A dissertation on the properties and efficacy of the Lisbon diet-drink; a medicine ... used in Portugal, in the cure of the venereal disease and scurvy: in which, its comparative excellence with mercury and guaiacum is considered. ... Together with reflections on the improper use of mercury. ... To which is annex'd an appendix; with ... cases / [John Leake].

#### **Contributors**

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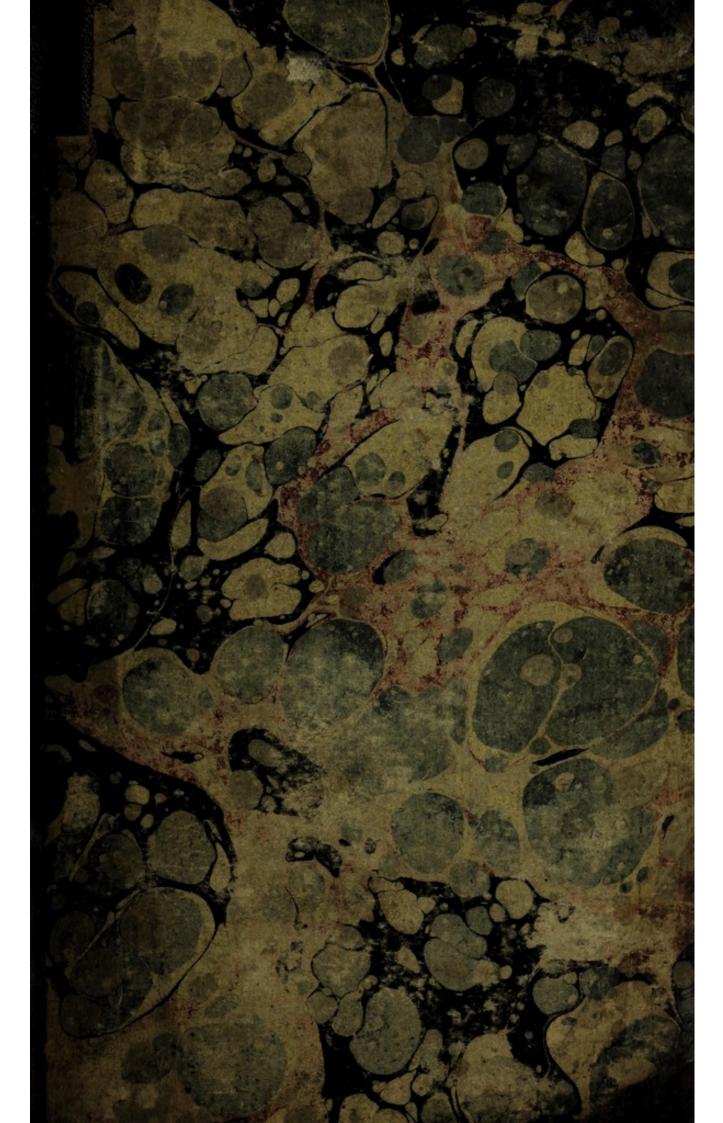
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### INTRODUCTION

TO A

# DISSERTATION

ON THE

PROPERTIES AND EFFICACY

OF THE

# LISBON DIET-DRINK,

AND ITS

### EXTRACT,

IN THE CURE OF THE

### VENEREAL DISEASE AND SCURVY;

RHEUMATIC GOUT, the SCROPHULA, CONSUMPTION, and other Disorders proceeding from an impure State of the Blood; especially those of the Skin and GLANDS.

TO WHICH ARE ADDED,

#### SIXTY-THREE SELECT CASES,

Confirming its Success and restorative Power in Consumptive
Habits, and broken Constitutions.

\*\* The EXTRACT may be taken unimpaired in its Virtues, in any Climate; and, as a mild Stomachic Alterative, has been found highly beneficial in sweetening the Blood, and repairing the Constitution. Also preparatory to SEA BATHING; and as a gentle Laxative, during the Use of Bath, Tunbridge, or Spa Waters which render the Habit costive.

#### BY JOHN LEAKE, M.D.

Of the Royal College of Physicians, London, and Physician to the Westminster Lying-in Hospital, at his House in Parliament-street.

#### A NEW EDITION.

#### LONDON:

Printed for R. BALDWIN, Paternoster-Row; and may be had of the feveral Booksellers, Price Two Shillings.

[C. [1791]

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HISTORICAL

# Abstract Account

OF THE

# Westminster Lying-in Hospital,

NEAR THE BRIDGE, INSTITUTED A.D. 1765.

AND SUPPORTED BY

### VOLUNTARY SUBSCRIPTION.

PRESIDENT,

Right Honourable Earl GROSVENOR.

VICE-PRESIDENTS,

Duke of RUTLAND,
Admiral Lord HOOD,
Hon. Gen. W. HERVEY,
Hon. T. GROSVENOR.

In the year 1765, Dr. John Leake, of Parliamentftreet, London, purchased a piece of ground on a Building-Lease, and afterwards presented to the Public the original Plan for the Institution of this Hospital\*. Soon as the Building was raised, he voluntarily, and without any consideration, assigned over to the Governors all his right of the above premises, in favor of the Hospital.

Being honored with the Patronage and Support of feveral Gentlemen of the first Distinction, and favoured by the affistance of his Friends, and the public, which he is desirous most respectfully to acknowledge; he, at last,

had

<sup>\*</sup> This Hospital is now directed to undergo a thorough Repair; after which, an additional number of patients will be admitted, in consequence of MANY NEW SUBSCRIBERS, and a Legacy of THREE THOUSAND POUNDS bequeathed to this Charity by the late Richard Russell, Esq. of Bermondsey.

had the fatisfaction of feeing this charitable design carried into execution, after the repeated exertion of his utmost endeavors to that end.

The Institution of this Hospital is principally defigned to relieve the Wives of poor industrious tradesmen, who, from unavoidable misfortunes, are reduced to real want; and also for the relief of indigent Soldiers and Sailors Wives; but the Governors being repeatedly informed of the many fevere hardships and cruel treatment, which unmarried Women undergo, and who, on account of being fuch, are rejected elsewhere; they have unanimously resolved to admit fuch of them as are found to be deserted and in real want; not doubting that this resolution, founded in Humanity, will meet with the approbation of a generous and difcerning Public; many melancholy instances having occurred, where fuch unfortunate Women, thut out from all friendly thelter, overwhelmed with shame, and destitute of Hope, Money, or Friends, have been driven to despair by such complicated misery, and were tempted to destroy themselves or murder their Infants!

This Hospital, in which near eight thousand Patients have been delivered, being instituted upon the most liberal and extensive plan of admitting both married and single Women, as well as delivering others at their own habitations, and giving advice to the sick, in Diseases peculiar to Women, without see or reward; the Governors hope for its support by the affluent and humane; and earnestly request the timely affistance of those who, by Will, Subscription, or other Donation,

may be pleased to contribute thereunto.

SUBSCRIPTIONS and Donations are received by Meffis. DRUM-MONDS and Co. BANKERS, at Charing-cross, and by Sir James Espaile, Sir Ben. Hammet, and Co. Bankers in Lombard-fireet.

ASE I. Scorbutic Eruptions, with glandu-
lar, scropbulous swelling in the Neck, and
Abscesses in the Arm-pits, — 2
CASE II. Gonorrhæa of long standing, with vio-
lent Pain and Pressure at the Neck of the Blad-
CASE III Emptions on the Pode on Illem in
CASE III. Eruptions on the Body, an Ulcer in
the Mouth, and a Buho,  CASE IV. Stubborn Scorbutic Head-ach, of eight
Years standing, with Eruptions on the Body. 6
CASE V. Venereal Ulcers in the Throat, and
Eruptions on the Skin, — 7
CASE VI. Nocturnal Pains in the Head, a Caries
of the Bones of the Nose and Palate, with Ulce-
ration of the Tonsils and Uvula, 8
CASE VII. Ulceration of the left Tonfil Gland,
with a Venereal Tumor on the inside of the
Throat, succeeding an old Gonorrhea, 10
CASE VIII. Bubo, Blotches and a virulent
Discharge, 13 CASE IX. VENEREAL SCROPHULA. Nocturnal
Pains in the Head, Shanker and hard scropbu-
lous Swellings under the Chin, and behind the
Ears, after Salivation, — 14
CASE X. Virulent Gonorrhæa of long Conti-
nuance, — 15
CASE XI. Old Shankers breaking out after
Salivation, — ibid.
CASE XII. Swelling of the Testes, Excrescences
on the Glans and Prepuce, and Blotches on the Head and Body, of four Years continuance, 16
A 3 CASE
J CIAGL

CASE XIII. Enlargement of the Testes, with
thick scaly Eruptions, and preternatural Indu-
ration of the Scrotum,
CASE XIV. Scorbutic Ulcer and Swelling of
the Leg, — 18
CASE XV. Scurf and Morphew on the Hands,
Face, and Body, — ibid.
CASE XVI. Scorbutic Gout, with Contraction
of the Fingers, paralytic Numbness of the Hands,
and Eruptions on the Head, 19
CASE XVII. Fluor Albus, or Female Weak-
ness, with Scorbutic Eruptions on the Head and
Face, 20
CASE XVIII. Venereal Ulcer in the Throat,
with Deafness, and Noise in the Ears, 21
CASE XIX. Ulcer in the Throat, 22
CASE XX. Intense Head-ach, with Eruptions
on the Skin, — 23
CASE XXI. Scorbutic Gout, with Eruptions
on the Hands, Arms, and Body; 24
CASE XXII. Rheumatism, with hollow Ulcer
on the Knee, and Enlargement of the Joint,
tending to a White Swelling, 26
CASE XXIII. Consumption, or Venereal Atro-
phy, with Hectic Fever, and Eruptions on the
Body, — 27
CASE XXIV. Venereal Eruptions on the Body
and Arms, — 28
CASE XXV. Venereal Consumption, 29
CASE XXVI. Female Weakness, or Fluor Al-
bus, with tetterous Eruptions on the Head, and
ulcerous Sores behind the Ears, 30
CASE

CASE XXVII. Scorbutic Gout, with virtigo,
or giddiness of the Head, as drawn up by the
Patient, Col. Sk-y,
CASE XXVIII. Habitual scorbutic Head-ach,
and Inflammation of the Eyes, 32
CASE XXIX. Stricture in the Uretbra, and
Obstruction of Urine from an old venereal
cause, 33 CASE XXX. Inflammation of the Eyes, from a
CASE XXX. Inflammation of the Eyes, from a
Defluxion of Sharp Rheum, - 34
CASE XXXI. Venereal Consumption, with a
diseased Liver, 35
CASE XXXII. A Fistula in the Corner of the
Eye, bollow Ulcer in the Forehead, with a
Caries or Decay of the subjacent Bone, 36
CASE XXXIII. A fixed Pain and flatulent
Swelling in the Stomach, with Indigestion, and
general Weakness of the Body, 37,
CASE XXXIV. Glandular Swellings, and
Cancerous Sores of the Neck, 37
CASE XXXV. Nervous Fever, with low
Spirits, &c. 39
CASE XXXVI. Scorbutic Itch, 40
CASE XXXVII. Nervous Atrophy, or was-
ting of the Body, from a Scorbutic Cause, 41
CASE XXXVIII. Impotency, from Intem-
perance, and a broken Constitution, 42
CASE XXXIX. Scrophula, or King's Evil, 43
CASE XL. Debility or Impotency, 44
CASE XLI. Female Weakness, with old Ve-
nereal Reliques, after the immoderate Use of
Mercury, ——— 44
A 4 CASE

CASE XLII. Confumption or inward Decay,
from an obstinate Fluor Albus, &c. 45
CASE XLIII. Pimpled Face, and inflamed
Eyes, with painful Menstruation, from a scor-
butic State of the Blood, 46
CASE XLIV. Feverish offensive Breath, from
Scurvy in the Mouth and Gums; with Palpita-
tion of the Heart, Flushings of the Face, &c. 47
CASE XLV. Tetterous Eruptions on the
Skin, of three years standing, 49
CASE XLVI. Consumption, with bilious Dis-
order of the Stomach and Bowels, 50
CASE XLVII. Scrophula, or King's Evil, 51
CASE XLVIII. Paralytic Numbness of the
Head and Jaw, with Inflammation of the Eye,
&c. as drawn up by the Patient, Mr. Cox, 53
CASE XLIX. Scrophula, — 55
CASE L. Venereal Consumption, with drop-
fical Symptoms, and ulcerous Sores on the
Legs, — 55
CASE LI. Inveterate Venereal Scropbula, of
ten Years continuance, drawn up by the Patient's
Apothecary, 57
CASE LII. Scrophulous glandular swelling of
the neck, and a fore throat, with enlargement and
ulceration of the joints,
CASE LIII. Ulcer and dropfical swelling of
the Leg, &c. 62
CASE LIV. Inveterate Venereal Case of J. P.
of eight years continuance, as drawn up by the
Patient himself, — 63
CASE

CASE LV. Consumption,	65
CASE LVI. Scorbutic Rash,	66
CASE LVII. Incipient Consumption.	The
Case of Wm. M-, Esq. as drawn	up by
bimself,	67
CASE LVIII. Red, pimpled Face,	69
CASE LIX. Chronic Rheumatism,	70
CASE LX. Inflamation of the Eyes, with	STREET, SQUARE, SQUARE
ternatural redness, and pimples on the Face	
CASE LXI. Dropfical swelling of the	
with Ulceration, from a scorbutic babit of.	
€c	72
CASE LXII. Venereal Consumption,	73
CASE LXIII. Iuveterate venereal Lues	
drawn up by the patient, Mr. Charles Ri	THE RESERVE OF THE PARTY OF THE
ry, of LittleSutton, near Chiswick, Mi	
fex,	75
The state of the s	13

# BRICE FISHER, Esq.

REPRESENTATIVE IN PARLIAMENT

BOROUGH-BRIDGE, YORKSHIRE.

A LTHOUGH Truth and Matter of Fact might be thought sufficient to vindicate themselves, yet where Artistice and illiberal Methods have been employed to conceal one, or misrepresent the other, it becomes necessary to cal upon such Authority as will render such indirect Purposes of little Effect.

My Address to you, on the present Occasion, is to acknowledge the Justice you have done me, since I had the Honor to be employed, and the Happiness to succeed in the Recovery of your Health. In particular, I thank you, Sir, for that unrequested Mark of Approbation and Candor with which you have been pleased to favor me; I mean the Offer of Leave to appeal to you, for a Consirmation of what I have here advanced, relative to a Medicine, the Salutary Effects of which you have so happily experienced.

I am, SIR,
Your most obedient Servant,
JOHN LEAKE.

# INTRODUCTION.

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A LTHOUGH the extraordinary medicinal Efficacy of the Liston Diet-Drink has now been known, and univerfally acknowledged throughout Europe, near fifty years; yet, as there are many in this great Metropolis, who are flill infufficiently acquainted with it; it is prefumed, the following particulars will not be unacceptable to the Reader; especially, as they are not received upon the vague report of others, but are the result of my own immediate knowledge; having seen, during my residence at Liston, repeated instances of its happy esfects, in the cure of Venereal Disease, the Scurvy, and various obstinate Diseases which had withstood the power of other Remedies.

