

## What does Taking Care mean for you?

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Take Care (Health Campaign)  
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# What does **TAKING CARE** mean for you?

- Choosing not to have a sexual relationship?
- Choosing not to have intercourse?
- Using condoms to reduce the risk if you do have intercourse?
- Being faithful to a faithful partner?
- Never sharing needles or syringes?



**AIDS CONCERNS US ALL**

**it's time to TAKE CARE**

 **Decide now what taking care means for you, and remember - if your life changes - a new relationship begins or your present one ends, then it's time to work out again what taking care means for you.**

NATIONAL  
**AIDS**

HELPLINES

**If you have any questions  
or want to talk to someone  
you can phone the  
National AIDS helpline  
Freephone 0800 567 123  
24 hours a day**