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# Annual Report

OF THE

## MEDICAL OFFICER of HEALTH

(JOHN F. MACDONALD, M.D., D.P.H.)

(Barrister-at-Law)

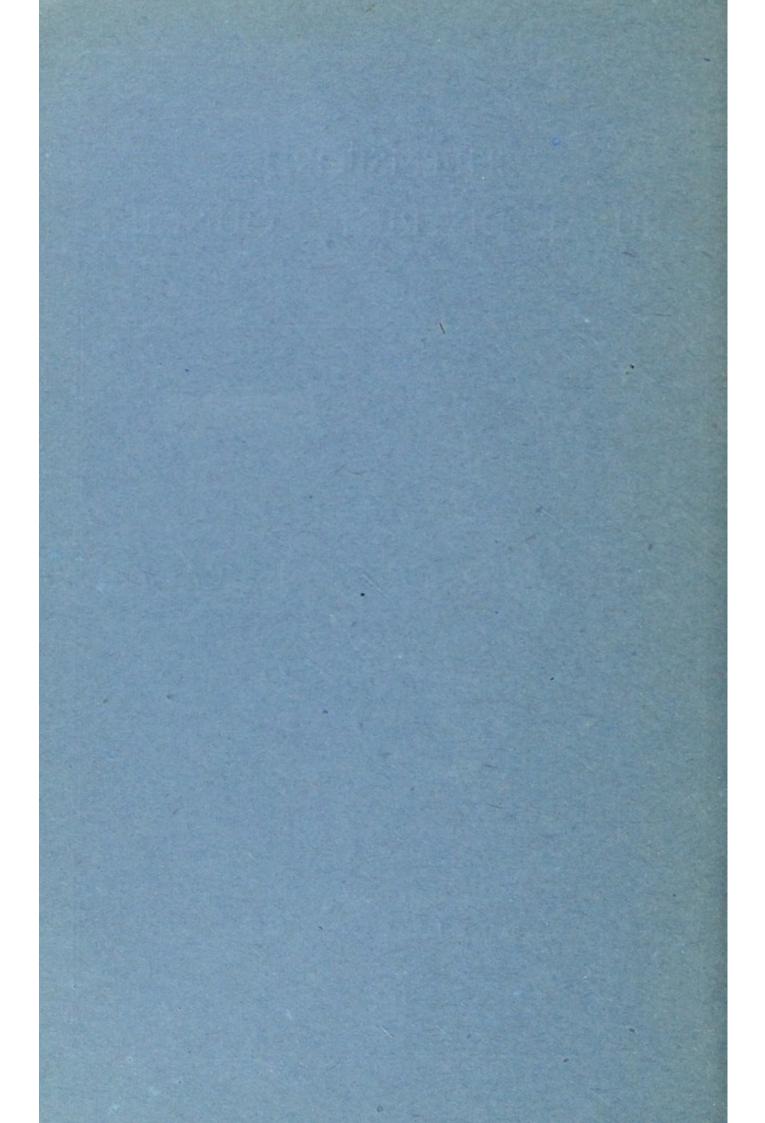
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-1941-

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1942.



#### London Road,

#### Chelmsford.

26th June, 1942.

To the Chairman and Members of the Chelmsford Rural District Council.

#### Mr. Chairman and Gentlemen,

I have the honour to present for your consideration the Annual Report on the Health and Sanitary circumstances of your district during the year 1941.

In accordance with the Circular from the Minister of Health the report has been further curtailed.

Owing to the abnormal conditions both before and since the outbreak of war a great amount of time has had to be given to other than normal public health activities.

In spite of the considerable movement of population into the area no increase in the incidence of infectious disease occurred and the general health of the community was maintained.

To my colleagues I am much indebted for valuable assistance and to Mr. Ogden for helping in the preparation of this Report.

For the sympathetic consideration and assistance received during the year, I beg to thank the Council.

I am,

Mr. Chairman and Gentlemen,

Your obedient Servant,

JOHN F. MACDONALD.

#### STAFF.

#### PUBLIC HEALTH DEPARTMENT.

Medical Officer of Health: John F. Macdonald, M.D., D.P.H., (also Medical Officer of Health for the Rural Districts of Maldon and Rochford.)

Clerk to Medical Officer of Health: M. C. Barton, (in H.M. Forces.) Mrs. M. Marshall.