This medicine was first administered at Liston by a German, who was Physician to the Queen-Dowager of Portugal. Its success was so remarkable, in many of the worst cases, that it became the custom for Invalids to resort thither from Spain, England, Italy, and other parts of Europe, in hopes of relief; so that, for near half a

Montpelier itself, for the means of restoring those consumptive patients who had suffered from Venereal and Scorbutic Complaints, or other chronic Diseases proceeding from an impure state of the Blood; or from the Abuse of Mercury.

I have, for many years, as will appear by the annexed cases, successfully administered the Liston Diet-Drink, and its Extract, in which its whole Virtues are concentrated; both which can only be had from me, either by Letter or personal

application.

It is not, however, my design to obtrude this Medicine on the public with the fulsome encomiums of an infallible Remedy; it is enough for me, that its credit has been fo fufficiently established, by repeated success and length of time, as not to stand in need of fuch common and contemptible affistance. But I affert, with confidence, because I speak with truth, that no Difease incident to the human body may be more perfeetly and certainly cured, than that which is Venereal, if it is seasonably and properly treated; neither will the Peruvian Bark cure an ague; or Opium ease pain, with more certainty, than the Lisbon Diet-Drink will eradicate every species of the Venereal Disease, from a recent infection, to its most confirmed and inveterate state.

Nothing can be more fatal to the patient than a weak and fickle disposition of mind, continually agitated with doubts and fears, without the resolution of applying for a remedy in due time; for, in reality, he who despairs of a Cure will seldom ever steadily pursue the very means

necessary to obtain it.

The composition of this Diet-Drink, not being made known, may perhaps afford opportunity to interested cavillers of raising objections to it on that account; but, it is sufficient to know, what has been repeatedly and incontestably proved, and what no one, with truth, can deny, viz. "That it has always been given "with perfett safety, and in many cases with "the most desirable success, after other medicines had been tried in vain." In a word, those who are free from prejudice and self-interest, will think it matter of small consequence to the patient, how, or by what means, he is restored to health, provided he gets rid of his ailments, and finds himself safely and perfettly cured.

Many of the medical Profession there are, who possess the most liberal minds, and act from principles of justice and honour; such are ever ready to give their patients a chance for recovery, by all possible means. But others are to be found, whose selfish feelings will not allow them to acknowledge the merit or success, of any method or medicine, by which they are not immediate gainers; and it is somewhat extraordinary, that the patient, who, in trisles, usually persists in having his own way, should give up his judgement and feelings in the important article of health, and tamely suffer himself to be influenced by

the interested, whose opinion, therefore, is the

more to be suspected.

For these last twelve years, several of the Medical Faculty have condescended to be cured by this Diet-Drink; it does not, therefore, seem to be from a doubt of its efficacy, when they are not as ready to recommend it to others, as to take it themselves.

Sir Abraham Hume, whose case was drawn up at his own desire, and is set down at page 24, though particularly recommended by a gentleman who himself had been cured by the Diet-Drink, was, notwithstanding, a long time prevented from applying to me, by the most unjustifiable means; but, having been ill Several years, and finding himself loaded with medicines, yet daily growing worse, he at last had the resolution to take the Diet-Drink, and was perfectly cured by it in two months. Sir Abraham obligingly took the trouble to call upon Sir John Pringle, under whose care he had formerly been, and shewed him the scars, or, as he expressed himself, the vestigia of the sores upon his legs and arms, which were perfectly healed.

The well-known case of the late Duke of H-ilton is one of the many instances, which incontestably proves the efficacy of this medicine; for, by its sole use, he was restored to health, after the advice of the most eminent

physicians had proved ineffectual.

Since the first Edition of this Dissertation, ample experienced has convinced me of the good effects of this medicine, in most Diseases of the Stomach and Bowels; likewise in Cancer, and King's Evil, where the Glands are affected, as at Case the first, xxxiv. and xxxix. also in the Glandular Consumption mentioned by Dr. Russel, where the Lungs, after dissection, have been found beset with tubercles: In such chronic disorders, it will be found beneficial, or whenever the constitution suffers from acrimony, or a briny, impure state of the blood; and likewise after the Small-pox, Measles, or an impersest Crisis of malignant Fevers, where the dregs of these diseases have not been sufficiently carried off.

It has been repeatedly observed by those who took it, that this Diet-Drink sweetens the breath, and clears, as well as softens the skin, in a manner very remarkable and extraordinary, as in Cases XXII. XXVIII. XXXVIII. XLIV. and XLV. &c. and this it seems to effect by evacuating the sharp, scorbutic salts, and gross, corrupted bumours, by an

enlarged excretion of urine and stool.

For this reason, no medicine can be better adapted to sweeten the blood, (Spring and Autumn;) or to prepare the body for sea-bathing; where, want of due caution has often been attended with the worst consequences; for, in bad habits of body, many Distempers have been aggravated, and others brought on, by the Cold Bath, which, by hastily bracing and contracting the solids, will lock up and confine the impure juices, to the great injury of the constitution.

The Gout may be much relieved, and Rheumatism cured by this Diet-Drink, if duly continued for a sufficient time; and by the same power it will remove that flow hettic Fever proceeding from a venereal, scorbutic, or seropbulous cause, which enervates the body, and fometimes renders the patient unfit for bufiness, or the en-

joyment of life.

In broken constitutions, from Intemperance, or the abuse of Mercury; this Extract has spared several the expence and trouble of a journey to Bath, especially, in cases of irregular gout, where strength of constitution was wanting to produce a fit. On fuch occasions it may commodiously be joined with the Bath waters; for these remedies have been found mutually to affift each other.

It is scarcely to be imagined what a train of Disorders are brought on by babitual Costiveness, viz. head-ach, giddiness, and confusion of ideas; oppression at the stomach, piles, want of appetite and digestion. In such cases, the EXTRACT will keep the body gently laxative, without disordering the Bowels like a common purgative, or occasioning that fubsequent constriction, which is common after the use of Rhubarb or other Cathartics. For those who are thus affected, it would be advisable to have this medicine by them, and to take it as occasion may require.

Not only in costive babits, but also where the Stomach is weakened and oppressed with wind, bile, or crude humours; the Extract, by gently opening the Bowels, and acting as a stomachic, batmy soap will strengthen the habit, and restore both Appetite and Digestion. For the same reason I have directed it with success in semale disorders, where the constitution was weak and valetudinary; and that the following Dissertation might not be unsit for the perusal of Women, I have endeavoured to avoid every thing indelicate or exceptionable.

Women, at a critical time of life, are subject to various complaints, which frequently end in Dropsy or Consumption, viz. pain and swimming in the bead, eruptions on the skin, swellings, and ulceration of the legs, and glandular enlargement of the breast tending to become cancerous. — In such disorders I have found the

Diet Drink beneficial.

It produces its effect in a gentle manner, and principally acts by perspiration, urine, and stool; insomuch, that whenever there is suspicion of a venereal taint, it may be given with safety and success, even to children, or women with child, as at page 20 of this introduction; and as Infants are sometimes insected by distempered nurses, or born heirs to this cruel disease, as well as King's Evil; this Medicine, by its mildness, is peculiarly adapted to their cure.

Where sharp acrimonious humours inflame the eyes, and occasion pimples and redness of the face, as in Cases xLIII.LVIII. and Lx. or eruptions on the body, Case IV. where the semale patient labours under obstructions, and that kind of weakness peculiar to Women, with nervous tremor, and loss

b

of strength, Cases XLI. and XLII. I have repeatedly directed the Liston Diet-Drink with
success; also in bilious disorders, where the Liver
was unsound, attended with a disposition to melanchely, as at Cases XXVIII. and XXXI.

In the irregular or atonic Gout, I have already remarked the good effect of this medicine; and, in every species of the disease, it may be given with safety and advantage, especially if it is of the scorbutic or rheumatic kind. Vide Cases XVI. XXI. XXVII.

The Extract being a balmy, laxative, and grateful Bitter, without palling or offending the stomach, will cure the recent Gonorrhæa much sooner than any medicine I have seen tried; and old Gleets, arising from relaxation, or venereal reliques, may

foon be removed by its use.

In short, there are few Diseases of the chronic kind but will yield to a course of this mild, efficacious Alterative, which may be taken with success at all seasons of the year, without confinement or inconvenience. It is soft and balmy to the taste, and highly restorative, in consumptive habits or broken constitutions. Being composed of saline parts joined with a ressingus Balsam, which united, make a kind of medicated soap; it readily mixes with the animal sluids, and with them is easily conveyed to the remotest parts of the body. By pervading the vascular system and searching to the extremities of the sinest strainers, it subdues and evacuates venereal posson, or other offending humours.

In broken constitutions, which have suffered from a venereal, scropbulous, or scorbutic taint, or from the immoderate use of Mercury; it will give Balsam to the blood, and repair the constitution; for some patients became fat during its use, who before were thin and emaciated, as in Cases vi. vii. Lvii Lxii. and Lxiii.—Hence I am convinced, there is not to be found a greater Restorative in nature than this Diet-Drink.

Those whose strength is impaired by that Bane of youthful vigor, (self----) may find effectual and lasting relief from this Medicine; whereas the common advertised compounds, called Restoratives being prepared with Spanish slies, or other heating ingredients, can only produce a temporary effect; they excite desire by stimulating the urinary passage, and consequently will leave the patient more debilitated than before, by winding up the spring of the organs beyond their natural tone, and laying an additional stress upon parts which were much too weak before.

It is therefore evident, that no medicine can be considered truly restorative, but such as has a power to soften the sharp, thin blood, and restore that fine balmy lymph which nourishes the body, and invigorates the system.

The causes of Imbecillity in men, and Barrenness in women, may therefore be often removed by the Lisbon Diet-Drink, as I have had occasion to observe in several instances, vide Cases xxxvIII.

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and x1. This prolific effect, in the first, was probably brought about by its rendering the blood more rich and balmy, and thereby promoting an additional secretion of semen; and, in the last, by repairing the semale constitution, and restoring the menses to their regular periods, without which

women seldom become pregnant.

I have lately had some semale patients, who, from a bad state of the blood, or irregularities peculiar to their sex, either remained barren, or, being with child, often miscarried. A remarkable instance of the last kind occurred in the case of Mrs. A-t-n, of Coleman street. This lady had long laboured under ill health, and was of a delicate, valetudinary habit of body. She had a troublesome Cough, and spit blood. Her Physician, Sir Richard Jebb, had directed repeated Bleeding, and kept her on low Diet, by which she was extremely reduced.

She had often been pregnant, but generally miscarried of dead Children; and those born alive only survived a short time. September 30, 1779, being then pregnant, though apparently declining very fast, she began to take the Liston Diet-Drink, with so much relief, that her strength, spirits, and appetite increased, and she was happily delivered, at her sull time, of a strong male Child. February 21, 1781, being again pregnant, she went through a second Course of the Diet-Drink; and at the end of nine months was de-

livered of a healthy boy. Both Children are now living, and, as well as herself, in a state

of perfect Health.

- Confumptions may be distinguished into two forts; namely, original, and symptomatic; the first arises from some defect in the natural structure of the body, where medicines can avail but little; the last, from the effect of other Distempers which can only be cured, by these being first removed. Of this kind are the scropbulous and venereal Consumptions, where the blood is tainted with the leaven of those diseases. Stupor and giddiness of the head, confusion of ideas, and lofs of memory, attended with fluggishness, low spirits, and slow fever, often proceed from the reliques of a venereal taint, or from a scropbulous or scorbutic cause; all which rob the blood of its balfam, and dispose the patient to consumption.

The Liston Diet-Drink, if duly continued, will generally relieve or cure every species of consumption arising from a veneral, scrophulous, or scorbutic cause, as at Cases xxiii. xxv. xxxi. and xxxvii. for, being constantly, and, for a considerable time, largely admitted into the mass of blood, it will gradually correst its morbid quality; and by its attenuating salt, dissolved in a soft, balmy liquor, will so dilute and lessen the cohesion of the sluids, that the venereal poison, or scrophulous acrimony may be more easily separated from the sound juices,

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and washed out of the body by the increased discharges of perspiration, urine, and stool.

Also, in that particular class of nervous Disorders, arising from a venereal taint, scropbulous, or scorbutic humours; the use of this Diet-Drink will be found equally salutary, by eradicating the seeds of those latent diseases, which fall on the Nerves; as at Cases iv. xxviii. and xxxv. for, so long as they remain in the blood, and poison that vital source from which all the parts of the body derive their nourishment, so long the nervous system must remain weak and insirm.

In treating of scorbutic Complaints, it has been observed of Sea Salt taken into the body, that the force of the digestive faculties is insufficient to change its nature, which, after repeated circulations, remains invincibly the same; so that unless these salts, with which the Blood is overloaded in scorbutic Cases, are plentifully carried out of the body by the urinary discharge, they will fall upon the glands of the skin, in form of scorbutic eruptions: The gums will also grow spungy, or bleed upon the slightest touch, and at last ulcerate, from a corruption of the juices and the acrimony of the putrid saliva.

That the Kidneys are the proper excretory organs, by which this briny acrimony is naturally discharged, is evident from the saltness of urine; and therefore, a Disease brought on from this quality, may be effectually cured by this

Diet-

Diet-Drink, which, after diluting the Blood, will dissolve the sharp, scorbutic salts, and carry them off by an increased urinary discharge.

It is here proper to remark, that the virtues of the Lisbon Diet-Drink are desiroyed by long keeping, and therefore, it is necessary to take it perfettly fresh upon the spot, as it cannot, in the heat of summer, be preserved in its genuine state, above two or three days.

\*\* On this account, I was obliged to decline fending it into the country or abroad, though often folicited so to do. But, in order to remedy the inconvenience of its not keeping, I have, for many years past, administered an Extract of this Diet-Drink, in which are concentrated the whole virtues of the medicine, so as to be conveyed to any part of the world, without injury to its medicinal qualities. It is contained in so small a compass, and so easily managed, that it may be taken with secresy by the patient, even in travelling, without the least inconvenience.

It s here necessary to obviate a prevailing supposition, viz. the name of Diet-Drink implies an idea of such medicine being only proper in Spring or Summer; but, although these may be most eligible; this Medicine will answer, in Juccess, at all Seasons of the year, as may be seen by the subsequent cases, where many of the patients, under the worst symptoms, were cured in the midst of Winter.

b 4

The usual quantity of this Diet-Drink is half a pint, twice or thrice a day, for a month, or longer, in proportion to the duration of the Disease, and violence of its symptoms; regard being had to the following Regimen, which, without inconvenience, may be complied with.

The patient may use moderate Exercise, and go abroad in his usual manner, but ought to conform to the following Regimen. He should avoid acids, and things salt or bigh-seasoned. Fat meats, hog's slesh, or sour vegetables, are at this time prejudicial; but all vegetables not partaking of acidity, and also Milk may be allowed. Let him live chiefly upon dry food, and white meats, such as veal, rabbits, sowls, &c. He should abstain from the immoderate use of liquids, especially those of the spirituous kind; and, at meals, drink sparingly of clear small-beer, or any of the light white wines, diluted with water.

This was the method observed in administering the Diet-Drink at Liston, where I was a witness of its success in the most deplorable cases of the venereal Disease, and other chronic Disorders, arising from a distempered Blood, even when the most powerful medicines had been found inessectual.

