[Report 1941] / Medical Officer of Health, Chepstow U.D.C. and R.D.C.

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CHEPSTOW URBAN AND RURAL DISTRICT COUNCILS.

ANNUAL REPORT

of the

MEDICAL OFFICER OF HEALTH for the year 1941.

LIST OF URBAN DISTRICT COUNCILLORS.

CHAIRMAN: MR.J.WADLEY, J.P.

VICE-CHAIRMAN: Mr.A.W.ANDREWS.

COUNCILLORS

lir.C.E. liorgan lir.E. Woods

Mr.J.F. Price Mr.D.H. Davies

Mr.E.J.King Mr.W.P.Tuck

Mr.J.Keenan Mr.W.C.Hall

Mr.C.H.Clarke, J.P. Mr.A.J. Proctor

Mr.A.J.James Mr.C.Hollins

Mr.W.Wyatt

Officers of the Council

CLERK: Mr.A.Gill

Town Surveyor & Inspector:

Mr.E.T.Williams, M.R.S.I.

Rating Officer: Mr.G.J. Vincent.

Medical Officer of Health: Dr.J.J.O'Reilly, M.B., B.Ch. D.P.H. TIST OF UNBALL SELECTION OF THE CONSTITUTES OF THE CHARGE OF THE CASE OF THE C

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CHEPSTOW RURAL DISTRICT COUNCIL

Council Offices, CHEPSTOW, Mon. 1st July, 1942.

List of Rural District Councillors

CHAIRMAN: Rev: Ivor Davies. VICE-CHAIRMAN: Mr.D.H. Parry.

Councillors

Mr.W.C.Jones Mr.R.G.Benjamin. Mr.A.E.Boye Mr.J.E.Liddiard Mr.H.J.Cane Mr.T.W.Lines Mr.H.Hastings Clay Mrs.H.E. Paget Mr.J.Edwards Mr.H.L.Price Mr.W.H.Gale Mr.J.W. Price Mr.A.Hale Mr.N.W. Price Mr.C.R.Read Mrs.G.I. Heath Mr.J.E.Hancock Mr.A.Reece Mr.F.H.Hewings Mr.E.S.Sparks Mr.S.J. Thorne Mr.S.M.Hill Mr.A.W.Wainwright Mr.T.Hillier Mr.F.C.Walker Mr.H.Hughes Mr.W.Watkins Mr.A.Jones Mr.J.Jones Mr.W.T.Wheeler Mr.R.Jones Canon W.H.Williams

Officers of the Council

CLERK: Mr.G.D.Spearing

Chief Sanitary Inspector and Surveyor

Mr.Hugh J.Ward, A.M.I.S.E., Cert. R.S.I., Cert.Inspector of Meat and other Foods.

Sanitary Inspector

Mr.L.Whittingham, M.R.San.I., M.S.I.A., Cert.S.I.B. Cert.Inspector of Meat and other Foods.

Water Inspector: Mr.W.J.Hodge.

Medical Officer of Health

Dr.J.J.O'Reilly, M.B., B.Ch., D.P.H.

Valuation Officer: Mr.T.T.Birbeck, F.A.I.

Rating Clerk: Mr.J.W.T.Smith (on Military Service)

Acting Rating Clerk: Mr.G.E.Dowle (on Military Service)

Rate Collectors.

Caldicot Collection District ... Mr.E.Squibbs.
Mathern Collection District ... Mr.M.E.Smith.
Shirenewton Collection District... Mr.F.C.Price.

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"St.Anns", CHEPSTOW, September, 1942.

To The Chairman and Members of Chepstow Urban and Rural District Councils:

Ladies and Gentlemen,

I have pleasure in presenting my Report on the Health of the people and the Public Health activities of your Councils during the year 1941.

Emergency war schemes have largely replaced the routine work of Local Government Bodies and new and unusual responsibilities have crowded on them. The shortage of experienced clerical staff has been an added strain on key officials. Nevertheless Local Government machinery is standing up to the test ably, and may well prove one of the major successes of the crisis.

The Casualty Services in your Districts are carefully organised and may be expected to give a good account of themselves. In a very recent competition, Chepstow Mobile Unit (Dr. Joste Smith) was adjudged first in Monmouthshire, and certain other components of the service are little behind it. Cooperation between the Military Medical Services and our own in the event of land fighting was planned, and to this Captn.E.W.Hardman, Medical Officer, Home Guard, devoted much care.

The general health of the community is remarkably good. It is true there are many circumstances in our present way of life which, operating over a long period, would affect the public health adversely - such for instance as over-crowding and industrial fatigue - but the gains have proved greater. People are engrossed in a great enterprise and the innumerable little illnesses, so understandable in the dreary years of stagnation, have no place now. Mutrition is better despite the annoying shortages, because it is directed now by disinterested experts instead of by the publicity departments of patent food firms.

Regarding the possibility of epidemic disease on the scale of the War, only one of the historic plagues would seem to retain much of its old menace - that is the "black" influenza which swept through the world at the close of the last War in 1918-19, killing, it is estimated in India alone, more than the total War casualties, and leaving behind many unsolved problems as to its cause, epidemic course and control.

