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Brecknock Rural District Council

Report

of the

Medical Officer of Health for the year 1963

Officials.

Medical Officer of Health....T.C.R.George, M.R.C.S.,
Guildhall, Brecon.

T.N.Brecon 2884.

D.P.H.

Chief Public Health Inspector. W.J.Rees,
Sanitary Inspector's
Certificate of the Royal Sanitary Institute and Sanitary Inspector's
Examination Joint Board: Meat and Other Foods Certificate of the
Royal Sanitary Institute. Diploma of the Royal Institute of Public
Health and Hygiene.

Additional Public Health Inspector.....R. Taylor,
Sanitary Inspector's
Certificate of the Royal Sanitary Institute and Sanitary Inspector's
Examination Joint Board; Meat and Other Foods Certificate of the
Royal Sanitary Institute. Diploma of the Royal Institute of Public
Health and Hygiene.

Brecknock Rural District Council

Report of the Medical Officer of Health

1963

Mr. Chairman, Ladies and Gentlemen,

I beg to submit my report on the sanitary conditions and the state of the public health in the Brecknock Rural District during the year 1963.

In this report I have endeavoured to deal briefly with all matters within my responsibility with regard to public health and preventive medicine and I have included comments on all matters specifically requested in Circular 1/64(Wales) by the Welsh Board of Health.

Section 1. General and Vital Statistics.

Area189,532 acres.

The Registrar General's estimated population for each of the last ten years are shown below.

1954. 1955. 1956. 1957. 1958. 1959. 1960. 1961. 1962. 1963.

7480. 7490. 7440. 7430. 7410. 7410. 7380. 7920. 6960. 6950.

Inhabited Houses. The number of inhabited houses was 2293 giving an average number of persons per house of 3.0

The corrected birthrate was 25.5
The corresponding rate for the whole of England and Wales was 18.2
The district rate was therefore higher than the national average and very much higher than the district deathrate, which was a very satisfactory feature.

Deaths. Males. Females. Total. Crude Rate per 1000 Pop. 57. 55. 112. 16.1

The corrected deathrate was 16.4
The corresponding rate for the whole of England and Wales was 12.2
The district rate was therefore higher than the national average but lower than the district birthrate.

Still Births. Males. Females. Total. Rate per 1000 Live & Still Births

1. 0. 1. 7.6

The corresponding rate for the whole of England and Wales was 17.3 The district rate was therefore lower than the national average.

Infant Deaths. There were no deaths registered during the year in children of under one year of age.

national average.

Maternal Mortality. No deaths could be attributed to childbirth during the year which was extremely satisfactory.

Maternal Mortality Rate

Deaths from Special Causes.

Infectious	disease	 	 	.N11.
Respiratory	tuberculosis.	 	 	.Nil.
Other forms	tuberculosis.	 	 	.Nil.
Cancer		 	 	13.

Analysis of Causes of Deaths. Males 57. Females 55.

Males. Females.

Malignant neoplasm, stomach		2.
Malignant neoplasm, breast		
Malignant neoplasm, uterus		
Other malignant neoplasms	6	2.
Vascular lesions, nervous system	13	8.
Coronary disease	9	7.
Hypertension with heart disease	4	4.
Other heart disease	9	14.
Other circulatory disease	4	
Influenza	0	
Pneumonia		3.
Bronchitis		
Other diseases, respiratory system	1	0.
Gastritis	0	2.
Nephritis	0	2.
Hyperplasia of prostate	1	0.
Congenital malformations	0	1
Other defined causes	2	2.
Motor vehicle accidents		2.
Other accidents		2.

Section 2. General Provisions of Health Services.

Public Health Officers. There was no change in your Public Health
Officers during the year. Mr.W.J.Rees remained
as your Chief Public Health Inspector and Mr.R.Taylor as your
Additional Public Health Inspector.

Laboratory Facilities. During the year laboratory facilities were available at Cardiff, Newport, Carmarthen, Swansea, Aberystwyth and Brecon. Water samples were sent to the Public Health Laboratory at Carmarthen whilst any investigation required in the control of infectious disease was performed by the Public Health Laboratory at Cardiff. All the milk sampling including the milk examined for the presence of tuberculosis was done by the Public Health Laboratory at Cardiff.

Nursing Facilities. The County Council are responsible for the provision of ambulance facilities, home nursing, maternity and child welfare, immunisation, and the treatment of minor ailments, dental and orthopaedic defects.

