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Contributors

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CASTLE DONINGTON
RURAL DISTRICT COUNCIL.

HEALTH REPORT
FOR THE YEAR 1907.

JOHN A. HOGG, M.R.C.S. (Eng.), L.R.C.P. (Lond.)

MEDICAL OFFICER OF HEALTH.

DERBY:

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HEALTH REPORT FOR 1907.

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To the Chairman and Members of the Castle Donington
Rural District Council.

GENTLEMEN

I have much pleasure in presenting my seventh Annual Report on the health and general sanitary condition of the District.

The area of the District is 15,938 acres, slightly over 22 square miles.

The principal geological formations found are:—

Breedon—New red marl, Keuper sandstone, and Carboniferous limestone

Castle Donington—Keuper sandstone, with marl.

Diseworth, Isley Walton, Hemington—New red marl.

Lockington—Alluvium chiefly, but the village stands on new red marl.

Kegworth—Keuper sandstone and marl.

VITAL STATISTICS.

POPULATION.—The population of the District decreased between the census years 1891-1901, being 6,393 against 6,223, a fall in the ten years of 170. It appears hardly likely that this has continued, but at the same time there are no grounds for assuming any large increase since 1901. Very few new houses have been built and, so far as I know, no new trades have sprung up likely to cause any appreciable influx of population. In all estimates therefore I have taken the population to have remained about as it was in 1901.

BIRTHS.—During the year 145 births were registered—83 males and 62 females—as compared with 151 in 1906. This is below the average for the previous ten years which was 157 and gives the lowest annual birth rate recorded for the District, viz., 23·3 per 1000 population.

The birth rates for 1907 for Englsnd and Wales and for Rural England and Wales were 26·3 and 25·6 respectively.

The excess of births over deaths was 67.

DEATHS.—The deaths registered as actually occurring within the District numbered 71, but to these must be added the deaths of 7 residents of the District who died in institutions outside,

viz., Loughborough Hospital and Shardlow Workhouse. This gives a total of 78 deaths, equal to an annual death rate of 12·5 per 1000 population, the lowest recorded rate, 2·2 per 1000 below that for the past ten years. The death rates for the year for England and Wales and Rural England and Wales were 15·0 and 14·7 respectively.

Of the deaths registered 38 were of males and 40 of females.

Infant Mortality.—During the year 8 infants died in the first year of life, compared with 15 in 1906 ; about 10 per cent. of the total number of deaths registered. The infantile death rate per 1000 births registered was 55 ; in other words, out of every 18 children born one died under one year of age. This is considerably the smallest number of infant deaths recorded in the District for any year, being less than half the average of the past ten years. I think the cold damp summer we experienced was greatly responsible for this, by keeping down the number of flies, and checking the formation of dust, both great carriers of the germs of diarrhœal and other diseases.

The Infant death rate per 1000 births for Rural England and Wales was 106.

Zymotic Death Rate.—Epidemic diseases caused 3 deaths, viz., Measles 2, Diarrhœa 1. The death rate from these diseases for the year was 0·4 per 1000 of the population compared with 0·6 per 1000 in 1906.

The deaths were distributed as follows :—

Breedon 1. Castle Donington 1. Kegworth 1.

TABLE I.—Vital Statistics for 1907 of each Parish in the District.

Locality.	Area in Acres.	Population. Census 1891.	Population. Census 1901.	Number of Births.		Number of Deaths.	Calculated on Popu- lation as estimated to middle of 1907.		Infant Deaths per 1000 Births
				M.	F.		Birth Rate per 1000.	Death Rate per 1000.	
Breedon ...	3143	649	704	12	6	7	23.8	9.2	nil
Castle Donington ...	3840	2591	2514	28	20	35	19.0	13.8	104
Diseworth ...	1961	369	383	3	2	8	12.6	20.2	200
Hemington ...	1439	358	332	10	6	1	48.2	3.0	nil
Isley Walton ...	1048	58	57	1	1	0	46.5	nil	nil
Kegworth ...	2295	2149	2078	28	25	25	25.5	12.0	38
Lockington ...	1870	219	155	1	2	2	19.3	12.9	nil
Whole District ...	15,398	6393	6223	83	62	78	23.3	12.5	55

INFECTIOUS DISEASES.

