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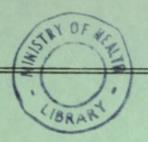
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### Urban District of Brentwood





### Annual Report

of the

Medical Officer of Health

and the

Chief Public Health Inspector

for

1963



### Urban District of Brentwood

### MEMBERS OF THE COUNCIL

(as at the 31.12.63)

Chairman: Mr. C. J. L. Fox, J.P. Vice-Chairman: Mr. J. A. Isgrove

C. Barber	(1)
A. M. Cannon	(1)
J. W. Cole	(1)
A. J. Davidson	(1)
G. C. Green	
J. R. G. Higgs	(1)
M. Horovitch	
J. L. Keith	
T. W. Kenner	
F. Lockett	(1)
D. O. Lacey	
K. A. Langley	
H. L. Lansdell	(1)
R. A. Laver	(1)
K. E. Nicholls	
J. W. E. Reddell	
J. A. Rowe	
F. W. C. Salway	(2)
F. H. Sanderson	
J. K. Savage	(1)
A. F. Scotchbrook	
A. R. Scrivener	(1)
Mrs. C. M. Sidebotham	
D. F. Shiels	(3)
J. M. Smith	
J. Thompson	
H. Van den Branden, J.P.	(1)
B. W. Wignall	(1)

- (1) Member of the Health and Sewerage Committee.
- (2) Chairman of the Health and Sewerage Committee.
- (3) Vice-Chairman of the Health and Sewerage Committee.

### PUBLIC HEALTH DEPARTMENT STAFF)

(as at the 31.12.63)

### Medical Officer of Health:

Dr. John R. R. Wray, M.R.C.S., L.R.C.P., D.P.H.—commenced 4.11.63. Dr. Dilwyn T. Jones, B.Sc., M.B., B.Ch., D.C.H., D.P.H.—resigned 31.5.63.

### Deputy Medical Officer of Health:

Dr. Mary Ransome, M.B., B.S., M.R.C.S., L.R.C.P. (Acting Medical Officer from 1.6.63 to 3.11.63).

### Chief Public Health Inspector:

Mr. P. T. Shelton, M.A.P.H.I., M.R.S.H., Public Health Inspector, Meat and Food Inspector, Royal Society of Health's Certificate in Sanitary Science as applied to Buildings and Public Works, Final Examination Chartered Auctioneers' and Estate Agents Institute.

### Deputy Chief Public Health Inspector:

Mr. E. A. Sheppard, M.A.P.H.I., C.R.San.I., Public Health Inspector, Meat and Food Inspector, Royal Society of Health's Certificate in Sanitary Science as applied to Buildings and Public Works.

### District Inspectors:

Mr. J. Millward, M.A.P.H.I., C.R.San.I., Public Health Inspector, Meat and Food Inspector, R.S.H. Diploma for Smoke Inspectors, Certificate—Liverpool University for Boilerhouse Practice and Fuel Economy, London University in Environmental Sanitation. (Commenced November, 1963.)

Mr. G. D. John, M.A.P.H.I., C.R.San.I., Public Health Inspector, Meat and Foods Inspector, R.S.H. Diploma for Smoke Inspectors.

(Commenced November, 1963.)

Mr. J. K. Blakeley, M.A.P.H.I., C.R.San.I., Public Health Inspector, Meat and Food Inspector, R.S.H. Diploma for Smoke Inspectors. (Resigned October, 1963.)

Mr. D. H. Gilkes, M.A.P.H.I., Certificate of the Royal Society of Health, Meat and Food Inspector, R.S.H. Diploma for Smoke Inspectors. (Resigned October, 1963.)

Clerk: Miss E. P. Turff, A.R.S.H. Part-time Clerk: Mrs. J. M. Smith.

### ANNUAL REPORT OF THE MEDICAL OFFICER OF HEALTH FOR THE YEAR 1963

To the Chairman and Members of the Urban District Council of Brentwood.

Mr. Chairman, Ladies and Gentlemen,

I have much pleasure in presenting my Annual Report for 1963.

As I did not take up my appointment with your Council until November, 1963, much of the information about the events occurring during the year has been gathered from the files with the assistance of Mr. Shelton and Miss Turff.

I have now had sufficient time to become personally acquainted with the main environmental and social conditions which affect the public health of Brentwood, and I have picked out in my report the most important of these. There are, of course, other factors affecting the public health which I have not mentioned in the report such as facilities for sport and recreation (which are very good in Brentwood) and the very low level of unemployment. The overall picture is that the Urban District of Brentwood is a very healthy area in which to live.

I am sure you would wish me to draw attention to the help given by Dr. Mary Ransome, who did a wonderful job of work as Acting Medical Officer of Health from June to November, 1963. We have now heard she is happily settled with her family in Australia and enjoying a new life there.

I should like to thank all members of the Council for the incouragement and kindness they have shown me whilst I have been settling into my new appointment, and to express my gratitude to the staff of the health department for their support and efficient work. I should also like to record my appreciation of the co-operation and help I have received from officers of other departments.

I am,

Mr. Chairman, Ladies and Gentlemen, Your obedient servant,

JOHN R. WRAY.

### Section "A"

### STATISTICS AND SOCIAL CONDITIONS

STATISTICS AND SO	CIAL CO.	· IDILIO	1115	
Area in Acres		M41 (0)	W. Chinnen	18,166
Estimated (mid-year) Resident Por				52,930
(Registrar General's figures)	diacion			02,000
			co	002 026
	direction from			2,093,038
Sum represented by a Penny Rate				
Number of Inhabited Houses				15,544
VITAL ST.	ATISTICS			
Live Births:		M	I. F.	Total
Total Number of Births		474		904
		462	271	874
Number of Legitimate Births			412	
Legitimate Births (% of total				96.67%
Number of Illegitimate Births			2 18	30
Illegitimate Births (% of total li				3.3 %
Crude Birth Rate per 1,000 p				17.08
Area Comparability Factor				0.93
Corrected Birth Rate				15.88
			Lord be	
	Brent	wood	England	& Wales
	1962	1963	1962	1963
Live Birth Rate per 1,000				
population	16.85	15.88	18.0	18.2
Illegitimate Births (% of total				
Live Births)	4.93	3.3	) lindred	3000
accordance in village and three halls				
Still Births:		M	I. F.	Total
Number of Still Births			5 2	7
Logitimata			5 2	7
Illogitimate			, 2	Starl Street
	T 7	CO DO	adeles :	Pole off
Stillbirth Rate per 1,000 total	Live and			= 00
Stillbirths				7.68
Total Live and Stillbirths				911
	Brent	boow	England	& Wales
Stillbirth Boto non 1 000 total	1962	1963	1962	1963
Stillbirth Rate per 1,000 total		7.00	101	
Live and Stillbirths	15.5	7.68	18.1	17.3
were a supply				
Deaths:		M	I. F.	Total
Total Deaths		267	7 318	585
Crude Death Rate				11.05
Area Comparability Factor				0.85
Corrected Death Rate				9.39
	Brent	wood	England	& Wales
	1962	1963	1962	1963
Death Rate per 1,000 population	9.45	9.39		12.2

