

AIDS is caused by a virus, HIV : once you have HIV your body's defences can have trouble fighting off other diseases. There is no cure or vaccine for AIDS ... / Lothian Health Board.

Contributors

Lothian Health Board

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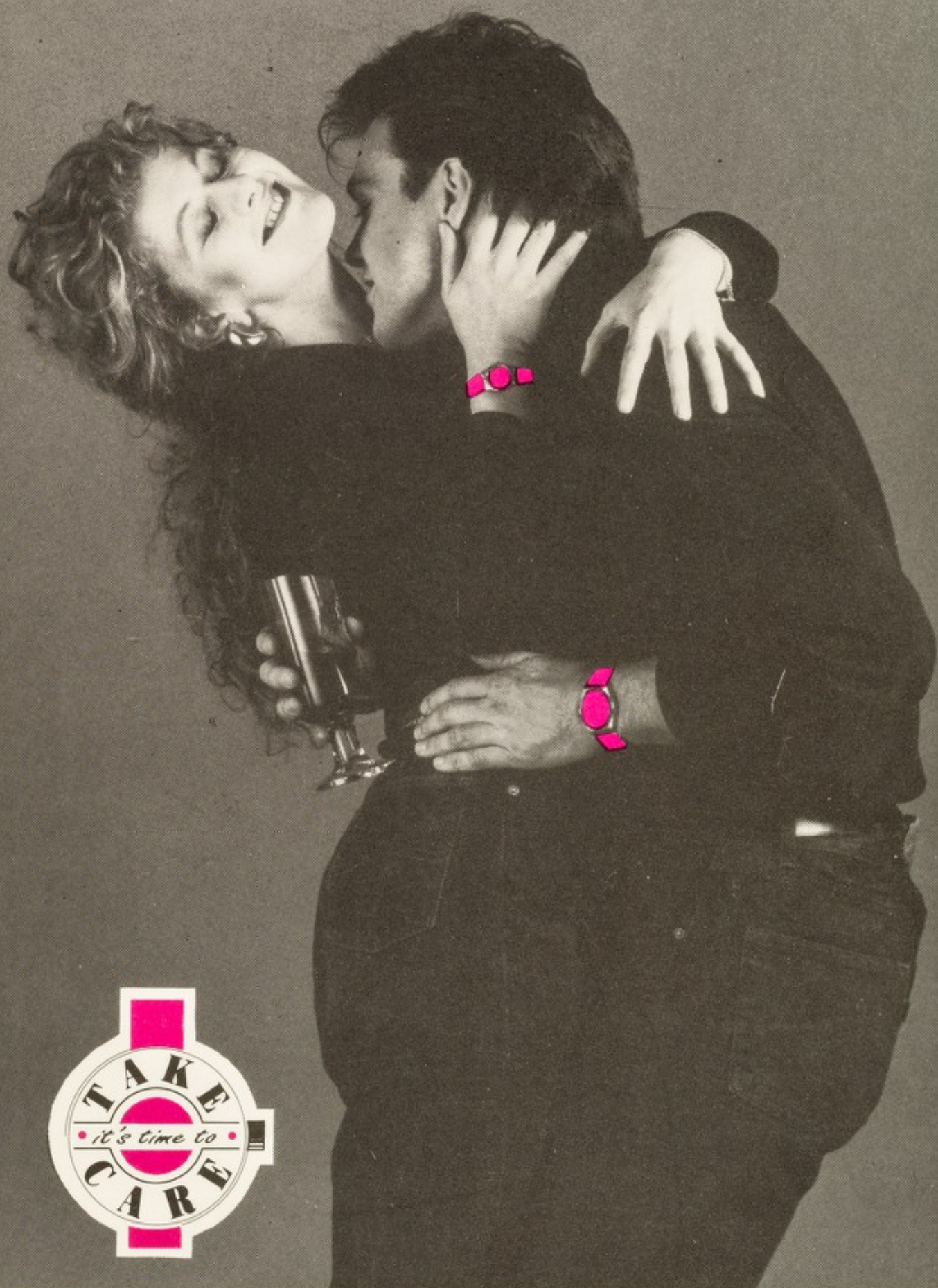
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AIDS is caused by a virus, HIV. Once you have HIV your body's defences can have trouble fighting off other diseases. There is no cure or vaccine for AIDS.

HIV is most often spread by:

- **having intercourse**
- **sharing needles or syringes**

You can't tell by looking at someone if they have HIV. When people have HIV, they often look and feel healthy, however they are infectious.

You Can Take Care By...

- getting to know your partner well
- choosing not to have intercourse
- using condoms to reduce the risk if you have intercourse
- never sharing needles and syringes



For more information phone:

The 24 hour
**FREEPHONE National AIDS
Helpline**
0800 - 567 123