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SOCIAL CONDITIONS and VITAL STATISTICS.

	Urban	Rural
Area of the Districts	 1,550 Acres	42,459 acres
Population	 5,263	10,340
Total Live Births	 80	168
Illegitimate Births	 6	8
Total Stillbirths	 2	11
Illegitimate Stillbirths	 1	2

Live Birth Rate per 1000 of Population: -

Urban	Rural	Monmouthshire	England & Wales
15.2	16.2	16.7	14.2

Stillbirth Rate per 1000 of Population: -

Urban	Rural	Monmouthshire	England & Wales
•38	1.1	•74	•51
Total D	eaths:	Urban	Rural
		57	113

Death Rates per 1000 of population: -

Urban	Rural	Monmouthshire	England & Wales
10.8	10.9	12.11	12.9

Deaths of Infants under One year of life: -

	Urban	Rural	
Total	4	17	
Illegitimate	1	2	

Infant Mortality Rates per 1000 live births:-

Urban	Rural	Monmouthshire	England & Wales
50	101	70.48	59

Maternal Mortality - both Districts - NIL.

There were no deaths of children under two years from Diarrhoea.

Among causes of death were:

	Urban	Rural
Whooping Cough	0	2
Diphtheria	1	0
Tuberculosis	2	2
Influenza	0	1
Bronchitis	4	7

Per aumanda	Urban	Rural
Pneumonia	6	~
Other Respiratory Diseases	1	2
Appendicitis	1	1
Cancer	8	16
Diseases of Heart and Blood Vessels	27	51

This last cause of death includes most of the "old age" deaths, and so is not quite the menace it might suggest.

Babies stillborn, or dying during the first year, were: -

	Urban 6	Rural 28
and Total Births (live and still)	82	179

which represents a loss of infant life per 1000 births of all kinds, of 73.17 in the Urban District and 156.4 in the Rural. If the high Rural rate repeats next year it should suggest a review of the individual causes.

REPORT OF THE SANITARY INSPECTORS.

URBAN

Sanitary circumstances of the Area.

Water Sampling.

One chemical and four Bacteriological samples of Water were taken during the year for Analysis and all were found to be satisfactory.

Sewers and Sewage Disposal.

214 Yards of 9" and 12" main Sewer was relaid on Hardwick Hill by Direct Labour under difficult circumstances at a cost of £900 app. Modern traffic conditions have disclosed that the Sewers down the said Hill were laid at too shallow a depth and further trouble may develop.

Petrol interceptor and grease trap were installed by a large Bus Garage during the year.

Disused Sewers at Bulwark Camp have been re-opened, cleansed and put in working order.

Closet Accommodation.

Two Conveniences at Priory (Council property) not now in use have been demolished and drains sealed off.

Accommodation in this respect improved at three shops.

Cesspools abolished at two properties at St.Lawrence Road, and houses connected to Sewer.

House Refuse Collection and Disposal.

During August 1941 Council acquired its own Two-ton Lorry and disposed of the Horse and Cart and hired haulage. It is hoped that, subject to Wartime difficulties, the costs will compare favourably and efficiency be improved. It only remains now to provide a Cover for the Lorry. The carrying of refuse and garbage through the streets in an open Lorry is a nuisance and not conducive to the Public Health. Some statistics are appended as was done last year. The average load weight is impossible to ascertain under present conditions owing to the large amount of Salvage collected in bulky but light quantities. The aggregate expenditure is also made up of hired haulage and is not a "normal" year for that reason.

Salvage Collected and Disposed of.

46	tons	10 cwts. 1 qtr. PAPER	£187.	8.	0.
2	tons	4 cwts. 3 qtrs. RAGS & SACKING	11.	15.	3.
8	tons	8 cwts. 3 qtrs.12 lbs. SCRAP METAL	14.	16.	6.
		7 cwts.14 lbs. BONES		14.	3.
13	dozen	Jars and Bottles		6.	6.
			£215.	0.	6.

Schools.

Satisfactory Sanitary conditions generally, nothing calling for special mention, except that in cases where Automatic tanks to Urinals are not installed, the matter should be looked into after the War.

Inspections made during the Year.

Interviews with Owners or Agents		19
To complaints or defects		83
Revisits to premises under notice		153
To Refuse Dumps, Public Convces. Cattle	Mart	18
Water Sampling		5
Shops and Foodstores		7
		8
Disinfections and Infectious Diseases		17
Rats and Mice Destruction Act 1919		6
Verminous premises		1
Factories and Workshops		1
The state of the s		
		318

Work Done.

Plans for alteration of Barn at Bulwark into Club were rejected under the Building Byelaws. The Proposer was prosecuted successfully on two occasions by the Council for non-submission of plans and non-compliance with the Bye-laws. Premises are now used as Stores.

A.R.P. Work Done.

One Surface Shelter One Communal Basement Shelter Two Public Basement Shelters One A.R.P. Mortuary. at it washed and could be the could be a proper of the could not a could be could be could not a could be could

Work Done by Owners after Informal Notice.

