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### Contributors

Lampeter (Wales). Borough Council.

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# BOROUGH OF LAMPETER.

### Annual Report of the Medical Officer of Health.

### MR. MAYOR, ALDERMEN AND COUNCILLORS,-

I beg to submit to you the Report for the Year 1948, together with the Table of Vital Statistics.

### STATISTICS AND SOCIAL CONDITIONS OF THE AREA.

Area (in acres)					 	1,648
Population (Census 1931)					 	1,742
Estimated Population (Mid. 193	38)				 	2,114
Number of inhabited houses (19	931)				 	521
Number of inhabited houses (en	nd of 1937	) accord	ing to R	ate Books	 	645
Number of families or separate	occupiers	(Census	1931)		 	502
Rateable Value	unaniti ca			I	 	£9,006
Sum represented by a penny rat	te			pression and	 	£38
Number of inhabited houses (er Number of families or separate Rateable Value	d of 1937 occupiers	) accord (Census 	ing to R 1931) 	ate Books  	 	645 502 £9,006

### EXTRACTS FROM VITAL STATISTICS OF THE YEAR.

Live Births	{Legitimate	 	 100 ente	Total. 13	Male. 5	Female.	
Still Births	Comparent la la ca		 		_		
Deaths	og hereinen hore	 	 	35	14	21	

Number of women dying in, or in consequence of childbirth : from Sepsis, Nil ; other causes, Nil.

Death Rate of Infants under one year of age : Legitimate, 1 : Illegitimate, Nil. Total : 1.

Death from Measels (all ages) : Nil.

Deaths from Diarrhoea (under 2 years of age) : Nil. Deaths from Diarrhoea (under 2 years of age) : Nil. Particulars of any unusual or excessive mortality during the year which was received or required comment. Nil.

#### GENERAL PROVISION OF HEALTH SERVICES IN THE AREA.

1. PUBLIC HEALTH OFFICERS OF THE AUTHORITY :

- (a) Medical—Part time Medical Officer of
   (b) Others—Full time Sanitary Inspector. Medical-Part time Medical Officer of Health.

2. NURSING IN THE HOME. NATURE OF THE ARRANGEMENTS IN THE AREA :

(a) General-Two local Nurses supervise the District as Health Visitors. Both have the C.M.B. qualification and the Senior Nurse is a fully trained Hospital Nurse. These Nurses are subsidized by the County Council.

(b) Infectious Diseases-County Isolation Hospital, Tanybwlch.

3. MIDWIVES :

Number of Midwives practising in the area-2. The Council do not employ or subsidise Midwives practising in the District.

- NATIONAL HEALTH INSURANCE : 4.
- Administered by the Cardiganshire Insurance Committee up to July 5th, and then taken over by the Executive Council of the National Health Service.
- 5. POOR LAW MEDICAL OUT RELIEF :

Administered by the Cardiganshire Social Services Committee up to July 5th, and then taken over by the Executive Council of the National Health Service.

- 6. LABORATORY FACILITIES :
- The Laboratory work is done by the E.M.S. Pathological Laboratory Aberystwyth, and also by the M.O.H. 7. LEGISLATION IN FORCE :
  - Infectious Diseases (Prevention) Act, 1890, Section 4. Public Health Act (Amendment Act), 1890, Part III. Bye-Laws relating to New Buildings.

8. HOSPITALS :

Cardiganshire General Infirmary, Aberystwyth, and Aberayron Cottage Hospital. Facilities are available at the above Hospitals for Operative Surgery and X-Ray. X-Ray Apparatus : private property of the M.O.H.

9. MATERNITY AND NURSING HOME :

A Maternity Home at Aberystwyth.

10. MATERNITY MORTALITY : None.

11. INSTITUTIONAL PROVISION FOR UNMARRIED MOTHERS, ILLEGITIMATE INFANTS AND HOMELESS CHILDREN : Social Service Institution.

