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Contributors

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CLACTON URBAN DISTRICT COUNCIL

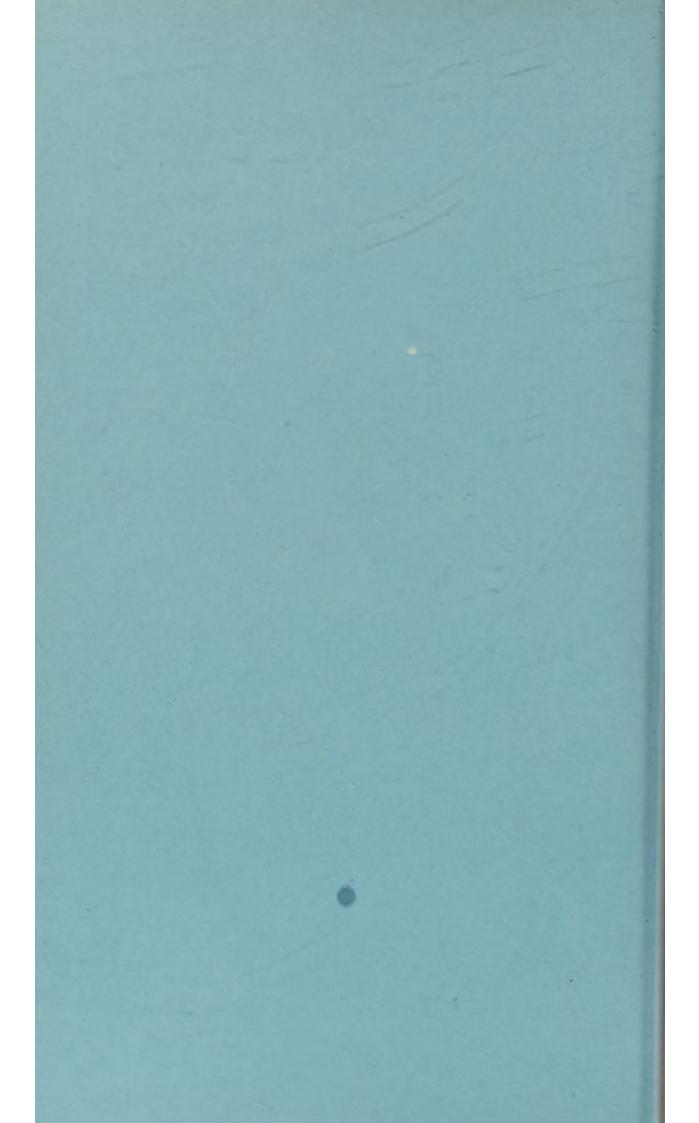
ANNUAL REPORT

of the

MEDICAL OFFICER
OF HEALTH

FOR 1951

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Clacton Urban District Council

CHAIRMAN:

Mr. H. P. KING, J.P., C.C.

VICE-CHAIRMAN: Mr. K. ELLIOTT

MEMBERS OF THE PUBLIC HEALTH COMMITTEE

CHAIRMAN:

Mr. R. R. THACKER

VICE-CHAIRMAN:

Mr. W. A. BAKER

Mr. R. G. AUSTIN

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Mr. W. M. JOHNSTON

Miss A. M. TILSON

Mr. F. W. WAGSTAFF, J.P.

PUBLIC HEALTH OFFICERS

F. GROARKE, M.B., B.CH., B.A.O., L.M., D.P.H., D.C.H., Medical Officer of Health

GEO. H. SMITH, M.S.I.A., M.I.P.C., R.S.I. CERT. MEAT AND FOODS,

R.S.I. Cert. Sanitary Science,

R.S.I. Adv. Cert. in Practical and Adminis-

trative Duties.

Institute of Hygiene Cert. Advanced Hygiene

and Physiology.

Institute of Public Cleansing Diploma.

Senior Sanitary Inspector and Cleansing Officer. (Retired 31 December, 1951).

N. HAWKINS, M.S.I.A., CERT.S.I.B., Cert. Meat and Foods.
Additional Sanitary Inspector.

J. ROYLE, M.S.I.A., A.R.SAN.I., Cert. Meat and Foods.
Additional Sanitary Inspector.

E. H. NORFOLK, Senior Clerk.

Miss E. P. JOHNS, Junior Clerk.

S. HODGKINSON, M.S.I.A., M.R.SAN.I.

Appointed Chief Sanitary Inspector and Cleansing Officer
1st January, 1952.

CLACTON URBAN DISTRICT COUNCIL

Public Health Department, Town Hall, Clacton-on-Sea,

August, 1952

TO THE CHAIRMAN AND MEMBERS OF THE CLACTON URBAN DISTRICT COUNCIL

Mr. Chairman, Miss Tilson, and Gentlemen,

I have the honour to present my Annual Report which deals with the health and sanitary circumstances of the Urban District for the year 1951.

The vital statistics for the year, in-so-far as they may be used as an index of the general health of the population, may again be said to be satisfactory.

Our birth rate is again low, but only six infants under one year of age died which gives us the exceptionally low infantile mortality rate of 21.2 which compares very favourably with the national figure.

Disease of the heart and blood vessels was the cause of death in more than half the total number occurring, which is substantially the same as last year. The vast majority occurred in the older age groups. People are living longer now-a-days and for that reason we must expect deaths under this heading to increase as our heart, with increasing age, has an increasing strain put on it by reason of loss of elasticity in the arteries, which in turn causes an increase in blood pressure thereby rendering a weakened artery more liable to burst, causing a stroke.

We have had a big increase in the number of cases of measles, and to a lesser extent an increase in cases of infective hepatitis (jaundice) and whooping cough, whereas we were fortunate to have had only one case of poliomyelitis in our district.

In presenting this report, I wish to thank the Council for their support, and also to express my appreciation for the help and co-operation received from the various officers and their departments of the Council, and particularly to the Senior Sanitary Inspector and Public Health Staff.

> I am, Your obedient Servant,

> > F. GROARKE, Medical Officer of Health.

STATISTICAL MEMORANDUM

Urban District			****	Urb	an Dist	rict o	f Clacton
Area in acres							6,470
Population : 1951 Census 1951 Registra	 r Gener						24,065 23,980
Density of Population	n per a	cre					3.7
Rateable Value			****		****	£	286,300
Sum represented by	a penn	y rate			****		£1,150
Number of inhabited	houses						9,450
Total Live Births	****	****	****				283
Birth Rate	****	in the	n	sale of	****		11.8
Birth Rate corrected		****			****		13.3
Total Still Births							11
Still Birth Rate					****		37.4
Total Deaths							372
Death Rate (crude)							15.5
Death Rate corrected	l						10.8
Deaths of Infants und	der 1 ye	ear of a	ige	*********	****		6
Infant Mortality Rat	e						21.2
Number of Illegitima	te Birtl	hs					22
Percentage of Total I	Births				****		7.8
Deaths from Diarrho	ea (uno	der 2 ye	ears of	age)			1
Cancer Deaths			.11.4	1	1112		59
Tuberculosis Deaths			****				9

VITAL STATISTICS

(a) LIVE BIRTHS:

Legitimate	 	Male 157	Female 104	Total 261
Illegitimate	 ****	10	12	22
		167	116	283

Birth rate 11.8 per 1,000 population Percentage of illegitimate births 7.8

The birth rate of England & Wales was 15.5 per 1,000 population, our rate is therefore 3.7 below that for the country generally

The reason for this inequality is due to the difference in the again and sex distribution of the Urban District from the country as a whole.