Total number notified, 14, consisting of Scarlet Fever 6, Diphtheria 6, Enteric Fever 1, Puerperal Fever 1. *Houses Infected 2. Death 1.*

Fortunately we were free from any serious outbreak of notifiable infectious disease throughout the year. The cases notified were sporadic and there was no spread of the disease in any instance.

All infected houses received a visit from me and the usual instructions were given.

The ordinary systematic visits to schools were paid and enquiries made regarding the health of the children.

No case of *Small Pox* was reported. The isolation of this disease is undertaken by the County Council. Although we, in this District, have made no use of the Small Pox Hospital, it is satisfactory to know that we have the accommodation in case of need. With the present neglect of Vaccination and the continually increased facilities for evading it, extensive outbreaks of small pox are bound to come sooner or later. No sane person, with any experience of a small pox epidemic, could doubt the efficacy of Vaccination in preventing this disease.

SCARLET FEVER.—Cases notified 6, houses infected 4. None of the cases were of sufficient importance to call for comment. They were distributed as follows :—Castle Donington 1. Kegworth 5.

DIPHTHERIA.—Cases notified 6, houses infected 5, no deaths. One child from Lockington was removed to Derby Infirmary.

The disease was again of a very mild type. Although this is good for the individual sufferer, it is bad for prevention, mild cases being likely to be unreported and spread the disease. As, in addition to this, there were extensive outbreaks in adjoining Districts we were again fortunate in escaping so lightly. I believe Antitoxin was given in all the cases with its usual good effects.

The cases occurred as follows :—

Castle Donington 1.	Hemington 1.
Kegworth 2.	Lockington 2.

ENTERIC FEVER.—One case was reported at Castle Donington. The cause of this was not obvious. It did not appear to be connected with water or milk; the drains at the house however, required some alteration and have now been attended to.

PUERPERAL FEVER.—One fatal case occurred at Castle Donington.

NON-NOTIFIABLE INFECTIOUS DISEASES—Measles was responsible for one death at Breedon and one at Kegworth. The epidemics at these two places were the only ones of importance throughout the year. A few cases of Whooping Cough, Mumps, and Chicken Pox occurred, but there was no outbreak of any extent.

DIARRHŒA caused one death, an infant at Castle Donington.

PHTHISIS.—Phthisis or consumption was responsible for seven deaths, about one-eleventh of the total number of deaths registered. This disease is fostered by the horror and dread of fresh air possessed by so many people. If they could once be brought to understand that many more dangers lurk in a stuffy bed room with hermetically sealed windows than in a draughty one, and that coughs, colds and chills are more frequently caught indoors than out, a considerable step would be taken towards its prevention.

Water Supply.—During the year there was further extension of the public water supplies at Castle Donington and Kegworth, As will be seen by reference to the Inspector's report 37 houses were provided with tap water in place of wells. The public supply was well maintained during the summer there being no repetition of the unfortunate shortage of the previous year. Castle Donington has now 468 houses out of a total of 625 supplied with tap water and Kegworth 270 out of 464. Several samples of well water were analysed by me during the year and the public supply was substituted for those showing signs of pollution.

SEWAGE AND REFUSE DISPOSAL.—Only two privy-middens were converted into water closets during the year. I regret that I again cannot report an improvement in this respect, and would urge the Parochial Committee of Castle Donington and Kegworth to take advantage, when considering plans for new houses, of the power they will have, under sec. 39 of the Public Health Acts

Amendment Act, 1907, to insist upon the provision of a water closet whenever practicable. It is a fact, not generally known, that the inclusion of water closet drainage with ordinary sewage has little or no effect upon its chemical composition and does not make its treatment more difficult. That of course is excepting any difficulties which might arise from the somewhat increased volume of sewage to be dealt with, but these need not be very great.

