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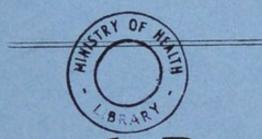
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URBAN DISTRICT COUNCIL



Annual Report

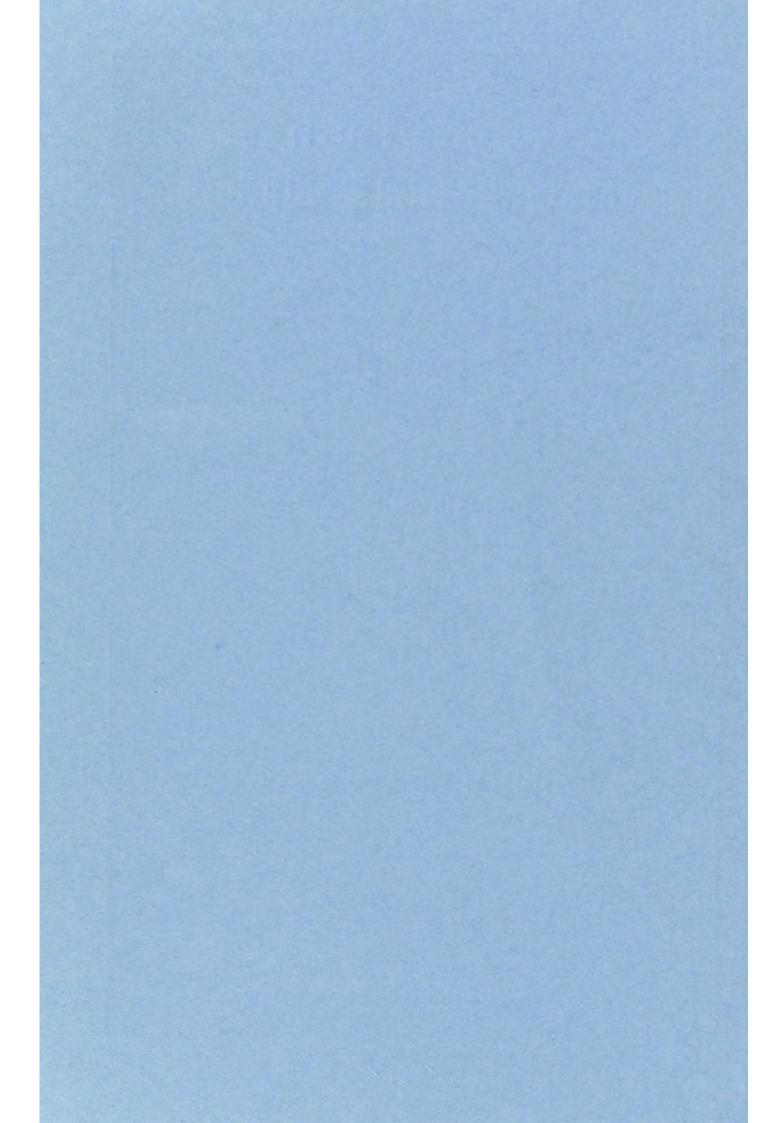
OF THE

Medical Officer of Health

John Patterson, M.B., B.Ch., B.A.O., D.P.H.

FOR THE YEAR 1956

Together with the Summary of Work of the Sanitary Inspector



Urban District Council of Cockermouth

ANNUAL REPORTS

of the

Medical Officer of Health

and the

Public Health Inspector

for the year

1956

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Cockermouth Urban District Council

To the Chairman and Members of the Cockermouth Urban District Council.

Mr. Chairman and Gentlemen,

I have the honour to submit my third Annual Report as Medical Officer of Health to the Cockermouth Urban District Council.

A full account of the many and varied types of work undertaken in the year is included, mainly in statistical form.

The Poliomyelitis epidemic in neighbouring areas caused some alarm but the expected spread to this district did not materialise.

My thanks are again due to Mr. M. M. Dixon, Surveyor and Public Health Inspector, for his continued co-operation and help.

I would also like to express my appreciation of the continued help given to me by the Clerk to the Council and his staff and the kindness shown to me by the Members of the Council.

I am,

Mr. Chairman and Gentlemen, Your obedient servant,

JOHN PATTERSON,

Medical Officer of Health.

PUBLIC HEALTH STAFF.