### Infant Mortality:

Infant Mortality Rate (total infant deaths per 1,000	
total live births)	14.38
Legitimate Infant Mortality Rate (total legitimate	
infant deaths per 1,000 legitimate live births)	14.87
Illegitimate Infant Mortality Rate (total illegitimate	
infant deaths per 1,000 illegitimate live births)	Nil
Neo-natal Mortalty Rate (deaths of infants under	
four weeks per 1,000 total live births)	8.85
Early Neo-natal Mortality Rate (deaths under one	
week per 1,000 total live births)	8.85
Perinatal Mortality Rate (stillbirths and deaths under	
one week combined per 1,000 total live and still-	
births)	16.47
Brentwood England	& Wales

The Property of the Park of th	Bren	itwood	England	& Wales	
Control of the later of the lat	1962	196\$	1962	1963	
Infant Mortality Rate	12.6	14.38	21.6	20.9	
Illegitimate Infant Mortality Rate	Nil		Nil		
Neo-natal Mortality Rate	9.44	8.85	15.1	14.2	
Perinatal Mortality Rate	23.76	16.47	30.8	29.3	

### Maternal Mortality (including abortion):

Number of deaths due to pregnancy or confinement	Nil
Maternal Mortality Rate per 1,000 total live and stillbirths	Nil

	Bren	twood	England	& Wales
12 01 06 07 1	1962	1963	1962	1963
Maternal Mortality Rate	1.03	Nil	0.35	0.28

### VITAL STATISTICS

As mention was made in last year's Annual Report of the llegitimate birth rate I would like to comment that there is a Home for unmarried mothers in Brentwood and that, although they give birth to their babies in Brentwood and therefore affect our illegitimate birth rate, most of these mothers are not Brentwood residents. (There have only been two mothers from Brentwood during the past three years.)

I would like to draw attention to the low infant mortality rate and the extremely low perinatal mortality rate for Brentwood compared with the rest of England and Wales. Although to some extent this reflects a prosperous community with good housing conditions, I consider it also reflects great credit on the skill of the local General Practitioners. They are ably assisted by the Midwives and Health Visitors provided by the Essex County Council.

I am also convinced that the Brentwood Maternity Home and the Brentwood District Hospital contribute to these low rates and show the great advantage of hospital beds being available to local General Medical Practitioners.

### CAUSES OF DEATH

		Male	Female	1963 Total	1962 Total
Tuberculosis, respiratory		_	-	—	2
Tuberculosis, other		1	miliant in	1	100
Other infective and parasitic diseases .		1	1	2	3
Malignant neoplasm, stomach		5	2	7	12
Malignant neoplasm, lung bronchus		20	3	23	19
Malignant neoplasm breast		HELD	12	12	11
Malignant neoplasm, uterus		hame a	4	4	4
Other malignant and lymphatic neoplasm	ns	33	39	72	41
Leukaemia, aleukamia		2	4	6	6
Diabetes		1	3	4	5
Vascular lesions of nervous system		23	42	65	64
Coronary disease, angina		52	50	102	105
Hypertension with heart disease		2	3	5	13
Other heart disease		25	47	72	96
Other circulatory disease		11	17	28	24
Influenza		-	2	2	-
Pneumonia	• • •	19	30	49	41
Bronchitis		27	14	41	33
Other diseases of respiratory system	• • •	2	2	4	7
Ulcer of stomach and duodenum		1	2	3	1
Gastritis, enteritis and diarrhoea		1000	1	1	1
Nephritis and nephrosis		-	2	2	2
Hyperplasia of prostate		6	PERMIT VAN	6	diam't
Pregnancy, childbirth, abortion		-	_	(	1
Congenital malformations		1	4	5	4
Other defined and ill-defined diseases		21	21	42	41
Motor Vehicle Accidents		3	2	5	8
All other accidents		7	11	18	13
Suicide		4	uvado on	4	2
		267	318	585	559
		201			

Coronary disease accounts for the biggest total of deaths in the listrict, 102 deaths compared with 105 last year. The numbers of leaths were almost the same for women as for men. The factors involved in the disease are personal rather than environmental, and beople should be advised to be abstemious in their diet, take sufficient physical exercise, avoid unnecessary phychological stress and stop (or severely ration) their smoking.

It should be noted that there has been a small increase in deaths rom lung cancer and bronchitis. This reflects the national picture due to smoking habits and continual air pollution. Compared with last rear the biggest increase amongst the tabulated causes of death has been malignant neoplasms. This presumably reflects the fact that been now-a-days are dying at a much older age when cancer is common. It should be noted that motor vehicle accidents, as a cause of death, declined compared with the previous year, which reflects the redit on the hard work of the Council's Road Safety Committee. Infortunately accidents from other causes increased and these were nostly home accidents which the Brentwood Home Safety Committees doing its best to combat.