Trouble was experienced with the Castle Donington Sewage Farm during the year, complaints being received of nuisance arising from the effluent. The farm was visited by an Inspector of the Local Government Board and the County Medical Officer of Health. It was thought that an improvement in the efficiency of the farm might be made by omitting the use of alumino-ferric, using the precipitation tanks as open septic tanks instead. The experiment was tried but was not successful. The Committee have now laid pipes for the effluent instead of taking it directly into an open ditch. I think the farm might be improved by making more cross irrigation channels than there are at present, thereby turning the sewage on to each patch in smaller quantities, and by planting more osiers. One storm overflow to the sewers has been made and another is in course of preparation.

HOUSE DRAINAGE—Of 239 nuisances abated by the Inspector in this connection, a large proportion were arising from D and bell traps. These traps are gradually being replaced throughout the district by proper earthenware gullies. Generally speaking the house drainage is good, especially in the more populous

places. There are few houses without drains, and sink drains, where provided, are properly cut off.

SYSTEMATIC INSPECTION.—From time to time during the year I made systematic inspections of the district with the Sanitary Inspector. In the course of these various insanitary conditions were found and due notices for their removal were served.

No case of overcrowding, houses unfit for habitation, or unsound meat exposed for sale came under my notice during the year.

DAIRIES, COWSHEDS AND MILKSHOPS.—During the year considerable attention has been given to these both by the Inspector and myself. Most of the cowkeepers in the district are now registered and the sheds have been inspected. The majority of the sheds are in good structural condition; some have inside drains but these are being dealt with. The greatest faults found were in connection with cleanliness, lighting, and cleanliness of cows, the most difficult to deal with. In many cases the only method of lighting a shed is by the moveable shutters which act as ventilators, and as these were usually closed for fear of a "draught" the cows are most of the time in total darkness. The health of animals kept under such conditions is bound to suffer. It is difficult to understand why farmers do not consider what effect confinement in darkness would have upon their own health and dealt with cows accordingly, even if only in their own interest. I urged the provision of proper glazed lights in all cases where they were absent and in some cases they have been put in. In regard to cleanliness, a

the regulation compelling periodical limewashing of sheds has been enforced fairly well, and as much as possible has been done to obtain a regular clearing out of manure and cleanliness of cows, but I am afraid no great steps will be made in this latter direction until public opinion compels a series of prosecutions for neglect all over the country. Attention was also given to dairies and a few notices were served in consequence of breach of the regulations applying to them. The number of cowsheds registered is 55. The number of notices sent during the year in connection with drainage, limewashing, ventilation and lighting was 27. The Model Regulations were adopted by the Council in 1906.

SCHOOLS.—The general sanitary condition of the schools in the district is good.

BYE LAWS.—In addition to those under the Dairies, Cowsheds and Milkshops Orders, Bye Laws with respect to new buildings and streets are in force over the whole district. They follow closely the Model Bye Laws, are satisfactory and well enforced.

The Public Health Acts Amendment Act, which was passed in 1907, is, in my opinion, the most useful and important sanitary act passed since the Public Health Act of 1875. It is an adoptive Act and gives to Authorities adopting it most valuable powers, some of which have only been obtained by the larger towns by including them in private Acts. The Council are now considering this Act, and I hope shortly to see it in force in this district.

FACTORIES AND WORKSHOPS ACTS.—The provisions of these Acts have been carried out to a certain extent. A Register of Workshops, &c., and of Outworkers is kept by the Inspector. 15 notices were served to abate nuisances in connection with workshops during the year. There are 58 workshops registered, including 16 retail bakehouses.

The bakehouses are in good condition and clean. They received regular attention and 4 notices to limewash were served,

There are no underground bakehouses in the district. No infectious disease occurred at the house of any outworker, and no instance of the employment of a protected person in a workshop where no Abstract was posted up came under my notice during the year.