MEDICAL OFFICER OF HEALTH:

J. PATTERSON, M.B., B.Ch., B.A.O., D.P.H.

PUBLIC HEALTH INSPECTOR:
M. M. DIXON, M.I.Mun.E., C.R.San.I., M.I.H.E.

COCKERMOUTH URBAN DISTRICT COUNCIL.

ANNUAL REPORT

OF THE MEDICAL OFFICER OF HEALTH

For the Year 1956.

GENERAL STATISTICS.

Area :-

Registrar General's estimate of resident population (mid 1956)

5,310

Number of inhabited houses (end 1956) according to Rate

Books 1,925

Rateable Value ...
Sum represented by Penny Rate (approx.)

£46,382 £179

RAINFALL.

Records,* taken at Sunscales Reservoir, Cockermouth, 330 feet above sea level :--

		Inches	Over 1 inch of rain fell on the
1956		of rain	following dates :
January	4.4	2.80	
February		0.71	
March	***	1.46	
April	***	1.15	
May		3.17	
June		1.79	
July		4.70	29th
August		8.64	27th
September		3.98	
October		3.18	19th.
November		1.74	
December		5.73	

Total 39.05

(5 years' average rainfall 1952-1956 inclusive-42.15 inches)

*Kindly given by Mr. M. M. Dixon, Surveyor, Cockermouth Urban District Council.

POPULATION.

The population figure of 5,310 is given for the year 1956 by the Registrar General and called by him the "Home Population". On this figure the birth and death rates and the incidence of notifiable diseases are based.

The population figure for 1955 was 5,300.

CHIEF OCCUPATIONS OF THE INHABITANTS.

Cockermouth is an old market town (its Royal Charter having been granted in the year 1221). For many years Saw-Mills, Building Contractors, a Brewery and the Railway have employed a considerable number of persons (mainly male) and since 1939 five new works of employment were commenced; one of these, a has ceased; Manure factory the other are made up of a Shoe and Slipper factory, a Clothing factory, a light Engineering works and a Precast Concrete works, employing altogether over 1,100 persons including a large number of female labour, particularly at the two first-named which also have workers from outside the Urban area. There are as well, of course, those individuals absorbed by the usual businesses and trades of a small country town. A few find employment about the large cattle Mart, whilst a few are engaged in agriculture, and in coal mines, quarries and steelworks outside the district.

STATISTICS.

The Tables of vital statistics are set out below showing birth rates, death rates and rates for maternal and infantile mortality.

Crude birth and death rates are corrected by means of an Area Comparability Factor supplied each year by the Registrar General. They allow for varying age and sex distribution of the population in different areas and enable comparisons to be made with figures for other areas.

This year the factor for births is 1.02 and for deaths 1.00

The total live births were 98, an increase of 14% above the figure for 1955, resulting in a birth rate of 18.5 (18.9 corrected), compared with 16.2 in 1955. Four of the births were illegitimate.

There was 1 still birth which represents a rate of 10.1 per thousand live births. In 1955 this figure was 11.5 and in 1954, 22.7. The National rate for 1956 is 23.0 per thousand live births.

The number of deaths at all ages was 77 giving a death rate of 14.6 (14.6 corrected) per thousand of population compared with 15.5 (14.2 corrected) in 1955.

There were no maternal deaths during the year.

There were 3 deaths of infants under 1 year of age all of the deaths resulting from congenital defects.

Deaths from cancer increased from 10 in 1955 to 12 in 1956, only one of which was due to lung cancer. These figures are too small to have any statistical significance however.

There were no deaths from Tuberculosis during the year.

Vital Statistics.

Population of the Urban District is 5,310.

