# Something old: poppie (papaver somniferum): something new in the treatment of cough Extil compound linctus.

### **Contributors**

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# Poppie

Of the heades boyled in water, is made a Syrupe, which doth also cause Sleep, and is very good agaynst the subtil Rheumes, and Catharres, that distill and fal downe from the brayne upon the lunges, and agaynst the cough, taking his beginning of such subtil humours.

Rembert Dodoens, A NIEVVE HERBALL OR HISTORIE OF PLANTES

Translated out of French into English by Henry Lyte Esquyer London 1578

#### References:

Bickerman, H. A. and Barach, A.L., (1954), Am. J. med. Sci., 228, 156-163. Bickerman, H. A., et al., (1957) Am. J. med. Sci. 234, 191-205. Harris, E. A., (1965) Brit. J. Pharmacol. 24, 532-537. Bergmann, M., and Stolzer, H. (1956) Wien, med. Wochschr. 106, 232-233.

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Janschulte, B. (1956) Med. Klin. (Berlin), 50, 1788-1789.

Segal, M. S. et al., (1957) Diseases of Chest, 32, 305-309.

World Health Organisation (1959) Wld. Org. tech. Rep. Ser., 160, 10.

# **NEW Extil** compound linctus

Each adult dose (10 ml) contains:
Noscapine 25 mg
Pseudoephedrine 49.2 mg
(equivalent to 60 mg pseudoephedrine hydrochloride)
Carbinoxamine maleate 6 mg

#### NOSCAPINE

- ★ recommended by the World Health Organisation (1959) as a substitute for codeine for the suppression of cough.
- ★ is an isoquinoline derivative and does not produce addiction.
- ★ unlike codeine it has no narcotic or analgesic effect and, in normal dosage, does not cause constipation.
- ★ unlike codeine it does not depress the respiratory centre. (Harris 1965).
- ★ confirmed antitussive properties in man with experimental cough. (Bickerman and Barach 1954; Bickerman et al., 1957).
- ★ confirmed antitussive properties in man with pathological cough. (Bergmann and Stolzer 1956; Janschulte 1956; Segal *et al.*, 1957).

#### **PSEUDOEPHEDRINE**

- \* a powerful decongestant.
- ★ reduces bronchospasm without impairing ciliary action thereby facilitating the removal of mucus.
- ★ resembles ephedrine pharmacologically but causes less central stimulation.

#### CARBINOXAMINE

- \* a potent antihistamine.
- ★ well tolerated—it has only slight sedative properties.
- ★ complements the action of pseudoephedrine to promote decongestion of the WHOLE of the upper respiratory tract.

#### INDICATIONS:

Troublesome cough, especially cough accompanied by bronchospasm or congestion of the upper respiratory tract.

Cough associated with the common cold; in such conditions EXTIL COMPOUND LINCTUS not only relieves the cough but reduces both nasal and bronchial congestion.

#### DOSAGE:

Adults and children over 12

Two teaspoonfuls (10 ml) three or four times a day as required.

Children over 2 years and under 12
Half to one teaspoonful (2.5 to 5 ml) three or four times a day as required.

#### CONTRAINDICATIONS:

EXTIL COMPOUND LINCTUS should not be given to patients suffering from advanced hypertension or heart failure.

#### PRESENTATION:

EXTIL COMPOUND LINCTUS is available in bottles of 5 fluid ounces.

#### BASIC N.H.S. COST:

The basic N.H.S. cost of a bottle of 5 fluid ounces is 5/- plus P.T.

Manufactured in England
DUNCAN, FLOCKHART and EVANS Ltd LONDON E2

For more detailed information and a trial sample please sign and return the attached reply card.

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