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Contributors

Terrence Higgins Trust

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Helpline:
071-242 1010 3pm-10pm daily
Legal Line:
071-405 2381 7pm-10pm Wednesday
Advice Centre:
071-831 0330 10am-5pm weekdays

To access any of these services, please telephone us on 071-831 0330

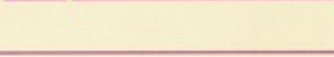
Specialist support for present and ex-drug users concerned about HIV and AIDS as well as people in prison living with HIV or AIDS is also provided

our Counselling Service.
Service and short-term counselling from Cell Service, befriending by our Buddy practical help is offered by our Helper available from the Advice Centre; rights, housing and legal matters is available from the Advice Centre;

The Terrence Higgins Trust offers a wide range of services which are open to everyone.

For people with HIV, help on welfare rights, housing and legal matters is available from the Advice Centre;

The Terrence Higgins Trust
52-54 Grays Inn Road,
London WC1X 8JL



WHERE TO GET YOUR WORKS



LONDON NEEDLE EXCHANGE

KENSINGTON & CHELSEA

Basement Project
4 Hogarth Road
London
SW5 0PT
The Blenheim Project
7 Buspace
Conlan Street W10
071-373 2335
Mon-Fri: 12-4
Closed Thu
➔ **EARLS COURT**
081-960 5599
Tue & Thu: 10.30-1.30
➔ **WESTBOURNE PARK**
081-549 2681
Mon-Sat: 7am-1am

KINGSTON UPON THAMES
081-549 2681
Mon-Sat: 7am-1am
➔ **KINGSTON**

LAMBETH
071-274 7013
Mon-Fri: 10-5
1-3 Stockwell Gardens
Stockwell SW9 0RX
Working Women's Project
Ring for information
Pharmacy Scheme
071-738 3792
Tue: 6.30pm-11pm
071-620 1888

LEWISHAM
081-692 4975
Mon, Thu & Fri: 12.30-3.30
➔ **BROCKLEY**
071-620 1888
Pharmacy Scheme

MERTON, SUTTON & WANDSWORTH
081-877 3252
Mon: 6pm-7.30pm
Wed: 6pm-8pm
➔ **WIMBLEDON**
071-738 3792
Tue & Thu: 6pm-8pm
➔ **TOOTING**
081-773 9393
Tue: 3-6 & Fri: 4-6
➔ **WALLINGTON**

NEWHAM
Community Drug Helpline
20 Woodcock Road
Wallington
081-471 0099
Pharmacy Scheme

REDBRIDGE

Redbridge Drug & Alcohol Service 081-503 8718
Mon: 9.15-7
The Gate Cottages
Chadwell Heath Hospital Tue, Wed & Thu: 9.15-6
Fri: 9.15-5
➔ **NEWBURY PARK**
Chadwell Heath
RM6 4XJ
The Rooms
Eastwood Medical Centre
South Woodford
➔ **SOUTH WOODFORD**

SOUTHWARK
071-703 0559
Wed & Thu: 10.15-1
Mon, Tue & Fri: 2-5
➔ **BELPHANT & CASTLE**
SE15 0EE
and then any bus to Camberwell Green

CADA
231 Old Kent Road
London
SE1 4HJ
Fri: 1.30-4
➔ **BELPHANT & CASTLE**
071-231 1528
Mon & Tue: 1.30-4.30 & 6-8
Wed: 10.1 & 1.30-4.30
Fri: 1.30-4

TOWER HAMLETS
081-692 5251
Mon-Fri: 10-4
Closed Wed
➔ **NEW CROSS & DEPTFORD**
071-620 1888
Pharmacy Scheme

493 Project
493 Camberidge Heath Road
Bethnal Green
E2 9BU
071-729 2070
Mon-Fri: 12.5-30
Thu: 12.7-30
➔ **BETHNAL GREEN**

WESTMINSTER
071-235 1418
Mon, Tue, Thu, Fri: 11-1 & 2-5
Wed: 5-8
➔ **PADDINGTON**
071-286 3339
Mon-Fri: 2-5
➔ **WESTBOURNE PARK**

REDUCING THE RISKS

In order to keep from getting - or passing on - HIV through drug use, don't share your works with anyone.
It's best to use a new set of works every time. If you can't do this, make sure you clean them. Bacteria can grow in dirty works and the next time you use them, you can give yourself a nasty infection.

CLEANING

This is a last resort. If you have to re-use your own works or need to share them with someone, cleaning will lower the risk of infection. But remember it is lower risk - not no risk.
The best way to clean your works is to flush them out twice with cold water, then twice with bleach, and then twice with cold water again.

NEEDLE EXCHANGES

This leaflet lists London needle exchanges by Borough. It will also give you information about opening times and the nearest public transport.