A comparability factor is therefore issued by the Registra-General. The figure for Clacton is 1.13 giving a corrected birth rate of 13.3.

(b) STILL BIRTHS:

There were 11 still births (10 legitimate, 1 illegitimate) during the year, equivalent to a rate of 0.45 per 1,000 population as compared with 0.36 for the country generally, or 37.4 per 1,000 total births.

(c) DEATHS:

The total number of deaths registered during the year as belonging to the Urban District was 372 (188 male and 184 female). This is equal to a death rate of 15.5 per 1,000 population compared with a rate of 12.5 for the country generally.

This inequality is due to the reasons given in the paragraph on births. The comparability factor is 0.70 giving a corrected death rate of 10.8.

Of the 372 deaths, the number over the age of 65 years totalled 286 giving a percentage of 76.8.

The causes of death are given in Table II.

INFANT MORTALITY RATE.

There were 6 deaths (5 legitimate, 1 illegitimate) of children under 1 year of age. The infantile mortality based upon the number of live births registered in the year, i.e. 283, is equivalent to a rate of 21.2 per 1,000 births compared with a rate of 29.6 for the country.

The number of deaths of children under 1 year of age since 1930:—

1930 6 1941		9
1931 8 1942		7
1932 10 1943		1
1933 8 1944		10
1934 6 1945	****	11
1935 12 1946		9
1936 15 1947		11
1937 10 1948	****	7
1938 13 1949		7
1939 14 1950		7
1940 5 1951		6

Among the principal causes of death are the following :-

Pulmonary	Tube	erculosis		****		 5
Pneumonia						 8
Bronchitis	****	****	****	****	****	 8
Influenza						 8
Cancer		****				 59
Intracrania	l Vas	cular Le	sions			 55
Heart Disea	ase			****	****	 149

TABLE I.

DEATHS AT VARIOUS AGES DURING 1951

Under l year	****		****		6
1 and under 2 years	****				_
2 and under 5 years					2
5 and under 15 years					2
15 and under 25 years					2
25 and under 35 years		****	****	****	2
35 and under 45 years					8

45 and under 55 years			****		15
55 and under 65 years					49
65 and under 75 years	****	****	****	****	108 178
75 and upwards		****		****	
	Total				372

TABLE II.

CAUSES OF DEATH DURING 1951 (R.G.)

Causes of Death		Male	Female	T
Pulmonary Tuberculosis		4	1	
Non-Pulmonary Tuberculosis		3	1	
Meningococcal Infections		1	_	
Other infective and parasitic diseases		1	1	
Cancer		30	29	55
Diabetes		_	1	
Vascular lesions of nervous system		27	28	55
Heart Disease	****	66	83	14
Other Circulatory Diseases		8	12	22
Influenza		4	4	
Pneumonia	****	3	5	
Bronchitis		6	2	
Other Diseases of Respiratory System		1	2	
Ulcer of Stomach and Duodenum		5	1	
Gastritis, Enteritis and Diarrhoea		1	2	
Nephritis and Nephrosis		4	1	
Hyperplasia of Prostate	****	6	_	
Congenital Malformations		1	_	
Other defined and ill-defined diseases		10	10	22
Motor vehicle accidents	****	1	-	
All other accidents	****	4	_	
Suicide		2	1	
All causes	****	188	184	377

TABLE III.

INFANTILE DEATHS

The following table shows the cause of, and the ages at death, of ne 6 infantile deaths registered:—

	Under 1 day	1 day to 1 week	l week to l month	Total
Prematurity Atelectasis	. 1	1 3	=	1 4
Gastro-enteritis			1	1
Totals	1	4	1	- 6

TABLE IV.

COMPARATIVE STATISTICS

Birth Rates, Death Rates, Analysis of Mortality, Maternal Mortality and Case Rates for certain Infectious Diseases in the year 1951. Provisional figures based on Quarterly Returns.

Rates per	1,000	Home 1	Populat	ion.		F 1 1
The same that the same that the				C	.U.D.C.	England & Wales
Births:						
Live Births (Corrected	1)		****		13.3	15.5
Still Births	****		****		0.45	0.36
Deaths:						
All Causes (Corrected)				10.8	12.5
Typhoid and Paratyp					0.00	0.00
Whooping Cough	****				0.00	0.01
Diphtheria	****		****		0.00	0.00
Tuberculosis				****	0.37	0.31
Influenza					0.33	0.38
Smallpox		****	****		0.00	0.00
Acute Poliomyelitis	(incl	uding	Polioen	-	0.00	- 0.00
cephalitis)					0.00	0.00
Pneumonia		****	****		0.33	0.61
Notifications (corrected	d)					
Typhoid Fever					0.00	0.00
Paratyphoid Fever					0.00	0.02
Meningococcal infecti	ion	****			0.00	0.03
Scarlet Fever					0.75	1.11
Whooping Cough					0.91	3.87
Diphtheria					0.00	0.02

				Engla
			C.U.D.C.	& Wa
Erysipelas				0
Smallpox				0.0
36 1				14.0
Pneumonia		Delicen	0.00	0.9
Acute Poliomyelitis cephalitis)—	(including	ronoen-		
Paralyt	ic		0.00	0.0
	aralytic			0.0
Food Poisoning			0.00	0.1
Ra	tes per 1,000	Live Births		
Deaths:				
All causes under 1 ye	ar of age		. 21.2	29.6
Enteritis and diarrho				1.4
Notifications (corrected	The same of the sa			
	Rates per	1,000 Total (
Puerperal Fever and	pyrexia		. 0.00	10.60
MATERNAL MO	RTALITY	IN ENGLAN	ND & WAL	ES
		England		Engla
	C.U.D.C.	& Wales	C.U.D.C.	
Cause		1,000 Total	Rates pe	
	(Live and	Still Births)	women ag	ed 15
Sepsis of pregnancy, chil birth and the puerperiu		0.10		
Other toxaemias of pre	eg-			
nancy and the puerperiu	ım 0.00	0.24		
Haemorrhage of pregnan and child birth		0.13		
Abortion without sepsis toxaemia	or 0.00	0.05	rest remite	4
A1	0.00	0.09		7
Other complications of pre	eg-	0.00	and the second	11
nancy, childbirth and t	0.00	0		1973
puerperium	0.00	0.18		
	0			

SECTION B

GENERAL PROVISION OF HEALTH SERVICES FOR THE AREA

(a) STAFFING:

(i) The Medical Officer of Health holds the following appointments:—

Medical Officer of Health to the Urban Districts of Clacton, Brightlingsea, Frinton & Walton, and to the Rural District of Tendring.

Assistant County Medical Officer and Assistant School Medical Officer to the Essex County Council.

(ii) Sanitary Inspectors:

Sanitary Inspectors are members of a team of health workers which include doctors, nurses, social workers, and various medical auxiliaries; each member of the team contributes his quota to the promotion of good health, social welfare, and the alleviation of suffering among the population. Sanitary Inspectors are concerned with the special field of environmental health, which includes the places where people live and work, the food and drink they consume, the air they breath, the influence on health of deleterious conditions in the neighbourhood, the securing of good hygienic conditions wherever they are found below standard, and certain aspects of infectious and other diseases.