#### SANITARY INSPECTOR'S DEPARTMENT.

Chief Sanitary Inspector and Petroleum Inspector: A. Denton Ogden, M.B.E., F.R.S.I., F.S.I.A., [Qualified Inspector of Meat and other Foods, Royal Sanitary Institute, late Investigator to the Industrial Fatigue Research Board (Medical Research Council).]

Second Sanitary Inspector: G. F. Mellor, A.M.Inst.P.C., M.S.I.A., A.R.S.I., (Qualified Inspector of Meat and other Foods, Qualified Smoke Inspector, Royal Sanitary Institute).

Assistant Sanitary Inspector: T. H. C. Bartrop, M.S.I.A. A.R.S.I., (Qualified Inspector of Meat and other Foods, Royal Sanitary Institute).

Clerk-Assistant: F. B. Brewster.

Clerk: R. H. Hawkes, (in H.M. Forces since December, 1941).

#### ENGINEER'S DEPARTMENT

Engineer and Surveyor: T. T. Thomas, M.Inst., M. & Cy. E., (Died February 1941)

Acting Engineer and Surveyor: D. C. Pinder.

Clerical Staff: A. R. Brookes, (in H.M. Forces).
R. V. Aldred (in H.M. Forces).
Miss M. G. Porter.
J. G. Baker.
J. Riebold.

#### CHELMSFORD RURAL DISTRICT

#### STATISTICS AND SOCIAL CONDITIONS OF THE AREA

#### Statistics

Area (in acres) ... 86,506 (land and inland waters)
Registrar-General's estimate of
civilian population, mid-1941 omitted.
Number of inhabited houses (end of
1941) according to Rate Books omitted.
Rateable value (1st April, 1941) £190,378
The sum represented by a penny rate
year ending 31st March, 1941. £790 8s. 5d.

#### Social Conditions

The majority of the adult population continued to be employed in agriculture or in works within the Borough of Chelmsford.

No outbreaks of disease have occurred which could be attributable to evacuation. There were a number of cases of impetigo and scabies, principally amongst children. These were given hospital treatment.

#### EXTRACTS FROM VITAL STATISTICS OF THE YEAR.

Birth-rate per 1,000 estimated civilian population mid-1941	13.5
Rate per 1,00 total (live and still) births	26.5
Death-rate per 1,000 civilian population	11.7
Death-rate of infants under 1 year of age :-	
(a) All infants per 1,000 live births	32.9
(b) Legitimate infants per 1,000 legitimate	
live births	32.2
(c) Illegitimate infants per 1,000 illegiti-	
mate live births	47.6
Deaths from Cancer (all ages)	71
Deaths from Whooping Cough	I
Deaths from Measles	I
Deaths from Diarrhoea	nil

#### Comparative Table of Birth and Death Rates During the Year 1941.

	Rate Civilian	Deaths under one year per 1,000 regis-	
	Live Births.	Deaths from all causes.	live births.
England and Wales	14.2	12.9	59
126 County Boroughs and great towns, including London	14.7	14.9	71
148 smaller towns with estimated resident population of from 25,000 to 50,000 (1931 Census)	16.4	13.0	56
Chelmsford Rural District	13.5	11.7*	32.9

<sup>\*</sup>In order to render this figure comparable with the death rate for the country as a whole, it must be multiplied by the "Areal Comparability Factor (A.C.F<sub>j</sub>" 0.89, which has been supplied by the Registrar General as requisite to redress the abnormal constitution of the local population from the point of view of sex and age components. Applying this factor, the correct death rate is 10.4 as compared with 14.2 for the country as a whole.

#### GENERAL PROVISION OF HEALTH SERVICES FOR THE AREA

Laboratory facilities: Additional facilities to supplement those already available have been provided by the establishment of Emergency Public Health Laboratories under the direction of the Medical Research Council.

Ambulance facilities: Nursing in the home: Treatment Centres and Clinics: Hospitals—Public and Voluntary. Registered Nursing Homes. These all remain unchanged.

Two war emergency maternity hospitals are provided in

the district.

#### SANITARY CIRCUMSTANCES OF THE AREA

Water: Except in those parishes within the Southend Waterworks Company's statutory area and in Broomfield where there is a local supply, water continues to be obtained in bulk from the Scuth Essex Waterworks Company.

During the year 79 additional premises were connected to the mains and 13 houses supplied by standpipe.

Samples taken from the Broomfield Waterworks are reported upon as a "wholesome water, suitable for the purposes of public supply."

Drainage and Sewerage.