Hospitals. The hospital needs of the residents of the district, for all diseases apart from infectious disease, are provided by the Brecon War Memorial Hospital. A certain number of patients are also treated in the large hospitals situated in Cardiff and Swansea.

The arrangements for the treatment of infectious disease

The arrangements for the treatment of infectious disease remains the same as in previous years. Merthyr Borough Council treat the patients from the district suffering from infectious disease and these are conveyed to Merthyr in ambulances maintained by Merthyr Borough Council. These arrangements are proving extremely satisfactory.

Council. These arrangements are proving extremely satisfactory.

For the treatment of cases of smallpox arrangements have been made by the Welsh Board of Health for beds to be available at the Penrhys Hospital, Rhondda.

Water Supplies. Due to the elevation approximately 80% of the properties in the Rural Area are supplied with treated water by means of gravitation from the mains of the South-East Breconshire Water Board.

Owing to the higher elevations of the majority of the remainder of the properties it would be necessary to provide small booster pumps to pump the water. However, many of the owners of such properties are constructing their own supplies - grant aided by the Ministry of Agriculture, Fisheries and Food - and are drawing water direct from the "eye" of the springs.

Before this water can be used a satisfactory standard must be obtained and to this end samples of the water are taken by the Public Health Inspectors and forwarded to the laboratory for bacteriological examination.

Advice is given on the precautions to be taken and the maintenance necessary to ensure a wholesome supply of water for domestic purposes at all times. Unfortunately such supplies are untreated and once installed maintenance is forgotten in most cases until the water supply is suspected as being the cause of illness in the family.

Thirty three samples of water were examined during the year. All Council samples were satisfactory, 16 of the private supplies were not.

The water supplied from the South-East Breconshire Water Board regional mains is derived from:

- a. The Trinant Stream above Cwmwysg in the West. This supply is plumbo solvent and lime and chlorine are added at the Treatment Works at Portis.
- b. The Newport Corporation's Waterworks at the Aber, Talybont, from where it is purchased in bulk. This supply is not plumbo solvent.

When contaminations are found:-

- a. With Private Supplies. The boiling of water is advised until remedial measures are carried out to obtain a wholesome supply.
- b. With the Regional Mains. The attention of the Engineer/Clerk of the South East Breconshire Water Board is drawn to the fact.

Drainage and Sewerage. The arrangements for sewerage disposal in the Rural Area are reasonably adequate. The work on the sewage disposal schemes for the Villages of Bwlch and the Aber were completed and already a number of properties have been connected to the public sewers.

Properties connected to main drainage.

The response of owners to arrange for their properties to be connected to the Council's new sewers is fairly satisfactory. During the year the following number of properties were provided with main drainage.

Bwlch ... 11
Aber 2
Llangorse 2

4/. Breck	nock Rural District
These additional figures brought	the total at the end of the year to:
Bwlch	11
Aber	2
Llanfihangel Nantbran	
Cray	19 000 000 000
Llanddew	27 satisfactory out to materials
Llanfrynach	51
Llangorse	65
Llan-Talyllyn Pencelli	10 13
Pennorth & Sethrog	21
Sennybridge	273
Talybont on Usk	92
Trecastle	74
Llanfilo	8
Cradoc	14
Total	690
W. 10 1	W - 243 T
Number of visits made by Public	Health Inspectors
Number of effluent complex taker	Health Inspectors to sewage works40
Mainer of efficient samples caker	
	rice is still being carried out by under the supervision of the Chief
Public Health Inspector.	and one paper trates of one office
	further applications were received
for the removal of house refuse	
	icle covered 18,177 miles and
approximately 2,132 tons of refu	use were collected.
	nonstration by Messrs Shelvoke & Drewr
	d Pakamatic dustless loading refuse
vehicles, the Council placed and	order for delivery mid 1964.
Santtawn Inspection of the Ames	The sanitary inspection of the area
Danitually Enspectation of the Area	was undertaken by the Chief Public
Health Inspector, Mr. W. J. Rees, an	nd the Additional Public Health
Inspector, Mr. R. Taylor.	
and the state of t	to water off authority of which all the
Nuisances.	of die letters and a company fabrouse
Number of complaints received	
	d53.
Number of premises inspected	53.
Number of premises revisited	
Number of preliminary notices se	
for (a) Structural defects	
(b) Sanitary defects Number of Statutory Notices serv	
number or searchory notices serv	od
Offensive Trades. There are no of	fensive trades in the district.
Common Lodging Houses. There are	no common lodging houses in the area.
Licensed Premises.	
Number of visits made by Public	Health Inspectors29.
Number of defects found and reme	died

Shops.
Number of inspections made......18.