The Sanitary Inspector should be regarded as a specialised health worker in the field of preventive medicine.

(b) LABORATORY FACILITIES:

Pathological specimens are examined at the Laboratory, Essex County Hospital, Colchester.

Samples of water, sewage, etc., for chemical analysis are sent to the Counties Public Health Laboratories, 66 Victoria Street, London, S.W.1.

The Bacteriological examination of water supplies, milk supplies, ice cream, etc., is carried out at the Public Health Laboratory, Ipswich.

It is necessary for the health department of any authority to make full use of the laboratory facilities in the area, and I would like to express my appreciation for the co-operation and help which this department has received from the staff of these laboratories.

(c) HEALTH SERVICES PROVIDED BY THE ESSEX COUNT COUNCIL.

(i) Nursing in the Home.

(ii) Midwives.

(iii) Health Visitors.

(iv) Home Helps.

(v) Immunisation.

(vi) Clinics.

(vii) School Medical Service.

(viii) Ambulance Service.

Maternity and Child Welfare:

The main Clinic is provided at the combined Clinic premiss Skelmersdale Road, Clacton. This Clinic is centrally situated and the are three sessions each week:

Tuesday morning 9.30 a.m.—12 noon.
Thursday morning 9.30 a.m.—12 noon.
Thursday afternoon 2 p.m.—4 p.m.

The Maternity and Child Welfare Medical Officer is in attendance.

In addition to the Central Clinic, smaller subsidiary Clinics a

held at Holland-on-Sea and Jay-Wick.

Diphtheria Immunisations are carried out at the Clinic, Skelmer dale Road, Clacton.

Minor Ailments Clinic:

School children attend the Clinic, Skelmersdale Road, Clactor

Special Clinics:

Women's Welfare, Ophthalmic, Orthopaedic and Child Guidani Clinics to which women and children residing in the Urban District ca attend are held at the premises in Skelmersdale Road, Clacton.

Ante-Natal and Post Natal Clinics:

These are held at the Clinic, Skelmersdale Road, Clacton.

Dental Clinic:

When necessary at Skelmersdale Road, Clacton.

Psychiatrist Clinic:

A Clinic is held every Friday between 2 and 4 p.m. by appointment

d) HEALTH SERVICES PROVIDED BY THE REGIONAL HOSPITAL BOARD.

(i) Tuberculosis:

A chest clinic is held at No. 2 Shewell Road, Colchester, daily, and on Friday mornings at the Combined Treatment Centre, Skelmersdale Road, Clacton.

(ii) Venereal Disease:

Facilities are provided at the Essex County Hospital, Colchester, and at Harwich.

- (iii) Hospital for the Chronic Sick:
 Heath Hospital, Tendring.
 St. Mary's Hospital, Colchester.
- (iv) Hospital for Infectious Diseases: Myland Hospital, Colchester.
- (v) Maternity:

Woodboro' Nursing Home, Skelmersdale Road, Clacton. Maternity Hospital, Lexden Road, Colchester.

(vi) General:

Clacton Hospital.

NATIONAL ASSISTANCE ACT 1948 NATIONAL ASSISTANCE (AMENDMENT) ACT 1951

It was not necessary during 1951 to take action which empowers Local Authorities to remove to hospital persons in need of care and attention.

There are many old persons in this, as in other districts, living alone who would undoubtedly be better cared for physically in an institution where they would have regular suitable food, clean clothes and a clean bed to sleep in, but human nature being what it is, the majority of these persons prefer to be left in their own homes no matter how insanitary that is. The mental well-being of these old persons is of equal importance to physical care, and it is only when we have exhausted all other channels of help that we consider taking action under the above Acts.

We try to arrange for a relative to help, but the cases which are brought to our notice are usually those that have no relatives or have relatives who are unable or unwilling to help.

The Home Help Service is of great value in such cases. We arrange and pay a women to visit daily and assist in the running of the home. Unfortunately suitable Home Helps are scarce and the service is an expensive one for the County Council to maintain, but this service has been a success and is becoming more and more in demand, particularly for the aged and infirm for whom adequate institutional accommodation is lacking.

SECTION C

SANITARY CIRCUMSTANCES OF THE AREA. WATER.

The main source of the water supply to this district is from to Tendring Hundred Waterworks Company's Wells at Lawford and Dedham.

Two Wells, owned by this Council and situated at Great Bentl and St. Osyth, supply water to the town during the summer months, an may also supply water to the parish of St. Osyth in the Tendring Run District.

		GALLONS					
Tendring Hundre Waterworks Co. Great Bentley St. Osyth	ed		1949 320,526,000 48,434,000 Nil	1950 297,707,000 69,403,000 10,560,000	1951 299,070,00 67,488,00 9,756,00		
			368,960,000	377,670,000	376,314,00		

Bacteriological examinations made of the raw water before passes into the distribution mains have proved satisfactory, and in addition, the water supplied from the various sources is chlorinated as a additional precautionary measure.

It is usual for some deterioration in quality to take place before use at the consumer's premises. Samples of water taken at properties the district frequently show this, and measures are taken to ascertain the source of the pollution if such deterioration has occurred. The storage of water in open cisterns under the roof is a cause for deterioration in some cases, while another frequently discovered reason is the anti-splash deviated to the tap in the kitchen. This device may act as a trap for an organic matter in the water, which matter may act as a culture medium for bacteria and give rise to contamination of the water.

Bacteriological Examinations.

Sampling Point		Satisfactory	Unsatisfacto
Works, Old Road, Clacton	 ****	3	1
District Mains	 ****	11	2
Consumers' Premises	 v	51	7

CHEMICAL EXAMINATIONS.

HARDNESS

The water supplied by the Tendring Hundred Waterwork Company's Lawford Works is very much harder than a larger proportic of public supplies and is unusually hard for main water. The Company's new source at Dedham is, however, capable of roviding a water of 200 p.p.m. less in total hardness than Lawford, so at the mixture of the two waters should result in a reduction of at least 30 p.p.m. of total hardness.

The advantages of a softer water are a saving of soap (a reduction 180 parts would give a saving of between two and three pounds of soap er head per year), saving in work and deterioration of fabrics, also a eduction in deposits of scale in domestic and industrial water heating

paratus.

It is practicable to soften the water to a reasonable level, but the apital charges for plant and the operational cost would be considerable, articularly as the water supplied from both sources show a high chlorine ontent, and therefore have a latent corrosive tendency. Any softening rocess must be carefully regulated to avoid accentuating this charactertic. The cost of softening this water would probably be in excess of 5d. er thousand gallons, and would reduce the hardness from the 'very ard' to the 'moderately hard' class which would not be sufficient to revent the deposition of scale on water heating apparatus, but would ow the process down.

The Company must, if and when the Ministry of Housing and ocal Government shall so require, soften their water so that it shall not

ave a hardness exceeding 180 parts per million.

CORROSION

Consumers complain that the water supplied at their premises is ometimes discoloured. The substance which discolours the water is ron oxide which results from a reaction between the water and the main and has no connection with the hardness of the water. Considerable engths of distribution mains are in varying stages of encrustation, and work is proceeding in scraping this deposit from the worst affected mains.

The corrosion which occurs in the water mains in our district is caused by different factors in both sources of supply.

The high chloride content of the water supplied by the Tendring Hundred Waterworks Company is the main reason from this source while a very unfavourable feature from the aspect of corrosion of the water supplied from the Council's own sources is the faintly acid reaction due to the high content of free carbon dioxide.

