

**HIV/AIDS : "a ready guide" to services and facilities currently available in Lothian / published by Regional AIDS Group, printed by Lothian Regional Council.**

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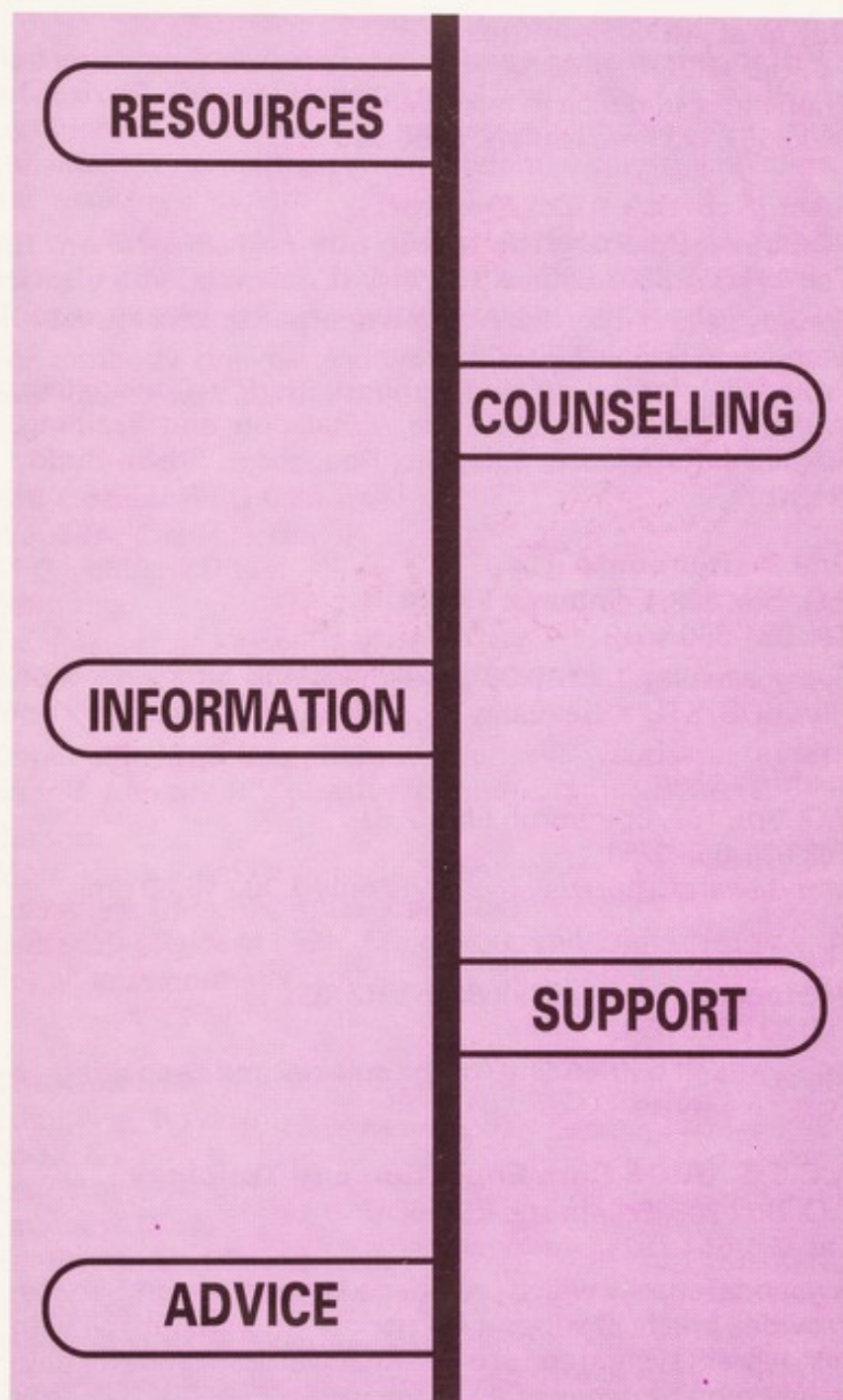
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# HIV/AIDS



***"A READY GUIDE"***  
***to services and facilities***  
***currently available in Lothian***

**3rd EDITION**

## INFORMATION AND SUPPORT

### **National AIDS Helplines**

24-hour FREEPHONE Service  
Phone in confidence to talk to an adviser.  
0800-567 123 Free leaflets: 0800-555 777

### **SAM (Scottish AIDS Monitor)**

PO Box 48, Edinburgh EH1 3SA  
Tel: 031-557 3885 (Office Hours)

For advice and information, calls charged at Local Rates.  
Monday to Friday 7.30 - 10.00 pm  
Provides information and support: Buddy Counselling,  
Welfare Rights, Legal Advice, Education and Training,  
Financial Assistance, Safer Sex Roadshow, Prison Buddy  
Network.

