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## URBAN DISTRICT OF BRENTWOOD

## ANNUAL REPORT

### OF THE

## MEDICAL OFFICER OF HEALTH

FOR

## URBAN DISTRICT OF BRENTWOOD

#### MEMBERS OF THE COUNCIL

Chairman: COUNCILLOR H. E. BROWNETT, J.P.

Vice-Chairman: COUNCILLOR W. G. STEVENS, J.P.

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T. N. Lavender,
J. McDonald,
G. A. D. McTurk,
F. W. C. Salway,
D. C. J. Scott,
W. S. Venner,
R. H. Willard,
S. A. Wilson.

#### PUBLIC HEALTH STAFF

Medical Officer of Health (Part-time): B. FRASER BEATSON, M.R.C.S., L.R.C.P., D.P.H., D.T.M. & H.

> Bacteriologists and Analysts: The Counties Public Health Laboratories.

Senior Sanitary Inspector:

F. G. SPENCER, M.R.San.I., Sanitary Inspector, Meat and Food Inspector, and Smoke Inspector, Royal Sanitary Institute.

First Additional Sanitary Inspector:

P. T. SHELTON, M.R.San.I., Sanitary Inspector, Meat and Food Inspector, Royal Sanitary Institute.

Second Additional Sanitary Inspector:

G. H. ROBERTS, M.R.SanI., Sanitary Inspector, Meat and Food Inspector,

Royal Sanitary Institute.

(To commence duty January, 1948.)

Clerks and Shorthand-typists:

N. F. WEBBER (resigned November, 1947).

Mrs. E. M. Howe (resigned September, 1947).

Miss D. GRIFFITHS (appointed September, 1947).

# Annual Report of the Medical Officer of Health for the Year 1947.

To the Chairman and Members of the Urban District Council of Brentwood.

MR. CHAIRMAN, MADAM AND GENTLEMEN,

I beg to present my Annual Report for the year 1947 in accordance with the Minister of Health's Circular 170/47, and following the abbreviated form which is now so familiar.

The subject matter has been drawn up with the collaboration of the Senior Sanitary Inspector, who contines to serve the Council in an exemplary manner. Much credit is due to him and to the First Additional Sanitary Inspector for another year of hard and careful work.

For the first time since I became your Medical Officer of Health eighteen years ago it was necessary for me to take leave on medical certificate owing to a motoring accident abroad. During my absence my Deputy, Dr. G. N. Wardle, a General Practitioner, gave valuable aid to the Department as and when required.

I am indebted to the Council for consideration and support in the discharge of my duties throughout the year.

I am,

Mr. Chairman, Madam and Gentlemen,

Your obedient Servant,

B. FRASER BEATSON, Medical Officer of Health.

#### GENERAL PROVISION OF HEALTH SERVICES FOR THE AREA

#### Public Health Staff.

As a result of my Annual Reports for 1944 and 1946, in which it was pointed out that three Sanitary Inspectors were required, the Council decided in July to appoint a Second Additional Sanitary Inspector.

For various reasons thereafter considerable delay occurred in filling the new post, and it was not until the 17th December that Mr. G. H. Roberts, from Stoke-on-Trent C.B., was selected. Consequently the work of the Department continued to fall into arrears, the position being aggravated at the close of the year by shortage of clerical staff. At the date of this Report a full staff is again at work.

#### Laboratory Facilities.

(a) Routine examinations of milk and water samples were again carried out by the Counties Public Health Laboratories at 66, Victoria Street, London, S.W.1.

(b) Other laboratory examinations were made at St. Andrew's Hospital, Billericay.

#### SANITARY CIRCUMSTANCES IN THE AREA

Water Supplies.

#### From Mains:

Main water supplies to the area are provided principally by the South Essex Waterworks Company, and to a lesser extent by the Southend Waterworks Company. These supplies were satisfactory in both quality and quantity.

Six samples taken from the South Essex Waterworks Company's mains showed the water to be clear and bright in appearance and of very satisfactory bacteriological purity and, therefore, suitable for drinking and domestic purposes. Chemically, the water was free from metals, apart from a negligible trace of iron, but it was hard in character, though not to an excessive degree. The average hardness was:—

Temporary, 177.5; Permanent, 77.5; Total, 255.

The possibility of reducing the hardness of this water is a matter which is under consideration by several interested local authorities. Six samples of water taken from the Southend Waterworks Company's mains showed the water to be clear and bright in appearance and of a very satisfactory bacteriological purity, and suitable, therefore, for drinking and domestic purposes. Chemically, this is a soft water, the average hardness being:—

Temporary, 22.5; Permanent, Nil; Total, 22.5.

