

[Report 1941] / Medical Officer of Health, Clacton U.D.C.

Contributors

Clacton-on-Sea (England). Urban District Council.

Publication/Creation

1941

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Town Hall,

Clacton - on - Sea

Annual Report of the Medical Officer of Health.
for the year 1941.

To/

The Chairman and Members of the
Clacton Urban District Council.

Ladies and Gentlemen,

I have the honour of presenting my twenty-first Annual Report on the Health and Sanitary Conditions of the District during the year 1941.

Like my previous War Reports, I will deal only with a few of the more essential matters. The health of the District has been very good, and the amount of Infectious Disease, exceptionally low.

As more than half the population is still evacuated, a correct estimate of the Local Population, and number of inhabited houses is not possible.

The present staff consists of the Medical Officer of Health, two Sanitary Inspectors and a temporary Clerk.

Immunisation against Diphtheria and Typhoid Fever continued throughout the year, the total figures to December 1941 being - 978 against Diphtheria, and 208 against Typhoid. The percentage number inoculated against Diphtheria is double that for the Country as a whole, and may therefore be considered good. But there is still room for improvement. The numbers for Typhoid are disappointing.

Both General and Infant Death-rates are the highest for many years, while the admissions to the Isolation Hospital are the lowest for fifty years.

Area (Acres)	6,470
Number of inhabited houses	Uncertain
Rateable value	£257,978
Sum represented by the penny rate	about £400
Population (Registrar General's Estimate)..	8,869

General Statistics.

Live Births	Total.	Male.	Female.
Legitimate	110	58	52
Illegitimate	12	10	2
Birth rate per 1,000 of the population	13.7		
Stillbirths	6	2	4
Rate per 1,000 of the population	46.8		

THE UNIVERSITY OF CHICAGO
CHICAGO, ILLINOIS

TO THE PRESIDENT AND FELLOWS OF THE
UNIVERSITY OF CHICAGO

DEAR MR. PRESIDENT:

I have the honor to acknowledge the receipt of your letter of the 10th inst. regarding the proposed change in the curriculum of the Law School.

The matter has been discussed at length by the Faculty and the Board of Trustees, and it is their unanimous opinion that the proposed change is not feasible at this time.

It is suggested that the matter be reconsidered at a later date, when the situation may have changed.

Very respectfully,
J. H. [Name]

Enclosed for the Faculty are two copies of the report of the Committee on the Law School Curriculum, which was appointed by the Board of Trustees in 1910. This report contains a detailed statement of the reasons for the proposed change, and it is hoped that it will be of assistance to the Faculty in its deliberations.

I am, Sir, very truly,
Your obedient servant,
J. H. [Name]

Very truly,
J. H. [Name]

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General Statistics - continued.

Deaths.	Total.	Male.	Female.
Death Rate per 1,000 of the population	18.4	13	10
Puerperal Deaths			
(1) Puerperal Sepsis	Nil		
(2) Other Puerperal Causes	Nil		
Rate per 1,000 Births.	-		

Death rate of Infants under 1 year of age :-

All Infants per 1,000 live births	94.3
Legitimate Infants per 1,000 live Births	106.4
Illegitimate Infants per 1,000 live Births	---
Deaths from Cancer (all ages)	15
Cancer Death Rate	1.7
Deaths from Measles (all ages)	Nil
Deaths from Whooping-cough	1
Deaths from Diarrhoea (under 2 years)	2
Pulmonary Tuberculosis Death Rate03
Other Tuberculosis Death Rate01

Infant Mortality.

	1 Day:	1 Week:	1 Month:	3 Months:	6 Months:	9-12 Mts.
Premature Birth	1	-	-	-	-	-
Congenital Heart Disease	-	1	-	-	-	-
Gastro-enteritis	-	-	2	-	-	-
Intra-cranial Haemorrhage	1	1	-	-	-	-
Whooping-cough	-	-	-	-	-	1
Pneumonia	-	-	-	-	1	1
Total -	2	2	2	-	1	2

Table of the Causes of Death.

