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#### **Contributors**

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### BLOFIELD AND FLEOG BURAL DISTRICT COUNCIL.

# APNUAL REPORT

of the

MEDICAL O FICERS OF HEALTH FOR THE YEAR

1945.

Council Offices,

ACLE.

January, 1947.

To the Chairman, and Members of the Blofield and Fleg. Rural District Council.

Ladies and Gentlemen,

We have the honour to present our Annual Peport for the year nineteen hundred and forty-five.

The geographical position of the District in normal times places it as a corridor between two large towns through which a great movement of population takes place, more especially during the summer months when people are attracted to the Coastal Area, the Bivers and Broads.

During the present emergency certain restrictions have reduced this movement to a minimum, although use has been made of the District as a "Cushion" A ea for the reception of a large number of persons needing accommodation.

The District remains chiefly agricultural in character.

## STATISTICS AND SOCIAL CONDITIONS OF THE ATEA

Ar (Acres)	74,774
Population (Census 1931)	24,566
Population (Estimated 1945)	27,380
Number of Inhabited Premises	11,000
Reterble Volue	£117,414
Produce of ld. B-te	6477

## EXTRACTS FROM VITAL STATISTI S.

### BIRTHS AND DEATHS.

Live births:-	To tol.	Mole.	Female.
Legitimate Ille itimate	453 57	262 30	191 27
Tot s.le	510	898	218

Birth rate per 1000 of the option tod nobulation: 18.68

Stillbirths:- 13 6 7

Rate per 1000 total (live and still) births: 24.86

Deaths:- 314 154 160

Douth rate ner 1000 of the estimated nomulation: 11.47

Donthe from oue merel counce:-

Puerperal sepsis Nil. Other puerperal causes Nil.

Descha of Infante under 1 year of age:-

Legitimate Illegitimate	16 7	11	5 <u>3</u>
Totals	23	15	8

Douths	from	Concer (all ages)	66
Doethe	from	Monales (all ares)	Nil.
Dorths	from	Diarrhoen (under 2 years of one)	Nil.
		Who mine Couch (all secs)	2

The Births in 1945 sere 292 Moles and 218 Females, a total of 510, against 278 Moles and 299 Females, a total of 577 for the year 1944, roking a decrease of 67 births.

The Birth-Rate in 1945 ross 19.68 as a minet 20.49 in the year 1944. The Birth-Rate for England and Walse for 1945 is 16.1.

The Deaths during the year were less in number and the Death-Rate of 11.47 compares favourably with 12.46 for the year 1944.

The Infant Mortality Rate still remains comparatively low, it stands at 23 deaths of children under 1 year of sic, an increase of 3 on last year's figure.

The following table gives the causes of death in 1945:- (Figures given by Bra ict r-General)

Couses of Ceath.	Mule.	Femole.	Total.
Whoming Couch	-	2	2
Tuberculosis of the			
Respiratory system	3	. 6	9
Other Porms of Tuberculosis	-	2	2
Synhilitic Diseases	1	-	1 1
Influenza .	-	1	
C-neer	36	30	66
Di betes	2	2	4
Intracranial Vencular			
Lesions	14	16	30
Heart Disease	37	38	75
Other Diseases of Circulatory			
System	3	6	9
Bronchitis	5	9	14
Pneumonia	7	4	11
Other Respiratory diseases Ulcer of Stomach or	6	2	8
Dood enum	2	-	2
Other Diseases	1	3	4
Nephritis	5	1	6
Premature Birth	3	-	3
Con. Mol., birth inj.,			
infant dis.	9	3	12
Suicide	1	-	1 5
Road Traffic Accidents	4	1	5
Other violent causes	1	3	4
All other causes	14	31	45
Totals	154	160	33.4

## INTECTIOUS DISEASES.

The following cases of infectious diseases were notified: -

Diphtheria	2
Sc. rlet Fever	54
Erysin les	22
Pneumonia	21
Cerebro-Spinal Fever	1
Peratyphoid Fever B.	3
Dysentery	21
Measles	295
Whooping Cough	43
Food Poisoning	1
Puerperal Pyrexia	5
Ochthalmia Neonatorum	1
Jundice	61
Scabies	109

### DIPUTHERIA INTUISATION.

The Council's scheme for treating of children up to the age of 15 years has made further progress during the year under review; at the end of the year it was estimated that approximately two thirds of all children under the age of 15 had been immunised.

Efforts are being continued to obtain a higher percentage of children immunised.

### TUBERCULOSI .

The following table gives an analysis of cases of tuberculosis notified during 1945.

