A}$ Fermales $\mathbf{A}$ $\mathbf{G}$ $\mathbf{A}$ $\mathbf{B}$ $\mathbf{F}$ <th></th> <th>itimate</th> <th>Illegiti</th> <th>mate</th> <th></th> <th></th> <th>adtr</th> <th></th> <th>Under</th> <th></th> <th></th> <th></th> <th>At all</th> <th>Ages</th> <th></th>		itimate	Illegiti	mate			adtr		Under				At all	Ages	
	Males	Females	Rales	Females	Total	Rate	idilita	aslaM	Females	Total	9VII 000, I	aslaM	Females	IstoT	Rate
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$		1989	102	105	4357	13.95	209	137	101	238	54.62	2106	2326	4432	14.19
		1061	103	95	4191	13.43	216	131	87	218	52.01	2105	2375	4480	14.35
$ \begin{array}{{ c c c c c c c c c c c c c c c c c c $		1969	88	118	4193	13.42	206	132	109	241	57.47	1997	2242	4239	13.57
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$		1913	94	82	4176	13.34	211	117	16	193	46.34	2102	2230	4906	13.83
		1883	80	83	3993	12.92	173	115	82	197	49.33	2154	2330	4484	14.51
$ \begin{array}{c c c c c c c c c c c c c c c c c c c $	79.5	1933	94	93	4047	13.13	166	136	67	203	50.16	2100	2202	4302	13.95
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$		1771	85	78	3909	12.67	180	142	88	230	58.84	2227	2375	4602	14.74
$ \begin{array}{c c c c c c c c c c c c c c c c c c c $		1945	100	96	4268	12.97	163	116	8	206	48.26	2357	2567	4924	14.96
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$		2125 2339	161	132	4633 5089	12.47	183	159	108	267	52.46	2465	17.17	9186	13.90
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$		2212	168	139	4946	14.34	180	135	93	228	46.09	2127	2301	4428	12.84
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$		2246	183	163	4970	15.19	164	106	72	178	35.81	2201	2388	4589	14.02
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$		2554	276	236	5673	17.59	180	132	66	231	40.72	2197	2359	4556	14.13
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$		2199	333	287	5044	16.08	178	101	84	185	36.67	2214	2367	4581	14.61
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$		2572	229	199	5754	18.09	156	136	87	223	38.75	2168	2817	4555	14.32
2603 $2463$ $177$ $142$ $5385$ $16.33$ $136$ $117$ $69$ $186$ $34.54$ $2095$ $2169$ $4264$ $4264$ $4564$ $4564$ $4656$ $4656$ $4656$ $164$ $32.24$ $2242$ $2416$ $4658$ $4656$ $164$ $32.24$ $2242$ $2416$ $4658$ $4656$ $2310$ $124$ $125$ $4758$ $13.99$ $125$ $78$ $66$ $144$ $30.26$ $2218$ $4656$ $4656$ $2310$ $124$ $122$ $4769$ $12.3$ $116$ $98$ $65$ $163$ $23.24$ $2242$ $2416$ $4656$ $32310$ $124$ $122$ $14.33$ $116$ $98$ $65$ $163$ $2370$ $2493$ $4853$ $4853$		2791	214	166	6111	19.00	177	136	17	213	34.85	2286	2449	4735	14.72
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$		2463	177	142	5385	16.33	136	117	69	186	34.54	2095	2169	4264	12.93
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$		2361	138	146	5087	15.41	127	66	65	164	32.24	2242	2416	4658	14.10
2310         2319         132         108         4869         14.33         116         98         65         163         33.48         2370         2493         4863		2219	124	125	4758	13.99	125	78	99	144	30.26	2238	2418	4656	13.69
		2319	132	108	4869	14.33	116	98	65	163	33.48	2370	2493	4863	14.31

Birth and Death rates calculated per 1,000 of the ropulation.

For Birth Rate. (d) Civilian population (for birth and death rates). For Death Rate. (e) Total population (including non-civilians stationed in the county). For Infant and Maternal Mortality Rates.

