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CHELMSFORD RURAL DISTRICT COUNCIL

Annual Report

OF THE

MEDICAL OFFICER of HEALTH

(JOHN F. MACDONALD, M.D., D.P.H.)

(Barrister-at-Law)

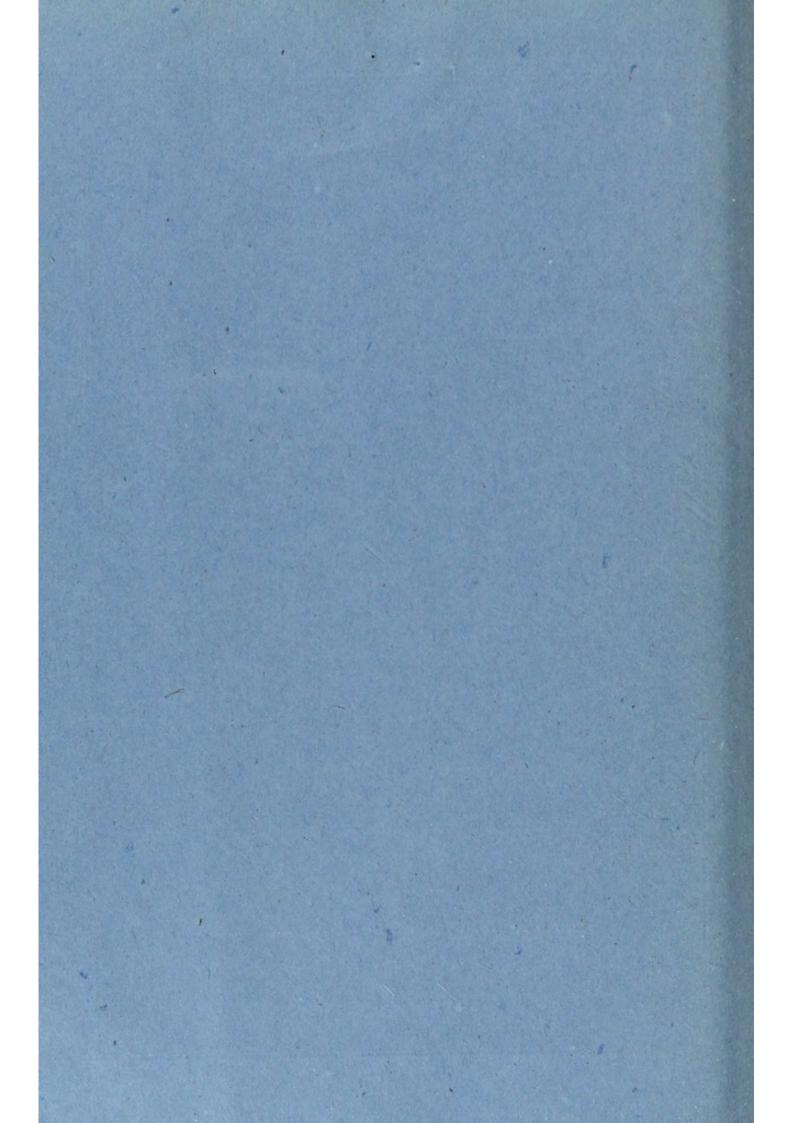
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-1943 -

SOUTHEND:

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1944.



London Road,

Chelmsford.

25th May, 1944.

To the Chairman and Members of the Chelmsford Rural District . Council.

Mr. Chairman and Gentlemen,

I have the honour to present for your consideration the Annual Report on the Health and Sanitary circumstances of your district during the year 1943.

In accordance with the Circular from the Minister of Health the report has been curtailed.

The district Council, by the end of 1943, had provided a piped water supply under pressure to no less than \$76.4 per cent. of the population of the whole district; in addition it provided a piped supply to most of the agricultural industry. This must be considered satisfactory when it is realised that the district extends over an area not less than 135 square miles.

During the year no increase in the incidence of infectious disease occurred and the general health of the community was maintained.

