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Contributors

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BOROUGH OF LAMPETER.

Annual Report of the Medical Officer of Health.

MR. MAYOR, ALDERMEN AND COUNCILLORS,—

I beg to submit to you the Report for the Year 1949, together with the Table of Vital Statistics.

STATISTICS AND SOCIAL CONDITIONS OF THE AREA.

Area (in acres)	1,648
Population (Census 1931)	1,742
Estimated Population (Mid. 1938)	2,114
Number of inhabited houses (1931)	521
Number of inhabited houses (end of 1937) according to Rate Books	645
Number of families or separate occupiers (Census 1931)	502
Rateable Value	£9,006
Sum represented by a penny rate	£38

EXTRACTS FROM VITAL STATISTICS OF THE YEAR.

		Total.	Male.	Female.
Live Births	{ Legitimate	8	3	5
	{ Illegitimate	—	—	—
Still Births	—	—	—
Deaths	39	25	14

Number of women dying in, or in consequence of childbirth : from Sepsis, Nil ; other causes, Nil.
 Death Rate of Infants under one year of age : Legitimate, 2 ; Illegitimate, Nil. Total : 2.
 Death from Measles (all ages) : Nil.
 Deaths from Whooping Cough (all ages) : Nil.
 Deaths from Diarrhoea (under 2 years of age) : Nil.
 Particulars of any unusual or excessive mortality during the year which was received or required comment. Nil.

GENERAL PROVISION OF HEALTH SERVICES IN THE AREA.

- PUBLIC HEALTH OFFICERS OF THE AUTHORITY :**
 - Medical*—Part time Medical Officer of Health.
 - Others*—Full time Sanitary Inspector.
- NURSING IN THE HOME. NATURE OF THE ARRANGEMENTS IN THE AREA :**
 - General*—Two local Nurses and 1 Health Visitor supervise the District. They all have the C.M.B. qualification and the Senior Nurse is a fully trained Hospital Nurse.
 - Infectious Diseases*—County Isolation Hospital, Tanybwch.
- MIDWIVES :**

Number of Midwives practising in the area—2. The Council do not employ or subsidise Midwives practising in the District.
- NATIONAL HEALTH SERVICE :**

Administered by the Cardiganshire Executive Council.
- LABORATORY FACILITIES :**

The Laboratory work is done by the Pathological Laboratory Aberystwyth.
- LEGISLATION IN FORCE :**

Infectious Diseases (Prevention) Act, 1890, Section 4.
 Public Health Act (Amendment Act), 1890, Part III.
 Bye-Laws relating to New Buildings.
- HOSPITALS :**

Cardiganshire General Infirmary, Aberystwyth, and Aberayron Cottage Hospital.
 Facilities are available at the above Hospitals for Operative Surgery and X-Ray.
- MATERNITY AND NURSING HOME :**

A Maternity Home at Aberystwyth.
- MATERNITY MORTALITY :** None.
- INSTITUTIONAL PROVISION FOR UNMARRIED MOTHERS, ILLEGITIMATE INFANTS AND HOMELESS CHILDREN :**

Social Service Institution.
- INSTITUTIONAL PROVISION, IF ANY, FOR THE CARE OF MENTAL DEFECTIVES :** None.
- AMBULANCE FACILITIES :**

Controlled by the Cardiganshire County Council.
- CLINICS AND TREATMENT CENTRES :**

Out-patient Department.—Administered by National Health Service.
Child Welfare and Ante-Natal Clinics.—Held fortnightly at Shiloh Vestry, Lampeter.
School Clinics.—Held annually by the County Medical Officer.
Orthopaedic Clinics.—Administered by County Council. Clinics held at Aberayron.
Tuberculosis Dispensaries.—The Tuberculosis Officer visits the Clinic at Bryn Road weekly and the scheme is conducted under the National Health Service. Unfortunately, owing to the scarcity of beds in the Institutions, cases have often to wait a long time before they can be admitted for sanatorium treatment. Increase use is made of the services of the Association and the Tuberculosis Officer in early diagnosis and general public health.
Treatment Centres for Venereal Diseases.—None provided by the Council. Nearest Centre at Swansea.
Other Clinics and Day Nurseries.—None.

SANITARY CIRCUMSTANCES IN THE AREA.

WATER : There is a satisfactory supply in the Borough both in quality and quantity. Samples are taken monthly.

RIVERS AND STREAMS : No action was found necessary.

DRAINAGE AND SEWERAGE : Sewerage : The drainage of the Town runs into the Creuddyn and thence to the Teify, and a dilution of 1 part of the effluent with 500 parts of the fully oxygenated water is satisfactory.

