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Contributors

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AYLESBURY RURAL DISTRICT

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ANNUAL REPORT FOR THE YEAR

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OF THE

MEDICAL OFFICER OF HEALTH

ANDTHE

CHIEF PUBLIC HEALTH INSPECTOR

MEDICAL OFFICER OF HEALTH:

DR. A. W. PRINGLE, B.A., M.B., B.CH., D.P.H.

DEPUTY MEDICAL OFFICER OF HEALTH:

DR. B. H. BURNE, M.R.C.S., L.R.C.P., D.P.H.

CHIEF PUBLIC HEALTH INSPECTOR:

R. A. CANT, M.A.P.H.I., M.R.S.H., A.M.S.E.

DEPUTY CHIEF PUBLIC HEALTH INSPECTOR:

W. A. MATHER, A.M.I.P.H.E., M.A.P.H.I.

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AYLESBURY RURAL DISTRICT COUNCIL

84. WALTON STREET, AYLESBURY,

BUCKS.

July, 1964.

To the Chairman and Members of the RURAL DISTRICT COUNCIL OF AYLESBURY.

MADAM CHAIRMAN, LADIES AND GENTLEMEN,

I have the honour to present the Annual Report on the health and vital statistics of the Aylesbury Rural District for the year 1963.

The population of the Rural District increased by some 450 people during the year and the announcement of plans for future population increase in South-east England must turn thoughts to the likely demands which will be made on the housing, health and welfare services over the next ten years or so. After employment, housing and recreational facilities are, of course, top priorities. People moving in from other areas invariably need more maternity beds, more help from welfare services and support from the local Council services generally than those who have been resident in the area for some years. One wonders, also, whether the general practitioner service will be able to maintain its present high standard in the face of an accelerated annual increase of patients and the present national shortage of general practitioners. These are a few of the thoughts which occur to me. If the figures announced can be trusted it looks then as if the immediate future is going to be a time of rapid expansion for both voluntary and statutory services and it is hoped that realistic planning and financial provision will avoid any overstrain.

Because of the large number of visitors to Zermatt the serious outbreak of typhoid fever there early in the year had repercussions far beyond the frontiers of Switzerland. There was a good deal of outspoken criticism of the way in which the outbreak was handled, much of which appears to have been justified, and it may be that similar outbreaks at continental holiday resorts will tend to be underes timated because of the serious financial loss involved in swift action and publicity. However, the lasting impression should be that

- 1 -

that clean water and sound sewage disposal are just as important toda as they always have been. One contact who returned to the Rural District was kept under observation until cleared by laboratory test

In recent years there has been a general increase in the number of cases of dysentery in Britain. Although thirty-six cases were notified in the Rural District during the year there was no outbreak as these cases were isolated, occurring in ones and twos, and scatte throughout the district. They were mostly of the mild sonnei variety which by their lack of severe symptons add to the difficulty of contain some instances a member of the family had symptons which cleared in a few days without investigation or treatment but gave rise later to another case in the same family. It was only when the infectious nature of the illness was apparent that medical advice was sought. The importance of strict observation of the rules of personal hygien in limiting the spread of this type of infection is obvious.

I am glad to report that no cases of food poisoning were notification in a strong possibility that some outbreaks may be due to food poisoning organisms being imported in animal feeding stuffs and that cattle excreta infect meat in slaughterhouses. It may be that importeding stuffs can be effectively sterilised by gamma radiation and, if so, a major step towards control will have been made.

One of the Oxford Regional Hospital Board's Mass Radiology Uniticarried out a survey in the rural district during April and May, 196. The places visited and the numbers volunteering for chest X-Rays are given in the table below. The Health Department co-operated with the Unit in seeing that there was advance publicity and shop-keepers and others kindly displayed posters, but it must be admitted that while the response from firms' employees was good, that from the general public was poor.

- 2 -

	mabb	madical and purvey	
Location	Firms	General Public	Total
Bierton	and toon	183	183
Aston Clinton	92	211	303
Weston Turville	Trod Tato.	184	184
Stoke Mandeville	-	186	186
Wendover	-	605	605
Whitchurch	Paramet 1	261	261
Haddenham	575	257	832
Long Crendon	152	294	446
Brill	-	132	132
Quainton	ME Solina a	202	202
Waddesdon	or the Hollin	302	302
	819	2817	3636

Mass Radiography Survey

Five new cases of tuberculosis were notified during the year.