	M.	F.
Whooping-cough	1	-
Respiratory Tuberculosis	2	1
Non-Respiratory Tuberculosis	1	-
Syphilitic Diseases	2	1
Influenza	1	1
Cancer of the Stomach	1	1
Cancer of the Breast	1	2
Cancer of Other Parts	5	5
Diabetes	2	-
Intra-cranial Vascular Diseases	6	13
Heart Disease	30	22
Other Circulatory Diseases	3	2
Bronchitis	3	-
Pneumonia	2	3
Other Respiratory Diseases	-	1
Ulcer of the Stomach	2	-
Diarrhoea (under 2 years)	2	-
Appendicitis	1	1
Other Digestive Diseases	2	4
Premature Birth	1	-
Congenital malformation & Birth injuries	2	1

The incidence of infectious disease was extremely low, the only cases of note being 7 cases of measles, and 2 - Whooping cough.

Table of the causes of death - continued.

	M.	F.
Suicide	1	-
Other Violence	6	4
All other diseases	13	10
	<hr/>	<hr/>
	92	72
	<hr/>	<hr/>

Ages at Death from all causes.

Under 1 Year	9
1 Year and under 2 years	1
2 Years and under 5 years	-
5 " " 15 "	2
15 " " 25 "	3
25 " " 35 "	5
35 " " 45 "	7
45 " " 55 "	12
55 " " 65 "	21
65 " " 75 "	54
75 " " Upwards	47
Unknown	1
	<hr/>
Total -	162
	<hr/>

Infectious Disease, 1941

Disease.	Total Notified.	Admitted to Hospital.	Total Deaths.
Small Pox	-	-	-
Scarlet Fever	1	1	-
Diphtheria	-	-	-
Enteric Fever	2	2	-
Puerperal Fever	-	-	-
Pneumonia	1	1	-
Erysipelas	-	-	-
Chicken Pox	4	-	-
Cerebro-Spinal Fever	-	-	-
Measles	7	-	-
Whooping-cough	28	-	-

Isolation Hospital

There were only three admissions to the Isolation Hospital at Colchester during the Year viz - One Case of Scarlet Fever in a soldier, and two cases of Paratyphoid in two sisters. There has been nothing like this before in our records which go back to the Year 1891.

Infectious Disease

The incidence of infectious disease was extremely low, the only ones of note being 7 cases of Measles, and 28 of Whooping-cough.

1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9
10	10	10
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92	92	92
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97	97	97
98	98	98
99	99	99
100	100	100

Agree at least from all sources.

Under 1 year	1 year and under 2 years	2 years and under 3 years	3 years and under 4 years	4 years and under 5 years	5 years and under 6 years	6 years and under 7 years	7 years and under 8 years	8 years and under 9 years	9 years and under 10 years	10 years and over	Unknown
1	1	1	1	1	1	1	1	1	1	1	1
2	2	2	2	2	2	2	2	2	2	2	2
3	3	3	3	3	3	3	3	3	3	3	3
4	4	4	4	4	4	4	4	4	4	4	4
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98	98	98	98	98	98	98	98	98	98	98	98
99	99	99	99	99	99	99	99	99	99	99	99
100	100	100	100	100	100	100	100	100	100	100	100

Total - 100

Infectious Diseases, 1941

Disease.	Total Notified.	Admitted to Hospital.	Total Deaths.
Smallpox	-	-	-
Scarlet fever	1	1	-
Diphtheria	-	-	-
Epidemic typhus	2	2	-
Paratyphoid fever	-	-	-
Brucellosis	1	1	-
Erysipelas	-	-	-
Chancroid	-	-	-
Genital herpes	-	-	-
Scabies	5	-	-
Pharyngitis	22	-	-

Tuberculosis - New Cases and Mortality during 1941.

New Cases.					Deaths.			
Age	Respiratory.		Non-Respiratory.		Respiratory.		Non-Respiratory.	
Periods.	M.	F.	M.	F.	M.	F.	M.	F.
0	-	-	-	-	-	-	-	-
1	-	-	-	-	-	-	-	-
5	1	1	-	1	-	-	1	-
15	2	-	-	1	-	-	-	-
25	1	1	-	-	-	-	-	-
35	-	-	-	-	-	-	-	-
45	-	-	-	-	-	1	-	-
55	-	-	-	-	1	-	-	-
65 and Upwards	-	-	-	-	1	-	-	-
	4	2	-	2	2	1	1	-

Of the above new cases, 7 had treatment in Sanatorium, while one died within a Month of notification.

The total number of cases of Tuberculosis on the Register at the end of 1941 was :-

A. Pulmonary Tuberculosis

(1) Male 15
(2) Female 23

B. Non-Pulmonary Tuberculosis.

(1) Male 3
Female 10

Total - 51

No action was required under the Public Health (Tuberculosis) Regulations 1925, or under section 172 of the Public Health Act, 1936.