Sanitary Conveniences and/or Drainage Repairs	1	26
W 01- 4		2
		2
133141		1
Non-designation of the state of		ī
Demolitions (part of building, non-compliance with		-
Byelaws).		1
Data-3 Tabas-4 3 Co		ī
Danda was dand		6
Water and Market and M		1
D		ī
0. 11. 0. 11.11.		ī
		ī
		4
		î
		2
	• • •	ī
Windows repaired		1
By Owners after Informal Notice, Foods and Drugs &	chan	a Anta
by Owners areer Informat Notice, roods and Drugs &	SHOPS	5 ACUS
Washing Accommodation provided for Employees		1
		i
		1
rreserved roods noom removated and improved		-
By Owners often Statutery Notice Shore Acts		
By Owners after Statutory Notice, Shops Acts.		
Sandtony Convendences amended for Dunlawase		2
Sanitary Conveniences provided for Employees		1
Washing Facilities provided for Employees		1
By Oumans after Statuteny Nation Dublie Health Ast	- 0	
By Owners after Statutory Notice, Public Health Act	3.	
Dradness Peredus		1
Drainage Repairs		-
Number of Notices served.		
Number of Notices served.		
Informal under Public Health Acts		45
Dr. b. b		1
		2
Statutory Notices under Shops Acts		~
No house to house dusportdone counted out dunders t	ho -	
No house to house inspections carried out during t	the ye	bar.
Chana		
Shops.		
Shone! Inspector deals with hours of closing or	nd no	fano
CHURS INSPECTOR ORBIS WILL HOURS OF CINGING OF	100 1100	P. 1134

Shops' Inspector deals with hours of closing and refers all relevant defects to the Sanitary Inspector. It will be observed from the statistics given above that, in spite of the War, small improvements were brought about.

Eradication of Bugs.

No complaints received during the year, but one Council house vacated was found to be in a bad state and was fumigated with sulphur candles.

Rats and Mice Destruction Acts.

The Council employees destroyed the following by trapping during the year:-

Public Hall ... 9
Refuse Dumps ... 233

sport has aband poster ingrolm, we have expected to equest of australiat distributed describus flames pare

The Council regularly attends to its own premises, but the same cannot be said of the Town generally. During the year the following were dealt with at our property and destroyed: -

> Cattle Mart ... Public Hall 1 ... 233 Refuse Dumps ...

SECTION D. HOUSING.

Council Houses Repairs A/c Year ended 31st March 1942.

Cost Balce. No. of Year Brt.Fwd. Income Total Expended per Houses House 1941 £1322.7.3. £427.17.- £1750.4.3. £62.4.4.£1687.19.11. 74. 16/9 Statistics.

1. Inspections of Dwellinghouses during the year.

la.	Total Number Dwellinghouses inspected for	
	housing defects under P.H.Acts or Housing Acts	29
b.	Number of Inspections made for purpose	
2a.	Number of Dwellinghouses (included under sub-	
	heading above) which were inspected and recorded	
	under the Housing Consolidated Regs. 1925	Nil
b.	Number of Inspections made for purpose	
3.	Number of Dwellinghouses found to be in a state	
3.	so dangerous or injurious to health as to be	
	unfit for human habitation	1.
4.	Number of Dwellinghouses (exclusive of those	
	referred to under preceding sub-heading) found	
	not to be in all respects reasonably fit for	

2. Remedy of Defects during year without service of Formal

Number of defective houses rendered fit in consequence of informal action by the L.A.or their officers,25

3. Action under Statutory Powers during the year.

- A. Proceedings under Secs.9,10 & 16 Housing Act,1936, Nil B. Proceedings under Public Health Acts ... Nil Nil
- C. Proceedings under Secs. 11 & 13, Housing Act, 1936

4. Housing Act 1936, Part IV, Overcrowding.

human habitation

In common with many other areas the War has rendered the control of Overcrowding impossible and no statistics are available.

SECTION E. FOODS.

Milk. Last year's remarks under this head still apply.

Meat and other Foods. Here also the position remains as reported last year.

Terror to sorter a product that better being being to the and the parties of the angle party matter and the factor

Foods Condemned as Unfit for Human Consumption.

Halibut			21	lbs.	(decomposed)
Cereals			2	lbs.	(rats)
Tinned	Steak		52	lbs.	(Blown)
Tinned	Tomatoes		20	lbs.	(do)
Tinned	Peas		12	lbs.	(do)
Tinned	Herrings		4	lbs.	(do)
Bacon			30	lbs.	(decomposed)

Meat is imported from a Collecting Centre and no condemnations are recorded.

MISCELLANEOUS.

Chepstow Market.

Number of Markets and Special Markets held ... 27

Admitted	thereto:	Sheep	 12,762
		P1 gs	 2,414
		Calves	 1,261
		Cattle	 1,441
		Carts	 1,123
			19,001.

RURAL.

SANITARY OFFICERS' REPORT ON THE INSPECTION OF THE DISTRICT.