	Notifications.					
Age Pariods.	Pulmonary.		Mon-pulmonary.			
	Male.	Fralc.	Total.	Mac.	Pm le.	Total.
Under 1 year	Sohus in	the Trees	1 12 1	-	-	-
1 - 5 years	-	-	-	-	-	-
5 - 15 years	-	-	-	7	4	11
15 - 25 years	4	3	7	1	1	2
25 - 35 years	1	1	2	1	1	2
35 - 45 years	2	4	6	-	1	1
45 - 55 years	on lo	X	-	-	ALE TOTAL	-
55 - 65 years	-	-	-	-	2119	nel_
65 and over	-	2	2	-	-	-
Totals	7	10	17	9	7	16

There were 11 deaths due to tuberculosis. This total is made up of 3 Mole pulmonary, 6 Penale pulmonary and 2 Female non-pulmonary.

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# SANITARY CIRCUISTANCES OF THE AREA.

#### WATER SUPPLIES.

In the E-stern part of the Area, five parishes have a mains water supply available and many owners have availed themselves of this service.

The parish of Thorpe in the Western part of the Area has a mains water supply along with part of the parish of Plumstead.

Also part of the parish of Brundall has a mains supply.

The large number of shallow wells throughout the District are always a cause of concern, owing to the danger of pollution, especially as there is no drainage system in operation in the majority of the parishes.

There have been no complaints of shortage during the year.

The Council have considered the necessity of providing a piped water supply to all the parishes in the Area and consulting engineers were engaged to prepare details of the necessary schemes.

Writing in 1946, the schemes have been prepared and submitted to the Ministry of Health for their consideration.

#### DRAINAGE AND SEVERAGE.

The Council have considered the needs of the District concerning the collection and disposal of sewage and I can report that consulting engineers have been instructed to prepare schemes of sewerage and sewage disposal for a number of parishes including those parishes in the Broads Area.

The cesspool emptying vehicle has been extensively used during the year under review dealing with many cesspools in the area.

#### BCAVENGING.

The extensions of public cleansing schemes to cover the greater part of the District is one that should receive the consideration of the Council, the present methods of disposal of refuse and night-soil in a number of parishes are in many cases a possible source of danger to Public Houlth, particularly where deposits take place near shallow drinking water wells.

## SAME FOR SO SECURISHED YEARINGS

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GENERAL CIRCUMSTANCES OF THE DISTRICT. The on rel standard of the health of the Diet ict bee been maintained in spite of the movement of population throughout the year; the Conneil' officer have contributed in no small manner to this by their prompt action and vigilance. The overcrowding of many dwellings has given cause for concern, every effort has been made to provide alternative accommodation for those families living in such conditions. The reception of a large number of evocuces created a great deal of work but accommodation was provided in spite of the acute housing shortage. The continued prevalence of Scabies has received the attention of the Council's officers throughout the year. These conditions are difficult to control without proper notification, treatment is supplied to each cose and disinfection of bedding and clothing corried out in necessitous cases. Spesmodic outbreaks of Scarlet Fever of a mild type occurred in various parts of the District, which extended throughout the greater part of the year. Many of the cases were placed in the County I colotion Hospital and disinfection of premises carried out. HOUSING, Although efforts have been made to have defects remedied to a number of working class dwellings, the general condition of such dwellings continues to deterior te. Shortage of labour and materials have created many difficulties. The great problem of bringing a large proportion of dwellings up to a satisfactory standard is one that calls for serious consideration. Many cottages need major repairs, many more are of such a low standard as to be incapable of being rendered fit for habitation at a reasonable expense. A number of areas were scheduled for Clearance previous to the outbreak of war, these and other areas should be dealt with as early as possible, although there must be some delay, pending the provision of new housing accommodation. The need for many more working class dwellings is one that must be met to provide the necessary accommodation for families inadequately housed and also for many service men's families who are at present living with parents. A survey and inspection to cover the whole District will place a great deal of work on the 3-nitary Inspector, but it is one that must be undertaken if an accurate statement is to be made of housing conditions. MEAT AND OTHER FOODS. Supervision of food depots and shops have continued throughout the year. Esamin tion of meat and other foods has entailed many visits to premises, a quantity of meat, time of foodstuffs, in addition to a variety of other foodstuffs were examined, resulting in the condemnation of those affected with discase, or otherwise unwholesome.

10 The over throweing of many dealithms has given dense-fer because of the state of the soute of the state of the soute of th to relation is the state of state dead state to describe adjustific to relation of the state of

The duties connected with the protection of the public food supply are of the greatest importance, and it is satisfactory to both the Council and their officers that the protection of the health of the population of the District has been maintained by the efforts of those officers engaged in this valuable public service.

### GENERAL.

Dering the year every assistance has been given to the Wilitary Authorities in connection with drainage, scavenging and water supplies, in fact a spirit of co-operation between the Civil and Military Authorities has been in evidence throughout the whole District.

The requisitioning of properties by the Military Authorities has called for re-housing certain families, accommodation, although very limited, has been found for displaced families.

We are, Mr. Chairman, Ladies and Contlemen,

Your obedient Servente,

Y. ROYDEN.

J. D. MCKELVIE.

Medical Officers of Horlt'.