Eradication of Bed Bugs and Steps taken to combat infestation.

Any premises found as a result of inspection or complaint to be infested with bed bugs or other vermin is treated with D.D.T. preparations which have been found to be very successful. No premises were found infested during the year.

Rodent Control. Mr.D.I.G.Griffiths was employed by the Council during the year. However, he is not wholly employed on the work of rodent destruction. Details of the work carried out during the year is as follows:-

Number	of	premises inspected
Number	of	premises found infested
Number	of	agricultural premises inspected
		agricultural premises found infested
		premises treated by rodent operator
Number	of	premises treated by occupier

Sewers were treated during the year in the neighbourhood of infested houses. The work of rodent destruction on farms in the rural district is now the responsibility of the Council.

These are classified as business premises and a charge is made for their treatment. Either a contract for 12 months can be made costing £5, or otherwise a charge is made for labour, travelling and materials used.

Section 4. Housing. The following details show the position as it was at the end of the year.

Number	of	houses built by the Council during the year
		houses built by private enterprise during the year 8.
		inspections under the Housing Act
		notices servedNil.
		houses in course of erection by the Council4.

Improvement Grants (Discretionary) - Housing Act. 1949.

Twenty applications for discretionary improvement grants were made and all were approved and grants made. Amount paid was £8177.

The applications for discretionary improvement grants were made and all were approved and grants made. Amount paid was £8177.

Improvement Grants (Standard) - House Purchase & Housing Act, 1959.

This is a new Act under which owners can obtain half the cost, up to a maximum of £155, of installing five basic improvements in a house ie. a bath, a wash-hand basin, a water closet, a hot water system and a food store.

19 applications for Standard Grants have been received and approved during the year. The amount paid was 22265.

Housing Consolidated Regulations 1925 & 1932.

The district is being inspected regularly and, as and when the occasion necessitates, representation is made to the Council with a view to:-

(a) Serving of notices requiring the execution of works, or (b) The making of demolition or closing orders.

Demolition Orders made ... 0.
Undertakings accepted ... 2.
Properties demolished ... 3.
Closing Orders served ... 0.
Properties closed ... 0.

A comprehensive Survey was conducted during the year in connection with Housing and other Services.

Each householder was circulated with a Questionnaire relating to sinks, wash-hand basins, food stores, water closets, properties connected to sewers, earth closets, chemical closets, septic tanks, main water, private water supplies, water laid on to houses, main electricity.

Approximately 80% of the questionnaires were returned, the remainder were completed from the office.

Much valuable information was collected as a result of the Survey which cost approximately £80 to carry out.

The Survey indicated the progress that the Council has made in its many endeavours. However, much remains to be done.

The Survey Report was carefully considered and it was concluded that while much remains to be done, the Council's Progress has been a considerable one.

Concentrated attention should be given to the improvement of these houses, which if not improved and repaired in the near future, will become the slum properties of our time.

Section 5. Inspection and Supervision of Food.

The number of food premises in the area was as follows:-

Clubsl.	
Retailers16.	
Ice Cream Retailers	
Cafes6	
Hotels where meals are served 12.	
Fish and Chip shops	
ribit dikt. Onip bitops	,

On the whole it can be said that the general standard of cleanliness observed was satisfactory. On no occasion has it been found necessary to serve a notice on any person engaged in the food trade.

There was no educational activity in connection with food in the district during the year but in the normal course of their duties the Public Health Inspectors, in their discussions with persons engaged in the food trade, emphasised the importance of the need for the highest standard of hygienic principle in the preparation and sale of foodstuffs to the public.

School Canteens. Visits were made to and inspections made of school canteens and dining rooms. The attention of the Breconshire Education Committee was drawn to those premises which did not come up to the required standard by the Food Hygiene Regulations, 1955, with a request that such improvements as were necessary be carried out.

Meat Inspection. The owner of the slaughterhouse had carried out the necessary alterations to bring the standard of the building up to the requirements of the regulations.

Number of various animals inspected.