Sanitary Circumstances of the Area.

1. Water Supply.

The total quantity of water supplied during the year was - 213,856,000 gallons, a decrease of 4.5% on the figures for 1940; which itself showed a decrease of 22.4% on 1939. The water was obtained from the following sources :-

Tendring Hundred Water Works Co.	138,893,000
Great Bentley Pumping Station.	74,963,000

Total - 213,856,000 gallons

Water Supply - continued.

Throughout the year the water was maintained at full pressure and no restrictions were imposed. Samples taken from the sources and from the mains in the Town showed that the supply was of a high degree of purity.

On two occasions, damage to mains arose as the result of enemy action, but these were quickly repaired, and samples taken showed that no contamination had resulted. No extensions were made to the mains during the Year.

2. Sewerage and Drainage.

The Surveyor reports that very little sewerage work was carried out during the year, and no sewers were laid in private streets, either by the Council or by a private Contractor. The position regarding the major schemes is that (1) The constructional work and provision of pumps and other machinery, in connection with the settlement tanks and sludge digestion tanks at Holland Haven, is complete; apart from the fact that a few details are being left until the end of the War.

(2) There was further progress on the construction of the 24th and 51st sea outfalls; comprising the first portion of the Western Drainage Scheme, and over 300 yds of 9' sewer laid for the purpose of connecting existing drainage with the new scheme, is in operation.

Closest Accomodation.

Number of Privies in Clacton	Nil
Number of Pail closets	1,117
Number of Cesspools	482
Number of Wells	26
Number of houses with	
Cesspools and Wells	35

Work of the Sanitary Department.

The following is a synopsis of the principal work carried out by the Sanitary Department during the past year :-

Eradication of Bed Bugs.

(a) Number of Council Houses Inspected	0
" " " " Disinfested	0
" " Other " Inspected	4
" " " " Disinfested	2
Number of Private Houses disinfested by a Private Contractor (Hydrogen Cyanides)	0
Number of Private Houses disinfested by a Private Contractor (Insecticides, etc)	0

Total Houses Disinfested	-	2
--------------------------	---	---

In addition, 2 houses were disinfested - Fleas.

5 samples of ordinary milk were submitted to the bacteriologist for examination as to the general cleanliness and the presence, or otherwise, of B.Coli results.

15 samples of milk was unsatisfactory in as much as to give positive B.Coli results

Methods Employed.

- (a) Stripping of Skirting, etc., where necessary, spraying with insecticides, fumigation with sulphur candles, and other special fumigators. Steam Disinfection of bedding.
- (b) No action has been required so far, in respect of the removal of tenants to Council Houses.
- (c) The work has been carried out by the Local Authority.

Sanitary Administration.

Special Visits	3,467
Special Visits re Nuisance	177
Re-inspections: Ordinary	142
Re-inspections: Housing	18
Interviews with Owners, Builders, etc.	61
Piggeries Inspected	41
Stables inspected	3
Smoke observations	1
Cinemas Inspected	4
Preliminary Notices Served	41
Statutory Notices Served	1
Letters to Owners re Nuisance	34
Premises at which Nuisance abated: General	45
Premises at which Nuisance abated: Housing	6
Factories Inspected	18
Hairdressers Premises Inspected	8
Bakehouses inspected	17
Air Raid Shelter inspections	128
Inspection of Firemen's Sleeping Quarters	3
Special Visits re Salvage	263
Improvements following Preliminary Notices	64
Improvements following Statutory Notices	1
Improvements without Notice	33

Infectious Disease.

7 Cases of Measles
1 Case of Acute Pneumonia
1 Case Scarlet Fever
2 Cases Enteric Fever
8 Cases Tuberculosis
4 Cases Chicken-Pox
36 Cases Whooping-cough

Disinfections.

9 Rooms, Bedding, etc., disinfected
6 lots bedding steam disinfected
1 lot clothing disinfected
3 Library Books disinfected
1 Library Book Destroyed

Milk and Dairies Orders.

10 Samples of Accredited Milk were submitted to the Bacteriologist for examination

8 samples of ordinary Milk were submitted to the Bacteriologist for examination as to the general cleanliness and the presence, or otherwise, B.Coli Results.

Of these, one Sample was unsatisfactory in as much as to give positive B.Coli results.

Milk and Dairies Orders - continued.