The Tendring Hundred Waterworks Company have recently ntroduced measures to reduce the corrosive tendencies of the water which hey supply to this district, which include aeration, alteration of the pH by the use of soda ash, and by mostly using water from the newer Dedham Works, have lowered the chloride content of the bulk supply.

The Wells at Great Bentley and St. Osyth were closed down eight months of the year and were in operation for the summer montonly. Circumstances at these Works make it impossible to remove to carbon dioxide by aeration without alterations requiring very considerable expenditure which would be out of proportion to the smooth output. Corrosive action on metals would be anticipated due to the slightly acid reaction and it would be advisable to avoid the use of less with this water if untreated in order to rule out the possibility of plumps of solvent action.

The effects of corrosion are that the carrying capacity of the mai are affected by the formation of these deposits. Another effect is the this encrustation is soft and in the wet state is easily scraped off the mai. When velocity of the water in the main is increased, some of this excrustation comes away from the main and discolours the water—hen the complaints which we receive. A further effect is that the main itseemay become defective and allow the entrance of organic matter there causing deterioration of the water during its passage to the consumer.

CHEMICAL ANALYSIS.

Parts per million of the Area's Water Supply.

			Clacton	U.D.C.	Tendring Hundre		
			St. Osyth	Ct Rentley		works C	
			Pumping Pumping	Gt. Bentley Pumping	Works	Dedha	
			Station	Station	TTOTAS	11011	
Colour			Nil	Nil	Less	Les	
-					than 10	than !	
Reaction pH			6.3	6.1	7.4	77	
Electric Conductiv		****	420	480	2250	102	
Chlorine in Chlori	des		34	43	590	16	
Hardness: Total			155	180	500	28	
Carbonate		4	40	20	270	20	
Non-Carbonat	e		115	160	230	6	
			14	15	0	-	
Ammoniacal Nitro	gen		0.000	0.000			
Albuminoid Nitrog	en		0.017	0.030			
Metals: Iron			0.15	Absent	0.40	0.22	
Turbidity	****		Less	Nil	4	0.23	
			than 3	- 111	Т.		
Odour			Nil	Light	Nil	NIS	
				chlorinous	IVII	Ni	
Free Carbon Dioxi	de		46	48	10	10	
Total Solids			280		19	18	
	100	ARRE!	200	320	1450	67	

Ikalinity as Cal	cium				
Carbonate		40	20	270	260
Jitrate Nitrogen	****	Less	Absent	0.01	0.01
		than 0.01			
)xygen Absorbed		0.30	0.45	0.35	0.10
esidual Chlorine		Absent	0.20	0.10	0.18
ree Ammonia				1.40	0.44
Albuminoid Ammonia	****			0.02	Nil

^{*} This figure is reduced to 6 after aeration.

There are 10,060 (approx.) premises taking a water supply for a esident population of 24,000 and a summer population of 75,000.

About 19 permanent dwellings are supplied by standpipes, also he Jay-Wick area has some 1,000 summer chalets housing approximately 1,000 holiday-makers in the summer who obtain their water from standpipes off the main supply.

DRAINAGE AND SEWERAGE

226 yards of 9" diameter surface water sewers provided along Marine Parade East between First Avenue and Hazlemere Road. These sewers were constructed by Contract under the Private Street Works Act, 1892.

ERADICATION OF BED BUGS

Number of Infected Houses:

(a)	Council Houses	****	 1 (Requisitioned)
(b)	Other Houses		 10
(c)	Caravans		 3
Number of Houses	Disinfested:		
(a)	Council Houses		 1
	Other Houses		 10
(c)	Caravans	****	 3
			 listing ata what

The methods employed are stripping of skirtings, etc., where necessary, spraying with insecticide, fumigation, and steam disinfestation of bedding.

FACTORIES ACTS, 1937 and 1948

PART I OF THE ACT

1.—Inspections for purposes of provisions as to health (including inspections made by Sanitary Inspectors).

			Number of					
Premises (1)	M/c line No. (2)	Number on Register (3)	Inspections (4)	Written notices (5)	Occupi prosecu (6)			
(i) Factories in which Sections 1, 2, 3, 4 and 6 are to be enforced by Local Authorities (ii) Factories not included in (i) in which Section 7 is enforced by the Local Authority (iii) Other Premises in which Section 7 is enforced by the Local Authority (excluding out-workers' premises)	2 3	124	10 83					
Total		168	93	-	150			

2.—CASES IN WHICH DEFECTS WERE FOUND.

(If defects are discovered at the premises on two, three or me separate occasions they should be reckoned as two, three or me "cases.")

Marie Marie Works	M/c		per of cases were fo		efects	Numbers cases in
Particulars	line No.	Found	Remedied	Refe To H.M. Inspector		which prosecution were
(1)	(2)	(3)	(4)	(5)	(6)	institutes (7)
Want of Cleanliness (S.1.) Overcrowding (S.2)	4 5	8	7_		_	-
Unreasonable tempera- ture (S.3) Inadequate ventilation	6	_	-	-	-	-
(S.4) Ineffective drainage of	7.	-	-		-	-
floors (S.6) Sanitary Conveniences (S.7)	8	_	_	-		
(a) Insufficient (b) Unsuitable or	9		-		Sul Sul	-
defective (c) Not separate for	10	7	9	-	-	
Other offences against the Act (not includ-	11	1	2	ROBIES	FAC	
ing offences relating to Outwork)	12	5	2	_	_	_
Total		21	20	_	-	_

PART VIII OF THE ACT OUTWORK

(Section 110).

WALKALINA WALKE		Section 110					
Nature of Work (1)	M/c line No. (2)	No. of out-workers in August list required by Sect. 110(1) (c)	No. of cases of default in sending lists to the Council (4)	No. of prosecutions for failure to supply lists (5)			
Wearing apparel—Making, etc., Cleaning and Wash- ing Artificial flowers	13 28	21 1	=				
Total		22	L -	-			

SANITARY ADMINISTRATION

The following is a synopsis of the principal work carried out by the Department during 1951:—

Special Visits		3440
Special Visits re Nuisances		830
Re-inspections of Premises		1077
Interviews with Owners, Builders, etc.		534
Piggery Inspections		143
Stable Inspections		15
Inspections re Dogs		4
Inspections re Poultry Houses and Runs		75
Inspections—Miscellaneous		9
Offensive Trade Inspections		6
Fish Friers' Premises Inspected		43
vv : 1 1D ' I		8
		10
Smoke Observations	****	3
Cinema—Sanitary Accommodation Inspected	****	9
Inspections at Licensed Victuallers' Premises	****	1
Private School Conveniences Inspected		271
Visits re Drain Tests and Inspections	****	371
D. I Nation sowed		220
Preliminary Notices served		5
Statutory Notices served	100	102
Letters to Owners re Nuisances	10 1100	102