For that reason it was often recommended by the most eminent Physicians and Surgeons there. Being honestly solicitous for their patients' recovery, they were not prejudiced against any means which could effect it. Such liberal behaviour differs much from the conduct of those who, although convinced of its superior efficacy, by daily and incontestible proofs, oppose its administration, from principles of mere selfishness; and even, what is worse, fraudulently impose some pernicious compound on the credulous patient, by giving it the sistitious name of Lisbon Diet-Drink.

Powerful medicines, by becoming general, are liable to abuse; this Extract, therefore, can only be had by immediate application to me, either personally or by Letter, and not by any vague, or verbal message sent by servants, to which no regard can be paid. This I mention, to prevent the trouble of all frivolous and unnecessary enquiries, and to avoid such mistakes, or impositions, as might otherwise happen.

It is also proper to inform the Reader, that this medicine is always received from my hand, in Parliament-street, from ten to twelve in the morning, or from seven to eight in the evening, and is

to be paid for at the same time.

To those of distinction and affluence, many of whom have taken the Diet-Drink or its Extract, in London under my immediate care, the expence of the medicine has always been made according to the circumstances of the patient, and length of time and attendance which the nature of his case might require; but, as I have been repeatedly informed, that many persons in the country, who wished to take the Extract, neither knew the expence of it, nor in what manner it was to be obtained; I found it necessary

necessary to signify, that the expence of a Course of the Extract, for one month, is five guineas, which may be conveyed to me under a sealed cover, or safely remitted by a country, bank post bill, or drast payable at sight, inclosed in a Letter and sent by the general post, directed to Doctor Leake, in Parliament-street, London; which being received, the medicine, with PROPER DIRECTIONS, by my order, shall then be immediately forwarded by such conveyance as the patient may point out, and according to the directions specified in his Letter.

\*\* For the use of those at a great distance from the Metropolis, this short Narrative is published; and it is requested of such as apply, that all Letters may be short, expressive, and post-paid; and that in the statement of cases for advice, the principal, or leading symptoms of the disease should only be mentioned — no more being necessary to make them perfectly understood.

+++ Doctor Leake's hours for Advice at his house in Parliament-street, are from ten to twelve o'clock in the worning, and from seven to eight in the evening.

# Postscript.

AS foon as any medicine has acquired reputation for its superior efficacy, immediately up starts another christened by the same name; for, many people there are possessed of more credulity than discernment, with whom, for a time, such counterfeit metal will pass as current coin.

Swarms of indigent, and ignorant empirics, who call themselves doctors, insest this great metropolis, and lie in wait to impose their pernicious compounds on the weak-minded and unwary, by giving them borrowed or sistitious names; but however low the price, the purchaser will pay too dear, who buys the name of the medicine only, instead of the medicine itself, even at the expence of his health which he sought to obtain. No matter what the composition, it is as easy for a crasiy impostor, to call it Lisbon Diet-Drink, as to give it its real name.

The like frauds have been practifed in the fale of Dr. James's Powders, and other valuable medicines, as well as this; and therefore such timely cautions cannot be unnecessary; for, after the patient's mouth should become sore, his teeth loose, his breath offensive, and his bowels inflamed, or mortified, it would then be much too late for him to discover, that corrosive sub-

limate

limate of mercury (the rankest poison known) had sipped into a common decoction of the woods, and had borrowed the name of LISBON DIET-DRINK.

Here it is necessary to observe, that when I had fucceeded in the extraordinary case of Mr. Brice Fisher, and perfectly cured him by the Lisbon Diet-Drink in four months, after he had laboured under a disease for more than three years, so complicated and inveterate, that the various preparations of Mercury, Antimony, Sar-Saparilla and other medicines, had been tried in vain, and therefore he was given over as incurable; a patent was obtained for Leake's Pill, by a person who called himself Walter Leake, Citizen of London, (important title,) and if I am not misinformed he might have added fourneyman Bookbinder. Anxious for the public good, this industrious man not only bountifully distributed his Hand-Bills to the multitude passing along the streets, but also posted them up in the most conspicuous parts of the town. After thus for several years availing himself of his Name (the basis of his Pill) he died, and lest his widow possessed of his valuable secret, who, not like her husband, being skilled in matters of physic, prudently commenced partnership with her Bill-sticker; and he, in consequence of her death, as I am informed, became the possessor of the compound, termed Leake's famous pill.

ver, that correspond fab.

So much for the rise and progress of Quack-Medicines, with which the public has a right to be acquainted, in order to avoid such gross mistakes as might happen to the undiscerning multitude, from a want of proper distinction in the names of men or things, and which, otherwise, would have appeared unworthy of notice.

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## PRACTICAL ESSAY

ON

DISEASES OF THE ABDOMINAL VISCERA,

ESPECIALLY THOSE OF THE

## STOMACH AND BOWELS;

THE

LIVER, KIDNEYS, AND URINARY BLADDER:

In which their NATURE, TREATMENT, and CURE, are clearly pointed out and explained.

By JOHN LEAKE, M. D.

# CASES

SUCCESSFULLY TREATED BY A COURSE OF

## LISBON DIET-DRINK.

HAVE here omitted feveral cases which were formerly published, and inserted others of a different nature; more, I think, would have been superstuous and unnecessary, as many of them must have been similar to those already stated.

\*\* The subsequent Cases will determine whether the intention of giving Mercury is not more safely answered, by a course of Lisbon Diet-Drink; since, from the first, he must suffer both confinement and loss of strength, but, by the last, may be restored to health at full liberty, without waste of body, or injury to his constitution.

‡||‡ The Reader is desired to observe, that no Cases have, or shall be inserted, which on account of the Symptoms might appear exceptionable; unless it be with the concurrence of the patient.

B

CASE

#### CASE I.

Scorbutic Eruptions, with glandular, scropbulous swelling in the Neck, and Abscesses in the Armpits.

MR. PENMAN, a Cabinet-maker of Silverfireet, Golden-square, had been afflicted with an inveterate Scurvy six years, which every Spring and Autumn attacked him with redoubled vigour: The Disease began with wandering pains which became almost intolerable in the night, but were somewhat abated towards morning.

He had *Eruptions* on the hands, legs, and arms, from which a glairy moisture ouzed forth, and, growing dry, gradually hardened into thick, *borny crusts*, which peeled off, and were again succeeded by others of the same kind.

These symptoms were accompanied with inactivity, and loss of strength, with profuse nightsweats, and weariness of the muscular parts, as after immoderate exercise. He had sometimes a bleeding from the nose, with itching, spungy gums, which bled upon the slightest touch.

About two years before, several small glandular swellings appeared in his neck, and under his arm-pits, the last of which came to suppu-

ration, and were opened.

The wound digested badly, and a fresh collection of matter was brought upon the part, which was discharged by incision as before; notwithstanding the sore made no advance towards wards healing, but degenerated into a bollow Ulcer, which turned out tedious in the cure, and was laid open feveral times before that was effected.

During his illness he had tried Mercurial Physic, the purging waters and Æthiops Mineral, with the different kinds of anti-scorbutic Diet-Drinks, and decoctions of sarsaparilla, but with little relief.

November the 6th, 1757, when he applied to me, he had also great difficulty in breathing, and acute pains under his shoulder-blades. I directed him the Lisbon Diet-Drink, by which his pains went off in about ten days, and he could breathe with more ease; soon after, the Eruptions on the hands, arms, &c. began to fall off, and at the end of a month he had a good appetite and was perfectly cured.

The Diet-Drink kept his body moderately laxative, and remarkably increased the urinary

discharge.

#### CASE II.

Gonorrhæa of long standing, with violent Pain and Pressure at the Neck of the Bladder, and frequent Endeavour to make Water.

MARCH the 12th, 1757, Mr. L. a gentleman at the Duke of Northumberland's, aged thirty-five, applied to me: he had been extremely ill-treated; for, though his complaint was at first only a slight discharge, he had been liberally plied with Mercury and strong purga-

2 tives,

tives, instead of bleeding, plentiful dilution, and the use of emollients.

He was rendered very low and weak by this rough treatment; which, by irritating the inflamed parts, brought on violent pain at the neck of the Bladder, with a frequent endeavour to make water, which he voided in small quantities, and with great pain: this complaint at last ended in a total suppression of urine, insomuch as to oblige him to have it drawn off by the Catheter, and afterwards he was directed to the use of the Bougee. - I directed ten ounces of blood to be taken away, and an opiate at night; an emulfion was also taken occasionally, which abated his pain. A few days after, he began the Liston Diet-Drink, which gently opened his body, and in a short time the irritation and forcing down at the neck of the Bladder abated, and the inflammation of the urinary passage gradually went off. He has fince remained free from every Venereal symptom, and at present is in perfect health.

#### CASE III.

Eruptions on the Body, an Ulcer in the Mouth, and a Buho.

AN Irish Gentleman, young and of a plethoric habit, perceived a small tumour in the right groin, which by a Surgeon in the country was judged to be the effect of cold, and consequently disregarded: it continued to increase increase for five weeks, till it became big as a large walnut; at which period, a fluctuation of matter was sensible to the touch, and the Surgeon proposed to lay it open by incision; but, waiting too long for suppuration, the collected matter was absorbed into the blood, leaving behind it a hard indolent swelling, which would neither disperse nor suppurate: Soon after, an Ulcer appeared in bis throat, near the right Tonsil Gland; he had dry, tawny eruptions on the skin, with brown spots, which peeled off like Bran: On his arrival in London, he was advised to undergo a Salivation, but, by the recommendation of Mr. Kelly of the Temple, he applied to me.

April the 5th, 1757, I put him upon a course of the Diet-Drink, which brought the Bubo to suppuration; so that, a caustic being applied, the matter was discharged, and the ulcer healed sirm and sound from the bottom. Towards the end of his course, the Ulcer in his mouth healed, his skin was clear of Eruptions, and he was perfectly cured in a month, having remained well ever since; at this late period of time, December 27, 1790, being in good health

and spirits.

The Diet-Drink sweated him at night, and kept his body gently laxative.

#### CASE IV.

Stubborn Scorbutic Head-ach, of eight Years standing, with Eruptions on the Body.

MR. WHEATLEY, Clerk to a timber-merchant, in Dean-street, Soho, aged twenty-four, for eight years had been constantly troubled with a stubborn scorbutic Headach; the pain was so violent by turns, as to bring on vomiting, attended with stiffness and fwelling of his eye-balls. He could not eat folids, or fleep for feveral days and nights; his stomach being fick, and his head giddy. He was bliftered, bled at the arm, and by Leeches applied to the affected part; he frequently took purging physic, and several other remedies were both internally and externally applied, but without relief. About seven years before, his whole body broke out with a moift scab, and from that time he never missed these eruptions, more or less, every spring, till that of taking the Diet-Drink.

April the 27th, 1757, he began a course of the Liston Diet-Drink, which was duly continued for upwards of a month: It promoted sweat and urine, and kept his body gently laxative. He found sensible relief in sour or sive days, and had but one attack of the Head-ach during the whole course; towards the end of which, he was free from pain, and in every respect perfectly cured.

CASE

#### CASE V.

Venereal Ulcers in the Throat, and Eruptions on the Skin.

SEPTEMBER the 3d, 1757, a young gentleman, aged nineteen, a year and a half before he applied to me, contracted a Gonorrhaa, with shankers and bubo; these symptoms were removed by a surgeon in six or seven weeks, and the patient was concluded well. About a month after he perceived a boarseness, with husky dryness in his throat, (as he expressed it,) when, prompted by uneasiness and pain, he looked down his throat, which appearing raw

and ulcerated, alarmed him greatly.

He had several broad tawny spots upon his breast and body, resembling Bran. I found the Tonfil Glands almost eaten away, and the passage behind the Uvula full of small Ulcers. September the 5th, he began with the Liston Diet-Drink, which in ten days cleared his skin of the Eruptions, and fenfibly relieved his throat, not being able to swallow till then, without violent pain behind his ears; in a fortnight, the inflammation abated, the ulcers grew clean, and feemed disposed for healing, which was entirely effected at the end of three weeks; but, for his greater fecurity, he continued the Diet-Drink a week longer, and was then perfectly cured: it kept his body lax, increased his quantity of urine, and promoted perspiration.

B 4

CASE

#### CASE VI.

Nocturnal Pains in the Head, a Caries of the Bones of the Nose and Palate, with Ulceration of the Tonsils and Uvula.

SEPTEMBER the 14th, 1757, Mr. Wieland, a Gold Watch-chaser, of a stender constitution, aged sifty-three, by the recommendation of Mr. Oborn, his Apothecary, at Clerken-well-green, applied to me; about seven years before he had been constantly troubled with nocturnal pains, which deprived him of his natural rest.

He often felt indolent pains, extending towards the ears, with a sense of a weight across bis nose, which proved the unlucky forerunner of what afterwards happened, viz. a decay of the Cartilage and Bones: at length the inside of his nose was ulcerated, and so filled up with scabs, that it was with the greatest difficulty he could breathe. In picking the nose, and attempting to blow it, feveral pieces of the decayed bone came away, one of which was as large as the finger nail, which I have in my pofsession. The nose was then considerably depressed, so as to disfigure the face; and in this unhappy situation he was in despair, and laboured under the dreadful apprehensions of dying by inches, as every method had been tried in vain. Half a year after, an inflammation fell upon his eyes, and for a confiderable time he was almost blind, but totally so in the right eye, inasmuch

much as not even to distinguish the light of a candle. Soon after he was attacked with a fore throat, and ulceration of the Uvula and Tonfil Glands. At this time he put himself under the care of Mr. Oborn, his Apothecary. He tried fumigation, and the feveral Mercurial Preparations, but particularly the Blue Pill, with a strong decoction of Sarsaparilla, but without the wished-for effect; for the Ulcers still continued in a corroding state, and soon after another Ulcer made its appearance on the roof of his mouth, which destroyed the Palate-Bone quite through.-Finding his difease thus uncommonly inveterate, and so deeply rooted in his constitution by length of time, he began to lofe all bopes of a cure, as well as the patient, who feemed finking very fast. In this condition he came with him to me .- I found both the Tonfil Glands confumed by Ulcers; the Uvula was eaten away at its basis, and hung by a small thread ready to drop into the throat, which was therefore inipped \* off with the probe-scissors; the Ulcer on the roof of his mouth had made its way through the Palate-Bone, and was large enough to admit a goofe-quill, fo that the liguids he attempted to swallow were forced through this bole, and gushed out at his nose; which obliged him to hold a handkerchief to his face, to hinder it from being perceived. September the 16th, he began a course of the

Lisbon

<sup>\*</sup> Vide the Plate. No. 4, the diseased Uvula snipped off at its upper part, by which it hung.

Liston Diet-Drink, which generally sweated him night and morning; and, though these sweats were sometimes profuse, he found both his Arength and spirits better than before; his quantity of urine was also increased, and he had generally two motions every day. On the 23d, the inflammation of the throat seemed abating, and the Ulcers looked cleaner; he could swallow with less difficulty and pain, and had a craving stomach, with better digestion. About the 30th, the Ulcers in the throat healed apace, and the bole in the roof of his mouth unexpectedly began to fill up with granulations of found flesh; he could now swallow without regurgitation of liquids through the nose, and in five weeks all the Ulcers in his throat were perfectly healed, and the bole in the palate was firmly closed, so as not to allow one drop of liquor to escape into the nose. By this time he was in good spirits, got strength very fast, and at the end of fix weeks left off the Medicine, perfettly cured. I have taken the state of this case from the patient's own mouth; and it is at his request, and his Apothecary's, I here insert it.

