

Starting or changing treatment? : see how the combination you've been offered fits your lifestyle using the wheel, your personal pill planner, at www.aidsmap.com / NAM, British HIV Association, Crusaïd.

Contributors

NAM (Organisation)
British HIV Association
Crusaïd (Organization)

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Wellcome Collection
183 Euston Road
London NW1 2BE UK
T +44 (0)20 7611 8722
E library@wellcomecollection.org
<https://wellcomecollection.org>

starting or changing treatment?

see how the combination you've been offered fits your lifestyle using **the wheel**, your personal pill planner, at www.aidsmap.com

The wheel is a completely new, easy to use, interactive web programme. It shows how well or badly any anti-HIV combination would fit into your daily life.

It will give you

- a schedule showing the best times for you to take your pills
- a list of questions to discuss with your doctor
- a factsheet about your drug combination
- information on side-effects, resistance risks and drug interactions
- a guide to making your pill-taking easy

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A range of **free** publications on treatment for HIV are also available from NAM

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