# [Report 1954] / Medical Officer of Health, Hay R.D.C.

#### **Contributors**

Hay (Wales). Rural District Council.

### **Publication/Creation**

1954

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HAY RURAL DISTRICT COUNCIL

REPORT

of the

MEDICAL OFFICER OF HEALTH

for the year 1954.



# Officials.

Medical Officer of Health......T.C.R.George, M.R.C.S., L.R.C.P., D.P.H.

### Hay Rural District Council

### Report of the Medical Officer of Health

#### 1954.

Mr. Chairman, Lady and Gentlemen, I beg to present my annual report on the sanitary conditions and the state of the public health in the Hay Rural District during the year 1954.

In the preparation of this report I have endeavoured to deal briefly with all matters within my responsibility regarding public health and preventive medicine and I have included all the subjects specifically requested by the Welsh Board of Health in Circular 28/54 (Wales).

# Section 1. General and Vital Statistics.

### Statistical summary for the year 1954.

Area	53 acres.
Population (Census 1951)	60
Population (Patinoted of Midday of 1054)	00.
Population (Estimated at Midsummer 1954)	30.
Number of inhabited houses9	80.

Live Births.	Males.	Females.	Total.	Rate per 1000 pop.
Legitimate Illegitimate	31 3	33	64	
. 0.03	34	33	67	18.2
Still Births.	0	0	0	0.
Deaths from all causes.	41	46	87	23.6

Rate per 1000 live births....12.8

# Deaths from special causes.

Infectious disease	
Tuberculosis of respiratory sy	stem2.
Other tuberculous disease	
Cancer	

Area. The Rural District of Hay, which has an area of 39,153 acres forms part of the County of Breconshire. This district is situated in the northern part of the County and is agricultural in nature with farming as the predominant occupation of the residents. There are no large towns in the district, but in the district are two large hospitals, the Mertal Hospital at Talgarth and the South Wales Sanatorium at Bronllys.

Population. Census1931......4028 

1944. 1945. 1946. 1947. 1948. 1949. 1950. 1951. 1952. 1953. 1954.

3535, 3390, 3269, 3327, 3654, 3655, 3745, 3657, 3647, 3711, 3680,

The above figures are the Registrar General's estimated figures for the various years.

The number of inhabited houses in the district was 980 giving an average number of 3.7 persons per house.

| Births.               | Males. | Females. | Total. | Rate.   |
|-----------------------|--------|----------|--------|---------|
| 1940                  | 17     | 34       | 51     | 12.2    |
| 1941                  |        |          |        | 717 - 1 |
| 1942                  |        |          |        |         |
| 1943                  |        |          |        |         |
| 1944                  | 29     |          | 62     | 17.4    |
| 1945                  |        |          |        |         |
| 1946                  | 17     | 24       | 41     | 12.5    |
| 1947                  | 26     | 28       | 54     | 16.2    |
| 1948                  | 32     | 27       | 59     | 17.6    |
| 1949                  | 27     | 34       | 61     | 16.7    |
| 1950                  | 32     | 20       | 52     | 13.9    |
| 1951                  | 30     | 22       | 52     | 14.3    |
| 1952                  | 22     | 21       | 43     | 11.7    |
| 1953                  | 18     | 28       | 46     | 11.8    |
| 1954                  |        |          |        |         |
| England and Wales, 19 | 54     |          |        | 15.2    |

It will be observed that the birthrate for the year under review was higher than the average for the whole of England and Wales.

