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Contributors

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PUBLIC HEALTH DEPARTMENT

ANNUAL REPORT

1953

MEDICAL OFFICER OF HEALTH:

I. Morgan Watkin, Ph.D. (Lond.)., M.Sc., M.B., B.Ch., D.P.H. (Wales).

SANITARY INSPECTOR:

D. J. Davies, A.R.S.I.



Your Worship the Mayor, Aldermen and Members of the Lampeter Borough Council.

It gives me pleasure to present to you the Annual Report of the Health Department for the year ended December 31st, 1953.

The number of deaths registered during the year was twenty two seventeen fewer than in 1952. The principal cause of death was vascular lesions of the nervous system, commonly termed strokes.

There was a fall in the number of registered live births from thirty one in 1952, to nineteen in 1953. There was no stillbirth nor did any infant die before reaching the age of a twelvemonth. No mother died as a result of childbirth.

No case of infectious disease, other than tuberculosis, was notified during the year. One case of tuberculosis, of the pulmonary form, was discovered.

A number of housing inspections was carried out during the year and reports thereon submitted to the Council.

It is gratifying to record that, from the public health point of view, the year passed uneventfully. Judging by vital statistics, the health of the inhabitants of the Borough appears to be extremely good.

A more detailed commentary on various aspects will be found in the ensuing pages.

As in the previous year, the report of the Sanitary Inspector is appended as a separate item.

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SUMMARY OF GENERAL AND VITAL STATISTICS

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| Area in acres | | 1,754 |
|---|-------------------|--------------------|
| Population (Census 1931) | | 1,742 |
| Population (Mid-Year 1952) | | 1,921 |
| " (" " 1953) | | 1 , 945 |
| Number of inhabited houses (1931) | | 521 |
| Rateable value at 1st April, 1952 | | £10,053 £10,254 |
| Sum represented by a penny rate 1952/53 | | £41 |
| | Total | Male Female |
| Number of registered live births (Leg. (Illeg. | 19 | 5 14 |
| the second se | - | |
| Number of registered stillbirths (Leg. (Illeg. | - | |
| Number of registered stillbirths (Leg. | - - 22 | 12 10 |
| Number of registered stillbirths (Leg. (Illeg. | - - 22 - | |
| Number of registered stillbirths (Leg. (Illeg.) Number of deaths | - - 22 - | |

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SUMMARY OF GENERAL AND VITAL STATISTICS

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GENERAL PROVISIONS OF HEALTH SERVICES IN THE AREA.

These are essentially the same as in 1952. The main features are as follows:-

- (a) No ante-natal or post-natal clinic is held in the district by the local health authority. Expectant and nursing mothers receive medical advice from their own medical attendants.
- (b) An infant welfare clinic is held at Lampeter once a fortnight.
- (c) The domiciliary midwifery service is carried out by the district nurses who are also state registered midwives.
- (d) A health visitor covers the Lampeter area.
- (e) Home nursing is in the hands of the district nurses.
- (f) Vaccination is carried out by the person's own medical attendant but immunisation against diphtheria is performed partly by the former and partly by medical officers of the local health authority.
- (g) An ambulance is stationed at Lampeter.
- (h) Arrangements for the prevention of illness consist in periodic talks and advice given by medical officers and the health visitor of the local health authority. Care and after-care is in the hands of the district nurses and of the health visitor. Tuberculosis cases are also followed up by the Chest Physician's health visitor.
- (i) Domestic help is provided by suitable persons engaged locally.
- (j) The borough of Lampeter lies almost mid-way between the towns of Aberystwyth and Carmarthen in both of which general hospitals exist. The former is under the aegis of the Mid-Wales Hospital Management Committee and the latter under its West Wales counterpart. Public health laboratories of the Medical Research Council are also to be found in both centres. The infectious diseases' hospital for the area is at Tanybwlch, close to Aberystwyth.
- (k) The central core of the Health Services is still the general practitioner. There are four doctors providing general medical services in the borough.



