

**Indigestion with constipation and flatulence are cured and prevented from recurring by removing the cause that is, by taking Tablones : "they remove the cause".**

**Contributors**

The Capsuloid Co. Ltd.

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# INDIGESTION

WITH **CONSTIPATION & FLATULENCE** ARE  
**CURED** AND **PREVENTED FROM RECURRING**

BY  
**REMOVING THE CAUSE**

THAT IS, BY TAKING

**Tablones** "They remove  
the cause"

PURGATIVES DO NOT REMOVE THE CAUSE OF INDIGESTION,  
THEREFORE THEY CANNOT CURE, THOUGH THEY MAY  
MAKE YOU FEEL BETTER FOR A FEW DAYS.

All Indigestion is due to the same cause

THAT IS

**Failure to Digest the Food**

either in Stomach or Bowel. In the latter, Indigestion is followed by Fermentation & Flatulence. A CURE, therefore, must be something which will remove the cause, that is something which will digest all the food, both the starchy which is digested in the Bowel, and the Albuminous which is digested in the Stomach. There is only one remedy ever discovered which will do this, and therefore **ONLY ONE REMEDY WHICH WILL CURE EVERY CASE**, and that remedy is

**TABLONES.**

54, Meadow Road, Fisherton,  
The Secretary, Salisbury, May 9th, 1905.  
Capsuloid Co. Ltd., London, E.C.

Dear Sir,—I wish to express to you my heartfelt thanks for the benefit I have received from taking Tablones. I have suffered with Indigestion for a number of years, which caused pain in the stomach and chest, the pain being so great at times that I have been compelled to leave my work, absolutely unable to proceed. I had tried several medicines without success, until after reading one of your advertisements I decided to try Tablones, and after taking only four small boxes my digestion has considerably improved, and I can now enjoy my meals without fear of suffering after.

I have written this testimonial with the hope that it will meet the eyes of others who are suffering as I have done, and to whom I am sure Tablones will be a boon and a blessing. You are perfectly free to use this as you think fit. I am, dear Sir, yours gratefully.

WILLIAM DANIELS.



WILLIAM DANIELS.



## **PURGATIVES DO NOT remove the cause of Indigestion, therefore they CANNOT CURE, though they may make you feel better for a few days.**

**HOW CAN TABLONES REALLY CURE?  
And WHAT DO WE MEAN by the word "CURE?"**

**SIMPLY THIS.**

**TABLONES REMOVE THE CAUSE of the Indigestion, Constipation, and Flatulence.**

**THE cause of Indigestion, as well as Constipation and Flatulence, is, as stated already, failure to digest the whole of the food in the Stomach and Bowels.**

When food is eaten, it is, or should be, masticated in the mouth, and swallowed into the Stomach, where the gastric juices digest the albuminous portion. The albuminous part is made up of eggs, meat, and certain parts of other foods. However, it often happens that there is insufficient gastric juice, or it is of poor quality, and the albuminous food is not then digested properly, or perhaps not digested at all.

In such a condition as this, it is easy to understand that a remedy, if it is really a cure, must be something capable of doing the work which the gastric juice, etc., fails to do, as failure to digest the food is the cause in such conditions. A remedy which succeeds in digesting the food would be one capable of removing the cause, and would, therefore, be a cure.

Most so-called "cures" for Indigestion are nothing but purgatives, millions of which are taken by unfortunate people, who naturally do not know what they really require, and therefore have some faith in anything which makes them feel better for a few days, and that, as is well known, is generally done by purgatives. Such persons suffer gradual weakening of their digestive organs, which goes on with intervals, year after year, until they become so weakened that in later life chronic Indigestion or Dyspepsia results, and they are always dosing themselves.

Tablones not only digest the food perfectly in the Stomach and Bowels, but they also tone up those organs, making their walls stronger and healthier, and therefore capable of performing their functions without any help, so that after a time the Tablones themselves can be discontinued, and need only be taken when the person happens to be run down or overworked in such a manner as to cause any symptoms of Indigestion again.

It should be remembered that the preparations that contain pepsin are useful in a quarter of the cases, because a quarter of the cases are albuminous or Stomach Indigestion, and pepsin does digest albuminous food, such as eggs, meat, etc., but in three cases out of every four pepsin preparations are absolutely useless, because **Pepsin has no power to digest starchy food**, such as bread, beans, potatoes, etc. Three-quarters of the food we eat is starchy food, and one-quarter albuminous. Three cases out of every four are starchy or Bowel Indigestion, and one case in four albuminous or Stomach Indigestion.

To cure these cases the starch must be digested, and the only preparation on the market which will digest starchy food either in the person, or in a vessel, is Tablones. Anyone can prove this by taking a little starch, cooking it, putting it into a cup, and keeping it at blood heat, while a Tablone or two is stirred until dissolved in it. In a very short time the starch, instead of being thick, pasty, and sticky, becomes

watery and sweetish, which proves that it has been digested, as the sweet taste is due to the sugar into which the starch has been converted through the effect of the Tablone.

That is the way starchy food is digested in the bowels when the person is healthy. But when suffering from starchy or bowel indigestion this change does not take place, and therefore it becomes necessary to give something which will do what Nature fails to do, that is, digest this starchy food.

As stated already, Tablones have the power of producing this change and digesting all the starchy food. They also contain the finest pepsin, and therefore have the power of digesting the albuminous food by which they cure Indigestion in the Stomach, simply by removing the cause, and, as already explained, cure Indigestion in the Bowel, simply by removing the cause.

It is clear therefore, that as Tablones have the power of digesting both kinds of food, and therefore all kinds of food, as already explained they must remove the cause with as much certainty as water removes thirst, and food removes hunger.

