

It's not always easy using condoms, but they're the best way of stopping HIV : Be confident, be covered / Terrence Higgins Trust.

Contributors

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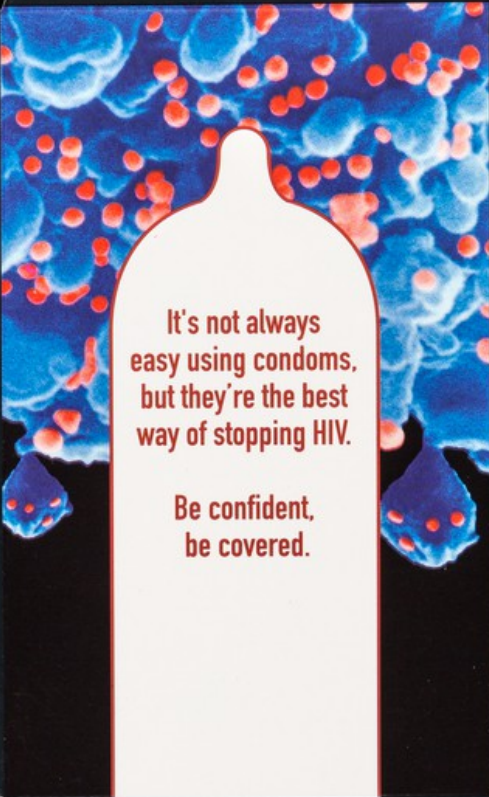


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from gay venues and check out our website:

www.chapsonline.org.uk

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It's not always
easy using condoms,
but they're the best
way of stopping HIV.

Be confident,
be covered.

This pack contains: ■ Water based lube ■ Standard condom ■ Strong condom

This pack was distributed by:

Safer fucking for gay men

Why use a condom?

HIV can be passed on when
blood or semen get into the bloodstream.

But remember...

Condoms can sometimes slip off, or break.
Check it now and then, and change it if you need to.

Getting a condom on (and off):



As soon as the
penis gets hard
place a rolled up
condom on the tip.



Squeeze out the air
from the end of the
condom (to make
room for any cum),
and unroll the
condom to the
base of the penis.



Use plenty of **water-
based** lubricant such
as KY jelly or Bodywise
Liquid Silk on the
outside of the condom.




After cumming, hold
onto the base of
the condom firmly
(to stop any cum
leaking), then pull
out. Use each
condom only once.

Low cost condoms are available at: www.freedoms-shop.com

Condom split or broken during sex?

Act fast - find out about PEP.

www.chapsonline.org.uk/pep

Please dispose of your litter  carefully.