## ANALYSIS OF NOTIFIABLE DISEASES UNDER AGE GROUPS

al: F.	27	15	581	37	5	-	1	1	-		4	-	-	648
Total: M. F	9	15	577	45	5	-	1	1	1		9	easi	T	657
over F.	T	1	1	1	1	1	1	-	1		1	No.	1	27
65 & M.		1	1	1	1		1	1	1		1	the l	1	63
64 F.	-	- 1	-	1	1	1	1	1	1		67	-thei	ngh	4
45 - M.		1	1	1	21	I		1	1		9	ton 1	d Hi	90
44 F.	1	1	ೲ	13	21	1	1	1	-		2	pin s	Т	22
25 - M.	-	1	1	7	-	-	1	-1	1		4	оэп		12
- 24 F.		1	2	1	1	-		i	1		1	-	1	21
15 M.	-	1	23	1	1	-	-		1		1	bod	+	9
F.	63	1	10	9	1	1	-	!	1		1		- P	18
10 - M.		1	11	9	1	1	-	1	1		1	1	-	18
9 F.		10	294	12	1	1	1	!	1		1	1	1	311
5 - M.	27	5	305	21	1	1	1	1	-		1	1	1	334 8
yrs.	1	1	67	60	1	1	1	1	1		1	1	1	70 8
4 yr M.	1	2	72	00	1	1	1	1	i		1			77
F. F.	1	00	92	-	1	1	1	1	1		1		1	81
3 yrs. M. F.	1	1	74	1	1	1	1	1	1		1	1	1	92
E E	-	1	99	22	1	1	1	1	1		1	1	1	49
2 yrs. M. F.	-	-	09	27	1	1	1	1	1		1	1	1	63
	-	10	52	1	1	1	1	1	1		1	1	1	57
Inder 1 yr. 1 yr. M. F. M. F.	П	50	39	57	1	1	1	1	1		1	1	1	47
r 1 yr	1	07	12	1	1	1	1	1	1		1	- 1	1	14
Under 1 yr. 1 yr. M. F. M. F.	П	-	14	90	1	1	-	1	1		1	1	1	19
	:	:	:	:	:	:	:	:	:		:		:	
Diseases:	Scarlet Fever	Whooping Cough	es	itery	Fneumonia	Typhoid Fever	Paratyphoid Fever	Erysipelas	Food Poisoning	Tuberculosis-	respiratory	Tuberculosis— other forms	Puerperal pyrexia	
	Scarle	Whoo	Measles	Dysentery	Pneur	Typh	Parat	Erysi	Food	Tube	1	Tube	Puer	

### INFECTIOUS DISEASES

The following is a comparative table of notification of infectious liseases:—

This is those balance			1962	1963
Puerperal pyrexia	 	 	1	1
Scarlet Fever	 	 	10	8
Whooping Cough	 	 	20	30
Measles	 	 	334	1,158
Dysentery	 	 	3	82
Pneumonia	 	 	7	10
Typhoid Fever	 	 	1 1 1	1
Paratyphoid Fever		 	11 /2001	1
Possels also	 	 	2	1
Dand Dalamina	 	 	11	2
Tuberculosis—respi	·v	 	13	10
Tuberculosis-other	-	 	2	1
Infective Hepatitis		 	4	_
		naw at	407	1,305
		_		-

### Scarlet Fever:

As in previous years there were a few scattered cases that were mild in character.

### Whooping Cough:

There was a slight increase over 1962 in the number of cases notiied. Most of the cases occurred either in the under two years of age group or the primary school age group. It is, therefore, very mportant that mothers have their children vaccinated in the first year of life, and that they are given a booster dose in their second year.

### Measles:

This was, as expected, an epidemic year for measles and most of the cases occurred in primary school children.

Analysing the distribution by Wards as was done in the 1962 annual report shows that Hutton Ward suffered less severely than in 1961 because it had more cases in the intermediate year of 1962. The World Health Organisation has undertaken studies in eight countries to investigate various types of measles vaccine. The success in reducing the incidence of poliomyelitis has encouraged the work to discover an efficient measles vaccine. Unfortunately the vaccines so far tested have either been so mild that they do not give protection that lasts long enough or else those that give long lasting immunity have been found to produce serious reactions in some of the persons vaccinated. Further trials of vaccines are proceeding.

### Poliomyelitis:

No cases occurred during the year. There have been no cases since 1959. This is undoubtedly due to the intensive vaccination programme. The oral vaccine which is given in syrup to infants or on a sugar lump to older children is much more acceptable to them than an injection.

### Enteric Fever:

There was one case of paratyphoid fever in May and one case of typhoid fever in November, 1963. In each case there was every reason to believe that the disease was contracted from a source outside the urban district.

At the beginning of the year, following the outbreak of typhoid in Switzerland, circular letters were sent to all food handling establishments; all milk producers and water companies asking them to approach every member of their staff to find out whether they had been in Zermatt or St. Moritz at any time since the beginning of February, 1963. The replies from all people circulated were negative.

In May, 1963, the Ministry of Health reported that there was reason to believe that imported egg products might have caused epidemics of paratyphoid in certain areas of Britain. Circular letters were, therefore, sent to bakeries and all food establishments to find out if they were using imported egg products. In all cases the replies were negative.

Extra precautions were taken in the district in June following an outbreak of typhoid in Harlow, Essex.

With an increasing number of people taking their holidays in Europe there is a greater risk of imported cases. Unfortunately this disease can be carried by people who feel quite well, and if they are engaged in food handling they can spread the disease unless the hygiene precautions are good. All employees in the school meals service are tested before employment to make sure they are not carriers of the disease.

### Dysentery:

An epidemic of sonne dysentery began in the Hutton area at the end of June. This mostly affected school children and the two main schools affected were Brookfield Infants' and Junior Schools.

Although only 82 cases were notified by General Practitioners, intensive follow-up by the Public Health Inspectors and examinations of 799 specimens produced a total of 237 with a positive result and 562 negative by the 10th October, 1963, when the epidemic had subsided.

The disease started in a school child and was spread amongst the school children by direct contact. There was no spread by food or water. Following this epidemic, Brookfield Infants' School had hot water installed so that the children could wash their hands after going to the toilet. The Public Health Department had been pressing for this to be done for some considerable time. These investigations put a tremendous burden on the staff of the Public Health Department who were unable to carry out as many routine inspections as normal during this period.

During the course of the epidemic several food handlers, who were contacts of dysentery cases, were kept away from work until specimens had been shown to be negative.

### ood Poisoning:

Only two cases were notified during the year. However, a man ho was found to be a symptomless excretor of Salmonella (St. Paul) as resistant to treatment and had to be kept off work for a long me. This cost the Council a considerable amount in respect of comensation for loss of earnings.