Improvements following Preliminary Notice	S		464
Improvements following Statutory Notices			8
Improvements without Notices		****	356
Premises at which Nuisances abated			496
Tremises at which redistrices assert			
DRAINAGE—Burrsville.			
Premises redrained and connected to sewer		****	2
Cesspools abolished			2
Premises drained, awaiting connection to se	wer	****	47
London Road Area			
Premises redrained and connected to sewer			4
Cesspools abolished		****	4
Premises drained, awaiting connection to sev	wer	****	1
The following were the principal Improvement	ts ob	tained:-	-
Roofs repaired		****	22
Chimneys repaired			1
Chimney Pots provided	****		2
Eaves gutters repaired or provided	****		8
Rain water pipes repaired or renewed		****	7
Brickwork repaired or repointed		****	1
Walls repaired			17
Air bricks provided			15
Wall Plaster repaired		****	33
Ceiling Plaster repaired			28
Windows provided			2
Windows repaired			36
Window reveals repointed			21
Sashaarda provided		****	48
Window Sills repaired	****		19
Natural Lighting improved (Trees lopped)			5
Permanent Ventilation provided	****	****	1
	****		15
Door Frames repaired	****	****	15
Door Frames repaired	****	****	1
Door Locks repaired	****		4
Door Steps repaired	****	****	3
Staircases repaired		7	6
Floors repaired or relaid			45
Sub Floor concrete laid		****	1
Skirtings repaired	****	****	9
Fireplaces repaired or provided			11
Kitchen Ranges repaired or provided		****	2
Flues repaired		****	3

n					1
Boilers repaired or provided	****	****	****	****	î
Hot Water Tanks fitted		dad	****	****	11
Hot Water System repaired or	provi	ded	****		. 9
Storage Tank provided			****	****	15
W.C. Cisterns repaired or prov	vided			****	3
W.C. Basins provided		****	****		3
W.C. Seats repaired or provide	ea	****		****	1
W.C. Joints repaired		****			1
W.C. Artificial Light provided	i and			****	2
W.C. Compartment Doors lett	tered				7
W.C. Compartments Cleansed		****	****	****	3
W.C. Compartments repaired		****	****	****	1
Chemical Closet repaired			****		10
Water Closets provided					10
Pail Closet repaired	****				10
Pail Closets abolished		****	****	****	18
Sink Wastes fitted or repaired			****		4
Sinks provided					4
Gullies provided					3
Gully Surrounds repaired		*****	****	2	1
Wash Hand Basin provided					1
Inspection Chambers provided	d				4
Inspection Chambers repaired	1		****		21
Stoppers provided to cleansing	g eyes		****		5
Fresh Air Inlets repaired or p	rovide	d			8
Vent Shafts repaired or provide	ded	****			11
Drains relaid			****	****	
New Drains laid	****				12
Premises connected to sewer		****			8
Cesspools abolished				****	0
Cesspool Covers renewed					5
Drains repaired					49
Drains cleared		****	****		
Soil Pipes renewed or repaire	d	****	****	****	4 4
Main Water Services provide	d				. 8
Water Services repaired	****	****			3
Standpipes abolished	****		****	****	3
Well abolished		****		****	1
Flooding abated					1 2
Ditches cleared	****	****			3
Yards paved			****	****	6
Yards tidied				****	2
Accumulations of refuse remo	oved				16
Overgrown Land cleared	++++	****	****		4
Premises rat-proofed				****	00
Premises limewashed				****	22

Walls cleansed	8
Stables unsuitable—discontinued	2
Pig Sty erected	1 7
Pig Sties reconstructed	7
Piggery Manure Stead provided	2
Glass Show Cases provided for food	1
Factory Register completed Un-licensed Movable Dwelling discontinued	î
Dustbins provided	119
Dustons provided	
Total Improvements	828
INFECTIOUS DISEASES.	
18 cases of Scarlet Fever investigated.	
l case of Encephalitis investigated.	
1 case of suspected Meningitis investigated.	
l case of Measles investigated.	
1 case of suspected Infectious Disease investigated. 9 visits re Small-Pox contacts.	
13 other visits to premises in connection with Infectious I)iseases
36 rooms, bedding, etc., disinfected.	ribettoes.
37 quantities of bedding etc., steam disinfected.	
104 Library books disinfected.	
8 Caravans disinfected.	
3 Hospital wards disinfected.	
1 Tuberculosis Shelter disinfected.	
VERMIN, MOTH, ETC.	
16 inspections at premises.	
51 rooms fumigated.	
3 Caravans fumigated.	
9 Quantities of bedding steam disinfected.	
10 Carpets steam disinfected. 21 Underfelts steam disinfected.	
ar ondertens steam distincted.	
SHOPS ACT, 1934.	
4 inspections of sanitary accommodation.	
MILK AND DAIRIES ORDERS.	
Dairies registered	9
Dairies licensed to retail T.T. & Pasteurised Milk	3
Dairy inspections	9 3 27
Milk dumps inspected	11

24 Samples of Tuberculin Tested Pasteurised Milk were submitted for examination.

2 Samples failed to satisfy the phosphatase test for Pasteurised milk.

4 Samples of Tuberculin Tested milk were submitted for examination.
All were satisfactory.

61 Samples of Pasteurised Milk were submitted for examination.

1 failed to satisfy the phosphatase test.

WATER ANALYSIS AND EXAMINATION.

The undermentioned samples were taken:—
58 from Town supply.
8 from Wells.

BATHING POOLS.

4 Samples of water were submitted for bacteriological and chemical analysis.

CARAVAN AND CAMPING SITES.

There are twelve licensed Camping Grounds in the district. In addition, ten individual movable dwelling licenses have been issued during the year.

The combined area of the Camping Grounds is 58.05 acres, and the twelve licensed camps can accommodate 1,520 Movable Dwellings.

416 inspections were made of camping sites.

It is true to say with regard to the above, that legislation has failed to keep pace with the growth of the large commercial caravan sites which have become such a feature since the late war.

Holidays in caravans have become increasingly popular mainly because it is the only type of holiday that many persons can afford. A family can by this means take a holiday at the seaside for as little as £6 or so per week plus of course, travelling expenses and food, which is very much less money than would be required if a hotel or boarding house were chosen.

If a site owner is fortunate enough to own a licensed site in a favourable position, he can command $\pounds 20-\pounds 25$ per season merely for allowing the parking of a caravan on the site. Caravans are parked on a site usually for the whole season if not the whole year, and are there for the purpose of hiring out to those who wish to rent cheap accommodation. These caravans are movable dwellings, but mobility plays no part in their normal use, and must not be compared to the casual mobile cara-

vanner who moves from place to place, stopping for short periods only avoiding these commercial sites which in any case may be full and so cannot accommodate him.

Many of the caravans parked in seaside sites are owned by small investors who buy caravans solely to hire out and who place them on commercial sites for this purpose. The owner is not particularly interested in caravanning, and the user is interested solely in renting the cheapest form of holiday.

These caravans are in fact being used as houses. Hundreds of them may be parked in rows for the whole year and occupied throughout the holiday season. In some instances the sanitation provided by the site owner is primitive and likely to create insanitary conditions. There is, with insanitary conditions, a constant risk that certain serious infectious diseases may be spread.

We, as a sanitary authority, are interested chiefly in two problems; liquid wastes and closet accommodation. Liquid waste is water that may have been used in the preparation and cooking of food, washing up after meals, personal washing and the washing of clothes which may include soiled babies napkins. It is easy to see how this water is liable to contamination, and its disposal should receive careful consideration. The only satisfactory method for such disposal is the provision on the site of an adequate system of drains for the reception, conveyance, and approved disposal of such wastes. The storage of such wastes in mobile tanks stationed at intervals is unsatisfactory except for the smallest sites.