PHARMACY SCHEMES

Pharmacy schemes use local

chemists to give out free

needles and syringes. If you

ring the pharmacy scheme

number in your borough,

they will tell you which

chemists in your area are

part of the scheme.

Pharmacy Scheme

Action Lane NW10 7NS
Central Middlesex Hospital
G Block
Community Drugs Service
081-965 9716
Mon-Fri: 9-5
☎ **HAMILTON & NORTH ACTON**
081-965 9716

BRENT

Pharmacy Scheme

Barner Drug & Alcohol Service
081-200 9525
Mon & Tue: 10-8
Wed-Fri: 10-5-30
☎ **COLLINALE**
081-200 9525
NW9 5HG
Collinale Hospital
Woodlands

BARNET

Community Drug Advice Service
081-592 7748
Mon: 10-8
Tue-Fri: 10-5
☎ **DAGENHAM EAST**
081-507 8668
Mon-Fri: 9-5
☎ **BARKING**
081-595 2010
Mon-Fri: 10-2
St. Luke's Church
Dagenham Road
Dagenham RM10 7UP
☎ **DAGENHAM EAST**

BARKING AND DAGENHAM

BEXLEY

Signpost
Castlewood
25 Shooters Hill Road
SE18 4LG
Queen Mary Hospital
Frogna Avenue
Sidcup
Kent DA14 6LT
☎ **SIDCUP**
24 Hours
☎ **WELLING**
☎ **WOOLWICH**
Mon-Fri: 9-5
081-319 8632/4

CAMDEN

Pharmacy Scheme
081-462 2211
Closed Wed mornings
Mon-Fri: 10-12.30 and 2-4
☎ **BROMLEY SOUTH**
081-313 9696
The Exchange
15a Cleveland Street
W1P 5PD
☎ **GOODE STREET, ☎ WARREN STREET**
☎ **TOTTENHAM COURT ROAD**

CROYDON

Drug Concern (Croydon)
76a Southbridge Road
Croydon CR0 1AF
☎ **SOUTH, EAST & WEST CROYDON**
081-681 8113
Mon-Fri: 9.30-5.30
☎ **WEST EALING**
☎ **EALING BROADWAY & EALING COMMON**

EALING

Pharmacy Scheme
081-684 6999
Ealing Drugs Advisory Service
14a Alexandra Road
Mon-Fri: 10-1 and 2-4
Mon & Tue open until 5
West Ealing
W13 0NR

GREENWICH

Beresford Project
8 Beresford Square
Woolwich SE18 6BB
☎ **WOOLWICH ARSENAL**
Mon, Wed & Fri: 1.30-4.30
Out of hours service
☎ **WOOLWICH**
Out of hours service
☎ **MAZE HILL**
0800 447755

HAMMERSMITH & FULHAM

Pharmacy Scheme
081-741 5925
☎ **HAMMERSMITH & BARONS COURT**
Mon-Fri: 10-5
Druglink
153 Hammersmith Road
London
W14 0QL
(continued at top of next column)

HARINGEY

River House
by Rutland Grove
Hammersmith W6
☎ **HAMMERSMITH**
Tue-Fri: 1-5
081-741 4772

HARROW

Pharmacy Scheme
071-272 2757
DASH (Drugs Advisory Service Haringey)
Mon, Tue, Thur & Fri: 2-4.30
Wed: 4-7.30
☎ **FINSBURY PARK**
071-272 2757
SWAP (Sterile Works at Pharmacies)
Drug Concern Harrow
44 Bessborough Road
Harrow
Middlesex HA2 3DJ
☎ **HARROW ON THE HILL**

HAVERING

Pharmacy Scheme
081-864 9622
Northwick Park Hospital
Accident & Emergency Dept
7 days
☎ **NORTHWICK PARK**
081-864 9622
Community Drug Advice Service
40a Main Road
Romford
☎ **ROMFORD**
0708 734 444
Mon-Fri: 9-5

HILLINGDON

Hillingdon Drug Service
Fountains Mill
81 High Street
Uxbridge UB8 1JR
☎ **UXBRIDGE**
0895 234310
Mon-Fri: 9.30-5
Northwood
Hillingdon Hospital
Casualty Dept
Pield Heath Lane
Hillingdon
☎ **UXBRIDGE & HILLINGDON**
0895 234310

HOUNSLOW

Pharmacy Scheme
0895 234310
Drug Dependency Clinic
West Middlesex University Hospital
Tue & Thu: 10-5-30
Wed: 2-5-30, Fri: 11-1
☎ **CENTRAL & WEST HOUNSLOW**
☎ **SYON PARK**
081-565 5070
TW7 6AP

ISLINGTON

Pharmacy Scheme
081-565 5070
Angel Drug Project
38-44 Liverpool Road
N1 0PU
☎ **ANGEL**
071-226 3113
Mon-Fri: 2-5

Hammersmith & Fulham (continued)