-				and the same of	
LIV	7010	DI	DT	HS	
LAL	L L	DT	TUL.	TTD	

1956

LIV.	E BIRTHS :	-13099					
Year		Males	Females	Total	Grand Total		Rate per . 1000 pop. Cor.
1951	Legitimate Illegitimate	45 2	31 1	76 3	79	15.1	14.7
1952	Legitimate Illegitimate	40 0	55 3	95 3	98	18.9	18.5
1953	Legitimate Illegitimate	36 0	46 0	82 0	82	15.6	15.2
1954	Legitimate Illegitimate	41 2	43 0	84 2	86	16.3	16.6
1955	Legitimate Illegitimate	45 2	38 1	83	86	16.23	16.55
1956	Legitimate Illegitimate	49	45	94	98	18.5	18.9
-						-	
STII	LL BIRTHS	:					
Year		Males	Females	Total	Grand Total		1000 total
1951	Legitimate Illegitimate	2 0	0	2 0	2	24.	6
1952	Legitimate Illegitimate	0	0	1 0	1	10.	1
1953	Legitimate Illegitimate	2 0	1 0	3	3	35.	29
1954	Legitimate Illegitimate	0	2 0	2 0	2	22.	7
1955	Legitimate Illegitimate	0	0	1 0	1	11.	5
1956	Legitimate Illegitimate	0	0	1 0	1	10.	1
_							
DEA	THS :-						
Voor		Males	Females	Total	Rate 1000		Rate per 1000 pop Corrected
Year 1951		41	39	80	15.		14.3
1952		38	38	76	14.		13.8
1953		28	34	62	11.8		11.09
1954		37	35	- 72	13.	7	12.6
1955		45	37	82	15.5	5	14.2
		0.5	40	PR PR	* * * *	0	110

42

35

77

14.6

14.6

MATERNAL MORTALITY :-

Deaths	Rate per 1,000 (live & still) births.
0	
0	
1	11.7
0	-
0	
0	No. 1
	0 0 1 0 0

INFANTILE MORTALITY RATES :-

Year	Deaths of Infants under 1 year	All Infants per 1000 live births	Legitimate Infants per 1000 live Legitimate Births	Illegitimate Infants per 1000 live Illegitimate Births
1951	4	51	53	Note and annual
1952	4	41	42	Mil-mail
1953	3	37	37	and the same
1954	1	12	12	
1955	4	46	48	-
1956	3	31	32	-

TUBERCULOSIS DEATH RATE :-

Year	Pulmonary T.B. Deaths	Other T.B. Deaths	Total T.B. Deaths		Total T.B. Death Rate per 1000 pop.
1951	2	0	2	.38	.38
1952	0	0	0	-	_
1953	0	0	0	_	0-
1954	0	1	1		.19
1955	0	0	0	-	_
1956	0	0	0	-	- "

BIRTH RATE.	1951	1952	1953	1954	1955	195
England and Wales	15.5	15.3	15.5	15.2	15.0	15.
County of Cumberland	17.1	17.3	16.7	16.4	16.4	16.9
Urban Districts of Cumberland	17.2	17.6	17.5	17.5	16.7	17.
Cockermouth Urban	15.1	18.9	15.6	16.3	16.2	18.
DEATH RATE.						
England and Wales	12.5	11.3	11.4	11.3	11.7	11.
County of Cumberland	13.2	12.1	11.9	11.9	12.2	12.
Urban Districts of Cumberland	13.2	12.9	11.8	11.4	12.2	12.
Cockermouth Urban	15.3	14.7	11.8	13.7	15.5	14.
INFANTILE MORTALITY.						
England and Wales	29.6	27.6	26.8	25.5	24.9	23.
County of Cumberland	34.0	32.0	27.0	27.6	28.4	30.
Urban Districts of Cumberland	32.0	29.0	30.0	24.9	27.3	32
Cockermouth Urban	50.6	40.8	37.0	12.0	46.5	30

CAUSES OF DEATHS, 1956.

	Causes of Death All Causes	Males.	Females.
	An Causes	 30	42
_			
1.	Tuberculosis, Respiratory	. (0
2.	Tuberculosis, Other	. (0
3.	Syphilitic Disease	. (0
4.	Diphtheria	(0
5.	Whooping Cough	(0
6.	Meningo-coccal Infections	. (0
7	Acute Poliomyelitis	(0
8.	Measles	(0
9.	Other infective and Parasitic diseases	(0
10.	Malignant Neoplasm, stomach	() 1
11.	Malignant neoplasm, lung, bron chus		1 0
12.	Malignant neoplasm, breast	(2
13.	Malignant neoplasm, Uterus	() 1
14.	Other malignant and lymphatic neoplasms		3 4
15.	Leukaemia, Aleukaemia		2
16.	Diabetes	(0
17.	Vascular lesions of nervous system		2 6
18.	Coronary disease, angina	. 10	6
19.	Hypertension with heart disease	() 1
20.	Other heart disease	(3
21.	Other circulatory disease		2 0
22.	Influenza	. 1	0
23.	Pneumonia	. () 2
24.	Bronchitis	. 2	2 1
25.	Other diseases of the Respiratory System	1	0
26.	Ulcer of Stomach and duodenum	1	0
27.	Gastritis, enteritis and diarrhoea	. () 1
28.	Nephritis and nephrosis	1	0
29.	Hyperplasia of prostate	(0
30.	Pregnancy, childbirth, abortion	() 0
31.	Congenital malformations	. 1	2
32	Other defined and ill-defined diseases		7
33.	Motor-vehicle accidents		0
34.	All other accidents		3
35.	Suicide		0
36.	Homicide and operations of war	(0

INFANTILE MORTALITY.