### CASE VII.

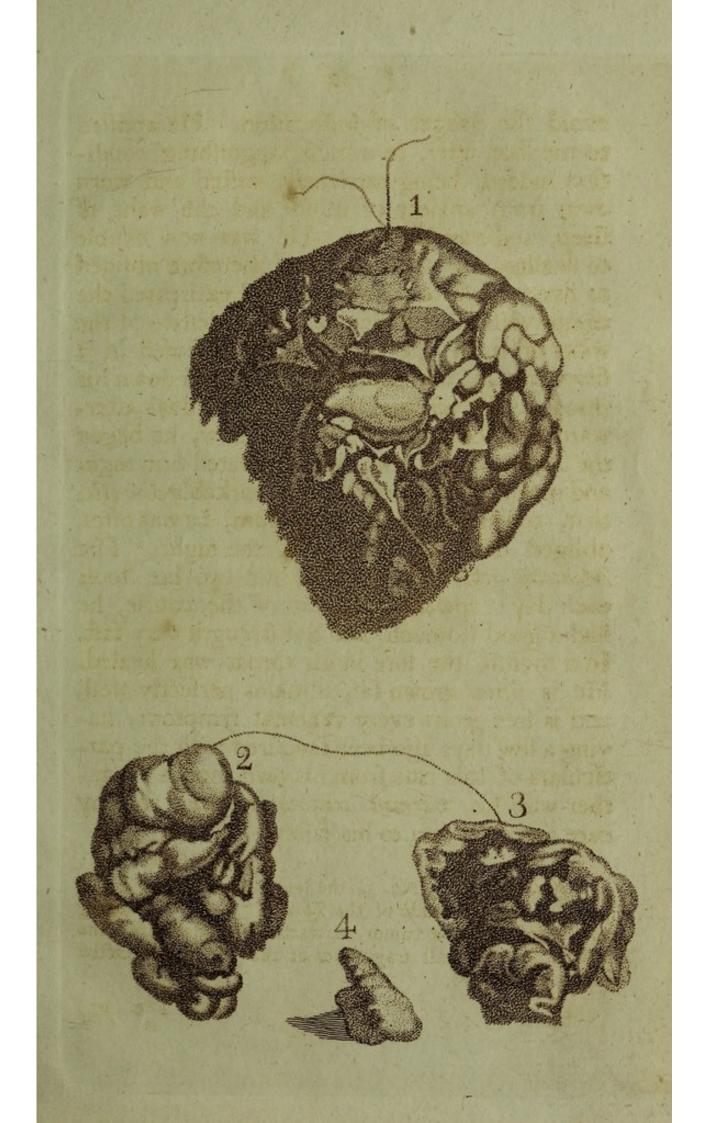
Ulceration of the left Tonsil Gland, with a Venereal Tumor on the inside of the Throat, succeeding an old Gonorrhæa.

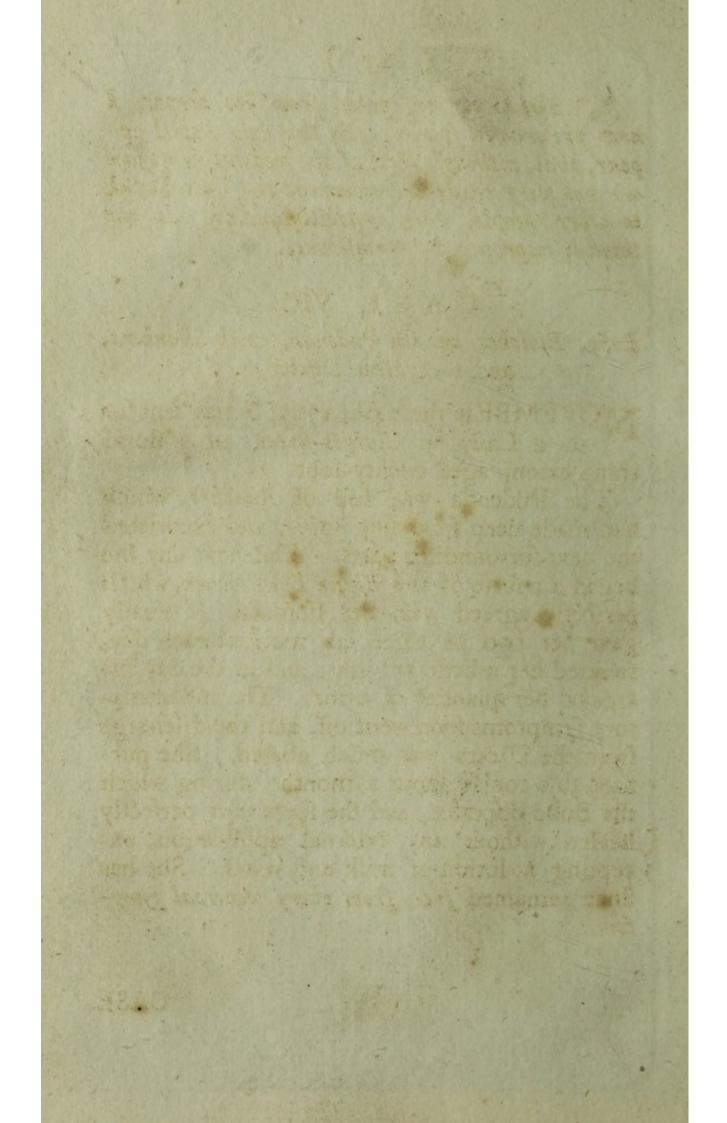
OCTOBER the 7th, 1757, Mr. B. an Apothecary, in Titchfield-street, aged twentyseven, of a thin emaciated habit of body, ap-

plied to me. About three years before, he contracted a virulent Gonorrhaa, which was removed in a few weeks, except a fmall discharge which continued; but, having no marks of virulence, he neglected it as a simple Gleet, proceeding from mere relaxation; in this manner it remained about two years. At length he perceived a swelling in the left Testis, which abated by the use of Mercury and purging physic: the discharge stopped, and soon after he had a fore throat with Ulceration of the left Tonfil Gland, so that it appears plain his blood became tainted by the reliques of Venereal Poison. He was now much alarmed, and immediately began a course of Mercurial alteratives, with a decoction of the woods; notwithstanding which, the Ulcer grew larger, and appeared in a foul corroding state; small fleshy granulations began to shoot out from the ulcerated part, which he endeavoured to destroy by efcharotics, &c. He tried different preparations of Mercury, in order to destroy that Venereal cause which gave rise to the Ulcer, and to restrain the excrescence, exactly represented by the annexed Print; notwithstanding which he perceived it every day growing larger. In twelve months the tumor was so enormously enlarged downwards and across his throat, that it was with the utmost difficulty he could breathe, Swallow, or speak distinctly. Whilst in bed, he breathed so laboriously, that he was often obliged fuddenly to rife up in the night, to avoid

avoid the danger of suffocation. He applied to me foon after, in a most languishing condition indeed, being extremely wasted and worn away from anxiety of mind and the want of sleep, and nourishment. He was now unable to swallow any folid food, and therefore obliged to live upon broth, milk, &c. I extirpated the tumor with some difficulty \*, and destroyed the roots of it by the caust. Junar, inclosed in a filver canula, and cautiously conveyed down his throat to the affected part. A few days afterwards, as foon as he could fwallow, he began the Lisbon Diet-Drink, which sweated him night and morning, and proved so remarkably diuretic, that, contrary to his usual custom, he was often obliged to rife from bed in the night. The Medicine generally procured him two lax stools each day: towards the end of the course, he had a good stomach, and got strength very fast. In a month, the fore in his throat was healed. He is fince grown fat, remains perfectly well, and is free from every venereal symptom; having a few days ago been favoured with the particulars of this case from his own mouth, together with his warmest acknowledgements for my care and attention to his fafety.

<sup>\*</sup> Vide the Plate. No. 1, the body of the tumor extirpated from the infide of the Threat. 2. A remaining portion of the same tumor, extracted two days after the first part. 3. Small fragments of the tumor, extracted in separate pieces.





\*\* The tumor extirpated from his throat, I now preserve in spirits. By this case it will appear, that, although those of the medical profession are not very ready to recommend the Diet-Drink to other people, they, notwithstanding, do not think it improper for themselves.

#### CASE VIII.

Bubo, Blotches on the Pudenda, with Shankers, and a virulent Discharge.

NOVEMBER the 24th, 1757, I was fent for to a Lady in Clarges-street, of a florid

complexion, aged twenty-four.

The Pudenda was full of Blotches, which had made deep spreading fores, and excoriated the next furrounding parts. The next day she began a course of the Liston Diet-Drink, which perfectly agreed with her stomach: it usually gave her two or three lax motions each day, fweated her a little at night, and in the day increafed her quantity of urine. The inflammatory fymptoms foon went off, and the discharge from the Ulcers was much abated. She purfued this course about a month; during which the Bubo dispersed, and the fores were persectly healed without any external application, excepting a lotion of milk and water. She has fince remained free from every venereal symptom.

# CASE IX.

#### VENEREAL SCROPHULA.

NoEturnal Pains in the Head, Shanker and bard Scropbulous Swellings under the Chin, and bebind the Ears, after Salivation.

TULY the 25th, 1758, an Officer in the army, J of a flender habit of body, applied to me for advice, on the day of his arrival in London, from a distant part of the country; where he had undergone a falivation for an old venereal complaint. He told me that, some time after the falivation, his fymptoms returned, and were still evidently venereal, and that he was advised to take a decoction of the sarsaparilla, with solution of sublimate, which he thought of some fervice to him at first; but, though he pursued the use of it for a long time, he again became bad as ever, and therefore, being disfatisfied, hastened up to town for my advice.

When he applied to me, he was much emaciated, and apparently consumptive. He was constantly troubled with nocturnal pains in the bead at night, which hindered him from fleeping till the morning, when they abated; he had a large shanker on the Prepuce, and the Glands under his chin and behind the ears were hard, painful, and much enlarged. He began a course of Lisbon Diet-Drink, which procured him immediate relief. In five or fix days the nocturnal pains were abated, and the Shanker healed foon after; the glandular swellings, indeed.

deed, did not disappear till towards the end of five weeks, at which time he lest off the Medicine, and was free from all venereal symptoms.

#### CASE X.

Virulent Gonorrhæa of long Continuance.

OCTOBER the 29th, 1758, a tradesman applied to me with an old Gonorrhæa: He had taken great quantities of Mercury and purging Physic, which did not eradicate the disease, for the discharge was high-coloured and virulent. October the 30th, he began with the Diet-Drink, and in three weeks was perfettly cured.

#### CASE XI.

Old Shankers breaking out after Salivation.

A PRIL, the 21st, 1759, a gentleman of fortune desired my advice: He was of a thin delicate habit of body, and appeared consumptive: — He told me that, a sew months before, he had been recommended to me by a gentleman at Plymouth, for the cure of an old venereal complaint, and that he came to London accordingly; but on his arrival, was persuaded to undergo a falivation, by which the symptoms of his disease seemed to be carried off. The violence of this course greatly impaired his strength, and brought on a spitting of blood from the lungs, which in the end proved the occasion of his death. A sew weeks after the Salivation,

Salivation, the old shankers broke out again, which was the reason of his applying to me: I directed him the Diet-Drink for three weeks, by which the shankers were healed without any relapse. He afterwards left town, and went to his father's country-seat in Huntingdonshire, where I heard he languished several months, and, being worn away to a skeleton, at last sunk under the spitting of blood, and his other consumptive ailments, which were evidently brought on by the Salivation.

#### CASE XII.

Swelling of the Testes, Excrescences on the Glans and Prepuce, and Blotches on the Head and Body, of four Years continuance.

A Gentleman of a corpulent habit, aged thirty-two, near four years before contracted a virulent Gonorrhoea, with shankers on the Glans and Prepuce, which, by the use of internal medicines disappeared. In a sew months the disease broke out with all the symptoms of a confirmed Lues; the patient being constantly troubled with nosturnal pains in the shins, and Eruptions on his Head, Arms, and other parts of the Body.

The Testes were enormously enlarged, particularly the left, being also extremely hard, and in a manner schirrous. The Glans and Prepuce were beset with warts and sleshy excrescences.

April the 10th, 1760, I directed him a course of the Lisbon Diet-Drink, which sweated him gently,

gently, and generally procured him two lax motions each day. On the 22d of the same month, being disappointed of seeing me, I received a line from him with the following account, viz. "That his symptoms were much abated, and every thing changed for the better; that the hard lumps which lay under the discoloured places on the arm, &c. were vanished, and the Testes gradually reduced in fize." He thus continued growing better, and in a month his skin was perfectly smooth, his head clear of Eruptions, the Testes free from pain and hardness, and returned to their natural state, without any relapse.

#### CASE XIII.

Enlargement of the Testes, with thick scaly Eruptions, and preternatural Induration of the Scrotum.

AN Ironmonger in King-street, Westminster, aged thirty, applied to me September 27th, 1761. About twelve months before, he had contracted a venereal complaint, which first shewed itself by the appearance of a shanker on the Glans. He was recommended to me for advice, by Mr. Bransby, his apothecary, of Curzon-street, May-Fair. I directed the scrotum to be suspended in a bag-trus, and put him upon a course of the Diet-Drink, by which the swelling of the Testes gradually disappeared, the scrotum threw off its thick crusty scab,

and the Shanker healed. In the space of a month he left off the Medicine, cured.

## CASE XIV.

Scorbutic Ulcer and Swelling of the Leg.

CAPTAIN Thomas, of Half-moon-street, Piccadilly, of a gross habit of body, aged twenty-eight, applied to me with a fcorbutic fore on the leg, which he attributed to irregular living, with the excess of heats and cold which he was obliged to undergo with the troops abroad. At the time I saw it, the Ulcer, though not large, was deep, fordid, and painful, with thick callous Lips, and a great degree of blackness and tension upon the surrounding parts.

November 10, 1761, he began a course of the Lisbon Diet-Drink, which purged him gently, and increased the urinary discharge: by this method, regularly continued for five weeks, the Ulcer was healed, the swelling of the leg entirely subsided, and his habit of body was much changed in all respects for the better.

#### CASE XV.

Scurf and Morphew on the Hands, Face, and Body.

FEBRUARY the 5th, 1762, a Linen-draper at Brentford applied to me for advice: His skin, particularly on the Hands, Head, and Face, was thickly covered with a white thin pellicle,

pellicle, like gold-beaters skin, which from time to time peeled off, and was again succeeded by more of the same kind. By taking the Diet-Drink one month, the appearance of the complaint was so much changed for the better, that he continued taking it for seven weeks, in which time his skin was soft, smooth, and free from Eruption, and he then lest off the Medicine, cured.

#### CASE XVI.

Scorbutic Gout, with Contraction of the Fingers, paralytic Numbness of the Hands, and Eruptions on the Head.