This gives a rate of 0.14 per 1,000 which is well below the national average. The rural areas have not so far attracted many Pakistani or Italian immigrants who tend to have a considerably higher tuberculosis rate than the native population. However, a similar situation existed in Polish immigrants after the last War and their case rate is now no higher than average.

It is not possible to obtain accurate figures for the incidence of venereal disease. Some cases are treated by their general practitioners while others prefer to attend a specialist clinic outside their area of residence. Figures for new cases attending the clinic at the Royal Bucks Hospital are, therefore, misleading but the Specialist has confirmed my impression that the incidence in the Rural District is very low. The County Health Committee agreed to appoint a Medical Social Worker, part of whose time would be devoted to contact tracing and follow-up of cases under treatment. It is hoped that this, combined with health education, will do much to limit the spread of infection.

Although the Council, in company with the other Local Authorities in the mid-Bucks area, passed a resolution in favour of fluoridation of water supplies, it may be some time before this beneficial measure can be put into practice. As I mentioned in my initial report, as matters

the agreement of all Authorities whose areas are supplied from the same source will be necessary. During November the County Council asked the County Councils Association to continue to pursue with the Ministry of Health means by which a uniform policy for fluoridation country water might be achieved.

The policy adopted during 1962 with regard to smoking and health was continued. The main aim is to prevent young people starting to smoke and at the same time to ensure that the danger of smoking is brought convincingly to the notice of as many people as possible. Films, talks and discussions were continued at schools, youth clubs and adult groups. Although there is as yet no proof of the effective ness of the campaign there is a general feeling that at least non-smokers are being given support. The County Chest Consultant started a no-smoking clinic for certain patients attending the chest clinic and he has reported some success.

During the year I was appointed to membership of the Royal

Buckinghamshire and Associated Hospitals Management Committee. I

have found this most valuable as it allows me to keep abreast of tree
and developments on the hospital side.

I would like to thank you again for your interest and support and to acknowledge all the help I have received from the staff of the Health Department.

I am,

Your obedient Servant,

A. W. PRINGLE, B.A., M.B., D.P.H.

Medical Officer of Health.

	STAT	ISTICS	AND	SOCIAL	CONDI	TIONS	OF	THE	AREA			
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- 5 -

Infant Deaths (Cont'd)		1962				7067	
	Total	1902 M	F	m Diat	otal	1963 M	F
Early Neo-Natal mortality:	Q.L-B.hm	Definition	68)	nollal	o vai	Total	(0)
(Deaths under 1 week per 1,000 total live births)							
Number	7 7	4	3		4	2	2
Rate	otos	11.2	by n		sorgo	6.22	
Perinatal mortality:							
(Stillbirths and deaths under l week combined per 1,000 total live and still births)							
Number	14 50	5	9		12	5	7
Rate		22.15				18.43	
Maternal mortality:							nx24
Number	-	-			1	-	1
Rate		- no (a)				1.54	
		nap zoo	nd:			and 2 had	
Deaths from Cancer	••• •		9-110	••••	1110	66	
AVITAGE	o.p.	DD LEUG					
ANALYSIS	OF	DEATHS					
5.01	-		SALT	Numb	er of	Deaths	2
Disease				Male	Femal	e To	otal
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Prevalence of and Control over Infectious and other Diseases:

1962

1963

Disease	No. of Cases Notified	No. of Deaths	No. of Cases Notified	No. of Deaths
Smallpox Measles Whooping Cough Scarlet Fever Pneumonia Puerperal Pyrexia Erysipelas Diphtheria Cerebro-Spinal Mening Acute Anterior Poliom Dysentery Para-Typhoid Ophthalmia Neonatorum Malaria Typhoid Food Poisoning	yelitis- 5	37	242 3 5 3 - 1 36 - 1	43
	357	37	291	43