Deaths.After taking into account the outwardly and inwardly transferable deaths the net number of deaths registered amongst residents in the district is shown below:-

|  | Males.       | Females.         | Total.    | Rate.        |  |
|--|--------------|------------------|-----------|--------------|--|
| 1940                                       | 27           | 33               | 60        | 14.4         |  |
| 1941                                       | 24           | 25               | 49        | 11.1         |  |
| 1942                                       | 19           | 18               | 37        | 9.2          |  |
| 1943                                       | 22           | 14               | 36        | 9.4          |  |
| 1944                                       |              |                  |           |              |  |
| 1945                                       |              |                  |           |              |  |
| 1946                                       |              |                  |           |              |  |
| 1947                                       |              |                  |           |              |  |
| 1948                                       |              |                  |           |              |  |
| 1949                                       |              |                  |           |              |  |
| 1950                                       |              |                  |           |              |  |
| 1951                                       |              |                  |           |              |  |
| 1952                                       |              |                  |           |              |  |
| 1953                                       |              |                  |           |              |  |
| 1954                                       |              |                  |           |              |  |
| England and Wales, 195                     |              |                  |           |              |  |
| The death-rate for 19 whole of England and | 54 was there | fore higher than | n the ave | rage for the |  |
| Still Births.                              | Males.       | Females.         | Total     | Rate.        |  |
|  | 100          |                  |           |              |  |

| Still Births.            | Males. | Females. | Total | Rate. |
|--------------------------|--------|----------|-------|-------|
| 1940                     | 0      | 0        | 0     | 0.    |
| 1941                     |        |          | 2     | 0.4   |
| 1942                     | 4      |          | 5     | 1.2   |
| 1943                     | 2      | 0        | 2     | 0.5   |
| 1944                     |        | 1        | 2     | 0.6   |
| 1945                     |        |          | 1     | 0.3   |
| 1946                     | 2      | 0        | 2     | 0.6   |
| 1947                     | 1      |          | 1     | 0.3   |
| 1948                     | 0      | 2        | 2     | 0.6   |
| 1949                     | 1      | 1        | 2     | 0.54  |
| 1950                     | 0      |          | 0     | 0.    |
| 1951                     | 0      | 2        | 2     | 0.54  |
| 1952                     | 1      | 0        |       | 0.27  |
| 1953                     | 2      | 0        | 2     | 0.54  |
| 1954                     | 0      | 0        | 0     | 0.    |
| England and Wales, 1954. |        |          |       | 24.   |

The still-birth rate was therefore lower than the average for the whole of England and Wales, and was per 1000 live and still births.

Infantile Mortality. This is the number of deaths occurring in children of under one year of age. The rate is calculated per 1000 live births.

|   | Males.            | Females. | Total.              | Rate. |
|---|-------------------|----------|---------------------|-------|
| 1940                                    | 0                 |          | 4                   | TIO.  |
|   |                   |          | 72                  | 4.00  |
|   |                   | 0        | 9                   | 10    |
|   |                   | 0 -      | 0                   | 20    |
|   | 0                 | 0        | 0                   | 0     |
|   |                   |          | 0                   | 20    |
| 202000000000000000000000000000000000000 |                   | 0        | 0                   | 10    |
| 1947                                    | 2                 | 0        | 2                   | 36.   |
| 1948                                    |                   |          | • • • • 4 • • • • • | 67.   |
| 1950                                    | 4                 | ******   | 2                   | 32.   |
|   |                   |          | 72                  | En    |
|   | ()                | 0        | ^                   | 0     |
|   | 0                 | 7        | 7                   | 03 0  |
|   |                   |          | 7                   | 300   |
| England and Wales, 1954                 | • • • • • • • • • |          |                     | 25.5  |

The infantile mortality rate was therefore lower than the average for the whole of England and Wales.

This one death occurred in a child of under 4 weeks old.

| Analysis of Causes of Deaths.  | Males 41.                             | Females46. |
|--|---------------------------------------|------------|
| the first the same of the same | Males.                                | Females.   |
| Tuberculosis, respiretory  |                                       |            |
| Tuberculosis, respiratory Malignant neoplasm, stomach Malignant neoplasm, uterus   | · · · · · · · · · · · · · · · · · · · | 0.         |
|  |                                       |            |
|  |                                       |            |
|  |                                       |            |
|  |                                       |            |
|  |                                       |            |
|  |                                       |            |
| The state of the bound of the state of the s |                                       | 7.0        |
| The state of the s |                                       |            |
| Influenza Bronchitis Ulcer stomach   |                                       | 1.         |
| The state of the s |                                       | ^          |
| The state of the property of the state of th |                                       |            |
|  |                                       |            |
|  |                                       |            |
| The same of the sa |                                       | ^          |
|  |                                       |            |
|  |                                       |            |
| The deaths are classified under the abridged list of causes of deaths.   | headings given i                      | n the new  |
|  |                                       |            |

Illegitimacy. The number of illegitimate births registered as belonging to residents in the district during 1954 amounted to three.