A sample of the effluent from the Ingatestone Sewage Disposal Works has been reported upon as being of a satisfactory standard.

#### Closet Accommodation.

No great changes have been made to those shown in previous reports.

Public Cleansing.

No changes were made in the collection services during the year.

Salvage work continues. Considerable time is necessarily spent in supervising and administering this work,

#### Sanitary Inspection of the Area.

The following table gives details of the inspections carried out by the chief Sanitary Inspector's Department and of notices served.

INSPECTIONS AND PARTICULARS OF NOTICES FOR THE YEAR, 1941.

		Notions	Notices	served.	Notices		
Nature of Inspection.	Total Inspec- tions.	Notices Out- stand- ing at end of 1940	Infor- mal.	Statu- tory.	Complied with.	Out- stand- ing at end of 1941.	
Infectious Diseases Inquiries	487	_		_		_	
Disinfection	13	-		Lac.	1 -	-	
Houses Inspected and Recorded							
under Housing Acts	4	-	-	=	-	_	
Do. under Public Health Acts	16	51	38	17	38	68	
Re-inspections under Housing							
Acts	64	-	-	-	-	-	
Re-inspections under Public							
Health Acts	53	-		_	-	-	
Overcrowding	5	1	9	3	1	12	
Dirty condition of Houses	322		1.	1	2	_	
Other Nuisances Re-inspections	59				100		
Privies and Pail Closets	34	11	9	6	10	16	
Water Closets	11	3	17	6	10	16	
Urinals	33	_	1	_	-	1	
House drainage	281	49	71	12	60	72	
Water Supply	77	21	11	14	17	29	
Pigstyes	6	_	_			_	
Animals improperly kept	7	-	-	_	-	-	
Schools	6	-	-	-	-	-	
Milk Shops	34	-	-	_	-	-	
Cowsheds and Dairies	290	25	29	1	25	30	
Bakehouses	62	4	-	_	1	3	
Ice-cream Premises	2	_	1	-	-	-	
Slaughterhouses and Meatshops			-	-	-	-	
Knackers Yards Fresh and Fried Fishshops	12 8	-	-	-			
Property and the second	35				-		
Rats, Mice and Insects Pests	26	2	14	1	12	5 3	
Tents, Vans, Sheds	32	2 3	2		2	3	
Public Cleansing :-	32	-	-		-		
Ashbins	117	2	171	3	166	10	
Refuse Dumps	203		-	_			
Shops Act	351	_	_	1	1	_	
Smoke Nuisances		-	1	-	1	-	
Food Storage and Preparing							
Premises	8	-	_	-	- 1	-	
Miscellaneous	905	2	15	2	15	4	
Total					-		

#### FACTORIES.

1.—INSPECTIONS for purposes of provisions as to health.
Including Inspections made by Sanitary Inspectors.

Including Inspections ma	de by Sa	nitar	y Insp	ectors.		
			Num	ber of		
Premises (1)	Inspections. Write Notice (3)					
Factories with mechanical power	35			-	_	
Total	35		-	-	-	
2.—DEFECTS FOUND.			ation is	surdana		
	Nur	nber	of Def	ects.	Number of defects in	
Particulars. (1)	Found.		edied.	Referred to H.M Inspecto (4)	. secutions	
Sanitary Conveniences (S.7)  Other offences (not including offences relating to Home Work or offences under the Sections mentioned in the Schedule to the Ministry of Health (Factories and Workshops Transfer of Powers) Order, 1921, and re-enacted in the Third Schedule to the Factories Act, 1937.)			1 1			
Total	-		2	_		

The following tables provide statistics of work done as a result of the service of Informal and/or Statutory Notices:—