Dairies and Cowsheds - visited			20	
" - repair	ed			
New W.C's provided			4	
Visits re Drainage Work			266	
Visits re Water Meters				
Visits re Water Supply			179	
Visits re Housing			200	
			14	
Houses repaired				
New Buildings erected			7	
Plans approved			6	
Visits to Factories			8	
Statutory Notices			10	
T-0			17	
Inspections for Vermin			2	
Disinfections			18	
Visits to Caldicot Moors re bur	ying of carcase	3		
washed up by the tide			9	
		-	12	
Schools (visits)			4	
Shops (visits)	• • • •		11	
Nuisances abated by Informal Act	tion		4	
Nuisances abated by Formal Actio			2	
Quantity of Meat condemned			252	lbs.
			149	100.
Visits re Air Raid Shelters				
Visits re Fire Brigade			144	
Visits re War Damage			38	
Miscellaneous Visits			618	
Water Supplies improved			2	
maror ouppared improved		10000	-	

Secregal of the portation absolute

FACTORIES WITH AND WITHOUT POWER.

Under the Factories Act, 1937, the following Table shows the work done: -

1. Inspection of Factories, including inspection made by Sanitary Inspectors.

	Nu	Number of				
	Inspections		Occupiers prosecuted			
Factories with Power	5	Nil	Nil			
Factories without Mechanical Power	3	Nil	Nil			
Total	8	N11	Nil			

DEFECTS FOUND IN FACTORIES.

		No.of De		Number of
PARTICULARS	Found	Remedied	Referred to H.M. Inspector	offences in respect of which prose- cutions were instituted.
NUISANCES UNDER THE PUBLIC HEALTH ACTS. Want of Cleanliness				
Want of Ventilation			21 97 31	
Overcrowding				
Want of Drainage of floors.				
Other nuisances				
SANITARY ACCOMMODATION.				
Insufficient	1	1		
Unsuitable or defective				
Not separate for sexes				
Total	1	1	Nil	N11

HOUSING STATISTICS.

1.	Inspect	ions of Dwel	ling House	s during the	Year: -	
	(1)(a)	Total number for housing Health or Ho	defects un	der the Publ		87
	(b)	Number of in	spections	made for the	purpose :	200
	(2)(a)	Number of dw sub-head (1) and recorded dated Regula	above) wh under the	ich were ins Housing Cor	spected soli-	Nil
	(b)	Number of in	spections	made for the	purpose 1	Vil
	(3)	Number of dw state so dar as to be unf	gerous or	injurious to	health	Vil
	(4)	Number of dw those refers sub-head) for reasonably f	red to under	be in all i	ding respects	17
2.	Remedy	of Defects d	luring the	year without	service o	f
in Aut	nber of consequences	l Notices. defective dwence of infoor their Off under Statut	rmal action	n by the Lo	cal	10
Α.		ings under S Act, 1936.	sections 9,	10 and 16 c	of the	
	(1) Num	ber of dwell ch notices w	ing houses	in respect requiring r	of repairs	6
	der (a)	ber of dwell ed fit after By owners By Local Au	service of	f formal not	ices	4 N11
в.	Proceed	ings under F	ublic Heal	th Acts:		
	whi	ber of dwell ch notices w be remedied	ere served	requiring d	lefects	Nil
		ber of dwell e remedied a				Nil
c.	1936:	ings under S ber of dwell				Act
	whi	ch Demolitic ber of dwell	n Orders we	ere made		N1l
		suance of De				Nil

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4. Housing Act, 1936 - Part IV. Overcrowding.

Owing to Evacuation and the construction of the Royal Naval Propellant Factory at Dinham, new cases of over-crowding have occurred. The precise figures are not available.

INSPECTION AND SUPERVISION OF MEAT AND OTHER FOODS.

Detailed List of Meat Condemned during the Year 1941.

Centralised slaughtering continues, the meat for this District being killed and inspected at Newport Abattoir.

The distribution centre for the District is in Caldicot where frequent visits have been made and most of the carcases have been inspected.

Transport conditions have improved somewhat and an efficient Refrigerator has been installed and is in use at the Caldicot Distribution Centre.

The carcase of Mutton referred to in the following Table was that of a Sheep slaughtered by the owner as an emergency measure; no attempt at dressing the carcase was made.

The Bacon referred to had been delayed on rail and was unfit for food at the time of delivery to a store in this District.

Description Co	ondition or Disease	Weight Lbs.	Disposal
10 Sheeps' Plucks	Decomposition	58	Buried
1 Carcase of Mutton	Decomposition	132	Buried
Bacon	Decomposition	24	Buried
Leg of Lamb Joint	Abscesses	7½	Buried
		$221\frac{1}{2}$ lbs.	

In addition to Butchers' Meat the following have been condemned as unfit for human food and destroyed: -

28 - 1 lb. size Tins of Stewed Steak (blown tins)

MISCELLANEA.

Treatment of Foodstuffs Contaminated by Gas.

A Food Treatment Squad consisting of 18 members (12 men and 6 ladies) has been formed and trained. In order to cover the district to the best advantage the personnel have been split into two independent groups, the smaller one with 5 members is at Tintern and the larger group will work from Caldicot where there is a store for protective clothing and other equipment.