Deaths under I year showing varying causes and ages.

Cause of Death	Under 1 week 1—2 weeks	2—3 weeks 3—4 weeks Total under 4 weeks	1—3 months 3—6 months 6—9 months	9—12 months Total under 1 year.
Congenital Stricture of the aesophagus	1	1		1
Congenital Spina Bifida			1	1
Congenital Heart Defect			1	1
Total	1	1	1 1	3

SENILE DEATH RATE.

Age at Death.	Males	Females	Total
6570 years	6	4	10
70—75 years	9	13	22
75—80 years	2	5	7
80—85 years	11	6	17
85—90 years	1	2	3
Totals	29	30	59

Senile Death Rate 77% of Total Deaths (1955-75.6).

DEATHS FROM VIOLENCE.

Cause		No. of Deaths	% of all causes	Rate per 1000 of population.
Suicide	1955 1956	1 0	1.2	.19
Road Traffic Accidents	1955 1956	0		
Other Violence	1955 1956	4 3	4.8 3.9	.75 .57
Total	1955 1956	5 3	6.0 3.9	.94 .57

DEATHS FROM CANCER.

Site of (Cancer.	Males	Females
Alimentary:	Stomach Calon	.0	1 2
Glandular:	Breast Lymphatics	0 0	2 1
Respiratory :	Lung	1	0
Reproductive:	Uterus Ovaries	0 0	1 1
Other:	Bladder Brain	1 1	0 0
Totals		4	8

Age at Death	Males	Females	Total
Between 30—40	0	1	1
40-50	0	1	1
50-60	0	2	2
60—70	2	0	2
70—80	1	4	5
80—90	1	0	1
Totals	4	8	12

CANER DEATH RATE 2.2 per 1,000 population (1955: 1.9 per 1,000 population).

Approximately 1 death in 7 was due to Cancer,

INFECTIOUS DISEASE.

The total number of cases of infectious disease notified in 1956 was 163. Excluding measles and whooping cough the number is 12.

There were no notifications or deaths from Diphtheria, Poliomyelitis, Typhoid, or Puerperal Pyrexia.

Although no notifications of Pneumonia were received, 2 deaths were attributed to Pneumonia.

Two notifications of food poisoning were received. No organism was discovered in either case, nor was the source of infection found. Both cases made a rapid recovery.

CASES ON THE TUBERCULOSIS REGISTER.

		Males	Females	Totals
Pulmonary	astr.	 22	28	50
Non Pulmonary		 6	6	12
Totals		 28	34	62
		-	_	-

Non-Notifiable Acute Infectious Disease :-

Influenza was prevalent and one death was recorded from the disease, so that the Influenza death rate was 0.2 per thousand of the population.

Poliomyelitis :-

During the year, Poliomyelitis was fairly extensive in the North West, and the neighbouring areas of Whitehaven and Ennerdale Rural District were heavily involved. No cases occurred in this district.

At the end of the year, a vaccine was produced and distributed by the Ministry of Health, but because of the small amounts available, only selected age groups were given the vaccine and even then a further selection at random was made with the result that the number who had a complete course (i.e. 2 injections at monthly intervals) in the district was 1 (a female aged 2 years).

Those children whose parents have given consent but were not selected in this first group will be vaccinated when more vaccine becomes available.

IMMUNISATION.

DIPTHERIA.

Figures kindly supplied by the Divisional Medical Officer are given in tabular form, showing the number of Diphtheria Immunisations carried out and the position at the end of 1956.

SMALLPOX.

Age when vaccinated or re-vaccinated	Number Vaccinated	Number Re-vaccinated
Under 1	10	
1		_
2—4	- 1	_
5—14	-	_
15 or over	1	-
	11	-

Vaccination against Smallpox is not carried out at any of the local authority clinics in this county, and the figures in the table, therefore, relate to vaccinations carried out by general practitoiners.