Maternal Mortality. There were no deaths during the year which could be attributed to childbirth.

Section 2. General Provisions of Health Services.

Public Health Officers. There was no change in the public health officers during the year, Mr. G. G. Evans remained as your Sanitary Inspector.

Laboratory Facilities. During the year laboratory facilities were available at Cardiff, Newport, Carmarthen, Swansea, Aberystwyth and Brecon. All water samples were sent to the Public Health Laboratory at Hereford, whilst any investigation required in the control of infectious disease were performed by the Public Health Laboratory at Cardiff. All the milk sampling was done by the Public Health Laboratory at Hereford.

Ambulance Facilities. As a result of the National Health Service Act, 1946, the County Council were responsible for the provision of an ambulance service and made use of the existing St. John's ambulance for general use while ambulances from Merthyr Isolation Hospital conveyed patients suffering from infectious disease to hospital.

Home Nursing. Under the National Health Service Act, 1946, the County Council were responsible for the provision of home nursing facilities. The nurses previously partly employed by various district nursing associations were whole time employees of the County Council.

Treatment Centres and Clinics. Maternity and Child Welfare Clinics, administered by the County Council, are held regularly at Hay and Talgarth. Ante natal clinics and facilities for the treatment of minor ailments, immunisation, dental, orthopaedic and eye defects are also available.

Hospitals. The hospital needs of the residents of the district for all diseases apart from infectious disease, are provided for by the Brecon War Hemorial Hospital. A certain number of cases are also admitted into Hereford Hospital. Merthyr Isolation Hospital and

Hereford Isolation Hospital receive cases of infectious disease.

For the treatment of cases of smallpox arrangements have been made by the Wolsh Board of Health for beds to be available at the Penrhys Hospital, Rhondda.

Disinfection. In the main the methods used for any required disinfection have been fumigation and spraying.

Section 3. Maternity and Child Welfare.

These services are administered by the County Council and include clinics for maternity and child welfare, immunisation, dental, orthopaedic and eye treatment and for expectant mothers. Provision is also made for the provision of free and cheap rate milk and medicinal foods. The supervision of midwives, child life protection and the care of premature and illegitimate infants is also the responsibility of the County Council.

Section 4. Sanitary Circumstances.

am indebted to your Sanitary Inspector for the reports on water supplies, sewerage and workings of the Factories Acts which are included in this section of the Report.

Water Supplies. Water has been satisfactory in quantity during the year for those dwellings below the Ordnance contour of 500 feet, but most unsatisfactory for the majority of the dwellings above this height. The wet season helped considerably in the

maintenance of the supplies.

The scheme previously submitted by a Consulting Engineer was considered during the year but real progress seems very slow.

In the district there are 18 water supplies serving six dwellings or more by pipes either into the dwellings or to standpipes. Of these 18 supplies, 6 are owned by the Council. There are 178 supplies serving 5 dwellings or less and 68 of these are piped supplies, the remaining 110 being either pumps or springs.

Details of the water supply for each parish is given below:-

1. Aberllynfi. The quantity of water in this parish has been satisfactory during the year. The Council own the supply known as the Lodge serving the hamlet of Three Cocks. All the houses in this parish have water pipes inside the house. No samples were submitted.

2. Bronllys. There are two public supplies in this parish. One of these is owned by the Welsh Regional Hospital Board and this supplies the sanatorium and all dwelling houses on the estate. The other supply is owned by the Council and water is drawn from springs under the Minfield bank and is not treated. This supply is augmented from the Talgarth supply during periods of drought. 100 dwellings are served from this supply. There are 13 other supplies in this parish, all privately owned. I sample of water was sent for analysis during the year and this was very satisfactory.