Appended are Tables I to V of the Local Government Board; a Table showing action taken under the Factory Acts; and a Table showing work done by the Sanitary Inspector during the year.

I am, Gentlemen,

Yours obediently,

JOHN A. HOGG,

Shardlow, February 1908.

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**TABLE I—Vital Statistics of whole District during 1907 and previous years.
CASTLE DONINGTON RURAL DISTRICT.**

Year.	Population estimated to middle of each Year.	BIRTHS.		Total Deaths Registered in the District.				Deaths of Residents registered in Public Institutions beyond the District.	Nett Deaths at all ages belonging to the District.	
		Number	Rate.*	Under 1 year of age		At all ages.			Number	Rate.*
				Number	Rate per 1000 Births Registered.	Number	Rate.*			
1	2	3	4	5	6	7	8	11	12	13
1897	6,293	153	24.3	22	144	101	16.0	—	—	—
1898	6,283	161	25.6	21	130	98	15.7	—	—	—
1899	6,283	166	26.5	26	157	110	17.5	—	—	—
1900	6,264	158	25.4	14	89	87	13.9	—	—	—
1901	6,254	164	26.3	24	146	93	14.9	—	—	—
1902	6,223	164	26.3	23	140	98	15.7	—	—	—
1903	6,223	146	23.4	20	137	87	13.9	—	—	—
1904	6,223	148	23.7	19	128	83	13.3	—	—	—
1905	6,223	168	26.8	20	119	79	12.6	—	—	—
1906	6,223	151	24.2	15	99	86	13.8	—	—	—
Averages for years 1897-1906	6,249	157	25.2	20	129	92	14.7	—	—	—
1907	6,223	145	23.3	8	55	71	11.4	7	78	12.5

* Rates in Columns 4, 8 and 13 calculated per 1000 of estimated population.

NOTE.—The deaths included in Column 7 of this Table are the whole of those registered during the year as having actually occurred within the District or Division. The deaths included in column 12 are the number in column 7, corrected by the addition of the number in column 11.

By the term "Residents" is meant persons who have been taken out of the District on account of sickness or infirmity, and have died in public institutions elsewhere.

The "Public Institutions" taken into account for the purpose of these Tables are Loughborough Hospital and Shardlow Union Workhouse.

Area of District in Acres (exclusive of area covered by water)—15,398.

Total Population at all ages—6,223 (Census 1901).

Number of Inhabited Houses—1,453 (Census 1901).

Average Number of Persons per House—4.3 (Census 1901.)

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Column 1	Column 2	Column 3	Column 4	Column 5

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Table II—VITAL STATISTICS OF SEPARATE LOCALITIES in 1907 & Previous Years.
CASTLE DONINGTON RURAL DISTRICT.

Names of Localities.	WHOLE DISTRICT.				BREEDON.				CASTLE DONINGTON.				DISEWORTH.			
	Population estimated to middle of each year.	Births Registered.	Deaths at all Ages.	Deaths under 1 year.	Population estimated to middle of each year.	Births Registered.	Deaths at all Ages.	Deaths under 1 year.	Population estimated to middle of each year.	Births Registered.	Deaths at all Ages.	Deaths under 1 year.	Population estimated to middle of each year.	Births Registered.	Deaths at all Ages.	Deaths under 1 year.
Year.	a	b	c	d	a	b	c	d	a	b	c	d	a	b	c	d
1897	6293	153	101	22	683	15	12	2	2541	57	45	10	376	8	5	1
1898	6283	161	98	21	688	10	7	0	2529	75	50	10	377	16	5	1
1899	6283	166	110	26	693	19	9	3	2520	59	46	12	379	9	7	2
1900	6264	158	87	14	698	23	4	1	2520	66	42	6	381	11	6	3
1901	6254	164	93	24	705	23	16	2	2524	60	43	14	383	14	4	1
1902	6223	164	98	23	711	19	12	3	2524	59	38	11	384	9	9	4
1903	6223	146	87	20	718	22	8	1	2524	53	27	5	386	12	8	2
1904	6223	148	83	19	726	16	4	2	2524	70	41	9	386	7	11	1
1905	6223	168	79	20	735	19	10	3	2524	62	26	6	389	8	3	1
1906	6223	151	86	15	743	22	10	3	2524	58	29	8	392	16	3	1
Averages of Years 1897 to 1906	6249	157	92	20	710	18	9	2	2525	62	39	9	383	11	6	2
1907	6223	145	78	8	754	18	7	0	2524	48	35	5	395	5	8	1