Most of our sites provide a water borne sewage system to which are connected the drains for the disposal of liquid wastes. This is undoubtedly the best system from a public health point of view, and local authorities should not agree to the use of pail closets except for the smallest sites. Pail closets, even with the use of a chemical substance are a type of sanitation which even with the most careful management, are liable to create insanitary conditions which can cause serious disease.

The ideal sanitary facilities to be aimed at is for every site to have a water borne sewerage system, and for each caravan to have a drain so connected to the system that waste water from the caravan sink can be directly disposed of to the sewerage system.

Caravan and Camping Sites are controlled by Section 269, Public Health Act, 1936. There are escape clauses in this Section which permit the use of sites for this purpose without being licensed by the Council. We have a number of such sites in our district over which we have little or no control.

PREVENTION OF DAMAGE BY PESTS ACT, 1949.

438 visits by Inspectors during the year.

2,240 visits by Operator. 1,268 dead rats picked up.

10,173 properties in the area.

332 properties in which infestation was notified by the occupiers.

92 properties in which infestation was otherwise discovered.

2 major infestations by rats.

314 minor infestations.

38 infestations by mice only. 354 infested premises treated.

9 block control schemes carried out.

BAKEHOUSES

6 inspections at Bakehouses (Non-power).

44 inspections at Bakehouses (Power).

FOOD AND DRUGS ACT, 1938, Sec. 14—ICE CREAM. ICE CREAM (HEAT TREATMENT, ETC.) REGULATIONS, 1947.

79 Visits to Ice Cream Premises.

65 samples of Ice Cream submitted to the Bacteriologist for examination.

37 were Ministry of Health's Provisional Grade I
19 ,, ,, ,, ,, ,, Grade II
3 ,, ,, ,, ,, ,, Grade III
6 Grade IV

12 samples of Ice Cream were chemically examined and the results were:-

1	 3.5% Fat Content	2	 10.0% Fa	t Content
1	 4.0% ,,	2	 10.5%	,,
1	 4.5% ,,	1	 11.0%	>>
1	 5.5% ,,	1	 12.0%	,,
1	 7.5% ,,	1	 12.5%	,,

1 sample Iced Lolly and 1 sample of Frozen Fruit Juice submitted for examination were satisfactory.

12 premises registered during the year.

MEAT AND FOOD INSPECTION.

The following visits were made:—						
Slaughterhouse, Butchers' Shops a	nd !	Stores	****	****	****	337
Restaurants, Cafes and Kitchens						324
School Canteens		****	****			5 94
Food Stalls and Vehicles			5000	****	****	24

The fo	ollowing were found to	o be u	nfit for	human food :
129 Tins of	Milk	51	Tins of	Beans
90 ,, ,,	Fish	198	,, ,,	Peas
41 ,, ,,	Soup	78	,, ,,	Carrots
140 ,, ,,	Meat	92	,, ,,	Tomatoes
2 ,, ,,	Meat Paste	1	,, ,,	Spaghetti
85 ,, ,,	Luncheon Meat	18	,, ,,	Vegetables
106 ,, ,,	Ham	13	,, ,,	Beetroot
1 ,, ,,	Tongue	388	,, ,,	Fruit
6 ,, ,,	Chicken	11	,, ,,	Tomato Juice
8 ,, ,,	Sausages	6	,, ,,	Cream Whip
. 2 ,, ,,	Apricots	1	,, ,,	Treacle
12 ,, ,,	Jam	3	,, ,,	Cream
5 ,, ,,	Fruit Pulp	4	,, ,,	Swiss Rolls
1 ,, ,,	Apple Pie	1	,, ,,	Egg Preparation
1 Bottle of	Sauce	3	Jars of	Fruit Salad
19 Pkts. of I	Dates	1	,, ,,	Mincemeat
2 Beasts Ki	idney	39	,, ,,	Mustard
40 lbs. Rabb	oits	1 1	Pkt. of S	hredded Wheat
$162\frac{1}{2}$ lbs. of Be	eef	30 1	lbs. of	Sultanas
23 ,, ,,	Bacon	30	,, ,,	Coco-nut Ice
50½ Stone of	f Fish	117	,, ,,	Sweets
30 lbs. of Pr	awns	11/2	,, ,,	Sweetbreads
2 Chickens		105	,, ,,	Biscuits
2 lbs. Onio	ons	220	,, ,,	Tea
289 ,, Cab	bage Greens	112	,, ,,	Sugar
1 Jar of Pi	ckles	421	,, ,,	Cheese
1 Cake		14	,, ,,	Processed Cheese

CARCASES INSPECTED AND CONDEMNED

The second second	Cattle excluding Cows	Cows	Calves	Sheep and Lambs	Pigs
Number killed (if known) Number inspected	=	Ξ	=	=	15 15
All Diseases except Tuberculosis: Whole carcases condemned	_	200	Want I	-	_
Carcases of which some part or organ was condemned Percentage of the number inspected affected with	-	-	-	-	-
disease other than Tuber- culosis	_	-	-	_	100
Tuberculosis Only: Whole carcases condemned	-	_	-	-	-
Carcases of which some part or organ was condemned Percentage of the number	-	-	-	-	-
inspected affected with Tuberculosis	_	-	-	_	_

FOOD POISONING OUTBREAKS

Total number of Outbreaks	Number of cases	Number of deaths	Organisms or other agents responsible with number of outbreaks of each	Foods involved with number of outbreaks of each
	- In - I of	hun-	a volence—contrar	

FOOD AND DRUGS ACT 1938

Particulars of samples taken under the above Act in the Clacton Urban District by the Weights and Measures Department of the Essex County Council:—

Article sample	ed				Number of Samples
Concentrated Yeas	t Extr	act		 	1
Creamed Tomato	Soup			 	1
Cake Icing				 ****	1
Desiccated Coco-n			****	 	1
Fillets of anchovies	in ol	ive oil		 ****	3
Fish Paste		****		 ****	3
Glace Cherries			****	 ****	1
Ground almonds				 	1