3. Glynfach and the Usk Valley Portion of Trogoyd and Velindre. There are ten private supplies in this area, three are piped into four dwellings, none are treated, and the other seven are simply running springs near the small-holdings. It would not be difficult in this area to find sufficient water to give each dwelling a piped supply. The distances to be piped would be considerable but this should not deny the public a wholesome supply of water. No samples of water were submitted during the year.

4. Hay Rural. 14 houses in this parish are served with a piped supply from the Council's supply at Llanigon. This water is not treated. There are 21 other supplies in the parish and of these 8 are piped. One dwelling has to obtain water from a source 200 yards away. No samples were submitted.

5. Llanelieu. There are 15 dwellings in this parish, 10 in the Wye Valley and 5 in the Usk Valley and all have a piped supply laid on but are served from 9 different sources. No samples were sent for analysis during the year.

6. Llanigon. The village of Llanigon is served by a public water supply owned by the Council. Springs are collected to a service reservoir but the water is not treated. These sources supply 32 dwellings with water laid on and 10 dwellings from a stand-pipe. There are 8 other supplies in the parish and 6 of these are piped. Eleven are supplied with water from a considerable distance, 7 over 150 yards, 2 over 200 yards and 2 take a supply from open streams.

Four samples were examined during the year from private

supplies, three were unsatisfactory and one suspicious.

Sixteen dwellings in this parish situated over the 500 feet contour are badly in need of water for domestic use and the attention of the Council is drawn to this.

7. Llyswen. Of the 60 dwellings in this parish, 42 have water laid on, 14 are served by standpipes and 4 are served by pumps.
37 dwellings are supplied by the Council and this water is not treated. One samples was submitted for analysis during the year and this was unsatisfactory.

8. Pipton. There are 11 private supplies in this parish and of these 7 are piped supplies serving some 12 dwellings. No water is treated. The other dwellings are served by individual pumps. One pump serving two cottages is without water for two or three months in a dry year and the tenants then carry water some 350 yards.
No samples were submitted for analysis.

9. Talgarth (Wye Valley Section). There are three public supplies in this section of this parish, two are owned by the Council and one is owned by the Welsh Regional Hospital Board. The larger of the Council's supplies serves some 356 dwellings with water laid on and 30 from standpipes. For several months of the year this supply augments the Bronllys supply. One portion of this supply is received as an overflow from the Mental Hospital and is sand filtered and chlorinated and the second portion of this supply is received from springs in Llanelieu parish and these are collected to a common service reservoir which, in times of drought, may be connected to the brook and such occasions this source is chlorinated. During 1954 supplies had to be

restricted during the night-time for a period of the last two quarters in the year. The Hospital authorities are getting concerned about the supply of water and have notified your officials that they may have to restrict further, and in view of these conditions it is sincerely hoped that quicker progress will be made in the very near future with the Llanbwchllyn Scheme.

During the year 4 samples from these sources were taken and three were satisfactory and one was suspicious.

The Trefecca supply was satisfactory in quantity during the year and one sample was taken, this was fairly satisfactory.

As in some other parishes, dwellings above the 500 feet contour are badly in need of water.

There are 38 other private supplies in this parish, of which 20 are piped and most of these are subject to pollution.

5 samples from private sources were taken in the year, 3 were satisfactory and 2 unsatisfactory.

10.Tregoyd and Velindre (Wye Valley Section).

Of the 118 dwellings in this parish 100 have water laid on and 6 are served from standpipes. All the supplies are owned by private individuals. One private supply serves 32 dwellings and another supplies 30 dwellings. Negotiations to purchase these supplies continued during the year. All properties above the 500 feet contour are badly in need of a piped supply and the main supplies in this parish are insufficient in times of drought whilst the quality is not satisfactory. One sample was submitted for bacteriological examination and this was satisfactory. 3 samples from private supplies were taken and these were satisfactory.