12. INSTITUTIONAL PROVISION, IF ANY, FOR THE CARE OF MENTAL DEFECTIVES : None.

13. AMBULANCE FACILITIES :

 (a) For infectious cases—None.
 (b) For non-infectious cases and accident—Two Ambulances owned and staffed by the Lampeter Division of the St. John's Ambulance Association until July 5th, when it was contracted to the Cardiganshire County Council under the New Health Service.

There is a very efficient First Aid Service in the Borough. The Division has dealt with over 1,685 cases since the foundation of the Ambulance Scheme. The members of the Division deserve the highest praise for their Voluntary work.

14. CLINICS AND TREATMENT CENTRES :

Out-patient Department (under control of the Local Authority) .-- Administered by County Council at Aberystwyth Hospital.

Maternity and Child Welfare Centres .- There is a Maternity and Child Welfare Centre in the district which is well attended. It is held every other week at Shiloh Vestry, Lampeter. The Welfare Centre and the School Clinic are linked up with the Infirmary and the Maternity Home at Aberystwyth, where all cases requiring observation and special treatment are sent.

Ante-Natal Clinics .- Administered by County Council in conjunction with the Maternity and Child Welfare Centre.

School Clinics.—Held annually by the County Medical Officer. Orthopaedic Clinics.—Administered by County Council. Clinics held at Aberayron. Tuberculosis Dispensaries.—None provided by this Council. The Tuberculosis Officer visits the Clinic at Bryn Road weekly and the scheme is conducted under the Welsh National Memorial Association. Unfortunately, owing to the scarcity of beds in the Institution of the Welsh National Memorial Association, cases have often to wait a long time before they can be admitted for sanatorium treatment. Increase use is made of the services of the Association and the Tuberculosis Officer in early diagonsis and general public health. I would like to see the Council take more active interest in the after-care of cases of tuberculosis.

Treatment Centres for Venereal Diseases .- None provided by the Council. Nearest Centre at Swansea. Other Clinics and Day Nurseries .--- None.

### SANITARY CIRCUMSTANCES IN THE AREA.

WATER : There is a satisfactory supply in the Borough both in quality and quantity. Samples are taken monthly. RIVERS AND STREAMS : No action was found necessary.

DRAINAGE AND SEWERAGE: Sewerage: The drainage of the Town runs into the Creuddyn and thence to the Teify, and a dilution of 1 part of the effluent with 500 parts of the fully oxygenated water is satisfactory.

CLOSET	ACCOMMODATION : In Town :						
	Number of W.C.'s used in common						1
	Number of conversions from Privies to W.C.'s						2
	Number of Water Closets (fresh water cistern flushed)						619
	Number of Waste Water and Hand-flushed Closets						3
	Number of Midden Privies (Dry Closets with fixed recept	otacles)					-
	Number of Pail Closets with moveable receptacles						2
	Number of Water Closets used in common and Closet or	ver stream	n				1
	Number of various kinds of closets and cesspools which where the public sewer is not available for comnect Number of W.C.'s (fresh water cistern flushed) Number of Cesspools Number of Pail Closets with moveable receptables Number of Closets over stream Number of Elsan Closets	are situa ion :  	  	• verge o   	  	vn   	6 5 10 1
	Number of Water Closets, Cesspoors, Pail Systems and J Number of Water Closets (fresh water cistern flushed) Number of Cesspools Number of Elsan Closets Number of Pail Closets with moveable receptable		sets in Co   	untry Di   	istrict :—   		9 8 2 24

Note one of the above Pail Closets with moveable receptables cannot be connected with the public sewer on account of low elevation which is situated in the Town.

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SCAVENGING : House and Street Refuse collected twice weekly and destroyed by incineration. Household tins collected fortnightly.