						/
Honey	****	****	****		****	2 5
Ice Cream				1110		1
Lobster and Tomato Pas	ste	1077		****	****	1
Lemon Curd		****		****	****	5
Malt Vinegar		****			****	
Milk			****		****	16
Mincemeat	****	****	****	****	****	1
Meat Soup			****	****		2
Mixed Cut Peel				****	****	4
Milk whipping compoun	nd					. 1
Oat Flakes	4	****	****	22.12		- 1
Pie apples				****		- 1
Pork Luncheon Meat						1
D. t. to Chiene	****			****		2
Quick cooking oats			****	****	****	1
D. I amala some						1
						1
Sausages—beef	****	****				2
Sausages—pork		****			****	1
Sliced apples in light syr		****	****	****		1
Smoked fish fillets			****			1
Sweet orange marmalad	C		****	****		3
Tomato soup	****	****		****	****	1
Toasted wheat flakes	****		****	****	****	1
Vanatable megadoine						
Vegetable macedoine			****		****	1
Whisky		.,				1
						1 1 1
Whisky		.,				1 1 - 68
Whisky Wheat flakes		Total				-
Whisky	amples	Total were for	und to	be uns		_
Whisky Wheat flakes Of the above, three sa	amples	Total were for	and to	be uns	atisfact	_
Whisky Wheat flakes Of the above, three sa Milk Ice Cream	amples	Total were for	 and to	 o be uns	atisfact	_
Whisky Wheat flakes Of the above, three sa	amples	Total were for	and to	 o be uns 	atisfact	ory, 1 1 1 1 1 E.
Whisky	amples MEST	Total were for	and to	be uns	atisfact	ory, 1 1 1 1 1 E.
Whisky Wheat flakes Of the above, three sa Milk Ice Cream Spiced Brisling Paste REMOVAL OF DO	amples MEST	Total were for	and to	be uns	atisfact	ory, 1 1 1 1 E. s. d
Whisky Wheat flakes Of the above, three sa Milk Ice Cream Spiced Brisling Paste REMOVAL OF DO de refuse is removed by income from such source	mples MEST y arran	Total were for IC ANI	and to	o be uns	atisfact	Ory, 1 1 1 1 1 E. E. o
Whisky Wheat flakes Of the above, three sa Milk Ice Cream Spiced Brisling Paste REMOVAL OF DO de refuse is removed by income from such source al gross cost of collection of	mples MEST y arrange for 19 of dom	Total were for IC ANI	and to	cade R gross e refuse	 atisfactorics £ 356 9,749	Ory, 1 1 1 1 1 E. s. d
Whisky Wheat flakes Of the above, three sa Milk Ice Cream Spiced Brisling Paste REMOVAL OF DO de refuse is removed by income from such source al gross cost of collection cost cost per ton collection	mples MEST y array e for 19 of dom	Total were for IC ANI	and to	cobe uns	 atisfact £ 356 9,749 1	Ory, 1 1 1 1 1 E. s. d
Whisky Wheat flakes Of the above, three sa Milk Ice Cream Spiced Brisling Paste REMOVAL OF DO de refuse is removed by income from such source al gross cost of collection as cost per ton collection al net cost of collection	mples MEST y arrange for 19 of dom	Total were for IC ANI	and to	cade R gross e refuse	atisfact	Ory, 7 1 1 1 1 1 E. s. d
Whisky Wheat flakes Of the above, three sa Milk Ice Cream Spiced Brisling Paste REMOVAL OF DO de refuse is removed by income from such source al gross cost of collection al net cost of collection cost per ton collection	mples MEST y arrange for 19 of dom	Total were for IC ANI	ond to	ADE R gross e refuse	atisfactors atisfactors 	Ory, 1 1 1 1 1 1 E. s. d
Whisky Wheat flakes Of the above, three sa Milk Ice Cream Spiced Brisling Paste REMOVAL OF DO de refuse is removed by income from such source al gross cost of collection as cost per ton collection al net cost of collection	mples MEST y array e for 19 of dom	Total were for IC ANI ngement 051 being estic and	ond to	cade R gross e refuse	 atisfact £ 356 9,749 1	Ory, 1 1 1 1 1 1 E. s. d

DISPOSAL OF REFUSE

Гh	e total amount of refuse dealt	with		7,074				
	the year was			1,014				
Inc	come from salvaged materials			****		* 2		1000
Го	tal gross cost of disposal					4,631	~	0
Gr	oss cost per ton disposal	****	****			0.000		11.1
	tal net cost of disposal	1517	****	****	****	2,892		0 2.1
Ne	t cost per ton disposal			****	****		0	4.1

STREET AND PROMENADE CLEANSING

Total cost of Street and Promenade Cleansing £3,971

STREET GULLIES

Cleansed by mechanical means (hired service) four times this year.

Total cost £421

PUBLIC CONVENIENCES

There are twenty-one public conveniences as undermentioned:—

Convenience	Wa	ter	Urinal Accom.	Wa Bas	sh sins		
THE DESIGNATION OF THE PERSON			M	F		M	F
West Avenue			8	16	13 stalls	9	4
letty			6	9	8 stalls	4	4
1474-1: CC			9	8	9 stalls	8	5
4 1 C 11	****		5	10	8 stalls	3	3
D 1100			2	4	3 stalls	_	-
			. 2	2	4 stalls	_	_
Magdalen Green	****		2	3	10 stalls	-	1
Marine	****	****	2	3	5 stalls	_	-
Ship		****	4	7	7 stalls	4	4
Holiday Home	TAT: 1			0	5¼' plain		_
Garden Road, Jay		****	2	2			_
Bus Park, Jay-Wi	ck	****	2	3	8' plain	1	1
Holland Recreation	on Grou	nd	2	2	6' plain	1	1
Car Park, Old R	oad, Fe	male	_	10	_		3
Car Park, Old Ro	oad, Ma	le	3		24' plain	2	-
Clacton Recreat	ion Gre	ound	2	4	5 stalls	_	-
Brighton Road			2	3	10' plain	-	-
Lyndhurst Road			2	3	10' plain	-	-

Happy Valley Recreation Ground 1 1 - 1 1 1										
Totals 59 110 — 32	55									
804 inspections at Public Conveniences.										
Expenditure:—										
Working Expenses £5,870 Loan Charges £1,049										
Income £6,919 £5,640										
Deficit charged to General Fund £1,279										
SECTION D HOUSING										
I.—Inspection of Dwelling Houses during the year 1951:—										
(1) (a) Total number of dwelling houses inspected for housing defects under Public Health and Housing Acts	283 560									
(2) (a) Number of dwelling houses (included in (1) above) which were inspected and recorded under the Housing Consolidated Regulations 1925 and 1932 (b) Number of inspections made for the purpose 1										
(3) Number of dwelling houses found to be in a state so dangerous or injurious to health as to be unfit for human habitation										
(4) Number of dwelling houses (exclusive of those under (3)) found not to be in all respects fit for habitation	111									
II.—Remedy of Defects without service of Formal Notices:— Number of defective dwelling houses rendered fit in consequence of informal action by the Local Authority or their officers	15									

I.—Action under Statutory Powers:—	
(a) Proceedings under Housing Act, 1936, Secs. 9, 10 and 16:	
(1) Number of dwelling houses in respect of which notices were served requiring repairs	2
(2) Number of dwelling houses rendered fit after service of formal notices:	
(a) By owners	Nil
(b) By Local Authority in default of owners	Nil
(b) Proceedings under Public Health Acts:—	
(1) Number of dwelling houses in respect of which notices were served requiring defects to be remedied	3
(2) 27 1 (2) 11 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	
(2) Number of dwelling houses in which defects were remedied after service of formal notices:	
(a) By owners	2
(b) By Local Authority in default of owners	1
(c) Proceedings under Housing Act, 1936, Secs. 11 and 13: (1) Number of dwelling houses in respect of which	
demolition orders were made	1
(2) Number of dwelling houses demolished	Nil
(d) Proceedings under Housing Act, 1936, Sec. 12:	
(1) Number of separate tenements or underground rooms in respect of which closing orders were	Nil
made (2) Number of separate tenements or underground	7 111
rooms in respect of which closing orders were determined, the tenement or room having been	
rendered fit	Nil
HOUSING ACT, 1936.	39
Inspections re permitted numbers	6
Enquiries for other Local Authorities regarding housing	
accommodation	1 51
Visits re permits for timber (flooring)	7
Visits re unclean houses	
NEW HOUSES ERECTED DURING 1951.	
By Private Enterprise Houses 7	
By the Council Houses 28	
Total 35	

Total houses erected since	1946:			
1946		****		9
1947			****	52
1948	****		****	109
1949	****		****	56
1950				37
1951				35
	Tot	al		298

Prevention and Control of Infectious and Other Diseases

Disease			Total cases notified	Cases admitted to hospital	Total deaths
Scarlet Fever	*****		18	7	_
Encephalitis Infective			1	1	-
Measles			412	7	_
Whooping Cough			22	_	_
Hepatitis			13	3	1
Totals		1.11	466	18	1

Since the late war there has been a country wide increase in certain diseases such as Poliomyelitis, Infective hepatitis, dysentery, and food poisoning. Food Poisoning is widespread, and few of us have not suffered the distress of an attack. Cases and carriers (persons may carry the germs in their bodies without suffering any illness) of such diseases excrete the germs causing the disease by the bowel during defectation and to a lesser extent during the passage of urine. The fingers of a person excreting germs in this way are certain to become contaminated after use of the lavatory, and from the fingers the germs may be spread to other susceptible persons unless the fingers are decontaminated by adequate washing with soap, water, and a nail brush.