In conclusion it is obvious from the above description that all water supplies should have urgent and serious consideration. They are subject to pollution and the very large number from different sources makes it impossible to give them individual attention as

frequently as public health demands.

The major water scheme received consideration during the year but progress appears to be slow. In the meantime seven farmers took advantage of the Ministry of Agriculture's grant to install private supplies.

Number of inspections of water supplies......29. Drainage and Sewerage.

New sewers and sewage disposal works are required for the villages of Three Cocks, Bronllys, Llanigon, Llyswen,

Velindre and Glasbury.

The Trefecca settling tanks could with advantage be enlarged, and this work has been agreed by the Council.

In Bronllys there is no treatment plant, the sevage running over fields. This in my opinion should be improved.

# Hay Rural District Council

| There is also considerable work to be done at the Talgarth   |
|--|
| Sewage Disposal Works as the present effluent is far from satisfactor  |
| Number of visits in connection with drainage   |
| No additional sewage disposal work has been done during the year.  |
| Public Cleansing. Refuse is collected once weekly in Talgarth, Bronllys Llyswen, Pipton, Aberllynfi, Tregoyd and Velindre.  May Rural parish and Llanigon parish. The only parishes not included are Glynfach and Llanelieu. The refuse is then disposed of by controlled tipping. The refuse, is collected by the Council's lorry and staff under the supervision of your Sanitary Inspector.  Inspections of refuse tips |
| Sanitary Inspection of the Area. The sanitary inspection of the area was undertaken by the Sanitary Inspector. The following details give information relating to the work of the sanitary inspector during the year.  |
| Number of complaints received  |
| Houses let in Lodgings. It is not considered that any of the houses in the district are of such a nature to requir control under byelaws made under Section 6 of the Housing Act, 1936.  |
| Offensive Trades. There are no offensive trades in the district.   |
| Common Lodging Houses. There are no common lodging houses in the district.   |
| Licensed Premises. Number of visits made by Sanitary Inspector   |
| There are 14 licensed houses in the district, of which 7 are satisfactory from the sanitary standpoint. Works of improvement were carried out during the year to one new licensed house.   |
| Shops. There are 27 which deal in food in the district and may be classified as follows:-  |
| Grocers  |
| The district is also served by such tradesmen from contiguous areas.  There are no dairies registered under the Milk & Dairies Orders, 1949  but 3 applementary lineares are issued to Milk Dealers who are  |

There are no dairies registered under the Milk & Dairies Orders, 1949 but 3 supplementary licences are issued to Milk Dealers who are registered in the Borough of Brecon.

All condemned foods are sprayed with fluorescent powder and buried in the Council's refuse tips, with the exception of the condemned meat from the slaughterhouse which is collected by a Hereford firm which deals in waste food products.

### Factories.

| Number | of | factories in the district14.        |
|--------|----|-------------------------------------|
|        |    | inspections made16.                 |
| Number | of | defects found;                      |
|        |    | (a) Sanitary conveniences defective |
|        |    | (b) Want of cleanliness             |
|        |    | (c) Other offences                  |

All these defects were remedied.

Camping Sites. There is no recognised camping site in the district for which a licence is necessary.

### Eradication of Bed Bugs and Steps taken to combat infestation.

Any premises found as a result of complaint or inspection to be infested with bed bugs or other vermin would be treated with D.D.T. preparations. No premises were found to be so infested during the year.

Rodent Control. One full time rodent operator is employed who works under the supervision of the Sanitary Inspector.

This operator is also similarly employed by the Hay Urban Council and Painscastle Rural District Council.

| Number of premises inspected during the year     |
|--|
| Number of premises found infested                |
| Number of premises treated by rodent operator89. |
| Number treated by occupier47.                    |
| Estimated number of rats killed during the year  |
| Number of dead rats actually recovered           |

The sewers in Talgarth were baited in May. No takes were recorded.

