

**Stars of the dawn chorus, The Robin : welcome to the new day.**

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## **Stars of the dawn chorus The Robin**



## **Welcome to the new day**

Throughout the year the Robin contributes to the early dawn chorus, with a wide range of notes and a song which varies characteristically with the changing seasons. Although an early riser, the Robin is generally beaten by the Blackbird, if only by a matter of minutes.

## Welcome to the new day

Few patients would wish to rise with the dawn chorus, but all appreciate a bright, cheerful start to the new morning — a clear awakening, restored and refreshed by deep natural sleep without 'hangover' or after-effects.

*Song*

Now the bright  
Comes dawning  
The flowery  
The yellow  
Hail, bounteous  
Mirth, and  
Woods and

**Morning freshness assured  
after restful sleep with Doriden®**

glutethimide BP



*Stars of the dawn chorus The Robin*



## Morning freshness after restful sleep with **Doriden**<sup>®</sup>

glutethimide BP

### Prescribing notes

**Dosage.** Initially two 250mg tablets of Doriden should be given a quarter to half-an-hour before retiring. After a few nights it will be possible, in many cases, to reduce the dose to one tablet. Occasionally for intractable insomnia larger doses may be necessary. Infants from six months to one year old should be given a quarter of a tablet; those between one and six years should be given half a tablet. A dose of one tablet is suitable for children over six years.

**Side effects and precautions.** There has been no evidence of any cumulative toxic effects during prolonged administration. On very rare occasions nausea and skin rash have been reported, disappearing on withdrawal of the drug.

Caution is recommended, as with all drugs, in prescribing for women who may be in the first trimester of pregnancy. Caution is also recommended in patients who may be prone to addiction, as with other drugs having sedative and hypnotic properties.

### Basic NHS prices

Doriden 250mg tablets 100 – 8s 4d  
500 – 39s 4d

Detailed information is available on request.

## *Song on May Morning*

Now the bright morning star, Day's harbinger,  
Comes dancing from the east, and leads with her  
The flowery May, who from her green lap throws  
The yellow cowslip and the pale primrose.  
Hail, bounteous May, that does desire!  
Mirth, and youth, and warm desire!  
Woods and groves are of thy dressing  
Hill and dale doth boast thy blessing.  
Thus we salute thee with our early song,  
And welcome thee, and wish thee long.

**John Milton**  
1608-1674

Bird portrait painted specially for  
CIBA Laboratories by Philip Rickman

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