To my colleagues I am much indebted for valuable assistance and to Mr. Ogden for helping in the preparation of this Report.

For the sympathetic consideration and assistance received during the year, I beg to thank the Council.

I am,

Mr. Chairman and Gentlemen,

Your obedient Servant,

JOHN F. MACDONALD.

STAFF.

Clerk to the Rural District Council: H. H. Gowers.

Deputy Clerk to the Rural District Council: C. R. Plumtree.

Financial Officer to the Rural District Council: M. W. Butcher.

PUBLIC HEALTH DEPARTMENT.

Medical Officer of Health: John F. Macdonald, M.D., D.P.H., (also Medical Officer of Health for the Rural Districts of Maldon and Rochford.)

Clerk to Medical Officer of Health: M. C. Barton, (in H.M. Forces.) Mrs. M. Marshall.

CHIEF SANITARY INSPECTOR'S DEPARTMENT.

Chief Sanitary Inspector and Petroleum Inspector: *
A. Denton Ogden, M.B.E., F.R.San.I., F.S.I.A.

Second Sanitary Inspector:*
G. F. Mellor, A.M.Inst.P.C., M.S.I.A., M.R.San.I.

Assistant Sanitary Inspector:*
T. H. C. Bartrop, M.S.I.A. A.R.San.I. (In H.M. Forces).

Clerk-Assistant: F. B. Brewster.

Clerk: R. H. Hawkes, (in H.M. Forces).

Clerk: I. Warren.

* Qualified Inspectors of Meat and other Foods, Royal Sanitary Institute.

ENGINEER'S DEPARTMENT

Engineer and Surveyor: W. E. Bunker, M.Inst., M. & Cy.E., M.R.San.I.

Assistant Engineer and Surveyor: D. C. Pinder.

HOUSING AND ESTATES DEPARTMENT

Estate Surveyor: E. Ollett.

CHELMSFORD RURAL DISTRICT

STATISTICS AND SOCIAL CONDITIONS OF THE AREA

Area (acres) 86,506 (land and inland waters).
Population (estimated), 1943 34,620
Population, 1931 (census) 27,836 (13,628 males; 14,208 females).
Population, 1921 (census) 24,545
The rateable value of the district for the half-year commencing— 1st April, 1943, was £190,552.
The sum represented by a penny rate, year ended 31st March, 1943 £786 3s. 10d

Social Conditions.

A large proportion of the adult population of the district is employed in the agricultural industry.

EXTRACTS FROM VITAL STATISTICS OF THE YEAR

		Total	Male	Female	
Live	Legitimate	549	295	254 1	Birth-rate (R.G.) 16.8
Births	Illegitimate	35	23	12	
Still	Legitimate	13	8	51	Rate per 1,000 births
Births	Illegitimate	I	I	- 1	23.4.
Deaths		387	198	189	Death-rate (R.G.) 11.1

Deaths from puerperal and Post Abortive sepsis From other maternal causes		Nil. Nil.
Males, 13 (o illegitimate); females, 10 (1 ill	egitim	ate).
Death-rate of infants under 1 year of age :— All infants per 1,000 live births		39.3
Legitimate infants per 1,000 legitimate live births	**	40.0
Illegitimate infants per 1,000 illegitimate		28.5
Deaths from Cancer (all ages)		60
Deaths from Measles (all ages)		I
Deaths from Whooping Cough (all ages)		2
Deaths from Diarrhoea (under 2 years of age)		I

Comparative Table of Birth and Death Rates During the Year 1943.