The Cattle Market at Rogiet will be used as Decontamination Site and it has been inspected and approved by the Divisional Gas Liaison Officer.

For transport purposes a Lorry owned by Messrs.C.H.Ward, Larkfield Garage, Chepstow, has been earmarked.

Arrangements for the analysis of suspected or contaminated foodstuffs have been made with the County Analyst, and in case of emergency, two substitutes have been appointed.

Deliveries of protective clothing and other equipment have been slow, but the position in this respect is now improving and the Food Treatment Squads should be in a position to deal effectively with any emergency.

War Damage Repairs.

The party of local Builders organised for this purpose have done their work satisfactorily. After each "raid" they have been on the spot immediately, and carried out "first aid" repairs quickly and well.

Salvage.

The quantity of wanted materials is steadily increasing, and the collections are being done systematically throughout the district. A Survey of Unwanted Railings has been made, and a Report has been sent to the appropriate Authority that about 2,500 yards are available.

Caldicot & Rogiet Outfall Sewer (Dowle's Drain).

This has been cleaned from the Railway to the Severn. The next job to be tackled will be the Culvert which runs under the Railway lines.

British Restaurant at Caldicot.

The reconstruction and equipment of the Parish Hall for this purpose is well under way (December, 1941).

Emergency Water Supplies.

Arrangements have been made whereby, in case of a blitz damaging mains, houses in the Severn Tunnel Area can be supplied from the G.W.R. source; and alternatively, if the G.W.R. mains are damaged, the Company's requirements can be provided from the Council's mains. A stock of different sized pipes and fittings has been obtained for doing repairs if they become necessary.

ANNALISATION OF THE PARTY OF TH

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Penterry Water Supplies.

The houses in this small Hamlet have long been without a reliable water supply: This year water from two sources has been piped to storage tanks, and a considerable improvement effected.

Undy Water Supply.

In consequence of the widening of the Railway, the water main has had to be diverted for a length of about 75 yards. This work has been done by the Council's employees for the G.W.R. Co.

MILK DAIRIES & COWSHEDS.

General Considerations.

Milk is as it always has been, a basic human food; indeed it is unique in its indispensability - the first food in more senses than one. The small quantity consumed per head in Britain before the war (estimated at 1/3 of a pint) was a matter of concern and led the Government to introduce and subsidise schemes for its provision free or at small cost to school children and mothers. Milk supplies most essential food elements, but most important, it is rich in first class protein, so necessary for sound growth and development, and shown to be seriously deficient in the diets of a large proportion of children. It was generally accepted that the addition of an extra pint of milk per day to such defective or border line diets would bring them up to something like ideal standards. The war has served but to increase the importance of milk. alternative sources of animal fat and protein are eggs and meat. Much feeding stuffs, largely imported, go to the production of these foods, but "the milk cow is the most efficient transformer. She produces about 1 lb.of human food for 5 lbs. of feeding stuffs both recovered as dry matter; the pig needs about 8 lbs, the hen about 15, and beef cattle about 20 to produce 1 1b." (Sir John Boyd Orr). The consumption of milk per head is now double that pre war.

Milk is largely consumed raw, and nutritionally is at its best that way. It has, however, two serious drawbacks. Firstly, it may contain the germs of certain diseases, and, secondly, unless produced under the cleanest conditions and intelligently handled, it will be so contaminated as to seriously affect its keeping qualities - it rapidly "goes sour". These constitute problems which concern your Councils.

Taking them separately. Diseases conveyed by Milk. These are chiefly Tuberculosis, Undulant Fever, Epidemic Sore Throat and certain forms of Enteritis. Of these Tuberculosis is by far the most important. This disease is very common amongst Milk Cows, and it is estimated that the milk of one Cow in 500 contains Tubercule. Herds of tested cattle give what is marketed as "tuberculin tested milk" and, apart from dishonesty on the part of the seller, afford a large measure of, but not absolute, safety. Another "designated" milk, "pasteurised milk" is safer.

Endered mands ofted a loser and mysmic at da 12 Mich which and to be sent the sent of the

Here by means of an elaborate plant the Milk is heated to a certain temperature and held at it for a definite time. It represents the least exposure to heat necessary to kill Tubercule germs, and it causes no serious deterioration in the qualities of the Milk.

"Safety is the really important consideration, and in present circumstances the ordinary raw Milk supply can never be regarded as safe. To ensure its freedom from disease causing organisms suitable treatment such as that afforded by efficient pasteurisation is essential". (Annual Report, Chief Medical Officer, Ministry of Health).

A Government measure, entitled the Milk Industry Bill, introduced in 1938, included a provision enabling Local Authorities to apply for an Order making compulsory the efficient pasteurisation of all Milk sold by retail in their areas other than that from Tuberculin tested herds. Its enactment was postponed. Most of the Milk supplied in the large cities is pasteurised; none is on sale in the Chepstow Districts.