| | - 4 - | | | |
|---------------------|--|------|---------------------------------------|--------|
| | | Nu | mber of | deaths |
| Registrar General's | Causes of Death | Male | Female | Total |
| Code Number | | | | |
| 1 | Tuberculosis, respiratory | - | - | - |
| 2 | Tuberculosis, other | - | - | - |
| 3 | Syphilitic disease | | - | - |
| | Diphtheria | _ | - | - |
| 4 5 6 | Whooping cough | - | - | _ |
| 6 | Meningococcal infections | - | - | - |
| 7 | Acute poliomyelitis | - | - | - |
| 8 | Measles | - | - | - |
| 9 | Other infective and parasitic disease | - | - | - |
| 10 | Malignant neoplasm, stomach | | _ | - |
| 11 | Malignant neoplasm lung, bronchus | - | - | - |
| 12 | Malignant neoplasm, breast | - | - | - |
| 13 | Malignant neoplasm, uterus | - | - | - |
| 14 | Other malignant & Lymphatic neoplasms | 1 | 2 | 3 |
| 15 | Leukaemia, aleukaemia | - | ~ 1 | - |
| 16 | Diabetes | - | - | - |
| 17 | Vascular legions of nervous system | 5 | 2 | 7 |
| 18 | Coronary disease, angina | - | ~ | - |
| 19 | Hypertension with heart disease | | See. | _ |
| 20 | Other heart disease | 3 | 2 | 5 |
| 21 | Other circulatory disease | 2 | ~ | 2 |
| 22 | Influenza | ~ | | ĩ |
| 23 | Pneumonia | | 1 | 1 |
| 24 | Bronchitis | | - | - |
| 25 | Other diseases of respiratory system | 1 | - | 1 |
| 26 | Ulcer of stomach and duodemum | - | | 1 |
| 27 | Gastritis, enteritis and diarrhoea | | | |
| 28 | Nephritis and nephrosis | | | |
| 29 | Hyperplasia of prostate | | | |
| 30 | Pregnancy, childbirth, abortion | | | |
| 31 | Congenital malformations | - | | |
| | Other defined and ill-defined diseases | | 2 | 3 |
| 32 | Motor vehicle accidents | - | 3 | 2 |
| 33 | All other accidents | | | |
| 34 35 | Suicide | | | |
| 36 | Homicide and operations of war | - | 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 | |
| 50 | nonrerue and obstantous of war. | | | |
| | Total | 10 | 10 | 22 |
| | TOPAT | 12 | 10 | 22 |



INFECTIOUS DISEASES

The following is a list of the notifications of infectious disease, other than tuberculosis, received during the year.

| Cholera | ••• | ••• | Nil |
|--|-----|-----|-----|
| Diphtheria | ••• | ••• | Nil |
| Dysentery (amoebic and bacillary) | ••• | | Nil |
| Encephalitis | ••• | ••• | Nil |
| Erysipelas | | ••• | Nil |
| Food poisoning | ••• | ••• | Nil |
| Malaria | ••• | | Nil |
| Measles | ••• | ••• | Nil |
| Meningococcal meningitis | | | N11 |
| Ophthalmia neonatorum | ••• | ••• | Nil |
| Paratyphoid fever | ••• | ••• | Nil |
| Plague | | ••• | Nil |
| Pneumonia (acute primary and acute influenzal) | ••• | ••• | Nil |
| Poliomyelitis | ••• | | Nil |
| Puerperal Pyrexia | | | Nil |
| Relapsing fever | | ••• | Nil |
| Scarlet fever | | | Nil |
| Smallpox | | | Nil |
| Typhoid fever | ••• | | Nil |
| Typhus fever | | | Nil |
| Whooping cough | | | Nil |
| | | | |

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INTECTIONS DISEASES

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.... 4.11 122 1.1.2 ees seen abralad 2 9 2 . . Monalos ere see Dobthalais neonatorum -++ 0.7.8 22.0 20.0 0.00 1.00 2.4 are are mailings 9.6 1 1.0 2.2.0 a s figuro antorioni 62.5 6.6.4 244 1.00 1.2.2 . . .

A male in the 30 - 34 age-group was found to be suffering from pulmonary tuberculosis. No case of the non-pulmonary variety was notified.

Another young man who had been notified as suffering from pulmonary tuberculosis late in December, 1952, was found shortly afterwards to be carrying on his occupation of handling milk. Simultaneously I received information from the Chest Physician that he had been offered a bed in a sanatorium, but had absolutely refused to go. He was verbally warned that he must cease to handle milk, but a day or so later, he was seen handling milk once again. Accordingly I served an official notice upon him under the Milk and Dairies Regulations prohibiting him from taking any part in milk production or distribution. I added, as a footnote, that if he failed to comply with the notice he would be liable, on conviction, to a fine not exceeding £100 or to imprisonment not exceeding three months or both. He changed his attitude immediately, ceased to handle milk, and agreed to enter hospital forthwith.