MR. Chaneau, an Irish Gentleman of fortune, of lax Fibres, and much emaciated, was recommended to me for advice by Brice Fisher, Esq. He had been subject to many severe attacks of the Gout, and his Hands, Wrists, and Fingers, were so contracted, that he was not able to write or hold a pen; his aspect was sickly and pale, and his pulse weak; in short, he laboured under every symptom which indicated a shattered constitution, and a sharp, impoverished state of the Blood.

April the 27th, 1762, he began a course of the Lisbon Diet-Drink, which agreed with him perfectly well; in the space of a month the paralytic numbness of his Hands and Arms went off, and his Fingers, from a contrasted, torpid state, became warm, flexible, and strong, so that

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he was now able to write. The Scorbutic Eruptions on his Head and Temples disappeared, his strength and appetite increased, and his complexion became healthy. In this state he was able to bear exercise in his coach, and soon after lest London for Dublin, from whence he proposed returning, the next Spring, to repeat the use of the Medicine; but, the year following, Mr. Fisher shewed me a letter from him, in which, with much politeness and gratitude, he mentioned his perfect cure; having, to the surprise of all his acquaintance, continued in good health from the time of his leaving London.

#### CASE XVII.

Fluor Albus, or Female Weakness, with Scorbutic Eruptions on the Head and Face.

A Married Lady near Guildhall, of a consumptive, delicate habit of Body, applied to me for advice. She had dry scaly Eruptions on her head and face, and was subject to the Fluor Albus, which had very much reduced her, and brought on pains in her Back and Loins, with loss of appetite and a flow Hettic Fever. August the 16th, 1762, she began to take the Diet-Drink, which promoted a gentle perspiration, and kept her body laxative, without the least diminution of strength. She was persettly cured of the Eruption and Fluor Albus in one month; her appetite being good, and her severish heats entirely removed.

CASE

# CASE XVIII.

Venereal Ulcer in the Throat, with Deafness, and Noise in the Ears.

MR. P. a young student from Cambridge applied to me with an Ulcer in his throat, which for many months had been treated as venereal by his Surgeon there: He put him upon a Mercurial course, during which, he had spit several weeks; he afterwards gave him a strong decoction of the woods, but the soreness and ulceration of the throat still continued, with ex-

cessive Deafness.

As he at first came to town for my advice, he went back again to Cambridge, where a gentleman of the profession endeavoured to disfuade him from taking the Diet-Drink, telling him it would not fucceed, on account of the extreme coldness of the season; however, he returned to London, and took a lodging in Rider-street, St. James's, where I attended him. February the 5th, 1763, he began a course of the Diet-Drink, which generally procured him two motions a day, and increased his quantity of urine. When he had taken the Medicine fix or seven days, he found the foreness of his throat abated, and his Deafness much relieved; his appetite was good, he slept well, and at the end of one month, lest off the Medicine perfettly cured; the Ulcer being healed, and the foreness

of his throat, together with the deafness and noise in his ears, totally removed.

\*\* About a year after, he paid me a visit, and informed me, that from his leaving off the Diet-Drink he had continued in perfect health; which shews the weakness of every objection to the use of this Medicine, on account of the coldness of the weather; since he, as well as many others, was cured by it, in the very depth of winter, when the season was uncommonly severe.

#### CASE XIX.

Ulcer in the Throat.

A Gentleman of fortune, who lodged in Southstreet, Berkeley-square, applied to me: he had been salivated a few months before, and afterwards went through a course of mercurial alteratives, for an ulcer in his throat: the right tonfil gland was almost totally consumed, and the ulcer seemed spreading to the contiguous parts. He complained of much foreness, with difficulty in swallowing, and a sense of fulness in the throat. April the 29th, 1763, he began with the Diet-Drink; after the first three or four days, there was a visible alteration in the ulcer for the better, which healed without interruption in the space of one month. This gentieman was much emaciated when he applied to me, but, after leaving off the Diet-Drink, he grew fat and strong. CASE

# CASE XX.

Intense Head-ach, with Eruptions on the Skin.

MR. Chawworth, a gentleman of rank and fortune, in Berkeley freet, Piccadilly, was recommended to me for advice, in a disorder of an uncommon nature. At certain times, particularly after exercise, his Hands, Breast, and Arms, broke out as if stung by Nettles, with an intolerable itching, like that diforder in the West-Indies, called Prickly Heat; and this eruption was generally preceded by a violent fit of Head-ach. By the advice of Dr. Wilmot, physician to the late king, he was directed to the temperate Bath at Buxton, and to drink the waters, with both which he complied, without advantage: he afterwards went to Bath, but not finding relief there, he returned to London, and consulted me for advice. May the 9th, 1763, he began a course of the Lisbon Diet-Drink. In a few days, it threw out a vast quantity of Eruption, and much relieved his Head-ach; his strength and appetite were considerably increafed, and at the end of a month he left off the Medicine.

July the 17th, 1764, his complaint being again very troublesome, he began the Diet-Drink, which relieved him in the same manner as before; he now determined to pursue it regularly, being firmly persuaded it would cure him; accordingly he continued it near two C 4 months,

months, and was at last cured without any return of the disorder. He favoured me with a visit, with the Brother of Sir H. H—k, the following winter, being then in high health and spirits, though he was soon after unfortunately killed in a Duel by Lord B—n, at the Star and Garter in Pall-Mall.

#### CASE XXI.

Scorbutic Gout, with Eruptions on the Hands, Arms, and Body.

IN the year 1763, I was confulted for advice by Sir Abraham Hume, Bart. in Hill-street, Berkeley-square, aged 57, of a habit somewhat corpulent, and subject to the Gout. Several years before, the Ligaments of his left knee were violently sprained, which brought on a long-continued lameness, with swellings of the leg from the knee to the ancle. He was advifed by Sir John Pringle to try the hot-baths at Aix la Chapelle; by the use of which, the swelling fubfided, and the Leg was almost reduced to its natural fize. In the year 1761, the evident symptoms of a confirmed Scorbutic Gout appeared, with Eruptions on the fame Leg, and acute darting pains; for which he took a decoction of sarsaparilla, with a solution of sublimate, which he was told was the Lisbon Diet-Drink; but this medicine destroyed his appetite, and brought on violent pains in his bowels, with a faundice; his Leg also growing worse, he left

it off, went to Harrowgate to drink the waters, and returned much recovered. Next year he returned to Harrowgate, but without the fame relief; his Leg broke out with deep scorbutic fores, which overspread the Hands and Arms. His appetite left him, his quantity of urine was fmall, and high-coloured; he was thirsty and feverish, and a vast degree of swelling appeared on his legs and thighs, indicating an ap-

proaching Dropfy.

May the 18th, 1763, he began a course of the Lisbon Diet-Drink, during which I recommended to him the use of the temperate bath; by the continuance of this Medicine, which kept him laxative, and promoted the urinary discharge, which before had been considerably diminished; his appetite was restored, the dropfical swelling and tension of his Legs and Thighs abated, the yellowness of bis skin disappeared, and, in less than two months, the scorbutic sores were perfectly healed.

\* \* This Gentleman obligingly favoured me with the particulars of his case from his own mouth; and after I had thus drawn it up, and shewn it to him, be desired I would publish it, for the benefit of others.

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# CASE XXII.

Rheumatism, with hollow Ulcer on the Knee, and Enlargement of the Joint, tending to a White Swelling.

SEPTEMBER the 9th, 1763, I was fent for to visit Mrs. Beard, of Trinity-lane, in the city; she had for a long time been afflicted with a swelling on her knee, attended with great pain, inflammation, and lameness: The skin upon the knee-pan was perforated with a number of small boles, or deep ulcerous sores, like a boneycomb; the diseased skin was hollow underneath, and discharged a sharp ichorous humour, which excoriated the surrounding parts. She had the advice and assistance of Mr. Pott, who, from the great enlargement of the joint, suspected the bones to be affected, and that the complaint would end in a white swelling, which would endanger the loss of her limb.

She had been ill and lame for twelve months. The Hemlock Poultice had been applied, and many medicines administered, without effect.

Mr. Oborn, of Clerkenwell, her Apothecary, observing her every day growing worse, advised her to take the Diet-Drink, having seen the extraordinary cure it effected in the sixth case. She began with the Medicine, and continued it with great regularity. In three weeks the sores looked cleaner, the pain and inflammation were considerably abated, and, as she went on with

afforded a good digestion, and in six weeks were perfectly healed, without any relapse: Her habit of body was also much changed for the better, and her complexion, which before was sallow and bilious, became fresh, clear, and bealthy. In short, her health was perfectly established by the Diet-Drink, which also freed ber from the Rheumatism, to which she formerly had been subject; for consirmation of all which I bave the liberty of referring to Mrs. Beard.

#### CASE XXIII.

Consumption, or Venereal Atrophy, with Hectic-Fever, and Eruptions on the Body.

A Young Gentleman in the Royal Navy, aged twenty-five, applied to me for the cure of a branny Eruption on the skin, proceeding from an old venereal cause; his Lungs were weak, and his aspect pale, being exceedingly emaciated, and enseebled by a pocky bestic, with night sweats, and Diarrhaa, which had wasted him to a skeleton; and indeed (by the patient's own account) it appeared, that his constitution had suffered more from the immoderate use of Mercury, and the preposterous exhibition of strong purging Medicines, than from the Ditease itself.

January the 22d, 1764, he began to take the Lisbon Diet-Drink, which soon removed his Hestic Fever; in a month the Eruption on the skin was removed, and his appetite and strength

were in a great measure restored. At the end of seven weeks he lest off the Medicine, perfectly cured, without confinement: having near three years after, viz. November 17, 1766, received a letter from him in the country, informing me (with the highest expressions of gratitude) that he enjoyed a fine state of health ever since his being under my care; that his skin had remained perfectly free from the Eruptions, and that he was grown strong and hearty.

#### CASE XXIV.

Venereal Eruptions on the Body and Arms.

A Linen-draper in York-street, Covent-garden, aged twenty-seven, applied to me; he was much emaciated, and had broad spreading, copper-coloured spots on his body and arms; though he had regularly taken Mercurial Alteratives, and a strong decoction of sarsaparilla, for several months, from Mr. Hales, his Apothecary, in

Hill-street, Berkeley-Square.

April the 17th, 1765, he began the Diet-Drink, which operated gently by stool, and much increased the urinary discharge; after taking the Medicine a sew weeks, his appetite and strength increased, the copper-coloured spots began to grow paler, and gradually disappeared. At the end of seven weeks he lest off the Medicine persetly cured, and afterwards settled in the country, where he has since continued in persect health, and from thence recommended two patients to my care. CASE

# CASE XXV.

## Venereal Consumption.

A Gentleman in London, at the request of his friend, (a person of distinction, then at Paris,) and from whom he had just received a Letter, with a state of his case, was desired to

ask my opinion concerning it.

Soon as he arrived, I visited him in York Buildings, and found his case nearly as it had been represented by his friend. He had no venereal symptom, except a gonorrhæa, which seemed rather to arise from weakness and relax-

ation, than any remaining Virus.

He was of a delicate habit, and evidently consumptive, having a tightness and oppression across his breast, with weak ulcerated lungs, from which he had formerly spit purulent matter mixed with Blood. The Physicians of Montpelier, where he had been advised to go for the recovery of his health, ascribed his complaints to a latent venereal cause, and looked upon his case as a true venereal, pulmonary consumption; finding no relief there, he went to Paris, and from thence set out for London, with intention personally to consult me, and to take the Lisbon Diet-Drink.

April the 21st, 1766, he began to take that Medicine, which he regularly pursued for the space of a month, during which the gleet disappeared, the complaint of his Breast was much relieved,

relieved, and his strength and appetite were restored. He set out for Bristol soon after, by my advice, and at his return to London, was pleased to honour me with a visit, and informed me, he was persettly cured.

#### CASE XXVI.

Female Weakness, or Fluor Albus, with tetterous Eruptions on the Head, and ulcerous Sores bebind the Ears.

A Merchant's Lady near Aldermanbury, of lax fibres, and delicate conflictation, applied to me for advice: she had long been troubled with Fluor Albus, scurfy tetterous Eruptions on her head, and ulcerous running sores behind her ears. I prescribed her the Diet-Drink, with which she began the 8th of May, 1766; it promoted a plentiful secretion of urine, and proved gently laxative. In six weeks the ulceration behind her ears was healed, her head was clear of the tetterous Eruptions, and the Fluor Albus was totally taken away.

#### CASE XXVII.

Scorbutic Gout, with virtigo, or giddiness of the Head, as drawn up by the Patient, Col. Sk--y.

IN the beginning of May, 1766, I was suddenly seized with a violent swimming in my head, which continued near an hour, and in such

fuch a manner as to make me reel like one that was drunk. January 7th, 1767, I was again for violently feized with it, as to fall, and every thing seemed to turn round; it lasted but a little time, but left me very weak. I applied for advice, and was ordered Bark, Valerian, and other Medicines; but with little effect, for I was again attacked fill more violently in 7anuary, 1768. In February, it attacked me again, and weakened my whole frame fo much, that I have never fince had my health as usual. In the month of September, I was ordered seabathing, by which I found fome little benefit. My stomach, however, was bad and foul, which obliged me to take frequent vomits; at least every three weeks. I had great weariness and inactivity in my limbs, like one tired with hard Exercise. My fingers would sometimes swell, and my nails turn black, after which they would look yellow, and the skin peel off: when the complaint fettled in my fingers, my head was perfectly strong and clear, and I was remarkably well in health. I have all my life been subject to sharpness in my blood, and inflammation in my eyes, with Eruptions on my Head; for which I had an iffue cut, but with very little benefit. All the Physicians agree, that my diforder proceeds from a Humor in my blood, but differ in opinion as to its nature: some call it Rheumatic, others, Scorbutic Gout.

In December, 1762, Col. Sk—y began a course of Lisbon Diet-Drink, and about three weeks

weeks after, I received a letter dated 11th of January, 1770; of which the following is a copy, verbatim.

## " Dear Sir,

"I am so much better that I begin to hope the Diet-Drink will prevent a return of my Disorder, without the Caustic; I therefore have not applied it. The usual period of its return is elapsed, and, if I continue a sew days longer to escape it, shall have no doubt of the efficacy of the Medicine. I will add, if it makes a Cure of me, it will redound greatly to its credit, as my case was of sour years standing, and I had taken various Medicines to no purpose. I shall be happy to do you all justice, and on every occasion to approve myself, &c."

#### CASE XXVIII.

Habitual scorbutic Head-ach, and Inflammation of the Eyes.

MR. Carr, a gentleman from Leeds, of a confumptive, bilious babit, who had himself
been cured by the Diet-Drink the year before,
of a complaint arising from an unsound liver,
attended with yellow furfuraceous Eruptions on
the skin, brought his wife to London, to take
the same Medicine. Her habit was thin, and
her complexion wan and pale; she had, for upwards of six years, laboured under an babitual
fcorbutic

feorbutic Head-ach, attended with sharp humours and violent inflammation of her Eyes, for which she had taken many Medicines, without any considerable effect. September the 27th, 1766, she began a course of the Lisbon Diet-Drink. At that time her Head-ach was exceffive, and the pain and inflammation of her Eyes fo violent, that she was not able to bear the least light. In a few days her Head-ach was relieved, and, in a fortnight's time, both that and the inflammation of her Eyes were removed; however, she regularly continued the Medicine for a month, in which time she was perfectly cured. Having the pleasure of seeing her husband in London the year after, he informed me, she continued well, that her complexion was clear, ber babit of body exceedingly changed for the better, and that she had never, for many years past, enjoyed such an uninterrupted state of health.