TUBERCULOSIS

New Cases Deaths

Age Periods	Resp	iratory	Non-Respira	atory	Respi	ratory	Non-Res	piratory
ALDON'S	М	F	M	F	M	F	M	F
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5	-	- Caner	Anon Torran	-	-	-	, Tono)	vana"
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25	-	1	Iman blad a	t etat	to been	alo In	vannov A	-
35	1	.media	al imminum	- 17	one i	Van-100	Dea _Cot!	quol
45	2	tgagli ba	and Agroolet	- Opinies	Leyes	olfe Ag	Donotale	1
55	-	-	-	-	-	-	-	-
65	-	-	-	-	1	-	-	-
Not know	m -	-	-	-	-	-	-	-
	4	1	-	-	1	-	-	1

GENERAL PROVISION OF HEALTH SERVICES

Hospitals

Hospital accommodation for the District is provided by the Royal Bucks and Tindal Hospitals. Infectious disease cases are admitted to the Aylesbury Isolation Hospital.

These three hospitals are administered by the Royal Bucks and Associated Hospitals Management Committee.

Cases are admitted to the Stoke Mandeville Hospital or the Radcliffe Infirmary, Oxford, if bed space is unavailable at the above. Similarly, infectious disease cases are admitted to infectious disease hospitals within the Oxford region when there is no accommodation locally.

Pathology Laboratory, Stoke Mandeville

Routine samples of milk, water and other specimens requiring bacteriological examination were sent to this laboratory throughout the year. Reports were received with the minimum of delay, and the help and advice given by the Medical Director were much appreciated.

Ambulance Services

These are provided by the Bucks County Council, and are under the direction of the County Medical Officer. Eleven ambulances and five dual purpose vehicles were available at the Ambulance Headquarters, Buckingham Road, for use in the Borough and surrounding districts. There is two-way radio link between all vehicles and Headquarters. The majority of long distance journeys are carried out by train, stretcher cases being accommodated in reserved compartments. All casualties are conveyed to the Casualty Department at the Royal Bucks Hospital.

Diphtheria & Whooping Cough Immunisation, and Poliomyelitis Vaccinati

The Bucks County Council, being the Local Health Authority as defined by the National Health Service Act, 1946, administer these services.

Treatment of Venereal Disease

A venereal disease clinic is held regularly at the Royal Bucks Hospital, Aylesbury, where free treatment is given. This clinic is administered by the Royal Bucks and Associated Hospitals Management Committee.

Child Welfare Centres:

Centre	Sessions	Doctor attends
Aston Clinton	1st & 3rd Friday	3rd Friday
Brill	3rd Friday	Dan e-olfongani
Long Crendon	2nd & 4th Thursday	4th Thursday
Waddesdon	2nd & 4th Friday	Prentace
Quainton	1st Tuesday	Each session
Haddenham	2nd & 4th Thursday	(I)
Wendover	Each Monday	Each session
Weston Turville	3rd Thursday	Each session
Whitchurch	4th Friday	Each session
Worminghall	1st Thursday	Each session
Halton (R.A.F.)	2nd & 4th Thursday	Each session
Stone	4th Tuesday	Each session
Grendon Underwood	2nd Monday (from 14/10/63)	Each session
Mobile		
Westcott	3rd Thursday	Each session
Cuddington	3rd Thursday	Each session
Upper Winchendon	3rd Thursday	Each session
Lower Winchendon	3rd Thursday	Each session
Total attendances at	Child Welfare Centres	6,263
	t Mobile Child Welfare Centre	
od partetion.	Total attendances	6,487

As will be seen, there was a total of 6,487 attendances at these Clinics. Besides advice on the health of infants and toddlers given to individual mothers, there were talks on a variety of health subjects for groups at the Clinics. Courses of immunisation against smallpox, poliomyelitis, diphtheria, whooping cough and tetanus were available or could be given by the family doctor. Almost all parents who attended the Clinics were anxious that their children should have the maximum immunity against these diseases, but there was still a minority of the population who failed to take this advantage. There is now clear evidence of the success of immunisation against poliomyelitis. For the second year in succession there have been no cases of this crippling disease in this area.