### **Gay Switchboard**

P.O. Box 169, Edinburgh EH1 3UU  
Tel: 031-556 4049

Every evening 7.30-10.00 pm Advice and information on  
HIV/AIDS, STD's, Sexuality, Confidential Counselling.

### **Lesbian Line**

P.O. Box 169, Edinburgh EH1 3UU  
Tel: 031-557 0751

Monday and Thursday evenings only 7.30 - 10.00 pm

### **The Samaritans**

54 Frederick Street, Edinburgh EH2 1LN  
Tel: 031-225 3333

Support and befriending for the suicidal and despairing - a  
24 hour service.

### **A.C.E.T. (AIDS Care Education and Training)**

P.O. Box 205, Edinburgh EH6 6DU  
Tel: 031-554 7821

A national charity which provides a Home Support Service.  
Provides practical support for people who are unwell with  
HIV. A grant system can provide financial assistance for day-  
to-day requirements.

### **Scottish Homosexual Rights Group (SHRG)**

58A Broughton Street, Edinburgh  
Tel: 031-558 1279 (answering service)

### **Haemophilia Centre**

Royal Infirmary, Edinburgh  
Tel: 031-229 2477 Ext.4531  
Monday-Friday 9 am - 5 pm

Information for people with Haemophilia and the their  
families and friends.



### **Social Work Services**

Advice, Community Laundry, Counselling, Fostering and Adoption, Home Care, Meals on Wheels, Occupational Therapy, Practical Assistance, Personal Support, Residential and Day Care, Support, Welfare Rights, Supported Accommodation (SATA).

**For any of the above services contact the nearest Area Office** (Hours Mon-Thurs 8.30 am - 4.40 pm Friday 8.30 am - 3.50 pm):

#### **Edinburgh**

- |                                 |              |
|---------------------------------|--------------|
| 1. (OXGANGS)                    |              |
| 4 Oxgangs Path                  | 031-445 4451 |
| 2. (GILMERTON)                  |              |
| 10/12 Newtoft Street            | 031-664 6481 |
| 3. (CRAIGMILLAR)                |              |
| 182 Greendykes Road             | 031-669 9121 |
| 4. (CENTRAL)                    |              |
| 11 Victoria Street              | 031-226 6731 |
| 5. (CRAIGENTINNY/PORTOBELLO)    |              |
| Craigentinny Castle, Loaning Rd | 031-661 8291 |
| 6. (LEITH)                      |              |
| 9-11 Giles Street               | 031-553 2121 |
| 7. (PILTON)                     |              |
| 40 Ferry Road Avenue            | 031-343 3181 |
| 8. (MUIRHOUSE)                  |              |
| 34 Muirhouse Crescent           | 031-343 1991 |
| 9. (GORGIE/DALRY)               |              |
| 1 Gorgie Road                   | 031-337 8422 |
| 10. (WESTER HAILES)             |              |
| 5 Murrayburn Gate               | 031-442 4131 |

#### **East Lothian**

- |  |                 |
|--|-----------------|
| HADDINGTON Area Office:                        |                 |
| Victoria Park, Haddington                      | Haddington 4181 |
| MUSSELBURGH Area Office:                       |                 |
| Fisherrow School, South Street,<br>Musselburgh | 031-665 8484    |

#### **Midlothian**

- |                                |              |
|--------------------------------|--------------|
| DALKEITH Area Office:          |              |
| 11 St. Andrew Street, Dalkeith | 031-663 9772 |
| LOANHEAD Area Office:          |              |
| 4 Clerk Street, Loanhead       | 031-440 3000 |

#### **West Lothian**

- |   |                   |
|---|-------------------|
| BATHGATE Area Office:                     |                   |
| 69 Whitburn Road, Bathgate                | Bathgate 55181    |
| BROXBURN Area Office:                     |                   |
| Easter Road, Broxburn                     | Broxburn 856806   |
| LIVINGSTON Area Office:                   |                   |
| Cheviot House, Owen Square,<br>Livingston | Livingston 410903 |

**WELFARE RIGHTS TEAM**

FREEPOST Edinburgh EH1 OBB 031-225 5080

**FOSTERING AND ADOPTION**

Eversley House, 25 Stanley Road,  
Edinburgh EH6 4SE 031-551 3330

**EVERY HOSPITAL** in Lothian has a Social Work Service: contact them direct or via the medical staff. Health Board and Social Work staff can offer advice on **COMMUNITY LAUNDRY**.