Frequent inspection of all food premises is necessary to mininise the incidence of food poisoning and considerable importance is laced on routine visits to such premises by the Public Health respectors.

### uberculosis:

There were ten new cases; only a slight reduction on the preious year, showing that there is still a reservoir of infection. All shool children before leaving school are offered B.C.G. vaccination protect them.

Dr. Woolf has been good enough to send me the following tatistics of the work against Tuberculosis at the Brentwood Chest linic. Sixty-nine persons attended the Chest Clinic who live outside ne Urban District of Brentwood.

Bloom (multiple a. 9)			R	espirato	ry	Non-	respira	tory
KINNEL ROLL PRO			M.	F.	C.	M.	F.	C.
ases on Register	as at 1	1.63	174	166	5	8	13	7
ew notifications			3	7	) ( <del>Hil</del> a	1	1	-
ransfers IN			15	16	THE W		1	_
ransfers OUT			9	6	1	-	_	_
eaths			3	2	-	-	-	-
ecovered			8	7	metant	_	1	
one abroad		***	1	and a little of	-	-	_	_
otal number reme	oved fro	om						
register			9	8	1	1	1	_
ases on register	as at							
31.12.63	***		169	166	4	9	14	7

The Mass Radiography Unit visited Brentwood during October nd took chest X-rays of some 3,804 persons. This service is run by he North East Metropolitan Regional Hospital Board.

Following the survey 88 persons were recalled for a full-size K-ray and 20 of them were referred to the Chest Clinic. This is a valuable preventive service.

### LOCAL ORGANISATIONS AND SERVICES

### Tuberculosis After-Care Association:

This voluntary organisation continues its good work. Mrs. Looker, the new Secretary of this Association, has given me the following information:—

In the early part of 1963, the Association sustained a great loss in the sudden death of its Chairman, Councillor A. V. Cave. Mr. Cave had been Chairman since its formation in November, 1949. The Association also lost its Treasurer, Mr. H. A. Harvey, and Secretary, Mrs. H. A. Harvey, who left the district on Mr. Harvey's retirement. Mr. H. J. Looker has been elected Chairman and Mrs. Looker has taken over the Secretaryship. Mr. Martin Bray, Manager of the National Provincial Bank, has been elected Treasurer, and the Committee is run under the guidance of Dr. E. Woolf of the Brentwood Chest Clinic and Dr. Rix, who is the Vice-Chairman.

Owing to the change of officers it has been difficult to give a full report on the activities during 1963. £300 has been spent for needy patients in the purchase of daily milk, weekly eggs and groceries, and in approved cases, materials to assist in rehabilitation.

### Laundry Service for the Incontinent:

This service fulfils a very great need amongst the old and sick whose laundry is soiled and unsuitable for sending to a commercial laundry. Expenditure on the service rose during the year and twentyone new patients received help.

### Health Education:

In April the Central Council for Health Education sent a mobile unit, paid for by the Brentwood Urban District Council, which had a display advising the public on the dangers of cigarette smoking. A lecture was given, followed by a film show, at the Brentwood School Memorial Hall. Advertisements were placed in the local Press, numerous posters showing the dangers of smoking were distributed, and special visits were made to schools in the area.

Other fields in which health education is carried out are Home Safety and Road Safety controlled by the appropriate Committees and supported by the Brentwood Urban District Council.

Accidents have been described as the "modern epidemic", and I am very concerned to give all possible help for preventive measures. Foremost amongst these is education of the public which is a slow and continuing process, the results of which are difficult to assess. As well as the efforts made by the Brentwood Urban District Council, a tremendous amount of health education among mothers, children and old people is carried out by officers of the Essex County Council.

### Home Safety:

The following report has been received from Miss E. P. Turff, Honorary Secretary of the Brentwood Home Safety Committee.

"Before I recount the activities of the Committee during 1963, I must recall the very great loss we sustained in the death of our Chairman, Mr. A. C. Seager. Mr. Seager had been elected Chairman at the very formation of this Committee in 1959, and was a most loyal and efficient member.

The Medical Officer of Health, Dr. Dilwyn T. Jones, left the district to take up a new appointment as Deputy Medical Officer of Health to the Port and City of London. His wise guidance, encouragement, and real support was of tremendous help to us all. We are very pleased indeed that Dr. J. R. Wray has agreed to become our new Chairman. To have the interest and support from the Medical Officer of Health is of enormous help in our work.

The highlights of 1963 were two exhibitions. One exhibition was held at Hutton Fete in June and the other, a mobile exhibition which toured the district during October, 1963.

A classroom at All Saints' Primary School was placed at our disposal in connection with the Hutton Fete and 1,000 leaflets on "Family Fire Safety" were distributed, together with other literature on Home Safety.

During the month of October we organised a mobile exhibition which was officially opened by Councillor C. J. L. Fox, Chairman of the Brentwood Urban District Council. This exhibition was held in the car park of the Council Offices, and during the month visited St. Martin's Boys' and Girls' Schools, Shenfield Technical School and was stationed at the Hutton Playing Fields for several days. After the exhibition an essay competition was arranged amongst the school-children and prizes given for the best essays submitted. Members of the Committee felt that this had been a very worthwhile project.

Posters which had been drawn up by Dr. D. T. Jones on the dangers of bathing were given to all schools with swimming baths, and the Brentwood public bath.

The very great financial aid given to the Committee by the Brentwood Urban District Council is very much appreciated. It would be quite impossible for us to carry out our campaigns in an attempt to save life without their help. It is indeed a staggering thought when one realises that some 8,000 people die a year in Britain as a result of accidents which happen in their homes. Four-fifths of these fatalities occur in children under five years and in elderly people over 65 years of age. Tens of thousands of serious non-fatal cases receive in-patient hospital treatment, while one to two million cases are treated in hospital out-patient departments. Home accidents are of many different kinds-falls, burns. scalds, cuts, poisoning, suffocation, electrocution, etc., and the consequences of these can be so serious that unflagging effort is needed from all who can help to educate the public in the prevention of accidents. We must carry on this work with even greater effort. It is only by educating the children and their parents that we can hope to reduce this enormous loss of life."