FACTORIES ACT, 1961

PART I

L. INSPECTIONS for purposes of provisions as to health (including inspections made by Public Health Inspectors):

	Premises	No. on	Number of				
	(1)	Register (2)	Inspect- ions.	Written Notices (4)	Occupiers prosecuted (5)		
	(1)	(2)	(5)	(4)	(5)		
(i)	Factories in which Sections 1, 2, 3, 4 & 6 are to be						
	enforced by Local Authorities	. 8	Thereday tal	-	Liengalmon		
(ii)	Factories not	wasan.	2nd a 4th Thi	0	Halton (R.A.F.		
	included in (i) in which Section						
	7 is enforced by the Local						
	Authority	. 52	. 7	-	Mobile		
iii)							
	which Section 7 is enforced by						
	the Local Authority	kers'	Spd Thursday				
	premises)	• 36	Vibrindt pag	dolor con	Largery waves		
	Total	• 96	8	do la Borola	notes all toll a		
	Cases in Which DE	FECTS were	found:	ONE	edda Lafor		

PART VIII

(Sections 133 and 134) Outwork

There are 10 outworkers registered in the District, all engaged in the making of waering apparel. The premises in which the work is carried out have been inspected and found to be satisfactory in respect of conditions set out in the Act.

AYLESBURY RURAL DISTRICT COUNCIL

R. A. CANT. M.A.P.H.I., M.R.S.H., A.M.S.E.
CHIEF FUDLIC HEALTH INSPECTOR.
EVILDING SURVEYOR.

W. A. MATHER, A.M.I.P.H.E., M.A.P.H.I. TELEPHONE: AYLESBURY 4211 (MISEE LINES). HEALTH DEPARTMENT, 84, WALTON STREET, AYLESBURY,

BUCKS.

July, 1964.

To the Chairman and Members of the RURAL DISTRICT COUNCIL OF AYLESBURY.

I have the honour to report on the work of the Inspectors' branch of the Department for the year 1963.

PUBLIC CLEANSING

Refuse Collection:

I have made this the first item of my report as 1963 saw the introduction for the first time of a complete weekly refuse collection. Parts of the district have had a weekly collection for some years but to extend the service over the whole area has needed careful re-deployment of both man-power and vehicles. This may be regarded as a definite achievement for a scattered Rural area, particularly since it has been accomplished without a marked rise in costs and at an average of less than 50/- per property per annum.

The collection vehicles are all Dennis Machines and comprise

1 Paxit Major, 4 Paxit II, 1 Barrier Loader and a 10 cu. yd. Side-loader
used part-time.

Disposal is carried out almost entirely at Hartwell Old Brickyard where the Council's Depot and Garages are also situated. The tip is sited in a reasonably central position but even so some parts of the area are 15 miles distant.

Regular check weighings are carried out on the loads delivered, and our records indicate that last year 8,958 tons of refuse were collected. The increasing demand for disposal of unwanted cars is at present being met by accepting the vehicles at the tip upon payment of a charge of 50/-. The charge is to help meet the cost of cutting up the vehicles in order to facilitate disposal. In addition to being expensive to dispose of, the cost of collecting abandoned vehicles is also heavy. Once abandoned, the cars are stripped almost overnight and

- 11 -

/Cont'd

wheels are generally removed, necessitating the hire of lifting gear as well as transport when the vehicles are collected for disposal.

The provision of litter bins by the Highway Authority at lay-by on the trunk roads has still not been satisfactorily accomplished and consequently the clearance of the various receptacles, which is undertaken by this Council and paid for by the Bucks County Council, is inefficient and leaves much to be desired. Efforts were made to get this work put on a regular contract basis, but this had still not been achieved at the end of the year.

Salvage:

Unsorted mixed waste paper is baled at the Depot. The paper is collected during normal refuse collection time in trailers attached to the vehicles. The total sold, 179 tons 18½ cwts, is almost the same as the previous year but the receipts were down owing to a variation in price. The gross income was £1065. 17s. 6d.

Bin Hiring Scheme:

Bins are still hired at the same rate of 5/- per annum and applications continue to come in fairly regularly. At the end of the year, 3,900 bins had been issued. The scheme has now been in operation for nearly 10 years and the total issues include a few replacements but the number is remarkably small.

Cesspool Emptying:

Cesspool emptying has been reduced to such an extent that only 3 vehicles are now used and one of these is operated part-time.

Conversion of pail closets to W.C.s. proceeds gradually and the offer of conversion grants where applicable helps to promote this desirable improvement and lessens the burden on the cleansing service. The number still being serviced at the end of the year was 340.

Where additional cesspool emptying is required over the routing service, this is undertaken at a set scale of charges providing normal work permits. A few special requests are complied with, such as emptying farm cesspools and occasionally flooded cellars, etc.