The other aspect of Milk Production, that affecting its keeping qualities and cleanliness, is likely to be improved a good deal by a new scheme of the Ministry of Agriculture. It may first be explained that Milk before it is drawn from the Cow is germ-free and very faintly acid. Under any circumstances numbers of microscopic life we call bacteria or germs find access to it from utensils, air, etc. But Milk drawn under unsatisfactory conditions as regards cleanliness of methods and utensils is highly contaminated with such organisms. Such germs do not necessarily, or indeed often, set up illness in humans. They multiply in Milk, which is an ideal culture medium for them, and one effect of their growth is the production of lactic acid from lactose or milk sugar. When the acidity reaches .4% a sour taste may be detected and at .7% the milk curdles. This process will be brought about no matter how clean the production, but its rate depends (A) on the original contamination and (B) on the Milk temperature; on a hot summer day the rate of multiplication is maximum and hence the difficulty in hot weather with Milk souring. That is why Milk is passed over coolers as soon as drawn and why those fortunate people who own Refrigerators can keep Milk near the freezing point and therefore fresh for many days, even in the most thundery weather. People in such weather often scald Milk, which means, roughly, boiling it. This sterilises it, that is, it kills all organisms and so brings the souring processes to an end. But boiled milk is considerably altered and loses its palatability and nutritional value. In the common form of pasteuration, Milk is held at a temperature of 150.F. for half-an-hour and then rapidly cooled; in another method it is held at a temperature of 162.F. for 16 Seconds. Boiling point is 212.F.

To return now to the new National Milk Testing and Advisory Scheme. Laboratories are being provided in all districts, wherever possible by the Milk trade; these will be licensed by the Minister of Agriculture, and certain standard tests will be carried out by approved

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certified testers under the control of the Provincial Dairy Bacteriologist, who may arrange for frequent check tests to be made by his own staff. The standard test is known as the RESAZURIN TEST or 10 Minute Platform (Rejection) Test. It indicates in a quantitive way the acidity of the Milk, that is, how near the critical .4% mentioned above, the sample is. Depending on the result the Milk is classed in one of three categories, market, salvage or rejection. The last is returned to the owner, the first is satisfactory and fit for retail distribution. Salvage milk will be at the disposal of the Ministry of Food who will whenever practicable arrange for its salvage manufacture or disposal. It will be appreciated that Milk near the turning point, apart from it being bad buying for the local retail purchaser, is likely to taint the bulk milk sent to the cities in the great rail or road tanks. The scheme provides for advisory visits to be made to Farms which have been getting unsatisfactory results. At first the scheme will be applied mainly to depots where Milk is bulked for distant markets, but all supplies of Milk delivered from farms will be liable to be submitted for test. A laboratory has been set up at the C.W.S. Depot, Chepstow Urban District.

Duties of the District Councils.

It will be readily understood from the foregoing that this scheme is going to supply a very sensitive indicator of the standard of Milk production of the registered dairies and Dairymen, and this is very much the concern of the Councils. The Milk and Dairies Order 1926 lays down pretty adequately the conditions and methods necessary in satisfactory Milk production and its enforcement is the duty of the District Councils. It covers such matters as the construction, ventilation and lighting of Cowsheds, the provision of water supply, the ritual to be observed by the Milker, washing and drying of hands, udders, etc., the sterilisation of utensils and the cooling and subsequent disposal of the Milk. Much depends on the "That Milk worker having the right idea of cleanliness. can be produced in a thoroughly clean manner and at little extra cost to the Farmer can be seen by reference to an article by Anderson and Meanwell in the 'Medical Officer', April 2nd 1933. In the experiment there quoted excellent results were achieved by ordinary farmers in a small way of business who attended to the following points, cleaning of udders, clean dry hands in the case of milkers, discarding the first jet of milk, and sterilisation of all utensils by steaming in a simple wooden box fitted over the farm copper."

Talking of laboratory methods in relation to Milk, Sir William Savage writes, "Nearly forty years practical experience has shown me that the best way, apart from general bacterial standards for milk, to improve the bacterial quality of the Milk supply is a persistent drive against the worst producers until they either become producers of decent quality milk or go out of business. The laboratory is invaluable in the compilation of this Black List." I have dealt with this question of Milk production at considerable length because of its

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peculiar present importance and because of the decidedly unfavourable impression made on the representative of the Provincial Dairy Bacteriologist by Milks tested locally. It should be added that many of the worst supplies were from areas outside these Districts. The adulteration of Milk is the concern of the Food and Drugs authority - the County Council.

Recommendations.

The Councils should do everything possible to raise the standard of Milk production. Their Sanitary Officers might arrange for some time to come to make more frequent farm inspections, concentrating on those getting poor laboratory results. Advice, suggestions and encouragement would go a long way. The Inspector would also take note of any apparant illness in animals and especially such signs as would suggest tuberculosis, chronic cough, emaciation, and swellings anywhere, and in a suspicious case the Veterinary Inspector should be advised. There is the question of finding time for these inspections; to be properly done in the Rural District they will take up a good deal of time - for instance only a visit at milking time would in many cases reveal a defect in methods. The following and similar communications from the Welsh Board of Health touch on these difficulties;-

"I should like to draw your attention to the fact that reports indicate that, in some areas, the production of milk is not being carried out under such good sanitary conditions as before the War. Various difficulties may have contributed to this, e.g. the recruitment of trained milkers and transport difficulties, but it is all the more desirable that the routine visits of Sanitary Inspectors to Farms, Cowsheds, etc. should be carried out at least as frequently as before the War, and the valuable educative work done by these Inspectors in such matters as instructing inexperienced milkers on the sterilization of utensils and the cooling of milk must not be reduced.