2 5 . "

### Report on Brentwood Road Safety Committee Work in 1963:

At the beginning of 1963, Mr. J. E. P. Rimmington, the Road Safety Organiser for many years, retired for health reasons, and in his place Mr. A. G. M. Bond was appointed in March. Mr. Bond has kindly given me the following report:—

"A special training course for R.S.O.'s was held in April at Torquay, organised by RoSPA which the Road Safety Organiser attended, and subsequently fully reported to all members of the Road Safety Committee. The theme for the year was 'Get Fit for the Road' and was applicable as much or more to attitude of mind as to condition of person and vehicle.

In April and May, cycling proficiency training was given to children and also Adult, Senior and Junior Quiz Competitions commenced. June was highlighted by a Road Safety Week in which pamphlets were distributed, exhibitions arranged and a concours-deelegance of veteran cars organised in addition to re-action testing equipment and general propaganda.

July saw a Road Safety Carnival float entry and August and September concluded the cycle training sessions. In October the RoSPA Road Safety Congress at Westminster was attended and reported on by both Road Safety Organiser and Chairman.

Also in that month the first of three Advanced Driving Courses for members of the public was started in co-operation with the Essex Constabulary and these continued throughout November and December with great success.

Throughout 1963, the Brentwood Road Safety Committee has also actively concerned itself with major and minor engineering improvement schemes, road surfaces, sight lines, problems of speed and local hazards, extra signs, increase of safety factor at crossings and many matters raised by local residents. At all times there has been liaison with RoSPA and the Road Research Laboratories in keeping abreast of the latest knowledge on why accidents occur and how to reduce those grim figures."

The Committee and Road Safety Organiser enter 1964 convinced that the positive approach to Road Safety lies in training all road users to greater responsibility and higher skills and it is apt that the theme for 1964 is "Think Ahead".

### Welfare Services-Voluntary Organisations:

The Brentwood Urban District Council is empowered to grant money to voluntary organisations whose activities include the provision of recreation or meals for old people. In this respect a contribution is made to the W.V.S. "Meals-on-wheels" service which is an excellent service for helping old people to supplement their diet with hot meals served in their homes.

As far as recreational facilities are concerned elderly persons are well served by the Old People's Clubs in every Ward, but the Council does not make any contribution to these Clubs.

### Section "C"

### ENVIRONMENTAL CIRCUMSTANCES OF THE AREA

### Sewerage and Sewage Disposal:

Scattered throughout the district there are 131 properties served only by night buckets which are emptied weekly. No charge is made for this service. This method of sewage disposal has to be watched from the point of view of flyborne infection, but it causes less public health nuisance than that arising from old leaking cesspools.

There are 278 properties with cesspools that are emptied regularly on payment of a sub-economic charge. Difficulties arise in emptying these cesspools in narrow lanes where the vehicle blocks the traffic.

The eventual elimination of night buckets and cesspools will only come about through the extension of the main sewerage system, but in view of the cost to the ratepayer progress is bound to be slow. A provisional programme has been drawn up for the main areas and it is hoped to extend the sewers along the Chelmsford and Rayleigh Roads during 1964. The most urgent problem, however, is the improvement of the sewage disposal works at Nags Head Lane and Lapwater Hall.

Mr. T. V. Martin, Engineer and Surveyor to the Brentwood Crban District Council, has kindly given me the following report:—

"The works carried out during 1963 include a scheme for Magpie Lane, Childerditch, which makes provision for the connection of thirteen additional properties to the main sewerage system. These works are now almost completed.

Orders for specialist plant and equipment amounting to approximately £60,000 have now been placed with specialist suppliers in connection with the major extension to the Lapwater Hall Sewage Disposal Works in the Parish of Ingrave. Tenders are now being obtained for the main Civil Engineering Work and it is anticipated that this will be commenced in the Spring of 1964.

The Ministry of Housing and Local Government have now held an enquiry into the Council's proposals for the carrying out the major scheme for an extension to the Nags Head Lane Sewage Disposal Works which serve the central area of the Urban District. Work in the preparation of this scheme is now proceeding, and preliminary site investigation works have already been carried out and it is anticipated that a start will be made during the forthcoming year.

Approval has also been received from the Ministry of Housing and Local Government for installing additional pumping units at the Council's Crow Green Lane Pumping Station, and for extending the present rising main for pumping the whole of the sewage flow to the Nags Head Lane Sewage Works. These pumps will replace the existing small ejector pumping unit to accommodate additional development in this area."

### Water Supply:

I have received reports from the South Essex Waterworks Company and the Southend Waterworks Company, both of whom report that:—

- (a) Water supply to the area and its several parts has been satisfactory in quality and quantity;
- (b) Bacteriological and chemical examinations of the raw water and water going into supply are made regularly. In the case of the Southend Waterworks Company regular daily samples are taken, and in the case of the South Essex Waterworks Company a total of over 3,967 examinations were made. In addition samples were examined for radioactivity;
- (c) There was no plumbo-solvent action in the water from either supply;
- (d) No action was necessary in respect of any form of contamination from either supply;
- (e) The South Essex Waterworks Company supplied a population of about 49,423 by direct supply to 15,250 houses. The number of houses supplied by standpipes was insignificant. Southend Waterworks Company supplied a population of 3,507 by direct supply to 1,044 houses, but no houses by standpipes.

The fluoride content of the water from the South Essex Waterworks Company is 0.25 p.p.m. which is less than the optimum of 1 p.p.m. required to prevent dental decay in children, and in May, 1963, the Urban District Council of Brentwood passed a resolution to the effect that they have no objection to the treatment of water supplies by fluoridation. No action can be taken by the Waterworks Company until all Councils whose areas are served by the Company have agreed. There are many areas in Essex in which people have been drinking water with a higher fluoride content than 1 p.p.m. for generations with no ill effect. The supply from the Southend Waterworks Company varies during the year (according to samples the Public Health Department has taken locally) from 3.5 p.p.m. to 0.3 p.p.m. The variations are due to the source of supply; borehole water has a higher content of fluoride than river water.

Essex is on the whole short of water, and a re-organisation of water undertakings is at present under discussion.

### Refuse Disposal:

The Council use a privately owned refuse tip for refuse disposal. The control of the tipping is very unsatisfactory, and the only answer is for the Council to purchase the land and carry out the tipping with their own staff.