**DRUGS/AIDS** Section based at Shrubhill House, Shrub Place, Edinburgh EH7 4PD 031-553 8362 provides relevant information on services locally and nationally, monitoring and co-ordination.

**OUTREACH WORKERS:** offer detached community work, information and advice. Tel: 031-553 8362

**PRISON:**

A Social Work Team in Saughton Prison provides information and advice for prisoners and relatives.  
Tel: 031-443 7201

**Citizen's Rights Office**

43 Broughton Street,  
Edinburgh  
Tel: 031-557 3366

Mon & Fri 10 am - 4 pm, Tues, Wed, Thurs 1 pm - 4 pm  
Advice on Welfare Rights and Benefits.

**Front Liners UK Limited (Scottish Division)**

37-39 Montrose Terrace,  
Edinburgh EH7 5DJ  
Tel: 031-652 0754

Mon-Fri 9 am - 5 pm (office hrs) (24 hour Answerphone)

A self-help group for people with AIDS or ARC. Monitoring and supplying services and information. Individual counselling and support, some financial support, Welfare Rights/Housing advice, some alternative therapy.

**CASTLE**

A Support Group for relatives and carers. Meets in Central Edinburgh. Contact George Borland, Social Work Unit, St. John's Hospital Tel: 0506-419666

**Body Positive (Lothian)**

P.O. Box 48,  
Edinburgh EH1 3SA  
Tel: 031-229 6940

A self-help group for anyone whose lives are affected by HIV. Offers group support, advice and individual counselling. No discriminatory criteria.  
Contact: Sarah Graham, Development Worker.



### **Ecumenical AIDS Support Team (E.A.S.T.)**

Convener: John Thompson 031-556 1309

Phone Contact: Jane Millard 0968-60253

Secretary: John Barr

3 Hamilton Terrace

Edinburgh EH13 1NB

Provides practical help and support for anyone with, or affected by, HIV/AIDS. Offers support for carers and workers, runs Services and Vigils, help and support in bereavement and with funerals. Education/issues awareness/discussion programme available.

### **Salvation Army**

77 Bread Street, Edinburgh

031-228 5351

Opening Hours 11 am - 7 pm

Tuesday-Saturday

'Drop-in' facilities for those affected with HIV/AIDS, their families and friends.

Support and counselling on request.

Transport by arrangement to and from the City Hospital.

Support and help with spiritual matters (if requested) bereavement and funeral arrangements. Contact: Mary Hutson.

### **Positive Help**

7 Upper Bow, Edinburgh EH1 2JN

Tel: 031-220 3975

Mon-Fri 9.30 am - 2.30 pm

(24 hour Answerphone)

Volunteers provide practical help for people with HIV, or AIDS, their families, friends and carers.

Contact: Helen Mein, Co-ordinator

### **Fighting Back**

c/o 2/4 Abbeymount,

Edinburgh EH8 8EJ

Tel: 031-661 0982

Catchment: National

To provide experiential/personal awareness/supportive workshops for individuals with HIV and AIDS, as well as partners, families, project workers or others affected. The emphasis is on living with AIDS and identifying untapped sources of strength.

Contact: Dr Sarah Boyle, Evlynn Horsley

### **S.O.L.A.S.**

HIV/AIDS Resource Centre

2/4 Abbeymount,

Edinburgh EH8 8EJ

Tel: 031-661 0982

New Centre for people with HIV/AIDS, their families, friends, carers and workers. Offers practical and emotional support, a playcentre, a cafe, information, social events and meeting space.



### **Livingston Voluntary Care Network**

Contact: Judith Stewart, Ladywell Friendly Bank,  
28 Heather Bank, Ladywell, Livingston  
Tel: 0506 37746

Monday to Friday 9.30 am - 12.30 pm (Answerphone)  
Volunteers provide practical help and support to people  
with HIV and AIDS in Livingston.

