### [Report 1964] / Medical Officer of Health, Pembroke Borough.

#### **Contributors**

Pembroke (Wales). Borough Council.

#### **Publication/Creation**

1964

#### **Persistent URL**

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# Forough of Penibroke

ANNUAL REPORT

of the

MEDICAL OFFICER OF HEALTH

FOR THE YEAR 1964



# BOROUGH OF PEMBROKE ANNUAL REPORT OF THE MEDICAL OFFICER OF HEALTH FOR THE YEAR 1964 To His Worship the Mayor and Corporation of the Borough of Pembroke, Mr. Mayor, Ladies and Gentlemen, I have pleasure in presenting my Annual Report on the health of the Borough for the year 1964. Housing Good progress has been made on the re-development area at Monkton and it is to be hoped that a similar project will soon take place in the Pembroke Dock area where there are many sub-standard houses. Progress is being made in the King Street area and the Council are also considering what more can be done to help re-house the problem families. Infectious Disease No serious epidemic of infectious disease occurred during the year but unfortunately tuberculosis persists and during the year there were two deaths from this disease. No case of tuberculosis occurred in an adolescent and no doubt this is due to the beneficial effect of the vaccination of school leavers which has taken place in this county now for the past ten years, although the number of parents giving their consent is not as high as one would wish it to be and the response to Mass Radiography is also not good. Offices, Shops and Railway Premises Act, 1963. This Act came into force on the 1st of May and this means a good deal of extra work for the Public Health Inspector, but this is all part of the work neccessary to see that conditions are suitable for healthy living, which is so vital a part of the work of a Publie Health Inspector. I should like to take this opportunity to thank the members of the Council and its Officers for their continued courtesy and co-operation and to include in this my thanks to my clerk for all her help. I have the honour to be, Your obedient servant. Person in Bower PHYLLIS M. BOWEN, M.R.C.S., The Clinic, Tenby. L.R.C.P., D.P.H., D.C.H. Tel: Tenby 2991/2

# VITAL STATISTICS

Population (Registrar General's Estimate)....1964.....

The second secon	Pem. Boro'	Pem.Boro'	County of Pembroke	
Live Births Live Birth Rate (per 1,000 pop.)	281 20.95	273 20.22	18.41	18.4
Illegitimate Live Births per cent of Total Live Births	5.69	5.49		
Still Births Still Birth Ratc (per 1,000 Live and Still Births)	3 10.56	2 7.27	15.14	16.3
Total Live and Still Births	284	275		
Infant Deaths (Deaths under 1 year)	11	10		
Infant Mortality Rate(per 1,000 Live Births) - total - legitimate - illegitimat	39.14 37.73 62.50	36.63 38.75 nil	22.2	20.0
Nco-natal Mortality Rate(Deaths under 4 weeks)(per 1,000 Live Births)	35.58	21.97	19.36	13.8
Early Neo-natal Mortality Rate (Deaths under 1 week)(per 1,000 Live Births)	28.46	21.97	17.65	
Peri-natal Mortality Ratc(Deaths under 1 week and Still Births combined)(per 1,000 Live and Still Births	9	21.81	32.52	
Maternal Deaths Maternal Mortality Rate(per 1,000 Live and Still Births)	nil nil	nil nil	1,12	0.25
Deaths Death Rate (per 1,000 pop.)	193 14.39	174 12.81	13.30	11.3

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Population (Septatear Concrat's Setimate).....

#### Infant Mortality

The number of deaths of infants aged under one year was 11, one more than last year, so that the Infant Mortality Rate shows a slight increase on last year's figure in spite of the higher number of live births. Six of the deaths were of premature infants and in each case the weight at birth was less than 41bs.12ozs. All died within nine days of birth. Details are as follows:-

	Age at Deaths	Birth Weight	Cause
1.	2 minutes	31bs.15ozs.	Prematurity and Congenital mal- formation
2.	1 week	31bs.15ozs.	Prematurity and Broncho-pmeumonia
3. 4. 5.	9 days 1 day 17 hours	31bs.11ozs. 21bs.8ozs. 41bs.12ozs.	Prematurity Prematurity Prematurity and Atelectasis
6.	4 hours 3 days	21bs.12ozs.	Prematurity Congenital mal- formation
8.	5 minutes		Respiratory ob- struction
10.	1 day 1 day 4 months		Atelectasis Atelectasis Post-pneumonia debility and in- halation of vomit

# Deaths (General)

The general death rate shows an increase on last year's figure and is slightly higher than the rate for both the County and for England and Wales. 54 of the total of 193 deaths were caused by heart disease of various forms, and 33 were caused by malignant disease of which 8 were due to cancer of the lung. Five of these patients are known to have been heavy smokers of cigarettes.

Approximately 55% of the total number of deaths occurred in persons aged over 70 years, and of these approximately 38.6% occurred in persons aged over 80.