Ashbins provided

Ashbins provided	. 166
Brick walls repaired or roughcast	. 8
Chimney stacks repaired or re-pointed .	. 5
Ceiling plasters repaired or renewed .	. 14
Coppers repaired or provided	. I
Dampness remedied other than by d.p.c.	. 8
Dirty or verminous houses cleansed	
Doors repaired or renewed	. I
	4
External wall placter repaired or renewed	
External wall plaster repaired or renewed.	. 9
Floors repaired or re-laid	. 10
Foodstores provided or repaired	. 2
Handrails provided to staircases	. 2
Internal wall plaster repaired or renewed .	. 16
Roofs repaired or renewed	. 14
Sinks provided or repaired	. I
Sink waste pipes repaired or renewed .	. 3
Stoves repaired or renewed	. 3
Washing accommodation provided	. I
Weatherboarded walls renewed or repaired .	. I
Windows or frames repaired or renewed .	. 18
Miscellaneous repairs	. 6
Cesspools rendered watertight	
Cesspools repaired	. I
Choked drains unstopped	. 2
Drainage systems altered or repaired .	. 9
Drainage cut off from ditches, watercourses,	. 9
Foul ditches cleansed	etc. 13
Foul ponds cleansed	. 2
	. I
Houses connected to the sewer	. 2
Inspection covers renewed	. I
Overflows from cesspools abolished	. 3
Pail closet structures repaired or renewed	. 2
Pails provided to closets	. I
Water closet flushing apparatus repaired or	
renewed	
	5
Water closet pedestals repaired or renewed	5
Water closet pedestals repaired or renewed Water closet structures repaired or renewed	5 3 3

Hot water boilers repaired or renewed		I
Main water supply provided to houses		8
Pumps repaired		I
Water pipes repaired		2
Water tanks repaired or renewed		I
Wells cleansed, repaired or improved		I
Approaches to cowsheds or dairies improved		3
Cowsheds cleansed		2
Cowshed floors repaired		4
Cowshed walls repaired		6
Cowsheds repairs (other than floors and walls)		II
Cesspools cleansed		I
Dairies sealed off from other buildings		I
Dairies repaired or improved		5
Dairy floors repaired		2
Dairy walls repaired		I
Drainage to cowshed or dairy improved		2
Improvements to water supply		
Lighting to cowshed or dairy improved		4
Manure accumulations removed	72.70	7 2
Mechanical milking plants, sterilizers, &c.	**	4
cleansed and repaired	,	2
Other improvements to cowsheds or dairies		12
Ventilation to cowsheds or dairies		6
Water supply provided to cowsheds or dairies		I
Miscellaneous work done		
WISCEHAIICOUS WOLK HOHE		12

#### Camping Sites.

Eight camping sites were licensed during the year,

#### HOUSING

The following table gives details of the housing work carried out during the year. It will be seen that the work has been further interfered with as a result of war-time restrictions and other duties.

There were no plans submitted for the erection of houses during 1941.

I.	Inspection of Dwelling Houses during the year:—  (1) (a) Total number of dwelling-houses inspected for housing defects (under Public Health or Housing Acts)	
	Housing Acts)	57 171
	Regulations, 1925	20
	(b) Number of Inspections made for the purpose (3) Number of dwelling-houses found to be in a state so dangerous or injurious to health as to be unfit	26
	for human habitation (4) Number of dwelling-houses (exclusive of those referred to under the preceding sub-head) found not to be in all respects reasonably fit	4
	for human habitation	56
2.	Remedy of Defects during the year without Service of Notices:—	Formal
	Number of defective dwelling-houses rendered fit in consequence of informal action by the Local	
	Authority or their officers	36
3.	Action under Statutory Powers during the year :— Proceedings under Public Health Acts.	
	(1) Number of dwelling-houses in respect of which notices were served requiring defects to be	
	remedied (2) Number of dwelling-houses in which defects were remedied after service of formal notices :—	20
	By Owners	7
	2400000 1201, 1930.	

(1)	Number of	dwelling-houses	in res	pect of	which	
	Demol	ition Orders wer	e made			4
(2)	Number of	dwelling-house	s demo	lished in	n pur-	
	suance	of Demolition	Orders	:		
	By Owners					-

It is impossible to give any accurate picture as to overcrowding based on the Housing Act standard. War conditions have resulted in relatives and friends taking up temporary residence with families normally resident in the district and other persons have secured the tenancy of vacant houses and two or more families are living together. At the same time no gross overcrowding has been found.

#### INSPECTION AND SUPERVISION OF FOOD

#### Milk Supply.

There are 225 registered cowsheds and dairies in the district in which milk is produced for sale, large proportion of which are licensed for the production of Designated Milks by the Essex County Council. In addition there are 23 dairies used by persons who retail milk purchased from other producers, and 22 persons who are registered to retail milk within the district, with premises outside the district. These premises have been regularly inspected and details of works which have been carried out as a result of requests from your Sanitary Inspector's Department, in order to improve the premises, are shown in the table on page 9.

15 licences were granted under the Milk (Special Designations) Orders 1936 and 1938. These were renewals of licences previously

granted to the holders.

#### Meat and Other Foods.

All animals are slaughtered in slaughterhouses outside the district. Meat exposed for sale or deposited for manufacture in premises within the district is regularly inspected.