With a view to making a general assessment of the quality and quantity of the supervision of milk production now being made by Local Authorities, I am to ask you to be good enough to inform me whether routine inspections are being carried out in your district. If not, arrangements should be made for such visits as frequently as is thought necessary and if, for various reasons, a Sanitary Inspector has insufficient time available for this work I should be glad to hear the reasons."

And again: -

"County War Agricultural Executive Committees have been requested to seek the co-operation of Local Authorities in connection with the Milk Testing Scheme, and the Department are sure the Authorities may be relied upon for their goodwill and assistance. It is suggested that Authorities may also find it useful on occasions to consult with these Committees where there is difficulty in compliance with the Milk and Dairies Order 1926, especially in the case of producers who have not hitherto produced Milk for the liquid milk market."

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PREVALENCE AND CONTROL OVER INFECTIOUS DISEASES.

The following cases have been notified during the year: -

		Urban	Rural
Scarlet Fever	,,,	4	5
Whooping Cough		26	22
Diphtheria		2	5
Measles		74	229
Primary Pneumonia		3	4

It must be realized that notifications of such diseases as Whooping Cough, Measles and especially Pneumonia are very incomplete and have value chiefly in comparing the relative prevalence in different parts of the country.

DIPHTHERIA IMMUNISATION.

As reported last year, over 80% of the School children are immunised, and both Councils have approved steps to extend this valuable preventive measure as far as possible to children of pre-school age. Altogether in this important matter the position is excellent.

TUBERCULOSIS.

Tuberculosis increased during the last war, and as there are indications that the same thing is happening again, it might be as well to review fairly fully the position as it presents itself to District Councils.

General Considerations.

Tuberculosis notifications and deaths in Great Britain have been declining steadily for many years. For example, deaths in the year 1900 numbered 61,663 and in 1937, 28,529, less than half. Complacency, however, is hardly justified, as the evidence strongly suggests that we as a community have long had the knowledge and resources which, fully availed of, would have reduced these figures to vanishing point.

Apart from deaths, Tuberculosis is responsible for much chronic invalidism; thus in 1937 there were notified 50,689 new cases. Of such a number a considerable proportion will recover fully, but all too many will live impaired and precarious lives, haunted it may be by fear of relapse which is so often justified by the event, heavily handicapped in the matter of employment, and a real or potential danger to those about them.

Children are not born with Tuberculosis; they become infected with it, practically all of them in their growing years. Only a small number of the total infected ever develop the disease in an active form, the rest overcome the Tuberculosis germs that come their way. But there is

The the property of solds with the tent of the second constant and company of the property of the particle of the pa no individual absolutely immune to Tuberculosis; if the dose of infection is heavy enough the natural resistance breaks down and Tuberculosis follows. That is the real meaning of the common belief that Tuberculosis occurs in this or that family. A family with an infectious case of Tuberculosis amongst its members is at special risk. If that family is poorly housed or overcrowded, or if through poverty or ignorance the standard of nutrition is poor and its general level of cleanliness and hygiene low, then the risk to its members is enormous, whereas if all these environmental factors are in its favour the risk is correspondingly slight. But nothing can cause Tuberculosis except an adequate dose of Tuberculosis germs, and such a dose is derived from either the sputum of a human case or the milk of a Tuberculous Cow.

In a more ideal world we may suppose infectious human cases would all be isolated, the very ill in hospitals and the chronic cases in sheltered communities like Papworth Village Settlement. Tuberculous cattle would be eliminated from the herds and milk made safe by Pasteuration. Instead, isolation as practised is little more than a token thing, and 7 or 8 per cent of ordinary milk samples are found to contain Tubercule.

DUTIES OF DISTRICT COUNCILS.

1. Notification of Tuberculosis.

Under the Tuberculosis Regulations 1930, the District M.O.H. must send to the County M.O.H. at the end of every week a statement of every notification received by him during the week, and at the end of every quarter a Form summarising the changes in his Register during the quarter. This Register of Cases must be frequently revised, all new cases occurring or coming to reside in the district being entered, and cases which have recovered or died or left the district, deleted. In this last event the M.O.H. of the new place of residence must be notified. These requirements are carried out.

2. Tuberculosis Case & Contacts.

The Moo.H. or an Officer instructed by him, must investigate every case notified "to make such enquiries and take such steps as are necessary or desirable for investigating the source of infection for preventing the spread of infection and for removing conditions favourable to infection". The Regulations further empower the Local Authority (i.e. here the District Councils) "to supply all such medical or other assistance and all such facilities and articles as may reasonably be required for the detection of Tuberculosis and for preventing the spread of infection" and for that purpose "to appoint such Officers, do such acts and make such arrangements as may be necessary". In practise the Officers of the Welsh National Memorial Association, who are responsible for the treatment and after care, investigate the condition of contacts and keep any suspicious cases under observation; they also instruct the Patient how to dispose of his sputum

The later with the second of t The interest of the control of the c and generally diminish the risk to his family. The District Council would be expected to provide satisfactory housing conditions for a Tuberculous case and generally support any suggestion made to them by the Officers of the Association. Infectious cases must not engage in the handling of food, especially Milk. Disinfection of premises vacated by a Tuberculous person is also a duty of the Councils.