### **Centenary Project - Outreach Work with Women**

Tel: 031-553 2490 (24 hour Answering machine in operation)  
Offers confidential support, counselling and befriending to  
women involved in prostitution.

### **HM Prison, Edinburgh**

Stenhouse Road, Edinburgh EH11 3LN  
Tel: 031-444 2000 Prison  
031-443 7201 Prison Social Work Unit

Offers HIV/AIDS information and education to prisoners and  
their families. Provides individual counselling for anyone  
worried about HIV/AIDS, a support group for HIV positive  
men and specialist medical care. A care and support unit is  
being developed.

### **ACT-UP**

P.O. Box 135, Edinburgh EH8 9XJ  
Meets Tuesdays at 7.30 pm at Tollcross Community Centre.  
Provides information, audio tape and braille fact sheet.  
Committed to direct action to affect change to end the AIDS  
crisis.

### **West Lothian AIDS Resistance Network (W.A.R.N.)**

19 Jarvie Street, Bathgate  
Tel: Bathgate 634115  
Contact: Joan Blyth/Alison Hossack  
Aims to maintain public awareness in West Lothian.  
Distributes literature on HIV/AIDS and gives talks to the local  
community.

### **HIV/AIDS Team**

Lothian Health Board  
11 Drumsheugh Gardens, Edinburgh EH3 7QQ  
Tel: 031-225 1341 (24 hour Answerphone)  
Monday-Friday 8.30 am - 5 pm

**Services provided:** education, prevention, planning, advice,  
information, co-ordination of Health Board HIV/AIDS services,  
needle exchange, counselling and support, research,  
epidemiological surveillance.

**The HIV/AIDS Back Up Service** provides training,  
resources, information and networking facilities for people  
involved in HIV/AIDS related work in Lothian.

**Further information from:** Maureen Bowes  
HIV/AIDS Facilitator (above address on Ext 2152)

Lothian Health Board are to move their Headquarters early  
in 1991 to: 148 The Pleasance, Edinburgh EH8 9RR Tel: 031-  
229 2477



## TESTING FOR HIV INFECTION

**Are you worried that you may have been at risk of HIV infection?** The City Hospital HIV Counselling Clinic offers confidential pre- and post-test counselling to help you consider taking the test, and confidential counselling after the results are known.

**All the information you give them will be treated as strictly confidential. It will not be passed on to your doctor or anyone else without your consent.**

For antibody positive individuals on-going medical and counselling services are offered.

### HIV Counselling Clinic

Ward 7A: City Hospital  
51 Greenbank Drive,  
Edinburgh  
Tel: 031-447 0411 (Direct line)  
031-447 1001 Ext 3214 (for appointments)  
Mon-Fri 9 am - 5 pm

Confidential pre- and post-test counselling and support for people who are HIV positive, partners, families/carers.

Clinics:

Mon, Thurs 2 pm - 5 pm - City Hospital  
Late night 4 pm - 7 pm (Wednesday)  
Outreach Clinics at Leith, Craigmillar and Craigroyston  
For all appointments contact: City Hospital

### The Genito-Urinary Medicine Clinic

Edinburgh Royal Infirmary,  
Level 4,  
Lauriston Building,  
Lauriston Place  
Edinburgh EH3 9YW

(for appointments) Tel: 031-229 2477  
Males - Ext 4181 Females - Ext 4182

(for advice, recorded message) Tel: 031-225 4471  
Mon-Fri 9.00 am - 4.30 pm (appointment by telephone or attendance)

At this clinic you can be screened for all sexually transmitted diseases including HIV infection.

No test for HIV antibody is taken without prior counselling and/or consent. Your attendance for advice, investigation and treatment is confidential.

**REMEMBER - you can also ask your GP, if you have one, for a test although you may be referred to either clinic for follow-up.**



## DRUG PROJECTS

**All of the following agencies have information on HIV/AIDS and drugs.**

### **Castle Project**

P.O. Box 922, Edinburgh EH16 4DU

Tel: 031-652 1605

Catchment: Craigmillar,  
Niddrie and surrounding area

Offers confidential counselling, advice, information, support and practical help for people with drug related problems, their families and friends.

Can arrange to meet people in their own homes or other convenient places.