923 lbs. of meat were condemned as diseased or unsound or unfit for the food of man. 120 lbs. of butter were also condemned.

Quantities of poultry and rabbits exposed for sale in shops have been inspected.

The bakehouses and other premises where food is prepared for sale were also regularly visited. Supervision was maintained over premises where ice cream is manufactured or stored for sale.

# PREVALENCE OF, AND CONTROL OVER, INFECTIOUS AND OTHER DISEASES

There was no major outbreak of notifiable infectious disease during the year. The comparatively large number of cases of infectious disease occurring in Runwell during the year is largely due to cases occurring in an Institution in the parish.

The immunisation of children against diphtheria was continued during the year. The prophylactic used throughout was A.P.T.

The percentage of children immunised at the end of 1941 was:—

Aged 1-15 . 34% Aged 1-5 . 24% Aged 5-15 . 38%

The immunisation is continuing and it is hoped that parents will take full advantage of the facilities provided for protecting their children against such a serious disease as Diphtheria.

The following tables show the incidence of Infectious Disease during the year.

Total Deaths 26 29 Cases admitted to Hospital 10I 52 or over NOTIFIABLE DISEASES DURING THE YEAR (EXCLUSIVE OF TUBERCULOSIS). 0 5-10 10-15 15-20 20-35 35-45 45-65 14 1 10 25 6 52 265 195 4-5 28 47 35 63 2-3 22 36 23 34 Under 1 13 Total Cases Notified 366 575 131 Cerebro-Spinal Fever Notifiable Disease. Puerperal Pyrexia Whooping Cough Scarlet Fever Diphtheria Pneumonia Erysipelas Typhoid Measles

† Full details not available.

‡ Remaining cases were at Runwell Hospital

• 1 age not know

Parish	L	Scarlet Fever.	Whooping Cough	Diphtheria.	Erysipelas.	Measles	Pneumonia.	Puerperal Pyrexia.	Cerebro-Spinal Fever.	*Pulmonary Tuberculosis.	*Other forms of Tuberculosis.	Total.
	=		14									
Boreham Broomfield Chignal Danbury Good Easter East Hanning- field Sth Hanningfield W.Hanningfield Ingatestone & Fryerning Great Leighs Little Leighs Margaretting Mashbury Mountnessing Pleshey Rettendon Roxwell Runwell Sandon Springfield Stock Great Waltham Little Waltham Woodham Ferrers Writtle		1 - - - - - - - - - - - - - - - - - - -	5 3 35 10 4 7 1 2 1 1 1 1 1 1 1 1 1 1 1 1 1	1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -	1	22 18 52 17 1 63 2 8 8 26 5 16 7 20 15 22 12 12 27 24	1	1   1   1   1   1   1   1   1   1   1	1	2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	2	47 23 63 22 1 103 — 3 24 12 42 7 18 — 9 2 28 2 64 3 35 26 4 4 35 26 4 4 35 26 4 4 35 26 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4
Totals	1	27	131	15	8	366	19	4	4	30_	. 6	611

## TUBERCULOSIS. New Cases and Mortality during 1941.

		*New	Cases.		Deaths.			
Age Periods.	Respiratory.		Respir		Respi	ratory.	Non- Respiratory.	
	M.	F.	M.	F.	M.	F.	M.	F.
Under 1 1 to 5 5 ,, 15 15 ,, 25	1111	<u>-</u>	<u>-</u>	1 1 -			- 1 -	1111
25 ,, 35 35 ,, 45 45 ,, 55 55 ,, 65	5 1 2 1	4 4 3 1	1 -	_ _ _ 1	1 2 2 1	3 2 1	- 1 -	===
Totals	5	16	3	3	6	6	2	1

<sup>\*</sup>Not including cases of tuberculosis removed into the district during the year, which had been previously notified elsewhere.

#### REPORT OF PETROLEUM INSPECTOR.

(A. Denton Ogden, M.B.E., F.R.S.I., F.S.I.A.)

Mr. Chairman and Gentlemen,

Under an Order made by the Government, only in certain instances are persons now permitted to store petroleum spirit. The Council have only issued licences where they are satisfied and have evidence from the Petroleum Board that such storage is necessary.

No contraventions of the Regulations were found during the year.

I am, Gentlemen,

Yours obediently,

A. DENTON OGDEN,

Petroleum Inspector.

Council Offices, London Road, Chelmsford.