	Rate Civilian	Deaths under one year per 1,000 regis-	
	Live Births.	Deaths from all causes.	tered live births.
England and Wales	16.5	12.1	49
126 County Boroughs and great towns, including London	18.6	14.2	58
148 smaller towns with estimated resident population of from 25,000 to 50,000 (1931 Census)	19.4	12.7	46
Chelmsford Rural District	16.8	11.1*	39

^{*}In order to render this figure comparable with the death rate for the country as a whole, it must be multiplied by the "Areal Comparability Factor (A.C.F)" 0.89, which has been supplied by the Registrar General as requisite to redress the abnormal constitution of the local population from the point of view of sex and age components. Applying this factor, the correct death rate is 9.8 as compared with 11.6 for the country as a whole based on factor for 1942

The deaths classified according to age were as follows :-

					No.	of	Deaths.
Un	der I y	year		 			23
I a	nd und	ler 2		 			3
2	,,	5		 			5
5	,,	15	١	 			3
15	,,	25		 			6
25	"	35		 			9
35	,,	45		 			11
45	,,	55		 			29
55	,,	65		 			57 88
65	,,	75		 			88
75 a	nd ove	r		 			153
					1.11		
				Tot	tal		387

The following table classifies the deaths according to cause and sex —

Cause of Death.		Males.	Females.	Total
Typhoid and Paratyphoid Fever	's	_		_
Measles		1	_	1
Scarlet Fever		-	_	-
Whooping Cough		1	1	2
Diphtheria			-	
Influenza		5	8	13
Acute Inf. Encephalitis		-	-	_
Cerebro Spinal fever		-	-	-
Tuberculosis of respiratory syste	em	6	5	11
Other tuberculosis		-	1	1
Syphilis		-	-	1
Cancer		27	33	60
Diabetes		1	2	3
Intra-cranial vascular lesions		26	21	47
Heart disease		37	41	78
Other circulatory diseases		12	7	19
Bronchitis		9	6	15
Pneumonia (all forms)		15	11	26
Other respiratory diseases		1	2	3
Ulcer of stomach and			1 1 1 1 1 1	
duodenum		4	3	7
Diarrhoea (under 2 years)		1	-	1
Appendicitis		-	-	-
Other digestive diseases		3	5	8
Nephritis		4	4	8
Puerperal and post Abortive Se	psis	-	-	-
Other Maternal Causes		-	_	_
Malformation, etc		4	4	8
Premature Birth		4.	4	8
Suicide		4	-	1
Road traffic accidents		3 8	2	5
Other violence			3	11
*All other causes		22	26	48
Totals	3	198	189	387

GENERAL PROVISION OF HEALTH SERVICES FOR THE AREA

Laboratory facilities: Additional facilities to supplement those already available have been provided by the establishment of Emergency Public Health Laboratories under the direction of the Medical Research Council.

Ambulance facilities: Nursing in the home: Treatment Centres and Clinics: Hospitals—Public and Voluntary. Registered Nursing Homes. These all remain unchanged.

Two war emergency maternity hospitals are provided in

the district.

SANITARY CIRCUMSTANCES OF THE AREA

Water: The following table classified according to parish, gives details of the piped water supply (under pressure) throughout the district. Except in those parishes within the Southend Waterworks Company's statutory area and in Broomfield where there is a local supply, water continues to be obtained in bulk from the South Essex Waterworks Company.

Water Supply

Water Supply								
	Percentage	of Houses						
Parish	with piped water supply	within 100 yards of mains but not yet connected						
Gt. Baddow	92.6	3.9						
Little Baddow	87.6	-						
Boreham	53.8	33.1						
Broomfield	91.1	2.8						
Chignall	34.2	38.7						
Danbury	90.6	2.1						
Good Easter	50.4	29.0						
East Hanningfield	87.5	7.8						
South Hanningfield	75.5	10.3						
West Hanningfield	40.0	8.0						
Ingatestone & Fryerning	87.0	3.8						
Gt. Leighs	27.0	30.5						
Lt. Leighs	33.8	29.2						
Margaretting	74.2	17.3						
Mashbury	52.3	23.8						
Mountnessing	53.5	- 1						
Pleshey	31.2	55.0						
Rettendon	98.8	-						
Roxwell	32.7	33.0						
Runwell	87.3	11.6						
Sandon	84.5	100 - 100						
Springfield	48.8	27.1						
Stock	71.9	4.9						
Gt. Waltham	35.5	34.9						
Lt. Waltham	67.0	26.0						
Woodham Ferris	93.4	3.4						
Writtle	82.3	2.5						
Total	76.2	10.2						

During the year 120 additional premises were connected to the mains and 50 houses supplied by standpipe.