(e)(a)



								III.						0.5.1			
I	Infec	tious	Dise	ases	notifi	ed in		h Di	strict	t dur	ing th	ne ye	ear 1	951.		-	
SANITARY DISTRICT		Scarlet Fever	Whooping Cough	Diphtheria	Measles	Pneumonia	Meningococcal infection	Acute Poliomyelitis	Acute Encephalitis	Dvsentery	Puerperal Pyrexia	Paratyphoid Fever	Food Poisoning	Erysipelas	Malaria	Acute Rheumatism	Totals
URBAN Bodmin Bude-Stratton Camborne- Redruth Falmouth Fowey Helston Launceston Liskeard Looe Lostwithiel Newquay Padstow Penryn Penzance St. Austell St. Ives St. Just Saltash Torpoint Truro City		21 3 56 11 - 1 - 3 10 1 16 1 - 40 11 12 - 1 2 3	- 3 104 44 9 15 17 89 27 3 83 - 5 4 91 34 - 102 40 49	1 1	123 123 280 372 26 98 106 14 72 11 296 89 54 542 512 68 179 251 30 36	$ \begin{array}{c} - \\ 7 \\ 37 \\ 4 \\ - \\ 1 \\ 5 \\ 26 \\ 5 \\ 2 \\ - \\ 1 \\ - \\ 22 \\ 5 \\ 2 \\ - \\ 1 \\ - \\ 22 \\ 5 \\ 2 \\ - \\ 2 \\ 2 \\ 2 \\ - \\ 2 \\ 2 \\ - \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2$		- - 5 1* 1 - 1 1 - 1 1 - 1 - 1 - 3 - 2 - 1 1		$ \begin{array}{c} 11 \\ - \\ 19 \\ 2 \\ - \\ 8 \\ - \\ - \\ 7 \\ 1 \\ - \\ 7 \\ 1 \\ - \\ 3 \\ - \\ 4 \\ \end{array} $	-1 $30$ $2$ $   1$ $ 1$ $5$ $2$ $  4$ $1$ $2$		2 - 3	$ \begin{array}{c} - \\ - \\ 10 \\ 1 \\ - \\ 2 \\ 1 \\ - \\ - \\ 1 \\ 1 \\ 1 \\ 1 \end{array} $			158 137 548 439 36 122 126 114 136 20 407 91 62 614 626 118 179 387 79 98
TOTALS		192	719	8	3282	118	3	17	-	73	49	-	8	19	-	9	4497
RURAL Camelford Kerrier Launceston Liskeard St. Austell St. Germans Stratton Truro Wadebridge West Penwith TOTALS		6 13 3 12 16 27 1 21 21 9 11 119	2 93 15 66 133 142 14 258 22 21 766	- - - - - - - - - 2	27 456 42 203 333 325 68 485 330 262 2531	5 3 24 5 35 11 40 11 7 146	- - - 1 - - 1 2	- 2 1 - 7 1 2 1 3 2 19			- - 2 1 1 - 4 1 - 9		15  - 4 - - 9 - 28			- - - 1 1 - - - 3	55 569 66 310 503 539 101 816 389 308 3656
Whole County		311	1485	10	5813	264	5	36	3	82	58	1	36	35	2	12	8153

There were no cases of Smallpox, Typhoid Fever or Ophthalmia Neonatorum during the year. The cases of Malaria were believed to have been contracted abroad.

\* Non-paralytic case.



### TABLE IV.

# NUMBER OF CASES OF INFECTIOUS DISEASE NOTIFIED IN

# RECENT YEARS.

and the second s										
ectious Disease	1942	1943	1944	1945	1946	1947	1948	1949	1950	1951
rlet Fever	228	229	384	386	280	167	176	214	263	311
pooping Cough	696	474	1179	473	550	720	1393	641	729	1485
htheria	389	225	164	206	155	44	27	3	16	10
asles	184	1918	1544	3989	267	2288	2286	3569	668	5813
eumonia	248	313	339	242	205	221	170	208	221	264
ebro-spinal lever	42	28	28	18	17	9	4	2	8†	51
te Poliomyelitis	3	-	3	28	3	32	17	105	1	
ute Polio- Encephalitis	1	_	2	1	1	-	1	5	98†	36
te Encephalitis Lethargica	1	1	2	1	1	-	_	_	1†	3†
sentery	38	61	95	117	17	29	17	38	27	82
hthalmia Neonatorum	18	24	34	21	14	13	6	4	2	-
erperal Pyrexia	- 65	70	76	61	89	79	51	71	58	58
alipox	-	-	-	-	-	-	-	4	-	-
ratyphoid Fevers	-	6	6	4	1	4	1	1	-	1
phoid Fever excluding Paratyphoid)	10	7	6	2			2		2	
1 D			0	2	-		2	-		
od Poisoning* ysipelas		-	-	-	-	-	-	27	87	36
	87	71 9	75	65	58	48	42	52	54	35
alaria	1	9	35	17	12	1	3	-	-	2
Rheumatism§	-	-	-	-	-	-	-	-	3	12
TALS	2014	3436	3972	5631	1670	3655	4196	4944	2237	8153

\*-Not included in returns to Registrar-General until 1.1.49.