Causes of Death	Male	Female
TOTAL (All causes)	99	94
Tuberculosis, respiratory, Malignant neoplasm of stomach Malignant neoplasm of lung, bronchus, Malignant neoplasm of breast Malignant neoplasm of uterus Other malignant and lymphatic neoplasms Leukaemia, aleukaemia, Diabetes Vascular lesions of nervous system Coronary disease, angina,	1 46 - 52 - 10 22	1 2 2 2 2 10 2 1 12 12
Hypertension with heart disease	2	1

Infant Mortality

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year was it, one dore than last year, so that the Infant
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patients are known to have been heavy mokers of oigno-

Approximately 50 of the total newher of deather contract in persons and over 70 years, and of these approximately 35.66 contract in persons aged over 80.

Causes of death (contd.)	Male	Female
Other heart disease	9	8
Other circulatory disease	7	6
Influenza	-	3
Pneumonia	3	7
Bronchitis	7	1
Other diseases of respiratory system	-	1
Ulcer of stomach and duodenum	1	1
Gartritis, enteritis and diarrhoea,	1	2
Nephritis and nephrosis	1	-
Hyperplasia of prostate	1	-
Congenital malformations	1	-
Other defined and ill-defined diseases	8	12
Motor Vehicle Accidents	2	-
All other accidents	3	5
Suicide	3	1

#### NOTIFICATIONS OF INVECTIOUS DISEASES

The following infectious diseases were notified to us during the year:-

Measles	58	Whooping Cough	23
Pneumonia Scarlet Fever	18 26	Erysipelas Pulmonary Tuberculosis	4 5
boaries rever	20	Tuberculosis(other)	2

#### TUBERCULOSIS

There were two deaths during the year from respiratory tuberculosis. one was a man aged 40 years and the other a woman aged 56 years. Five new cases of respiratory tuberculosis were notified and two cases of tuberculosis of other organs. One case of respiratory tuberculosis was transferred from another area and also one case of tuberculosis of other organs.

#### Summary of Notifications

	Age	Sex	
1.	36	F	(Respiratory)
2.	43	M	11
3.	43	M	II .
4.	73	F	11
5.	36	F	11

#### PREVENTION OF TUBERCULOSIS

B.C.G. Vaccination - B.C.G. Vaccination of contacts and school leavers continues to be carried out in the Borough. Clinic sessions are held and the schools are also visited. During the year 1964, 76 school leavers, (i.e. pupils aged thirteen years and over), were skin tested and 55 of these were vaccinated. Two contacts were also skin tested and vaccinated. Dr. Llewelyn Davies, the Chest Physician, also vaccinates contacts at the Chest Clinic.

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MASS RADIOGRAPHY The Mobile Unit of the Mass Radiography Service paid 12 visits to the Borough of Pembroke during the year and carried out surveys amongst the general population The total number of people who attended for chest X-ray was 573. This figure includes a non-industrial factory group, (20) and contacts, (111). NATIONAL HEALTH SERVICE ACT, 1946. LOCAL HEALTH SERVICES, PART III. Care of Mothers and Young Children. This service is undertaken by the County Council. Ante-natal supervision is provided by the District Nurse/Midwives and by the patient's own doctor. A maternity outfit is provided by the County Council for all home confinements. There is a Child Welfare Centre at both Pembroke and Pembroke Dock, staffed by a Medical Officer and the Health Visitor and District Nurse/Midwives. Domiciliary Midwifery Service. There are three District Nurse/Midwives in the Borough and the Midwifery Service is provided by the County Council through the agency of the County Nursing Association, which is supervised by the County

Nursing Officer under the direction of the County Medi-cal Officer.

#### Health Visiting Service.

There are two whole time Health Visitors and School Nurses in the Borough, working under the supervision of the County Nursing Officer.

#### Home Nursing.

There are three District Nurses in the Borough and also a Relief Nurse, employed by the County Council for combined Home Nursing and Midwifery duties.

#### VACCINATION AND IMMUNISATION

Both vaccination against smallpox and immunisation against diphtheria, whooping cough and tetonus are carried out at the Infant Welfare Clinics and by the general practitioners, who are paid by the County Council for records received each quarter by your Medical Officer. The following records were received during the year: -

Smallpox Primary	53	Re-vaccination	75
Diphthoria	257	Re-inforcements	143
Whooping Cough	218	Tctanus	159

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# Manth Visiting Service.

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Majorine Pia 257 Re-inforcements 745

AMBULANCE SERVICE This is the responsibility of the County Council, which has eight ambulances in the County and an arrangement for the provision of cars for "sitting cases". The Pembroke Dock Ambulance dealt with 3,093 patients during the year 1964, 2,441 of whom were sitting cases and 652 stretcher cases. A total of 35,825 miles was travelled, an average of 11.78 miles per case. The majority of the routine out-patient cases and transfers between hospitals in the south of the County are carried by this vehicle. DOMESTIC HEALTH SERVICE The Home Help Organiser employed by the County Council is responsible for the day to day administration of the service. This service endeavours to provide domestic help in households where such assistance is needed on account of sickness and old agc. It helps to reduce the need for hospital beds and for Part III accommodation. NATIONAL ASSISTANCE ACT, 1948. Section 47:-Removal to suitable premises of persons in need of care and attention. It was necessary to remove to hospital one male patient who was in need of care and attention, under Section 47 of the above Act. - 5 -