B.C.G. (Tuberculosis).

Mantoux testing, Mass Miniature Radiography and B.C.G. vaccination was continued in 1956, the age group concerned being those born in 1942. Of the children in thei age group attending the Secondary schools in Cockermouth, consent was given in 102 cases. Of those, 101 were tested, 23 found to be positive reactors and of the 78 negative reactors, 76 were given B.C.G. vaccinatioin.

The figure of 23 positive reactors i.e. 22.7% compares favourably with results obtained elsewhere in the county.

Diptheria Immunisation undertaken during 1956.

Booster	Primary Inoculation	Year of Birth
		1942
		1943
1	2	1944
		1945
1	-	1946
-		1947
16		1948
15	1	1949
	ಬ	1950
		1951
	1	1952
	ယ	1953
	4	1954
	26	1955
	ω	1956

State of Immunisation at end of 1956.

Number of children under 15 years of age known to have been inoculated in the district

Number of children whose last course (primary or booster) was completed prior to 1952.	Number of children whose last course (primary or booster) was completed in the period 1952-1956	Year of Birth	Age on 31/12/56
	ω	1956	under 1
	213	1952-55	1-4
72	398	1947-51	5—9
161	292	1942-46	10—14
233	906		Total under 15

-	Deaths of Cases	PORT	MUDAUMA			
	Dec.	23			1	00
	ov.	21		-	F 30	23
	t.	82		н		83
	t.					
ease	Sep	34				34
Dis	Aug.	8 -1			-	10
e of	ıly /	60				00
denc	ne Ju					
Inci	Jun					
Monthly Incidence of Disease	May	-			Н	2
Mont	Apr.					
1	ar. 4					
	Feb. Mar. Apr. May June July Aug. Sept. Oct. Nov. Dec					
	. Fe				5	5
_	Jan.		No. 1 may be 1			
	over 65 years					-
	45-64 years	- NO AND SAN			6.5	00
ion.	25—44 years			23	62	5
Distribution.	15-24 years				-	-
Distr	10-14 years	-				-
	5—9 years	1 4 4			-	85
Age	3-4 years	4 35			-	40
	1-2 years	2 2 21				23
_	Under 1 year	1 4				0
	Total	1 11 140	I STATE OF THE STATE OF	2	7 2	163
	Ca		nia itis ons noid	xia	JS	
		clet Fever ooping Cough te Poliomyelit Paralytic Non-Paralytic sles	te Pneumonia entry llpox te Encephalitis Infective Post-infections eric or Typhoio Fever	ingocual Infection d Poisoning rperal Pyres thalmia	Respiratory Meninges and C.N.S. Other forms	
		rlet Fever ooping Co te Poliom Paralytic Non-Para	te Pheun entry illpox te Encepl Infective Post-infe eric or Ty Fever	ingocual Infection a Poisoni rperal Py thalmia	erculosis Respirator Meninges and C.N.S.	
		Scarlet Fever Whooping Cough Acute Poliomyelitis Paralytic Non-Paralytic	Acute Pneumonia Dysentry Smallpox Acute Encephalitis Infective Post-infections Enteric or Typhoid Fever Erysipelas	Meningocual Infection Food Poisoning Puerperal Pyrexia Ophthalmia Neonatorum	Tuberculosis Respirate Meninger and C.N. Other fe	Totals
1		Sca Wh Act	Acc Dys Sm Acc Acc Acc Acc Acc Acc Acc Acc Ent	Foc Pur Opl	Ta	Tot

ANNUAL REPORT

OF THE PUBLIC HEALTH INSPECTOR AND SURVEYOR M. M. DIXON, M.I.Mun.E., C.R.San.I.

For the year 1956.

WATER SUPPLY

The method of obtaining water by bulk supply from Workington Corporation's trunk main from Crummock continued as before. The total amount abstracted during the year into the Council's Moor reservoir was 96,000,000 gallons, equivalent to an average daily consumption per head of just under 50 gallons. This figure incudes trade supplies which account for approximately 10% of the consumption. Treatment of the lake water continued as set out in my 1955 report. The Workington Corporation and my department continued sampling for bacteriological analysis and received consistently good reports from the Cumberland Pathological Laboratory. The amount supplied to the high level areas of the town via the Sunscales reservoir averaged 78,000 gallons per day which was 28% of the total consumption.