Section 47 of the National Assistance Act, 1948.

The lady referred to in last year's Report cared for herself reasonably well for a short time after her return from the Welfare Home. Later in the year, however, her condition again deteriorated to such a degree that her own doctor and myself certified that she was not receiving proper care and attention. A Justice of the Peace found the facts proved and granted the order for her removal and detention in the Welfare Home for a period not exceeding three weeks. At the expiry of this period she consented to stay at the Home. The subsequent history of the case will be referred to in the next Annual Report.

I. MORGAN WATKIN

MEDICAL OFFICER OF HEALTH.

Cardiganshire Joint District Councils, Swyddfa'r Sir, ABERYSTWYTH. June, 1954.



BOROUGH OF LAMPETER.

Your Worship the Mayor, Aldermen and Councillors.

Gentlemen,

I have the honour to submit my contribution to the Annual Report of the Public Health Department for the year ended 31st December, 1953.

D. J. Davies - Sanitary Inspector and Surveyor.

Sanitary circumstances in the area.

Closet accommodation in the Town.

. Number of various closets and cesspools which are situated in the perimeter of the Town where the Public Sewers are not available.

| Number | of | W.C.'s (with fresh water flushed) |
|--------|----|---------------------------------------|
| Number | of | cesspools |
| Number | of | pail systems with moveable receptacle |
| Number | of | Elsan Closets |
| NOTE. | | |

All the premises in this area are supplied with fresh water from the Town Water Main with the exception of three. Two of these are situated on the high level with insufficient pressure to supply the extremeties of such high level although they are adequately supplied with water from deep pumps. The other one is situated not within reasonable reach of the Town Water Main though it is similarly provided with water supply as the above two just mentioned.

Scavenging.

Domestic Refuse of the Town and of the above area is collected twice weekly and Trade Refuse by contract all of which is being dumped at the tip and constantly controlled by manual labour. All obnoxious and waste matters are destroyed in the Incinerator.



Empty tins are collected bi-weekly and those which had accumulated during the last few years were sold this year for the sum of £184.

Street cleansing of Town Main Roads Twice weekly. Street Cleansing of Town Unclassified Roads..... Once weekly. Street Cleansing of Town Main Roads every Sunday in July, August and September.

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Number of various kinds of closets and cesspools situated in the Country District. Number of water closets (with fresh water cisterns flushed).... Number of cesspools. Number of Elsan Closets. Number of pail systems with moveable receptacle.

All houses in this area are chiefly dependent on Wells and Pumps with the exception of the following, namely:-

Falcondale Mansion. Four Farms. One Smallholding. Seven dwelling houses.

which are being supplied with piped private supply.

One children's Home is supplied direct from the Town Water Main.

Scavenging. Domestic Refuse in this area is collected bi-weekly.

4. Sanitary Inspection of area.

| the residence of the second se | And in case of the local division of the loc | CHEDDOCOTON OF | | | |
|--|--|----------------|-----|---------------------------------|----------------|
| Number | of | inspections | of | Dwelling houses | 64 |
| Number | of | inspections | of | Dairies | periodically. |
| | | | | Milk Carts | |
| | | | | Workshops, cafes and Bakehouses | |
| | | | | meat shops | |
| Number | of | inspections | of | schools | 10 |
| Number | of | inspections | of | Reservoir | daily. |
| Number | of | inspections | of | Olwen Well | periodically. |
| Number | of | inspections | of | water sources | 8 |
| Number | of | inspections | of | Refuse tips | 52 |
| Number | of | inspections | of | Sewer ditches | 6 |
| Number | of | inspections | of | Mart Premises | periodical ly. |
| Number | of | inspections | of | Public Conveniences | daily. |
| Number | of | inspections | of | Public Parks | daily. |
| Number | of | inspections | of | Chip Shops | 52 |
| Number | of | new street | 211 | lies provided | 2 |
| | - | | 2 | | ~ |



| Sumber of blocked drains released | 14 |
|--|------|
| Tested new 4" drains | 118' |
| Sewers repaired | 3 |
| Number of disinfection of Dwelling houses as the | |
| result of Pulmonary Tuberculosis | 4 |