Samples taken from the Broomfield Waterworks are reported upon as a "wholesome water, suitable for the purposes of public supply."

Drainage and Sewerage.

No change since previous report.

Closet Accommodation.

No great changes have been made to those shown in previous reports.

Public Cleansing.

Owing to the increase in salvage, it was necessary to resort to a fortnightly collection of ordinary household refuse instead of a weekly one, the intervening periods being occupied in the collection of salvage.

Considerable time is necessarily spent in supervising the work of salvage collection and disposal.

The salvage scheme is more than self-supporting inasmuch that a substantial profit has consistently been shown since its inception.

Sanitary Inspection of the Area.

The following table gives details of the inspections carried out by the Chief Sanitary Inspector's Department and of notices served.

INSPECTIONS AND PARTICULARS OF NOTICES FOR THE YEAR, 1943.

	9115	NT .:	Notices	served.	Not	ices
Nature of Inspection.	Total Inspec- tions.	Notices Out- stand- ing at end of 1942	Infor- mal.	Statu- tory.	Complied with.	Out- stand- ing at end of 1943.
Infectious Diseases Inquiries	115 7	?=	=	=	=	=
under Housing Acts Oo. under Public Health Acts	13 46	59	113	34	83	123
Re-inspections under Housing Acts	55	-	-	-	-	-
Health Acts	70 9	7	1	Ξ	7	1
Other Nuisances	2011 221	Ξ	=	=	=	=
Privies and Pail Closets Vater Closets Urinals	47 34 12	12	17	5	10	20 12
Vater Supply	217 193	35 12	46 45	8 20	47 40	42 37
Animals improperly kept	3 5 - 26	=	Ξ	Ξ	=	=
Milk Shops Cowsheds and Dairies Bakehouses	7 448 45	17	52	3	26	46
Ice-cream Premises Slaughterhouses and Meatshops	254	Ξ	=	=	= .	=
Knackers Yards Fresh and Fried Fishshops Factories	25 13	Ξ	Ξ	Ξ	Ξ	E
Rats, Mice and Insects Pests Fents, Vans, Sheds	89 94	1 2	9	1	10 4	1 .
Public Cleansing: Ash bins Refuse Dumps	28 128	2	9	2	11	2
Shops Act Smoke Nuisances	283	.=	. =	Ξ	Ξ	=
Food Storage and Preparing Premises	697	3	-9	=	12	=
Total	5,195	159	318	77	269	285

Mr. T. H. C. Bartrop, Assistant Sanitary Inspector was called up for military service on April 29th, 1942 and has not been replaced.

The following tables provide statistics of work done as a result of the service of Informal and/or Statutory Notices:—

t	the service of Informal and/or Statutory Notices	:
	Adequate ventilation provided to rooms	_
	Ashbins provided	9
	Brick walls repaired or roughcast	_
	Chimney flues altered	I
	Chimney stacks repaired or re-pointed	I
	Ceiling plasters repaired or renewed	8
	Coppers repaired or provided	7
	Damp-proof courses repaired	I
	Dampness remedied other than by d.p.c	15
	Dirty or verminous houses cleansed	I
	Doors repaired or renewed	9
	Eavesgutters and downspouts repaired or renewed	10
	External wall plaster repaired or renewed	_
-	Fireplaces, Stoves, repaired or renewed	16
	Floors repaired or re-laid	33
	Foodstores provided or repaired	
	Handrails provided to staircases	4
	Internal wall plaster repaired or renewed	14
	Internals walls repaired	3
	Outbuildings repaired or demolished	2
	Roofs repaired or renewed	31
	Sinks provided or repaired	6
	Sink waste pipes provided or renewed	8
	Staircases provided or repaired	I
	Washhouses repaired	2
	Weatherboarded walls renewed or repaired	I
	Windows or frames repaired or renewed	23
	Yards or paths repaired or paved	4
	Miscellaneous repairs	17
	Cesspool pumps provided	-
	Cesspools cleansed	I
	Cesspools rendered watertight	I
	Choked drains unstopped	. 5
	Drainage systems altered or repaired	10
	Drainage cut off from ditches, watercourses, etc.	13
	Foul ditches cleansed	I
	Foul ponds cleansed	-
	Houses connected to the sewer	-
	Inspection covers repaired	-
	Overflows from cesspools abolished	3
	Pail closet structures repaired or renewed	2
	Pails provided to closets	5
	Urinals repaired or provided	-
	Ventilation pipes repaired	I