SANITARY INSPECTION OF AREA :						
Number of Inspections of Dwelling Houses						46
Number of Inspections of Dairies and Cowsheds						30
Number of Inspections of Milk Carts					Almost	Daily.
Number of Inspections of Workshops and Bakeho	uses					72
Number of Inspections of Slaughter Houses						Daily.
Number of Inspections of Meat Shops and Meat C	arts					Daily.
Number of Inspections of Schools						24
Number of Houses visited upon Notification of In	fectious Dis	eases				7
Number of Houses disinfected after Infectious Dis	eases					7
Number of Houses disinfected upon request						-
Number of Inspections of the Reservoir						Daily.
Number of Inspections of Capeli Water Shed						12
Number of Inspections of Refuse Tip						52
Number of Inspections of open Sewer ditches						12
Number of Inspections of Mart Premises					Almost	Daily.
Number of Inspections of Public Park						52
Number of Water Inspections						740
Inspections of Public Conveniences					Almost	Daily.
Number of Inspections of Fish Shops						52
Olwen Pump House						26
Number of Rats Caught						1,087
A part-time Rodent operator has been apport Inspector.	inted, who	is under t	he super	vision of	the Sani	itary
NOTICES SERVED UNDER THE PUBLIC HEALTH ACTS :						
Number of Informal Notices served						7
Number of Informal Notices complied with						7
Number of Statutory Notices served						3
Number of Statutory Notices complied with	and in the					Nil
ramor of morenery remove on part and	and the second state					
New Buildings :						
The following is a summary of the Plans of New Ho	uses approve	ed by you a	and of the	e inspect	ions made	by
the Buildings Inspector during the Year :				11.1		
Number of Plans of New Buildings approved of						11
Number of Plans of Alterations and Additions to		pproved of				11
Number of Inspections of Dampcourses						23
Number of Inspections of concrete underneath floo	ors					Nil
Number of Inspections of Drains						38
Number of Inspections and tested on completion						94

SMOKE ABATEMENT : None.

PREMISES AND OCCUPATIONS WHICH CAN BE CONTROLLED BY BYELAWS OR REGULATIONS : None.

SCHOOLS : All the Schools are provided with Water Closets and adequately supplied with fresh water for flushing purposes.

Length of New Drains tested and inspected on completion  $\dots \qquad \dots \qquad 846' \times 6''$  and  $1,087' \times 4''$ 

RAG FLOCKS ACT, 1911 AND 1928 : No action.

### (a) STATISTICS.

### HOUSING.

NUMBE	R OF N	EW HOUSES ERECTED DURING	THE YEA	AR:				
(	(a) To	tal (including numbers given s	separatel	y under	(b) :			
		By the Local Authority				 	 11 comp	oleted
	(11)	By other Local Authorities	5			 	 	Nil
	(iii)	By other Bodies and persons				 	 1 com	pleted
(		th State assistance under the l	Housing	Acts :				
	(1)							
		(a) For the purpose of 1930	Act			 	 	
		(b) For the purpose of Part	III. of th	he Act of	1925	 	 	-
		(c) For other purposes				 	 	
	(2)	By other Bodies or persons				 	 	-

IN	SPECTION OF DWELLING HOUSES DURING THE YEAR :	
	(1) Total number of Dwelling Houses inspected for housing defects (under Public Health of Housing	-
'	the second state and the second secon	2
	1	7
	and the second to be in a state so dangerous or initiations to nearth as to be unit	
	a to be believed and the second s	1
	The line Henree (exclusive of those referred to under the preceding sub-head) found not	
	(4) Number of Dweining Houses (exclusive of those for first to under the presenting the present of the present	4
	and a construction of the second state of the second secon	1
	(5) Number of Houses demonshed through being anoccupied	
~	REMEDY OF DEFECTS DURING THE YEAR WITHOUT SERVICE OF FORMAL NOTICES :	
2.	REMEDY OF DEFECTS DURING THE TEAR WITHOUT DERIVED OF Consequence of informal action by the Local Number of defective Dwelling Houses rendered fit in consequence of informal action by the Local	
	Authority on their Officers	1
	Authority or their Officers	
	<ul> <li>A.—Proceedings under Fuble Freath Acts.</li> <li>(1) Number of Dwelling Houses in respect of which notices were served requiring defects to be</li> </ul>	
	(1) Number of Dwening Houses in respect of which notices were set out of the	3
	remedied (2) Number of Dwelling Houses in which defects were remedied after service of formal notices:	
	(2) Number of Dwelling Houses in which defects were remedied after so vice of format netters	-
		_
	(b) By Local Authority in default of Owners	
100	O DOWNER NUMBER OF VEAP	
3.	ACTION UNDER STATUTORY POWERS DURING THE YEAR: B.—Proceedings under Sections 11, 14 and 15 of the Housing Act, 1925 :	
	at a constant and a math a more to the making of Liosing Urders	_
		-
	The second of which Closing Orders were deterining the	
	(3) Number of Dwelling Houses in respect of which closing orders were determined, the	_
	Dweining House I Have in respect of which Demolition Orders were made	_
		_
	(5) Number of Dwelling Houses demonstret in pursuance of Domonton of data in the	
	No action was taken by the Council under the Housing Act, 1930	
	The second Augure Desit Augure Desite a	
4.	NUMBER OF HOUSES OWNED BY THE LOCAL AUTHORITY :	
	(1) Built and held under Fart 111. Of HOusing Move to ave	_
	(2) Built and held under Fart II. of Housing Rev, 1020	11
	(3) Built and held under other powers	