5. Rats & Mice Destruction Act, 1949.

1 part time Rodent operator under the supervision of the Sanitary Inspector.

| Number of Business premises treated | 6 |
|---|------|
| Number of private dwelling houses | 7 |
| Number of public severs | 2 |
| Number of Refuse tips | 1 |
| Estimated number of rats killed during the year | 1385 |

The Pest Department of the County Agricultural Committee co-operated with the Local Public Health Department in the inspection of 13 farms and 13 smallholdings in the Borough with successful results and all farms and smallholdings were visited and treatments were arranged by owners direct with the County Pest Department. The annual cost of rodent control in Lampeter Borough after allowing for the Ministry grant is approximately equivalent to a three farthing rate and is amply repaid by the benefit to the community.

6. Milk Supply.

There are two producers Retailers registered who are also retailing pasteurised milk which is supplied in bulk from the Milk Marketing Board, Felinfach, and is being bottled at their respective dairies. There is one distributor of T.T. Milk Jersey Herd registered, supplied in bulk from a farm situated outside Lampeter Borough and this milk is being bottled at the distributor's dairy.

There is also one distributor of T.T. Milk Jersey Herd registered which is supplied and bottled on the farm situated outside the Borough.

The sampling of local milk is now undertaken at regular intervals by the County Agricultural Committee.

Number of inspections to the dairies were made periodically and these are being kept fairly satisfactory.

One distributor of T.T. Jersey Herd Milk was registered during the year. Total number registered.....



| • | Ice Cream. The bacteriological quality of the ice cream continues to improve. Number of registered dealers Number of registered meanifactorero Number of complete cold mixed Number of samples taken The certificate of the Public Analyst showed that - 27 samples were in grade 1. 4 samples were in grade 2. 1 sample was in grade 3. 1 sample in grade 4. | 7 2 1 33 |
|---|---|-----------------------------|
| | Number of registered Fish & Chip Shops Number of inspections periodically and both are kept satisfactory. | 2 |
| | Number of registered manufacturers of Sausage and potted meat Number of inspections period All are being kept satisfactory. | 4 dical ly |
| | 1 Mobile van retailing ice cream and refreshments was registered during the year which is of fairly modern type. | |
| | Number of registered bakehouses Two of these are of modern type. Two are satisfactory and all are kept under hygienic condition. | 4 |
| • | Number of Food shops. Number of Greengrocery shops. Number of meat shops. Number of cafes. Number of inspections. Period: | 18 1 4 7 ically |
| | Licensed Victuallers. Number of hotels. Number of Inns. Refreshment Room at British Railway Station. Temperance Hotel. At one of the Inns during the year hot and cold water was installed in the Public Bar. Also, new sanitary conveniences for both sexes, were installed although informal notice had to be served with several verbal requests as well. On the whole all the licensed premises, food shops and cafes are being kept satisfactorily clean. There are still few Inns in need of better sanitary conveniences which is at the moment receiving due attention. There is one bottling depot of the brewery in the Borough which is fairly well equipped with modern machinery and every reasonable precaution appears to have been taken to ensure a satisfactory product. | 3611 |
| | | |

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Inspection of meat and other foods.

Lampeter Abbatoir. Number of animals killed during the year:-

| CattleCalvesPigsSheep and Lambs1040101912797097 | |
|--|-------------------------------------|
| Total | 10435 |
| All diseases except T.B. condemned | 27716 lbs. 112 lbs. |
| 9 Reactor cows offals and fore quarter of beef T.B | 625 lbs. |
| 4 Reactor cows whole carcases and offals T.B. | 1530 lbs. |
| 2 Reactor Bulls offals T. D. | 110 1bs. |
| Total | 30093 lbs. |
| I inspections excluding Abbatoir. | |
| | 100 The |
| | |
| | 242 1bs. |
| 11 packets of jelly | 5월 lbs。 |
| | |
| | |
| T TURN OUT OUDO | ~~ 1000 |
| Total | 251 1bs. |
| 1 tin corned beef Beef 1 lamb carcase | 51 1bs 6 1bs 30 1bs 20 1bs |

This condemned food is destroyed in the incinerator.

