

Join Runrig members in the Take Care Fun Run : Saturday 9th May 1992 : supporting SOLAS, Edinburgh's new HIV/AIDS centre and ESCA charities.

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JOIN

**Runrig
members**

IN THE

TAKE CARE

Start time: 2.00pm

Route: once round Arthur's Seat (3.5 miles)

Mode of travel: running, walking, hopping,
skipping or any other self propelling activity
(prize for the most imaginative!)

Saturday 9th May 1992

FUN RUN

**supporting SOLAS,
Edinburgh's
new HIV/AIDS centre
and ESCA charities**



TAKE CARE *Fun Run*

ALL THE MONEY you raise goes to SOLAS and ESCA charities.
The cost of administration has been met by sponsorship.

RAISE £20 OR MORE in sponsorship - and bring it with you
on the day - and you will receive a free 'Take Care' T shirt.

**PRIZES WILL BE AWARDED TO THE TEN INDIVIDUAL RUNNERS
RAISING THE MOST MONEY**

About the charities

THE SOLAS CENTRE, which opened in November last year, offers a range of services to people who are HIV+, their families, partners, carers and friends. Facilities on offer include:

- complementary therapy programme
- arts workshop programme
- playroom
- information centre
- cafe

SOLAS is a Gaelic word meaning light and comfort.

The Centre has been planned as a warm and welcoming place with a positive approach to living well.



EDINBURGH STUDENTS' CHARITIES APPEAL

is a fundraising organisation which aims to raise as much money as possible for local charities. Charities who will benefit from your effort in taking part in the Fun Run are:

SOLAS • Scotland Yard Adventure Centre • The Scottish Kidney Research Fund • Macmillan Cancer Relief Fund Penumbra • Plus Self-Help Association MOSAC • Scottish Society for Autistic Children • Barnardos • Edinburgh University Settlement • Children's Holiday Venture • Evening News/Odeon Appeal Fund • Lord Provost's Benevolent Fund • St Clair Playgroup Royal National Institute for the Blind

The **TAKE CARE** Campaign works in Lothian to urge each person to work out what taking care means for them and to encourage others to **TAKE CARE**.

AIDS CONCERNS US ALL



Sponsor Form

[illegible]

Any money which you are unable to hand in on the day should be sent to:

TAKE CARE Fun Run, c/o ESCA, 17 Guthrie Street, Edinburgh, EH1 1PG

Cheques should be made payable to "Take Care Fun Run"

TAKE CARE *Fun Run*

Registration Form

FOR FURTHER INFORMATION about the Fun Run and to ensure you receive your running number, please tear off, complete and return this form to:

TAKE CARE Fun Run

c/o ESCA, 17 Guthrie Street
Edinburgh EH1 1PG

NAME _____

ADDRESS _____

POSTCODE _____

To help us order enough T shirts, please tick the box if you think you will be bringing £20 of sponsorship money (or sponsorship money combined with a donation) on the day.

☐

TAKE CARE *Fun Run*

Registration Form

THE FOLLOWING FRIENDS/FAMILY want to join me, please send them a sponsor form, information, and a running number.

NAME _____

ADDRESS _____

_____ **POSTCODE** _____

NAME _____

ADDRESS _____

_____ **POSTCODE** _____

NAME _____

ADDRESS _____

_____ **POSTCODE** _____

TAKE CARE *Fun Run*

Sponsor Form

[illegible]

TAKE CARE *Fun Run*