#### CASE XXIX.

Stricture in the Urethra, and Obstruction of Urine from an old venereal cause.

MR. R—n, commander of a West-India ship, was recommended to me by Mr. Lovelace, who had himself experienced the good effects of the Liston Diet-Drink. He had long laboured under an obstinate and painful obstruction of urine, from a venereal cause, for which he had worn Bougies; and, notwithstanding he had been liberally plied with Mercurials, and taken

taken many other Medicines, he was apprehensive the Disease was not eradicated, as the symptoms did not abate. From the continuance of his disorder, and anxiety of mind, his constitution was much reduced, having almost given up the hopes of cure. October the 8th, 1768, he began the Diet-Drink, and was perfectly cured in one month.

#### CASE XXX.

Inflammation of the Eyes, from a Defluxion of sharp Rheum.

MR. Heighway, a gentleman of fortune, formerly an Officer in the Horse-Guards, was recommended to me by Mr. Hales, Apothecary, in Hill-street, Berkeley-square, for a complaint in his Eyes, for which he had taken many Medicines, and applied a variety of Lotions and Eye-Waters. He was subject to an acute Headach; his Eyes were so painful and bloodshot, that the least light was intolerable, and his sight greatly impaired.

After I had directed him to be blooded, he began the Diet-Drink, December 21st, 1768, and in six weeks was perfectly cured, without any relapse. The Medicine kept bim laxative, and

increased the urinary discharge.

# CASE XXXI.

Venereal Consumption, with a diseased Liver.

AR. W—bb, a Merchant, in London, from an old venereal cause of many years standing, and the abuse of Mercury, was reduced to the last degree of bodily weakness, with great dejection of spirits, and a desponding melancholy state of mind. He had taken decoctions of sarsaparilla with sublimate, tried the saltwater and sea-bathing at Margate, and after his return from thence, by the direction of his Apothecary at Uxbridge, he took the Peruvian Bark and Valerian in draughts, thrice a day, for seven weeks, but with little relief. Had the Lisbon Diet-Drink been continued half as long, and with no better effect, I presume the Apothecary would have thought it high time for the patient to have left it off.

His countenance was pale, and tinged with a yellow hue: He had an indolent pain in the region of his Liver, with swelled Legs, a slow Fever, Thirst, and loss of appetite. February 10th, 1770, he began the Lisbon Diet-Drink, which he found soft and friendly to his stomach and bowels. It kept him gently laxative, and very much increased the quantity of his urine; the pain in his side, and swelling of his legs sensibly abated, as also his Thirst and Fever. After taking the Medicine a fortnight, he found his appetite much better, and gradually gained D 2

strength and spirits. Being now firmly perfuaded he should obtain a cure, he regularly continued the medicine for the space of two months, and was then perfettly restored to health, which he has since continued to enjoy without interruption.

#### CASE XXXII.

A Fistula in the Corner of the Eye, hollow Ulcer in the Förehead, with a Caries or Decay of the subjacent Bone.

MR. W—rd, Lieutenant of a King's ship, had, for several years, laboured under the above complaints, from an old venereal cause, for which he had taken large quantities of Mercury, decostions of the woods, &c. but, by his own account, had lived a very irregular and intemperate life. That Eye contiguous to the Fishula was greatly inflamed, and the sight much impaired. Sanious matter issued from the hollow Ulcer on his Forehead; and, from the oily offensive discharge, there was reason to believe the Bone underneath was decayed.

He began the Diet-Drink, November 12th, 1770, and continued it for upwards of a month, with great amendment to his general habit of body, and an abatement of all the symptoms. For his greater security he repeated his course of the Medicine some time after, and then appeared to be perfetily cured: As he did not

again apply to me, I am inclined to think he had no relapse, but of this I am not certain.

# CASE XXXIII.

A fixed Pain and flatulent Swelling in the Stomach, with Indigestion, and general Weakness of the Body.

MR. Birkes, a Sadler in the Hay-market, for upwards of four years had been subject to the above disorders; for which, almost every season, he took salt water, and bathed in the Sea. He had also been at Bath, and drank the water with considerable relief; but, before he applied to me, the pain and oppression at his stomach returned, attended with Wind and Indigestion, a daily loss of slesh and bodily strength, and a pale sickly aspect.

September 21st, 1771, he began with the Diet-Drink, which removed the pain and wind at his stomach, and at last restored him to health, being at this time strong, healthy, and perfectly

free from all his former complaints.

# CASE XXXIV.

Glandular Swellings, and Cancerous Sores of the Neck.

MRS. Wisdem, of Barnet, a married lady, of a thin and very delicate habit of body, aged forty-six, after the disappearance of the periodical discharge, was suddenly affected with acute

acute pain under her short ribs, which darted upwards, and, fixing in her neck, produced a glandular swelling which gradually increased to the size of a large walnut, attended with soreness, and a crimson-coloured inflammation of the skin. By the use of poultices, the swelling suppurated, and being opened by the lancet afterwards healed.

Soon after, another large Kernel broke, like the former. In this manner five of the glands of the neck were affected with pain and swelling, and imposthumated. When she applied to me, the sores had a livid, cancerous appearance, and discharged a sharp, corroding humour, which excoriated the surrounding parts; there was also one very large diseased gland in her neck, which afterwards appeared likely to produce a gathering of matter. Her body was greatly wasted, and she was reduced to the last extreme

of weakness and despondency.

May 12th, 1772, she began a course of Liston Diet-Drink: It agreed perfectly well with her, kept her gently laxative, and increased her quantity of urine. The large glandular swelling, which before was painful and likely to suppurate, became softer, and dispersed. In about ten days, the running sores began to look cleaner and digest, instead of a sharp, corrosive humour, discharging a thick, cream-coloured matter. She continued the Diet-Drink upwards of six weeks, towards the end of which the cangerous sores were all perfetly healed.

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# CASE XXXV.

Nervous Fever, with low Spirits, &c.

CAPTAIN Blake, who commanded a ship in the West-India trade, was recommended to me by Mr. Lovelace, a wine-merchant in Bristol, from whence he came to London to put himfelf under my care. He had long suffered much from anxiety of mind, the liberal use of Mercury, and over-fatigue in bot climates. His strength and appetite were greatly impaired, and his Body much wasted; he had wandering pains in his legs and arms, with soreness of the sleshy parts, as if they had been bruised, with a slow nervous Fever, and great dejection of spirits: In short, such was his disorder, that it indicated a broken constitution, and appearant consumption.

constitution, and apparent consumption.

September 18th, 1774, he began a course of Lisbon Diet-Drink, which chiefly operated by urine, and in the morning produced a gentle moisture on his skin, when he took the Medicine milk-warm in bed. By degrees, his strength and appetite increased, the soreness of the sleshy parts, and the pains in his extremities, were much relieved. He regularly continued the Medicine for fix weeks; in that time his fears vanished, his complexion became fresh and ruddy; he had a good stomach, grew fatter, and, being perfectly well and hearty, left off the Medicine. He called at my house a few weeks after, to thank me at taking leave, being then about D 4

about to fail for the West-Indies, where he went to reside, and from whence I had the pleasure of hearing that he continued in perfect health.

#### CASE XXXVI.

Scorbutic Itch.

MISS Peat, London-street, Fenchurch-street, before her return home from boarding-school, broke out, over her legs, arms, and body, with an eruption resembling an inveterate itch. She was weak, pale, and much wasted in slesh, often sick at stomach, and had lost her appetite, so that her Relations apprehended she was falling into a Consumption.

Sept. 5th, 1777, she began to take the Diet-Drink, which in a month almost removed the eruption, and relieved her so much in all respects, that she was concluded nearly well; when, on taking cold, a second crop of the eruption appeared. As the Diet-Drink agreed with her stomach, we prevailed on her to continue it for upwards of six weeks, and with so happy an effect, that at the end of that time the Eruption totally disappeared, without the least return. Her appetite, strength, and natural complexion, were then restored, and she has since enjoyed a state of perfect health.

#### CASE XXXVII.

Nervous Atrophy, or Wasting of the Body, with low Spirits, from a latent scorbutic Cause.

A Lady from the country, of a constitution uncommonly delicate, and great sensibility, was recommended to me for advice in a complaint of long continuance. She was often affected with palpitation of the heart, a nervous tremor, and sometimes with hysteric sits of crying from slight accidental causes. But the principal reason of her distress arose from a preternatural thickness and induration of the skin on the palms of her hands, and inside of her singers. The skin was changed to a horny hardness, so that when she endeavoured to extend her singers, it would crack and bleed, and occasion the most painful and disagreeable sensation, especially in cold weather.

Having taken many of the most powerful medicines in vain, she seemed almost entirely

to despair of a cure.

Sept. 29, 1777, she began a course of Lisbon Diet-Drink, which agreed with her perfectly well, acting as a diuretic, and gentle laxative. In a few weeks she was apparently better; the skin on the inside of her hands began to grow more soft and slexible, so that she could stretch out her singers almost to their sull extent. She persevered in the use of the Diet-Drink, with the utmost regularity, and in two months was persectly

perfettly cured of her complaint, without the least relapse; her hands being perfectly soft, white, and slexible, and her complexion fresh and clear; for confirmation of which, I have the Lady's permission of making reference.

She was uncommonly attentive to whatever I proposed, and regarded the rules laid down for her regimen with the most scrupulous caution, which very much increased my solicitude and

anxiety for her recovery.

## CASE XXXVIII.

Impotency, and broken Constitution.

A Middle-aged, married Gentleman, recommended to my care; by intemperance, and a frequent discharge of blood from the Piles, was greatly emaciated and reduced. He laboured under every symptom which indicated an impoverished blood, and broken constitution. He found his strength daily wasting, being so enervated and impotent, that he was totally incapable of all venereal intercourse.

December 14, 1778, he began to take the Liston Diet-Drink, and in one month his strength and natural vigor was restored, being now in good health and spirits; which I have no doubt he will enjoy, as long as he thinks

proper to continue temperate.

# CASE XXXIX.

Scropbula, or King's Evil.

was for a long time affected with a scrophulous swelling under his chin, and an ulcer in
his throat, by which he lost his voice, and could
only speak in whispers. He had also a fistula
lacrymalis, discharging a thin, corrosive humour, which trickled down his cheek, and excoriated the surrounding parts. Though he was
attended by an eminent Surgeon, and had taken many medicines, the sore did not discover
any tendency to heal. He was much wasted,

and reduced in strength.

May the 4th, 1779, I was consulted for advice by his parents, who put him under my care. A few days after, he began a course of Lisbon Diet-Drink, which did not in the least disturb his stomach, but generally procured him two lax motions each day, with a very copious discharge of urine. In a few days he began to eat, and sleep better; and, notwithstanding the constant evacuations by urine and stool, his strength manifestly increased, his eyes were more lively, and his complexion, which before was sallow and pale, became florid and healthy.

After the first three weeks, the soreness of his throat abated daily, the ulcer bealed, and with a little exertion, he could speak with his natural voice. The fistula at the inner corner of his

eye was now much less inflamed, and, instead of a sharp thin humour, discharged a well-digested cream-coloured matter. In sive weeks, without any external application, it healed firm and sound from the bottom, and so remains to the present time. For his greater security the Diet-Drink was continued a fortnight, and he happily obtained a perfect cure.

## CASE XL.

Debility, or Impotency.

A Gentleman near Grosvenor-square, by the recommendation of Brice Fisher, Esq. applied to me. Though not in ill health, he was wholly impotent. The subject is too delicate for particulars. He took the Diet-Drink near six weeks, by the use of which his disorder entirely went off, as well as those faint sweats with which he was sometimes troubled, especially when he reslected on his irksome situation. This gentleman, by his own account, always lived a temperate life, but had, at disferent times, been very free with the use of Mercury, and other violent Medicines.

# CASE XLI.

Female Weakness, with old venereal Reliques, after the immoderate use of Mercury.

MRS. H three years before, was injured by her husband, who was then dead. She had gone through a falivation, and afterwards took

for several months. She had a profuse discharge, with violent pains in her back and loins, hectic sever, night-sweats, and a hissing noise in her ears; she complained much of pains upon the shin-bones, and across her forehead and nose, with a disagreeable sensation of weight. She told me, that, from the distressing apprehensions of never being cured, and her fever and night-sweats, she had often been deprived

of sleep for many nights together.

January 25th, 1779, she began a course of Diet Drink; but was soon interrupted by taking cold, which brought on a severe bloody flux; however, with much care and difficulty she got over it, and having regained a little strength, by the bark and other Medicines, which I directed, she again began the Diet-Drink, which she found soft, and comfortable to her stomach and bowels. By intervals, she steadily persevered in the use of the Medicine for two months, and in the end obtained a persect cure; being now in good health, and persectly easy in body and mind.

#### CASE XLII.

Consumptions or inward Decay, from an obstinate Fluor Albus.

A Young married lady, in Oxford-street, by the long continuance of a profuse uterine discharge, being much exhausted, applied to me.

me. Her lungs were apparently weak and tender, she was subject to a cough and oppression at her breast; which, with an habitual Diarrhaa, night-sweats, and slow fever, had reduced her to a very languishing condition. From the daily waste of her strength, her relations apprehended there was some inward decay, and that without speedy relief she could not long survive.

She began the Diet-Drink at her lodgings in Brompton, by which, in about a fortnight, her strength and appetite were considerably restored: the diarrhæa and night-sweats abated, and at the end of five weeks, the uterine discharge, with the cough and oppression at her breast, went off. To strengthen the folid system, and prevent a relapse, I directed the Peruvian bark with aromatic bitters, and exercise on horse-back in a dry, pure air. When I saw her last before setting out for Windsor, she was in perfect health, and soon after recommended a patient to my care, who was dropsical.

#### CASE XLIII.

Pimpled Face, with painful Menstruation, &c. from scorbutic Acrimony of the Blood.

A Single Gentlewoman in Westminster, aged thirty-two, had long been troubled with large pimples, and redness of her face and nose. She was often subject to fits of head-ach, and a defluxion of sharp rheum upon her eyes, which

which impaired her fight, and so much excoriated her cheeks, that, below the eyes, they had a glassy, shining appearance, as if they had been varnished. For the last three years she had tried many Medicines, but sound no lasting relief. Her friends informed me she was uncommonly temperate in eating and drinking, and that her chief liquor was toast and water, with a little mountain wine.

fanuary 12th, 1779, she entered upon a course of the Liston Diet-Drink, which kept her laxative, and procured a copious discharge of thick urine, which before had been pale and small in quantity. She found herself, as she expressed it, more lightsome; her spirits were better, and she had no head-ach. In three weeks the smarting of her eyes abated, her sace was no longer stushed with heat, but looked more cool and pale. At the end of the month the pimples began to subside, and die away; and in the conclusion she was perfettly cured.