When the food is not digested in the stomach and bowels, it becomes impure. It ferments, particularly in the bowel, because the starchy part of the food, that is the bread, potatoes, etc., is digested in the bowel, while the albuminous part, like eggs, meat, etc., is digested in the stomach. When fermentation begins, gases form, and there is flatulence; this causes pressure, distress, and serious pains, heart palpitation, and sudden feelings of weakness, cold hands and feet, heaviness of the head, pain and soreness at the back of the eyes; there is often tenderness over the stomach, and eructations of gas. There is acidity and bad breath, and coated tongue, the liver is soon out of order, and there is biliousness and constipation, and kidney troubles, lack of appetite, sleeplessness, and yet a drowsy feeling often during the day, and no energy or desire for work. The pains in the stomach and bowels are often most severe, and the person feels depressed, and the general health suffers seriously.

When the food is not properly digested either in the stomach or bowels Constipation and Flatulence follow. A cure for Indigestion must therefore be one which takes this into consideration, and corrects the Constipation and Flatulence from which the person may be suffering, besides preventing its recurrence. **In Tablones we have the only preparation which does this.**

Tablones are ideal, because besides digesting the food in the stomach and digesting the food in the bowel, they also cause just exactly the right amount of bile and other materials to be thrown upon the food at the proper time, so that it may be gently and slowly carried along while the nourishment is extracted from it through the walls of the stomach and bowel.

In this way no Gases can form and Constipation disappears. It is when the food is not digested that it does not pass properly along the Bowel, and therefore Constipation results, and we have already made clear the fact that Fermentation, Gases, and Flatulence also can only occur when there is Indigestion. That is why Indigestion, as well as Constipation and Flatulence, are all due to the same cause, namely—inability to digest the food, and if you carefully study what we have stated you will quickly appreciate the fact that this disease can only be cured by taking Tablones. If, however, you do not fully understand the matter,

**SEND FOR TABLONE BOOKLET.**



# TABLONE TESTIMONIALS.

NOTE THAT names and addresses are furnished.

Chapel Lane, Longton, near Preston.

Dear Sir,—I am pleased to say that Tablones have done me an amount of good, so much that I can strongly recommend them to anyone suffering from Indigestion.

Yours truly, Mrs. PEEL.

Fore Street, Brixham, Devonshire, *June 26th, 1905.*

Gentlemen,—I am very pleased to tell you I have never found anything to do me so much good as your Tablones. I had suffered terribly from Bowel Indigestion for more than eight years. I could take nothing but peptonised foods, and was never free from pain. Since taking your Tablones I have been able to take light ordinary food, and get no pain, and can sleep well, which was a rare thing for me to do four months ago. I can truthfully say I have been getting stronger every day. You may be sure I shall recommend them to all whom I know suffering from any form of Indigestion. I do not wish my name to be published, but shall be pleased to answer anyone you may refer to me.

Yours faithfully, M. C.

To the Capsuloid Co. Ltd.

Ivy House, Spofforth.

Sirs,—I have pleasure in stating that I have derived a great deal of benefit from taking your Tablones. I have suffered "on and off" from flatulent indigestion for several years, and was obliged to be extremely careful as regards diet. I saw your advt. and sent for a box of the Tablones. I have taken them fairly regularly ever since, and am still doing so at my principal meals. They have done me a great deal of good, and I now can take my food without feeling discomfort afterwards.—Yours faithfully,

WILLIAM GALLEMORE.

Sunnyside, Kirkly Park Road, Lowestoft.

*June 10th, 1905.*

The Capsuloid Co. Ltd.

Dear Sir,—I am writing to say that I have used your Tablones for some weeks, and have found remarkable relief from Flatulence, and all-round Indigestion. Prior to using Tablones I felt a languor and weakness which I blamed a weak heart for, but since using Tablones I have returned to a state of health which I never hoped to reach again, and I am grateful. You can use this as a testimonial if you wish.

Yours faithfully, S. H. WRIGHTSON.

West View, Woburn Sands.

Dear Sirs,—It is with great pleasure I testify to the good results of your Tablones for Indigestion. I have suffered much from it, and having tried many remedies I can honestly say I have benefited infinitely more from yours than any other. I can most heartily recommend them, and should be glad to answer privately any inquiry, but should prefer my name and address not published.

I am, faithfully yours, (Miss) A. F.

Carnlough Bay, Larne, Co. Antrim, *February 6th, 1905.*

Mrs. BENN considers the Tablones the very best remedy for Indigestion she has ever tried. In every way they are perfect in their action. If this is of any use to you I shall be glad to add it to your list of testimonials.

Ilminster, Somerset, *July 10th, 1905.*

To The Capsuloid Co.

Finding your Tablones are doing me more good than anything I have ever taken, I enclose P.O. for another box. I have suffered from very bad Indigestion and Constipation for over three years, and have tried different doctors' and other medicines, but find your Tablones more beneficial than any. You can make what use you like of this letter, but please do not make my name public.

Mrs. F. R.

The Originals of these Testimonials can be seen at the Capsuloid Co.'s Offices.  
Letters of inquiry will be forwarded to the writers of above testimonials.

DOSE.—One with the early part of each meal three times daily. Severe cases may take two with each meal for a short time, and then one. **TABLONES** are sold in neat aluminium boxes.

**LARGE SIZE, 2/9; SMALL SIZE, 1/1½**

MANUFACTURED ONLY BY **THE CAPSULOID CO. LTD.,**

**47, HOLBORN VIADUCT, Opposite City Temple.**

(Removed from 31, SNOW HILL.)

Foreign Orders must be accompanied by postage, and remitted in the form of Money Order.

Cross all Postal Orders and make payable to The Capsuloid Company Limited.

**SEND FOR TABLONE BOOKLET.**

**CHAMBERS'  
JOURNAL,  
Oct.**