†—Under the Public Health (Acute Poliomyelitis, Acute Encephalitis, and Meningococcal Infection) Regulations, 1949, which came into operation on 1st January, 1950,

- (i) Acute Poliomyelitis includes Acute Polioencephalitis.
- (ii) The Public Health (Cerebro-spinal Fever and Acute Poliomyelitis) Regulations, 1912, and the Public Health (Acute Encephalitis Lethargica and Acute Polioencephalitis) Regulations, 1918 and 1919 are revoked, and Meningococcal Infection made notifiable.

§-In persons under 16 years of age (notifiable from 1.10.50).



Acute Pullomyelitis includes Acute Policencephalitis. The Public Health (Constructeding) Fewer and Acute Folicentelities) Reputations, 1912, and the Public Maulu (Acute Encryptalitie Leibargies on Maute Policencephalities) Reputations, 1918 and 1919 are revoked, and Mauingecences

a personal under 16 years of ease (notifiable from 1.10.50

# TABLE V.

# CAUSES OF DEATH AT SPECIFIED AGES, 1951.

and the second se									
Cause of death	All Ages	0—	1—	5—	15—	25—	45—	65—	75—
Tuberculosis, res-									
niratory	85	-	25	1	4	29	33	14	2
Tuberculosis, other	16	-		-	1	5	4	-	
Syphilitic disease		-	-	_	-	1	8	6	1
Diphtheria		4	1	_	=	_	_	_	_
Whooping Cough	4	4		1999		_			1
Meningococcal Infections	3	1	1	_	1	-	-	-	-
Acute Poliomyelitis	E	ĩ	-	1	1	2		-	-
Measles	3	1	2	-	-	-	-	-	-
Other infective and			0						
parasitic diseases	15	-	3	1	1	1	6	1	2
Malignant neoplasm, stomach	156	_	_	_	_	1	49	48	58
do. lung, bronchus	75		-	_	_	î	44	21	9
do. breast	69	-	-	-	-	10	31	16	12
do. uterus		-	-	-	-	3	17	7	5
. Other malignant lym-		1000				10	105	110	107
phatic neoplasms	394	-	1	3	1	18	125	119	127
. Leukaemia, aleukae- mia	15		-	2	_	4	5	3	1
This Labor	48		_	_		2	11	19	16
. Vascular lesions of	10			1	1 6 1				10
nervous system	621	1	-	-	-	2	95	179	344
. Coronary disease,				All and a					
Angina	492	-	-			3	116	193	180
. Hypertension with	152			-		3	21	48	80
heart disease D. Other heart disease		_	_	1	Ξ	9	142	223	792
. Other circulatory	1107			-	1	· ·	112	220	102
disease	134	-	-	-	-	-	22	38	74
2. Influenza	119	3	-	-	4	3	18	31	60
3. Pneumonia		13	5	-	-	5	30	28	70
Bronchitus	179	-	2	-	-	4	25	51	97
<ol> <li>Other diseases of respiratory system</li> </ol>	52	3			2	3	. 8	19	17
5. Ulcer of stomach and	02	0			2	0	0	19	11
duodenum	26	-	-		-	2	9	8	7
Gastritis, enteritis									
and diarrhoea	23	9	-	1	-	1	1	7	4
5. Nephritis and						~	1.5	10	
9. Hyperplasia of	69	1	1	1	-	5	15	18	28
prostate	49			_			1	16	32
0. Pregnancy, childbirth,	40						-	10	04
abortion	6	-	-	-	2	4	-	_	-
1. Congenital malforma-					1.1.1.1.1.1			1- 100	
tions	24	18	2	-	2	-	-	1	1
2. Other defined and ill-			0	-	-	00	70	~	0.00
defined diseases 3. Motor vehicle	528	99	3	7	5	23	79	84	228
accidents	24		1	2	4	5	6	4	2
All other accidents	108	9	$\hat{6}$	4	7	16	21	11	34
N. Suicide	32	-		-	3	4	14	9	2
6. Homicide and opera-									
tions of war	2	-	-	-	-	-	1	1	-
All causes	4895*	163	35	24	38	169	957	1223	2286
	1000	100	00		00	100	001	1220	2200
							and the second se		

\*-including 32 deaths in the Scilly Isles.

#### TABLE V.

#### CAUSES OF DEATH AT SPECIFIED AGES, 1951.

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						100
		-				
					-	

-including 32 deaths in the Scilly false.

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