#### CASE XLIV.

Feverish offensive Breath, from Scurvy in the Mouth and Gums; with Palpitation of the Heart, Flushings in the Face, &c.

MRS. Jackson, an Officer's Widow, whose husband died of the wounds he received at Bunker's-hill, was subject to a sharp, muriatic acrimony in her mouth and gums: she was constantly affected with thirst, and a slow, hec-

tic fever; her legs swelled, and her habit of body was bloated and scorbutic. Her nerves were uncommonly susceptible; every thing, which gave her uneasiness or surprise, instantly brought on slurry of spirits, palpitation of the heart, and slushing in her sace, from which a thin pellicle, like gold-beater's skin, peeled off. She was constantly troubled with a disagreeable, putrid taste in her mouth, which rendered her

Breath feverish and offensive.

September 15, 1779, she began to take the Lisbon Diet-Drink, which was mild in its operation, and agreeable to her taste and stomach; it kept her gently laxative, and promoted a plentiful secretion of urine; her thirst and fever abated, the flushings and redness of her face were less violent, and the disagreeable, offensive taste and dryness of her mouth went off; after which her skin became clear, and ber breath was restored to its natural sweetness. Though she was prevented from continuing the Diet-Drink longer than fourteen or fifteen days, in that short space of time she experienced a very falutary and extraordinary change of constitution. About four months after, she again repeated her course of the Medicine, and was then perfettly restored to health.

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Tetterous Eruptions on the Skin.

A Young Lady of the first distinction had long been afflicted with tetterous eruptions on the extremities of her body; and the crown of her head was so thickly covered with a dry, yellowish crust, that her hair was obliged to be cut off.

This complaint had continued about three years, although she had taken many medicines of the powerful kind, particularly Sea-water, decottion of the woods with sarsaparilla, dietdrinks with tinture of antimony, in very large doses, but with so little relief, that her physician signified, her disorder might be palliated, but could not be cured.

February, 1781, the Lady began to take Lisbon Diet-Drink, which agreed with her stomach perfectly well, and operated as a diuretic, and gentle laxative. In a fortnight, the eruptions began to look paler, and in a month, many of them totally disappeared. I directed the warm bath, which she used occasionally, and the Diet Drink was continued, with great regularity, for several weeks longer. At the end of the Course, her head was free from eruption, and fo little remained upon the skin, that it was with difficulty perceived .- The following fummer, she had a slight return of her complaint, which was foon removed by taking the Extract; and, on her return to London, the course of Diet-Drink was again renewed, with uncommon perseverance, by which she happily experienced a perfect cure. She remains

mains free from all eruption; her skin and complexion are fresh and clear, and at this time, January 3d, 1791, she continues in a state of perfett health.

#### CASE XLVI.

Consumption, with bilious Disorders of the Stomach and Bowels.

A Gentleman of a thin, bilious, habit of body, much wasted by Diarrbaa and Night-Sweats, applied to me for advice.—He had been in the East-Indies some years, but was obliged to return to England on account of his ill health, which was still rendered worse by anxiety of mind, and quick transitions from cold to a very hot climate. His complexion was wan and Sallow; his Strength, Appetite, and Digestion were much impaired, and he was greatly afflicted with Wind and oppression in bis Stomach and Bowels .- April 17th, 1781, he began to take the Extract of Diet-Drink, being then subject to a profusion of bile. As this gentleman refided at his Country-House in Esfex, and not having then an opportunity of feeing me in London, he obligingly favoured me with the following particulars, by a Letter dated June 20th, 1781. which I have here set down in his own words, viz.—" It is with pleasure I tell you, that I have experienced the most beneficial effett from the use of your Diet-Drink; my appetite and digestion being better, my skin clearer, and

and my bowels stronger, as I judge from being able to eat what I could not venture upon for several years past, without the certainty of a Diarrhæa," &c.

# CASE XLVII.

Scrophula, or King's Evil.

CTOBER 26th, 1781, I received a Letter from a Gentleman of the Law at Tunbridge, in Kent, with the following state of his Daughter's Case, viz. "Miss ---, aged 21, upwards of three years was lame in her right hip, attended with great pain in her right knee, but without any fwelling or uncommon external appearance.-In June, 1779, she used Sea-bathing, but it did not relieve her lameness; for, from that time to this, she has been obliged to walk with a stick and crutch. Some time after, a small fwelling was discovered on the outside of her right thigh, which continued in the same state a great while. September, 1780, she had the advice of an eminent Hospital-Surgeon, who directed fomentations, and a warm gum plaster. In March, the swelling was opened, and discharged a thin matter. Finding her very low and weak, the Surgeon ordered the Bark, and shewed her how to squeeze the matter from the top of her thigh to come out at the wound.-From this time she seemed to recover, till our country Surgeon, who dreffed the wound daily, poured too large a quantity of red mercurial precipitate E 2

precipitate into it, which falivated ber; since that she has never been well.—She has taken the Peruvian Bark, and a Diet-Drink made with Lime Water, by turns; but without benefit from either.

My Daughter is now reduced so low and weak, by this continual discharge, that she is unable to come to town for your advice.—She has also, for three weeks past, something of the same disorder in her nose and head, attended with a great discharge from thence. She is, Sir, recommended to you by Mrs. Beard,\* and Mr. H—r, of Cheapside, both of whom, I understand, have taken the Liston Diet-Drink, under-

your care, with a good effect."

This is a state of the Lady's Case almost verbatim, as I received it; and in this languishing condition, November 1st, 1781, she began to take the Extract of Lisbon Diet-Drink.—December 18th, I received a second letter, informing me it agreed with her very well, and that the was confiderably recovered in health and fpirits; that the appearance of the fores was changed for the better, and that the Medicine promoted a gentle perspiration, which did not weaken her like the sweats she had before. Fanuary 8th, 1781, she was able to come to London in a post-chaise. I found her much recovered in all respects; one of the fores being perfettly bealed, and the other in a healing state. She was free from pain and fever, had a good

. The Lady whose Case is set down xxii.

stomach,

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flomach, and got refreshing sleep. She returned into Kent a sew days after, and continued the Medicine a considerable time, since which, I am informed, she is in good health.

\*\* I received the following Case, as drawn up by the Patient, Mr. Cox. Attorney at Law.

#### CASE XLVIII.

Paralytic Numbness of the Head and Jaw, with Inflammation of the Eye, &c.

FOR several years I have been afflicted with Rheumatism in my knees and hips; and in November, 1781, was attacked with a fevere pain in my Eye, Cheek-bone, and the whole left side of my head, attended with paralytic numbness of the parts, which continued without intermission for the space of four months. This pain was fo violent and excruciating as to deprive me of appetite, rest, and every comfort of life. To remove it, by advice of the medical faculty, I tried Mersury in various forms; took decoctions of the woods, with and without Peruvian Bark; applied Leeches to my Temples and Glands, Blisters to my back and head, and had an Issue made in my Neck: These and many other expedients were used in vain; for, my disorder, all the while, rather increased than diminished.

After a trial of country air, for two months to no purpose, I returned to London, the beginning of September, 1782, at which time my Eye was in such a state of pain and inslamma-

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tion as to threaten entire loss of sight; and the side of my Head and Jaw were so much affected, that I was almost unable to open my mouth, and it was with the utmost difficulty I could be sed with the softest spoon-meat—I now entirely despaired of a cure, and, being so much emaciated and reduced in strength, I looked

upon death as inevitable.

Thus circumstanced, I was advised to confult Dr. Leake, who then happened to be out of town, but visited me immediately after his return. -- September the 8th, 1782, I began a course of Liston Diet-Drink, which produced relief in a short time. It kept me very gently laxative, and increased the urinary discharge. In one week, to my inexpressible joy, and the furprise of my friends, my appetite began to return; the numbness and pain to abate, and now allowed me to take comfortable reft. At the end of a month, the paralytic numbness and pain ewere entirely gone off, I could open my mouth with ease, had a very good appetite, and was no longer in any fear of losing my eye. short, my strength and spirits daily increased, and I experienced a happy and unexpected Cure without any relapse; being at this time, Feb. 15th, 1791; in perfect health, with the additional happiness of my eye-fight being entirely restored.

Holborn, Hatton-garden, Nov. 5th, 1782. JOSHUA COX,

Attorney at Law, and Vestry-Clerk to the Parish of St. Andrew, Helbern.

CASE

# CASE XLIX.

# Scropbula.

A Young Gentleman near Salisbury, aged eighteen, of a pale complexion, had laboured under a scrophulous babit upwards of four years; he was weak and much exhausted with night-sweats, and a slow bectic Fever. Formerly, he had a Fistula lacrymalis, which was cured by a Surgeon at Dorchester. The axillary and parotid Glands were much enlarged and some of them ulcerated. He had also a large painful Tumor in his left side, which broke and discharged matter.

In August, 1785, he took the Extract, and continued it, by intervals, for several weeks; after which, the diseased Glands gradually diminished, the sores yielded a better matter, and began to heal; he had a good appetite, gained strength, and, respecting his general habit of

body, appeared in good health.

#### CASE L.

Venereal Consumption, with a diseased Liver, dropsical Symptoms, and ulcerous Sores on the Legs.

A West-India Gentleman of fortune, middle-aged, of a bilious constitution, applied to me for advice. Hehad lived intemperately, and suffered much from repeated venereal infestion, and the immoderate use of Mercury; he was much E 4 emaciated,

emaciated, and apparently consumptive. He had an indolent, deep-seated pain in his right side, with a defect of the urinary discharge; great thirst, slow fever, and dejection of spirits. His skin was fallow, and upon his legs which were swelled, he had several ulcerous sores, which discharged a sharp corrosive humor. His appetite failed, and he got but little rest at night, occasioned by the pain of the fores, and uneasiness of mind. August the 3d, 1785, he began a course of Lisbon Diet-Drink, which was regularly continued upwards of two months. It kept him laxative, and increased the secretion of urine: After taking the Medicine about a fortnight, his thirst and fever abated; he eat with a tolerable appetite, and began to be in better spirits. Towards the end of his Course, the pain in his side, and swelling of his legs entirely went off, and all the ulcerous fores bealed.—He took the Diet-Drink the enfuing autumn, and is now (January 3d, 1791,) in perfett health, and good spirits.

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# CASE LI.

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Confirmed Lues, of ten years standing complicated with Scrophula.

The following Case of Robert Cooke, Esq. was drawn up at his own desire, by his Apothecary, Mr. Findlow, of George-Street, Blackfriers.

ROBERT COOKE, Esq. had been afflicted, for ten years past, with the general symptoms of a confirmed Lues, which were occasionally mitigated by the use of Mercury in various forms.

Suspicions of a fcrophulous taint inherent in his constitution, and co-operating with the venereal virus, gave rise to various opinions

concerning the real nature of his cafe.

According to the state of the symptoms, he had, at different times, gone through the usual courses of Mercury and sea-bathing, and steadily pursued the different kinds of Diet judged necessary to savour the operation of the Medicines administered.

These afforded him only temporary relief; in hopes, therefore, of obtaining a radical cure, he was induced to try the effect of the vapour-baths at Chelsea, which, for a short time, removed his complaint; but, the old symptoms soon returning, and his constitution visibly decaying, he was advised by his Physicians to try the effect of a warmer climate.

On his arrival at Gibraltar, he soon found sensible relief from the benign influence of the air; but, his relaxed system being farther debilitated by the warmth of the climate, symptoms of an alarming nature soon appeared, and marked the true state of his disease beyond the possibility of doubt.

The exquisite nocturnal pains affecting the bones of his legs and arms, but more especially the cranium, accompanied with the most excruciating head-ach, attended with formation of matter, and carious exfoliations from the bones of the forehead, evidently shewed that his case

was most inveterately venereal.

He had again recourse to Mercury externally applied, with the decostion of sarsaparilla and mezerion, to which was occasionally added Bark, Port Wine, and a generous Diet. During the severity of the pain, he took Laudanum, to the amount of half an ounce a day, which is more than ten times the usual dose; and that was found absolutely necessary to procure ease and sleep. From this course he experienced considerable relief, and soon after returned to England, and arrived at London in the month of July, 1785, when his rooted disorder again put on its old appearance.

He had now exquisite nocturnal pains in his shinbones, knees, arms, and head; and on the right side of the last, were several small sordid ulcers; also a swelling of the right leg, attended with

a warmer circuste.

violent pain and rigidity of the muscles, for which his Physicians abroad had recommended mercurial frictions, emollient somentations, and the vapour-bath. A total loss of strength, and frequent faintings, with convulsions, and dejection of spirits, now ensued, attended with a universal wasting of the body; and at this time

he took feven grains of opium each day.

It appeared to his Apothecary, Mr. Findlow, that whatever could have been expected from Mercury had been done; he therefore recommended him to try the effect of Lisbon Diet-Drink, and to put himself under Dr. Leake's direction, which he accordingly did. After having taken the medicine fourteen days, his appetite began to return; his pains, though fevere, were less frequent, and his strength was evidently increasing. The quantity of opium, by Dr. Leake's direction, was lessened by degrees, and at the end of two months he found himself better than he had been for several years before. At this time (28th of Sept. 1786,) the venereal fymptoms totally disappeared; his strength and appetite are good, his legs, which before were much wasted, are increased to their natural size, and the rest of his body in the same proportion. His complexion, from being fallow, is now florid, and his constitution is so amazingly improved, that he has every reason to believe his health is perfettly established.

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# CASE LII.

Scropbulous glandular swelling of the neck, and a sore throat, with enlargement and ulceration of the joints.

A Brewer in the Borough of Southwark, of a middle age, and bad habit of body, April 7th, 1787, applied to me for advice for the above complaints, which appeared to be bareditary, and for which he had taken various medicary, and want in feedual means

dicines and used many ineffectual means.

From a painful swelling on the joint of his knee he was extremely lame. Mr. Pott, who attended him, and afterwards another eminent surgeon, were of opinion, from the great enlargement of the joint, that the bone was affected, and that it was in reality a white swelling. He had a livid Tumor on the lower part of his right wrist, which was manifestly scrophulous, and seemed likely to break. The glands of his neck were painful and enlarged, and his throat was sore attended with slow Fever, but I did not perceive any ulceration.

He began a course of the Extrast and took it regularly for six weeks. He informed me it kept him laxative and abated his sever; towards the morning his skin was more soft, and he generally perspired more freely than usual.

At the end of five weeks the Tumor on his wrist entirely dispersed, and the joint of his knee being more slexible, he could bend it a little more, and was not so lame; this alteration for the better, encouraged him to proceed with the medicine which therefore he took for one month more.

A few weeks after his course was ended, he called on me with great abatement of all his complaints. The swelling on the joint of his knee was much diminished, and with very little pain he could walk an easy, moderate pace; in short, to use his own words, " be was all but well." Knowing the obstinacy of such habitual diseases, where their very essence, from an bereditary cause, is diffused through the constitution, I desired he would persevere in his course of medicine; but, although he was in good circumstances, he complained of the expence; and, as I perceived, he preferred his money to the recovery of his health, I advised him to drink falt-water at Margate and bathe in the fea, and was not defirous of feeing him any more.

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# CASE LIII.

Ulcer and dropsical swelling of the Leg, &c.