3. Tuberculosis and Milk.

The Councils are responsible for the registration of Cow keepers and Dairymen and of Dairies, and the enforcement of the general requirements as to structure and cleanliness of Cowsheds and Dairies, methods of milking, cleansing of utensils, protection of Milk against contamination both at the farm and in the course of distribution and all other related matters.

Milk Cows are very susceptible to Tuberculosis, and, as in the case of humans, spread is favoured by dark airless and insanitary Cowsheds, but here again it must be emphasised that it is the infectious animal that is the essential factor, and the discovery and removal of such animals, were it practicable, would be the really important contribution to the problem. Clean milk production has in itself no important bearing on safety from Tuberculosis. Sampling of milk for Tuberculosis is carried out by the County Council, and Tuberculosis brought to light in this, as indeed in any other way, is reported to a Veterinary Inspector of the Ministry of Agriculture, whose duty it becomes to trace the responsible animal and have her destroyed. It may be said at once that these provisions for dealing with the danger of Milk borne Tuberculosis are largely useless, and what actually transpires under them in these Districts we are not informed. It may be added, however, that in figures published in the Report of the Welsh Tuberculosis Committee of 1938, Monmouthshire showed a higher proportion of cattle slaughtered for Tuberculosis than most Welsh Counties.

Special disinfection of Cowsheds after Tuberculosis is strongly recommended and we must assume that it is carried out by the County, although as the responsibility is not clear, it would be as well to enquire further.

Pasteurisation, which makes even an infected Milk safe, is not carried out in the Chepstow Districts.

RECOMMENDATIONS. Disinfection after Tuberculosis.

The procedure laid down below should be adopted as standard. Not all cases of Tuberculosis call for disinfection; for instance non-pulmonary cases without an external discharge cannot contaminate a house. Nor as a general rule need all the rooms be done with equal thoroughness. Then again, a short visit of a case taking precautions against spread of infection does not call for any special measures. Otherwise:-

1. All mattresses, sheets, etc. should be disinfected by steam in a steam disinfector. If this is not possible, all washable articles such as pillow cases, sheets, etc. should

process of the late of the second of Polyhedra of Processing Dog MIN SEE BARDSCOTORS Tobox sorthward of Large sand who envious transfer of the sand of be well soaked in a 1% solution of Izal, Kerol or Cyllin, or preferably boiled and washed.

- 2. Blankets sprayed with the Disinfectant and washed. They must be very thoroughly dried.
- 3. The walls and floor should be sprayed with the same disinfectant, but in a strength of 1 in 50 (i.e. about 3 ounces per gallon). The walls should be thoroughly wetted and, after disinfection, repapered or limewashed.
- 4. Articles of furniture etc. should be wiped over with cloths soaked in the disinfectant and then well dried. The spraying may be done with a special portable apparatus sold for the purpose or, fairly satisfactorily, with a powerful garden sprayer.

Tuberculosis in Cattle.

The County Council might be invited to inform the District Councils quarterly what action its Officers have taken in their areas, whether Milk has been sampled for Tuberculosis, or any Tuberculous animals slaughtered. Also the question above regarding the disinfection of Cowsheds. And the advisability of substituting dried for liquid Milk in Schools.

Cases on the Tuberculosis Register: -

Urban - Total 18. Males 12. Females 6.

Rural - Total 42. Males 22. Females 20.

New Cases and Mortality during 1941: -

Urban 4. Rural 6. Mortality Urban 2. Rural 2.

New Cases

Deaths

	Respiratory		Non-Respira-		Respiratory		Non-Respira- tory		
Age Period 0 - 1 - 5 - 15 - 25 - 35 - 45 - 55 - 65 on	M.	F.	М.	F.		M.	P.	м.	F.
	RUR	AL							
0 - 1 - 5 - 15 - 25 - 35 - 45 - 55 - 65 on	1	3 2				1	1		

The part of the property of plants really the affer off. A complete the property of the proper A APPLOISE of Durellury and placed by will the selection of the selection Dr.A. Carveth Johnson is Tuberculosis Officer and Dr.J.T. Jones Assistant Tuberculosis Officer to our Districts. They have both, and I may add Miss Richards their Secretary also, been most helpful to the Councils and painstaking and kind to Patients referred to them. It is gratifying to learn from Dr. Carveth Johnson that he regards our Districts rather as bright spots in relation to Tuberculosis.

I wish in conclusion to acknowledge my indebtedness to your Clerks, Sanitary Inspectors and A.R.P. Director for much assistance throughout the year.

I am, Ladies and Gentlemen,
Your obedient Servant,
J.J.O'REILLY.