### **City-Wide Family Support Group**

43 Groathill Road North, Edinburgh EH4 2RS

Tel: 031-332 9279 (24 hour Answerphone Service)

Catchment: No restriction

Support Group 2.00 pm - 4.00 pm Tuesday.

Help available 10.00 am - 1.30 pm, 2.30 pm - 4.30 pm, 6.30 pm - 8.30 pm daily.

Provides practical help and advice for parents and drug users.

### **Drug Prevention Group**

53 Prince Regent Street, Leith, Edinburgh

Tel: 031-553 2841

Catchment: Edinburgh

Monday-Friday 9.30 am - 4.00 pm

Evening Tel No: 031-554 2991 or 031-332 9279

Drop-in centre for drug users, ex-users and community at large, including Needle Exchange.

Counselling support and advice available.

### **Leith Community Drugs Project**

3/5 Smith's Place, Leith EH6 8NT

Tel: 031-553 5250, 554 7516 or 554 7350

Catchment: Leith Area

Office hours:

Monday-Thursday 9.30 am - 5.00 pm

Friday 10 am - 4pm

For those with a drug problem who want help to overcome it and to regain control of their life.

Offers a Drop-in Centre on Tues and Thurs 1 pm - 3 pm.

Various activities and individual counselling available.

### **Narcotics Anonymous**

St. Martin's Church, Murieston Crescent, Edinburgh

Tel: 0383 737782

Catchment: No restriction

Support Group for drug users.

7.30 pm Thursday

**St Paul & St George's Church Hall**

6 Broughton Street, Edinburgh

Tel: 031-669 8907

Catchment: No restriction

Support Group for drug users Monday 7.30 pm

**SHADA (Support, Help and Advice  
on Drug Addiction)**

10 Pennywell Court, Muirhouse Shopping Centre,  
Edinburgh EH4 4TZ

Tel: 031-332 2314

Catchment: No restriction

Tues, Wed, Thurs 9.30 am - 12.00 Noon  
(appointment only)

Monday and Friday 10.00 am - 4.00 pm

Wednesday 2.00 pm - 4.00 pm

A drop-in facility offering help and advice to drug users  
and their relatives or friends.

Activities: Tuesday and Thursday from 1.00 pm - 4.30 pm.

**Support on Addiction for Families in Edinburgh  
(SAFE GROUP)**

24 Nicolson Street, Edinburgh EH8 9DH

Tel: 031-662 0358 (also 24 hour Answerphone)

Monday to Friday 9 am - 5 pm. Catchment: Edinburgh

Offers: a practical response through the Furnshare  
project, Befriending Service, Education/Prevention.

Meetings on the third Thursday of each month at 7.30 pm.

**Simpson House Drugs Project**

52 Queen Street, Edinburgh EH2 3NS

Tel: 031-225 6028/1054

Catchment: Lothian

Monday-Friday 9.00 am - 5.00 pm (by appointment)

Day Centre Drug Programme

Support Group for people who have or have had drug  
problems including drug related infections.

Monday Evenings 6.00 pm - 8.00 pm

Family Support Group

Wednesday Evenings 7.00 pm - 8.30 pm

**Muirhouse/Pilton Drug Project**

34 Muirhouse Crescent, Edinburgh EH4 4QL

Tel: 031-343 1991

Catchment: principally  
Muirhouse/Pilton Area

Mon-Thurs 8.30 am - 4.40 pm

Fri 8.30 am - 3.50 pm

Individual and family counselling on all aspects of drug  
use, HIV and AIDS.

Consultation, training sessions and resource library on  
request.

Contact: Jane Ramsey or Jane Wilson.



**WEST (West Edinburgh Support Team)**

8/4 Murrayburn Park,  
Edinburgh  
Tel: 031-442 2465

Catchment: Mainly local but not fixed

Monday-Friday Information, advice, practical help and counselling for drug users, their relatives and friends.

**West Lothian Drugs Education Project**

47 Adelaide Street,  
Craigshill, Livingston,  
West Lothian EH54 5HQ  
Tel 0506 30225/6

Catchment: West Lothian

Monday-Friday 9.30 am - 4.30 pm

A preventive approach to drug misuse including harm reduction. Provides education, training, and developmental initiatives with local professionals, volunteers and community groups.

Includes a confidential advice/consultancy service.