R. E—m, of Snow-hill, Holborn, aged feventy-seven, applied to me with a deep, sordid ulcer on the inside of the right leg, attended with much pain, inflammation, dropsical swelling of the surrounding parts, and a considerable degree of sever. October 16th, 1787, he began a course of the Extrast, which was continued two months. The pain and inflammation abated, and the ulcer was reduced to a small size: Though, at this time, Feb. 15th, 1791, he is upwards of eighty years of age, he is hearty and well, has a good appetite, and refreshing sleep.

I advised him, at so late a period of life, not to let the ulcer entirely close, but to convert

it into an issue.

# CASE LIV. of J.P.

Sept. 6th, 1789.

The following inveterate Case of eight years continuance was drawn up by the Patient, as it now stands, and is published by his desire; with permission to refer to the testimony of Mr. Wm. Taylor, at his house, No. 5, in Warwick-court, Newgate-street, who recommended him to me for advice, and had the satisfaction of being an eye-witness of his cure.

DECEMBER, 1781, I contracted the venereal Disease. I consulted a Surgeon, who administered Medicines for two months: after having taken a large quantity of Mercury, and purging physic, he pronounced me perfectly cured.

About four months after, a discharge came on, with a swelling in the left testis. Alarmed at this unexpected return of the Disease, I advised with an eminent physician, Dr. Petre, of Lincoln; he immediately ordered a gentle salination, which greatly diminished the quantity of discharge, and reduced the testis to its natural size; but, imprudently taking a journey to London, before this process was finished, a violent cold was the consequence, accompanied with an alarming, ulcerous, sore throat.

In this dangerous stage of the disease, I went to a very able Surgeon here, (London) Mr.

Sharp,

Sharp, in the Old Jewry, from whose assistance I received much benefit.

In the fall of 1783, I took a voyage to America, by the advice of the faculty, and confent of my friends, hoping that a long fea-voyage, and change of climate, would tend to re-establish my health; but in this I was much disappointed. On my arrival at Philadelphia, I confulted some of the ablest Physicians in that city, who were of opinion they could render me no service: However, I continued there two years; but, not finding myfelf any better, I refolved to return to England. The disorder had, by this time, greatly undermined my constitution, being very much emaciated, and afflicted with nocturnal pains in my shin-bones, particularly when warm in bed. In this deplorable state, I despaired of any relief from Medicine and found myfelf finking apace.

A friend of mine now advised me to consult Dr. Leake, and recommended the Liston Diet-Drink, with which I began February 18th, 1788. Having taken it ten or twelve days, I found a visible change in my health. The pains in my legs were considerably abated; my sleep was more refreshing; my appetite much better, and my complexion, which was before very pale and sallow, began to have its natural colour; and, after taking this Diet-Drink six weeks longer, I was restored from a death-like state, to perfect health, which I now enjoy.

Warwick Court,
Jan. 17th, 1791.

# the weight and expression of his large, his fore threat, and inflammation of the thinki glands also at appeared V. I. S. A. D. at this time, the coth of December, 1790, he is it outset

# Consumption.

A Tradesman of Old-street-square, St. Luke's, aged 40 years, 1789, applied to me for advice, with the following consumptive symptoms.—For a long time, he had been subject to weight and oppression at his breast and lungs, with violent cough, so incessant as to deprive him of sleep, and greatly to waste his strength. He had a fore throat, with swelling and instammation of the tonsil glands; he breathed with great difficulty, and expectorated a tough, yellow substance, which he compared to boiled leather.

Apprehending his Case venereal, his apothecary gave him Plenck's Solution of Mercury, for five weeks, which produced a falivation, and confined him upwards of a month. He was not relieved, as he expected, but, on the contrary, was reduced to extreme weakness, and all his complaints were aggravated and changed for the worse. He was now afflicted with a swelling at his stomach, and a bilious complaint, from which he was never free, till after taking the Extract of Lisbon Diet-Drink. He began with the medicine about the middle of November last, 1789, which kept him gently laxative, and increased the urinary discharge. His cough began to abate, a few days after taking it, with the

the weight and oppression of his lungs, his fore threat, and inflammation of the tonsil glands also disappeared by degrees; and at this time, the 20th of December, 1790, he is in perfect health.

# CASE LVI.

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# Scorbutic Rash.

In the summer of the year 1789, as near as I can remember; —— S—ds, Esq. of Red-lion-square, was recommended to me by a gentleman who had taken the Diet-Drink.— He was affected with a troublesome eruption on different part of his body, like what is called Scorbutic Itch. When warm with walking, or in bed, the itching of his skin was so intolerable as to deprive him of sleep. In other respects he seemed strong and in good health.

He took the Diet-Drink one month, and afterwards went out of town to Newmarket, which prevented me from seeing him, but I am informed by the gentleman who recommended him to me, that the Diet-Drink removed his disorder, from which he has since

been perfectly free.

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## CASE LVII.

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# Consumption.

The Case of Wm M-, Esq. of Harley-street, as drawn up by himself.

IN the month of March, 1790, I got a very violent cold, which settled in the left testis, and caused it to swell to an enormous fize, attended with violent pains through the muscles of the thigh as low as the knee, and as far upwards as the hip. Having been a confiderable time in the East Indies, my health was much impaired, and my bodily habit fo much wasted by the heat of the climate, as well as anxiety of mind, that I was unable to walk without affiftance, or to fit in a chair without pillows, fo that my friends apprehended I was in a deep Consumption.

My complexion was pale and fickly, and my appetite so weak, that the fight of animal food became hateful to me. In Sep. 1790, I was advised to take Dr. Leake's opinion, by a gentleman who had been cured by the Lisbon Diet-Drink, under his direction; this I accordingly did; and foon after began a courfe

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course of the Diet-Drink, and for the space of ten days lived chiefly upon dry biscuit and that drink, which I found foft and nourishing; my appetite then began to return, and by degrees I regained my flesh and strength.

About the beginning of October the efficacy of the Diet-Drink shewed itself very plainly, for, from that date, the diseased part daily appeared to diminish. I continued the Diet-Drink two months, and then, by Dr. Leake's advice, left it off for a month, and afterwards took it for one month more.

February 17th, 1791, I have a better appetite than for twelve years past, and am grown fat; I get refreshing sleep; my complexion is become fresh and clear, compared to what it was before,

and I now enjoy a state of perfect health.

† For a confirmation of the above particulars, I have leave to refer to Mr. M. and to Thomas Macgwire, Esq. of Wimpole-street, Cavendish-square, who saw the good effects of the Diet-Drink. savor to be malling the the

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# CASE LVIII.

# Red, pimpled Face.

THOMAS WILTON, Esq. near the Devizes, had, for ten years or more, been troubled with clusters of large, red puftles or pimples, on his face, chin, and neck, some of which contained a small quantity of matter, like those of the small-pox; by which Disease, his physician informed him, his complaint would probably either be much relieved or wholly removed: The event, however, was different, for, after having had the finall-pox, the redness and eruption upon his face remained nearly the fame as before. Apprehending, therefore, his complaint was not local, but that it arose from scorbutic acrimony, or sharpness of the blood; March 3d, 1790, he began a course of the Extract of Liston Diet-Drink, which in a few weeks removed the pimples and redness of his face, with great amendment of his strength and general habit of body. His complexion became more clear and healthy, and now, February 9th, 1791, he verbally informs me, that other chronic ailments to which he had before been fubject, are also entirely gone off.

Mr. Clare, an eminent Surgeon at the Devizes, attended him when he took the Extract,

and faw its effect.

#### CASE LIX.

### Chronic Rheumatism.

A farmer at Hythe, in Kent, had long been affected with an obstinate chronic Rheumatism, attended with great pain, sever, and want of his natural rest. June the 12th, 1790, he began acourse of the Extrast, which, as appears by his Letter in my possession, abated his pains in a sew days, and at last entirely removed his complaint, for which he had taken many medicines without effect. His brother-in-law, by his recommendation, soon after applied for the Extract, but I was not acquainted with the nature of his disorder.

## CASE LX.

Inflammation of the Eyes, with preternatural redness, and pimples on the Face.

A TRADESMAN near Charing-cross, applied to me on account of redness in his Face, to which he had been subject for four years. He had large pimples and eruptions, or unequal, livid bumps on the chin and lower part of his face,

face, which occasioned much pain and inconvenience in shaving: His eyes were also affected with sharp Rheum which impaired his sight, and so much instance his eye-lid as to bring off his Eye-lashes, and produce that unseemly appearance, which is generally supposed to partake of a scrophulous taint, called the blear eye. For this disorder he had taken Sulphur, Decoction of the Woods and many other medicines, to no purpose.

June the 30th, 1790, he began a course of the Extrast of Lisbon Diet-Drink, and continued it for six weeks; by which the pimples and redness of his Face, as well as the inflammation and itching of his eye-lids were removed; the eye-lashes were also restored, and the livid, disco-loured places where the eruptions had been,

totally disappeared.

January 15th, 1791, I receive these particulars from his own mouth, and have leave to tefer

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#### CASE LXI.

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Dropsical swelling of the Legs, with Ulceration, from a scorbutic habit of Body, &c.

A GENTLEMAN of Reading, in Berkshire, middle-aged, and of a scorbutic habit of body, applied to me for advice, July the 1st, 1790. His constitution seemed to indicate a sharp thin blood, not without suspicion of an old venereal taint.

His legs were not only much swelled and inflamed, but discoloured, of a livid hue, and in many places overspread with corroding ulcers with callous edges, which discharged a thin sharp humour, and had made several small holes, which gave the part the appearance of a honey-comb.

He took the extract two months and was cured; the swelling and inflammation gradu-

ally subsided, and the ulcerations healed.

The medicine kept him gently laxative, and encreased his quantity of urine.

About the 14th of August he been a course

#### CASE LXII.

# Venereal Confumption.

A Gentleman belonging to the India House, was directed to me for advice by Mr. Parret an eminent surgon at Mitcham, in Surry. When he first applied to me in Parliament-street, August 12th, 1790, he was unable to get out of his chaise without assistance, and wanted strength

to walk up stairs.

His body was much wasted, and his countenance fallow and pale; his Disease was inveterately venereal, for which he had been twice salivated, under the direction of an eminent furgeon in London; but it feemed to bid defiance to Mercury, and remained unfubdued by the two preceding falivations; from which, joined to the reliques of his malady, he was greatly emaciated, and reduced to a deathlike condition. To alleviate his nocturnal pains and procure sleep, he was obliged to take large doses of opium, viz. fixty drops of laudanum for many nights together. Being thought much too weak to undergo a third salivation, he took feveral medicines without much effect, and was therefore fent to Mitcham for the benefit of air, milk-diet, and exercise on horseback, which last he was unable to bear.

About

About the 14th of August he began a course of the Extract of Lisbon Diet-Drink, and in a fortnight's time drove himself to town in an open chaife from Mitcham. He informed me that he regularly proceeded with the medicine, under Mr. Parrot's direction, and found himself daily getting strength and growing better; his nocturnal pains being so much abated, that his Opium was entirely left off. When his first course of the Extract was finished he entered upon a second; about two months after the conclusion of which, I was favoured with a Letter from Mr. Parrot, informing me, that three weeks before the date of his Letter, my patient was grown fat, and went to town perfettly recovered; and that I was at !iberty to refer to him for a confirmation of the good effects of the Remedy which had restored him to health. distributed for the state of th

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#### CASE LXIII.

The Case of Mr. Charles Ruberry, of Little Sutton, near Chiswick, Middlesex, as drawn up by himself.

ABOUT April, 1786, I contracted a vene-real disease, attended with a shanker, bubo, and gonorrhæa. The bubo was opened by a caustic and healed in about two months, but the gonorrhœa and shankers continued upwards of four months, although mercury externally and internally was used the whole time: The mercury thus applied did not falivate, but occasioned profuse sweats attended with much fever, so that my surgeons, Messrs. Pott and Howard informed me my pulse beat 110 strokes in a minute. I then took a decoction of Bark, with 60 drops of laudanum in the course of the day, to appeale the anguish of the wound. Before, as well as after, the bubo healed, my face, body, and legs, broke out in large copper-coloured spots which in several places turned to running fores, with large fungusses of proud flesh which were touched with blue stone; and precipitate ointment, and blue lint were applied to confume and keep them down. After this severe course, which continued till the following September, the symptoms disappeared; I was concluded well, and therefore

left off all medicine till the December following; when the disease returned with great violence, for I was attacked with nocturnal pains in my shin-bones and arms, which were so excruciating that I had feldom any refl at night, and was therefore obliged to get fleep in the day. At the same time a deep, foul ulcer appeared in my throat, and the places where the copper-coloured spots had been in my face and body, broke out worse than before, so that my face appeared like one in the height of the small-pox. These afflicting symptoms were followed by painful swellings in my elbowjoints and knees, which deprived me of the use of my limbs. I was obliged to move with crutches supported by an affistant. I was now deprived of all enjoyment, and began to despair of a cure. About June, 1787, I grew somewhat better and lest off medicine till the September following, when the ulcer in my throat again broke out, with nocturnal pains in my shins: Two nodes on my left leg, and one on the right also appeared. I continued taking medicines till the spring, 1790, being sometimes better and fometimes worse; when I took Velno's Syrup which left me as it found me; for in the succeeding winter I again relapsed. At this time I was strongly recommended by a friend to try the Lisbon Diet-Drink, which he had taken many years before, and never had any return of his complaint.

1 distants

December, 1790, I was attacked with an intolerable head-ache, without intermission, day or night, so as entirely to deprive me of sleep. I then applied to Dr. Leake for his advice, who put me on a course of the Lisbon Diet-Drink, which I began to take December 22d, 1790. It altered my body from the most oppressive costiveness to a gentle laxative state, in the space of two or three days. On seeing Dr. Leake a second time, he directed me a blifter on the back of my neck. I regularly pursued my course of Diet-Drink, which effected a visible change in my appearance. In ten days from taking it, the copper-coloured blotches, with which my body and face were bespread, began to disappear, and the pain in my head was considerably abated. On seeing the Doctor a third time, he directed me the use of the warm Bath, twice a week.

From taking the Drink a fortnight, I was so much relieved, that on looking in the glass I scarcely knew myself, the copper-coloured spots, which had so long disfigured my face, being in a manner gone. I continued the Medicine and used the bath regularly for the space of a month, at the end of which, the pain in my head was entirely gone; the nosturnal pains in my shins, with which I was afflicted when I first applied, were now quite removed; and the copper-coloured blotches on my body were gradually changing to a dusky brown colour, in consequence of their dying away. I then entered upon a second month's

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month's course, as I was quite elevated with the success and rapid effect of the first course; for, having previously taken other Diet-drinks, Decoctions of the woods, and various medicines, I never felt the like effect, or fuch speedy relief from any. I got flesh every day, and though I use much exercise, am grown sat; and instead of being obliged to go to bed on the immediate closing of the day, as I used to do when I first began to take the Lshon Diet-Drink, and even lie down in the day-time; I can now fit up and enjoy the evening chearfully with my friends, be it ever so long; and it is with infinite pleafure, and the warmest gratitude, I here subscribe my name in testimony of my happy and unexpected cure.

Little Sutton, Feb. 26th, 1791.

CHARLES RUBERRY.

THE END.

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> Little Sutton, Telb. 26th, 4791.

CHARLES RUBERRY.

THE END.