(b) HOUSING CONDITIONS.

1. New Houses completed-12.

2. SUFFICIENCY OF SUPPLY OF HOUSES : Nil.

- 3. OVERCROWDING : Nil.
- 4. FITNESS OF HOUSES : Nil.

5. UNHEALTHY AREAS :

Extent to which areas of the district are unhealthy.—There are no unhealthy areas in the district. Information as to (a) Complaints received—None ; (b) Representations made—None ; (c) Action taken— None.

6. BYELAWS RELATING TO :-(a) Houses—Yes; (b) Houses let in lodgings—Nil; (c) Tents, vans, sheds, etc.—Nil.

### INSPECTION AND SUPERVISION OF FOOD.

(a) MILK SUPPLY : There were 30 Inspections of Dairies and Cowsheds ; Milk Carts inspections daily. Milk Supply :- There are 5 Producer Retailers.

(b) MEAT AND OTHER FOODS :

There is one Public Slaughter House in the town, owned by the Corporation ; daily visits were made during the year. Periodically lime-washed and adequately flushed, with the improvements already made, the Slaughter House has now been brought up to the requirements of the Ministry of Health.

The refuse is carried away daily. Number of animals slaughtered :—Cattle, 770; Pigs, 217; Calves, 979; Sheep, 6,474. Total of meat and principle organs condemned were :—15,200 lbs. In addition, the following were condemned at Private Retailers and Multiple Stores :—120 tins of Pre-served Food, 70 of Wet Fish and 28 of Kippers.

The present system of slaughtering is satisfactory and a thorough inspection of Meat is carried out before disbursement.

(c) ADULTERATION. Action taken under :-

Food and Drugs (Adulteration) Act, 1928 .- None.

The Artificial Cream Act, 1929.—None. Public Health (Condensed Milk) Regulations, 1923 and 1927.—None. Public Health (Dried Milk) Regulations, 1923 and 1927.—None.

Public Health (Preservatives, etc., in Food) Regulations, 1925-1927 .- None.

(d) NUTRITION :General nutrition of the inhabitants is good.

### MILK (SPECIAL DESIGNATIONS) ORDER 1936.

30 Samples were taken for Bacteriological Examination—21 were satisfactory; 9 were unsatisfactory. 23 Samples were taken from Purveyed Retailers and they all conformed with the prescribed standard. and in addition the sampling of all the Local Milk is undertaken as well every fortnight by the County Agricultural Committee.

10 Samples of Ice Cream were taken for Bacteriological Examination-5 of them were certified in Grade 1 and 5 were certified in Grade 2.

12 Samples of the Town Water Supply was taken for Bac. Ex.--all were satisfactory.

### PREVALENCE OF AND CONTROL OVER, INFECTIOUS AND OTHER DISEASES.

One Sample of the Town Sewerage was taken. It did not conform to the Standard of the Royal Commission.

### GENERAL

The District has been practically free from infectious diseases during the year, except for an outbreak of measles.