**West Lothian Alcohol and Drugs Team**

48 Adelaide Street  
Craigshill, Livingston  
Tel: 0506-31316  
Mon-Fri 9.00 am - 4.30 pm

Offers counselling, guidance, a day training programme and support to problem drinkers, drug takers and their families.

Managed by West Lothian Drug Education Project.

**Community AIDS Support Team - C.A.S.T.**

Royal Edinburgh Hospital  
Morningside Terrace,  
Edinburgh EH10 5HF  
Tel: 031-447 2011 Ext 4340 (24 hour Answerphone)

Four Community Psychiatric nurses who offer support for people with HIV/AIDS who experience mental health or psychiatric problems within Lothian Region.

Contact: Sue Maxwell (Team Leader)

**Community Drug Problem Service (C.D.P.S.)**

Royal Edinburgh Hospital  
Morningside Terrace,  
Edinburgh EH10 5LG  
Tel: 031-447 2011 Ext 4570

A Health Board service offering medical, personal and family support in the community.

Referrals may be made by a General Practitioner, Drug Project or Social Worker.

## **HARM REDUCTION SERVICE**

**HIV/AIDS Harm Reduction Service**, run by Lothian Health Board. Provides injection equipment, exchange information and advice on safer drug use and safer sex.

### **Clinics**

Mobile Exchange Niddrie Mains Road, Craigmillar next to the Welfare Rights Office

Mon, Wed, Fri 1pm - 3 pm

Leith Hospital Car Park: Mon, Wed, Fri 10am - 12 noon.

Craigroyston Health Clinic: Wed and Fri 1 pm - 5 pm

Sandport Street, Leith: Thurs evenings 9 pm - 11 pm

Phone: 031-225 1341 Ext 2298/2157 to confirm clinic times and places.

### **Drug Prevention Group**

53 Prince Regent Street

Leith, Edinburgh

Tel: 031-553 2841 Evening Tel Nos: 031-554 2991 or 031-332 9279

Needle exchange available.

## **PREGNANCY and CONTRACEPTION ADVICE**

### **Brook Advisory Centre for Young People**

2 Lower Gilmore Place, Edinburgh

Tel: 031-229 3596

Provides contraceptives of all kinds.

Sex counselling, pregnancy diagnosis, counselling and referral.

Discussion groups on request.

### **Family Planning and Well Woman Services**

Main Office, 18 Dean Terrace, Edinburgh

Tel: 031-343 6243, 031-332 7941

## **RESIDENTIAL and ACCOMMODATION SERVICES**

### **Supported Accommodation Team - AIDS (SATA)**

20 Albany Street, Edinburgh

Tel: 031-556 9140

Monday-Thursday 8.30 am - 4.40 pm

Friday 8.30 am - 3.50 pm

A scheme of dispersed supported tenancies for people with HIV related illnesses or AIDS.



### **Edinburgh District Council Housing Department**

23 Waterloo Place, Edinburgh

Tel: 031-225 2424

Any requests for assistance with accommodation will be dealt with in complete confidence.

### **Brenda House**

9 Hay Road, Edinburgh

Tel: 031-669 6676

**Residential Rehabilitation Unit** for women who are drug or alcohol dependent and want to stop using. Accepts women who are pregnant, who have their children with them, or whose children are being cared for by others.

To work positively with women and children who have HIV/AIDS and to provide a safe drug/alcohol-free environment.

### **Milestone House**

c/o Waverley Care Trust

9 Forrest Road, Edinburgh EH1 2QH

Tel: 031-220 4697

Milestone House, a hospice for people with AIDS or HIV-related illness opens January 1991.

20 beds for respite, convalescence, or terminal care.

Situated in Oxfords Road North, at the Western Gate of the City Hospital.

### **Church of Scotland Residential Services** include:

#### **Malta House**

1 Malta Terrace, Edinburgh EH4 1HR

Tel: 031-332 3217

Contact: J Dyer

Malta House is a Residential Rehabilitation Centre for alcohol and mixed addictions.

#### **Rankeillor Street Hostel**

Edinburgh

Tel: 031-662 0322

Contact: K Lyall

Residential facility for drug users under medical supervision.

### ***Additional copies or entries for future editions to:***

Social Work Department,

Publicity and Education Unit,

Shrubhill House, Shrub Place, Leith Walk,

Edinburgh EH7 4PD

Tel: 031-553 8277/8281/8396