Germs which cause disease in man can rapidly multiply outside the human body if given favourable conditions. If given suitable food which contains moisture, sufficient time and a temperature approaching blood heat, a very few germs can become many millions in 24—48 hours. They thrive on such food as processed meats, sausages, meat pies, milks custards and other made up dishes. Knowledge of these facts shows the way to prevent food becoming contaminated and how to minimise the risk should food accidentally become contaminated.

First of all we must realise that germs are so small that thousands of them heaped together cannot be seen by the naked eye. Food may be heavily contaminated yet look and smell all right and some germs (those

causing food poisoning particularly) during multiplication produce a poison in the food which is not destroyed by boiling or roasting, although the germs themselves would be killed. For practical purposes this means that re-heating or re-cooking is not a certain safeguard.

There are certain principles which should be adopted to prevent food poisoning and other diseases. First, a person who is liable to cause infection of food should not be engaged in the preparation of food. Persons who suffer from looseness of the bowel, or skin diseases, boils, cuts, sore throats, heavy colds, etc., are likely to harbour dangerous germs, and such persons should not prepare food for others. All food handlers must be really conscientious in cleaning their hands after use of the toilet. This should be done with soap, hot water, and a nail brush, and must never be omitted. Finger nails should be kept short and clean. Smoking should be discouraged, as also should nose-picking and scratching.

Food should be prepared and eaten on the same day. If this is done the time factor will be shortened which is very important. If this is not possible then all food should be stored in a refrigerator. These germs will not multiply at near freezing temperatures, although freezing will not destroy them.

Food should be safeguarded against dust or dirt. There is always danger in dirt. Rats and mice, cats and dogs, flies, all play a part in contaminating food, and those persons in the food trade who are conscious of their responsibilities never allow such in their premises.

Most persons will co-operate if they understand the reasons and the principles involved in food hygiene, and much of our time is engaged in persuading and educating food handlers towards higher standards.

DIPHTHERIA IMMUNISATION.

For the fifth year in succession, Clacton has been free from Diphtheria. During 1951, 125 children between one and five years and 5 between five and fifteen years received the full course of inoculations at the Clinic, Skelmersdale Road, Clacton. 46 children received a secondary or re-inforcing injection.

The mortality and incidence of Diphtheria for the whole country continue to fall. In 1951, deaths numbered 34 against a yearly average of about 2,800 between 1930 and 1940. Nevertheless it is disturbing to learn, possibly because the fear of Diphtheria has declined, that fewer and fewer parents are presenting their babies for immunisation. It is vital to secure that not less than 75 per cent of babies are immunised before their first birthday, while it is estimated that only 28 per cent of children under one year old were immunised during 1951. If parents leave their children unprotected, there may be a return of Diphtheria outbreaks.

VACCINATION.

Vaccination is no longer compulsory; it is however, the control known protection against smallpox. Although smallpox only occasinally occurs in this country, due to the arrival from abroad of an infection person, and outbreaks have rapidly been brought under control energetic action on the part of Public Health Departments, neverthelessmallpox is one of the most fatal diseases and approximately 30 per confidence of the unvaccinated who contract the disease, die.

Vaccination of infants is easily carried out, and causes very lib disturbance in the children. Parents are strongly urged to have the infants protected against this dangerous disease.

CANCER

59 deaths were caused by this disease giving a rate per thousand of the population of 2.5.

Cancer affecting certain parts of the body, if treated early, curable. Medical science can cure approximately 95 per cent of all sk cancers, but only 80 per cent are being cured. Stomach cancers a curable in 80 per cent of cases, but only 23 per cent are being cured 95 per cent of breast cancers can be cured but only 47 per cent of su cases are being cured. Rectal cancer could be cured in 85 per cent cases, but only 14 per cent actually are being cured.

The tragic gap between the curable and the cured can be blam on the fact that most cases are in the late stage before they consult the doctor or are seen by the surgeon.

A National Campaign to educate members of the public cocerning cancer would help to shorten this delay between the onset: symptoms and the seeking of medical advice.

Cancer death rates for Clacton since 1920 (per 1,000 population):—

1920		1.4	1930		1.9	1940	****	1.7
1921	****	0.8	1931		1.9	1941	****	1.7
1922		1.9	1932		1.3	1942	****	3.8
1923		1.9	1933		1.7	1943		3.2
1924		1.3	1934		1.1	1944		2.1
1925		0.9	1935		2.1	1945	++++	2.3
1926		1.3	1936	****	1.5	1946	****	3.1
1927		1.6	1937		1.7	1947		2.7
1928		1.4	1938		2.0	- 1948		2.0
1929		1.6	1939		2.3	1949		2.4
						1950		2.4
						1951	****	2.5

TUBERCULOSIS.

Particulars of cases notified and deaths occurring during the year 1951 are given below:—

Ages in Years	New Cases				Deaths				
	Respiratory		Non-Respiratory		Respiratory		Non-Respiratory		
	M.	F.	M.	F.	M.	F.	M.	F.	
0-1	_	_	_	_	_	_	_	_	
1-5		-	1	- '	-	-	1	-	
5-15	_	_	1	-	_	-		-	
15-25	-	-	_	-	-	-	-	-	
25-35	-	1	-	1	-	-	-	-	
35-45	-	-	-	-	1	-	-	-	
45-55	1		_	-	1	_	-	1	
55-65	-	_	-	-	1	1	_	-	
65	- 1	_	1	-	2	-	1	-	
upwards									
Totals	1	1	3	1	5	1	2-	1	

New Cases 6

Deaths 9

Notifications and deaths from Tuberculosis since 1939:-

Year	New cases	Deaths
1939	10	5
1940	16	9
1941	8	4
1942	18	5
1943	18	6
1944	19	2
1945	10	5
1946	16	5
1947	11	7
1948	7	9
1949	14	13
1950	10	10
1951	6	9

The following figures give the number of cases on the Register the end of 1951:—

Respiratory	Male Female		47 38	Non-I	Respiratory	Male Female	
	Total	****	85 —			Total	****
TOT	AL CASI	ES			108		

The 108 cases of Tuberculosis were notified as follows:-

A	Respi	ratory	Non-Respiratory		Trans.	
Age groups in years	M.	F.	M.	F.	Totals	
1— 5		_	1	_	. 1	
5—15	_	3	3	2	8	
15—25	8	9	1	2	20	
25—35	17	18	_	5	40	
35-45	12	5	1	3	21	
45-55	4	3	-	2	9	
5565	4	_	1	1	6	
65 upwards	2	_	1	_	3	
Totals	47	38	8	. 15	108	