CLOSET ACCOMMODATION : In Town :—

Number of W.C.'s used in common	0
Number of conversions from Privies to W.C.'s	1
Number of Water Closets (fresh water cistern flushed)	2
Number of Waste Water and Hand-flushed Closets	749
Number of Midden Privies (Dry Closets with fixed receptacles)	3
Number of Pail Closets with moveable receptacles	—
Number of Water Closets used in common and Closet over stream	2
Number of various kinds of closets and cesspools which are situated on the verge of the Town where the public sewer is not available for connection :—	1
Number of W.C.'s (fresh water cistern flushed)	6
Number of Cesspools	5
Number of Pail Closets with moveable receptacles	10
Number of Closets over stream	1
Number of Elsan Closets	1
Number of Water Closets, Cesspools, Pail Systems and Elsan Closets in Country District :—	13
Number of Water Closets (fresh water cistern flushed)	12
Number of Cesspools	2
Number of Elsan Closets	21
Number of Pail Closets with moveable receptacle	21

2 Pail Closets were converted into W.C.'s with Cesspools.

SCAVENGING :

House and Street Refuse collected twice weekly and destroyed by incineration.

Household tins collected fortnightly.

SANITARY INSPECTION OF AREA :

Number of Inspections of Dwelling Houses	36
Number of Inspections of Dairies and Cowsheds	30
Number of Inspections of Milk Carts	Almost Daily.	72
Number of Inspections of Workshops and Bakehouses	Daily.
Number of Inspections of Slaughter Houses	Daily.
Number of Inspections of Meat Shops and Meat Carts	24
Number of Inspections of Schools	2
Number of Houses visited upon Notification of Infectious Diseases	2
Number of Houses disinfected after Infectious Diseases	—
Number of Houses disinfected upon request	Daily.
Number of Inspections of the Reservoir	12
Number of Inspections of Capeli Water Shed	112
Number of Inspections of Refuse Tip	12
Number of Inspections of open Sewer ditches	Almost Daily.
Number of Inspections of Mart Premises	52
Number of Inspections of Public Park	780
Number of Water Inspections	Almost Daily.
Inspections of Public Conveniences	52
Number of Inspections of Fish Shops	26
Olwen Pump House	775
Number of Rats Caught

A part-time Rodent operator has been appointed, who is under the supervision of the Sanitary Inspector.

NOTICES SERVED UNDER THE PUBLIC HEALTH ACTS :

Number of Informal Notices served	4
Number of Informal Notices complied with	4
Number of Statutory Notices served	3
Number of Statutory Notices complied with	2

NEW BUILDINGS :

The following is a summary of the Plans of New Houses approved by you and of the inspections made by the Buildings Inspector during the Year :—

Number of Plans of New Buildings approved of	13
Number of Plans of Alterations and Additions to Buildings approved of	13
Number of Inspections of Dampcourses	3
Number of Inspections of concrete underneath floors	Nil
Number of Inspections of Drains	36
Number of Inspections and tested on completion	6
Length of New Drains tested and inspected on completion	212' x 4"	...

SMOKE ABATEMENT : None.

PREMISES AND OCCUPATIONS WHICH CAN BE CONTROLLED BY BYELAWS OR REGULATIONS : None.

SCHOOLS : All the Schools are provided with Water Closets and adequately supplied with fresh water for flushing purposes.

RAG FLOCKS ACT, 1911 AND 1928 : No action.

HOUSING.

(a) STATISTICS.

NUMBER OF NEW HOUSES ERECTED DURING THE YEAR :

(a) Total (including numbers given separately under (b) :	
(i) By the Local Authority	11 completed
(ii) By other Local Authorities	Nil
(iii) By other Bodies and persons	1 completed
(b) With State assistance under the Housing Acts :	
(1) By the Local Authority :	
(a) For the purpose of 1930 Act	—
(b) For the purpose of Part III. of the Act of 1925	—
(c) For other purposes	—
(2) By other Bodies or persons	—

INSPECTION OF DWELLING HOUSES DURING THE YEAR :

(1) Total number of Dwelling Houses inspected for housing defects (under Public Health or Housing Acts) and the number of inspections made	16
(2) Number of Dwelling Houses which were inspected and recorded under the Housing Act, 1935 and the number of inspections made	6
(3) Number of Dwelling Houses found to be in a state so dangerous or injurious to health as to be unfit for human habitation	1
(4) Number of Dwelling Houses (exclusive of those referred to under the preceding sub-head) found not to be in all respects reasonably fit for human habitation	4
(5) Number of Houses demolished through being unoccupied	Nil

2. REMEDY OF DEFECTS DURING THE YEAR WITHOUT SERVICE OF FORMAL NOTICES :

Number of defective Dwelling Houses rendered fit in consequence of informal action by the Local Authority or their Officers	1
A.—Proceedings under Public Health Acts :	
(1) Number of Dwelling Houses in respect of which notices were served requiring defects to be remedied	2
(2) Number of Dwelling Houses in which defects were remedied after service of formal notices :	
(a) By Owners	Nil
(b) By Local Authority in default of Owners	Nil

3. ACTION UNDER STATUTORY POWERS DURING THE YEAR:

B.—Proceedings under Sections 11, 14 and 15 of the Housing Act, 1925 :

(1) Number of representations made with a view to the making of Closing Orders	—
(2) Number of Dwelling Houses in respect of which Closing Orders were made	—
(3) Number of Dwelling Houses in respect of which Closing Orders were determined, the Dwelling Houses having been rendered fit	—
(4) Number of Dwelling Houses in respect of which Demolition Orders were made	—
(5) Number of Dwelling Houses demolished in pursuance of Demolition Orders	—

No action was taken by the Council under the Housing Act, 1930

4. NUMBER OF HOUSES OWNED BY THE LOCAL AUTHORITY :

(1) Built and held under Part III. of Housing Act, 1925	—
(2) Built and held under Part II. of Housing Act, 1925	—
(3) Built and held under other powers	36

(b) HOUSING CONDITIONS.