Names of Localities.	HEMINGTON.				ISLEY WALTON.				KEGWORTH.				LOCKINGTON.			
	Population estimated to middle of each year.	Births Registered.	Deaths at all Ages.	Deaths under 1 year.	Population estimated to middle of each year.	Births Registered.	Deaths at all Ages.	Deaths under 1 year.	Population estimated to middle of each year.	Births Registered.	Deaths at all Ages.	Deaths under 1 year.	Population estimated to middle of each year.	Births Registered.	Deaths at all Ages.	Deaths under 1 year.
Year.	a	b	c	d	a	b	c	d	a	b	c	d	a	b	c	d
1897	345	15	7	4	42	0	0	...	2108	54	31	5	155	4	3	...
1898	343	9	5	2	42	3	2	..	2101	59	29	8	155	6	0	..
1899	339	14	5	1	42	2	1	..	2094	57	42	8	155	6	0	..
1900	335	8	3	0	42	0	0	..	2088	46	31	3	155	4	1	..
1901	332	7	4	0	43	1	1	..	2078	57	21	5	155	2	4	2
1902	332	12	8	4	43	0	0	..	2078	62	31	1	155	2	0	..
1903	332	6	6	3	43	0	0	..	2078	50	34	8	155	3	4	1
1904	332	11	3	2	43	0	0	..	2078	40	21	5	155	4	0	..
1905	332	9	5	0	43	1	0	..	2078	64	34	9	155	5	1	1
1906	332	6	7	0	43	1	1	..	2078	45	33	3	155	3	3	..
Averages of Years 1897 to 1906	335	10	5	1	43	1	2085	53	31	5	155	4	1	...
1907	332	16	1	0	43	2	0	...	2078	53	25	2	156	3	2	...

Table III.—CASES OF INFECTIOUS DISEASE NOTIFIED DURING THE YEAR 1907.
CASTLE DONINGTON RURAL DISTRICT.

NOTIFIABLE DISEASE.	Cases Notified in whole District.						Total Cases Notified in each Locality.						
	At all Ages.	At Ages — Years.					Bredon.	Castle Donington.	Diseworth.	Hemington.	Isley Walton.	Kegworth.	Lockington.
		Under 1	1 to 5	5 to 15	15 to 25	25 to 65							
Small Pox
Cholera
Diphtheria	6	...	4	2	1	...	1	...	2	...	2
Membranous croup
Erysipelas
Scarlet Fever	6	1	5	1	5
Typhus Fever
Enteric Fever	1	1	1
Relapsing Fever...
Continued Fever
Puerperal Fever...	1	1
Plague
TOTAL	14	1	9	3	1	...	4	...	1	...	7	...	2

NOTE.—The Localities adopted for this Table are the same as those in Tables II and IV.

Table IV.—CAUSES OF, AND AGES AT, DEATH DURING YEAR 1907.
CASTLE DONINGTON RURAL DISTRICT.