Cattle	Sheep	Calves	Pigs
306	2980	4	427

Carcases and Offal inspected and condemned in whole or in part

tons Disanso.	Cattle exclud- ing Cows	Cows	Calves	Sheep and Lambs	Pigs	Horses
Number killed	83	233	4	2980	427	-
Number inspected	83	233	4	2980	427	-
All diseases except Tuberculosis & Cysticerci						
Whole carcases condemned	-	-	-	-	2	-
Carcases of which some par organ was condemned	t mannye,	19	1	89	17	
Percentage of the number inspected affected with disease	edd worte a	8.5	25.0	2.9	4.4	-
Tuberculosis only						
Whole carcases condemned	- dede	-			-	-
Carcases of which some par or organ was condemned	t				2	-
Percentage of the number inspected affected with disease	100g 41009	7 74 5	at throis	1000- 1	0.4	-

As there are no facilities at the slaughterhouse at Llangorse for the sterilisation of condemned meat in accordance with the above Regulations all such meat is removed by the Inspectors and buried in one of the refuse disposal sites. Meat condemned amounted to 665 lbs. No tinned food was condemned.

Milk.		
Number	of	cowsheds and dairies inspected
Number	of	samples taken during the year
Number	of	samples satisfactory9.
		samples unsatisfactory

All of the above were examined for the presence of tuberculosis and brucelle abortus, one only giving a positive Brucelle test. The result of these samples were sent to the Milk Sub-Committee of the Ministry at Brecon.

Food Preparation Rooms (including bakehouses).

Ice Cream Premises.

Number of	inspections made
	samples taken
All these	samples were reported as satisfactory.

Preserved Food Premises.

Fish and Fried Fish Shops. One premises is registered in the area for the sale of fried fish. Fish sold retail from motor vans is frequently inspected.

Section 6. Prevalence and Control of Infectious Disease.

The district experienced quite a severe outbreak of measles during the year with a total of 144 cases notified. This epidemic started in July and continued throughout the year with the peak period in October. No cases of measles were admitted to hospital and no deaths occurred as a result of these cases.

One case of paratyphoid was also notified, the cause of which was

not ascertained.

Venereal Disease. The County Council has an agreement with the General and Eye Hospital, Swansea, for the treatment of these cases. The tracing of contacts and the following up of defaulters is the responsibility of the County Council.

Tuberculosis The following details show the position as regards tuberculosis in recent years.

Number of cases on register at commencement of year34.
Number of fresh cases notified during the year
(a) Deaths
(b) Left district
(c) Recovered
Number of cases remaining on register at end of year

The number of cases notified in recent years is shown below:-

1954. 1955. 1956. 1957. 1958. 1959. 1960. 1961. 1962. 1963.

5. 13. 5. 7. 5. 9. 2. 2. 7. 0.

APPENDIX

Factories Acts 1937 to 1959

ANNUAL REPORT OF THE MEDICAL OFFICER OF HEALTH IN RESPECT OF THE YEAR 1963 FOR THE RURAL DISTRICT OF BRECKNOCK IN THE COUNTY OF BRECKNOCK

PART 1 OF THE ACT

1.- INSPECTIONS for purposes of provisions as to health (including inspections made by Public Health Inspectors).

The second second second second second second second	Number	Num	ber of	Description of the last of the
Premises	on	Inspect	Written	Occupiers
	Register			Prosecuted
(1)	(2)	(3)	(4)	(5)
1. Factories in which Section 1,2,3, 4, and 6 are to be enforced by Local Authorities	3	2	o l e mano	-005
ii.Factories not included in(i)in which Section 7 is enforced by the Local Authority	15	2	indicate a	a woodenst
iii. Other premises in which Sec. 7 is enforced by the Local Authority (excluding Out-workers premises		2-020	- ct 1	nation is
Total	18	4	Marie 6	120.

2.- Cases in which DEFECTS were found
(If defects are discovered at the premises on two, three or more separate occasions they should be reckoned as two, three or more cases).

	Number of cases in which defects were found				cases in which
Particulars	Found	Remedied			prosecutions
(1)	(2)	(3)	(4)	(5)	were instituted (6)
Want of cleanliness(S.1)	_	-		-	-
Overcrowding(S.2)	_	-	-	-	-
Unreasonable Temperature(S.3)	_		_		_
Inadequate Ventilation(S.4)		-	_	-	
Ineffective drainage of floors(S.6)	_	_	_	_	_
Sanitary Conveniences (S.7) (a)Insufficient	_	_	-		-
(b)Unsuitable or defective			_		-
(c)Not separate for sexes			_	-	-
Other offences against the Act(not including offences relating to out-work)	-	-	-	-	-
Total	-	-	-	-	-

There was no out-work done in the district during the year.

Yours faithfully,

T.C.R.George,

Medical Officer of Health

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was no out-work done in the district during the year.

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