The transporting of the meat from the local depot to the various groups continues satisfactory and the whole premises are lime washed at regular intervals. The time spent on meat inspections continues to be considerable and very long hours are involved which would appear unnecessary if killings were spread out more evenly during the week and all the condemned meat, which is previously treated with green napthalene in order to avoid any possibility of the meat being used for human consumption, is taken away by the proprietor of Knackers Yard.

10. Water.

Food

There is a satisfactory supply in the Town and in the fringe area with the exception of those three dwelling houses which I have already mentioned. The supply is augmented during abnormal drought by pumping from a deep borehold situated in Olwen Farm Field approximately 1,500 yards from the Reservoir, at the rate of 2,000 gallons per hour.



Note. Olwen bore hole is subject to silting and pumping, cannot exceed 2,000 gallons per hour, otherwise fine sand rises. Number of samples taken during the year of the Town Water Supply, for bacteriological examination 12. Result of samples -

Highly satisfactory 10 Not quite satisfactory 2.

The water supply is being chlorinated daily at the reservoir with the given amount as prescribed by the Public Analyst which is carefully observed by an experienced water man. Estimated number of inspections for water leakages etc 750 A multiple number of leakages were located and duly repaired, the leakages caused mostly by the severe frost during the winter.

All schools are provided with water closets and adequately supplied with water for flushing purposes.

11. Notices served under the Public Health Act.

| Number of informal not | tices for water repairs | 11 |
|------------------------|--------------------------|----|
| | ces for repairing drains | 3 |
| | ces for Housing Repairs | 1 |
| | ces to abate a nuisance | 1 |
| | olied with | 15 |
| Number of formal notic | ces not complied with | 1 |

Generally speaking housing repairs are mostly carried out by moral persuasion.

Smoke abatement..... None. Rag Flocks Act, 1951 No action necessary

| 12. | Number | of | inspections of dwelling houses for defects | 33 |
|-----|--------|----|---|----|
| | Number | of | houses unfit for habitation | 1 |
| | Number | of | flats unfit for habitation | 2 |
| | Number | oî | houses not in all reasonable respect fit for habitation | 1 |
| | Number | of | houses closed | 3 |
| | Number | of | flats closed | 3 |

The tenants of the closed houses and flats have been allocated with new Council Houses.

13. Housing Statistics.

| Number | of | houses owned by the Local Authority | 84 |
|-----------|----|--|----|
| Number | of | flats | 4 |
| Number | of | Homes for the Aged | 6 |
| Number | of | houses built during the year by the Local Authority | 51 |
| Number | of | houses built by other bodies or persons- New bungalows. | 3 |
| 110011001 | 01 | nouses built by other boures of persons- new buildarows. | 2 |



| TT SHOW | - - | 1 | | | |
|---------|------------|-------|------|-----|--|
| 1100 | 0.1 | LATT. | 0.22 | 000 | |
| Un | alt | IIV. | CLI | eas | |
| | | | | | |
| | | | | | |

| There are no unhealthy areas within the Borough. | |
|--|-------|
| Number of houses demolished | Nil |
| Byelaws to - | |
| (A) New Buildings | Yes |
| (B) Tents and Vans | Nil - |
| unless there is a Public Nuisance. | |
| (C) Houses let in lodgings | Nil |
| | |

Drainage and Sewerage.

There are three sewage outfalls; one discharges direct into the River Dulas and thence to the River Teify and the other two discharge into open trenches running in the open for approximately 300 years and then discharge into the River Creuddyn which runs eventually into the River Teify and when it enters the River Teify the sewage is fairly well diluted and almost inert. In order to avoid any nuisances both the said mentioned open trenches are thoroughly cleansed annually.

As stated in my last annual report, Lampeter Borough Council and Llanybyther-Newcastle Emlyn R.D.C. are still contemplating to proceed with a new joint Sewage Disposal Scheme. At the time of writing this report I have been given to understand that a Local Inquiry by the Ministry of Health in connection with the above scheme is likely to be held at any day and I venture to say again that when this proposed scheme is completed Lampeter will then be unquestionably a model town, as it is already free from slums, back to back houses and not a single case of real poverty is in existence.

In addition there is at the moment a new Mart Premises in course of erection which, when completed, will no doubt be one of the best planned and constructed mart premises in the Country.

This concludes my report for the year ending 31st December, 1953.

I am, Gentlemen, Yours obediently, D. J. Davies, A.R.S.I., Sanitary Inspector, Meat Inspector and Surveyor.