Income from such work during the year amounted to £192. 1s. 10d.

SEWERAGE AND SEWAGE DISPOSAL

There were no new schemes to report completed during 1963, but the extensions to the Humus Tanks and Mud Beds at Quainton Sewage Disposal Site were finished and put into operation.

The extensive modernisation at Aston Clinton Sewage Disposal Works were still in progress at the end of the year.

Permission to go to tender was received from the Ministry in respect of the Cuddington Scheme in November, but the proposed new Disposal Works for Haddenham had not reached the Inquiry stage.

Sewer extensions were carried out at Worlds End Lane, Weston Turville and Chilton Road, Long Crendon.

Sewer maintenance work was undertaken at Quainton, Wendover and Ickford. A specialist firm being engaged to scrape sections of the sewers where trouble had been experienced.

The maintenance of sewers, pumping stations and disposal sites becomes a greater problem each year. The use of specialist firms for certain works is a considerable help but the setting up of a maintenance team has become essential and proposals for this addition to the present labour force will be worked out during 1964 for consideration by the Council. There are now 17 disposal sites (excluding the 7 small Housing Site plants) and 26 pumping stations to be maintained. The length of sewers is in the region of 80 miles.

The problem of farm drainage was still unresolved in spite of considerable effort by your officers during the year. In addition to accumulating much information from many sources, experimental work was carried out at cowsheds to help establish a fair and equitable basis for charging.

HOUSING

A total of 24 properties were represented to the Committee as being unfit and notices of intention to consider the making of Demolition Orders or Closing Orders were served. As a result of these and earlier representations, 17 Demolition Orders and 6 Closing Orders were made, and an Undertaking to repair was accepted in the case of 3 properties.

Following reconditioning proposals, 6 Demolition Orders and 3 Closing Orders were cancelled upon satisfactory completion of the necessary work.

91 properties were repaired as a result of formal and informal action.

Improvement Grants:

During the year, 100 formal applications were received. Of the

A visiting Sub-Committee inspected all properties where Discret: ary Grants were sought and also viewed other properties concerning which preliminary inquiries had been made.

The following statement gives the overall position regarding Grants as at 31st December, 1963:-

Discretionary Grants:

	The state of the s			
No.	of Grants on Council property			3
No.	of private properties covered by applications received			555
No.	approved			496
No.	refused			43
No.	withdrawn before approval		***	16
			38-38	555
No.	withdrawn after approval			46
Tot	al amount of Grants paid (excluding	ng wit	hdrawa	als)
	= £126,345. 10s.	8d.		

Standard Grants:

Total number of applications received ... 205

Dangerous Buildings:

The principal action in this field concerned the re-roofing of a row of eight cottages. Court action was necessary and an Order made for the necessary work.

Other smaller incidents were dealt with, the owners concerned usually responding quickly when their attention is drawn to dangerous conditions.

NEW BUILDINGS

The number of plans submitted during the year totalled 778.

These are summarised as follows:-

Building Byelaws - Town & Country Planning Act

<u>Dwelling Houses</u>	
New	157 for 521 houses
Layout plans	2 for 136 houses
Outline applications	142
Conversions	25
Alterations and Additions	146
Change of use	12
Industrial	
New	14 adougly wastened
Alterations and Additions to Factories and Workshops	0
	8
Outline applications	5-50 100 0000000
Change of use	6
Miscellaneous	
Agricultural Buildings	34
Private Garages	130
Caravans	6 for 11 caravans
Others	72
Applications cancelled	19
Number of Dwellings completed	
Private	99
Local Authority	24
54.05 09.0	123
	/0

Decisions on 23 Planning Appeals were received. Of these, 19 were dismissed and 4 allowed.

Two notices were served under Section 65 of the Public Health Act, 1936 requiring the removal or alteration of works not in compliance with the building byelaws.

One prosecution was taken under Section I of the Caravan Sites and Control of Development Act, 1960 for unauthorised siting of caravans without a Site Licence.

One application for relaxation of the Council's Building
Byelaws was submitted and approved by the Minister of Housing and
Local Government.