CAUSES OF DEATH.	Deaths in or belonging to whole District at subjoined Ages.							Deaths in or belonging to Localities (at all Ages.)						
	All Ages.	Under 1 year.	1 and under 5	5 and under 15	15 and under 25	25 and under 65	65 and upwards.	Breedon.	Castle Donington	Diseworth	Hemington	Isley Walton.	Kegworth.	Lockington
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Small Pox
Measles ...	2	...	2	1	1	...
Scarlet Fever
Whooping Cough
Diphtheria & Membranous Croup
Croup
Fever { Typhus
Enteric
Other cont'd
Epidemic Influenza	1	1	1	...
Cholera
Plague
Diarrhœa (see notes)	1	1	1
Enteric (see notes)...
Puerperal Fever ...	1	1	1
Erysipelas
Other Septic diseases
Phthisis ...	7	2	5	...	1	4	1	1	...
Other Tubercular Diseases ..	2	...	1	1	1	1	...
Cancer, Malignant Disease ...	6	4	2	...	3	1	2	..
Bronchitis ...	5	5	...	1	1	3	...
Pneumonia ...	4	2	2	...	3	1
Pleurisy ...	1	1	1
Other Diseases of Respiratory Organs
Alcoholism
Cirrhosis of Liver
Venereal Disease
Premature Birth ...	4	4	2	2	...
Diseases & Accidents of Parturition
Heart Diseases ...	10	1	...	3	6	...	7	...	1	...	1	1
Accidents ...	2	1	1	...	1	1	...
Suicides ...	1	1	1	...
All other causes ...	31	1	1	1	1	7	20	4	11	4	11	1
All causes ...	78	8	4	3	3	22	38	7	35	8	1	...	25	2

TABLE OF CONTENTS OF THE REPORT OF THE COMMISSIONERS OF THE DISTRICT OF COLUMBIA FOR THE YEAR 1907

CHAPTER I. GENERAL STATEMENT OF THE DISTRICT OF COLUMBIA	1
CHAPTER II. FINANCIAL STATEMENT	10
CHAPTER III. STATEMENT OF THE DISTRICT OF COLUMBIA	15
CHAPTER IV. STATEMENT OF THE DISTRICT OF COLUMBIA	20
CHAPTER V. STATEMENT OF THE DISTRICT OF COLUMBIA	25
CHAPTER VI. STATEMENT OF THE DISTRICT OF COLUMBIA	30
CHAPTER VII. STATEMENT OF THE DISTRICT OF COLUMBIA	35
CHAPTER VIII. STATEMENT OF THE DISTRICT OF COLUMBIA	40
CHAPTER IX. STATEMENT OF THE DISTRICT OF COLUMBIA	45
CHAPTER X. STATEMENT OF THE DISTRICT OF COLUMBIA	50
CHAPTER XI. STATEMENT OF THE DISTRICT OF COLUMBIA	55
CHAPTER XII. STATEMENT OF THE DISTRICT OF COLUMBIA	60
CHAPTER XIII. STATEMENT OF THE DISTRICT OF COLUMBIA	65
CHAPTER XIV. STATEMENT OF THE DISTRICT OF COLUMBIA	70
CHAPTER XV. STATEMENT OF THE DISTRICT OF COLUMBIA	75
CHAPTER XVI. STATEMENT OF THE DISTRICT OF COLUMBIA	80
CHAPTER XVII. STATEMENT OF THE DISTRICT OF COLUMBIA	85
CHAPTER XVIII. STATEMENT OF THE DISTRICT OF COLUMBIA	90
CHAPTER XIX. STATEMENT OF THE DISTRICT OF COLUMBIA	95
CHAPTER XX. STATEMENT OF THE DISTRICT OF COLUMBIA	100

**TABLE V.—CASTLE DONINGTON RURAL DISTRICT,
INFANTILE MORTALITY DURING THE YEAR 1907.**
Deaths from stated Causes in Weeks and Months under One Year of Age.