These figures are now calculated in parts per million, whereas in former years they were based on parts per 100,000.

The position regarding the number of houses in which water supply is obtained from standpipes has not changed from the previous year, when the figure was 0.25% of the population.

Nineteen properties were provided with a piped supply from the mains with taps installed inside the houses. In each case the previous supply was from a well.

#### Sanitary Inspection of Area.

Contra Contra Contra Contra					Inspections.	R	e-inspections.
Housing Consolidated R	egulation	n			 29		243
Housing (Overcrowding	Provisi	ons)			 11		·
Council Houses					 13		-
Allocation of Council H	ouses				 143		11
Tents, Vans and Sheds	(Moveab	le Dwe	ellings)		 19		16
Sanitary Defects					 410		799
Verminous or Dirty					 16		18
Infectious Diseases					 35		9
Water Supply					 17		21
Drains-Inspected					 41		35
Tested	·				 3		1
Sewers					 1		2
Cesspools					 20		7
Sanitary Conveniences:-	_						
Licensed Houses					 2		-
Cinemas					 2		
Factories—Power					 19		10
Non-power					 5		1
Outworkers' Premises					 4		
Bakehouses					 17		10
Rat Infested Premises					 47		24
Ponds, Ditches and Wat	ercourse	es			 16		7
Swine, Fowl, etc					 5		1
Accumulations of Refus	e				 10		7
Requisitioned Property					 24		
Public Fairs					 8		
Sewers-Rat Baiting					 21		-
Food Poisoning Investig	ation				 20		_
Swimming Pools					 17		ALL
Establishments for Mass	sage and	I Specia	al Trea	tment	 7		
Miscellaneous Visits					 124		5
					Contraction of the		19721
					1,106		1,227

#### Food Inspection.

Slaughterhou	ises		 	 	 	2
Meat Shops			 	 	 	87
Provision and	d other	Food		 	 	133
Food Prepar			 	 	 	14
Fried Fish S			 	 	 	8
Dairies and M	Contraction of the second s		 	 		7
Ice-cream Pr					 	67
Knackers Ya			 	 	 	
Cafés			 	 	 	13
			 	 	 	5
Cowsheds		•••	 	 	 	19
Food Samplin	ıg.		initian			
Milk			 	 	 	41
Ice-cream			 	 	 	28
Water			 	 	 	15
Swimming Po	ools		 	 	 	15
						454

Number of Complaints received --- 468.

#### Cesspools.

Complaints about overflowing Cesspools, which for many years have been numerous, were noticeably less during the year; this was no doubt due to the fact that the Engineer and Surveyor's Department has been provided with another Cesspool Emptying Machine.

The emptying of Cesspools is not one of the duties of the Public Health Department, but a constant watch has to be kept as a safeguard of health.

#### HOUSING

1.	(a) Number of dwellinghouses inspected for housing defects (under								
	Public Health or Housing Acts)	410							
	(b) Number of inspections made for the purpose	1,470							
2.	Number found not to be in all respects reasonably fit	230							
3.	Remedy of defects during the year without service of Formal Notices:								
Number of defective dwellinghouses rendered fit in consequence									
	of informal action by the local authority or their Officers								
4.	Action under Statutory Powers during the year:								
	(a) Proceedings under Sections 9, 10 and 16 of the Housing Act,								
	1936:—								
	(1) Number of dwellinghouses in respect of which notices were								
	served requiring repairs	29							

(	(2) Number of dwellinghouses which were rendered fit after ser-	
	vice of formal notices:	
	(a) By Owners	20
	(b) By Local Authority in default of Owners	14
(b) I	Proceedings under Public Health Acts:	
(	(1) Number of dwellinghouses in respect of which notices were	
	served requiring defects to be remedied *:	28
(	(2) Number of dwellinghouses in which defects were remedied	
	after service of formal notices:	
	(a) By Owners	6
	(b) By Local Authority in default of Owners	21
	[*In addition to these, 11 Notices were served under Section 75	of
	the Public Health Act, 1936, requiring provision of new dustbins	.1

## INSPECTION AND SUPERVISION OF FOOD SUPPLIES

## Milk Sampling.

N

	asteurised Milk—	
	Number of Samples taken	. 10
	Number of Samples satisfactory	. 10
	ndesignated Milk—	
	Number of Samples taken	. 31
	Number of Samples satisfactory	22
	Eight Samples failed to pass Coliform Test, and one Sample contained excessive numbers of bacteria.	9
ce-crea	n Sampling.	
	Number of Samples taken	. 28
	Number of Samples satisfactory	. 16
leat a	1 Other Foods.	
	Number of inspections	. 222
	Total weight of meat and other foodstuffs condemned:	
	Tons. Cwts. Qrs. Lbs.	
	4 2 3 243	
Knacke	s Yards.	
	Number of Premises	. 1

Number of inspections ... ... ... ...