### Housing:

Brentwood is fortunate in that the majority of its housing conforms to a good standard. There are areas of old houses, and where individual houses become unfit they are dealt with under Closing and Demolition Orders and details of this can be found in the Chief Public Health Inspector's Report. An area that is due to be redeveloped is the Railway Square and St. James' Road area.

During the year 367 new houses were erected by private builders and 92 new houses were erected by the Brentwood Council. Despite this there is a long waiting list for Council housing. On the present building programme it is estimated that there will still be a deficiency of 309 houses in the period 1964-1967. A close watch will have to be kept that privately rented houses do not become overcrowded through multiple occupation.

### Overcrowding:

Four cases of overcrowding were brought to the notice of the Public Health Department, and as all the families concerned were either occupants of Council houses, or applicants on the Housing list, no statutory action was necessary in any case. All cases were referred to the Council's Housing Manager.

### Atmospheric Pollution:

Since 1957 the atmospheric pollution in the district has been measured monthly by apparatus set up at the London Road Cemetery. The amount of soot and ash deposited throughout the district monthly has been shown to vary from about 4½ tons per square mile to 20 tons per square mile, although the monthly average is about 10 tons per square mile. This is not nearly as much as in the industrial Midlands. The sulphur content of the air is also measured monthly and this varies considerably from month to month.

It is possible that the meteorological conditions and the prevailing wind cause these variations and that a lot of the pollution comes from the London area. It would, however, be a pity to abandon efforts at smoke control despite the difficulties and expense because atmospheric pollution is a definite factor associated with lung cancer and chronic bronchitis. Lung cancer is commoner in people who live in the towns compared with those who live in rural areas. It is also far commoner in industrial countries than in developing countries. However, a major factor is the self-pollution of one's own atmosphere by smoking.

### Common Lodging Houses:

There are no common lodging houses in the district.

Section "D"

# GENERAL PROVISIONS OF HEALTH SERVICES FOR THE AREA

National Health Service Act, 1946

Part II-Hospital Services:

nittee	1963
Committee	mber.
d Group Hospital Management	31st December.
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Brentwood	Annual
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Harold Wood	382	379	325.37 (85.84%)	6367		$\begin{array}{c} 1431 \\ 8460 \\ 42215 \end{array}$	21060		1766	1051	13286	000	3925	8317
Maternity Home	14	14	11.64 (83.14%)	428		111	1		317	242	1937			-
Brentwood Maternity District Home	62	62	46.04 (74.25%)			488 3822 10817	1257	in the	180	1413	13470 32832	OS-		1
Staffed beds allocated at 31st				Discharges and deaths during year		of som	Accident and Emergency attend-	Physiotherapy:	(a) New In-patients	(b) New Out-patients	(c) Total Treatments	New patients	Attendances	Total Treatments
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	10.	11.	12.	13.	14.	15.	16.

### WARLEY HOSPITAL

The statistics from Warley Hospital are important because there are about 1,700 patients who contribute to the morbidity and mortality of the district, although many are drawn from surrounding areas such as Dagenham and Thurrock. However, as can be seen from the extracts below taken from the Annual Report of the Physician Superintendent, Sir Geoffrey Nightingale, the statistics are very favourable to the district.

During the year there were 166 deaths of which 45 were in the age group 65/74 years; 23 in the age group 75/79 years; 56 in the age group 80/89 years; and 3 aged 90 years or over; thus a total of 127 (76.5%) were over 65 years of age at death.

	Male	Female	Total
Number of patients on books at 31.12.62	722	1,003	1,725
Number admitted during 1963	530	875	1,405
Number discharged and left during 1963	447	728	1,175
Transferred to other hospitals		3	3
Died	79	87	166
On books at 31.12.63	726	1,060	1,786
	New	Old	Total
Grand total of all OUT-patients seen:-	838	5,086	5,924

The health of the patients generally has been good, apart from one small and rather troublesome outbreak of Salmonella infection. Tuberculosis remains a small problem, with 5 active male and 1 active female patients, plus 14 males and 3 females regarded as "quiescent". The combined male and female Tuberculosis Unit is working extremely satisfactorily.

A Mass X-Ray survey of patients and staff was completed during the year.

### NATIONAL BLOOD TRANSFUSION SERVICE

I have received the following report from the Director of the North-East Metropolitan Regional Blood Transfusion Centre in Brentwood:—

"In 1963, blood donor sessions for the Brentwood panel again took place at St. Thomas' Parish Hall, Eastfield Road, and at the Royal Signals T.A. Drill Hall, Chestnut Grove. In addition, a new donation centre was opened at St. Mary's Parish Hall, Shenfield.

1,499 attendances were made by Brentwood citizens at 14 sesions held during the year, an increase of approximately 6% on the previous year's figures.

In addition to the donors themselves, members of the W.V.S. gave valuable help to the National Blood Transfusion Service in providing regular assistance at these sessions.

Local firms again allowed donor sessions to be held at their works and 328 additional donations were given at these sessions in the past year. During 1963 over 80,000 bottles of blood were issued to the hospitals from the Centre.

With the increasing use of blood transfusion in our local hosbitals, more volunteers are required to maintain this essential Service. All who are in good health and between the ages of 18 and 65 years are invited to become blood donors."

### Part III-Local Health Authority Services:

The following is a list of the Clinical Sessions provided by the South Essex Area Health Committee and held at the BRENTWOOD COMBINED TREATMENT CENTRE, 39 Queens Road, Brentwood, Essex. (Telephone: Brentwood 1863.)

### Type of Service

child Welfare

Dental Inspection

mmunisation and Vaccination (Section 26)

Minor Ailment (School Health Service)

Midwives' Clinic Relaxation Classes

Ophthalmic Clinic (School

Health Service) Dental Treatment Speech Therapy

Chiropody (for Old Age Pensioners, Persons Handicapped, and Expectant Mothers only)

### Day and Time

Monday afternoons, 2 p.m. till 4 p.m.

Monday afternoons, 2 p.m. till 3.30 p.m.

1st Monday afternoon in the month

Tuesday mornings

Tuesday afternoons.

Tuesday mornings and Thursday afternoons

By appointment only

By appointment only

By appointment only

By appointment only

The following is a list of Clinical Sessions provided at the THREE ARCH BRIDGE CLINIC, Cherry Avenue, Brentwood, Essex. (Tele-hone Brentwood 767.)