1. New Houses completed—12.

2. SUFFICIENCY OF SUPPLY OF HOUSES : Nil.

3. OVERCROWDING : Nil.

4. UNHEALTHY AREAS :

Extent to which areas of the district are unhealthy.—There are no unhealthy areas in the district.
Information as to (a) Complaints received—None ; (b) Representations made—None ; (c) Action taken—None.

5. BYELAWS RELATING TO :—

(a) Houses—Yes ; (b) Houses let in lodgings—Nil ; (c) Tents, vans, sheds, etc.—Nil.

INSPECTION AND SUPERVISION OF FOOD.

(a) MILK SUPPLY :

There were 30 Inspections of Dairies and Cowsheds ; Milk Carts inspections daily.
Milk Supply :—There are 5 Producer Retailers.

(b) MEAT AND OTHER FOODS :

Number of animals slaughtered :—Cattle, 772 ; Calves, 927 ; Pigs, 235 ; Sheep, 8,329.
Total of various kind of meat and edible offals condemned were :—32,777.
In addition, 438 Tins of Preserved Food and 7 Packets of Quaker Oats were condemned at Multiple Stores and 73 Tins of Preserved Food and 46 lbs. of Gammon at Private Retailers.

- (c) **ADULTERATION.** Action taken under :—
 Food and Drugs (Adulteration) Act, 1928.—None.
 The Artificial Cream Act, 1929.—None.
 Public Health (Condensed Milk) Regulations, 1923 and 1927.—None.
 Public Health (Dried Milk) Regulations, 1923 and 1927.—None.
 Public Health (Preservatives, etc., in Food) Regulations, 1925-1927.—None.
- (d) **NUTRITION :** General nutrition of the inhabitants is good.

MILK (SPECIAL DESIGNATIONS) ORDER 1936.

27 Samples were taken for Bacteriological Examination—15 were satisfactory ; 12 were unsatisfactory.
 20 Samples of Pasteurised Milk were taken from Purveyed Retailers and they all conformed with the prescribed standard, and in addition the sampling of all the Local Milk is undertaken as well every fortnight by the County Agricultural Committee.
 38 Samples of Ice Cream were taken for Bacteriological Examination—31 of them were certified in Grade 1, 4 in Grade 2, 2 in Grade 3, and 1 in Grade 4.
 12 Samples of the Town Water Supply was taken for Bacteriological Examination, 10 of them were satisfactory and 2 unsatisfactory.

PREVALENCE OF AND CONTROL OVER, INFECTIOUS AND OTHER DISEASES.

One Sample of the Town Sewerage was taken. It did not conform to the Standard of the Royal Commission.

GENERAL :

The District has been practically free from infectious diseases during the year.
 No cases of Encephalitis Lethargica, Malaria, Dysentery, or Trench Fever were notified during the year.
 Diphtheria Antitoxin is supplied free to Medical Practitioners by the Council.
 Examinations of Pathological and Bacteriological specimens are made by the Emergency Medical Service.
 Reports of the non-notifiable Infectious Diseases are sent to me by the Head Teachers of the Schools, such as Impetigo, Influenza, Whooping Cough, Vermin, etc. These children are excluded from School until free from infection.
 There were no cases of Anthrax or Rabies.
 Facilities are provided by the Council for the cleansing and disinfection of verminous persons and their belongings at the Temple Buildings, where there is a steam disinfectant.
 All the houses at which Infectious Diseases were notified were visited by the Sanitary Inspector and disinfected.

NOTIFIABLE DISEASES (OTHER THAN TUBERCULOSIS) DURING THE YEAR 1949.

Nil.

TUBERCULOSIS.

NEW CASES AND MORTALITY DURING 1949.

Nil.

ACTION TAKEN UNDER THE PUBLIC HEALTH (PREVENTION OF TUBERCULOSIS) REGULATIONS, 1925.

No action was taken under Articles, 3, 5, and 6 of the Regulations.
 No compensation was paid.

UNDER SECTION 62 OF THE PUBLIC HEALTH ACT, 1925.

No action was taken.

SUMMARY.

BLOOD TRANSFUSION SERVICE :

A most satisfactory response was received by the Blood Transfusion Service for volunteers for Blood Transfusion. Approximately 50 pints of blood was collected. Arrangements were carried out by the local Red Cross and St. John's Ambulance Division.

MILK :

Samples were taken fortnightly and any lapse in the keeping qualities was dealt with.

I am, your obedient Servant,

EVAN EVANS,
 Medical Officer of Health.