

**'Saxin' : a sweetener for the overweight.**

**Contributors**

Burroughs Wellcome and Company

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A Sweetener for  
the Overweight



## **OVERWEIGHT**

Before embarking on any plan for weight reduction, *consult your doctor*. If he considers it advisable to put you on a reducing diet you may well find—particularly if you have a sweet tooth—that one of the most irksome of your food restrictions is a ban on sugar. You can, however, amply satisfy your desire for sweetness without adding to your weight by using ‘Saxin’ as a sugar substitute. ‘Saxin’ is free from the characteristic metallic taste of ordinary saccharin.

**‘SAXIN’** BRAND  
Saccharin Sodium

*is available from Chemists  
in containers of 100, 200 and 500*



## YOUR WEIGHT CHART

[illegible]

## AVERAGE WEIGHTS

MEN					WOMEN				
Height	Age: 16-24	25-34	35-44	45-54	Height	Age: 16-24	25-34	35-44	45-54
ft. in.	st. lb.	st. lb.	st. lb.	st. lb.	ft. in.	st. lb.	st. lb.	st. lb.	st. lb.
5 2	8 8	9 4	9 9	9 13	4 9	7 10	8 3	8 9	9 0
5 3	8 11	9 7	9 12	10 2	4 10	7 12	8 5	8 11	9 2
5 4	9 1	9 10	10 1	10 5	4 11	8 0	8 7	8 13	9 4
5 5	9 5	10 0	10 5	10 9	5 0	8 1	8 9	9 1	9 6
5 6	9 9	10 4	10 9	10 13	5 1	8 3	8 11	9 3	9 8
5 7	9 12	10 8	10 13	11 3	5 2	8 6	8 13	9 6	9 11
5 8	10 2	10 13	11 4	11 8	5 3	8 9	9 2	9 9	10 0
5 9	10 6	11 3	11 9	11 13	5 4	8 12	9 5	9 12	10 3
5 10	10 10	11 8	12 0	12 4	5 5	9 1	9 9	10 2	10 7
5 11	11 1	11 13	12 6	12 10	5 6	9 5	9 13	10 6	10 12
6 0	11 6	12 4	12 12	13 4	5 7	9 9	10 3	10 10	11 2
6 1	11 11	12 10	13 6	13 10	5 8	9 13	10 7	11 0	11 7
6 2	12 3	13 4	13 13	14 1	5 9	10 3	10 11	11 4	11 11
6 3	12 8	13 8	14 3	14 8	5 10	10 7	11 0	11 7	12 1
6 4	12 13	14 0	14 10	15 1	5 11	10 11	11 4	11 11	12 4
6 5	13 4	14 5	15 2	15 8	6 0	11 2	11 7	12 0	12 7

**'SAXIN'** is a Burroughs Wellcome & Co. Product

TRADE MARK



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