No cases of Encephalitis Lethargica, Malaria, Dysentry, or Trench Fever were notified during the year. Diphtheria Antitoxin is supplied free to Medical Practitioners by the Council.

Examinations of Pathological and Bacteriological specimens are made by the Emergency Medical Service. Reports of the non-notifiable Infectious Diseases are sent to me by the Head Teachers of the Schools, such as Impetigo, Influenza, Whooping Cough, Vermin, etc. These children are excluded from School until free from infection.

There were no cases of Anthrax or Rabies. Facilities are provided by the Council for the cleansing and disinfection of verminous persons and their belongings at the Temple Buildings, where there is a steam disinfector.

All the houses at which Infectious Diseases were notified were visited by the Sanitiary Inspector and disinfected.

#### Analysis of Total Cases notified. Cases admitted to Hospital. Deaths Cas ified. Under 1 year over 20 years 35 years 45 years 65 years 15 years years 10 years years yen 5 years 1-2 years Total Disease Total Bud 33 2-3 3-4 10 12 -5 20 10 100 10 Small Pox ..... ... Scarlet Fever ..... .... .... ... Diphtheria ..... ... ... . . . ... ... .... .... ... Enteric Fever (including Paratyphoid) ..... ... ... Puerperal Fever..... ... ... ... ... ... .... ... .... ... Puerperal Pyrexia..... ... ... ... Pneumonia ..... 1 1 ... .... .... Other diseases generally notifiable :-Measles ..... 1 2 3 .... .... ... .... 100 Erysipelas ... ... ... ... ... ... Other diseases notifiable locally :-Chicken Pox 2 1 3 ... 5 .... .... ï Whooping Cough ..... 5 11 ... ... .... ... .... ... .... Polionyelitis .....

### NOTIFIABLE DISEASES (OTHER THAN TUBERCULOSIS) DURING THE YEAR 1948.

#### PREVENTION OF BLINDNESS :

No action was taken by the Council under Section 66 of the Public Health Amendment Act, 1925, for the prevention of blindness or for the treatment of persons suffering from any disease or injury to the eyes.

### TUBERCULOSIS.

#### NEW CASES AND MORTALITY DURING 1948.

1		NEW (	ASES.			DEA	THS.	
Respira	Arra Davi	atory.	No Respir		Respire	atory.	No Respir	
М.	Age Peri	F.	<b>M</b> .	F.	М.	F.	М.	F.
Self. A	of a first of	ar w	indat i	in day	1111-111	11	12-26	A service of
				1 0				
1	-24 .	2						
		2						1
2								
	and upw							
3	Total	4				• •••		1
	La rea arteres				2 4	2 4	2 4	

Action Taken Under The Public Health (Prevention of Tuberculosis) Regulations, 1925. No action was taken under Articles, 3, 5, and 6 of the Regulations. No compensation was paid.

UNDER SECTION 62 OF THE PUBLIC HEALTH ACT, 1925. No action was taken.

#### SUMMARY.

NATIONAL HEALTH SERNICE.

Since July 5th, 1948, all Hospitals in the area and the Ambulance Service has been taken over by the National Health Service.

IMMUNISATION :

The greatly increased number of parents who have availed themselves of the Government Scheme for the immunisation of children against diphtheria is most satisfactory, nearly 100% of the children have already been immunised.

SMALL POX :

A certain number of service personnel returning from overseas were notified by the Port Authority to be Small Pox contacts. These were kept under close observation pending the expiry of the incubation period.

BLOOD TRANSFUSION SERVICE :

A most satisfactory response was received by the Welsh Board of Health for volunteers for Blood Transfusion. Approximately 100 pints of blood was collected. Arrangements were carried out by the local Red Cross and St. John's Ambulance Division.

#### NUTRITION :

During the period of National Food Rationing the general health of the County was satisfactory and there were no cases of malnutrition.

#### MILK :

Samples were taken fortnightly and any lapse in the keeping qualities was dealt with.

I am, your obedient Servant,

EVAN EVANS, Medical Officer of Health. Digitized by the Internet Archive in 2016 with funding from Wellcome Library

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