

**How many times a day do you hear these words? 'Doctor, I always feel so tired'... : such patients respond to Ritalin : the well tried well tolerated antilethargic.**

**Contributors**

Ciba Laboratories

**Publication/Creation**

[approximately 1961]

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Edgar Degas 1834-1917 · Les Repasseuses 1874-1880

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**Edgar Degas 1834-1917**

**Les Repasseuses 1874-1880**

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*Degas was considerably influenced in his early work by the Renaissance School, particularly Mantegna and Botticelli. However, in his series depicting Washerwomen and Women Ironing, painted between 1874-1880, he dropped the 'romantic' approach to his subject, coming much closer to 'real life', whilst retaining his original, classical compositions. In these paintings Degas achieves a subtle blend of physical exertion, feminine elegance and powerful realism.*

French impressionist painter, draughtsman, engraver and sculptor. Born in Paris, the son of a banker. Studied law until 1855, when he entered the Ecole des Beaux-Arts in the studio of Lamothe, a pupil of Ingres. Painted historical subjects like 'Young Spartans Exercising', then turned to scenes of contemporary life such as horse-racing and the theatre. Met Manet, Renoir, Pissarro and contributed to seven of the eight Impressionist exhibitions 1874-86. Always opposed the plein-air approach of Manet; stressed the importance of draughtmanship. From c.1886 series of oil paintings and pastels of women at their toilet and ballet dancers, with figures in action; his late works were executed in brilliant colour. He died in Paris.

how many times a day  
do you hear these words?

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**'Doctor,  
I always feel so tired'..**

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. . . . one such would be the patient recovering from viral pneumonia. She does not seem to regain her former energy and drive: everything is too much trouble. Fatigue and weariness are persisting . . . .

**Diagnosis**—Retarded convalescence,  
postviral depression.

Such patients respond to

**Ritalin<sup>®</sup>**

methylphenidate hydrochloride C I B A

the well tried\*  
well tolerated antilethargic

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restores physical and mental activity  
overcomes chronic fatigue and lethargy  
rarely affects appetite, blood pressure or pulse rate  
ideal for short or long term therapy

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\*In wide usage since 1955.

# Ritalin®

## Antilethargic for general practice

In a group of 54 patients with depression, seen in general practice and treated with Ritalin . . .

*"Depression due to organic and toxic causes reacted most favourably. Endogenous depression responded well; likewise senile depression. In psychoneurotic depression the results were variable, and in reactive depression, poor . . ."*

Practitioner 1961: 186, 492

### **Dosage:**

The initial dose should be two tablets twice daily,  $\frac{1}{2}$  hour before breakfast and lunch. A minority may require a third dose later in the day preferably before 6 p.m. to avoid the risk of insomnia.

A few patients will respond adequately to one tablet two or three times daily.

For maintenance, the dosage should be reduced to the minimum required to produce the desired effect.

Ritalin is supplied in tablets of 10 mg. methylphenidate hydrochloride, packs of 100 and 500. Ampoules of 20 mg. are available for parenteral use; see separate literature for details.

### **Low cost of treatment:**

The basic N.H.S. cost of one week's treatment averages 2/3d.

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