CAUSE OF DEATH.		Under 1 Week	1-2 Weeks.	2-3 Weeks.	3-4 Weeks.	Total under 1 Month.	1-2 Months.	2-3 Months.	3-4 Months.	4-5 Months.	5-6 Months.	6-7 Months.	7-8 Months.	8-9 Months.	9-10 Months.	10-11 Months	11-12 Months	Total Deaths under 1 Year.	
All Causes	Certified	2	1	..	1	4	..	2	1	1	8	
	Uncertified	
Common Infectious Diseases	Small Pox	
	Chicken Pox	
	Measles	
	Scarlet Fever	
	Diphtheria : Croup	
	Whooping Cough	
Diarrhoeal Diseases	Diarrhoea, all forms	1	1	
	Enteritis	
	(not Tuberculous) Gastritis, Gastro intestinal Catarrh	
Wasting Diseases	Premature Birth	2	1	..	1	4	4	
	Congenital Defects	
	Injury at Birth	
	Want of Breast Milk	
Tuberculous Diseases	Atrophy, Debility, Marasmus	
	Tuberculous Meningitis	
	Tuberculous Peritonitis	
	Tabes Mesenterica	
	Other Tuberculous Diseases	
	Erysipelas
	Syphilis
	Rickets
	Meningitis (not Tuberculous)
	Convulsions	1	1
Bronchitis	
Laryngitis	
Pneumonia	2	2	
Suffocation, overlaying	
Other Causes	

Population, estimated to middle of 1907, 6,223.

Births in the year, 145

Deaths in the year of Legitimate Infants 8, Illegitimate Infants 0.

Deaths from all Causes at all Ages, 78.

TABLE VI.
FACTORIES, WORKSHOPS, LAUNDRIES, WORKPLACES & HOMEWORK.
CASTLE DONINGTON RURAL DISTRICT.
1.—INSPECTION.

Including Inspections made by Inspector of Nuisances.

Premises.	Number of		
	Inspections.	Written Notices	Prosecutions
Factories	3	nil	nil
Workshops	38	19	nil
Workplaces	—	—	—
Total	41	19	nil

HOME WORK.				
NATURE OF WORK.	Lists received from Employers.		Addresses of Outworkers.	
	Twice in the Year.		Received from other Councils.	Forwarded to other Councils.
	Lists.	Outworkers.		
Wearing Apparel	2	6	7	2
Lace, Curtains, and Nets..	2	14	—	—
Total	4	20	7	2

4 Registered Workshops.				
Total Number on Register				58

Castle Donington Rural District Council.

SANITARY INSPECTOR'S REPORT.

Complaints	Number received	...	8
Premises, Houses, &c.	Number inspected	...	2105
Pool, Ditch, Watercourse	Number inspected	...	32
			Nuisances abated	..	32
Privy, Urinal, Cesspool, Ashpit			Number inspected	...	1456
			Nuisances abated	...	1348
Drains, Traps, &c.	Number inspected	...	812
			Nuisances abated	...	239
Smoke Nuisances	Number abated	...	1
Offensive Accumulations	Number inspected	...	281
			Nuisances abated	...	281
Slaughter-houses	Number inspected	...	54
Canal Boats	Number inspected	..	11
Houses disinfected after infectious disease	2
Houses cleansed and limewashed	4
House Sanitation :—					
Privy Middens	New provided	...	14
			Converted to Pails	..	0
			Converted to W.C.s	...	2
Pail Closets	New provided	...	0
			Converted to W.C.s	...	0
Water Closets	New provided	..	13
Ashpits	New provided	..	16

Water Supply :—

Samples taken for Analysis	2
Ditto condemned	2
Public supply substituted for well	37

FACTORY AND WORKSHOPS ACT, -1901.

Workshops	...	No. on Register (including Bakehouses)	58
		No. in which nuisances abated	15
Bakehouses	...	No. on Register	16
		No. in which nuisances abated	4

FRANCIS HALLADAY,

SANITARY INSPECTOR.

February, 1908.



Water supply

Standard labor for a day is

with no change

Little change in work for week

FACTORY AND WORKSHOP ACT - 1911

Workshops

in which more than

one person is employed

for the purpose of

MANUFACTURING

Goods

1911

