

Something old : poppie (papaver somniferum) : something new in the treatment of cough Extil compound linctus.

Contributors

Duncan, Flockhart & Co.

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*Something
Old*



Poppie
(*Papaver somniferum*)

something **NEW**
in the treatment of cough

Extil
Trade Mark
compound linctus

Extil

compound linctus

Poppie

Of the heades boyled in water, is made a Syrupe, which doth also cause Sleep, and is very good agayn/ſt the ſubtil Rheumes, and Catharres, that di/till and fal downe from the brayne upon the lunges, and agayn/ſt the cough, taking his beginning of ſuch ſubtil humours.

Rembert Dodoens,
A NIEVVE HERBALL
OR HISTORIE OF PLANTES
Translated out of French into Engliſh
by Henry Lyte Eſquyer London 1578

Each adult dose (10 ml) contains:
Noscapine 25 mg
Pseudoephedrine 49.2 mg
(equivalent to 60 mg pseudoephedrine hydrochloride)
Carbinoxamine maleate 6 mg

NOSCAPINE

- recommended by the World Health Organisation (1959) as a substitute for codeine for the suppression of cough.
- is an isoquinoline derivative and does not produce addiction.
- unlike codeine it has no narcotic or analgesic effect and, in normal dosage, does not cause constipation.
- unlike codeine it does not depress the respiratory centre. (Harris 1965).
- confirmed antitussive properties in man with experimental cough. (Bickerman and Barach 1954; Bickerman *et al.*, 1957).
- confirmed antitussive properties in man with pathological cough. (Bergmann and Stolzer 1956; Janschulte 1956; Segal *et al.*, 1957).

PSEUDOEPHEDRINE

- a powerful decongestant.
- reduces bronchospasm without impairing ciliary action thereby facilitating the removal of mucus.
- resembles ephedrine pharmacologically but causes less central stimulation.

CARBINOXAMINE

- a potent antihistamine.
- well tolerated—it has only slight sedative properties.
- complements the action of pseudoephedrine to promote decongestion of the WHOLE of the upper respiratory tract.

References:

- Bickerman, H. A. and Barach, A. L., (1954). *Am. J. med. Sci.*, **228**, 156-163.
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Harris, E. A., (1965) *Brit. J. Pharmacol.* **24**, 532-537.
Bergmann, M., and Stolzer, H. (1956) *Wien. med. Wochschr.* **106**, 232-233.
Janschulte, B. (1956) *Med. Klin. (Berlin)*, **50**, 1788-1789.
Segal, M. S. *et al.*, (1957) *Diseases of Chest*, **32**, 305-309.
World Health Organisation (1959) *Wld. Org. tech. Rep. Ser.*, **160**, 10.

INDICATIONS:

Troublesome cough, especially cough accompanied by bronchospasm or congestion of the upper respiratory tract.

Cough associated with the common cold; in such conditions EXTIL COMPOUND LINCTUS not only relieves the cough but reduces both nasal and bronchial congestion.

DOSAGE:

Adults and children over 12:

Two teaspoonfuls (10 ml) three or four times a day as required.

Children over 2 years and under 12:

Half to one teaspoonful (2.5 to 5 ml) three or four times a day as required.

CONTRAINDICATIONS:

EXTIL COMPOUND LINCTUS should not be given to patients suffering from advanced hypertension or heart failure.

PRESENTATION:

EXTIL COMPOUND LINCTUS is available in bottles of 5 fluid ounces.

BASIC N.H.S. COST:

The basic N.H.S. cost of a bottle of 5 fluid ounces is 5/- plus P.T.

Manufactured in England by
DUNCAN, FLOCKHART and EVANS Ltd., LONDON E2



DUNCAN, FLOCKHART and EVANS Ltd LONDON E2