13

...

#### Food Poisoning.

In May there was an outbreak of Food Poisoning at Brentwood School, where twenty-two boys and two adults were overtaken by illness one day. The cause was found to be a liver sausage compound sold in the form of a galantine under the name of "Haslett," and manufactured by a firm in Ipswich. This "Haslett" had been purchased locally the previous day and eaten at breakfast by about fifty persons in the School. All the cases of illness were mild and made rapid recovery.

The supplies of "Haslett" in the shops were at once seized and the sale of further supplies prohibited until after investigation. Portions of "Haslett" which were sent to the laboratory were reported to be heavily infected with "Staphylococcus pyogenes," but no organisms of the "Salmonella" group were found.

A report was made to the Ministry of Health, and it subsequently transpired that Brentwood shops had received a warning from the manufacturing firm that this particular consignment of "Haslett" was infected, but the warning arrived too late to prevent the sale and consumption of the commodity.

#### PREVALENCE OF, AND CONTROL OVER, INFECTIOUS DISEASES.

#### Generally.

Apart from Measles, which seems to fluctuate biennially, there was no heavy incidence of those diseases which are notifiable to a Local Authority.

#### Acute Poliomyelitis.

During the year a widespread outbreak of Acute Poliomyelitis occurred in England and Wales, which has been described by the Chief Medical Officer of the Ministry of Health as the most severe ever recorded. This epidemic caused much concern to Medical Authorities, and a very natural public anxiety.

The disease, known perhaps more familiarly under the name "Infantile Paralysis," usually afflicts children and adolescents, although older people are by no means immune.

The Essex Epidemiological Committee issued a Memorandum for the guidance of Doctors, which was forwarded through my office to every General Practitioner and Hospital in the District. Careful watch was kept, and although a number of suspects were under observation, Brentwood was fortunate in having actually to record only three cases of Acute Poliomyelitis. One of those was, unhappily, fatal.

#### Diphtheria.

Attendances at the Immunisation Clinic were as follows:---

Number of children who received their second injection	10 10 1077 Immunisation
Number of children who received both injections Number of children who received their	167 completed.
first injection Number of children who received a	43
"boosting" injection	156
Total number of children treated	376
Total number of injections given	543

#### Whooping Cough.

This disease showed a marked decline from the figures of the preceding year, less than one-third of the numbers for the year 1946 being notified in 1947.

#### Scabies.

The Clinic for the treatment of Scabies cases, situated in Doddinghurst Road, continued to do good work.

The number of cases dealt with are as follows :---

Men.	Women.	Boys.	Girls.	Total.
4	 16	 28	 26	 74

#### MISCELLANEOUS.

#### Foot Clinic.

Mr. Sidney Harris, the Chiropodist, was in attendance as usual every Monday and Tuesday from 9 a.m. to 12 noon, 1 p.m. to 4 p.m., and 4.30 p.m. to 7 p.m., and on Saturdays from 9 a.m. to 12 noon. The table of fees remained unaltered.

The total number of attendances for treatment exceeded the total for the previous year by 620.

#### Table of Attendances-

The following figures show the number of persons treated between the 11th December, 1946, and 31st December, 1947:---

		New Pa	tients.		Attendances by-							
				Old	Age		New	Old		Total		
Adults.		Chil	Children.		Pensioners.		Patients.	Patients.		Attendances.		
M.	F.	M.	F.	M.	F.							
52	149	5	15	25	29		275	3,330		3,605		

#### Swimming Pools.

The following Samples were taken from Swimming Pools and submitted to bacteriological and chemical examination:— Satisfactory. Unsatisfactory.