Water closets cleansed		I
Water closet floors repaired		2
Water closet drain repaired		I
Water closet flushing apparatus repaired or		
renewed		5
Water closet pedestals repaired or renewed		2
Water closet structures repaired or renewed		16
Yard gullies provided or repaired		2
Hot water boilers repaired or renewed		-
Main water supply provided to houses		22
Pumps repaired		-
Water pipes, taps repaired		3
Water tanks repaired or renewed		_
Wells cleansed, repaired or improved		_
Water supplies improved		7
		,
Approaches to cowsheds or dairies improved		I
Buildings converted to Cowsheds		-
Cesspools cleansed		1
Cowsheds cleansed		6
Cowshed floors repaired		
Cowsheds reconstructed	•	4
Cowshed roofs repaired		2
Cowshed walls repaired		
Dairies sealed off from cowsheds		5
Dairies provided		I
Dairies repaired or improved		I
Dairy floors repaired		
Dairy roofs repaired		I
Dairy walls repaired		I
		5 6
Drainage to cowshed or dairy improved		
Improvements to water supply Lighting to cowshed or dairy improved		2
Manure accumulations removed		4
		3
Mechanical milking plants, sterilizers, &c.	,	6
provided, cleansed, or repaired		6
Other improvements to cowsheds or dairies Ventilation to cowsheds or dairies		
	* *	1
Water supply provided to cowsheds or dairies		3
24: 11		
Miscellaneous work done		16

Camping Sites.

Nine camping sites were licensed during the year.

HOUSING

Ten Agricultural cottages were alloted to the district and by the end of the year 8 (4 in West Hanningfield, 4 in Writtle) of these were under construction. The other 2 are to be erected at Ford End.

The following table gives details of the housing work carried out during the year.

There were no plans submitted for the erection of houses during 1943.

I.	Inspection of Dwelling Houses during the year:— (1) (a) Total number of dwelling-houses inspected for housing defects (under Public Health or	
	Housing Acts)	134
	(b) Number of Inspections made for the purpose	489
	(2) (a) Number of dwelling-houses (included under sub-head (1) above) which were inspected and recorded under the Housing Consolidated	
	Regulations, 1925	45 87
	(b) Number of Inspections made for the purpose	87
	(3) Number of dwelling-houses found to be in a state so dangerous or injurious to health as to be unfit	
	for human habitation	10
	(4) Number of dwelling-houses (exclusive of those	
	referred to under the preceding sub-head)	
	found not to be in all respects reasonably fit	
	for human habitation	114
2.	Remedy of Defects during the year without Service of Notices:—	Formal
	Number of defective dwelling-houses rendered fit in	
	consequence of informal action by the Local	
	Authority or their officers	52
3.	Action under Statutory Powers during the year :— Proceedings under Public Health Acts.	
	(1) Number of dwelling-houses in respect of which notices were served requiring defects to be	
	remedied	34
	(2) Number of dwelling-houses in which defects were remedied after service of formal notices:—	
	By Owners	15
	—Proceedings under Sections 11 and 13 of the Housing Act, 1936.	
	Troubing ract, 1930.	