Legal Proceedings. No legal proceedings were undertaken by the Council during the year.

Section 5. Housing. During the year it was pleasing to note that some 20 houses were completed for habitation. Since the end of the war, 88 Council houses and 29 private houses have been built. No private houses were completed during the year.

3 applications for Improvement Grants under the

Housing Act, 1949, were received during the year and all three were approved.

The issue of building licences ceased in November 1954 and it is hoped that this will mean an increased amount of building work which is urgently needed to keep much of the old property in the district in a good state of repair.

Housing. At the 31st. December 1954 the total number of applications on the 'waiting list' was 95, and these may be classified as follows:-

|                    | No. of application of applications applications application of applications applications application of applications applicatio | plicants<br>in<br>houses |        | to re | ms requ<br>-house<br>3 bed. |             | Total |
|--------------------|--|--------------------------|--------|-------|-----------------------------|-------------|-------|
| Aberllynfi         | 5  | 23                       | 1      | 16    | 10                          | 1           | 28    |
| Bronllys           | 8  | 12                       | 1      | 11    | 8                           | -           | 20    |
| Llanigon           | 1  | 1                        | - 10 4 | 1     | 1                           | -           | 2     |
| Llyswen            | 1  | 4                        | 1      | 3     | 1                           | -           | 5     |
| Tregoyd & Velindre | W. Please  | 8                        | 1      | 3     | 4                           | -           | 8     |
| Talgarth           | 6  | 24                       | 2 sing |       | 10<br>le wait               | 1<br>ing to | 32    |

There are no applications for the parishes of Glynfach, Llanelieu, Pipton or Hay rural.

Fish and Fried Fish Shops.

Section 7. Prevalence and Control of Infectious Disease.

The following number of cases of notifiable infectious disease were reported to me during the year.

> Abortus fever.....l case. Influenzal pneumonia.....l case.

The fees paid by the Council for the notifications of infectious disease are now, under the new Health Act, refunded by the County Council, provided that copies of the notifications are received by that authority. As will be seen the district was comparatively free from infectious disease during the year. The case of abortus fever was developed outside the Hay R.D.C.

Venereal Disease. The County Council has an agreement with the General and Eye Hospital, Swansea, for the treatment of such cases. The tracing of contacts and the following up of defaulters is the responsibility of the County Council.

Tuberculosis. The following details show the position as regards tuberculosis in 1954 and recent years;

| Number o | f cases | on register at  | commencement of year  |
|----------|---------|-----------------|-----------------------|
| Number o | f fresh | cases notified  | during the year9.     |
|          |         |                 | recovery              |
| Number o | f cases | removed due to  | removal from district |
| Number o | f cases | removed due to  | death                 |
| Number o | f cases | left on registe | er at end of year     |

The number of cases notified during recent years is shown below:-

1943. 1944. 1945. 1946. 1947. 1948. 1949. 1950. 1951. 1952. 1953. 1954.

5. 6. 4. 4. 10. 6. 5. 8. 4. 10. 10. 9.

Diphtheria Immunisation. As a result of the new Health Act, the County Council were responsible for the immunisation of children against diphtheria and details for the district will be found in the annual report of the County Medical Officer.

Facilities for immunisation are now available

at the ordinary Maternity and Child Welfare Clinics and also at the schools during the school medical inspections.

It is pleasing to see that the incidence of diphtheria continues to fall. The object of the immunisation campaign, however, remains the same, to secure the immunisation of not less than 75% of babies before their first birthday. During the first half of 1954, however, it is disturbing to note that only 30.2% of the estimated number of children reaching the age of one year during this period received this protection. It must be remembered that diphtheria still kills and that elimination of the disease is conditional upon the maintanence of an edequate level of immunisation conditional upon the maintenance of an adequate level of immunisation. If parents leave their children unprotected there may be a return of diphtheria outbreaks, and there have been several sharp reminders of this possibility during the year under review.

Yours faithfully,

T.C.R. George,

Medical Officer of Health