### Type of Service

Chiropody

Audiometry Sessions

Minor Ailment

Child Welfare

Child Welfare (Doctor in attendance)

speech Therapy

mmunisation, including polio

Women's Welfare

### Day and Time

2nd Monday in month, by ap-

pointment

2nd Tuesday in the month

1st, 3rd and 5th Tuesday morn-

ings in month

Every Wednesday afternoon

2nd Wednesday in month

Wednesday mornings, by appointment.

Thursday afternoons (3rd in month)

Thursday mornings (1st and 3rd in month)

The following is a list of Clinical Sessions provided at the HUTTON CLINIC, Coram Green, Hutton, Essex. (Telephone: Brentwood 6182.)

Type of Service	Day and Time
Midwives Clinic	Every Monday afternoon 3.15 p.m.—4 p.m.
Relaxation Classes	Tuesday mornings, 10 a.m.—12 noon
Infant Welfare	Tuesday afternoons, 2 p.m.—4 p.m.
Minor Ailment (Doctor in attendance)	Wednesday mornings, 9.30 a.m. —11.30 a.m.
Child Welfare	Wednesday afternoons, 2 p.m.—4 p.m.
Immunisation	Every Wednesday afternoon, by appointment
Dental Clinic	By appointment only
Subsidiary Centres:	
Meeting Place	Day and Time
Ingrave Clinic (held at St. Nicholas Church Hall (Doctor in attendance)	2nd and 4th Monday afternoons in month
Childerditch Clinic (held at Little Warley School)	1st and 3rd Tuesday afternoons in month
South Weald Clinic (held at 85 London Road)	2nd and 4th Tuesday afternoons in month
Bentley Clinic (held at the Village Club) (Doctor in attendance)	1st, 3rd and 5th Thursday after- noons in month
West Horndon (held at the Vil- lage Hall, Thorndon Avenue) (Doctor in attendance)	2nd and 4th Thursday after- noons in month

The Area Medical Officer, Dr. R. D. Pearce, has been kind chough to let me have the following information on the number of people seen at the Brentwood Foot Clinic, and the number of people given various protective immunisations during the year:—

rentwood Foot Clinic:	New Patients		98
		Children	-
	Attendances -	-Adults	2,610
		Children	_
	Number of Se	ssions	398
	Number of Do	miciliary visits	838
iphtheria/Whooping Cough/		Primary	789
Tetanus (Triple):		Booster	285
iphtheria/Tetanus:		Primary	34
o for at leasing b oldefitton to		Booster	108
iphtheria:		Primary	1
at every child has the get at		Booster	153
etanus:		Primary	245
Commence of the Commence of th		Booster	96
accination against Smallpox:	Vaccin	nated	154
	Re-va	ccinated	158
.C.G. Vaccination:	Tuber	culin Tested	635
	No. r	ec'd B.C.G.	536
oliomyelitis Vaccination:	Salk Vaccine:	Primary	2
		3rd booster	
		injections	9
		4th booster	
OUR CONTRACTOR		injections	1
	Oral Vaccine:	Primary	1,039
		3rd booster	209
		4th booster	915
he County Ambulance Service:			

The ambulance service is centrally administered and is the sponsibility of the Essex County Council. Dr. G. G. Stewart, the ounty Medical Officer of Health, has kindly provided the following formation relating to the operation of the County Ambulance Service the Brentwood Urban District during 1963:-

Ambulance vehicles Dual Purpose vehicles		2 2
Stretcher cases	0.19	1,610
Other cases		17,916
Total cases conveyed	·	19,526
Total mileage	11.151	102,702
Total emergency cases		1,563

### Part IV General Practitioners' Service:

The medical practitioners serving the Brentwood area are mostly in group practices, and they all provide a first class service, the results of which are reflected in the vital statistics for the Urban District.

The family doctor is the most important person in the field of health, and by his advice and treatment he makes a major contribution to community health. He is also the first line of defence against an epidemic as by notifying an infectious disease he may enable the Medical Officer of Health to take measures in time to check its spread. In this respect I consider that the list of notifiable diseases is out of date, and should be amended by the Ministry of Health. In particular I cannot see the point of notifying measles, as there is still no reliable vaccine, and as things stand at present every child has to get an attack sooner or later.

### SECTION E

### DEPARTMENT OF THE CHIEF PUBLIC HEALTH INSPECTOR

Inspection of Area:	Inspec- tions	Re-inspec-
Housing Acts 1936-1957 (Demolition or Closure Housing Acts, 1957 (Repair of Housing	41	66
Defects)	15	99
Housing Acts (Overcrowding) Public Health Act (Remedy of Sanitary	9	8
Defects)	125	430
Housing Acts-Improvement Grants	63	309
Housing Acts-Standard Grants	17	64
Housing Acts-Inquiries re Grants, etc.	137	
House Improvements—Survey	102	_
Houses in Multiple Occupation	74	24
Public Health Act (General)	165	111
Infectious Diseases	1,203	84
Food Poisoning Investigation	3	2
Verminous or Dirty Premises	23	35
Disinfestation (Pests etc.)	9	er norramion
Water Supplies	50	26
Drainage and Sewerage	137	190
Cesspools and Pail Closets	35	37
Ponds, ditches, etc	47	51
Keeping of swine, fowl, etc	12	3
Accumulation of Refuse	26	17
Refuse Tips	78	_
Rats and Mice (General)	25	8
Rats and Mice (Sewer baiting)	51	and the same of the
Factories (Power)	65	4
Factories (Non-Power)	3	

nspection of Area:	Inspec- tions	Re-inspec- tions
Outworkers	34	o needle open
Shops Act	318	1
Shops Act Survey	. 53	Tunto_work
Hairdressers Premises	11	2
Massage Establishments	11	_
Pet Shops	. 3	2
Moveable Dwellings	12	7
Swimming Bath Visits	. 21	and IO
Swimming Bath Samples	15	000001-
Diseases of Animals Act	. 13	2
Clean Air Act	252	93
Smoke Observations	. 3	1
Schools (Washing and Sanitary Facilities	) 7	en line 1
Miscellaneous Visits	. 462	4
Miscellaneous Interviews	. 26	1
Cinemas	and the second	1
Noise Abatement Act	18	7
Betting and Gaming Act	2	_
	3,776	1,689
isits by Disinfestation and Rodent Operator	eratteda ogu	
Rat Destruction	1,113	
Laundry Service for the Incontinent		
(number of calls to patients)	1,453	
Disinfestation	55	
Assisting Public Health Inspectors	75	
Pond Treatment (Mosquito control)	42	
Drain Testing	12	
Miscellaneous	18	
	2,768	
Number of Complaints Received	532	

### FOOD PREMISES

Owing to staff difficulties it was not possible to carry out as many inspections of food premises as was desirable. The general standards in the area, however, remain reasonably satisfactory. Regular inspections are the one and only method of insuring that these do not fall below what is necessary, and it is hoped that more frequent inspections will be possible during 1964.