1 Sample of Pasteurised Milk was submitted for examination
4 Samples of T.T. Milk were also submitted for examination.
Of these, 1 sample of T.T. Milk failed to comply with the prescribed conditions.

There has been little cause for complaint in connection with the production and distribution.

Water Analysis and Examination.

Samples taken :-

11 from Great Bentley Pumping Station
7 from the Town Supply.

All the samples were found to be wholesome in character and suitable for Drinking and Domestic purposes.

Meat and Food Inspection.

The following visits were made :-

Slaughterhouse	286
Butchers and Food Shops	69
Restaurants	29
Hawkers Premises	4
Re Food Decontamination	64

Inspected

Carcases of Beef and Offal	467
Carcases of Pork and Offal	506
Carcases of Mutton and Offal	1,367
Carcases of Veal and Offal	224

All the slaughtering in this area is carried out at the Government Slaughterhouse, Old Road.

Co-operation by the Government Officials has resulted in smooth working and absence of friction.

The following were found to be diseased, and unfit for Human Food, and Destroyed.

Tubercular.

41 Beasts Lungs
13 Beasts Mesenteric Fats
10 Beasts Livers
3 Beasts Heads

Tubercular.

3 Carcases of Beef and Offal
2 Beasts Spleens
1 Beasts Heart
1 Pigs Lungs and Heart

Other Diseases

37 Beasts Livers
2 Beasts Heads
1 Beasts Spleen
4 Sets Tripe
1 Pigs liver
1 Pigs Lunga and Heart
1 Log of Pork
3 Legs Lamb
1 Sheeps Kidney

7 Beasts Lungs
2 Carcases of Beef and Offal
1 Beasts Skirt
5 Pigs Mesenteric Fats
1 Pigs Pluck
1 Pigs Forehock
26 Sheeps Livers
2 Shoulders Beef
2 lbs Beef Trimmings.

Meat and Food inspection - continued.

Diseased Conditions - continued.

118 Tins Fruit, 14 Tins Vegetables, 13 Tins Corned Beef,
11 Tins Pork Luncheon Meat, 9 Jars Jam, 43 Jam Rolls,
24 Chocolate Rolls, 3 Bottles Red Cabbage, 1 Bottle Caviotte,
2 Bottles Olives, 5 Bottles Cherreis, 1 Bottle Ginger Wine,
68 Tins Condensed Milk, 16 Lbs Cheese, 12 Cases of Apples,
2 Bottles Anchovies, 8 Bottles Capers, 4 Tins Pork and Beans,
1 Tin Strawberries.

Public Cleansing.

Owing to the evacuation of the Civil Population the amount of Refuse Collected and Disposed of was considerably reduced. Refuse from Military Establishments, and other billets is received at the Disposal Depot. Salvage Work has been intensified with satisfactory results.

A total of - 1,406 tons of Refuse was collected at a net cost of approximately £1,395 including depreciation and loan charges.

Income from Trade Refuse amounted to £42.

Collection is by rear-loading mechanical vehicles; Disposal is by incineration and controlled tipping. 1,575 tons were dealt with, at a net cost of £695.

Income from the sale of Salvaged Material, Clinker, etc., was - £523. 0. Od. Waste Paper - £586. 0. Od.

Port Sanitary Regulations.

No action was required during the Year.

Immunisation.

Immunisation against Diphtheria and Typhoid continued throughout the Year, the dosage given being that recommended by the Ministry.

The following tables give the numbers inoculated :-

<u>Diphtheria</u>	<u>First Doses.</u>	<u>Completed.</u>	<u>Total.</u>
Children under 5 years	24	352	376
	16	402	418
	40	754	794
<u>Typhoid Fever</u>			
Adults	1	109	110
Children under 5 years	2	8	10
School Children	4	20	24
Total Figures -	7	137	144

Missed conditions - continued

115 lbs. Fruit, 15 lbs. Vegetables, 15 lbs. Canned Beans,
11 lbs. Canned Meat, 5 lbs. Tea, 45 lbs. Coffee,
24 Chocolate Rolls, 5 Bottles Red Cabbage, 1 Bottle Cabbage,
5 Bottles Green, 5 Bottles Carrots, 1 Bottle Ginger Wine,
25 lbs. Condensed Milk, 15 lbs. Cheese, 15 Cans of Apples,
5 Bottles Apples, 5 Bottles Cabbage, 5 lbs. Pork and Beans,
1 lb. Butter.