DRAINAGE AND SEWERAGE

The improvement scheme at the sewage disposal works was completed and enabled a much greater degree of efficiency to be obtained in the running of the works. It can now be said that the effluent discharged to the River Derwent is consistently satisfactory.

REFUSE REMOVAL

There was no alteration in the service of scavenging and refuse removal. The Council gave consideration to the purchase of an additional mechanical vehicle, having in mind the provision of a bi-weekly collection in all parts of the town.

FACTORIES ACT - 1937.

There are 41 factories registered in the area all of which are periodically inspected to ensure compliance with the regulations.

OFFENSIVE TRADES.

The firm of fellmongers continued to trade in the Urban area. The premises were regularly inspected and were found to be efficiently maintained.

PREVENTION OF DAMAGE BY PESTS ACT, 1949.

The Act continued to be administered as detailed in my 1955 report.

FOOD AND DRUGS ACT - 1938.

The Food Hygiene Regulations 1955 came into operation on the 1st July, 1956. The purport of the regulations was conveyed to all firms concerned and inspections are being made of all premises in the area. It is hoped that it will be possible in future years to report continuing improvements in the standard of food premises, following the implementation of these regulations.

Condemnation of unsound food was continued, the following being the main items of food condemned:—

6 lbs. Tinned Tongue.

56 lbs. Tinned Beef.

11 lbs. Boiled Ham.

24 tins Vegetables. 4 tins Fish.

4 tins Fish. 26 tins Fruit.

18 tins Evaporated Milk.

SLAUGHTERHOUSES.

There are three slaughterhouses in the Urban area, licenced by the Council. As a result of inspection of the carcases dealt with at these premises, it is possible to say that the standard of meat concerned has been good.

HOUSING.

It is reported with regret that there were no houses completed by the Council during the year. Six houses were built by private enterprise.

During the past twelve years, 356 Council and 60 private

enterprise houses have been built in the Urban area.

IMPROVEMENT GRANTS.

The Council received six applications for Improvement Grants all of which were approved. In five cases the works were completed and the Grants paid.

SANITARY INSPECTION OF AREA.

NUISANCES:-				
Nuisances reported to Council				6
Written Intimatory Notices served				9
Written Intimatory Notices complied v	vith			9
SANITARY WORK:—				
Choked Drains, defective I.C.'s and g	ullies		2	29
Factory inspections				1
Visits to Offensive Trades				7
Visits re food condemnation			1	6
The same of the sa				
with my and present with referent field, consisting				
BUILDING PLANS APPRO	OVED -	- 1956.		
Williams-Extensions, 8, Princes Road.				
Knight—Bathroom, Holly Square.				
Hospital Board-Sanitary Annexe, Hosp	oital.			
Routledge—Bathroom, Goat Road.				
N.P. Bank—Garage, High Sand Lane.				
Graves Bros.—Toilets, Grand Theatre.				
Millers Ltd.—Stores, Derwent Mills,	abool (lastlagat	Duine	
Cumberland C.C.—Secondary Modern S T. Armstrong Ltd.—Precast Concrete F				
Williamson—Garage, Hill Street.	accory,	" OTKING	scon 100	ac.
Mayson-Alterations, Fern Bank.				
Bank—Bungalow, Windmill Lane.				
Loan—Bathroom, Goat Road.				
Snaith—Bathroom, Crown Street,				
Chambers—Bathroom, Henry Street.				
Hazelton—Alterations, Windmill Lane. Various—Garages, Market Hall.				
Various—Garages, Slatefell Drive.				
Twiname—Bungalow, Beech Lane.				
County Garage Co.—Agricultural Works	hop, Lo	rton Sti	eet.	
Blatherwick—Classroom, St. Helen's Sch	iool.			
Twiname—Twelve Houses, Isel Road.				
Davison—Garage, 2, Fell View.				
Canterbury—Garage, Castlegate Drive. Thirkell—Bathroom, Henry Street.				
Fearon—Bathroom, Henry Street.				
N.P. Bank-Alterations, N.P. Bank				
Cooper—Bathroom, 57, Kirkgate.				
Kirkpatrick—Garage, Sunscales Avenue.				
Crellin-Garage, Kirkbank.				
Swindle—Garage, 76, Brigham Road.				
Fallows—Bungalow, Beech Lane.				
N.E.H.A.—Garage, Windmill Lane. Tyson—Garage, Kirkbank.				
Stamper—Two Bungalows, Oakhurst Ro	ad.			



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