### FOOD INSPECTION

Knacker's Yards		 			1
Meat Shops		 			53
Fried Fish Shops		 	19		17
Other Food Shops		 			235
Cafes, etc		 			77
Licensed Premises		 			21
Ice-cream Premises	S	 			62
Dairies and Milk Sh	ops	 	elemin.	A. 10 8	37
Food Factories		 			8
Bakehouses		 			17
Canteens (School)		 	amol Lay	19800	26
Canteens (Factory	)	 			11
Canteens (Institution		 			10
Mobile Shops		 		Hoon	22
Milk and Ice-cream	Vehicle				19
Samples (Milk)		 	***	and the same	46
Samples (Ice-cream)		 			44
Samples (Water)		 			6
()			on Jun	OF THE	
					712

### MEAT INSPECTION

No licensed slaughterhouses are at present in use in Brentwood, although a large abattoir is expected to come into use in the area in the near future. Unless the Council are given powers to regulate the hours of slaughtering at this proposed slaughterhouse, it is anticipated that very considerable staffing difficulties are likely to be experienced. Public Health work as a whole, for which this Department is responsible to various other Ministries, will suffer if over emphasis is given to meat inspection outside office hours, as a result of the present unrealistic Meat Inspection Regulations made by the Ministry of Agriculture, Fisheries and Food.

### MILK SUPPLIES

Forty-six samples of milk were taken during the year for bacteriological examination. Forty-one of these were satisfactory. Satisfactory results were subsequently obtained in respect of all unsatisfactory samples. Little trouble was experienced during the year from dirty containers and generally milk supplies appeared very satisfactory.

### ICE-CREAM SAMPLES

Sixty-two visits to ice-cream premises were made and forty-four imples were taken for bacteriological examination. With one excepon these were all satisfactory, and it seems that wrapped ice-cream enerally is a clean and satisfactory product. It is nevertheless felt at production of 'soft' ice-cream from mobile vehicles should be ore effectively controlled than is possible under existing legislation.

### UNSOUND FOOD

The total amount of unsound food condemned during the course the year was approximately 755 lbs.

### SWIMMING BATHS

Sampling was regularly carried out at the Public and School wimming Baths. The results of samples were as follows:—

	No. of samples taken	No. of samples satisfactory
Brentwood Urban District Council's Public Bath	5	5
Brentwood Boys' School Bath	1	1
Brentwood Girls' County High School Bath	3	3
Ursuline High School for Girls'	3	3
Shenfield Technical College Bath	3	3

Whilst all results were generally satisfactory, it was necessary some cases for the Analyst to comment on the acid or alkaline ondition of the water and the free chlorine content. All such obserations were automatically passed on to the authorities concerned.

### CLEAN AIR ACT, 1956

The Brentwood, Hutton (No. 3) Smoke Control Order, affecting ome 535 houses duly came into force on the 1st October, 1963.

In the light of the current fuel position it is at the present time mpossible to say what further Orders are likely to be proposed in the Irban District. It now seems that the Council's overall plan to make he whole of the district smoke controlled within a period of ten years will probably be impracticable because of the increased cost of conerting appliances for the burning of the restricted kinds of smokeless uel now available.

### HOUSING

During the year thirteen houses were demolished, five houses were closed and five parts of buildings were closed. Some eighty-one houses were made fit as a result of formal or informal Notices served by the Department, Numerous other small defects in addition were dealt with informally.

Much time continues to be spent dealing with applications for Standard and Discretionary Grants. The work is supervised by the

department and continues to be well worthwhile.

The scheme to re-develop an area containing some fifty or so substandard houses has now been approved in principle by the Council, and it is anticipated that Ministerial approval to this will be forthcoming some time in 1964.

### HOUSING STATISTICS

Hou	ises in clearance areas and unfit houses elsewhere:-	
(a)	Houses demolished during the year:	
	In clearance areas	Nil
	procedure under Section 17 (i) Housing Act, 1957)	13
(b)	Unfit houses closed during the year:	
	Under Section 16 (4), 17 (1) and 35 (1) Housing Act, 1957	5
	Parts of buildings closed	5
(c)	Unfit houses made fit and houses in which defects were remedied:	
	(a) After informal action by Local Authority	60
	(b) After formal notice under:	
	(i) Public Health Acts	11
	(ii) Sections 9 and 16 Housing Act, 1957	10
(d)	Unfit houses in temporary use:	Nil
(e)	Purchase of houses by agreement	Nil

### THE ADMINISTRATION OF THE PACTOMIES ACL, 1991

(1) INSPECTIONS for purposes of provisions as to health (including inspections made by Public Health Inspectors).

	Number		Number of:	er of:
	uo		Written	Occupiers
Premises	Register	Inspections	notices	prosecuted
(1)	(2)	(3)	(4)	(2)
(i) Factories in which Sections 1 2, 3, 4				
Authorities	14	89	1	1

1		7	1	2
60		69	observed Total	72
14		123	The state of the s	137
(i) Factories in which Sections 1 2, 3, 4 and 6 are to be enforced by Local Authorities	(ii) Factories not included in (i) in which Section 7 is enforced by the Local	Authority	enforced by the Local Authority (ex-	Total:
(3)	(ii)		(iii)	

(If defects are discovered at the premises on two, three or more separate occasions they should be reckoned as two, three or more "cases"). (2) Cases in which DEFECTS were found.

(not including offences relating to Outwork)
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