(1)	Number of	dwelling-houses	in resp	pect of	which	
	Demol	ition Orders were	made			2
(2)	Number of	dwelling-houses	demol	ished in	pur-	
	suance	of Demolition	Orders	:		
	By Owners					I

It is impossible to give any accurate picture as to overcrowding based on the Housing Act standard. War conditions have resulted in relatives and friends taking up temporary residence with families normally resident in the district and other persons have secured the tenancy of vacant houses and two or more families are living together. At the same time no gross overcrowding has been found.

INSPECTION AND SUPERVISION OF FOOD

Milk Supply.

There are 227 registered cowsheds and dairies in the district in which milk is produced for sale, a large proportion of which are licensed for the production of Designated Milks by the Essex County Council. In addition there are 21 dairies used by persons who retail milk purchased from other producers, and 20 persons who are registered to retail milk within the district, with premises outside the district. These premises have been regularly inspected and details of works which have been carried out as a result of requests from your Chief Sanitary Inspector's Department, in order to improve the premises, are shown in the table on page 10.

Orders 1936 and 1938. With one exception, these were renewals of licences previously granted to the holders.

Meat and Other Foods.

All animals are at present slaughtered in slaughterhouses outside the district. Meat exposed for sale or deposited for manufacture in premises within the district is regularly inspected.

Quantities of poultry and rabbits exposed for sale in shops have also been inspected.

The following foodstuffs were condemned as unfit for human consumption:—

96lbs. Meat, 86lbs. Bacon, 34lbs. Butter, 16lbs. Cheese, 56 6lb. Tins Corned Beef, 19 6lb. Tins Mutton, 1 6lb. Tin Pork Luncheon Meat, 2 2½lb. Tins Pork Luncheon Meat, 6 1½lb. Tins Pork Sausage Meat, 36 120z. Tins Corned Beef, 1 120z. "Spam," 8 Tins Herrings, 3 Tins Pilchards, 3 Tins Sardines, 2 Tins Salmon, 4 Tins Peas, 1 Tin Plums, 7 Tins Condensed Milk, 1 Tin Evaporated Milk, 7 Tins Baked Beans, 1 Tin Haricot Beans, 2 Tins Spinach, 34lbs. Rolled Oats, 4 Packets Shredded Wheat, 1 Tin Chocolate, 1 Tin "Jardox," 6 Tins Jam, 10 Jars Jam, 16 Jars Marmalade, 1 Jar Mincemeat, 1 Jar Lemon Curd.

The bakehouses and other premises where food is prepared for sale have been kept under close observation.

PREVALENCE OF, AND CONTROL OVER, INFECTIOUS AND OTHER DISEASES

There was no major outbreak of notifiable infectious disease during the year. The 28 cases of Dysentery occurred in a mental hospital.

Two of the cases of Diphtheria were adults in a mental hospital.

The immunisation of children against diphtheria was continued during the year. The prophylactic used throughout was A.P.T.

The percentage of children immunised at the end of 1943 based on the estimated population of Registrar General was:—

Aged 1-15 78.4% Aged 1-5 77.8% Aged 5-15 78.6%

The immunisation is continuing and it is hoped that parents will take full advantage of the facilities provided for protecting their children against such a serious disease as Diphtheria.

Much assistance in connection with Diphtheria immunisation was given by the Health visitors and teachers.

It is satisfactory to report that no clinical case of Diphtheria occurred among the child population. One case notified was found to be a carrier (nasal).

Towards the end of the year Influenza became prevalent but fortunately was of a mild nature. Arrangements were made with civil defence personnel (Casualty services) to give assistance in the homes.

Scabies. Arrangements were made to get patients treated at St. John's Hospital, Chelmsford. During the year 12 cases were treated.

The following tables show the incidence of Infectious Disease during the year.