FOOD INSPECTION

Meat Inspection:

Full inspection of all slaughtering has been carried out at the two slaughterhouses still operating in the District. There is one cold store in the area and carcases affected with cysticercus bovis are sent from surrounding districts for the necessary retention period. Notifications of these cases are received from the respective local authorities so that the necessary checks can be made.

The schedule of inspections and condemnations is set out below Carcases and Offal inspected and condemned in whole or in part:

	Cattle Excludin Cows		Calves	Sheep and Lambs	Pigs
Number killed	121	ilngs	17	554	191
Number inspected	121		17	554	191
All diseases except Tuberculosis and	***		***	anavara	
Cysticerci					
Whole carcases condemned	- 1120,3	to the	ons cano	1	-
Carcases of which some part or organ condemned	17	Personal Per	-	4	20
Percentage of the number inspected affected with disease other than Tuberculosis and					
Cysticerci	14.05	-	-	0.90	10.47

allessblitten eds.ben	Cattle Excluding Cows	Cows	Calves Sheep and Pigs Lambs
perculosis only			
ole carcases idemned		-	
cases of which some t or organ condemned	100 TE 7414	-	Belling To A.J
centage of the number spected affected with			
perculosis		-	nen Franz pasalaus

sticercus bovis

2 beasts, i.e. 1.65% of all cattle inspected, excluding calves, were und to be affected by Cysticercus bovis. The organs containing the sions were condemned and the carcases and other edible offal detained cold storage for fourteen days before being released for human asymption.

Number of visits to slaughterhouses	 	190
Total number of carcases inspected	 	883
Total weight of meat condemmed	 	426 lbs.
Number of licensed slaughtermen	 	10

In addition to unsound meat condemned in slaughterhouses, 40 lbs. Boneless Beef in retail premises and 26 lbs. of meat at a School nteen were condemned as being unsound and unfit for human consumption. her condemnations included 4 stone of fish and $\frac{1}{2}$ cwt. of grapes.

od Premises and Shops:

Formal action was not necessary during the year at any food premises.

me informal requests for care and attention to detail were made from

me to time, but no difficulty or lack of response had to be reported.

WATER SUPPLY

The mains of the Bucks Water Board now extend to all parishes in e District.

There were no cases of main extension to report during the year.

PEST DESTRUCTION

This work is carried out by one operator and the main details from the Annual Return to the Ministry of Agriculture, Fisheries and Food are as follows:-

Infestations			Rats	Mice
L.A. properties	•••		 19	Dhon mag
Private dwellings		• • •	 136	17
Business premises			 19	6
Agricultural premises			 118	4

Total number of inspections made in dealing with general pest control was 2,729.

Assistance in dealing with other pests, mainly wasps, flies and ants, was given whenever possible.

PETROL STORAGE

Six new licences were granted during the year, but two old ones were not renewed, leaving a net total of 95 licensed stores at the end of the year.

V I S I T S AND INSPECTIONS	
New Buildings	1952
Cleansing	87
Dangerous Buildings	78
Ditches	110
Drainage	767
Drain Tests	502
Animal Boarding Establishments	7
Agricultural Workers	18
Factories	8
Food Premises and Food Inspection	67
Sale of Ice Cream	23
Housing Acts	364
Improvement Grants	860

Infestation and Infectiou	s Diseases		•••		11
Levelling					51
Milk Regulations					5
Miscellaneous		• • •			233
Moveable Dwellings					146
Means of Escape in case of	f Fire	• • •			12
Nuisances		• • •			197
Petroleum Acts			• • •		144
Public Health Act		• • • •		•••	186
Refuse Collection and Sca	venging		• • •		168
Rodent Control		• • •	• • •	• • • •	2743
Sewage Works			•••		299
Sewerage		• • • •	• • •		669
Slaughterhouses	• • • • • •				179
Smoke Abatement					10
Trade Effluents					110
Water Supply			• • •		55
Water Samples					9

In conclusion I would like to express my thanks to the Members and Officers of the Council for their courtesy and help during the year and in particular to the staff of the Health Department.

Your obedient Servant,

R. A. CANT, M.A.P.H.I., M.R.S.H., A.M.S.E.

Chief Public Health Inspector and Building Surveyor. eds of salmed on asserts of the Council for their courtesy and help during the fresh of the fields and the fields

Your obedient Servent,

R. A. CANT, M.A.F.H.I., M.R.S.S.H., AND. A. H.

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