

"Doctor, I feel awful" : once, she might have been diagnosed as "anxiety state" : 'Aventyl' lightens the troubled mind.

Contributors

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“Doctor,
I feel
awful”



Once, she might have been



diagnosed as “anxiety state”

'AVENTYL'TM *lightens the troubled mind*

Nortriptyline

Today, you know that she might be a depressive but it doesn't seem as simple as all that. The truth of the matter is that patients don't always fit neatly into diagnostic categories. They may suffer from such diverse symptoms as depression, agitation, loss of appetite and tension-fatigue at the same time. The great strength of 'Aventyl' is that its beneficial actions range widely over the symptoms which plague these problem patients.

'Aventyl' is not merely an antidepressant, nor is it a combination of drugs. It is a single substance which relieves a constellation of mental and emotional symptoms embracing depression, anxiety and their effects on awareness and mood.

'Aventyl' is not a monoamine oxidase inhibitor and no serious side-effects have been reported at normal dosage.

Indications

Depression
Anxiety
Psychoneuroses
Psychosomatic disorders
Behaviour disorders in children
As a supplement to other treatment in senile psychoses, mental retardation and schizophrenia.

Whether the patient's mental illness is due to depression or anxiety or a combination of both, there is a strong likelihood that there will be an encouraging response to 'Aventyl'; for 'Aventyl' shows not only a powerful antidepressant effect but also marked tranquillising action. This prompt calming effect appears to come into play, relieving anxiety-tension and hostility even when depression as such is not a factor.

Contra-indications

'Aventyl' should not be given with monoamine oxidase inhibitors or within 10-21 days of their being discontinued. This is to avoid possible potentiation of

M.A.O.I. side-effects.

Because of its anticholinergic activity, 'Aventyl' should be used cautiously in patients with glaucoma or a tendency towards urinary retention. Care should be employed when 'Aventyl' is given with sympathomimetic drugs.

Side-effects

Side-effects are generally mild and infrequent, e.g. dry mouth, drowsiness, constipation, dizziness.

Dosage

Usual recommended dosage (in divided doses):—

Adults: 20-100 mg. daily.

Children: 10-75 mg. daily (1-2 mg./kg. bodyweight).

Although the dose should be adjusted to the needs of the individual patient, most adults respond well to 25 mg. three times daily. In mildly anxious or depressed patients, and in psychosomatic conditions, 10 mg. three or four times daily, has been found satisfactory.

Presentation

'Pulvules' of 10 mg. and 25 mg.
Liquid containing 10 mg. per 5 ml.
teaspoonful in bottles of 120 and 480 ml.

Basic Net Cost to N.H.S.

'Pulvules' 10 mg. 25 cost 2/8 } from pack
25 mg. 25 cost 5/4 } of 100
Liquid: 120 ml. costs 4/8
(subject to Purchase Tax)

Descriptive literature available on request.

'AVENTYL' *wide spectrum mood enhancer*

ELI LILLY AND COMPANY LIMITED

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