			S	itisfacto	ry. Un	satisfacto
Brentwood Urban District	Cou	ncil	 	6		-
County High School for Gin	rls		 	3		-
Brentwood School			 	3		-
Ursuline High School			 	2		1
				14		1

#### Factories Act, 1937.

1. Inspection-

2

3

Line Disth

				Number of		Notices	
	Premises.	Inspections.	N	otices Serve	ed.	Complied.	
	Factories (Power)	29		3		3	
	Factories (Non-Power)	6		-		-	
2.	Defects Found—						
	Particulars.			Found.		Remedied.	
	Lack of Cleanliness			1		1	
	Defective Sanitary Accommodation	on		1		1	
	Insufficient Sanitary Accommodat	ion		1		1	
3.	Outworkers-						
	Number of Outworkers				10		
	Number of Inspections				4		

#### BIRTHS AND DEATHS.

sirths.								
				Total.		Μ.		F.
Legitimate				499		276		223
Illegitimate				21		8		13
rths.								
				Total.		M.		F.
				12		7		5
The Stillbirth	Rate per	1,000	total	births v	was 22	.6.		
s.								
				Total.		M.		F.
				332		163		169
	Legitimate Illegitimate rths. The Stillbirth	Legitimate Illegitimate rths. The Stillbirth Rate per	Legitimate Illegitimate rths. The Stillbirth Rate per 1,000	Legitimate Illegitimate rths. The Stillbirth Rate per 1,000 total	Total. Legitimate 499 Illegitimate 21 rths. Total. 12 The Stillbirth Rate per 1,000 total births v s. Total.	Legitimate         Total.           Illegitimate          499            rths.         Total.         12            The Stillbirth Rate per 1,000 total births was 22         s.         Total.	Legitimate        Total.       M.         Llegitimate        499        276         Illegitimate         21        8         rths.       Total.       M.       12        7         The Stillbirth Rate per 1,000 total births was 22.6.       s.       Total.       M.	Total.       M.         Legitimate        499        276          Illegitimate         21        8          rths.       Total.       M.       12        7          The Stillbirth Rate per 1,000 total births was 22.6.       S.       Total.       M.         S.       Total.       M.       222       162

### Deaths at Various Ages.

Age Groups.			No.	of Death	hs.	
		M.		F.		Total.
Under 1 year	 	 17		7		24
1 and under 2	 	 1		1		2
2 and under 5	 	 -		_ '		-
5 and under 15	 	 6		_		6
15 and under 25	 	 2		3		5
25 and under 35	 	 5		-		5
35 and under 45	 	 5		8		13
45 and under 55	 	 10		10		20
55 and under 65	 	 27		23		50
65 and under 75	 	 33		34		67
75 and upwards	 	 57		83		140
		163		169		332

### Causes of Death.

Cause of Death.		No.	of Death	s.	
	M.		F.		Total.
Cerebro-Spinal Fever	1				1
Tuberculosis of Respiratory System	7		9		16
Other forms of Tuberculosis	1				1
Syphilitic Diseases	1		1		2
Influenza	1		1		2
Measles	-		1		1
Acute Poliomyelitis	1		-		1
Cancer	19		22		41
Diabetes	1		1		2
Intra-Cranial Vascular Lesions	17		32		49
Heart Diseases	35		40		75
Other Diseases of the Circulatory					1
System	4		11		15
Bronchitis	6		4		10
Pneumonia	10		12		22
Other Respiratory Diseases	1		1		2
Ulcer of Stomach or Duodenum	2		—		2
Diarrhœa (under 2 years)	1		—		1
Appendicitis	1				1
Other Digestive Diseases	3		4		7
Nephritis	2		2		4
Premature Birth	6		—		6
100 million (100 million)					
Congenital Malformations, Birth	0				9
Injuries, etc	6		3		9 5
Suicide	2		3		6
Road Traffic Accidents	3		3		
Other Violent Causes	8		1		9
All other Causes	24		18		42
Total	163		169		332

ANALYSIS OF NOTIFIABLE DISEASES UNDER AGE GROUPS.

						Ag	Age Groups.	)S.					
Diseases.	Under 1	1-2	23	3-4	4-5	5-10	10-15 15		20 20 35	35-45	45-65	65 and Totals over.	Totals
:			5	00	1	2	1	12		1	-	1	13
	1		1	I		1		1		5	61	1	9
:	1	1	1	9	4	13	18	10	1	5	1	1	56
:	!	I		1	1			1	1	5	2	I	9
:	1	1				1	1	1	1	1	00	1	2
Ophthalmia Neonatorum	1				1			1	1	1		1	1
Typhoid Fever	1	1	1	ļ	1				1	1	1		1
Acute Poliomyelitis	1	I	1			1	1		1		1	I	3
Cerebro Spinal Meningitis	1	1	1			1			1	1	1	1	67
Whooping Cough	4	9	9	14	6	12		1	1	1	1		52
	16	31	51	99	84	255	51	4	9	5	63	1	569
:		1	1	1		67	00		5	5	H	1	20
	21	39	62	89	98	286	78	18	14	13	12	4	734