	Total		1	1	2	1	1	(26	1	1	28
	Cases admitted to Hospital	1	1	50	7	1	1	3	1	1	11	62
SIS).	65 or over		11	1	1	1	2	1	1	1	1	14
COLOS	45—65		11	1	1	1	3	1	3	1	1	17
TUBER	5-10 10-15 15-20 20-35 35-45 45-65		1	1	-	1	2	1	1	1	1	25
OF 1	20—35		4	2	1	1	2	2	2	1	1	15
USIVE	15-20		2	1	1	1	1	1	1	1	1	4
(EXCI	10—15		1	12	1	1	1	13 .	1	1	1	26
YEAR	5—10		1	40	19	1	1	87	-	1	1	148
THE	1		1	9	2	1	1	21	1	-	1	30
URING	3 4		1	7	2	1	1	6	1	1	1	18
SES DI	2—3		1	1	3	1	1	00	1	1	1	12
DISEA	1-2		1	1	10	1	. 1	15	2	1	i	22
ABLE	Under 1		1	1	2	4 -	7					
NOTIFIABLE DISEASES DURING THE YEAR (EXCLUSIVE OF TUBERCULOSIS).	Total Cases Notified		28	70	35	3	6	159	11	2	1	318
	Notifiable Disease.		Dysentery	Scarlet Fever	Whooping Cough	Diphtheria	Erysipelas	Measles	Pneumonia	Puerperal Pyrexia	Anterio-Poliomyelitis	Totals

TABLE SHOWING LOCAL DISTRIBUTION OF CASES NOTIFIED DURING 1943.

Parish	Dysentery	Scarlet Fever.	Whooping Cough	Diphtheria.	Erysipelas.	Measles	Pneumonia.	Puerperal Pyrexia.	Anterio-Poliomyelitis.	*Pulmonary Tuberculosis.	*Other forms of Tuberculosis.	Total.
Great Baddow Lit tle Baddow Boreham Broomfield Chignal Danbury Good Easter East Hanning- field Sth Hanningfield W.Hanningfield Ingatestone & Fryerning Great Leighs Little Leighs Margaretting Mashbury Mountnessing Pleshey Rettendon Roxwell Runwell Sandon Springfield Stock Great Waltham Little Waltham Woodham Ferrers Writtle	28	10 	9 - 1 4 - 3 10 - 3 1 - 3 1 1			13 6 10 36 - 33 - 55 - - 5 - - - - - - - - - - - -	1 2 1 1 1 1 1 1 1 1 1 1 1 2 2 1 1 1 1 1	T		3 2 3 1 - 2 - 1 - - 1 1 1 1 1 1 1 1 1	2 1 1 1 1 1 1 1 2 1 1 1 1 2 1 1 4 3	39 7 6 24 1 61 3 5 70 3 9 1 8 2 44 5 7 19 5 3 14 15 15 15 16 16 16 16 16 16 16 16 16 16
Totals	28	70	35	3	9	159	11	2	1	20_	18	356

TUBERCULOSIS. New Cases and Mortality during 1943.

		*New	Cases.		Deaths.					
Age Periods.	Respi	ratory.		on- ratory.	Respir	ratory.	Non- Respiratory.			
	M.	F.	M.	F.	M.	F.	M.	F.		
Under 1	3 2 2 1 1	- 3 5 2 1 -	1 3 3 2 — —	- 7 1 - 1 -	- - 1 3 1 - 1	- - 1 3 - 1 -		1		
Totals .	. 9	11	9	9.	6	5	-	1		

^{*}Not including cases of tuberculosis removed into the district during the year, which had been previously notified elsewhere.

REPORT OF PETROLEUM INSPECTOR.

(A. Denton Ogden, M.B.E., F.R.S.I., F.S.I.A.)

Mr. Chairman and Gentlemen,

Under an Order made by the Government, only in certain instances are persons now permitted to store petroleum spirit. The Council have only issued licences where they are satisfied and have evidence from the Petroleum Board that such storage is necessary.

No contraventions of the Regulations were found during the year.

I am, Gentlemen,

Yours obediently,

A. DENTON OGDEN,

Petroleum Inspector.

Council Offices, London Road, Chelmsford.

