

**Condoms can prevent AIDS, cervical cancer, chlamydia, gonorrhoea, syphilis, other S.T.D.s & pregnancy especially when used with a spermicide / LHB.**

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**CONDOMS  
CAN PREVENT  
AIDS**

**Cervical Cancer**

**Chlamydia**

**Gonorrhoea**

**Syphilis**

**Other S.T.D.s**

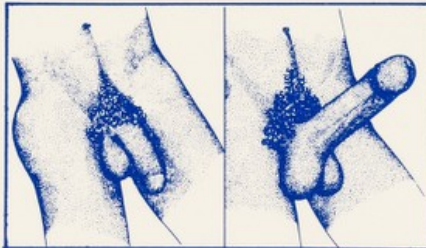
**& PREGNANCY**

**especially when used with a spermicide**





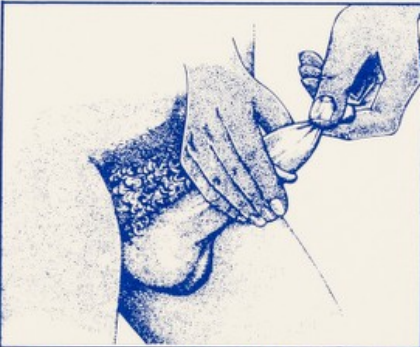
Take the condom out of the packet carefully.



Put the condom on after the penis has become hard and before having intercourse.



For added protection the woman can put a spermicidal pessary with NONOXONAL 9 into her vagina.



With one hand pinch the teat of the condom with thumb and finger to expel the air.



With the other hand roll the condom all the way down to the base of the penis.



After coming withdraw the penis before it becomes soft, holding the condom firmly around the base. Slide the condom off and wrap it in a tissue.

**ALWAYS USE A NEW CONDOM EACH TIME  
YOU HAVE SEX**