Public Cleaning

Owing to the evacuation of the civil population the
amount of refuse collected and disposed of was considerably
reduced. Refuse from Military Establishments, and other
refuse is received at the disposal depot. Refuse work
has been intensified with satisfactory results.

A total of - 1,400 tons of refuse was collected at a net
cost of approximately £1,300 including depreciation and
fuel charges.

Income from refuse refuse amounted to £42.

Collection is by rear-loading mechanical vehicles;
disposal is by incineration and controlled tipping.
1,575 tons were dealt with at a net cost of £205.

Income from the sale of Salvaged Material, Clinker, etc.,
was - £223. 0. 00. Waste Paper - £200. 0. 00.

Port Sanitary Regulations

No action was required during the year.

Immunisation

Immunisation against Diphtheria and Typhoid continued throughout
the year, the dosage given being that recommended by the Ministry.

The following tables give the numbers immunised:-

Diphtheria			
First Dose	Second Dose	Total	
64	282	346	Children under 5 years
12	408	420	
40	724	764	
Typhoid Fever			
Adults	Children under 5 years	School Children	
1	2	4	
109	8	80	
110	10	120	
7	124	131	Total figures

Maternity and Child Welfare.

The total number of Births notified during the Year was 90, of which 37 were notified by Medical Practitioners, and 59 by Midwives.

There were four Midwives on the Register, of whom, two were employed by the Essex County Nursing Association, and they attended 78 Midwifery Cases.

Analysis of Midwifery and Maternity.

	Midwifery.	Maternity.	Total.
1. Domiciliary			
(a) District Nursing Association	58	17	75
(b) Independant Midwives	1	-	1
(c) Private Trained Nurses	-	1	1
(d) Untrained Women	-	-	-
2. Maternity Homes and Hospitals	-	-	-
(a) Nursing Association's Home	-	-	-
(b) Ellisdene Nursing Home	-	19	19
(c) Waltham Nursing Home	-	-	-
(d) Clacton District Hospital	-	-	-

Cases were also sent to Homes and Hospitals outside the District, as follows :-

St. Mary's Hospital, Colchester	2
Colchester Borough Maternity Home	5
Tendring Institution	8
Evacuated under the Ministry's Scheme	5

Total - 20

Health Visiting.

The number of visits paid by the Health Visitor to children under 5 years of age was - 1,517. She also paid 9 visits as Infant Life Protection Visitor. At the end of the Year there were four registered homes, and two boarded-out children.

Orthopaedics.

26 Children received treatment for various Orthopaedic conditions during the year, and made 106 attendances.

Ultra Violet Ray Treatment.

59 received treatment, making 934 attendances.

Dental Treatment

36 Women and Children received treatment, making 57 attendances.

Eye Clinics.

11 attended the clinics, making 16 attendances. 6 were provided with glasses.

Ante-Natal Clinics.

There were 154 expectant Mothers on the Register during the year, and they made 403 attendances at the Doctors Clinics, and 262 attendances at the Ante-Natal Classes.

Maternity and Child Welfare - continued.

Infant Clinics.

The Infant Clinics were held as usual throughout the Year; and the attendances made by children under 5 years of age were - 3,491.

Food and Medicines.

Infant Foods, Cod Liver Oil, etc., were sold at cost price as in previous years.

As a result of the introduction of the National Milk Scheme, there was a remarkable drop in the amount provided by the Welfare Centre.

Only one baby was supplied with 10 lbs of dried Milk at a cost of fifteen shillings.

Evacuated Mothers and Children.

Clacton became an evacuation area in 1940, and a large proportion of the Mothers, and children under 5 years of age, left the Town. Considerable numbers, however, soon began to return. By the end of 1941 the population was probably about 40% of the normal. The Ministry's Scheme for the evacuation of expectant Mothers has been much appreciated by those who have taken advantage of it.

I am,

Your Obedient Servant,

(sd) W. A. MILNE.

Medical Officer of Health.

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Evacuated Mothers and Children.

Glasgow became an evacuation area in 1940, and a large proportion of the mothers, and children under 5 years of age, left the town. Considerable numbers, however, soon began to return. By the end of 1941 the population was probably about 40% of the normal. The Ministry's scheme for the evacuation of expectant mothers has been much appreciated by those who have taken advantage of it.

I am,

Yours obedient servant,

(sd) J. A. MURK.

Medical Officer of Health.